

FINE FETTLE

England & Wales · Charity number 1191338

Details

Status Registered

Legal form CIO

Registered 2020-09-17

Register [View on the Charity Commission register](#)

Contact

Address 28 Southwood Avenue
London
N6 5RZ

Phone 07526376039

Email finefettlecharity@gmail.com

Activities

Objects: TO PRESERVE AND PROTECT GOOD HEALTH AMONG PEOPLE AGED OVER 17 YEARS WHO ARE SUFFERING FROM DIAGNOSED AND UNDIAGNOSED MENTAL HEALTH CONDITIONS THROUGH THE PROVISION OF PEER SUPPORT, ADVICE, INFORMATION AND SUPPORT WITH ACCESSING OPPORTUNITIES TO PARTICIPATE IN SPORTING AND OUTDOOR ACTIVITIES WHICH MAY BE BENEFICIAL TO THEIR RECOVERY.

Activities: To help people with mental health problems

Classification

- **How:** Provides Buildings/facilities/open Space, Provides Services, Other Charitable Activities
- **What:** Disability
- **Who:** The General Public/mankind

Geography

- Throughout England

Finances

Period end	Income	Expenditure	Assets	Employees
2025-03-31	£64,584	£26,343	-	-
2024-03-31	£0	£0	-	-
2023-03-31	£0	£0	-	-
2022-03-31	£0	£0	-	-
2021-03-31	£0	£0	-	-

Trustees

Name	Role	Appointed
Andrew Marks	Chair	2020-09-17
Hugo Maximillien Barnaby Marks		2026-03-31
Victoria Cowling		2020-09-17

FINE FETTLE

England & Wales - Charity number 1191338

Accounts

Fine Fettle Charity, Charity Registration No. 1191338

28 Southwood Avenue, Highgate, London N6 5RZ.

Minutes of the Virtual Meeting

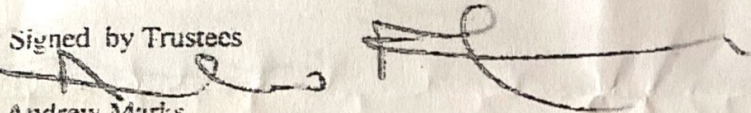
2ND AUGUST 2022

It was proposed and agreed unanimously that Andrew Marks Principal Trustee open a bank account for Fine Fettle with Metro Bank.

Andrew Marks will be Principal Trustee. Laurence Warson and Victoria Cowling will be co-trustees.

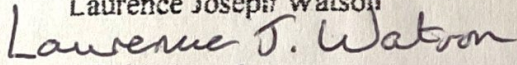
Andrew Marks will be authorised to access the bank account. His signature to be used as authorisation.

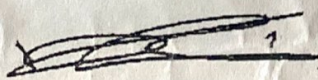
Signed by Trustees


Andrew Marks

28 Southwood Avenue
Highgate
London
N6 5RZ
markshgate@aol.com

Laurence Joseph Watson


4 Chilbolton Avenue
Winchester
Hants
SO22 5HD
lolwatson@hotmail.com

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Victoria Cowling
25 Bartholomew Court
Waltham Cross
EN8 7JU
vcowling@mail.com

16 Albert Road
Colchester
CO1 1RU

FINE FETTLE

England & Wales - Charity number 1191338

Accounts



CHARITY COMMISSION
FOR ENGLAND AND WALES

Charity Name Fine Fettle	No (if any) 1191338
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Receipts and payments accounts

For the period from	1.4.2021 1.4.22	To	31.3.22 31.3.23
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Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £
A1 Receipts				
	-	-	-	-
	-	-	-	-
	-	-	-	-
	-	-	-	-
	-	-	-	-
	-	-	-	-
	-	-	-	-
	-	-	-	-
Sub total (Gross income for AR)	-	-	-	0 -
A2 Asset and investment sales, (see table).				
	-	-	-	-
	-	-	-	-
Sub total	-	-	-	-
Total receipts	-	-	-	0 -
A3 Payments				
	-	-	-	-
	-	-	-	-
	-	-	-	-
	-	-	-	-
	-	-	-	-
	-	-	-	-
	-	-	-	-
	-	-	-	-
Sub total	-	-	-	0 -
A4 Asset and investment purchases, (see table)				
	-	-	-	-
	-	-	-	-
Sub total	-	-	-	-
Total payments	-	-	-	0 -
Net of receipts/(payments)	-	-	-	-
A5 Transfers between funds	-	-	-	-
A6 Cash funds last year end	-	-	-	-
Cash funds this year end	-	-	-	0 -

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £
B1 Cash funds		-	-
		-	-
		-	-
	Total cash funds	-	0 -
	(agree balances with receipts and payments account(s))	OK	OK

	Details	Unrestricted funds to nearest £	Restricted funds to nearest £
B2 Other monetary assets	property	-	-
		-	-
		-	-
		-	-
		-	-
		-	-

	Details	Fund to which asset belongs	Cost (optional)
B3 Investment assets			-
			-
			-
			-
			-

	Details	Fund to which asset belongs	Cost (optional)
B4 Assets retained for the charity's own use	registewrd 22 Nov 2022		
			-
			-
			-
			-
			-
			-
			-

	Details	Fund to which liability relates	Amount due (optional)
B5 Liabilities	nil		-
			-
			-
			-
			-

Signed by one or two trustees on behalf of all the trustees

<p>Signature</p> <div style="border: 1px solid black; height: 40px; width: 100%; position: relative;"> </div>	<p>Print Name</p> <div style="border: 1px solid black; padding: 5px; width: 100%;">Andrew Marks</div>
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Last year

to the nearest £

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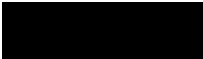
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Endowment funds

to nearest £

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OK

Endowment funds

to nearest £

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Current value (optional)

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Current value (optional)

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When due (optional)

Date of approval

7-1-25 25-Jan-22



CHARITY COMMISSION
FOR ENGLAND AND WALES

Charity Name Fine Fettle	No (if any) 1191338
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Receipts and payments accounts

For the period from	1.4.2021 1.4.22	To	31.3.22 31.3.23
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Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £
A1 Receipts				
	-	-	-	-
	-	-	-	-
	-	-	-	-
	-	-	-	-
	-	-	-	-
	-	-	-	-
	-	-	-	-
Sub total (Gross income for AR)	-	-	-	0 -
A2 Asset and investment sales, (see table).				
	-	-	-	-
	-	-	-	-
Sub total	-	-	-	-
Total receipts	-	-	-	0 -
A3 Payments				
	-	-	-	-
	-	-	-	-
	-	-	-	-
	-	-	-	-
	-	-	-	-
	-	-	-	-
	-	-	-	-
	-	-	-	-
Sub total	-	-	-	0 -
A4 Asset and investment purchases, (see table)				
	-	-	-	-
	-	-	-	-
Sub total	-	-	-	-
Total payments	-	-	-	0 -
Net of receipts/(payments)	-	-	-	-
A5 Transfers between funds	-	-	-	-
A6 Cash funds last year end	-	-	-	-
Cash funds this year end	-	-	-	0 -

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £
B1 Cash funds		-	-
		-	-
		-	-
	Total cash funds	-	0 -
	(agree balances with receipts and payments account(s))	OK	OK


	Details	Unrestricted funds to nearest £	Restricted funds to nearest £
B2 Other monetary assets	property	-	-
		-	-
		-	-
		-	-
		-	-
		-	-

	Details	Fund to which asset belongs	Cost (optional)
B3 Investment assets			-
			-
			-
			-
			-

	Details	Fund to which asset belongs	Cost (optional)
B4 Assets retained for the charity's own use	registewrd 22 Nov 2022		
			-
			-
			-
			-
			-
			-
			-

	Details	Fund to which liability relates	Amount due (optional)
B5 Liabilities	nil		-
			-
			-
			-
			-

Signed by one or two trustees on behalf of all the trustees

Signature 	Print Name Andrew Marks
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Last year

to the nearest £

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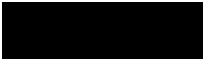
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Endowment funds

to nearest £

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OK

Endowment funds

to nearest £

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Current value (optional)

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Current value (optional)

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When due (optional)

Date of approval

7-1-25 25-Jan-22

FINE FETTLE

England & Wales - Charity number 1191338

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CHARITY COMMISSION
FOR ENGLAND AND WALES

Charity Name Fine Fettle	No (if any) 1191338
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Receipts and payments accounts

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Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £
A1 Receipts				
	-	-	-	-
	-	-	-	-
	-	-	-	-
	-	-	-	-
	-	-	-	-
	-	-	-	-
	-	-	-	-
	-	-	-	-
Sub total (Gross income for AR)	-	-	-	0 -
A2 Asset and investment sales, (see table).				
	-	-	-	-
	-	-	-	-
Sub total	-	-	-	-
Total receipts	-	-	-	0 -
A3 Payments				
	-	-	-	-
	-	-	-	-
	-	-	-	-
	-	-	-	-
	-	-	-	-
	-	-	-	-
	-	-	-	-
	-	-	-	-
Sub total	-	-	-	0 -
A4 Asset and investment purchases, (see table)				
	-	-	-	-
	-	-	-	-
Sub total	-	-	-	-
Total payments	-	-	-	0 -
Net of receipts/(payments)	-	-	-	-
A5 Transfers between funds	-	-	-	-
A6 Cash funds last year end	-	-	-	-
Cash funds this year end	-	-	-	0 -

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £
B1 Cash funds		-	-
		-	-
		-	-
	Total cash funds	-	0 -
	(agree balances with receipts and payments account(s))	OK	OK

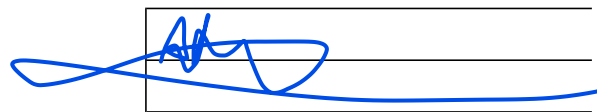
	Details	Unrestricted funds to nearest £	Restricted funds to nearest £
B2 Other monetary assets	property	-	-
		-	-
		-	-
		-	-
		-	-
		-	-

	Details	Fund to which asset belongs	Cost (optional)
B3 Investment assets			-
			-
			-
			-
			-

	Details	Fund to which asset belongs	Cost (optional)
B4 Assets retained for the charity's own use	registewrd 22 Nov 2022		
			-
			-
			-
			-
			-
			-
			-

	Details	Fund to which liability relates	Amount due (optional)
B5 Liabilities	nil		-
			-
			-
			-
			-

Signed by one or two trustees on behalf of all the trustees

Signature 	Print Name Andrew Marks
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Last year

to the nearest £

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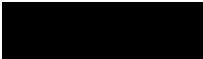
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Endowment funds

to nearest £

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OK

Endowment funds

to nearest £

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Current value (optional)

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Current value (optional)

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When due (optional)

Date of approval

7-1-25 25-Jan-22

FINE FETTLE

England & Wales - Charity number 1191338

Accounts



CHARITY COMMISSION
FOR ENGLAND AND WALES

Charity Name	No (if any)
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Receipts and payments accounts

For the period from	1.4. 2021	To	31.3.22
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Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £
A1 Receipts				
	-	-	-	-
	-	-	-	-
	-	-	-	-
	-	-	-	-
	-	-	-	-
	-	-	-	-
	-	-	-	-
Sub total (Gross income for AR)	-	-	-	-
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	-	-	-	-
	-	-	-	-
Sub total	-	-	-	-
Total receipts	-	-	-	-
A3 Payments				
	-	-	-	-
	-	-	-	-
	-	-	-	-
	-	-	-	-
	-	-	-	-
	-	-	-	-
	-	-	-	-
	-	-	-	-
Sub total	-	-	-	-
A4 Asset and investment purchases, (see table)				
	-	-	-	-
	-	-	-	-
Sub total	-	-	-	-
Total payments	-	-	-	-
Net of receipts/(payments)	-	-	-	-
A5 Transfers between funds	-	-	-	-
A6 Cash funds last year end	-	-	-	-
Cash funds this year end	-	-	-	-

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £
B1 Cash funds		-	-
		-	-
		-	-
	Total cash funds	-	-
	(agree balances with receipts and payments account(s))	OK	OK

	Details	Unrestricted funds to nearest £	Restricted funds to nearest £
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		-	-
		-	-
		-	-
		-	-

	Details	Fund to which asset belongs	Cost (optional)
B3 Investment assets			-
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B4 Assets retained for the charity's own use	registewrd 22 Nov 2022		
			-
			-
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	Details	Fund to which liability relates	Amount due (optional)
B5 Liabilities	nil		-
			-
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			-

Signed by one or two trustees on behalf of all the trustees

Signature	Print Name
	Andrew Marks

CC16a



Last year

to the nearest £

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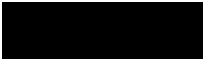
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Endowment funds

to nearest £

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OK

Endowment funds

to nearest £

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Current value (optional)

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Current value (optional)

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When due (optional)

Date of approval

25-Jan-22

FINE FETTLE

England & Wales - Charity number 1191338

Accounts



CHARITY COMMISSION
FOR ENGLAND AND WALES

Charity Name	No (if any)
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Receipts and payments accounts

For the period from	Period start date	To	Period end date
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A1 Receipts				
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	-	-	-	-
	-	-	-	-
	-	-	-	-
	-	-	-	-
	-	-	-	-
	-	-	-	-
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		-	-
		-	-
	Total cash funds	-	-
	(agree balances with receipts and payments account(s))	OK	OK

	Details	Unrestricted funds to nearest £	Restricted funds to nearest £
B2 Other monetary assets		-	-
		-	-
		-	-
		-	-
		-	-
		-	-

	Details	Fund to which asset belongs	Cost (optional)
B3 Investment assets			-
			-
			-
			-
			-

	Details	Fund to which asset belongs	Cost (optional)
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			-
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			-
			-
			-
			-

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			-
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			-
			-

Signed by one or two trustees on behalf of all the trustees

Signature	Print Name
	Andrew Marks

CC16a



Last year

to the nearest £

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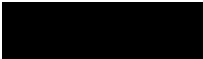
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Endowment funds

to nearest £

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OK

Endowment funds

to nearest £

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Current value (optional)

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Current value (optional)

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When due (optional)

Date of approval

25-Jan-22