



CHARITY COMMISSION
FOR ENGLAND AND WALES

Trustees' Annual Report for the period

From 1/4/2021
Period end date

Period start date To

31/3/2022

Charity name: Mental Health – Time for Action Foundation

Charity registration number: 1191319

Objectives and Activities

	SORP reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	The provision of grants and funding for the treatment of mental illness. The advancement of education of the public into the causes and treatment of mental illness, including undertaking research for the public benefit and the publication of results of this research. The provision of information to the public about the services available in relation to mental health.
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	<ul style="list-style-type: none">• Chair met with Professor Russell Razzaque to discuss Open Dialogue Trial NHSE and to plan presentation to RCPsych Council April 2021• Met with politicians and received MHTFA pledges London 26th June 2021 (Chair)• Chair Rachel Bannister joined rally outside Downing Street in support of a Statutory Public Inquiry into Essex MH Services Made speech 7th July 2021• Published Statement in support of Statutory Public Inquiry on website 5th July 2021• Chair met with solicitors Hodge Jones and Allen who are supporting the families calling for Statutory Inquiry to discuss ways we can support campaign 4th August 2021• Published Open Letter to Gillian Keegan (Mental Health Minister) in support of call for Statutory Inquiry with co-signatures including Dr Ahmed Hankir, Sean Fletcher, Julie Hesmondhalgh, Peter Tatchell September 2021• Mental Health Awareness Day 10th October 2021 Pakistani Embassy London (Chair) MHTFA Pledges• Chair had article published in BMJ Underfunded Mental Healthcare 5th November 2021• Chair met with Professor Abbas Edalat to discuss therapy model Self-Attachment Theory (SAT) March 2022

		<ul style="list-style-type: none"> • Chair joined Just Treatment Campaign Meeting – discussion re. a MH joint campaign March 22nd 2022 • RCPsych General Adult Faculty Spring Conference – Chair lead session on Trauma Therapy and spoke to delegates about the charity 23rd March 2022
Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit	Para 1.18	<p>It is confirmed that the trustees of MHTFAF have had regard to the guidance issued by the Charity Commission on public benefit:</p> <p>https://www.gov.uk/government/publications/public-benefit-an-overview</p>

Additional information (optional)

You may choose to include further statements where relevant about:

	SORP reference	
Policy on grant making	Para 1.38	
Policy on social investment including program related investment	Para 1.38	
Contribution made by volunteers	Para 1.38	
Other		

Achievements and Performance

	SORP reference	
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Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.	Para 1.20	Progress has been made in promoting the use of Open Dialogue and Self-Attachment Theory (SAT) in the treatment of mental health issues. These techniques offer a patient centric, holistic approach, ensuring continuity of care, and potentially a substantial improvement in treatment outcomes.
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Additional information (optional)

You may choose to include further statements where relevant about:

Achievements against objectives set	Para 1.41	
Performance of fundraising activities against objectives set	Para 1.41	
Investment performance against objectives	Para 1.41	
Other		

Financial Review

Review of the charity's financial position at the end of the period	Para 1.21	On March 31 st 2022, MHTFAF had £577 in the charity's account, obtained from miscellaneous donations.
Statement explaining the policy for holding reserves stating why they are held	Para 1.22	MHTFAF has no policy for holding reserves
Amount of reserves held	Para 1.22	£ 0
Reasons for holding zero reserves	Para 1.22	MHTFAF currently has no fixed costs or liabilities that would require reserves to be held.
Details of fund materially in deficit	Para 1.24	N/A
Explanation of any uncertainties about the charity continuing as a going concern	Para 1.23	N/A

Additional information (optional)

You may choose to include further statements where relevant about:

The charity's principal sources of funds (including any fundraising)	Para 1.47	
Investment policy and objectives including any social investment policy adopted	Para 1.46	
A description of the principal risks facing the charity	Para 1.46	
Other		

Structure, Governance and Management

Description of charity's trusts:		
Type of governing document (trust deed, royal charter)	Para 1.25	CIO constitution
How is the charity constituted? (e.g unincorporated association, CIO)	Para 1.25	CIO
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	Any new trustees will be appointed on unanimous agreement of existing trustees.

Additional information (optional)

You may choose to include further statements where relevant about:

Policies and procedures adopted for the induction and training of trustees	Para 1.51	
The charity's organisational structure and any wider network with which the charity works	Para 1.51	
Relationship with any related parties	Para 1.51	
Other		

Reference and Administrative details

Charity name	
Other name the charity uses	
Registered charity number	
Charity's principal address	

[illegible]

Corporate trustees – names of the directors at the date the report was approved

[illegible]

Name of trustees holding title to property belonging to the charity

[illegible]

Funds held as custodian trustees on behalf of others

Description of the assets held in this capacity	
Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects	
Details of arrangements for safe custody and segregation of such assets from the charity's own assets	

Additional information (optional)

Names and addresses of advisers (Optional information)

	Type of adviser	Name	Address
	Name of chief executive or names of senior staff members (Optional information)		

Exemptions from disclosure

Reason for non-disclosure of key personnel details

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Other optional information

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Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)

<i>Rachel Bannister</i>	<i>Colin Bannister</i>
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Full name(s)

Rachel Bannister	Colin Bannister
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Position (eg
Secretary, Chair, etc)

Chair	Treasurer
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Date

30/1/2023

MENTAL HEALTH – TIME FOR ACTION FOUNDATION:

ACCOUNTS FOR YEAR ENDING 31st MARCH 2022

Receipts and Payments account: 1st April 2021 to 31st March 2022

<u>Receipts</u>	General Fund £ 2021/22	Total £	Last Year £ 2020/21
Miscellaneous Donations	191	191	386
TOTAL RECEIPTS	191	191	386
<u>Payments</u>			
TOTAL PAYMENTS	0	0	0
NET RECEIPTS LESS PAYMENTS	191	191	386
CASH FUNDS THIS YEAR END	577	577	386

Statement of assets and liabilities on 31st March 2022

	31 st March 2022 £
<u>Monetary Assets</u>	
Cash in Bank	
Current Account – Lloyds Bank	577
TOTAL MONETARY ASSETS	577
<u>Represented by Funds</u>	
General Fund	577
TOTAL FUNDS	577
Non-Monetary Assets and Liabilities	0
TOTAL NON-MONETARY ASSETS	0

These accounts were approved by the Trustees on 30/1/2023 and signed on their behalf by

Rachel Bannister – Chair



Colin Bannister – Treasurer



Notes to the Accounts

These accounts cover the period from 1st April 2021 to end of last financial year on 31st March 2022

The CIO has a single 'general' fund, and the money in this is from individual donations. There have been no payments from the charity in the period covered by this report.