



CHARITY COMMISSION
FOR ENGLAND AND WALES

Trustees' Annual Report for the period

From 16/9/2020

Period start date To

1/4/2021

Period end date

Charity name: **Mental Health – Time for Action Foundation**

Charity registration number: **1191319**

Objectives and Activities

	SORP reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	The provision of grants and funding for the treatment of mental illness. The advancement of education of the public into the causes and treatment of mental illness, including undertaking research for the public benefit and the publication of results of this research. The provision of information to the public about the services available in relation to mental health.
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	<p>Mental Health – Time for Action was established in 2018 as a group to campaign for better Mental Health services in the UK. Amongst other activities, it organised a conference at The University of Nottingham in May 2018, and jointly organised another conference at the Royal Free Hospital, London in September 2019. Details of these events are on the charity website: https://mentalhealthtimeforaction.org/</p> <p>In 2020 the campaign group applied for charitable status to enhance the ability of the organisation to work for the public benefit. This includes the ability to raise funds to support its work, and enable treatment of people via partner organisations with relevant expertise. Charitable status was granted on September 16th 2020.</p> <p>The main activities from granting of charitable status up to the end of the reporting year (April 1st 2021) are:</p> <ul style="list-style-type: none">• 10/10/2020 - World Mental Health Awareness Day. MHTFAF announces its status via social media, and press releases. Rachel Bannister interviewed on BBC Radio Nottingham, and for East Midlands Today.• 11/02/2021 - MHTFAF hosts launch of 'He Died Waiting' by Caroline Aldridge. Launch

		<p>of fundraising initiative in conjunction with IMARA (£42000 to treat 10 people).</p> <p>MHTFAF has also used its website and social media to raise awareness of mental health issues, and support related causes for the public benefit.</p>
Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit	Para 1.18	<p>It is confirmed that the trustees of MHTFAF have had regard to the guidance issued by the Charity Commission on public benefit:</p> <p>https://www.gov.uk/government/publications/public-benefit-an-overview</p>

Additional information (optional)

You may choose to include further statements where relevant about:

	SORP reference	
Policy on grant making	Para 1.38	
Policy on social investment including program related investment	Para 1.38	
Contribution made by volunteers	Para 1.38	
Other		

Achievements and Performance

	SORP reference	
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Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.	Para 1.20	MHTFAF has used its website and social media to raise awareness of mental health issues, and support related causes for the public benefit. It has also started to raise money to fund treatment of trauma, in association with partner charity IMARA. Additionally there has been a page added to the website with links to self-help pages and information on how to write a Safety Plan (suicide prevention)
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Additional information (optional)

You may choose to include further statements where relevant about:

Achievements against objectives set	Para 1.41	
Performance of fundraising activities against objectives set	Para 1.41	
Investment performance against objectives	Para 1.41	
Other		

Financial Review

Review of the charity's financial position at the end of the period	Para 1.21	On April 1 st 2021, MHTFAF had £386 in the charity's account, obtained from miscellaneous donations.
Statement explaining the policy for holding reserves stating why they are held	Para 1.22	MHTFAF has no policy for holding reserves
Amount of reserves held	Para 1.22	£ 0
Reasons for holding zero reserves	Para 1.22	MHTFAF currently has no fixed costs or liabilities that would require reserves to be held.
Details of fund materially in deficit	Para 1.24	N/A
Explanation of any uncertainties about the charity continuing as a going concern	Para 1.23	N/A

Additional information (optional)

You may choose to include further statements where relevant about:

The charity's principal sources of funds (including any fundraising)	Para 1.47	
Investment policy and objectives including any social investment policy adopted	Para 1.46	
A description of the principal risks facing the charity	Para 1.46	
Other		

Structure, Governance and Management

Description of charity's trusts:		
Type of governing document (trust deed, royal charter)	Para 1.25	CIO constitution
How is the charity constituted? (e.g unincorporated association, CIO)	Para 1.25	CIO
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	Any new trustees will be appointed on unanimous agreement of existing trustees.

Additional information (optional)

You may choose to include further statements where relevant about:

Policies and procedures adopted for the induction and training of trustees	Para 1.51	
The charity's organisational structure and any wider network with which the charity works	Para 1.51	
Relationship with any related parties	Para 1.51	
Other		

Reference and Administrative details

Charity name	
Other name the charity uses	
Registered charity number	
Charity's principal address	

Funds held as custodian trustees on behalf of others

Description of the assets held in this capacity	
Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects	
Details of arrangements for safe custody and segregation of such assets from the charity's own assets	

Additional information (optional)**Names and addresses of advisers (Optional information)**

	Type of adviser	Name	Address
	Name of chief executive or names of senior staff members (Optional information)		

Exemptions from disclosure

Reason for non-disclosure of key personnel details

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Other optional information

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Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)

<i>R Bannister</i>	<i>C Bannister</i>
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Full name(s)

Rachel Bannister	Colin Bannister
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Position (eg
Secretary, Chair, etc)

Chair	Treasurer
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Date

31/1/2022

MENTAL HEALTH – TIME FOR ACTION FOUNDATION:

ACCOUNTS FOR YEAR ENDING 31st MARCH 2021

Receipts and Payments account: 16th September 2020 to 31st March 2021

<u>Receipts</u>	General Fund	Total
	£	£
Miscellaneous Donations	386	386
TOTAL RECEIPTS	386	386
<u>Payments</u>		
TOTAL PAYMENTS	0	0
NET RECEIPTS LESS PAYMENTS	386	386
CASH FUNDS THIS YEAR END	386	386

Statement of assets and liabilities on 31st March 2021

	31st March 2021
<u>Monetary Assets</u>	£
Cash in Bank	
Current Account – Lloyds Bank	386
TOTAL MONETARY ASSETS	386
<u>Represented by Funds</u>	
General Fund	386
TOTAL FUNDS	386
Non-Monetary Assets and Liabilities	0
TOTAL NON-MONETARY ASSETS	0

These accounts were approved by the Trustees on 31/1/2022 and signed on their behalf by

Rachel Bannister – Chair



Colin Bannister – Treasurer



Notes to the Accounts

This is the first accounts returned by Mental Health – Time for Action Foundation, and cover the period from achievement of charitable status on 16th September 2020 to end of last financial year on 31st March 2021

The CIO has a single 'general' fund, and the money in this is from individual donations, mainly from the charity's 'Just Giving' webpage. There have been no payments from the charity in the period covered by this report.