

SHOUT WSK

England & Wales · Charity number 1191297

Details

Status Registered

Legal form CIO

Registered 2020-09-15

Register [View on the Charity Commission register](#)

Contact

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35-36 New Broadway
Worthing
West Sussex
BN11 4HP

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Activities

Objects: THE OBJECTS OF THE CIO ARE:1. THE PREVENTION OR RELIEF OF POVERTY OF PEOPLE WHO ARE HOMELESS, AT RISK OF HOMELESSNESS OR RECOVERING FROM HOMELESSNESS IN SUSSEX BY WORKING AND LIAISING WITH OTHER AGENCIES TO PROVIDE LONG-TERM HOUSING SOLUTIONS.2. TO RELIEVE THE CHARITABLE NEEDS OF PEOPLE WHO ARE HOMELESS, AT RISK OF HOMELESSNESS OR RECOVERING FROM HOMELESSNESS IN SUSSEX BY WORKING WITH SUCH PEOPLE AND OTHERS TO PROVIDE OR ASSIST IN THE PROVISION OF FOOD, ITEMS, SUPPORT, ADVICE AND SIGNPOSTING SERVICES.

Activities: SHOUT WSK provides engagement and emergency food for the homeless and vulnerable community in Worthing and surrounding areas. We received our registered charity status in September 2020. Our aim is to work towards making homelessness in Worthing a thing of the past. We are a member of the Worthing Food Poverty Network and Community Works. We are also registered with Worthing and Adur Council

Classification

- **How:** Provides Buildings/facilities/open Space, Provides Services, Provides Advocacy/advice/information
- **What:** Education/training, The Prevention Or Relief Of Poverty, Accommodation/housing, Economic/community Development/employment
- **Who:** The General Public/mankind

Geography

- West Sussex

Finances

Period end	Income	Expenditure	Assets	Employees
2024-12-31	£173,651	£172,855	-	-
2023-12-31	£113,238	£112,619	-	-
2022-12-31	£91,474	£80,329	-	-
2021-12-31	£57,801	£17,702	-	-

Trustees

Name	Role	Appointed
KEITH DERICK RILEY SUNDERLAND	Chair	2020-09-15
Aaron Francis Burns		2020-08-15
Allan James Starr Hedley		2022-07-20
JOHN EDWARD BISHOP		2020-09-15

SHOUT WSK

England & Wales - Charity number 1191297

Accounts

Shout.

Street Homeless Outreach



Worthing
Soup Kitchen

Registered Charity number 1191297

ANNUAL REPORT AND FINANCIAL STATEMENTS
FOR THE YEAR ENDING 31ST DECEMBER 2024

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Charity Information

Trustees	Keith Sunderland Aaron Burns John Bishop Allan Hedley
Charity Number	1191297
Address	Shout WSK 35-36 New Broadway WORTHING West Sussex BN11 4HP
Bankers	The Co-Operative Bank PLC P.O. Box 01 1 Balloon Street Manchester M60 4EP
Independent Examiner	Colin Dadswell FCA FCCA DChA Caladine Limited Chartered Certified Accountants Chantry House 22 Upperton Road Eastbourne East Sussex BN21 1BF



Chief Executive

Khristina McCormack



Worthing Soup Kitchen (WSK), founded by Khristina McCormack of SHOUT WSK in 2012, started by providing meals from a car boot due to a recognized need for more food services for the homeless.

Initially serving on Thursdays, it expanded to include a sit-down meal at St Matthew's church and a Sunday breakfast at St Clare's Day Centre, the latter addressing the high suicide rate on Sundays within the street community.

During Covid, WSK significantly increased its support, delivering food and essential items to up to 90 clients daily, eventually leading to the establishment of the WSK Hub/Cafe for ongoing evening meals.

Client requests also spurred the creation of WSK Food Parcels in 2019, which evolved into a food bank and later a food pantry in 2024.

SHOUT WSK became a registered charity in September 2020 after eight years of self-funding, largely thanks to a fundraiser.

The WSK Hub/Cafe has enabled training and employment opportunities for clients and volunteers.

WSK continues to develop with a food pantry and charity shop, the latter ensuring the pantry's sustainability.

Khristina remains dedicated to supporting the homeless and those facing food poverty in the local community, driving the charity's growth.



Trustees

Keith Sunderland



Keith worked as a sales rep for GlaxosmithKline for 33 years and on retiring he served as a local councillor for 8 years becoming leader of the opposition for the last two years.

He is a member of the Lib Dems.

He was a Street Pastor and ended up as coordinator. He is on the leadership of the church he attends, and a governor of Bohunt Academy.

He is currently Chairperson for Worthing Soup Kitchen.

Arron Burns



Aaron Burns has worked in Housing and Social Care for the last 28 years.

Aaron began his professional care with the Royal National Institute for Deaf People as a residential social worker and interpreter for deaf/blind people.

Aaron then spent a number of years managing supported accommodation for young homeless people in the West Country.

For the last 20 years Aaron had worked for Brighton & Hove City Council in various capacities. He is currently the Interim Director of Housing People Services - Temporary & Supported Accommodation.

Aaron's interests include theatre, the arts, reading and his dogs.



Trustees

John Bishop



Aaron Burns has worked in Housing and Social Care for the last 28 years.

John is a local and was a sales rep in the Food Industry ending up as a sales manager.

He served 7 years as a Circuit Steward in the Methodist Church, and it was through the church that involved with helping the homeless and needy.

He is now an advocate for the work, and has been a conduit for donations to the Worthing Soup Kitchen's Food Hub and Charity Shop.

Allan Hedley



Allan's career was in the pharmaceutical industry, beginning in a research laboratory before moving to international sales where he lived in Zambia, Lebanon and Dubai before moving to Germany, and later to the UK market.

After retiring, Allan worked with Samaritans before becoming an Advisor at Citizens Advice. After a brief period of relaxation, he accepted an invitation to become a trustee of Worthing Soup Kitchen.



Trustees Report

The Trustees have the pleasure in presenting their annual report and accounts for the year ending 31st December 2024.

1. Objectives and activities -

The primary objectives of the CIO are:

- a) To aid in the prevention or relief of peoples who are homeless, at risk of homelessness or recovering from homelessness in Sussex. This is done by liaising closely with other homelessness agency to help provide long term housing solutions to those affected,
- b) To relieve the charitable needs of people who are homeless, at risk of homelessness or recovering from homelessness in Sussex by working with such peoples and others to provide or assist in the provision of food items, support, advice and signposting services.
- c) To work with those who are in food poverty and poverty to alleviate hunger and poverty. We do this by running our Food pantry for all in need to access.

2. Structure, governance and management

The trustees that served during the year and up to the date of signature of the financial statements

Keith Sunderland
Aaron Burns
John Bishop
Allan Hedley

3. Financial Review

Total receipts for the year were £173,652 (2023: £113,328) and total payments amounted to £172,857 (2023: £112,619), giving a net surplus of £795 (2023: £619). Unrestricted reserves at the year end were £15,443 (2023: £18,918), with restricted reserves of £37,214 (2023: £32,945).

4. Risk Management

The trustees continually consider the major risks to which the charity is exposed, and are satisfied that systems are in place to mitigate exposure to these risks.

5. Review of Activities

On the following pages we have outlined the impact that we have had in 2024.



— January —

Our little team has grown - our cafe now has Rowena as Hub Manager and Elliot and Ben as the chefs. All contributing to our charity's growth. Let us see where 2024 takes us!

In January we had the pleasure of hosting Andy's Angels volunteer evening - an amazing local charity who do lots of specialised work with many families in our area who are experiencing grief due to the death of a loved one. It was literally a full house - for their volunteer bingo night.



We also signed a Service Level Agreement with Southern Housing who have been so supportive of our work over the past few years. This will enable us to grow and develop future plans to support more families in need in our community later in 2024.

We hosted a Council meeting to discuss the future of Tarring Road for local residents and businesses - which was well attended - giving our community a voice.



— February —

February introduced us to a new partner - Clarion and United Living. This enabled us to grow our IT support in order for clients to access a further range of free courses through SHOUT WSK.

To date 92 clients and volunteers have accessed training this way. All have completed their Food Hygiene Level 2 courses and many more have completed other courses. Our on site IT instructor is the ever so patient John Ellis while others have been able to complete their chosen courses either in our IT room or on their own - with the knowledge that we are there to assist when needed.

We also received a £250 donation from the Sompting Lodge - Thank you!

February also saw us offer our space to Lamona and Sean from Worthing Help Group for their first coffee and chat session. How this group has grown in the past year and how many people have benefitted.



A visit to The Body Shop in Littlehampton - where we were one of their chosen charities for 2023-2024 resulted in a £500 cheque being paid to SHOUT WSK! Thank you Alex for the nomination!

Southern Rail visit - offering to support us with donations! All thanks to our lovely Rebecca - who is now a fully qualified train driver! Well done Rebecca! We will miss you and Mum at Sunday morning breakfast shifts.

Shout WSK also became a member of the Rough Sleeping Meetings at Worthing Borough Council! We now liaise with the Outreach Team, Turning Tides, Mental Health Teams, The Police, Probation, Base One and Housing - this means weekly meetups on Monday afternoons to raise concerns and implement change/support for clients across our networks.



— March —

We took our next steps to grow our charity. We secured a lease for 219 Tarring Road. It will become our Food pantry, Community Fridge and will incorporate a micro charity shop to help us on our journey to become self-sustaining.

Age Uk - we developed ties with Age Uk by providing support to cook a weekly meal for their clients at Milward Court. This allowed a further thirty residents/pensioners a week to access a freshly cooked meal, have engagement and fun in a social environment - who would otherwise have been on their own. Thank you Karen for considering SHOUT WSK to be part of this wonderful project - we have enjoyed our time with you all!

Our CEO was invited to The Brewhouse for International Women's Day - she even had a go at making the beer!

The brilliant Dawn O Donnell joined us as a volunteer!
Dawn has just arrived at a crucial time for our charity - with the lease secured for 219, Dawn will be able to grow our charity - and ensure the charity shop side is turned into a self-sustaining venture. It is definitely in the right hands.



Bird and Blend (the Goring Branch) have decided to raise donations for us. Not just their wonderful tea but also act as a donation point for staff. Thank you Jed!

Jackie and her family are still hard at work on the allotment. Planting and growing all things needed for the food pantry and cafe! We will reap the rewards later in 2024 - once the growing season has come to an end.



— April —

Our WSK Hub\Cafe was recommended on Restaurant Guru due to the number of positive reviews given on Tripadvisor and google. I believe this is all down to the good work of both our chefs and volunteers - Well done Ben and Elliot!!



— May —

A lovely donation from Pizza Post made its way through our doors. We had lots of very happy clients! Thank you Charlie and Harry!



We started to purchase shop fittings for 219! One of my most memorable moments was a drive from Horsham with two mannequins sitting in the van seatbelted in ofcourse - all of the way to Worthing!



Our new Epos Till arrived for 219 - We are almost there now!



— June —

Our turn to host for the Food Poverty Network and Community Works! A lovely meet up and our food went down a treat!



Our beautiful Lisa won the volunteer of the year award for all of her dedication and years spent running our Food bank from the Lovett Hub. Congratulations and well deserved!

Opening Day!! Balloons collected and our doors at 219 officially opened on the 22nd of June - with our town crier Bob Smytherman announcing the opening to one and all!

Elaine Hammond also did a lovely write up in the local paper!



— July —

We officially teamed up with Sally and Cathy from Crew to offer their “Stitch it don't ditch it” sessions at home. The repair cafe now runs from our WSK\HUB Cafe on the 1st and third Saturdays in the month. This will enable us to revamp damaged good quality items to sell in our charity shop. Saving clothes from landfill!



— August —

Paul Kemp, a well known local photographer highlighted some of our lovely volunteers and staff in his exhibition at Colonnade House in Worthing in an effort to raise the profile of the work which we do. Thank you Paul! <https://www.instagram.com/pauldavidkemp/>



Another wonderful donation from Event Cycle which we will use in our cafe and 219 to display items on sale - in our charity shop! Thank you to Linda and David for collecting.



— **September** —

We let our hub out for a Jamaican food night on Friday the 13th of September hosted by the wonderful Keith from Nyam Jam. It was a sell out - and gave Keith the confidence to branch out and do pop outs in his home town Brighton.

— **October** —

We sadly had our farewell meal with staff members - two who have gone on to full time employment. It is always sad to say goodbye - but we need to develop our module to be run by both clients and volunteers. Thank you to everyone who has worked so hard to grow our cafe and hub this past year - we would not have been able to do it without you all. Wishing you all the best with your future ventures.

October also saw us take part in the Guildbourne Thrive fare managed by Debbie from Crew. This allowed us to promote our charity once a month until March 25!



— November —

We welcomed in November with Nicky from Stitch it Don't ditch it making us some templates to use for printing our charity logo! Amazing Nicky - Thank you! These are also going to be used on our one off tote bags!

Wrap up Worthing - This was our second year to take part in this very special event. Our Rotary hero Lofty collected hundreds of coats this year for those in need at Worthing Train Station and at lots of various collection points around town - including ours!



Our Charity Shop and Cafe hosted Sam from Nkuastar children's clothing range. Sam who makes all of the items had been homeless and thanks to the job centre and a small business grant - Sam created her own brand of clothing. They definitely brought a splash of colour to our walls!

Our first student from Northbrook college joined us as a volunteer and to learn skills. Welcome Samuel.

We welcomed the Gamers to our Hub - they now run a regular Friday evening session at WSK!



Khristina, our CEO, had a lovely visit to the Squirrels and Sharon Field - the Squirrel and Beaver Leader at Durrington Scout Group for their Super Hero Day. The squirrels donated lots of much needed items for both our homeless clients and families who are experiencing food poverty.

Thank you!



The last day in November saw our WSK Hub\Cafe transformed into Santa's grotto - all thanks to Dawn, our magical Christmas Angel.



— December —

December started with a Bang! We hosted our first afternoon tea with Santa - which sold out! Santa was very busy and returned again for a second visit on the 15th of December. We hope to see you and Mrs Claus again next year!



Worthing Lions visited and donated lots of much needed food for our food pantry and families this Christmas! Thank you Hazel and team!



Quercus Nurseries - donated two Christmas trees to our charity after we were nominated in a draw! Thank you!

We did a food drive at Tesco's in December - with our beautiful volunteer Tina holding the fort! This was to increase donations to enable us to make up food hampers for each family we support. They contained all of the items needed to make a Christmas Day dinner for their family - and included fresh turkey, ham, veg and all of the goodies needed to do this.





We also had a toy donation from More Radio - no child from our food pantry went without this Christmas! So many companies contributed such as Morrisons and Tesco's as well as The Rowans day Centre and GSK to mention a few.



The wonderful Bowers and Wilkins hosted a very special event for our children in need - with a private cinema viewing, party food and a gift from Father Christmas. Those who were lucky enough to attend thoroughly enjoyed it! Thank you so much Jo and team!

The 25th of December saw us host our annual Christmas Day meal at the Atrium on Worthing seafront - A special heartfelt thanks goes out to Matthew Pike from Worthing Theatres for giving up his Christmas Day to open and close the Atrium. The Cricketers Broadwater, Little Tums in Shoreham and our many volunteers who peeled, chopped, diced and cooked and an amazing Christmas Day Meal was served. No one was on their own or hungry! Thank you to all who contributed and volunteered on the day. We needed each of you to make this happen.



A Message From The CEO

A Big Thank you to all who believed in us in 2024.

Funders who supported our journey and the volunteers and clients who made it happen.

Together we have supported more people this year than ever!

Our Sunday morning homeless breakfast service continues from Saint Clare's thanks to a dedicated volunteer team. This can see up to thirty people access on a busy day. Last year we had 928 clients access and we made 1179 breakfasts during a two hour window over the course of a year!

Our biggest expense to keep this much needed service running is sadly the cost of food packaging - such as takeaway cups, lids and food boxes.

This continues to be a vital lifeline for our clients with many other requests and support needs being met.

We also continue to run our Wednesday evening Outreach Service for both our homeless clients and those in temporary accommodation without access to cooking facilities - up to twenty five people access per evening - often taking food away to last them for a few days. Here clients fill their flasks, can access dry sleeping bags, food and clothing when needed as well as support to other services.

What has been amazing is the addition of our WSK Food Pantry and micro charity shop. The public have fully backed this venture - supporting us with all sorts of donations which in turn allows us to cover our rent, utility bills and one of our clients a small wage. It has also created a small surplus which enables us to purchase food to stock up our pantry weekly! It is now self-sustaining!

This venture has also meant our clients have choice. Food is no longer put in a box or delivered to the door- it means people have to engage. They have to move out of the social isolation bubble and interact - which we all know is good for Mental Health and physical wellbeing. Many have become volunteers or help out when they arrive - giving the pantry a real community buzz.

They are given dignity - they shop and they choose what items they need. It also means our homeless clients can select items of clothing when needed - enjoying the freedom that being able to shop brings.

Our Community Fridge is always the busiest day. A few weeks ago on a Friday over 74 families accessed within a three hour window. Needless to say the food is gone as soon as we put it on the shelves. It has become a constant battle to keep the shelves stocked as more and more people need support. The cost of living crisis, electricity costs, the lack of social housing, extortionate rents, sometimes not having the right benefit entitlement or the length of time it takes to have a claim processed are all reasons why clients access.



This has become a reality for many and with no light at the end of the tunnel we only expect to see numbers continue to rise.

Through our food pantry and community fridge in 2024 we supported over 5542 people -(including children) - with Worthing's population being estimated at 100k this figure equates to 5.5% of our town. That in itself is no mean feat and has only been achievable thanks to all of the hard work of volunteers involved - from those who collect the food, to doing a shift at SHOUT WSK. Know what a difference you have made - working to alleviate hunger in our town. Thank you all!

We also have our beloved trustees working behind the scenes making sure that everything is ship shape and up to date - a special Thank you goes to Keith Sunderland our chair who has been on call to advise as well as attending many meetings on behalf of SHOUT WSK. Thank you for your guidance, patience and time.

On a sad note - we said goodbye to 12 clients and two of our lead volunteers - reminding us that there is still so much more work to do - and that no one should be calling the streets their home in 2024. We hosted four funerals and hired a minibus so our clients could grieve and be part of the services to say farewell.

This meant a lot to both the families involved and the clients. It gave everyone a chance to meet each other and the realisation that their loved one was also part of another community and were very much supported and loved there also.

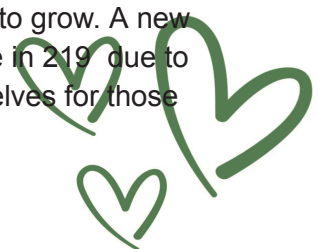
We have had the pleasure of connecting with many more funders and supporters who have helped us on our journey throughout 2024. A heartfelt Thank you to each of you for keeping our doors open to help others in need..

Finally to all those who have volunteered, both clients and members of our community - know we cannot do this without you. We have relied on your time, skills and effort to keep things running. You are the reason we are here, still working to support those most vulnerable in our community.

From February 2024 we had 82 people access training many more people have accessed since. This was thanks to an introduction to Molly from United Living via Sophie Lowe from Southern Housing.

Our lovely John Ellis has supported many individuals via our Thursday IT junction service to gain their Food Hygiene Certificates to enable them to volunteer at our Hub gaining many more skills such as how to be a barista and how to work an espresso till. Clients also have the opportunity to work in the kitchen should they choose and learn how to use our thermomix. All skills are worth gaining as they could become a career choice.

Our future plans are many - we have made it this far and hope to continue to grow. A new shop is planned for 2025 to process donations which we are unable to take in 2024 due to the lack of space - amongst others - all as an effort to keep food on the shelves for those struggling with food poverty.



We will continue to strive to become self-sufficient and develop projects which will benefit our clients, volunteers and community. They have been our lifeforce, our strength and our WSK family - supporting each other to become the best they can be and knowing "Every Action and every deed is to help someone who is in need."

Or as Henry Ford would say "Coming together is a beginning, staying together is progress, and working together is success"

Thank you,

A.Khristina McCormack CEO of SHOUT WSK (Street Homeless Outreach Worthing Soup Kitchen)



2024 Data Breakdown

1. **Outreach Saint Clares** - during 2024 we had 928 Homeless presentations and made 1179 homeless breakfasts on Sunday mornings.
2. **Outreach Meal at WSK** - we made 1300 individual meals as we make a minimum of 25 meals per a week on a Wednesday evening. (25 x 52 weeks = 1300) there are frequently more meals made but this is the minimum,
3. **Christmas Day Meal** - prepped and cooked for 100 adults and children on Christmas Day. This is the maximum number allowed in The Denton Lounge.
4. For the **Food Pantry/Community Fridge** (now combined – due to opening up 219 Tarring Road) Open 5 days a week - 5542 presentations over the year - with 269 children between them in their families.

Volunteer Data 2024 -

1. Cafe - a total of 2x 3 hour shifts 7 days a week with a minimum of 2 volunteers on each shift = 84 hours a week x 46 weeks = 3864 plus a further 3 volunteers working 2 x 3 hour shifts x 5 days a week = 90 hours a week by 6 weeks = 540 as the cafe went to 5 days a week in November total = **4404 hours annually** for the WSK Hub\Cafe.
2. **Outreach service - Saint Clare's** = 2 volunteers x 3.5 hours(cooks) = 7 hours x 52 weeks = **364** hours per a year and 2 volunteers by 2.5 hours for front of house = 5 hours per a week by 52 weeks in a year = **260** hours for the year. Making it a total of **624 hours annually** for Saint Clare's breakfast service alone. This remains the baseline - sometimes new volunteers would shadow - they have not been included in the volunteer hours.
3. **Outreach service - WSK HUB\Cafe** - on Wednesdays - 2 cooks and prep - from 3pm - 8pm = 5 hours per a week each = 10 hours x 52 = **520 hours annually**. Plus two volunteers to help wash up and engage with clients from 6pm - 9pm = 3 hours x 2 = 6 hours x 52 = **312 hours annually**. We also have collections scheduled for Outreach which equates to a minimum of 2 hours on a Wednesday = 2 hours x 52 = **104 hours annually** Making our total figure for WSK Outreach on Wednesday evenings - a minimum of **936 hours annually** .**This figure also remains the same**
4. **Christmas Prep** for Christmas Day - 8 ladies from 12 - 6 on Christmas Eve = 96 hours. Plus a further estimated minimum 30 hours by various organisations who help us - source food for Christmas Day. Making it a total of **126 hours annually** for prep day.
5. **Community Fridge** - we have had a minimum of 4 volunteers once a week on a Friday from 9am - 5 pm = 8 hours x 4 = 32 hours per a week x 52 weeks for 2024 = **1664 hours annually**
We also had drivers collect for this - 6 hours x 2 = 12 hours per a week x 21 weeks annually = **252 hours annually minimum** (Often other volunteers would turn up to help as in the case for all of our projects) This makes a total of **1916 hours of volunteer time for 2024** for the community fridge



6. **Christmas Day Meal** - 20 volunteers x 10 hours on Christmas Day = **200 hours annually**
7. **Christmas Hampers and gifts for children in the families** - 8 people collected, sorted, wrapped and organised this for Christmas 2023 - they worked additional hours throughout December to make sure every family had food and gifts for their children. I am estimating that this took a further 20 hours (minimum as it was done over weeks by each volunteer) 20 hours x 8 volunteers x 7 days = **1120 hours annually**
8. **Admin/ IT support** weekly at our hub for the public - a minimum of 2 hours x 52 weeks provided by Keith and John Ellis - **104 hours annually**
9. **Volunteer co-ordinator role** - minimum of 6 hours per a week x 52 weeks in the year = **312 hours annually**
10. **Admin support** - Zero hours - as this now falls under Khristina's role. Soph left to travel. Currently in Australia.
11. **PR/Posters/ Events including food drives** - 4 hours per a week x 52 a year = **208 annually** - this is a lower end estimate as we often have 8 people over the course of a day when we do food drives.
12. **Additional collections** - we frequently have additional collections at estimated 2 hours per a week for a volunteer driver x 52 = **104 hours annually**
13. **Allotment** - 6 hours per a week x 3 people = 12 hours x 48 weeks due to holiday and winter - **576 hours annually**
14. **Trustees and chair** - Trustees 2 x 10 hours annually = **20 hours** - (meetings and reviews.) One trustee on behalf of church 3 hours weekly = **156 hours annually** and chairperson - 10 hours per week with meetings, IT and monitoring - **520 hours annually** Making it a total of **696 hours annually**
15. **Food Pantry/WSK Charity Shop** - This is open 5 days a week. It has a minimum of three volunteers on any day. They volunteer from 9 - 4.30pm two days a week - Monday and Friday = 7.5 hours daily x 3 (number of volunteers) = 22.5 hours x 2 days = 45 hours weekly x 52 making annual figure of **2340 hours** annually plus a further three days (Tuesday, Thursday and Saturday) from 11 am - 4.30pm = 5.5 hours x 3 (number of volunteers) = 16.5 x 3 (number of days) = 49.5 hours x 52 (to give annual figure) = **2574** The stats for Friday are under the Community Fridge. The total volunteer hours required to operate this venture annually = **4914 volunteer hours annually**

Most of the hours remain the same - as the core volunteers carry our services through the hours which they give. As always this is the minimum volunteer hours given. Many more have given their time when needed - such as jumping in when the cafe or food pantry are busy.

Our grand total for volunteer hours in 2024 is an Amazing - 16240



Independent Examiners Report

INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF SHOUT WSK

I report to the Trustees on my examination of the financial statements of Shout WSK for the period ended 31 December 2024, which are set out on pages 25 to 27.

Responsibilities and basis of report

As the trustees of the Charity you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the Charity's accounts carried out under section 145 of the 2011 Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

(1) accounting records were not kept in respect of the Charity as required by section 130 of the Act;

(2) or the accounts do not accord with those records.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Colin Dadswell FCA FCCA DChA
Caladine Limited Chartered Certified Accountants
Chantry House,
22 Upperton Road
Eastbourne,
BN21 1BF

Date: 10th July 2025



Receipts & Payments Account

	<u>Unrestricted</u> <u>Funds</u> £	<u>Restricted</u> <u>Funds</u> £	<u>Total</u> <u>2024</u> £	<u>Total</u> <u>2023</u> £
Receipts				
Donations	48,954	4,437	53,391	53,772
Grants	39,022	15,100	54,122	45,307
Café takings	66,138	-	66,138	14,159
Total receipts	154,114	19,537	173,651	113,238
Payments				
Café Cost of sales, food & purchases	30,207	1,393	31,600	25,455
Rent	1,507	8,087	9,594	13,370
Utilities	17,645	186	17,831	5,940
Repairs, maintenance and equipment	10,013	5,094	15,107	17,770
Wages & Salaries	82,948	-	82,948	28,769
Training	56	-	56	177
Clothing	56	25	81	10
Insurance	1,421	148	1,569	292
Legal and professional fees	35	-	35	1,832
Accountancy and independent examination	3,426	-	3,426	2,028
Networking	-	-	-	105
Telephone	2,501	-	2,501	1,929
Printing, postage and stationery	450	-	450	362
Van purchase	-	-	-	2,010
Travel	4,188	208	4,396	6,118
Software expense	1,044	79	1,123	1,913
Charitable donations	-	-	-	1,633
Cleaning	14	-	14	622
Sundry expenses	2,077	47	2,124	2,284
Total payments	157,588	15,267	172,855	112,619
Net receipts/(payments)	(3,474)	4,270	796	619
Funds brought forwards at 1 January 2024	18,918	32,945	51,863	51,244
Transfers between funds	-	-	-	-
Funds carried forward at 31 December 2024	15,444	37,215	52,659	51,863



Statement of Assets and Liabilities

	<u>Unrestricted</u> <u>funds</u> £	<u>Restricted</u> <u>funds</u> £	<u>Total</u> <u>2024</u> £	<u>Total</u> <u>2023</u> £
<u>Cash funds</u>				
Cash at bank and in hand	15,444	37,215	52,659	51,863
<u>Assets</u>				
Rent deposit paid			3,250	3,250
<u>Liabilities</u>				
Accountancy and Independent Examination accrual			720	720
Wages and associated costs			2,082	6,518
			<u>2,802</u>	<u>7,238</u>

Approved by the Board of Trustees on 23rd May 2025 and signed on its behalf by:


 Keith Sunderland
 Trustee


 John Bishop
 Trustee



Notes to the Financial Statements

1. Accounting Policies

The Financial Statements have been prepared on a receipts and payments basis in accordance with Section 133 of the Charities Act 2011.

These accounts are for the year to 31 December 2024.

2. Trustees

None of the Trustees (or any persons connected with them) received any remuneration or benefits from the charity during the year.

Total donations from trustees amounted to £..... (2023: £1,400) for the year.

3. Related Party Transactions

There were no disclosable related party transactions during the period.

4. Restricted funds

	<u>Brought forward</u>	<u>Income</u>	<u>Expenses</u>	<u>Transfer</u>	<u>Carried forward</u>
	£	£	£	£	£
Homeless training support	9,488	-	-	-	9,488
Foodbank	11,505	1,137	(1,556)	-	11,086
Community Fridge	11,952	18,400	(13,711)	-	16,641
Total restricted funds	32,945	19,537	(15,267)	-	37,215

The Homeless training support fund includes monies given to provide training to those who are homeless, or living in temporary accommodation, in our community.

The Foodbank fund contains some donations kindly given to support the Foodbank arm of our work.

The Community Fridge fund contains donations given to support the set up of our Community Fridge. Some of these funds remained unspent at the year end.



SHOUT WSK

England & Wales - Charity number 1191297

Accounts

Registered Charity number 1191297

SHOUT WSK

ANNUAL REPORT AND FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 DECEMBER 2023



SHOUT WSK
FOR THE YEAR ENDED 31 DECEMBER 2023

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CHARITY INFORMATION

<u>Trustees</u>	Keith Sunderland Aaron Burns John Bishop Allan Hedley
<u>Charity number</u>	1191297
<u>Address</u>	11 Stone Close Worthing BN13 2AU
<u>Bankers</u>	The Co-operative Bank p.l.c P.O. Box 101 1 Balloon Street Manchester M60 4EP
<u>Independent Examiner</u>	Colin Dadswell FCA FCCA DChA Caladine Limited Chartered Certified Accountants Chantry House 22 Upperton Road Eastbourne East Sussex BN21 1BF

REPORT OF THE TRUSTEES

The Trustees have pleasure in presenting their annual report and accounts for the year ended 31 December 2023.

1 Objectives and activities

The primary objectives of the CIO are:

- a) To aid in the prevention or relief of peoples who are homeless, at risk of homelessness or recovering from homelessness in Sussex. This is done by liaising closely with other homelessness agency to help provide long term housing solutions to those affected.
- b) To relieve the charitable needs of people who are homeless, at risk of homelessness or recovering from homelessness in Sussex by working with such peoples and others to provide or assist in the provision of food items, support, advice and signposting services.

2 Structure, governance and management

The Trustees who served during the year and up to the date of signature of the financial statements

Keith Sunderland	
Aaron Burns	
Deana Ballard	- resigned during the year
John Bishop	
Allan Hedley	
Sophie Ford	- appointed 23 March 2023, resigned 3 November 2023

3 Financial review

Total receipts for the year were £113,238 (2022: £91,474) and total payments amounted to £112,619 (2022: £80,329), giving a net surplus of £619 (2022: £11,145). Unrestricted reserves at the year end were £18,918 (2022: £27,097), with restricted reserves of £32,945 (2022: £24,147).

4 Risk Management

The trustees continually consider the major risks to which the Charity is exposed, and are satisfied that systems are in place to mitigate exposure to these risks.

5 Financial activities

On the following pages we have outlined the impact that we have had in 2023.

Shout.

Street Homeless Outreach



Worthing Soup Kitchen Annual Report 2023

January -

Tesco Goring nominated us for their blue token community fund - This we won - so thank you to all concerned as by voting for us - you added £1500 to our account which makes a massive difference at this time of year! All the lead volunteers were treated by the lovely Mel from Social Rocket Media to a hair style at the Richard Johns training Academy in Rowlands Road - and as a special treat I had a facial - Thank you Mel! A lovely treat which was much needed at this time of year



February -

As we rolled into February we had an amazing visit from Jane Della Ray from The Albert Hunt Trust - Jane took the time to visit and to check up on progress with our WSK HUB -witnessing first hand some of the clients hard at work carrying out essential repairs.Thank you for being a sponsor this year for SHOUT WSK! We attended The Right to food Campaign at Worthing Assembly Halls to give a voice for all of our clients.

We then were blessed by The Lovely team at Bodyshop Littlehampton - who chose us as one of their small charities for 2023 - No doubt our wonderful Alex had the final say with this partnership! Thank you!

We also added Nandos as a Partner - they visited our Hub while renovating their new premises in Worthing and carried out all of the electrical work needed for us to have an EICR Report - They Literally lit up our world! A news article appeared in The Worthing Herald to acknowledge their hard work and partnership.

Like all things some have to end - we said our final farewell to Alvydas at Saint Matthews Church on Tarring Road - Alvydas had sadly passed away on Christmas Day 2023.He was one of our well loved clients who was a classical pianist and could frequently be heard playing in his usual spot outside McDonalds or in Saint Matthews Church during our outreach sessions there.



March

Our Decals arrived in their distinctive bright Green adding a splash of colour to our white walls!

We had our fire equipment and alarm system installed. We held our first volunteer event at Nandos Worthing. Dan and the team were just amazing and the event was thoroughly enjoyed by everyone.

We paired with The real Junk Food project in Brighton - taking their end day food to use for our Outreach sessions on Wednesday evenings - feeding bellies not bins!

Khristina finally has an official employment contract with SHOUT WSK!



April -

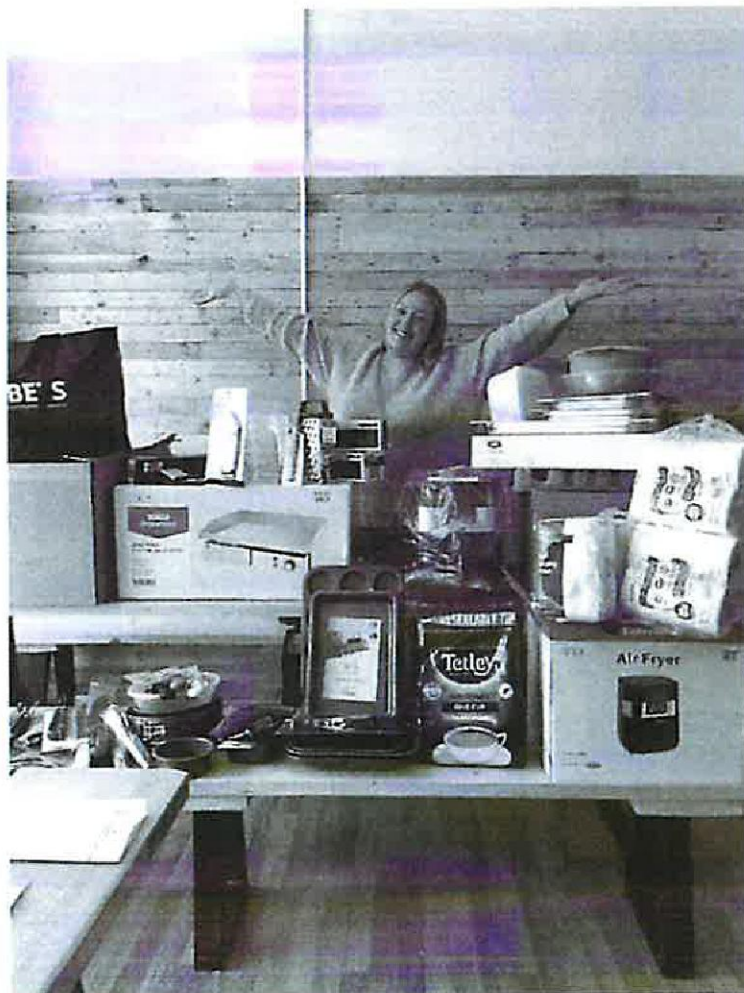
The brilliant Dalina Sawyer did a fundraiser for SHOUT WSK in memory of her Dad - Dalina managed to secure all of the basic items which we needed in order to equip our Hubs kitchen ready to open to the public. We all know Dad would be proud of you - as we all are here at WSK - A big Thank you and blessings from all of us Dalina!

We had Kendricks visit our hub to show us how to make the perfect cup of coffee using our coffee machine.

We finally got our kitchen fan installed - and passed which enabled us to get Gas certification - finally!

We also partnered with Bowers and Wilkins, the brilliant sound equipment technicians based in East Worthing - there are lots of plans afoot thanks to their amazing HR Person - Jo Curling.

We also teamed up with The Real Patisserie in Broadwater to help tackle food waste and use their end of day produce for greater good!



May -

May saw our new relationship with B&W blossom - The B&W Team came to the fore supporting our foodbank with much needed donations. They then went on to install an Amazing sound system in our hub, even making a bracket to hold it in place as well as donating laptops to equip our training room!

Thank you B & W. We think you guys are just the best!

We also launched our community fridge - opening our doors to the public for the first time!

We also said farewell to The River of life church - Thank you Denise and all of the team at what became one of our favourite homes in Broadwater for giving us shelter when we had none.

We also purchased a further van which will enable us to do more collections - plus our smallest in the collection team - Jackie(Only by height) could reach the pedals.

We also formed another partnership with Bid food in Lancing. This allowed us to access frozen food on Fridays(when available) for our community fridge and for our food bank at the Lovett Centre on Saturday afternoons.

Our founder was also nominated as a community hero by both the local Mayor - Henna Chowdhury and Worthing Borough Councillor Emma Taylor!

June -





June -

Saw the allocation of the seafront plots - and we put ourselves forward again - we love being part of the community and we had plans afoot this year as to what we were going to grow!

Donations started to come in from Bid food!

Jo our beautiful sign writer, created our A boards and coffee signage for in our hub!

July -

The community rallied together and we did a Fundraiser at Morrisons with the help of Jo, their community champion. We also had to say hello and goodbye to our cook - leaving us on the lookout for another chef!



August -

This saw Lisa organise a Family day for all who access the Lovett Food bank. Mel from Rocket Social Media organised pizzas from Enzos, ice cream from the Whippy van, Chips from the fish and chip shop at Boxgrove and our town crier Bob calling out the Bingo game! It was right up his street as it was ours. Thank you to all concerned for helping. All of the families and children had a great time.

We found our new cook and started to work out a trial menu! Our seafront bed started to make waves all on its own - with the appearance of the magic beanstalk - certainly one not to forget!



September -

We celebrated three years as a registered charity officially on the 16th of September.

We had our volunteer training month - where all of our volunteers completed shifts in our hub acclimatising themselves to the coffee machine and the epos till.

Khristina attended the Recovery in Motion Conference in Derry Northern Ireland.

We had a meeting with B&W to discuss Christmas plans. Volunteers attended Kendricks in Ferring - where not only were they taught how to make all things coffee but also were shown around the site - revealing the many parts to Kendricks along the way.



October -

We opened our doors fully to the public! Got our first reviews and our five star rating from Environmental Health!

Khristina visited The Beavers at The First Durrington Scout Group at Northbrook barn, Community Centre in Squadron Drive - what a lovely bunch of young people they were. We hope that they all earned their World Challenge Award Badge and thank you all for your food donation! A BIG WSK Thank you to beaver Scout leader Sharon Field for organising.

Our lovely volunteer Lorna brought in a massive donation of rescued pumpkins just in time for Halloween! Thank you Lorna! We also had a meeting with a farmer with the view to using his land for ours and others use - very excited about the potential of this project.

November -

We launched our mid week warm up from our hub for those who are homeless or in Temporary accommodation without cooking facilities.

We hosted our first private event - with Victoria and Thermomix - SHOUT WSK benefitted from all donations made. Thank you Victoria.

We also launched our IT junction sessions on Thursday mornings from 10 - 12 with Keith, our chairperson.

We attended Coop Rowlands Road for the recipients ceremony where we were presented a cheque by Bob Smytherman - for £ 3902.55 for taking part in their local community fund.

We also introduced our customer loyalty cards at our Hub and ran our first energy advice session thanks to the lovely Rebecca Jones from National Energy Action.

December -

We started the month with a donation and visit from Jason and Nicky from ETI - lots of new thermometers to keep our temperature checks just right!

Then our neighbours Consortium and the lovely Laura Squires organised a massive food donation to support our food bank! Thank you everyone involved - it really helped a lot of families through Christmas 2023.

Mel Peters also supported our food bank, toy appeal with Enzos and our Christmas Day meal with a donation of £3000 from an anonymous donor - but we like to say Thank you anyway!

Lisa, our Food bank Manager, ensured that all of our families had their Christmas Hamer along with gifts for all of the children. Our foodbank finally closed after 5 years of service to the Maybridge community. Thank you Lisa and all the Lovett Centre volunteers for supporting this community and SHOUT WSK for this long! You have been Amazing!

We also had Henry, our bearded runner, decorate our window with an amazing design - which stayed for all of the Christmas period. We also had a donation form the catholic church via Celeste in East preston.

We hosted another two events - one for Keanes Dance studio and the other our first Bar the Bar night with Tapas - which was such a success we have been asked to do it again! Thank you to our cooks, Ben and Elliot.

We also had some very special toys donated as part of the toy appeal by Lidl this enabled many more children to have a gift so thank you Neighbourly and Lidl Worthing and Shoreham for being the difference this Christmas.

We also had a further toy donation via Mind and Sharon Stephenson just in time to make it under the tree making sure that no child was left out this Christmas.

We also managed to squeeze in one final fundraiser and food drive at Tesco's superstore in Durrington to raise items needed for our family hampers.

We also had a wonderful Christmas party and gift selected for each child as well as a special private cinema screening hosted by Jo and the B&W team - what a special treat that was for all of our families - THANK YOU!

Then our Christmas tree which was sponsored by Amy Hart arrived just in time for our Food Prep and donations day all organised by the Amazing Nicky Chisholm and her turkey mission for 2023- all just in time for Christmas 2023.

Our final event was our FREE Christmas Day Meal hosted in the wonderful Denton Lounge on Christmas day for everyone in need and our homeless community! Thank you Worthing theatres and everyone who helped us to open the doors on Christmas Day so no one would be alone!

Thank you to each and everyone who has touched our lives throughout 2023, or popped through our door, or lent a hand - every small action contributes to a bigger one and to quote Helen Kelier -

"I am only one,
But still I am one.
I cannot do everything,
But still I can do something.

I will not refuse to do something I can do"

You have all been SHOUT WSKs Helen Keliers and together we accomplished all of the above and more in 2023 - Thank you! Lets see what we can do together in 2024!



SHOUT WSK
FOR THE YEAR ENDED 31 DECEMBER 2023

Page 2 M

REPORT OF THE TRUSTEES (CONTINUED)

On behalf of the Trustees



Keith Sunderland
Trustee

Date: 28th June 2024

INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF SHOUT WSK

I report to the Trustees on my examination of the financial statements of Shout WSK for the period ended 31 December 2023, which are set out on pages 4 to 6.

Responsibilities and basis of report

As the trustees of the Charity you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the Charity's accounts carried out under section 145 of the 2011 Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- (1) accounting records were not kept in respect of the Charity as required by section 130 of the Act; or
- (2) the accounts do not accord with those records.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Colin Dadswell FCA FCCA DChA
Caladine Limited
Chartered Certified Accountants
Chantry House, 22 Upperton Road
Eastbourne, BN21 1BF

Date: 01/07/24

RECEIPTS AND PAYMENTS ACCOUNT

	<u>Unrestricted</u> <u>Funds</u> £	<u>Restricted</u> <u>Funds</u> £	<u>Total</u> <u>2023</u> £	<u>Total</u> <u>2022</u> £
<u>Receipts</u>				
Donations	26,460	27,312	53,772	68,050
Grants	21,166	24,141	45,307	23,424
Café takings	-	14,159	14,159	-
Total receipts	47,626	65,612	113,238	91,474
<u>Payments</u>				
Staff salaries	14,759	5,284	20,043	-
Café Cost of sales	3,200	15,020	18,220	-
Food and other direct purchases	830	6,405	7,235	25,639
Rent	219	13,151	13,370	8,967
Utilities	-	5,940	5,940	1,036
Storage	-	-	-	421
Repairs, maintenance and equipment	3,246	14,524	17,770	22,436
Wages	3,243	5,483	8,726	600
Training	43	134	177	19
Clothing	-	10	10	84
Insurance	107	185	292	786
Legal and professional fees	257	1,575	1,832	1,290
Accountancy and independent examination	2,028	-	2,028	960
Networking	83	22	105	180
Telephone	884	1,045	1,929	1,114
Printing, postage and stationery	134	228	362	322
Van purchase	2,010	-	2,010	2,250
Travel	5,318	800	6,118	3,026
Software expense	1,485	428	1,913	319
Charitable donations	1,633	-	1,633	150
Cleaning	190	432	622	557
Sundry expenses	50	2,234	2,284	173
Purchase of café business	-	-	-	10,000
Total payments	39,719	72,900	112,619	80,329
Net receipts/(payments)	7,907	(7,288)	619	11,145
Funds brought forwards at 1 January 2023	27,097	24,147	51,244	40,099
Transfers between funds	(16,086)	16,086	-	-
Funds carried forward at 31 December 2023	18,918	32,945	51,863	51,244

NOTES TO THE FINANCIAL STATEMENTS

1. Accounting Policies

The Financial Statements have been prepared on a receipts and payments basis in accordance with Section 133 of the Charities Act 2011.

These accounts are for the year to 31 December 2023.

2. Trustees

None of the Trustees (or any persons connected with them) received any remuneration or benefits from the charity during the year.

Total donations from trustees amounted to £1,400 (2022: £540) for the year.

3. Related Party Transactions

There were no disclosable related party transactions during the period.

4. Restricted funds

	<u>Brought forward</u>	<u>Income</u>	<u>Expenses</u>	<u>Transfer</u>	<u>Carried forward</u>
	£	£	£	£	£
Homeless training support	9,487	-	-	-	9,487
Premises Fund (café)	11,798	38,661	(66,545)	16,086	-
Foodbank	-	17,674	(6,169)	-	11,505
Community Fridge	2,862	9,277	(186)	-	11,953
Total restricted funds	24,147	65,812	(72,900)	16,086	32,945

The Homeless training support fund includes monies given to provide training to those who are homeless, or living in temporary accommodation, in our community.

The Premises fund (café) held donations raised towards future premises costs and the development of the café. These were expended in the year and excess costs covered by the general funds.


The Foodbank fund contains some donations kindly given to support the Foodbank arm of our work.

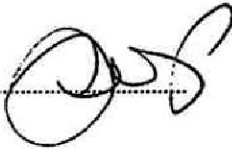
The Community Fridge fund contains donations given to support the set up of our Community Fridge. Some of these funds remained unspent at the year end.

STATEMENT OF ASSETS AND LIABILITIES

	<u>Unrestricted</u> <u>funds</u> £	<u>Restricted</u> <u>funds</u> £	<u>Total</u> <u>2023</u> £	<u>Total</u> <u>2022</u> £
<u>Assets</u>				
Rent deposit paid			<u>3,250</u>	<u>3,250</u>
<u>Cash funds</u>				
Cash at bank and in hand	<u>18,918</u>	<u>32,945</u>	<u>51,863</u>	<u>62,389</u>
<u>Liabilities</u>				
Accountancy and Independent Examination accrual			720	720
Wages and associated costs			<u>6,518</u>	-
			<u>7,238</u>	<u>720</u>

Approved by the Board of Trustees on 6/3/2024 and signed on its behalf by:


.....
Keith Sunderland
Trustee


.....
John Bishop
Trustee

SHOUT WSK

England & Wales - Charity number 1191297

Accounts

SHOUT WSK

ANNUAL REPORT AND FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 DECEMBER 2022



Caladine

Chartered Certified Accountants

SHOUT WSK
FOR THE YEAR ENDED 31 DECEMBER 2022

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CHARITY INFORMATION

<u>Trustees</u>	Keith Sunderland Aaron Burns Deana Ballard John Bishop Allan Hedley Sophie Ford
<u>Charity number</u>	1191297
<u>Address</u>	11 Stone Close Worthing BN13 2AU
<u>Bankers</u>	The Co-operative Bank p.l.c P.O. Box 101 1 Balloon Street Manchester M60 4EP
<u>Independent Examiner</u>	Colin Dadswell FCA ACCA DChA Caladine Limited Chartered Certified Accountants Chantry House 22 Upperton Road Eastbourne East Sussex BN21 1BF

REPORT OF THE TRUSTEES

The Trustees have pleasure in presenting their annual report and accounts for the year ended 31 December 2022.

1 Objectives and activities

The primary objectives of the CIO are:

- a) To aid in the prevention or relief of peoples who are homeless, at risk of homelessness or recovering from homelessness in Sussex. This is done by liaising closely with other homelessness agency to help provide long term housing solutions to those affected.
- b) To relieve the charitable needs of people who are homeless, at risk of homelessness or recovering from homelessness in Sussex by working with such peoples and others to provide or assist in the provision of food items, support, advice and signposting services.

2 Structure, governance and management

The Trustees who served during the year and up to the date of signature of the financial statements

Keith Sunderland	
Aaron Burns	
Deana Ballard	
John Bishop	
Emma Taylor	- resigned during the year
Allan Hedley	- appointed 20 July 2022
Sophie Ford	- appointed 23 March 2023

3 Financial review

Total income for the period was £91,474 and total expenditure was £80,329, giving a net surplus of £11,145. Unrestricted reserves at the year end were £27,097, with restricted reserves of £24,147.

4 Risk Management

The trustees continually consider the major risks to which the Charity is exposed, and are satisfied that systems are in place to mitigate exposure to these risks.

5 Financial activities

On the following pages we have outlined the impact that we have had in 2022.

INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF SHOUT WSK

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Colin Dadswell FCA ACCA DChA
Caladine Limited
Chartered Certified Accountants
Chantry House, 22 Upperton Road
Eastbourne, BN21 1BF

Date: 08/06/2023

RECEIPTS AND PAYMENTS ACCOUNT

	<u>Unrestricted</u> <u>Funds</u> £	<u>Restricted</u> <u>Funds</u> £	<u>Total</u> <u>2022</u> £	<u>Total</u> <u>2021</u> £
<u>Receipts</u>				
Donations	27,145	40,905	68,050	47,801
Grants	18,424	5,000	23,424	10,000
Total receipts	45,569	45,905	91,474	57,801
<u>Payments</u>				
Food and other direct purchases	20,734	4,905	25,639	13,650
Rent	8,967	-	8,967	-
Utilities	1,036	-	1,036	-
Storage	421	-	421	-
Repairs, maintenance and equipment	3,606	18,830	22,436	-
Wages	600	-	600	-
Training	19	-	19	-
Clothing	84	-	84	272
Insurance	786	-	786	-
Legal and professional fees	-	1,290	1,290	3,620
Networking	180	-	180	-
Telephone	602	512	1,114	-
Printing, postage and stationery	322	-	322	110
Van purchase	2,250	-	2,250	-
Travel	3,026	-	3,026	50
Software expense	1,279	-	1,279	-
Charitable donations	150	-	150	-
Cleaning	557	-	557	-
Sundry expenses	173	-	173	-
Purchase of café business	-	10,000	10,000	-
Total payments	44,792	35,537	80,329	17,702
Net receipts/(payments)	777	10,368	11,145	40,099
Funds brought forwards at 1 January 2022	22,700	17,399	40,099	-
Transfers between funds	3,620	(3,620)	-	-
Funds carried forward at 31 December 2022	27,097	24,147	51,244	40,099



APRIL

- Hundreds of Easter Eggs were donated by Balfour Beatty, Caremark and Brighton Police
- An anonymous couple paid for an advert in Heart newspaper to promote our charity
- Garden tools and wheel barrows donated for our allotment project
- Meeting with Gillingham Street Angels providing us with useful information and tips
- Dance with Stacey event at Assembly Hall raised over £450
- Khristina did a talk at ECE Architecture and they chose us as their nominated charity for 2022
- The ASDA Foundation donated £729 towards our allotment project
- We had our first crop from the allotment of lettuce leaves (3 types)!
- A few of our volunteers attended the Food Poverty Network volunteers evening
- We got the keys to the café!
- We began to work with Holly Haigh, a fundraiser employed by community works. Holly managed to secure funding from The National Lottery Awards for All for us



MAY

- Computers4Charity donated a laptop
- Perry and Daisy worked on our seaside planter (plot 14)
- Our van got branded! Thank you The Kitchen Cleaning Group!
- A volunteer has given up a day a week to help us with marketing, communications, operations, admin etc



JUNE

- We submitted our application with CitizensCards to be able to help clients obtain ID
- The cafe renovations started! Our clients volunteered their time and skills along with collaborations with The Bearded Runner and other businesses who helped us
- We signed up for BanktheFood app!
- Durrington Cycles donated 2 branded WSK bikes to us!





*Supporting those who are vulnerable
in our community*

SHOUT WSK provides engagement and emergency food for the homeless and vulnerable community in Worthing and surrounding areas. We have been a registered charity since September 2020 but we have been operating for over 10 years with no regular income. Our aim is to work towards making homelessness in Worthing a thing of the past.

We are a member of the Adur and Worthing Food Poverty Network, Community Works, and we are also registered with Worthing and Adur Council as a food bank for our pop up at The Lovett Hub, where we provide food parcels and fresh produce on Saturday afternoons.

We have so many amazing volunteers, too many to mention by name. Without their continued support, time and dedication, it would not be possible to do what we do.

In 2023 we will be opening a café hub, so watch this space!

Below is a snapshot of some of our highlights in 2022 - there are too many

JANUARY

to include them all!

- We bought a van!!
- The High Sheriff and his wife paid us a visit at our pop up food bank

We received:

- Food donations for parcels from Worthing Custody Suite - NHS Support
- A lovely thank you card from some of the children we help on a Saturday at the Lovett Hub
- A donation of all weather emergency sleeping bags/body covers which were small and compact

FEBRUARY

- We signed up for Amazon Smile meaning we will get a donation for each eligible purchase!
- We picked up our first donation pot collection from One Stop and it held £82.95!



MARCH

- Work at the allotment started up again and we had donations of items and seeds
- Sompting Abbots School donated Easter eggs
- We received an award from the High Sheriff along with a £750 grant to help us with the community work we do and the story was in the Herald!





JULY

- New donation pots arrived with a QR code!
- Morrisons donated some sleeping bags to us
- We had lots of produce from the allotment. Our shed finally arrived and 2 of our volunteers built it!
- Lots of contributors for raffle prizes for our stall at the Broadwater Carnival. We had 24 prizes! We sold raffle tickets, bags of sweets, bric a brac items and produce from the allotment. We even had rhubarb and gooseberry jams! We were also a beneficiary of the event
- The Albert Hunt Trust pledged funding towards salary costs



AUGUST

- The 2 day pop up school uniform shop in partnership with Morrisons went down well with many families
- Progress at the cafe with Henry the Bearded Runner donating his time and skills
- Cafe kitchen flooring went down!

SEPTEMBER

- We had our 2nd birthday as a registered charity!
- One of our volunteers set up a Go Fund Me page for a small van
- We got a community fridge for our cafe



DID YOU KNOW...

We have received many donations over the year of items, food and money

We have over 2000 [Facebook](#) members. A lot of items requested by our homeless and temporary housed clients, such as household goods, sleeping bags etc, come in via the groups from the local community on our Facebook page

We have built strong relationships with a number of local businesses, restaurants and supermarkets who regularly donate to our charity





OCTOBER

- Goring Methodist Church donated their Harvest Festival food collection to us
- Monetary donation from Durrington Community Centre Church and from a member of Goring Church was received
- We received a £1500 donation from Stephen Dale at Ordinges Lodge 6866
- Big thanks to Roy and Heather for organising and to the residents and staff at Rosemary Mount Care Home for their kind donation of food items
- Sarah Chalk and her hubby crowd funded for us and donated 10 slow cookers, ingredients and recipe books
- Kingsley roofing donated a hot pie and chilled cake cabinet display for the café
- ASDA donated £1500 to use for the cost of living crisis - thank you Mick our community champion for organising this for us
- The poly tunnel donated to us, went up at the allotment ready for the winter
- The Broadwater Carnival Society made us 1 of 6 local charities, benefiting from money raised back in July. Thank you to West Sussex Fire & Rescue Service for hosting the ceremony and donating £1350
- Our first table got made by Henry The Bearded Runner for our cafe
- A volunteer set up a fundraiser for a children's Christmas appeal so we could provide local children with Christmas treats
- We had a food donation drive at ASDA Ferring
- Community fridge signage in the cafe went up
- £1000 was donated from Worthing Islamic Society and the ZVM Rangoonwala Foundation UK
- We were the dedicated charity for the Walking for Nigel walk fundraiser
- We were selected as part of a Coop Local Community Fund meaning we are a chosen charity to receive donations every time someone purchases something





DID YOU KNOW...

We have helped around 1200 people including children, each month in 2022 with food, items needed, support and help

We have served over 1560 breakfasts on Sunday mornings to our homeless community, the only Sunday service available

We are the 2nd largest group in the food poverty network

All of our volunteers are just that! We don't have one paid person at our charity. We are very grateful for the time and help our volunteers give us

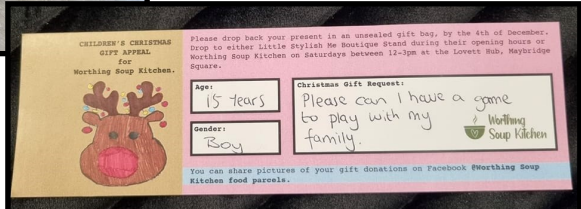
We support the night shelter 2 nights a week

We could not do what we do without our volunteers, supporters, contributors, trustees and local community.
THANK YOU!

We helped over 100 families with the summer school uniform shop

NOVEMBER

- Khristina spoke at the #enoughisenough march in town
- We decorated a Christmas tree in the Guildbourne Centre and the Mayor joined us
- Little Stylish Me UK set up a toy appeal for the children at our foodbank to choose a toy for Christmas
- Mel at The Social Media Rocket organised the More Radio toy drive appeal for the 2nd year running
- We held a food donation drive at Morrisons and the Mayor popped by to see us
- We had our first food collections from Sainsbury's Lyon Farm and Lidl's
- A team at Southern Housing donated some time to help us with our cafe renovations
- Tuna Graphics printed aprons for us for the cafe and will be doing our cafe signage
- Another 4 Tesco's around Worthing were added to our weekly food collections
- Adam wholesalers started donating fruit & veg every Saturday
- OneStop donated £500 to us
- £1000 was donated from Timothy Franey charity foundation
- A Christmas raffle held to raise funds for us





DECEMBER

- A crowd funder was set up with the Adur & Worthing Food Partnership with a number of restaurants donating money to 5 foodbanks in Worthing and we are one of them
- We were donated panto tickets from Worthing Theatre for some of the families we support
- £2625 was raised on a Go Fund Me page meaning we will receive £5250 as Legal & General are matching the funds for us
- My Choice Children's Homes invited us to Horsham to collect a number of filled rucksacks for our homeless community along with a donation of £169. We met Ian from Crawley Open House, another homeless charity doing great work
- Khristina spoke at a Greenpeace event discussing the cost of living crisis
- A council run night shelter opened for our homeless on the streets to have a safe and warm to sleep
- Big congratulations to our charity founder Khristina McCormack and loyal volunteer Claire Cook, who both received an Adur & Worthing Local Jubilee Community Hero Award from our Mayor and we were in the press
- We received £1000 from the Benefact Group - Movement for Good
- Adams Wholesalers and a number of local Coops started donating to us
- Khristina provided Christmas dinner for those using the night shelter on Christmas Day
- The Rowan Day Centre donated toys and food to us
- A carol service was held by Holy Family Church in Lancing for WSK
- We ran a post on our Facebook page about Rev and Rebel selling The Big Issue. As a result, Rev was nominated and won a prize from Sussex SAR for lost dogs. He has also seen an increase in support from the community.

Thank you!

- Worthing Lions donated food items for our Christmas hampers
- Hawthorns Primary School donated £140 from a cake sale
- Worthing High School donated Christmas hampers
- The Freemasons lodge donated £250
- O2 donated pay as you go data for our clients
- Lidl donated toys and frozen food to us





UPCOMING IN 2023

- We will be purchasing another smaller van to help with our deliveries and drop offs
- We will be opening our café hub!! It will be open to the public during the day whilst acting as a training platform for our clients to learn new skills alongside a community fridge and so much more! Thank you for your continued support and watch this space for an opening date!

REFLECTION

I would personally like to thank each and every person who has played a part in our journey of 2022. Those who decided to give up their time and volunteer, be it drive, do collections, source items on marketplace for our clients, work on our allotment, help to fundraise, renovate our hub, volunteer at the Lovett centre, cook for our breakfast service, etc; know that we would be unable to do this without you.

Our hub has taken longer than any of us expected but we finally have the finish line edging closer on the not-so-distant horizon.

We are so looking forward to greeting you all in person and hope that many of you will find new volunteering opportunities within our charity which you will be able to develop and make your own.

I would also like to take this time to reflect upon those who have been part of our family and are no longer with us - they will never know how much they meant or how they touched our hearts, but I am hoping they will now be free from all pain, have found peace and be the unseen hands that guide us on our journey in 2023.

We also have some members who volunteered but due to ill health have had to rest and take time out - Know that we miss you and we hope that you will be back with us soon. We wish you all a speedy recovery and hope that you will all make it through our doors in 2023.

Our plans for 2023 are well in the way with many more in the pipeline.

I would like to thank all of the community who have chosen to support us as well as all the organisations who have assisted us financially through grants and fundraising.

It is everyone's combined efforts that has led to SHOUT WSK standing here in our community. We are driven by where we see what is needed and what we can do to help.

From my heart I would like to wish you all the very best that 2023 can bring, that your angels will guide you, protect you from harm and that we can help each other through the upcoming year, to address our worries and our fears, but most of all we will do our best to be there for you, and carry on growing our services to best meet the needs of those whom we serve.

Happy New Year everyone!

Kind regards,

Khristina McCormack the founder of SHOUT WSK



STATEMENT OF ASSETS AND LIABILITIES

	<u>Unrestricted</u> <u>funds</u> £	<u>Restricted</u> <u>funds</u> £	<u>Total</u> <u>2022</u> £	<u>Total</u> <u>2021</u> £
<u>Assets</u>				
Rent deposit paid			3,250	
<u>Cash funds</u>				
Cash at bank and in hand	27,097	24,147	51,244	40,099
<u>Liabilities</u>				
Accountancy and Independent Examination accrual			720	720

Approved by the Board of Trustees on and signed on its behalf by:

.....
Keith Sunderland
Trustee

SHOUT WSK
FOR THE YEAR ENDED 31 DECEMBER 2022

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REPORT OF THE TRUSTEES (CONTINUED)

On behalf of the Trustees

Keith Sunderland
Trustee

Date: 8th June 2023

A handwritten signature in black ink, appearing to be 'KS', with a long horizontal line extending to the right.

SHOUT WSK

England & Wales - Charity number 1191297

Accounts

Shout WSK

Annual Report and Financial Statements

For the initial period 15 September 2020 to 31 December 2021



Caladine
Chartered Certified Accountants

Shout WSK
For the initial period 15 September 2020 to 31 December 2021

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CHARITY INFORMATION

Trustees

John Bishop
Keith Sunderland
Emma Taylor
Aaron Burns
Deana Ballard

Charity number

1191297

Address

11 Stone Close
Worthing
BN21 2AA

Bankers

The Co-operative Bank p.l.c
P.O. Box 101
1 Balloon Street
Manchester
M60 4EP

Independent Examiner

Colin Dadswell FCA ACCA DChA
Caladine Limited
Chartered Certified Accountants
Chantry House
22 Upperton Road
Eastbourne
East Sussex
BN21 1BF

Report of the Trustees

The Trustees have pleasure in presenting their annual report and accounts for the period ended 31 December 2021.

1 Objectives and activities

The primary objectives of the CIO are:

a) To aid in the prevention or relief of peoples who are homeless, at risk of homelessness or recovering from homelessness in Sussex. This is done by liaising closely with other homelessness agency to help provide long term housing solutions to those affected.

b) To relieve the charitable needs of people who are homeless, at risk of homelessness or recovering from homelessness in Sussex by working with such peoples and others to provide or assist in the provision of food items, support, advice and signposting services.

2 Structure, governance and management

The Trustees who served during the year and up to the date of signature of the financial statements were:

John Bishop	- appointed 15 September 2020
Keith Sunderland	- appointed 15 September 2020
Emma Taylor	- appointed 15 September 2020
Aaron Burns	- appointed 15 September 2020
Deana Ballard	- appointed 15 September 2020

3 Financial review

Total income for the period was £57,801 and total expenditure was £17,702, giving a net surplus of £40,099. Unrestricted reserves at the year end were £22,700, with restricted reserves of £17,399.

4 Risk Management

The trustees continually consider the major risks to which the Church is exposed, and are satisfied that systems are in place to mitigate exposure to these risks.

5 Financial activities

On the following pages we have outlined the impact that we have had in 2021

Shout.

Street Homeless Outreach



Worthing Soup Kitchen

*Supporting those who are vulnerable
in our community*

SHOUT WSK provides engagement and emergency food for the homeless and vulnerable community in Worthing and surrounding areas. We received our registered charity status in September 2020. Our aim is to work towards making homelessness in Worthing a thing of the past.

We are a member of the Worthing Food Poverty Network and Community Works. We are also registered with Worthing and Adur Council as a Food Bank for our pop up foodbank at The Lovett Hub on Saturday afternoons.

We have so many amazing volunteers, too many to mention by name. Without their continued support, time and dedication, it would not be possible to do what we do.

Below is a snapshot of some of our highlights in 2021

JANUARY

Our charity bank account got set up

FEBRUARY

We continued with our meals during COVID for our homeless community from St Clare's every night. A number of local restaurants provided food for us on top of Cocks Kitchen cooking 50 meals every night which was a front page article in The Worthing Herald newspaper



We have over 2000 Facebook members. A lot of items requested by our homeless and temporary housed clients, such as household goods, sleeping bags etc, come in via the groups from our local community on our Facebook page

MARCH

- We had a Mother's Day gift auction on Facebook raising funds
- The River of Life church opened up their kitchen to us to prepare and cook for our daily homeless meals during COVID, as Cocks Kitchen reopened to the public
- Our partnership with Worthing Homes began, with them providing us with the use of The Lovett Hub, where our first pop up food bank opened with Lisa our food parcels' manager running it
- We were given a planter on the seafront thanks to a volunteer and The Worthing Town Centre Initiative
- Khristina McCormack was nominated for International Women's Day in Worthing by West Worthing CLP
- £750 was awarded by Community Works - Grass Root Funding, which went towards building our website

Email: worthingsoupkitchen@gmail.com Website: www.worthingsoupkitchen.co.uk

SHOUT WSK is a registered charity in Worthing – Charity number 1191297





APRIL

- We made the news again with a huge donation of Easter eggs from Sussex Police, Caremark and Melanie Peters from Rocket Media. We had eggs for both our families and homeless community, plus enough to share with Jim from Sussex Homeless Support and Lynne from Knight Support in Brighton.
- We were awarded £5000 for COVID meals funding
- Local artist Clare Sykes raised £750 auctioning her beautiful oil painting of poppies
- Khristina McCormack was nominated to be part of the #WeAreWorthing, a photo exhibition of pandemic heroes making a difference in the community and her photo is part of the display on Worthing pier



MAY

COVID lockdown ended and we no longer had access to Saint Clare's on a daily basis. Over 7200 meals had been cooked during that period

JUNE

- Our first official branded items were printed - banners to be used at events. We also launched our website: www.worthingsoupkitchen.co.uk
- A local artist, Ana Grey, sold handmade cards raising money for us

JULY

- We started our Friday night sit down dinner with a movie at The River of Life church
- We opened a school uniform shop at The Lovett Hub which helped many families



AUGUST

- We were nominated for the ASDA Green Token scheme in Ferring and in October we found out that we came in at first place, receiving £500
- We secured an allotment in East Worthing so we can grow our own veggies for our upcoming cafe

We have built strong relationships with a number of local businesses, restaurants and supermarkets who regularly donate to our charity





SEPTEMBER

- It was our one year anniversary of being a registered charity
- We attended The High Sheriffs Summer reception for charities at The Weald and Downland Museum

OCTOBER

- A local family fundraised for us in memory of their Dad by walking 13 miles. The Worthing Herald covered the story
- A Halloween party was organised at The Lovett Hub for the local families to enjoy
- We had a lot of pumpkins donated to us by Sompting Pumpkin Patch and local businesses sold them to raise money for us
- The legendary Speedo Mick paid us a visit and his foundation ringfenced a contribution of £3000 for when we get the café agreed. We were mentioned in The Worthing Herald and on BBC South Today
- We attended the first Worthing Food First event organised by The Worthing Food Foundation
- Our youngest pop up food bank volunteer won a special recognition award for all of her hard work which was presented by our local Mayor
- We attended the High Sheriffs Annual Judges Service
- The Worthing Town Centre Initiative invited us for afternoon tea



NOVEMBER

- The band, The Ferocious Dog, fundraised for us at a local venue the Ropetackle, where food items and monetary donations were collected
- We used our new wireless card machine at a fundraiser in ASDA Ferring and had flyers printed for the event
- We had business cards printed and donation pots and buckets branded. Local businesses have our donation pots on their counters to collect for us
- Our Toy Drive began at ASDA and More Radio with hundreds of toys being donated to go out with our Christmas hampers for our families
- The pupils at Aldingbourne School raised £300 and purchased toys for our Toy Drive
- The Rustington Explorers Scout Group donated a large number of food items for our Christmas hampers





DECEMBER

- We took part in The Worthing Town Centre Initiative Christmas Tree Trail and had the largest number of votes and were awarded a cash prize
- So many local businesses and community members donated food items for Christmas
- A local business raised our profile and donated turkeys for Christmas dinner
- We had 2 supermarket fundraisers in ASDA Ferring and Tesco Durrington raising over £500 and a large number of food and other items. We also sold our first ever branded Christmas cards
- Over 200 Christmas hampers were given out to families in need along with toys
- The community on Balcome Avenue held a Santa Xmas stocking run, raising £275 which purchased Greggs vouchers for our clients for Christmas
- Nicky Chisholm and Sara Guiel from the My Networking Club began our Christmas Day campaign in earnest with their annual Turkey Mission. They sourced all of the items for our Christmas dinner - meat, veg, crackers and 2400 mince pies. They recorded their fundraising adventures in Daisy the camper van which we posted on our Facebook page
- The Kitchen Cleaning Group secured us the beautiful Atrium on Worthing pier where our Christmas dinner was held. The Ardington Hotel supplied all of the cutlery, crockery, Christmas trees and lights for our successful event
- On Christmas Day we fed 70 people. Our volunteers helped set up the day, cooked, cleaned, served and spread Christmas cheer. Our event was featured in the local newspaper advertising our Christmas dinner. Our patron Mr Bob Smytherman, the town crier, was in attendance, announcing it far and wide

UPCOMING IN 2022

- We purchased a van in January to help with our collections and deliveries and it is soon to be branded
- Our most exciting collaboration to date is with Green Pastures, which will give us the opportunity to provide housing for our homeless community once completed
- There is progress with our long-awaited cafe. The trustees are starting to sign the lease so by the end of March we should have keys and there will be a lot to organise and do before opening
- Durrington Cycle Project are supplying us with two bikes for our café and allotment to help with deliveries



Shout WSK

Page 2 E

For the Initial period 15 September 2020 to 31 December 2021

Report of the Trustees continued

On behalf of the Trustees



Keith Sunderland
Trustee

Date: 5th April 2022

Independent Examiner's Report to the Trustees of Shout WSK

I report to the Trustees on my examination of the financial statements of Shout WSK for the period ended 31 December 2021, which are set out on pages 4 to 6.

Responsibilities and basis of report

As the trustees of the Charity you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the Charity's accounts carried out under section 145 of the 2011 Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- (1) accounting records were not kept in respect of the Charity as required by section 130 of the Act; or
- (2) the accounts do not accord with those records.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Colin Dadswell FCA ACCA DChA
Caladine Limited
Chartered Certified Accountants
Chantry House, 22 Upperton Road
Eastbourne, BN21 1BF

Date: 06/04/2022

Receipts and Payments Account

	<u>Unrestricted</u> <u>Funds</u>	<u>Restricted</u> <u>Funds</u>	<u>Total</u> <u>2021</u> £
<u>Receipts</u>			
Donations	30,402	17,399	47,801
Grants	10,000	-	10,000
Total receipts	40,402	17,399	57,801
<u>Payments</u>			
Food and other direct purchases	13,650	-	13,650
Clothing	271	-	271
PPS	110	-	110
Travel	50	-	50
Legal and professional fees	3,620	-	3,620
Total payments	17,702	-	17,702
Net receipts/(payments)	22,700	17,399	40,099
Funds brought forwards at 15 September 2020	-	-	-
Transfers between funds	-	-	-
Funds carried forward at 31 December 2021	22,700	17,399	40,099

Statement of Assets and Liabilities

<u>Cash funds</u>	Unrestricted funds	Restricted funds	Total 2021 £
Cash at bank and in hand	22,700	17,399	<u>40,099</u>

Liabilities

Accountancy and IE accrual			<u>720</u>
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Approved by the Board of Trustees on and signed on its behalf by


Keith Sunderland
Trustee


Emma Taylor
Trustee

Notes to the Financial Statements

1. Accounting Policies

The Financial Statements have been prepared on a receipts and payments basis in accordance with Section 133 of the Charities Act 2011.

These accounts are for the first period from 15 September 2020 to 31 December 2021.

2. Trustees

None of the Trustees (r any persons connected with them) received any remuneration or benefits from the charity during the year.

3. Related Party Transactions

There were no disclosable related party transactions during the period.

4. Restricted funds

	Brought forward	Income	Expenses	Carried forward
Homeless training support	-	5,000.00	-	5,000.00
Premises	-	12,399.10	-	12,399.10
	-	-	-	-
Total restricted funds	-	17,399.10	-	17,399.10

The Homeless training support fund includes monies given to provide training to those who are homeless, or living in temporary accommodation, in our community.

As we work to secure a more permanent base of operations, donations have been raised towards future premises costs and these are held in the Premises fund.