

BEDSIDE KOSHER

England & Wales · Charity number 1191280

Details

Status Registered

Legal form CIO

Registered 2020-09-14

Register [View on the Charity Commission register](#)

Contact

Address 77 Heron Drive
London
N4 2FS

Phone 02039886906

Email info@bedsidekosher.co.uk

Website www.bedsidekosher.co.uk

Activities

Objects: THE ADVANCEMENT OF THE ORTHODOX JEWISH FAITH FOR THE PUBLIC BENEFIT BY ENABLING JEWISH PEOPLE WHO ARE PATIENTS IN HOSPITAL TO OBSERVE THE REQUIREMENTS OF THEIR FAITH THROUGH THE PROVISION OF FRESH KOSHER FOOD.

Activities: THE ADVANCEMENT OF THE ORTHODOX JEWISH FAITH FOR THE PUBLIC BENEFIT BY ENABLING JEWISH PEOPLE WHO ARE PATIENTS IN HOSPITAL TO OBSERVE THE REQUIREMENTS OF THEIR FAITH THROUGH THE PROVISION OF FRESH KOSHER FOOD. THE CHARITY ALSO AIMS TO ADVOCATE FOR IMPROVED QUALITY OF CHOICE FOR PATIENTS WHO FOLLOW A KOSHER DIET, AND INSPIRE GOODNESS THROUGH PROACTIVE VOLUNTEERING IN THE COMMUNITY.

Classification

- **How:** Provides Services
- **What:** The Advancement Of Health Or Saving Of Lives, Disability
- **Who:** Children/young People, Elderly/old People, People With Disabilities, People Of A Particular Ethnic Or Racial Origin, The General Public/mankind

Geography

- Throughout London

Finances

Period end	Income	Expenditure	Assets	Employees
2024-10-31	£33,467	£35,166	-	-
2023-10-31	£9,606	£7,949	-	-
2022-10-31	£251,090	£120,326	-	-
2021-10-31	£538,575	£664,882	£-126,307	0

Trustees

Name	Role	Appointed
Aron Feferkorn	Chair	2020-09-14
Goldie Feferkorn		2020-09-14
LEVI SCHAPIRO		2020-09-14

BEDSIDE KOSHER

England & Wales - Charity number 1191280

Accounts

Bedside Kosher
Unaudited Financial Statements
31 October 2024

BRINDLEY GOLDSTEIN LIMITED

Chartered accountants
103 High Street
Waltham Cross
Herts
EN8 7AN

Bedside Kosher

Financial Statements

Year ended 31 October 2024

	Page
Trustees' annual report	1
Independent examiner's report to the trustees	6
Statement of financial activities	7
Statement of financial position	8
Statement of cash flows	9
Notes to the financial statements	10
The following pages do not form part of the financial statements	
Detailed statement of financial activities	18
Notes to the detailed statement of financial activities	19

Bedside Kosher

Trustees' Annual Report

Year ended 31 October 2024

The trustees present their report and the unaudited financial statements of the charity for the year ended 31 October 2024.

Reference and administrative details

Registered charity name Bedside Kosher

Charity registration number 1191280

Principal office 77 Heron Drive
London
N4 2FS

The trustees

A. Feferkorn
G. Feferkorn
L. Schapiro

Independent examiner Charles Goldstein
103 High Street
Waltham Cross
Herts
EN8 7AN

Structure, governance and management

The charity is controlled by its constitution and is a Charitable Incorporated Organisation.

Recruitment and appointment of new trustees

It is not currently the intention of the trustees of the charity to appoint new trustees. Should this situation change in the future, the trustees will apply suitable recruitment and training procedures.

Induction and training of new trustees

The charity trustees periodically review and consider possible training requirements to best suit the charity's objectives.

Risk management

The trustees have a duty to identify and review the risks to which the charity is exposed and to ensure appropriate controls are in place to provide reasonable assurance against fraud and error.

Bedside Kosher

Trustees' Annual Report *(continued)*

Year ended 31 October 2024

Objectives and activities

Our strategic goals:

Four strategic goals will determine our programmes of work over the next three years. Our commitment to embedding impact practice in our work will provide a framework by which we can judge our success in their delivery. Each goal is supported by a series of outcomes which specifies the changes we want to see, our priorities for the next three years and how we will achieve them. Our strategy is underpinned by our Vision Mission and Values which drives all that we do.

How our strategy was developed:

Over the last year, we have asked the Jewish community to tell us about the challenges they face with regards to receiving Kosher meals during their stay in hospital. We have extensively assessed the current offering, which currently only consists of one Charity offering Frozen food service. We have compiled case studies of patients who were also given incorrect food, due to lack of staff awareness on the laws of Kashrut. We are working closely with NHS Trusts and community leaders to improve the overall offering of food options that are suitable for consumption under Jewish law.

There is a clear and urgent need to improve the quality of hospital Kosher food for Jewish patients and visitors, to make it healthier and more sustainable.

Unappealing food leads to higher levels of malnutrition and waste. Better hospital food leads to shorter hospital stays and healthier, happier patients and staff.

Incorrect food being offered to Jewish patients can be incredibly damaging to their mental health and can spiritually scar them for the rest of their life.

All of this information has helped steer the work of our staff produce this plan for our future.

Our Goals:

In order to work towards our Vision, Mission & Values, the following strategic goals will underpin everything we do until 2023.

Goal 1: To provide free fresh kosher meals, snacks and religious meals to Jewish patients, and their visitors, during their stay in hospital.

Goal 2: To provide Kashrut training to public health staff, including senior directorate, in line with Jewish law.

Goal 3: To campaign for a better Kosher food offered through the NHS, and challenge hospitals to update their current frozen food offering to a variety of fresh, nutritious meals.

Goal 4: To offer volunteering opportunities to the Jewish community and actively involve them in delivering our service, where hospitals do not provide our meals, but where there is still a need for our service.

Goal 1:

To provide free fresh kosher meals, snacks and religious meals to Jewish patients, and their visitors, during their stay in hospital.

We will achieve this by:

1. Having a fully operational hub to accept daily orders, prepare meals, update patients, take amendment requests, package food, label appropriately and answer queries every day (except during Shabbat and religious holidays)
2. Implementing systems in order to document requests, feedback, donations, and complaints
3. Recruiting volunteers to cook Kosher meals based on our menu and

Bedside Kosher

Trustees' Annual Report *(continued)*

Year ended 31 October 2024

deliver our service to hospitals in response to requests. 4. Developing a varied Kosher menu and work with hospital dieticians on suitable options for Jewish patients, including special foods for those who require meals in line with the IDDSI framework. 5. Opening up a hub in more locations to make our service more efficient by delivering meals quicker to different parts of the Southeast. 6. Expand our service to other areas of high Jewish populations (i.e Manchester, Leeds, Gateshead) 7. Operate a 24/7 telephone line for new requests. 8. Creating a fundraising strategy in order to continue our service. 9. Implementing policies and procedures to ensure we are complying with all necessary regulations.

We will measure our success by:

1. Sending out feedback forms with each meal, and monitoring our performance, as well as responding to feedback received.
2. Tracking the number of meals that are sent out each day.
3. Speaking with health care officials within the hospitals that we serve on feedback relating to our service.
4. Opening up income streams and successfully fundraiser to cover our costs and allow us to grow.
5. Number of volunteers recruited by the end of year 1

Goal 2:

To provide Kashrut training to public health staff, including senior directorate, in line with Jewish law.

We will achieve this by:

1. Offering free face-to-face or online training sessions to cover technical, regulatory and national Kosher requirements and their practical implementation.
2. Partnering with UK Kosher food authorities to ensure our training is current and up to date.
3. Giving clear instructions on how to prepare and handle our food in line with Kosher laws.
4. Providing instructions for any queries in relation to heating and handling, and who to contact within the hospital, as well as our numbers for organisation.

We will measure our success by:

1. Monitoring the number of complaints from Jewish patients and lowering the number of complaints from previous levels recorded.
2. Receiving feedback from NHS staff.

Goal 3:

To campaign for a better Kosher food offered through the NHS, and challenge hospitals to update their current frozen food offering to a variety of fresh, nutritious meals.

We will achieve this by:

1. Discussing the current offering with NHS trusts who have been providing defrosted-only Kosher food to patients and asking them to look at alternative suppliers including Bedside Kosher (via Hermolis & Co) to supply daily fresh kosher food and snacks - without increasing their expenditure.
2. By NHS hospitals offering suitable breakfasts, milk, hot drinks, religious meals and fresh meals - currently not available in any NHS hospital nationwide.
3. Working with the hospital food review 2020 committee on the current Kosher and cultural meal offering, and to offer our expertise including and implementing recommendations alongside theirs, for hospitals in relation to Jewish patients.
4. Advocating strongly on behalf of the Jewish community on the importance of keeping Kosher laws whilst in hospital and having a more varied menu to choose from.

We will measure our success by:

1. The number of hospitals who sign up for a full service of Fresh Kosher food deliveries, managed and subsidised by Bedside Kosher.
2. The number of hospitals who offer Fresh food and eliminate the need for patients to request meals via our volunteer-led delivery services.
3. Reducing the number of complaints Trusts receive from Jewish patients in relation to the current Kosher food offering.

Goal 4:

To offer volunteering opportunities to the Jewish community and actively involve them in delivering our service, where hospitals do not provide our meals, but where there is still a need for our service.

We will achieve this by:

Bedside Kosher

Trustees' Annual Report *(continued)*

Year ended 31 October 2024

1. Developing our volunteering team to manage volunteers, recruit people and to manage them effectively and in-line with our Volunteering policy. 2. Offering training to volunteers in order to deliver our service effectively and efficiently. 3. Involving Bedside Kosher in communal days, partnering with corporate companies for CSR days, parenting with other communal charities, and building longer-term relationships with them. 4. Offering different types of volunteering activities to keep our costs down. 5. Working with synagogues and communal bodies to partner for mutual benefitting the Jewish community in Britain.

We will measure our success by:

1. The number of volunteers signed up to our service after year 1.
2. ROI from involvement in communal activities.
3. Feedback from communal leaders and representatives.
4. The cost of our service reducing due to volunteers being involved in work areas that will cost us to maintain.
5. Having a regular presence in the community newspapers.
6. Being recognised by the community as the leaders within our field.

Public Benefit

The trustees confirm their compliance with the duty to have due regards to the Public Benefit guidance published by the Charity Commission when reviewing the Charity's aims and objectives and in planning future activities.

Achievements and performance

During the year under review, the charity received donations and grants amounting to £33,467 (2023: £9,606).

Financial review

The trustees are satisfied with the results for the year.

Reserves policy

The reserves policy is too ensure that there is a sufficient stream of income to meet the ongoing calls made on the charity including the possibility of providing capital assets for the needs of charitable institutions.

Going concern

Although the charity is in deficit, it will continue to be supported by interest free loans from key management personnel and companies related to key management personnel.

Plans for future periods

Looking ahead, we would like to expand our services to the social care sector and other health care providers within the Jewish community. We believe in dignity and respect to vulnerable Jewish people and we will continue to develop strategies to advocate on their behalf.

Bedside Kosher

Trustees' Annual Report *(continued)*

Year ended 31 October 2024

The trustees' annual report was approved on 12 August 2025 and signed on behalf of the board of trustees by:

A. Feferkorn
Trustee

Bedside Kosher

Independent Examiner's Report to the Trustees of Bedside Kosher

Year ended 31 October 2024

I report to the trustees on my examination of the financial statements of Bedside Kosher ('the charity') for the year ended 31 October 2024.

Responsibilities and basis of report

As the trustees of the charity you are responsible for the preparation of the financial statements in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the charity's financial statements carried out under section 145 of the 2011 Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the charity as required by section 130 of the Act; or
2. the financial statements do not accord with those records; or
3. the financial statements do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Charles Goldstein
Independent Examiner

103 High Street
Waltham Cross
Herts
EN8 7AN

12 August 2025

Bedside Kosher

Statement of Financial Activities

Year ended 31 October 2024

		2024		2023
	Note	Unrestricted funds £	Total funds £	Total funds £
Income and endowments				
Donations and legacies	4	33,467	33,467	9,606
Total income		<u>33,467</u>	<u>33,467</u>	<u>9,606</u>
Expenditure				
Expenditure on charitable activities	5,6	35,166	35,166	7,949
Total expenditure		<u>35,166</u>	<u>35,166</u>	<u>7,949</u>
Net (expenditure)/income and net movement in funds		<u>(1,699)</u>	<u>(1,699)</u>	<u>1,657</u>
Reconciliation of funds				
Total funds brought forward		6,114	6,114	4,457
Total funds carried forward		<u>4,415</u>	<u>4,415</u>	<u>6,114</u>

The statement of financial activities includes all gains and losses recognised in the year. All income and expenditure derive from continuing activities.

The notes on pages 10 to 16 form part of these financial statements.

Bedside Kosher

Statement of Financial Position

31 October 2024

	Note	2024 £	2023 £
Fixed assets			
Tangible fixed assets	11	1,943	3,888
Current assets			
Cash at bank and in hand		3,192	3,667
Creditors: amounts falling due within one year	12	720	1,441
Net current assets		<u>2,472</u>	<u>2,226</u>
Total assets less current liabilities		<u>4,415</u>	<u>6,114</u>
Net assets		<u>4,415</u>	<u>6,114</u>
Funds of the charity			
Unrestricted funds		<u>4,415</u>	<u>6,114</u>
Total charity funds	13	<u>4,415</u>	<u>6,114</u>

These financial statements were approved by the board of trustees and authorised for issue on 12 August 2025, and are signed on behalf of the board by:

A. Feferkorn
Trustee

The notes on pages 10 to 16 form part of these financial statements.

Bedside Kosher

Statement of Cash Flows

Year ended 31 October 2024

	2024	2023
	£	£
Cash flows from operating activities		
Net (expenditure)/income	(1,699)	1,657
<i>Adjustments for:</i>		
Depreciation of tangible fixed assets	1,945	1,945
Interest payable and similar charges	137	31
Accrued income	(720)	–
<i>Changes in:</i>		
Trade and other creditors	<u>(1)</u>	<u>–</u>
Cash generated from operations	(338)	3,633
Interest paid	<u>(137)</u>	<u>(31)</u>
Net cash (used in)/from operating activities	<u>(475)</u>	<u>3,602</u>
Net (decrease)/increase in cash and cash equivalents	(475)	3,602
Cash and cash equivalents at beginning of year	3,667	65
Cash and cash equivalents at end of year	<u>3,192</u>	<u>3,667</u>

The notes on pages 10 to 16 form part of these financial statements.

Bedside Kosher

Notes to the Financial Statements

Year ended 31 October 2024

1. General information

The charity is a public benefit entity and a registered charity in England and Wales and is unincorporated. The address of the principal office is 77 Heron Drive, London, N4 2FS.

2. Statement of compliance

These financial statements have been prepared in compliance with FRS 102, 'The Financial Reporting Standard applicable in the UK and the Republic of Ireland', the Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (Charities SORP (FRS 102)) and the Charities Act 2011.

3. Accounting policies

Basis of preparation

The financial statements have been prepared on the historical cost basis, as modified by the revaluation of certain financial assets and liabilities and investment properties measured at fair value through income or expenditure.

The financial statements are prepared in sterling, which is the functional currency of the entity.

Going concern

There are no material uncertainties about the charity's ability to continue.

Judgements and key sources of estimation uncertainty

There are no judgements and estimates.

Fund accounting

Unrestricted funds are available for use at the discretion of the trustees to further any of the charity's purposes.

Designated funds are unrestricted funds earmarked by the trustees for particular future project or commitment.

Restricted funds are subjected to restrictions on their expenditure declared by the donor or through the terms of an appeal and fall into one of two sub-classes: restricted income funds or endowment funds.

Bedside Kosher

Notes to the Financial Statements *(continued)*

Year ended 31 October 2024

3. Accounting policies *(continued)*

Incoming resources

All incoming resources are included in the statement of financial activities when entitlement has passed to the charity; it is probable that the economic benefits associated with the transaction will flow to the charity and the amount can be reliably measured. The following specific policies are applied to particular categories of income:

- income from donations or grants is recognised when there is evidence of entitlement to the gift, receipt is probable and its amount can be measured reliably.
- legacy income is recognised when receipt is probable and entitlement is established.
- income from donated goods is measured at the fair value of the goods unless this is impractical to measure reliably, in which case the value is derived from the cost to the donor or the estimated resale value. Donated facilities and services are recognised in the accounts when received if the value can be reliably measured. No amounts are included for the contribution of general volunteers.
- income from contracts for the supply of services is recognised with the delivery of the contracted service. This is classified as unrestricted funds unless there is a contractual requirement for it to be spent on a particular purpose and returned if unspent, in which case it may be regarded as restricted.

Resources expended

Expenditure is recognised on an accruals basis as a liability is incurred. Expenditure includes any VAT which cannot be fully recovered, and is classified under headings of the statement of financial activities to which it relates:

- expenditure on raising funds includes the costs of all fundraising activities, events, non-charitable trading activities, and the sale of donated goods.
- expenditure on charitable activities includes all costs incurred by a charity in undertaking activities that further its charitable aims for the benefit of its beneficiaries, including those support costs and costs relating to the governance of the charity apportioned to charitable activities.
- other expenditure includes all expenditure that is neither related to raising funds for the charity nor part of its expenditure on charitable activities.

All costs are allocated to expenditure categories reflecting the use of the resource. Direct costs attributable to a single activity are allocated directly to that activity. Shared costs are apportioned between the activities they contribute to on a reasonable, justifiable and consistent basis.

Tangible assets

Tangible assets are initially recorded at cost, and subsequently stated at cost less any accumulated depreciation and impairment losses. Any tangible assets carried at revalued amounts are recorded at the fair value at the date of revaluation less any subsequent accumulated depreciation and subsequent accumulated impairment losses.

Bedside Kosher

Notes to the Financial Statements *(continued)*

Year ended 31 October 2024

3. Accounting policies *(continued)*

Tangible assets *(continued)*

An increase in the carrying amount of an asset as a result of a revaluation, is recognised in other recognised gains and losses, unless it reverses a charge for impairment that has previously been recognised as expenditure within the statement of financial activities. A decrease in the carrying amount of an asset as a result of revaluation, is recognised in other recognised gains and losses, except to which it offsets any previous revaluation gain, in which case the loss is shown within other recognised gains and losses on the statement of financial activities.

Depreciation

Depreciation is calculated so as to write off the cost or valuation of an asset, less its residual value, over the useful economic life of that asset as follows:

Plant and machinery - 20% straight line

Bedside Kosher

Notes to the Financial Statements *(continued)*

Year ended 31 October 2024

4. Donations and legacies

	Unrestricted Funds £	Total Funds 2024 £	Unrestricted Funds £	Total Funds 2023 £
Donations				
Donations	33,467	33,467	9,606	9,606

5. Expenditure on charitable activities by fund type

	Unrestricted Funds £	Total Funds 2024 £	Unrestricted Funds £	Total Funds 2023 £
Charitable activities	34,446	34,446	7,949	7,949
Support costs	720	720	–	–
	<u>35,166</u>	<u>35,166</u>	<u>7,949</u>	<u>7,949</u>

Bedside Kosher

Notes to the Financial Statements *(continued)*

Year ended 31 October 2024

6. Expenditure on charitable activities by activity type

	Activities undertaken directly	Support costs	Total funds 2024	Total fund 2023
	£	£	£	£
Charitable activities	34,446	–	34,446	7,949
Governance costs	–	720	720	–
	<u>34,446</u>	<u>720</u>	<u>35,166</u>	<u>7,949</u>

7. Net (expenditure)/income

Net (expenditure)/income is stated after charging/(crediting):

	2024	2023
	£	£
Depreciation of tangible fixed assets	<u>1,945</u>	<u>1,945</u>

8. Independent examination fees

	2024	2023
	£	£
Fees payable to the independent examiner for: Independent examination of the financial statements	<u>720</u>	<u>–</u>

9. Staff costs

The average head count of employees during the year was Nil (2023: Nil).

No employee received employee benefits of more than £60,000 during the year (2023: Nil).

10. Trustee remuneration and expenses

There were no trustees' remuneration or other benefits during the year ended 31 October 2024.

There were no trustees' expenses paid for during the year ended 31 October 2024.

Bedside Kosher

Notes to the Financial Statements *(continued)*

Year ended 31 October 2024

11. Tangible fixed assets

	Plant and machinery £
Cost	
At 1 November 2023 and 31 October 2024	9,723
Depreciation	
At 1 November 2023	5,835
Charge for the year	1,945
At 31 October 2024	7,780
Carrying amount	
At 31 October 2024	1,943
At 31 October 2023	3,888

12. Creditors: amounts falling due within one year

	2024 £	2023 £
Trade creditors	–	1
Accruals and deferred income	720	1,440
	<u>720</u>	<u>1,441</u>

13. Analysis of charitable funds

Unrestricted funds

	At 1 November 2 023 £	Income £	Expenditure £	At 31 October 2 024 £
General funds	6,114	33,467	(35,166)	4,415

	At 1 November 2 022 £	Income £	Expenditure £	At 31 October 20 23 £
General funds	4,457	9,606	(7,949)	6,114

Bedside Kosher

Notes to the Financial Statements *(continued)*

Year ended 31 October 2024

14. Analysis of net assets between funds

	Unrestricted Funds £	Total Funds 2024 £
Tangible fixed assets	1,943	1,943
Current assets	3,192	3,192
Creditors less than 1 year	(720)	(720)
Net assets	<u>4,415</u>	<u>4,415</u>

	Unrestricted Funds £	Total Funds 2023 £
Tangible fixed assets	3,888	3,888
Current assets	3,667	3,667
Creditors less than 1 year	(1,441)	(1,441)
Net assets	<u>6,114</u>	<u>6,114</u>

15. Analysis of changes in net debt

	At 1 Nov 2023 £	Cash flows £	At 31 Oct 2024 £
Cash at bank and in hand	<u>3,667</u>	<u>(475)</u>	<u>3,192</u>

Bedside Kosher

Management Information

Year ended 31 October 2024

The following pages do not form part of the financial statements.

Bedside Kosher

Detailed Statement of Financial Activities

Year ended 31 October 2024

	2024	2023
	£	£
Income and endowments		
Donations and legacies		
Donations	33,467	9,606
	<u>33,467</u>	<u>9,606</u>
Total income	<u><u>33,467</u></u>	<u><u>9,606</u></u>
Expenditure		
Expenditure on charitable activities		
Cost of sales	13,931	1,861
Rent	7,710	–
Travel costs	–	1,271
Accountancy fees	720	–
Office costs	84	406
Depreciation	1,945	1,945
Bank charges	137	31
Advertising and promotion	9,917	892
Computer expenses	–	12
Dues and subscriptions	722	108
Postage and delivery	–	1,423
	<u>35,166</u>	<u>7,949</u>
Total expenditure	<u><u>35,166</u></u>	<u><u>7,949</u></u>
Net (expenditure)/income	<u><u>(1,699)</u></u>	<u><u>1,657</u></u>

Bedside Kosher

Notes to the Detailed Statement of Financial Activities

Year ended 31 October 2024

	2024	2023
	£	£
Expenditure on charitable activities		
Charitable activities		
<i>Activities undertaken directly</i>		
Direct charitable activity 1 - cost of sales	13,931	1,861
Direct charitable activity 1 - rent & rates	7,710	–
Direct charitable activity 1 - travel costs	–	1,271
Direct charitable activity 1 - office costs	84	406
Direct charitable activity 1 - depreciation	1,945	1,945
Direct charitable activity 1 - bank charges	137	31
Direct charitable activity 1 - advertising & promotion	9,917	892
Direct charitable activity 1 - computer expenses	–	12
Direct charitable activity 1 - dues & subscriptions	722	108
Direct charitable activity 1 - postage & delivery	–	1,423
	<u>34,446</u>	<u>7,949</u>
Governance costs		
Governance costs - accountancy fees	720	–
	<u>720</u>	<u>–</u>
Expenditure on charitable activities	<u><u>35,166</u></u>	<u><u>7,949</u></u>

BEDSIDE KOSHER

England & Wales - Charity number 1191280

Accounts

Bedside Kosher
Unaudited Financial Statements
31 October 2023

BRINDLEY GOLDSTEIN LIMITED

Chartered accountants
103 High Street
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EN8 7AN

Bedside Kosher

Financial Statements

Year ended 31 October 2023

	Page
Trustees' annual report	1
Chartered accountant's report to Bedside Kosher on the unaudited financial information	6
Statement of financial activities	7
Statement of financial position	8
Statement of cash flows	9
Notes to the financial statements	10
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Trustees' Annual Report

Year ended 31 October 2023

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Reference and administrative details

Registered charity name Bedside Kosher

Charity registration number 1191280

Principal office 77 Heron Drive
London
N4 2FS

The trustees

A. Feferkorn
G. Feferkorn
L. Schapiro

Accountants Brindley Goldstein Limited
Chartered accountants
103 High Street
Waltham Cross
EN8 7AN

Structure, governance and management

The charity is controlled by its constitution and is a Charitable Incorporated Organisation.

Recruitment and appointment of new trustees

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The charity trustees periodically review and consider possible training requirements to best suit the charity's objectives.

Risk management

The trustees have a duty to identify and review the risks to which the charity is exposed and to ensure appropriate controls are in place to provide reasonable assurance against fraud and error.

Bedside Kosher

Trustees' Annual Report *(continued)*

Year ended 31 October 2023

Objectives and activities

Our strategic goals:

Four strategic goals will determine our programmes of work over the next three years. Our commitment to embedding impact practice in our work will provide a framework by which we can judge our success in their delivery. Each goal is supported by a series of outcomes which specifies the changes we want to see, our priorities for the next three years and how we will achieve them. Our strategy is underpinned by our Vision Mission and Values which drives all that we do.

How our strategy was developed:

Over the last year, we have asked the Jewish community to tell us about the challenges they face with regards to receiving Kosher meals during their stay in hospital. We have extensively assessed the current offering, which currently only consists of one Charity offering Frozen food service. We have compiled case studies of patients who were also given incorrect food, due to lack of staff awareness on the laws of Kashrut. We are working closely with NHS Trusts and community leaders to improve the overall offering of food options that are suitable for consumption under Jewish law.

There is a clear and urgent need to improve the quality of hospital Kosher food for Jewish patients and visitors, to make it healthier and more sustainable.

Unappealing food leads to higher levels of malnutrition and waste. Better hospital food leads to shorter hospital stays and healthier, happier patients and staff.

Incorrect food being offered to Jewish patients can be incredibly damaging to their mental health and can spiritually scar them for the rest of their life.

All of this information has helped steer the work of our staff produce this plan for our future.

Our Goals:

In order to work towards our Vision, Mission & Values, the following strategic goals will underpin everything we do until 2023.

Goal 1: To provide free fresh kosher meals, snacks and religious meals to Jewish patients, and their visitors, during their stay in hospital.

Goal 2: To provide Kashrut training to public health staff, including senior directorate, in line with Jewish law.

Goal 3: To campaign for a better Kosher food offered through the NHS, and challenge hospitals to update their current frozen food offering to a variety of fresh, nutritious meals.

Goal 4: To offer volunteering opportunities to the Jewish community and actively involve them in delivering our service, where hospitals do not provide our meals, but where there is still a need for our service.

Goal 1:

To provide free fresh kosher meals, snacks and religious meals to Jewish patients, and their visitors, during their stay in hospital.

We will achieve this by:

1. Having a fully operational hub to accept daily orders, prepare meals, update patients, take amendment requests, package food, label appropriately and answer queries every day (except during Shabbat and religious holidays) 2. Implementing systems in order to document requests, feedback, donations, and complaints 3. Recruiting volunteers to cook Kosher meals based on our menu and

Bedside Kosher

Trustees' Annual Report *(continued)*

Year ended 31 October 2023

deliver our service to hospitals in response to requests. 4. Developing a varied Kosher menu and work with hospital dieticians on suitable options for Jewish patients, including special foods for those who require meals in line with the IDDSI framework. 5. Opening up a hub in more locations to make our service more efficient by delivering meals quicker to different parts of the Southeast. 6. Expand our service to other areas of high Jewish populations (i.e Manchester, Leeds, Gateshead) 7. Operate a 24/7 telephone line for new requests. 8. Creating a fundraising strategy in order to continue our service. 9. Implementing policies and procedures to ensure we are complying with all necessary regulations.

We will measure our success by:

1. Sending out feedback forms with each meal, and monitoring our performance, as well as responding to feedback received.
2. Tracking the number of meals that are sent out each day.
3. Speaking with health care officials within the hospitals that we serve on feedback relating to our service.
4. Opening up income streams and successfully fundraiser to cover our costs and allow us to grow.
5. Number of volunteers recruited by the end of year 1

Goal 2:

To provide Kashrut training to public health staff, including senior directorate, in line with Jewish law.

We will achieve this by:

1. Offering free face-to-face or online training sessions to cover technical, regulatory and national Kosher requirements and their practical implementation.
2. Partnering with UK Kosher food authorities to ensure our training is current and up to date.
3. Giving clear instructions on how to prepare and handle our food in line with Kosher laws.
4. Providing instructions for any queries in relation to heating and handling, and who to contact within the hospital, as well as our numbers for organisation.

We will measure our success by:

1. Monitoring the number of complaints from Jewish patients and lowering the number of complaints from previous levels recorded.
2. Receiving feedback from NHS staff.

Goal 3:

To campaign for a better Kosher food offered through the NHS, and challenge hospitals to update their current frozen food offering to a variety of fresh, nutritious meals.

We will achieve this by:

1. Discussing the current offering with NHS trusts who have been providing defrosted-only Kosher food to patients and asking them to look at alternative suppliers including Bedside Kosher (via Hermolis & Co) to supply daily fresh kosher food and snacks - without increasing their expenditure.
2. By NHS hospitals offering suitable breakfasts, milk, hot drinks, religious meals and fresh meals - currently not available in any NHS hospital nationwide.
3. Working with the hospital food review 2020 committee on the current Kosher and cultural meal offering, and to offer our expertise including and implementing recommendations alongside theirs, for hospitals in relation to Jewish patients.
4. Advocating strongly on behalf of the Jewish community on the importance of keeping Kosher laws whilst in hospital and having a more varied menu to choose from.

We will measure our success by:

1. The number of hospitals who sign up for a full service of Fresh Kosher food deliveries, managed and subsidised by Bedside Kosher.
2. The number of hospitals who offer Fresh food and eliminate the need for patients to request meals via our volunteer-led delivery services.
3. Reducing the number of complaints Trusts receive from Jewish patients in relation to the current Kosher food offering.

Goal 4:

To offer volunteering opportunities to the Jewish community and actively involve them in delivering our service, where hospitals do not provide our meals, but where there is still a need for our service.

We will achieve this by:

Bedside Kosher

Trustees' Annual Report *(continued)*

Year ended 31 October 2023

1. Developing our volunteering team to manage volunteers, recruit people and to manage them effectively and in-line with our Volunteering policy. 2. Offering training to volunteers in order to deliver our service effectively and efficiently. 3. Involving Bedside Kosher in communal days, partnering with corporate companies for CSR days, parenting with other communal charities, and building longer-term relationships with them. 4. Offering different types of volunteering activities to keep our costs down. 5. Working with synagogues and communal bodies to partner for mutual benefitting the Jewish community in Britain.

We will measure our success by:

1. The number of volunteers signed up to our service after year 1.
2. ROI from involvement in communal activities.
3. Feedback from communal leaders and representatives.
4. The cost of our service reducing due to volunteers being involved in work areas that will cost us to maintain.
5. Having a regular presence in the community newspapers.
6. Being recognised by the community as the leaders within our field.

Public Benefit

The trustees confirm their compliance with the duty to have due regards to the Public Benefit guidance published by the Charity Commission when reviewing the Charity's aims and objectives and in planning future activities.

Achievements and performance

During the year under review, the charity received donations and grants that amounted to £9,606 (2022: £171,275).

Financial review

The trustees are satisfied with the results for the year.

Reserves policy

The reserves policy is too ensure that there is a sufficient stream of income to meet the ongoing calls made on the charity including the possibility of providing capital assets for the needs of charitable institutions.

Going concern

Although the charity is in deficit, it will continue to be supported by interest free loans from key management personnel and companies related to key management personnel.

Plans for future periods

Looking ahead, we would like to expand our services to the social care sector and other health care providers within the Jewish community. We believe in dignity and respect to vulnerable Jewish people and we will continue to develop strategies to advocate on their behalf.

Bedside Kosher

Trustees' Annual Report *(continued)*

Year ended 31 October 2023

The trustees' annual report was approved on 20 August 2024 and signed on behalf of the board of trustees by:

A. Feferkorn
Trustee

Bedside Kosher

Chartered Accountant's Report to Bedside Kosher on the Unaudited Financial Information of Bedside Kosher

Year ended 31 October 2023

As described on the statement of financial position, the trustees of the charity are responsible for the preparation of the financial statements for the year ended 31 October 2023, which comprise the statement of financial activities, statement of financial position, statement of cash flows and the related notes.

You consider that the charity is exempt from an audit under the Charities Act 2011.

In accordance with your instructions we have compiled these financial statements in order to assist you to fulfil your statutory responsibilities, from the accounting records and from information and explanations supplied to us.

BRINDLEY GOLDSTEIN LIMITED
Chartered accountants

103 High Street
Waltham Cross
Herts
EN8 7AN

20 August 2024

Bedside Kosher

Statement of Financial Activities

Year ended 31 October 2023

		2023		2022
		Unrestricted	Total funds	Total funds
	Note	funds	£	£
		£	£	£
Income and endowments				
Donations and legacies	4	9,606	9,606	171,275
Other trading activities	5	–	–	78,019
Other income	6	–	–	1,796
Total income		<u>9,606</u>	<u>9,606</u>	<u>251,090</u>
Expenditure				
Expenditure on charitable activities	7,8	<u>7,949</u>	<u>7,949</u>	<u>120,326</u>
Total expenditure		<u>7,949</u>	<u>7,949</u>	<u>120,326</u>
Net income and net movement in funds		<u>1,657</u>	<u>1,657</u>	<u>130,764</u>
Reconciliation of funds				
Total funds brought forward		4,457	4,457	(126,307)
Total funds carried forward		<u>6,114</u>	<u>6,114</u>	<u>4,457</u>

The statement of financial activities includes all gains and losses recognised in the year. All income and expenditure derive from continuing activities.

The notes on pages 10 to 16 form part of these financial statements.

Bedside Kosher

Statement of Financial Position

31 October 2023

	Note	2023 £	2022 £
Fixed assets			
Tangible fixed assets	13	3,888	5,833
Current assets			
Cash at bank and in hand		3,667	65
Creditors: amounts falling due within one year	14	1,441	1,441
Net current assets		<u>2,226</u>	<u>(1,376)</u>
Total assets less current liabilities		<u>6,114</u>	<u>4,457</u>
Net assets		<u>6,114</u>	<u>4,457</u>
Funds of the charity			
Unrestricted funds		<u>6,114</u>	<u>4,457</u>
Total charity funds	15	<u>6,114</u>	<u>4,457</u>

These financial statements were approved by the board of trustees and authorised for issue on 20 August 2024, and are signed on behalf of the board by:

A. Feferkorn
Trustee

The notes on pages 10 to 16 form part of these financial statements.

Bedside Kosher

Statement of Cash Flows

Year ended 31 October 2023

	2023	2022
	£	£
Cash flows from operating activities		
Net income	1,657	130,764
<i>Adjustments for:</i>		
Depreciation of tangible fixed assets	1,945	1,945
Interest payable and similar charges	31	697
Accrued expenses	–	240
<i>Changes in:</i>		
Trade and other debtors	–	16,382
Trade and other creditors	–	(154,392)
Cash generated from operations	<u>3,633</u>	<u>(4,364)</u>
Interest paid	(31)	(697)
Net cash from/(used in) operating activities	<u>3,602</u>	<u>(5,061)</u>
Net increase/(decrease) in cash and cash equivalents	3,602	(5,061)
Cash and cash equivalents at beginning of year	65	5,126
Cash and cash equivalents at end of year	<u>3,667</u>	<u>65</u>

The notes on pages 10 to 16 form part of these financial statements.

Bedside Kosher

Notes to the Financial Statements

Year ended 31 October 2023

1. General information

The charity is a public benefit entity and a registered charity in England and Wales and is unincorporated. The address of the principal office is 77 Heron Drive, London, N4 2FS.

2. Statement of compliance

These financial statements have been prepared in compliance with FRS 102, 'The Financial Reporting Standard applicable in the UK and the Republic of Ireland', the Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (Charities SORP (FRS 102)) and the Charities Act 2011.

3. Accounting policies

Basis of preparation

The financial statements have been prepared on the historical cost basis, as modified by the revaluation of certain financial assets and liabilities and investment properties measured at fair value through income or expenditure.

The financial statements are prepared in sterling, which is the functional currency of the entity.

Going concern

There are no material uncertainties about the charity's ability to continue.

Judgements and key sources of estimation uncertainty

There are no judgements and estimates.

Fund accounting

Unrestricted funds are available for use at the discretion of the trustees to further any of the charity's purposes.

Designated funds are unrestricted funds earmarked by the trustees for particular future project or commitment.

Restricted funds are subjected to restrictions on their expenditure declared by the donor or through the terms of an appeal and fall into one of two sub-classes: restricted income funds or endowment funds.

Bedside Kosher

Notes to the Financial Statements *(continued)*

Year ended 31 October 2023

3. Accounting policies *(continued)*

Incoming resources

All incoming resources are included in the statement of financial activities when entitlement has passed to the charity; it is probable that the economic benefits associated with the transaction will flow to the charity and the amount can be reliably measured. The following specific policies are applied to particular categories of income:

- income from donations or grants is recognised when there is evidence of entitlement to the gift, receipt is probable and its amount can be measured reliably.
- legacy income is recognised when receipt is probable and entitlement is established.
- income from donated goods is measured at the fair value of the goods unless this is impractical to measure reliably, in which case the value is derived from the cost to the donor or the estimated resale value. Donated facilities and services are recognised in the accounts when received if the value can be reliably measured. No amounts are included for the contribution of general volunteers.
- income from contracts for the supply of services is recognised with the delivery of the contracted service. This is classified as unrestricted funds unless there is a contractual requirement for it to be spent on a particular purpose and returned if unspent, in which case it may be regarded as restricted.

Resources expended

Expenditure is recognised on an accruals basis as a liability is incurred. Expenditure includes any VAT which cannot be fully recovered, and is classified under headings of the statement of financial activities to which it relates:

- expenditure on raising funds includes the costs of all fundraising activities, events, non-charitable trading activities, and the sale of donated goods.
- expenditure on charitable activities includes all costs incurred by a charity in undertaking activities that further its charitable aims for the benefit of its beneficiaries, including those support costs and costs relating to the governance of the charity apportioned to charitable activities.
- other expenditure includes all expenditure that is neither related to raising funds for the charity nor part of its expenditure on charitable activities.

All costs are allocated to expenditure categories reflecting the use of the resource. Direct costs attributable to a single activity are allocated directly to that activity. Shared costs are apportioned between the activities they contribute to on a reasonable, justifiable and consistent basis.

Tangible assets

Tangible assets are initially recorded at cost, and subsequently stated at cost less any accumulated depreciation and impairment losses. Any tangible assets carried at revalued amounts are recorded at the fair value at the date of revaluation less any subsequent accumulated depreciation and subsequent accumulated impairment losses.

Bedside Kosher

Notes to the Financial Statements *(continued)*

Year ended 31 October 2023

3. Accounting policies *(continued)*

Tangible assets *(continued)*

An increase in the carrying amount of an asset as a result of a revaluation, is recognised in other recognised gains and losses, unless it reverses a charge for impairment that has previously been recognised as expenditure within the statement of financial activities. A decrease in the carrying amount of an asset as a result of revaluation, is recognised in other recognised gains and losses, except to which it offsets any previous revaluation gain, in which case the loss is shown within other recognised gains and losses on the statement of financial activities.

Depreciation

Depreciation is calculated so as to write off the cost or valuation of an asset, less its residual value, over the useful economic life of that asset as follows:

Plant and machinery - 20% straight line

Bedside Kosher

Notes to the Financial Statements *(continued)*

Year ended 31 October 2023

4. Donations and legacies

	Unrestricted Funds £	Total Funds 2023 £	Unrestricted Funds £	Total Funds 2022 £
Donations				
Donations	9,606	9,606	171,275	171,275

5. Other trading activities

	Unrestricted Funds £	Total Funds 2023 £	Unrestricted Funds £	Total Funds 2022 £
Sales	–	–	78,019	78,019

6. Other income

	Unrestricted Funds £	Total Funds 2023 £	Unrestricted Funds £	Total Funds 2022 £
Gift aid income	–	–	1,796	1,796

Bedside Kosher

Notes to the Financial Statements *(continued)*

Year ended 31 October 2023

7. Expenditure on charitable activities by fund type

	Unrestricted Funds £	Total Funds 2023 £	Unrestricted Funds £	Total Funds 2022 £
Charitable activities	7,949	7,949	118,886	118,886
Support costs	—	—	1,440	1,440
	<u>7,949</u>	<u>7,949</u>	<u>120,326</u>	<u>120,326</u>

8. Expenditure on charitable activities by activity type

	Activities undertaken directly £	Total funds 2023 £	Total fund 2022 £
Charitable activities	7,949	7,949	118,886
Governance costs	—	—	1,440
	<u>7,949</u>	<u>7,949</u>	<u>120,326</u>

9. Net income

Net income is stated after charging/(crediting):

	2023 £	2022 £
Depreciation of tangible fixed assets	<u>1,945</u>	<u>1,945</u>

10. Independent examination fees

	2023 £	2022 £
Fees payable to the independent examiner for: Independent examination of the financial statements	<u>—</u>	<u>1,440</u>

11. Staff costs

The average head count of employees during the year was Nil (2022: Nil).

No employee received employee benefits of more than £60,000 during the year (2022: Nil).

12. Trustee remuneration and expenses

There were no trustees' remuneration or other benefits during the year ended 31 October 2023.

There were no trustees' expenses paid for during the year ended 31 October 2023.

Bedside Kosher

Notes to the Financial Statements *(continued)*

Year ended 31 October 2023

13. Tangible fixed assets

	Plant and machinery £
Cost	
At 1 November 2022 and 31 October 2023	9,723
Depreciation	
At 1 November 2022	3,890
Charge for the year	1,945
At 31 October 2023	<u>5,835</u>
Carrying amount	
At 31 October 2023	<u>3,888</u>
At 31 October 2022	<u>5,833</u>

14. Creditors: amounts falling due within one year

	2023 £	2022 £
Trade creditors	1	1
Accruals and deferred income	1,440	1,440
	<u>1,441</u>	<u>1,441</u>

15. Analysis of charitable funds

Unrestricted funds

	At 1 November 2 022 £	Income £	Expenditure £	At 31 October 2 023 £
General funds	<u>4,457</u>	<u>9,606</u>	<u>(7,949)</u>	<u>6,114</u>

	At 1 November 2 021 £	Income £	Expenditure £	At 31 October 20 22 £
General funds	<u>(126,307)</u>	<u>251,090</u>	<u>(120,326)</u>	<u>4,457</u>

Bedside Kosher

Notes to the Financial Statements *(continued)*

Year ended 31 October 2023

16. Analysis of net assets between funds

	Unrestricted Funds £	Total Funds 2023 £
Tangible fixed assets	3,888	3,888
Current assets	3,667	3,667
Creditors less than 1 year	(1,441)	(1,441)
Net assets	<u>6,114</u>	<u>6,114</u>

	Unrestricted Funds £	Total Funds 2022 £
Tangible fixed assets	5,833	5,833
Current assets	65	65
Creditors less than 1 year	(1,441)	(1,441)
Net assets	<u>4,457</u>	<u>4,457</u>

17. Analysis of changes in net debt

	At 1 Nov 2022 £	Cash flows £	At 31 Oct 2023 £
Cash at bank and in hand	<u>65</u>	<u>3,602</u>	<u>3,667</u>

Bedside Kosher

Management Information

Year ended 31 October 2023

The following pages do not form part of the financial statements.

Bedside Kosher

Detailed Statement of Financial Activities

Year ended 31 October 2023

	2023 £	2022 £
Income and endowments		
Donations and legacies		
Donations	9,606	171,275
	<u> </u>	<u> </u>
Other trading activities		
Sales	–	78,019
	<u> </u>	<u> </u>
Other income		
Gift aid income	–	1,796
	<u> </u>	<u> </u>
Total income	<u>9,606</u>	<u>251,090</u>
	<u> </u>	<u> </u>
Expenditure		
Expenditure on charitable activities		
Cost of sales	1,861	85,928
Rent	–	9,000
Travel costs	1,271	2,652
Legal and professional fees	–	1,440
Office costs	406	1,945
Depreciation	1,945	1,945
Bank charges	31	697
Advertising and promotion	892	13,258
Computer expenses	12	320
Dues and subscriptions	108	204
Postage and delivery	1,423	2,937
	<u>7,949</u>	<u>120,326</u>
	<u> </u>	<u> </u>
Total expenditure	<u>7,949</u>	<u>120,326</u>
	<u> </u>	<u> </u>
Net income	<u>1,657</u>	<u>130,764</u>
	<u> </u>	<u> </u>

Bedside Kosher

Notes to the Detailed Statement of Financial Activities

Year ended 31 October 2023

	2023	2022
	£	£
Expenditure on charitable activities		
Charitable activities		
<i>Activities undertaken directly</i>		
Direct charitable activity 1 - cost of sales	1,861	85,928
Direct charitable activity 1 - rent & rates	—	9,000
Direct charitable activity 1 - travel costs	1,271	2,652
Direct charitable activity 1 - office costs	406	1,945
Direct charitable activity 1 - depreciation	1,945	1,945
Direct charitable activity 1 - bank charges	31	697
Direct charitable activity 1 - advertising & promotion	892	13,258
Direct charitable activity 1 - computer expenses	12	320
Direct charitable activity 1 - dues & subscriptions	108	204
Direct charitable activity 1 - postage & delivery	1,423	2,937
	<u>7,949</u>	<u>118,886</u>
Governance costs		
Governance costs - accountancy fees	—	1,440
	<u>—</u>	<u>1,440</u>
Expenditure on charitable activities	<u><u>7,949</u></u>	<u><u>120,326</u></u>

BEDSIDE KOSHER

England & Wales - Charity number 1191280

Accounts

Bedside Kosher
Unaudited Financial Statements
31 October 2022

BRINDLEY GOLDSTEIN LIMITED

Chartered accountants
103 High Street
Waltham Cross
Herts
EN8 7AN

Bedside Kosher

Financial Statements

Year ended 31 October 2022

	Page
Trustees' annual report	1
Independent examiner's report to the trustees	6
Statement of financial activities	7
Statement of financial position	8
Statement of cash flows	9
Notes to the financial statements	10
The following pages do not form part of the financial statements	
Detailed statement of financial activities	18
Notes to the detailed statement of financial activities	19

Bedside Kosher

Trustees' Annual Report

Year ended 31 October 2022

The trustees present their report and the unaudited financial statements of the charity for the year ended 31 October 2022.

Reference and administrative details

Registered charity name Bedside Kosher

Charity registration number 1191280

Principal office 77 Heron Drive
London
N4 2FS

The trustees

A. Feferkorn
G. Feferkorn
L. Schapiro

Independent examiner Charles Goldstein
103 High Street
Waltham Cross
Herts
EN8 7AN

Structure, governance and management

The charity is controlled by its constitution and is a Charitable Incorporated Organisation.

Recruitment and appointment of new trustees

It is not currently the intention of the trustees of the charity to appoint new trustees. Should this situation change in the future, the trustees will apply suitable recruitment and training procedures.

Induction and training of new trustees

The charity trustees periodically review and consider possible training requirements to best suit the charity's objectives.

Risk management

The trustees have a duty to identify and review the risks to which the charity is exposed and to ensure appropriate controls are in place to provide reasonable assurance against fraud and error.

Bedside Kosher

Trustees' Annual Report *(continued)*

Year ended 31 October 2022

Objectives and activities

Our strategic goals:

Four strategic goals will determine our programmes of work over the next three years. Our commitment to embedding impact practice in our work will provide a framework by which we can judge our success in their delivery. Each goal is supported by a series of outcomes which specifies the changes we want to see, our priorities for the next three years and how we will achieve them. Our strategy is underpinned by our Vision Mission and Values which drives all that we do.

How our strategy was developed:

Over the last year, we have asked the Jewish community to tell us about the challenges they face with regards to receiving Kosher meals during their stay in hospital. We have extensively assessed the current offering, which currently only consists of one Charity offering Frozen food service. We have compiled case studies of patients who were also given incorrect food, due to lack of staff awareness on the laws of Kashrut. We are working closely with NHS Trusts and community leaders to improve the overall offering of food options that are suitable for consumption under Jewish law.

There is a clear and urgent need to improve the quality of hospital Kosher food for Jewish patients and visitors, to make it healthier and more sustainable.

Unappealing food leads to higher levels of malnutrition and waste. Better hospital food leads to shorter hospital stays and healthier, happier patients and staff.

Incorrect food being offered to Jewish patients can be incredibly damaging to their mental health and can spiritually scar them for the rest of their life.

All of this information has helped steer the work of our staff produce this plan for our future.

Our Goals:

In order to work towards our Vision, Mission & Values, the following strategic goals will underpin everything we do until 2023.

Goal 1: To provide free fresh kosher meals, snacks and religious meals to Jewish patients, and their visitors, during their stay in hospital.

Goal 2: To provide Kashrut training to public health staff, including senior directorate, in line with Jewish law.

Goal 3: To campaign for a better Kosher food offered through the NHS, and challenge hospitals to update their current frozen food offering to a variety of fresh, nutritious meals.

Goal 4: To offer volunteering opportunities to the Jewish community and actively involve them in delivering our service, where hospitals do not provide our meals, but where there is still a need for our service.

Goal 1:

To provide free fresh kosher meals, snacks and religious meals to Jewish patients, and their visitors, during their stay in hospital.

We will achieve this by:

1. Having a fully operational hub to accept daily orders, prepare meals, update patients, take amendment requests, package food, label appropriately and answer queries every day (except during Shabbat and religious holidays) 2. Implementing systems in order to document requests, feedback, donations, and complaints 3. Recruiting volunteers to cook Kosher meals based on our menu and

Bedside Kosher

Trustees' Annual Report *(continued)*

Year ended 31 October 2022

deliver our service to hospitals in response to requests. 4. Developing a varied Kosher menu and work with hospital dieticians on suitable options for Jewish patients, including special foods for those who require meals in line with the IDDSI framework. 5. Opening up a hub in more locations to make our service more efficient by delivering meals quicker to different parts of the Southeast. 6. Expand our service to other areas of high Jewish populations (i.e Manchester, Leeds, Gateshead) 7. Operate a 24/7 telephone line for new requests. 8. Creating a fundraising strategy in order to continue our service. 9. Implementing policies and procedures to ensure we are complying with all necessary regulations.

We will measure our success by:

1. Sending out feedback forms with each meal, and monitoring our performance, as well as responding to feedback received.
2. Tracking the number of meals that are sent out each day.
3. Speaking with health care officials within the hospitals that we serve on feedback relating to our service.
4. Opening up income streams and successfully fundraiser to cover our costs and allow us to grow.
5. Number of volunteers recruited by the end of year 1

Goal 2:

To provide Kashrut training to public health staff, including senior directorate, in line with Jewish law.

We will achieve this by:

1. Offering free face-to-face or online training sessions to cover technical, regulatory and national Kosher requirements and their practical implementation.
2. Partnering with UK Kosher food authorities to ensure our training is current and up to date.
3. Giving clear instructions on how to prepare and handle our food in line with Kosher laws.
4. Providing instructions for any queries in relation to heating and handling, and who to contact within the hospital, as well as our numbers for organisation.

We will measure our success by:

1. Monitoring the number of complaints from Jewish patients and lowering the number of complaints from previous levels recorded.
2. Receiving feedback from NHS staff.

Goal 3:

To campaign for a better Kosher food offered through the NHS, and challenge hospitals to update their current frozen food offering to a variety of fresh, nutritious meals.

We will achieve this by:

1. Discussing the current offering with NHS trusts who have been providing defrosted-only Kosher food to patients and asking them to look at alternative suppliers including Bedside Kosher (via Hermolis & Co) to supply daily fresh kosher food and snacks - without increasing their expenditure.
2. By NHS hospitals offering suitable breakfasts, milk, hot drinks, religious meals and fresh meals - currently not available in any NHS hospital nationwide.
3. Working with the hospital food review 2020 committee on the current Kosher and cultural meal offering, and to offer our expertise including and implementing recommendations alongside theirs, for hospitals in relation to Jewish patients.
4. Advocating strongly on behalf of the Jewish community on the importance of keeping Kosher laws whilst in hospital and having a more varied menu to choose from.

We will measure our success by:

1. The number of hospitals who sign up for a full service of Fresh Kosher food deliveries, managed and subsidised by Bedside Kosher.
2. The number of hospitals who offer Fresh food and eliminate the need for patients to request meals via our volunteer-led delivery services.
3. Reducing the number of complaints Trusts receive from Jewish patients in relation to the current Kosher food offering.

Goal 4:

To offer volunteering opportunities to the Jewish community and actively involve them in delivering our service, where hospitals do not provide our meals, but where there is still a need for our service.

We will achieve this by:

Bedside Kosher

Trustees' Annual Report *(continued)*

Year ended 31 October 2022

1. Developing our volunteering team to manage volunteers, recruit people and to manage them effectively and in-line with our Volunteering policy. 2. Offering training to volunteers in order to deliver our service effectively and efficiently. 3. Involving Bedside Kosher in communal days, partnering with corporate companies for CSR days, parenting with other communal charities, and building longer-term relationships with them. 4. Offering different types of volunteering activities to keep our costs down. 5. Working with synagogues and communal bodies to partner for mutual benefitting the Jewish community in Britain.

We will measure our success by:

1. The number of volunteers signed up to our service after year 1.
2. ROI from involvement in communal activities.
3. Feedback from communal leaders and representatives.
4. The cost of our service reducing due to volunteers being involved in work areas that will cost us to maintain.
5. Having a regular presence in the community newspapers.
6. Being recognised by the community as the leaders within our field.

Public Benefit

The trustees confirm their compliance with the duty to have due regards to the Public Benefit guidance published by the Charity Commission when reviewing the Charity's aims and objectives and in planning future activities.

Achievements and performance

During the year under review, the charity received donations and grants that amounted to £171,275 (2021: £409,845).

Financial review

The trustees are satisfied with the results for the year.

Reserves policy

The reserves policy is too ensure that there is a sufficient stream of income to meet the ongoing calls made on the charity including the possibility of providing capital assets for the needs of charitable institutions.

Going concern

Although the charity is in deficit, it will continue to be supported by interest free loans from key management personnel and companies related to key management personnel.

Plans for future periods

Looking ahead, we would like to expand our services to the social care sector and other health care providers within the Jewish community. We believe in dignity and respect to vulnerable Jewish people and we will continue to develop strategies to advocate on their behalf.

Bedside Kosher

Trustees' Annual Report *(continued)*

Year ended 31 October 2022

The trustees' annual report was approved on 30 July 2024 and signed on behalf of the board of trustees by:

A. Feferkorn
Trustee

Bedside Kosher

Independent Examiner's Report to the Trustees of Bedside Kosher

Year ended 31 October 2022

I report to the trustees on my examination of the financial statements of Bedside Kosher ('the charity') for the year ended 31 October 2022.

Responsibilities and basis of report

As the trustees of the charity you are responsible for the preparation of the financial statements in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the charity's financial statements carried out under section 145 of the 2011 Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

Since the charity's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member of the Institute of Chartered Accountants in England and Wales (ICAEW), which is one of the listed bodies.

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the charity as required by section 130 of the Act; or
2. the financial statements do not accord with those records; or
3. the financial statements do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Charles Goldstein
Independent Examiner

103 High Street
Waltham Cross
Herts
EN8 7AN

30 July 2024

Bedside Kosher

Statement of Financial Activities

Year ended 31 October 2022

		2022		2021
	Note	Unrestricted funds £	Total funds £	Total funds £
Income and endowments				
Donations and legacies	4	171,275	171,275	409,845
Other trading activities	5	78,019	78,019	128,729
Other income	6	1,796	1,796	–
Total income		<u>251,090</u>	<u>251,090</u>	<u>538,574</u>
Expenditure				
Expenditure on charitable activities	7,8	<u>120,326</u>	<u>120,326</u>	<u>664,881</u>
Total expenditure		<u>120,326</u>	<u>120,326</u>	<u>664,881</u>
Net income/(expenditure) and net movement in funds		<u>130,764</u>	<u>130,764</u>	<u>(126,307)</u>
Reconciliation of funds				
Total funds brought forward		(126,307)	(126,307)	–
Total funds carried forward		<u>4,457</u>	<u>4,457</u>	<u>(126,307)</u>

The statement of financial activities includes all gains and losses recognised in the year. All income and expenditure derive from continuing activities.

The notes on pages 10 to 16 form part of these financial statements.

Bedside Kosher

Statement of Financial Position

31 October 2022

	Note	2022 £	2021 £
Fixed assets			
Tangible fixed assets	13	5,833	7,778
Current assets			
Debtors	14	–	16,382
Cash at bank and in hand		65	5,126
		<u>65</u>	<u>21,508</u>
Creditors: amounts falling due within one year	15	<u>1,441</u>	<u>155,593</u>
Net current liabilities		<u>1,376</u>	<u>134,085</u>
Total assets less current liabilities		<u>4,457</u>	<u>(126,307)</u>
Net assets		<u>4,457</u>	<u>(126,307)</u>
Funds of the charity			
Unrestricted funds		<u>4,457</u>	<u>(126,307)</u>
Total charity funds	16	<u>4,457</u>	<u>(126,307)</u>

These financial statements were approved by the board of trustees and authorised for issue on 30 July 2024, and are signed on behalf of the board by:

A. Feferkorn
Trustee

The notes on pages 10 to 16 form part of these financial statements.

Bedside Kosher

Statement of Cash Flows

Year ended 31 October 2022

	2022	2021
	£	£
Cash flows from operating activities		
Net income/(expenditure)	130,764	(126,307)
<i>Adjustments for:</i>		
Depreciation of tangible fixed assets	1,945	1,945
Interest payable and similar charges	697	539
Accrued expenses	240	1,200
<i>Changes in:</i>		
Trade and other debtors	16,382	(16,382)
Trade and other creditors	(154,392)	154,393
Cash generated from operations	(4,364)	15,388
Interest paid	(697)	(539)
Net cash (used in)/from operating activities	<u>(5,061)</u>	<u>14,849</u>
Cash flows from investing activities		
Purchase of tangible assets	—	(9,723)
Net cash used in investing activities	<u>—</u>	<u>(9,723)</u>
Net (decrease)/increase in cash and cash equivalents	(5,061)	5,126
Cash and cash equivalents at beginning of year	5,126	—
Cash and cash equivalents at end of year	<u>65</u>	<u>5,126</u>

The notes on pages 10 to 16 form part of these financial statements.

Bedside Kosher

Notes to the Financial Statements

Year ended 31 October 2022

1. General information

The charity is a public benefit entity and a registered charity in England and Wales and is unincorporated. The address of the principal office is 77 Heron Drive, London, N4 2FS.

2. Statement of compliance

These financial statements have been prepared in compliance with FRS 102, 'The Financial Reporting Standard applicable in the UK and the Republic of Ireland', the Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (Charities SORP (FRS 102)) and the Charities Act 2011.

3. Accounting policies

Basis of preparation

The financial statements have been prepared on the historical cost basis, as modified by the revaluation of certain financial assets and liabilities and investment properties measured at fair value through income or expenditure.

The financial statements are prepared in sterling, which is the functional currency of the entity.

Going concern

There are no material uncertainties about the charity's ability to continue.

Judgements and key sources of estimation uncertainty

There are no judgements and estimates.

Fund accounting

Unrestricted funds are available for use at the discretion of the trustees to further any of the charity's purposes.

Designated funds are unrestricted funds earmarked by the trustees for particular future project or commitment.

Restricted funds are subjected to restrictions on their expenditure declared by the donor or through the terms of an appeal, and fall into one of two sub-classes: restricted income funds or endowment funds.

Bedside Kosher

Notes to the Financial Statements *(continued)*

Year ended 31 October 2022

3. Accounting policies *(continued)*

Incoming resources

All incoming resources are included in the statement of financial activities when entitlement has passed to the charity; it is probable that the economic benefits associated with the transaction will flow to the charity and the amount can be reliably measured. The following specific policies are applied to particular categories of income:

- income from donations or grants is recognised when there is evidence of entitlement to the gift, receipt is probable and its amount can be measured reliably.
- legacy income is recognised when receipt is probable and entitlement is established.
- income from donated goods is measured at the fair value of the goods unless this is impractical to measure reliably, in which case the value is derived from the cost to the donor or the estimated resale value. Donated facilities and services are recognised in the accounts when received if the value can be reliably measured. No amounts are included for the contribution of general volunteers.
- income from contracts for the supply of services is recognised with the delivery of the contracted service. This is classified as unrestricted funds unless there is a contractual requirement for it to be spent on a particular purpose and returned if unspent, in which case it may be regarded as restricted.

Resources expended

Expenditure is recognised on an accruals basis as a liability is incurred. Expenditure includes any VAT which cannot be fully recovered, and is classified under headings of the statement of financial activities to which it relates:

- expenditure on raising funds includes the costs of all fundraising activities, events, non-charitable trading activities, and the sale of donated goods.
- expenditure on charitable activities includes all costs incurred by a charity in undertaking activities that further its charitable aims for the benefit of its beneficiaries, including those support costs and costs relating to the governance of the charity apportioned to charitable activities.
- other expenditure includes all expenditure that is neither related to raising funds for the charity nor part of its expenditure on charitable activities.

All costs are allocated to expenditure categories reflecting the use of the resource. Direct costs attributable to a single activity are allocated directly to that activity. Shared costs are apportioned between the activities they contribute to on a reasonable, justifiable and consistent basis.

Tangible assets

Tangible assets are initially recorded at cost, and subsequently stated at cost less any accumulated depreciation and impairment losses. Any tangible assets carried at revalued amounts are recorded at the fair value at the date of revaluation less any subsequent accumulated depreciation and subsequent accumulated impairment losses.

Bedside Kosher

Notes to the Financial Statements *(continued)*

Year ended 31 October 2022

3. Accounting policies *(continued)*

Tangible assets *(continued)*

An increase in the carrying amount of an asset as a result of a revaluation, is recognised in other recognised gains and losses, unless it reverses a charge for impairment that has previously been recognised as expenditure within the statement of financial activities. A decrease in the carrying amount of an asset as a result of revaluation, is recognised in other recognised gains and losses, except to which it offsets any previous revaluation gain, in which case the loss is shown within other recognised gains and losses on the statement of financial activities.

Depreciation

Depreciation is calculated so as to write off the cost or valuation of an asset, less its residual value, over the useful economic life of that asset as follows:

Plant and machinery - 20% straight line

Bedside Kosher

Notes to the Financial Statements *(continued)*

Year ended 31 October 2022

4. Donations and legacies

	Unrestricted Funds £	Total Funds 2022 £	Unrestricted Funds £	Total Funds 2021 £
Donations				
Donations	171,275	171,275	402,695	402,695
Grants				
Grants	–	–	7,150	7,150
	<u>171,275</u>	<u>171,275</u>	<u>409,845</u>	<u>409,845</u>

5. Other trading activities

	Unrestricted Funds £	Total Funds 2022 £	Unrestricted Funds £	Total Funds 2021 £
Sales	<u>78,019</u>	<u>78,019</u>	<u>128,729</u>	<u>128,729</u>

6. Other income

	Unrestricted Funds £	Total Funds 2022 £	Unrestricted Funds £	Total Funds 2021 £
Gift aid income	<u>1,796</u>	<u>1,796</u>	<u>–</u>	<u>–</u>

Bedside Kosher

Notes to the Financial Statements (continued)

Year ended 31 October 2022

7. Expenditure on charitable activities by fund type

	Unrestricted Funds £	Total Funds 2022 £	Unrestricted Funds £	Total Funds 2021 £
Charitable activities	118,886	118,886	663,682	663,682
Support costs	1,440	1,440	1,199	1,199
	<u>120,326</u>	<u>120,326</u>	<u>664,881</u>	<u>664,881</u>

8. Expenditure on charitable activities by activity type

	Activities undertaken directly £	Support costs £	Total funds 2022 £	Total fund 2021 £
Charitable activities	118,886	–	118,886	663,682
Governance costs	–	1,440	1,440	1,199
	<u>118,886</u>	<u>1,440</u>	<u>120,326</u>	<u>664,881</u>

9. Net income/(expenditure)

Net income/(expenditure) is stated after charging/(crediting):

	2022 £	2021 £
Depreciation of tangible fixed assets	<u>1,945</u>	<u>1,945</u>

10. Independent examination fees

	2022 £	2021 £
Fees payable to the independent examiner for: Independent examination of the financial statements	<u>1,440</u>	<u>1,200</u>

11. Staff costs

The total staff costs and employee benefits for the reporting period are analysed as follows:

	2022 £	2021 £
Wages and salaries	<u>–</u>	<u>34,374</u>

The average head count of employees during the year was Nil (2021: 2).

No employee received employee benefits of more than £60,000 during the year (2021: Nil).

12. Trustee remuneration and expenses

There were no trustees' remuneration or other benefits during the year ended 31 October 2022.

There were no trustees' expenses paid for during the year ended 31 October 2022.

Bedside Kosher

Notes to the Financial Statements *(continued)*

Year ended 31 October 2022

13. Tangible fixed assets

	Plant and machinery £
Cost	
At 1 November 2021 and 31 October 2022	9,723
Depreciation	
At 1 November 2021	1,945
Charge for the year	1,945
At 31 October 2022	<u>3,890</u>
Carrying amount	
At 31 October 2022	<u>5,833</u>
At 31 October 2021	<u>7,778</u>

14. Debtors

	2022 £	2021 £
Trade debtors	—	<u>16,382</u>

15. Creditors: amounts falling due within one year

	2022 £	2021 £
Trade creditors	1	96,322
Accruals and deferred income	1,440	1,200
Other creditors	—	<u>58,071</u>
	<u>1,441</u>	<u>155,593</u>

16. Analysis of charitable funds

Unrestricted funds

	At 1 November 2 021 £	Income £	Expenditure £	At 31 October 2 022 £
General funds	<u>(126,307)</u>	<u>251,090</u>	<u>(120,326)</u>	<u>4,457</u>

	At 1 November 2 020 £	Income £	Expenditure £	At 31 October 20 21 £
General funds	<u>—</u>	<u>538,574</u>	<u>(664,881)</u>	<u>(126,307)</u>

Bedside Kosher

Notes to the Financial Statements *(continued)*

Year ended 31 October 2022

17. Analysis of net assets between funds

	Unrestricted Funds £	Total Funds 2022 £
Tangible fixed assets	5,833	5,833
Current assets	65	65
Creditors less than 1 year	(1,441)	(1,441)
Net assets	<u>4,457</u>	<u>4,457</u>

	Unrestricted Funds £	Total Funds 2021 £
Tangible fixed assets	7,778	7,778
Current assets	21,508	21,508
Creditors less than 1 year	(155,593)	(155,593)
Net assets	<u>(126,307)</u>	<u>(126,307)</u>

18. Analysis of changes in net debt

	At 1 Nov 2021 £	Cash flows £	At 31 Oct 2022 £
Cash at bank and in hand	<u>5,126</u>	<u>(5,061)</u>	<u>65</u>

Bedside Kosher

Management Information

Year ended 31 October 2022

The following pages do not form part of the financial statements.

Bedside Kosher

Detailed Statement of Financial Activities

Year ended 31 October 2022

	2022	2021
	£	£
Income and endowments		
Donations and legacies		
Donations	171,275	402,695
Grants	–	7,150
	<u>171,275</u>	<u>409,845</u>
Other trading activities		
Sales	<u>78,019</u>	<u>128,729</u>
Other income		
Gift aid income	<u>1,796</u>	–
Total income	<u>251,090</u>	<u>538,574</u>
Expenditure		
Expenditure on charitable activities		
Cost of sales	85,928	391,392
Wages and salaries	–	34,374
Rent and rates	9,000	9,595
Repairs and maintenance	–	28,910
Travel costs	2,652	1,820
Legal and professional fees	1,440	2,190
Telephone	–	5,340
Office costs	1,945	53,062
Depreciation	1,945	1,945
Bank charges	697	539
Advertising and promotion	13,258	118,473
Computer expenses	320	5,058
Dues and subscriptions	204	–
Postage and delivery	2,937	12,183
	<u>120,326</u>	<u>664,881</u>
Total expenditure	<u>120,326</u>	<u>664,881</u>
Net income/(expenditure)	<u>130,764</u>	<u>(126,307)</u>

Bedside Kosher

Notes to the Detailed Statement of Financial Activities

Year ended 31 October 2022

	2022	2021
	£	£
Expenditure on charitable activities		
Charitable activities		
<i>Activities undertaken directly</i>		
Direct charitable activity 1 - cost of sales	85,928	391,392
Direct charitable activity 1 – wages & salaries	–	34,374
Direct charitable activity 1 - rent & rates	9,000	9,595
Direct charitable activity 1 - repairs & maintenance	–	28,910
Direct charitable activity 1 - travel costs	2,652	1,820
Direct charitable activity 1 - legal and professional fees	–	991
Direct charitable activity 1 - telephone	–	5,340
Direct charitable activity 1 - office costs	1,945	53,062
Direct charitable activity 1 - depreciation	1,945	1,945
Direct charitable activity 1 - bank charges	697	539
Direct charitable activity 1 - advertising & promotion	13,258	118,473
Direct charitable activity 1 - computer expenses	320	5,058
Direct charitable activity 1 - dues & subscriptions	204	–
Direct charitable activity 1 - postage & delivery	2,937	12,183
	<u>118,886</u>	<u>663,682</u>
Governance costs		
Governance costs - accountancy fees	1,440	1,199
	<u>120,326</u>	<u>664,881</u>
Expenditure on charitable activities	<u>120,326</u>	<u>664,881</u>

BEDSIDE KOSHER

England & Wales - Charity number 1191280

Accounts

**REPORT OF THE TRUSTEES AND
UNAUDITED FINANCIAL STATEMENTS
FOR THE PERIOD 14 SEPTEMBER 2020 TO 31 OCTOBER 2021
FOR
BEDSIDE KOSHER**

Venitt and Greaves
Chartered Accountants
115 Craven Park Road
South Tottenham
London
N15 6BL

BEDSIDE KOSHER

**CONTENTS OF THE FINANCIAL STATEMENTS
FOR THE PERIOD 14 SEPTEMBER 2020 TO 31 OCTOBER 2021**

	Page
Report of the Trustees	1 to 5
Independent Examiner's Report	6
Statement of Financial Activities	7
Balance Sheet	8
Cash Flow Statement	9
Notes to the Cash Flow Statement	10
Notes to the Financial Statements	11 to 14

BEDSIDE KOSHER

REPORT OF THE TRUSTEES FOR THE PERIOD 14 SEPTEMBER 2020 TO 31 OCTOBER 2021

The trustees present their report with the financial statements of the charity for the period 14 September 2020 to 31 October 2021. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

Bedside Kosher was set up to provide fresh Kosher meals, including Breakfast, Shabbos & Yom Tov meals, snacks, and child-friendly options for Jewish patients in hospital.

The NHS currently provides just two kosher meals a day from a limited menu, defrosted from a stock of frozen, long-life ready meals. We are unique in offering fresh and are working hard to improve the choices available for Jewish patients.

There is a clear and urgent need to improve the quality of kosher hospital food for Jewish patients and visitors, to make it healthier and more sustainable. We understand how a fresh, nutritious and familiar meal can improve a patient's mental well being and recovery chances and we will continue to advocate strongly on behalf of the Jewish community on the importance of keeping kosher laws whilst in hospital.

We work with the NHS to reimagine their cultural menu as part of a larger overhaul of the NHS approach to nutrition. There is work to be done, but we are leading the way in genuine change. Through our programme of work, we aim to challenge assumptions and create opportunities for policymakers and leaders of the health care system to think differently.

Our Values:

1. Responsiveness - We are open to new ideas, embrace change, and respond to the needs of the Jewish community, striving to include disadvantaged individuals. And, in particular, we view all beneficiaries as individuals with different needs and expectations and ensure that we maintain the "personal touch" in all our work.
2. Accountability - We take personal responsibility for using our service efficiently, achieving measurable results, and being accountable to supporters, partners and, most of all, beneficiaries.
3. Ambition - We are demanding of ourselves and our colleagues, set high goals and are committed to improving the quality of everything we do for our beneficiaries.
4. Collaboration - We respect and value each other, and work with communal partners to make a positive impact within the UK Jewish community.
5. Integrity - We aspire to live the highest standards of personal honesty and behaviour; we never compromise our reputation and always act in the best interests of our beneficiaries.
6. Sustainability - We are mindful of the environmental and ecological impact of our work and, in particular, the food we cook with and its impact on people.

BEDSIDE KOSHER

REPORT OF THE TRUSTEES FOR THE PERIOD 14 SEPTEMBER 2020 TO 31 OCTOBER 2021

OBJECTIVES AND ACTIVITIES

Objectives and aims

Our strategic goals:

Four strategic goals will determine our programmes of work over the next three years. Our commitment to embedding impact practice in our work will provide a framework by which we can judge our success in their delivery. Each goal is supported by a series of outcomes which specifies the changes we want to see, our priorities for the next three years and how we will achieve them. Our strategy is underpinned by our Vision Mission and Values which drives all that we do.

How our strategy was developed:

Over the last year, we have asked the Jewish community to tell us about the challenges they face with regards to receiving Kosher meals during their stay in hospital. We have extensively assessed the current offering, which currently only consists of one Charity offering Frozen food service. We have compiled case studies of patients who were also given incorrect food, due to lack of staff awareness on the laws of Kashrut. We are working closely with NHS Trusts and community leaders to improve the overall offering of food options that are suitable for consumption under Jewish law.

There is a clear and urgent need to improve the quality of hospital Kosher food for Jewish patients and visitors, to make it healthier and more sustainable.

Unappealing food leads to higher levels of malnutrition and waste. Better hospital food leads to shorter hospital stays and healthier, happier patients and staff.

Incorrect food being offered to Jewish patients can be incredibly damaging to their mental health and can spiritually scar them for the rest of their life.

All of this information has helped steer the work of our staff produce this plan for our future.

Our Goals:

In order to work towards our Vision, Mission & Values, the following strategic goals will underpin everything we do until 2023.

Goal 1: To provide free fresh kosher meals, snacks and religious meals to Jewish patients, and their visitors, during their stay in hospital.

Goal 2: To provide Kashrut training to public health staff, including senior directorate, in line with Jewish law.

Goal 3: To campaign for a better Kosher food offered through the NHS, and challenge hospitals to update their current frozen food offering to a variety of fresh, nutritious meals.

Goal 4: To offer volunteering opportunities to the Jewish community and actively involve them in delivering our service, where hospitals do not provide our meals, but where there is still a need for our service.

Goal 1:

To provide free fresh kosher meals, snacks and religious meals to Jewish patients, and their visitors, during their stay in hospital.

We will achieve this by:

1. Having a fully operational hub to accept daily orders, prepare meals, update patients, take amendment requests, package food, label appropriately and answer queries every day (except during Shabbat and religious holidays)
2. Implementing systems in order to document requests, feedback, donations, and complaints
3. Recruiting volunteers to cook Kosher meals based on our menu and deliver our service to hospitals in response to requests.
4. Developing a varied Kosher menu and work with hospital dieticians on suitable options for Jewish patients, including special foods for those who require meals in line with the IDDSI framework.
5. Opening up a hub in more locations to make our service more efficient by delivering meals quicker to different parts of the Southeast.
6. Expand our service to other areas of high Jewish populations (i.e Manchester, Leeds, Gateshead)
7. Operate a 24/7 telephone line for new requests.
8. Creating a fundraising strategy in order to continue our service.

BEDSIDE KOSHER

REPORT OF THE TRUSTEES FOR THE PERIOD 14 SEPTEMBER 2020 TO 31 OCTOBER 2021

9. Implementing policies and procedures to ensure we are complying with all necessary regulations.

We will measure our success by:

1. Sending out feedback forms with each meal, and monitoring our performance, as well as responding to feedback received.
2. Tracking the number of meals that are sent out each day.
3. Speaking with health care officials within the hospitals that we serve on feedback relating to our service.
4. Opening up income streams and successfully fundraiser to cover our costs and allow us to grow.
5. Number of volunteers recruited by the end of year 1

Goal 2:

To provide Kashrut training to public health staff, including senior directorate, in line with Jewish law.

We will achieve this by:

1. Offering free face-to-face or online training sessions to cover technical, regulatory and national Kosher requirements and their practical implementation.
2. Partnering with UK Kosher food authorities to ensure our training is current and up to date.
3. Giving clear instructions on how to prepare and handle our food in line with Kosher laws.
4. Providing instructions for any queries in relation to heating and handling, and who to contact within the hospital, as well as our numbers for organisation.

We will measure our success by:

1. Monitoring the number of complaints from Jewish patients and lowering the number of complaints from previous levels recorded.
2. Receiving feedback from NHS staff.

Goal 3:

To campaign for a better Kosher food offered through the NHS, and challenge hospitals to update their current frozen food offering to a variety of fresh, nutritious meals.

We will achieve this by:

1. Discussing the current offering with NHS trusts who have been providing defrosted-only Kosher food to patients and asking them to look at alternative suppliers including Bedside Kosher (via Hermolis & Co) to supply daily fresh kosher food and snacks - without increasing their expenditure.
2. By NHS hospitals offering suitable breakfasts, milk, hot drinks, religious meals and fresh meals - currently not available in any NHS hospital nationwide.
3. Working with the hospital food review 2020 committee on the current Kosher and cultural meal offering, and to offer our expertise including and implementing recommendations alongside theirs, for hospitals in relation to Jewish patients.
4. Advocating strongly on behalf of the Jewish community on the importance of keeping Kosher laws whilst in hospital and having a more varied menu to choose from.

We will measure our success by:

1. The number of hospitals who sign up for a full service of Fresh Kosher food deliveries, managed and subsidised by Bedside Kosher.
2. The number of hospitals who offer Fresh food and eliminate the need for patients to request meals via our volunteer-led delivery services.
3. Reducing the number of complaints Trusts receive from Jewish patients in relation to the current Kosher food offering.

Goal 4:

To offer volunteering opportunities to the Jewish community and actively involve them in delivering our service, where hospitals do not provide our meals, but where there is still a need for our service.

We will achieve this by:

1. Developing our volunteering team to manage volunteers, recruit people and to manage them effectively and in-line with our Volunteering policy.
2. Offering training to volunteers in order to deliver our service effectively and efficiently.
3. Involving Bedside Kosher in communal days, partnering with corporate companies for CSR days, parenting with other communal charities, and building longer-term relationships with them.

BEDSIDE KOSHER

REPORT OF THE TRUSTEES FOR THE PERIOD 14 SEPTEMBER 2020 TO 31 OCTOBER 2021

4. Offering different types of volunteering activities to keep our costs down.
5. Working with synagogues and communal bodies to partner for mutual benefitting the Jewish community in Britain.

We will measure our success by:

1. The number of volunteers signed up to our service after year 1.
2. ROI from involvement in communal activities.
3. Feedback from communal leaders and representatives.
4. The cost of our service reducing due to volunteers being involved in work areas that will cost us to maintain.
5. Having a regular presence in the community newspapers.
6. Being recognised by the community as the leaders within our field.

Public benefit

The trustees confirm their compliance with the duty to have due regards to the Public Benefit guidance published by the Charity Commission when reviewing the Charity's aims and objectives and in planning future activities.

ACHIEVEMENT AND PERFORMANCE

Charitable activities

In 2020/21, Bedside Kosher rapidly responded to the need of our community during the worst pandemic in living memory. With a strong network of volunteers, we delivered 70,000 meals during the pandemic, giving Jewish patients three fresh meals a day.

During the year under review the charity received donations and grants that amounted to £409,845.

FINANCIAL REVIEW

Financial position

The trustees are satisfied with the results for the period.

Reserves policy

The reserves policy is to ensure that there is a sufficient stream of income to meet the ongoing calls made on the charity including the possibility of providing capital assets for the needs of charitable institutions.

Going concern

Although the charity is in deficit it will continue to be supported by interest free loans from key management personnel and companies related to key management personnel.

FUTURE PLANS

Looking ahead, we would like to expand our services to the social care sector and other health care providers within the Jewish community. We believe in dignity and respect to vulnerable Jewish people, and we will continue to develop strategies to advocate on their behalf.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The charity is controlled by its constitution and is a Charitable Incorporated Organisation.

Recruitment and appointment of new trustees

It is not currently the intention of the trustees of the charity to appoint new trustees. Should this situation change in the future, the trustees will apply suitable recruitment and training procedures.

Induction and training of new trustees

The charity trustees periodically review and consider possible training requirements to best suit the charity's objectives.

Risk management

The trustees have a duty to identify and review the risks to which the charity is exposed and to ensure appropriate controls are in place to provide reasonable assurance against fraud and error.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Charity number

1191280

BEDSIDE KOSHER

**REPORT OF THE TRUSTEES
FOR THE PERIOD 14 SEPTEMBER 2020 TO 31 OCTOBER 2021**

Principal address

77 Heron Drive
London
N4 2FS

Trustees

A Feferkorn (appointed 14.9.20)
Mrs G Feferkorn (appointed 14.9.20)
L Y Schapiro (appointed 14.9.20)

Independent Examiner

M A Venitt
ACA
Venitt and Greaves
Chartered Accountants
115 Craven Park Road
South Tottenham
London
N15 6BL

Approved by order of the board of trustees on 25 May 2022 and signed on its behalf by:

L Y Schapiro - Trustee

**INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF
BEDSIDE KOSHER**

Independent examiner's report to the trustees of Bedside Kosher

I report to the charity trustees on my examination of the accounts of Bedside Kosher (the Trust) for the period 14 September 2020 to 31 October 2021.

Responsibilities and basis of report

As the charity trustees of the Trust you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the Trust's accounts carried out under section 145 of the Act and in carrying out my examination I have followed all applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

Since your charity's gross income exceeded £250,000 your examiner must be a member of a listed body. I can confirm that I am qualified to undertake the examination because I am a registered member of ACA which is one of the listed bodies.

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the Trust as required by section 130 of the Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

M A Venitt
ACA
Venitt and Greaves
Chartered Accountants
115 Craven Park Road
South Tottenham
London
N15 6BL

25 May 2022

BEDSIDE KOSHER

**STATEMENT OF FINANCIAL ACTIVITIES
FOR THE PERIOD 14 SEPTEMBER 2020 TO 31 OCTOBER 2021**

	Notes	Unrestricted fund £
INCOME AND ENDOWMENTS FROM		
Donations and legacies	2	409,845
Other trading activities	3	128,730
Total		<u>538,575</u>
EXPENDITURE ON		
Charitable activities	4	
Charitable activities		661,424
Other		3,458
Total		<u>664,882</u>
NET INCOME/(EXPENDITURE)		<u>(126,307)</u>
TOTAL FUNDS CARRIED FORWARD		<u><u>(126,307)</u></u>

The notes form part of these financial statements

BEDSIDE KOSHER**BALANCE SHEET
31 OCTOBER 2021**

	Notes	Unrestricted fund £
FIXED ASSETS		
Tangible assets	8	7,778
CURRENT ASSETS		
Debtors	9	16,382
Cash at bank and in hand		5,126
		<u>21,508</u>
CREDITORS		
Amounts falling due within one year	10	(155,593)
		<u>(134,085)</u>
NET CURRENT ASSETS/(LIABILITIES)		
		(126,307)
TOTAL ASSETS LESS CURRENT LIABILITIES		<u>(126,307)</u>
NET ASSETS		<u>(126,307)</u>
FUNDS	11	
Unrestricted funds		(126,307)
TOTAL FUNDS		<u>(126,307)</u>

The financial statements were approved by the Board of Trustees and authorised for issue on 25 May 2022 and were signed on its behalf by:

L Y Schapiro - Trustee

A Feferkorn - Trustee

G Feferkorn - Trustee

The notes form part of these financial statements

BEDSIDE KOSHER

**CASH FLOW STATEMENT
FOR THE PERIOD 14 SEPTEMBER 2020 TO 31 OCTOBER 2021**

	Notes	£
Cash flows from operating activities		
Cash generated from operations	1	<u>14,849</u>
Net cash provided by operating activities		<u>14,849</u>
Cash flows from investing activities		
Purchase of tangible fixed assets		<u>(9,723)</u>
Net cash (used in)/provided by investing activities		<u>(9,723)</u>
Change in cash and cash equivalents in the reporting period		<u>5,126</u>
Cash and cash equivalents at the beginning of the reporting period		<u>-</u>
Cash and cash equivalents at the end of the reporting period		<u><u>5,126</u></u>

The notes form part of these financial statements

BEDSIDE KOSHER

**NOTES TO THE CASH FLOW STATEMENT
FOR THE PERIOD 14 SEPTEMBER 2020 TO 31 OCTOBER 2021**

1. RECONCILIATION OF NET EXPENDITURE TO NET CASH FLOW FROM OPERATING ACTIVITIES

	£
Net expenditure for the reporting period (as per the Statement of Financial Activities)	(126,307)
Adjustments for:	
Depreciation charges	1,945
Increase in debtors	(16,382)
Increase in creditors	155,593
Net cash provided by operations	<u>14,849</u>

2. ANALYSIS OF CHANGES IN NET FUNDS

	At 14.9.20 £	Cash flow £	At 31.10.21 £
Net cash			
Cash at bank and in hand	-	5,126	5,126
	<u>-</u>	<u>5,126</u>	<u>5,126</u>
	-	5,126	5,126
	<u>-</u>	<u>5,126</u>	<u>5,126</u>
Total	<u>-</u>	<u>5,126</u>	<u>5,126</u>

The notes form part of these financial statements

BEDSIDE KOSHER

NOTES TO THE FINANCIAL STATEMENTS FOR THE PERIOD 14 SEPTEMBER 2020 TO 31 OCTOBER 2021

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charity, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Charities Act 2011. The financial statements have been prepared under the historical cost convention.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Governance costs

Governance costs are associated with the governance arrangements of the charity and relate to the general running of the charity. These costs include audit, legal advice for Trustees and costs associated with meeting constitutional and statutory requirements such as the cost of Trustee meetings and the preparation of the statutory accounts.

Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Plant and machinery - 20% on reducing balance

Taxation

The charity is exempt from tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

BEDSIDE KOSHER

**NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE PERIOD 14 SEPTEMBER 2020 TO 31 OCTOBER 2021**

2. DONATIONS AND LEGACIES

	£
Donations	402,695
Grants	7,150
	409,845
	409,845

Grants received, included in the above, are as follows:

	£
Other grants	7,150
	7,150
	7,150

3. OTHER TRADING ACTIVITIES

	£
Sales	128,730
	128,730
	128,730

4. CHARITABLE ACTIVITIES COSTS

	Direct Costs £	Support costs (see note 5) £	Totals £
Charitable activities	661,198	226	661,424
	661,198	226	661,424
	661,198	226	661,424

5. SUPPORT COSTS

	Finance £	Other 3 £	Governance costs £	Totals £
Other resources expended	313	1,945	1,200	3,458
Charitable activities	226	-	-	226
	539	1,945	1,200	3,684
	539	1,945	1,200	3,684

6. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the period ended 31 October 2021.

Trustees' expenses

There were no trustees' expenses paid for the period ended 31 October 2021.

BEDSIDE KOSHER

**NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE PERIOD 14 SEPTEMBER 2020 TO 31 OCTOBER 2021**

7. STAFF COSTS

		£
Wages and salaries		34,374
		<u>34,374</u>

The average monthly number of employees during the period was as follows:

Staff		2
		<u>2</u>

No employees received emoluments in excess of £60,000.

8. TANGIBLE FIXED ASSETS

		Plant and machinery
		£
COST		
Additions		9,723
		<u>9,723</u>
DEPRECIATION		
Charge for year		1,945
		<u>1,945</u>
NET BOOK VALUE		
At 31 October 2021		7,778
		<u>7,778</u>

9. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

		£
Trade debtors		16,382
		<u>16,382</u>

10. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

		£
Trade creditors		96,322
Other creditors		59,271
		<u>155,593</u>

11. MOVEMENT IN FUNDS

	Net movement in funds	At 31.10.21
	£	£
Unrestricted funds		
General fund	(126,307)	(126,307)
	<u>(126,307)</u>	<u>(126,307)</u>
TOTAL FUNDS	<u>(126,307)</u>	<u>(126,307)</u>

BEDSIDE KOSHER

NOTES TO THE FINANCIAL STATEMENTS - continued FOR THE PERIOD 14 SEPTEMBER 2020 TO 31 OCTOBER 2021

11. MOVEMENT IN FUNDS - continued

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	538,575	(664,882)	(126,307)
TOTAL FUNDS	<u>538,575</u>	<u>(664,882)</u>	<u>(126,307)</u>

12. RELATED PARTY DISCLOSURES

As at the period end date the charity owed JTrade Limited £54,466. JTrade Limited and the charity share common key management personnel.

As at the period end date the charity owed MFEF Limited £1,365. MFEF Limited and the charity share common key management personnel.

As at the period end date the charity owed a trustee £2,240.