

## Trustees' Annual Report for the period



From period start date: April 2023

To period end date March 2024

Charity name: Demeter

Charity registration number: 1191266

## Objectives and Activities

	SORP reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	<p>The objects of Demeter are: The relief of sickness and the perseverance and protection of health for the public benefit in the UK, Malawi and such other parts of the world as the trustees shall from time to time determine by:</p> <p>a) promoting the intrinsic value of quality of life by raising awareness of the positive impact that palliative care can have on the lives of people suffering from terminal illness, their family and friends;</p> <p>b) promoting the inclusion of pain relief and palliative care services in health systems, in particular but not exclusively by providing grants and expertise to build capacity in health care systems thereby embedding good palliative care practices and ensuring fair and equitable access to pain medication in healthcare settings for the benefit of all patients.</p>
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	<p>The main activities undertaken have been to develop a project to audit morphine use in Malawi, one of the countries with the most opaque morphine usage for palliative care. Demeter has also been raising awareness of the global issue of inequality of access to morphine for palliative care through the website and social media channels.</p>
Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit	Para 1.18	<p>Trustees have had regard to the guidance issues by the Charity Commission on public benefit.</p>

## Achievements and Performance

	SORP reference	
Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.	Para 1.20	Demeter has developed and submitted several bids to source the funds to deliver the final phase of the Malawi audit without success.

## Financial Review

Review of the charity's financial position at the end of the period	Para 1.21	Demeter has not been successful in fundraising any income during this year. There was no income or expenditure during this year. The balance of Demeter is £294
Statement explaining the policy for holding reserves stating why they are held	Para 1.22	There are no reserves due to there being no ongoing running costs at present.
Amount of reserves held	Para 1.22	None held.
Reasons for holding zero reserves	Para 1.22	There are no reserves due to there being no ongoing running costs at present.
Details of fund materially in deficit	Para 1.24	Not applicable at this time
Explanation of any uncertainties about the charity continuing as a going concern	Para 1.23	Not applicable at this time.

## Additional information (optional)

You may choose to include further statements where relevant about:

The charity's principal sources of funds (including any fundraising)	Para 1.47	Fundraising in previous year which included a crowdfunder campaign, donations through the website and online sale of Christmas cards. There was no successful fundraising this year.
Investment policy and objectives including any social investment policy adopted	Para 1.46	Demeter has developed a partnership policy; which is the principle way Demeter wishes to achieve its objectives. Partners need to adhere to the same values and principles as laid out in the partnership policy. There is

		also a grant making policy outlining the standards and safeguards in which partners can access and utilise funds and resources from Demeter.
A description of the principal risks facing the charity	Para 1.46	<p>Demeter faces two key risks:</p> <ul style="list-style-type: none"> <li>- the inability to fundraise the funds to complete the final phase of the morphine audit in Malawi which has been mitigated through bids to funding organisations</li> <li>- The morphine audit fails to influence government policy and not impacting on reduction of inequality of access to morphine.</li> </ul> <p>Demeter manages its risks through a standing agenda item at every trustee board meeting. We log and track mitigations in the risk log.</p>
Other		

## Structure, Governance and Management

Description of charity's trusts:		
Type of governing document (trust deed, royal charter)	Para 1.25	Constitution document
How is the charity constituted? (e.g unincorporated association, CIO)	Para 1.25	CIO
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	Apart from the first charity trustees, every trustee must be appointed [for a term of two years] by a resolution passed at a properly convened meeting of the charity trustees. In selecting individuals for appointment as charity trustees, the charity trustees must have regard to the skills, knowledge and experience needed for the effective administration of the CIO.

## Reference and Administrative details

Charity name	Demeter
Other name the charity uses	Not applicable
Registered charity number	1191266
Charity's principal address	39 Sandown Lees, Sandwich, Kent, CT13 9NZ

### **Names of the charity trustees who manage the charity**

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Daniel Lewis			
2	Jessica Melville-Brown			
3	Rachel Cottam			
4	Eleanor Holland			

Corporate trustees – names of the directors at the date the report was approved

Director name		
Gemma Dawson	Managing Director	

Name of trustees holding title to property belonging to the charity

[illegible]

## Funds held as custodian trustees on behalf of others

Description of the assets held in this capacity	None held
Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects	None held
Details of arrangements for safe custody and segregation of such assets from the charity's own assets	None held

## Additional information (optional)

### Names and addresses of advisers (Optional information)

Type of adviser	Name	Address
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### Name of chief executive or names of senior staff members (Optional information)

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## Exemptions from disclosure

Reason for non-disclosure of key personnel details

Not applicable at this time

## Other optional information

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## Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s) G DAWSON

Full name(s) GEMMA DAWSON

Position (eg  
Secretary, Chair, etc) MANAGING DIRECTOR

Date 7<sup>th</sup> May 2025