

# SOUL AID CIO

England & Wales · Charity number 1191236

## Details

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**Other names** SOUL AID

**Status** Registered

**Legal form** CIO

**Registered** 2020-09-11

**Register** [View on the Charity Commission register](#)

## Contact

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**Address** 344 -348 High Road (suite 104)  
Ilford  
Essex  
IG1 1QP

**Phone** 07523756154

**Email** [info@soulaid.org.uk](mailto:info@soulaid.org.uk)

**Website** [www.soulaid.org.uk](http://www.soulaid.org.uk)

## Activities

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**Objects:** THE RELIEF OF POVERTY BY THE PROVISION OF, BUT NOT LIMITED TO, FOOD, HYGIENE PRODUCTS, AND CLOTHING FOR THE HOMELESS

**Activities:** Soul aid [Seva of universal Langar] are an outreach program who serves the less fortunate in Southend on Sea Essex & London we work on the principles of the Sikh faith of recognising and serving the human race as one regardless of religion race or gender by sharing what you have with those that are less fortunate.

## Classification

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- **How:** Other Charitable Activities
- **What:** The Prevention Or Relief Of Poverty
- **Who:** The General Public/mankind

## Geography

- Throughout England

## Finances

Period end	Income	Expenditure	Assets	Employees
2024-12-31	£1,683	£2,006	-	-
2023-12-31	£1,290	£1,887	-	-
2022-12-31	£400	£970	-	-
2021-12-31	£3,197	£1,625	-	-

## Trustees

Name	Role	Appointed
Deepak chand	Chair	2020-09-11
Baljit Sahota		2020-09-11
Wishavjot Singh Flora		2020-09-11

**SOUL AID CIO**

England & Wales - Charity number 1191236

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# Accounts

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## TRUSTEES' ANNUAL REPORT

Period: 01-01-2024 to 31-12-2024

Charity Name: Soul Aid CIO

Charity Number: 1191236

Charity's Principal Address: 344-348, Suite 104, High Road, Ilford, IG1 1QP

Trustees' Names:

Deepak K Chand

Baljit Sahota

Wishavjot Singh Flora

Structure, Governance, and Management

Type of Governing Document: Constitution

Trustee Selection Method: Appointed

Objectives of the Charity

The charity's primary objective is the prevention and relief of poverty.

Soul Aid (Seva of Universal Langar) is an outreach program that serves the less fortunate by providing hot meals, snacks, and refreshments. The charity operates according to the principles of the Sikh faith, recognizing the humanity of all people regardless of religion, race, or gender, and promoting the sharing of resources with those in need.

## Main Activities for Public Benefit

Soul Aid carries out activities that benefit the public, including:

Supporting homeless individuals, food banks, and local communities.

Providing hot meals, snacks, and refreshments.

Distributing seasonal support, including winter packs, to vulnerable individuals.

## Achievements in 2024

Provided hot meals, snacks, and refreshments to homeless people, food banks, and local communities.

Offered ongoing support to homeless individuals throughout the year.

Distributed winter packs to those in need.

Positively impacted the lives of beneficiaries and volunteers, transforming several lives through service.

## Contact and Social Media

Email: [info@soulaid.org.uk](mailto:info@soulaid.org.uk)

Facebook: Soul Aid

Instagram: Soul Aid

Twitter: Soul\_aid

Approved by the Trustees:

Signature: \_\_\_Deepak Chand\_\_\_\_\_

Full Name: Deepak Chand

Position: Chair



CHARITY COMMISSION  
FOR ENGLAND AND WALES

SOUL ADI CIO

No (if any)

## Receipts and payments accounts

CC16a

For the period  
from

01/01/2024

To

31/12/2024

### Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
<b>A1 Receipts</b>					
	1,683	-	-	1,683	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total (Gross income for AR)</b>	1,683	-	-	1,683	-
<b>A2 Asset and investment sales, (see table).</b>					
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total</b>	-	-	-	-	-
<b>Total receipts</b>	1,683	-	-	1,683	-
<b>A3 Payments</b>					
	2,006	-	-	2,006	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total</b>	2,006	-	-	2,006	-
<b>A4 Asset and investment purchases, (see table)</b>					
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total</b>	-	-	-	-	-
<b>Total payments</b>	2,006	-	-	2,006	-
<b>Net of receipts/(payments)</b>	- 323	-	-	- 323	-
<b>A5 Transfers between funds</b>	-	-	-	-	-
<b>A6 Cash funds last year end</b>	-	-	-	-	-
<b>Cash funds this year end</b>	- 323	-	-	- 323	-

## Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
<b>B1 Cash funds</b>		-	-	-
		-	-	-
		-	-	-
	<b>Total cash funds</b>	<b>202</b>	<b>-</b>	<b>-</b>
	(agree balances with receipts and payments account(s))	Agreement Error	OK	OK
<b>B2 Other monetary assets</b>	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
<b>B3 Investment assets</b>	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
			-	-
			-	-
<b>B4 Assets retained for the charity's own use</b>	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
<b>B5 Liabilities</b>	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
			-	
			-	
			-	
			-	
Signed by one or two trustees on behalf of all the trustees	Signature	Print Name	Date of approval	
	Deepak Chand	Deepak Chand	20/12/2025	

**SOUL AID CIO**

England & Wales - Charity number 1191236

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# Accounts

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# TRUSTEES ANNUAL REPORT

**PERIOD:** 01-01-2023 TO 31-12-2023

**Chairty Name:** Soul Aid CIO

**Charity Number:** 1191236

**Charity's principal address:** 344-348 [suite 104) High Road Ilford IG1 1QP

## Trustees Names

Deepak K Chand

Baljit Sahota

Wishavjot Singh Flora

## Structure, governance and management

**Type of governing document:** Constitution

**Trustee selection method:** Appointed

Summary of the objectives the charity set out in its governing document:

The prevention of relief of poverty

Soul aid [Seva of universal Langar] are an outreach program who serves the less fortunate with hot meals, snacks and refreshments. We work on the principles of the Sikh faith of recognizing and serving the human race as one regardless of religion race or gender by sharing what you have with those that are less fortunate.

### **Summary of the main activities undertaken for public benefit:**

Summary of the charity main achievements: Soul Aid provided hot meals, snacks and refreshments to NHS staff, Homeless, food banks and local community.

The homeless were given support all year homeless. A number of lives have round, Winter packs were also handed out to the been transformed, including the lives of volunteers.

Facebook: Soul Aid

Follow Soul Aid on social media or email: [info@soulaid.org.uk](mailto:info@soulaid.org.uk)

Instagram: Soul aid

Twitter: Soul\_aid

Signature: Deepak Chand

Full name: Deepak Chand

Position: Chair



CHARITY COMMISSION  
FOR ENGLAND AND WALES

Charity Name	No (if any)
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## Receipts and payments accounts

CC16a

For the period from	Period start date 01/01/2023	To	Period end date 31/12/2023
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### Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
<b>A1 Receipts</b>					
	1,290	-	-	1,290	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total (Gross income for AR)</b>	<b>1,290</b>	<b>-</b>	<b>-</b>	<b>1,290</b>	<b>-</b>
<b>A2 Asset and investment sales, (see table).</b>					
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
<b>Total receipts</b>	<b>1,290</b>	<b>-</b>	<b>-</b>	<b>1,290</b>	<b>-</b>
<b>A3 Payments</b>					
	1,887	-	-	1,887	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total</b>	<b>1,887</b>	<b>-</b>	<b>-</b>	<b>1,887</b>	<b>-</b>
<b>A4 Asset and investment purchases, (see table)</b>					
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
<b>Total payments</b>	<b>1,887</b>	<b>-</b>	<b>-</b>	<b>1,887</b>	<b>-</b>
<b>Net of receipts/(payments)</b>	<b>- 597</b>	<b>-</b>	<b>-</b>	<b>- 597</b>	<b>-</b>
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	-	-	-	-	-
<b>Cash funds this year end</b>	<b>- 597</b>	<b>-</b>	<b>-</b>	<b>- 597</b>	<b>-</b>

## Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
<b>B1 Cash funds</b>		-	-	-
		-	-	-
		-	-	-
	<b>Total cash funds</b>	497	-	-
	(agree balances with receipts and payments account(s))	Agreement Error	OK	OK
<b>B2 Other monetary assets</b>	<b>Details</b>	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
<b>B3 Investment assets</b>	<b>Details</b>	Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
			-	-
			-	-
<b>B4 Assets retained for the charity's own use</b>	<b>Details</b>	Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
<b>B5 Liabilities</b>	<b>Details</b>	Fund to which liability relates	Amount due (optional)	When due (optional)
			-	
			-	
			-	
			-	
Signed by one or two trustees on behalf of all the trustees	Signature	Print Name	Date of approval	
	Deepak Chand	Deepak Chand	22/01/2024	

**SOUL AID CIO**

England & Wales - Charity number 1191236

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# Accounts

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# **Trustees Annual Report**

**PERIOD:** 01/01/2022 to 31/12/2022

**Charity Name:** Soul Aid CIO

**Charity Number:** 1191236

**Charity's principal address:** 344-348 [suite 104] High Road Ilford IG1 1QP

**Names of the charity trustee who manage the charity**

<b>Name</b>	<b>Office [if any]</b>	<b>Dates acted if not for the whole of the year</b>	<b>Name of person [or body] entitled to appoint trustee [if any]</b>
Deepak K Chand			
Baljit Sahota			
Wishavjot Singh Flora			

## **Structure, governance and management**

**Type of governing document:** Constitution

**Trustee selection method:** Appointed

## **Objectives and activities**

**Summary of the objectives the charity set out in its governing document:**

Soul aid [Seva of universal Langar] are an outreach program who serves the less fortunate with hot meals, snacks and refreshments. We work on the principles of the Sikh faith of recognizing and serving the human race as one regardless of religion race or gender by sharing what you have with those that are less fortunate.

**Summary of the main activities undertaken for public benefit:**

The prevention of relief of poverty

## **Achievements and performance**

**Summary of the charity main achievements:** Soul Aid provided hot meals, snacks and refreshments to food banks and the local community across several borough in London & Essex throughout the year. This year was a very challenging year due to the cost of living crisis. Soul Aid continued to serve the community in need all year round without letting the current economic crisis affect our outreach programs.

The homeless were given support all year round, Winter packs were also handed out to the homeless. A number of lives have been transformed, including the lives of volunteers.

Providing support packages to Ukraine to help out with the ongoing war.

## **Futher information**

Follow Soul Aid on social media or email: [info@soulaid.org.uk](mailto:info@soulaid.org.uk)

**Facebook:** Soul Aid

**Instagram:** Soul\_\_aid

**Twitter:** Soul\_aid

## **Declaration**

**Signature:** Deepak K Chand

**Full name:** Deepak K Chand

**Position:** Chair



CHARITY COMMISSION  
FOR ENGLAND AND WALES

Charity Name	No (if any)
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## Receipts and payments accounts

CC16a

For the period from	Period start date 1/1/2022	To	Period end date 12/31/2022
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### Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
<b>A1 Receipts</b>					
	400	-	-	400	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total (Gross income for AR)</b>	400	-	-	400	-
<b>A2 Asset and investment sales, (see table).</b>					
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total</b>	-	-	-	-	-
<b>Total receipts</b>	400	-	-	400	-
<b>A3 Payments</b>					
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total</b>	973	-	-	Cross Add Error	-
<b>A4 Asset and investment purchases, (see table)</b>					
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total</b>	-	-	-	-	-
<b>Total payments</b>	973	-	-	#VALUE!	-
<b>Net of receipts/(payments)</b>	- 573	-	-	#VALUE!	-
<b>A5 Transfers between funds</b>	-	-	-	-	-
<b>A6 Cash funds last year end</b>	-	-	-	-	-
<b>Cash funds this year end</b>	- 573	-	-	#VALUE!	-

## Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
<b>B1 Cash funds</b>	Available funds in Soul Aid CIO bank account date ending: 31/12/2022	1,031	-	-
		-	-	-
		-	-	-
	<b>Total cash funds</b>	1,031	-	-
	(agree balances with receipts and payments account(s))	Agreement Error	OK	OK
<b>B2 Other monetary assets</b>	Details	to nearest £	to nearest £	to nearest £
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
<b>B3 Investment assets</b>	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
			-	-
			-	-
<b>B4 Assets retained for the charity's own use</b>	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
<b>B5 Liabilities</b>	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
			-	
			-	
			-	
			-	
Signed by one or two trustees on behalf of all the trustees	Signature	Print Name	Date of approval	
	Deepak K Chand	Deepak K Chand	6/27/2023	

**SOUL AID CIO**

England & Wales - Charity number 1191236

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# Accounts

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## **Trustees Annual Report**

**PERIOD:** 01/09/20 to 31/12/21

**Chairty Name:** Soul Aid CIO

**Charity Number:** 1191236

**Charity's principal address:** 344-348 [suite 104] High Road Ilford IG1 1QP

**Names of the charity trustee who manage the charity**

<b>Name</b>	<b>Office [if any]</b>	<b>Dates acted if not for the whole of the year</b>	<b>Name of person [or body] entitled to appoint trustee [if any]</b>
Deepak K Chand			
Baljit Sahota			
Wishavjot Singh Flora			

### **Structure, governance and management**

**Type of governing document:** Constitution

**Trustee selection method:** Appointed

### **Objectives and activities**

**Summary of the objectives the charity set out in its governing document:**

Soul aid [Seva of universal Langar] are an outreach program who serves the less fortunate with hot meals, snacks and refreshments. We work on the principles of the Sikh faith of recognizing and serving the human race as one regardless of religion race or gender by sharing what you have with those that are less fortunate.

**Summary of the main activities undertaken for public benefit:**

The prevention of relief of poverty

## **Achievements and performance**

**Summary of the charity main achievements:** Soul Aid provided hot meals, snacks and refreshments to NHS staff, Homeless, food banks and local community across several boroughs in London & Essex throughout the year. This year was a very challenging year due to the ongoing Covid 19 Pandemic, everything went well.

NHS staff were provided with hot meals, snacks and refreshments, to help them continue their work in supporting the nation during these challenging times.

The homeless were given support all year round, Winter packs were also handed out to the homeless. A number of lives have been transformed, including the lives of volunteers.

## **Futher information**

Follow Soul Aid on social media or email: [info@soulaid.org.uk](mailto:info@soulaid.org.uk)

**Facebook:** Soul Aid

**Instagram:** Soul\_\_aid

**Twitter:** Soul\_aid

## **Declaration**

**Signature:** Deepak K Chand

**Full name:** Deepak K Chand

**Position:** Chair



CHARITY COMMISSION  
FOR ENGLAND AND WALES

Charity Name  
**SOUL AID CIO**

No (if any)

## Receipts and payments accounts

CC16a

For the period from	Period start date 11/09/2020	To	Period end date 31/12/2021
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### Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
<b>A1 Receipts</b>					
	£3,196.89	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total (Gross income for AR)</b>	<b>£3,196.89</b>	<b>-</b>	<b>-</b>	<b>3,197</b>	<b>-</b>
<b>A2 Asset and investment sales, (see table).</b>					
	-	-	-	-	-
<b>Sub total</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
<b>Total receipts</b>	<b>3,197</b>	<b>-</b>	<b>-</b>	<b>3,197</b>	<b>-</b>
<b>A3 Payments</b>					
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total</b>	<b>£1,624.50</b>	<b>-</b>	<b>-</b>	<b>1,625</b>	<b>-</b>
<b>A4 Asset and investment purchases, (see table)</b>					
	-	-	-	-	-
<b>Sub total</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
<b>Total payments</b>	<b>1,625</b>	<b>-</b>	<b>-</b>	<b>1,625</b>	<b>-</b>
<b>Net of receipts/(payments)</b>	<b>1,572</b>	<b>-</b>	<b>-</b>	<b>1,572</b>	<b>-</b>
<b>A5 Transfers between funds</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
<b>A6 Cash funds last year end</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
<b>Cash funds this year end</b>	<b>1,572</b>	<b>-</b>	<b>-</b>	<b>1,572</b>	<b>-</b>

## Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
<b>B1 Cash funds</b>		-	-	-
		-	-	-
		-	-	-
	<b>Total cash funds</b>	-	-	-
	(agree balances with receipts and payments account(s))	Agreement Error	OK	OK
<b>B2 Other monetary assets</b>	Details	-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
<b>B3 Investment assets</b>	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
		-	-	-
		-	-	-
		-	-	-
		-	-	-
<b>B4 Assets retained for the charity's own use</b>	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
<b>B5 Liabilities</b>	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
		-	-	
		-	-	
		-	-	
		-	-	
Signed by one or two trustees on behalf of all the trustees	Signature	Print Name	Date of approval	
	Deepak K Chand	Deepak k Chand	19/08/2022	