

HELPING AID

England & Wales · Charity number 1191233

Details

Status Registered

Legal form CIO

Registered 2020-09-10

Register [View on the Charity Commission register](#)

Contact

Address 5 Gipton Wood Place
Leeds
LS8 2SD

Phone 07341476814

Email nafeesa.talbot@gmail.com

Website <https://www.helping-aid.org/>

Activities

Objects: THE OBJECTS OF THE CIO ARE:1. TO HELP YOUNG PEOPLE, ESPECIALLY BUT NOT EXCLUSIVELY THROUGH LEISURE TIME ACTIVITIES, SO AS TO DEVELOP THEIR CAPABILITIES THAT THEY MAY GROW TO FULL MATURITY AS INDIVIDUALS AND MEMBERS OF SOCIETY.2. THE RELIEF OF FINANCIAL HARDSHIP AMONGST PEOPLE IN LEEDS IN PARTICULAR, BUT NOT EXCLUSIVELY BY PROVIDING EMERGENCY FOOD, ESSENTIAL TOILETRIES, AND HOUSEHOLD ITEMS TO INDIVIDUALS AND FAMILIES IN NEED.

Activities: Helping Aid will offer services to the wider community that will include running classes in particular subjects for community individuals who need to develop their language and literacy skills- Providing after school clubs in specific subjects that include Maths, English and Science.- Providing food on a regular and organised basis to local community.- Education opportunities to community

Classification

- **How:** Provides Services, Acts As An Umbrella Or Resource Body
- **What:** General Charitable Purposes, Disability, The Prevention Or Relief Of Poverty
- **Who:** Children/young People, Elderly/old People, People With Disabilities, People Of A Particular Ethnic Or Racial Origin, The General Public/mankind

Geography

- Bradford City
- Calderdale
- City Of Wakefield
- Kirklees
- Leeds City

Finances

Period end	Income	Expenditure	Assets	Employees
2024-09-30		£301	£0	-
2023-09-30		£300	£50	-
2022-09-30		£1,050	£1,731	-
2021-09-30		£2,844	£300	-

Trustees

Name	Role	Appointed
Fazal Rehman Lone	Chair	2020-06-08
Dr Razaq Raj		2020-06-08
Nafeeza Talbot		2022-08-15
Parviz Hussain		2020-06-08

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30 September 2024

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HELPING AID
Charity Information

Trustees

Fazal Rehman Lone

Chair

Dr Razaq Raj

Parviz Hussain

Nafeeza Talbot

Accountants

Ferndale Accountants Ltd

Suite 1

15 Salem Street

Bradford

West Yorkshire

BD1 4QH

Bankers

Yorkshire Bank

Charity address

5 Gipton Wood place

Leeds

West Yorkshire

LS8 2SD

HELPING AID

TRUSTEES' REPORT FOR THE YEAR ENDED 30 SEPTEMBER 2024

The trustees present their report and the financial statements for the year from 01 October 2023 to 30 September 2024

Trustees

The trustees named on page 1 have served throughout the year except where stated. Appointment of trustees is governed by the constitution of the charity. The Board of Trustees is authorised to appoint new trustees to fill vacancies arising through resignation or death of an existing trustee.

Constitution, Objects and Policies

Helping Aid will offer services to the wider community that will include running classes in particular subjects for community individuals who need to develop their language and literacy skills. Providing after school clubs in specific subjects that include Maths, English and Science. - Providing food on a regular and organised basis to local community. - Education opportunities to community

Statement of Trustees' Responsibilities

The trustees are required under the constitution of the charity to prepare financial statements for each financial year

The trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charity. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Reserves

The majority of funds are sourced from voluntary contributions. The trustees consider that the reserves held are sufficient to continue the support of the charity objects in future years.

Risk

The trustees actively review the major risks which the charity faces on a regular basis and have also examined other operational and business risks faced by the charity. The trustees confirm that they have established systems to mitigate the significant risks.

Approval

This report was approved by the trustees on 21 February 2025 and signed on their behalf by

Dr Razaq Raj

HELPING AID

Accountants' report on the unaudited accounts to HELPING AID.

I report on the accounts of the charity for the year ended 30 September 2024, which are set out on pages 4 to 6.

You have approved the accounts for the year ended 30 September 2024 which comprise the Statement of financial activities, the Balance Sheet and the related notes. In accordance with your instructions, we have compiled these unaudited accounts from the accounting records and information and explanations supplied to us.

Ferndale Accountants Ltd

Suite 1
15 Salem Street
Bradford
West Yorkshire
BD1 4QH
21 February 2025

HELPING AID
Statement of financial activities
for the year ended 30 September 2024

	Notes	2024 £	2023 £
Incoming Resources			
Income-unrestricted funds	2	240	240
Other income		61	60
Total incoming resources		<u>301</u>	<u>300</u>
Resources Expended			
Premises costs		-	50
Total resources expended		<u>-</u>	<u>50</u>
Net movement in funds		301	250
Total funds at 01 October		<u>2,113</u>	<u>1,863</u>
Total funds at 30 September		<u><u>2,414</u></u>	<u><u>2,113</u></u>

HELPING AID
Balance Sheet
as at 30 September 2024

	Notes	2024 £	2023 £
Current assets			
Bank/building society balances	<u>2,414</u>	<u>2,113</u>	
Net current assets		2,414	2,113
Net assets		<u>2,414</u>	<u>2,113</u>
Funds			
Brought forward		2,113	1,863
Current Net movement in funds		301	250
Total funds		<u>2,414</u>	<u>2,113</u>

HELPING AID

Notes to the Financial Statements

for the year ended 30 September 2024

1 Accounting basis

The accounts are prepared on the receipts and payments basis and include the results of the charity's operations which are described in the Trustees' report, all of which are continuing.

The charity has taken advantage of the exemption in Financial Reporting Standard number 1 from the requirement to produce a cash flow statement on the grounds that it qualifies as a small charity.

2 Detailed analysis of resources

	2024	2023
	£	£
Income-unrestricted funds		
Donations	<u>240</u>	<u>240</u>
Other income/profits		
Interest receivable	<u>61</u>	<u>60</u>
Premises costs		
Rent	<u>-</u>	<u>50</u>

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Charity Information

Trustees

Fazal Rehman Lone

Chair

Dr Razaq Raj

Parviz Hussain

Nafeeza Talbot

Accountants

Ferndale Accountants Ltd

Suite 1

15 Salem Street

Bradford

West Yorkshire

BD1 4QH

Bankers

Yorkshire Bank

Charity address

5 Gipton Wood place

Leeds

West Yorkshire

LS8 2SD

HELPING AID

TRUSTEES' REPORT FOR THE YEAR ENDED 30 SEPTEMBER 2023

The trustees present their report and the financial statements for the year from 01 October 2022 to 30 September 2023

Trustees

The trustees named on page 1 have served throughout the year except where stated. Appointment of trustees is governed by the constitution of the charity. The Board of Trustees is authorised to appoint new trustees to fill vacancies arising through resignation or death of an existing trustee.

Constitution, Objects and Policies

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Statement of Trustees' Responsibilities

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Reserves

The majority of funds are sourced from voluntary contributions. The trustees consider that the reserves held are sufficient to continue the support of the charity objects in future years.

Risk

The trustees actively review the major risks which the charity faces on a regular basis and have also examined other operational and business risks faced by the charity. The trustees confirm that they have established systems to mitigate the significant risks.

Approval

This report was approved by the trustees on 21 February 2025 and signed on their behalf by

Dr Razaq Raj

HELPING AID

Accountants' report on the unaudited accounts to HELPING AID.

I report on the accounts of the charity for the year ended 30 September 2023, which are set out on pages 4 to 6.

You have approved the accounts for the year ended 30 September 2023 which comprise the Statement of financial activities, the Balance Sheet and the related notes. In accordance with your instructions, we have compiled these unaudited accounts from the accounting records and information and explanations supplied to us.

Ferndale Accountants Ltd

Suite 1
15 Salem Street
Bradford
West Yorkshire
BD1 4QH
21 February 2025

HELPING AID
Statement of financial activities
for the year ended 30 September 2023

	Notes	2023 £	2022 £
Incoming Resources			
Income-unrestricted funds	2	240	951
Other income		60	99
Total incoming resources		<u>300</u>	<u>1,050</u>
Resources Expended			
Premises costs		50	600
General administrative expenses		-	981
Legal and professional costs		-	150
Total resources expended		<u>50</u>	<u>1,731</u>
Net movement in funds		250	(681)
Total funds at 01 October		<u>1,863</u>	<u>2,544</u>
Total funds at 30 September		<u><u>2,113</u></u>	<u><u>1,863</u></u>

HELPING AID
Balance Sheet
as at 30 September 2023

	Notes	2023 £	2022 £
Current assets			
Bank/building society balances	<u>2,113</u>	<u>1,863</u>	
Net current assets		2,113	1,863
Net assets		<u>2,113</u>	<u>1,863</u>
Funds			
Brought forward		1,863	2,544
Current Net movement in funds		250	(681)
Total funds		<u>2,113</u>	<u>1,863</u>

HELPING AID

Notes to the Financial Statements

for the year ended 30 September 2023

1 Accounting basis

The accounts are prepared on the receipts and payments basis and include the results of the charity's operations which are described in the Trustees' report, all of which are continuing.

The charity has taken advantage of the exemption in Financial Reporting Standard number 1 from the requirement to produce a cash flow statement on the grounds that it qualifies as a small charity.

2 Detailed analysis of resources

	2023	2022
	£	£
Income-unrestricted funds		
Donations	<u>240</u>	<u>951</u>
Other income/profits		
Interest receivable	<u>60</u>	<u>99</u>
Premises costs		
Rent	<u>50</u>	<u>600</u>
General administrative expenses		
Food bank-charity	<u>-</u>	<u>981</u>
Legal and professional costs		
Accountants fees	<u>-</u>	<u>150</u>

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HELPING AID
Charity Information

Trustees

Fazal Rehman Lone Chair
Dr Razaq Raj
Parviz Hussain
Ghada Abbas

Accountants

Ferndale Accountants Ltd
Alpha Business Centre-Suite 1
173 Otley Road
Bradford
West Yorkshire
BD3 0HS

Bankers

Yorkshire Bank

Charity address

5 Gipton Wood place
Leeds
West Yorkshire
LS8 2SD

HELPING AID

TRUSTEES' REPORT FOR THE YEAR ENDED 30 SEPTEMBER 2022

The trustees present their report and the financial statements for the year from 01 October 2021 to 30 September 2022

Trustees

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Reserves

The majority of funds are sourced from voluntary contributions. The trustees consider that the reserves held are sufficient to continue the support of the charity objects in future years.

Risk

The trustees actively review the major risks which the charity faces on a regular basis and have also examined other operational and business risks faced by the charity. The trustees confirm that they have established systems to mitigate the significant risks.

Approval

This report was approved by the trustees on 06 July 2023 and signed on their behalf by

Dr Razaq Raj

HELPING AID

Accountants' report on the unaudited accounts to HELPING AID.

I report on the accounts of the charity for the year ended 30 September 2022, which are set out on pages 4 to 6.

You have approved the accounts for the year ended 30 September 2022 which comprise the Statement of financial activities, the Balance Sheet and the related notes. In accordance with your instructions, we have compiled these unaudited accounts from the accounting records and information and explanations supplied to us.

Ferndale Accountants Ltd
The Association of Accounting Technicians

Alpha Business Centre-Suite 1
173 Otley Road
Bradford
West Yorkshire
BD3 0HS
7 July 2023

HELPING AID
Statement of financial activities
for the year ended 30 September 2022

	Notes	2022 £	2021 £
Incoming Resources			
Income-unrestricted funds	2	951	2,844
Other income		99	-
Total incoming resources		<u>1,050</u>	<u>2,844</u>
Resources Expended			
Premises costs		600	300
General administrative expenses		981	-
Legal and professional costs		150	-
Total resources expended		<u>1,731</u>	<u>300</u>
Net movement in funds		(681)	2,544
Total funds at 01 October		<u>2,544</u>	<u>-</u>
Total funds at 30 September		<u><u>1,863</u></u>	<u><u>2,544</u></u>

HELPING AID
Balance Sheet
as at 30 September 2022

	Notes	2022 £	2021 £
Current assets			
Bank/building society balances	<u>1,863</u>	<u>2,544</u>	
Net current assets		1,863	2,544
Net assets		<u>1,863</u>	<u>2,544</u>
Funds			
Brought forward		2,544	-
Current Net movement in funds		(681)	2,544
Total funds		<u>1,863</u>	<u>2,544</u>

HELPING AID

Notes to the Financial Statements

for the year ended 30 September 2022

1 Accounting basis

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2 Detailed analysis of resources

	2022	2021
	£	£
Income-unrestricted funds		
Donations	<u>951</u>	<u>2,844</u>
Other income/profits		
Interest receivable	<u>99</u>	<u>-</u>
Premises costs		
Rent	<u>600</u>	<u>300</u>
General administrative expenses		
Food bank-charity	<u>981</u>	<u>-</u>
Legal and professional costs		
Accountants fees	<u>150</u>	<u>-</u>

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Bankers

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Charity address

5 Gipton Wood place
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HELPING AID

TRUSTEES' REPORT FOR THE YEAR ENDED 30 SEPTEMBER 2021

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Reserves

The majority of funds are sourced from voluntary contributions. The trustees consider that the reserves held are sufficient to continue the support of the charity objects in future years.

Risk

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Approval

This report was approved by the trustees on 06 January 2022 and signed on their behalf by

Dr Razaq Raj

HELPING AID

Accountants' report on the unaudited accounts to HELPING AID.

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Ferndale Accountants Ltd
The Association of Accounting Technicians

Alpha Business Centre-Suite 1
173 Otley Road
Bradford
West Yorkshire
BD3 0HS
6 January 2021

HELPING AID
Statement of financial activities
for the year ended 30 September 2021

	Notes	2021 £
Incomeing Resources		
Income-unrestricted funds	2	2,844
Other income		-
 Resources Expended		
Premises costs		300
Total resourses expended		<u>300</u>
Net movement in funds		2,544
Total funds at 10 September		<u>-</u>
Total funds at 30 September 2021		<u><u>2,544</u></u>

HELPING AID
Balance Sheet
as at 30 September 2021

	Notes	2021 £
Current assets		
Bank/building society balances	<u>2,544</u>	
Net current assets		2,544
Net assets		<u>2,544</u>
Funds		
Current Net movement in funds		2,544
Total funds		<u>2,544</u>

HELPING AID

Notes to the Financial Statements

for the period from 10 September 2020 to 30 September 2021

1 Accounting basis

The accounts are prepared on the receipts and payments basis and include the results of the charity's operations which are described in the Trustees' report, all of which are continuing.

The charity has taken advantage of the exemption in Financial Reporting Standard number 1 from the requirement to produce a cash flow statement on the grounds that it qualifies as a small charity.

2 Detailed analysis of resources

	2021
	£
Income-unrestricted funds	
Donations	<u>2,844</u>
Premises costs	
Rent	<u>300</u>