

# GAMFAM

England & Wales · Charity number 1191139

## Details

---

**Status** Registered

**Legal form** Charitable company

**Company number** [12255967](#)

**Registered** 2020-09-03

**Register** [View on the Charity Commission register](#)

## Contact

---

**Address** Gamfam  
19 Holywells Road  
Ipswich  
Suffolk  
IP3 0DL

**Phone** 07932077585

**Email** [info@gamfam.org.uk](mailto:info@gamfam.org.uk)

**Website** [www.gamfam.org.uk](http://www.gamfam.org.uk)

## Activities

---

**Objects:** FOR THE PUBLIC BENEFIT THE PRESERVATION AND PROTECTION OF GOOD MENTAL HEALTH AND THE RELIEF OF NEED AMONG PEOPLE WHO HAVE DEVELOPED OR WHO ARE AT RISK OF DEVELOPING A GAMBLING ADDICTION, THEIR PARENTS, FAMILIES AND FRIENDS BY:•RAISING PUBLIC AWARENESS AND UNDERSTANDING OF THE EARLY WARNING SIGNS COMMONLY ASSOCIATED WITH THE DEVELOPMENT OF A GAMBLING ADDICTION TO PROMOTE EARLY INTERVENTION AND MINIMISE ANY RELATED POTENTIAL HARMS•PROVIDING ADVICE AND SUPPORT IN PARTICULAR BUT NOT EXCLUSIVELY TO THE PARENTS, FAMILY AND FRIENDS OF TEENAGERS AND YOUNG PEOPLE AT RISK OF A GAMBLING ADDICTION•ASSISTING AND SUPPORTING INDIVIDUALS WHO HAVE OR MAY BE AT RISK OF A GAMBLING ADDICTION•RAISING GENERAL AWARENESS AMONGST THE PUBLIC OF THE ISSUE OF GAMBLING ADDICTION

**Activities:** Raising public awareness and understanding of the early warning signs commonly associated with the development of a gambling disorder to promote early intervention and minimise and related potential harms Providing advice and support in particular but not exclusively to the parents, family and friends of teenagers and young people at risk of a gambling disorder

## Classification

---

- **How:** Provides Services, Provides Advocacy/advice/information
- **What:** General Charitable Purposes
- **Who:** Children/young People, The General Public/mankind

## Geography

---

- Ireland
- Northern Ireland
- Scotland
- Throughout England

## Finances

---

Period end	Income	Expenditure	Assets	Employees
2024-10-31	£370,686	£273,291	-	-
2023-10-31	£483,805	£288,299	-	-
2022-10-31	£232,321	£212,120	-	-
2021-10-31	£146,502	£114,570	-	-

## Trustees

---

Name	Role	Appointed
<b>Thomas Glyn Davies</b>	Chair	2019-10-11
Barry Patrick Grant		2022-08-16
Erica Dyson		2020-11-03
Jeanne Rowe		2020-11-03
Marie-France Joseph		2025-07-01

**GAMFAM**

England & Wales - Charity number 1191139

---

# Accounts

---



**GAMFAM**  
(a company limited by guarantee)

**TRUSTEES' REPORT AND FINANCIAL STATEMENTS**  
**for the year ended 31 October 2024**

Charity number 1191139 (England & Wales)  
Charity number SC051622 (Scotland)  
Company number 12255967



## REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 OCTOBER 2024

The Trustees present the directors' report and financial statements for the year ended 31 October 2024.

### Reference and Administrative Information

Charity Name: GamFam  
Charity Registration Number: 1191139 (England & Wales)  
Charity Registration Number: SC051622 (Scotland)  
Company Registration Number: 12255967  
Registered Office: 19 Holywells Road  
Ipswich  
Suffolk IP3 0DL

### Trustees

Trustees, who are also directors under company law, who served during the year and up to the date of this report were as follows:

T Glyn Davies (Chair)  
Erica J Dyson  
Jeanne M Rowe  
Barry P Grant

### Secretary

Ian Aston FCA

### Chief Executive Officer

Steven Watts

### Independent Examiner

Paul Dearsley FCCA  
Aston Ley Limited  
Aston Ley Barn  
Hermitage Meadow  
Clare CO10 8QQ

### Bankers

Lloyds Bank plc  
3 Sidney Street  
Cambridge CB2 3HQ

### Solicitors

Birketts LLP  
Providence House  
141-145 Princess Street  
Ipswich IP1 1QJ

## REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 OCTOBER 2024

### Our Aims and Objectives

We are incredibly proud to share with you the annual report for GamFam for the year ended 31 October 2024.

#### *Who are GamFam*

GamFam was incorporated on 11 October 2019 and was awarded full charity status by the Charities Commission for England and Wales on 3 September 2020 and the Office of the Scottish Regulator (OSCR) on 2 March 2022.

GamFam was originally founded by the parents of a young man, who developed an online gaming addiction which escalated into a gambling disorder and had no idea where to go for support or that a gambling addiction was in fact, a recognised mental health disorder.

With 20 years' experience of working in education our founder was fully aware that there was little or no help and support for parents/carers surrounding gambling harms awareness and that structured peer support for those affected by someone else's gambling was hard to access or very much in short supply. With this information and understanding our founder developed an information and awareness programme for parents/carers and also began developing the GamFam Recovery and Support Programme (GRA5P) – a five stage structured self-help peer support programme for those affected by someone else's gambling – in conjunction with Suffolk Mind, our mental health partner.

Using the *'If only we knew then, what we know now'* approach, GamFam began visiting schools in the Essex area meeting and presenting to the parents/carers of junior school children right through to the parents of students embarking on the world of work or off to university. Feedback highlighted that the majority of parents were unaware of the risks associated with gambling harms and our various '10 Things to Look For, 10 Things to Do' models proved a valuable resource to help parents recognise the early warning signs and to give them the tools to have a better understanding and practical tools and barriers to help them support their children both now and in the future.

Prior to the Coronavirus pandemic in 2020 our expectation was to serve and support the people of Essex and Suffolk and surrounding areas. However, the opportunity to work remotely has given GamFam the opportunity to support others beyond our immediate geographical location, meaning we now work with more people in more areas.

Originally, our GRA5P model was aimed at families and friends affected by someone else's gambling. However, it soon became apparent that whilst we were able to support our group members, often their loved ones were not engaging in any meaningful medium to long term support beyond perhaps initial therapy or counselling and in many cases nothing at all.

Therefore, more out of demand rather than design, GamFam created a GRA5P model for the person directly experiencing gambling harms, one that complements our existing model for families and friends.

## REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 OCTOBER 2024

### Purposes and Aims

Our charity's purposes as set out in the objects contained in the company's memorandum of association are to benefit the public by the preservation and protection of good mental health and the relief of need among people who have developed or who are at risk of developing a gambling addiction, their parents, families and friends by:

- raising public awareness and understanding of the early warning signs commonly associated with the development of a gambling addiction to promote early intervention and minimise any related potential harms;
- providing advice and support in particular but not exclusively to the parents, family and friends of teenagers and young people at the risk of a gambling addiction;
- assisting and supporting individuals who have or may be at risk of a gambling addiction; and
- raising general awareness amongst the public of the issue of gambling addiction.

### *Our Vision*

Empowering individuals and families to alleviate the impact of gambling harms and move towards a positive future.

### *Our Mission*

To offer hope to anyone affected by gambling harms and the opportunity to share their experiences in a safe space, without fear of judgement with others who have genuine empathy and understanding.

### *How we achieve our Mission*

- We provide advice and support to those directly and indirectly affected by gambling harms through structured peer support and signposting to relevant partners and agencies.
- By raising public awareness and understanding of the early warning signs commonly associated with the development of a gambling addiction we aim to promote early intervention and minimise any related potential harms.

### *Our Values*

GamFam is an organisation that is committed to supporting any person directly or indirectly affected by gambling harms by:

- Ensuring **Lived Experience** of gambling harms is at the centre of everything we do;
- Providing a safe, supportive and inclusive service with **care** and respect;
- Carrying out our work to the highest of standards and with **integrity**; and
- Working with like-minded partners, organisations and our members in **partnership**.

## REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 OCTOBER 2024

### *Ensuring our work delivers our aims*

We will review our aims, objectives and activities each year. The annual review helps us ensure our aims, objectives and activities remain focused on our stated purposes. We have referred to the guidance contained in the Charity Commission's general guidance on public benefit when reviewing our aim and objectives and in planning our future activities. In particular, the trustees consider how planned activities will contribute to the aims and objectives they have set.

### **The focus of our work**

#### *What have we done well*

We have:

- increased the number of people accessing support through our GRA5P programme without compromising the quality of what we offer;
- consistently contacted all enquiries and referrals within 24 hours from initial contact
- we have held in excess of 2,000 online Peer Support meetings and have 300+ members accessing support with us
- carried out a quarterly survey of our active members through the Suffolk Mind Emotional Needs Audit
- completed a 3 monthly check in procedure for all non-active members
- developed a CPD accredited facilitator training programme to enable those with lived experience to train as paid, sessional facilitators
- designed a CPD accredited Gaming and Gambling Harms Information & Awareness workshop
- a committed and supportive board of Trustees
- written and developed a comprehensive set of policies and procedures
- evaluated our service provision with feedback from members.

### **How our activities deliver public benefit**

#### ***Our Programmes***

##### ***Peer Support***

We offer support through GRA5P – The GamFam Recovery and Support Programme, a structured 5-stage self-help peer support programme which was originally designed to support those affected by someone else's gambling. However, out of demand, GamFam have now developed a similar programme to support those directly in recovery too.

Currently all our meetings operate remotely via Zoom allowing us to help and support more people in more locations without any natural barriers to location. Meetings are hosted by trained GamFam facilitators.

## REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 OCTOBER 2024

The GRA5P programme delivers a strong support network so that group members can start to understand the devastating impact that a gambling disorder can have. It also offers guidance on how individuals, families and friends can help themselves, as well as practical suggestions for coping day-by-day and moving towards a more positive future.

Through structured peer support the GRA5P programme gives its members the opportunity to share their experiences in a safe space, with no fear of judgement and with others who have real empathy and understanding with their own unique situation.

### *What difference does GamFam make to our peer group members*

GamFam offers affected others and gamblers in recovery a safe, confidential space to share and support with other peers. Our peer groups are structured around the GRA5P five step programme. All facilitators have lived experience of gambling harms and have attended our in-house training, safeguarding training and the Suffolk Mind's 'The Essentials' mental health training.

### *Feedback from our members*

*"Being able to relate to others who have had similar experiences. Listening and being heard, sharing and learning. But most of all having support and people who genuinely care."*

*"It has helped me to cope immensely with a member of family gambling on how to deal with the myriad of issues arising."*

*"It has provided me with a safe space to discuss issues related to gambling with people who understand what I am going through."*

*"It has given me the road back to life."*

*"It has given me huge support. A space in which to talk freely about my anxieties and from which to gain strategies to help me manage."*

*"If I didn't have GamFam, I would be seriously ill, both mentally and physically. I was totally unable to cope with my gambler."*

*"It's kept me mentally stable. Has given me hope that things can get better. It's shown me ways to put things in place to help prevent the gambler in our family from gambling."*

*"It's enabled me to process my own thoughts and think more clearly. For the first time in 2 years, I've started to talk about my life living with an addict/addict in recovery. It's like a weight has been lifted."*

## REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 OCTOBER 2024

### ***Information and Awareness***

GamFam want to change people's perceptions about gambling and help combat the stigma surrounding gambling harms which is often referred to as the 'hidden addiction' so that gambling is viewed on the same level as other addictions such as drugs and alcohol.

Gambling is often promoted as 'a bit of fun' and has been normalised as an integral part of enjoying sport, in particular football. In addition, a recent report found that children who enjoyed the risk of simulated online gaming were more likely to gamble later in life.

Through our CPD accredited Information and Awareness programmes we want to support all people but with a particular focus on parents/carers, families and professionals working with young people to enable them to make informed choices and decisions about gambling.

The GamFam CPD accredited Information and Awareness presentations cover the following topics :

- The links between online gaming and gambling
- How gambling has changed and that potentially we all have access to a *casino in our pocket* through our mobile devices
- 10 Things to Look For & 10 Things to Do
- Preparing for 18
- Next Steps – additional support and signposting

Our presentations are age appropriate and can be delivered to parents/carers, families or professionals of children and youngsters of any age through to adults and offer strategies and advice for The Early Years (Key Stage 2, Key Stage 3) Preparing for 18 (Key Stage 4), Off to University/Work (Key Stage 5) and beyond.

### ***Other Projects***

#### ***Regionalised Pathways***

GamFam are currently working within Suffolk, Norfolk and Essex to develop bespoke regionalised pathways. This includes working with local organisations to raise awareness of gambling harms; developing our CPD accredited Information and Awareness programme; setting up referral and signposting pathways and extending our offer of structured Peer Support through our GRA5P programme for both affected others and gamblers in recovery.

We hope that our experience in Suffolk, Norfolk and Essex will enable us to develop this model in other regions too.

## REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 OCTOBER 2024

### **Financial Review**

The Charity is now firmly established, and our cost base has increased accordingly. Notwithstanding our increased costs, a surplus of £97,395 (2023: £195,506) was generated in the year under review and the addition to reserves will support the sustainability of our activities.

### ***Principal Funding Sources***

During the year 41% of income was derived from grants and fees (2023: 55%), 56% from voluntary donations (2023: 45%) and 3% (2023: 0%) from interest receivable.

### ***Reserves Policy***

In The Trustees' view, the reserves should provide GamFam with adequate financial stability and the means for it to meet its charitable objectives for the foreseeable future.

The Trustees have adopted a policy of retaining sufficient free reserves to ensure the continuity of operations and to absorb periodic setbacks, while committing to the maximum amount available for the provision of services to our service-users.

The following formula for the calculation of free reserves was adopted by The Trustees:

- Six months operational expenditure (including cost of Services, Salaries & Overhead) multiplied by a contingency factor of 20%.

Less

- 75% of projected income over the same 6-month period

Reserves are to retained in a combination of GamFam's bank current account, fixed term deposit accounts and an instant access deposit account. The allocation between accounts is determined by GamFam's liquidity requirements based on its financial projections.

The Trustees will review the amount of reserves that are required to fulfil GamFam's continuing obligations at a minimum of every six months. Care will be taken to consider changing funding structures and activity growth strategies. The policy will be reviewed at a minimum of every two years.

### ***Investment Policy***

Most of the charity's funds are to be spent in the short term so there are no funds for long term investment.

## **REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 OCTOBER 2024**

### **Plans for Future Periods**

GamFam have worked hard to establish itself as a well-respected independent Charity. We currently support over 300 people on a regular basis and have held in excess of 2,000 online Peer Support sessions on our various GRA5P groups with a further proportion who do not access support on groups on a regular basis but are supported on an ad-hoc basis and are part of our quarterly check in routine.

We pride ourselves on being able to respond to all referrals and enquiries within 24 hours (if not sooner) and where appropriate currently have the facility to place those in need of support onto a group within one week.

Lived Experience is at the heart of everything we do, and we will continue to identify those group members who have the desire to become fully trained GamFam facilitators to enable us to increase the number of groups that we operate. We have developed our own in-house CPD accredited Facilitator Training programme that means we will be able to help more people in more locations without compromising the quality of our service.

Our plan is to adopt a co-facilitation model and use our established and experienced facilitators to work as mentors to support new facilitators in the early stages of their service. This will help us ensure that group members continue to receive the quality of support that they require.

The appointment of an Operations Manager has been crucial to GamFam as it has given the charity the opportunity to take a more strategic approach beyond the day to day running of the organisation as it grows.

We have also appointed a Recovery Lead and an Affected Others Lead to help support the growth of GamFam. This has helped us support more people in more locations without compromising the quality of our offer. In addition we have also appointed a part-time project manager to deliver our work in Suffolk, Norfolk and Essex.

### **Structure, Governance and Management**

#### ***Governing Document***

The organisation is a charitable company limited by guarantee, incorporated on 11 October 2019 and was awarded full charity status by the Charities Commission for England and Wales on 3 September 2020 and the Office of the Scottish Regulator (OSCR) on 2 March 2022.

The company was established under a Memorandum of Association which established the objects and powers of the charitable company and is governed under its Articles of Association. In the event of the company being wound up members are required to contribute an amount not exceeding £1.

## **REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 OCTOBER 2024**

### ***Recruitment and Appointment of Trustees***

The directors of the company are also charity trustees for the purposes of charity law. Under the requirements of the Memorandum and Articles of Association Trustees are elected to serve for a period of three years after which they must be re-elected at the next Annual General Meeting.

All Trustees give their time voluntarily and received no benefits from the charity. Any expenses reclaimed from the charity are set out in note 6 to the financial statements.

### ***Trustee Induction and Training***

The GamFam Trustees have worked diligently since the charity was established to ensure that our policies and procedures are robust and underpin the aims and values of the charity.

The GamFam Trustee Code of Conduct is fundamental to ensure that all trustees are fully aware of their responsibilities within their respective roles. As GamFam is a member of the National Council for Voluntary Organisations (NCVO), our trustees are encouraged to attend courses to help develop their skills in areas they would like to enhance and develop their knowledge and understanding to support the organisation.

In future the Trustees will be looking to increase numbers to further enhance the skill set to continue to support GamFam to grow and develop in line with its aims and objectives.

### ***Risk Management***

The Trustees have conducted a review of the major risks to which the charity is exposed. A risk register has been established and is updated at least annually. Where appropriate, systems or procedures have been established to mitigate the risks the charity faces. Procedures are in place to ensure compliance with health and safety of staff, volunteers and clients. These procedures are periodically reviewed to ensure that they continue to meet the needs of the charity.

### ***Organisational Structure***

A scheme of delegation is in place and day to day responsibility for the provision of the services rest with the Chief Executive Officer who is responsible for ensuring that the charity delivers the services specified and that key performance indicators are met.

### ***Employee Information***

As of 31 October 2024 and at the date of this report GamFam has two full time employees and three part time employees. GamFam engages with a number of facilitators, counsellors and peer support workers on a self-employed contract basis.

The Chief Executive Officer meets regularly with the Trustees to discuss strategy and priorities.

## REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 OCTOBER 2024

### Responsibilities of the Directors

Company law requires the Directors to prepare financial statements for each financial year which give a true and fair view of the state of the affairs of the charitable company as at the balance sheet date and of its incoming resources and application of resources, including income and expenditure, for the financial year. In preparing those financial statements, the management committee should follow best practice and:

- select suitable accounting policies and then apply them consistently
- observe the methods and principles in the Charities Statement of Recommended Practice
- make judgements and estimates that are reasonable and prudent
- state whether applicable UK Accounting Standards and Statements of Recommended Practice have been followed, subject to any material departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is not appropriate to assume that the company will continue on that basis.

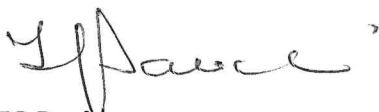
The Directors are responsible for maintaining proper accounting records which disclose with reasonable accuracy at any time the financial position of the charitable company and to enable them to ensure that the financial statements comply with the Companies Act 2006. The Directors are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

### Trustees

Trustees, who are directors for the purpose of company law and trustees for the purpose of charity law, who served during the year and up to the date of this report are set out on page 3.

This report has been prepared in accordance with the Charities SORP (FRS102) and in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small entities.

Approved by the Trustees on 30 June 2025 and signed on their behalf by:



**TG Davies**

Director and Chair of Trustees

## INDEPENDENT EXAMINER'S REPORT ON THE FINANCIAL STATEMENTS

### Report to the directors of GamFam ("the Company") on the financial statements for the year ended 31 October 2024

I report to the charity trustees on my examination of the financial statements of the Company for the year ended 31 October 2024 set out on pages 12 to 18.

As the charity's trustees of the Company (who are also the directors of the company for the purposes of company law), you are responsible for the preparation of the financial statements in accordance with the requirements of the Companies Act 2006 ("the 2006 Act") and the terms of the Charities and Trustee Investment (Scotland) Act 2005 ("the 2005 Act") and the Charities Accounts (Scotland) Regulations 2006 (as amended) ("the 2006 Accounts Regulations").

Having satisfied myself that the financial statements of the Company are not required to be audited for this period under Part 16 of the 2006 Act and Regulation 10(1) (a) to (c) of the 2006 Accounts Regulations, and are eligible for independent examination, I report in respect of my examination of your charity's financial statements as carried out under section 145 of the Charities Act 2011 ("the 2011 Act") and Regulation 11 of the 2006 Accounts Regulations. In carrying out my examination, I have followed the Directions given by the Charity Commission (under section 145(5)(b) of the 2011 Act and under section 44(1)(c) of the 2005 Act.

The Company's gross income exceeded £250,000 and I am qualified to undertake the examination by being a qualified member of The Association of Chartered Certified Accountants.

I have completed my examination. I confirm that no material matters have come to my attention which gives me cause to believe that:

- accounting records were not kept in accordance with section 386 of the 2006 Act; Section 44(1) (a) of the 2005 Act; and Regulation 4 of the 2006 Accounts Regulations; or
- the financial statements do not accord with such records; or
- the financial statements do not comply with relevant accounting requirements under section 396 of 2006 Act and Regulation 8 of the 2006 Accounts Regulations other than any requirement that the financial statements give a 'true and fair' view which is not a matter considered as part of an independent examination; or
- to prepare accounts which accord with the accounting records and comply with Regulation 8 of the 2006 Accounts Regulations
- the financial statements have not been prepared in accordance with the Charities SORP (FRS102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the financial statements to be reached.



**Paul Dearsley FCA**  
Aston Ley Limited  
Aston Ley Barn  
Hermitage Meadow  
Clare CO10 8QQ

30 June 2025

**STATEMENT OF FINANCIAL ACTIVITIES** (incorporating an income and expenditure account)

For the year ended 31 October 2024

		2024	2024	2024	2023
	Notes	Unrestricted £	Restricted £	Total £	Total £
<b>Income</b>					
Voluntary donations		204,469	1,600	206,069	217,650
Grants		82,919	50,558	133,477	239,566
Fee income		18,817	855	19,672	26,584
Interest receivable		11,468	-	11,468	5
<b>Total income</b>		<b>317,673</b>	<b>53,013</b>	<b>370,686</b>	<b>483,805</b>
<b>Expenditure</b>					
Governance costs	2	206,028	51,413	257,441	288,299
Donations made		-	15,850	15,850	-
<b>Total expenditure</b>		<b>206,028</b>	<b>67,263</b>	<b>273,291</b>	<b>288,299</b>
<b>Net income for the period and movement in funds</b>		<b>111,645</b>	<b>(14,250)</b>	<b>97,395</b>	<b>195,506</b>
<b>Reconciliation of funds</b>					
Funds brought forward		292,400	14,250	306,650	111,144
<b>Funds carried forward</b>		<b>404,045</b>	<b>-</b>	<b>404,045</b>	<b>306,650</b>

## BALANCE SHEET

As at 31 October 2024

	Notes	2024 Unrestricted £	2024 Restricted £	2024 Total £	2023 Total £
<b>Fixed assets</b>					
Tangible fixed assets	5	274	-	274	740
<b>Current assets</b>					
Debtors	6	5,425	-	5,425	980
Cash at bank and in hand		419,839	765	420,604	429,518
		425,264	765	426,029	430,498
Creditors: amounts falling due within one year	7	(21,493)	(765)	(22,258)	(124,588)
<b>Net current assets</b>		<b>403,771</b>	<b>-</b>	<b>403,771</b>	<b>305,910</b>
<b>Net assets</b>		<b>404,045</b>	<b>-</b>	<b>404,045</b>	<b>306,650</b>
Unrestricted funds		404,045	-	404,045	292,400
Restricted funds		-	-	-	14,250
<b>Total Funds</b>		<b>404,045</b>	<b>-</b>	<b>404,045</b>	<b>306,650</b>

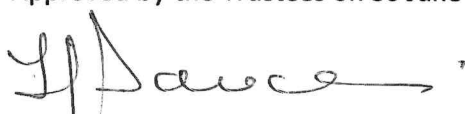
The company was entitled to exemption from audit under s477 of the Companies Act 2006 relating to small companies.

The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.

The directors acknowledge their responsibilities for complying with the requirements of the Companies Act with respect to accounting records and the preparation of accounts.

These accounts have been prepared in accordance with the provisions applicable to small companies subject to the small companies' regime and in accordance with the Charities SORP (FRS102).

Approved by the Trustees on 30 June 2025 and signed on their behalf by:



**TG Davies**

Director and Chair of Trustees

## NOTES FORMING PART OF THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 OCTOBER 2024

### 1. Accounting policies

The principal accounting policies are summarised below. The accounting policies have been applied consistently throughout the period.

#### (a) Basis of preparation

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS102), the Companies Act 2006 and The Charities Accounts (Scotland) Regulation 2006 (as amended).

Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy or note.

#### (b) Public benefit entity

The charitable company meets the definition of a public benefit entity under FRS102.

#### (c) Going concern

The Trustees consider that there are no material uncertainties about the charitable company's ability to continue as a going concern.

The Trustees do not consider that there are any sources of estimation or uncertainty at the reporting date that have a significant risk of causing a material adjustment to the carrying amounts of assets and liabilities within the next reporting period.

#### (d) Income

Income is included in the statement of financial activities when the charity is entitled to the funds, any performance conditions attached to the income have been met, and the amount can be quantified with reasonable accuracy.

Income received in advance of the provision of a specified service is deferred until the criteria for income recognition are met.

Donated services and facilities are included at the value to the charity where this can be quantified. The value of services provided by volunteers has not been included in these accounts.

**NOTES FORMING PART OF THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 OCTOBER 2024**

**1. Accounting policies (continued)**

**(d) Income (continued)**

Gift Aid receivable is included in income when there is a valid declaration from the donor. Any Gift Aid amount recovered on a donation is considered to be part of that gift and is treated as an addition to the same fund as the initial donation unless the donor or the terms of the appeal have specified otherwise.

**(e) Fund accounting**

Unrestricted funds are available for use at the discretion of the trustees in furtherance of the general objectives of the charity.

Restricted funds are subjected to restrictions on their expenditure imposed by the donor or through the terms of an appeal.

**(f) Expenditure**

Expenditure is recognised on an accrual basis as a liability is incurred. Expenditure includes irrecoverable VAT which is reported as part of the expenditure to which it relates.

**(g) Governance costs**

Governance costs include those costs associated with meeting the constitutional and statutory requirements of the charity and include the professional fees and costs linked to the strategic management of the charity.

**(h) Tangible fixed assets and depreciation**

Tangible fixed assets are included at cost less depreciation and impairment. Depreciation has been computed to write off the cost of tangible fixed assets over their expected useful lives as follows:

Computers and Communications Equipment - 3 years

**NOTES FORMING PART OF THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 OCTOBER 2024**

**2. Governance costs**

	<b>2024</b>	<b>2024</b>	<b>2024</b>	<b>2023</b>
	<b>Unrestricted</b>	<b>Restricted</b>	<b>Total</b>	<b>Total</b>
	<b>£</b>	<b>£</b>	<b>£</b>	<b>£</b>
Employment costs (note 3)	145,090	-	145,090	123,526
Project management	-	13,335	13,335	23,167
Facilitator costs	31,730	-	31,730	54,363
Other delivery costs	14,797	17,837	32,634	45,422
Accountancy and independent examination fees	5,329	-	5,329	5,609
Website, marketing and design	371	7,707	8,078	15,550
Training	1,606	-	1,606	879
Other professional fees	284	-	284	349
Depreciation	466	-	466	709
Travel and subsistence	3,237	3,404	6,641	13,513
Other costs	12,068	180	12,248	5,212
Shared cost recharge	(8,950)	8,950	-	-
	<b>206,028</b>	<b>51,413</b>	<b>257,441</b>	<b>288,299</b>

**3. Employees**

**Analysis of employment costs**

	<b>2024</b>	<b>2023</b>
	<b>£</b>	<b>£</b>
Salaries	115,659	101,783
Social security costs	7,135	2,020
Pension costs	22,296	19,723
	<b>145,090</b>	<b>123,526</b>

**Employee numbers**

The average monthly number of employees was four (2022 - two).

The charity considers its key management personnel comprise the trustees and the CEO.

Trustees are prohibited from receiving remuneration under the Articles of Association. The total employment benefits including employer pension contributions of the key management personnel were £83,972 (2023: £79,075).

**The number of employees whose emoluments exceeded £60,000 were:**

	<b>2024</b>	<b>2023</b>
	<b>£</b>	<b>£</b>
£70,001 - £80,000	-	1
£80,001 - £90,000	1	-

**NOTES FORMING PART OF THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 OCTOBER 2024**

**4. Taxation**

As a charity, GamFam is exempt from tax on income and gains falling within section 505 of the Taxes Act 1988 or s256 of the Taxation of Chargeable Gains Act 1992 to the extent that these are applied to its charitable objects. No tax charges have arisen in the Charity.

**5. Tangible Fixed Assets - Computers and Communications Equipment**

	Unrestricted £
<b>Cost</b>	
At 1 November 2023	2,379
Additions	-
<b>At 31 October 2024</b>	<b>2,379</b>
<b>Accumulated depreciation</b>	
At 1 November 2023	1,639
Charge for the year	466
<b>At 31 October 2024</b>	<b>2,105</b>
<b>Net book value</b>	
<b>At 31 October 2024</b>	<b>274</b>
At 1 November 2023	740

**6. Debtors**

	2024 Unrestricted £	2024 Restricted £	2024 Total £	2023 Total £
Prepayments and accrued income	5,425	-	5,425	980
	<b>5,425</b>	<b>-</b>	<b>5,425</b>	<b>980</b>

**7. Creditors: amounts falling due within one year**

	2024 Unrestricted £	2024 Restricted £	2024 Total £	2023 Total £
Trade creditors	2,084	-	2,084	1,500
Other creditors	1,142	-	1,142	300
Other taxes and social security	22	-	22	3,215
Accruals and deferred income	18,245	765	19,010	119,573
	<b>21,493</b>	<b>765</b>	<b>22,258</b>	<b>124,588</b>

**NOTES FORMING PART OF THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 OCTOBER 2024**

**8. Related party transactions**

Donations include £nil (2023: £5,000) received from TG Davies, Chair of Trustees, together with associated Gift Aid of £nil (2022: £1,250).

**9. Legal status of the charity**

The Charity is a company limited by guarantee and has no share capital. The liability of each member in the event of winding up is limited to £1.

**GAMFAM**

England & Wales - Charity number 1191139

---

# Accounts

---



**GAMFAM**

(a company limited by guarantee)

**TRUSTEES' REPORT AND FINANCIAL STATEMENTS  
for the year ended 31 October 2023**

**Charity number 1191139 (England & Wales)**

**Charity number SC051622 (Scotland)**

**Company number 12255967**

## REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 OCTOBER 2023

The Trustees present the directors' report and financial statements for the year ended 31 October 2023.

### Reference and Administrative Information

Charity Name: GamFam  
Charity Registration Number: 1191139 (England & Wales)  
Charity Registration Number: SC051622 (Scotland)  
Company Registration Number: 12255967  
Registered Office: 19 Holywells Road  
Ipswich  
Suffolk IP3 0DL

### Trustees

Trustees, who are also directors under company law, who served during the year and up to the date of this report were as follows:

T Glyn Davies (Chair)  
Erica J Dyson  
Jeanne M Rowe  
Barry P Grant

### Secretary

Ian Aston FCA

### Chief Executive Officer

Steven Watts

### Independent Examiner

Paul Dearsley FCCA  
Aston Ley Limited  
Aston Ley Barn  
Hermitage Meadow  
Clare CO10 8QQ

### Bankers

Lloyds Bank plc  
3 Sidney Street  
Cambridge CB2 3HQ

### Solicitors

Birketts LLP  
Providence House  
141-145 Princess Street  
Ipswich IP1 1QJ

## REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 OCTOBER 2023

### Our Aims and Objectives

We are incredibly proud to share with you the annual report for GamFam for the year ended 31 October 2023.

#### *Who are GamFam*

GamFam was incorporated on 11 October 2019 and was awarded full charity status by the Charities Commission for England and Wales on 3 September 2020 and the Office of the Scottish Regulator (OSCR) on 2 March 2022.

GamFam was originally founded by the parents of a young man, who developed an online gaming addiction which escalated into a gambling disorder and had no idea where to go for support or that a gambling addiction was in fact, a recognised mental health disorder.

With 20 years' experience of working in education our founder was fully aware that there was little or no help and support for parents/carers surrounding gambling harms awareness and that structured peer support for those affected by someone else's gambling was hard to access or very much in short supply. With this information and understanding our founder developed an information and awareness programme for parents/carers and also began developing the GamFam Recovery and Support Programme (GRA5P) – a five stage structured self-help peer support programme for those affected by someone else's gambling – in conjunction with Suffolk Mind, our mental health partner.

Using the '*if only we knew then, what we know now*' approach, GamFam began visiting schools in the Essex area meeting and presenting to the parents/carers of junior school children right through to the parents of students embarking on the world of work or off to university. Feedback highlighted that the majority of parents were unaware of the risks associated with gambling harms and our various '10 Things to Look For, 10 Things to Do' models proved a valuable resource to help parents recognise the early warning signs and to give them the tools to have a better understanding and practical tools and barriers to help them support their children both now and in the future.

Prior to the Coronavirus pandemic in 2020 our expectation was to serve and support the people of Essex and Suffolk and surrounding areas. However, the opportunity to work remotely has given GamFam the opportunity to support others beyond our immediate geographical location, meaning we now work with more people in more areas.

Originally, our GRA5P model was aimed at families and friends affected by someone else's gambling. However, it soon became apparent that whilst we were able to support our group members, often their loved ones were not engaging in any meaningful medium to long term support beyond perhaps initial therapy or counselling and in many cases nothing at all.

Therefore, more out of demand rather than design, GamFam created a GRA5P model for the person directly experiencing gambling harms, one that complements our existing model for families and friends.

## REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 OCTOBER 2023

### Purposes and Aims

Our charity's purposes as set out in the objects contained in the company's memorandum of association are to benefit the public by the preservation and protection of good mental health and the relief of need among people who have developed or who are at risk of developing a gambling addiction, their parents, families and friends by:

- raising public awareness and understanding of the early warning signs commonly associated with the development of a gambling addiction to promote early intervention and minimise any related potential harms;
- providing advice and support in particular but not exclusively to the parents, family and friends of teenagers and young people at the risk of a gambling addiction;
- assisting and supporting individuals who have or may be at risk of a gambling addiction; and
- raising general awareness amongst the public of the issue of gambling addiction.

### *Our Vision*

Empowering individuals and families to alleviate the impact of gambling harms and move towards a positive future.

### *Our Mission*

To offer hope to anyone affected by gambling harms and the opportunity to share their experiences in a safe space, without fear of judgement with others who have genuine empathy and understanding.

### *How we achieve our Mission*

- We provide advice and support to those directly and indirectly affected by gambling harms through structured peer support and signposting to relevant partners and agencies.
- By raising public awareness and understanding of the early warning signs commonly associated with the development of a gambling addiction we aim to promote early intervention and minimise any related potential harms.

### *Our Values*

GamFam is an organisation that is committed to supporting any person directly or indirectly affected by gambling harms by:

- Ensuring **Lived Experience** of gambling harms is at the centre of everything we do;
- Providing a safe, supportive and inclusive service with **care** and respect;
- Carrying out our work to the highest of standards and with **integrity**; and
- Working with like-minded partners, organisations and our members in **partnership**.

## REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 OCTOBER 2023

### *Ensuring our work delivers our aims*

We will review our aims, objectives and activities each year. The annual review helps us ensure our aims, objectives and activities remain focused on our stated purposes. We have referred to the guidance contained in the Charity Commission's general guidance on public benefit when reviewing our aim and objectives and in planning our future activities. In particular, the trustees consider how planned activities will contribute to the aims and objectives they have set.

### **The focus of our work**

#### *What have we done well*

We have:

- increased the number of people accessing support through our GRA5P programme without compromising the quality of what we offer;
- consistently contacted all enquiries and referrals within 24 hours from initial contact;
- we have held in excess of 1,000 online Peer Support meetings and have 150+ members getting regular support with us;
- developed a 3 monthly check in procedure for all non-active members;
- developed a CPD accredited facilitator training programme to enable those with lived experience to train as paid, sessional facilitators;
- developed a CPD accredited Gaming and Gambling Harms Information & Awareness workshop;
- a committed and supportive board of Trustees;
- written and developed a comprehensive set of policies and procedures; and
- evaluated our service provision with feedback from members.

### **How our activities deliver public benefit**

#### *Our Programmes*

##### *Peer Support*

We offer support through GRA5P – The GamFam Recovery and Support Programme, a structured 5-stage self-help peer support programme which was originally designed to support those affected by someone else's gambling. However, out of demand, GamFam have now developed a similar programme to support those directly in recovery too.

Currently all our meetings operate remotely via Zoom allowing us to help and support more people in more locations without any natural barriers to location. Meetings are hosted by trained GamFam facilitators.

## REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 OCTOBER 2023

The GRA5P programme delivers a strong support network so that group members can start to understand the devastating impact that a gambling disorder can have. It also offers guidance on how individuals, families and friends can help themselves, as well as practical suggestions for coping day-by-day and moving towards a more positive future.

Through structured peer support the GRA5P programme gives its members the opportunity to share their experiences in a safe space, with no fear of judgement and with others who have real empathy and understanding with their own unique situation.

### *What difference does GamFam make to our peer group members*

GamFam offers affected others and gamblers in recovery a safe, confidential space to share and support with other peers. Our peer groups are structured around the GRA5P five step programme. All facilitators have lived experience of gambling harms and have attended our in-house training, safeguarding training and the Suffolk Mind's 'The Essentials' mental health training.

### *Feedback from our members*

*"Being able to relate to others who have had similar experiences. Listening and being heard, sharing and learning. But most of all having support and people who genuinely care."*

*"It has helped me to cope immensely with a member of family gambling on how to deal with the myriad of issues arising."*

*"It has provided me with a safe space to discuss issues related to gambling with people who understand what I am going through."*

*"It has given me the road back to life."*

*"It has given me huge support. A space in which to talk freely about my anxieties and from which to gain strategies to help me manage."*

*"If I didn't have GamFam, I would be seriously ill, both mentally and physically. I was totally unable to cope with my gambler."*

*"It's kept me mentally stable. Has given me hope that things can get better. It's shown me ways to put things in place to help prevent the gambler in our family from gambling."*

*"It's enabled me to process my own thoughts and think more clearly. For the first time in 2 years, I've started to talk about my life living with an addict/addict in recovery. It's like a weight has been lifted."*

## REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 OCTOBER 2023

### ***Information and Awareness***

GamFam want to change people's perceptions about gambling and help combat the stigma surrounding gambling harms which is often referred to as the 'hidden addiction' so that gambling is viewed on the same level as other addictions such as drugs and alcohol.

Gambling is often promoted as 'a bit of fun' and has been normalised as an integral part of enjoying sport, in particular football. In addition, a recent report found that children who enjoyed the risk of simulated online gaming were more likely to gamble later in life.

Through our CPD accredited Information and Awareness programmes we want to support all people but with a particular focus on parents/carers, families and professionals working with young people to enable them to make informed choices and decisions about gambling.

The GamFam CPD accredited Information and Awareness presentations cover the following topics :

- The links between online gaming and gambling
- How gambling has changed and that potentially we all have access to a *casino in our pocket* through our mobile devices
- 10 Things to Look For & 10 Things to Do
- Preparing for 18
- Next Steps – additional support and signposting

Our presentations are age appropriate and can be delivered to parents/carers, families or professionals of children and youngsters of any age through to adults and offer strategies and advice for The Early Years (Key Stage 2, Key Stage 3) Preparing for 18 (Key Stage 4), Off to University/Work (Key Stage 5) and beyond.

### ***Other Projects***

#### ***Regionalised Pathways***

GamFam are currently working within Suffolk, Norfolk and Essex to develop bespoke regionalised pathways. This includes working with local organisations to raise awareness of gambling harms; developing our CPD accredited Information and Awareness programme; setting up referral and signposting pathways and extending our offer of structured Peer Support through our GRA5P programme for both affected others and gamblers in recovery.

We hope that our experience in Suffolk, Norfolk and Essex will enable us to develop this model in other regions too.

## REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 OCTOBER 2023

### **Financial Review**

The Charity is now firmly established, and our cost base has increased accordingly. Notwithstanding our increased costs, a surplus of £195,506 (2022: £20,201) was generated in the year under review and the addition to reserves will support the sustainability of our activities.

### ***Principal Funding Sources***

During the year 55% of income was derived from grants and fees (2022: 76%) and 45% from voluntary donations (2022: 24%).

### ***Reserves Policy***

In The Trustees' view, the reserves should provide GamFam with adequate financial stability and the means for it to meet its charitable objectives for the foreseeable future.

The Trustees have adopted a policy of retaining sufficient free reserves to ensure the continuity of operations and to absorb periodic setbacks, while committing to the maximum amount available for the provision of services to our service-users.

The following formula for the calculation of free reserves was adopted by The Trustees:

- Six months operational expenditure (including cost of Services, Salaries & Overhead) multiplied by a contingency factor of 20%.

Less

- 75% of projected income over the same 6-month period

Reserves are to be retained in a combination of GamFam's Bank Current Account, fixed term deposit accounts and an instant access deposit account. The allocation between accounts is determined by GamFam's liquidity requirements based on its financial projections.

The Trustees will review the amount of reserves that are required to fulfil GamFam's continuing obligations at a minimum of every six months. Care will be taken to consider changing funding structures and activity growth strategies. The policy will be reviewed at a minimum of every two years.

### ***Investment Policy***

Most of the charity's funds are to be spent in the short term so there are no funds for long term investment.

## REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 OCTOBER 2023

### **Plans for Future Periods**

GamFam have worked hard to establish itself as a well-respected independent Charity. We currently support over 150 people on a regular basis and have held in excess of 1,000 online Peer Support sessions on our various GRA5P groups with a further proportion who do not access support on groups on a regular basis but are supported on an ad-hoc basis and are part of our quarterly check in routine.

We pride ourselves on being able to respond to all referrals and enquiries within 24 hours (if not sooner) and where appropriate currently have the facility to place those in need of support onto a group within one week.

Lived Experience is at the heart of everything we do, and we will continue to identify those group members who have the desire to become fully trained GamFam facilitators to enable us to increase the number of groups that we operate. We have developed our own in-house CPD accredited Facilitator Training programme that means we will be able to help more people in more locations without compromising the quality of our service.

Our plan is to adopt a co-facilitation model and use our established and experienced facilitators to work as mentors to support new facilitators in the early stages of their service. This will help us ensure that group members continue to receive the quality of support that they require.

The appointment of an Operations Manager has been crucial to GamFam as it has given the charity the opportunity to take a more strategic approach beyond the day to day running of the organisation as it grows.

### **Structure, Governance and Management**

#### ***Governing Document***

The organisation is a charitable company limited by guarantee, incorporated on 11 October 2019 and was awarded full charity status by the Charities Commission for England and Wales on 3 September 2020 and the Office of the Scottish Regulator (OSCR) on 2 March 2022.

The company was established under a Memorandum of Association which established the objects and powers of the charitable company and is governed under its Articles of Association. In the event of the company being wound up members are required to contribute an amount not exceeding £1.

#### ***Recruitment and Appointment of Trustees***

The directors of the company are also charity trustees for the purposes of charity law. Under the requirements of the Memorandum and Articles of Association Trustees are elected to serve for a period of three years after which they must be re-elected at the next Annual General Meeting.

## **REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 OCTOBER 2023**

All Trustees give their time voluntarily and received no benefits from the charity. Any expenses reclaimed from the charity are set out in note 6 to the financial statements.

### ***Trustee Induction and Training***

The GamFam Trustees have worked diligently since the charity was established to ensure that our policies and procedures are robust and underpin the aims and values of the charity.

The GamFam Trustee Code of Conduct is fundamental to ensure that all trustees are fully aware of their responsibilities within their respective roles. As GamFam is a member of the National Council for Voluntary Organisations (NCVO), our trustees are encouraged to attend courses to help develop their skills in areas they would like to enhance and develop their knowledge and understanding to support the organisation.

In future the Trustees will be looking to increase numbers to further enhance the skill set to continue to support GamFam to grow and develop in line with its aims and objectives.

### ***Risk Management***

The Trustees have conducted a review of the major risks to which the charity is exposed. A risk register has been established and is updated at least annually. Where appropriate, systems or procedures have been established to mitigate the risks the charity faces. Procedures are in place to ensure compliance with health and safety of staff, volunteers and clients. These procedures are periodically reviewed to ensure that they continue to meet the needs of the charity.

### ***Organisational Structure***

A scheme of delegation is in place and day to day responsibility for the provision of the services rest with the Chief Executive Officer who is responsible for ensuring that the charity delivers the services specified and that key performance indicators are met.

### ***Employee Information***

As of 31 October 2023 and at the date of this report GamFam has two full time employees and one part time employee. GamFam engages with a number of facilitators, counsellors and peer support workers on a self-employed contract basis.

The Chief Executive Officer meets regularly with the Trustees to discuss strategy and priorities.

### ***Responsibilities of the Directors***

Company law requires the Directors to prepare financial statements for each financial year which give a true and fair view of the state of the affairs of the charitable company as at the balance sheet date and of its incoming resources and application of resources, including

## REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 OCTOBER 2023

income and expenditure, for the financial year. In preparing those financial statements, the management committee should follow best practice and:

- select suitable accounting policies and then apply them consistently
- observe the methods and principles in the Charities Statement of Recommended Practice
- make judgements and estimates that are reasonable and prudent
- state whether applicable UK Accounting Standards and Statements of Recommended Practice have been followed, subject to any material departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is not appropriate to assume that the company will continue on that basis.

The Directors are responsible for maintaining proper accounting records which disclose with reasonable accuracy at any time the financial position of the charitable company and to enable them to ensure that the financial statements comply with the Companies Act 2006. The Directors are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

### Trustees

Trustees, who are directors for the purpose of company law and trustees for the purpose of charity law, who served during the year and up to the date of this report are set out on page 3.

This report has been prepared in accordance with the Charities SORP (FRS102) and in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small entities.

Approved by the Trustees on 4 June 2024 and signed on their behalf by:

**TG Davies**

Director and Chair of Trustees

## **INDEPENDENT EXAMINER'S REPORT ON THE FINANCIAL STATEMENTS**

### **Report to the directors of GamFam ("the Company") on the financial statements for the year ended 31 October 2023**

I report to the charity trustees on my examination of the financial statements of the Company for the year ended 31 October 2023 set out on pages 12 to 18.

As the charity's trustees of the Company (who are also the directors of the company for the purposes of company law), you are responsible for the preparation of the financial statements in accordance with the requirements of the Companies Act 2006 ("the 2006 Act") and the terms of the Charities and Trustee Investment (Scotland) Act 2005 ("the 2005 Act") and the Charities Accounts (Scotland) Regulations 2006 (as amended) ("the 2006 Accounts Regulations").

Having satisfied myself that the financial statements of the Company are not required to be audited for this period under Part 16 of the 2006 Act and Regulation 10(1) (a) to (c) of the 2006 Accounts Regulations, and are eligible for independent examination, I report in respect of my examination of your charity's financial statements as carried out under section 145 of the Charities Act 2011 ("the 2011 Act") and Regulation 11 of the 2006 Accounts Regulations. In carrying out my examination, I have followed the Directions given by the Charity Commission (under section 145(5)(b) of the 2011 Act and under section 44(1)(c) of the 2005 Act.

The Company's gross income exceeded £250,000 and I am qualified to undertake the examination by being a qualified member of The Association of Chartered Certified Accountants.

I have completed my examination. I confirm that no material matters have come to my attention which gives me cause to believe that:

- accounting records were not kept in accordance with section 386 of the 2006 Act; Section 44(1) (a) of the 2005 Act; and Regulation 4 of the 2006 Accounts Regulations; or
- the financial statements do not accord with such records; or
- the financial statements do not comply with relevant accounting requirements under section 396 of 2006 Act and Regulation 8 of the 2006 Accounts Regulations other than any requirement that the financial statements give a 'true and fair' view which is not a matter considered as part of an independent examination; or
- to prepare accounts which accord with the accounting records and comply with Regulation 8 of the 2006 Accounts Regulations
- the financial statements have not been prepared in accordance with the Charities SORP (FRS102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the financial statements to be reached.

**Paul Dearsley FCCA**

Aston Ley Limited  
Aston Ley Barn  
Hermitage Meadow  
Clare CO10 8QQ

4 June 2024

**STATEMENT OF FINANCIAL ACTIVITIES** (incorporating an income and expenditure account)

For the year ended 31 October 2023

		<b>2023</b>	<b>2023</b>	<b>2023</b>	<b>2022</b>
	<b>Notes</b>	<b>Unrestricted</b>	<b>Restricted</b>	<b>Total</b>	<b>Total</b>
		<b>£</b>	<b>£</b>	<b>£</b>	<b>£</b>
<b>Income</b>					
Voluntary donations		211,475	6,175	217,650	55,884
Grants		90,259	149,307	239,566	137,704
Fee income		26,584	-	26,584	38,733
Interest receivable		5	-	5	-
<b>Total income</b>		<b>328,323</b>	<b>155,482</b>	<b>483,805</b>	<b>232,321</b>
<b>Expenditure</b>					
Governance costs	2	138,992	149,307	288,299	212,120
<b>Total expenditure</b>		<b>138,992</b>	<b>149,307</b>	<b>288,299</b>	<b>212,120</b>
<b>Net income for the period and movement in funds</b>		<b>189,331</b>	<b>6,175</b>	<b>195,506</b>	<b>20,201</b>
<b>Reconciliation of funds</b>					
Funds brought forward		102,855	8,075	110,930	90,729
<b>Funds carried forward</b>		<b>292,186</b>	<b>14,250</b>	<b>306,436</b>	<b>110,930</b>

## BALANCE SHEET

As at 31 October 2023

	Notes	2023 Unrestricted £	2023 Restricted £	2023 Total £	2022 Total £
<b>Fixed assets</b>					
Tangible fixed assets	5	740	-	740	1,069
<b>Current assets</b>					
Debtors	6	980	-	980	872
Cash at bank and in hand		387,217	42,301	429,518	324,447
		388,197	42,301	430,498	325,319
Creditors: amounts falling due within one year	7	(96,751)	(28,051)	(124,588)	(215,458)
<b>Net current assets</b>		<b>291,446</b>	<b>14,250</b>	<b>305,910</b>	<b>109,861</b>
<b>Net assets</b>		<b>292,186</b>	<b>14,250</b>	<b>306,650</b>	<b>110,930</b>
Unrestricted funds		292,186	-	292,400	102,855
Restricted funds		-	14,250	14,250	8,075
<b>Total Funds</b>		<b>292,186</b>	<b>14,250</b>	<b>306,650</b>	<b>110,930</b>

The company was entitled to exemption from audit under s477 of the Companies Act 2006 relating to small companies.

The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.

The directors acknowledge their responsibilities for complying with the requirements of the Companies Act with respect to accounting records and the preparation of accounts.

These accounts have been prepared in accordance with the provisions applicable to small companies subject to the small companies' regime and in accordance with the Charities SORP (FRS102).

Approved by the Trustees on 4 June 2024 and signed on their behalf by:

**TG Davies**

Director and Chair of Trustees

## NOTES FORMING PART OF THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 OCTOBER 2023

### 1. Accounting policies

The principal accounting policies are summarised below. The accounting policies have been applied consistently throughout the period.

#### (a) Basis of preparation

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS102), the Companies Act 2006 and The Charities Accounts (Scotland) Regulation 2006 (as amended).

Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy or note.

#### (b) Public benefit entity

The charitable company meets the definition of a public benefit entity under FRS102.

#### (c) Going concern

The Trustees consider that there are no material uncertainties about the charitable company's ability to continue as a going concern.

The Trustees do not consider that there are any sources of estimation or uncertainty at the reporting date that have a significant risk of causing a material adjustment to the carrying amounts of assets and liabilities within the next reporting period.

#### (d) Income

Income is included in the statement of financial activities when the charity is entitled to the funds, any performance conditions attached to the income have been met, and the amount can be quantified with reasonable accuracy.

Income received in advance of the provision of a specified service is deferred until the criteria for income recognition are met.

Donated services and facilities are included at the value to the charity where this can be quantified. The value of services provided by volunteers has not been included in these accounts.

**NOTES FORMING PART OF THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 OCTOBER 2023**

**1. Accounting policies (continued)**

**(d) Income (continued)**

Gift Aid receivable is included in income when there is a valid declaration from the donor. Any Gift Aid amount recovered on a donation is considered to be part of that gift and is treated as an addition to the same fund as the initial donation unless the donor or the terms of the appeal have specified otherwise.

**(e) Fund accounting**

Unrestricted funds are available for use at the discretion of the trustees in furtherance of the general objectives of the charity.

Restricted funds are subjected to restrictions on their expenditure imposed by the donor or through the terms of an appeal.

**(f) Expenditure**

Expenditure is recognised on an accrual basis as a liability is incurred. Expenditure includes irrecoverable VAT which is reported as part of the expenditure to which it relates.

**(g) Governance costs**

Governance costs include those costs associated with meeting the constitutional and statutory requirements of the charity and include the professional fees and costs linked to the strategic management of the charity.

**(h) Tangible fixed assets and depreciation**

Tangible fixed assets are included at cost less depreciation and impairment. Depreciation has been computed to write off the cost of tangible fixed assets over their expected useful lives as follows:

Computers and Communications Equipment - 3 years

**NOTES FORMING PART OF THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 OCTOBER 2023**

**2. Governance costs**

	<b>2023</b>	<b>2023</b>	<b>2023</b>	<b>2022</b>
	<b>Unrestricted</b>	<b>Restricted</b>	<b>Total</b>	<b>Total</b>
	<b>£</b>	<b>£</b>	<b>£</b>	<b>£</b>
Employment costs (note 3)	123,526	-	123,526	115,178
Project management	-	23,167	23,167	17,500
Facilitator costs	54,363	-	54,363	30,508
Other delivery costs	-	45,422	45,422	24,299
Accountancy and independent examination fees	5,609	-	5,609	3,991
Website, marketing and design	5,393	10,157	15,550	6,474
Training	879	-	879	1,660
Other professional fees	349	-	349	2,104
Depreciation	709	-	709	619
Travel and subsistence	2,573	10,940	13,513	4,504
Other costs	4,680	532	5,212	5,283
Shared cost recharge	(59,089)	59,089	-	-
	<b>138,992</b>	<b>149,307</b>	<b>288,299</b>	<b>212,120</b>

**3. Employees**

**Analysis of employment costs**

	<b>2023</b>	<b>2022</b>
	<b>£</b>	<b>£</b>
Salaries	101,783	93,353
Social security costs	2,020	5,739
Pension costs	19,723	16,086
	<b>123,526</b>	<b>115,178</b>

**Employee numbers**

The average monthly number of employees was two (2022 - two).

The charity considers its key management personnel comprise the trustees and the CEO.

Trustees are prohibited from receiving remuneration under the Articles of Association. The total employment benefits including employer pension contributions of the key management personnel were £79,075 (2022: £78,336).

**The number of employees whose emoluments exceeded £60,000 were:**

	<b>2023</b>	<b>2022</b>
	<b>£</b>	<b>£</b>
£70,001 - £80,000	1	1

**NOTES FORMING PART OF THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 OCTOBER 2023**

**4. Taxation**

As a charity, GamFam is exempt from tax on income and gains falling within section 505 of the Taxes Act 1988 or s256 of the Taxation of Chargeable Gains Act 1992 to the extent that these are applied to its charitable objects. No tax charges have arisen in the Charity.

**5. Tangible Fixed Assets - Computers and Communications Equipment**

	<b>Unrestricted £</b>
<b>Cost</b>	
At 1 November 2022	1,999
Additions	380
<b>At 31 October 2023</b>	<b>2,379</b>
<b>Accumulated depreciation</b>	
At 1 November 2022	930
Charge for the year	709
<b>At 31 October 2022</b>	<b>1,639</b>
<b>Net book value</b>	
<b>At 31 October 2023</b>	<b>740</b>
At 1 November 2022	1,069

**6. Debtors**

	<b>2023</b>	<b>2023</b>	<b>2023</b>	<b>2022</b>
	<b>Unrestricted</b>	<b>Restricted</b>	<b>Total</b>	<b>Total</b>
	<b>£</b>	<b>£</b>	<b>£</b>	<b>£</b>
Other debtors	-	-	-	11
Prepayments and accrued income	980	-	980	861
	<b>980</b>	<b>-</b>	<b>980</b>	<b>872</b>

**7. Creditors: amounts falling due within one year**

	<b>2023</b>	<b>2023</b>	<b>2023</b>	<b>2022</b>
	<b>Unrestricted</b>	<b>Restricted</b>	<b>Total</b>	<b>Total</b>
	<b>£</b>	<b>£</b>	<b>£</b>	<b>£</b>
Trade creditors	1,265	235	1,500	-
Other creditors	300	-	300	610
Other taxes and social security	3,215	-	3,215	3,103
Accruals and deferred income	92,292	27,496	119,573	211,745
	<b>97,072</b>	<b>27,731</b>	<b>124,588</b>	<b>215,458</b>

**NOTES FORMING PART OF THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 OCTOBER 2023**

**8. Related party transactions**

Donations include £5,000 (2022: £nil) received from TG Davies, Chair of Trustees, together with associated Gift Aid of £1,250 (2022: £nil).

**9. Legal status of the charity**

The Charity is a company limited by guarantee and has no share capital. The liability of each member in the event of winding up is limited to £1.

**GAMFAM**

England & Wales - Charity number 1191139

---

# Accounts

---



**GAMFAM**

(a company limited by guarantee)

**TRUSTEES' REPORT AND FINANCIAL STATEMENTS  
for the year ended 31 October 2022**

**Charity number 1191139  
Company number 12255967**

## REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 OCTOBER 2022

The Trustees present the directors' report and financial statements for the year ended 31 October 2022.

### Reference and Administrative Information

Charity Name: GamFam  
Charity Registration Number: 1191139  
Company Registration Number: 12255967  
Registered Office: 19 Holywells Road  
Ipswich  
Suffolk IP3 0DL

### Trustees

Trustees, who are also directors under company law, who served during the year and up to the date of this report were as follows:

T Glyn Davies (Chair)  
Erica J Dyson  
Jeanne M Rowe  
Barry P Grant (appointed 16 August 2022)  
Carolyn Harris MP (resigned 31 August 2022)

### Secretary

Ian Aston FCA

### Chief Executive Officer

Steven Watts

### Independent Examiner

Paul Dearsley FCCA  
Aston Ley Limited  
Aston Ley Barn  
Hermitage Meadow  
Clare CO10 8QQ

### Bankers

Lloyds Bank plc  
3 Sidney Street  
Cambridge CB2 3HQ

### Solicitors

Birketts LLP  
Providence House  
141-145 Princess Street  
Ipswich IP1 1QJ

## REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 OCTOBER 2022

### Our Aims and Objectives

We are incredibly proud to share with you the annual report for GamFam for the year ended 31 October 2022.

#### *Who are GamFam*

GamFam was incorporated on 11 October 2019 and was awarded full charity status by the Charities Commission for England and Wales on 3 September 2020.

GamFam was originally founded by the parents of a young man, who developed an online gaming addiction which escalated into a gambling disorder and had no idea where to go for support or that a gambling addiction was in fact, a recognised mental health disorder.

With 20 years' experience of working in education our founder was fully aware that there was little or no help and support for parents/carers surrounding gambling harms awareness and that structured peer support for those affected by someone else's gambling was hard to access or very much in short supply. With this information and understanding our founder developed an information and awareness programme for parents/carers and also began developing the GamFam Recovery and Support Programme (GRA5P) – a five stage structured self-help peer support programme for those affected by someone else's gambling – in conjunction with Suffolk Mind, our mental health partner.

Using the *'If only we knew then, what we know now'* approach, GamFam began visiting schools in the Essex area meeting and presenting to the parents/carers of junior school children right through to the parents of students embarking on the world of work or off to university. Feedback highlighted that the majority of parents were unaware of the risks associated with gambling harms and our various '10 Things to Look For, 10 Things to Do' models proved a valuable resource to help parents recognise the early warning signs and to give them the tools to have a better understanding and practical tools and barriers to help them support their children both now and in the future.

Prior to the Coronavirus pandemic in 2020 our expectation was to serve and support the people of Essex and Suffolk and surrounding areas. However, the opportunity to work remotely has given GamFam the opportunity to support others beyond our immediate geographical location, meaning we now work with more people in more areas.

Originally, our GRA5P model was aimed at families and friends affected by someone else's gambling. However, it soon became apparent that whilst we were able to support our group members, often their loved ones were not engaging in any meaningful medium to long term support beyond perhaps initial therapy or counselling and in many cases nothing at all.

Therefore, more out of demand rather than design, GamFam created a GRA5P model for the person directly experiencing gambling harms, one that complements our existing model for families and friends.

## REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 OCTOBER 2022

### Purposes and Aims

Our charity's purposes as set out in the objects contained in the company's memorandum of association are to benefit the public by the preservation and protection of good mental health and the relief of need among people who have developed or who are at risk of developing a gambling addiction, their parents, families and friends by:

- raising public awareness and understanding of the early warning signs commonly associated with the development of a gambling addiction to promote early intervention and minimise any related potential harms;
- providing advice and support in particular but not exclusively to the parents, family and friends of teenagers and young people at the risk of a gambling addiction;
- assisting and supporting individuals who have or may be at risk of a gambling addiction; and
- raising general awareness amongst the public of the issue of gambling addiction.

### *Our Vision*

Empowering individuals and families to alleviate the impact of gambling harms and move towards a positive future.

### *Our Mission*

To offer hope to anyone affected by gambling harms and the opportunity to share their experiences in a safe space, without fear of judgement with others who have genuine empathy and understanding.

### *How we achieve our Mission*

- We provide advice and support to those directly and indirectly affected by gambling harms through structured peer support and signposting to relevant partners and agencies.
- By raising public awareness and understanding of the early warning signs commonly associated with the development of a gambling addiction we aim to promote early intervention and minimise any related potential harms.

### *Our Values*

GamFam is an organisation that is committed to supporting any person directly or indirectly affected by gambling harms by:

- Ensuring **Lived Experience** of gambling harms is at the centre of everything we do
- Providing a safe, supportive and inclusive service with **care** and respect
- Carrying out our work to the highest of standards and with **integrity**
- Working with like-minded partners, organisations and our members in **partnership**

## REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 OCTOBER 2022

### *Ensuring our work delivers our aims*

We will review our aims, objectives and activities each year. The annual review helps us ensure our aims, objectives and activities remain focused on our stated purposes. We have referred to the guidance contained in the Charity Commission's general guidance on public benefit when reviewing our aim and objectives and in planning our future activities. In particular, the trustees consider how planned activities will contribute to the aims and objectives they have set.

### **The focus of our work**

#### *What have we done well*

We have:

- increased the number of people accessing support through our GRA5P programme without compromising the quality of what we offer
- consistently contacted all enquiries and referrals within 24 hours from initial contact
- been responsive and flexible throughout the post-Coronavirus pandemic by moving our operations online
- developed an in-house facilitator programme to enable those with lived experience to train as paid, sessional facilitators
- developed a new GRA5P programme to provide support to gamblers in recovery
- a committed and supportive board of Trustees
- written and developed a comprehensive set of policies and procedures
- evaluated our service provision with feedback from members

### **How our activities deliver public benefit**

#### ***Our Programmes***

##### *Peer Support*

We offer support through GRA5P – The GamFam Recovery and Support Programme, a structured 5-stage self-help peer support programme which was originally designed to support those affected by someone else's gambling. However, more recently and out of demand, GamFam have now developed a similar programme to support those directly in recovery too.

Currently all our meetings operate remotely via Zoom allowing us to help and support more people in more locations without any natural barriers to location. Meetings are hosted by trained GamFam facilitators and usually have between 8 to 10 members.

## REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 OCTOBER 2022

The GRA5P programme delivers a strong support network so that group members can start to understand the devastating impact that a gambling disorder can have. It also offers guidance on how individuals, families and friends can help themselves, as well as practical suggestions for coping day-by-day and moving towards a more positive future.

Through structured peer support the GRA5P programme gives its members the opportunity to share their experiences in a safe space, with no fear of judgement and with others who have real empathy and understanding with their own unique situation.

### *What difference does GamFam make to our peer group members*

GamFam offers affected others and gamblers in recovery a safe, confidential space to share and support with other peers. Our peer groups are structured around the GRA5P five step programme. All facilitators have lived experience of gambling harms and have attended our in-house training, safeguarding training and the Suffolk Mind's 'The Essentials' mental health training.

### *Feedback from our members*

*"Being able to relate to others who have had similar experiences. Listening and being heard, sharing and learning. But most of all having support and people who genuinely care."*

*"It has helped me to cope immensely with a member of family gambling on how to deal with the myriad of issues arising."*

*"It has provided me with a safe space to discuss issues related to gambling with people who understand what I am going through."*

*"It has given me the road back to life."*

*"It has given me huge support. A space in which to talk freely about my anxieties and from which to gain strategies to help me manage."*

*"If I didn't have GamFam, I would be seriously ill, both mentally and physically. I was totally unable to cope with my gambler."*

*"It's kept me mentally stable. Has given me hope that things can get better. It's shown me ways to put things in place to help prevent the gambler in our family from gambling."*

*"It's enabled me to process my own thoughts and think more clearly. For the first time in 2 years, I've started to talk about my life living with an addict/addict in recovery. It's like a weight has been lifted."*

## REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 OCTOBER 2022

### *Information and Awareness*

GamFam want to change people's perceptions about gambling and help combat the stigma surrounding gambling harms which is often referred to as the 'hidden addiction' so that gambling is viewed on the same level as other addictions such as drugs and alcohol.

Gambling is often promoted as 'a bit of fun' and has been normalised as an integral part of enjoying sport, in particular football. In addition, a recent report found that children who enjoyed the risk of simulated online gaming were more likely to gamble later in life.

Through our Information and Awareness programmes we want to support all people but with a particular focus on parents/carers, families and professionals working with young people to enable them to make informed choices and decisions about gambling.

The GamFam Information and Awareness presentations cover the following topics :

- The links between online gaming and gambling
- How gambling has changed and that potentially we all have access to a *casino in our pocket* through our mobile devices
- 10 Things to Look For & 10 Things to Do
- Preparing for 18
- Next Steps – additional support and signposting

Our presentations are age appropriate and can be delivered to parents/carers, families or professionals of children and youngsters of any age through to adults and offer strategies and advice for The Early Years (Key Stage 2, Key Stage 3) Preparing for 18 (Key Stage 4), Off to University/Work (Key Stage 5) and beyond.

### ***Other Projects***

#### *Regionalised Pathways*

GamFam are currently working within Greater Manchester and Suffolk to develop bespoke regionalised pathways. This includes working with local organisations to raise awareness of gambling harms; developing our Information and Awareness programme; setting up referral and signposting pathways and extending our offer of structured Peer Support through our GRA5P programme for both affected others and gamblers in recovery.

We hope that our experience in both Greater Manchester and Suffolk will enable us to develop this model in other regions too.

## REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 OCTOBER 2022

### *Lived Experience*

GamFam have also work on various projects which aim to promote the valuable role that Lived Experience can bring, to both support anyone that is at risk of or has been affected by gambling related harms and to ensure that the voices of Lived Experience are at the heart of any gambling reforms.

### *Projects that we have worked on include:*

- **#WeAretheEvidenceToo** – GamFam worked in collaboration with GamLEARN to produce a joint submission for the call for evidence for the Gambling Act review. The report represented the views and experiences of over 100 voices of Lived Experience of gambling harms. In addition, GamFam were part of a small group that met with Minister Chris Philp and members of the Department for Digital, Culture, Media and Sport (DCMS).
- **GaMHive** – GamFam and GamLEARN worked together once again to facilitate the creation of a Lived Experience reference group in conjunction with the Greater Manchester Combined Authorities (GMCA) as part of the programme to help reduce gambling related harms in Greater Manchester.
- **ALERTS (Affected Lived Experience Research Treatment & Support)** – the ALERTS group is a Lived Experience group commissioned to work with treatment providers. As part of the process, we review and feedback how effective the treatment is; after care and follow up; engagement with Lived Experience and support for affected others. The aim of the group is to use our experiences (and that of other service users) to develop and facilitate open and honest dialogue with treatment providers to establish what works well; what needs to be improved and how we can adopt an evidence-based approach to help improve the support and provision for service users.

### **Financial Review**

The Charity is now firmly established, and our cost base has increased accordingly. Notwithstanding our increased costs, a surplus of £20,201 (2021: £31,932) was generated in the year under review and the addition to reserves will support the sustainability of our activities.

### ***Principal Funding Sources***

We have continued to successfully diversify our income during the year with 76% of income now derived from grants and fees (2021: 62%) and 24% from voluntary donations (2021: 38%).

## REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 OCTOBER 2022

### ***Reserves Policy***

In The Trustees' view, the reserves should provide GamFam with adequate financial stability and the means for it to meet its charitable objectives for the foreseeable future.

The Trustees have adopted a policy of retaining sufficient free reserves to ensure the continuity of operations and to absorb periodic setbacks, while committing to the maximum amount available for the provision of services to our service-users.

The following formula for the calculation of free reserves was adopted by The Trustees:

- Six months operational expenditure (including cost of Services, Salaries & Overhead) multiplied by a contingency factor of 20%.

Less

- 75% of projected income over the same 6-month period

Reserves are to be retained in GamFam's Bank Current Account.

The Trustees will review the amount of reserves that are required to fulfil GamFam's continuing obligations at a minimum of every six months. Care will be taken to consider changing funding structures and activity growth strategies. The policy will be reviewed at a minimum of every two years.

### ***Investment Policy***

Most of the charity's funds are to be spent in the short term so there are no funds for long term investment.

### **Plans for Future Periods**

GamFam have worked hard to establish itself as a well-respected independent Charity. We currently support over 100 people on our various GRA5P Peer Support groups with a further proportion who do not access support on groups on a regular basis but are supported on an ad-hoc basis and are part of our quarterly check in routine.

We pride ourselves on being able to respond to all referrals and enquiries within 24 hours (if not sooner) and where appropriate currently have the facility to place those in need of support onto a group within one week.

Lived Experience is at the heart of everything we do, and we will continue to identify those group members who have the desire to become fully trained GamFam facilitators to enable us to increase the number of groups that we operate. We have developed our own in-house facilitator training programme that means we will be able to help more people in more locations without compromising the quality of our service.

## **REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 OCTOBER 2022**

Our plan is to adopt a co-facilitation model and use our established and experienced facilitators to work as mentors to support new facilitators in the early stages of their service. This will help us ensure that group members continue to receive the quality of support that they require.

The appointment of an Operations Manager has been crucial to GamFam as it has given the charity the opportunity to take a more strategic approach beyond the day to day running of the organisation as it grows. It has also given the CEO the capacity to work on additional programmes as previously outlined, including the impending partnership work with Police Scotland to develop and launch a gambling related harm pilot. It is hoped that the pilot will support and enable Police Scotland to develop a national gambling harms strategy.

We have also established ourselves as a registered Charity in Scotland, a necessity to be working in partnership with Police Scotland and have started the process in registering to become a Charity in Ireland.

### **Structure, Governance and Management**

#### ***Governing Document***

The organisation is a charitable company limited by guarantee, incorporated on 11 October 2019 and registered as a charity on 3 September 2020. The company was established under a Memorandum of Association which established the objects and powers of the charitable company and is governed under its Articles of Association. In the event of the company being wound up members are required to contribute an amount not exceeding £1.

#### ***Recruitment and Appointment of Trustees***

The directors of the company are also charity trustees for the purposes of charity law. Under the requirements of the Memorandum and Articles of Association Trustees are elected to serve for a period of three years after which they must be re-elected at the next Annual General Meeting.

All Trustees give their time voluntarily and received no benefits from the charity. Any expenses reclaimed from the charity are set out in note 6 to the financial statements.

#### ***Trustee Induction and Training***

The GamFam Trustees have worked diligently since the charity was established to ensure that our policies and procedures are robust and underpin the aims and values of the charity.

The GamFam Trustee Code of Conduct is fundamental to ensure that all trustees are fully aware of their responsibilities within their respective roles. As GamFam is a member of the National Council for Voluntary Organisations (NCVO), our trustees are encouraged to attend courses to help develop their skills in areas they would like to enhance and develop their knowledge and understanding to support the organisation.

## REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 OCTOBER 2022

In future the Trustees will be looking to increase numbers to further enhance the skill set to continue to support GamFam to grow and develop in line with its aims and objectives.

### ***Risk Management***

The Trustees have conducted a review of the major risks to which the charity is exposed. A risk register has been established and is updated at least annually. Where appropriate, systems or procedures have been established to mitigate the risks the charity faces. Procedures are in place to ensure compliance with health and safety of staff, volunteers and clients. These procedures are periodically reviewed to ensure that they continue to meet the needs of the charity.

### ***Organisational Structure***

A scheme of delegation is in place and day to day responsibility for the provision of the services rest with the Chief Executive who is responsible for ensuring that the charity delivers the services specified and that key performance indicators are met.

### **Employee Information**

As of 31 October 2022 and at the date of this report GamFam has two full time employees. GamFam engages with a number of facilitators, counsellors and peer support workers on a self-employed contract basis.

The Chief Executive meets regularly with the Trustees to discuss strategy and priorities.

### **Responsibilities of the Directors**

Company law requires the Directors to prepare financial statements for each financial year which give a true and fair view of the state of the affairs of the charitable company as at the balance sheet date and of its incoming resources and application of resources, including income and expenditure, for the financial year. In preparing those financial statements, the management committee should follow best practice and:

- select suitable accounting policies and then apply them consistently
- observe the methods and principles in the Charities Statement of Recommended Practice
- make judgements and estimates that are reasonable and prudent
- state whether applicable UK Accounting Standards and Statements of Recommended Practice have been followed, subject to any material departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is not appropriate to assume that the company will continue on that basis.

The Directors are responsible for maintaining proper accounting records which disclose with reasonable accuracy at any time the financial position of the charitable company and to enable them to ensure that the financial statements comply with the Companies Act 2006.

## **REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 OCTOBER 2022**

The Directors are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

### **Trustees**

Trustees, who are directors for the purpose of company law and trustees for the purpose of charity law, who served during the year and up to the date of this report are set out on page 3.

This report has been prepared in accordance with the Charities SORP (FRS102) and in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small entities.

Approved by the Trustees on 17 May 2023 and signed on their behalf by:

**TG Davies**

Director and Chair of Trustees

## **INDEPENDENT EXAMINER'S REPORT ON THE FINANCIAL STATEMENTS**

### **Report to the directors of GamFam ("the Company") on the financial statements for the year ended 31 October 2022**

I report to the charity trustees on my examination of the financial statements of the Company for the year ended 31 October 2022 set out on pages 13 to 19.

As the charity's trustees of the Company (who are also the directors of the company for the purposes of company law), you are responsible for the preparation of the financial statements in accordance with the requirements of the Companies Act 2006 ("the 2006 Act").

Having satisfied myself that the financial statements of the Company are not required to be audited for this period under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's financial statements as carried out under section 145 of the Charities Act 2011 ("the 2011 Act"). In carrying out my examination, I have followed the Directions given by the Charity Commission (under section 145(5)(b) of the 2011 Act).

I have completed my examination. I confirm that no material matters have come to my attention which gives me cause to believe that:

- accounting records were not kept in accordance with section 386 of the Companies Act 2006; or
- the financial statements do not accord with such records; or
- the financial statements do not comply with relevant accounting requirements under section 396 of the Companies Act 2006 other than any requirement that the financial statements give a 'true and fair' view which is not a matter considered as part of an independent examination; or
- the financial statements have not been prepared in accordance with the Charities SORP (FRS102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the financial statements to be reached.

**Paul Dearsley FCCA**  
Aston Ley Limited  
Aston Ley Barn  
Hermitage Meadow  
Clare CO10 8QQ

17 May 2023

**STATEMENT OF FINANCIAL ACTIVITIES** (incorporating an income and expenditure account)

For the year ended 31 October 2022

		<b>2022</b>	<b>2022</b>	<b>2022</b>	<b>2021</b>
	<b>Notes</b>	<b>Unrestricted</b>	<b>Restricted</b>	<b>Total</b>	<b>Total</b>
		<b>£</b>	<b>£</b>	<b>£</b>	<b>£</b>
<b>Income</b>					
Voluntary donations		51,734	4,150	55,884	55,513
Grants		79,243	58,461	137,704	77,722
Fee income		38,733	-	38,733	13,267
<b>Total income</b>		<b>169,710</b>	<b>62,611</b>	<b>232,321</b>	<b>146,502</b>
<b>Expenditure</b>					
Governance costs	2	153,659	58,461	212,120	114,570
<b>Total expenditure</b>		<b>153,659</b>	<b>58,461</b>	<b>212,120</b>	<b>114,570</b>
<b>Net income for the period and movement in funds</b>		<b>16,051</b>	<b>4,150</b>	<b>20,201</b>	<b>31,932</b>
<b>Reconciliation of funds</b>					
Funds brought forward		86,804	3,925	90,729	58,797
<b>Funds carried forward</b>		<b>102,855</b>	<b>8,075</b>	<b>110,930</b>	<b>90,729</b>

## BALANCE SHEET

As at 31 October 2022

	Notes	2022 Unrestricted £	2022 Restricted £	2022 Total £	2021 Total £
<b>Fixed assets</b>					
Tangible fixed assets	5	1,069	-	1,069	1,123
<b>Current assets</b>					
Debtors	6	593	279	872	7,769
Cash at bank and in hand		270,364	54,083	324,447	341,818
		270,957	54,362	325,319	349,587
Creditors: amounts falling due within one year	7	(169,171)	(46,287)	(215,458)	(259,981)
<b>Net current assets</b>		<b>101,786</b>	<b>8,075</b>	<b>109,861</b>	<b>89,606</b>
<b>Net assets</b>		<b>102,855</b>	<b>8,075</b>	<b>110,930</b>	<b>90,729</b>
Unrestricted funds		102,855	-	102,855	86,804
Restricted funds		-	8,075	8,075	3,925
<b>Total Funds</b>		<b>102,855</b>	<b>8,075</b>	<b>110,930</b>	<b>90,729</b>

The company was entitled to exemption from audit under s477 of the Companies Act 2006 relating to small companies.

The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.

The directors acknowledge their responsibilities for complying with the requirements of the Companies Act with respect to accounting records and the preparation of accounts.

These accounts have been prepared in accordance with the provisions applicable to small companies subject to the small companies' regime and in accordance with the Charities SORP (FRS102).

Approved by the Trustees on 17 May 2023 and signed on their behalf by:

**TG Davies**

Director and Chair of Trustees

## NOTES FORMING PART OF THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 OCTOBER 2022

### 1. Accounting policies

The principal accounting policies are summarised below. The accounting policies have been applied consistently throughout the period.

#### (a) Basis of preparation

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS102) and the Companies Act 2006.

Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy or note.

#### (b) Public benefit entity

The charitable company meets the definition of a public benefit entity under FRS102.

#### (c) Going concern

The Trustees consider that there are no material uncertainties about the charitable company's ability to continue as a going concern.

The Trustees do not consider that there are any sources of estimation or uncertainty at the reporting date that have a significant risk of causing a material adjustment to the carrying amounts of assets and liabilities within the next reporting period.

#### (d) Income

Income is included in the statement of financial activities when the charity is entitled to the funds, any performance conditions attached to the income have been met, and the amount can be quantified with reasonable accuracy.

Income received in advance of the provision of a specified service is deferred until the criteria for income recognition are met.

Donated services and facilities are included at the value to the charity where this can be quantified. The value of services provided by volunteers has not been included in these accounts.

Gift Aid receivable is included in income when there is a valid declaration from the donor. Any Gift Aid amount recovered on a donation is considered to be part of that gift and is treated as an addition to the same fund as the initial donation unless the donor or the terms of the appeal have specified otherwise.

**NOTES FORMING PART OF THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 OCTOBER 2022**

**1. Accounting policies (continued)**

**(e) Fund accounting**

Unrestricted funds are available for use at the discretion of the trustees in furtherance of the general objectives of the charity.

Restricted funds are subjected to restrictions on their expenditure imposed by the donor or through the terms of an appeal.

**(f) Expenditure**

Expenditure is recognised on an accrual basis as a liability is incurred. Expenditure includes irrecoverable VAT which is reported as part of the expenditure to which it relates.

**(g) Governance costs**

Governance costs include those costs associated with meeting the constitutional and statutory requirements of the charity and include the professional fees and costs linked to the strategic management of the charity.

**(h) Tangible fixed assets and depreciation**

Tangible fixed assets are included at cost less depreciation and impairment. Depreciation has been computed to write off the cost of tangible fixed assets over their expected useful lives as follows:

Computers and Communications Equipment - 3 years

**NOTES FORMING PART OF THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 OCTOBER 2022**

**2. Governance costs**

	<b>2022</b>	<b>2022</b>	<b>2022</b>	<b>2021</b>
	<b>Unrestricted</b>	<b>Restricted</b>	<b>Total</b>	<b>Total</b>
	<b>£</b>	<b>£</b>	<b>£</b>	<b>£</b>
Employment costs (note 3)	115,178	-	115,178	61,097
Project management	-	17,500	17,500	11,250
Facilitator costs	13,608	16,900	30,508	21,052
Other delivery costs	15,799	8,500	24,299	450
Accountancy and independent examination fees	3,541	450	3,991	3,000
Website, marketing and design	2,069	4,405	6,474	3,704
Training	1,660	-	1,660	2,000
Other professional fees	2,104	-	2,104	5,263
Depreciation	619	-	619	311
Travel and subsistence (Note 8)	3,217	1,287	4,504	130
Other costs	4,818	465	5,283	6,763
Shared cost recharge	(8,954)	8,954	-	-
	<b>153,659</b>	<b>58,461</b>	<b>212,120</b>	<b>114,570</b>

**3. Employees**

**Analysis of employment costs**

	<b>2022</b>	<b>2021</b>
	<b>£</b>	<b>£</b>
Salaries	93,353	45,575
Social security costs	5,739	5,397
Pension costs	16,086	10,125
	<b>115,178</b>	<b>61,097</b>

**Employee numbers**

The average monthly number of employees was two (2021 - one).

The charity considers its key management personnel comprise the trustees and the CEO.

Trustees are prohibited from receiving remuneration under the Articles of Association. The total employment benefits including employer pension contributions of the key management personnel were £78,336 (2021: £60,522).

**The number of employees whose emoluments exceeded £60,000 were:**

	<b>2022</b>	<b>2021</b>
	<b>£</b>	<b>£</b>
£60,001 - £70,000	1	-

**NOTES FORMING PART OF THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 OCTOBER 2022**

**4. Taxation**

As a charity, GamFam is exempt from tax on income and gains falling within section 505 of the Taxes Act 1988 or s256 of the Taxation of Chargeable Gains Act 1992 to the extent that these are applied to its charitable objects. No tax charges have arisen in the Charity.

**5. Tangible Fixed Assets - Computers and Communications Equipment**

	<b>Unrestricted £</b>
<b>Cost</b>	
At 1 November 2021	1,434
Additions	565
<b>At 31 October 2022</b>	<b>1,999</b>
<b>Accumulated depreciation</b>	
At 1 November 2021	311
Charge for the year	619
<b>At 31 October 2022</b>	<b>930</b>
<b>Net book value</b>	
<b>At 31 October 2022</b>	<b>1,069</b>
At 1 November 2021	1,123

**6. Debtors**

	<b>2022 Unrestricted £</b>	<b>2022 Restricted £</b>	<b>2022 Total £</b>	<b>2021 Total £</b>
Other debtors	11	-	11	-
Prepayments and accrued income	582	279	861	7,769
	<b>593</b>	<b>279</b>	<b>872</b>	<b>7,769</b>

**7. Creditors: amounts falling due within one year**

	<b>2022 Unrestricted £</b>	<b>2022 Restricted £</b>	<b>2022 Total £</b>	<b>2021 Total £</b>
Other creditors	610	-	610	-
Other taxes and social security	3,103	-	3,103	1,870
Accruals and deferred income	165,458	46,287	211,745	258,111
	<b>169,171</b>	<b>46,287</b>	<b>215,458</b>	<b>259,981</b>

**NOTES FORMING PART OF THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 OCTOBER 2022**

**8. Related party transactions**

Donations include £nil (2021: £1,000) received from TG Davies, Chair of Trustees, together with associated Gift Aid of £nil (2021: £250).

Travel and subsistence costs in the year ended 31 October 2021 included £100 in respect of S Watts when he was a Trustee.

**9. Legal status of the charity**

The Charity is a company limited by guarantee and has no share capital. The liability of each member in the event of winding up is limited to £1.

**GAMFAM**

England & Wales - Charity number 1191139

---

# Accounts

---



**GAMFAM**  
(a company limited by guarantee)

**TRUSTEES' REPORT AND FINANCIAL STATEMENTS**  
**for the year ended 31 October 2021**

**Charity number 1191139**  
**Company number 12255967**



## REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 OCTOBER 2021

The Trustees present the directors' report and financial statements for year ended 31 October 2021.

### Reference and Administrative Information

Charity Name:	GamFam
Charity Registration Number:	1191139
Company Registration Number:	12255967
Registered Office:	19 Holywells Road Ipswich Suffolk IP3 0DL

### Trustees

Trustees, who are also directors under company law, who served during the year and up to the date of this report were as follows:

T Glyn Davies	(Chair)
Carolyn Harris MP	
Erica J Dyson	(appointed 3 November 2020)
Jeanne M Rowe	(appointed 3 November 2020)
Steven Watts	(resigned 31 January 2021)

### Secretary

Ian Aston FCA

### Chief Executive Officer

Steven Watts (appointed 1 February 2021)

### Independent Examiner

Paul Dearsley FCCA  
Aston Ley Limited  
Aston Ley Barn  
Hermitage Meadow  
Clare CO10 8QQ

### Bankers

Lloyds Bank plc  
3 Sidney Street  
Cambridge CB2 3HQ

### Solicitors

Birketts LLP  
Providence House  
141-145 Princess Street  
Ipswich IP1 1QJ



## **REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 OCTOBER 2021**

### **Our Aims and Objectives**

We are incredibly proud to share with you the annual report for GamFam for the year ended 31 October 2021.

GamFam was incorporated on 11 October 2019 and was awarded full charity status by the Charities Commission for England and Wales on 3 September 2020.

GamFam was originally founded by the parents of a young man, who developed an online gaming addiction which escalated into a gambling disorder and had no idea where to go for support or that a gambling addiction was in fact, a recognised mental health disorder.

With 20 years' experience of working in education our founder was fully aware that there was little or no help and support for parents/carers surrounding gambling harms awareness and that structured peer support for those affected by someone else's gambling was hard to access or very much in short supply. With this information and understanding our founder developed an information and awareness programme for parents/carers and also began developing the GamFam Recovery and Support Programme (GRA5P) – a five stage structured self-help peer support programme for those affected by someone else's gambling – in conjunction with Suffolk Mind, our mental health partner.

Using the *'If only we knew then, what we know now'* approach, GamFam began visiting schools in the Essex area meeting and presenting to the parents/carers of junior school children right through to the parents of students embarking on the world of work or off to university. Feedback highlighted that the majority of parents were unaware of the risks associated with gambling harms and our '10 Things to Look For, 10 Things to Do' models proved a valuable resource to help parents recognise the early warning signs and to give them the tools to have a better understanding and practical tools and barriers to help them support their children both now and in the future.

Prior to the Coronavirus pandemic in 2020 our expectation was to serve and support the people of Essex and Suffolk and surrounding areas. However, the opportunity to work remotely has meant that GamFam is now able to support others beyond our immediate geographical location, meaning we now work with more people in more areas.

Originally, our GRA5P was aimed at families and friends affected by someone else's gambling. However, it soon became apparent that whilst we were able to support our group members, often their loved ones were not engaging in any meaningful medium to long term support beyond perhaps initial therapy or counselling and in many cases nothing at all.

Therefore, more out of demand rather than design, GamFam has now created a GRA5P model for the person directly experiencing gambling harms, one that complements our existing model for families and friends.

## **REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 OCTOBER 2021**

### ***Purposes and Aims***

Our charity's purposes as set out in the objects contained in the company's memorandum of association are to benefit the public by the preservation and protection of good mental health and the relief of need among people who have developed or who are at risk of developing a gambling addiction, their parents, families and friends by:

- raising public awareness and understanding of the early warning signs commonly associated with the development of a gambling addiction to promote early intervention and minimise any related potential harms;
- providing advice and support in particular but not exclusively to the parents, family and friends of teenagers and young people at the risk of a gambling addiction;
- assisting and supporting individuals who have or may be at risk of a gambling addiction; and
- raising general awareness amongst the public of the issue of gambling addiction.

The aims of our charity are to raise awareness of gambling harms and to provide support to anyone directly or indirectly affected by gambling harms.

The GRA5P programme delivers a strong support network so that group members can start to understand the devastating impact gambling harms can have. It also offers guidance on how individuals, families and friends can help themselves, as well as practical suggestions for coping day-by-day, to improve well-being and to help work towards a more positive future. Our aims fully reflect the purposes that the charity was set up to further.

### ***Ensuring our work delivers our aims***

We will review our aims, objectives and activities each year. The annual review helps us ensure our aim, objectives and activities remained focused on our stated purposes. We have referred to the guidance contained in the Charity Commission's general guidance on public benefit when reviewing our aim and objectives and in planning our future activities. In particular, the trustees consider how planned activities will contribute to the aims and objectives they have set.

### ***The focus of our work***

As for many organisations the Coronavirus pandemic has been a challenging time for GamFam too. We have needed to be creative during the periods lockdown as our face to face models for our GRA5P programmes and Information and Awareness events were not possible.

Our main objectives during the period under review was to embrace remote working and to establish a new model to ensure that we were still able to support people through platforms such as Zoom or Microsoft Teams.

## REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 OCTOBER 2021

### **How our activities deliver public benefit**

Our main activities and who we try to help are described below. All our charitable activities focus on the prevention and support of gambling disorder and are undertaken to further our charitable purposes for the public benefit.

GamFam provides a strong support network for gamblers, those in recovery and those affected by someone else's gambling. We also use our lived experience to offer advice and support to parents of children to help them recognise the early warning signs associated with gambling harms, and to give them a better understanding and the practical tools and barriers to help them support their child.

### **Financial Review**

The Charity is now firmly established and our cost base has increased accordingly. Notwithstanding our increased costs, a surplus of £31,932 (2020: £58,797) was generated in the year under review and the addition to reserves will support the sustainability of our activities.

### ***Principal Funding Sources***

We have successfully diversified our income during the year with 62% of income now derived from grants and fees (2020: 1%) and 38% from voluntary donations (2020: 99%).

### ***Reserves Policy***

In The Trustees' view, the reserves should provide GamFam with adequate financial stability and the means for it to meet its charitable objectives for the foreseeable future.

The Trustees have adopted a policy of retaining sufficient free reserves to ensure the continuity of operations and to absorb periodic setbacks, while committing to the maximum amount available for the provision of services to our service-users.

The following formula for the calculation of free reserves was adopted by The Trustees:

- Six months operational expenditure (including cost of Services, Salaries & Overhead) multiplied by a contingency factor of 20%.

Less

- 75% of projected income over the same 6 month period

Reserves are to be retained in GamFam's Bank Current Account.

## **REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 OCTOBER 2021**

### ***Reserves Policy (continued)***

The Trustees will review the amount of reserves that are required to fulfil GamFam's continuing obligations at a minimum of every six months. Care will be taken to consider changing funding structures and activity growth strategies. The policy will be reviewed at a minimum of every two years.

### ***Investment Policy***

Most of the charity's funds are to be spent in the short term so there are no funds for long term investment.

### **Plans for Future Periods**

Our Affected Others GRA5P programme continues to develop and we are now helping more families and friends in more locations. We are also delighted to report that our new Gambling Recovery GRA5P programme launched this year. This was in response to requests from our existing members who reported that their loved ones were often reluctant to engage in any form of support or any long-term provision and after care after initial specialised support. The new programme ensures the whole family is in a position to work on their individual recoveries together. We also have plans to develop a specific Women's GRA5P programme to ensure that we are able to offer the same structured peer support to the ever increasing number of women being affected directly by gambling harms.

Lived Experience is at the heart of everything we do and we will continue to identify those group members who have the desire to become fully trained GamFam facilitators to enable us to increase the number of groups that we operate. We have developed our own in house facilitator training programme that means we will be in position to help more people in more locations without compromising the quality of our service.

GamFam is currently piloting a new local service in Manchester and we have plans to run a similar scheme in Suffolk. This will also include working with organisations to develop a localised referral pathway for anyone affected directly or indirectly from gambling harms.

GamFam will also be re-launching the Information and Awareness parents/carers programme and we aim to commence this for the new academic year in September 2022. We will hopefully be able to return to face to face presentations, but will also utilise the online option to enable us to support and help more families in more locations in the interim.

## **REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 OCTOBER 2021**

### **Structure, Governance and Management**

#### ***Governing Document***

The organisation is a charitable company limited by guarantee, incorporated on 11 October 2019 and registered as a charity on 3 September 2020. The company was established under a Memorandum of Association which established the objects and powers of the charitable company and is governed under its Articles of Association. In the event of the company being wound up members are required to contribute an amount not exceeding £1.

#### ***Recruitment and Appointment of Trustees***

The directors of the company are also charity trustees for the purposes of charity law. Under the requirements of the Memorandum and Articles of Association Trustees are elected to serve for a period of three years after which they must be re-elected at the next Annual General Meeting.

All Trustees give their time voluntarily and received no benefits from the charity. Any expenses reclaimed from the charity are set out in note 6 to the financial statements.

#### ***Trustee Induction and Training***

The GamFam Trustees have worked diligently since the charity was established to ensure that our policies and procedures are robust and underpin the aims and values of the charity.

The GamFam Trustee Code of Conduct is fundamental to ensure that all trustees are fully aware of their responsibilities within their respective roles. As GamFam is a member of the National Council for Voluntary Organisations (NCVO), our trustees are encouraged to attend courses to help develop their skills in areas they would like to enhance and develop their knowledge and understanding to support the organisation.

In future the Trustees will be looking to increase numbers to further enhance the skill set to continue to support GamFam to grow and develop in line with its aims and objectives.

#### ***Risk Management***

The Trustees have conducted a review of the major risks to which the charity is exposed. A risk register has been established and is updated at least annually. Where appropriate, systems or procedures have been established to mitigate the risks the charity faces. Procedures are in place to ensure compliance with health and safety of staff, volunteers and clients. These procedures are periodically reviewed to ensure that they continue to meet the needs of the charity.

## **REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 OCTOBER 2021**

### ***Organisational Structure***

A scheme of delegation is in place and day to day responsibility for the provision of the services rest with the Chief Executive who is responsible for ensuring that the charity delivers the services specified and that key performance indicators are met.

### **Employee Information**

As at 31 October and at the date of this report GamFam has two full time employees. GamFam engages with a number of facilitators, counsellors and peer support workers on a self-employed contract basis.

The Chief Executive meets regularly with the Trustees to discuss strategy and priorities.

### **Responsibilities of the Directors**

Company law requires the Directors to prepare financial statements for each financial year which give a true and fair view of the state of the affairs of the charitable company as at the balance sheet date and of its incoming resources and application of resources, including income and expenditure, for the financial year. In preparing those financial statements, the management committee should follow best practice and:

- select suitable accounting policies and then apply them consistently
- observe the methods and principles in the Charities Statement of Recommended Practice
- make judgements and estimates that are reasonable and prudent
- state whether applicable UK Accounting Standards and Statements of Recommended Practice have been followed, subject to any material departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is not appropriate to assume that the company will continue on that basis.

The Directors are responsible for maintaining proper accounting records which disclose with reasonable accuracy at any time the financial position of the charitable company and to enable them to ensure that the financial statements comply with the Companies Act 2006. The Directors are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

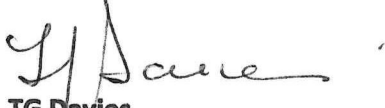
### **Trustees**

Trustees, who are directors for the purpose of company law and trustees for the purpose of charity law, who served during the year and up to the date of this report are set out on page 3.

## REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 OCTOBER 2021

This report has been prepared in accordance with the Charities SORP (FRS102) and in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small entities.

Approved by the Trustees on 27 June 2022 and signed on their behalf by:

A handwritten signature in black ink, appearing to read 'TG Davies'.

**TG Davies**

Director and Chair of Trustees

## **INDEPENDENT EXAMINER'S REPORT ON THE FINANCIAL STATEMENTS**

### **Report to the directors of GamFam ("the Company") on the financial statements for the year ended 31 October 2021**

I report to the charity trustees on my examination of the financial statements of the Company for the year ended 31 October 2021 set out on pages 10 to 16.

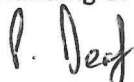
As the charity's trustees of the Company (who are also the directors of the company for the purposes of company law), you are responsible for the preparation of the financial statements in accordance with the requirements of the Companies Act 2006 ("the 2006 Act").

Having satisfied myself that the financial statements of the Company are not required to be audited for this period under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's financial statements as carried out under section 145 of the Charities Act 2011 ("the 2011 Act"). In carrying out my examination, I have followed the Directions given by the Charity Commission (under section 145(5)(b) of the 2011 Act.

I have completed my examination. I confirm that no material matters have come to my attention which gives me cause to believe that:

- accounting records were not kept in accordance with section 386 of the Companies Act 2006; or
- the financial statements do not accord with such records; or
- the financial statements do not comply with relevant accounting requirements under section 396 of the Companies Act 2006 other than any requirement that the financial statements give a 'true and fair' view which is not a matter considered as part of an independent examination; or
- the financial statements have not been prepared in accordance with the Charities SORP (FRS102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the financial statements to be reached.



**Paul Dearsley FCCA**  
Aston Ley Limited  
Aston Ley Barn  
Hermitage Meadow  
Clare CO10 8QQ

27 June 2022

**STATEMENT OF FINANCIAL ACTIVITIES (incorporating an income and expenditure account)**

For the year ended 31 October 2021

		<b>2021</b>	<b>2021</b>	<b>2021</b>	<b>2020</b>
	<b>Notes</b>	<b>Unrestricted</b>	<b>Restricted</b>	<b>Total</b>	<b>Total</b>
		<b>£</b>	<b>£</b>	<b>£</b>	<b>£</b>
<b>Income</b>					
Voluntary donations		51,588	3,925	55,513	62,486
Grants		46,912	30,810	77,722	-
Fee income		13,267	-	13,267	500
<b>Total income</b>		<b>111,767</b>	<b>34,735</b>	<b>146,502</b>	<b>62,986</b>
<b>Expenditure</b>					
Governance costs	2	83,760	30,810	114,570	4,189
<b>Total expenditure</b>		<b>83,760</b>	<b>30,810</b>	<b>114,570</b>	<b>4,189</b>
<b>Net income for the period and movement in funds</b>		<b>28,007</b>	<b>3,925</b>	<b>31,932</b>	<b>58,797</b>
<b>Reconciliation of funds</b>					
Funds brought forward		58,797	-	58,797	-
<b>Funds carried forward</b>		<b>86,804</b>	<b>3,925</b>	<b>90,729</b>	<b>58,797</b>

## BALANCE SHEET

As at 31 October 2021

	Notes	2021 Unrestricted £	2021 Restricted £	2021 Total £	2020 Total £
<b>Fixed assets</b>					
Tangible fixed assets	5	1,123	-	1,123	-
<b>Current assets</b>					
Debtors	6	7,769	-	7,769	2,684
Cash at bank and in hand		315,103	26,715	341,818	57,259
		322,872	26,715	349,587	59,943
Creditors: amounts falling due within one year	7	(237,191)	(22,790)	(259,981)	(1,146)
<b>Net current assets</b>		<b>85,681</b>	<b>3,925</b>	<b>89,606</b>	<b>58,797</b>
<b>Net assets</b>		<b>86,804</b>	<b>3,925</b>	<b>90,729</b>	<b>58,797</b>
Unrestricted funds		86,804	-	86,804	58,797
Restricted funds		-	3,925	3,925	-
<b>Total Funds</b>		<b>86,804</b>	<b>3,925</b>	<b>90,729</b>	<b>58,797</b>

The company was entitled to exemption from audit under s477 of the Companies Act 2006 relating to small companies.

The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.

The directors acknowledge their responsibilities for complying with the requirements of the Companies Act with respect to accounting records and the preparation of accounts.

These accounts have been prepared in accordance with the provisions applicable to small companies subject to the small companies' regime and in accordance with the Charities SORP (FRS102).

Approved by the Trustees on 27 June 2022 and signed on their behalf by:



**TG Davies**

Director and Chair of Trustees

**NOTES FORMING PART OF THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 OCTOBER 2021**

**1. Accounting policies**

The principal accounting policies are summarised below. The accounting policies have been applied consistently throughout the period.

**(a) Basis of preparation**

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS102) and the Companies Act 2006.

Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy or note.

**(b) Public benefit entity**

The charitable company meets the definition of a public benefit entity under FRS102.

**(c) Going concern**

The Trustees consider that there are no material uncertainties about the charitable company's ability to continue as a going concern.

The Trustees do not consider that there are any sources of estimation or uncertainty at the reporting date that have a significant risk of causing a material adjustment to the carrying amounts of assets and liabilities within the next reporting period.

**(d) Income**

Income is included in the statement of financial activities when the charity is entitled to the funds, any performance conditions attached to the income have been met, and the amount can be quantified with reasonable accuracy.

Income received in advance of the provision of a specified service is deferred until the criteria for income recognition are met.

Donated services and facilities are included at the value to the charity where this can be quantified. The value of services provided by volunteers has not been included in these accounts.

Gift Aid receivable is included in income when there is a valid declaration from the donor. Any Gift Aid amount recovered on a donation is considered to be part of that gift and is treated as an addition to the same fund as the initial donation unless the donor or the terms of the appeal have specified otherwise.

**NOTES FORMING PART OF THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 OCTOBER 2021**

**1. Accounting policies (continued)**

**(e) Fund accounting**

Unrestricted funds are available for use at the discretion of the trustees in furtherance of the general objectives of the charity.

Restricted funds are subjected to restrictions on their expenditure imposed by the donor or through the terms of an appeal.

**(f) Expenditure**

Expenditure is recognised on an accrual basis as a liability is incurred. Expenditure includes irrecoverable VAT which is reported as part of the expenditure to which it relates.

**(g) Governance costs**

Governance costs include those costs associated with meeting the constitutional and statutory requirements of the charity and include the professional fees and costs linked to the strategic management of the charity.

**(h) Tangible fixed assets and depreciation**

Tangible fixed assets are included at cost less depreciation and impairment. Depreciation has been computed to write off the cost of tangible fixed assets over their expected useful lives as follows:

Computers and Communications Equipment - 3 years

**NOTES FORMING PART OF THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 OCTOBER 2021**

**2. Governance costs**

	2021	2021	2021	2020
	Unrestricted	Restricted	Total	Total
	£	£	£	£
Employment costs (note 3)	61,097	-	61,097	-
Project management	-	11,250	11,250	-
Facilitator costs	5,077	15,975	21,052	-
Accountancy and independent examination fees	2,400	600	3,000	1,100
Website, marketing and design	2,148	1,556	3,704	-
Training	2,000	-	2,000	-
Insurance	1,093	-	1,093	-
Other professional fees	5,263	-	5,263	2,797
Depreciation	311	-	311	-
Travel and subsistence (Note 8)	130	-	130	56
Other costs	4,241	1,429	5,670	236
	<b>83,760</b>	<b>30,810</b>	<b>114,570</b>	<b>4,189</b>

**3. Employees**

**Analysis of employment costs**

	2021	2020
	£	£
Salaries	45,575	-
Social security costs	5,397	-
Pension costs	10,125	-
	<b>61,097</b>	<b>-</b>

**Employee numbers**

The average monthly number of employees was one (2020 - nil).

The charity considers its key management personnel comprise the trustees and the CEO.

Trustees are prohibited from receiving remuneration under the Articles of Association. The total employment benefits including employer pension contributions of the key management personnel were £60,522 (2020: nil).

**The number of employees whose emoluments exceeded £60,000 were:**

	2021	2020
	£	£
£60,001 - £70,000	1	-

**NOTES FORMING PART OF THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 OCTOBER 2021**

**4. Taxation**

As a charity, GamFam is exempt from tax on income and gains falling within section 505 of the Taxes Act 1988 or s256 of the Taxation of Chargeable Gains Act 1992 to the extent that these are applied to its charitable objects. No tax charges have arisen in the Charity.

**5. Tangible Fixed Assets - Computers and Communications Equipment**

	Unrestricted £
<b>Cost</b>	
At 1 November 2020	-
Additions	1,434
<b>At 31 October 2021</b>	<b>1,434</b>
<b>Accumulated depreciation</b>	
At 1 November 2020	-
Charge for the year	311
<b>At 31 October 2021</b>	<b>311</b>
<b>Net book value</b>	
<b>At 31 October 2021</b>	<b>1,123</b>
At 1 November 2020	-

**6. Debtors**

	Unrestricted 2021 £	Unrestricted 2020 £
Other debtors	-	2,497
Prepayments and accrued income	7,770	187
	<b>7,770</b>	<b>2,684</b>

**7. Creditors: amounts falling due within one year**

	2021 Unrestricted £	2021 Restricted £	2021 Total £	2020 Total £
Other taxes and social security	1,870	-	1,870	-
Accruals and deferred income	235,321	22,790	258,111	1,146
	<b>237,191</b>	<b>22,790</b>	<b>259,981</b>	<b>1,146</b>

**NOTES FORMING PART OF THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 OCTOBER 2021**

**8. Related party transactions**

Donations include £1,000 (2020: £7,797) received from TG Davies, Chair of Trustees, together with associated Gift Aid of £250 (2020: £1,949).

Travel and subsistence includes £100 (2020: £46) in respect of S Watts when he was a Trustee. The 2020 amount was outstanding as at 31 October 2020 and was included in accruals.

**9. Legal status of the charity**

The Charity is a company limited by guarantee and has no share capital. The liability of each member in the event of winding up is limited to £1.