

CAPE VERDEAN ASSOCIATION UK

England & Wales - Charity number 1191106

Details

Status Registered

Legal form CIO

Registered 2020-09-02

Register [View on the Charity Commission register](#)

Contact

Address Postal address
44 Barlborough Street
London
SE14 5EY

Phone 07963023730

Email info@cvassociation.org.uk

Website <https://cvassociation.org.uk/>

Activities

Objects: TO PROMOTE SOCIAL INCLUSION FOR THE PUBLIC BENEFIT BY WORKING WITH PEOPLE IN THE UK WHO ARE SOCIALLY EXCLUDED ON THE GROUNDS OF THEIR ETHNIC ORIGIN, RELIGION, BELIEF OR CREED IN PARTICULAR, MEMBERS OF THE CAPE VERDEAN COMMUNITY TO RELIEVE THE NEEDS OF SUCH PEOPLE AND ASSIST THEM TO INTEGRATE INTO SOCIETY, IN PARTICULAR BY:1.PROVIDING EDUCATION, TRAINING AND ALL THE NECESSARY SUPPORT DESIGNED TO ENABLE THE BENEFICIARIES TO IMPROVE THEIR FINANCIAL LITERACY, GENERATE A SUSTAINABLE INCOME AND ENABLE THE BENEFICIARIES TO BECOME SELF-SUFFICIENT, INCLUDING PROVIDING BASIC ESSENTIALS WHERE NEEDED. 2.PROVIDING A LOCAL NETWORK GROUP THAT ENCOURAGES AND ENABLES MEMBERS OF THE CAPE VERDEAN COMMUNITY TO PARTICIPATE MORE EFFECTIVELY WITH THE WIDER COMMUNITY;3.INCREASING, OR CO-ORDINATING, OPPORTUNITIES FOR MEMBERS OF THE CAPE VERDEAN COMMUNITY TO ENGAGE WITH SERVICE PROVIDERS, TO ENABLE THOSE PROVIDERS TO ADAPT SERVICES TO BETTER MEET THE NEEDS OF THAT COMMUNITY.

Activities: Informative and training workshops; tutorials for learning English and Cape Verdean Creole; basic training skills (IT/social media) to support the elderly/vulnerable; we advocate/facilitate access to support services; interpreting and translating; recreational, sporting and leisure activities; networking groups; promote full insertion and community participation

Classification

- **How:** Provides Services, Provides Advocacy/advice/information
- **What:** General Charitable Purposes, The Prevention Or Relief Of Poverty, Human Rights/religious Or Racial Harmony/equality Or Diversity
- **Who:** Children/young People, Elderly/old People, People With Disabilities, People Of A Particular Ethnic Or Racial Origin, Other Charities Or Voluntary Bodies, The General Public/mankind

Geography

- Throughout England And Wales

Finances

Period end	Income	Expenditure	Assets	Employees
2025-07-07	£4,558	£2,988	-	-
2024-07-07	£6,588	£6,778	-	-
2023-07-07	£1,531	£1,773	-	-
2022-07-07	£2,400	£699	-	-
2021-07-07	£480	£257	-	-

Trustees

Name	Role	Appointed
ANABELA DA CONCEICAO GOMES LOPES SEMEDO	Chair	2020-06-12
ARMINDO EMANUEL FERNANDES DE BRITO		2021-09-02
Jenifer Cristina Fortes Oliveira		2024-09-15
MARIA TERESA SANCHES SEMEDO		2020-06-12

CAPE VERDEAN ASSOCIATION UK

England & Wales - Charity number 1191106

Accounts



**Cape Verdean Association UK
Charitable Incorporated Organisation (CIO)**

**Trustees' Annual Report and Financial Statements
for the Year Ended 07 July 2025**

**Registered Charity
Number: 1191106**

Cape Verdean Association UK CIO

Report of the Trustees for the year ended 07 July 2025

The Trustees are pleased to present their annual report and financial statements for the year ended 07 July 2025.

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS102) (effective 1 January 2015) (amended 2 February 2016) as detailed in the accounting policies.

1. Reference and Administrative Details

Charity Name: Cape Verdean Association UK

Registered charity number: 1191106

Charity's Registered address 44 Barlborough Street
London
SE14 5EY

Names of the charity Trustees who manage the charity

Trustee Name	Date Appointed	Position
Anabela da Conceicao Gomes Lopes S	02/09/2020	Chair/Admin
Maria Teresa Sanches Semedo	02/09/2020	Treasurer
Armindo Emanuel Fernandes de Brito	02/09/2020	Cultural Attaché
Jenifer Cristina Fortes Oliveira	15/09/2024	Social Welfare

Bankers Lloyds Bank plc
25 Gresham Street
London
EC2V 7HN

2. Structure, Governance and Management

Governing Document

Cape Verdean Association UK is a Charitable Incorporated Organisation (CIO), Foundation model constitution, registered with the Charity Commission in England and Wales on 02 September 2020, number 1191106. This report and accounts are for the 12 months period ended 07 July 2025.

Organisational Structure

The charity Trustees are responsible for the general control and management of the charity. The Trustees give their time freely and receive no remuneration or other financial benefits.

The Trustees appointed an admin who assists them voluntarily in the day-to-day administration of the charity.

The Trustees meet regularly and are responsible for all decisions concerning the provision of community support and the running of activities for the public benefit. To assist the smooth running of the charity, the Trustees have a pool of volunteers and honorary members who support them freely and help oversee certain charity activities, run informational workshops, events, and/or basic administrative tasks. A register of members and volunteers is maintained digitally.

Cape Verdean Association UK CIO

Report of the Trustees for the year ended 07 July 2025 (continued)

Recruitment and appointment of Trustees

Apart from the first charity Trustees, every trustee appointed is elected by a resolution passed at a properly convened meeting of the charity Trustees.

The existing Trustees are responsible for the recruitment of new Trustees and will seek recommendations of key community leaders and organisations who engage with the community and play a key role in supporting those in disadvantaged positions. The Trustees believe that this approach ensures that good relations are fostered with the people of the communities served and a more efficient signposting to the different support services available.

Newly appointed Trustees are provided with a comprehensive induction containing the charity's constitution, annual reports, statement of accounts, as well as the essential trustees pack with information on the roles/responsibilities of charity Trustees. An initial meeting with the charity Trustees to brief them on their legal obligations under charity law is also arranged. When selecting new trustees, the Trustees take regard to people who have engaged with the charity activities, workshops, volunteering, those who are willing to support the charity work for the public benefit, and who are willing to donate some of their free time to support the community.

Risk Management

The Trustees remain vigilant in identifying and addressing the major strategic, operational, and reputational risks the charity may face, taking appropriate steps to mitigate them effectively.

3. Objectives and Activities

The objects of the Charity as stated in its Constitution are to be carried out *to promote social inclusion for the public benefit by working with people in the UK who are socially excluded on the grounds of their ethnic origin, religion, belief or creed in particular, members of the Cape Verdean community to relieve the needs of such people and assist them to integrate into society, in particular by:*

- (1) Providing education, training and all the necessary support designed to enable the beneficiaries to improve their financial literacy, generate a sustainable income and enable the beneficiaries to become self-sufficient, including providing basic essentials where needed;*
- (2) Providing a local network group that encourages and enables members of the Cape Verdean community to participate more effectively with the wider community;*
- (3) Increasing, or co-ordinating, opportunities for members of the Cape Verdean community to engage with service providers, to enable those providers to adapt services to better meet the needs of that community.*

Nothing in this constitution shall authorise an application of the property of the CIO for the purposes which are not charitable in accordance with [section 7 of the Charities and Trustee Investment (Scotland) Act 2005] and [section 2 of the Charities Act (Northern Ireland) 2008]

4. Achievements and Performance

During the period, the Cape Verdean Association UK continued to actively deliver and expand a range of cultural, community and support activities aligned with its charitable objectives.

Building on the work developed in previous years, the charity maintained and, in some areas, expanded its reach despite ongoing structural limitations, including the absence of a permanent physical space and the reliance on volunteer-led delivery.

The Trustees and volunteers remained committed to sustaining support for the community, adapting delivery methods through digital platforms, partnerships, and shared community spaces. This approach enabled the charity to continue providing essential services, cultural activities and community engagement opportunities, while actively working towards a more sustainable operational model.

Cape Verdean Association UK CIO

Report of the Trustees for the year ended 07 July 2025 (continued)

➤ **Cultural and Community Events**

The charity successfully organised and participated in several large-scale cultural events that brought together the Cape Verdean and wider PALOP community. Compared to the previous year, the charity observed increased participation in large-scale events and sustained engagement across workshops and online platforms, reflecting growing trust and visibility within the community.

Key highlights include:

- Celebration of the 50th Anniversary of Cabo Verde Independence (July 2025), which attracted approximately 300 participants, including families, cultural groups and community partners from all over the country.
- Participation in multicultural festivals such as the Ipswich One Big Multicultural Festival and PALOP/Luso Fest Peterborough, showcasing Cape Verdean culture through music and dance with our Batuku project.

These events promoted cultural identity, intergenerational connection and community cohesion. They also provided opportunities for community members to reconnect with their cultural heritage while engaging with the wider multicultural environment.

➤ **Workshops, Information Sessions and Community Engagement**

The charity delivered and supported a growing number of workshops and information sessions addressing key community needs. These included:

- “Conversas com a Comunidade” sessions focused on understanding immigration status, rights and duties, EU Settlement Scheme, and access to support services
- Health and wellbeing workshops
- Parenting and relationship sessions
- Community-led discussions and empowerment initiatives

These sessions typically reached between 50 and 70 participants per event, demonstrating continued demand for accessible, culturally relevant information and support within the community. The activities helped improve access to information, increase awareness of rights and services, and support community integration.

➤ **Community Support and Advice**

Due to the absence of a permanent physical space, the charity continued to provide flexible and accessible support to the community through:

- Online assistance
- One-to-one support
- Partnerships with community organisations and centres

Support provided included:

- Assistance with completing forms and accessing public services
- Guidance on immigration processes (e.g. EVisa, ETA, settlement status)
- Language support for Portuguese-speaking community members
- Signposting to food banks, specialist support and support services

This work helped reduce barriers to access and supported vulnerable members of the community. In many cases, this support acted as a first point of contact, helping individuals navigate complex systems and access appropriate services. Demand for this remained consistent throughout the year, particularly due to ongoing changes in immigration processes, cost-of-living pressures and language barriers affecting access to services.

Cape Verdean Association UK CIO

Report of the Trustees for the year ended 07 July 2025(continued)

➤ **Digital Engagement and Outreach**

The charity maintained a consistent and active online presence through Facebook and other platforms, sharing:

- Community information
- Events and opportunities
- Public service updates
- Cultural content

This digital engagement helped reach a wider audience and ensured access to important information for Portuguese-speaking communities.

➤ **Organisational Development**

During the year, the charity experienced key organisational changes, including:

- Transition in leadership following the departure of the Chair
- Increased professional commitments among trustees and volunteers

As a result, the organisation has begun reviewing its long-term sustainability and capacity. Key areas under consideration include:

- Developing a more sustainable operational structure
- Securing funding for dedicated roles
- Exploring the acquisition of a permanent community space to improve service delivery

These challenges have reinforced the need to transition from a fully volunteer-led model to a more sustainable structure, including the potential development of funded roles and a permanent community space. This period has been an important stage of reflection and planning, informing the charity's next phase of development.

➤ **Public Benefit**

All activities carried out during the year contributed to public benefit by:

- Promoting social inclusion and community cohesion
- Supporting vulnerable individuals through access to information and services
- Preserving and promoting Cape Verdean cultural heritage
- Providing educational and well-being opportunities
- Reducing isolation within the diaspora community

These activities align directly with the charity's objects and demonstrate ongoing public benefit through both preventative and responsive community support.

➤ **Volunteer Engagement and Partnerships**

Volunteer engagement remained fundamental to the delivery of activities. Volunteers supported the delivery of workshops, contributed to event organisation, assisted with logistics, and helped coordinate outreach efforts. Their time and commitment, freely given, have remained essential in enabling the charity to sustain a consistent programme of cultural and community support activities despite limited resources.

Compared to previous years, volunteer involvement has remained strong, although the charity is increasingly aware of the need to develop more structured roles and support mechanisms to ensure long-term sustainability and avoid over-reliance on voluntary capacity.

The Trustees have continued to strengthen relationships with other charities, service providers, and community organisations. These partnerships have been key in expanding the charity's reach, improving access to services, and enabling effective signposting to specialist support. Collaboration remains an important approach to ensuring that beneficiaries receive appropriate and timely assistance.

Cape Verdean Association UK CIO

Report of the Trustees for the year ended 07 July 2025 (continued)

5. Financial Review

During the reporting period, the charity continued to operate without access to public funding and did not submit formal funding applications.

The Trustees have taken a deliberate approach, focusing on delivering consistent, community-led activities while working towards the development of structured projects that can support future funding applications.

The charity remains largely volunteer-led, with Trustees, honorary members, and volunteers continuing to contribute their time and, where possible, financial support. Income generated through small donations, fundraising events, and community contributions has enabled the charity to maintain a modest but meaningful level of service. These resources have supported the delivery of activities, as well as direct assistance to individuals and families in need, including the provision of food and essential items where required.

The community has continued to respond positively to this grassroots model, demonstrating strong engagement and a sense of collective ownership. This approach has reinforced solidarity within the Cape Verdean diaspora and strengthened the charity's connection to the communities it serves. It also reflects a cautious and considered progression towards long-term financial sustainability.

Reserves Policy

During the financial year, the charity held sufficient funds, primarily generated through community contributions and fundraising activities, to meet its basic operational costs.

However, current reserves remain limited and do not yet provide sufficient financial resilience buffer for long-term sustainability or unexpected demands. Building a more stable reserve position remains a key priority for the organisation.

The Trustees aim to gradually generate consistent surpluses through improved planning, structured activities, and future funding opportunities, supporting the charity's long-term development and its ambition to establish a permanent community space.

Principal Funding Sources

The charity's income during the reporting period continued to be derived from community-based sources, including:

- Donations from community members
- Fundraising activities linked to events and workshops
- Financial contributions from Trustees, volunteers and members

All funds received were unrestricted, allowing the charity to respond flexibly to emerging needs and to prioritise support for beneficiaries.

Plans for future periods

The Trustees recognise the increasing demand for services and the need to strengthen both financial and operational capacity. In the coming period, the charity intends to:

- Develop structured project proposals aligned with identified community needs
- Begin exploring and applying for external funding opportunities
- Strengthen long-term fundraising strategies
- Expand partnerships with other organisations
- Invest in capacity building to support sustainable growth

A key strategic objective remains the acquisition of a physical community space. This would enable the charity to provide more consistent in-person support, increase the number of workshops and activities delivered, and enhance its visibility within the community.

Cape Verdean Association UK CIO

Report of the Trustees for the year ended 07 July 2025 (continued)

The charity will continue to focus on promoting wellbeing, cultural heritage, and social inclusion, with particular attention to addressing social isolation, mental health challenges, economic hardship, and barriers to accessing services. By continuing to bring people together through shared experiences, knowledge exchange, and cultural connection, the charity aims to strengthen community resilience and build a more sustainable foundation for the future.

These developments are intended to support the charity's transition into a more sustainable, accessible and impactful organisation for the community it serves.

Statement of Trustees' Responsibilities

The charity's Trustees are responsible for preparing the Annual Report and financial statements in accordance with applicable laws and regulations.

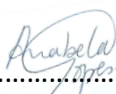
Under charity law in England and Wales, Trustees must ensure that the financial statements provide a true and fair view of the state of affairs of the charity and of its incoming and outgoing resources for the financial year. In preparing these statements, the Trustees are required to:

- Select suitable accounting policies and apply them consistently
- Comply with the methods and principles set out in the Charities SORP
- Make reasonable and prudent judgements and accounting estimates
- State whether applicable UK accounting standards have been followed, with any material departures explained
- Prepare the financial statements on a going concern basis, unless it is inappropriate to presume the charity will continue its operations

The Trustees are also responsible for maintaining adequate accounting records that clearly explain the charity's transactions and financial position at any given time. These records must be sufficient to ensure compliance with the Charities Acts.

Furthermore, the Trustees must take reasonable steps to safeguard the charity's assets and prevent fraud and other forms of financial irregularity.

The annual report was approved by the Board of Trustees on 03rd May 2026 and signed on its behalf by:



.....
Anabela Gomes Lopes S

Chair of Trustees

Date: 03rd May 2026

Cape Verdean Association UK CIO
 Report of the Trustees for the year ended 07 July 2025 (continued)



Charity Name Cape Verdean Association UK		No (if any) 1191106		CC16a	
Receipts and payments accounts					
For the period from	Period start date 08/07/2024	To	Period end date 07/07/2025		

Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
Member's subscriptions	1,353	-	-	1,353	690
Fundraising Activities/Events	3,205	-	-	3,205	5,898
Sub total (Gross income for AR)	4,558	-	-	4,558	6,588
A2 Asset and investment sales, (see table).					
Sub total	-	-	-	-	-
Total receipts	4,558	-	-	4,558	6,588
A3 Payments					
Telephone	220	-	-	220	110
Cost Activities/events	1,268	-	-	1,268	5,370
Liability insurance	33	-	-	33	115
Website Hosting/Maintenance (hostpresto/Wordpress)	72	-	-	72	83
Software & Add-ons (storage)	16	-	-	16	16
Essentials donation (clothing)	-	-	-	-	205
Stationery/workshops materials: (leaflets, post cards, traxetas, printing, microphones, Zoom licence renewal, Batuku project uniform)	1,379	-	-	1,379	879
Sub total	2,988	-	-	2,988	6,778
A4 Asset and investment purchases, (see table)					
Sub total	-	-	-	-	-
Total payments	2,988	-	-	2,988	6,778
Net of receipts/(payments)	1,570	-	-	1,570	190
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	-	-	-	-	-
Cash funds this year end	1,570	-	-	1,570	190

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds		-	-	-
	Total cash funds (agree balances with receipts and payments account(s))	-	-	-
		Agreement Error	OK	OK
		Unrestricted funds	Restricted funds	Endowment funds
B2 Other monetary assets		-	-	-
		Fund to which asset belongs	Cost (optional)	Current value (optional)
B3 Investment assets		-	-	-
		Fund to which asset belongs	Cost (optional)	Current value (optional)
B4 Assets retained for the charity's own use		-	-	-
		Fund to which liability relates	Amount due (optional)	When due (optional)
B5 Liabilities		-	-	-
	Signature	Print Name	Date	
The Receipt and Payments account were approved by the Trustees to be signed on its behalf by:		Anabela da Conceicao Gomes Lopes S	03/05/2026	

Cape Verdean Association UK CIO

Notes to the Payment and Receipts Account for the year ended 07 July 2025

1. Accounting policies

The principal accounting policies adopted, judgements and key sources of estimation uncertainty in the preparation of the financial statements are as follows:

CIO information

Cape Verdean Association UK was registered as a charitable incorporated organisation on 02 September 2020 and is governed by a constitution dated 01 September 2020 and registered with the Charity Commission under charity number 1191106. The charity's principal office address is 44 Barlborough Street, New Cross, SE14 5EY

Accounting convention:

The accounts (payment and receipts accounts) have been prepared in accordance with the Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) issued on 16 July 2014 ("Charities SORP (FRS102)"), the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102), the Charities Act 2011 and UK Generally Accepted Practice as it applies from 1 January 2015.

The payment and receipts accounts have been prepared to give a 'true and fair' view and have departed from the Charities (Accounts and Reports) Regulations 2008 only to the extent required to provide a 'true and fair view'. This departure has involved following Charities SORP (FRS 102) rather than Accounting and Reporting by Charities: Statement of Recommended Practice, effective from 1 April 2005, which has since been withdrawn.

The Cape Verdean Association UK CIO meets the definition of a public benefit entity under FRS 102.

Going concern

The Trustees have at the time of approving the payment and receipts accounts a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. Thus, they continue to adopt the going concern basis of accounting in preparing the financial statements.

Income resources

All Income resources are recognised once the charity has entitlement to the resources, it is certain that the resources will be received, and the monetary value of incoming resources can be measured with sufficient reliability.

Voluntary income received by way of donations/contributions are included in full in the receipts and payments account when receivable.

The value of services donated by volunteers has not been included in these accounts, except where the services provided are in the nature of professional services where a fee would otherwise be charged.

Fund accounting

All funds received in the year are unrestricted in their application, the Trustees having full discretion over their use.

CAPE VERDEAN ASSOCIATION UK

England & Wales - Charity number 1191106

Accounts



**Cape Verdean Association UK
Charitable Incorporated Organisation (CIO)**

**Trustees' Annual Report and Financial Statements
for the Year Ended 07 July 2024**

**Registered Charity
Number: 1191106**

Cape Verdean Association UK CIO

Report of the Trustees for the year ended 07 July 2024

The Trustees are pleased to present their annual report and financial statements for the year ended 07 July 2024.

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS102) (effective 1 January 2015) (amended 2 February 2016) as detailed in the accounting policies.

1. Reference and Administrative Details

Charity Name: Cape Verdean Association UK

Registered charity number: 1191106

Charity's Registered address 44 Barlborough Street
London
SE14 5EY

Names of the charity Trustees who manage the charity

Trustee Name	Date Appointed	Position
Osvaldo Marques Semedo	02/09/2020	Chair (Resigned on 01/09/2024)
Anabela da Conceicao Gomes Lopes Semedo	02/09/2020	Secretary (appointed Chair 15/09/2024)
Maria Teresa Sanches Semedo	02/09/2020	Treasurer
Armindo Emanuel Fernandes de Brito	02/09/2020	Cultural Attaché
Jenifer Cristina Fortes Oliveira	15/09/2024	Admin/Social Welfare

Bankers Lloyds Bank plc
25 Gresham Street
London
EC2V 7HN

2. Structure, Governance and management

Governing Document

Cape Verdean Association UK is a Charitable Incorporated Organisation (CIO), Foundation model constitution, registered with the Charity Commission in England and Wales on 02 September 2020, number 1191106. This report and accounts are for the 12 months period ended 07 July 2024.

Organisational Structure

The charity Trustees are responsible for the general control and management of the charity. The Trustees give their time freely and receive no remuneration or other financial benefits.

The Trustees appointed a secretary who assists them voluntarily in the day-to-day administration of the charity.

The Trustees meet regularly and are responsible for all decisions concerning providing community support and running activities for the public benefit. To assist the smooth running of the charity, the Trustees have a pool of volunteers and honorary members who support them freely and help them oversee certain charity activities, the

Cape Verdean Association UK CIO

Report of the Trustees for the year ended 07 July 2024 (continued)

running of informational workshops, events, and/or basic administrative tasks. A register of members and volunteers is maintained digitally.

Recruitment and appointment of Trustees

Apart from the first charity Trustees, every trustee appointed is elected by a resolution passed at a properly convened meeting of the charity Trustees.

The existing Trustees are responsible for the recruitment of new Trustees and will seek recommendations of key community leaders and organisations who engage with the community and play a key role in supporting those in disadvantaged positions. The Trustees believe that this approach ensures that good relations are fostered with the people of the communities served and a more efficient signposting to the different support services available.

Newly appointed Trustees are provided with a comprehensive induction containing the charity's constitution, annual reports, statement of accounts, as well as the essential trustees pack with information on the roles/responsibilities of charity Trustees. An initial meeting with the charity Trustees to brief them on their legal obligations under charity law is also arranged. When selecting new trustees, the Trustees take regard to people who have engaged with the charity activities, workshops, volunteering, those who are willing to support the charity work for the public benefit, and who are willing to donate some of their time free to support the community.

Risk Management

The Trustees remain vigilant in identifying and addressing the major strategic, operational, and reputational risks the charity may face, taking appropriate steps to mitigate them effectively.

3. Objectives and Activities

The objects of the Charity as stated in its Constitution are to be carried out for the public benefit *to promote social inclusion for the public benefit by working with people in the UK who are socially excluded on the grounds of their ethnic origin, religion, belief or creed in particular, members of the Cape Verdean community to relieve the needs of such people and assist them to integrate into society, in particular by:*

- (1) Providing education, training and all the necessary support designed to enable the beneficiaries to improve their financial literacy, generate a sustainable income and enable the beneficiaries to become self-sufficient, including providing basic essentials where needed;*
- (2) Providing a local network group that encourages and enables members of the Cape Verdean community to participate more effectively with the wider community;*
- (3) Increasing, or co-ordinating, opportunities for members of the Cape Verdean community to engage with service providers, to enable those providers to adapt services to better meet the needs of that community.*

Nothing in this constitution shall authorise an application of the property of the CIO for the purposes which are not charitable in accordance with [section 7 of the Charities and Trustee Investment (Scotland) Act 2005] and [section 2 of the Charities Act (Northern Ireland) 2008]

4. Achievements and Performance

The Trustees have continued to follow the Charity Commission's guidance on public benefit, delivering free, volunteer-led activities designed to support individuals in disadvantaged or vulnerable situations, especially those affected by language barriers, lack of accessible information, and ongoing changes to welfare policies that impact rights and entitlements.

By drawing on the language skills and cultural understanding of its members and volunteers, and through collaboration with partner organisations, the charity has acted as a bridge between community members and service providers. Support included translation of key information, assistance with completing forms, clarification

Cape Verdean Association UK CIO

Report of the Trustees for the year ended 07 July 2024 (continued)

of requirements, and referrals to specialised welfare support organisations. This was done primarily through phone-based three-way calls, online platforms such as Zoom, Teams, WhatsApp, as well as in-person during community events and activities.

The charity also hosted a series of events aimed at encouraging community engagement, promoting the exchange of useful information, and celebrating Cape Verdean cultural heritage. These included workshops conducted in partnership with other professionals on topics such as financial literacy, self-employment, housing rights, and access to health and welfare services. All activities were designed to reduce barriers, empower participants, and support social inclusion.

Despite limited resources for hiring venues, we ensured that, wherever possible, workshops and events provided a safe, welcoming space where beneficiaries could receive vital support, enhance their financial literacy, build pathways to sustainable income, and strengthen their employment opportunities.

Events and workshops encouraged more effective participation in the wider community, reducing isolation and promoting wellbeing, especially during difficult periods of economic pressure. The ongoing cost-of-living crisis, exacerbated by the war in Ukraine, has increased demand for accessible, supportive events that combine practical help with community solidarity. Our response included peer support, with distribution of goods and essentials whenever needed or signposting to food banks and partner organisations.

➤ **Community Support Services and Cultural Engagement**

Throughout the reporting period, the charity provided targeted community support through multiple channels, including telephone (three-way calls for interpreting/translation), email, in-person sessions during events, and online platforms such as Zoom and Teams.

Direct assistance was provided to 75 individuals who required help with completing forms, understanding complex information, or interpreting in conversations with service providers. In addition, over 100 individuals benefited indirectly through participation in community events, activities, and workshops. Despite funding limitations and challenges securing venues, the charity utilised modest resources raised through fundraising and member contributions to connect individuals with essential services, food banks, welfare support, and access to supplies such as food and clothing.

Our social media presence played a critical role in sharing accessible, easy-to-understand information with the community, often linking to governmental sources and qualified professionals for further, specialist assistance. Over the year, we facilitated and promoted a variety of workshops on key topics such as financial wellbeing, intergenerational wealth-building, mental health awareness (especially for families), and improvement of self-confidence among Black African women. We also disseminated information on cancer awareness and care, the EU Settlement Scheme, and welfare changes affecting those on Universal Credit. These sessions were vital in helping community members understand their rights, access services, and feel empowered to take action in their lives.

July marked the celebration of the 49th Anniversary of Cape Verde's Independence in London, with over 150 community members attending. This event created a space for cultural exchange, family participation, and a deeper appreciation of Cape Verdean heritage.

The charity also facilitated the donation of essentials to support families in distress and continued its long-standing "Batuku" cultural project. Members performed and led various workshops at events such as the "Para Juntar" celebration hosted by the Africa Centre in September 2023 and Africa Day in May 2024. These events brought together Lusophone African communities to share music, food, and traditions, fostering inclusion and intercultural dialogue with different communities in London.

Cape Verdean Association UK CIO

Report of the Trustees for the year ended 07 July 2024(continued)

Further engagement included a Cape Verdean short film screening in partnership with the theatre group “TIKAI” from Cape Verde, which drew 80 attendees and sparked conversations on generational wisdom, cultural values, and resilience. Events like this were not only culturally enriching but also created shared experiences that strengthened mental wellbeing.

The charity also supported a 8-week programme, “Voices for Black African Portuguese Women”, offering a safe and empowering space for 47 women to connect, grow in confidence, and explore their identities. Organised by one of our trustees, this initiative was especially impactful for women facing intersectional challenges.

The charity was also invited to attend the first Cape Verdean diaspora gathering in Lisbon, as well as the 50th anniversary celebration of Portugal’s liberation from dictatorship in Lambeth. These initiatives brought together Lusophone communities in the UK and Cape Verde Diaspora abroad.

➤ Youth Empowerment, Volunteering and Family Support

Throughout the year, the charity prioritised not only inclusion and community engagement but also empowerment, especially for families, young people, and individuals facing hardship. Initiatives were aimed at strengthening community resilience, giving visibility to role models, and offering direct support to those in need.

We helped gather clothing for families with young children and supported six Cape Verdean cyclists who had travelled to the UK to participate in the 2023 World Cycling Competition in Glasgow. Upon arrival, they were unprepared for the cold climate, and the charity stepped in to provide winter clothing, ensuring they could compete safely and proudly represent their nation.

Our commitment to youth empowerment was further demonstrated by supporting the launch of a children’s book written by a 10-year-old Cape Verdean descendant from London. The launch was held both at Dagenham Library and within the community space “Bela Lisboa” in Barking. This event inspired younger audiences and encouraged cultural pride and creativity.

We also supported another child who authored a book last year about her African and Cape Verdean heritage, to take the books to Cape Verde on her trip to distribute copies freely to children. These initiatives foster cultural awareness, literacy, and confidence among the younger generation, reinforcing the charity’s long-term impact on identity development and inclusion.

During school holidays and half terms, we actively signposted families to local services offering meals, food parcels, and supplies, ensuring that vulnerable households could access basic support during times of increased need.

Volunteer engagement remained central to our activities. Volunteers participated in workshops, helped organise events, supported logistics, and helped coordinate outreach. Their contributions—freely given—enabled the charity to maintain a vibrant calendar of community support and cultural activities.

The Trustees continue to explore and build partnerships with other charities, service providers, and community groups. These collaborations expand our reach, improve access to resources, and strengthen our ability to deliver targeted, meaningful impact in alignment with our charitable aims.

5. Financial Review

The charity has continued to operate without access to public funding and has not submitted funding applications during this reporting period. The Trustees remain committed to dedicating time voluntarily to the delivery of activities and recognise the need to develop structured projects that directly address community needs before seeking formal grants.

Trustees, members, and volunteers have continued to contribute both their time and, where possible, financial resources. Small donations collected during events, fundraising activities, and community contributions have

Cape Verdean Association UK CIO

Report of the Trustees for the year ended 07 July 2024 (continued)

allowed the charity to sustain a modest but impactful level of service, covering costs associated with running activities, supporting those in crisis, and providing food and other essentials.

The community has responded positively to this model, expressing pride in being part of a collective effort that promotes solidarity and shared responsibility. This grassroots engagement has fostered a strong sense of ownership and belonging within the Cape Verdean diaspora in the UK.

Reserves Policy

During the financial year, the charity held sufficient funds, primarily through contributions from members and modest income from events and workshops, to meet its basic operational costs.

However, the Trustees recognise that these resources are limited and do not yet provide a financial buffer for unforeseen circumstances or long-term sustainability. Building reserves remains a strategic priority, and the Trustees aim to generate consistent surpluses to support future growth and the establishment of a permanent physical space for community use.

Principal Funding Sources

The principal sources of income during the year have been:

- Donations from community members
- Fundraising during events and workshops
- Financial contributions from Trustees, volunteers and members

All funds received were unrestricted, enabling flexibility in responding to urgent needs and supporting the organisation's mission.

Plans for future periods

The Trustees acknowledge the need to increase and diversify income to support the growing demands on the charity's services. While spending during the year exceeded expectations, driven by the pressing needs of those experiencing hardship, the charity prioritised providing basic and timely support.

Moving forward, the charity intends to:

- Develop structured project proposals aligned with community needs
- Apply for grant funding and build long-term fundraising strategies
- Expand income through regular events and partnerships
- Invest in capacity building to sustain and scale its operations

A key goal is to secure a physical community hub to host in-person workshops, provide walk-in support, and enhance the visibility and reach of the charity's work.

The charity will continue to promote well-being, cultural celebration, and inclusion, with a particular focus on combating social isolation, mental health challenges, poverty, and exclusion. By bringing people together through shared experiences, knowledge exchange, and cultural connection, the charity aims to create a lasting impact and strengthen community resilience.

Cape Verdean Association UK CIO

Report of the Trustees for the year ended 07 July 2024 (continued)

Statement of Trustees' Responsibilities

The charity's Trustees are responsible for preparing the Annual Report and financial statements in accordance with applicable laws and regulations.

Under charity law in England and Wales, Trustees must ensure that the financial statements provide a true and fair view of the state of affairs of the charity and of its incoming and outgoing resources for the financial year. In preparing these statements, the Trustees are required to:

- Select suitable accounting policies and apply them consistently
- Comply with the methods and principles set out in the Charities SORP
- Make reasonable and prudent judgements and accounting estimates
- State whether applicable UK accounting standards have been followed, with any material departures explained
- Prepare the financial statements on a going concern basis, unless it is inappropriate to presume the charity will continue its operations

The Trustees are also responsible for maintaining adequate accounting records that clearly explain the charity's transactions and financial position at any given time. These records must be sufficient to ensure compliance with the Charities Acts.

Furthermore, the Trustees must take reasonable steps to safeguard the charity's assets and prevent fraud and other forms of financial irregularity.

The annual report was approved by the Board of Trustees on 1st May 2025 and signed on its behalf by:



.....
Anabela Gomes Lopes Semedo

Chair of Trustees

Date: 1st May 2025

Cape Verdean Association UK CIO

Statement of Financial Activities / Receipt and Payments Account for the year ended 07 July 2024



CHARITY COMMISSION
FOR ENGLAND AND WALES

Charity Name Cape Verdean Association UK		No (if any) 1191106	CC16a
Receipts and payments accounts			
For the period from	Period start date 08/07/2023	To	Period end date 07/07/2024

Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
Member's subscriptions	690	-	-	690	490
Fundraising Activities/Events	5,898	-	-	5,898	883
Sub total (Gross income for AR)	6,588	-	-	6,588	1,373
A2 Asset and investment sales, (see table).					
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	6,588	-	-	6,588	1,373

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A3 Payments					
Telephone	110	-	-	110	100
Cost Activities/events	5,370	-	-	5,370	1,152
Liability insurance	115	-	-	115	57
Website Hosting/Maintenance (hostpresto/Wordpress)	83	-	-	83	-
Software & Add-ons (storage)	16	-	-	16	-
Essentials donation (clothing)	205	-	-	205	-
Stationery/workshops materials: (leaflets, post cards, txbetas, printing, microphones, Zoom licence renewal, Batuku project uniform)	879	-	-	879	464
Sub total	6,778	-	-	6,778	1,773

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A4 Asset and investment purchases, (see table)					
	-	-	-	-	-
Sub total	-	-	-	-	-

Total payments	6,778	-	-	6,778	1,773
-----------------------	--------------	----------	----------	--------------	--------------

Net of receipts/(payments)	- 190	-	-	- 190	- 400
-----------------------------------	--------------	----------	----------	--------------	--------------

A5 Transfers between funds	-	-	-	-	-
----------------------------	---	---	---	---	---

A6 Cash funds last year end	-	-	-	-	-
-----------------------------	---	---	---	---	---

Cash funds this year end	- 190	-	-	- 190	- 400
---------------------------------	--------------	----------	----------	--------------	--------------

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds		-	-	-
	Total cash funds	-	-	-
	(agree balances with receipts and payments account(s))	Agreement Error	OK	OK
		Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B2 Other monetary assets		-	-	-
	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B3 Investment assets		-	-	-
	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B4 Assets retained for the charity's own use		-	-	-
	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
B5 Liabilities		-	-	-

The Receipt and Payments account were approved by the Trustees to be signed on its behalf by:

Signature	Print Name	Date
	Anabela da Conceicao Gomes Lopes Semedo	01/05/2025

Cape Verdean Association UK CIO

Notes to the Payment and Receipts Account for the year ended 07 July 2024

1. Accounting policies

The principal accounting policies adopted, judgements and key sources of estimation uncertainty in the preparation of the financial statements are as follows:

CIO information

Cape Verdean Association UK was registered as a charitable incorporated organisation on 02 September 2020 and is governed by a constitution dated 01 September 2020 and registered with the Charity Commission under charity number 1191106. The charity's principal office address is 44 Barlborough Street, New Cross, SE14 5EY

Accounting convention:

The accounts (payment and receipts accounts) have been prepared in accordance with the Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) issued on 16 July 2014 ("Charities SORP (FRS102)"), the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102), the Charities Act 2011 and UK Generally Accepted Practice as it applies from 1 January 2015.

The payment and receipts accounts have been prepared to give a 'true and fair' view and have departed from the Charities (Accounts and Reports) Regulations 2008 only to the extent required to provide a 'true and fair view'. This departure has involved following Charities SORP (FRS 102) rather than Accounting and Reporting by Charities: Statement of Recommended Practice effective from 1 April 2005 which has since been withdrawn.

The Cape Verdean Association UK CIO meets the definition of a public benefit entity under FRS 102.

Going concern

The Trustees have at the time of approving the payment and receipts accounts a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. Thus, they continue to adopt the going concern basis of accounting in preparing the financial statements.

Income resources

All Income resources are recognised once the charity has entitlement to the resources, it is certain that the resources will be received, and the monetary value of incoming resources can be measured with sufficient reliability.

Voluntary income received by way of donations/contributions are included in full in the receipts and payments account when receivable.

The value of services donated by volunteers has not been included in these accounts, except where the services provided are in the nature of professional services where a fee would otherwise be charged.

Fund accounting

All funds received in the year are unrestricted in their application, the Trustees having full discretion over their use.

CAPE VERDEAN ASSOCIATION UK

England & Wales - Charity number 1191106

Accounts



**Cape Verdean Association UK
Charitable Incorporated Organisation (CIO)**

**Trustees' Annual Report and Financial Statements
for the Year Ended 07 July 2023**

**Registered Charity
Number: 1191106**

Cape Verdean Association UK CIO

Report of the Trustees for the year ended 07 July 2023

The Trustees present their annual report together with the financial statements for the charity for the year ended 07 July 2023.

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS102) (effective 1 January 2015) (amended 2 February 2016) as detailed in the accounting policies.

1. Reference and Administrative Details

Charity Name: Cape Verdean Association UK

Registered charity number: 1191106

Charity's principal address 1 Winmill Road
Dagenham
London
RM8 3AA

Names of the charity Trustees who manage the charity

Trustee Name	Date Appointed	Position
Osvaldo Marques Semedo	02/09/2020	Chair
Anabela da Conceicao Gomes Lopes Semedo	02/09/2020	Secretary
Maria Teresa Sanches Semedo	02/09/2020	Treasurer
Armindo Emanuel Fernandes de Brito	02/09/2020	Cultural Attaché

Bankers Lloyds Bank plc
25 Gresham Street
London
EC2V 7HN

2. Structure, Governance and management

Governing Document

Cape Verdean Association UK is a Charitable Incorporated Organisation (CIO), Foundation model constitution, registered with the Charity Commission in England and Wales on 02 September 2020, number 1191106. This report and accounts are for the 12 months period ended 07 July 2023.

Organisational Structure

The charity Trustees are responsible for the general control and management of the charity. The Trustees give their time freely and receive no remuneration or other financial benefits.

The secretary was appointed by the Trustees to assist freely in the day-to-day administration of the charity.

Cape Verdean Association UK CIO

Report of the Trustees for the year ended 07 July 2023 (continued)

The Trustees meet regularly and are responsible for all decisions taken concerning providing community support and running activities provided by the charity. To assist the smooth running of the charity the Trustees have a pool of volunteers, an Honorary Communications Officer and an Honorary Social Attaché Officer that freely support them to oversee certain aspects of the charity work, the running of activities/workshops, or administrative tasks. A register of members and volunteers is maintained digitally and is available to the public upon request.

Recruitment and appointment of Trustees

Apart from the first charity Trustees, every trustee appointed is elected by a resolution passed at a properly convened meeting of the charity Trustees.

The existing Trustees are responsible for the recruitment of new Trustees and will seek the views and recommendations of the elderly and community leaders. The Trustees believe this approach ensures that new Trustees are respected members of the community and ensures that good relations are fostered with the people of the communities served.

Newly appointed Trustees are provided with a comprehensive induction pack containing the charity's constitution, annual reports and statement of accounts as well as the roles and responsibilities of charity Trustees. An initial meeting with the charity Trustees to brief them on their legal obligations under charity law is also arranged. When selecting new trustees, the Trustees identify people who attend the events, activities, and workshops organised by the charity and who are willing to volunteer to help expand our community work.

Risk Management

The Trustees recognise the major strategic, business and operational risks to which the charity might be exposed and confirm that systems are in place to ensure regular reports are made for the Trustees to ensure all necessary actions are taken to mitigate risks. The procedures are periodically reviewed to ensure that they still meet the needs of the charity.

3. Objectives and Activities

The objects of the Charity as stated in its Constitution are to be carried out for the public benefit *to promote social inclusion for the public benefit by working with people in the UK who are socially excluded on the grounds of their ethnic origin, religion, belief or creed in particular, members of the Cape Verdean community to relieve the needs of such people and assist them to integrate into society, in particular by:*

- (1) Providing education, training and all the necessary support designed to enable the beneficiaries to improve their financial literacy, generate a sustainable income and enable the beneficiaries to become self-sufficient, including providing basic essentials where needed;*
- (2) Providing a local network group that encourages and enables members of the Cape Verdean community to participate more effectively with the wider community;*
- (3) Increasing, or co-ordinating, opportunities for members of the Cape Verdean community to engage with service providers, to enable those providers to adapt services to better meet the needs of that community.*

Nothing in this constitution shall authorise an application of the property of the CIO for the purposes which are not charitable in accordance with [section 7 of the Charities and Trustee Investment (Scotland) Act 2005] and [section 2 of the Charities Act (Northern Ireland) 2008]

4. Achievements and Performance

The charity Trustees continue to have regard to the Charity Commission guidance on public benefit and continue to carry out voluntary actions to benefit the community served in the understanding of information, life in the UK,

Cape Verdean Association UK CIO

Report of the Trustees for the year ended 07 July 2023 (continued)

access and use of support services by using their proficiency in the English, Cape Verdean Kriol and Portuguese language to bridge communication, provide translated information or by serving as interpreters over the phone and/or in person.

The charity continued to use social media platforms, email, phone and Zoom online platform, to run informational workshops, provide support when completing forms or to support users in understanding key information. Cape Verdean Association UK also worked in partnership with other support services and organisations signposting/referring service users to professional/qualified advisors and services.

Throughout the year and within its capacity, the charity delivered a wide range of cultural activities, summarised below, which fulfilled its charitable aims and the Trustees believe have benefited the communities served and promoted social inclusion.

- **Welfare and Social Support** – Via phone, email, in person and/or Zoom online meetings we provided support to 50 people who reached us asking for help to understand information concerning social welfare, housing, EU Settle status, completion of forms, needed assistance to get food and household essentials, find employment or needed help to connect to specialist support services (immigration advice, solicitors, welfare advisors).

The charity continued to use its language proficiency, supported by volunteers, to help service users understand information about life in the UK, acted as interpreters on several 3-way calls to help service users understand rights, obligations and/or what they are required to do, we helped people understand the information shared in the English language, translated info received to clarify what was the content of the message and signposted anyone who required specialist support to the relevant professionals who could assist them and provide advice.

Cape Verdean Association UK continued to promote health and well-being workshops and messages through the Portuguese-speaking Psychologist & Autism specialist to support those suffering from isolation, those who lost their support networks, or were struggling due to the current economic crisis which is affecting many households. We continued to promote awareness on current scenarios of mental health, depression and isolation and we are advocating in the community so that the word is spread across all so that those in need know what help is available, where to go and how to release themselves from situations of total isolation.

Cape Verdean Association UK continued to disseminate information through their social media platforms about free meals, access to free English language lessons and also actively divulged info and supported people to access food banks or extra support due to cost-of-living increases. Those who asked for our support had very limited English and/or a lack of understanding of the services available so remained in disadvantaged positions, we intervene by bridging the information and reached out to services to help alleviate their situation.

We continued to work with specialist welfare advisors, immigration specialists, and organisations, by signposting service users to them and by donating our skills freely we made sure to continue promoting social inclusion.

Cape Verdean Association UK continued to disseminate information through social media platforms about how to remain compliant and use the services of the Portuguese Consulate in London, to get ID documents, renew paperwork and we actively engaged in informing the community on useful tools available to make their life smoother and access easier.

- **Zoom Informational Workshops** – The charity continued to use this platform to support Cape Verdeans living in the UK with information and guidance on how to renew their Cape Verdean Identity documents

Cape Verdean Association UK CIO

Report of the Trustees for the year ended 07 July 2023 (continued)

through the online Cape Verdean embassy portal. We helped especially the elderly and those who were not computer literate to understand and complete information, meeting with them in person, if needed, to support them in the access of the online platform and helping them understand information.

- **Wellbeing, community engagement, cultural and leisure activities** – We organised a cultural celebration event of Cape Verdean independence which counted 102 people amongst adults/children and with the support of 30 volunteers we shared the cultural heritage, traditions, culinary and info of Cape Verde with those living in the UK.

The “Batuku” project group continued to meet weekly to rehearse and share the ancient culture and traditions amongst those who were not born in Cape Verde but have the willingness to connect and know more about their heritage, ancestors’ journey and who want to share this with the communities who received them in London.

The group is formed of 10 adults plus 5 children, who have engaged in several workshops/fundraising events to help sustain the project, fund their clothing, instruments, travel and activities for the community. We were invited to take part in a Cape Verde Cultural heritage event in Paris, “30th Anniversary of Associacao Sementera” to share the Cape Verdean tradition. Being the first Batuku group in the UK we were proud to represent the community and engage with other communities from the Diaspora to share cultures, rhythms and how the UK embraces different traditions and heritage to unite people.

Fundraising events have been promoted to get the charity work known, raise funds for our activities, increase volunteer engagement/support for the charity, connect the different communities, and share culture and traditions. We also promoted an event called ‘Cultura & Tradison: Djunta Mo’ (Culture and Tradition – Lets join Hands) which got 72 people together plus 30 volunteers who came together to help raise funds to support disadvantaged children in Cabo Verde to access education, have stationery material and a hot meal in school.

The charity supported the book launch of the first and youngest Afro-Portuguese child to have her book published in the UK, Lauryn Rose Teixeira a 10 years old child who lives in London. Her book is entitled "Lauryn That's Me" and portrays various cultural aspects and her pride in her Afro-Portuguese roots from Cape Verde and Sao Tome e Principe.

Our “Batuku” group was invited to perform and support. We shared the culture, tradition and savouries from Cape Verde with all present. Lauryn’s book tells a story of courage, hope, black representation, and self-love, which promotes inclusion and the communities coming together to share and learn together.

Cape Verdean Association UK promoted the workshop ‘Conversas com a Comunidade’ (Talking with your Community) which aimed at promoting well-being, reducing loneliness and providing tools to those looking for support. The workshop was led by professionals from the community, a psychologist and a financial advisor, who spoke both English and Portuguese to make sure this was inclusive to all.

With these well-being, community engagement, cultural and leisure activities we enabled people to connect with their communities but most importantly we relieved isolation, promoted inclusion of people and the share of cultural heritage amongst different communities.

- **Volunteers’ recruitment** – We continued to promote volunteer engagement and asked for support in the organisation activities, we currently have 36 volunteers of which approximately 20 are involved in charity projects/activities and contribute to helping us run activities for the community. We continue to proactively look at developing partnerships with other services and organisations so that we are able to provide more support and help the charity run more inclusive activities.

Cape Verdean Association UK CIO

Report of the Trustees for the year ended 07 July 2023 (continued)

5. Financial Review

The charity has no access to public funds and has not applied for funding yet. The Trustees continued to donate their time freely and continued to contribute monetarily monthly so that activities and provision of services, food/essentials could be available to those who reached out. We continued to organise fundraising events and activities and received donations from some people in the community who saw the importance of supporting our activities to promote inclusion and share of experiences.

Reserves Policy

For the period the Trustees have held enough funds via membership contributions, fundraising events and activities which helped us meet operational costs for charity doings. The Trustees still regard this as insufficient and strive to make reasonable surpluses to build up reserves to cover and exceptional matters that may arise.

Principal Funding Sources

For the current period fundraising events, community activities, donations and trustees' contributions have been the main source of funding for the charity.

Plans for future periods

The Trustees recognise the need to grow the income and diversify its income stream to become a more sustainable organisation, capable of responding to any demands for services and meeting the needs of the community. The charity intends to diversify its income streams and increase funds through more consistent fundraising events, activities and intends to continue to build the charity's operational capacity.

We aim at securing a physical space to provide a more in-person contact with the community as well as a variety of informational workshops. We will continue to promote well-being, cultural heritage and community inclusion activities to help more and more in the combat of isolation, depression and mental health matters.

We aim to bring people and communities together, sharing cultures, traditions and experiences in this diverse country we live in.

Statement of Trustees' Responsibilities

The charity Trustees are responsible for preparing the Annual Report and the financial statements in accordance with applicable law and regulations.

The law applicable to charities in England and Wales requires the charity Trustees to prepare financial statements for each year which give a true and fair view of the state of affairs of the charity and for the incoming resources and application of resources of the charity for that period. In preparing these financial statements, the Trustees are required to:

- select suitable accounting policies and then apply them consistently;
- Observe the methods and principles in the Charities SORP;
- make judgements and accounting estimates that are reasonable and prudent;
- state whether applicable Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in business.

The Trustees are responsible for keeping adequate accounting records that are sufficient to show and explain the charity's transactions and disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Charities Acts.

Cape Verdean Association UK CIO
Report of the Trustees for the year ended 07 July 2023 (continued)

They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

The annual report was approved by the Board of Trustees on 2nd May 2024 and signed on its behalf by:



.....
Oswaldo Semedo, Chair of Trustees

Date: 2nd May 2024

Cape Verdean Association UK CIO

Statement of Financial Activities / Receipt and Payments Account for the year ended 07 July 2023



CHARITY COMMISSION
FOR ENGLAND AND WALES

Charity Name		No (if any)		CC16a
Cape Verdean Association UK		1191106		
Receipts and payments accounts				
For the period from	Period start date	To	Period end date	
	08/07/2022		07/07/2023	

Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
Member's subscriptions	490	-	-	490	983
Donations	158	-	-	158	292
Fundraising Events	883	-	-	883	1,175
Sub total (Gross income for AR)	1,531	-	-	1,531	2,450
A2 Asset and investment sales, (see table).					
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	1,531	-	-	1,531	2,450
A3 Payments					
Telephone	100	-	-	100	100
Cost of fundraising events	1,152	-	-	1,152	505
Liability insurance	57	-	-	57	-
Business stationery (business cards, workshop stationery)	464	-	-	464	94
Sub total	1,773	-	-	1,773	699
A4 Asset and investment purchases, (see table)					
	-	-	-	-	-
Sub total	-	-	-	-	-
Total payments	1,773	-	-	1,773	699
Net of receipts/(payments)	- 241	-	-	- 241	1,751
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	-	-	-	-	-
Cash funds this year end	- 241	-	-	- 241	1,751

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds		-	-	-
		-	-	-
	Total cash funds	-	-	-
	(agree balances with receipts and payments account(s))	Agreement Error	OK	OK
		Unrestricted funds	Restricted funds	Endowment funds
B2 Other monetary assets		-	-	-
		-	-	-
B3 Investment assets		-	-	-
		-	-	-
B4 Assets retained for the charity's own use		-	-	-
		-	-	-
B5 Liabilities		-	-	-
		-	-	-

The Receipt and Payments account were approved by the Trustees to be signed on its behalf by:

Signature	Print Name	Date
	Osvaldo Marques Semedo	01/05/2024

Cape Verdean Association UK CIO

Notes to the Payment and Receipts Account for the year ended 07 July 2023

1. Accounting policies

The principal accounting policies adopted, judgements and key sources of estimation uncertainty in the preparation of the financial statements are as follows:

CIO information

Cape Verdean Association UK was registered as a charitable incorporated organisation on 02 September 2020 and is governed by a constitution dated 01 September 2020 and registered with the Charity Commission under charity number 1191106. The charity's principal office address is 1 Winmill Road, Dagenham, RM8 3AA.

Accounting convention:

The accounts (payment and receipts accounts) have been prepared in accordance with the Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) issued on 16 July 2014 ("Charities SORP (FRS102)"), the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102), the Charities Act 2011 and UK Generally Accepted Practice as it applies from 1 January 2015.

The payment and receipts accounts have been prepared to give a 'true and fair' view and have departed from the Charities (Accounts and Reports) Regulations 2008 only to the extent required to provide a 'true and fair view'. This departure has involved following Charities SORP (FRS 102) rather than Accounting and Reporting by Charities: Statement of Recommended Practice effective from 1 April 2005 which has since been withdrawn.

The Cape Verdean Association UK CIO meets the definition of a public benefit entity under FRS 102.

Going concern

The Trustees have at the time of approving the payment and receipts accounts a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. Thus, they continue to adopt the going concern basis of accounting in preparing the financial statements.

Income resources

All Income resources are recognised once the charity has entitlement to the resources, it is certain that the resources will be received and the monetary value of incoming resources can be measured with sufficient reliability.

Voluntary income received by way of donations/contributions are included in full in the receipts and payments account when receivable.

The value of services donated by volunteers has not been included in these accounts, except where the services provided are in the nature of professional services where a fee would otherwise be charged.

Fund accounting

All funds received in the year are unrestricted in their application, the Trustees having full discretion over their use.

CAPE VERDEAN ASSOCIATION UK

England & Wales - Charity number 1191106

Accounts



**Cape Verdean Association UK
Charitable Incorporated Organisation (CIO)**

**Trustees' Annual Report and Financial Statements
for the Year Ended 07 July 2022**

**Registered Charity
Number: 1191106**

Cape Verdean Association UK CIO

Report of the Trustees for the year ended 07 July 2022

The Trustees present their annual report together with the financial statements for the charity for the year ended 07 July 2022.

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS102) (effective 1 January 2015) (amended 2 February 2016) as detailed in the accounting policies.

1. Reference and Administrative Details

Charity Name: Cape Verdean Association UK

Registered charity number: 1191106

Charity's principal address 1 Winmill Road
Dagenham
London
RM8 3AA

Names of the charity Trustees who manage the charity

Trustee Name	Date Appointed	Position
Oswaldo Marques Semedo	02/09/2020	Chair
Anabela da Conceicao Gomes Lopes Semedo	02/09/2020	Secretary
Maria Teresa Sanches Semedo	02/09/2020	Treasurer
Armindo Emanuel Fernandes de Brito	02/09/2020	Cultural Attaché

Bankers Lloyds Bank plc
25 Gresham Street
London
EC2V 7HN

2. Structure, Governance and management

Governing Document

Cape Verdean Association UK is a Charitable Incorporated Organisation (CIO), Foundation model constitution, registered with the Charity Commission in England and Wales on 02 September 2020, number 1191106. This report and accounts are for the 12 months period ended 07 July 2022.

Cape Verdean Association UK CIO

Report of the Trustees for the year ended 07 July 2022 (continued)

Organisational Structure

The charity Trustees are responsible for the general control and management of the charity. The Trustees give their time freely and receive no remuneration or other financial benefits.

The secretary was appointed by the Trustees to assist freely in the day-to-day administration of the charity.

The Trustees meet regularly and are responsible for all decisions taken in relation to providing community support and running activities provided by the charity. To assist the smooth running of the charity the Trustees have volunteers, an Honorary Communications Officer and an Honorary Social Attaché Officer that freely support them to oversee certain aspects of the charity work, the running of activities/workshops or administrative task. A register of members and volunteers is maintained digitally and is available to the public upon request.

Recruitment and appointment of Trustees

Apart from the first charity Trustees, every trustee appointed is elected by a resolution passed at a properly convened meeting of the charity Trustees.

The existing Trustees are responsible for the recruitment of new Trustees and will seek views and recommendations of the elderly and community leaders. The Trustees believe this approach ensures that new Trustees are respected members of the community and ensures that good relations are fostered with the people of the communities served.

Newly appointed Trustees are provided with a comprehensive induction pack containing the charity's constitution, annual reports and statement of accounts as well as the roles and responsibilities of charity Trustees. An initial meeting with the charity Trustees to brief them on their legal obligations under charity law is also arranged. When selecting new trustees, the Trustees identify people who attend the events, activities, workshops organised by the charity and who are willing to volunteer to help expand our community work.

Risk Management

The Trustees recognise the major strategic, business and operational risks which the charity might be exposed to and confirm that systems are in place to ensure regular reports are made in order for the Trustees to ensure all necessary actions are taken to mitigate risks. The procedures are periodically reviewed to ensure that they still meet the needs of the charity.

3. Objectives and Activities

The objects of the Charity as stated in its Constitution are to be carried out for the public benefit to *promote social inclusion for the public benefit by working with people in the UK who are socially excluded on the grounds of their ethnic origin, religion, belief or creed in particular, members of the Cape Verdean community to relieve the needs of such people and assist them to integrate into society, in particular by:*

Cape Verdean Association UK CIO

Report of the Trustees for the year ended 07 July 2022 (continued)

- (1) Providing education, training and all the necessary support designed to enable the beneficiaries to improve their financial literacy, generate a sustainable income and enable the beneficiaries to become self-sufficient, including providing basic essentials where needed;*
- (2) Providing a local network group that encourages and enables members of the Cape Verdean community to participate more effectively with the wider community;*
- (3) Increasing, or co-ordinating, opportunities for members of the Cape Verdean community to engage with service providers, to enable those providers to adapt services to better meet the needs of that community.*

Nothing in this constitution shall authorise an application of the property of the CIO for the purposes which are not charitable in accordance with [section 7 of the Charities and Trustee Investment (Scotland) Act 2005] and [section 2 of the Charities Act (Northern Ireland) 2008]

4. Achievements and Performance

The charity Trustees continue to have regard to the Charity Commission guidance on public benefit and continued to carry out voluntary actions to benefit the community served in the understanding of information, accessing and use of services by using their proficiency in the English, Cape Verdean and Portuguese language to bridge communication with support services, by providing translated information or by serving as interpreters over the phone and/or in person.

The charity continued to use social media platforms, email, phone and online Zoom meetings, to run informational workshops, provide support in the completion of forms or to support users in understanding key information. Cape Verdean Association UK also worked in partnership with other support services and organisations signposting/referring service users to professional/qualified advisors and services.

Throughout the year and within its capacity, the charity delivered a wide range of activities, summarised below, which fulfilled its charitable aims and the Trustees believe they benefited the communities served and promoted the social inclusion.

- **Welfare and Social Support** – Via phone, email and Zoom online meetings we provided support to 70 people who reached us asking for help to understand information, complete forms, get food and essentials, find employment or to be signposted/referred for specialist support services (immigration advice, solicitors, welfare advisors).

The charity used its language proficiency, supported by volunteers to help users understand the requirements of BREXIT, we performed several 3-way calls with support services to help people understand what they needed to do and signposted those who were having problems with EU settlement scheme to the relevant professionals so they could support.

The charity volunteers acted as interpreters to those needing to contact the Home Office helpline for clarifications or information, translated and shared key information regarding changes affecting Europeans after Brexit using social media platforms and directed people on how to use government websites for key/up-to-date information.

Cape Verdean Association UK CIO

Report of the Trustees for the year ended 07 July 2022 (continued)

Cape Verdean Association UK promoted several online Health and wellbeing video messages through a volunteer community Psychologist & Autism specialist who is working with the community, in particular but not exclusively, those from African Portuguese descent, to help people recognise and seek adequate support. This is an ongoing project which is helping to raise awareness on current scenarios of mental health, depression and isolation following unprecedented times and pandemic restrictions and is supporting many to identify where to seek help.

Cape Verdean Association UK also engaged in the promotion of information about free meals, access to free English language workshops, participated in Digital inclusion workshops to provide support to those having problems to use NHS platform to book appointments with their GP or request medication and also actively divulge info and supported people to access food banks or extra support due to cost-of-living increases.

Those that seek our support had very limited English and/or no knowledge of where to ask for help being left in disadvantaged positions so we aimed to help them understand the information, reach/contact support services so that they can feel included and understood. We continued to work with specialist welfare and immigration advisors and organisations, who provide the service to the community and by donating our skills freely we made sure to continue promoting the inclusion of service users in their communities.

- **Zoom Informational Workshops** – Run with the support of community organisations to divulge and ensure information regarding Covid19 government requirements, vaccination importance was fully understood, the charity provided translation of key information to those who do not have English as a first language and use its proficiency in Cape Verdean Kriol to make sure the elderly and illiterate felt included and well informed.

Using this platform, the charity also supported Cape Verdeans living in the UK with information and guidance on how to renew their Cape Verdean Identity documents by using the online Cape Verdean Consulate portal. We helped specially the elderly and those who were not computer literate to understand and complete information, send emails and regulate their status in the UK.

We also participated in Online workshops/conferences organised by the Ministry of Cape Verdean Communities for Cape Verdean Communities in the diaspora which aimed at discussing how can the inclusion of Cape Verdeans living abroad be promoted in the countries they live and how Cape Verde can support this inclusion. The key learnings from these events were shared with the community through our online platforms and social media.

- **COVID19 response group of volunteers** – We continued to volunteer with the LPWP COVID19 response group Lambeth to help support people in disadvantaged positions or isolated due to the pandemic. We assisted in the access/delivery of food and essentials, the access of welfare services, making appointments with their GP or collecting prescriptions and continued to be part of befriending line contacting those isolated on a weekly basis to check how they were coping and for a friendly chat.

Cape Verdean Association UK CIO

Report of the Trustees for the year ended 07 July 2022 (continued)

- **Wellbeing, community engagement, cultural and leisure activities** – We organised the celebration of Cape Verdean independence through online platform and invited the community to take part and speak about being Cape Verdean in the UK, we had the participation of a Cape Verdean culture and traditions specialist, a finances and economist specialist and a health and social work support worker who shared their experienced with the community. The live event had thousands of people joining from all over the UK and the diaspora having the charity received several videos from Cape Verdeans living in the UK and abroad who also shared their input as Cape Verdeans living abroad.

We started a project with the community to launch the “Batuko” project. This is the first Cape Verdean “Batuko” group in the UK which is aimed at sharing ancient heritage of Cape Verdean ancestors with those that were born in the diaspora and want to learn more about their heritage and ancestors’ stories through rhythm, chants and dance to promote cultural heritage in the UK. The group volunteers engaged in several workshops and fundraising events, we were invited to participate in Cape Verdean Cultural heritage event “Rhythms of Cape Verde” in Luxemburg to represent the community in London, we also took part in Contemporary Music Proms in London to share the Cape Verdean tradition engaging with other communities to share cultures, rhythms and how UK embraces different traditions and heritage to unite people.

Fundraising events have been promoted to get the charity work known, raise funds for our activities, increase volunteer engagement/support for the charity, connect the different communities, share culture and traditions. We also promoted an event to empower women and to raise awareness of the increased violence against women. Volunteer women from the community who are leaders and specialist in women empowerment freely supported the organisation to put the event together to make sure the message widely shared reached as many women as possible to change their realities and see how they can move away from vulnerabilities, unemployment, isolation and have their own businesses or source of income.

With these wellbeing, community engagement, cultural and leisure activities we enabled people to connect with their communities, other Cape Verdeans but most importantly we relieved isolation and promoted inclusion of people and the share of cultural heritage amongst different communities.

- **Volunteers’ recruitment** – We continued to promote volunteer engagement and support for the organisation activities, we currently have 34 volunteers of which 16 are involved in charity projects/activities and 9 donate regularly to help us run activities for the community. We continue to proactively look at developing partnerships to be able to provide more support and to help the charity run more activities.

5. Financial Review

The charity has no access to public funds and has not applied for funding yet. The Trustees continued to contribute voluntarily so that activities and provision of services, food/essentials can be available if needed. We have organised fundraising events and received donations from the community and this is supporting the run of activities and promotion of community inclusion.

Cape Verdean Association UK CIO

Report of the Trustees for the year ended 07 July 2022 (continued)

Reserves Policy

For the period the Trustees have voluntarily held enough funds via membership contribution, which they have set up as a £60 monthly contribution, this helps them meet operational costs for charity activities. The Trustees still regard this as insufficient and are striving to make reasonable surpluses in the future to build up reserves to cover events or situations that may arise.

Principal Funding Sources

For the current period fundraising events, donations and trustees' contributions have been the main source of funding to the charity.

Plans for future periods

The Trustees recognise the need to grow the income and to diversify its income stream to become a more sustainable organisation, capable of responding to any demands for services and meeting the needs of the community. The charity intends to diversify their income streams and increase funds through more consistent fundraising events and activities, intends to continue to build the charity operational capacity and infrastructure so that its less dependent on voluntary donations from members of the community, we continue to look for a physical space which will allow us to connect in person with the community and do more community inclusion activities such as digital inclusion and provide a wider range workshops for the community.

Develop the existing "Batuko" project to help more and more in the combat of isolation, depression and mental health problems. We aim to bring people and communities together, sharing cultures, traditions and experiences in such a diverse country.

We continue to give great emphasis to the promotion of welfare and wellbeing, being cultural heritage, traditions and knowledge sharing amongst community groups the core to empower so we will look to raise the promotion of inclusive wellbeing activities.

Statement of Trustees' Responsibilities

The charity Trustees are responsible for preparing the Annual Report and the financial statements in accordance with applicable law and regulations.

The law applicable to charities in England and Wales requires the charity Trustees to prepare financial statements for each year which give a true and fair view of the state of affairs of the charity and for the incoming resources and application of resources of the charity for that period. In preparing these financial statements, the Trustees are required to:

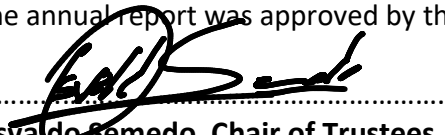
- select suitable accounting policies and then apply them consistently;
- Observe the methods and principles in the Charities SORP;
- make judgements and accounting estimates that are reasonable and prudent;
- state whether applicable Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in business.

Cape Verdean Association UK CIO

Report of the Trustees for the year ended 07 July 2022 (continued)

The Trustees are responsible for keeping adequate accounting records that are sufficient to show and explain the charity's transactions and disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Charities Acts. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

The annual report was approved by the Board of Trustees on 21st April 2023 and signed on its behalf by:



.....
Osvaldo Semedo, Chair of Trustees

Date: 21st April 2023

Cape Verdean Association UK CIO

Statement of Financial Activities / Receipt and Payments Account for the year ended 07 July 2022



CHARITY COMMISSION
FOR ENGLAND AND WALES

Charity Name Cape Verdean Association UK		No (if any) 1191106		CC16a
Receipts and payments accounts				
For the period from	Period start date 08/07/2021	To	Period end date 07/07/2022	

Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
Member's subscriptions	933	-	-	933	480
Donations	292	-	-	292	-
Fundraising Events	1,175	-	-	1,175	-
Sub total (Gross Income for AR)	2,400	-	-	2,400	480
A2 Asset and investment sales, (see table).					
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	2,400	-	-	2,400	480
A3 Payments					
Telephone	100	-	-	100	227
Cost of fundraising events	505	-	-	505	30
Business stationery (business cards, banners, fliers)	94	-	-	94	-
Sub total	699	-	-	699	257
A4 Asset and investment purchases, (see table)					
	-	-	-	-	-
Sub total	-	-	-	-	-
Total payments	699	-	-	699	257
Net of receipts/(payments)	1,701	-	-	1,701	223
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	-	-	-	-	-
Cash funds this year end	1,701	-	-	1,701	223

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	Cash	1,701	-	-
		-	-	-
	Total cash funds	1,701	-	-
	(agree balances with receipts and payments account(s))	OK	OK	OK
B2 Other monetary assets	Details	-	-	-
		-	-	-
B3 Investment assets	Details	-	-	-
		-	-	-
B4 Assets retained for the charity's own use	Details	-	-	-
		-	-	-
B5 Liabilities	Details	-	-	-
		-	-	-

The Receipt and Payments account were approved by the Trustees to be signed on its behalf by:

Signature	Print Name	Date
	Osvaldo Marques Semedo	21/04/2023

Cape Verdean Association UK CIO

Notes to the Payment and Receipts Account for the year ended 07 July 2022

1. Accounting policies

The principal accounting policies adopted, judgements and key sources of estimation uncertainty in the preparation of the financial statements are as follows:

CIO information

Cape Verdean Association UK was registered as a charitable incorporated organisation on 02 September 2020 and is governed by a constitution dated 01 September 2020 and registered with the Charity Commission under charity number 1191106. The charity's principal office address is 1 Winmill Road, Dagenham, RM8 3AA.

Accounting convention:

The accounts (payment and receipts accounts) have been prepared in accordance with the Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) issued on 16 July 2014 ("Charities SORP (FRS102)"), the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102), the Charities Act 2011 and UK Generally Accepted Practice as it applies from 1 January 2015.

The payment and receipts accounts have been prepared to give a 'true and fair' view and have departed from the Charities (Accounts and Reports) Regulations 2008 only to the extent required to provide a 'true and fair view'. This departure has involved following Charities SORP (FRS 102) rather than Accounting and Reporting by Charities: Statement of Recommended Practice effective from 1 April 2005 which has since been withdrawn.

The Cape Verdean Association UK CIO meets the definition of a public benefit entity under FRS 102.

Going concern

The Trustees have at the time of approving the payment and receipts accounts a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. Thus, they continue to adopt the going concern basis of accounting in preparing the financial statements.

Income resources

All Income resources are recognised once the charity has entitlement to the resources, it is certain that the resources will be received and the monetary value of incoming resources can be measured with sufficient reliability.

Voluntary income received by way of donations/contributions are included in full in the receipts and payments account when receivable.

The value of services donated by volunteers has not been included in these accounts, except where the services provided are in the nature of professional services where a fee would otherwise be charged.

Fund accounting

All funds received in the year are unrestricted in their application, the Trustees having full discretion over their use.

CAPE VERDEAN ASSOCIATION UK

England & Wales - Charity number 1191106

Accounts



**Cape Verdean Association UK
Charitable Incorporated Organisation (CIO)**

**Trustees' Annual Report and Financial Statements
for the Year Ended 07 July 0021**

**Registered Charity
Number: 1191106**

Cape Verdean Association UK CIO

Report of the Trustees for the year ended 07 July 2021

The Trustees present their annual report together with the financial statements for the charity for the year ended 07 July 2021.

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS102) (effective 1 January 2015) (amended 2 February 2016) as detailed in the accounting policies.

1. Reference and Administrative Details

Charity Name: Cape Verdean Association UK

Registered charity number: 1191106

Charity's principal address 1 Winmill Road
Dagenham
London
RM8 3AA

Names of the charity Trustees who manage the charity

Trustee Name	Date Appointed	Position
Oswaldo Marques Semedo	02/09/2020	Chair
Anabela da Conceicao Gomes Lopes Semedo	02/09/2020	Secretary
Maria Teresa Sanches Semedo	02/09/2020	Treasurer
Armindo Emanuel Fernandes de Brito	02/09/2020	Cultural Attaché

Bankers Lloyds Bank plc
25 Gresham Street
London
EC2V 7HN

2. Structure, Governance and management

Governing Document

Cape Verdean Association UK is a Charitable Incorporated Organisation (CIO), Foundation model constitution, registered with the Charity Commission in England and Wales on 02 September 2020, number 1191106. This report and accounts are for the 10 months period ended 07 July 2021.

Organisational Structure

The charity Trustees are responsible for the general control and management of the charity. The Trustees give their time freely and receive no remuneration or other financial benefits.

The secretary was appointed by the Trustees to assist in the day-to-day administration of the charity.

Cape Verdean Association UK CIO

Report of the Trustees for the year ended 07 July 2021 (continued)

The Trustees meet monthly and are responsible for all decisions taken in relation to providing community support and running activities provided by the charity. To assist the smooth running of the charity the Trustees have a group of volunteers that help them oversee certain aspects of the charity work and running of activities and a register of members and volunteers is maintained at the registered office and is available to the public.

Recruitment and appointment of Trustees

Apart from the first charity Trustees, every trustee appointed is elected by a resolution passed at a properly convened meeting of the charity Trustees.

The existing Trustees are responsible for the recruitment of new Trustees and will seek views and recommendations of elderly and community leaders. The Trustees believe this approach ensures that new Trustees are respected members of the community and ensures that good relations are fostered with the people of the communities served.

Newly appointed Trustees are provided with a comprehensive induction pack containing the charity's constitution, annual reports and statement of accounts as well as the roles and responsibilities of charity Trustees. An initial meeting with the charity Trustees to brief them on their legal obligations under charity law is also arranged. When selecting new trustees, the Trustees identify people who attend the events, activities, workshops organised by the charity and who are willing to volunteer to help expand our community work.

Risk Management

The Trustees recognise the major strategic, business and operational risks which the charity might be exposed to and confirm that systems have been put in place to ensure regular reports are made in order for the Trustees to ensure all necessary actions are taken to mitigate the risks. The procedures are periodically reviewed to ensure that they still meet the needs of the charity.

3. Objectives and Activities

The objects of the Charity as stated in its Constitution are to be carried out for the public benefit to *promote social inclusion for the public benefit by working with people in the UK who are socially excluded on the grounds of their ethnic origin, religion, belief or creed in particular, members of the Cape Verdean community to relieve the needs of such people and assist them to integrate into society, in particular by:*

- (1) Providing education, training and all the necessary support designed to enable the beneficiaries to improve their financial literacy, generate a sustainable income and enable the beneficiaries to become self-sufficient, including providing basic essentials where needed;*
- (2) Providing a local network group that encourages and enables members of the Cape Verdean community to participate more effectively with the wider community;*
- (3) Increasing, or co-ordinating, opportunities for members of the Cape Verdean community to engage with service providers, to enable those providers to adapt services to better meet the needs of that community.*

Nothing in this constitution shall authorise an application of the property of the CIO for the purposes which are not charitable in accordance with [section 7 of the Charities and Trustee Investment (Scotland) Act 2005] and [section 2 of the Charities Act (Northern Ireland) 2008]

Cape Verdean Association UK CIO

Report of the Trustees for the year ended 07 July 2021 (continued)

4. Achievements and Performance

Given the unprecedented times and government restrictions imposed during COVID19 pandemic, Cape Verdean Association UK was limited in the activities and support it could provide to the community. The charity Trustees had regard to the Charity Commission guidance on public benefit and carried out a wide range of activities online using social media platforms and Zoom, to provide informational workshops or provide the needed support.

Using social media, Zoom platform, emails and phones the charity delivered a wide range of activities and programmes, summarised below, which fulfilled its charitable aims and the Trustees consider that they benefited the communities served.

Zoom Informational Workshops – Partnering with specialist organisations we provided information, advice workshops and also an online space where people could clarify their worries on matters such as Brexit, COVID19 vaccines/restrictions, Census 2021 and Social Welfare support available. More than 50 people attended each of the online sessions provided with lawyers, social welfare advisors and a postdoctoral scientist from the MRC Laboratory of Molecular Biology in Cambridge. All of these volunteered with the charity to help clarify the community in their spoken language, given the language barriers of many, and the overwhelming demand of support services who could not respond to so many enquiries so we helped break the barriers to community inclusion.

COVID19 response group volunteers – Some charity Trustees volunteered with the LPWP COVID19 response group Lambeth to help support people who were facing economic and social hardship. We helped provide meals and essentials to hundreds of people, made part of a 7 day helpline and volunteered on the befriending line to weekly call those isolating to see if they were OK or needed support. With these we helped break language barriers as we used language skills to support people reach support services such as GP and NHS services to help relief their health problems and personal difficulties.

Welfare and Social Support – Via phone, email and Zoom online meetings we provided support to 63 people who reached us asking for help to understand information, complete forms, requesting food and essentials, help finding employment or to be signposted for support services given unfair dismissal or support to understand social welfare entitlements. Most of those beneficiaries seeking our help were people with very limited English, low qualifications and in low paid jobs so once again we helped bridge communication with support services, signposted to specialist welfare and immigration advisors, we acted as interpreters and helped provide translations to information that was not clear, we supported the completion of a variety of forms and applications online, via Zoom meetings, and performed several 3-way calls with different organisations to help bridge the language barriers. With this we made sure people in the community were not left out or missing on support when support services available were short of staff and experiencing overwhelming demands.

Wellbeing, community engagement, cultural and leisure activities – We promoted through different social media platforms, Zoom, facebook lives, community engagement activities, (music, singing, live events with empowering messages to each other and loved ones) as a way of promoting health and well-being amongst the community.

We enabled people from all over the UK to connect with their Cape Verdean heritage, with others and get to know that the charity is here to help provide the necessary support to enable them to improve their financial literacy, generate a sustainable income and become more self-sufficient.

Cape Verdean Association UK CIO

Report of the Trustees for the year ended 07 July 2021 (continued)

With these events we made people's lives throughout COVID more enjoyable, fulfilling and helped combat isolation, especially in the elderly community, having reached 4 to 5K views with many of the online events.

Volunteers' recruitment – Working with people from the community and external organisations the Trustees managed to recruit volunteers to help deliver the informational workshops on zoom, provide welfare/social support and community wellbeing sessions online. We currently have 16 volunteers and seek proactively to continue developing partnerships to increase the support, secure services that match the charity users' needs and increase volunteers' engagement to be able to help the charity run more activities.

5. Financial Review

Given the unprecedented times and restrictions which massively affected the charity application to a Bank Account, only by August 2021 we managed to have the charity bank account application confirmed and the account opened.

Being all the activities and support provided during the period remotely the Trustees have designated among themselves to contribute voluntarily towards the initial costs incurred to set the charity, get a Zoom licence, create a website and other operational needs.

Reserves Policy

For the period the Trustees have voluntarily held enough funds via membership contribution, which they have set up as a £40 monthly contribution, to help them meet operating costs for the charity activities. The Trustees regard this as insufficient and will strive to make reasonable surpluses in the future to build up reserves to cover events or situations that may arise.

Principal Funding Sources

For the current period the Trustees have been the main source of funding to the charity.

Plans for future periods

The Trustees recognise the need to grow the income and to diversify its income stream in order to become a more sustainable organisation, capable of responding to the growing demands for our services and meeting the needs of the community.

Depending on the progression with COVID19 government restrictions we intend to diversify our income streams and increase funds through fundraising, continue to build the charity operational capacity and infrastructure, seek to have a space for better engaging with the community and provide support to the elderly and illiterate who have great demand for support but lack digital skills. We also aim to establish more connections with support organisations to support the improvement of access to services that meet the needs of our beneficiaries.

We aim to develop projects that support the teaching of English language and digital skills to tackle the language barriers that saw so many people trapped in their homes and isolated.

We place a great importance on the promotion of welfare, wellbeing, the sharing of information and understandings of British society about Cape Verdean heritage, culture and traditions so we aim to promote inclusive activities for exchange and to maintain our existing wellbeing activities.

Cape Verdean Association UK CIO

Report of the Trustees for the year ended 07 July 2021 (continued)

Statement of Trustees' Responsibilities

The charity Trustees are responsible for preparing the Annual Report and the financial statements in accordance with applicable law and regulations.

The law applicable to charities in England and Wales requires the charity Trustees to prepare financial statements for each year which give a true and fair view of the state of affairs of the charity and for the incoming resources and application of resources of the charity for that period. In preparing these financial statements, the Trustees are required to:

- select suitable accounting policies and then apply them consistently;
- Observe the methods and principles in the Charities SORP;
- make judgements and accounting estimates that are reasonable and prudent;
- state whether applicable Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in business.

The Trustees are responsible for keeping adequate accounting records that are sufficient to show and explain the charity's transactions and disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Charities Acts.

They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

The annual report was approved by the Board of Trustees on 02 May 2022 and signed on its behalf by:



.....
Osvaldo Marques Semedo, Chair of Trustees

Date: 02 May 2022



Charity Name Cape Verdean Association UK		No (if any) 1191106	CC16a
Receipts and payments accounts			
For the period from	Period start date 02/09/2020	To	

Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
Member's subscriptions	480	-	-	480	-
<i>Sub total (Gross income for AR)</i>	480	-	-	480	-
A2 Asset and investment sales, (see table).					
	-	-	-	-	-
<i>Sub total</i>	-	-	-	-	-
Total receipts	480	-	-	480	-
A3 Payments					
Telephone, Internet and postage	227	-	-	227	-
Other	30	-	-	30	-
<i>Sub total</i>	257	-	-	257	-
A4 Asset and investment purchases, (see table)					
	-	-	-	-	-
<i>Sub total</i>	-	-	-	-	-
Total payments	257	-	-	257	-
Net of receipts/(payments)	223	-	-	223	-
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	-	-	-	-	-
Cash funds this year end	223	-	-	223	-

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	Cash	223	-	-
		-	-	-
	Total cash funds	223	-	-
	(agree balances with receipts and payments account(s))	OK	OK	OK
B2 Other monetary assets		-	-	-
		-	-	-
		-	-	-
B3 Investment assets			-	-
			-	-
			-	-
B4 Assets retained for the charity's own use			-	-
			-	-
			-	-
B5 Liabilities			-	-
			-	-
			-	-

The Receipt and Payments account were approved by the Trustees to be signed on its behalf by:

Signature	Print Name	Date
	Osvaldo Marques Semedo	02/05/2022

Cape Verdean Association UK CIO

Notes to the Payment and Receipts Account for the year ended 07 July 2021

1. Accounting policies

The principal accounting policies adopted, judgements and key sources of estimation uncertainty in the preparation of the financial statements are as follows:

CIO information

Cape Verdean Association UK was registered as a charitable incorporated organisation on 02 September 2020 and is governed by a constitution dated 01 September 2020 and registered with the Charity Commission under charity number 1191106. The charity's principal office address is 1 Winmill Road, Dagenham, RM8 3AA.

Accounting convention:

The accounts (payment and receipts accounts) have been prepared in accordance with the Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) issued on 16 July 2014 ("Charities SORP (FRS102)"), the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102), the Charities Act 2011 and UK Generally Accepted Practice as it applies from 1 January 2015.

The payment and receipts accounts have been prepared to give a 'true and fair' view and have departed from the Charities (Accounts and Reports) Regulations 2008 only to the extent required to provide a 'true and fair view'. This departure has involved following Charities SORP (FRS 102) rather than Accounting and Reporting by Charities: Statement of Recommended Practice effective from 1 April 2005 which has since been withdrawn.

The Cape Verdean Association UK CIO meets the definition of a public benefit entity under FRS 102.

Going concern

The Trustees have at the time of approving the payment and receipts accounts a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. Thus, they continue to adopt the going concern basis of accounting in preparing the financial statements.

Income resources

All Income resources are recognised once the charity has entitlement to the resources, it is certain that the resources will be received and the monetary value of incoming resources can be measured with sufficient reliability.

Fund accounting

All funds received in the year are unrestricted in their application, the Trustees having full discretion over their use.