

Chairpersons report

2023-2024

The charity continues to grow and diversify to reach our aims and objectives. Our growing team consists of clinicians, researchers and people with lived experience of emetophobia and their loved ones. We have successfully recruited new volunteers with fresh ideas to drive the charity forward. We said goodbye to our Treasurer and have recruited a new volunteer with extensive experience in the financial sector and a passion for raising awareness of emetophobia to fill this important role. Our Social Media manager regularly posts helpful content on our social media platforms and we are slowly increasing our reach and platform online. We have also welcomed other volunteers with a diverse range of passions and interests, united by lived experience of and passion for supporting others in their recovery from this condition. We have inspired passion projects such as a beautiful cross-stitch and sponsored runs to raise vital funds. As a group we work hard on content for our website and in responding to subscribers, mostly in advising how they can access timely intervention for themselves or loved ones with emetophobia. Over the next year, we look to fundraise further to meet our next objective of organising an online conference for emetophobia and to develop a social media strategy to increase our following and reach.

I'd like to thank all trustees and volunteers of Emetophobia Action for their passion, hard work and resilience in overcoming challenges and helping to drive our common goals forward.

Thank you.

Dr Alexandra Keyes
Chair and Trustee of EmetAction

Emet Action 2023-24 Treasurers Report

At the time of writing this report, Emet Action has £1529.94 in the bank.

The accounts for the reporting period of 2023-24 are as follows.

			Opening balance	£1309.43
Sender/recipient	In	Out		
Amazon	£5.00			

Europe Core				
Amazon Europe Core	£16.11			
GIVEY	£200			
Bank charges		£0.60		
			Closing balance	£1529.94