

Trustees' Annual Report for the period

From	Period start date			To	Period end date		
	31 st	March	2022		31 st	March	2023

Section A Reference and administration details

Charity name TOOTING COMMUNITY KITCHEN

Other names charity is known by TCK

Registered charity number (if any) 1191091

Charity's principal address 29 GATESIDE RD, LONDON

Postcode: SW17 7NB

Our goal is to help alleviate poverty in Southwest London, by helping feed the homeless and those in need, and providing them with other vital resources.

We provide a twice weekly stall serving hot food and essential produce, run a local foodbank which operates as a drop-in collection service and a soup kitchen as part of the "Warm Spaces" initiative from the Council. Our aim is to strengthen our presence within the community, as a general support network and hub for resources to assist our guests. We believe that everyone in our community deserves to feel cared for and valued without prejudice.

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Sahar Beg	Chair		
2	Ollie Couillaud	Trustee / Treasurer		

3	Johnny Mooney	Trustee		
4				
5				
6				
7				
8				
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10				
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12				
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15				
16				
17				
18				
19				
20				

Names of the trustees for the charity, if any, (for example, any custodian trustees)

Name	Dates acted if not for whole year

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address
Bank	Natwest	
Consultant		

Name of chief executive or names of senior staff members (Optional information)

Sahar Beg

Section B Structure, governance and management

Description of the charity's trusts

Type of governing document (eg. trust deed, constitution)	Constitution adopted on 1 st September 2020
How the charity is constituted (eg. trust, association, company)	CIO

Trustee selection methods
(eg, appointed by, elected by)

Apart from the first charity trustees, every subsequent trustee will be appointed for a term of three years by a resolution passed at a properly convened meeting of the charity trustees.

In selecting individuals for appointment as charity trustees, the charity trustees consider the skills, knowledge and experience needed for the effective administration of the CIO.

Additional governance issues (Optional information)

You **may choose** to include additional information, where relevant, about:

- policies and procedures adopted for the induction and training of trustees.
- the charity's organisational structure and any wider network with which the charity works.
- relationship with any related parties.
- trustees' consideration of major risks and the system and procedures to manage them.

The governing document is the Tooting Community Kitchen CIO Constitution adopted on 1st September 2020 which became recognised by the Charity Commission when the Charitable Incorporated Organisation was registered on 1st September 2020.

The operational activities of Tooting Community Kitchen started in November 2018, when it identified the need to support the homeless and people in need in Tooting and the wider Wandsworth area.

The Trustees held regular meetings during the year. Some operational details for specific projects are delegated to Committees, each of which has terms of reference agreed by the Trustees.

The Trustees and volunteers work entirely on a voluntary basis. There are no employees.

As Tooting Community Kitchen's work has developed to consider the needs of the community throughout the Covid pandemic as well as supporting the intake of refugees into Wandsworth, partnerships have been established with MindworksUK, SWAN, Care4Calais and CARAS.

Section C

Objectives and activities

Summary of the objects of the charity set out in its governing document

Our goal is to help alleviate poverty in Southwest London, by helping feed the homeless and those in need, and providing them with other vital resources.

We provide a biweekly stall serving hot food and essential produce and run a local foodbank which operates as a drop-in collection service and added a soup kitchen and various workshops. Our aim is to strengthen our presence within the community, as a general support network and hub for resources to assist our guests. We believe that everyone in our community deserves to feel cared for and valued without prejudice.

Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)

In planning the charity's activities for the year, the Trustees kept in mind the Charity Commission's guidance on public benefit. All Trustees were briefed on the role of Trustees of Tooting Community Kitchen CIO, given copies of the governing documents of the charity and referred to the detail on the Charity Commission website related to becoming a trustee and to the guidance on public benefit.

These activities benefit our local guests by supporting food poverty and providing friendship and support to help combat loneliness as well as other services as and when need arises.

Activities

Prior to CIO registration Tooting Community Kitchen was engaging with the local community in many ways such as:

April 2022

2nd April – 1st May 2022

Ramadan and Eid

Suhoor packs (breakfast) – 200 daily to supply the Muslim refugees based in Thornton Heath / Croydon / Clapham

20 families identified as in need by the local Mosque received weekly grocery packs were provided with gift packs of toiletries and home comforts for Eid.

19th

Talk at Gatton School with the pupils about TCK and what we do. We showed the kids what we put in the food packs and got them involved with the packing.

May 2022

22nd

We were awarded £10,000 from the Wimbledon Foundation towards buying a van.

Continued weekly support of hot food and support with food deliveries to households.

Social campaign to try to recruit new volunteers and donors.

June 2022

9th

Attended a meeting at Ravensdale School in Balham with some of the teachers, regarding working on projects together.

Appeal for toiletries, adult and kid's clothes and baby accessories in partnership with Care4Calais and SWAN for Refugee families in Clapham

Simon, one of the residents at Western Lodge in Tooting, SW17, started volunteering with us.

Western Lodge is supported housing for men recovering from Drug and Alcohol issues. This is a home for them to stay dry and get the support they need to enable them to make changes for their future. What we are doing is supporting men who have made significant changes and are now in a better place to start looking at filling their time to do work experience, keep them busy and learn new skills so that they can secure

jobs when ready to do so. We are now training Simon to become team leader within the charity.

29th

Talk at Penwortham Primary School with the pupils about TCK and what we do. We showed the kids what we put in the food packs and got them involved with the packing.

July 2022

Social media campaign before summer holidays

We were donated over 50kg of meat as well as groceries to mark Eid Al Adha, a time for giving, we delivered to 20+ families.

August 2022

A lot of our volunteers on holiday. But still managed to fill all rotas for various stalls, food bank and all the different services we provide.

September 2022

16th

Started the £1 a week campaign and encouraged people to set a standing order for £1 or more. It has been a great success, lots of people set it up.

October 2022

We saw an increase in referrals from the council and other agencies and charities we work with.

Amazon winter campaign wish list went live for socks, scarves, gloves and warm clothing for winter.

November 2022

7th

We were awarded £10,000 from Enable Leisure and culture as part of the cost-of-living support funding.

December 2022

4th

We moved the food bank to The Scout's Hall on Church Lane in Tooting, where we can provide hot drinks as well as all the usual staples.

Our guests do not have to stand and queue outside anymore.

7th

We started The Winter Lounge Soup Kitchen in Tooting on Church Lane at The Scout's Hall.

From 1pm – 3.30pm we cook food, provide hot drinks, play board games with our guests.

We also have qualified first aid and mental health volunteers attending.

Projects included toys and gift bags for kids,

Mince pies and other festive foods were distributed to all our guests,

Carol singing by local people,

Social media campaign to get amazon vouchers to our guests (toiletries, sleeping bags, gloves, hats, scarves)

14th

Burntwood School delivered 50 Christmas parcels for our guests, all items bought and packed by the students.

17th

Burntwood School delivered another 50 parcels

January 2023

Warren, one of the residents at Western Lodge in Tooting started volunteering with us and he's doing work at the food bank, same as Simon who started in June.

Isla, a 6-year-old Tooting resident cycled 100km and raised £1687.00.

13th

We were awarded a further £17,364 from the Wimbledon Foundation towards buying a van.

25th

Did a talk on "Cost of Living – Elays Network Event" organised by Advice Citizen Wandsworth

February 2023

Several referrals from single parent families with young children for support with food and bills

We helped a Palestinian family who moved into a property with household appliances and goods.

Started supporting Hestia at two different locations in Tooting by delivering boxes of food every two weeks.

20th

AGM meeting, Sahar Beg and ollie Couillaud discussed strategies for the next few months, new ideas and projects.

Funding opportunities and collaborations with other organisations

Andrew, one of our volunteers started the garden project at The Scout's Hall.

Andrew is now a full member and well-liked member of the team and regularly volunteers for us at the food bank, stalls and soup kitchen, as part of his recovery, mental health and wellbeing

March 2023

13th

Launch of The TCK Rebel Monday Club.

Running workshops such as sewing, embroidery, knitting, crochet, arts and craft and much more.....

Our resident chef Darren cooks light lunches and cakes, and a team of volunteers is on hand to run the activities. This has been very beneficial to our guests who love getting together and be creative.

We welcomed of 25 students from WorldStrides in America

<https://worldstrides.com/higher-ed-custom/>

Their students are exploring topics related to health, wellness and human rights in the United Kingdom

17th

The students helped at the food bank.

18th

The students helped at the food stall.

This has been a great opportunity to showcase what TCK do in our community. The students loved their time with us and will spread the word both at home and at school.
We are hoping of establishing a lasting relationship and potentially work on projects together.

March 2023

22nd March – 20 April 2023

Ramadan

Jing and her team had all staples and toiletries delivered to TCK HQ where they packed everything. A kind gesture from their charity.

Ramadan project co-production work for the 3rd year
TCK & SWAN

For the last 3 years we have been running the Ramadan project. Volunteers from the community step up to help during this time. Faith or no faith it doesn't matter as everyone gets involved and thoroughly enjoy this time of the year.

Sahar Beg & Razia Niaz & Saiqa Ali

Providing 120 meals to Dudley hotel Clapham to those fasting. Providing 50 breakfast packs so those fasting had breakfast meal to break their fast. We had a rota for drivers everyday with Sahar Beg team leading.

Saiqa Ali project managed.

Thornton Heath & Croydon soup kitchens

300 meals a day & 120 breakfast packs

Saiqa had her volunteers managing the 2 soup kitchens.

Razia project managed the breakfast packs and the rota of who was packing, delivery and donating items and or money.

Packs were made daily and distributed between 3 soup kitchens.

The Eid dinner celebration was provided at all 3 soup kitchens.

April 2023

6th

Rebel Monday Club

Every Monday, from 11.30am -15.30pm

Scout's Hall, 19 Church Lane, Tooting SW179PP

We run drama, sewing, embroidery, knitting workshops & much more...

We provide light lunch & refreshments from our Rebel Cooks & Bakers.

Rebel Music Therapy

From 6th April and every Thursday until 22nd June only

2pm to 4pm

Scout's Hall, 19 Church Lane, Tooting SW179PP

We provide refreshments from our Rebel cooks & Bakers.

Rebel Pilates Sessions

From 6th April and every Thursday until 22nd June only
2pm to 4pm
Scout's Hall, 19 Church Lane, Tooting SW179PP

We provide refreshments from our Rebel cooks & Bakers.

22nd – 25th April 2023

Easter

Gift bags distributed for families at both the hot food stall and food bank.

Easter bunny came to visit the kids.

Easter eggs, cinnamon buns and drinks at all our stalls.

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Additional details of objectives and activities (Optional information)

You **may choose** to include further statements, where relevant, about:

- policy on grant making.
- policy programme related investment.
- contribution made by volunteers.

We are grateful for the many hours that volunteers have spent baking, cooking, growing produce, fundraising, driving, collecting food deliveries, serving at the stalls and at the foodbank, advising on marketing and communications, operating social media, developing food hygiene and safety policies and general advisory. We would also like to thank the students who are part of the Duke of Edinburgh scheme who give up their time weekly to help their local community.

Without this valuable contribution of time, energy and expertise we would not have been able to achieve so much.

Since moving to the Scout's Hall, we have seen the numbers of our guests grow and added more services and workshops to our operation

Summary of the main achievements of the charity during the year

Spring

Served circa 60 - 100 guests on Wednesdays and circa 130 - 150 on Saturdays, outreach in Tooting circa 25 - 40 individuals and Clapham food stall circa 25 - 40 individuals.

Food bank circa 160 - 200 individuals per week

Weekly food support for 15 - 20 families

Various workshops and soup kitchen circa 100 – 120 per week

Fundraising / grant wins

Go fund me.

Summer

Served circa 60 - 80 guests on Wednesdays and circa 80 - 120 on Saturdays, outreach in Tooting circa 20 -30 individuals and Clapham food stall circa 20 - 40 individuals.

Food bank circa 180 individuals per week

Weekly food support for 12-15 families

Various workshops and soup kitchen circa 80 – 100 per week

Fundraising / grant wins

Go fund me.

Autumn

Served circa 60 - 100 guests on Wednesdays and circa 120 - 150 on Saturdays, outreach in Tooting circa 30 - 40 individuals and Clapham food stall circa 25 - 35 individuals.

Food bank circa 200 individuals per week

Weekly food support for 15-20 families

Winter

Served circa 100 - 120 guests on Wednesdays and circa 160 - 180 on Saturdays, outreach in Tooting circa 40 - 50 individuals and Clapham food stall circa 30 - 40 individuals.

Food bank circa 220 individuals per week

Weekly food support for 15-20 families

Various workshops and soup kitchen circa 100 – 120 per week

Fundraising / grant wins

Warm spaces

Enable

Wimbledon Foundation

Thrale Almhouse

Private donations from local residents and businesses

£1 a week campaign

Amazon winter's list (gloves, scarves, hats...)

Foodbank donation list

Section E

Financial review

Brief statement of the charity's policy on reserves

Cash at bank on 31st March 2023 was £50,285 in unrestricted funds.

The main financial risk to the charity is a reduction in donations from individuals and businesses.

The funds are held to cover 5 months of operational costs in the event of a loss of income and to meet any unforeseen expenditure that may occur.

Details of any funds materially in deficit

N/A

Further financial review details (Optional information)

You **may choose** to include additional information, where relevant about:

- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity.
- investment policy and objectives including any ethical investment policy adopted.

Our main source of funds this year has been grants and donations and we continue to actively engage with opportunities to fundraise.

We use general funds to pay for hot food which we get at discount from local food businesses in the Tooting area.

We also buy food for our soup kitchen and various workshops.

Section F

Other optional information

Future plans:

The coming year will see a continued need to provide hot food and groceries for local individuals and families in need. We anticipate an increase in demand due to inflation, a reduction in Universal Credit and energy poverty due to soaring gas and electricity costs as well as continuing fall-out from economic and food crises

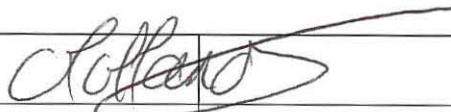
Section G

Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s) Ollie Couillaud

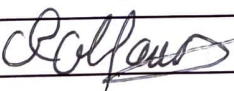


Full name(s) Ollie Couillaud

Position (eg Secretary, Chair, etc) Trustee / Treasurer

Date 28th November 2023

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	Retained Income Brought Forward	22,226	-	-
	Current Period	28,069	-	-
		-	-	-
	Total cash funds	50,295	-	-
	(agree balances with receipts and payments account(s))	OK	OK	OK
B2 Other monetary assets	Details			
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
B3 Investment assets	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
			-	-
			-	-
			-	-
B4 Assets retained for the charity's own use	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
	Van		-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
B5 Liabilities	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
			-	
			-	
			-	
			-	
			-	
Signed by one or two trustees on behalf of all the trustees		Signature	Print Name	Date of approval
			Olufemi Carlland	11/01/25



CHARITY COMMISSION
FOR ENGLAND AND WALES

Tooting Community Kitchen

1191091

Receipts and payments accounts

CC16a

For the period
from

Period start date
31st March 2022

To

Period end date
31st March 2023

Section A Receipts and payments

Unrestricted
funds
to the nearest
£

Restricted
funds
to the nearest £

Endowment
funds
to the nearest £

Total funds
to the nearest £

Last year
to the nearest £

A1 Receipts

Government Grants	-	14,880	-	14,880	N/A
Donations	65,834	-	-	65,834	57,679
Non Government Grants	-	41,864	-	41,864	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total (Gross income for AR)	65,834	56,744	-	122,578	57,679

A2 Asset and investment sales, (see table).

	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-

Total receipts	65,834	56,744	-	122,578	57,679
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A3 Payments

	-	-	-	-	N/A
General Office Expenditure	2,953	-	-	2,953	1,007
Equipment	2,084	-	-	2,084	-
Indemnity Insurance	3,308	-	-	3,308	1,153
Fund Raising	3,339	-	-	3,339	220
Soup Kitchen & Food Bank	19,632	24,880	-	44,512	42,971
Community Support	4,168	6,320	-	10,488	7,001
Fuel	857	-	-	857	590
Vehicle Costs	1,424	-	-	1,424	1,172
	-	-	-	-	-
Sub total	37,765	31,200	-	68,965	54,114

A4 Asset and investment purchases, (see table)

Van	-	25,544	-	25,544	-
	-	-	-	-	-
Sub total	-	25,544	-	25,544	-

Total payments	37,765	56,744	-	94,509	54,114
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Net of receipts/(payments)

	28,069	-	-	28,069	3,565
	-	-	-	-	-
A5 Transfers between funds	22,226	-	-	22,226	18,661
A6 Cash funds last year end	50,295	-	-	50,295	22,226
Cash funds this year end	-	-	-	-	-



Section A

Independent Examiner's Report

Report to the trustees/
members of

TOOTING COMMUNITY KITCHEN

On accounts for the year
ended

31st March 2023

Charity no
(if any)

1191091

Set out on pages

1 - 2

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended **31/ 03/ 2023**.

Responsibilities and
basis of report

As the charity's trustees, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent
examiner's statement

I am qualified to undertake the examination by being a qualified member of Association of Chartered Certified Accountants.

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination (other than that disclosed below *) which gives me cause to believe that in, any material respect:

- the accounting records were not kept in accordance with section 130 of the Charities Act; or
- the accounts did not accord with the accounting records; or
- the accounts did not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Signed:

Date:

12/01/2024

Name:

Zubair Hussain

Relevant professional qualification(s) or body (if any):

Association of Chartered Certified Accountants

Address:

10 Lockwood House, Lockwood Park, Huddersfield, HD4 6EN

Section B

Disclosure

Only complete if the examiner needs to highlight material matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).

Give here brief details of any items that the examiner wishes to disclose.