



POSITIVE BONES

FINANCIAL STATEMENT AND ANNUAL REPORT
FOR THE PERIOD OF 31 MARCH 2021 TO 30 SEPTEMBER 2022

CHARITY NO. 1191065

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The Trustees are pleased to present their report, together with the financial statements for the period ending 30 September 2022.

REFERENCE AND ADMINISTRATION

Positive Bones is a registered charity, number 1191065.

Address of Charity

Positive Bones
Office 74328
PO Box 15113
Birmingham
B2 2NJ

Trustees

Josephine Bridges (Chair)
James Bridges
Georgia Beattie
Helen Rajan
Gabrielle Kinsella

Bank

Natwest
1 St Philip's Pl
Birmingham
B3 2PT
United Kingdom

STRUCTURE, GOVERNANCE AND MANAGEMENT

The Charity is constituted as a Charitable Incorporated Organisation registered on the 28th of August 2020.

According to the Charity's constitution, the Board of Trustees consists of at least three Trustees. All new Trustees will be provided with copies of:

- The Charity's constitution
- A copy of the minutes from the previous three board meetings
- A Trustee's job description
- Relevant policies, including social, financial, safeguarding and whistleblowing policies
- Commission Publication CC3 – Responsibilities of Charity Trustees

The General Meetings are held quarterly with any additional meetings held when required.

Public Benefit

The Trustees have considered the Charity Commission's guidance on public benefit. They confirm that in planning and carrying out the Charity's activities they have had regard to this guidance.

OBJECTIVES AND ACTIVITIES

For the public benefit; the relief of people with medically recognised limb difference or amputation by the provision of grants for specialist prosthesis, specialist equipment or services.

ACHIEVEMENTS AND PERFORMANCE

The past year and a half has been an eventful and exciting year for Positive Bones; from 3 peaks challenges to extending our reach to opening our grant applications for the first time, the trustees are all very proud of what has been achieved, see a snapshot below.

- **Applications opening for the first time:** The biggest news of this period is that the Positive Bones grant funding applications opened, allowing those with limb loss and/or limb difference to apply for funding for specialist equipment, services, and prosthetics. Since we opened we have received multiple applications and provided grants for bionic arms, prosthetic legs, trikes, wheelchairs and more!
- **Launched our support and resources page:** Searching the internet for information on limb differences and limb loss can sometimes be a minefield. To help amputees and those with limb difference we have created three useful spaces;
 - A resources page of useful external websites and opportunities
 - An advice page with a regular blog of advice and support for those in the limb loss/limb difference community
 - A community page that connects to our newly created FB community page, a space where those in the community can chat, find support and real-life information and experiences
- **Fundraisers:** We've been fortunate to have numerous fundraisers conducted on our behalf in this period including:
 - Our founder and family completing the 3 Peaks in aid of fundraising for Positive Bones
 - Michelle Ringer hosted a wonderful cocktail evening and ball fundraiser in the Isle of Man
 - Emily Bostrom managed to walk 68 miles in 24 hours as part of the 84 mile Parish Walk challenge
 - A more! From tin bath races to cycling challenges, much has been done in the name of Positive Bones
 - Details can be found here: www.positivebones.co.uk/fundraising
- **Joining Limb Loss & Limb Difference UK:** A group of UK charities and support groups joining forces to raise awareness of limb loss and limb difference.
- **Extending our support to the Isle of Man:** Since Positive Bones' infancy, we have been incredibly lucky to be supported by many from the Isle of Man. From fundraising events to raising awareness, the residents of the Isle of Man have always been some of Positive Bones' number 1 supporters and we are glad to have them on board!

PLANS FOR THE FUTURE

We have a number of exciting and beneficial future plans for the next year, see a snapshot below.

- **PB for PB:** We plan on launching an inclusive and yearly fundraising and awareness campaign, allowing people to pick their own challenge and beat their personal best (PB). This could be anything from knitting as much as possible to running further than ever before, it's totally up to the fundraiser.
- **Meet with our grant recipients:** We aim to meet our grant applicants to find out how they are getting on now that they have their equipment and also to share their story with our supporters so they can see where their donations go.
- **Rehab Outreach:** We want to start an outreach program, connecting with rehab centres, educational facilities, existing charities, prosthetics and equipment suppliers and physiotherapists to ensure Positive Bones can be there at every stage of the limb difference journey.
- **Sponsorship:** To increase our income so we can help more people and maintain our support we want to reach out to businesses and charities that provide grants to charities in the hopes of arranging monetary sponsorship.
- **Grants:** Continue providing grants and should funding allow, increase the amount of grants we can provide.
- **Meta Donation Button:** To make it easier for our social media followers to provide support to Positive Bones we plan to set-up with Meta (Facebook and Instagram) a donation button that can be applied to key posts.

Finally, we want to continue supporting the limb difference, limb loss community, providing more people with the opportunity to be limitless in the things they enjoy!

The Trustees declare that they have approved the Trustees' Report above.
Signed on behalf of the Charity's Trustees on the 27th of January 2023.

Josephine Bridges (Signed Electronically)

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Josephine Bridges
(Chairman)

James Bridges (Signed Electronically)

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James Bridges
(Trustee)

RECEIPTS AND PAYMENTS ACCOUNT

	2021-2022 Unrestricted Funds £	2021-2022 Restricted Funds £	2021-2022 Total Funds £
Receipts			
Donations	6553.44	N/A	6553.44
Fundraising	17,350.32	N/A	17,350.32
Events	N/A	N/A	N/A
Grants	N/A	N/A	N/A
Total Receipts	<u>23,903.76</u>	N/A	<u>23,903.76</u>
Payments			
Grants	-11,300.00	N/A	-11,300.00
Fundraising Expenses	-123.54	N/A	-123.54
Marketing Materials	-96.99	N/A	-96.99
Events	N/A	N/A	N/A
Purchase of New Assets	N/A	N/A	N/A
Miscellaneous	-362.36	N/A	-362.36
Stationary	N/A	N/A	N/A
Total Payments	-£11,883.00	N/A	-£11,883.00
Net Receipts	<u>12,020.87</u>	N/A	<u>12,020.87</u>
Cash funds at 31st January 2023	<u>27,020.87</u>	N/A	<u>27,020.87</u>

The charity currently has no assets and no liabilities.

FINANCIAL REVIEW

The Charity's principal sources of funding are:

Fundraising events

Grants and donations

PayPal is our chosen host for gathering online donations and charges 2.9% + GBP £0.30p on every donation.

The total receipts amounted to £23,903.76 and, after payments of £11,883.00 the net receipts for the period amounted to £12,020.87

The Trustees consider the period end financial position to be satisfactory and confirm that the Charity can meet all known obligations.

Reserves

At the period end the Charity's bank balance totalled £12,020.87 and after adding current assets of £15,000 and deducting current liabilities of £0, there were positive reserves of £27,020.87.

These financial statements were approved by the Trustees on 27th January 2023 and are signed on their behalf by:

Josephine Bridges (Signed Electronically)

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Josephine Bridges
(Chairperson)

James Bridges (Signed Electronically)

.....

James Bridges
(Trustee)