

# POSITIVE BONES

England & Wales · Charity number 1191065

## Details

---

**Status** Registered

**Legal form** CIO

**Registered** 2020-08-28

**Register** [View on the Charity Commission register](#)

## Contact

---

**Address** Office 74328  
PO Box 15113  
Birmingham  
B2 2NJ

**Phone** 00000000000

**Email** [info@positivebones.co.uk](mailto:info@positivebones.co.uk)

**Website** [www.positivebones.co.uk](http://www.positivebones.co.uk)

## Activities

---

**Objects:** FOR THE PUBLIC BENEFIT THE RELIEF OF PEOPLE WITH MEDICALLY RECOGNISED LIMB DIFFERENCE OR AMPUTATION BY THE PROVISION OF A SPECIALIST PROSTHESIS, SPECIALIST EQUIPMENT OR SERVICES.

**Activities:** At Positive Bones we believe in empowerment through action. We want to support those with limb disabilities in ambitions, career goals and interests by providing monetary grants towards specialist equipment, prosthesis' or services so that they may live a life without limits. We also have an online service providing information, support and guidance to the limb disability community.

## Classification

---

- **How:** Provides Other Finance, Provides Services
- **What:** General Charitable Purposes, Disability
- **Who:** People With Disabilities

## Geography

---

- Throughout England And Wales

## Finances

Period end	Income	Expenditure	Assets	Employees
2024-09-30	£15,826	£10,063	-	-
2023-09-30	£8,161	£13,033	-	-
2022-09-30	£23,904	£11,883	-	-
2021-03-31	£15,000	£0	-	-

## Trustees

Name	Role	Appointed
<b>Josephine Bridges</b>	Chair	2020-08-28
Gabrielle Kinsella		2020-08-28
Helen Rajan		2020-08-28
James Bridges		2020-08-28

**POSITIVE BONES**

England & Wales - Charity number 1191065

---

# Accounts

---



POSITIVE BONES

FINANCIAL STATEMENT AND ANNUAL REPORT  
FOR THE PERIOD OF 1st OCTOBER 2023 TO 30th SEPTEMBER 2024

CHARITY NO. 1191065

CONTENTS	PAGE
Trustees' Report	2-5
Receipts and Payments Account	6
Financial Review	7

The Trustees are pleased to present their report, together with the financial statements for the period ending 30 September 2024.

## REFERENCE AND ADMINISTRATION

Positive Bones is a registered charity, number 1191065.

### Address of Charity

Positive Bones  
Office 74328  
PO Box 15113  
Birmingham  
B2 2NJ

### Trustees

Josephine Bridges (Chair)  
James Bridges  
Helen Rajan  
Gabrielle Kinsella

### Bank

Natwest  
1 St Philip's Pl  
Birmingham  
B3 2PT  
United Kingdom

## STRUCTURE, GOVERNANCE AND MANAGEMENT

The Charity is constituted as a Charitable Incorporated Organisation registered on the 28th of August 2020.

According to the Charity's constitution, the Board of Trustees consists of at least three Trustees. All new Trustees will be provided with copies of:

- The Charity's constitution
- A copy of the minutes from the previous three board meetings
- A Trustee's job description
- Relevant policies, including social, financial, safeguarding and whistleblowing policies
- Commission Publication CC3 – Responsibilities of Charity Trustees

The general meetings are held quarterly with any additional meetings held when required.

### Public Benefit

The Trustees have considered the Charity Commission's guidance on public benefit. They confirm that in planning and carrying out the Charity's activities they have had regard to this guidance.

## OBJECTIVES AND ACTIVITIES

For the public benefit; the relief of people with medically recognised limb difference or amputation by the provision of grants for specialist prosthesis, specialist equipment or services.

## ACHIEVEMENTS AND PERFORMANCE

The past year has been a productive year for Positive Bones; from focused outreach to awarding grants, the trustees are all very proud of what has been achieved, see a snapshot below.

- **National Media Advocacy:** Featured on BBC Radio One during Limb Loss and Limb Difference (LLLD) Awareness Month to raise awareness of the challenges faced by individuals with LLLD, bringing national attention to the cause and promoting inclusion.
- **Strategic Awareness Campaign:** Delivered a comprehensive and professionally managed social media campaign during LLLD Awareness Month. Partnered with a leading marketing agency to increase engagement, visibility, and awareness across multiple digital platforms.
- **Collaborative National Partnerships:** Partnered with the LLLD website and several UK-based limb difference charities to amplify impact and share resources. These partnerships reflect our commitment to sustained, cooperative efforts in the sector.
- **Policy and Advocacy Engagement:** Collaborated with Irwin Mitchell and Steel Bones to advocate for improved NHS provision and recognition of individuals with LLLD. These initiatives aim to influence healthcare pathways and long-term systemic change.
- **Nationwide Outreach to Rehabilitation Centres:** Undertook a UK-wide outreach initiative, contacting all public and private rehabilitation centres to promote awareness of our grant programme and general support services. This ensures professionals and service users are informed and connected.
- **Sponsorship Development:** Designed and launched a formal corporate sponsorship package to attract private sector support and enhance organisational sustainability. Early engagement has laid the groundwork for long-term investment opportunities.
- **Support for Fundraising Initiatives:** Supported a variety of community and corporate fundraising events. Notably, Inverto held an internal fundraiser raising approximately £10,000, demonstrating growing external support and engagement.

- **Awarding Grants:** Since its launch in 2022 and to the end of this financial year we have awarded 15 people with grants of up to £3000.00 to purchase specialist equipment, services or prosthetics that enable them to do what they enjoy most. Within this financial period this has included:
  - A bionic arm for a man who wanted more support in his day-to-day activities
  - An all terrain wheelchair for an active person who enjoyed various outdoor pursuits prior to becoming an amputee and wanted the opportunity to be able to continue to do so with or without his prosthetic on.
  - An adaptive paddleboard for someone who enjoyed water sports and wanted to try out a new one!

## PLANS FOR THE FUTURE

We have a number of exciting and beneficial future plans for the next year

- **Ongoing National Collaboration:** Continue active collaboration with the nationwide LLLD charities we partnered with in the previous financial year. These relationships strengthen sector cohesion and maximise our collective impact across the UK.
- **Expansion of Private Sponsorship:** Proactively seek and secure new private sponsorships using our recently developed sponsorship package, with the goal of building long-term, mission-aligned partnerships to support organisational growth.
- **Sustained Grant Provision:** Maintain and expand our grant-giving programme, continuing to provide financial assistance of up to £3,000 to individuals with limb loss and/or limb difference—enabling access to life-enhancing equipment and experiences.
- **Accessibility-Focused Website and Application Review:** Conduct a comprehensive review and redesign of the Positive Bones website and grant application process, with a focus on improving accessibility, user experience, and overall clarity for applicants and professionals.
- **In-Person Engagement with Rehabilitation Centres:** Launch a programme of physical visits to both public and private rehabilitation centres across the UK to directly engage with service users, practitioners, and referrers. These visits will promote awareness, build trust, and enhance support delivery.

- **Establishment of an Annual Fundraising Event:** Introduce a yearly Positive Bones event/fundraiser, creating a repeatable, scalable platform for income generation, community building, and awareness-raising. This initiative will serve as a cornerstone of our long-term fundraising strategy.

Finally, we want to continue supporting the limb difference and limb loss community by providing more people with the opportunity to be limitless in the things they enjoy!

The Trustees declare that they have approved the Trustees' Report above.  
Signed on behalf of the Charity's Trustees on the 23rd of July 2025.

*Josephine Bridges (Signed Electronically)*

.....

Josephine Bridges  
(Chairman)

*James Bridges (Signed Electronically)*

.....

James Bridges  
(Trustee)

## RECEIPTS AND PAYMENTS ACCOUNT

	2023-2024 Unrestricted Funds £	2023-2024 Restricted Funds £	2023-2024 Total Funds £
<b>Receipts</b>			
Donations	3,661.44	N/A	3,661.44
Fundraising	10,432.90	N/A	10,432.90
Events	1,731.00	N/A	1,731.00
Grants	N/A	N/A	N/A
<b>Total Receipts</b>	<u>15,826.20</u>	N/A	<u>15,826.20</u>
<b>Payments</b>			
Grants	-8,944.00	N/A	-8,944.00
Fundraising Expenses	-87.18	N/A	-87.18
Marketing Materials	-395.00	N/A	-395.00
Events	-170.92	N/A	-170.92
Purchase of New Assets	N/A	N/A	N/A
Miscellaneous	- 465.44	N/A	- 465.44
Stationary	N/A	N/A	N/A
<b>Total Payments</b>	<b>-10,062.54</b>	N/A	<b>-10,062.54</b>
<b>Net Receipts</b>	<u>5,763.66</u>	N/A	<u>5,763.66</u>
Cash funds at 30th September 2024	<u>27,894.91</u>	N/A	<u>27,894.91</u>

The charity currently has no assets and no liabilities.

## FINANCIAL REVIEW

The Charity's principal sources of funding are:

Fundraising events

Grants and donations

PayPal is our chosen host for gathering online donations and charges 2.9% + GBP £0.30p on every donation.

The total receipts amounted to £15,826.20 and, after payments of -£10,062.54 the net receipts for the period amounted to £5,763.66

The Trustees consider the period end financial position to be satisfactory and confirm that the Charity can meet all known obligations.

### Reserves

At the period end the Charity's bank balance totalled £27,894.91.

These financial statements were approved by the Trustees 23rd of July 2025 and are signed on their behalf by:

*Josephine Bridges (Signed Electronically)*

.....

Josephine Bridges  
(Chairperson)

*James Bridges (Signed Electronically)*

.....

James Bridges  
(Trustee)

**POSITIVE BONES**

England & Wales - Charity number 1191065

---

# Accounts

---



POSITIVE BONES

FINANCIAL STATEMENT AND ANNUAL REPORT  
FOR THE PERIOD OF 1st OCTOBER 2022 TO 30th SEPTEMBER 2023

CHARITY NO. 1191065

CONTENTS	PAGE
Trustees' Report	2-5
Receipts and Payments Account	6
Financial Review	7

The Trustees are pleased to present their report, together with the financial statements for the period ending 30 September 2023.

## REFERENCE AND ADMINISTRATION

Positive Bones is a registered charity, number 1191065.

### Address of Charity

Positive Bones  
Office 74328  
PO Box 15113  
Birmingham  
B2 2NJ

### Trustees

Josephine Bridges (Chair)  
James Bridges  
Georgia Beattie  
Helen Rajan  
Gabrielle Kinsella

### Bank

Natwest  
1 St Philip's Pl  
Birmingham  
B3 2PT  
United Kingdom

## STRUCTURE, GOVERNANCE AND MANAGEMENT

The Charity is constituted as a Charitable Incorporated Organisation registered on the 28th of August 2020.

According to the Charity's constitution, the Board of Trustees consists of at least three Trustees. All new Trustees will be provided with copies of:

- The Charity's constitution
- A copy of the minutes from the previous three board meetings
- A Trustee's job description
- Relevant policies, including social, financial, safeguarding and whistleblowing policies
- Commission Publication CC3 – Responsibilities of Charity Trustees

The general meetings are held quarterly with any additional meetings held when required.

### Public Benefit

The Trustees have considered the Charity Commission's guidance on public benefit. They confirm that in planning and carrying out the Charity's activities they have had regard to this guidance.

## OBJECTIVES AND ACTIVITIES

For the public benefit; the relief of people with medically recognised limb difference or amputation by the provision of grants for specialist prosthesis, specialist equipment or services.

## ACHIEVEMENTS AND PERFORMANCE

The past year has been a rewarding year for Positive Bones; from winning awards to awarding grants, the trustees are all very proud of what has been achieved, see a snapshot below.

- **Award Winning:** In July 2023 Positive Bones was the proud recipient of the "Limb Loss Healthcare NPO of the Year 2023 - UK" at Acquisition International's Non-Profit of the Year Awards!
- **Awarding Grants:** Since its launch in 2022 and to the end of this financial year we have awarded 10 people with grants of up to £3000.00 to purchase specialist equipment, services or prosthetics that enable them to do what they enjoy most. This has included:
  - A bionic arm for a young boy who wanted to be more independent at school and home and also wanted to be able to go fishing with his dad.
  - A lightweight wheelchair for an active woman who wanted to get back to the sports she enjoys, as well as discovering new ones, after becoming an amputee.
  - A tricycle for a mum with a lower limb disability who just wanted to go cycling with her son.
- **Fundraisers:** We've been fortunate to have numerous fundraisers conducted on our behalf in this period including:
  - A mother and daughter duo walking a whopping 296 miles; Gail Ward and Anne Pemberton walked the coast of Cornwall raising money for various charities, including an incredible £410.00 for Positive Bones!
  - Cooci Associates took on the 3 Peaks Challenge and raised a whopping £1,603.95!
  - Sandy Bottoms Pumpkins chose Positive Bones as their annual charity for their 2022 Pumpkin Patch event raising £3,606.40!

As always we are extremely grateful for our supporters as they allow us to continue supporting those that need it.

- **2023 Rehabilitation Conference:** We were delighted to be invited to 2023's rehabilitation conference, it was a great opportunity to network and meet others in the field. Since the conference we have been able to make a number of very useful connections including those within the charity sector so that we may better support our community.
- **New Sponsor:** We are very pleased to announce our first official sponsor, Attren! A fashion brand whose CEO is an amputee and wanted to give back to his community. We have been working hard on building our business connections this year to try and garner sponsorship and will be continuing to work on this as we move into 2024.

- **Rehab Outreach:** After a very successful rehab outreach collaborative effort we have now managed to make a larger number of private and public rehab centres aware of what Positive Bones does and how we can help. This has seen an uptick in applications for a much wider range of items.
- **Meeting with our grant recipients:** We have managed to meet with a number of our grant recipients since they have received their items which has been a great opportunity not only to hear their insights on how they found the process with Positive Bones but also how they are doing since they have received their grant. This is something we will continue in the future.

### PLANS FOR THE FUTURE

We have a number of exciting and beneficial future plans for the next year -

- **PB 4 PB:** This was unfortunately not possible for 2022-23 so we will be working towards it in the next period. We plan on launching an inclusive and yearly fundraising and awareness campaign, allowing people to pick their own challenge and beat their personal best (PB). This could be anything from knitting as much as possible to running further than ever before, it's totally up to the fundraiser.
- **Sponsorship (cont.):** To increase our income so we can help more people and maintain our support we want to reach out to businesses and charities that provide grants to charities in the hopes of arranging monetary sponsorship.
- **Grants:** Continue providing grants and should funding allow, increase the amount of grants we can provide.
- **Meta Donation Button (ongoing):** To make it easier for our social media followers to provide support to Positive Bones we plan to set-up with Meta (Facebook and Instagram) a donation button that can be applied to key posts.

Finally, we want to continue supporting the limb difference and limb loss community by providing more people with the opportunity to be limitless in the things they enjoy!

The Trustees declare that they have approved the Trustees' Report above.  
Signed on behalf of the Charity's Trustees on the 29th of July 2024.

*Josephine Bridges (Signed Electronically)*

.....

Josephine Bridges  
(Chairman)

*James Bridges (Signed Electronically)*

.....

James Bridges  
(Trustee)

## RECEIPTS AND PAYMENTS ACCOUNT

	2022-2023 Unrestricted Funds £	2022-2023 Restricted Funds £	2022-2023 Total Funds £
<b>Receipts</b>			
Donations	2,539.48	N/A	2,539.48
Fundraising	5,621.13	N/A	5,621.13
Events	N/A	N/A	N/A
Grants	N/A	N/A	N/A
<b>Total Receipts</b>	<u>8,160.61</u>	N/A	<u>8,160.61</u>
<b>Payments</b>			
Grants	-12,399.99	N/A	-12,399.99
Fundraising Expenses	-96.00	N/A	-96.00
Marketing Materials	-93.51	N/A	-93.51
Events	N/A	N/A	N/A
Purchase of New Assets	N/A	N/A	N/A
Miscellaneous	- 443.87	N/A	-443.87
Stationary	N/A	N/A	N/A
<b>Total Payments</b>	<b>-13,033.37</b>	N/A	<b>-13,033.37</b>
<b>Net Receipts</b>	<u>-4,872.76</u>	N/A	<u>-4,872.76</u>
Cash funds at 30th September 2023	<u>22,131.25</u>	N/A	<u>22,131.25</u>

The charity currently has no assets and no liabilities.

## FINANCIAL REVIEW

The Charity's principal sources of funding are:

Fundraising events

Grants and donations

PayPal is our chosen host for gathering online donations and charges 2.9% + GBP £0.30p on every donation.

The total receipts amounted to £8,160.61 and, after payments of £13,033.37 the net receipts for the period amounted to -£4,872.76

The Trustees consider the period end financial position to be satisfactory and confirm that the Charity can meet all known obligations.

### Reserves

At the period end the Charity's bank balance totalled £22,131.25.

These financial statements were approved by the Trustees 29th of July 2024 and are signed on their behalf by:

*Josephine Bridges (Signed Electronically)*

.....

Josephine Bridges  
(Chairperson)

*James Bridges (Signed Electronically)*

.....

James Bridges  
(Trustee)

**POSITIVE BONES**

England & Wales - Charity number 1191065

---

# Accounts

---



POSITIVE BONES

FINANCIAL STATEMENT AND ANNUAL REPORT  
FOR THE PERIOD OF 31 MARCH 2021 TO 30 SEPTEMBER 2022

CHARITY NO. 1191065

CONTENTS	PAGE
Trustees' Report	2-5
Receipts and Payments Account	6
Financial Review	7

The Trustees are pleased to present their report, together with the financial statements for the period ending 30 September 2022.

## REFERENCE AND ADMINISTRATION

Positive Bones is a registered charity, number 1191065.

### Address of Charity

Positive Bones  
Office 74328  
PO Box 15113  
Birmingham  
B2 2NJ

### Trustees

Josephine Bridges (Chair)  
James Bridges  
Georgia Beattie  
Helen Rajan  
Gabrielle Kinsella

### Bank

Natwest  
1 St Philip's Pl  
Birmingham  
B3 2PT  
United Kingdom

## STRUCTURE, GOVERNANCE AND MANAGEMENT

The Charity is constituted as a Charitable Incorporated Organisation registered on the 28th of August 2020.

According to the Charity's constitution, the Board of Trustees consists of at least three Trustees. All new Trustees will be provided with copies of:

- The Charity's constitution
- A copy of the minutes from the previous three board meetings
- A Trustee's job description
- Relevant policies, including social, financial, safeguarding and whistleblowing policies
- Commission Publication CC3 – Responsibilities of Charity Trustees

The General Meetings are held quarterly with any additional meetings held when required.

### Public Benefit

The Trustees have considered the Charity Commission's guidance on public benefit. They confirm that in planning and carrying out the Charity's activities they have had regard to this guidance.

## OBJECTIVES AND ACTIVITIES

For the public benefit; the relief of people with medically recognised limb difference or amputation by the provision of grants for specialist prosthesis, specialist equipment or services.

## ACHIEVEMENTS AND PERFORMANCE

The past year and a half has been an eventful and exciting year for Positive Bones; from 3 peaks challenges to extending our reach to opening our grant applications for the first time, the trustees are all very proud of what has been achieved, see a snapshot below.

- **Applications opening for the first time:** The biggest news of this period is that the Positive Bones grant funding applications opened, allowing those with limb loss and/or limb difference to apply for funding for specialist equipment, services, and prosthetics. Since we opened we have received multiple applications and provided grants for bionic arms, prosthetic legs, trikes, wheelchairs and more!
- **Launched our support and resources page:** Searching the internet for information on limb differences and limb loss can sometimes be a minefield. To help amputees and those with limb difference we have created three useful spaces;
  - A resources page of useful external websites and opportunities
  - An advice page with a regular blog of advice and support for those in the limb loss/limb difference community
  - A community page that connects to our newly created FB community page, a space where those in the community can chat, find support and real-life information and experiences
- **Fundraisers:** We've been fortunate to have numerous fundraisers conducted on our behalf in this period including:
  - Our founder and family completing the 3 Peaks in aid of fundraising for Positive Bones
  - Michelle Ringer hosted a wonderful cocktail evening and ball fundraiser in the Isle of Man
  - Emily Bostrom managed to walk 68 miles in 24 hours as part of the 84 mile Parish Walk challenge
  - A more! From tin bath races to cycling challenges, much has been done in the name of Positive Bones
  - Details can be found here: [www.positivebones.co.uk/fundraising](http://www.positivebones.co.uk/fundraising)
- **Joining Limb Loss & Limb Difference UK:** A group of UK charities and support groups joining forces to raise awareness of limb loss and limb difference.
- **Extending our support to the Isle of Man:** Since Positive Bones' infancy, we have been incredibly lucky to be supported by many from the Isle of Man. From fundraising events to raising awareness, the residents of the Isle of Man have always been some of Positive Bones' number 1 supporters and we are glad to have them on board!

## PLANS FOR THE FUTURE

We have a number of exciting and beneficial future plans for the next year, see a snapshot below.

- **PB for PB:** We plan on launching an inclusive and yearly fundraising and awareness campaign, allowing people to pick their own challenge and beat their personal best (PB). This could be anything from knitting as much as possible to running further than ever before, it's totally up to the fundraiser.
- **Meet with our grant recipients:** We aim to meet our grant applicants to find out how they are getting on now that they have their equipment and also to share their story with our supporters so they can see where their donations go.
- **Rehab Outreach:** We want to start an outreach program, connecting with rehab centres, educational facilities, existing charities, prosthetics and equipment suppliers and physiotherapists to ensure Positive Bones can be there at every stage of the limb difference journey.
- **Sponsorship:** To increase our income so we can help more people and maintain our support we want to reach out to businesses and charities that provide grants to charities in the hopes of arranging monetary sponsorship.
- **Grants:** Continue providing grants and should funding allow, increase the amount of grants we can provide.
- **Meta Donation Button:** To make it easier for our social media followers to provide support to Positive Bones we plan to set-up with Meta (Facebook and Instagram) a donation button that can be applied to key posts.

Finally, we want to continue supporting the limb difference, limb loss community, providing more people with the opportunity to be limitless in the things they enjoy!

The Trustees declare that they have approved the Trustees' Report above.  
Signed on behalf of the Charity's Trustees on the 27th of January 2023.

*Josephine Bridges (Signed Electronically)*

.....

Josephine Bridges  
(Chairman)

*James Bridges (Signed Electronically)*

.....

James Bridges  
(Trustee)

## RECEIPTS AND PAYMENTS ACCOUNT

	2021-2022 Unrestricted Funds £	2021-2022 Restricted Funds £	2021-2022 Total Funds £
<b>Receipts</b>			
Donations	6553.44	N/A	6553.44
Fundraising	17,350.32	N/A	17,350.32
Events	N/A	N/A	N/A
Grants	N/A	N/A	N/A
<b>Total Receipts</b>	<u>23,903.76</u>	N/A	<u>23,903.76</u>
<b>Payments</b>			
Grants	-11,300.00	N/A	-11,300.00
Fundraising Expenses	-123.54	N/A	-123.54
Marketing Materials	-96.99	N/A	-96.99
Events	N/A	N/A	N/A
Purchase of New Assets	N/A	N/A	N/A
Miscellaneous	-362.36	N/A	-362.36
Stationary	N/A	N/A	N/A
<b>Total Payments</b>	<b>-£11,883.00</b>	N/A	<b>-£11,883.00</b>
<b>Net Receipts</b>	<u>12,020.87</u>	N/A	<u>12,020.87</u>
Cash funds at 31st January 2023	<u>27,020.87</u>	N/A	<u>27,020.87</u>

The charity currently has no assets and no liabilities.

## FINANCIAL REVIEW

The Charity's principal sources of funding are:

Fundraising events

Grants and donations

PayPal is our chosen host for gathering online donations and charges 2.9% + GBP £0.30p on every donation.

The total receipts amounted to £23,903.76 and, after payments of £11,883.00 the net receipts for the period amounted to £12,020.87

The Trustees consider the period end financial position to be satisfactory and confirm that the Charity can meet all known obligations.

### Reserves

At the period end the Charity's bank balance totalled £12,020.87 and after adding current assets of £15,000 and deducting current liabilities of £0, there were positive reserves of £27,020.87.

These financial statements were approved by the Trustees on 27th January 2023 and are signed on their behalf by:

*Josephine Bridges (Signed Electronically)*

.....

Josephine Bridges  
(Chairperson)

*James Bridges (Signed Electronically)*

.....

James Bridges  
(Trustee)

**POSITIVE BONES**

England & Wales - Charity number 1191065

---

# Accounts

---



POSITIVE BONES

FINANCIAL STATEMENT AND ANNUAL REPORT  
FOR THE PERIOD OF 28 AUGUST 2020 TO 31 MARCH 2021

CHARITY NO. 1191065

CONTENTS	PAGE
Trustees' Report	2-5
Receipts and Payments Account	6
Financial Review	7

The Trustees are pleased to present their report, together with the financial statements for the period ending 31 March 2021.

## REFERENCE AND ADMINISTRATION

Positive Bones is a registered charity, number 1191065.

### Address of Charity

Positive Bones  
Office 74328  
PO Box 15113  
Birmingham  
B2 2NJ

### Trustees

Josephine Bridges (Chair)  
James Bridges  
Georgia Beattie  
Helen Rajan  
Gabrielle Kinsella

### Bank

Natwest  
1 St Philip's Pl  
Birmingham  
B3 2PT  
United Kingdom

## STRUCTURE, GOVERNANCE AND MANAGEMENT

The Charity is constituted as a Charitable Incorporated Organisation registered on the 28th of August 2020.

According to the Charity's constitution, the Board of Trustees consists of at least three Trustees. All new Trustees will be provided with copies of:

- The Charity's constitution
- A copy of the minutes from the previous three board meetings
- A Trustee's job description
- Relevant policies, including social, financial, safeguarding and whistleblowing policies
- Commission Publication CC3 – Responsibilities of Charity Trustees

The General Meetings are held quarterly with any additional meetings held when required.

### Public Benefit

The Trustees have considered the Charity Commission's guidance on public benefit. They confirm that in planning and carrying out the Charity's activities they have had regard to this guidance.

## OBJECTIVES AND ACTIVITIES

For the public benefit; the relief of people with medically recognised limb difference or amputation by the provision of grants for specialist prosthesis, specialist equipment or services.

## ACHIEVEMENTS AND PERFORMANCE

Positive Bones was registered with the Charities Commission on 28th August 2020. Up until this point it had been hosted solely on social media, so the first celebration following its registration was the opening of the Positive Bones Website [www.positivebones.com](http://www.positivebones.com). The website's focus at this time is to share the story of Positive Bones, its aims and goals, provide an information point for donations and financial transparency, share fundraising stories and information about how to fundraise for Positive Bones and most importantly to provide a hub of resources and advice for those with limb differences. Since the opening of the website its usage has grown with regular updates to the blog on topics such as; 'On Socket Comfort', a list of examples of 'Specialist Prosthetics, Services and Equipment' and 'A Guide to Managing Phantom Pain'.

This wasn't the only area in which Positive Bones managed to reach out to the limb difference community, great success and overall engagement was seen through the use of a series of social media campaigns designed to provide information and support such as; 'Friday Find Out' connecting followers with other useful resources and charities that intersect with our charitable objective, highlighting and supporting movements against social injustices facing the limb difference community such as the #NotAWitch campaign and the Positive Bones International Women's Week which celebrated important women within the community who represent and advocate for those with limb difference.

Trustee Georgia Beattie started off the first official fundraising campaign since registration through an online raffle to win a Christmas Hamper. This wasn't just a huge success in raising funds (£960.66) but also in spreading the word of Positive Bones and raising awareness of Limb Difference as a category of disability. This was furthered through the 'Blue Monday' giveaway which provided a spa voucher and miscellaneous spa gifts to a randomly selected Positive Bones follower. Finally, we had a wonderful guest host an online comedy bingo night, uniting the Positive Bones community and providing a platform for a Q&A on limb difference.

During this time the trustees also worked behind the scenes, generating important policies for the charity and outlining the grant application procedure so that a framework was established with which the chair, Josephine Bridges, could speak to existing charities, grant giving trusts, charity experts, legal professionals and the limb difference community. Gathering the important information required to ensure that the grant application and approval procedure is as fair, unbiased and equitable as possible.

## PLANS FOR THE FUTURE

The upcoming financial year is set to be the most exciting for Positive Bones as it is the year we hope to open our grant applications for the first time, allowing those with limb difference to apply for funding towards specialist equipment, services and prosthetics so that they may do the things they love. In order to do so we need to finish our external consultation with existing charities, grant giving trusts, charity experts, legal professionals and the limb difference community and establish a fair, unbiased and equitable system that allows for all applications to be reviewed equally and support those most in need.

Additionally we want to expand our online support by; setting up a Facebook and Reddit community for those with limb difference to support each other and provide advice; develop our social media presence instigating new campaigns that provide health and fitness advice, mental health support, information, representation and advocacy.

Once we announce our application open date we will also begin working towards increasing our fundraising, hosting fundraising campaigns and also running a campaign of our own, taking on a big challenge to secure funding and support for the following year.

Finally, we want to start an outreach program, connecting with rehab centres, educational facilities, existing charities, prosthetics and equipment suppliers and physiotherapists to ensure Positive Bones can be there at every stage of the limb difference journey.

The Trustees declare that they have approved the Trustees' Report above.  
Signed on behalf of the Charity's Trustees on the 27th of January 2022.

*Josephine Bridges (Signed Electronically)*

.....

Josephine Bridges  
(Chairman)

*James Bridges (Signed Electronically)*

.....

James Bridges  
(Trustee)

## RECEIPTS AND PAYMENTS ACCOUNT

	2021 Unrestricted Funds £	2021 Restricted Funds £	2021 Total Funds £
<b>Receipts</b>			
Donations	14,039.78	-	14,039.78
Fundraising	960.22	-	960.22
Events	-	-	-
Grants	-	-	-
<b>Total Receipts</b>	<u>15,000.00</u>	-	<u>15,000.00</u>
<b>Payments</b>			
Fundraising Expenses	-	-	-
Marketing Materials	-	-	-
Events	-	-	-
Purchase of New Assets	-	-	-
Miscellaneous	-	-	-
Stationary	-	-	-
<b>Total Payments</b>	-	-	-
<b>Net Receipts</b>	<u>15,000</u>	-	<u>15,000</u>
Cash funds at 31st March 2021	<u>15,000</u>	-	<u>15,000</u>

The charity currently has no assets and no liabilities.

## FINANCIAL REVIEW

The Charity's principal sources of funding are:

Fundraising events

Grants and donations

PayPal is our chosen host for gathering online donations and charges 2.9% + GBP £0.30p on every donation.

The total receipts amounted to £15,000 and, after payments of £0 the net receipts for the period amounted to £15,000.

The Trustees consider the period end financial position to be satisfactory and confirm that the Charity can meet all known obligations.

### Reserves

At the period end the Charity's bank balance totalled £15,000 and after adding current assets of £0 and deducting current liabilities of £0, there were positive reserves of £15,000.

These financial statements were approved by the Trustees on 27th January 2022 and are signed on their behalf by:

*Josephine Bridges (Signed Electronically)*

.....

Josephine Bridges  
(Chairman)

*James Bridges (Signed Electronically)*

.....

James Bridges  
(Trustee)