



## Trustees' Annual Report for the period

From	Period start date			To	Period end date		
	28 <sup>th</sup>	August	2020		31 <sup>st</sup>	August	2021

### Section A Reference and administration details

Charity name MAYBUSH HEALTH FOUNDATION

Registered charity number (if any) 1191059

Charity's principal address 4 Coppice Close,

Wakefield

Postcode

WF1 4TA

#### Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Zaheer Iqbal			
2	Saadia Ansar Hayat			
3	Muhammad Ansar Hayat			

### Section B Structure, governance and management

#### Description of the charity's trusts

Type of governing document	Constitution
How the charity is constituted	Charitable incorporated organisation
Trustee selection methods	Trustee selection methods are outlined in the charity's governing document.

### Section C Objectives and activities

#### Summary of the objects of the charity set out in its governing document

For the benefit of public in the UK and a rural area of District Gujrat, Pakistan the relief of sickness and to promote and protect the health of the public.

**Summary of the main activities undertaken for the public benefit in relation to these objects.**

- A) Public health education about prevention of illness through media and educational programmes.
- B) Primary prevention of illness through public health awareness campaigns e.g., obesity and smoking cessation campaigns.
- C) Organising free clinic and or medical camps as and when needed to meet the needs of the public.
- D) Helping the public in time of natural disaster and or pandemic through education, awareness, and psychological support.
- E) Supporting and collaborating with local charitable organisations working for similar objectives e.g., MacMillan cancer support charities.
- F) Supporting patients during hospital transfers for clinics and emergencies if appropriate.
- G) Helping poor patients pay for medical treatments as necessary.
- H) Promoting mental wellbeing through counselling and support sessions and programmes for the public and patients with mental health concerns.
- I) Promoting and protecting child and maternal health through better education and support of pregnant women.
- J) Supporting individuals and the public to take control of their health through social prescribing.
- K) Aiming to raise standards of health care through Education and Training of Health Professionals.

## Section D Achievements and performance

**Summary of the main achievements of the charity during the year**

With this being the charity's first year of operation, the aim was to raise awareness of, and bring attention to, the charity and its charitable objectives. The net reserves during the year, as outlined in the accounts, pay testament to the success of this campaign and the charity looks to build upon this and deliver the goals highlighted above.

## Section E Financial review

**Brief statement of the charity's policy on reserves**

It is the policy of the charity that reserves are kept at a level to sufficiently ensure that, in the event of a significant drop in funding, they will be able to continue the charity's current activities while consideration is given to ways in which additional funds may be raised.

## Section F Other optional information

Not applicable.

## Section G Declaration

**The trustees declare that they have approved the trustees' report above.**

**Signed on behalf of the charity's trustees**

<b>Signature</b>	<i>Ansarhayat</i>	
<b>Full name</b>	Muhammad Ansar Hayat	
<b>Position</b>	Trustee	
<b>Date</b>	02/02/2023	

**MAYBUSH HEALTH FOUNDATION**  
**ANNUAL REPORT AND UNAUDITED FINANCIAL STATEMENTS**  
**FOR THE YEAR ENDED 31 AUGUST 2021**

**MAYBUSH HEALTH FOUNDATION  
LEGAL AND ADMINISTRATIVE INFORMATION  
FOR THE YEAR ENDED 31 AUGUST 2021**

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**Trustees:** Mr Zaheer Iqbal  
Dr Saadia Ansar Hayat  
Dr Muhammad Ansar Hayat

**Charity number:** 1191059

**Principal address:** 4 Coppice Close,  
Wakefield,  
WF1 4TA

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**FOR THE YEAR ENDED 31 AUGUST 2021**

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**MAYBUSH HEALTH FOUNDATION  
STATEMENT OF FINANCIAL ACTIVITIES  
FOR THE YEAR ENDED 31 AUGUST 2021**

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	<b>Unrestricted funds</b>
	<b>2021</b>
	<b>£</b>
<b><u>Income from:</u></b>	
Donations and legacies	5,269
<b>Total income</b>	<u>5,269</u>
<b><u>Expenditure on:</u></b>	
Charitable activities	<u>3,403</u>
<b>Net movement in funds</b>	1,866
<b>Fund balances at 31 August 2021</b>	<u><u>1,866</u></u>

The statement of financial activities includes all gains and losses recognised in the year.

All income and expenditure derive from continuing activities.

**MAYBUSH HEALTH FOUNDATION**  
**BALANCE SHEET**  
**FOR THE YEAR ENDED 31 AUGUST 2021**

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	£	2021 £
<b>Current assets</b>		
Cash at bank and in hand	2,106	
<b>Creditors: amounts falling due within one year</b>	<u>(240)</u>	
Net current assets		1,866
<b>Total assets less current liabilities</b>		<u><b>1,866</b></u>
<b>Income funds</b>		
Unrestricted funds		<u><b>1,866</b></u>

The financial statements were approved by the Trustees on 02/02/2023.

*Ansarhayat*  
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**Dr Ansar Hayat**  
**Trustee**