

Leeds Older People's Forum



Annual Report 2022/23

Message from Jo...

It's over 12 months since I started as CEO at Leeds Older People's Forum. The passion and professionalism of the team and the trustees to truly make a difference to the lives of older people in Leeds has made it an incredible year. All the achievements and the huge range of workstreams detailed in this report couldn't have happened without them. In addition, the continued support of our funders, who believe in what we do is so vital to ensure older people have the opportunities, choices and support they need to live the life they want.



Our members

Having a large membership of organisations who work with older people, and members who are older people gives us a strength of voice and influence. We contacted all our members this year to reconfirm their status and remind them of the benefits of their membership:

- Opportunities to network and develop new partnerships
- Opportunities to be a third sector representative and to hear from representatives about the decisions made about older people's service provision
- The power of a collective voice on issues that impact on the third sector and older people.
- Opportunities to ensure the needs of communities of place and of interest are heard at a city-wide level
- Vote at the AGM of Leeds Older People's Forum
- Influence our strategic direction of travel

To date 67 members have signed up, and are growing!



Our programmes

Forum Central partnership

Forum Central is delivered in partnership by Leeds Older People's Forum and Volition. It is the collective voice for the health and care third sector in Leeds with a vision of a better quality of life for people in Leeds.

Our work connects third sector organisations in Leeds with decision-makers in health and social care. We influence strategic developments, policy and ways of working, including links with Leeds City Council, NHS West Yorkshire Integrated Care Board (ICB) and Local Care Partnerships (LCPs) in Leeds.



Forum Central

Enhance

Enhance was launched in May 2022. Funded largely by Leeds Community Healthcare the aim of the programme is to support people through a safe and sustainable discharge from hospital and Neighbourhood Teams into a secure home environment. The programme links 14 third sector delivery partners with Leeds Community Healthcare Neighbourhood Teams and other agencies to avoid delayed discharges and readmissions for individuals, and to enhance capacity throughout the system.



In its first year, Enhance saw these 14 third sector delivery partners work with 10 Neighbourhood Teams, to reach 572 people, 56% of whom live in disadvantaged communities.

Enhance is a person-centred, holistic approach. In a 'before and after' questionnaire process, participants returned an increased average score across physical, mental, and social health, as well as improvement to overall quality of life and reduced fatigue.



"[Enhance] does relieve

pressure – I have repeat callers – it's loneliness and

[the patient] has a relationship with us – the worker has the time we don't to sit with the patient. One patient with mental health illness was ringing our office every other day, they were worried about PIP and other things and wanted a nurse to help. The worker went out and sorted it all out, and the patient doesn't really call us anymore".



Coordinator in a Neighbourhood Team



"I look forward to [the Enhance worker] coming – we have a laugh, it's not all about treatment and cancer... this helps with my mental health - which does as much good for me as any of the nurses with treatments and pills – it's about your morale too."

Participant



Friendly Communities

We are a proud partner of Age Friendly Leeds with Leeds City Council. Our role relies on our strong community connections, our ability to engage with and capture the voices of older people of Leeds and our relationship with community organisations.

Our Friendly Communities programme includes:

An Age Friendly Steering Group of approximately 15 older people who are consulted on age friendly matters, help to shape services for older people and help ensure the public realm is age friendly.

Age and Dementia Friendly Businesses. We have 136 businesses signed up to this scheme, including Leeds Libraries who have an action plan to bring on all community libraries in Leeds. Momentum continues to gather with increasing engagement from GP practices.

Dementia Friendly Leeds aims to ensure people who are living with dementia - along with their carers - remain an active part of the city and keep doing the things they enjoy. We promote a listing of social opportunities for people living with dementia on our website, and share facilitation of the DEEP Group (Dementia Engagement and Empowerments Project) network.

Age Friendly Ambassadors Anyone who is willing to take action to help raise awareness and spread the Age Friendly message to others can sign up as an ambassador. We now have over 200 Age Friendly Ambassadors in Leeds!



“

“From a Wise Up to Ageism and Dementia Friends session delivered to a local GP practice. It made you think beyond your initial thoughts about Ageism and Dementia...They helped me see things from a different perspective which helped me have a better understanding”.

”

Third sector development

Neighbourhood Networks - LOPF worked with the Leeds Neighbourhood Networks (LNNs) to develop closer relationships, and promote closer strategic working and increased LOPF membership. 'This year saw the completion of the partnership between LOPF, Centre for Ageing Better and Leeds City Council, and the publication of a final evaluation report of the LNNs by Sheffield Hallam University. The report was launched locally and nationally. We continued to promote the work of the LNNs with increased strategic representation across the city including with LCC and NHS partners.

Grant making - LOPF has awarded £1.4M in grants to delivery partners and grantees this year through various programmes listed above, and below as well as Warm and Cosy; Healthy Warm and Well and Household Support Fund. We would like to thank our funders at Independent Age, Leeds City Council and Leeds Community Foundation for enabling us to do this.

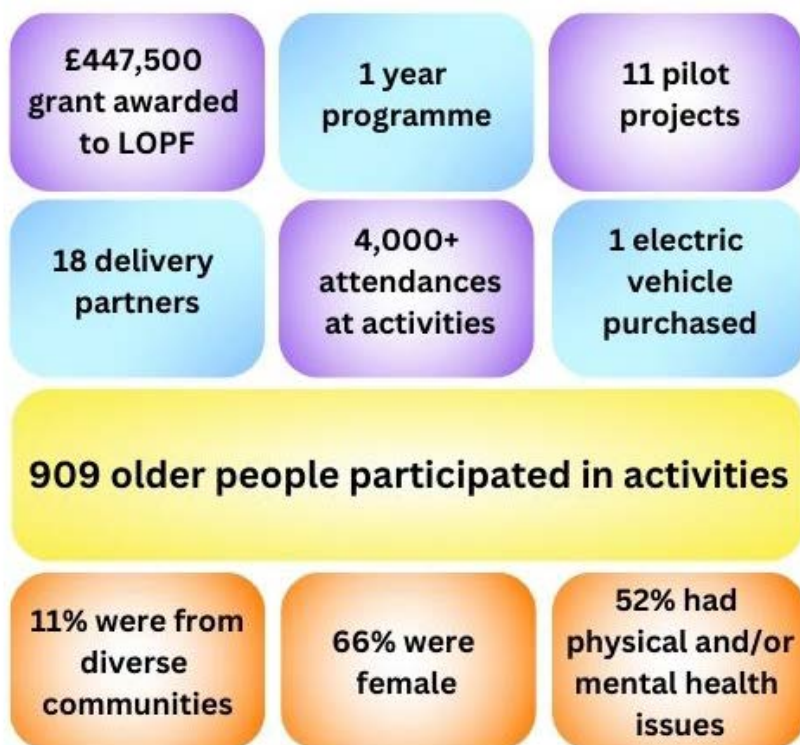
Learning facilitation - We offered training sessions to front-line staff on: social isolation and loneliness, co-production, person-centred ways of working, as well as facilitating peer learning sessions with members working on our programmes such as Enhance.

Be Online and Stay Safe (BOSS) - We were chosen as one of four partners on the Media Literacy Taskforce by the Department for Culture, Media and Sport (DCMS). This includes work with four organisations to support the media literacy skills of culturally diverse older people.



Travel Connections - In May 2022 we were awarded one year's funding from the Department for Transport's Tackling Loneliness with Transport Fund. The principal aim of the Travel Connections programme was to test 11 different approaches under five themes. The first four themes - buses, taxis, active travel and community transport - explored how the vast network of existing transport resources in Leeds could be better used to reduce loneliness. The fifth theme - travel conversations - focussed on creating conversations between older people and decision-makers so that older people's voices are listened to at a strategic level.

Travel Connections in numbers



Travel Connections



Men's Health Unlocked

Through our work on Men's Health Unlocked (MHU) we aim to be a voice for men and boys; bring representation to the sector in the new commissioning landscape at sub-regional and local levels; develop and champion good practice, and raise awareness of men's health. In the last 9-12 months, we have:

- Consulted 700 men via street outreach, signposting over 200 to activities and services; engaged 136 men via 24 health awareness sessions, involving businesses, healthcare and community agencies
- Engaged 15 Men's Health Advocates, bringing lived experience, knowledge and passion into our project; recruited / supported 16 local business Manbassadors, sharing health messages with over 250 men
- Co-produced, with 12 marginalised men, five editions of a men's zine, containing 57 contributions from men; shared the zine (and built relationships) across 113 distributing organisations
- Hosted over 100 organisations via MHU network events
- Raised awareness of men's health, and helped organisations to identify a collaborative opportunity with 85% of attendees at networking meetings
- Received over 250 hits per month to our men's activities directory; reached tens of thousands via our various social media channels and shared 14 MHU newsletters with over 200 contacts



Shine Magazine

Thanks to the support of Public Health, the Travel Connections programme and Awards for All we have published four magazines this year, including a special Jubilee issue.

A group of older volunteer writers supported by editor Tom Bailey, have done a fabulous job of gathering stories of Leeds older people and bringing them alive in print.

Around 4,000 copies of each have been distributed across the city through a network of third sector organisations whose assistance has been vital. They tell us that Shine magazine is a great tool for helping them to connect with the most socially isolated older people.



Spotlight on... Hey Neighbour

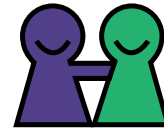
A small grant scheme

Funding from Leeds City Council managed by Forum Central, with support from Voluntary Action Leeds May 2022



What did it do?

Gave local people, community groups and small organisations access to small grants between £500 - £2500.



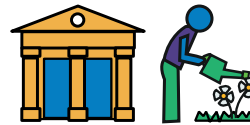
What was it for?

To encourage neighbourliness and improve well-being in communities. To get people to reconnect after Covid.



What happened?

Projects used many innovative ways of bringing communities and people together.



Projects used existing assets in communities such as venues, green spaces, skills, passions, volunteer time, existing networks and connections, donations of goods.



96
Applications



70
Grants
Awarded



70K
Total Value
of Grants

83%

In innercity
band

20%

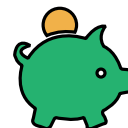
Targetted
young people

6%

Targetted older
people

74%

Intergenerational
Activity



Small pots of money...



combined with existing
assets in communities...



..can have a
BIG IMPACT!

LOOKING FORWARD TO 2023/24

Our plan on a page

Every older person in Leeds has the opportunities, freedom and support to live the life they choose

VOICE
(The voices of older people are listened to in Leeds)

Leeds is an age and dementia friendly city

The third sector is an equal partner in the city

The health, wellbeing and independence of older people is improved

To do this we will strengthen our:

Campaigning

Partnerships

Grant Making

We will work on the following issues:

Diversity and Inclusion

Digital Inclusion

Social Connection

Housing

Transport

Equity

Voice

We have relaunched the Equalities Hub for Older People, an opportunity for older people to be listened to by city leaders on themes important to older people. We will follow up the issues raised and report back on actions taken.



Leeds is an Age and Dementia Friendly City

This has been another exciting year for our Friendly Communities project with:

- Our target of 100 Age and Dementia Friendly business sign ups reached and more!
- The Age Friendly Steering Group being in constant demand for consultations including Leeds Markets and Leeds City Station
- The number of Age Friendly Ambassadors grow to over 250

The Zurich Foundation has provided some funding for this year. This grant has allowed us to sustain and develop the work of Dementia Friendly Leeds including the facilitation of the DEEP (Dementia Engagement & Empowerment Project) group and the Dementia What's On listing. We have also been able to develop a new strand of work to create a co-produced city centre mural with the DEEP group that showcases the Dementia Friendly work in Leeds. We are able to sustain the facilitation of the Dementia Friendly steering group and the work to encourage more local businesses to sign up as Age & Dementia Friendly Businesses. Dementia Friends sessions have also been delivered thanks to this funding.

The Up & Go DEEP group (Dementia Engagement and Empowerment Project) has worked on a project funded by Dementia Enquirers which asked the question "Can a dementia diagnosis open doors to new opportunities?" A report is available if you would like to see the answer!



The third sector is an equal partner in the city

We will continue to represent our members and the third sector at a strategic level in Leeds, through structures such as the Frailty Population Health Board, which is part of the Leeds Office of the Integrated Care Board and transformation programmes such as HomeFirst. We will support members to be allies of senior leaders in the city. This forms part of our work with Volition on the Forum Central partnership.

We will support the development of the sector through our Good Practice Mentor role providing access to training in loneliness, social isolation, intersectional work, and providing a warm welcome. We are also developing new resources to support warm space training, and can offer support to organisations who want to access training and development for staff and trustees in outreach and co production. The Good Practice Mentor offer will be developed over the next two years and may also facilitate links with UK organisations.

Through our test learn and improve methodology on both BOSS and NHS Charities Together work we will develop toolkits on media literacy and creative practice to share with the sector.

LOPF will continue to seek opportunities for grant making and capacity building within the sector.



The health, wellbeing and independence of older people is improved


The Enhance Programme, funded by Leeds Community Healthcare Trust (LCH), was launched in May 2022 and is now in its second year. Enhance supports safe and sustainable discharge from hospital and Neighbourhood Teams into a secure home environment. The programme links 14 third sector delivery partners across the city with Neighbourhood Teams and other agencies to avoid delayed discharges and readmissions for individuals, and to enhance capacity throughout the system.

Delivery partners carry out home visits to provide holistic, non-clinical support that includes access to health appointments, access to food, support with self management, applications for benefits and support to develop social connections - and much more.

A full evaluation of phase one is available on our website, but this showed that without the Enhance offer, clients would have fallen through gaps and not received the help they needed (e.g., repairs would remain outstanding, income remain unclaimed, prescribed exercise would not be maintained). This was particularly so for isolated clients with limited family support. We are currently working to sustain this work.



Leeds Older People's Forum Joseph's Well, Suite C24 Leeds LS3 1AB

 0113 2441697

 info@opforum.org.uk

 www.opforum.org.uk

 [@LeedsOPF](https://twitter.com/LeedsOPF)

 facebook.com/leedsolderpeoplesforum

 bit.ly/LinkedInLOPF

Leeds Older People's Forum Charity 1191030



**REPORT OF THE TRUSTEES AND
CONSOLIDATED FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31ST MARCH 2023
FOR
LEEDS OLDER PEOPLE'S FORUM**

Thomas Coombs Limited
Statutory Auditor
Chartered Accountants
3365 The Pentagon
Century Way
Thorpe Park
Leeds
West Yorkshire
LS15 8ZB

	Page
Reference and Administrative Details	1
Report of the Trustees	2 to 7
Report of the Independent Auditors	7 to 10
Consolidated Statement of Financial Activities	11
Balance Sheet – Consolidated & Charity	12
Consolidated Cash Flow Statement	13
Notes to the Cash Flow Statement	14
Notes to the Financial Statements	15 To 26
Detailed Statement of Financial Activities	27

LEEDS OLDER PEOPLE'S FORUM

REFERENCE AND ADMINISTRATIVE DETAILS FOR THE YEAR ENDED 31ST MARCH 2023

TRUSTEES

W K Rollinson
C Lawrence
J Welham
R J Harington
Dr D S Smith
S J Phillips
Dr S K Rait
R Koivunen (resigned 17/02/2022)
J P O'Dwyer
C J Mahoney
P M Gradys
I Anderson
K J Badon (appointed 14/07/2022)
C S McNamara (appointed 14/07/2022)

PRINCIPAL ADDRESS

24C Josephs Well
Hanover Walk
Leeds
LS3 1AB

REGISTERED CHARITY NUMBER

1191030

AUDITORS

Thomas Coombs Limited
Statutory Auditor
Chartered Accountants
3365 The Pentagon
Century Way
Thorpe Park
Leeds
West Yorkshire
LS15 8ZB

The trustees present their report with the financial statements of the charity for the year ended 31st March 2023. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

OBJECTIVES AND ACTIVITIES

Objectives and aims

The objects of the CIO are:

- The relief of older people in the Metropolitan District of Leeds (the area of benefit) and in particular the relief of poverty and the promotion of good health of older people, primarily, but not exclusively, by associating voluntary, statutory and other agencies and individuals in a support network.
- The advancement of the education of older people in the area of benefit in particular in relation to financial, health, housing, social and welfare entitlements.
- The advancement of the education of the public, and promotion of research concerning the needs of older people in relation to the provision of community care, and the publication of the usual results of such research.
- The promotion of the benefit of older people in the area of benefit without distinction of sex or political, religious or other opinion, by associating the statutory authorities, voluntary organisations and individuals in a common effort to provide educational, cultural, social welfare, recreational and leisure-time facilities, with the object of improving the conditions of life for older people.

In accordance with their duties pursuant to Section 4 of the Charities Act 2011, the Trustees have considered the Charity's objects and activities in light of the Charity Commission's general guidance on public benefit "Charities and Public Benefit".

Friendly Communities

Leeds Older People's Forum (LOPF) are one of the partners of Age Friendly Leeds with Leeds City Council. Each partner has developed clear roles. The LOPF role has been developed based on our strong community connections, our ability to engage with and capture the voices of older people of Leeds and our relationship with community organisations.

This work was funded by Leeds City Council and Leeds Clinical Commissioning Group.

Through our Friendly Communities Project we have delivered:

An Age Friendly Steering Group - This group meets on a monthly basis and consists of approximately 15 older people who are consulted on age friendly matters and who help to shape services for older people and help ensure the public realm is age friendly. The group have consulted on the redesign of the Leeds Train Station. The group have also worked on an intergenerational project with the Preservative Party and Leeds City Museum to generate the Overlooked Exhibition.

Age and Dementia Friendly Businesses: The Friendly Communities have created a resource pack for local business and organisations to become age and dementia friendly. There are 96 businesses signed up to this scheme, including Leeds Libraries who have an action plan to bring on all community libraries in Leeds. Momentum continues to gather. GP practices are starting to sign up and we recently delivered a very successful Wise Up To Ageism session to the staff at one of them as well as a Dementia Friends session.

Dementia Friendly Leeds - this is a campaign to raise awareness of dementia and make services more accessible. The aim is to ensure people who are living with dementia - along with their carers - remain an active part of the city and keep doing the things they enjoy. Our Friendly Communities team have created a listing of social opportunities for people living with dementia that is available on-line and kept up to date. We also share facilitation of the DEEP Group (Dementia Engagement and Empowerments Project) network.

Third Sector Support and Development

Leeds Older People's Forum is the infrastructure organisation in Leeds for third sector organisations and community groups working with older people. We aim to support these groups in a number of ways - through peer learning and good practice mentoring; development and support opportunities and grant making:

Good Practice Mentor and Peer Learning:

- Learning from our National Lottery funded, Time to Shine Programme has been documented in an easy-read catalogue of the

documents and products to be more accessible to the sector.

- Training sessions have been delivered to front-line staff on: social isolation and loneliness, co-production, person centred ways of working.
- Peer learning sessions facilitated to encourage further joint working and sharing of skills.

Development and support opportunities:

- Leeds Neighbourhood Networks: quarterly meetings were held with the Neighbourhood Networks with Leeds City Council. Meetings discussed issues relevant to the Networks and LOPF supported with issues raised in the intervening time, such as digital inclusion, funding and strategy. LOPF supported the ongoing evaluation of the Leeds Neighbourhood Networks by Sheffield Hallam University and were part of the core project team alongside Leeds City Council and Centre for Ageing Better.
- NHS Charities Together: LOPF secured funding to work with 4 Neighbourhood Network's to develop their local offer, in partnership with The Performance Ensemble.
- Being Online Safe and Secure (BOSS): LOPF was chosen as one of four partners on the Media Literacy Taskforce by the Department for Culture, Media and Sport (DCMS). As part of this work we have identified four organisations, working with culturally diverse older people, to support their media literacy skills and be safe on line.
- 1001 Stories: LOPF is collaborating with The Performance Ensemble to collect 1001 stories from older people in Leeds. To date we have almost 700 stories. The culmination of the collection will be a two week takeover of the Playhouse next year.
- Strategic representation: LOPF represents the third sector at a strategic level in Leeds, with representation on the Frailty Population Health Board, which is part of the Leeds Office of the Integrated Care Board. We also have represented our members at Integrated Care Steering Group; Community Health and Wellbeing Transformation Stakeholder Group; Intermediate Care Redesign Board and the Housing & Health Breakthrough Programme Board. This forms part of our work with Volition on the Forum Central partnership.

Grant making:

LOPF supported the third sector and older people by having a number of grant programmes as follows:

- The Household Support Fund was launched via our Forum Central Partnership with Volition. LOPF led on the development and oversight of this project which aimed to allocate £290,000 to third sector organisations to support those struggling with fuel and food costs over the winter period. We allocated funds to 60 community groups to support local people through this rolling grants programme.
- Healthy, warm and well grants are aimed at older people's organisations to help older people stay warm and well. We launched the fund in February 2023. We funded 18 organisations and groups to a total of £72,071, the following financial year.
- Warm and Cosy: LOPF secured funding from Independent Age to offer £1K grants to organisations supporting older people through the cost of living crisis.
- International Day of Older People: with funding from Leeds City Council and LOPF, we funded 13 organisations to celebrate International Day of Older People, with the theme of 'Celebrating Resilient Women'.

Enhance

The Enhance Programme was launched in May 2022. Funded largely by Leeds Community Healthcare the aim of the programme is to support people through a safe and sustainable discharge from hospital and Neighbourhood Teams into a secure home environment. The programme links 14 third sector delivery partners with Neighbourhood Teams and other agencies to avoid delayed discharges and readmissions for individuals, and to enhance capacity throughout the system.

The third sector delivery partners are:-

- Action for Gipton Elderly
- Armley Helping Hands
- Association of Blind Asians
- Age UK Leeds
- Burmantofts Senior Action
- Cross Gates & District Good Neighbours Scheme
- Feel Good Factor
- Health For All
- Leeds Irish Health & Homes
- Moor Allerton Elderly Care (MAECare)
- Older People's Action in the Locality (OPAL)
- Neighbourhood Elders Team - Garforth
- Seacroft Friends & Neighbours
- Care & Repair

In its first year the Enhance programme saw these 14 third sector delivery partners work with 10 Leeds Community Healthcare Neighbourhood Team work together to reach 404 people.

Enhance is a person centred, holistic approach and through the use of a before and after questionnaire process, participants returned an increased average score across physical, mental, and social health, as well as improvement to overall quality of life and reduced fatigue.

The first year evaluation report summary also highlighted that without the Enhance offer, clients would have fallen through gaps and not received the help they needed (e.g., repairs would remain outstanding, income remain unclaimed, prescribed exercise would not be maintained). This was particularly so for isolated clients with limited family support.

As this first year comes to a close we have received confirmation that Enhance will be funded for a 2nd year at the same level and we will work to carry the learning of year one with us as we shape year two

Men's Health Unlocked

Through our work on Men's Health Unlocked we aim to be a voice for men and boys; bring representation to the sector in the new commissioning landscape at sub-regional and local levels and develop, share and champion good practice, and raise awareness of men's health. In the last 9-12 months, we have:

- Consulted 700 men via street outreach, signposting over 200 to activities and services; engaged 136 men via 24 health awareness sessions, involving businesses, healthcare and community agencies
- Engaged 15 Men's Health Advocates, bringing lived experience, knowledge and passion into our project; recruited / supported 16 local business Manbassadors, sharing health messages with over 250 men
- Co-produced, with 12 marginalised men, 5 editions of a men's zine, containing 57 contributions from men; shared the zine (and built relationships) across 113 distributing organisations
- Hosted over 100 organisations (cumulative) via MHU network events
- Hosted presentations from organisations at 6 network meetings. representing diverse men including migrants, abuse victims, and offenders
- Raised awareness of men's health, and helped organisations to identify a collaborative opportunity with 85% of attendees at networking meetings
- Received over 250 hits per month to our men's activities directory; reached tens of thousands via our various social media channels; shared 14 MHU newsletters with over 200 contacts
- Hosted organisations representing diverse communities at network meetings including migrants, gypsy and traveller communities and offenders
- Hosted the following academics:
 - o Prof Ben Hine (parental separation)
 - o Dr Robin Hadley (Childless older men)
 - o Prof Alan White (All physical and mental health)
 - o Dr Mike Jestico (Measuring health and wellbeing)

Travel Connections

In May 2022 Leeds Older People's Forum received a one year grant of £447,500 from the Department for Transport's Tackling Loneliness with Transport fund. The principal aim of the Travel Connections programme was to test 11 different approaches under five themes. The first four themes - buses, taxis, active travel and community transport - explored how the vast network of existing transport resources in Leeds could be better used to reduce loneliness. The fifth theme - travel conversations - focussed on creating conversations between older people and decision makers so that older people's voices are heard at a strategic level.

Through our Travel Connections programme we delivered 11 pilot projects with 18 delivery partners, who delivered activities for a total of 909 people across the life of the programme. These were:

- Shine Magazine: A Grand Day Out, group outings on public transport with follow up articles in the magazine.
- AVSED / SJK Private Hire Vehicle Partnership - a local Neighbourhood Network working closely with a local private hire company to encourage their members to visit their community building.
- Travel Apps and Bus passes - delivered with Leeds Irish Health and Homes, Morley Digital, Cross Gates and District Good Neighbours Scheme, Holbeck Together, AGE UK Leeds, Your Backyard CIC with support from 100% Digital Leeds to deliver training on apps.
- Age and Dementia Friendly Taxi's - Leeds Older People's Friendly Community Team encouraged local private hire firms to sign up to our age and dementia friendly business scheme.

LEEDS OLDER PEOPLE'S FORUM

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31ST MARCH 2023

- The Conservation Volunteers (TCV) Hollybush ran the Great Outdoor programme supporting social walks based on local bus routes to great self-sustaining walking groups.
- Cycling with Confidence - LOPF staff encouraged people to cycle more with bike maintenance classes, guided cycle rides and Senior Spin classes.
- Bramley Elderly Action purchased a Happy Cab to use as a community vehicle, transporting people to their community hubs in Bramley and Headingley.
- Carers Leeds ran carers connecting group, supporting group outings for unpaid carers to make social connections they could maintain
- Aved Men's Matters offered men-only minibus trips bringing isolated older men together to enjoy banter and regular socials in the company of friendly peers and supportive staff.
- Cross Gates & District Good Neighbours Scheme offered Shared Outings - a programme of regular supported minibus trips to places of interest.
- Let's Talk Transport - local charities Feel Good Factor, Belle Isle Senior Action, Caring Together in Woodhouse and Little London, Cross Gates & District Good Neighbours' Scheme, MHA South Leeds and Burmantofts Senior Action - offered one to one and group support to talk about transport, develop confidence and share their experiences of transport.

Hey Neighbour

Funding from Leeds City Council, managed by LOPF and Forum Central, with support from Voluntary Action Leeds, enabled us to give local people, community groups and small organisations access to small grants of between £500 and £2,500. The funding was to encourage neighbourliness and improve well-being in communities and to get people to reconnect after Covid-19.

Projects used many innovative ways of bringing communities and people together. They used existing assets in communities such as venues, green spaces, skills, passions, volunteer time, existing networks and connections and donations of goods. 70 grants were awarded.

Shine

Shine magazine was created to allow us to gather and share the stories of older people and to create a tool that reduced loneliness and social isolation at a time when people were more at risk than ever of loneliness - lockdown.

As lockdown was lifted though, it was clear that the readers of the magazine wanted it to continue. However, funding the magazine after Time to Shine funding came to an end was challenging as production and distribution costs of this wonderful magazine are high.

Thanks to the support of Public Health, the Travel Connections Programme and Awards for all there have been 4 issues in this reported year, including a special Jubilee issue. Around 4000 of each of those issues have been distributed across the city through a network of third sector organisations whose assistance has been vital. Those organisations tell us that the magazine is a great tool for helping the to connect with the most socially isolated older people.

A group of older volunteer writers have been supported by Tom Bailey, the magazine editor, and the group have done a fabulous job of gathering the stories of Leeds older people and bringing them alive in print.

The future of the magazine as we reach the end of this reporting period is uncertain but we will ensure that the legacy of Shine magazine lives on, even if the print version cannot. The stories that older people have to share are too valuable for us to share them in any way we can.

Financial Review

The net surplus for the year was £196,970, including a net surplus of £76,170 on unrestricted funds and £120,800 on restricted funds. The company's total funds amounted to £567,933 (2022: £370,693) at 31st March 2023.

Investment policy

The Trustees have considered the most appropriate policy for the investment of funds and have decided that any funds that are held for immediate cash flow needs are held in cash or short term deposits. Any remaining funds can be held as a medium term investment.

Reserves policy

The charity takes a risk based approach in setting the level of reserves. A minimum level (lower band) and maximum level (upper band) of reserves is set and reserves are maintained between the lower and upper band limits. This ensures that the charity holds enough reserves for an orderly winding up if faced with unexpected closure, whilst also ensuring the charity does not maintain unnecessary high surplus reserves.

**REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31ST MARCH 2023**

The lower band level is set with reference to funds needed in order to conduct an orderly winding up of the Charity in the face of unexpected closure. This has been set at 6 months of operating costs plus redundancy and other known committed expenditure and equates to £65,800.

The upper level includes an allowance for any additional or designated items - specifically £20,000 contingency for unexpected cash flow considerations and £65,000 allocated for 1 year to maintain Forum Central activities running if replacement funding is needed. The upper band level has therefore been set at £150,800.

Actual free reserves are £173,177. This includes £11,150 surplus from our Shine subsidiary to be reinvested in Shine in 2023/24. The net figure of £162,027 is marginally above the upper limit, accordingly no specific action with regard to reserve levels is currently planned.

STRUCTURE, GOVERNANCE AND MANAGEMENT

The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective January 2015).

Leeds Older People's Forum (LOPF) is a Charitable Incorporated Organisation (CIO) (number 1191030). Its governing document is an Association Constitution.

The charity trustees shall manage the affairs of the CIO and may for that purpose exercise all the powers of the CIO. There must be at least six charity trustees. If the number falls below this minimum, the remaining trustee or trustees may act only to call a meeting of the charity trustees, or appoint a new charity trustee. The maximum number of charity trustees is 20. The charity trustees may not appoint any charity trustee if as a result the number of charity trustees would exceed the maximum. A minimum of 75% of the charity trustees must be older people. For the purpose of this Constitution, an older person is defined as a person aged 60 years of age and over.

At every annual general meeting of the members of the CIO, one-third of the charity trustees shall retire from office. If the number of charity trustees is not three or a multiple of three, then the number nearest to one-third shall retire from office. The charity trustees to retire by rotation shall be those who have been longest in office since their last appointment or reappointment. If any trustees were last appointed or reappointed on the same day those to retire shall (unless they otherwise agree among themselves) be determined by lot. At the first meeting of the trustees following the AGM the charity trustees shall elect a Chair, two Vice Chairs and a Treasurer from amongst their number.

LOPF's Board of Trustees meets on a bi-monthly basis, with additional monthly meetings of the LOPF Officers of the board.

The charity's finance sub committee convenes annually as the remuneration committee in order to review salary bandings and scale points of all employees (including key management personnel). The charity's pay scales align with the pay scales of the National Joint Council for Local Government Services, and any salary increases are in line with those negotiated by the National Joint Council for Local Government Services. The remuneration committee also undertakes benchmarking comparisons using an external benchmarking company with local government experience, to review all job roles against job descriptions and compare with similar roles across the 3rd sector to ensure pay is fair and reflective of the duties carried out by employees.

The board of trustees together with the CEO and senior management team are considered to be the key management personnel of the Charity.

STATEMENT OF TRUSTEES' RESPONSIBILITIES

The trustees are responsible for preparing the Report of the Trustees and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

The law applicable to charities in England and Wales, the Charities Act 2011, Charity (Accounts and Reports) Regulations 2008 and the provisions of the trust deed requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources, including the income and expenditure, of the charity for that period. In preparing those financial statements, the trustees are required to

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charity SORP;
- make judgements and estimates that are reasonable and prudent;

**REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31ST MARCH 2023**

- State whether applicable accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements.
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in business.

The trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charity and to enable them to ensure that the financial statements comply with the Charities Act 2011, the Charity (Accounts and Reports) Regulations 2008 and the provisions of the trust deed. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Approved by order of the board of trustees on 30th August 2023 and signed on its behalf by:

R J Harington - Trustee

REPORT OF THE INDEPENDENT AUDITORS TO THE TRUSTEES OF LEEDS OLDER PEOPLE'S FORUM

Opinion

We have audited the financial statements of Leeds Older People's Forum and its subsidiaries (the "group") for the year ended 31st March 2023 which comprise the Group Statement of Financial Activities, the Group and Charitable Company Balance Sheet, the Group Cash Flow Statement and notes to the financial statements, including significant accounting policies. The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

In our opinion the financial statements:

- give a true and fair view of the state of the group's and parent charity's affairs as at 31st March 2023, and of the group's incoming resources, including its income and expenditure, for the year then ended;
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice; and
- have been prepared in accordance with the requirements of the Charities Act 2011.

Basis for opinion

We conducted our audit in accordance with International Standards on Auditing (UK) (ISAs (UK)) and applicable law. Our responsibilities under those standards are further described in the Auditor's responsibilities for the audit of the financial statements section of our report. We are independent of the group and parent charity in accordance with the ethical requirements that are relevant to our audit of the financial statements in the UK, including the FRC's Ethical Standard, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

Conclusions relating to going concern

In auditing the financial statements, we have concluded that the trustees' use of the going concern basis of accounting in the preparation of the financial statements is appropriate.

Based on the work we have performed, we have not identified any material uncertainties relating to events or conditions that, individually or collectively, may cast significant doubt on the group's or parent charity's ability to continue as a going concern for a period of at least twelve months from when the financial statements are authorised for issue.

Our responsibilities and the responsibilities of the trustees with respect to going concern are described in the relevant sections of this report.

Other information

The other information comprises the information included in the trustees annual report, other than the financial statements and our auditor's report thereon. The trustees are responsible for the other information contained within the annual report. Our opinion on the financial statements does not cover the other information and, except to the extent otherwise explicitly stated in our report, we do not express any form of assurance conclusion thereon. Our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained in the course of the audit or otherwise appears to be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether this gives rise to a material misstatement in the financial statements themselves. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact.

We have nothing to report in this regard.

Matters on which we are required to report by exception

We have nothing to report in respect of the following matters in relation to which the Charities (Accounts and Reports) Regulations 2008 require us to report to you if, in our opinion:

- the information given in the financial statements is inconsistent in any material respect with the trustee's report; or
- sufficient accounting records have not been kept; or
- the financial statements are not in agreement with the accounting records and returns; or
- we have not received all the information and explanations we require for our audit.

Responsibilities of trustees

As explained more fully in the Statement of Trustees' Responsibilities, the trustees are responsible for the preparation of the financial statements which give a true and fair view, and for such internal control as the trustees determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, the trustees are responsible for assessing the charity's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the trustees either intend to liquidate the charity or to cease operations, or have no realistic alternative but to do so.

Our responsibilities for the audit of the financial statements

We have been appointed as auditor under section 151 of the Charities Act 2011 and report in accordance with regulations made under section 154 of that Act.

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an auditor's report that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with ISAs (UK) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

Irregularities, including fraud, are instances of non-compliance with laws and regulations. We design procedures in line with our responsibilities, outlined above, to detect material misstatements in respect of irregularities, including fraud. The extent to which our procedures are capable of detecting irregularities, including fraud is detailed below:

Our approach to identifying and assessing the risks of material misstatement in respect of irregularities, including fraud and non-compliance with laws and regulations, was as follows:

- skills to identify or recognise non-compliance with applicable laws and regulations.
- We identified the laws and regulations applicable to the charity through discussions with management, and from our commercial knowledge and experience of the sector.
- We focused on specific laws and regulations which we considered may have a direct material effect on the accounts of the operations of the Charity, including the Charities Act 2011.
- We assessed the extent of compliance with laws and regulations identified above through making enquiries of management and inspecting legal correspondence.
- Identified laws and regulations were communicated within the audit team regularly and the team remained alert to instances of non-compliance throughout the audit.

We assessed the susceptibility of the charity's financial statements to material misstatement, including obtaining an understanding of how fraud might occur, by:

- Making enquiries of management as to where they considered there was susceptibility to fraud, their knowledge of actual, suspected and alleged fraud.
- Considering the internal controls in place to mitigate risks of fraud and non-compliance with laws and regulations.

To address the risk of fraud through management bias and override of controls, we:

- Performed analytical procedures to identify any unusual or unexpected relationships.
- Identified and tested journal entries and identified any significant transactions that were unusual or outside the normal course of business.
- Investigated the rationale behind significant or unusual transactions.
- Challenged assumptions and judgements made by management in determining significant accounting estimates.

In response to the risk of irregularities and non-compliance with laws and regulations, we designed audit procedures which included, but were not limited to:

- Agreeing financial statements disclosures to underlying supporting documentation.
- Discussions with management of known or suspected instances of non-compliance with laws and regulations.
- Reading the minutes of meetings of those charged with governance.
- Reviewing correspondence with HMRC, relevant regulators including the Charities Commission and the charity's legal advisors.

At the completion stage of the audit, the engagement partner's review included ensuring that the team had approached their work with appropriate professional scepticism and thus the capacity to identify non-compliance with laws and regulations and fraud.

There are inherent limitations in the audit procedures described above and the further removed non-compliance of laws and regulations is from the events and transactions reflected in the financial statements, the less likely we would become aware of it. Also, the risk of not detecting a material misstatement relating to fraud is higher than the risk of not detecting one resulting from error, as fraud may involve deliberate concealment.

A further description of our responsibilities for the audit of the financial statements is located on the Financial Reporting Council's website at www.frc.org.uk/auditorsresponsibilities. This description forms part of our Report of the Independent Auditors.

REPORT OF THE INDEPENDENT AUDITORS TO THE TRUSTEES OF LEEDS OLDER PEOPLE'S FORUM

Use of our report

This report is made solely to the charity's trustees, as a body, in accordance with Part 4 of the Charities (Accounts and Reports) Regulations 2008. Our audit work has been undertaken so that we might state to the charity's trustees those matters we are required to state to them in an auditors' report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charity and the charity's trustees as a body, for our audit work, for this report, or for the opinions we have formed.

Christopher Darwin FCA (Senior Statutory Auditor)
For and on behalf of Thomas Coombs Limited
Statutory Auditor
Chartered Accountants
3365 The Pentagon
Century Way
Thorpe Park
Leeds
West Yorkshire
LS15 8ZB

Date: 30th August 2023

LEEDS OLDER PEOPLE'S FORUM

CONSOLIDATED STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 31ST MARCH 2023

	Notes	Unrestricted fund £	Designated fund £	Restricted funds £	2023 Total funds £	2022 Total funds £
INCOME AND ENDOWMENTS FROM						
Donations and legacies	2	323	-	-	323	953
Charitable activities	5					
Core charitable activities		262,065	-	-	262,065	69,482
Grant charitable activities		-	-	2,012,978	2,012,978	1,205,542
Other trading activities	3	1,028	-	-	1,028	(289)
Commercial trading operations	6	2,800	-	-	2,800	-
Investment income	4	-	-	-	-	2
Total		<u>266,216</u>	<u>-</u>	<u>2,012,978</u>	<u>2,279,194</u>	<u>1,275,690</u>
EXPENDITURE ON Charitable activities						
	7					
Core charitable activities		190,046	-	-	190,046	57,856
Grant charitable activities		-	-	1,892,178	1,892,178	1,132,755
Total		<u>190,046</u>	<u>-</u>	<u>1,892,178</u>	<u>2,082,224</u>	<u>1,190,611</u>
NET INCOME/(EXPENDITURE)		76,170	-	120,800	196,970	85,079
Transfers between funds	18	<u>(3,772)</u>	<u>3,772</u>	<u>-</u>	<u>-</u>	<u>-</u>
Net movement in funds		72,398	3,772	120,800	196,970	85,079
RECONCILIATION OF FUNDS						
Total funds brought forward		<u>100,779</u>	<u>20,237</u>	<u>249,947</u>	<u>370,963</u>	<u>285,884</u>
TOTAL FUNDS CARRIED FORWARD		<u><u>173,177</u></u>	<u><u>24,009</u></u>	<u><u>370,747</u></u>	<u><u>567,933</u></u>	<u><u>370,963</u></u>

LEEDS OLDER PEOPLE'S FORUM

CONSOLIDATED BALANCE SHEET
31ST MARCH 2023

		Group		Charity	
	Note	2023 £	2022 £	2023 £	2022 £
FIXED ASSETS					
Investments	15	-	-	10	-
CURRENT ASSETS					
Debtors	16	51,328	82,279	60,968	82,279
Cash at bank		571,685	546,028	553,926	546,028
		<u>623,013</u>	<u>628,307</u>	<u>614,894</u>	<u>628,307</u>
CREDITORS					
Amounts due within one year	17	(55,080)	(257,344)	(46,971)	(257,344)
NET CURRENT ASSETS		<u>567,933</u>	<u>370,963</u>	<u>567,933</u>	<u>370,963</u>
TOTAL ASSETS LESS CURRENT LIABILITIES		<u>567,933</u>	<u>370,963</u>	<u>567,933</u>	<u>370,963</u>
NET ASSETS		<u>567,933</u>	<u>370,963</u>	<u>567,933</u>	<u>370,963</u>
FUNDS					
Unrestricted funds	18	197,186	121,016	197,186	121,016
Restricted funds	18	370,747	249,947	370,747	249,947
		<u>567,933</u>	<u>370,963</u>	<u>567,933</u>	<u>370,963</u>
TOTAL FUNDS	18	<u>567,933</u>	<u>370,963</u>	<u>567,933</u>	<u>370,963</u>

The financial statements were approved by the Board of Trustees and authorised for issue on 30th August 2023 and were signed on its behalf by:

R J Harington - Trustee

LEEDS OLDER PEOPLE'S FORUM

CONSOLIDATED CASH FLOW STATEMENT
FOR THE YEAR ENDED 31ST MARCH 2023

	Notes	2023 £	2022 £
Cash flows from operating activities			
Cash generated from operations	1	<u>25,657</u>	<u>220,749</u>
Net cash (used in)/provided by operating activities		<u>25,657</u>	<u>220,749</u>
Cash flows from investing activities			
Interest received		-	2
Rent recharges		<u>-</u>	<u>(289)</u>
Net cash provided by/(used in) investing activities		<u>-</u>	<u>(287)</u>
		<u>-</u>	<u>-</u>
Change in cash and cash equivalents in the reporting period		25,657	220,462
Cash and cash equivalents at the beginning of the reporting period		<u>546,028</u>	<u>325,566</u>
Cash and cash equivalents at the end of the reporting period		<u>571,685</u>	<u>546,028</u>

**NOTES TO THE CONSOLIDATED CASH FLOW STATEMENT
FOR THE YEAR ENDED 31ST MARCH 2023**

1. RECONCILIATION OF NET INCOME TO NET CASH FLOW FROM OPERATING ACTIVITIES

	2023	2022
	£	£
Net income for the reporting period (as per the Statement of Financial Activities)	196,970	85,079
Adjustments for:		
Interest received	-	(2)
Rent recharges	-	289
Decrease/(increase) in debtors	30,951	(73,273)
(Decrease)/increase in creditors	(202,264)	208,656
Net cash (used in)/provided by operations	<u>25,657</u>	<u>220,749</u>

2. ANALYSIS OF CHANGES IN NET FUNDS

	At 1/4/22	Cash flow	At 31/3/23
	£	£	£
Net cash			
Cash at bank	<u>546,028</u>	<u>25,657</u>	<u>571,685</u>
Total	<u>546,028</u>	<u>25,657</u>	<u>571,685</u>

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charity, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Charities Act 2011. The financial statements have been prepared under the historical cost convention.

Consolidation

The consolidated accounts comprise the accounts of the charity and the subsidiary, Shine (Leeds) Limited for the year ended 31st March 2023. The accounts have been consolidated on a line-by-line basis. The Trustees have assessed the conditions for consolidating Shine (Leeds) Limited, and have determined that the control conditions for consolidation as set out in the Charities SORP are met. As such, the subsidiary has been included in these financial statements.

Going Concern

The financial statements have been prepared on a going concern basis as the trustees believe no material uncertainties exist. The trustees have considered the level of funds held and the expected level of income and expenditure for 12 months from authorising these financial statements. The budgeted income and expenditure is sufficient with the level of reserves for the charity to be able to continue as a going concern.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Grants and donations are only included in the SOFA when the charity has unconditional entitlement to the resources.

Where grants are related to performance and specific deliverables, they are accounted for as the charity earns the right to consideration by its performance.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Grants offered subject to conditions which have not been met at the year end date are noted as a commitment but not accrued as expenditure.

Tangible fixed assets

Tangible fixed assets are stated at cost less accumulated depreciation. Cost includes costs directly attributable to making the asset capable of operating as intended.

Depreciation is provided at rates calculated to write off the cost, less estimated residual value, of each asset over its useful life, as follows:

Computer equipment	- 25% straight line
--------------------	---------------------

Taxation

The charity is exempt from tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31ST MARCH 2023

1. ACCOUNTING POLICIES - continued**Pension costs and other post-retirement benefits**

The charity operates a defined contribution pension scheme. Contributions payable to the charity's pension scheme are charged to the Statement of Financial Activities in the period to which they relate.

Pensions

The charity operates a defined pension contribution scheme for the benefit of its employees. The costs of contributions are recognised in the year they are payable.

Debtors and creditors receivable/payable within one year

Debtors and creditors with no stated interest rate and receivable or payable within one year are recorded at transaction price. Any losses arising from impairment are recognised in expenditure.

2. DONATIONS AND LEGACIES

	Group	
	2023	2022
	£	£
Gifts	<u>323</u>	<u>953</u>

3. OTHER TRADING ACTIVITIES

	Group	
	2023	2022
	£	£
Fundraising events	<u>1,028</u>	<u>(289)</u>

4. INVESTMENT INCOME

	Group	
	2023	2022
	£	£
Deposit account interest	<u>-</u>	<u>2</u>

5. CHARITABLE ACTIVITIES

	Group			
	2023		2022	
	Core charitable activities	Grant making activities	Total activities	Total activities
	£	£	£	£
Grants	20,304	2,012,978	2,033,282	1,205,542
Contracts	<u>241,761</u>	<u>-</u>	<u>241,761</u>	<u>69,482</u>
	<u>262,065</u>	<u>2,012,978</u>	<u>2,275,043</u>	<u>1,275,024</u>

Grants received, included in the above, are as follows:

	2023	2022
	£	£
National Lottery Community Fund	-	791,229
Covid 19 Response	-	56,375
LCC International Day of Older People	3,600	3,100
Leeds City Council Support Officer Grant	-	12,000
Covid 19 Harm Minimisation	-	10,000
LCC Neighbourhood Network Support	23,275	120,000
Leeds City Council Dementia Friendly	50,600	31,600
National Lottery Community Fund - Men's Health	170,114	114,648
Leeds Bereavement fund	<u>-</u>	<u>1,450</u>
Carried forward	247,589	1,140,402

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31ST MARCH 2023

5. INCOME FROM CHARITABLE ACTIVITIES - continued

	2023	2022
	£	£
Brought forward	247,589	1,140,402
Harnessing the Power of Communities	-	4,000
NHS Charities Together	12,500	12,500
Leeds Community Foundation Self Harm	-	9,640
CCG/PHM – Age Friendly Programme	-	39,000
Leeds Community Healthcare / Leeds City Council - Enhance	898,000	-
DCMS – Be Online Stay Safe	89,000	-
National Lottery Community Fund - Good Practice Mentor	33,803	-
LCF Ideas That Change Lives	4,000	-
DfT – Travel Connections	457,000	-
LCC Winter Most at Risk	82,000	-
LCC Household Support Fund	149,190	-
LCC Shine	24,000	-
Blacks Solicitors	1,000	-
Independent Age – Warm & Cosy	20,000	-
LCC – Business Support	1,000	-
Luminate – Leeds City College	450	-
University of Leeds	3,750	-
Awards for All	10,000	-
	<u>2,033,282</u>	<u>1,205,542</u>

6. COMMERCIAL TRADING OPERATIONS

The charity has one wholly-owned subsidiary, Shine (Leeds) Limited (Company No. 13788870), which carries on commercial activities that are ancillary to the operation of the charity.

A summary of the trading results of the subsidiary is shown below:

	2023	2022
	£	£
Turnover	51,300	-
Administrative costs	(40,150)	-
Operating profit	<u>11,150</u>	<u>-</u>
Gift aid obligation and donations to charity	(11,150)	-
Retain in subsidiary	<u>-</u>	<u>-</u>

The turnover is reflected in the consolidated income as £2,800 trading and £10,000 grant income. Grants of £38,500 were received by Shine (Leeds) Limited in the year from Leeds Older People's Forum. These grants are not included in consolidated income for the year ended 31st March 2023.

7. CHARITABLE ACTIVITIES COSTS

	Direct Costs (see note 8)	Grant funding of activities (see note 9)	Support costs (see note 10)	Group Totals
	£	£	£	£
Core charitable activities	177,673	3,550	8,823	190,046
Grant charitable activities	504,637	1,387,541	-	1,892,178
	<u>682,310</u>	<u>1,391,091</u>	<u>8,823</u>	<u>2,082,224</u>

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31ST MARCH 2023

8. DIRECT COSTS OF CHARITABLE ACTIVITIES

Core charitable activities	Group 2023 Unrestricted funds £	2023 Restricted funds £	2023 Total funds £	2022 Total Funds £
Staff costs	138,769	-	138,769	41,824
Rent, rates and utilities	2,906	-	2,906	1,407
Insurance	2,960	-	2,960	2,324
Telephone	1,537	-	1,537	2,135
Equipment and materials	344	-	344	-
Room hire	1,439	-	1,439	-
Travel	1,122	-	1,122	-
Office and admin costs	(1,453)	-	(1,453)	(14,977)
Training	2,005	-	2,005	50
Refreshments	115	-	115	9
Other expenses	3,239	-	3,239	5,201
Freelance workers and consultants	26,880	-	26,880	10,899
IT Costs	8,538	-	8,538	3,869
Direct project delivery costs	(2,341)	-	(2,341)	-
Website	1,040	-	1,040	-
Grants to institutions	(11,000)	-	(11,000)	-
Auditors' remuneration – non audit fees	1,573	-	1,573	-
	177,673	-	177,673	52,708
Grant making activities	Group 2023 Unrestricted funds £	2023 Restricted funds £	2023 Total funds £	2022 Total Funds £
Staff costs	-	308,437	308,437	300,970
Rent, rates and utilities	-	15,315	15,315	22,031
Telephone	-	629	629	609
Equipment and materials	-	-	-	10
Room hire	-	1,001	1,001	3,672
Travel	-	1,651	1,651	1,775
Office and admin costs	-	37,064	37,064	48,024
Training	-	1,811	1,811	17,448
Refreshments	-	195	195	720
Other expenses	-	1,412	1,412	6,597
Freelance workers and consultants	-	19,238	19,238	45,075
IT Costs	-	4,857	4,857	3,838
Direct project delivery costs	-	113,027	113,027	155,256
Website	-	-	-	4,948
	-	504,637	504,637	610,973

9. GRANTS PAYABLE

	2023 £	2022 £
Core charitable activities	3,550	-
Grant charitable activities	1,387,541	521,782
	1,391,091	521,782

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31ST MARCH 2023

9. GRANTS PAYABLE - continued

The total grants paid to institutions during the year was as follows:

	2023	Group
	£	2022
		£
Enhance	870,594	-
Travel Connect	187,700	-
National Lottery Community Fund – Men’s Health	128,258	-
LCC Household Support Fund	117,109	-
DCMS – Stay Safe Online	48,500	-
Covid 19 Harm Minimisation/Independent Age – Warm & Cosy	28,000	-
Neighbourhood Networks Covid 19 Response	5,040	65,758
International Day of Older People	3,550	3,750
NHS Charities	2,340	-
Big Lottery fund - Time to Shine	-	387,851
Covid 19 Response	-	51,573
Covid 19 Harm Minimisation	-	12,850
	<u>1,391,091</u>	<u>521,782</u>

Enhance	Grants were made to organisations to support older people coming out of hospital to prevent their readmission; or to support people with health problems and avoid hospital admission.
Travel Connect	Grants were made to organisations to support older people to use a variety of transport methods to reduce isolation and loneliness.
National Lottery Community Fund – Men’s Health	Grants were made to organisations to support men in ways which would improve their health.
LCC Household Support Fund	Grants were made to organisations to support people experiencing hardship as a result of the cost of living increases, with food and fuel.
DCMS – Stay Safe Online	Grants were made to organisations in Leeds supporting culturally diverse older people to understand media literacy and how to maintain their safety on-line.
Covid 19 Harm Minimisation/Independent Age – Warm & Cosy	Grants were made to organisations to support older people experiencing hardship as a result of the cost of living crisis.
Neighbourhood Networks Covid 19 Response - Hey Neighbour	The grant made was to support Neighbourhood Networks through the Covid 19 crisis.
International Day of Older People	The grants made was to run the International Day of Older People across Leeds through engagement with Leeds partners.
NHS Charities Together	Grants were made to organisations to deliver creative, artistic sessions for people experiencing health inequalities.
Big Lottery fund - Time to Shine	The grants made to these organisations was aimed at improving the quality of life and wellbeing of older people.
Covid 19 Response	The grants made to these organisations was to help support communities through Covid 19.
Covid 19 Harm Minimisation	The grants made to these organisations was to help support communities through Covid 19.

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31ST MARCH 2023

10. SUPPORT COSTS

		Governance costs
		£
Core charitable activities		<u>8,823</u>

Support costs, included in the above, are as follows:

	2023	2022
	Core charitable activities	Total activities
	£	£
Auditors' remuneration – audit fee	<u>8,823</u>	<u>5,148</u>

11. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31st March 2023 nor for the year ended 31st March 2022.

Trustees' expenses

Trustee expenses, which are all subject to the charity's processes of internal controls, do not form part of the remuneration and are not included above. During the period, trustee expenses of £261 (2022: £129) were reimbursed to one trustee (2022: two trustees).

12. STAFF COSTS

		Group
	2023	2022
	£	£
Wages and salaries	394,818	298,591
Social security costs	36,837	29,493
Other pension costs	<u>15,551</u>	<u>14,709</u>
	<u>447,206</u>	<u>342,793</u>

The charity considers its key management personnel (in addition to the board of trustees) to be the CEO, programme managers and the third sector development manager. The total remuneration (including employer pension contributions) of the key management personnel was £172,706 (2022: £143,953).

The average monthly number of employees during the year was as follows:

	2023	2022
Staff	<u>14</u>	<u>12</u>

No employees received emoluments in excess of £60,000.

The average full time equivalent for the average number of employees is 11 (2022:10).

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31ST MARCH 2023

13. COMPARATIVES FOR THE CONSOLIDATED STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted fund £	Designated fund £	Restricted funds £	Total funds £
INCOME AND ENDOWMENTS FROM				
Donations and legacies	951	-	2	953
Charitable activities				
Core charitable activities	69,482	-	-	69,482
Grant charitable activities	-	-	1,205,542	1,205,542
Other trading activities	(289)	-	-	(289)
Investment income	<u>2</u>	<u>-</u>	<u>-</u>	<u>2</u>
Total	<u>70,146</u>	<u>-</u>	<u>1,205,544</u>	<u>1,275,690</u>
EXPENDITURE ON				
Charitable activities				
Core charitable activities	57,856	-	-	57,856
Grant charitable activities	<u>-</u>	<u>-</u>	<u>1,132,755</u>	<u>1,132,755</u>
Total	<u>57,856</u>	<u>-</u>	<u>1,132,755</u>	<u>1,190,611</u>
NET INCOME	12,290	-	72,789	85,079
Transfers between funds	<u>(20,237)</u>	<u>20,237</u>	<u>-</u>	<u>-</u>
Net movement in funds	(7,947)	20,237	72,789	85,079
RECONCILIATION OF FUNDS				
Total funds brought forward	<u>108,726</u>	<u>-</u>	<u>177,158</u>	<u>285,884</u>
TOTAL FUNDS CARRIED FORWARD	<u>100,779</u>	<u>20,237</u>	<u>249,947</u>	<u>370,963</u>

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31ST MARCH 2023

14. TANGIBLE FIXED ASSETS**Group and company:**

	Computer equipment £
COST	
At 1st April 2022	14,303
Disposals	(14,303)
At 31st March 2023	-
DEPRECIATION	
At 1st April 2022	14,303
Eliminated on disposal	(14,303)
At 31st March 2023	-
NET BOOK VALUE	
At 31st March 2023	-
At 31st March 2022	-

15. FIXED ASSET INVESTMENTS**Subsidiary undertaking: cost**

	2023 Group £	2022 Group £	2023 Charity £	2022 Charity £
Shine (Leeds) Limited	-	-	10	-
	-	-	10	-

16. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2023 Group £	2022 Group £	2023 Charity £	2022 Charity £
Grants, contracts and other funding due	48,344	81,140	46,844	81,140
Amount owed by group undertakings	-	-	11,140	-
Other debtors	-	182	-	182
Prepayments and accrued income	2,984	957	2,984	957
	51,328	82,279	60,968	82,279

17. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2023 Group £	2022 Group £	2023 Charity £	2022 Charity £
Creditors for ordinary activities	11,990	9,141	11,441	9,141
Taxation and social security	3,841	43,223	3,841	43,223
Other creditors including deferred income	39,249	204,980	31,689	204,980
	55,080	257,344	46,971	257,344

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31ST MARCH 2023

18. MOVEMENT IN FUNDS

	At 1/4/22 £	Net movement in funds £	Transfers between funds £	At 31/3/23 £
Unrestricted funds				
General fund	100,779	76,170	(3,772)	173,177
Designated funds - redundancy	20,237	-	3,772	24,009
	121,016	76,170	-	197,186
Restricted funds				
National Lottery Community Fund	13,050	(13,050)	-	-
CCG/PHM Programme/Dementia Friendly/Zurich Community Trust	58,110	(20,115)	-	37,995
Covid 19 Harm Minimisation/ Independent Age - Warm & Cosy	28,550	(8,000)	-	20,550
LCC Neighbourhood Network support	35,751	(33,068)	-	2,683
Leeds City Council - Neighbourhood Network	1,104	3,142	-	4,246
National Lottery Community Fund - Men's Health	95,915	(9,950)	-	85,965
Leeds Bereavement fund	910	(910)	-	-
NHS Charities Together	12,500	6,230	-	18,730
Leeds Community Foundation Self Harm	4,057	(906)	-	3,151
Leeds Community Healthcare / Leeds City Council - Enhance	-	27,406	-	27,406
DCMS - Be Online Stay Safe	-	24	-	24
LCC Household Support Fund	-	25,674	-	25,674
LCC Winter Most at Risk	-	82,000	-	82,000
LCF Ideas That Change Lives	-	711	-	711
DfT - Travel Connections	-	61,612	-	61,612
	249,947	120,800	-	370,747
TOTAL FUNDS	370,963	196,970	-	567,933

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	266,216	(190,046)	76,170
	266,216	(190,046)	76,170
Restricted funds			
National Lottery Community Fund	33,802	(46,852)	(13,050)
CCG/PHM Programme/Dementia Friendly/Zurich Community Trust	50,600	(70,715)	(20,115)
Covid 19 Harm Minimisation/ Independent Age - Warm & Cosy	20,000	(28,000)	(8,000)
LCC Neighbourhood Network support	-	(33,068)	(33,068)
Leeds City Council - Neighbourhood Network	23,276	(20,134)	3,142
National Lottery Community Fund - Men's Health	169,614	(179,564)	(9,950)
Leeds Bereavement fund	-	(910)	(910)
NHS Charities Together	12,500	(6,270)	6,230
Leeds Community Foundation Self Harm	-	(906)	(906)
Leeds Community Healthcare / Leeds City Council - Enhance	898,000	(870,594)	27,406
DCMS - Be Online Stay Safe	88,996	(88,972)	24
LCC Household Support Fund	149,190	(123,516)	25,674
LCC Winter Most at Risk	82,000	-	82,000

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31ST MARCH 2023

18. MOVEMENT IN FUNDS - continued

LCF Ideas That Change Lives	4,000	(3,289)	711
LCC Shine	24,000	(24,000)	-
DfT - Travel Connections	457,000	(395,388)	61,612
	<u>2,012,978</u>	<u>(1,892,178)</u>	<u>120,800</u>
TOTAL FUNDS	2,279,194	(2,082,224)	196,970

Comparatives for movement in funds

	At 1/4/21 £	Net movement in funds £	Transfers between funds £	At 31/3/22 £
Unrestricted funds				
General fund	108,726	12,290	(20,237)	100,779
Designated funds - redundancy	-	-	20,237	20,237
	108,726	12,290	-	121,016
Restricted funds				
National Lottery Community Fund	66,658	(53,608)	-	13,050
CCG/PHM Programme/Dementia Friendly/Zurich Community Trust	14,890	24,110	-	39,000
LCC International Day of Older People	1,204	(1,204)	-	-
Covid 19 Harm Minimisation/ Independent Age - Warm & Cosy	63,676	(35,126)	-	28,550
LCC Neighbourhood Network support	-	35,751	-	35,751
Leeds City Council	20,000	(18,896)	-	1,104
W G Edwards	1,900	(1,900)	-	-
Leeds City Council Dementia Friendly	8,830	10,280	-	19,110
National Lottery Community Fund - Men's Health	-	95,915	-	95,915
Leeds Bereavement fund	-	910	-	910
NHS Charities Together	-	12,500	-	12,500
Leeds Community Foundation Self Harm	-	4,057	-	4,057
	<u>177,158</u>	<u>72,789</u>	<u>-</u>	<u>249,947</u>
TOTAL FUNDS	<u>285,884</u>	<u>85,079</u>	<u>-</u>	<u>370,963</u>

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	70,146	(57,856)	12,290
Restricted funds			
National Lottery Community Fund - Time To Shine	791,229	(844,837)	(53,608)
CCG/PHM Programme/Dementia Friendly/Zurich Community Trust	39,000	(14,890)	24,110
LCC International Day of Older People	3,100	(4,304)	(1,204)
Men's Health	12,999	(12,999)	-
Covid 19 Response	56,375	(56,375)	-

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31ST MARCH 2023

18. MOVEMENT IN FUNDS - continued

Covid 19 Harm Minimisation/ Independent Age - Warm & Cosy	10,000	(45,126)	(35,126)
LCC Neighbourhood Network support	120,001	(84,250)	35,751
Leeds City Council	12,000	(30,896)	(18,896)
W G Edwards	-	(1,900)	(1,900)
Leeds City Council Dementia Friendly	31,600	(21,320)	10,280
National Lottery Community Fund - Men's Health	101,650	(5,735)	95,915
Leeds Bereavement fund	1,450	(540)	910
Harnessing the Power of Communities	4,000	(4,000)	-
NHS Charities Together	12,500	-	12,500
Leeds Community Foundation Self Harm	9,640	(5,583)	4,057
	<u>1,205,544</u>	<u>(1,132,755)</u>	<u>72,789</u>
TOTAL FUNDS	1,275,690	(1,190,611)	85,079

National Lottery Community Fund - Good Practice Mentor	Lottery funding to deliver an Ageing Better programme to reduce loneliness and social isolation for older people.
CCG/PHM Programme/Dementia Friendly/Zurich Community Trust	A programme focussed on progressing a Population Health Management approach to improve outcomes for people living with frailty.
Covid 19 Harm Minimisation/ Independent Age - Warm & Cosy	The delivery of the Older peoples COVID-19 grants programme to develop innovative approaches to deliver proactive and responsive actions for older people.
Hey Neighbour - Neighbourhood LCC Neighbourhood Network support	To provide small grants to Neighbourhood Networks to support work that responds to issues in the government's COVID-19 Response: Autumn and Winter Plan 2021.
Leeds City Council - Neighbourhood Network	To support peer learning, skills share and development opportunities for the Neighbourhood Networks within Leeds.
National Lottery Community Fund - Men's Health	To develop a city-wide network that supports men's health in Leeds. The project promotes the health needs of men across the city, celebrates activities to encourage wellbeing and tackle issues caused by social isolation.
Leeds Bereavement fund	To deliver creative-led workshops and individual creative actions with home-bound NN members.
NHS Charities Together	To develop and deliver a unique range of creative activities alongside older people to grow their confidence, reduce anxiety, reduce isolation and improve physical conditioning.
Leeds Community Foundation Self Harm	Raising awareness and tackling stigma around self-harm among older people and the people who work with them whilst collectively learning and creating a local knowledge base across a broad range of third sector partners.
Leeds Community Healthcare / Leeds City Council - Enhance	Enhance supports safe and sustainable discharge from hospital and LCH Neighbourhood Teams into a secure home environment. The programme links third sector organisations with Neighbourhood Teams and other agencies to avoid delayed discharges and readmissions for individuals, and to enhance capacity throughout the system.
DCMS - Be Online Stay Safe	To work with organisations supporting older people from culturally diverse backgrounds. Projects will support older people (aged 60+) from diverse communities to develop their media literacy skills and protect themselves from online disinformation.
LCC Household Support Fund	To fund organisations to support people struggling with the cost of living crisis by providing access to food and fuel.
LCC Winter Most at Risk	To fund organisations to work with older people offering wellbeing activities.
LCF Ideas That Change Lives	Business development funding for Shine magazine.
LCC Shine	Development and Delivery of Shine Magazine.
DfT - Travel Connections	Travel Connections explores how to improve transport options for older people with the aim of reducing isolation and loneliness.

19. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 31st March 2023.

20. TAXATION

The charitable company is exempt from corporation tax on its charitable activities by virtue of section 505 of the income and Corporation Taxes Act 1988.

21. PENSION AND OTHER POST-RETIREMENT BENEFITS

The charity operates a defined contribution pension plan for its employees. The amount recognised as an expense in the period was £15,551 (2022: £14,709)

LEEDS OLDER PEOPLE'S FORUM

CONSOLIDATED DETAILED STATEMENT OF FINANCIAL ACTIVITIES FOR THE YEAR ENDED 31ST MARCH 2023

	2023 £	2022 £
INCOME AND ENDOWMENTS		
Donations and legacies		
Gifts	323	953
Other trading activities		
Recharges	1,028	(289)
Magazine advertisement	2,800	-
Investment income		
Deposit account interest	-	2
Charitable activities		
Grants	2,033,282	1,205,542
Contracts	241,761	69,482
	<u>2,275,043</u>	<u>1,275,024</u>
Total incoming resources	2,279,194	1,275,690
EXPENDITURE		
Charitable activities		
Wages	394,818	298,591
Social security	36,837	29,493
Pensions	15,551	14,709
Rates and water	18,221	23,439
Insurance	2,960	2,324
Telephone	2,166	2,745
Equipment and materials	344	10
Room hire	2,439	3,671
Travel	2,773	1,775
Office and admin costs	35,612	33,047
Training	3,816	17,498
Refreshments	310	729
Other expenses	4,651	11,798
Freelance workers and consultants	46,118	55,974
IT costs	13,395	7,674
Direct project delivery costs	110,686	155,256
Website	1,040	4,948
Grants to institutions	1,380,091	521,782
Auditors' remuneration – non audit fees	1,573	-
	<u>2,073,401</u>	<u>1,185,463</u>
Support costs		
Governance costs		
Auditors' remuneration	8,823	5,148
Total resources expended	2,082,224	1,190,611
Net income/(expenditure)	196,970	85,079

**REPORT OF THE TRUSTEES AND
CONSOLIDATED FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31ST MARCH 2023
FOR
LEEDS OLDER PEOPLE'S FORUM**

Thomas Coombs Limited
Statutory Auditor
Chartered Accountants
3365 The Pentagon
Century Way
Thorpe Park
Leeds
West Yorkshire
LS15 8ZB

	Page
Reference and Administrative Details	1
Report of the Trustees	2 to 7
Report of the Independent Auditors	7 to 10
Consolidated Statement of Financial Activities	11
Balance Sheet – Consolidated & Charity	12
Consolidated Cash Flow Statement	13
Notes to the Cash Flow Statement	14
Notes to the Financial Statements	15 To 26
Detailed Statement of Financial Activities	27

LEEDS OLDER PEOPLE'S FORUM

REFERENCE AND ADMINISTRATIVE DETAILS FOR THE YEAR ENDED 31ST MARCH 2023

TRUSTEES

W K Rollinson
C Lawrence
J Welham
R J Harington
Dr D S Smith
S J Phillips
Dr S K Rait
R Koivunen (resigned 17/02/2022)
J P O'Dwyer
C J Mahoney
P M Gradys
I Anderson
K J Badon (appointed 14/07/2022)
C S McNamara (appointed 14/07/2022)

PRINCIPAL ADDRESS

24C Josephs Well
Hanover Walk
Leeds
LS3 1AB

REGISTERED CHARITY NUMBER

1191030

AUDITORS

Thomas Coombs Limited
Statutory Auditor
Chartered Accountants
3365 The Pentagon
Century Way
Thorpe Park
Leeds
West Yorkshire
LS15 8ZB

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31ST MARCH 2023

The trustees present their report with the financial statements of the charity for the year ended 31st March 2023. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

OBJECTIVES AND ACTIVITIES

Objectives and aims

The objects of the CIO are:

- The relief of older people in the Metropolitan District of Leeds (the area of benefit) and in particular the relief of poverty and the promotion of good health of older people, primarily, but not exclusively, by associating voluntary, statutory and other agencies and individuals in a support network.
- The advancement of the education of older people in the area of benefit in particular in relation to financial, health, housing, social and welfare entitlements.
- The advancement of the education of the public, and promotion of research concerning the needs of older people in relation to the provision of community care, and the publication of the usual results of such research.
- The promotion of the benefit of older people in the area of benefit without distinction of sex or political, religious or other opinion, by associating the statutory authorities, voluntary organisations and individuals in a common effort to provide educational, cultural, social welfare, recreational and leisure-time facilities, with the object of improving the conditions of life for older people.

In accordance with their duties pursuant to Section 4 of the Charities Act 2011, the Trustees have considered the Charity's objects and activities in light of the Charity Commission's general guidance on public benefit "Charities and Public Benefit".

Friendly Communities

Leeds Older People's Forum (LOPF) are one of the partners of Age Friendly Leeds with Leeds City Council. Each partner has developed clear roles. The LOPF role has been developed based on our strong community connections, our ability to engage with and capture the voices of older people of Leeds and our relationship with community organisations.

This work was funded by Leeds City Council and Leeds Clinical Commissioning Group.

Through our Friendly Communities Project we have delivered:

An Age Friendly Steering Group - This group meets on a monthly basis and consists of approximately 15 older people who are consulted on age friendly matters and who help to shape services for older people and help ensure the public realm is age friendly. The group have consulted on the redesign of the Leeds Train Station. The group have also worked on an intergenerational project with the Preservative Party and Leeds City Museum to generate the Overlooked Exhibition.

Age and Dementia Friendly Businesses: The Friendly Communities have created a resource pack for local business and organisations to become age and dementia friendly. There are 96 businesses signed up to this scheme, including Leeds Libraries who have an action plan to bring on all community libraries in Leeds. Momentum continues to gather. GP practices are starting to sign up and we recently delivered a very successful Wise Up To Ageism session to the staff at one of them as well as a Dementia Friends session.

Dementia Friendly Leeds - this is a campaign to raise awareness of dementia and make services more accessible. The aim is to ensure people who are living with dementia - along with their carers - remain an active part of the city and keep doing the things they enjoy. Our Friendly Communities team have created a listing of social opportunities for people living with dementia that is available on-line and kept up to date. We also share facilitation of the DEEP Group (Dementia Engagement and Empowerments Project) network.

Third Sector Support and Development

Leeds Older People's Forum is the infrastructure organisation in Leeds for third sector organisations and community groups working with older people. We aim to support these groups in a number of ways - through peer learning and good practice mentoring; development and support opportunities and grant making:

Good Practice Mentor and Peer Learning:

- Learning from our National Lottery funded, Time to Shine Programme has been documented in an easy-read catalogue of the

documents and products to be more accessible to the sector.

- Training sessions have been delivered to front-line staff on: social isolation and loneliness, co-production, person centred ways of working.
- Peer learning sessions facilitated to encourage further joint working and sharing of skills.

Development and support opportunities:

- Leeds Neighbourhood Networks: quarterly meetings were held with the Neighbourhood Networks with Leeds City Council. Meetings discussed issues relevant to the Networks and LOPF supported with issues raised in the intervening time, such as digital inclusion, funding and strategy. LOPF supported the ongoing evaluation of the Leeds Neighbourhood Networks by Sheffield Hallam University and were part of the core project team alongside Leeds City Council and Centre for Ageing Better.
- NHS Charities Together: LOPF secured funding to work with 4 Neighbourhood Network's to develop their local offer, in partnership with The Performance Ensemble.
- Being Online Safe and Secure (BOSS): LOPF was chosen as one of four partners on the Media Literacy Taskforce by the Department for Culture, Media and Sport (DCMS). As part of this work we have identified four organisations, working with culturally diverse older people, to support their media literacy skills and be safe on line.
- 1001 Stories: LOPF is collaborating with The Performance Ensemble to collect 1001 stories from older people in Leeds. To date we have almost 700 stories. The culmination of the collection will be a two week takeover of the Playhouse next year.
- Strategic representation: LOPF represents the third sector at a strategic level in Leeds, with representation on the Frailty Population Health Board, which is part of the Leeds Office of the Integrated Care Board. We also have represented our members at Integrated Care Steering Group; Community Health and Wellbeing Transformation Stakeholder Group; Intermediate Care Redesign Board and the Housing & Health Breakthrough Programme Board. This forms part of our work with Volition on the Forum Central partnership.

Grant making:

LOPF supported the third sector and older people by having a number of grant programmes as follows:

- The Household Support Fund was launched via our Forum Central Partnership with Volition. LOPF led on the development and oversight of this project which aimed to allocate £290,000 to third sector organisations to support those struggling with fuel and food costs over the winter period. We allocated funds to 60 community groups to support local people through this rolling grants programme.
- Healthy, warm and well grants are aimed at older people's organisations to help older people stay warm and well. We launched the fund in February 2023. We funded 18 organisations and groups to a total of £72,071, the following financial year.
- Warm and Cosy: LOPF secured funding from Independent Age to offer £1K grants to organisations supporting older people through the cost of living crisis.
- International Day of Older People: with funding from Leeds City Council and LOPF, we funded 13 organisations to celebrate International Day of Older People, with the theme of 'Celebrating Resilient Women'.

Enhance

The Enhance Programme was launched in May 2022. Funded largely by Leeds Community Healthcare the aim of the programme is to support people through a safe and sustainable discharge from hospital and Neighbourhood Teams into a secure home environment. The programme links 14 third sector delivery partners with Neighbourhood Teams and other agencies to avoid delayed discharges and readmissions for individuals, and to enhance capacity throughout the system.

The third sector delivery partners are:-

- Action for Gipton Elderly
- Armley Helping Hands
- Association of Blind Asians
- Age UK Leeds
- Burmantofts Senior Action
- Cross Gates & District Good Neighbours Scheme
- Feel Good Factor
- Health For All
- Leeds Irish Health & Homes
- Moor Allerton Elderly Care (MAECare)
- Older People's Action in the Locality (OPAL)
- Neighbourhood Elders Team - Garforth
- Seacroft Friends & Neighbours
- Care & Repair

In its first year the Enhance programme saw these 14 third sector delivery partners work with 10 Leeds Community Healthcare Neighbourhood Team work together to reach 404 people.

Enhance is a person centred, holistic approach and through the use of a before and after questionnaire process, participants returned an increased average score across physical, mental, and social health, as well as improvement to overall quality of life and reduced fatigue.

The first year evaluation report summary also highlighted that without the Enhance offer, clients would have fallen through gaps and not received the help they needed (e.g., repairs would remain outstanding, income remain unclaimed, prescribed exercise would not be maintained). This was particularly so for isolated clients with limited family support.

As this first year comes to a close we have received confirmation that Enhance will be funded for a 2nd year at the same level and we will work to carry the learning of year one with us as we shape year two

Men's Health Unlocked

Through our work on Men's Health Unlocked we aim to be a voice for men and boys; bring representation to the sector in the new commissioning landscape at sub-regional and local levels and develop, share and champion good practice, and raise awareness of men's health. In the last 9-12 months, we have:

- Consulted 700 men via street outreach, signposting over 200 to activities and services; engaged 136 men via 24 health awareness sessions, involving businesses, healthcare and community agencies
- Engaged 15 Men's Health Advocates, bringing lived experience, knowledge and passion into our project; recruited / supported 16 local business Manbassadors, sharing health messages with over 250 men
- Co-produced, with 12 marginalised men, 5 editions of a men's zine, containing 57 contributions from men; shared the zine (and built relationships) across 113 distributing organisations
- Hosted over 100 organisations (cumulative) via MHU network events
- Hosted presentations from organisations at 6 network meetings. representing diverse men including migrants, abuse victims, and offenders
- Raised awareness of men's health, and helped organisations to identify a collaborative opportunity with 85% of attendees at networking meetings
- Received over 250 hits per month to our men's activities directory; reached tens of thousands via our various social media channels; shared 14 MHU newsletters with over 200 contacts
- Hosted organisations representing diverse communities at network meetings including migrants, gypsy and traveller communities and offenders
- Hosted the following academics:
 - o Prof Ben Hine (parental separation)
 - o Dr Robin Hadley (Childless older men)
 - o Prof Alan White (All physical and mental health)
 - o Dr Mike Jestico (Measuring health and wellbeing)

Travel Connections

In May 2022 Leeds Older People's Forum received a one year grant of £447,500 from the Department for Transport's Tackling Loneliness with Transport fund. The principal aim of the Travel Connections programme was to test 11 different approaches under five themes. The first four themes - buses, taxis, active travel and community transport - explored how the vast network of existing transport resources in Leeds could be better used to reduce loneliness. The fifth theme - travel conversations - focussed on creating conversations between older people and decision makers so that older people's voices are heard at a strategic level.

Through our Travel Connections programme we delivered 11 pilot projects with 18 delivery partners, who delivered activities for a total of 909 people across the life of the programme. These were:

- Shine Magazine: A Grand Day Out, group outings on public transport with follow up articles in the magazine.
- AVSED / SJK Private Hire Vehicle Partnership - a local Neighbourhood Network working closely with a local private hire company to encourage their members to visit their community building.
- Travel Apps and Bus passes - delivered with Leeds Irish Health and Homes, Morley Digital, Cross Gates and District Good Neighbours Scheme, Holbeck Together, AGE UK Leeds, Your Backyard CIC with support from 100% Digital Leeds to deliver training on apps.
- Age and Dementia Friendly Taxi's - Leeds Older People's Friendly Community Team encouraged local private hire firms to sign up to our age and dementia friendly business scheme.

LEEDS OLDER PEOPLE'S FORUM

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31ST MARCH 2023

- The Conservation Volunteers (TCV) Hollybush ran the Great Outdoor programme supporting social walks based on local bus routes to great self-sustaining walking groups.
- Cycling with Confidence - LOPF staff encouraged people to cycle more with bike maintenance classes, guided cycle rides and Senior Spin classes.
- Bramley Elderly Action purchased a Happy Cab to use as a community vehicle, transporting people to their community hubs in Bramley and Headingley.
- Carers Leeds ran carers connecting group, supporting group outings for unpaid carers to make social connections they could maintain
- Aved Men's Matters offered men-only minibus trips bringing isolated older men together to enjoy banter and regular socials in the company of friendly peers and supportive staff.
- Cross Gates & District Good Neighbours Scheme offered Shared Outings - a programme of regular supported minibus trips to places of interest.
- Let's Talk Transport - local charities Feel Good Factor, Belle Isle Senior Action, Caring Together in Woodhouse and Little London, Cross Gates & District Good Neighbours' Scheme, MHA South Leeds and Burmantofts Senior Action - offered one to one and group support to talk about transport, develop confidence and share their experiences of transport.

Hey Neighbour

Funding from Leeds City Council, managed by LOPF and Forum Central, with support from Voluntary Action Leeds, enabled us to give local people, community groups and small organisations access to small grants of between £500 and £2,500. The funding was to encourage neighbourliness and improve well-being in communities and to get people to reconnect after Covid-19.

Projects used many innovative ways of bringing communities and people together. They used existing assets in communities such as venues, green spaces, skills, passions, volunteer time, existing networks and connections and donations of goods. 70 grants were awarded.

Shine

Shine magazine was created to allow us to gather and share the stories of older people and to create a tool that reduced loneliness and social isolation at a time when people were more at risk than ever of loneliness - lockdown.

As lockdown was lifted though, it was clear that the readers of the magazine wanted it to continue. However, funding the magazine after Time to Shine funding came to an end was challenging as production and distribution costs of this wonderful magazine are high.

Thanks to the support of Public Health, the Travel Connections Programme and Awards for all there have been 4 issues in this reported year, including a special Jubilee issue. Around 4000 of each of those issues have been distributed across the city through a network of third sector organisations whose assistance has been vital. Those organisations tell us that the magazine is a great tool for helping the to connect with the most socially isolated older people.

A group of older volunteer writers have been supported by Tom Bailey, the magazine editor, and the group have done a fabulous job of gathering the stories of Leeds older people and bringing them alive in print.

The future of the magazine as we reach the end of this reporting period is uncertain but we will ensure that the legacy of Shine magazine lives on, even if the print version cannot. The stories that older people have to share are too valuable for us to share them in any way we can.

Financial Review

The net surplus for the year was £196,970, including a net surplus of £76,170 on unrestricted funds and £120,800 on restricted funds. The company's total funds amounted to £567,933 (2022: £370,693) at 31st March 2023.

Investment policy

The Trustees have considered the most appropriate policy for the investment of funds and have decided that any funds that are held for immediate cash flow needs are held in cash or short term deposits. Any remaining funds can be held as a medium term investment.

Reserves policy

The charity takes a risk based approach in setting the level of reserves. A minimum level (lower band) and maximum level (upper band) of reserves is set and reserves are maintained between the lower and upper band limits. This ensures that the charity holds enough reserves for an orderly winding up if faced with unexpected closure, whilst also ensuring the charity does not maintain unnecessary high surplus reserves.

**REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31ST MARCH 2023**

The lower band level is set with reference to funds needed in order to conduct an orderly winding up of the Charity in the face of unexpected closure. This has been set at 6 months of operating costs plus redundancy and other known committed expenditure and equates to £65,800.

The upper level includes an allowance for any additional or designated items - specifically £20,000 contingency for unexpected cash flow considerations and £65,000 allocated for 1 year to maintain Forum Central activities running if replacement funding is needed. The upper band level has therefore been set at £150,800.

Actual free reserves are £173,177. This includes £11,150 surplus from our Shine subsidiary to be reinvested in Shine in 2023/24. The net figure of £162,027 is marginally above the upper limit, accordingly no specific action with regard to reserve levels is currently planned.

STRUCTURE, GOVERNANCE AND MANAGEMENT

The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective January 2015).

Leeds Older People's Forum (LOPF) is a Charitable Incorporated Organisation (CIO) (number 1191030). Its governing document is an Association Constitution.

The charity trustees shall manage the affairs of the CIO and may for that purpose exercise all the powers of the CIO. There must be at least six charity trustees. If the number falls below this minimum, the remaining trustee or trustees may act only to call a meeting of the charity trustees, or appoint a new charity trustee. The maximum number of charity trustees is 20. The charity trustees may not appoint any charity trustee if as a result the number of charity trustees would exceed the maximum. A minimum of 75% of the charity trustees must be older people. For the purpose of this Constitution, an older person is defined as a person aged 60 years of age and over.

At every annual general meeting of the members of the CIO, one-third of the charity trustees shall retire from office. If the number of charity trustees is not three or a multiple of three, then the number nearest to one-third shall retire from office. The charity trustees to retire by rotation shall be those who have been longest in office since their last appointment or reappointment. If any trustees were last appointed or reappointed on the same day those to retire shall (unless they otherwise agree among themselves) be determined by lot. At the first meeting of the trustees following the AGM the charity trustees shall elect a Chair, two Vice Chairs and a Treasurer from amongst their number.

LOPF's Board of Trustees meets on a bi-monthly basis, with additional monthly meetings of the LOPF Officers of the board.

The charity's finance sub committee convenes annually as the remuneration committee in order to review salary bandings and scale points of all employees (including key management personnel). The charity's pay scales align with the pay scales of the National Joint Council for Local Government Services, and any salary increases are in line with those negotiated by the National Joint Council for Local Government Services. The remuneration committee also undertakes benchmarking comparisons using an external benchmarking company with local government experience, to review all job roles against job descriptions and compare with similar roles across the 3rd sector to ensure pay is fair and reflective of the duties carried out by employees.

The board of trustees together with the CEO and senior management team are considered to be the key management personnel of the Charity.

STATEMENT OF TRUSTEES' RESPONSIBILITIES

The trustees are responsible for preparing the Report of the Trustees and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

The law applicable to charities in England and Wales, the Charities Act 2011, Charity (Accounts and Reports) Regulations 2008 and the provisions of the trust deed requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources, including the income and expenditure, of the charity for that period. In preparing those financial statements, the trustees are required to

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charity SORP;
- make judgements and estimates that are reasonable and prudent;

**REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31ST MARCH 2023**

- State whether applicable accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements.
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in business.

The trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charity and to enable them to ensure that the financial statements comply with the Charities Act 2011, the Charity (Accounts and Reports) Regulations 2008 and the provisions of the trust deed. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Approved by order of the board of trustees on 30th August 2023 and signed on its behalf by:

R J Harington - Trustee

REPORT OF THE INDEPENDENT AUDITORS TO THE TRUSTEES OF LEEDS OLDER PEOPLE'S FORUM

Opinion

We have audited the financial statements of Leeds Older People's Forum and its subsidiaries (the "group") for the year ended 31st March 2023 which comprise the Group Statement of Financial Activities, the Group and Charitable Company Balance Sheet, the Group Cash Flow Statement and notes to the financial statements, including significant accounting policies. The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

In our opinion the financial statements:

- give a true and fair view of the state of the group's and parent charity's affairs as at 31st March 2023, and of the group's incoming resources, including its income and expenditure, for the year then ended;
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice; and
- have been prepared in accordance with the requirements of the Charities Act 2011.

Basis for opinion

We conducted our audit in accordance with International Standards on Auditing (UK) (ISAs (UK)) and applicable law. Our responsibilities under those standards are further described in the Auditor's responsibilities for the audit of the financial statements section of our report. We are independent of the group and parent charity in accordance with the ethical requirements that are relevant to our audit of the financial statements in the UK, including the FRC's Ethical Standard, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

Conclusions relating to going concern

In auditing the financial statements, we have concluded that the trustees' use of the going concern basis of accounting in the preparation of the financial statements is appropriate.

Based on the work we have performed, we have not identified any material uncertainties relating to events or conditions that, individually or collectively, may cast significant doubt on the group's or parent charity's ability to continue as a going concern for a period of at least twelve months from when the financial statements are authorised for issue.

Our responsibilities and the responsibilities of the trustees with respect to going concern are described in the relevant sections of this report.

Other information

The other information comprises the information included in the trustees annual report, other than the financial statements and our auditor's report thereon. The trustees are responsible for the other information contained within the annual report. Our opinion on the financial statements does not cover the other information and, except to the extent otherwise explicitly stated in our report, we do not express any form of assurance conclusion thereon. Our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained in the course of the audit or otherwise appears to be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether this gives rise to a material misstatement in the financial statements themselves. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact.

We have nothing to report in this regard.

Matters on which we are required to report by exception

We have nothing to report in respect of the following matters in relation to which the Charities (Accounts and Reports) Regulations 2008 require us to report to you if, in our opinion:

- the information given in the financial statements is inconsistent in any material respect with the trustee's report; or
- sufficient accounting records have not been kept; or
- the financial statements are not in agreement with the accounting records and returns; or
- we have not received all the information and explanations we require for our audit.

Responsibilities of trustees

As explained more fully in the Statement of Trustees' Responsibilities, the trustees are responsible for the preparation of the financial statements which give a true and fair view, and for such internal control as the trustees determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, the trustees are responsible for assessing the charity's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the trustees either intend to liquidate the charity or to cease operations, or have no realistic alternative but to do so.

Our responsibilities for the audit of the financial statements

We have been appointed as auditor under section 151 of the Charities Act 2011 and report in accordance with regulations made under section 154 of that Act.

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an auditor's report that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with ISAs (UK) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

Irregularities, including fraud, are instances of non-compliance with laws and regulations. We design procedures in line with our responsibilities, outlined above, to detect material misstatements in respect of irregularities, including fraud. The extent to which our procedures are capable of detecting irregularities, including fraud is detailed below:

Our approach to identifying and assessing the risks of material misstatement in respect of irregularities, including fraud and non-compliance with laws and regulations, was as follows:

- skills to identify or recognise non-compliance with applicable laws and regulations.
- We identified the laws and regulations applicable to the charity through discussions with management, and from our commercial knowledge and experience of the sector.
- We focused on specific laws and regulations which we considered may have a direct material effect on the accounts of the operations of the Charity, including the Charities Act 2011.
- We assessed the extent of compliance with laws and regulations identified above through making enquiries of management and inspecting legal correspondence.
- Identified laws and regulations were communicated within the audit team regularly and the team remained alert to instances of non-compliance throughout the audit.

We assessed the susceptibility of the charity's financial statements to material misstatement, including obtaining an understanding of how fraud might occur, by:

- Making enquiries of management as to where they considered there was susceptibility to fraud, their knowledge of actual, suspected and alleged fraud.
- Considering the internal controls in place to mitigate risks of fraud and non-compliance with laws and regulations.

To address the risk of fraud through management bias and override of controls, we:

- Performed analytical procedures to identify any unusual or unexpected relationships.
- Identified and tested journal entries and identified any significant transactions that were unusual or outside the normal course of business.
- Investigated the rationale behind significant or unusual transactions.
- Challenged assumptions and judgements made by management in determining significant accounting estimates.

In response to the risk of irregularities and non-compliance with laws and regulations, we designed audit procedures which included, but were not limited to:

- Agreeing financial statements disclosures to underlying supporting documentation.
- Discussions with management of known or suspected instances of non-compliance with laws and regulations.
- Reading the minutes of meetings of those charged with governance.
- Reviewing correspondence with HMRC, relevant regulators including the Charities Commission and the charity's legal advisors.

At the completion stage of the audit, the engagement partner's review included ensuring that the team had approached their work with appropriate professional scepticism and thus the capacity to identify non-compliance with laws and regulations and fraud.

There are inherent limitations in the audit procedures described above and the further removed non-compliance of laws and regulations is from the events and transactions reflected in the financial statements, the less likely we would become aware of it. Also, the risk of not detecting a material misstatement relating to fraud is higher than the risk of not detecting one resulting from error, as fraud may involve deliberate concealment.

A further description of our responsibilities for the audit of the financial statements is located on the Financial Reporting Council's website at www.frc.org.uk/auditorsresponsibilities. This description forms part of our Report of the Independent Auditors.

REPORT OF THE INDEPENDENT AUDITORS TO THE TRUSTEES OF LEEDS OLDER PEOPLE'S FORUM

Use of our report

This report is made solely to the charity's trustees, as a body, in accordance with Part 4 of the Charities (Accounts and Reports) Regulations 2008. Our audit work has been undertaken so that we might state to the charity's trustees those matters we are required to state to them in an auditors' report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charity and the charity's trustees as a body, for our audit work, for this report, or for the opinions we have formed.

Christopher Darwin FCA (Senior Statutory Auditor)
For and on behalf of Thomas Coombs Limited
Statutory Auditor
Chartered Accountants
3365 The Pentagon
Century Way
Thorpe Park
Leeds
West Yorkshire
LS15 8ZB

Date: 30th August 2023

LEEDS OLDER PEOPLE'S FORUM

CONSOLIDATED STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 31ST MARCH 2023

	Notes	Unrestricted fund £	Designated fund £	Restricted funds £	2023 Total funds £	2022 Total funds £
INCOME AND ENDOWMENTS FROM						
Donations and legacies	2	323	-	-	323	953
Charitable activities	5					
Core charitable activities		262,065	-	-	262,065	69,482
Grant charitable activities		-	-	2,012,978	2,012,978	1,205,542
Other trading activities	3	1,028	-	-	1,028	(289)
Commercial trading operations	6	2,800	-	-	2,800	-
Investment income	4	-	-	-	-	2
Total		<u>266,216</u>	<u>-</u>	<u>2,012,978</u>	<u>2,279,194</u>	<u>1,275,690</u>
EXPENDITURE ON						
Charitable activities	7					
Core charitable activities		190,046	-	-	190,046	57,856
Grant charitable activities		-	-	1,892,178	1,892,178	1,132,755
Total		<u>190,046</u>	<u>-</u>	<u>1,892,178</u>	<u>2,082,224</u>	<u>1,190,611</u>
NET INCOME/(EXPENDITURE)		76,170	-	120,800	196,970	85,079
Transfers between funds	18	<u>(3,772)</u>	<u>3,772</u>	<u>-</u>	<u>-</u>	<u>-</u>
Net movement in funds		72,398	3,772	120,800	196,970	85,079
RECONCILIATION OF FUNDS						
Total funds brought forward		<u>100,779</u>	<u>20,237</u>	<u>249,947</u>	<u>370,963</u>	<u>285,884</u>
TOTAL FUNDS CARRIED FORWARD		<u><u>173,177</u></u>	<u><u>24,009</u></u>	<u><u>370,747</u></u>	<u><u>567,933</u></u>	<u><u>370,963</u></u>

LEEDS OLDER PEOPLE'S FORUM

CONSOLIDATED BALANCE SHEET
31ST MARCH 2023

		Group		Charity	
	Note	2023 £	2022 £	2023 £	2022 £
FIXED ASSETS					
Investments	15	-	-	10	-
CURRENT ASSETS					
Debtors	16	51,328	82,279	60,968	82,279
Cash at bank		571,685	546,028	553,926	546,028
		<u>623,013</u>	<u>628,307</u>	<u>614,894</u>	<u>628,307</u>
CREDITORS					
Amounts due within one year	17	(55,080)	(257,344)	(46,971)	(257,344)
NET CURRENT ASSETS		<u>567,933</u>	<u>370,963</u>	<u>567,933</u>	<u>370,963</u>
TOTAL ASSETS LESS CURRENT LIABILITIES		<u>567,933</u>	<u>370,963</u>	<u>567,933</u>	<u>370,963</u>
NET ASSETS		<u>567,933</u>	<u>370,963</u>	<u>567,933</u>	<u>370,963</u>
FUNDS					
Unrestricted funds	18	197,186	121,016	197,186	121,016
Restricted funds	18	370,747	249,947	370,747	249,947
		<u>567,933</u>	<u>370,963</u>	<u>567,933</u>	<u>370,963</u>
TOTAL FUNDS	18	<u>567,933</u>	<u>370,963</u>	<u>567,933</u>	<u>370,963</u>

The financial statements were approved by the Board of Trustees and authorised for issue on 30th August 2023 and were signed on its behalf by:

R J Harington - Trustee

LEEDS OLDER PEOPLE'S FORUM

CONSOLIDATED CASH FLOW STATEMENT
FOR THE YEAR ENDED 31ST MARCH 2023

	Notes	2023 £	2022 £
Cash flows from operating activities			
Cash generated from operations	1	<u>25,657</u>	<u>220,749</u>
Net cash (used in)/provided by operating activities		<u>25,657</u>	<u>220,749</u>
Cash flows from investing activities			
Interest received		-	2
Rent recharges		<u>-</u>	<u>(289)</u>
Net cash provided by/(used in) investing activities		<u>-</u>	<u>(287)</u>
		<u>-</u>	<u>-</u>
Change in cash and cash equivalents in the reporting period		25,657	220,462
Cash and cash equivalents at the beginning of the reporting period		<u>546,028</u>	<u>325,566</u>
Cash and cash equivalents at the end of the reporting period		<u>571,685</u>	<u>546,028</u>

**NOTES TO THE CONSOLIDATED CASH FLOW STATEMENT
FOR THE YEAR ENDED 31ST MARCH 2023**

1. RECONCILIATION OF NET INCOME TO NET CASH FLOW FROM OPERATING ACTIVITIES

	2023	2022
	£	£
Net income for the reporting period (as per the Statement of Financial Activities)	196,970	85,079
Adjustments for:		
Interest received	-	(2)
Rent recharges	-	289
Decrease/(increase) in debtors	30,951	(73,273)
(Decrease)/increase in creditors	(202,264)	208,656
Net cash (used in)/provided by operations	<u>25,657</u>	<u>220,749</u>

2. ANALYSIS OF CHANGES IN NET FUNDS

	At 1/4/22	Cash flow	At 31/3/23
	£	£	£
Net cash			
Cash at bank	<u>546,028</u>	<u>25,657</u>	<u>571,685</u>
Total	<u>546,028</u>	<u>25,657</u>	<u>571,685</u>

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charity, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Charities Act 2011. The financial statements have been prepared under the historical cost convention.

Consolidation

The consolidated accounts comprise the accounts of the charity and the subsidiary, Shine (Leeds) Limited for the year ended 31st March 2023. The accounts have been consolidated on a line-by-line basis. The Trustees have assessed the conditions for consolidating Shine (Leeds) Limited, and have determined that the control conditions for consolidation as set out in the Charities SORP are met. As such, the subsidiary has been included in these financial statements.

Going Concern

The financial statements have been prepared on a going concern basis as the trustees believe no material uncertainties exist. The trustees have considered the level of funds held and the expected level of income and expenditure for 12 months from authorising these financial statements. The budgeted income and expenditure is sufficient with the level of reserves for the charity to be able to continue as a going concern.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Grants and donations are only included in the SOFA when the charity has unconditional entitlement to the resources.

Where grants are related to performance and specific deliverables, they are accounted for as the charity earns the right to consideration by its performance.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Grants offered subject to conditions which have not been met at the year end date are noted as a commitment but not accrued as expenditure.

Tangible fixed assets

Tangible fixed assets are stated at cost less accumulated depreciation. Cost includes costs directly attributable to making the asset capable of operating as intended.

Depreciation is provided at rates calculated to write off the cost, less estimated residual value, of each asset over its useful life, as follows:

Computer equipment	- 25% straight line
--------------------	---------------------

Taxation

The charity is exempt from tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31ST MARCH 2023

1. ACCOUNTING POLICIES - continued**Pension costs and other post-retirement benefits**

The charity operates a defined contribution pension scheme. Contributions payable to the charity's pension scheme are charged to the Statement of Financial Activities in the period to which they relate.

Pensions

The charity operates a defined pension contribution scheme for the benefit of its employees. The costs of contributions are recognised in the year they are payable.

Debtors and creditors receivable/payable within one year

Debtors and creditors with no stated interest rate and receivable or payable within one year are recorded at transaction price. Any losses arising from impairment are recognised in expenditure.

2. DONATIONS AND LEGACIES

	Group	
	2023	2022
	£	£
Gifts	<u>323</u>	<u>953</u>

3. OTHER TRADING ACTIVITIES

	Group	
	2023	2022
	£	£
Fundraising events	<u>1,028</u>	<u>(289)</u>

4. INVESTMENT INCOME

	Group	
	2023	2022
	£	£
Deposit account interest	<u>-</u>	<u>2</u>

5. CHARITABLE ACTIVITIES

	Group			
	2023		2022	
	Core charitable activities £	Grant making activities £	Total activities £	Total activities £
Grants	20,304	2,012,978	2,033,282	1,205,542
Contracts	<u>241,761</u>	<u>-</u>	<u>241,761</u>	<u>69,482</u>
	<u>262,065</u>	<u>2,012,978</u>	<u>2,275,043</u>	<u>1,275,024</u>

Grants received, included in the above, are as follows:

	2023	2022
	£	£
National Lottery Community Fund	-	791,229
Covid 19 Response	-	56,375
LCC International Day of Older People	3,600	3,100
Leeds City Council Support Officer Grant	-	12,000
Covid 19 Harm Minimisation	-	10,000
LCC Neighbourhood Network Support	23,275	120,000
Leeds City Council Dementia Friendly	50,600	31,600
National Lottery Community Fund - Men's Health	170,114	114,648
Leeds Bereavement fund	<u>-</u>	<u>1,450</u>
Carried forward	247,589	1,140,402

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31ST MARCH 2023

5. INCOME FROM CHARITABLE ACTIVITIES - continued

	2023	2022
	£	£
Brought forward	247,589	1,140,402
Harnessing the Power of Communities	-	4,000
NHS Charities Together	12,500	12,500
Leeds Community Foundation Self Harm	-	9,640
CCG/PHM – Age Friendly Programme	-	39,000
Leeds Community Healthcare / Leeds City Council - Enhance	898,000	-
DCMS – Be Online Stay Safe	89,000	-
National Lottery Community Fund - Good Practice Mentor	33,803	-
LCF Ideas That Change Lives	4,000	-
DfT – Travel Connections	457,000	-
LCC Winter Most at Risk	82,000	-
LCC Household Support Fund	149,190	-
LCC Shine	24,000	-
Blacks Solicitors	1,000	-
Independent Age – Warm & Cosy	20,000	-
LCC – Business Support	1,000	-
Luminate – Leeds City College	450	-
University of Leeds	3,750	-
Awards for All	10,000	-
	<u>2,033,282</u>	<u>1,205,542</u>

6. COMMERCIAL TRADING OPERATIONS

The charity has one wholly-owned subsidiary, Shine (Leeds) Limited (Company No. 13788870), which carries on commercial activities that are ancillary to the operation of the charity.

A summary of the trading results of the subsidiary is shown below:

	2023	2022
	£	£
Turnover	51,300	-
Administrative costs	(40,150)	-
Operating profit	<u>11,150</u>	<u>-</u>
Gift aid obligation and donations to charity	(11,150)	-
Retain in subsidiary	<u>-</u>	<u>-</u>

The turnover is reflected in the consolidated income as £2,800 trading and £10,000 grant income. Grants of £38,500 were received by Shine (Leeds) Limited in the year from Leeds Older People's Forum. These grants are not included in consolidated income for the year ended 31st March 2023.

7. CHARITABLE ACTIVITIES COSTS

	Direct Costs (see note 8)	Grant funding of activities (see note 9)	Support costs (see note 10)	Group Totals
	£	£	£	£
Core charitable activities	177,673	3,550	8,823	190,046
Grant charitable activities	504,637	1,387,541	-	1,892,178
	<u>682,310</u>	<u>1,391,091</u>	<u>8,823</u>	<u>2,082,224</u>

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31ST MARCH 2023

8. DIRECT COSTS OF CHARITABLE ACTIVITIES

Core charitable activities	Group 2023 Unrestricted funds £	2023 Restricted funds £	2023 Total funds £	2022 Total Funds £
Staff costs	138,769	-	138,769	41,824
Rent, rates and utilities	2,906	-	2,906	1,407
Insurance	2,960	-	2,960	2,324
Telephone	1,537	-	1,537	2,135
Equipment and materials	344	-	344	-
Room hire	1,439	-	1,439	-
Travel	1,122	-	1,122	-
Office and admin costs	(1,453)	-	(1,453)	(14,977)
Training	2,005	-	2,005	50
Refreshments	115	-	115	9
Other expenses	3,239	-	3,239	5,201
Freelance workers and consultants	26,880	-	26,880	10,899
IT Costs	8,538	-	8,538	3,869
Direct project delivery costs	(2,341)	-	(2,341)	-
Website	1,040	-	1,040	-
Grants to institutions	(11,000)	-	(11,000)	-
Auditors' remuneration – non audit fees	1,573	-	1,573	-
	177,673	-	177,673	52,708
Grant making activities	Group 2023 Unrestricted funds £	2023 Restricted funds £	2023 Total funds £	2022 Total Funds £
Staff costs	-	308,437	308,437	300,970
Rent, rates and utilities	-	15,315	15,315	22,031
Telephone	-	629	629	609
Equipment and materials	-	-	-	10
Room hire	-	1,001	1,001	3,672
Travel	-	1,651	1,651	1,775
Office and admin costs	-	37,064	37,064	48,024
Training	-	1,811	1,811	17,448
Refreshments	-	195	195	720
Other expenses	-	1,412	1,412	6,597
Freelance workers and consultants	-	19,238	19,238	45,075
IT Costs	-	4,857	4,857	3,838
Direct project delivery costs	-	113,027	113,027	155,256
Website	-	-	-	4,948
	-	504,637	504,637	610,973

9. GRANTS PAYABLE

	2023 £	2022 £
Core charitable activities	3,550	-
Grant charitable activities	1,387,541	521,782
	1,391,091	521,782

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31ST MARCH 2023

9. GRANTS PAYABLE - continued

The total grants paid to institutions during the year was as follows:

	2023	Group
	£	2022
		£
Enhance	870,594	-
Travel Connect	187,700	-
National Lottery Community Fund – Men’s Health	128,258	-
LCC Household Support Fund	117,109	-
DCMS – Stay Safe Online	48,500	-
Covid 19 Harm Minimisation/Independent Age – Warm & Cosy	28,000	-
Neighbourhood Networks Covid 19 Response	5,040	65,758
International Day of Older People	3,550	3,750
NHS Charities	2,340	-
Big Lottery fund - Time to Shine	-	387,851
Covid 19 Response	-	51,573
Covid 19 Harm Minimisation	-	12,850
	<u>1,391,091</u>	<u>521,782</u>

Enhance	Grants were made to organisations to support older people coming out of hospital to prevent their readmission; or to support people with health problems and avoid hospital admission.
Travel Connect	Grants were made to organisations to support older people to use a variety of transport methods to reduce isolation and loneliness.
National Lottery Community Fund – Men’s Health	Grants were made to organisations to support men in ways which would improve their health.
LCC Household Support Fund	Grants were made to organisations to support people experiencing hardship as a result of the cost of living increases, with food and fuel.
DCMS – Stay Safe Online	Grants were made to organisations in Leeds supporting culturally diverse older people to understand media literacy and how to maintain their safety on-line.
Covid 19 Harm Minimisation/Independent Age – Warm & Cosy	Grants were made to organisations to support older people experiencing hardship as a result of the cost of living crisis.
Neighbourhood Networks Covid 19 Response - Hey Neighbour	The grant made was to support Neighbourhood Networks through the Covid 19 crisis.
International Day of Older People	The grants made was to run the International Day of Older People across Leeds through engagement with Leeds partners.
NHS Charities Together	Grants were made to organisations to deliver creative, artistic sessions for people experiencing health inequalities.
Big Lottery fund - Time to Shine	The grants made to these organisations was aimed at improving the quality of life and wellbeing of older people.
Covid 19 Response	The grants made to these organisations was to help support communities through Covid 19.
Covid 19 Harm Minimisation	The grants made to these organisations was to help support communities through Covid 19.

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31ST MARCH 2023

10. SUPPORT COSTS

		Governance costs
		£
Core charitable activities		<u>8,823</u>

Support costs, included in the above, are as follows:

	2023	2022
	Core charitable activities	Total activities
	£	£
Auditors' remuneration – audit fee	<u>8,823</u>	<u>5,148</u>

11. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31st March 2023 nor for the year ended 31st March 2022.

Trustees' expenses

Trustee expenses, which are all subject to the charity's processes of internal controls, do not form part of the remuneration and are not included above. During the period, trustee expenses of £261 (2022: £129) were reimbursed to one trustee (2022: two trustees).

12. STAFF COSTS

		Group
	2023	2022
	£	£
Wages and salaries	394,818	298,591
Social security costs	36,837	29,493
Other pension costs	<u>15,551</u>	<u>14,709</u>
	<u>447,206</u>	<u>342,793</u>

The charity considers its key management personnel (in addition to the board of trustees) to be the CEO, programme managers and the third sector development manager. The total remuneration (including employer pension contributions) of the key management personnel was £172,706 (2022: £143,953).

The average monthly number of employees during the year was as follows:

	2023	2022
Staff	<u>14</u>	<u>12</u>

No employees received emoluments in excess of £60,000.

The average full time equivalent for the average number of employees is 11 (2022:10).

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31ST MARCH 2023

13. COMPARATIVES FOR THE CONSOLIDATED STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted fund £	Designated fund £	Restricted funds £	Total funds £
INCOME AND ENDOWMENTS FROM				
Donations and legacies	951	-	2	953
Charitable activities				
Core charitable activities	69,482	-	-	69,482
Grant charitable activities	-	-	1,205,542	1,205,542
Other trading activities	(289)	-	-	(289)
Investment income	<u>2</u>	<u>-</u>	<u>-</u>	<u>2</u>
Total	<u>70,146</u>	<u>-</u>	<u>1,205,544</u>	<u>1,275,690</u>
EXPENDITURE ON				
Charitable activities				
Core charitable activities	57,856	-	-	57,856
Grant charitable activities	<u>-</u>	<u>-</u>	<u>1,132,755</u>	<u>1,132,755</u>
Total	<u>57,856</u>	<u>-</u>	<u>1,132,755</u>	<u>1,190,611</u>
NET INCOME	12,290	-	72,789	85,079
Transfers between funds	<u>(20,237)</u>	<u>20,237</u>	<u>-</u>	<u>-</u>
Net movement in funds	(7,947)	20,237	72,789	85,079
RECONCILIATION OF FUNDS				
Total funds brought forward	<u>108,726</u>	<u>-</u>	<u>177,158</u>	<u>285,884</u>
TOTAL FUNDS CARRIED FORWARD	<u>100,779</u>	<u>20,237</u>	<u>249,947</u>	<u>370,963</u>

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31ST MARCH 2023

14. TANGIBLE FIXED ASSETS**Group and company:**

	Computer equipment £
COST	
At 1st April 2022	14,303
Disposals	(14,303)
At 31st March 2023	-
DEPRECIATION	
At 1st April 2022	14,303
Eliminated on disposal	(14,303)
At 31st March 2023	-
NET BOOK VALUE	
At 31st March 2023	-
At 31st March 2022	-

15. FIXED ASSET INVESTMENTS**Subsidiary undertaking: cost**

	2023 Group £	2022 Group £	2023 Charity £	2022 Charity £
Shine (Leeds) Limited	-	-	10	-
	-	-	10	-

16. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2023 Group £	2022 Group £	2023 Charity £	2022 Charity £
Grants, contracts and other funding due	48,344	81,140	46,844	81,140
Amount owed by group undertakings	-	-	11,140	-
Other debtors	-	182	-	182
Prepayments and accrued income	2,984	957	2,984	957
	51,328	82,279	60,968	82,279

17. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2023 Group £	2022 Group £	2023 Charity £	2022 Charity £
Creditors for ordinary activities	11,990	9,141	11,441	9,141
Taxation and social security	3,841	43,223	3,841	43,223
Other creditors including deferred income	39,249	204,980	31,689	204,980
	55,080	257,344	46,971	257,344

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31ST MARCH 2023

18. MOVEMENT IN FUNDS

	At 1/4/22 £	Net movement in funds £	Transfers between funds £	At 31/3/23 £
Unrestricted funds				
General fund	100,779	76,170	(3,772)	173,177
Designated funds - redundancy	20,237	-	3,772	24,009
	121,016	76,170	-	197,186
Restricted funds				
National Lottery Community Fund	13,050	(13,050)	-	-
CCG/PHM Programme/Dementia Friendly/Zurich Community Trust	58,110	(20,115)	-	37,995
Covid 19 Harm Minimisation/ Independent Age - Warm & Cosy	28,550	(8,000)	-	20,550
LCC Neighbourhood Network support	35,751	(33,068)	-	2,683
Leeds City Council - Neighbourhood Network	1,104	3,142	-	4,246
National Lottery Community Fund - Men's Health	95,915	(9,950)	-	85,965
Leeds Bereavement fund	910	(910)	-	-
NHS Charities Together	12,500	6,230	-	18,730
Leeds Community Foundation Self Harm	4,057	(906)	-	3,151
Leeds Community Healthcare / Leeds City Council - Enhance	-	27,406	-	27,406
DCMS - Be Online Stay Safe	-	24	-	24
LCC Household Support Fund	-	25,674	-	25,674
LCC Winter Most at Risk	-	82,000	-	82,000
LCF Ideas That Change Lives	-	711	-	711
DfT - Travel Connections	-	61,612	-	61,612
	249,947	120,800	-	370,747
TOTAL FUNDS	370,963	196,970	-	567,933

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	266,216	(190,046)	76,170
	266,216	(190,046)	76,170
Restricted funds			
National Lottery Community Fund	33,802	(46,852)	(13,050)
CCG/PHM Programme/Dementia Friendly/Zurich Community Trust	50,600	(70,715)	(20,115)
Covid 19 Harm Minimisation/ Independent Age - Warm & Cosy	20,000	(28,000)	(8,000)
LCC Neighbourhood Network support	-	(33,068)	(33,068)
Leeds City Council - Neighbourhood Network	23,276	(20,134)	3,142
National Lottery Community Fund - Men's Health	169,614	(179,564)	(9,950)
Leeds Bereavement fund	-	(910)	(910)
NHS Charities Together	12,500	(6,270)	6,230
Leeds Community Foundation Self Harm	-	(906)	(906)
Leeds Community Healthcare / Leeds City Council - Enhance	898,000	(870,594)	27,406
DCMS - Be Online Stay Safe	88,996	(88,972)	24
LCC Household Support Fund	149,190	(123,516)	25,674
LCC Winter Most at Risk	82,000	-	82,000

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31ST MARCH 2023

18. MOVEMENT IN FUNDS - continued

LCF Ideas That Change Lives	4,000	(3,289)	711
LCC Shine	24,000	(24,000)	-
DfT - Travel Connections	457,000	(395,388)	61,612
	<u>2,012,978</u>	<u>(1,892,178)</u>	<u>120,800</u>
TOTAL FUNDS	2,279,194	(2,082,224)	196,970

Comparatives for movement in funds

	At 1/4/21 £	Net movement in funds £	Transfers between funds £	At 31/3/22 £
Unrestricted funds				
General fund	108,726	12,290	(20,237)	100,779
Designated funds - redundancy	-	-	20,237	20,237
	108,726	12,290	-	121,016
Restricted funds				
National Lottery Community Fund	66,658	(53,608)	-	13,050
CCG/PHM Programme/Dementia Friendly/Zurich Community Trust	14,890	24,110	-	39,000
LCC International Day of Older People	1,204	(1,204)	-	-
Covid 19 Harm Minimisation/ Independent Age - Warm & Cosy	63,676	(35,126)	-	28,550
LCC Neighbourhood Network support	-	35,751	-	35,751
Leeds City Council	20,000	(18,896)	-	1,104
W G Edwards	1,900	(1,900)	-	-
Leeds City Council Dementia Friendly	8,830	10,280	-	19,110
National Lottery Community Fund - Men's Health	-	95,915	-	95,915
Leeds Bereavement fund	-	910	-	910
NHS Charities Together	-	12,500	-	12,500
Leeds Community Foundation Self Harm	-	4,057	-	4,057
	<u>177,158</u>	<u>72,789</u>	<u>-</u>	<u>249,947</u>
TOTAL FUNDS	<u>285,884</u>	<u>85,079</u>	<u>-</u>	<u>370,963</u>

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	70,146	(57,856)	12,290
Restricted funds			
National Lottery Community Fund - Time To Shine	791,229	(844,837)	(53,608)
CCG/PHM Programme/Dementia Friendly/Zurich Community Trust	39,000	(14,890)	24,110
LCC International Day of Older People	3,100	(4,304)	(1,204)
Men's Health	12,999	(12,999)	-
Covid 19 Response	56,375	(56,375)	-

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31ST MARCH 2023

18. MOVEMENT IN FUNDS - continued

Covid 19 Harm Minimisation/ Independent Age - Warm & Cosy	10,000	(45,126)	(35,126)
LCC Neighbourhood Network support	120,001	(84,250)	35,751
Leeds City Council	12,000	(30,896)	(18,896)
W G Edwards	-	(1,900)	(1,900)
Leeds City Council Dementia Friendly	31,600	(21,320)	10,280
National Lottery Community Fund - Men's Health	101,650	(5,735)	95,915
Leeds Bereavement fund	1,450	(540)	910
Harnessing the Power of Communities	4,000	(4,000)	-
NHS Charities Together	12,500	-	12,500
Leeds Community Foundation Self Harm	9,640	(5,583)	4,057
	<u>1,205,544</u>	<u>(1,132,755)</u>	<u>72,789</u>
TOTAL FUNDS	1,275,690	(1,190,611)	85,079

National Lottery Community Fund - Good Practice Mentor	Lottery funding to deliver an Ageing Better programme to reduce loneliness and social isolation for older people.
CCG/PHM Programme/Dementia Friendly/Zurich Community Trust	A programme focussed on progressing a Population Health Management approach to improve outcomes for people living with frailty.
Covid 19 Harm Minimisation/ Independent Age - Warm & Cosy	The delivery of the Older peoples COVID-19 grants programme to develop innovative approaches to deliver proactive and responsive actions for older people.
Hey Neighbour - Neighbourhood LCC Neighbourhood Network support	To provide small grants to Neighbourhood Networks to support work that responds to issues in the government's COVID-19 Response: Autumn and Winter Plan 2021.
Leeds City Council - Neighbourhood Network	To support peer learning, skills share and development opportunities for the Neighbourhood Networks within Leeds.
National Lottery Community Fund - Men's Health	To develop a city-wide network that supports men's health in Leeds. The project promotes the health needs of men across the city, celebrates activities to encourage wellbeing and tackle issues caused by social isolation.
Leeds Bereavement fund	To deliver creative-led workshops and individual creative actions with home-bound NN members.
NHS Charities Together	To develop and deliver a unique range of creative activities alongside older people to grow their confidence, reduce anxiety, reduce isolation and improve physical conditioning.
Leeds Community Foundation Self Harm	Raising awareness and tackling stigma around self-harm among older people and the people who work with them whilst collectively learning and creating a local knowledge base across a broad range of third sector partners.
Leeds Community Healthcare / Leeds City Council - Enhance	Enhance supports safe and sustainable discharge from hospital and LCH Neighbourhood Teams into a secure home environment. The programme links third sector organisations with Neighbourhood Teams and other agencies to avoid delayed discharges and readmissions for individuals, and to enhance capacity throughout the system.
DCMS - Be Online Stay Safe	To work with organisations supporting older people from culturally diverse backgrounds. Projects will support older people (aged 60+) from diverse communities to develop their media literacy skills and protect themselves from online disinformation.
LCC Household Support Fund	To fund organisations to support people struggling with the cost of living crisis by providing access to food and fuel.
LCC Winter Most at Risk	To fund organisations to work with older people offering wellbeing activities.
LCF Ideas That Change Lives	Business development funding for Shine magazine.
LCC Shine	Development and Delivery of Shine Magazine.
DfT - Travel Connections	Travel Connections explores how to improve transport options for older people with the aim of reducing isolation and loneliness.

19. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 31st March 2023.

20. TAXATION

The charitable company is exempt from corporation tax on its charitable activities by virtue of section 505 of the income and Corporation Taxes Act 1988.

21. PENSION AND OTHER POST-RETIREMENT BENEFITS

The charity operates a defined contribution pension plan for its employees. The amount recognised as an expense in the period was £15,551 (2022: £14,709)

LEEDS OLDER PEOPLE'S FORUM

CONSOLIDATED DETAILED STATEMENT OF FINANCIAL ACTIVITIES FOR THE YEAR ENDED 31ST MARCH 2023

	2023 £	2022 £
INCOME AND ENDOWMENTS		
Donations and legacies		
Gifts	323	953
Other trading activities		
Recharges	1,028	(289)
Magazine advertisement	2,800	-
Investment income		
Deposit account interest	-	2
Charitable activities		
Grants	2,033,282	1,205,542
Contracts	241,761	69,482
	<u>2,275,043</u>	<u>1,275,024</u>
Total incoming resources	2,279,194	1,275,690
EXPENDITURE		
Charitable activities		
Wages	394,818	298,591
Social security	36,837	29,493
Pensions	15,551	14,709
Rates and water	18,221	23,439
Insurance	2,960	2,324
Telephone	2,166	2,745
Equipment and materials	344	10
Room hire	2,439	3,671
Travel	2,773	1,775
Office and admin costs	35,612	33,047
Training	3,816	17,498
Refreshments	310	729
Other expenses	4,651	11,798
Freelance workers and consultants	46,118	55,974
IT costs	13,395	7,674
Direct project delivery costs	110,686	155,256
Website	1,040	4,948
Grants to institutions	1,380,091	521,782
Auditors' remuneration – non audit fees	1,573	-
	<u>2,073,401</u>	<u>1,185,463</u>
Support costs		
Governance costs		
Auditors' remuneration	8,823	5,148
Total resources expended	2,082,224	1,190,611
Net income/(expenditure)	196,970	85,079