

Charity number: 1191016

**HOLDING ON LETTING GO**  
**UNAUDITED**  
**TRUSTEES' REPORT AND FINANCIAL STATEMENTS**  
**FOR THE YEAR ENDED 31 MARCH 2025**

## HOLDING ON LETTING GO

### REFERENCE AND ADMINISTRATIVE DETAILS OF THE CHARITY, ITS TRUSTEES AND ADVISERS FOR THE YEAR ENDED 31 MARCH 2025

<b>Trustees</b>	M Gallagher, Chair K Trevelyan A Turner B Downton S Bolland J Bowles
<b>Charity registered number</b>	1191016
<b>Principal office</b>	Wisdom Hospice High Bank Rochester Kent ME1 2NU
<b>Chief executive officer</b>	J Tobin
<b>Accountants</b>	Keswick Accountancy Ltd. Chartered Accountants 16 Hawkwood Maidstone Kent ME16 0JQ

## HOLDING ON LETTING GO

# TRUSTEES' REPORT FOR THE YEAR ENDED 31 MARCH 2025

The Trustees present their annual report together with the financial statements of the Charity for the year from **1 April 2024 to 31 March 2025**.

## Objectives and activities

### a. Policies and objectives

To promote the relief in need and protect the health of bereaved children and young persons' up to their 18th birthday in the Kent area by provision of support, including those affected by anticipatory grief.

In setting objectives and planning for activities, the Trustees have given due consideration to general guidance published by the Charity Commission relating to public benefit, including the guidance *Public benefit: running a charity (PB2)*.

### b. Activities

Holding On Letting Go has now been operational as a CIO for **four years** following its conversion from an Unincorporated Charitable Trust to a CIO in August 2020. The activities, assets and liabilities of the unincorporated charity (registration number 1103835) were transferred on 14 October 2020.

Holding On Letting Go benefits the public by providing bereavement support to children, young people and their families in Kent and the South East London Boroughs of Bromley, Bexley and parts of Greenwich.

The Charity **continues its face-to-face weekend work**, alongside the training of staff, volunteers and other professionals who support bereaved families, including those experiencing anticipatory grief. A range of creative and flexible approaches continue to be offered, including in-person small group work, parent groups, one-day events, and tailored support. These activities enable the Charity to respond effectively to referrals and provide timely support to children, young people and families.

We also work **within schools, providing one-to-one support, and directly with families, including those at the pre-bereavement stage**. Additionally, we hold regular Bereavement Cafés, where parents and carers can meet, share experiences, and connect with others in a supportive environment."

## Achievements and performance

### a. Main achievements of the Charity

Fundraising has been **considerably more successful during the year**, with the Charity securing a range of grants, donations and *Charity of the Year* partnerships. The staff team has continued to demonstrate creativity and commitment, developing novel and engaging fundraising ideas. The Charity has also been well supported by individual and family-led fundraising events, alongside community and sporting activities, all of which have contributed significantly to sustaining and strengthening operations.

We are immensely grateful for the ongoing support of our valued corporate partners, community organisations and charitable collaborations, which have significantly contributed to our work throughout the year.

### Corporate Support

We are deeply grateful for the continued support from our valued corporate partners, whose contributions have been instrumental in sustaining our work:

- KIMS Hospital
- Ascot Insurance
- Civil Service Insurance Society

## **HOLDING ON LETTING GO**

- Gaslec
- Downton Ali
- Izzy PR
- Mivvy Creative
- Memoria Faversham Crematorium
- Girlings Solicitors
- Pentland Homes
- John Weir Funeral Directors
- Amazon – Practical / Resources donations
- Dunelm – Christmas Gifts

## **Community Support**

The generosity of local community organisations has played a vital role in our fundraising efforts. We extend our sincere thanks to:

- Local Masonic Lodges
- Rotary Clubs in Medway, Chatham
- Local crafting groups for selecting us as their chosen charity
- New Romney Town Council
- Rotary Club of Romney Marsh
- Romney Marsh District Scouts
- The Dixon Family
- Walmer Baptist Church Craft Group
- Weald of Kent Rotary Club
- St. Michael's School, Otford
- Caterham School

## **Grant Funding**

We gratefully acknowledge the grant funding provided by:

- The BNI Charitable Foundation
- The Openwork Foundation
- The Chapman Trust
- Tesco Groundwork
- Albert Hunt

## HOLDING ON LETTING GO

- Asda Community Fund
- Cantiacorum Foundation
- Co-op Local Community Fund 2023-2024
- National Lottery
- Kent Community Foundation
- Wards Estate Agents Charity Fund
- Whitehead Monckton Charitable Foundation
- Other generous funders who have supported our mission

### Collaborations with Other Charities

We continue to foster collaborative relationships with other organisations across Kent, including Abigail's Footsteps, Demelza and Wisdom Hospice, enhancing the collective impact of our work.

### Review of Activities and Achievements

Between April 2024 and March 2025, Holding On Letting Go continued to deliver vital bereavement support services to children, young people, and families across Kent and Medway. During this period, we supported 376 children and families through a range of interventions, including 171 children and 85 parents/carers attending our specialist bereavement support weekends held in Sittingbourne, Wrotham, Sheppey, Bexley, and Thanet.

In addition, we provided pre-bereavement support to 24 families and post-bereavement one-to-one support to 15 children and young people. Our work in schools expanded significantly, with partnerships in 25 new schools offering both group and individual support. Peer group sessions were delivered in settings such as Highstead Grammar School, where 43 students participated, and Tonbridge School, supporting four students.

### Training and Outreach

Volunteer development remained a priority, with 53 volunteers receiving safeguarding and specialist training, including sessions on traumatic death and baby loss. We also delivered 10 bespoke external training events to professionals in health, social services, fostering teams, and education settings, focusing on young people's mental health and wellbeing following bereavement.

Our Bereavement Café supported 18 parents/carers and 11 children and young people, while two large-scale reconnection events—the Summer Family Fun Day and New Year Party—brought together 128 children and families in a supportive social environment.

In total, 268 children and young people received direct specialist support, and we managed 398 preliminary referrals, sending out 364 information resource packs and signposting 34 cases to other appropriate services.

### Impact and Future Priorities

Feedback from families and professionals continues to highlight the positive difference our services make in reducing isolation, improving emotional wellbeing, and helping children and young people build resilience after a bereavement. Looking ahead, our priorities include strengthening partnerships with schools, expanding pre-bereavement support, and increasing volunteer capacity to meet growing demand.

We also aim to secure sustainable funding to maintain our specialist programmes and develop new initiatives that respond to emerging needs, ensuring that every child and family in Kent and Medway can access timely, compassionate support during one of life's most difficult experiences.

## HOLDING ON LETTING GO

### Staffing

During the reporting period a new CEO Julie Tobin joined in June 2024. The organisation continues to be managed by a dedicated team including the Clinical Lead, Children's and Families support worker, Parent Carer Group facilitator, Programme Assistant, and Fundraisers, ensuring continuity of services.

### Financial review

#### a. Going concern

After making appropriate enquiries, the Trustees have a reasonable expectation that the Charity has adequate resources to continue in operational existence for the foreseeable future.

#### b. Reserves policy

The Trustees aim to maintain reserves equivalent to a minimum of six months' running costs. This level has been maintained during the year. Legacies received are placed into a designated reserve for future projects.

### Structure, governance and management

#### a. Constitution

Holding On Letting Go is a registered charity (1191016) and is constituted under a Trust deed.

#### b. Appointment of Trustees

Trustees are recruited via advertisement and word of mouth and are subject to interview, references and DBS checks.

#### c. Management

The Charity is led by the senior management team, supported by Trustees, volunteers and staff. Regular board meetings, governance reviews, and policy updates ensure transparency, compliance, and effective strategic oversight.

### Statement of Trustees' responsibilities

The Trustees are responsible for preparing the Trustees' report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards.

Approved by order of the Board of Trustees on **30 January 2026** and signed on their behalf by:



**M Gallagher**  
Chair of Trustees

# HOLDING ON LETTING GO

## STATEMENT OF FINANCIAL ACTIVITIES FOR THE YEAR ENDED 31 MARCH 2025

		Unrestricted funds 2025 £	Restricted funds 2025 £	Total funds 2025 £	Total funds 2024 £
	Note				
<b>Income from:</b>					
Donations and legacies	3	109,766	9,000	118,766	55,114
Charitable activities	4	100	0	100	250
Other trading activities	5	78,020	0	78,020	65,924
Investments	6	545	0	545	1,110
<b>Total income</b>		<u>188,431</u>	<u>9,000</u>	<u>197,431</u>	<u>122,398</u>
<b>Expenditure on:</b>					
Raising funds	7	8,308	1,573	9,881	6,167
Charitable activities	8	177,814	3,159	180,973	190,933
Total expenditure		<u>186,122</u>	<u>4,732</u>	<u>190,854</u>	<u>197,100</u>
<b>Net (expenditure)/income</b>		2,309	4,268	6,577	(74,702)
Transfer between funds	19	(5,000)	5,000	-	-
<b>Net movement in funds</b>		<u>(2,691)</u>	<u>9,268</u>	<u>6,577</u>	<u>(74,702)</u>
<b>Reconciliation of funds</b>					
Total funds brought forward		11,100	49,830	60,930	135,632
Net movement in funds		<u>(2,691)</u>	<u>9,268</u>	<u>6,577</u>	<u>(74,702)</u>
		<u>8,409</u>	<u>59,098</u>	<u>67,507</u>	<u>60,930</u>

The Statement of financial activities includes all gains and losses recognised in the year.

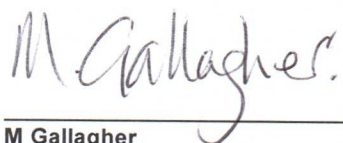
The notes on pages 5 to 24 form part of these financial statements.

# HOLDING ON LETTING GO

## BALANCE SHEET AS AT 31 MARCH 2025

	Note	2025 £	2024 £
<b>Fixed assets</b>			
Intangible assets	13	690	1,770
Tangible assets	14	3,811	1,683
		<u>4,501</u>	<u>3,453</u>
<b>Current assets</b>			
Stocks	15	1,500	1,500
Debtors	16	1,189	847
Cash at bank and in hand	17	70,382	58,418
		<u>73,071</u>	<u>60,765</u>
Creditors: amounts falling due within one year	18	(10,065)	(3,288)
<b>Net current assets</b>		<u>63,006</u>	<u>57,477</u>
<b>Total net assets</b>		<u><u>67,507</u></u>	<u><u>60,930</u></u>
<b>Charity funds</b>			
Unrestricted funds	19	8,409	11,100
Restricted funds	19	59,098	49,830
<b>Total funds</b>		<u><u>67,507</u></u>	<u><u>60,930</u></u>

The financial statements were approved and authorised for issue by the Trustees on 30/1/2025 and signed on their behalf by:



**M Gallagher**  
Chair of Trustees

The notes on pages 5 to 24 form part of these financial statements.

## **HOLDING ON LETTING GO**

### **NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2025**

#### **1. General information**

Holding On Letting Go is a registered charity (company number CE023706), (charity number 1191016) in England and Wales and is incorporated under the Charities Act as a Charitable Incorporated Organisation (CIO). The registered office is High Bank, Rochester, Kent, ME1 2NU.

#### **2. Accounting policies**

##### **2.1 Basis of preparation of financial statements**

The financial statements have been prepared in accordance with the Charities SORP (FRS 102) - Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Charities Act 2011.

The financial statements have been prepared to give a 'true and fair' view and have departed from the Charities (Accounts and Reports) Regulations 2008 only to the extent required to provide a 'true and fair' view. This departure has involved following the Charities SORP (FRS 102) published in October 2019 rather than the Accounting and Reporting by Charities: Statement of Recommended Practice effective from 1 April 2005 which has since been withdrawn.

Holding On Letting Go meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy.

## HOLDING ON LETTING GO

### NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2025

#### 2.2 Income

All income is recognised once the Charity has entitlement to the income, it is probable that the income will be received and the amount of income receivable can be measured reliably.

The recognition of income from legacies is dependent on establishing entitlement, the probability of receipt and the ability to estimate with sufficient accuracy the amount receivable. Evidence of entitlement to a legacy exists when the Charity has sufficient evidence that a gift has been left to them (through knowledge of the existence of a valid will and the death of the benefactor) and the executor is satisfied that the property in question will not be required to satisfy claims in the estate. Receipt of a legacy must be recognised when it is probable that it will be received and the fair value of the amount receivable, which will generally be the expected cash amount to be distributed to the Charity, can be reliably measured.

Grants are included in the Statement of financial activities on a receivable basis. The balance of income received for specific purposes but not expended during the period is shown in the relevant funds on the Balance sheet. Where income is received in advance of entitlement of receipt, its recognition is deferred and included in creditors as deferred income. Where entitlement occurs before income is received, the income is accrued.

Where the donated good is a fixed asset, it is measured at fair value, unless it is impractical to measure this reliably, in which case the cost of the item to the donor should be used. The gain is recognised as income from donations and a corresponding amount is included in the appropriate fixed asset class and depreciated over the useful economic life in accordance with the Charity's accounting policies.

On receipt, donated professional services and facilities are recognised on the basis of the value of the gift to the Charity which is the amount it would have been willing to pay to obtain services or facilities of equivalent economic benefit on the open market; a corresponding amount is then recognised in expenditure in the period of receipt.

Income tax recoverable in relation to donations received under Gift Aid or deeds of covenant is recognised at the time of the donation.

Income tax recoverable in relation to investment income is recognised at the time the investment income is receivable.

## HOLDING ON LETTING GO

### NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2025

#### 2. Accounting policies (continued)

##### 2.3 Expenditure

Expenditure is recognised once there is a legal or constructive obligation to transfer economic benefit to a third party, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is classified by activity. The costs of each activity are made up of the total of direct costs and shared costs, including support costs involved in undertaking each activity. Direct costs attributable to a single activity are allocated directly to that activity. Shared costs which contribute to more than one activity and support costs which are not attributable to a single activity are apportioned between those activities on a basis consistent with the use of resources. Central staff costs are allocated on the basis of time spent, and depreciation charges allocated on the portion of the asset's use.

Expenditure on raising funds includes all expenditure incurred by the Charity to raise funds for its charitable purposes and includes costs of all fundraising activities events and non-charitable trading.

Expenditure on charitable activities is incurred on directly undertaking the activities which further the Charity's objectives, as well as any associated support costs.

All expenditure is inclusive of irrecoverable VAT.

##### 2.4 Government grants

Government grants relating to tangible fixed assets are treated as deferred income and released to the Statement of financial activities over the expected useful lives of the assets concerned. Other grants are credited to the Statement of financial activities as the related expenditure is incurred.

##### 2.5 Interest receivable

Interest on funds held on deposit is included when receivable and the amount can be measured reliably by the Charity; this is normally upon notification of the interest paid or payable by the institution with whom the funds are deposited.

##### 2.6 Intangible assets and amortisation

Intangible assets costing £250 or more are capitalised and recognised when future economic benefits are probable and the cost or value of the asset can be measured reliably.

Intangible assets are initially recognised at cost. After recognition, under the cost model, intangible assets are measured at cost less any accumulated amortisation and any accumulated impairment losses.

Amortisation is provided on intangible assets at rates calculated to write off the cost of each asset on a straight-line basis over its expected useful life.

Amortisation is provided on the following basis:

Website	- 20 %
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## HOLDING ON LETTING GO

### NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2025

#### 2. Accounting policies (continued)

##### 2.7 Tangible fixed assets and depreciation

Tangible fixed assets costing £250 or more are capitalised and recognised when future economic benefits are probable and the cost or value of the asset can be measured reliably.

Tangible fixed assets are initially recognised at cost. After recognition, under the cost model, tangible fixed assets are measured at cost less accumulated depreciation and any accumulated impairment losses. All costs incurred to bring a tangible fixed asset into its intended working condition should be included in the measurement of cost.

Depreciation is charged so as to allocate the cost of tangible fixed assets less their residual value over their estimated useful lives, using the straight-line method.

Depreciation is provided on the following basis:

Office equipment	-	20%
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##### 2.8 Stocks

Stocks are valued at the lower of cost and net realisable value after making due allowance for obsolete and slow-moving stocks. Cost includes all direct costs and an appropriate proportion of fixed and variable overheads.

##### 2.9 Debtors

Trade and other debtors are recognised at the settlement amount after any trade discount offered. Prepayments are valued at the amount prepaid net of any trade discounts due.

##### 2.10 Cash at bank and in hand

Cash at bank and in hand includes cash and short-term highly liquid investments with a short maturity of three months or less from the date of acquisition or opening of the deposit or similar account.

##### 2.11 Liabilities and provisions

Liabilities are recognised when there is an obligation at the Balance sheet date as a result of a past event, it is probable that a transfer of economic benefit will be required in settlement, and the amount of the settlement can be estimated reliably.

Liabilities are recognised at the amount that the Charity anticipates it will pay to settle the debt or the amount it has received as advanced payments for the goods or services it must provide.

Provisions are measured at the best estimate of the amounts required to settle the obligation. Where the effect of the time value of money is material, the provision is based on the present value of those amounts, discounted at the pre-tax discount rate that reflects the risks specific to the liability. The unwinding of the discount is recognised in the Statement of financial activities as a finance cost.

##### 2.12 Financial instruments

The Charity only has financial assets and financial liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value and subsequently measured at their settlement value with the exception of bank loans which are subsequently measured at amortised cost using the effective interest method.

## **HOLDING ON LETTING GO**

### **NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2025**

#### **2. Accounting policies (continued)**

##### **2.13 Pensions**

The Charity operates a defined contribution pension scheme and the pension charge represents the amounts payable by the Charity to the fund in respect of the year.

##### **2.14 Fund accounting**

General funds are unrestricted funds which are available for use at the discretion of the Trustees in furtherance of the general objectives of the Charity and which have not been designated for other purposes.

Designated funds comprise unrestricted funds that have been set aside by the Trustees for particular purposes. The aim and use of each designated fund is set out in the notes to the financial statements.

Restricted funds are funds which are to be used in accordance with specific restrictions imposed by donors or which have been raised by the Charity for particular purposes. The costs of raising and administering such funds are charged against the specific fund. The aim and use of each restricted fund is set out in the notes to the financial statements.

Investment income, gains and losses are allocated to the appropriate fund.

# HOLDING ON LETTING GO

## NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2025

### 3. Income from donations and legacies

	Unrestricted funds 2025 £	Restricted funds 2025 £	Total funds 2025 £
Donations	58,599	9,000	67,599
Grants	51,167	-	51,167
	<u>109,766</u>	<u>9,000</u>	<u>118,766</u>
	<i>Unrestricted funds 2024 £</i>	<i>Restricted funds 2024 £</i>	<i>Total funds 2024 £</i>
Donations	54,505	-	24,747
Grants	609	-	21,800
	<u>55,114</u>	<u>-</u>	<u>46,547</u>

### 4. Income from charitable activities

	Unrestricted funds 2025 £	Total funds 2025 £
Training and support days	<u>100</u>	<u>100</u>
	<i>Unrestricted funds 2024 £</i>	<i>Total funds 2024 £</i>
Training and support days	<u>250</u>	<u>250</u>

# HOLDING ON LETTING GO

## NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2025

### 5. Income from other trading activities

#### Income from fundraising events

	Unrestricted funds 2025 £	Total funds 2025 £
Fundraising	77,517	77,517
HOLG Draw	503	503
	<u>78,020</u>	<u>78,020</u>
	Unrestricted funds 2024 £	Total funds 2024 £
Fundraising	61,983	61,983
HOLG Draw	3,941	3,941
	<u>65,924</u>	<u>65,924</u>

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NOTES TO THE FINANCIAL STATEMENTS  
FOR THE YEAR ENDED 31 MARCH 2025

6. Investment income

	Unrestricted funds 2025 £	Total funds 2025 £
Bank interest	545	545
	<u>545</u>	<u>545</u>
	<i>Unrestricted funds 2024 £</i>	<i>Total funds 2024 £</i>
Bank interest	1,110	1,110
	<u>1,110</u>	<u>1,110</u>

# HOLDING ON LETTING GO

## NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2025

### 7. Expenditure on raising funds

#### Costs of raising voluntary income

	Unrestricted funds 2025 £	Restricted funds 2025 £	Total funds 2025 £
Fundraising costs	8,308	1,573	9,881

	Unrestricted funds 2024 £	Restricted funds 2024 £	Total funds 2024 £
Fundraising costs	5,667	500	6,167

# HOLDING ON LETTING GO

## NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2025

### 8. Analysis of expenditure on charitable activities

#### Summary by fund type

	Unrestricted funds 2025 £	Restricted funds 2025 £	Total 2025 £
Direct costs	177,814	3,159	180,973

	Unrestricted funds 2024 £	Restricted funds 2024 £	Total 2024 £
Direct costs	144,560	46,373	190,933

# HOLDING ON LETTING GO

## NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2025

### 9. Analysis of expenditure by activities

	Activities undertaken directly 2025 £	Total funds 2025 £
Direct costs	180,973	180,973

	Activities undertaken directly 2024 £	Total funds 2024 £
Direct costs	190,933	190,933

# HOLDING ON LETTING GO

## NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2025

### 9. Analysis of expenditure by activities (continued)

#### Analysis of direct costs

	<b>Total funds 2025 £</b>	<i>Total funds 2024 £</i>
Staff costs	<b>133,497</b>	136,039
Depreciation	<b>1,956</b>	1,956
Travel, meetings and hire	<b>9,691</b>	13,849
Printing, postage & stationery	<b>3,482</b>	3,517
Rent	<b>4,294</b>	2,172
Telephone	<b>1,840</b>	1,671
Storage	<b>2,422</b>	5,622
Supervision and training	<b>1,971</b>	2,450
Website and IT	<b>1,320</b>	3,607
Weekend expenses	<b>5,186</b>	5,131
Equipment and materials	<b>11,738</b>	3,713
Professional fees	<b>1,416</b>	342
Bank charges	<b>455</b>	441
Sundries	<b>6,048</b>	7,901
Music therapy	<b>-</b>	1,750
Insurance	<b>1,050</b>	1,778
Other staff and volunteer costs	<b>523</b>	2,365
Governance costs	<b>3,966</b>	2,798
	<b>190,854</b>	197,100

### 10. Independent examiner's remuneration

	<b>2025 £</b>	<i>2024 £</i>
Fees payable to the Charity's independent examiner for the independent examination of the Charity's annual accounts	<b>1,000</b>	960

## HOLDING ON LETTING GO

### NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2024

#### 11. Staff costs

	2025 £	2024 £
Wages and salaries	128,052	127,423
Social security costs	3,781	4,609
Contribution to defined contribution pension schemes	1,664	2,401
	<u>133,497</u>	<u>134,433</u>

The average number of persons employed by the Charity during the year was as follows:

	2025 No.	2024 No.
Staff	<u>8</u>	<u>8</u>

No employee received remuneration amounting to more than £60,000 in either year.

#### 12. Trustees' remuneration and expenses

During the period, no Trustees received any remuneration or other benefits (2024 - none).

During the period ended 31 March 2025, no Trustee expenses have been incurred (2024 - none).

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NOTES TO THE FINANCIAL STATEMENTS  
FOR THE YEAR ENDED 31 MARCH 2024

**13. Intangible assets**

	Website £
<b>Cost</b>	
At 1 April 2024	5,400
At 31 March 2025	<u>5,400</u>
<b>Amortisation</b>	
At 1 April 2024	3,630
Charge for the year	1,080
At 31 March 2025	<u>4,710</u>
<b>Net book value</b>	
At 31 March 2025	<u><u>690</u></u>
At 31 March 2024	<u><u>1,770</u></u>

**14. Tangible fixed assets**

	Office equipment £
<b>Cost or valuation</b>	
At 1 April 2024	4,380
Additions	4,103
At 31 March 2025	<u>8,483</u>
<b>Depreciation</b>	
At 1 April 2024	3,573
Charge for the year	1,099
At 31 March 2025	<u>4,672</u>
<b>Net book value</b>	
At 31 March 2025	<u><u>3,811</u></u>
At 31 March 2024	<u><u>1,683</u></u>

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## NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2024

### 15. Stocks

	2025 £	2024 £
Consumables	1,500	1,500

### 16. Debtors

	2025 £	2024 £
<b>Due within one year</b>		
Trade debtors	-	-
Prepayments and accrued income	1,189	847
	<u>1,189</u>	<u>847</u>

### 17. Financial instruments

	2025 £	2024 £
<b>Financial assets</b>		
Financial assets measured at fair value through income and expenditure	70,382	58,418

Financial assets measured at fair value through income and expenditure comprise cash in hand and at bank.

### 18. Creditors: Amounts falling due within one year

	2025 £	2024 £
Trade creditors	4,490	-
Other taxation and social security	3,775	1,788
Other creditors	-	-
Accruals and deferred income	1,800	1,500
	<u>10,065</u>	<u>3,228</u>

HOLDING ON LETTING GO

NOTES TO THE FINANCIAL STATEMENTS  
FOR THE YEAR ENDED 31 MARCH 2024

19. Statement of funds

Statement of funds - current year

	Balance at 1 April 2024 £	Income £	Expenditure £	Transfers in/out £	Balance at 31 March 2025 £
<b>Unrestricted funds</b>					
<b>Designated funds</b>					
HOLG Draw	1,587	503	(416)	-	1,674
Abigail's Footsteps	2,345	-	-	-	2,345
Bexley Hospice	38	-	-	-	38
	<u>3,970</u>	<u>503</u>	<u>(416)</u>	<u>-</u>	<u>4,057</u>
<b>General funds</b>					
General Funds	<u>7,130</u>	<u>187,928</u>	<u>(185,706)</u>	<u>(5,000)</u>	<u>4,352</u>
<b>Total Unrestricted funds</b>	<u>11,100</u>	<u>188,431</u>	<u>(186,122)</u>	<u>(5,000)</u>	<u>8,409</u>
<b>Restricted funds</b>					
Transport for Children	403	-	(403)	-	-
Jenkins Legacy	49,427	-	(4,082)	5,000	50,345
Openwork	-	9,000	(247)	-	8,753
	<u>49,830</u>	<u>9,000</u>	<u>(4,732)</u>	<u>5,000</u>	<u>59,098</u>
<b>Total of funds</b>	<u>60,930</u>	<u>197,431</u>	<u>(190,854)</u>	<u>-</u>	<u>67,507</u>

## HOLDING ON LETTING GO

### NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2024

#### 19. Statement of funds (continued)

##### Statement of funds - prior year

	<i>Balance at 1 April 2023 £</i>	<i>Income £</i>	<i>Expenditure £</i>	<i>Transfers in/out £</i>	<i>Balance at 31 March 2024 £</i>
<b>Unrestricted funds</b>					
<b>Designated funds</b>					
HOLG Draw	1,056	802	(271)	-	1,587
Abigail's Footsteps	-	2,353	(8)	-	2,345
Bexley Hospice	38	-	-	-	38
	<u>1,094</u>	<u>3,155</u>	<u>(279)</u>	<u>-</u>	<u>3,970</u>
<b>General funds</b>					
General Funds	<u>37,835</u>	<u>21,325</u>	<u>(52,030)</u>	<u>-</u>	<u>7,130</u>
<b>Total Unrestricted funds</b>	<u>38,155</u>	<u>24,480</u>	<u>(52,309)</u>	<u>-</u>	<u>11,100</u>
<b>Restricted funds</b>					
Transport for Children	403	-	-	-	403
Web Design	500	-	(500)	-	-
Jenkins Legacy	80,800	-	(31,373)	-	49,427
Jenkins Legacy	15,000	-	(15,000)	-	-
	<u>96,703</u>	<u>-</u>	<u>(46,873)</u>	<u>-</u>	<u>49,830</u>
<b>Total of funds</b>	<u>135,632</u>	<u>24,480</u>	<u>(99,182)</u>	<u>-</u>	<u>60,930</u>

## HOLDING ON LETTING GO

### NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2025

#### 20. Funds

##### Restricted Funds

The Peter Jenkins Legacy – We remain extremely grateful to the late Mr Peter Jenkins for the legacy left to Holding On Letting Go in 2021. This restricted fund continues to support the delivery of our core charitable objectives and programme activity.

National Lottery (Awards for All) – In March 2025, Holding On Letting Go received £19,242 through The National Lottery Awards for All programme. This funding supports the delivery of our 2025/26 Parents and Carers services, including dedicated support groups, our bereavement café, and the salary costs of the Parents & Carers Co-ordinator role.

Openwork Foundation – During the year, the charity received £9,000 from The Openwork Foundation to support the delivery of pre-bereavement services for children, young people and families living with anticipatory grief.

Cantiacorum Foundation – Holding On Letting Go received £2,925 from the Cantiacorum Foundation to upgrade staff IT equipment, enabling the purchase of new laptops and PCs and ensuring systems remain fit for purpose.

Asda Foundation - The charity received £1,000 from the Asda Foundation to support volunteer training costs.

Whitehead Monckton Charitable Foundation – We were grateful to receive £1,000 from Whitehead Monckton Charitable Foundation towards the delivery of our bereavement support weekends.

All other funders provided unrestricted funding

##### Designated Funds

HOLG Draw – The charity operates a prize draw to raise additional funds. Funds are set aside to settle cash prizes and surpluses will be returned to general funds on an annual basis.

Civil Service Insurance Society – A proportion of donations received from Civil Service Insurance Society has been designated to fund the charity's Run4Charity subscription.

Medway Rotary Club – donations from Medway Rotary Club funded the Christmas / New Year Reunion Party in January 2025.

## HOLDING ON LETTING GO

### NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2025

#### 21. Summary of funds

##### Summary of funds - current year

	Balance at 1 April 2024 £	Income £	Expenditure £	Transfers in/out £	Balance at 31 March 2025 £
Designated funds	3,970	503	(416)	-	4,057
General funds	7,130	187,928	(177,437)	(5,000)	4,352
Restricted funds	49,830	9,000	(4,732)	5,000	59,098
	<u>60,930</u>	<u>197,431</u>	<u>(190,854)</u>	<u>-</u>	<u>67,507</u>

##### Summary of funds - prior year

	Balance at April 2023 £	Income £	Expenditure £	Transfers in/out £	Balance at 31 March 2024 £
Designated funds	1,094	3,155	(279)	-	3,970
General funds	37,835	21,325	(52,030)	-	7,130
Restricted funds	96,703	-	(46,873)	-	49,830
	<u>135,632</u>	<u>24,480</u>	<u>(99,182)</u>	<u>-</u>	<u>60,930</u>

#### 22. Analysis of net assets between funds

##### Analysis of net assets between funds - current year

	Unrestricted funds 2025 £	Restricted funds 2025 £	Total funds 2025 £
Intangible fixed assets	690	-	690
Tangible fixed assets	3,811	-	3,811
Current assets	13,973	59,098	73,071
Creditors due within one year	(10,065)	-	(10,065)
<b>Total</b>	<u>8,409</u>	<u>59,098</u>	<u>67,507</u>

## HOLDING ON LETTING GO

### NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2025

#### 22. Analysis of net assets between funds (continued)

##### Analysis of net assets between funds - prior year

	<i>Unrestricted funds 2024 £</i>	<i>Restricted funds 2024 £</i>	<i>Total funds 2024 £</i>
Tangible fixed assets	1,683	-	1,683
Intangible fixed assets	1,770	-	1,770
Current assets	10,935	49,830	60,765
Creditors due within one year	(3,288)	-	(3,288)
<b>Total</b>	<u>11,100</u>	<u>49,830</u>	<u>60,930</u>

#### 23. Pension commitments

The charity operates a defined contribution pension scheme. The assets of the scheme are held separately from those of the charity in an independently administered fund. At the balance sheet date £1,656 (2025: £850) was payable to the fund and is included in creditors.

#### 24. Related party transactions

There were no related party transactions during the period.