

# **LAKE DISTRICT SEARCH & MOUNTAIN RESCUE ASSOCIATION**

## **MOUNTAIN ACCIDENTS 2025**



Callout Red Gill, Scafell, lowering casualty 160m. Pic Jon Lynch WMRT

LDSAMRA Annual report 2025

Produced by Lee Tunstall, LDSAMRA Statistics Officer, WMRT Team Member.



The Lake District Search and Mountain Rescue Association would like to acknowledge the contributions given to this association by all members of the public, public bodies and trusts.

In particular, this association gratefully acknowledges the assistance given by Cumbria Constabulary.



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This report is issued by  
The Lake District Search and Mountain Rescue Association in the  
interests of all mountain users.

**Lake District Search and Mountain Rescue Association**

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This is an umbrella organisation covering the Lake District teams, police representatives and other organisations interested in mountain rescue.

The purpose of the Lake District Search and Mountain Rescue Association is to act as a link between the national body, Mountain Rescue England & Wales and all other interested bodies. The association speaks out and acts on behalf of the teams on matters relating to Lake District mountain rescue as a whole. It also fosters publicity aimed at the prevention of mountain accidents.

The production of the 2024 Annual Report was delayed. Hence this is a reduced online-only version, which focuses on the incident details and summary statistics.

**THE LAKE DISTRICT SEARCH AND MOUNTAIN RESCUE  
ASSOCIATION IS REGISTERED AS A CHARITABLE TRUST 506349**

Chairmans Report – AGM 2026

As I reflect on my second year as Chair, I believe that 2025 finished on an optimistic note for the teams of the Lake District Search and Mountain Rescue Association (LDSAMRA), with our members continuing to demonstrate the resilience inherent in having completely interoperable Mountain Rescue teams.

The increasing upward trend of callouts of previous years plateaued, with a modest 3% increase from the previous year's 813 to 838 callouts in 2025.

Individual team, region and national Mountain Rescue messaging activities have probably positively impacted on this outturn, but we should acknowledge the support that we receive from partners. Our Local Resilience Forum (LRF) e.g. Police & Fire Service and other statutory responders; and members of the Strategic Visitor Management Forum (SVMG) e.g. Local Authorities, Lake District National Park Authority, National Trust, all strongly focus on aligned visitor safety messaging, which I'm sure has positively impacted.

Emergent independent low land search teams have raised in profile within our region during 2025 and work continues to understand their role and capabilities looking forward in 2026.

Individuals and teams within the Lakes region continue to be inquisitive and open minded to new technologies and approaches to assure the best possible casualty outcomes. At a smaller scale, this is well represented by: all weather drone technologies and automated searching continuing its development and a revision of MR MAP with new search management functionality. In addition, e-bikes, water-based drones, powered exo-skeleton legs; and life like medical manikins, have made an appearance.

At a larger scale the Duddon and Furness team continues the construction of its £1.3M base, with Penrith, Coniston and Kendal now planning similar replacements or large-scale refurbishments, all of which will take considerable investment (my personal estimate is £10-12M).

To meet these emerging needs, LDSAMRA has changed how it distributes funding and broadened its collective decision making around the allocation of funding. The LDSAMRA Funding Group first met in March 2025, based on an agreed set of "Fairness Principles". These prioritise (in priority order):

- 1. Fundamental Running Costs
- 2. Operational Capability Equality
- 3. Unforeseen Expenditure

Distribution of funds has taken place at two meetings and the view of the panel becoming more nuanced as its experience grows. All members teams are welcome to attend the funding discussions and should reach out to the Secretary for an invite.

Although from an operation perspective there was much to celebrate, 2025 drew to a close on a sad note, with the passing of the LDSAMRA President John Dempster MBE, in October 2025. John had volunteered in Mountain Rescue for 59 years, out of which he been Chair of the Cockermouth Team for 36 years and Chair of LDSAMRA for 15 years.

Mountain Rescue appeared in the Lake District around 70 years ago with the formation of teams like Keswick in 1947 and as time marches on, there is an inevitable “changing of the guard”. John was only one of a number of our teams senior members who have sadly

passed during 2025. Our condolences and heartfelt thanks go to their families, as our organisations are truly built on the shoulders of these giants.

Richard Warren was elected as our new President at the January LDSAMRA Quarterly Meeting, which we thank him for accepting this honorary role and continuing to represent and advocate for our region.

Mountain Rescue in the Lakes is provided by 12 teams comprised of over 400 highly trained, highly motivated, unpaid volunteers. These volunteers are supported by their families and friends, all of which have to make significant sacrifices to support the demands of the service. LDSAMRA is the umbrella organisation that represents these teams and is mostly staffed by the same volunteers that are providing the rescue service at the coalface. These dedicated individuals often wear multiple hats within their teams, as well as their LDSAMRA roles. To them I offer my specific thanks.

Finally, it should be noted, there are no paid positions in Mountain Rescue. Every penny donated to LDSAMRA is focused at developing the rescue service and improving casualty outcomes.

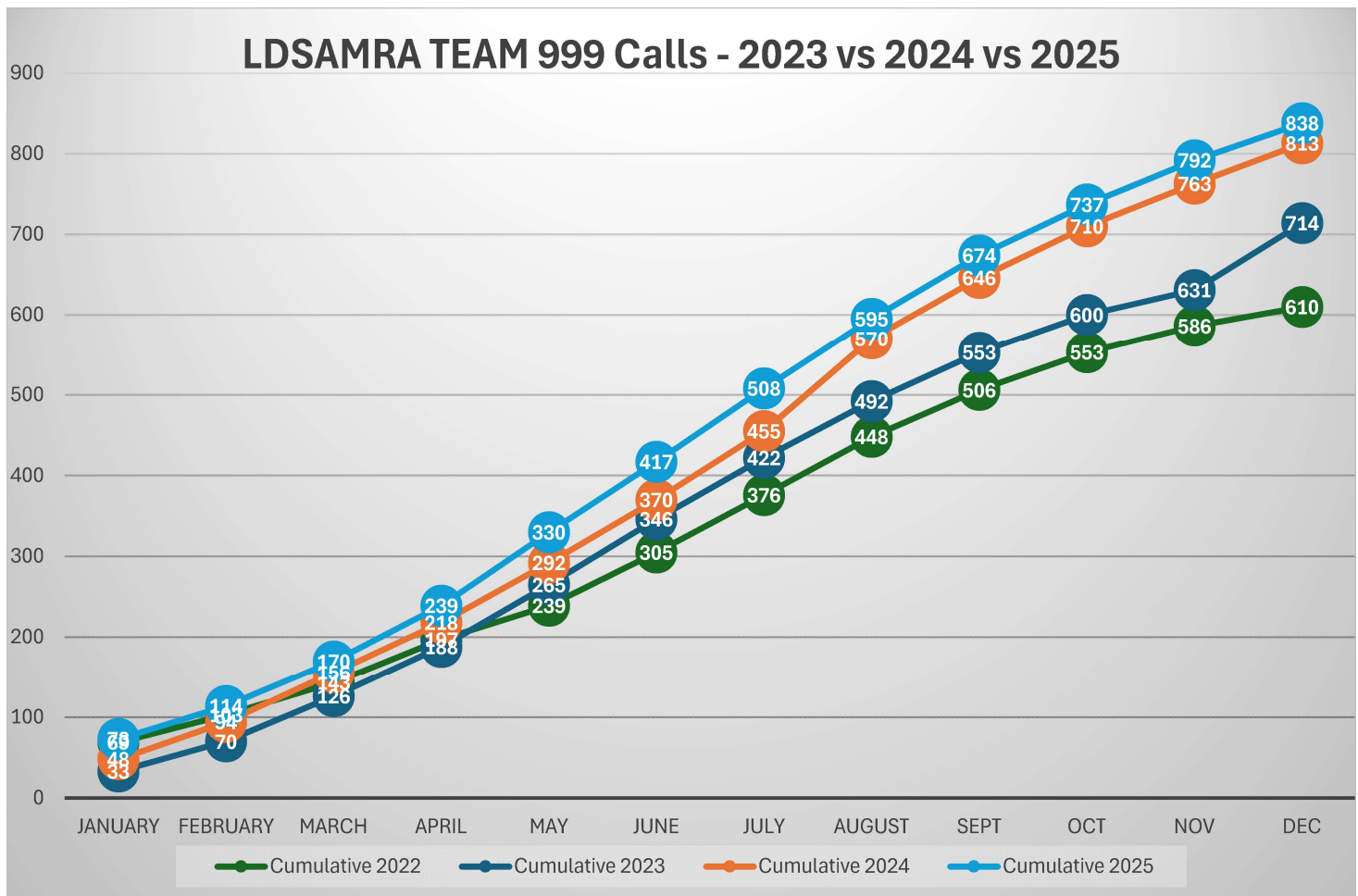
Phil Gerrard

Chair – LDSAMRA

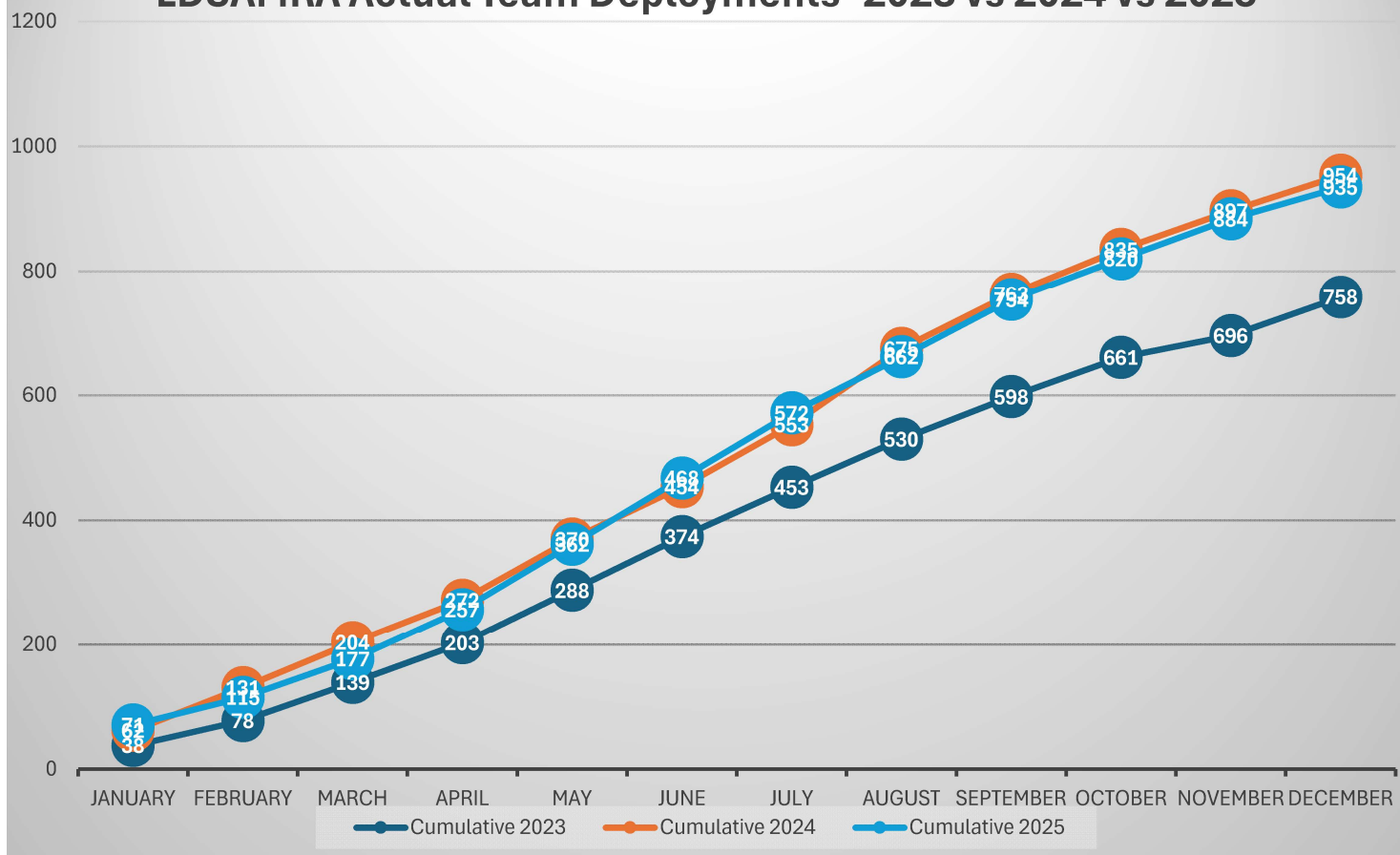
March 2026



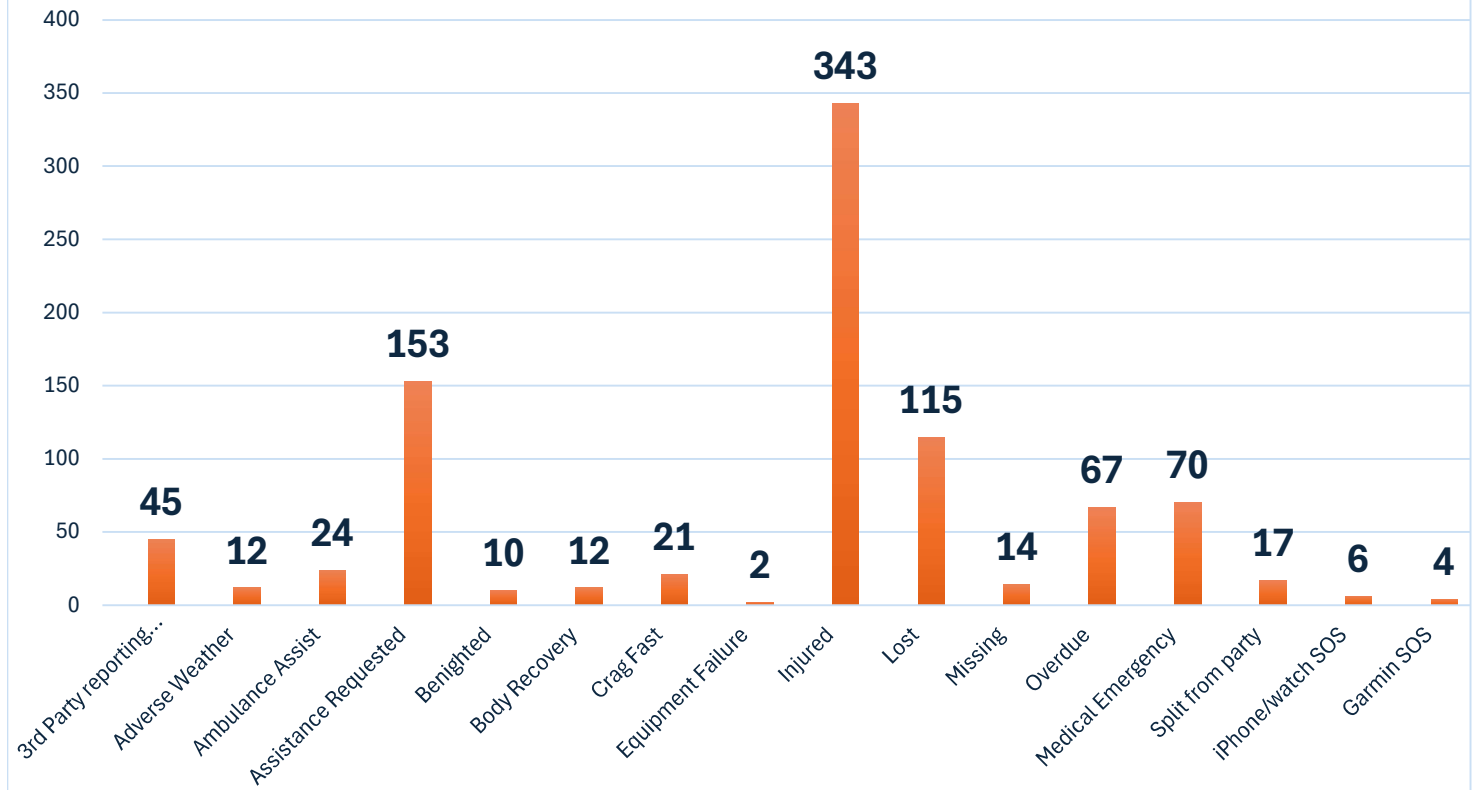
## LDSAMRA TEAM 999 Calls - 2023 vs 2024 vs 2025



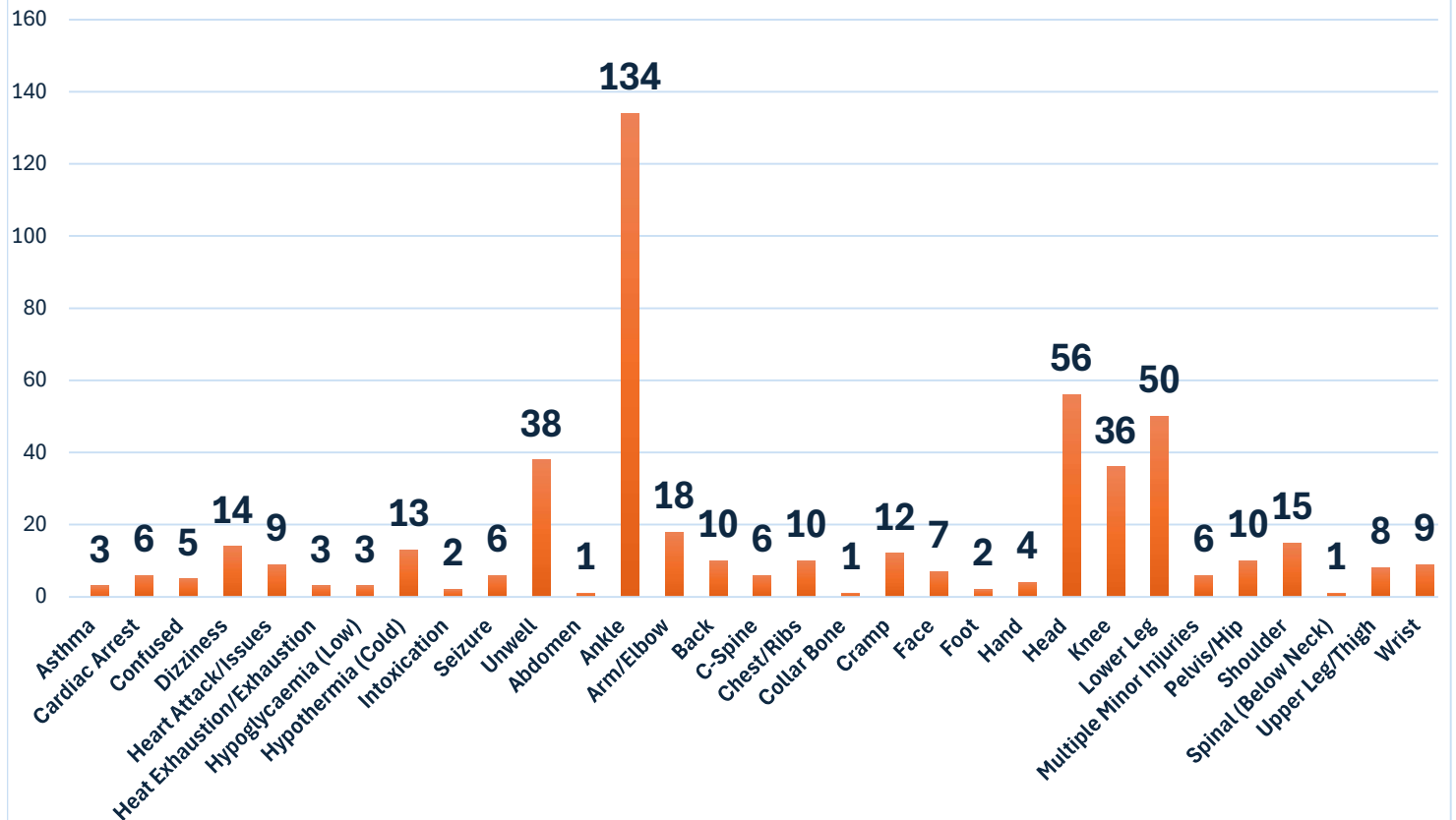
## LDSAMRA Actual Team Deployments- 2023 vs 2024 vs 2025



## LDSAMRA Reason for 999 call

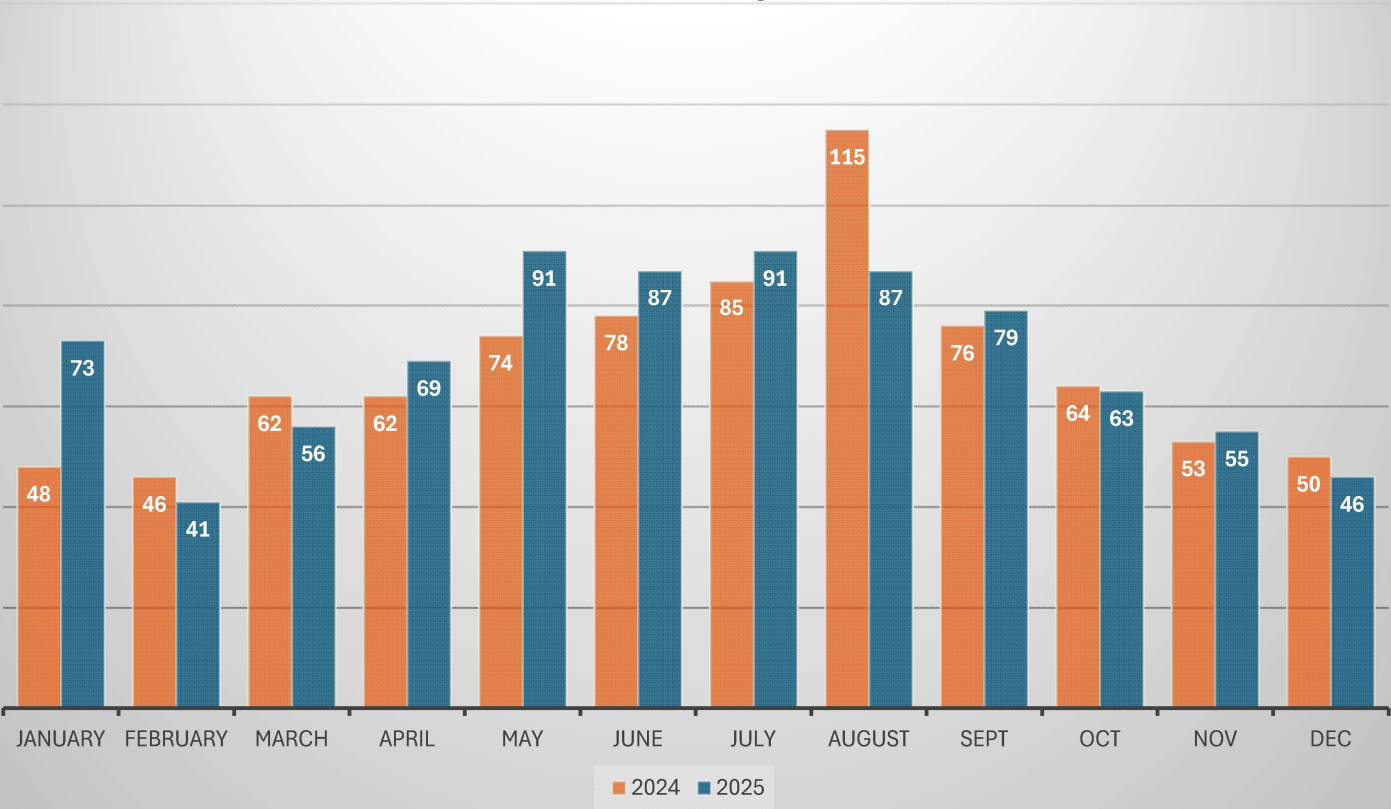


## Injury/Medical

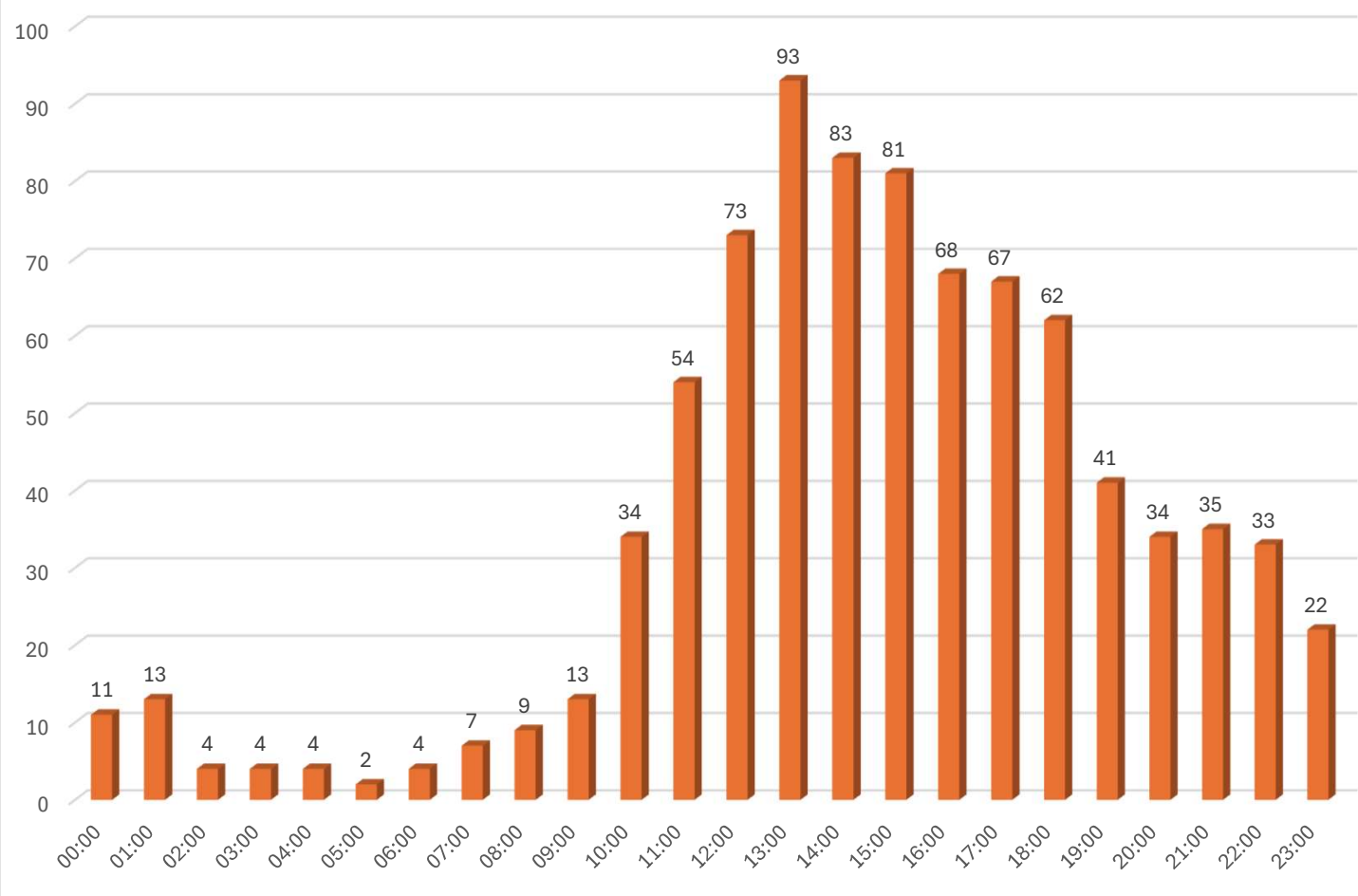




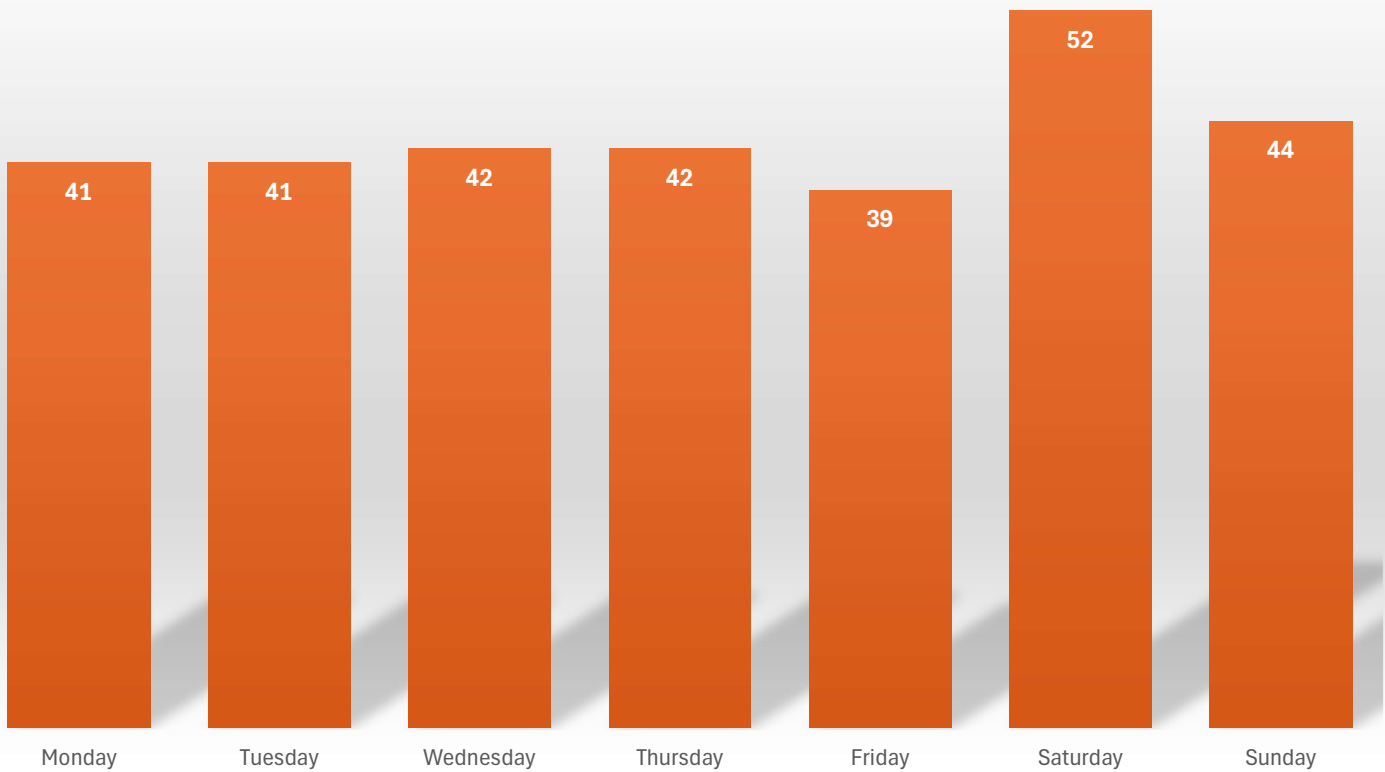
# LDSAMRA 999 Monthly Totals 2024 vs 2025



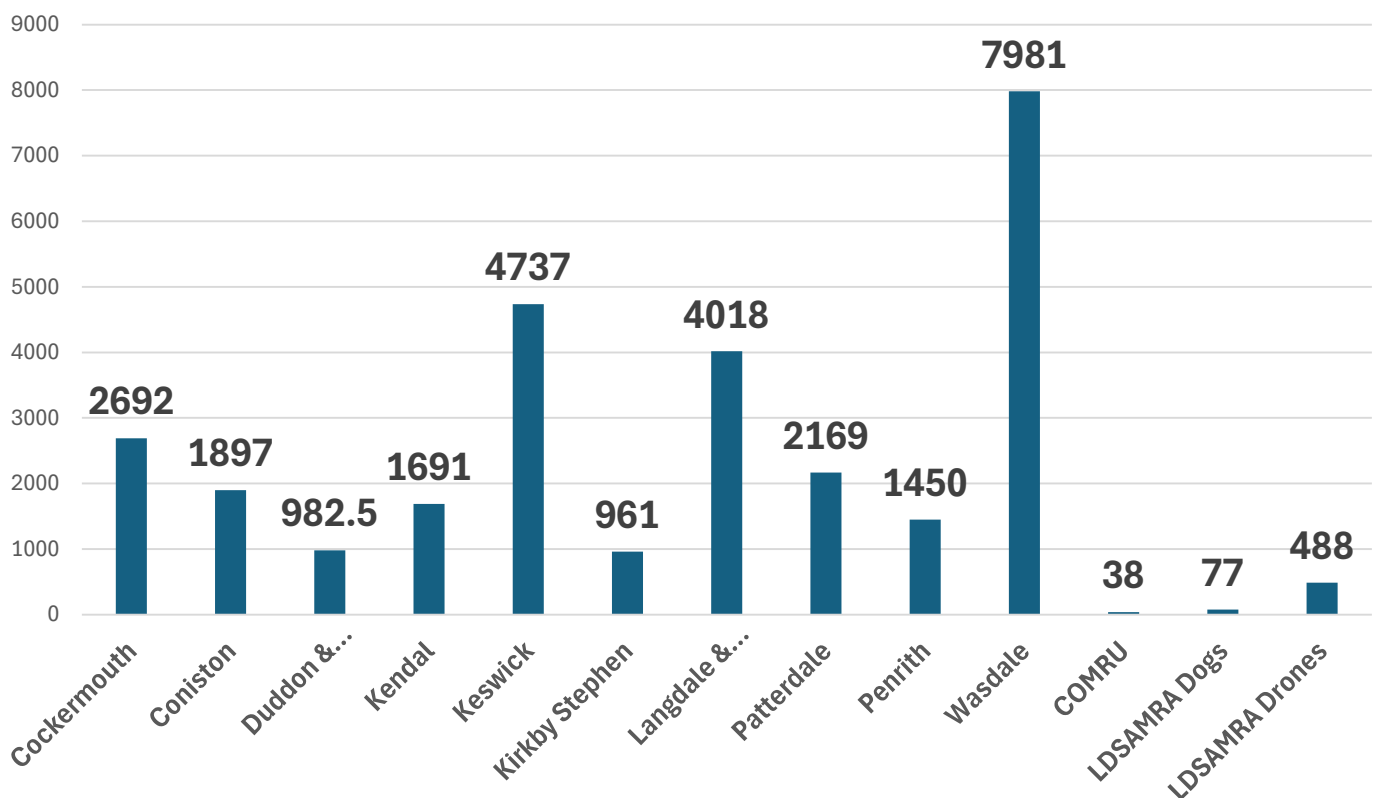
## LDSAMRA - Times for call outs

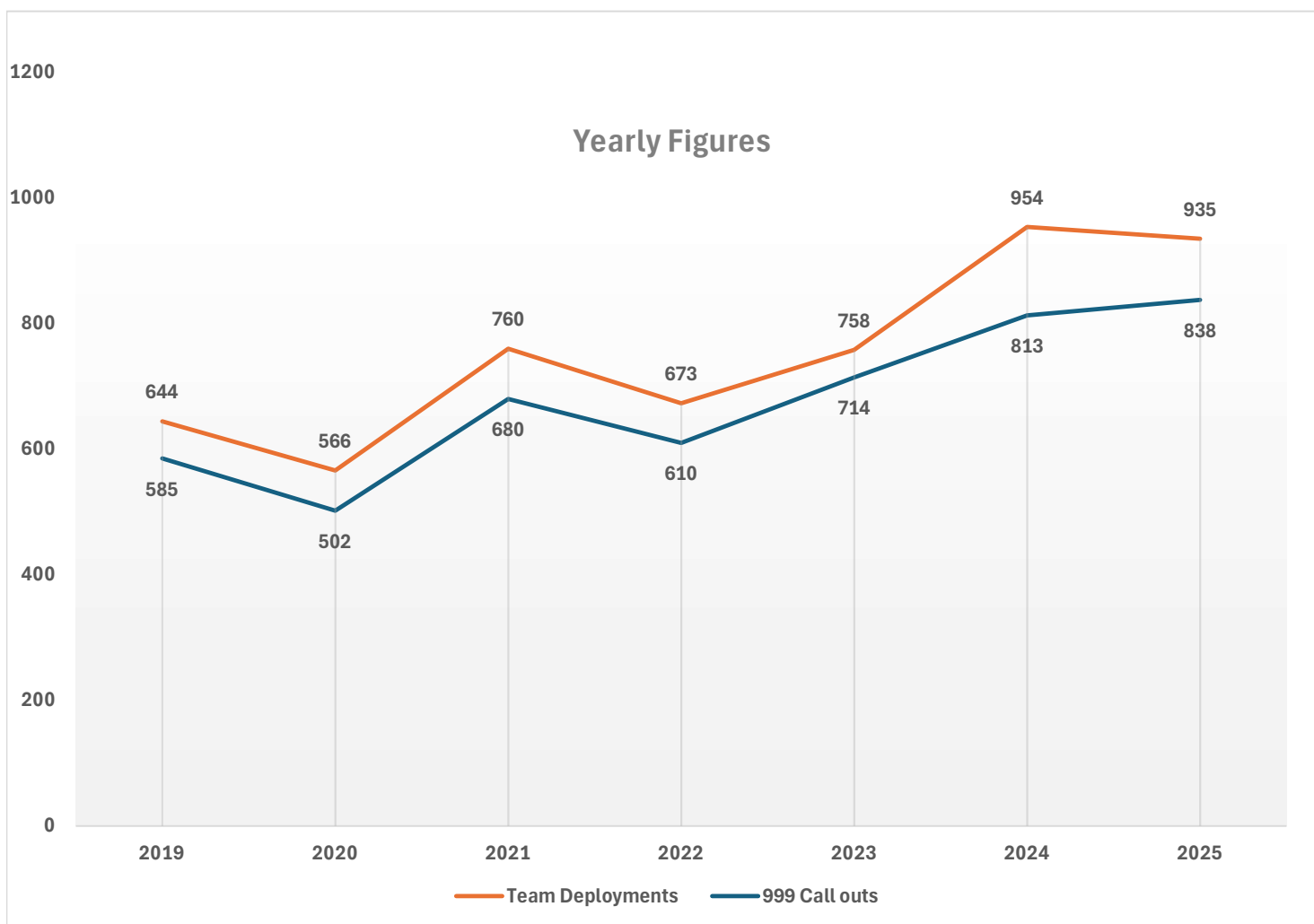


## LDSAMRA - Days of the week for call outs



## LDSAMRA Total hours for 2025





## Lake District Search & Mountain Rescue Teams

For rescue assistance, go to the nearest telephone and dial 999, ask for 'Cumbria Police' and then 'Mountain Rescue'. Give the location & grid reference, time of accident, nature of injuries, plus the name, gender and age of casualty if known.

For more general enquiries, most teams can be contacted via their website or in some cases Facebook pages. Links to the team websites can be found by visiting the LDSAMRA website:  
[www.ldsamra.org.uk](http://www.ldsamra.org.uk)



Cockermouth MRT  
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[org.uk](http://org.uk)



Wasdale MRT  
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[k](http://k)

# Distinguished Service List

Containing person who have made a significant contribution to Mountain Rescue in the Lake

## District

DAVID ALLAN OBE	Duddon & Furness MRT & MREW
JOHN BERNARD ANDERSON	Coniston MRT
STEVE BARBER (Deceased)	Kendal MRT, LDSAMRA & MRC
ERIC BARRINGTON	Kendal MRT & LDSAMRA
PETER BELL	LAMRT & Stretcher Manufacturer
DAVID BINKS	Duddon & Furness MRT
Sir Chris Bonington	
JOE BOOTHROYD (Deceased)	Patterdale MRT
ROB BROOKES	Kendal MRT & LAMRT
DUNCAN JAMES CAMERON (Deceased)	Coniston MRT
NELSON CLARK	Furness MRT
ROY COOKSEY MBE (Deceased)	Coniston MRT
STEPHEN COVE	Millom FRT, DFMRT
JIM COYLE BEM	Cockermouth MRT, SARDA
SYDNEY H CROSS MBE (Deceased)	LAMRT
Sqn Ldr LESTER DAVIES MBE (Deceased)	O.B.M.S. Ullswater
JOHN DEMPSTER MBE (Deceased)	Cockermouth MRT, LDSAMRA
GED FEENEY	Penrith MRT, LDSAMRA & MREW
GEORGE FISHER MBE (Deceased)	Keswick MRT
RICHARD FISHER	Keswick MRT
MALCOLM GRINDROD MBE (Deceased)	LAMRT, Coniston MRT, SARDA (Lakes)
MICK GUY	Kendal MRT, Keswick MRT, SARDA (Lakes)
Mrs ADA HILLARD (Deceased)	
MARK HODGSON MBE	
PAUL HORDER	Cockermouth MRT, Keswick MRT, LDSAMRA, MRC
STEWART HULSE MBE (Deceased)	LAMRT, MRC
PETER JACKSON MBE	Millom FRT
SIMEON LEECH	DFMRT
RICHARD LONGMAN	Wasdale MRT, LDSAMRA
MIKE MARGESON	DFMRT, LDSAMRA, MREW
TOM MINTON (Deceased)	Kendal MRT
JOHN MITCHELL	Millom FRT
MIKE MITCHELL	Kendal MRT, COMRU & LDSAMRA
MIKE NIXON MBE (Deceased)	Keswick MRT, LDSAMRA, SARDA
Dr.JAMES D OGILIVIE (Deceased)	Patterdale MRT
DES OLIVER	Keswick MRT
BILL PATTISON MBE	Wasdale MRT
ROGER PUTNAM MBE	O.B.M.S Eskdale
J BRYAN STILLING (Deceased)	Kendal MRT, LDSAMRA & MRC
Lt. Col H WESTMORELAND MBE (Deceased)	Keswick MRT
FL. Lt. RICHARD WOOD	A flight, 202 Sqn RAF Boulmer
MIKE PARK MBE	Cockermouth MRT, MREW
CAROLYN OTTLY MBE	Cockermouth MRT
RAY GRIFFITHS MBE	Patterdale MRT
JOHN ELLERTON	Patterdale MRT, LDSAMRA, MREW Medical Officer
PENNY KIRBY MBE	Wasdale MRT, SARDA
ARTHUR LITTLEFAIR MBE	Kirkby Stephen MRT
RICHARD WARREN OBE	Wasdale MRT, LDSAMRA & MREW
PAULA COOK	LAMRT & LDSAMRA



## Donating to Mountain Rescue

Please help us!

All the teams rely almost totally on donations received from the public. Charitable gifts are always gratefully received, either to specific teams directly, or to mountain rescue generally.

If you wish to financially support the Mountain Rescue Service in the Lake District, the Association will be pleased to receive your donation. All donations and legacies received by LDSAMRA are used to support the work of the 12 teams in the region. If you prefer to donate to one specific Team, the Association will pass any such donations on. Alternatively, you may contact the Team directly.

There are several ways of assisting, some more financially advantageous than others.

Please see the LDSAMRA website for donation options:

<https://ldsamra.org.uk/donate.php>



**The Queen's Award  
for Voluntary Service**



## Incident Details 2025

January						
1		02/01/2025		12:08		Whitehaven Cemetery
Call from Nwas requesting assistance getting 53 YOM to ambulance after falling and breaking his lower leg, Small team deployed to assist.						
Wasdale		54 mins				
2		02/01/2025		12:12		Great Moss, Grasmere
Call came in about 64 YOM, slipped on ice and cut up his calf, small team deployed to assist, casualty transported to his own vehicle.						
LAMRT		1 hr 52 mins				
3		02/01/2025		12:25		Sharpe Edge
Call reported that a 71 YOM had fell off the path 100/200 feet, H58 1st on scene and due to the traumatic fall he did not survive the fall, R199 attempted to winch him back to MRT base, team stretchered to aircraft for transport to MRT Base.						
Keswick		4 hrs 45 mins				
4		02/01/2025		12:34		Red Bank
Police received a call from a motorist requesting assistance as their car had came off the road, T/L contacted the driver and explained that they are not a recovery service, and suggested they walk back down to Grasmere.						
LAMRT		36 mins				
5		02/01/2025		13:09		Back of Latrigg
Nwas received a call the 3 people were unable to get back to their car due to ice and one 51 YOM had fell and hurt his wrist, Small team deployed to assist, but were not required and they stood down,						
Keswick		56 mins				
6		02/01/2025		13:35		Glenridding Dodd
Call received that a 65 YOM had fell and injured his lower leg, team deployed and due to the lower leg injury H58 requested to assist with transport to hospital.						
Patterdale		2 hrs 40 mins				
7		02/01/2025		15:01		Rannerdale Knotts
Call reporting that 40 YOF had slipped and injured her ankle, team stretchered off the hill to team vehicle, transported out of the valley due to icy conditions on the roads, transferred to friends vehicle.						
Cockermouth		3 hrs 35 mins				
8		02/01/2025		16:05		Stock Ghyll
Call received from female, she had fell and hit head and was unconscious, Team deployed but later stood down as not needed and casualty walked out with ambulance paramedics.						
LAMRT		40 mins				
9		02/01/2025		20:02		Waterloo Wood
MRT called out to assist ambulance with a job they were dealing with, but was stood down before getting to scene.						
Cockermouth		16 mins				

10		02/01/2025		23:08		Blencathra
Caller reported flashing lights of which they thought it was SOS, T/L investigated and lights were descending and given it was good phone signal in that position and clear cold night, team stood down.						
Keswick		10 mins				
11		02/01/2025		23:36		Ennerdale Valley
Call received from two 22 YOM stating that they were wild camping and had been drinking alcohol and decided to go for a walk and had now become lost, small MRT team deployed, both located and transported back to their homes.						
Cockermouth		2 hrs 25 mins				
12		02/01/2025		23:08		Blencathra
Call made to police about flashing lights on the hill, MRT investigated and found lights to be moving down hill and no longer flashing.						
Keswick		10 mins				
13		03/01/2025		13:05		Aira Force
67 YOF reported as twisted her ankle and was unable to continue further, MRT deployed and stretchered her off to own vehicle for onward travel to hospital.						
Patterdale		1 hr 40 mins				
14		03/01/2025		13:39		Gibson Knott
Call received about a 11 YOF that had injured her ankle and was unable to continue, she was stretchered off the hill to her parents car and then taken to hospital.						
LAMRT		3 hrs 32 mins				
15		04/01/2025		14:43		Catbells
Call received reporting 33 YOM slipping on wet rock and hurting his ankle, stretchered off the hill to own vehicle and went to hospital to get it look at.						
Keswick		1 hr 33 mins				
16		05/01/2025		07:28		Ulverston
NWAS requested assistance from MRT due to bad snow conditions and 1 of there crew was unable to get home, MRT transported her in team landrover back to her house.						
DFMRT		2 hrs 38 mins				
17		05/01/2025		09:23		Upper Eskdale
Police had been notified by the iPhone SOS emergency service about 5 20 YOM lost, location established, all individuals where cold, R199 requested, but individuals had managed to walk out and meet some MRT.						
Wasdale		2 hrs 34 mins				
18		05/01/2025		10:29		Angle Tarn
Caller reported 3 abandoned tents, caller had looked inside all three and no one present, MRT noted position of tents for future reference, MRT not deployed.						
Patterdale		31 mins				

19		05/01/2025		11:21		Lily Tarn
Call received about a 51 YOM fell runner that had slipped and injured his ankle, MRT deployed and stretchered him off the hill and taken to MRT base for transfer to ambulance.						
LAMRT		1 hr 34 mins				
20		05/01/2025		12:01		Dubs Hut
Call received from concerned parents that their Son 21 YO and daughter 19YO, they had not heard from them, MRT investigated and due to the amount of snow the pair had walked out but were stuck, but safe and well, MRT not deployed.						
Cockermouth		2 hrs 9 mins				
21		05/01/2025		16:44		B6276
Due to the heavy snow fall, MRT called out to assist stuck vehicles, all cars checked and occupants taken back to KSMRT base, where accommodation was sorted for them.						
Kirkby Stephen		2 hr 34 mins				
22		05/01/2025		17:28		Workington
Call received about stuck vehicle in snow and occupants all had medical issues, as T/L investigating passer by helped them out, MRT stood down.						
Cockermouth		29 mins				
23		05/01/2025		18:07		Helvellyn
27 YOM reported himself lost while walking back from the summit, T/L began investigation and then it was reported that he was back at the car safe and well, MRT Stood down.						
Keswick		19 mins				
24		05/01/2025		19:12		B5305
Call received about vehicle stuck in snow with 2 week old onboard, as MRT were gathering at base, they had managed to get car out and free themselves, MRT stood down.						
Cockermouth		28 mins				
25		05/01/2025		19:13		Nateby, B6270
Call received about family stuck in vehicle in snow with young child, team deployed to get them and bring them back to base.						
Kirkby Stephen		58 mins				
26		05/01/2025		20:24		South Stainmore roman road
Call received to assist 4 stranded vehicles and occupants, MRT deployed and all occupants recovered back to base.						
Kirkby Stephen		55 mins				
27		05/01/2025		21:18		B6276
Call from fire that there was a car on its roof with 5 occupants, 1 team member set off on foot and came across vehicle occupants, all transported back to MRT base.						
Kirkby Stephen		1 hr 55 mins				

28		05/01/2025		22:52		Hartside Pass
Call came in stating his vehicle had came off the road and was at an angle and could go over the edge at any moment, MRT spoke with driver but he refused any help from MRT, MRT stood down.						
Penrith		53 mins				
29		05/01/2025		23:42		Walloway
Call received about 2 males stuck in their vehicle for 5 hrs and unable to get out, MRT deployed and retrieved them and took them home to Carlise.						
Patterdale		2 hrs 33 mins				
30		06/01/2025		00:28		B6276
Police requesting MRT for assistance of a stuck HGV, T/L investigated and deemed it that the team were unable to help and passed it back to the police.						
Kirkby Stephen		38 mins				
31		06/01/2025		10:43		Blea Tarn road
Call received from police to assist stranded vehicle & occupants, while investigating they had managed to get the vehicle out, MRT not needed.						
LAMRT		5 mins				
32		06/01/2025		15:27		Blencathra
Call received from member of the public, stating they could see through binoculars someone laying down and waving, T/L investigated with others and given good mobile reception, deemed it appears to be a bush. MRT stood down.						
Keswick		44 mins				
33		06/01/2025		19:45		middle fell buttress
Caller reported flashing lights on the hillside, MRT investigated and found it was a photographer, he was not aware of the implication of flashing lights.						
LAMRT		1 hr 7 mins				
34		06/01/2025		20:52		Scafell Pike Area
Call received about an overdue 32 YOM that had been up Scafell Pike, MRT began investigation and was able to watch a video which potentially put him in Langdale, spoke to LAMRT, then individual turned up safe and well.						
Wasdale/LAMRT		1 hr 35 mins				
35		07/01/2025		14:54		Solport Bridge
NWAS called for assistance with a stuck Ambulance with patient on board, MRT agreed to help with patient transfer to another ambulance, MRT stood down on route, Ambulance recovered by farmer.						
Penrith		32 mins				
36		07/01/2025		16:04		Harrison Stickle
Call from 2 25 & 28 YOF saying they were lost & split up from another in there group, the third was located in the valley & the other 2 one of which was pregnant were cold, team deployed, but recovered by R936 and all took to base						
LAMRT		3 hrs 59 mins				

37		07/01/2025		16:46		Just off the A66
Call received about vehicle stuck and occupants including young children could not get moving, MRT deployed and got vehicle moving and back onto main road.						
Kirkby Stephen		1 hr 13 mins				
38		08/01/2025		13:57		Birkhouse Moor
Call received about 24 YOM had fell and dislocated his shoulder, team deployed, upon arrival his shoulder had gone back in, Pain relief given & stretchered off the hill.						
Patterdale		5 hrs 18 mins				
39		08/01/2025		18:16		Raise
Call from 19 YOM reporting that he was stuck in deep snow, T/L began investigation and eventually was able to talk to him and he had managed to get out and was now on the path and heading down.						
Keswick		31 mins				
40		08/01/2025		19:14		Fellside
Call from NWS for MRT to assist with a patient transfer as ambulance could not get there due to snow/ice, MRT set off, but were stood down as local farmer was transported patient to hospital.						
Keswick		1 hr 28 mins				
41		08/01/2025		22:18		Tan Hill area
Caller reported vehicle stuck and they were waist deep in snow, but group had split up and did not have the correct clothing and equipment, MRT deployed to located them all, all located and taken back to MRT Base.						
Kirkby Stephen		2 hrs 7 mins				
42		09/01/2025		16:24		Threlkeld Railway
Call received about 15 YOM that had fell on ice and injured his arm, MRT treated and transferred to ambulance.						
Keswick		1 hr 41 mins				
43		09/01/2025		21:34		Borrowdale Valley
Call received stating 18 YOF had walked into the river, MRT deployed but swiftly stood down as she was out of the water and safe.						
Keswick		10 mins				
44		09/01/2025		22:32		Birker Fell
Call received about a police officer that had crashed on ice and was stranded, small team deployed to assist with getting this officer back to his accommodation.						
Wasdale		1 hr 15 mins				
45		10/01/2025		12:45		Derwent Bay Footpath to Hawes End
Call received that 50 YOF had slipped and injured her ankle, MRT gave pain relief and stretchered to their own vehicle for onward travel to Hospital.						
Keswick		1 hr 16 min				

46		10/01/2025		15:54		Friar Crag
Call received about 63 YOF that had slipped and injured her shoulder, was able to walk but in extreme pain, Small team deployed to help, pain relief given and walked to husbands car, he took her to hospital.						
Keswick		55 mins				
47		10/01/2025		15:59		Latrigg
Call received about 73 YOF that had fell on ice injuring her arm, team deployed to assist, pain relief given and taken to team vehicle & then to there own vehicle for onward travel to hospital.						
Keswick		1 hr 13 mins				
48		11/01/2025		05:04		Selside, Kendal
Reports from NWS that 76 YOF & 79 YOM had both fell in their house & ambulance unable to get their due to snow, MRT deployed to assist, Paramedics transferred to house to asses, team then stood down.						
Kendal		4 hrs 17 mins				
49		11/01/2025		12:31		Grasmere
Call received about 68 YOM slipped and injured their ankle, H08 also deployed and landed to give assistance, transferred to helicopter and taken to hospital.						
LAMRT/Kendal		3 hrs 5 mins				
50		11/01/2025		15:18		Selside Pike
Call received about a male & his friend, that they were lost due to the snow and requested a call to MRT, MRT spoke with the male & pointed them in the right direction and talked them off the hill.						
Penrith		4 hrs 2 mins				
51		11/01/2025		15:28		Red Bank Road
Team member had came across a 59 YOF that had slipped and suspected broken the lower leg, MRT deployed & took her back to MRT base for transfer to Ambulance.						
LAMRT		1 hr 30 mins				
52		11/01/2025		17:26		Newlands Pass
Call received about car stuck with 3 persons onboard, 1 team vehicle sent to retrieve the 3 persons and take them back to their accommodation.						
Keswick/Cockermouth		1 hr 47 mins				
53		12/01/2025		14:01		Hartsop
Call came in about a confused & lost 71 YOM, MRT deployed and found male to be hypothermic, R936 attempted to get on scene, MRT stretchered casualty to a better location for R936 to pick up and take to hospital.						
Patterdale		5 hrs 12 mins				
54		12/01/2025		15:29		Near Alston
Call received about a car stuck in snow and unable to move, MRT deployed to retrieve occupants and taken back to there accommodation.						
Penrith		4 hrs 46 mins				



55		12/01/2025		18:06		Scafell Pike Area
Caller reported a brother & sister being lost in snow and overdue from their walk, MRT T/L began investigation and both had then turned up at the car park, MRT Stood down.						
Wasdale		31 mins				
56		14/01/2025		23:47		Bob Graham round
Caller reporting 53 YOM fell runner overdue from run, T/L began investigation and then was reported as back home safe and well.						
Keswick		59 mins				
57		15/01/2025		13:05		Blelham Tarn
Call received from members of the public about shouts for help, T/L and team investigated and it came to light that it was most likely a very excited fisherman after catching a large fish, area was search and nothing found.						
Coniston		1 hr 23 mins				
58		16/01/2025		16:50		Meathop
Farmer reporting that he had 2 stuck sheep on some crags, T/L deployed to rescue the sheep, all successfully recovered and team then stood down.						
Kendal		5 hrs 30 mins				
59		18/01/2025		10:24		Hallsfell
Call received from 2 walkers (19 & 27 YO) stuck and unable to get down or up, T/L attempted the get them walking again, but were unable to, small team deployed to assist them off the hill.						
Keswick		3 hrs 21 mins				
60		18/01/2025		18:12		Corridor Route
Call from 2 walkers that had got lost and were unable to continue as they had got benighted and not torch's, due to poor signal team deployed to get them, team walked them off and taxi sorted for getting them back to there car.						
Wasdale/Search Dogs		4 hrs 30 mins				
61		18/01/2025		20:07		Eskdale area
Call received from a group of 4 lads reporting that their friends that they had been out walking with had not returned as expected, began investigation and they had turned up safe and well.						
Wasdale		40 mins				
62		19/01/2025		17:04		Low Pike
Call received from 30 YOF that she had fell and twisted her ankle, could still walk but was very slow, T/L made contact & stated they stay put, small team deployed to & walked her off the fell.						
LAMRT		1 hr 55 mins				
63		20/01/2025		12:51		The Old Man of Coniston
Call received about a 73 YOM that had fell and hit his head and was bleeding and needed assistance with getting off the hill, team deployed and stretchered him off the hill and handed over to Ambulance.						
Coniston		3 hrs 44 mins				

64		25/01/2025		11:53		Blencathra
Call from 20 YOM that slipped and reported had a deformed ankle, team deployed as well as H08, H08 landed and MRT assisted getting casualty to aircraft.						
Keswick		2 hrs 4 mins				
65		25/01/2025		14:36		Kentmere Park
Call received about 58 YOF, that had tripped and injured her elbow & feeling dizzy, team deployed and she was stretchered off the hill and taken to hospital.						
Kendal		5 hrs 32 mins				
66		25/01/2025		15:02		Glenridding Beck
Call received about 43 YOF that had went over on her ankle, due to Patterdale away on there winter training Penrith was covering/T/L began investigation and found that she had walked off the hill, team stood down.						
Penrith		1 hr				
67		26/01/2025		14:26		Esk Hause
Call received from 2 19 YOM, stating that they were lost, phonefind put them at the Esk house shelter, small team deployed and walked off back to their car.						
LAMRT		6 hrs 9 mins				
68		28/01/2025		12:39		Crow Park
Call received from a Keswick Team member about a 55 YOF that had went over on her ankle, small team deployed and team Dr reduced her ankle and then handed over to ambulance.						
Keswick		43 mins				
69		29/01/2025		12:45		Hunting Stile
Call received about 18 YOF that had gone over on her ankle, Team deployed and stretchered off the hill.						
LAMRT		2 hrs 22 mins				
70		31/01/2025		11:29		Micklenden
Call received from an emergency beacon stating they have had a traumatic fall (injuries unknown), T/L attempted to make contact with them, small team deployed and found casualty had walked off, MRT advised she go to hospital.						
LAMRT		3 hrs 52 mins				
71		31/01/2025		13:08		Winder Fell
Call received about 69 YOM that had fell and injured his ankle, Due to low numbers KSMRT requested to help, while deploying team member had got casualty down & off the hill, both teams stood down.						
Kendal/Kirkby Stephen		1 hr 13 mins				
72		31/01/2025		15:38		Lindale
Request from NWAS for an ambulance assist for a carry, small team deployed to help but was stood down on route, farmer had came to assist.						
Kendal		52 mins				

73		31/01/2025		16:31		The Neb, Memmerby
Call received about 51 YOM that was too weak to walk , was very cold & was unresponsive, R199 deployed to assist, Casualty moved to R199 & then to ambulance for onward travel to hospital.						
Penrith		3 hrs 14 mins				
February						
74		02/02/2025		12:32		Broad Haystack
Call received about 4 walkers (2 M & 2 F) aged between 22 & 30 stuck on exposed crag and unable to get down or up, MRT deployed and set up a rope system to get them lowered down, all down safe and well.						
Keswick		3 hrs 39 mins				
75		03/02/2025		16:22		Striding Edge
Call received about a 24 YOF & 27 YOM that they were stuck and unable to get down and did not have any torches, T/L spoken with them and they were making slow progress, Small team met up with them and walked them off the hill.						
Patterdale		3 hrs 45 mins				
76		03/02/2025		18:20		Fairfield Horseshoe
Member of the public reported 2 males overdue from a walk and he had concerns that they were not equipment for the conditions, MRT began investigation and the pair eventually turned up after a long day on the hill.						
LAMRT		2 hrs 6 mins				
77		06/02/2025		10:50		Alcock Tarn
Call received about 69 YOM was in cardiac arrest and CPR had started, H58 had landed but unfortunately the male passed away.						
LAMRT		5 hrs 22 mins				
78		06/02/2025		14:46		Pike o Brisco
Caller rang in for help as they stated they were crag fast and it was icy, T/L spoke with them and advised them on the correct and best way off the hill, they made there own way off the hill.						
LAMRT		1 hr 13 mins				
79		06/02/2025		16:09		Calf Crag
Call from a couple that were lost and unable to find there way off the hill, small team deployed to go and get them, MRT walked them off the hill and back to their car.						
LAMRT		3 hrs 1 min				
80		06/02/2025		17:20		Castle Hill
Call from a 53 YOF that has fallen and injured their leg, Ambulance required assistance getting her down to ambulance, MRT deployed to assist NWAS.						
Kendal		1 hr 35 mins				
81		07/02/2025		12:12		Eagle Crag
60 YOM call in to state he was lost and had split from there original party, T/L made contact and found he was crag fast, MRT deployed and walked male off the hill, taken back to his group.						
Cockermouth/Keswick		3 hrs 52 mins				

82		07/02/2025		14:02		Sharp Edge
Call from female reporting that she was stuck on sharp edge with her dog, T/L began investigation and found that some passer by had help her off and she was now on the path on her way back down.						
Keswick		9 mins				
83		08/02/2025		12:42		Great Cockup
Call from member of the public that has came across a 57 YOM that has fell and injured his ankle & unable to walk on it, MRT deployed & stretched off the hill to son's vehicle who transported father to hospital.						
Keswick		3 hrs 11 mins				
84		08/02/2025		12:58		Great Borne
Police notified that 42 YOM was overdue from a walk, MRT began investigation and then was notified that he had turned up safe and well, MRT not deployed.						
Cockermouth		8 mins				
85		08/02/2025		16:13		Helvellyn
Report of 5 people all in there twenties, stuck on the top with no injuries, T/L spoke with them & gave them advise on getting back down, the 5 made there own way off the fell.						
Patterdale		1 hr 25 mins				
86		08/02/2025		18:10		Hart Crag
Call from 4 19 YOM reporting themselves lost, T/L spoke with them & got them moving, the 4 came across others that were camping, they had all the gear so decided to camp & make there way down in the morning.						
Patterdale		1 hr 17 mins				
87		11/02/2025		16:03		Scafell Pike
Call from 2 males stating they were lost coming off Scafell Pike, Phone find put them on the Eskdale side of the Pike, MRT called out and multiple routes taken to their location, MRT located and walked them off the hill.						
Wasdale		5 hrs 1 mins				
88		13/02/2025		07:27		Doddick Fell
Reports of lights by member of the public, MRT investigated & due to good phone signal in that area and MRT members unable to see any lights, team stood down.						
Keswick		47 mins				
89		15/02/2025		03:39		Old Dungeon ghyll
Nwas requesting an ambulance assist to a 57 YOM that had fell and fractured his lower leg, team stretchered off to ambulance.						
LAMRT		39 mins				
90		15/02/2025		13:17		Rydal Park
Call reporting 76 YOF had collapsed & feeling unwell, MRT deployed and stretchered off to ambulance.						
LAMRT		1 hr 42 mins				

91		15/02/2025		15:17		Slightside
31 YOF & 33 YOM, reported male having a panic attack on steep ground and unable to move, MRT deployed and found them both crag fast, Team member lowered off to retrieve them back to the top, all walked off safely.						
Wasdale		8 hrs 53 mins				
92		15/02/2025		15:50		Scafell Pike
Female called in stating that she had split from group due to weather & snow conditions and now was lost and didn't know where she was, she found other walkers that helped her off the hill, MRT not deployed.						
Wasdale		15 mins				
93		15/02/2025		18:06		Crinkle Crag
Call reporting 50 YOF and slipped on ice and hurt her leg & knee and was making slow progress off the hill, MRT deployed and met up with her and stretchered off the hill.						
LAMRT		4 hrs 40 mins				
94		16/02/2025		13:07		Eskdale - Cat Cove
Call received about 3 34 YOM's lost on Scafell Pike, phone find put them on Cat Cove, Eskdale, T/L investigated and talked them off the hill.						
Wasdale		3 hrs 25 mins				
95		16/02/2025		13:23		Hollowstones
Call received about 72 YOM had fell and injured his arm and head, he had lost consciousness, H63 and MRT deployed, Male checked out and walked off the hill with the team.						
Wasdale		4 hr. 25 mins				
96		16/02/2025		15:43		Dow Crag - Eskdale
Call received from 2 18 YOM that had got lost coming off Scafell Pike and ended up stuck on Dow crag due to ice, MRT deployed from previous job and assisted them off the steep ground and back to vehicle.						
Wasdale		6 hrs 1 min				
97		19/02/2025		11:27		Wansfell Pike
Call received from female that she had slipped on mud and injured her ankle and was unable to continue, MRT deployed and stretchered off the hill, transferred to friends vehicle, they were taking her to hospital.						
LAMRT		1 hr 56 mins				
98		19/02/2025		05:45		Egglesstone Common, Teesdale
Assistance requested from Teesdale & Weardale MRT requested help search for a missing 23 YOF, search's carried out on foot, with dogs & drones, the misper's body was located 5 days later by NPAS helicopter.						
KSMRT/Drones						
99		21/02/2025		13:18		Hart Crag
17 YOM called in stating he was lost, wet & it was very windy, LAMRT started the call-out and then passed it over to Patterdale, MRT deployed and brought him back to base to be warmed up, Accommodation sorted for him.						
LAMRT/Patterdale		5 hrs 10 mins				

100		21/02/2025		13:33		The Old Man of Coniston
Caller stating that 2 of them could not continue due to wind, rain & snow, MRT deployed to get them and bring them back down to the car park.						
Coniston		2 hrs 32 mins				
101		21/02/2025		14:26		Coombs Wood
Request to help H58 to a 12 YOM that had came off his MTB & hit a tree, initially being unconscious, MRT assisted getting the male to the Ambulance.						
Penrith		3 hrs 38 mins				
102		22/02/2025		17:57		Knock old man
Call received from 60YOM that he had slipped and injured his ankle and was unable to continue, MRT deployed, stretchered down to friends car.						
Penrith/KSMRT		4 hrs 48 mins				
103		23/02/2025		17:39		Scafell Pike
Call received from family member reported 4 overdue from a walk up Scafell Pike, T/L began investigation and they were found in the car park and heading home.						
Wasdale		49 mins				
104		24/02/2025		15:14		Kirby in Furness
Farmer called requesting help as one of his sheep were stuck in quick sand, T/L spoke with police and this is outside of MRT remit, job was passed to inshore rescue team that have the capability to do this rescue.						
DFMRT		26 mins				
105		24/02/2025		17:25		Stickle Tarn
Caller reported that his wife had not turned up after going their separate way, T/L carried out phone find and located her and reunited both of them.						
LAMRT		25 mins				
106		25/02/2025		17:57		Patterdale Area
Call reporting 47 YO Wife overdue from a walk, T/L was about to begin investigation when he had managed to get in touch with her, both reunited & MRT not deployed.						
Patterdale		7 mins				
107		25/02/2025		21:19		Piers Ghyll (River Right)
Call from 56 YOM & 52 YOF reporting themselves lost & stuck and unable to go any further, MRT deployed and retrieved them and walked them off the fell.						
Wasdale		6 hrs 34 mins				
108		27/02/2025		15:13		High Tilberthwaite
2 males 29 & 20 reported that they had came off the road while driving on a byroad, 1 male had type 1 diabetes & was concerned, while MRT don't normally recover vehicles, they assisted getting car back on road.						
Coniston		1 hr 36 mins				



109		27/02/2025		17:03		Barton Fell
MRT team member came across a 53 YOM that had slipped and injured his ankle, MRT deployed & stretchered off the hill to ambulance.						
Patterdale		3 hrs 10 mins				
110		27/02/2025		18:33		Haystacks
Call from a 25 & 26 YOF's reporting they were lost & benighted and were unable to continue, MRT sent to get them, found out that their 2 other friends were lost on Fleetwith Pike, they walked off and all met up safe and well.						
Cockermouth		3 hrs 54 mins				
111		27/02/2025		21:31		Blencathra
Caller reported they had came across a male in his 20's that was under the influence of mushrooms & was struggling to walk, MRT deployed & found him walking off, MRT helped him get down the rest of the way.						
Keswick		2 hrs 1 min				
112		28/02/2025		11:40		Orrest Head
Call received about 70 YOM that had fell and injured his ankle and was unable to continue, MRT deployed and stretchered him off the hill to ambulance.						
LAMRT		1 hr 34 min				
113		28/02/2025		17:25		Swirral Edge
Call from 20 YOF reporting she was lost & was scared to continue, 2 other walkers in the same situation, were assisted off and walked off safely to their accommodation.						
Patterdale		3 hrs 28 mins				
114		28/02/2025		21:29		Alston
Report from Ambulance that they required assistance with a 46 YOM that had came off his MTB after colliding with a tree, MRT deployed and assisted NWAS.						
Penrith		2 hrs 19 mins				
March						
115		01/03/2025		13:27		Derwent Water
Call received about a 86 YOF that had fell and injured her knees, hand & shoulder & was unable to get up, MRT stretchered her to her own vehicle and they were going to make there own way to hospital.						
Keswick		1 hr 16 mins				
116		02/03/2025		02:03		Scafell Pike/Sprinkling Tarn
Call received from a concerned parent that there son & friends had not been in touch and was concerned for them, police had located their vehicle, MRT eventually made contact & were safe and well, they had no mobile signal.						
Wasdale/Keswick		6 hrs 47 mins				
117		02/03/2025		13:04		Rydal Caves
Call reported 81 YOF in difficulty, MRT unable to make contact, so deployed but was then stood down as MRT were no longer required.						
LAMRT		32 mins				

118		03/03/2025		19:17		Castlerigg Fell
Call about 70 YOM that was overdue from a walk, MRT deployed and areas searched, eventually found in Threlkeld quarry, checked over and returned home.						
Keswick/Dogs/Drones		6 hrs 12 mins				
119		03/03/2025		19:20		Scafell Pike
Call from 20 YOM & 22 YOF saying they had become benighted on the summit and were getting cold, T/L unable to get them walking due to lack of light, small team deployed to get them						
Wasdale		6 hrs 4 mins				
120		03/03/2025		23:04		Cavendish Docks
Call from police reporting male in the water and MRT was requested to assist, team deployed but individual found in pub safe and well, team stood down.						
DFMRT		56 mins				
121		04/03/2025		16:08		Mellbreak
Call from 21 YOM that had fell and landed on sharp rock causing deep cut to the bum cheek, MRT stretchered him off the hill to Helimed 08 for onward travel to hospital.						
Cockermouth		2 hrs 54 mins				
122		05/03/2025		14:03		Easedale Tarn
Call from a 55 YOM reporting that a pre-existing leg injury and came back and was unable to continue, MRT deployed and stretchered off the hill.						
LAMRT		2 hrs 21 mins				
123		05/03/2025		14:06		Pooley Bridge
Call from 54 YOF that was dizzy and briefly went unconscious, T/L spoke with informant and had came round & they decided to walk to own car, MRT not deployed.						
Penrith		1 hr 9 mins				
124		06/03/2025		13:25		Lingy Bank
Call about 78 YOM that had injured his knee and was unable to continue, team deployed and male stretchered off the hill to there own vehicle.						
Patterdale/Keswick		2 hrs 2 mins				
125		06/03/2025		18:56		Scafell Pike
Caller 21 YOF reported that she was lost and split from brother 25 YOM who was also lost, T/L attempted to talk down but they had no torch, MRT deployed to get them and walk them off the hill.						
Wasdale/DFMRT		6 hrs 39 mins		CP-20250306-0225		
126		07/03/2025		17:57		Miterdale
Call from 55 YOF lost and unable to get back to car, she had been out walking with boyfriend but he decided to do more, Female located and re-united couple.						
Wasdale		1 hr 15 mins				

127		08/03/2025		13:11		Pike of Carrs
Caller reporting 59 YOF has had fallen and injured her lower leg/ankle and unable to continue, stretcher off the hill to ambulance.						
LAMRT/Kendal		3 hrs 30 mins				
128		08/03/2025		14:01		Lingmell Col
Call received about a 20YOM that had gone over on his ankle, but was able to weight bear, male continued a slow walk down, MRT deployed to help him walk off the hill.						
Wasdale		5 hrs 56 mins				
129		08/03/2025		14:38		Lingmell Col
Call received about a 41 YOM that had gone over on his ankle, they had reported blood could be seen, H58 called and was first on scene, MRT arrived to carry male to helicopter.						
Wasdale		5 hrs 18 mins				
130		09/03/2025		16:11		Coniston Old Man
Police called reporting a dog had ran off from its owners and was now lost, MRT deployed to help locate dog, later turned up at car park.						
Coniston		2 hrs 51 mins				
131		10/03/2025		17:50		A5084
NWAS requested assistance, motorbike went of road and down a 5m ditch, H08 on scene, MRT stretchered injured person to helicopter.						
Coniston		2 hrs 11 mins				
132		11/03/2025		13:55		Rigghead Quarries
Call received about 57 YOF that had slipped and injured her arm and was in a lot of pain, MRT deployed and made her comfortable and stretchered off the hill.						
Keswick		3 hrs 4 mins				
133		12/03/2025		10:07		Pike o Stickle
63 YOM reported as overdue and not turned into work, good info passed onto MRT on his intended route, Search dogs, Drones & SAR helicopter used, unformulaic the male was found & had passed away.						
LAMRT/Dogs/Drones		7 hrs 35 mins				
134		12/03/2025		13:30		Scafell Pike
3 males (1 19 YOM & 2 20 YOM) reported themselves at the summit and unable to continue due the weather closing in, while T/L investigating they had managed to get moving, MRT not deployed.						
Wasdale		27 mins				
135		14/03/2025		12:48		Lords Rake/Red Ghyll
40 YOM reported to police that he had gone off track and ended up getting stuck in a craggy environment, MRT deployed to get him of, R199 also deployed to assist & manage to get him and bring him down to the valley floor.						
Wasdale		3 hrs 2 mins				

136		15/03/2025		05:48		Sharp Edge
Call received that 1 16 & 18 YO had got stuck & unable to move, T/L investigated and during this time both had managed to self rescue, MRT not deployed.						
Keswick		54 mins				
137		15/03/2025		15:25		Earring Crag
Call received about a 70 YOF that had fell and injured her face/head & neck, MRT stretchered off the hill & handed over to NWAS.						
LAMRT/Kendal		4 hrs 2 mins				
138		15/03/2025		16:37		Lune Bridge
24 YOM reported as got stuck on crags and unable to get down, MRT deployed but later stood down as male got himself down and was safe and well.						
Kirkby Stephen		26 mins				
139		15/03/2025		19:05		Low Pike
Couple had got benighted and unable to get down, Small team deployed to help them get down.						
LAMRT		1 hr 8 m ins				
140		15/03/2025		19:14		Shelter Crag
Call received about 25 YOM, not feeling well and was unable to continue, MRT deployed as well as R936, R936 winched ill person and took him to hospital, MRT then walked off the hill.						
Wasdale/LAMRT/Kendal		5 hrs 15 mins				
141		16/03/2025		14:56		Seathwaite
Call received from concerned parent that her son had not turned up as expected, MRT investigated and he later turned up in Grasmere safe and well, MRT stood down.						
Keswick		30m mins				
142		17/03/2025		07:14		Steps Farm
MRT requested to assist NWAS to a cardiac arrest of an 83 YOM, team stood down on route as NWAS managed to get access.						
Kirkby Stephen		26 mins				
143		17/03/2025		19:55		Raven Crag
35 YO couple reported that they could not get down and were lost, MRT investigated and 1 member had located them and walked them off.						
LAMRT		41 mins				
144		18/03/2025		10:38		Styhead Gill
Caller reported concerns about ex partner he had stated he was lost on the fell, T/L investigated and managed to get in touch and he was now back on course and was safe and well.						
Keswick		20 mins				

145		18/03/2025		13:31		Easedale Tarn
Call received that a 80 YOF had fell and injured her ankle, MRT deployed and stretchered her off the hill, being transported by friends to hospital.						
LAMRT		3 hrs 10 mins				
146		18/03/2025		18:13		Easdale Tarn
Call received about female that had fell and injured her head and was feeling tired, MRT deployed as well as R199, MRT checked her over and was good to walk off, R199 stood down as not needed.						
LAMRT		1 hr 55 mins				
147		18/03/2025		19:51		Seathwaite
Caller reporting screams but unable to hear anyone, MRT investigated and decided not to deploy as no reports of anyone overdue/lost, suspect could have been sheep.						
Keswick		16 mins				
148		19/03/2025		13:34		Walna Scar
While team members were descending from training they came across and male that had fell and injured his knee, team transported him back to base and was checked over before taken him back to his car.						
Coniston		1 hr 2 mins				
149		19/03/2025		15:22		Beacon Tarn
Call from male stating he had fell and injured his leg/ankle and was unable to continue, MRT deployed and male taken to friends car for transport to hospital.						
Coniston		1 hr 59 mins				
150		21/03/2025		08:27		Rannerdale Knots
Caller reporting that he had lost his dog after it ran off chasing sheep, MRT investigated and told individual to retrace his footstep, he later called to say he had found the dog.						
Cockermouth		1 hr 25 mins				
151		21/03/2025		09:42		Ullswater
Call received from Coastguard & Fire about male in the water, MRT deployed to search with their boat to search, unable to locate male, MRT stood down as unable to locate, later found by police & male had passed away.						
Patterdale		4 hrs 15 mins				
152		21/03/2025		14:08		Orrest Head
Call received that a 78 YOF reported as weak and blacking out, MRT deployed as she refused any assistance from MRT so they stood down & returned to base.						
LAMRT		6 mins				
153		22/03/2025		14:59		Eskdale
Call received about 1 male stuck on steep ground, T/L began investigation and friends of the male managed to help him down to safe ground.						
Wasdale		18 mins				

154		23/03/2025		11:56		Honister
Call received that a 38 YOF had rolled her ankle, Staff from the local slate mine had stopped and assisted her getting back to her car, MRT deployed but casualty had already left, MRT then stood down.						
Cockermouth		1 hr 46 mins				
155		23/03/2025		12:20		High Blind How
Call received about 69 YO that had fell & injured their ankle & unable to continue, team deployed and stretchered back to own vehicle for onward travel to hospital.						
Coniston		3 hrs 21 mins				
156		23/03/2025		14:42		Ash Landing
While out on previous incident MRT were notified about another person had injured their ankle, MRT dealt with this and casualty was transported back to their accommodation.						
Coniston		58 mins				
157		24/03/2025		14:55		Scafell
Call received about 35 YOM that had taken a 25m fall sustaining significant head injuries, H58 & R199 deployed to assist, MRT deployed and assisted climbing partner off the hill.						
Wasdale		10 hrs 54 mins				
158		25/03/2025		13:28		Slightside
Call received about 57 YOF that had been pulled over by her dogs and suspected a knee injury, she was able to walk on it but slow, small MRT team deployed to help her walk off the hill.						
Wasdale		4 hrs 26 mins				
159		26/03/2025		09:08		Rydal water
Call received from 34 YOF that was alone with a 4 YO, stating that she was feeling dizzy and unable to move, MRT T/L spoke with her and was feeling much better and did not need assistance, MRT Stood down.						
LAMRT		16 mins				
160		26/03/2025		11:33		Caldbeck
Call received from female she has fell and injured her leg, MRT deployed and stretchered her to ambulance for onward transport to hospital.						
Penrith		3 hrs 27 mins				
161		26/03/2025		12:25		High Dam
Call received about 69 YOF that had fell and hit her head and was also reporting chest pain, MRT deployed and stretchered to ambulance.						
DFMRT		3 hrs 51 mins				
162		27/03/2025		08:10		Helvellyn
Call received from concerned family member that 4 people had gone wild camping & they have not heard from them, MRT investigated and made contact with them and were safe and well and walking back down.						
Patterdale		1 hr 7 mins				

163		27/03/2025		13:45		High Stile
Call from 58 YOM stating he was lost and getting cold, T/L attempted to talk him off but was not successful, Small Team deployed to get him off, once assessed he walked off the hill.						
Cockermouth		5 hrs 14 mins				
164		27/03/2025		17:12		Scafell Pike
Call received from 24 YOM stating he was lost on the summit and his phone maps were not working and was cold & wet, 2nd call stating shouting, male met up with others and walked off the hill.						
Wasdale		2 hrs 18 mins				
165		28/03/2025		14:29		Coniston old man
Call received from 2 walkers saying they were lost with there dog, MRT deployed and assisted them getting off the hill.						
Coniston		2 hrs 4 mins				
166		28/03/2025		20:01		Place Fell
Call received from police about member of the public reporting flashing lights, T/L investigated and now appear to be moving, MRT not deployed.						
Patterdale		9 mins				
167		29/03/2025		20:08		Lining Crag
Call from friend stating 43 YOM required assistance from MRT, T/L investigated and found his tent had been damaged in strong winds, MRT deployed but was found safe and well in a local hotel.						
Keswick		1 hr 22 mins				
168		30/03/2025		17:55		Sharp Edge
Call received from 20 YOM saying he was stuck and unable to move any further, T/L began investigation and some other people in the area assisted getting him to safety, MRT stood down.						
Keswick		23 mins				
169		30/03/2025		20:44		Birk Hagg
Call received about a lost dog, owner had been searching for 5 hrs & found dog stuck on a ledge, as MRT were investigating the dog had got off and was safe, MRT stood down.						
LAMRT		10 mins				
170		31/03/2025		13:27		Hallinag Wood
Call reporting 76 YOM had fell 30ft down an embankment hurting his head, MRT deployed boat and was able to get to the male and take him back to main road to be handed over to the ambulance.						
Patterdale		3 hrs 54 mins				
April						
171		01/04/2025		12:18		Castle Crag
Call received that a 68 YOF had torn her calf muscle and was unable to continue, MRT deployed and stretchered her to her own vehicle for onward transport to hospital.						
Keswick		2 hrs 2 mins				

172		01/04/2025		13:50		Ullock Pike
Call stating 67 YOF had slipped and twisted her ankle, suspected broken, MRT deployed and stretchered her off the hill, female dropped off at friends car, MRT returned to base.						
Keswick		2 hr 49 mins				
173		01/04/2025		17:12		Castle Crag
Call came in stating wife had lost her 60 YO husband, while he was looking for a cave, MRT T/L began investigation and ended up that he had returned to there accommodation and was safe and well, MRT stood down.						
Keswick		24 mins				
174		02/04/2025		11:58		Arnside Park
Call stating male had fell on rocks and injured his head, MRT deployed, but shortly after stood down as NWAS were on scene.						
Kendal		2 hrs 1 mins				
175		02/04/2025		21:52		Scafell Pike
Call received from hotel stating the a group of 3 males were overdue from a walk up Scafell Pike, T/L began investigation and traced them to there accommodation.						
Wasdale		19 mins				
176		03/04/2025		11:45		Great Mell Fell
Reports of male fell and injured his lower leg and unable to continue, MRT deployed and stretchered off the hill, made way to hospital in own vehicle.						
Patterdale		2 hrs 59 mins				
177		03/04/2025		21:06		Blencathra
Caller reporting seeing flashing lights on the hill, MRT T/L investigated and good phone signal in that area, MRT stood down.						
Keswick		10 mins				
178		04/04/2025		01:49		Grasmere area
Member of the public reported flashing lights coming from the hills, MRT T/L attempted to make contact, but unable to get through, voicemails left still nothing, MRT Stood down.						
LAMRT		1 hr 17 mins				
179		04/04/2025		11:44		Broadstand
Caller 34 YOM & friend reported that they were stuck and unable to go up or down, MRT deployed and rope system set and got them onto safe ground, then they walked off the hill.						
Wasdale		7 hrs 51 mins				
180		04/04/2025		16:12		Scafell Pike
1 Male reported as having really bad cramp and was struggling to walk, T/L spoke to him and got him to eat and drink, 4 members deployed from previous incident and male walked off the hill ok.						
Wasdale		3 hrs 24 mins				



181		04/04/2025		18:02		Pillar
Call received stating her 48 YO partner had stormed off after an argument & was concerned for him & he was not at the car, MRT began investigation and he did turn up safe and well.						
Wasdale/Cockermouth		47 mins				
182		05/04/2025		00:05		Helm Crag
Call from member of the public reporting flashing lights, MRT began and due to good phone signal in that area if anyone needed assistance they would have called it in, MRT stood down.						
LAMRT		29 mins				
183		05/04/2025		10:59		Langdale Valley
Member of the public reported to the police that there was a sheep with facial lacerations and unable to move, MRT called local farmer & farmer stated he did not require MRT.						
LAMRT		13 mins				
184		05/04/2025		12:07		Brown Tongue
Call about 27 YOF collapsed and was in and out of consciousness, MRT deployed and stretchered off the hill to ambulance.						
Wasdale		3 hrs 42 mins				
185		05/04/2025		13:12		Great End
2 females reported stuck on crags and unable to move, MRT deployed and rope rescue carried out to get them to safe ground.						
Keswick/Drone		6 hr 28 min				
186		05/04/2025		14:17		Hayeswater
Call about 60 YOF that had slipped and injured her ankle, stretchered off the hill, transported to MRT base for transfer to ambulance.						
Patterdale		2 hrs 50 mins				
187		05/04/2025		15:23		Braithwaite Lodge, Barrow
Call received about 70 YOF that had injured her knee and was unable to continue walking, Stretchered off to own vehicle.						
Keswick		2 hrs 42 mins				
188		05/04/2025		15:34		Kentmere Horseshoe
Call received from 42 YOM about a shoulder injury and was in lots of pain, R912 requested and picked casualty up and flown him to the valley bottom for transfer to ambulance.						
Kendal/LAMRT		7 hrs 14 mins				
189		05/04/2025		16:37		Greenup Edge
Call received about a 57 YOF that was participating in a organised fell race and had fell and injured her shoulder and unable to continue, stretchered off the hill and handed over to race medic.						
Keswick		2 hrs 50 mins				

190		05/04/2025		21:38		High Pike Hill
Reports of flashing lights on the hill, MRT began investigation and found it to be wild campers, MRT then stood down.						
Kirkby Stephen MRT		1 hr 28 mins				
191		06/04/2025		14:36		Old county tops fell race reccy
Call received about an overdue fell runner that had not returned home, MRT began investigation and then found they were on there way home, MRT not deployed.						
Wasdale		17 mins				
192		07/04/2025		13:01		Loweswater Fell
Caller phone police about a sheep stuck in mud, Police advised he speak to the local farmer, MRT did not deploy on this occasion.						
Cockermouth		16 mins				
193		07/04/2025		15:44		Coniston Old Man
Call about a 52 YOF that had fell and injured her leg, H08 & R936 also deployed, treated and stretchered for short while, H08 treated her and then was winched into R936.						
Coniston		3 hrs 32 mins				
194		07/04/2025		17:11		Corridor Route
Call received about 39 YOF that had injured her knee and was unable to continue any further, MRT deployed and stretchered off the hill.						
Wasdale		7 hrs 11 mins				
195		08/04/2025		10:13		Bowscale Fell
Caller reported 70 YOM feeling unwell and collapsed & initially not responding, MRT deployed stretchered him off the hill and taken to hospital by wife.						
Keswick/Penrith		3 hrs 14 mins				
196		08/04/2025		17:11		Priest Hole, Dove Crag
Call received from 24 YOM stating he had taken a wrong turn and got stuck and unable to move, MRT deployed a small team to go and get him, walked off the hill with MRT.						
Patterdale		3 hrs 56 mins				
197		08/04/2025		21:08		Aira Force
Call received from couple and child, stating It was too dark to get off down, MRT sent small team to get them and bring them back to their car.						
Patterdale		1 hr 22 mins				
198		09/04/2025		17:31		Path to Red Pike (Buttermere)
Call received about 52 YOF that was exhausted, shivering and feeling unwell, MRT deployed and stretchered to Ambulance.						
Cockermouth		1 hr 45 mins				

199		09/04/2025		18:53		Coniston Water
Call from Coastguard via police that someone on a paddle board needed help, While MRT was deploying that had manage to get to the shore.						
Coniston		15 mins				
200		09/04/2025		22:22		Dunnerdale Forest
Call received via iPhone emergency SOS that they were lost and 1 injured but could walk, they were a group of 6 14YO doing DofE, MRT deployed and located party, they were with their party leader.						
DFMRT		1 hr 25 mins				
201		10/04/2025		13:34		Grizdale Forest
Call received about 46 YOF that had slipped and hurt her collar bone and needed assistance getting off the hill, MRT deployed & stretchered her off the hill.						
Coniston		2 hrs 30 mins				
202		11/04/2025		10:34		Whinlatter
Police requested assistance for searching for High risk person 60 YOF, Car had been located at Whinlatter, Keswick, Cockermouth, Dogs & Drones deployed, Search dog located her in wooded area.						
Keswick +Others		6 hrs 57 mins				
203		11/04/2025		16:25		Aira force
NWAS called about 35 YOF that had fell and hit head, bleeding and had blurred vision, MRT deployed and transferred to friends vehicle for transport to hospital						
Patterdale		1 hr 20 mins				
204		12/04/2025		12:16		Raven Crag
Call received about 28 YOM climber that had fell and been hit by rocks, sustaining head injuries, MRT & R936 deployed and climber was taken to hospital.						
LAMRT/Kendal		4 hrs 32 mins				
205		12/04/2025		16:40		Patterdale area
POLSTAR requested assistance searching for Misper 34 YOM that had not returned home, MRT searched area around were car was located and was unable to locate, he was later found in another teams area, see next log.						
PattMRT + Others		21 hrs 29 mins				
206		13/04/2025		10:32		Garburn Pass
Call from member of the public reporting a deceased person, Police & MRT deployed to investigated and remove from the hill.						
Kendal		5 hrs 33 min				
207		13/04/2025		15:15		Crummock Water
Call from police & Fire about a paddleboarder that had gone into the water and could not get back on, Fire deployed boat, MRT assisted getting female back to shore.						
Cockermouth		4 hrs				

208		13/04/2025		16:40		Hardknot Pass
Call from NWS requesting assistance with 45 YOM that had came off his motorbike, MRT deployed but stood down shortly after, NWS got on scene.						
DFMRT		1 hr 10 mins				
209		14/04/2025		18:03		Lingmell Col/Piers Ghyll
54YOF & 59YOM Plus dog reported themselves lost, Phone find put them on the side of Piers Ghyll, Discussion with T/L they were set in the right direction and talked off the hill.						
Wasdale		2 hrs 16 mins				
210		15/04/2025		15:53		Place Fell
27 & 31 YOF got stuck on rocky ground and had a panic attack, T/L deployed small team to get them off the hill, both walked off wit no issues.						
Patterdale		2 hrs 36 mins				
211		15/04/2025		18:27		Bowder Stone
Call received that 36 YOM tripped and injured his ankle and unable to continue, MRT deployed and stretchered him to own vehicle for onward travel to hospital.						
Keswick		1 hr 15 mins				
212		17/04/2025		14:00		Red Tarn Beck
Call received from 36 YOF stating that her legs were cramping possibly due to exhaustion, small MRT team deployed to help her off the hill.						
Patterdale		47 mins				
213		17/04/2025		17:50		Eggerslack Wood
Report the 14 YOM had came off his MTB hitting a tree, H58 deployed as well as MRT, stretchered off the hill to ambulance.						
Kendal		2 hrs 3 mins				
214		18/04/2025		15:30		Eagle Crag
Male Fell while descending and fell and injured his head, MRT deployed located him back onto the path & walked off the hill.						
Keswick		3hrs 44 mins				
215		18/04/2025		17:30		Great End
Call received from 24YOM stating he had a leg injury, poor phone signal, T/L finally made contact and was in another teams area, passed to Keswick but stood down as they were now walking off the hill on there own.						
WMRT/Keswick/CocMRT		4hrs 5 mins				
216		19/04/2025		10:39		Lake House, Windermere
Caller reported 61 YOF having chest pains and difficulty breathing, MRT, H08, H58 deployed and she was airlifted to hospital.						
LAMRT		2 hrs				

217		20/04/2025		14:31		Greathall Gill
Call about 41 YOF that had slipped and injured her lower leg, MRT deployed and she was stretchered off the hill to husbands car for onward transport to hospital.						
Wasdale		3 hrs 17 mins				
218		20/04/2025		15:21		Aira Force
Call received about injured person, MRT deployed and stretchered off the hill to own vehicle.						
Patterdale		1 hr 23 mins				
219		20/04/2025		15:30		Great Gable
Call received from several members of the public reporting shouts, T/L tried to investigate but struggling with phone signal, MRT did not deploy as no further calls made.						
Wasdale		4 hrs 8 mins				
220		20/04/2025		17:29		Seathwaite Area
Reports of one of there group 22 YOM had not returned to the car park as expected, T/L carried out investigation and as he was doing the misper turned up in the car park.						
Keswick		54 mins				
221		20/04/2025		17:57		Lowther Brow, Troutbeck
Caller reported that 25 YOM had crashed his paraglider & had lower back injury, H58, MRT deployed and stretchered to the helicopter for onward travel to hospital.						
LAMRT		2 hrs 56 mins				
222		20/04/2025		19:43		Cross Fell
Call received about 2 72 YOM that had got lost and were now exhausted and requested assistance, MRT deployed and found them both, warmed them up and transported back down to there vehicle.						
Penrith		3 hrs 9 mins				
223		20/04/2025		21:51		Stand Crag
Call received from 23 YOM saying he was lost & split from group, T/L managed to locate him, MRT deployed to get him and walk him off the hill.						
Wasdale		5 hrs 12 mins				
224		20/04/2025		22:22		Little Mell Fell
Reports of flashing lights, MRT investigated and location were lights seen has good phone signal, Team member unable to see any lights, MRT not deployed.						
Patterdale		1hr				
225		21/04/2025		10:07		Skiddaw house area
Caller reporting a full rucksack left with nobody with it, while T/L was investigating he had turned up, he had lost his partner and went looking minus the rucksack.						
Keswick		9 mins				

226		22/04/2025		11:48		Helvellyn Screes
Member of the public reported what looks like a bivvy bag on the hill, T/L investigated and came to light it's a marked area for plane spotters, that had not cleaned up after themselves, MRT not deployed.						
Keswick		1 hr 5 mins				
227		22/04/2025		12:38		Helvellyn path from Swirls
caller reporting 41 YOM had fell and injured his ankle and unable to continue, MRT deployed and male stretchered off the hill.						
Keswick		2 hrs 16 mins				
228		22/04/2025		18:26		Kershope Forest
Call reporting that a 7 YOM was lost in the woods and was now unable to find him, MRT deployed to assist the police look for the child, while MRT were on there way the child had turned up safe and well.						
Penrith/Dogs		4 hrs 10 mins				
229		23/04/2025		22:16		Red Pike (Wasdale)
Call received about a 28YOM that was overdue from a walk, investigations began to try and locate him, contact was made and he was safe and well, MRT stood down.						
CockMRT/WMRT/KMRT		5 hrs 14 mins				
230		24/04/2025		06:41		Mungrisdale
Call received about 65 YOM that had fell off path and into stream reporting back & head injuries, MRT deployed and stretchered to ambulance.						
Keswick		2 hrs 28 mins				
231		24/04/2025		10:23		Red Pike (Buttermere)
Call received about 2 people stuck in mud and unable to get down, T/L spoke with them and managed to get them moving and got off the hill under there own steam, MRT not deployed.						
Cockermouth		36 mins				
232		24/04/2025		13:07		Orrest Head
Call received bout 79 YOF having chest pains, MRT deployed and treated then stretchered off to ambulance.						
LAMRT		1 hr 37 mins				
233		24/04/2025		17:00		Lower scout crag
Call received about a female that had fell 10 foot, injuring head and pelvis, MRT & H08 deployed, stretchered to helicopter and taken to hospital.						
LAMRT		1 hr 50 mins				
234		27/04/2025		13:16		Kepple Cove
Call received about a female in her 50's reporting groin pain, Small team deployed and she had managed to walk down to team vehicle, taken back to base and examined.						
Patterdale		1 hr 39 mins				

235		27/04/2025		15:04		Helvellyn
Call received about 24 YOM fell and injured his ankle, MRT deployed & due to the nature of his injury, H08 also called, stretchered off the hill to helicopter for onward travel to hospital.						
Keswick		3 hrs 18 mins				
236		29/04/2025		14:09		Old Man of Coniston
Call received about a 72 YOM that was feeling unwell and unable to continue, MRT & H08 deployed, stretchered off the hill to helimed.						
Coniston		3 hrs				
237		29/04/2025		21:02		Helvellyn
Call received from concerned person as they had not heard from them, T/L spoke with informant and person had all the necessary equipment to stay out, MRT decided not to deploy.						
Keswick		44 mins				
238		30/04/2025		10:44		Wetherlam
Call received from concerned partner that they were overdue and not reported in, MRT began investigation and started searching paths, then he turned up and had been out of signal for 24hrs.						
Coniston/LAMRT/Drones		4hrs 51 mins				
239		30/04/2025		16:00		Aira Force
Call received about 45 YOF that had fell and injured her ankle and was unable to continue, stretchered off the hill and transferred to there own vehicle.						
Patterdale		2 hrs 8 mins				
May						
240		01/05/2025		13:30		Black Crag
Caller reporting he has came across a climber that has fallen and broke his wrist, MRT deployed and carried out a rope rescue and lowered both climbers back to the ground, both walked off and taken themselves to hospital.						
Keswick/Penrith		3 hrs 52 mins				
241		03/05/2025		08:18		Aspatria
Police called requesting assistance looking for a misper that had not returned home, MRT & Drones deployed but were soon stood down as misper had turned up safe and well.						
Cockermouth/Drones		1 hr 24 mins				
242		03/05/2025		09:54		Stickle Tarn
Call received about a 28YOM that was reported as feeling unwell & unable to continue, MRT & R199 deployed, Male stretchered off the hill due to R199 needing to refuel, Male then handed over to ambulance.						
LAMRT		2 hrs 43 mins				
243		03/05/2025		13:59		Crinkle Crag
Call received about a 22 YOF that had slipped and injured her ankle and unable to continue, MRT & R199 deployed, winched into helicopter and taken to hospital.						
LAMRT		4 hrs 50 mins				

244		03/05/2025		21:04		Scafell Pike, Lower path
Report that a 45 YOF was having a panic attack and was unable to continue, MRT deployed and she was stretchered off the hill.						
Wasdale		5 hrs 58 mins				
245		04/05/2025		16:25		Browncove Crag
Call received about 19 YOF that had been found unwell, MRT deployed and stretchered her off the hill and handed over to ambulance.						
Keswick		4 hrs 19 mins				
246		04/05/2025		17:15		Raven Crag
Call reported about 29 YOF that had slipped and hurt her knee and was unable to continue, MRT deployed and stretchered off the hill, to friends vehicle.						
Keswick		1 hr 53 mins				
247		04/05/2025		22:16		Cross Fell
Call received from 27 YOF that was struggling in the wind & fog and was unable to get her tent up, MRT deployed to get her and brought her down to a local hotel.						
Penrith		4 hrs 13 mins				
248		04/05/2025		23:26		Wastwater Screes
Caller reporting seeing lights on the screes footpath opposite them and not moving for sometime, T/L investigated and Individual male had made his way back to NT campsite.						
Wasdale		1 hr 31 mins				
249		05/05/2025		10:58		Bleaberry Fell
Report of 31 YOF fell over on ankle and unable to walk, stretchered off the hill and husbands car who was going to take her to hospital.						
Keswick		3 hrs 42 mins				
250		07/05/2025		11:24		Broad Stand
Call received about 39 YOM stuck on broad stand and unable to go up or down, team deployed, rope system installed to get him back up, once recovered he walked off with the team.						
Wasdale		8 hrs 47 mins				
251		07/05/2025		13:34		Borrowdale valley
Caller received that 86 YOM had wandered off and they could no longer locate him, MRT begun to investigated when he turned up safe and well.						
Keswick		59 mins				
252		07/05/2025		15:18		Pillar, Looking Stead
Call received about 45 YOM that had fell and injured his ankle, MRT deployed as well as R912 to assist with getting him off the hill, R912 flew him to hospital for treatment.						
Wasdale/Cockermouth		4 hrs. 54 mins				



253		07/05/2025		17:05		Low Water Quarries
Call received about 24 YOM that had fell and injured his ankle, MRT deployed and transported him off the hill to ambulance.						
Coniston		2 hrs 39 mins				
254		10/05/2025		01:42		Old Man of Coniston
Call from 35 YOM that was having an anxiety attack and was unable to continue, MRT deployed and brought him back down and taken him back to his vehicle.						
Coniston		3 hrs 31 mins				
255		10/05/2025		11:43		Heron Pike
Call received about 39 YOM that had slipped and possibly dislocated his ankle, he stated that he had put it back in MRT deployed but stood down as he stated he was walking off under his own steam.						
LAMRT		11 mins				
256		10/05/2025		12:19		Swarth Fell
Call received about 60 YOF that was having issue with vertigo, Small MRT team deployed to get her off the steep ground, MRT took her back to her car.						
Patterdale		4 hrs 34 mins				
257		10/05/2025		11:22		Arnside Knott
Call received that 13 YOM had came of his bike, MRT deployed but soon stood down father was taking him to hospital.						
Kendal		1 hr 20 mins				
258		12/05/2025		19:01		Ullswater
Call from coastguard reporting boat had run a ground, MRT boat deployed and towed it off the rock and back to its mooring, male onboard safe and well.						
Patterdale		1 hr 56 min				
259		12/05/2025		21:16		Helvellyn
Call from concerned parent that stated her 47 YO son was struggling on his bromton bike and was disorientated, as MRT were gathering info son had made it down and parents went to pick him up.						
Keswick		43 mins				
260		13/05/2025		09:27		Eden Hall
Call from NWS asking for assistance with a 52 YOM that had been hit by a tree, MRT stretchered him to an ambulance.						
Penrith		2 hrs 39 mins				
261		13/05/2025		12:21		Back Guards Plantation
Call received that a 79 YOF was unable to continue due to medical issue that she had, MRT deployed and assisted her back to her accommodation.						
Coniston		2 hrs 41 mins				

262		13/05/2025		13:23		Grisdale Forest
Call received that a 59 YOM had came off his MTB, H58 on scene and requested assistance getting casualty to the aircraft, MRT carried him to helicopter.						
Coniston		1 hr 40 mins				
263		13/05/2025		14:54		Eagle Crag
Call received about 52 YOM that had injured her ankle, MRT deployed and R936, casualty winch into R936 and flew down to the campsite, she was then transferred to partners carry who was taking to hospital.						
Keswick/Kendal		4 hr 34 min				
264		13/05/2025		16:56		Whamtown
Call received to assist NWS with 80 YOM that had crashed his tractor into a ditch and was unconscious, MRT gathered info but was stood down due to Fire & Rescue dealing with it.						
Penrith		19 mins				
265		14/05/2025		13:28		Galava Fort
Call received about a 75 YOF that had fell and injured her shoulder, while MRT were gathering info Casualty had self rescued, MRT stood down.						
LAMRT		11 mins				
266		14/05/2025		17:53		St Johns in the Vale
Call about a 77 YOF that had injured her knee and unable to walk, MRT deployed and stretchered her off the hill to ambulance.						
Keswick		2 hrs 46 mins				
267		14/05/2025		21:39		Red Pike
Call received from 22 YOF stating she got Scared and was unable to continue, Small MRT deployed to go and get her, walked her off down to the campsite.						
Cockermouth		3 hrs 39 mins				
268		15/05/2025		08:47		Grasmere
Police had called requesting assistance looking for missing person, search narrowed down and unfortunately MRT located him and he had passed away.						
LAMRT/Drones		16 hrs 55 mins				
269		15/05/2025		17:38		Haystacks
Husband reported 58 YO wife had not returned back to car and that she had reported getting into difficulty, Small MRT team deployed and found her and walked her off the hill.						
Cockermouth		2 hrs 3 mins				
270		16/05/2025		16:28		Old Man of Coniston
Call received about 64 YOF that had fell and injured her hip and was unable to continue, MRT deployed and stretchered her off the hill.						
Coniston		2 hrs 29 mins				

271		16/05/2025		16:41		Broad crag col
Call received form 29 YOM that he had injured his ankle, MRT deployed & R199 attempted to winch him off but was unable to, team members uplifted and male stretchered to R199.						
Wasdale/DFMRT		7 hrs 17 mins				
272		16/05/2025		21:03		Thirlmere
Reports of an upside down canoe, MRT, R936 deployed to search areas, while MRT searching, Police confirmed that 3 youths had pushed the boat into the lake, MRT stood down.						
Keswick		2 hrs 45 mins				
273		17/05/2025		11:58		Rayrigg Hall
Request from NWS to assist with 45 YOM that had dislocated his knee, MRT stretchered casualty to ambulance.						
LAMRT		1 hr 18 mins				
274		17/05/2025		14:38		Brown Tongue
Call received about a 68 YOM that had hurt his lower leg and was unable to weight bear, MRT deployed, but male had managed to walk off under his own steam.						
Wasdale		3 hrs 10 mins				
275		17/05/2025		14:42		Brown Tongue
Call about a 68 YOM that had fell and hit his head causing a deep cut to head, he was looked and he decided he would have a slow walk off the hill.						
Wasdale		3 hrs 7 mins				
276		17/05/2025		17:38		Brown Tongue
Call received about 41 YOM had fainted and banged his head, MRT deployed and was found to be already walking off the hill, MRT monitored him on his way down.						
Wasdale		3 hrs 18 mins				
277		17/05/2025		22:50		Gasgale Crag
Caller reported seeing green flare going off, MRT investigated and good phone signal in that area and a called could be made if in trouble, MRT not deploying until further info received.						
Cockermouth		15 mins				
278		18/05/2025		12:02		Red Brow
Call received about 78 YOM that had collapsed and unable to get up, members of the public gave him food & water and this perked him up and was able to walk off, MRT checked him over and was good to go home.						
Coniston		1 hr 51 mins				
279		18/05/2025		16:18		Styhead Tarn
Call received from NWS stating male not responding and CPR had commenced, MRT & H08 deployed but unfortunately the male passed away.						
Wasdale		5 hr 56 mins				

280		18/05/2025		18:11		Catbells area
Call received for concern for 2 80 YO that was overdue, MRT carried out investigation and during this they both turned up safe and well.						
Keswick		43 mins				
281		19/05/2025		14:29		Stockley Bridge
Call from male that he had slipped and twisted his knee, MRT deployed and stretchered off to ambulance.						
Keswick		1 hr 35 mins				
282		19/05/2025		16:52		Hawkshead
58 YOM fell injuring his knees & MRT were needed to help with stretcher carry, transferred to ambulance.						
Coniston		1 hr 14 mins				
283		19/05/2025		18:42		Glenridding YHA
Call received about 51 YOM found not breathing, Ambulance & MRT deployed but unfortunately the male had passed away.						
Patterdale		3 hrs 13 mins				
284		20/05/2025		17:14		Longtown
Call received about a 83 YOF that had fell down an embankment, MRT investigated but stood down as Fire had attended and was able to get her out.						
Penrith		30 mins				
285		20/05/2025		17:23		Grizdale Pike
Caller reporting smoke on the hill, MRT investigated and spoke with fire service and they were going to deal with it, MRT stood down.						
Keswick		15 mins				
286		20/05/2025		19:22		Brandlehow Woods
Call received that a 52 YOM had fell and injured his ankle, MRT deployed and stretchered him to his vehicle for onward transfer to hospital.						
Keswick		1 hr 38 mins				
287		20/05/2025		22:26		Corridor Route
Call received from part of a group reporting 2 of their group had not turned up at car park, T/L began investigation and both turned up at car park, MRT not deployed.						
Wasdale		5 mins				
288		21/05/2025		19:00		The Helm
Call received that a 11 YOM had fell while running and injured his leg badly with exposed bone, MRT deployed, stretchered him down to his parents vehicle for onward travel to hospital.						
Kendal		2 hrs 55 mins				

289		21/05/2025		23:27		Silverdale
NWS called requesting assistance to a 90 YOM that had fallen and paramedics unable to get him to ambulance, MRT then stood down as they managed to get him into ambulance.						
Kendal		21 mins				
290		22/05/2025		11:19		The Helm
NWS called requesting assistance to male that had fell and injured his shoulder, team deployed and stretchered to ambulance.						
Kendal		1 hr 19 mins				
291		22/05/2025		11:57		Longlands Lake, Cleator
Call received from NWS requesting assistance to a 70 YOM that had fell down an embankment, NWS wrongly assigned the wrong team, upon arrival the casualty was already in ambulance.						
Cockermouth		1 hr 35 mins				
292		22/05/2025		12:13		Shepherds crag
Call received about a 70 YOM that had collapsed and CPR was in progress, MRT & H58 deployed but despite the teams effort the male had passed away.						
Keswick		3 hrs 14 mins				
293		22/05/2025		12:14		Larkrigg Spring
Call received about a female that had fell and hit her head and was bleeding quite bad, MRT deployed and stretchered to ambulance for onward travel to hospital.						
Kendal/DFMRT		1 hr 40 mins				
294		22/05/2025		17:00		Wastwater area
Calls received from member of the public about shouts for help, they continued there walk and nothing else heard, T/L began investigations with local farmers but nothing else called in, MRT Stood down						
Wasdale		33 mins				
295		23/05/2025		17:24		Hindscarth
Call about a 53 YOM that while walking downhill heard a crack in his knee and was unable to continue, due to location R199 called to assist, R199 picked casualty up and brought him down to team vehicles.						
Keswick/Cockermouth		2 hrs 30 mins				
296		23/05/2025		20:39		Esk Pike
Call came in about 2 lost males, T/L carried out location check to find they were in LAMRT patch, handed over to them, they sent out small team to retrieve them and walk them off the hill.						
Wasdale/LAMRT		5 hrs 33 min				
297		24/05/2025		13:02		Helvellyn
Call about a 60 YOM that had fell and hurt is ankle, team stretchered him off the hill to his friends vehicle and they transported him to hospital.						
Keswick		2 hrs 45 mins				

298		24/08/2025		17:38		Crinkle Crag
Call from 32 YOM stating he was lost and on steep ground, T/L established location and managed to talk him off the fell while he was clicking the Phone find, successfully walked himself off.						
LAMRT		2 hr 28 mins				
299		24/05/2025		21:38		Dove Crag
Call from a group of 5 16 YOM's reporting themselves lost and unable to get there tent put up, T/L spoke with them and a small MRT was coming to get them, they then stated that they managed to sort tent and happy to stay put.						
Patterdale		1 hr 58 mins				
300		25/05/2025		01:46		Angle Tarn
Call received about a 27 & 29 YOM lost, wet & cold and not confident walking off, Small MRT team deployed and walked them off the hill, take to Ambleside to catch bus back to Seathwaite.						
LAMRT/Patterdale		6 hrs 6 mins				
301		25/05/2025		04:55		Dove Crag
Another call from 5 Males in incident number 299, stating they were hypothermic, T/L spoke with them again and they are in good spirits, packed there tent up and walked off, took back to MRT base for warming up.						
Patterdale		4 hrs 38 mins				
302		25/05/2025		08:21		Barf
25 & 50 YOM's + 2 dogs reported as taken wrong turn and were now crag fast and unable to continue, MRT deployed and walked them back down to there vehicle.						
Keswick		2 hrs 3 mins				
303		25/05/2025		13:06		Fleswick Bay, St Bees
Call by police about injured walker, as it was on the coastal path this was passed to coastguard team as it was there area, MRT checked if they needed any assistance, which they did not MRT stood down.						
Wasdale		1 hr 6 mins				
304		25/05/2025		13:36		Old Man of Coniston
Call about 75 YOM that had been blown over by the wind and hurt his leg & hip and was now unable to weight bare, MRT stretchered him off the hill to friends car for onward travel to hospital.						
Coniston		2 hrs 39 mins				
305		25/05/2025		15:11		Little Hell Gate, Great Gable
Call about 2 walkers that had got stuck and were unable to continue and were now wet & cold due to not having the correct clothing, MRT deployed and walked them off to Wasdale head, were the got a taxi back to Seathwaite.						
Wasdale		3 hrs 57 mins				
306		25/05/2025		16:16		Brandelhow Park, Derwent Water
Call received about 27 YOM being hit by a branch and was unable to continue, MRT deployed and assist the male to the Ambulance.						
Keswick		1 hr 17 mins				

307		26/05/2025		18:53		Brown Tongue
Call received about a 30 YOM & 30 YOF that had split from party and were overdue and the female reported as struggling with her hips, location eventually got and she was stretchered off to own vehicle.						
Wasdale		4 hrs 36 mins				
308		28/05/2025		14:45		Sheffield Pike
Call received about 38 YOM that had fell and injured his ankle and was unable to continue, stretchered off the hill and taken to hospital by his partner.						
Patterdale		3 hrs 4 mins				
309		28/05/2025		17:59		River Kent, South of Kendal
Call received about 75 YOF that had fell down embankment and injured her shoulder and ribs, MRT deployed to assist NWS & Fire stretcher her to H58.						
Kendal		3 hrs				
310		28/05/2025		21:48		Long Haws
Call received that a landrover with family in had got stuck and were starting to get cold, 2 MRT vehicles deployed to help get them out, guided them back to a camping area.						
DFMRT/Coniston		1 hr 30 mins				
311		29/05/2025		01:18		Crinkle Crag
A call from a group of 4 males aged between 17-19 reported themselves wet while wild camping and stuck in bad weather, T/L spoke with them and got them to pack up and walk off, 2 MRT met them on there way down.						
LAMRT		3 hrs				
312		29/05/2025		12:21		Harrop Tarn/Blea Tarn
Reports of a D of E group that had split up and concerns raised that she was a diabetic, group leader had GPS trackers on them and was able to locate her, MRT deployed and checked her over, all ok and handed over to leader.						
Keswick		2 hrs 10 mins				
313		29/05/2025		12:33		Derwent Water
Call received that 2 people had been wild camping on one of the islands and found that they could not get back, MRT deployed a boat from the local marina, who rescued them and dropped them near there car.						
Keswick		58 mins				
314		29/05/2025		21:20		Wansfell Pike
Call from sister of misper that she had not heard from him for sometime, MRT began investigation and eventually located him to Keswick, Spoke with Keswick MRT and they had sorted accommodation out for him.						
LAMRT/Keswick		3 hrs 4 mins				
315		30/05/2025		12:54		Hoad Hill Mon
Call received about 38 YOF that had fell and injuring his lower leg and unable to continue, MRT deployed and stretchered off the hill.						
DFMRT		3 hrs 21 mins				

316		30/05/2025		13:46		Rydal Caves
Call received that a 7 YOM had gone missing and could not be found, MRT began investigation and he turned up safe and well.						
LAMRT		2 mins				
317		30/05/2025		15:19		Haystacks
Call received about 38 YOF that was unwell, this came in via Garmin SOS, H75 deployed as well as MRT, she was helped onboard helicopter and taken to hospital.						
Cockermouth		3 hrs 34 mins				
318		30/05/2025		16:45		Rigghead Quarries
Call received about 26 YOF injured ankle and unable to continue, stretchered off to own vehicle for onward travel to hospital.						
Keswick		2 hr 30 mins				
319		30/05/2025		19:11		Scafell Pike
Call received about a 11YOM that had split from parents, search started and was later found by some wild campers, they sent a message and R199 picked him up & re-untied him with his parents.						
Wasdale + others		5 hrs 40 mins				
320		30/05/2025		20:02		High Spy
Call received from 28 YOM that was reported as lost, MRT located him and managed to talk him off the hill						
Keswick		1 hr 38 mins				
321		31/05/2025		11:03		Ruddy Gill
Call from coastguard with regards emergency beacon had been set of stating 15YOF had twisted her knee and unable to continue, MRT deployed and stretchered her off the hill.						
Keswick		3 hrs 31 mins				
322		31/05/2025		11:37		Wansfell
Call received about a Female in her 50's had collapsed, MRT deployed and stretchered her off the hill and handed over to Ambulance.						
LAMRT		1 hr 12 mins				
323		31/05/2025		13:06		Grisdale Pike
Call received that a 58 YOM was having chest pains, MRT deployed and stretchered him off the hill to ambulance						
Cockermouth/Keswick		2 hrs 47 mins				
324		31/05/2025		13:20		Styhead stretcher box
Call about 33 YOM that they had tripped and hurt their ankle, MRT stretchered him off the hill, going to make his own way to hospital.						
Keswick/Wasdale		2 hrs 47 mins				



325		31/05/2025		15:04		Brown Tongue
Call received about 2 walkers split from group and were now overdue, MRT began investigation and they had found the path and were happy to continue on their own, MRT stood down.						
Wasdale		13 mins				
326		31/05/2025		15:05		Ullswater
Call from fire & rescue that a paddleboarder and fell in the water but was unable to get back on, while MRT were investigating they had safely made it to safety.						
Patterdale		7 mins				
327		31/05/2025		15:09		Ruddy Gill
Call received from Garmin SOS about 71 YOM that had fell and injured his ankle, attempted to get R936 in but due to low cloud was unable, MRT stretchered down to ambulance.						
Keswick		5 hrs 37 mins				
328		31/05/2025		16:40		Barton Fell
Call received about a 70 YOF that had a bad hip injury, H58 deployed and MRT stretchered her to H58.						
Patterdale		2 hrs 25 mins				
329		31/05/2025		18:33		Gable Beck
Call about a 43 YOM that had not returned for some time, MRT deployed and just as the drone was put in the air, the misper was in a taxi on his way home, MRT stood down.						
Wasdale + Others		2 hrs 20 mins				
330		31/05/2025		20:53		Old dungeon Ghyll
Caller reported friend overdue from a walk up Scafell Pike, MRT began investigation when she turned up safe and well.						
LAMRT		12 mins				
June						
331		01/06/2025		12:22		Kailpot Bay
Call received about 50 YOM fell runner that had fell down an embankment and injured his ankle, Boat deployed to assist, male transferred to ambulance.						
Patterdale/Penrith		4 hrs 8 mins				
332		01/06/2025		19:42		Goats Water
Call received from Female that she had injured her knee and was unable to continue, MRT deployed and stretchered off the hill to ambulance.						
Coniston		3 hrs 37 mins				
333		01/06/2025		20:13		Haystacks Area
Call from 28 YOF stating she had injured her ankle & was also lost, MRT started to try and find out the location, while MRT was sorting search routes out the female called to say she was ok & Safe, MRT stood down.						
Cockermouth		1 hr 3 mins				

334		01/06/2025		22:11		Old Coach Road
Call received of a family that had attempted to drive the green lane but got stuck & requested assistance, MRT deployed, but stood down as farmer had assisted them, MRT stood down.						
Keswick		33 mins				
335		02/06/2025		12:49		Manesty Park
Call about a 93 YOM that had collapsed on the path, MRT deployed, and male transferred to ambulance.						
Keswick		1 hr 3 mins				
336		02/06/2025		13:36		Scandale Pass
Male called in that he had fell and injured his lower leg, MRT & H58 deployed, MRT stretchered male down to H58 & they then transferred him to a land ambulance.						
LAMRT		3 hrs 51 mins				
337		03/06/2025		12:41		Construction site on A66
NWS requested assistance getting male construction worker out of a hole, MRT assisted getting him out of the hole and handed over to Ambulance crew.						
Penrith		2 hrs 7 mins				
338		03/06/2025		14:47		Rydal Water, Coffin Route
Call received that a 75 YO that had fell and hit head on a rock, MRT deployed bandaged up and transferred to friends car.						
LAMRT		1 hr 15 mins				
339		03/06/2025		15:48		Hodge Close
Call received to police via 999 messaging service that 1 18 YOM & 2 19 YOM were stuck in the quarry, MRT deployed and rigged up a rope rescue and all 3 uninjured and recovered safely.						
Coniston		1 hr 42 mins				
340		03/06/2025		16:42		Birkhouse Moor
Call received from a 22 YOM that he had cramp, MRT spoke with him & requested him to eat and drink and slowly walk off, MRT did not deploy, Male walked off all safe and well.						
Patterdale		1 hr 12 mins				
341		04/06/2025		10:27		Glaramara Hotel
Caller reporting he had came across a 67 YOM that had slipped and injured his lower leg, MRT deployed, treated him and transferred him to ambulance.						
Keswick		1 hr 45 mins				
342		05/06/2025		16:31		Coniston Water
Caller reporting 2 females missing and not seen for 2 hours while being out on the lake, MRT & Police began searching and found by police in a layby, all now reunited & safe.						
Coniston		58 Mins				

343		07/06/2025		01:31		Mickledore
Call received but with limited info that there were 3 males (19, 21 & 22) lost, MRT struggled to get in touch then received info that passer by had found them and was helping them off the hill, all got down safely.						
Wasdale		5 hrs 19 mins				
344		07/06/2025		16:24		Brownend Plantation
Call received that a 49 YOF had fell and injured her ankle and unable to continue, MRT stretchered off the hill and back to MRT base.						
Patterdale		2 hrs 56 mins				
345		07/06/2025		18:47		Lingmell Beck Crossiing
Call received about 58 YOM that had fell and injured her ankle, MRT stretchered off the hill to friends car and they transported her to hospital.						
Wasdale		3 hrs 14 mins				
346		07/06/2025		23:42		Bob Graham Round
Caller reported fell runner overdue from attempting Bob graham round, T/L began investigation and she had turned up, MRT not deployed.						
Keswick		8 mins				
347		09/06/2025		23:03		Moses Trod
Call received from hotel reporting C2C walker 89 YOM was overdue from leg 2, MRT carried out extensive search and unfortunately found him on the footpath and had passed away.						
Cockermouth/Keswick		7 hrs 17 mins				
348		10/06/2025		12:14		Martindale Common
Call received about Female that she had tripped and believed to have broken both arms, MRT deployed and stretchered off the hill to Ambulance.						
Patterdale		2 hrs 55 mins				
349		11/06/2025		12:18		Haystacks
Call received about 81 YOM that had fell and injured his head, due to location R936 deployed and airlifted him off the hill to hospital.						
Wasdale/Cockermouth		2 hrs 42 mins				
350		11/06/2025		13:05		River Derwent
Call received about female that had tripped and injured her ankle, Member of the public assisted her to his vehicle and took her back to her accommodation.						
Cockermouth		55 mins				
351		11/06/2025		15:34		Ullswater
Call received about a 81 YOF that was struggling to continue & feeling unwell, MRT deployed boat and then transferred to team vehicle which they transferred her to local hospital.						
Patterdale		3 hrs 25 mins				

352		12/06/2025		13:06		Scale Beck
Call from 71 YOF that had fell and broke her ankle and unable to continue, MRT stretchered her to ambulance.						
Cockermouth		3 hrs 14 mins				
353		12/06/2025		18:56		Lingmell Col
Call received from 26 YOF that she was having significant blood loss from a previous operations, MRT deployed as well as H08 & R199, stretchered off the hill then transferred to R199.						
Wasdale		6 hrs 33 mins				
354		13/06/2025		15:26		Haystacks
Call about 79 YOF that had fell 20m and sustained head injuries, R199 called, MRT stretchered female to helicopter, then R199 flew her to a trauma hospital.						
Cockermouth		2 hrs 50 mins				
355		13/06/2025		17:40		Path to Old Man of Coniston
Call from 28 YOM stating that he was having a hypo, MRT deployed and he was walked off slowly, male had gave himself a dose of insulin and was taken to his campsite.						
Coniston		2 hrs 31 mins				
356		13/06/2025		18:13		Stickle Tarn
Call about 62 YOM had fell and injured lower leg and was unable to continue, MRT stretchered him off the hill and partner transported him to hospital.						
LAMRT		3 hrs 22 mins				
357		13/06/2025		19:10		Striding Edge
Call from concerned mam that her 16 YO Son had not returned to RV point, MRT began investigation and son had been reunited with her son.						
Patterdale		1 hr 5 mins				
358		13/06/2025		21:26		Mires Beck
Call from concerned mam that her 17 YO Son was exhausted and unable to continue, MRT deployed small team and her was slowly walked off the hill.						
Patterdale		2 hrs 29 mins				
359		14/06/2025		11:58		Ullswater shore
69 YOM had fell about 2m sustaining a head/Neck injury, Team deployed and stretchered him to ambulance.						
Patterdale		1 hr 31 mins				
360		14/06/2025		13:13		Rydal Caves
Call received from 62 YOF that had fell and cut leg, MRT deployed and transported her back to their accommodation and they were going to go to local hospital for treatment.						
LAMRT		1 hr 15 mins				

361		14/06/2025		17:41		Brown Tongue
Call received about 19 YOM that had gone over on his ankle, MRT stretchered him off to ambulance.						
Wasdale		4 hrs 13 mins				
362		14/06/2025		19:05		Grisdale Tarn
Call received about 15 lost at Gisdale Tarn, MRT investigated and found them on a neighbours patch, handed over to them and lost group walked out and were safe and well.						
Patterdale/LAMRT		2 hrs 44 min				
363		14/06/2025		19:22		Stake Gill
Call for concerned father that his 18 YO Son was lost on the hills, MRT began investigation, narrowed his location down & then he turned up safe and well.						
LAMRT		41 mins				
364		15/06/2025		11:56		Serpentine Wood
Call received about a 29 YOF that had slipped and broke her leg of which it was an open fracture, H08 & MRT deployed, she was stretchered to land ambulance.						
Kendal		1 hr 26 mins				
365		15/06/2025		14:42		Langdale Pike
52 YOF had fell and broke her lower leg and was unable to continue, MRT deployed and stretchered her to ambulance.						
LAMRT/Kendal		4 hrs 33 mins				
366		15/06/2025		16:21		Mickledore
Call received from 4 males in there 20's and were lost, 999 location put them @mickledore, T/L unable to get contact, MRT deployed to go and find them and they were walked off the hill safe and well.						
Wasdale/Duddon		5 hrs 30 mins				
367		16/06/2025		18:51		Helvellyn
5 walkers & 1 reported with cramp and unable to continue, MRT spoke with them and got them moving, due to location passed to neighbouring team, group met up with others and set tents up, no further action from MRT.						
Patterdale/Keswick		3 hrs 1 mins				
368		18/06/2025		12:47		Lingmell Col
A 64-year-old male sustained a suspected knee injury following a fall while on a hillside. Due to the nature of the injury and terrain, he was evacuated via stretcher by rescue services.						
Wasdale		5 hrs 31 mins				
369		18/06/2025		18:50		Birkside
A 17 YOF sustained a calf injury during walk. She was assessed on-site and, due to pain and difficulty bearing weight, was stretchered to her own vehicle for transport by a parent/guardian for further evaluation.						
Keswick		2hrs 20 mins				

370		18/06/2025		20:29		Rossett Pike
A large group became lost, & 5 individuals sustained injuries. MRT initially attempted to talk & guide the group down the hill. A small MRT team was deployed to assist the group & the injured members safely off the hill.						
LAMRT		4hrs 25 mins				
371		19/06/2025		11:21		Elterwater
An 85 YOF fell and sustained an upper arm injury. She was assessed on-site and, due to pain and limited mobility, was stretchered to an ambulance for transport to hospital.						
LAMRT		2hrs 5 mins				
372		19/06/2025		11:51		Gatesgarth
A 62-year-old female fell and injured her upper arm. She was assessed on-site and, due to pain, was stretchered to her husband's car for transport to the hospital for further evaluation and treatment.						
Cockermouth		1 hr 24 mins				
373		19/06/2025		13:43		Crummock, Fish Ladders
A 70 YOM fell and hit his head, becoming briefly unconscious. After regaining consciousness, he declined ambulance transport and chose to walk to his own vehicle.						
Cockermouth		1 hr 7 mins				
374		19/06/2025		15:05		Buttermere, Hassness
A call was received via iPhone SOS for a 71 YOM who fell approximately 9 feet and sustained a head injury. He was assessed on-site and, due to the nature of the injury, was stretchered to H58 for transport to hospital.						
Cockermouth		3 hrs 36 mins				
375		19/06/2025		18:45		Ennerdale Lake
A 79-year-old male was reported missing. MRT was not deployed, and the situation was handled by local police, who managed the search and recovery efforts.						
Cockermouth		19 mins				
376		19/06/2025		20:05		Auterstone Crag
A 19-year-old male was reported stuck, unable to move either up or down. The Mountain Rescue Team (MRT) was deployed, but the individual managed to free himself and safely get down. As a result, the MRT was stood down.						
Patterdale		1 hr 6 mins				
377		19/06/2025		22:36		Unknown
A 999 call was dropped, prompting an investigation by the police. After further inquiry, the call was determined to be a hoax. As a result, the Mountain Rescue Team (MRT) was not deployed.						
Cockermouth		30 mins				
378		20/06/2025		16:54		Low Sweden Bridge
A 68 YOF fell and injured her ankle, causing her to faint. The Mountain Rescue Team (MRT) assessed her on-site and, due to her condition, stretchered her to her own vehicle for transport to a hospital.						
LAMRT		1 hr 7 mins				

379		21/06/2025		03:49		Scafell Pike
A 33 YOOF fell and sustained a head injury, leaving her unable to continue. MRT was deployed, and R936 was used to uplift the MRT team and bring the casualty down to the ambulance for transport to hospital.						
Wasdale		5 hrs 27 mins				
380		21/06/2025		14:08		Ullswater
A member of the public reported two paddleboards adrift. The LDNP boat was already on the water and quickly located the two individuals, who were found safe and sound. No further action was required.						
Patterdale						
381		21/06/2025		18:12		Striding Edge
A 32-year-old female experienced a panic attack. She was assisted down by a team member from MR Derby. Patterdale Mountain Rescue Team was not deployed.						
Patterdale		1 hr 50 mins				
382		21/06/2025		19:13		Great End/Sprinkling Tarn
A group of 8 became lost, with 1 sustaining a knee injury. They were attempted to walk down by a passing group, Incident passed to Keswick, the injured individual was stretchered off the hill by Keswick MRT.						
Wasdale/Keswick		8 hrs 59 mins				
383		21/06/2025		23:05		Scafell Pike
A member of the public reported seeing flashing lights on the hill. the area has good phone signal and was busy with Three Peakers at the time. The T/L was not concerned, call made with good intentions. No further action.						
Wasdale		21 mins				
384		21/06/2025		23:12		Loughrigg Fell
A member of the public reported seeing flashing lights on the hill. the area has good phone signal and was busy with Three Peakers at the time. The T/L was not concerned, call made with good intentions. No further action.						
LAMRT		47 mins				
385		21/06/2025		23:43		Raise
Three males in their 20s were wild camping and became lost after leaving their tent, unable to relocate it due to stormy conditions. A small Mountain Rescue Team (MRT) was deployed and successfully walked them off the hill.						
Keswick/Patterdale		3 hrs 32 mins				
386		21/06/2025		23:47		Mardale Ill Bell
Two 16-year-old males experienced a flooded tent due to a storm. Kendal MRT was deployed and walked them down to a meeting point with Kirkby Stephen MRT, who then transported them back to their accommodation.						
Kendal/Kirkby Stephen		5 hrs 44 mins				
387		22/06/2025		00:25		Harrop Tarn
Two walkers became stuck due to a large amount of fast-flowing water. The Mountain Rescue Team (MRT) was deployed and assisted them safely down from the hill.						
Keswick/LAMRT		2 hrs 38 mins				

388		22/06/2025		00:59		Mickledore
A 28 YOM split from his group and lost during descent. Two MRT teams were deployed to search for him. The Team Leader obtained his live location via WhatsApp, and he was subsequently found and walked safely off the hill.						
Wasdale/Duddon		6 hrs 30 mins				
389		22/06/2025		09:40		Calf, Howgills
A 31-year-old male became stuck and was unable to descend. MRT was deployed and located him in the valley bottom. He was able to walk off with assistance and was taken to his car.						
Kirkby Stephen		2 hrs 1 mins				
390		23/06/2025		19:05		Brandreth
82-year-old female found cold, wet, and struggling to walk. Mountain Rescue Team (MRT) deployed to assist. Patient was able to walk off the scene with support.						
Keswick		3 hrs 38 mins				
391		23/06/2025		22:40		Scafell Pike
Four individuals reported lost on Scafell Pike; their intended destination was Seathwaite. Team Leader (T/L) located them in the Langdale area. All four were able to walk off unaided. MRT was not deployed.						
Wasdale		1 hr 1 min				
392		24/06/2025		13:37		Lingmel Col
34-year-old female reported lost. Located by two passers-by and able to walk off. Met en route by two MRT personnel.						
Wasdale		2 hrs 12 mins				
393		24/06/2025		17:53		Upper Esk
Lone male lost on Scafell Pike, later located in the Upper Esk area. Team Leader (T/L) established contact, and two MRT members met him on his way off the hill.						
Wasdale		3 hrs 47 mins				
394		25/06/2025		15:59		Stickle Ghyll
55-year-old female slipped and sustained an ankle injury, rendering her unable to walk. She was stretchered off the hill and transported to hospital in her husband's car.						
LAMRT/Kendal		2 hrs 56 mins				
395		25/06/2025		19:02		Penrith Golf club
Request received from police to assist in search for a missing person. Team Leader (T/L) began initial investigation, but the missing person was located by police. MRT stood down.						
Penrith		1 hr 52 mins				
396		25/06/2025		21:58		Small Water Tarn
Call received from 3 16YOM who were lost. Team Leader (T/L) experienced difficulty communicating with them, so MRT was deployed. The group was located and walked off the hill. One of their mothers collected them.						
Penrith		3 hrs 23 mins				



397		25/06/2025		23:55		Milnthorpe area
Request from police to assist in the search for an 80-year-old female with medical issues. She was subsequently located nearby at a friend's house.						
Kendal		42 mins				
398		26/06/2025		14:03		Buttermere Lake
92-year-old male slipped on wet rocks, sustaining a cut to his forehead but remained mobile. Two MRT members met him as he was walking back to his car. MRT stood down.						
Cockermouth		1 hr 10 mins				
399		27/06/2025		09:40		Bleaberry Tarn
A lone male walker was wild camping when he encountered poor weather. Due to the worsening situation, assistance was requested. 2 MRT were deployed, helping him off the hill without injury.						
Cockermouth		4 hrs 22 mins				
400		27/06/2025		10:08		Satura Crag
A 65-year-old female walker became stuck on a hill due to adverse weather conditions. A Mountain Rescue Team (MRT) was deployed and safely assisted her down without injury.						
Patterdale		3 hrs 19 mins				
401		27/06/2025		13:05		Bowfell
MRT was called to assist a group of 12 17 YO who had encountered difficulty on the hill due to worsening weather conditions. The team walked them off safely, and returned them to their campsite without incident.						
LAMRT/Kendal		3 hrs 52 mins				
402		27/06/2025		17:18		Derwent Water
A report was received of three paddleboarders in difficulty. Mountain Rescue conducted a search of the area but were unable to locate anyone in distress. With no further information or sightings, the team was stood down.						
Keswick		4 hrs 1 min				
403		27/06/2025		18:12		Grizdale Tarn area
Four 18-year-olds became lost after pitching their tent but were unsure of their location. Mountain Rescue was deployed, located the group, and safely walked them off the hill.						
LAMRT		4 hrs 44 mins				
404		28/06/2025		01:53		Codale Tarn
A group of 9 28 YOM were undertaking a wild camping trip when their tents failed due to adverse weather conditions. The group became unable to continue safely and required assistance. MRT escorted them off the hill.						
LAMRT		5 hrs 32 mins				
405		28/06/2025		11:29		Sallows, Ambleside
A female walker fell and sustained an ankle injury. The Mountain Rescue Team (MRT) responded and stretchered her off the hill to her own vehicle.						
LAMRT		1 hr 42 mins				

406		28/06/2025		14:16		Beda Fell
A 38-year-old female fell and sustained a suspected lower leg fracture. The Mountain Rescue Team (MRT) stretchered her off the hill to a waiting ambulance.						
Pentrich		3 hrs 51 mins				
407		28/06/2025		15:59		Bowder Crag
A 53-year-old female became stuck on steep ground and was unable to move safely. The Mountain Rescue Team (MRT) rigged ropes to reach her and then assisted her in walking off the hill.						
Keswick		2 hrs 54 mins				
408		28/06/2025		16:19		Kirby Moor
A 19-year-old male fell while running and complained of chest pain. The Mountain Rescue Team (MRT) assessed him on scene and handed him over to the ambulance service for further care.						
Duddon		1 hr 20 mins				
409		28/06/2025		16:50		Buckstones Jump
A 29-year-old male suffered a seizure and was unconscious but breathing. The Mountain Rescue Team (MRT) stretchered him off the hill and handed him over to the ambulance service for further treatment.						
LAMRT		3 hrs 33 mins				
410		28/06/2025		17:57		Beck Head
A 24-year-old male fell while running and sustained an ankle injury. The Mountain Rescue Team (MRT) stretchered him off the hill and handed him over to a waiting ambulance.						
Wasdale		6 hrs 21 mins				
411		28/06/2025		18:03		Bowfell
A 25-year-old male became lost, and initial attempts to make contact were unsuccessful. Mountain Rescue Team (MRT) eventually established his rough location and deployed to the area, successfully locating him.						
Coniston		3 hrs 43 mins				
412		28/06/2025		19:51		Piers Gill/Straight Gill
Two males, aged 25 and 26, became lost in poor weather conditions. They were wet and cold but managed to walk off the hill and return to their car without assistance.						
Wasdale		6 hrs 12 mins				
413		29/06/2025		13:09		Kirk Fell Tarn
A member of the public phoned police to report finding a deceased 67-year-old male. Mountain Rescue Team (MRT) was deployed and recovered the body.						
Cockermouth		5 hrs 12 mins				
414		29/06/2025		17:14		Wasdale Head & Pen
One male became lost and ended up in the wrong valley. His two friends also became lost. A limited Mountain Rescue Team (MRT) deployment was made to locate and walk the 2 individuals off the hill.						
Wasdale		8 hrs 18 mins				

415		30/06/2025		10:31		Newton Reservoir
A 70-year-old female fell and sustained a lower leg injury. Rescue helicopter H08 was deployed alongside the Mountain Rescue Team (MRT). MRT was later stood down as H08 managed the incident.						
Kendal		47 mins				
416		30/06/2025		14:52		Ullswater
An 80-year-old male overestimated his walk and reported himself exhausted. The Mountain Rescue Team (MRT) deployed a rescue boat and safely returned him to his wife.						
Patterdale		2 hrs 16 mins				
417		30/06/2025		15:46		Garrigill
A female fell and dislocated her shoulder. North West Ambulance Service (NWAS) requested assistance, and MRT) assembled. However, MRT was stood down as Fire and Rescue handled the incident.						
Penrith		36 mins				
July						
418		01/07/2025		14:33		Sharp Edge
Two males, aged 16 and 20, became stuck and were unable to move. The Mountain Rescue Team (MRT) was deployed and, with assistance from the RAF, safely walked them off the hill.						
Keswick		4 hrs 45 mins				
419		01/07/2025		20:28		Corridor Route
Two males reported that their two dogs were exhausted and unable to continue. A limited Mountain Rescue Team (MRT) deployment was made, and all were safely walked off the hill.						
Penrith/Wasdale		4 hrs 55 mins				
420		03/07/2025		01:05		Beck Wythop
Reports received of a yellow flare sighting. MRT investigated the area and conducted a search of the local vicinity. No evidence of a flare or persons in distress was found. MRT stood down after completing the search.						
Keswick		1 hr 45 min				
421		03/07/2025		06:38		Lingy Hut
17-year-old male experiencing vomiting. Mountain Rescue Team (MRT) stretchered the casualty to a waiting ambulance for further medical care.						
Keswick		3 hrs 20 mins				
422		03/07/2025		09:56		Anglers Crag
Caller reported that his male friend was experiencing a panic attack. MRT responded. A member of the public assisted the individual past the difficult section. No further assistance required, MRT stood down.						
Cockermouth		41 mins				
423		03/07/2025		17:05		Catbells
23-year-old male reported as crag fast. Mountain Rescue Team (MRT) deployed to the scene. Team Leader assisted the male off the crag, and he was able to self-rescue back down.						
Keswick		38 mins				

424		03/07/2025		17:26		Rakerigg
21-year-old male fell, sustaining a head injury and experiencing a loss of consciousness. Helicopter H58 attended the scene. Casualty was stretchered to a land ambulance for further medical treatment.						
LAMRT		2 hrs 52 mins				
425		04/07/2025		10:45		Arnside Knott
75-year-old male, reported not breathing. North West Ambulance Service (NWAS) requested assistance. Helicopter H08 deployed and airlifted the male to hospital. Mountain Rescue Team (MRT) stood down en route.						
Kendal		33 mins				
426		04/07/2025		11:50		Between Wasdale & Langdale
Three males reported overdue from a long walk. Team Leader began an investigation and eventually located them safe and well at a pub in Langdale. No further action required.						
Wasdale/LAMRT		1 hr 42 mins				
427		04/07/2025		23:59		Glenridding Dodd
27 YOM lost his phone & attempted to retrieve it. A third party reported concerns, MRT deployed but were initially unable to locate him. Search dogs were requested; the male eventually turned up safe and well.						
Patterdale/Dogs		4 hrs 16 mins				
428		05/07/2025		01:02		Grisdale Tarn
18-year-old male feeling unwell. Rescue 936 (R936) deployed, airlifted the casualty, and transported him to the MRT base for handover to the ambulance.						
Patterdale/Penrith		5 hrs 14 mins				
429		05/07/2025		11:26		Stake Gill
Female fell runner sustained an ankle injury after a fall. Mountain Rescue Team (MRT) and Helicopter H08 were deployed. H08 was first on scene, airlifted the casualty, and transported her to hospital. MRT stood down.						
LAMRT		2 hrs 52 mins				
430		05/07/2025		13:39		Sharp Edge
27-year-old male fell from a ridge, sustaining fatal injuries. Mountain Rescue Team (MRT) recovered the casualty and stretchered him off the hill to base, where he was handed over to the police.						
Keswick/penrith		6 hrs 17 mins				
431		05/07/2025		15:17		Green Hole/Moasdale
Female fell runner reported to be struggling with suspected hypothermia & unable to continue running. MRT deployed & met the casualty close to the road. She was handed over to the fell race medic for further assessment.						
LAMRT/WMRT/Duddon		2 hrs 45 mins				
432		06/07/2025		02:04		Thwaites
North West Ambulance Service (NWAS) request for assistance with a 77-year-old female. Mountain Rescue Team (MRT) assisted and transported her to the awaiting ambulance.						
Duddon		1 hr 30 mins				

433		06/07/2025		12:54		Pike How
70-year-old male fell and sustained an elbow injury, reporting significant pain. Mountain Rescue Team (MRT) deployed and stretchered the casualty to the awaiting ambulance.						
Duddon		3 hrs 49 mins				
434		06/07/2025		14:02		Sharp Edge
42-year-old male reported as crag fast and unable to move. Mountain Rescue Team (MRT) deployed but was stood down after a member of the public assisted the male to safety.						
Keswick		35 mins				
435		06/07/2025		19:45		The Knott
Female became lost & disoriented in poor weather conditions. MRT established phone contact, provided guidance, & encouraged her to keep moving. MRT later met with her on the hill & escorted her back to her hotel.						
Patterdale		1hr 56 min				
436		07/07/2025		15:01		Grisdale Beck
61-year-old male fell, sustaining injuries to his elbow, shoulder, and abdomen. Mountain Rescue Team (MRT) and Helicopter H58 were deployed. H58 airlifted the casualty and transported him to the awaiting ambulance.						
Patterdale		4 hrs 35 mins				
437		07/07/2025		18:40		Patterdale Hall
8 YOM with a suspected broken femur. A small group from the MRT deployed initially until BEEP Doctors arrived. The casualty's leg was splinted and he was handed over to the ambulance for further treatment.						
Patterdale		5 mins				
438		08/07/2025		15:52		Nettle Crag, Walna Scar Road
Female sustained a twisted ankle. Mountain Rescue Team (MRT) deployed and stretchered her off the hill to the awaiting ambulance.						
Coniston		2 hrs 36 mins				
439		08/07/2025		15:57		White Side
18-year-old male with a twisted ankle and unable to weight bear. Mountain Rescue Team (MRT) stretchered him off the hill to his friend's car.						
Keswick		3 hrs 49 mins				
440		08/07/2025		18:36		Dubbs Hut
30-year-old male sustained an injury to his ankle/lower leg. Mountain Rescue Team (MRT) stretchered him off the hill and transferred him to the awaiting ambulance.						
Cockermouth		2 hrs 46 mins				
441		09/07/2025		19:51		Skew Gill
A call via iPhone satellite communication from a male reporting that he was stuck. MRT was deployed to the location but were initially unable to locate the individual. The male later self-rescued. MRT was stood down.						
Wasdale		4 hrs 17 mins				

442		10/07/2025		13:29		Easedale Tarn
A 50-year-old female sustained an ankle injury following a fall. Due to the level of pain and injury, Helimed was requested and subsequently airlifted the casualty to hospital for further treatment.						
LAMRT		3 hrs 50 mins				
443		10/07/2025		15:32		Ullswater
A broken-down fishing boat was reported. Mountain Rescue Team (MRT) investigated the situation. A passing yacht rendered assistance and brought the occupants to safety. MRT was subsequently stood down.						
Patterdale		2 hrs 5 mins				
444		11/07/2025		12:54		Buttermere
A female sustained a nose injury with bleeding following a fall. She managed to walk to a nearby café. Due to ambulance service being unavailable, MRT transported her to hospital for further treatment.						
Cockermouth		2 hrs 6 mins				
445		11/07/2025		14:39		Ennerdale Water
A 54 YOF fell and sustained a wrist injury. She was in significant pain and feeling nauseous. Mountain Rescue Team (MRT) provided initial treatment and stretchered her to a waiting ambulance for further care.						
Cockermouth		2 hrs 49 mins				
446		11/07/2025		17:20		Slabs, Scafell Pike
An 18 YOM was suffering from cramp and was struggling to walk off the hill. Mountain Rescue Team (MRT) was deployed, provided rehydration and assistance. The casualty was then able to walk off the hill with support.						
Wasdale/Duddon		5 hrs 39 mins				
447		11/07/2025		18:21		Bad Steep, Corridor Route
A 78 YOF took a minor fall and sustained some bruising. Mountain Rescue Team (MRT), already deployed from a previous incident, continued to assist. The casualty was checked over and walked off the hill with support.						
Wasdale/Duddon		4 hrs 38 mins				
448		11/07/2025		19:24		Raven Crag
A group became separated and lost. MRT made contact with the individuals and provided directions, enabling them to reunite. Both parties then chose to wild camp and confirmed that MRT assistance was no longer required.						
Keswick		1 hr 33 mins				
449		12/07/2025		01:48		Eskdale Valley
A call for a friend—whom she only knew online—after being unable to make contact. MRT investigated & suspected the individual was wild camping with no reception. The person was safe and well the next morning.						
Wasdale		8 hrs 5 mins				
450		12/07/2025		12:48		Bleaberry Fell
A further call was received from the same group involved in Incident 448, again stating they were lost. Visibility at the time was excellent. MRT provided instructions to guide them off the hill. MRT was not deployed.						
Keswick		3 hrs 37 mins				

451		12/07/2025		12:55		Long Stile
A 63-year-old male fell, sustaining injuries to his head and ankle. Mountain Rescue Team (MRT) and Rescue 199 (R199) were deployed. R199 airlifted the casualty to a land ambulance for further treatment.						
Penrith		3 hrs 41 mins				
452		12/07/2025		14:08		Skiddaw
A 39 YOF was suffering from heat stress and had lost consciousness. MRT & R199 were deployed. R199 airlifted her to base, where she was transferred to a waiting ambulance for further medical treatment.						
Keswick		2 hrs 12 mins				
453		12/07/2025		15:22		Ennerdale Valley
A Duke of Edinburgh (DofE) group became lost. Mountain Rescue Team (MRT) investigated, but the group encountered another DofE team who helped guide them back on route. MRT was subsequently stood down.						
Cockermouth		9 mins				
454		12/07/2025		15:46		Gimmer Crag
A 55 YOM fell while climbing and sustained a lower arm injury. MRT and R912 were deployed. R912 airlifted the casualty to Kirkbride Airfield, where he was transferred to a waiting ambulance for further treatment.						
LAMRT		5 hrs 58 mins				
455		12/07/2025		15:54		Grisdale Beck
A 42 YOM fell runner and was suffering from heat stress due to participating in a race. MRT & R199 were deployed. R199 airlifted him to base, where he was transferred to a waiting ambulance for further treatment.						
Patterdale		2 hrs 25 mins				
456		12/07/2025		17:31		Stake Pass
A 41-year-old female runner fell and began feeling unwell, becoming unable to continue. Mountain Rescue Team (MRT) was deployed, assisted her to a team vehicle, and transported her back to her car.						
LAMRT/Kendal/Coniston		1 hr 47 min				
457		12/07/2025		17:47		Buckbarrow Crag
A member of the public reported to police that a person had fallen and landed on scree. Mountain Rescue Team (MRT) was deployed to the scene and confirmed the incident was a fatality.						
Kendal/Kirkby Stephen		4 hr 46 mins				
458		12/07/2025		21:33		Elter Water
A call was received from three females in their mid-20s who required assistance. MRT was deployed, located the group, and guided them back to a team vehicle. They were then transported to their accommodation.						
Coniston		1 hr 52 mins				
459		12/07/2025		23:50		Blencathra
A member of the public reported flashing lights. Mountain Rescue Team Leader (MRT T/L) investigated and found good phone signal in the area. MRT did not deploy, suspecting the lights were from Bob Graham runners.						
Keswick		22 mins				

460		13/07/2025		10:47		Gowbarrow Park
Police received multiple dropped 999 calls from the area. Mountain Rescue Team (MRT) investigated and determined the calls were accidental watch activations. No further action was required.						
Patterdale		5 mins				
461		13/07/2025		11:54		Helm
A 26-year-old male fell off a mountain bike, injuring his leg and arm. Mountain Rescue Team (MRT) and Helicopter 08 (H08) were deployed. The male was transferred to the helicopter for onward travel to hospital.						
Kendal		2 hrs 22 mins				
462		13/07/2025		13:50		Whinlatter
A 48-year-old female injured her ankle after coming off a zip line. Mountain Rescue Team (MRT) was deployed and stretchered her down to a friend's vehicle for transport to hospital.						
Keswick		1 hr 31 mins				
463		13/07/2025		15:22		River Esk, Upper esk
A 37-year-old male fell from a path, sustaining multiple upper body injuries. Mountain Rescue Team (MRT) and Helicopter 75 (H75) were deployed. The casualty was stretchered to H75 for evacuation.						
Wasdale		4 hrs 49 mins				
464		13/07/2025		15:34		Loughrigg Fell
Three individuals became lost, with one experiencing a panic attack. Mountain Rescue Team Leader (MRT T/L) made contact and successfully talked them off the hill. No full team deployment was required.						
LAMRT		1 hr 23 mins				
465		14/07/2025		08:30		Beaumont
Police contacted Mountain Rescue regarding a missing 87-year-old male. MRT investigated the situation and determined it was appropriate to pass the incident on to North Cumbria Search and Rescue for further action.						
Cockermouth		2 hrs 28 mins				
466		14/07/2025		13:50		Ritson Force
A 49-year-old female fell and sustained an ankle injury. Mountain Rescue Team (MRT) was deployed and stretchered her to her own vehicle for onward transport.						
Wasdale		3 hrs 11 mins				
467		14/07/2025		14:18		Dalton Craggs
A 28-year-old female fell and injured her ankle. Mountain Rescue Team (MRT) was deployed and stretchered her to a waiting ambulance for further treatment.						
Kendal		3 hrs 24 mins				
468		14/07/2025		17:28		Scafell Pike
A passer-by reported concerns to police about a male who appeared to be experiencing a mental health crisis. Mountain Rescue Team (MRT) was deployed to assist, but the male was not engaging with responders.						
Wasdale		3 hrs 28 mins				



469		16/07/2025		09:46		Scafell Pike
A 48-year-old female became lost in mist. Mountain Rescue Team Leader (MRT T/L) made contact and successfully talked her off the hill. No full team deployment was required.						
Wasdale		3 hrs 15 mins				
470		16/07/2025		14:02		Shore of Crummock Water
A 45-year-old female sustained an ankle injury. Mountain Rescue Team (MRT) was deployed and stretchered her to a waiting ambulance for further medical care.						
Cockermouth		3 hrs 28 mins				
471		16/07/2025		14:48		Frostrow Fell
A 71-year-old female fell and injured her ankle. Mountain Rescue Team (MRT) was deployed and stretchered her to her own vehicle, from which she was taken to hospital for further treatment.						
Kendal/Kirkby Stephen		3 hrs 18 mins				
472		16/07/2025		14:53		Scale Knott
A couple in their 80s became lost. An investigation was initiated by Mountain Rescue Team (MRT), but the team was stood down after a member of the public assisted the couple to safety.						
Cockermouth		37 mins				
473		16/07/2025		15:11		High Cup Nick, Hannah's Well
An 84-year-old female was found in a stream by a member of the public, who assisted her out. Mountain Rescue Team (MRT) was deployed and met them as they were walking down. The female was returned safely to her car.						
Penrith		3 hrs				
474		16/07/2025		16:03		Hollowstones
A call was received regarding a 32-year-old male suffering from severe cramp. Mountain Rescue Team (MRT) was deployed and met the male as he was walking off the hill. No further assistance was required.						
Wasdale		3 hrs 6 mins				
475		16/07/2025		17:25		Scafell Pike
A call was received from the daughter of a 55-year-old male who was overdue from a walk. Mountain Rescue Team (MRT) investigated the situation, and the individual later returned safely.						
Wasdale		1 hr 42 mins				
476		16/07/2025		23:33		The Benn
A 19-year-old male tripped, banged his head, and reported feeling nauseous. Mountain Rescue Team (MRT) was deployed, assessed the situation, and transported him back to his car.						
Keswick		1 hr 41 mins				
477		17/07/2025		09:55		Bypass Bridge
Police requested assistance following a confirmed suicide from a bridge. Mountain Rescue Team (MRT) was deployed to support the recovery of the body.						
Keswick		18 mins				

478		17/07/2025		11:09		Ennerdale Lake
A female in her late 60s tripped and sustained injuries to both wrists. Mountain Rescue Team (MRT) was deployed, stretchered her to a waiting ambulance, and she was transported to hospital for further treatment.						
Cockermouth		2 hrs 21 mins				
479		19/07/2025		22:11		Wansfell Pike
A holidaymaker reported seeing flashing lights. MRT Team Leader investigated and confirmed there was good phone signal and favourable weather conditions in the area. No further action was required.						
LAMRT		34 mins				
480		20/07/2025		10:42		Buttermere
Police contacted Mountain Rescue Team (MRT) seeking advice regarding a female involved in a domestic incident. During the course of the investigation, the female returned, and the situation was resolved without further action.						
Cockermouth		37 mins				
481		20/07/2025		11:16		Watendlath
A 54-year-old female fell, sustaining injuries to her head and hand. Race medics provided treatment on scene. Mountain Rescue Team (MRT) was stood down as their assistance was not required.						
Keswick		36 mins				
482		20/07/2025		13:22		Grisedale Beck
A 31-year-old female fell and sustained a suspected broken ankle. Mountain Rescue Team (MRT) was deployed, stretchered her to a waiting ambulance for transport to hospital.						
Patterdale		2 hrs 49 mins				
483		20/07/2025		13:47		Haystacks
A Son & daughters as overdue. MRT T/L began an investigation, due to Good weather conditions and limited information, decided not to deploy the team. A later call confirmed that they had returned safely & were well.						
Cockermouth		1 hr 43 mins				
484		20/07/2025		15:36		Shipmans Knott
A 17-year-old male fell and sustained a suspected broken leg. Mountain Rescue Team (MRT) was deployed, stretchered him to a waiting ambulance for onward transport to hospital.						
Kendal		5 hrs 37 mins				
485		20/07/2025		18:57		Brown Tongue
A 19-year-old male fell approximately 5 metres, sustaining injuries to his head and hand. Mountain Rescue Team (MRT) was deployed, stretchered him to a waiting ambulance for onward transport to hospital.						
Wasdale		4 hrs 57 mins				
486		21/07/2025		11:51		Whinlatter
A 13-year-old male came off his mountain bike and collided with a tree, sustaining injuries to his head, leg, pelvis, and ribs. MRT was deployed, stretchered him to a waiting ambulance for transport to hospital.						
Keswick		1 hr 55 mins				

487		21/07/2025		12:25		Hollowstones
A walker came across a male who had fallen & sustained injuries to his head and face. MRT assessed him on scene; he continued his walk. The walker later transported him to hospital for further evaluation.						
Wasdale		2 hrs 56 mins				
488		21/07/2025		16:28		Cautley, Cross Keys
A concerned member of the public reported a sheep stuck in a difficult location. Mountain Rescue Team (MRT) assessed the situation and successfully rescued the sheep.						
Kirkby Stephen		1 hrs 32 mins				
489		23/07/2025		21:57		Ullswater
Member of the public reported a boat sinking. MRT deployed their boat to investigate. T/L conducted inquiries and confirmed that no one was on board at the time. MRT found no further issues and was stood down.						
Patterdale		2 hrs 24 mins				
490		24/07/2025		14:53		Overbeck
11-year-old female fell at a waterfall, sustained a head injury, and was confused. MRT and H58 were deployed. H58 extracted the patient and her mother and transported them to hospital.						
Wasdale		3 hrs 13 mins				
491		25/07/2025		15:52		Gable Beck
33 YOF tripped and fell, striking her knee. Brief loss of consciousness reported, but she recovered quickly and was able to walk off. Small MRT team assessed her on scene—no concerning findings. MRT returned to base.						
Wasdale		1 hr 45 mins				
492		25/07/2025		18:10		Great End
Cold and wet couple called for assistance. MRT Team Leader spoke with them, provided reassurance. They were already in their tent and had settled. No deployment required.						
Wasdale		50 mins				
493		26/07/2025		11:57		Red Screes/Broad Crag
A 49-year-old female sustained a knee injury following a slip. She was unable to mobilize independently and was stretchered from the scene. Subsequently, she opted to transport herself to the hospital using a personal vehicle.						
LAMRT/Kendal		4 hrs 7 mins				
494		26/07/2025		13:25		Corridor Route
A 62YOM fell approx. 5–7 meters, sustaining multiple injuries. MRT, H58 & R936 responding. H58 landed at the site but was unable to extricate the patient. R936 subsequently winched the patient and transported him to hospital.						
Coniston/Wasdale		3 hrs 20 mins				
495		26/07/2025		14:37		Corridor Route
A 53-year-old female sustained an ankle injury following a fall, rendering her unable to weight bear. MRT, already positioned on the hill, responded promptly, assessed her condition on-site, and safely stretchered her off the hill						
Wasdale		6 hrs 9 mins				

496		26/07/2025		15:37		Great Gable
A 52 YOF sustained superficial head injuries following a fall. Two WMRT members initially attended, but due to previous incident, the job was handed over to CMRT, who escorted the casualty off on foot.						
Wasdale/Cockermouth		6 hrs 8 mins				
497		26/07/2025		15:51		Rosset Pike
A 45 YOF slipped & sustained an ankle injury, rendering her unable to continue. MRT was deployed, and the casualty was stretchered off the hill. She was then transported to hospital using her own vehicle.						
LAMRT/Kendal		4 hrs 24 mins				
498		26/07/2025		17:45		Rosset Pike
While the MRT was engaged with a previous incident, an additional casualty presented with minor injuries. The individual was assessed by MRT, received treatment including stitches & then walked off accompanied by MRT.						
LAMRT/Kendal		2 hrs 25 mins				
499		26/07/2025		19:04		Crinkle Crag
A concerned mother and wife reported her husband and son as overdue. The Mountain Rescue Team Leader initiated an investigation, which confirmed that the pair were safe and already making their way down.						
LAMRT		41 mins				
500		28/07/2025		13:19		Broadstand
A concerned MOP reported a person stuck on Broadstand. As fog descended, visibility reduced and prompted further investigation by MRT. The individual was later located and walked off without requiring MRT assistance						
WMRT		55 mins				
501		29/07/2025		13:26		Dubs Hut
A call was received reporting cries for help. Upon investigation, a male casualty was located with a knee injury. The MRT responded, stretchered the male off the hill, & handed him over to the ambulance.						
Cockermouth		3 hrs 4 mins				
502		29/07/2025		16:25		Skiddaw
Caller reported himself lost while out on the hill. Mountain Rescue Team Leader initiated an investigation. Shortly afterward, the caller phoned back to confirm he had found the path. MRT was not deployed.						
Keswick		9 mins				
503		29/07/2025		22:19		Heron Pike
Caller reported observing flashing lights on the hillside. MRT investigated the sighting and assessed that it was most likely individuals walking off. The area is known to have strong mobile phone signal. MRT was stood down.						
LAMRT		59 mins				
504		30/07/2025		14:18		Appleby in Westmorland
NWAS reported a 13 YOM who had fallen down an embankment and sustained a head injury. MRT was requested to assist but was promptly stood down as paramedics were already on scene and MRT support was not required.						
Kirkby Stephen		12 mins				

505		30/07/2025		14:51		Side Pike
A 62-year-old female fell while on the hill, sustaining a wrist injury. She was treated on scene and stretchered off by Mountain Rescue Team personnel. The casualty was transferred to an ambulance for further care.						
LAMRT		2 hrs 12 mins				
506		30/07/2025		19:06		Crinkle Crag
A 42-year-old male fell while on the hill, sustaining an upper leg injury. The Mountain Rescue Team responded, stretchered the casualty off the hill, and transferred him to an ambulance for further medical care.						
LAMRT/Kendal/Coniston		5 hrs 36 mins				
507		30/07/2025		22:00		Froswick
Caller reported their partner overdue from a fell run. Mountain Rescue Team initiated investigations, but the individual returned safe and well without requiring assistance.						
Patterdale		37 mins				
508		31/07/2025		17:08		Hollowstones
A 21 YOM turned his ankle. The MRT T/L spoke with him directly and confirmed he was able to walk, albeit slowly. The male self-rescue, & the T/L monitored his descent using PhoneFind at 30-min until he was safely off the hill						
Wasdale		3 hrs 47 mins				
August						
509		01/08/2025		18:11		River Kent
At the request of the police, MRT was deployed to assist in searching the River Kent for a high-risk missing person. The designated area was thoroughly searched, but no findings were reported. MRT was subsequently stood down.						
Kendal		2 hrs 13 mins				
510		01/08/2025		20:56		Scafell Pike
A call was received from a concerned mother regarding her 19 YO son, who was believed to be overdue. T/L initiated an investigation. The individual was later located safe and well, and no further MRT action was required.						
Wasdale		1 hr 15 mins				
511		02/08/2025		12:23		Rydal Hall Gardens
NWS requested assistance for a 62-year-old male with an ankle injury. Mountain Rescue Team responded, stretchered the casualty from the hill, and handed him over to the awaiting ambulance for further care.						
LAMRT		23 Mins				
512		02/08/2025		14:32		Lower Path of Catbells
A 63 YOM fell approximately 5 meters, sustaining injuries to the head and upper back. MRT responded, provided care, and stretchered the casualty off the hill. He was handed over to the medical team in the waiting ambulance.						
Keswick		2 hrs 47 mins				
513		02/08/2025		16:45		Ennerdale lake
Received a call from a 24-year-old male with an ankle injury. The casualty was able to hobble back to the car park independently. Mountain Rescue Team was stood down as the ambulance could access the location directly.						
Cockermouth		14 mins				

514		04/08/2025		08:33		Langstrath
Received a report from a local resident regarding a tent. Mountain Rescue Team investigated the site and found the tent vacant, with all equipment left behind. The items were removed and appropriately disposed of by MRT.						
Keswick		1 hr 58 min				
515		05/08/2025		00:01		Dale Bottom
An intoxicated male ran off from his group, prompting concern from his friends who reported the situation. Police and MRT initiated an investigation but were quickly stood down after the individual was located safe and well.						
Keswick		14 mins				
516		05/08/2025		01:04		Rickerby Park, Carlisle
Police requested help in locating a missing elderly male. MRT was deployed & support from the drone team was requested, but adverse weather conditions prevented flight. The missing person was located & taken to hospital						
Penrith/Drone's		5 hrs 45 mins				
517		05/08/2025		11:27		Pike O Blisco
A concerned parent contacted MRT after their son and three friends had not made contact for 16 hours. MRT initiated an investigation, and all four individuals later made contact, confirmed to be safe and well.						
LAMRT		1 hr 51 min				
518		06/08/2025		17:18		High House Tarn
A couple became lost & were unable to find their way back to their car. The MRT T/L made contact and guided them toward the main path. En route, they encountered an experienced member of the public who assisted them.						
Keswick		1 hr				
519		06/08/2025		22:04		Walna Scar Road
76 YOF fell and became exhausted. A member of the public provided initial assistance until the Mountain Rescue Team took over. She was assessed by MRT, found to be well enough to drive, and had been fed and hydrated.						
Coniston		1 hr 40 min				
520		07/08/2025		02:28		Seat
Two brothers were wild camping and experienced issues with their tent due to adverse weather. MRT made contact and confirmed they were safe, content to remain in place, and planned to walk out once conditions improved.						
Cockermouth		8 hrs 25 mins				
521		07/08/2025		16:30		Latrigg
A 67-year-old female sustained a knee injury while on the hill. Mountain Rescue Team stretchered her to her own vehicle, where she was then transported to hospital by a friend.						
Keswick		1 hr 56 mins				
522		07/08/2025		18:39		Scafell Pike
Call received from a male reporting his partner as overdue after the couple became separated high on the hill. He returned to the car while MRT investigated. The missing person was later located safe and well.						
Wasdale		33 mins				

523		08/08/2025		12:31		High Yewdale
Call received regarding a 14-year-old male with a suspected dislocated knee. Mountain Rescue Team deployed and assisted with transfer to a scout leader's car. He was then taken to hospital.						
Coniston		1 hr 21 mins				
524		09/08/2025		10:52		Derwent Water
A report was received about three adults and one child on a capsized kayak. A rescue boat was deployed, and the individuals were subsequently located on a nearby island and returned safely to shore.						
Keswick		21 mins				
525		09/08/2025		12:13		Stickle Ghyll
A 21-year-old male sustained an ankle injury following a fall. The ankle was splinted on scene, and the casualty was stretchered to his own vehicle for onward transport to hospital.						
LAMRT		1 hr 46 mins				
526		09/08/2025		13:25		Goat's Hawse
A 34-year-old male runner sustained an ankle injury after falling during a race. Due to the location, R936 attended and assisted Mountain Rescue in transporting the casualty to hospital.						
Coniston		3 hrs 12 mins				
527		09/08/2025		15:35		Red Tarn, Helvellyn
A 22 YOM sustained an ankle injury following a fall. Six friends carried him. The ankle was splinted on scene, the casualty was loaded into an MRT vehicle. He was then transported to hospital by his friends.						
Patterdale		1 hr 55 mins				
528		09/08/2025		20:42		Great Asby
A 54-year-old male sustained a broken ankle while on the hill. Mountain Rescue Team assisted him down to safety. He was then transported to hospital in his own vehicle.						
Kirkby Stephen		2 hrs 12 min				
529		09/08/2025		21:27		Above Burnmoor Tarn
Callout for an injured dog (Husky) with paw injuries. Owner initially attempted to carry the dog off the hill but became exhausted. Mountain Rescue Team stretchered the dog down to the owner's vehicle.						
Wasdale		5 hrs 58 mins				
530		11/08/2025		07:16		Beacon Tower
Cumbria Police requested Mountain Rescue Team assistance for a body recovery. MRT was prepared to respond but was subsequently stood down as Fire & Rescue handled the recovery.						
Penrith		1 hr 14 mins				
531		11/08/2025		15:41		Bowfell
55-year-old male sustained an ankle injury. MRT provided assistance and stretchered the casualty off the hill. He was transported to hospital in his own vehicle						
LAMRT/ Kendal		4 hrs 4 mins				

532		11/08/2025		15:50		Borrowdale Valley
Male casualty slipped and sustained injuries to his knee and ankle. MRT assisted with evacuation from the hill to his vehicle, from which he proceeded to hospital.						
Keswick		1 hr 28 min				
533		12/08/2025		10:30		Scout Scar
MRT was requested to assist with a male in crisis. A rope system was established to ensure safety for all involved. Police successfully engaged with the individual, who moved away from the edge. MRT was then stood down.						
Kendal		3 hrs 45 mins				
534		12/08/2025		14:41		Hause Gate, Catbells
14-year-old male sustained an ankle injury. MRT stretchered him off the hill, and he was transported to hospital in his own vehicle.						
Keswick		2 hrs 37 mins				
535		12/08/2025		15:44		Low Birk Fell
Caller reported a person in a bivvy. MRT Team Leader investigated; good phone signal in the area. Likely a photographer capturing images of fast jets.						
Patterdale		1 hr 6 mins				
536		13/08/2025		19:15		High Raise
Group of four young males; one became separated and was reported lost/overdue. MRT deployed, located all parties, and transported them to a local campsite to continue their stay.						
Keswick		4 hrs 5 mins				
537		14/08/2025		09:48		Siddaw Little man
54-year-old male suffered a cardiac arrest. MRT, H58, and R199 were deployed. Sadly, the male was confirmed deceased. R199 transported him back to base.						
Keswick/Cockermouth		4 hrs 26 mins				
538		14/08/2025		16:33		Derwent Water
NWAS requested MRT assistance due to difficult terrain. 59-year-old female with an ankle injury was stretchered to the ambulance.						
Keswick		59 mins				
539		15/08/2025		14:32		Whinlatter
14-year-old female came off mountain bike, sustaining a shoulder injury. MRT stretchered her to the ambulance.						
Keswick		1 hr 20 min				
540		15/08/2025		15:44		Brown Tongue Scafell Pike
Police requested MRT assistance for an incident on Scafell Pike. R199 also deployed to support.						
Wasdale		4 hrs 51 mins				



541		15/08/2025		16:25		Gatescarth Pass
72-year-old female sustained an ankle injury. MRT stretchered her to the team vehicle and transported her to hospital for treatment.						
Penrith		4 hrs 37 mins				
542		15/08/2025		17:13		River Duddon, Ulpha
Call received regarding a female experiencing a seizure. MRT deployed after initial contact attempts were unsuccessful, but stood down when NWS attended to the casualty.						
DFMRT		51 mins				
543		15/08/2025		21:55		Red Pike
Caller reported themselves lost and inadequately dressed for conditions. MRT deployed a small team who successfully walked the individual off the hill.						
Cockermouth		3 hrs 59 mins				
544		16/08/2025		00:00		Hardknott Pass
Caller reported hearing whistles in the area. MRT investigated, but with insufficient information to justify deployment, the team was stood down.						
Wasdale		1 hr				
545		16/08/2025		14:54		Great Gable, Windy Gap
72-year-old male sustained a tumble fall resulting in head and neck injuries. Helicopter H58 was unable to access the scene. Rescue 199 and MRT were deployed. R199 winched the casualty and transported him to hospital.						
Keswick/Cockermouth		3 hrs 57 mins				
546		16/08/2025		18:03		Wastwater Screes
A couple walking with their dog around Wastwater encountered difficulty when the dog refused to move MRT deployed a boat, collected the trio, and dropped them off further along the route to continue their walk.						
Wasdale		3 hrs 22 mins				
547		16/08/2025		21:37		Red Pike (Buttermere)
Two 36-year-old females became benighted while out walking. MRT was deployed and escorted them safely off the hill.						
Cockermouth		3 hrs 29 mins				
548		16/08/2025		21:42		Stone Arthur
A caller reported flashing lights on the fell and raised concerns. MRT investigated and found no incident. The area has good phone signal, so any genuine emergency would likely have been reported directly.						
LAMRT		1 hr 20 mins				
549		17/08/2025		02:22		Peel Wood
A 19-year-old male sustained a twisted ankle while out on the fell. MRT stretchered him off and handed him over to the ambulance service for further care.						
LAMRT		2 hrs 41 mins				

550		17/08/2025		11:07		Bleaberry Tarn
34-year-old female fell and sustained an ankle injury, unable to bear weight. MRT and R199 were deployed. MRT stretchered her to the helicopter, and she was flown to hospital for treatment.						
Cockermouth		3 hrs 13 mins				
551		17/08/2025		12:50		Tarnmonath Fell
47-year-old male, reported as diabetic with low blood sugar, requested assistance. A passer-by provided initial aid. MRT assessed him on scene and escorted him back to his vehicle.						
Penrith		4 hrs 36 mins				
552		17/08/2025		14:21		Dixon Heights
57-year-old female fell and sustained a head injury. MRT assessed her on scene and stretchered her to a friend's vehicle for transport to hospital.						
Kendal		2 hrs 57 mins				
553		17/08/2025		14:32		Beacon Tarn Area
Police requested MRT assistance due to an issue on the hill. MRT provided local area knowledge and were subsequently stood down.						
Coniston		45 mins				
554		17/08/2025		14:48		Coffin Path, Grasmere
31-year-old male fell, sustaining a head injury. MRT and H58 deployed. On arrival, casualty was drifting in and out of consciousness. He was handed over to ambulance crew for further care.						
LAMRT		2 hrs 30 mins				
555		17/08/2025		15:41		Rydal Cave
19-year-old male reported collapsed with a head injury. MRT and H58 accessed the casualty. He was mobile on scene and left with friends to be driven to hospital.						
LAMRT		1 hr 21 mins				
556		17/08/2025		20:11		Black Crag
44-year-old male called stating he was lost and panicking. MRT provided reassurance and monitored his progress remotely. A small team was deployed to meet and escort him off the hill.						
Kendal/LAMRT		2hrs 21 mins				
557		19/08/2025		12:16		Kendal Caravan Park
66-year-old male reported as suffering a cardiac arrest. MRT and Helimed responded to the scene. Despite efforts, the male was sadly confirmed deceased.						
Kendal		2 hrs 34 mins				
558		19/08/2025		17:53		Scafell
Two males descending Scafell became disoriented and reported themselves lost. MRT Team Leader provided remote guidance, successfully talking them off the hill. Both arrived safe and well at their vehicle.						
Wasdale		1 hr 41 mins				

559		19/08/2025		18:37		Mark Gate. Langdale Pikes
61-year-old male fell while climbing and sustained a foot injury. He attempted to walk off but was unable to continue due to pain. MRT deployed, stretchered him off the hill, and handed him over to the ambulance service.						
LAMRT		3 hrs 31 mins				
560		19/08/2025		22:19		Nab Scar
MRT were notified about an elderly female who had not arrived at her designated RV point. After liaising with Police, MRT stood down as the individual was later located elsewhere by Police.						
LAMRT		8 hrs 48 mins				
561		20/08/2025		12:31		Watendlath Beck
60-year-old female fell and sustained a head injury. MRT stretchered her off the hill and transported her to a local hospital for treatment.						
Keswick		2 hr 1 mins				
562		20/08/2025		13:34		Coombs Wood
14-year-old male fell off a mountain bike, sustaining a suspected hip injury. MRT and H58 were deployed. The casualty was stretchered to the ambulance for onward care.						
Penrith		2 hrs 48 mins				
563		21/08/2025		19:11		Buttermere Lake
YHA reported two males, aged 21 and 11, overdue from paddleboarding. While MRT began investigating, the individuals returned safe and well.						
Cockermouth		15 mins				
564		21/08/2025		19:44		Corridor Route
A lone female became lost on the hill. MRT located her using the Apple Emergency SOS service, deployed a team, and escorted her safely off the hill						
Wasdale		5 hrs 29 mins				
565		21/08/2025		20:40		Scale Gill, Eskdale
2 females, aged 44 and 47, reported themselves lost via the Apple Emergency SOS service. MRT was unable to contact and deployed to their last known location, but the pair were not found there. They were located in the pub.						
Wasdale		1 hr 47 mins				
566		22/08/2025		11:52		Thirlmere, infinty Pool
44-year-old male slipped and sustained an ankle injury. MRT stretchered him off the hill, and he was transported to hospital in his own vehicle.						
Keswick		2 hrs 39 mins				
567		23/08/2025		10:52		Grasmoor
Member of the public reported to Police that they had found a rucksack containing equipment. MRT advised it be left in place and recorded the location in case further reports or related calls were received.						
Cockermouth		18 mins				

568		23/08/2025		12:14		Honister Pass
Police reported a head injury, limited comms from the scene. MRT deployed and, upon arrival, found the incident involved 2 MTB's who had crashed. Ambulance crew was already on scene. MRT stood down and returned to base.						
Cockermouth		1 hr 42 mins				
569		23/08/2025		13:59		Coniston Area
Call received from the boyfriend of a 38-year-old female, reporting she was lost and unsure how to get off the hill. MRT began investigating, but the individual found her own way down. MRT stood down.						
Coniston		25 mins				
570		23/08/2025		14:39		Pavey Ark
37-year-old male experienced severe cramp and was unable to continue. MRT deployed, provided fluids and support, and escorted him off the hill once he was able to walk.						
LAMRT/Kendal		5 hrs				
571		23/08/2025		16:55		Swirral Edge
A male sustained multiple serious injuries following a significant fall. MRT, H58, and R912 were deployed to the scene. The casualty was airlifted to a trauma hospital for urgent treatment.						
Patterdale		4 hrs 50 mins				
572		23/08/2025		22:23		Scafell Pike
Caller reported a male in a walking group was struggling to continue. After being given food and water, his condition improved, and he was able to walk off with the group. MRT was not deployed.						
Wasdale		8 mins				
573		24/08/2025		11:33		Green Slate quarry
Call received regarding a 23-year-old male experiencing choking and chest pains. MRT was alerted but stood down after it was confirmed the individual had returned to his vehicle.						
Coniston		16 mins				
574		24/08/2025		12:10		Rydal Fell
Call received regarding three walkers stuck on steep ground. RAF MRT were nearby and responded, assisting the group off the hill. LAMRT was not deployed.						
LAMRT/RAF		1 hrs 57 mins				
575		24/08/2025		14:42		Lower Latrigg Woods
Police reported an incident involving a female who had fallen down an embankment while using a mobility scooter. MRT deployed to assist with her extraction from the location.						
Keswick		1 hr 51 mins				
576		24/08/2025		17:42		Red Tarn
49-year-old female fell and sustained an ankle injury. MRT stretchered her off the hill, and she was transported to hospital by friends.						
Patterdale		3 hrs 20 mins				

577		24/08/2025		18:09		Green Hole, Upper Esk
Call received from a 51-year-old female with injuries to her toe and finger. MRT deployed, provided treatment, and escorted her off the hill. LAMRT met the team at the road head to assist with returning her to the campsite.						
Wasdale/LAMRT		6 hrs 10 mins				
578		24/08/2025		19:00		Mosedale
Call received from a concerned friend reporting a female overdue and unreachable. MRT initiated an investigation, but the individual returned safely before deployment was required.						
Cockermouth		13 mins				
579		25/08/2025		11:29		Barrow Fell
52-year-old female slipped, sustaining injuries to her ankle and knee. MRT stretchered her off the hill, and she was transported to hospital in her own vehicle.						
Keswick		2 hrs 25 mins				
580		25/08/2025		15:40		Wastwater
Police contacted MRT regarding 3 individuals in the water requiring assistance. MRT and CF&R were deployed. The original three self-rescued prior to MRT arrival. MRT then assisted a separate group of three paddleboarders.						
Wasdale		4 hrs 37 mins				
581		25/08/2025		16:13		Aira Force
Call received regarding a 55-year-old female with a back injury. NWAS were on scene and initially requested MRT assistance. MRT was subsequently stood down as their support was no longer required.						
Patterdale		7 mins				
582		25/08/2025		18:23		Hallin Bank
Police received reports of shouts for help, prompting an investigation. This led to the discovery of a RTC involving a vehicle in a ravine with three casualties. MRT deployed to assist NWAS with the extraction of the individuals.						
Patterdale		2 hrs 54 mins				
583		25/08/2025		19:09		Hause Gate, Catbells
33-year-old female tripped and sustained a laceration to her lower leg. MRT stretchered her off the hill, and she was transported to hospital in her own vehicle.						
Keswick		2 hrs 6 mins				
584		26/08/2025		03:00		Wastwater
Call received from NWAS reporting a vehicle off the road and concern for the passenger. MRT clarified that vehicle recovery is outside its remit. NWAS arranged recovery through RAC, and MRT was not deployed.						
Wasdale		6 hrs 43 mins				
585		27/08/2025		20:20		Tebay Fell
MRT were requested by NWAS to assist a 21-year-old female who was found unconscious but breathing; MRT deployed to the scene but were stood down as NWAS managed her transfer to the ambulance.						
Kirkby Stephen		52 Mins				

586		28/08/2025		11:35		Barbon
Police requested MRT to assist in locating a missing young person; the casualty was found deceased.						
Kendal/Dogs/Drones		5hrs 43 mins				
587		29/08/2025		11:36		Beda Fell
Police reported a manual activation of an emergency beacon from a DoE group. MRT deployed to the last known location but found no one at the scene. They later returned safe and well.						
Patterdale		2 hr 44 mins				
588		29/08/2025		23:56		Scafell Pike
Police received a call regarding 8 individuals who were lost. MRT located their position approximately 20 minutes from the car park and successfully guided them down over the phone without deploying a team.						
Wasdale		1 hr 2 mins				
589		30/08/2025		17:40		Lingmell Col
Call received regarding a serious head injury. MRT & R936 were deployed. The casualty was located not far from the car park, he already begun walking off. MRT assessed the individual & assisted with walking him off the hill.						
Wasdale		2 hrs 27 mins				
590		30/08/2025		18:09		Lingmell Col
Call received from two males, aged 22 and 23, reporting they were lost. MRT located their position and successfully talked them off the hill remotely.						
Wasdale		2 hrs 34 mins				
591		30/08/2025		20:58		Scafell Pike Area
Hotel reported a father & son overdue. MRT initiated an investigation after attempts to contact them were unsuccessful. The male later contacted his wife, confirming they were safe & well but they were in the wrong valley.						
Wasdale		51 mins				
592		30/08/2025		22:55		Stickle Tarn
Call from a 22 YOM who was wild camping but required assistance due to wet weather conditions. MRT located his position, provided instructions on how to descend, monitored his progress remotely as he walked off safely.						
LAMRT		1 hr 28 mins				
593		31/08/2025		14:08		Stream Crossing
45-year-old female sustained a broken ankle. MRT and H08 were deployed to the scene. The casualty was stretchered off the hill to the helicopter and airlifted to hospital for treatment.						
Wasdale		3 hrs 28 mins				
594		31/08/2025		15:30		Scafell Pike
Male and female in their 20s became lost while descending from the summit. Team Leader made contact and re-directed them back to the summit, where they located the correct path and rejoined other walkers.						
Wasdale		1 hr 31 mins				

595		31/08/2025		17:12		Latrigg
62-year-old female slipped on wet grass, sustaining injuries that required stretcher evacuation. MRT carried her off the hill, and she was transferred to hospital via ambulance.						
Keswick		1hr 52 mins				
September						
596		01/09/2025		00:17		Mickledore
Three males in their 20s became lost and were unable to descend safely. MRT deployed a small team who located the group and assisted them back down.						
Wasdale		7 hrs 21 mins				
597		01/09/2025		15:23		Sow How Lane
35-year-old female fell from a mountain bike, sustaining a shoulder injury. NWAS and MRT were deployed, but MRT was stood down upon arrival as NWAS were already on scene and managing the incident.						
Kendal		1 hr 54 mins				
598		02/09/2025		11:16		Nine Standards Rigg
Call received regarding a 60-year-old male who had collapsed, with CPR in progress. MRT and H58 were deployed to the scene. Unfortunately, despite efforts, the outcome was fatal.						
Kirkby Stephen		3 hrs 48 mins				
599		02/09/2025		15:24		Cockenskell
Call received regarding an elderly female experiencing back spasms. MRT deployed and assisted her back to her accommodation using a team vehicle.						
Coniston		2 hrs 17 mins				
600		02/09/2025		20:48		Ennerdale Valley
Call received from a 71-year-old female who had reversed her car into a ditch and become stuck. MRT were not deployed, and the incident was handed over to Fire & Rescue for resolution.						
Cockermouth		35 mins				
608		03/09/2025		11:04		Back of Skiddaw
Call received from a concerned parent regarding their 27-year-old son, who was overdue for a scheduled check-in. MRT and police initiated an investigation. The individual was later located safe and well at a local hostel.						
Keswick		35 mins				
602		03/09/2025		22:19		Workington
Police requested support from the drone team for an incident, but deployment was not possible due to adverse weather conditions.						
Drone Team		12 mins				
603		04/09/2025		18:37		Orrest Head
Passer-by reported a 75 YOF possibly suffering a stroke. MRT deployed & carried out a full assessment, finding no clear signs of stroke but a possible TIA. The casualty walked off with the team and was advised to attend hospital.						
LAMRT		2 hrs				

604		04/09/2025		21:12		Dore Head, Yewbarrow
Two males, both aged 24, became lost and separated in poor conditions with minimal kit. Located uninjured by rescue team, warmed on scene, and walked down to safety. Neither had gear suitable for overnight.						
Wasdale		3 hrs 12 mins				
605		06/09/2025		04:33		Scafell
Two males, aged 51 & 32, crag fast and unable to descend. MRT and R936 were deployed. As MRT prepared equipment, R936 successfully located and recovered the pair, bringing them safely back to the valley.						
Wasdale/DFMRT		3 hrs 23 mins				
606		06/09/2025		11:25		Askham Fell
29-year-old female fell from a mountain bike. H58 and Cumbria Fire & Rescue (CF&R) attended the scene and managed the incident. MRT were stood down prior to deployment.						
Penrith		24 mins				
607		06/09/2025		18:12		Silverhow
Female contacted Cumbria Police reporting she was lost. MRT attempted to establish communication, and once contact was made, it was confirmed she had already descended and was safe and well.						
LAMRT/Patterdale		48 mins				
608		06/09/2025		20:38		Scafell Pike
Call received from a concerned mother regarding her 27-year-old son who was overdue. MRT initiated an investigation, and contact was later made confirming he was down from the hill, safe and well.						
Wasdale		10 mins				
609		06/09/2025		22:35		High Hartsop Dodd
Member of the public reported flashing lights on the hillside. MRT investigated & noted good phone signal coverage in the area. The lights were suspected to be from wild campers. No deployment was made.						
Patterdale		11 mins				
610		07/09/2025		07:53		Grisdale Tarn
Male reported as exhausted and unable to continue. MRT investigated the situation; with assistance from a member of the public, the individual was able to walk off without further intervention.						
Patterdale/LAMRT		3 hrs 6 mins				
611		07/09/2025		12:06		Catbells
32 YOF fell 10 metres, sustaining injuries to her head and face. MRT & H58 were deployed. After assessment by H58, she was deemed stable enough to walk off with MRT & later travelled to hospital in her own vehicle.						
Keswick		2 hrs 22 mins				
612		07/09/2025		12:35		Red Screes, Keppel Cove
50-year-old male fell while participating in a fell race. MRT were deployed and carried out a stretcher evacuation. The casualty later travelled to hospital in his own vehicle.						
Patterdale/Keswick		3 hrs 8 mins				



613		07/09/2025		14:03		Windy Gap
Male reported an ankle injury and was unable to continue. MRT deployed, located the casualty, and transported him back to his accommodation.						
Coniston		1 hr 19 min				
614		07/09/2025		15:00		Keppel Cove
While engaged in Incident 612, the team encountered a 58-year-old female with an injured ankle. MRT provided assistance, bringing her down to base where she was transferred to an ambulance for further care.						
Patterdale		1 hr 7 mins				
615		07/09/2025		16:48		Station Scar Wood
78 YOM fell 10 metres, sustaining injuries to his head and neck. MRT and H58 were deployed. MRT carried out a stretcher evacuation to the helicopter, which then transferred the casualty to hospital for further treatment.						
Coniston		4 hrs 21 mins				
616		08/09/2025		07:22		Dockey Tarn
81-year-old male experiencing chest pain and shortness of breath. MRT deployed and carried out a stretcher evacuation to a waiting ambulance. The casualty was then transported to hospital for further treatment.						
LAMRT		1 hr 51 mins				
617		09/09/2025		12:47		Catbells
38-year-old male sustained an ankle injury following a fall. MRT deployed and carried out a stretcher evacuation. No ambulance was required; the casualty opted to travel to hospital in his own vehicle.						
Keswick		2 hrs 20 mins				
618		10/09/2025		14:20		Wastwater Screes
A couple reported being stuck on screes. The Team Leader made contact and reassured them they were safe and had passed the most difficult section. The couple continued and walked off without requiring assistance.						
Wasdale		2 hrs 5 mins				
619		11/09/2025		12:39		Lining Crag
65-year-old female with an injured ankle. MRT deployed, stretchered the casualty, and transferred her to an ambulance for hospital care.						
Keswick		4 hrs 20 mins				
620		11/09/2025		13:58		Blacksail Pass
51-year-old female sustained a lower leg/ankle injury. MRT stretchered her off the hill; she opted to travel to hospital in her own vehicle.						
Wasdale		4 hrs 59 mins				
621		11/09/2025		16:28		Raven Crag
Concern raised about a dog repeatedly running in the same area. MRT investigated; the dog was no longer present and a search of the area found nothing of concern.						
Keswick		2 hrs 38 mins				

622		11/09/2025		18:06		Great Mell Fell
68-year-old male reported as fallen and unable to get up. MRT found no injuries and assisted him back to his vehicle.						
Patterdale		2 hrs				
623		13/09/2025		10:01		Gummers How
52-year-old female fell while running, sustaining an ankle injury. MRT and H08 deployed; casualty was stretchered to the helicopter for hospital transfer.						
Kendal		2 hrs 56 mins				
624		13/09/2025		13:38		Cross Fell, Gregs Hut
73-year-old male with an ankle injury. MRT drove to the hut, collected the casualty, and transferred him to an ambulance waiting at the bottom of the hill.						
Penrith		6 hrs 48 mins				
625		13/09/2025		13:52		Walla Crag
Police reported a collapsed male with CPR in progress. MRT and H58 deployed; H58 arrived first and found the male sitting and breathing. He was flown to a waiting ambulance for hospital transfer.						
Keswick		1 hr 59 mins				
626		14/09/2025		16:37		Swirl How, Prison Band
Group reported stuck due to high winds. MRT deployed and safely escorted them off the hill without injury.						
Coniston		3 hr 25 mins				
627		14/09/2025		19:11		Troutbeck
Police requested MRT assistance alongside CF&R to recover the body of an 80-year-old female from a river.						
LAMRT/Kendal		4 hrs 4 mins				
628		16/09/2025		20:24		Place Fell
11-year-old female reported as having an asthma attack. MRT deployed, provided treatment on scene, and walked her off safely						
Patterdale		2 hrs 47 mins				
629		17/09/2025		00:24		Striding Edge
Group of three 23-year-old males reported stuck and unable to continue. MRT Team Leader attempted verbal guidance; LTD team deployed, located the group, and walked them off the hill safely						
Patterdale		3 hrs 57 mins				
630		17/09/2025		04:02		Sticks Pass
Lone male reported stuck, wet, and cold. MRT deployed, located him, and walked him off the hill safely.						
Patterdale/Keswick		4 hrs 13 mins				

631		18/09/2025		12:45		Workington
Police requested MRT assistance for an urban area search. It was agreed this was outside MRT remit and passed to a more appropriate team.						
Cockermouth		10 mins				
632		18/09/2025		12:49		Aira Force
Male fell approximately 3 metres, sustained a head injury. MRT stretchered him to a waiting ambulance for hospital transfer.						
Patterdale		2 hrs 4 mins				
633		18/09/2025		14:57		Coniston Moor
83-year-old male reported himself lost. MRT made contact; he had met another walker who assisted him off the hill.						
Coniston		1 hr 32 mins				
634		19/09/2025		13:42		Hartsop
45-year-old female found by MOP after spending the night on the hill, wet and cold. MOP assisted her to the roadside; MRT checked her over and provided warming measures.						
Patterdale		3 hrs 13 mins				
635		19/09/2025		20:16		Lunes Bridge
Concerned father reported his daughter stuck between a tree and wall. MRT deployed; she was freed prior to arrival. Team provided warming and welfare support.						
Kirkby Stephen		2 hrs 45 mins				
636		20/09/2025		11:32		Above Park foot Holiday Park
33-year-old female sustained a dislocated knee. MRT stretchered her to a waiting ambulance for hospital transfer.						
Penrith/Patterdale		3 hrs 7 mins				
637		20/09/2025		13:44		Hartsop Dodd
33-year-old female fell runner sustained a lower leg injury. MRT stretchered her to a waiting ambulance for hospital transfer.						
Patterdale		2 hrs 32 mins				
638		20/09/2025		21:21		Angle Tarn
Call from wife reporting concerns for her 66 YO husband, described as exhausted and lost. MRT initially unable to locate him, but later found and brought him off the hill. Casualty was warmed and reunited with his wife.						
Patterdale/Dogs/Drone		2 hrs 4 mins				
639		20/09/2025		22:59		Red Tarn
Call from girlfriend after receiving a poor-signal phone call from her boyfriend, during which she heard the word “emergency” & contacted police. MRT spoke to the male directly and clarified there was no emergency.						
LAMRT		41 Mins				

640		21/09/2025		11:23		The Rake
33-year-old male found collapsed and previously unconscious. MRT assessed on scene, stretchered him off, and transferred to a waiting ambulance.						
Patterdale/Penrith		3 hrs 32 mins				
641		21/09/2025		12:23		Hardknott Pass
18-year-old male fell off his bike, sustaining head injuries. A local team member assessed him on scene and found him standing on the roadside. An ambulance was requested to take over care.						
Wasdale		1 hr 4 mins				
642		21/09/2025		13:45		Knock Murton
82-year-old male fell and collapsed, reporting feeling faint. MRT assisted him into the team vehicle and transported him to a waiting ambulance.						
Cockermouth		2 hrs 2 mins				
643		21/09/2025		13:55		Crosby on Eden
Report from a member of the public regarding a possible body in the water. MRT deployed SRT technicians to investigate; nothing was found and the team was stood down.						
Penrith		3 hrs				
644		21/09/2025		17:17		Scafell Pike
Caller reported his 20-year-old male friend experiencing severe cramp. MRT deployed and met the casualty halfway down the hill, already walking. Team escorted him the rest of the way safely.						
Wasdale		5 hrs 46 mins				
645		21/09/2025		19:37		Hollowstones
Following a previous call-out, MRT were notified of a female with an ankle injury. Team assessed and treated her on scene; she was able to walk off without further assistance.						
Wasdale		2 hrs 58 mins				
646		21/09/2025		20:06		Carrock Fell
45-year-old male sustained a dislocated knee. MRT stretchered him to a waiting ambulance for hospital transfer.						
Keswick		3 hrs 28 mins				
647		22/09/2025		14:22		Gowbarrow Park
67-year-old male became lost and stuck in thick undergrowth. MRT deployed, located him, and assisted his return to his vehicle.						
Patterdale		3 hrs 1 mins				
648		22/09/2025		22:12		Broughten in furness
Police requested MRT assistance in searching for a 42-year-old high-risk missing person. As the team was preparing to deploy, the individual returned and was confirmed safe.						
DFMRT		38 mins				

649		23/09/2025		14:22		Bowfell
YHA reported a 23 YOM male overdue from a walk and notified police. MRT began investigating possible routes and mobilised resources in preparation to search for the individual. The male later turned up safe and well.						
LAMRT + Others		6 hrs 18 mins				
650		23/09/2025		20:11		Haystacks
Call received regarding two individuals overdue from a walk. MRT initiated route investigation and prepared resources for a potential search. Both individuals later turned up safe and well.						
Cockermouth		53 mins				
651		24/09/2025		14:07		Low Fell
69-year-old male fell and sustained a twisted ankle. MRT stretchered him off and transported him in team vehicle to his accommodation. He later travelled to hospital in his own vehicle.						
Cockermouth		3 hrs 7 mins				
652		24/09/2025		14:19		Birk Fell
Call from member of the public reporting sighting of an orange bag. MRT investigated and confirmed it was in a known location frequented by jet spotters. No deployment required.						
Patterdale		5 mins				
653		25/09/2025		11:35		Force Crag Mine
55-year-old male experiencing back pain. MRT assisted with transport in the team vehicle to rendezvous with a waiting ambulance.						
Keswick		2 hrs 13 mins				
654		25/09/2025		14:04		Gowbarrow Fell
28-year-old female fell and sustained an ankle injury. MRT splinted the ankle on scene, stretchered her off the hill, and transferred her to a waiting ambulance.						
Patterdale		3 hrs 20 mins				
655		25/09/2025		14:38		Castle Head
79-year-old female slipped and sustained a back injury. MRT stretchered her off and transferred her to a waiting ambulance.						
Keswick		1 hr 21 mins				
656		25/09/2025		16:31		Dodd Fell
82-year-old male was struggling during a walk and became unable to continue. MRT deployed to assist and successfully helped him off the hill.						
Keswick		1 hr 3 mins				
657		25/09/2025		21:25		Ennerdale/Buttermere Valley
Hostel owner reported a 20 YOF overdue, having not returned after paying for six nights. MRT initiated hasty search efforts. She was subsequently located safe & well at a hotel in Buttermere, all teams were stood down.						
Cockermouth + Others		4 hrs 19 mins				

658		26/09/2025		09:51		Corridor Route
Call received via iPhone Emergency SOS reporting two individuals lost and stuck. MRT provided remote instructions while a member of the public located them and guided them safely off the hill.						
Wasdale		5 hrs 2 mins				
659		26/09/2025		13:08		Blease Fell
61-year-old female fell and sustained a wrist injury. MRT deployed, assisted her off the hill, and she later made her own way to hospital.						
Kirkby Stephen		5 hrs 54 mins				
660		26/09/2025		14:20		Dent
Female undertaking the Coast to Coast (C2C) walk became lost. MRT began investigating potential routes and search options. She subsequently found her way, and the team was stood down.						
Wasdale		32 mins				
661		26/09/2025		20:37		Grizedale Forest
10-year-old male fell off a mountain bike, sustaining facial injuries and a brief loss of consciousness. MRT deployed, provided initial care, and stretchered him to a waiting ambulance.						
Coniston		2 hrs 51 mins				
662		27/09/2025		10:20		Black Crag
Two female climbers, aged 59 and 57, were involved in an incident when the lead climber displaced a boulder. Both sustained multiple injuries from glancing blows. One casualty was airlifted by Rescue Helicopter H58.						
Keswick		3 hrs 12 mins				
663		27/09/2025		12:27		Hutton Roof Crag, The rakes
36-year-old male fell approximately 2 metres, sustaining back and rib injuries. MRT stretchered him off the hill and transferred him to a waiting ambulance.						
Kendal		3 hrs 38 mins				
664		27/09/2025		13:09		Red Gill, Scafell
4 18 YOM took a wrong route, 1 falling 7m. He injured his back, neck, and upper arm. MRT and R936 were deployed. Due to adverse weather conditions, the casualty was lowered and stretchered off the hill by MRT.						
Wasdale		8 hrs 40 mins				
665		27/09/2025		17:46		Stannah Ghyll
Fell runner sustained an ankle injury following a fall. MRT stretchered the casualty off the hill and transferred them to a waiting ambulance.						
Keswick		1 hr 28 mins				
666		27/09/2025		18:59		Langdale Area
Third-party report of a 35-year-old male overdue from a fell run. MRT initiated investigation and route checks. The individual turned up safely, two hours late, with a flat phone battery.						
LAMRT		53 mins				

667		28/09/2025		10:51		Lily Tarn
32-year-old female slipped and sustained an ankle injury. MRT stretchered her off the hill and transferred her to a waiting ambulance.						
LAMRT		4 hrs 7 mins				
668		28/09/2025		13:33		Red Tarn
57 YOF with a historic knee injury reported her kneecap had dislocated, leaving her unable to move. MRT was deployed, but she successfully repositioned the kneecap herself & walked off unaided. Team was stood down						
LAMRT/Kendal		1 hr 49 mins				
669		28/09/2025		14:42		Langdale Valley
While returning from a previous incident, MRT encountered a cyclist who had come off his bike. MRT provided treatment on scene. The individual opted to make his own way home.						
LAMRT		30 mins				
670		29/09/2025		13:17		Binsey
92-year-old male sustained an upper leg injury upon landing from a paragliding activity. MRT responded and transferred him to a waiting ambulance.						
Cockermouth		30 mins				
671		29/09/2025		13:32		Buttermere Lake
65-year-old male fell and sustained an upper leg injury. MRT stretchered him off the hill and transferred him to a waiting ambulance.						
Cockermouth/Keswick		6 hrs 15 mins				
672		29/09/2025		18:03		Skiddaw House
Call received regarding two males, aged 67 and 73, reported lost. They had successfully located their hostel, but MRT deployed a Land Rover to retrieve them and return them to their accommodation.						
Keswick		2 hrs 27 mins				
673		30/09/2025		17:03		Aaron Slack
58-year-old female fell and sustained an ankle injury, rendering her unable to move. MRT deployed, stretchered her off the hill, and she opted to make her own way without ambulance support.						
Keswick/Cockermouth		4 hrs 1 mins				
674		30/09/2025		18:32		Hollowstones
80 YOM was struggling to walk due to exhaustion. MRT deployed, located the individual & attempted to walk him off the hill. When this proved unfeasible, he was stretchered off & returned to his accommodation.						
Wasdale		5 hrs 29 mins				
October						
675		01/10/2025		10:41		Catbells
Member of the public reported flashing lights on the hill. MRT investigated the report and, given the area's strong phone signal and high footfall, determined no deployment was necessary.						
Keswick		17 mins				

676		02/10/2025		01:41		Scafell Pike
Call received reporting four 20 YOM's stranded on the summit, unable to descend due to inadequate equipment. MRT struggled to establish contact, but later confirmed the group had made their way off the hill and were safe.						
Wasdale		6 hrs 20 mins				
677		02/10/2025		16:32		Great Gable/Green Gable
Call received reporting a male overdue after separating from his friend on the hill. MRT initiated investigation, but both parties re-established contact. The walk had taken longer than expected, team was stood down.						
Wasdale		12 mins				
678		02/10/2025		20:37		Red Pike
Call received regarding two males struggling to descend, with one reporting a knee injury. MRT deployed and assessed both individuals on scene. They were able to walk off without further assistance.						
Cockermouth		5 hrs 7 mins				
679		02/10/2025		21:45		Rydal Water
NWS requested MRT assistance for a 60-year-old female who had collapsed. MRT deployed, but was stood down when NWS successfully managed to return her to the ambulance without further support.						
LAMRT		45 mins				
680		03/10/2025		13:42		Great Dodd
19-year-old male was walking during Storm Amy when he fell and twisted his ankle. MRT deployed, stretchered him off the hill, and transferred him to the MRT base, where he was collected by friends.						
Patterdale		5 hrs 9 mins				
681		03/10/2025		16:21		Kentmere
Cumbria Police requested MRT assistance with a body recovery due to challenging location. MRT deployed and supported police operations on scene.						
Kendal		2 hrs 42 mins				
682		03/10/2025		20:22		Duddon Bridge
Call received regarding a male stranded in his van due to flooding. MRT was initially tasked but stood down when Cumbria Fire & Rescue arrived on scene and took over.						
DFMRT		28 mins				
683		04/10/2025		16:18		Crummock Water
38-year-old male tripped and injured his ankle, leaving him struggling to walk. MRT deployed a Limited Team Deployment (LTD), collected him in a team vehicle, and returned him to the village.						
Cockermouth		2 hrs 12 mins				
684		07/10/2025		08:54		Orrest Head
Walker tripped and was trampled by cows, sustaining head and rib injuries. Stretchered off and taken to hospital by ambulance.						
LAMRT		1 hr 53 mins				



685		08/10/2025		13:13		Pavey Ark
49-year-old female became crag-fast and was unable to move to safety. MRT deployed, lowered her to secure ground, and transported her back to her vehicle. No injuries reported.						
LAMRT		4 hrs 35 mins				
686		08/10/2025		13:52		Easedale
63-year-old female slipped and injured her arm. MRT deployed, stretchered her off, and handed over to ambulance for hospital treatment.						
LAMRT		2 hrs 35 mins				
687		10/10/2025		11:08		Grasmere
Member of public found a rucksack & alerted police. A missing person had also been reported. Search teams were deployed & the individual was found deceased in water. Body recovered and handed over to authorities.						
LAMRT/Dogs/Drones		2 hrs 33 mins				
688		10/10/2025		12:27		Olde Man of Coniston
55-year-old male tripped and injured his ankle. MRT stretchered him off and he was taken to hospital with friends.						
Coniston		5 hrs 5 mins				
689		10/10/2025		17:55		Scale Force
Member of public reported multiple people stuck and shouting for help. MRT investigated and assisted the group, who were able to get themselves out with support. No injuries reported.						
Cockermouth		11 mins				
690		11/10/2025		14:32		Stony Cove Pike
68-year-old female slipped and injured her lower leg, leaving her unable to walk. MRT stretchered her off and returned her to base, where friends took her to hospital						
Patterdale		4 hrs 22 mins				
691		11/10/2025		16:10		Dungeon Ghyll Force
Male casualty fell and injured his ankle, leaving him unable to walk. MRT deployed, stretchered him off, and handed him over to ambulance for further care.						
LARMT		3 hrs 3 mins				
692		12/10/2025		16:18		Easedale Gill
74 YOM slipped & sustained chest/rib injuries, leaving him unable to walk due to significant pain. MRT deployed, but due to the nature of injuries & carry, H08 was requested. Casualty was airlifted to hospital.						
LAMRT/Kendal		4 hrs 8 mins				
693		12/10/2025		18:33		Piller Rock
Call received via iPhone SOS reporting two males stuck. MRT deployed; R199 was already in the area and assisted. Both casualties were winched off the hill and returned to their car. No injuries reported.						
Cockermouth		1 hr 29 mins				

694		12/10/2025		19:09		Base Brown
Call received from a couple benighted and stuck on steep ground. A limited MRT deployment assisted in walking them off the hill safely. No injuries reported						
Keswick		3 hrs				
695		12/10/2025		22:05		Birkhouse Moor
Two 35-year-old males became lost after losing daylight. MRT investigated and successfully talked them back onto the path before walking them off the hill. Full team deployment not required.						
Patterdale		1 hr 34 mins				
696		13/10/2025		11:12		Garsdale Pike
47-year-old male fell and injured his ankle and knee. MRT deployed, stretchered him off, and handed him over to ambulance for hospital treatment.						
Kirkby Stephen/Kendal		4 hrs 51 mins				
697		14/10/2025		12:32		olde Man of Coniston
65-year-old female fell and sustained an ankle injury. MRT stretchered her off the hill; she was transported to hospital in her own vehicle.						
Coniston		2 hrs 22 mins				
698		14/10/2025		12:45		Walla Crag
69-year-old male reported struggling to breathe. MRT deployed and stretchered him off the hill. He was transported to a local hospital by a friend.						
Keswick		1 hr 41 mins				
699		14/10/2025		13:49		Gowbarrow Fell
Male slipped and sustained an ankle injury, rendering him unable to walk. MRT deployed and stretchered him off the hill. No further medical assistance required on scene						
Patterdale		3 hrs 15 mins				
700		16/10/2025		12:02		Kirk Fell
Call received from a 53 YOF who, along with her friend, was stuck on steep ground. MRT T/L made contact, reassured her, & successfully guided her back onto the path. Both were then able to walk down unaided.						
Wasdale		45 mins				
701		16/10/2025		13:46		Gowbarrow Fell
79-year-old female sustained a knee injury. MRT deployed alongside helicopter assets H58 and Rescue 199 (R199). The casualty was airlifted back to base and transferred to a land ambulance for further care.						
Patterdale		3 hrs 2 mins				
702		17/10/2025		20:04		Glenridding Dodd
Member of public reported flashing lights on the hillside. MRT TL investigated; the area was known to have good phone signal, and a team member dispatched to check was unable to see any lights. MRT stood down.						
Patterdale		24 mins				

703		18/10/2025		15:50		Scafell Pike
Caller reported their friends as overdue & lost following a walk. MRT TL initiated an investigation & located the missing individuals in the valley. They were uninjured and planned to call a taxi to return to Langdale.						
Wasadale		19 mins				
704		18/10/2025		16:36		Whinlatter
51-year-old male fell while mountain biking, sustaining injuries to his head and face. MRT assisted him back to his friend's car, and he was subsequently taken to hospital.						
Keswick		1 hr 6 mins				
705		18/10/2025		21:15		Helvellyn
Caller reported two individuals stuck on the hill due to strong winds. MRT investigated and made contact, successfully encouraging and guiding them to walk off the hill unaided until they reached safety.						
Patterdale/Keswick		1 hr 1 mins				
706		18/10/2025		21:37		Dollywagon Pike, Cock Cove
20-year-old male became crag-fast and was unable to continue. MRT deployed a small team who reached him, provided support, and safely walked him off the hill.						
Patterdale		3hrs 35 mins				
707		19/10/2025		09:14		Striding Edge, Helvellyn
42-year-old male sustained a calf injury while walking and was unable to continue. MRT deployed, stretchered him off the hill, and arranged a taxi to transport him to hospital.						
Patterdale		5 hrs 17 mins				
708		19/10/2025		17:43		Scafell Pike
Female walker became separated from her group and was reported lost, accompanied by her dog. MRT was unable to establish contact, so a team was deployed to locate and assist her.						
Wasdale		6 hrs 7 mins				
709		19/10/2025		20:28		Levers Water
Two individuals became lost and were unable to locate the path. MRT deployed to search for and locate them, then successfully walked them off the hill to safety.						
Coniston		2 hrs 32 mins				
710		21/10/2025		18:40		Buttermere
Call received regarding an overdue walker who had gone out in unsuitable clothing and had not been seen for some time. MRT began an investigation, but the individual later turned up safe without requiring assistance.						
Cockermouth		41 mins				
711		22/10/2025		15:37		Rannedale Knotts
Call received from a 27 YOF reporting that she & her companion were lost. MRT made contact and successfully re-directed them back onto the path. Both individuals were able to walk off the hill unaided.						
Cockermouth		38 mins				

712		23/10/2025		18:12		Farleton Fell
16 YOM fell while out on MTB and sustained a lower leg injury. MRT and H08 were deployed. The casualty was stretchered to the helicopter and subsequently handed over to a land ambulance for hospital transfer.						
Kendal		2 hrs 46 mins				
713		24/10/2025		14:12		High Spy
63-year-old female tripped and sustained a dislocated shoulder. MRT and helicopter H58 were deployed to the scene. The casualty was treated on-site and airlifted to hospital for further care.						
Keswick		3hrs 19 mins				
714		24/10/2025		18:27		High Guards Wood
50-year-old female tripped and sustained an ankle injury. MRT responded, splinted the ankle, and stretchered her off the hill to a waiting ambulance for hospital transfer.						
Coniston		1 hr 55 mins				
715		25/10/2025		13:28		Station Scar Wood
Call received reporting that a couple's dog had gone over a cliff and become stuck. MRT deployed to the scene, successfully located and assisted the dog, and reunited it safely with its owners.						
Coniston		1 hr 49 mins				
716		25/10/2025		16:13		Coombs Wood
14-year-old male fell while mountain biking, sustaining injuries to his jaw and face. MRT attended and assisted; the casualty was able to walk off the hill and was handed over to a waiting ambulance.						
Penrith		53 mins				
717		25/10/2025		19:15		Esk Hause
Four 20 YOM's became lost on the hill. MRT tried to talk them off, but discovered they had gone in the wrong direction & entered another team's area. That team made contact and successfully talked them off the hill.						
LAMRT		4 hrs 12 mins				
718		25/10/2025		20:01		Grizdale Tarn
Call from concerned Dad about his 24 YO daughter, who was wild camping & feeling scared. She was scared. MRT made contact and reassured her, advising to stay put and descend safely at first light.						
Coniston/Patterdale		1 hr 14 mins				
719		26/10/2025		10:15		Mount Barnard, Holker
50-year-old male out walking began to feel dizzy and collapsed. MRT deployed to the scene, provided warming and initial care, and handed the casualty over to a waiting ambulance for hospital transfer.						
DFMRT		4 hrs 26 mins				
720		26/10/2025		11:12		Watendlath
50 YOF slipped while walking, sustaining injuries to her ankle and elbow. MRT responded, stretchered her off the hill, and transported her back to the MRT base. From there, a friend took her to hospital for further treatment.						
Keswick		2 hrs 59 mins				

721		26/10/2025		13:56		Stickle Tarn
Caller came across a 66-year-old couple who were wet, cold, and struggling on the hill. MRT deployed to the scene, provided warming and support, and walked them off the hill to safety.						
LAMRT		3 hrs 9 mins				
722		26/10/2025		16:49		Stand Crag
Call received regarding two female walkers: a 51 YO with an injured ankle and signs of exhaustion, & a 30 YO with injuries to her knee and lower back. MRT deployed & stretchered off the hill to a waiting ambulance.						
Wasdale & DFMRT		11 hrs 27 mins				
723		26/10/2025		22:20		Harrop Tarn
Call from friend concerned for a group of 6 males aged 16–18, who had not been heard from for some time. MRT was unable to make contact, made the decision to wait. The following morning, the group called they were all ok						
Keswick		10 hrs 33 mins				
724		27/10/2025		13:48		Stockghyll Waterfall
60-year-old male suffered a cardiac arrest while on the hill. MRT and helicopter H58 were deployed to the scene. Despite rapid response and efforts, the casualty sadly passed away.						
LAMRT		2 hrs 17 mins				
725		27/10/2025		15:33		Walna Scar Road
33 YOF slipped & sustained an ankle injury, rendering her unable to walk. MRT deployed to the scene, provided assistance & stretchered her off the hill to her own vehicle, from which she proceeded to hospital.						
Coniston		2 hrs 23 mins				
726		27/10/2025		16:41		Caldbeck
16-year-old male was reported overdue from a walk, with his parent unable to make contact. MRT initiated an investigation, but the individual was later found to have turned up safe without requiring assistance.						
Penrith		2 hrs 2 mins				
727		27/10/2025		22:55		Pike of Stickle
Call from a 51 YOM & his 16 YO Son were out wild camping. Due to adverse weather, their tent had collapsed. MRT T/L spoke with them at length & assessed the situation. They confirmed they did not require rescuing.						
LAMRT		2 hrs 36 mins				
728		28/10/2025		00:09		Angle tarn
Call received from a female wild camper who became stuck on the hill after her tent collapsed. A small MRT team was deployed to assist and safely bring her back down.						
Patterdale		3 hrs 30 mins				
729		28/10/2025		01:47		Low Water, Quarries.
Four males aged 15–16 became stuck on the hill, wet and cold, and unable to descend safely. MRT deployed to assist and successfully brought all four off the hill. One parent arrived and collected the entire group.						
Coniston		4 hrs 42 mins				

730		28/10/2025		13:11		Whinlatter
13 YOM fell while MTBing, sustaining cuts to the head and had a brief loss of consciousness. MRT responded, stretchered him off the hill & handed him over to his parents, who took him to hospital for further care.						
Keswick		1 hrs 35 mins				

731		28/10/2025		18:26		Pillar Rock
Two climbers became stuck while descending after completing a climb and were unable to make further progress. MRT deployed to their location and assisted them safely down from the crag.						
Cockermouth		5 hrs 53 mins				

732		29/10/2025		11:02		Fell Head, Howgills
Call from a female walker who had slipped and injured her ankle, leaving her unable to walk. MRT deployed to the scene, stretchered her off the hill, and handed her over to a waiting ambulance for hospital transfer.						
Kendal/Kirkby Stephen		5 hrs 33 mins				

733		29/10/2025		11:55		Pavey Ark
Call received regarding a 45-year-old female who had slipped and injured her ankle while out walking. MRT deployed, stretchered her off the hill, and returned her to her accommodation for recovery.						
LAMRT		3 hrs 18 mins				

734		30/10/2025		16:16		Lingmell Col
Call from a male requesting help for a lost group. MRT Team Leader began an investigation, but the team was stood down after the group encountered a walker familiar with the area who was able to guide them safely.						
Wasdale		16 mins				

735		31/10/2025		10:51		Coombs Wood, Armathwaite
12-year-old male sustained a chest injury while mountain biking. MRT and helicopter H58 were deployed to the scene. MRT assisted with the extraction and transferred the casualty to a waiting ambulance for hospital care.						
Penrith		2 hrs 13 mins				

736		31/10/2025		16:22		Greenhow, Scafell
Call from the wife of a 51YOM who was lost on the hill. MRT made contact and prepared to deploy a small team due to the casualty's low battery and lack of a torch, the individual managed to find his way off the hill safely.						
Wasdale		1 hr 19 mins				

737		31/10/2025		23:23		River Derwent
A female was seen falling down a river embankment, but could not be located. Police & MRT initiated an investigation & search of the area. The female was later found safe at her caravan, and no further action.						
Keswick		45 mins				

### November

738		01/11/2025		12:17		Birkett's Leap, Rosthwaite
55 YOM sustained injuries to his chest, wrist, and lower leg while mountain biking. MRT and H58 were deployed to the scene. The casualty was stretchered off the hill and transferred to H58 for onward evacuation.						
Keswick		2 hrs 24 mins				

739		02/11/2025		13:31		School Knott
70-year-old male fell while out walking and sustained an ankle injury. MRT deployed, stretchered him off the hill, and handed him over to a waiting ambulance for hospital transfer.						
LAMRT		3 hrs 20 mins				
740		02/11/2025		15:03		Knipe Moor
60 YOF slipped & sustained an ankle injury. MRT deployed, stretchered her off the hill, & handed him over to the ambulance crew. Following the check, he was deemed fit to travel and was taken to hospital in his own vehicle.						
Penrith		2 hrs 27 mins				
741		02/11/2025		16:18		Cam Spout
Call received reporting two females, aged 60 and 21, lost on the hill. MRT made contact and located the pair, but they were unable to walk back uphill. A small MRT team was deployed to assist and safely escort them down.						
Wasdale		7 hrs 35 mins				
742		02/11/2025		21:36		Pulpit Rock
38 YOM became lost while descending from a summit during a Three Peaks challenge. MRT made contact & talked him back onto the correct path. He was then able to make his own way down without further assistance.						
Wasdale		1 hr 22 mins				
743		03/11/2025		07:31		Shap
A major incident was declared by NWAS following a train derailment. MRT was requested to assist with casualty movement due to difficult terrain, requiring the use of 4x4 vehicles to transport casualties from the scene.						
Penrith/Kirkby Stephen		3 hrs 30 mins				
744		04/11/2025		12:47		Lingmell Beck
A member of the public reported a male & two dogs stuck on the far side of a stream. MRT Team Leader investigated but was unable to establish contact with the individual. The male self-rescued.						
Wasdale		13 mins				
745		06/11/2025		15:32		Levers Hawse
Call received from a couple who were lost and unable to find their way off the hill. MRT provided initial guidance and then deployed a small team to assist with their safe descent.						
Coniston		2 hrs 28 mins				
746		06/11/2025		22:55		Seat Sandal
Call received from a 20-year-old male and 20-year-old female reporting themselves lost on the hill. They were uninjured and had intended to camp overnight, which they proceeded to do. No MRT deployment was required.						
LAMRT		53 mins				
747		07/11/2025		12:29		Seat Sandal
The same couple previously reported themselves stuck on steep ground & unable to proceed. MRT established contact & provided guidance, successfully directing them off the hill to safety without deployment.						
LAMRT		3 hrs 34 mins				

748		08/11/2025		12:28		Red Tarn
Caller reported cramp in both legs while on the hill. MRT T/L made contact and confirmed the individual was well-hydrated and able to continue. He agreed to walk off independently without further assistance.						
Patterdale		2 hrs 47 mins				
749		08/11/2025		13:19		Crowberry Haws
Call received from a 36 YOF with a deep cut to her knee, rendering her unable to continue. MRT deployed, assisted her off the hill, & returned her to her own vehicle. She transported herself to hospital.						
Coniston		1 hr 36 mins				
750		08/11/2025		13:49		Thirlmere
Call from a 28 YOM who had come off his MTB and sustained a head injury. MRT was deployed to respond, but the team was stood down after the casualty confirmed he was able to make his own way to hospital.						
Keswick		15 mins				
751		08/11/2025		14:18		Derwent water, Otterfield Bay
Call received regarding a 55 YOM who had tripped and sustained an ankle injury. MRT deployed to the scene, reduced the ankle, and the casualty was able to continue with his group, who transported him to hospital.						
Keswick		1 hr 16 mins				
752		08/11/2025		14:26		Stoney Cove Pike
Call received regarding a female who had fallen and sustained an ankle injury while out walking. MRT deployed and stretchered her off the hill. Once down, she was taken to her holiday let for recovery.						
Patterdale		4 hrs 54 mins				
753		08/11/2025		15:54		Hoad Hill
Call received from a female who had fallen and sustained an ankle injury while out walking with her young family. MRT deployed and stretchered her off the hill. She made her own way to hospital for further treatment.						
Duddon		1 hr 38 mins				
754		08/11/2025		22:42		Lowsy Point
Call from NWAS requesting assistance for a 66 YOM with breathing difficulties. MRT deployed with 4x4, but was stood down after a member of the public helped the individual to the ambulance.						
Duddon		40 mins				
755		09/11/2025		13:41		Helvellyn
Call received about overdue MTBer with diabetes. MRT T/L initiated an investigation, & the individual was seen cycling past base. He was brought in for a welfare check and confirmed to be well. No further action required.						
Patterdale		1 hr 26 mins				
756		10/11/2025		11:31		Church Beck
Call received regarding a 74 YOF experiencing fainting episodes & presenting with a head injury. MRT deployed and stretchered her off the hill. She was advised to attend hospital for further assessment and treatment.						
Coniston		1 hr 46 mins				



757		10/11/2025		19:23		Scafell Pike
Caller reported flashing lights on the fell and believed they were being signalled. T/L investigated; given good mobile coverage and no signs of distress, and after checking with police, MRT was stood down.						
Wasdale		21 mins				
758		13/11/2025		03:39		Rosthwaite Fell
Call received regarding six 20-year-old males wild camping. Due to deteriorating weather, their tents collapsed and all became wet. MRT deployed and walked the group off the hill to safety						
Keswick		5 hrs 38 mins				
759		13/11/2025		06:42		Honister, Dubs Hut
Call received regarding a person suffering from a severe migraine and nausea. MRT deployed to assist but were unable to locate the individual. After further assessment, the team was stood down.						
Cockermouth		3 hrs 10 mins				
760		14/11/2025		11:51		Behind Low Wood Hotel
Call received regarding a 73-year-old female with a lower leg injury, unable to continue. MRT deployed and stretchered her off the hill. She was returned to her accommodation for recovery.						
LAMRT		1 hr 31 mins				
761		15/11/2025		14:45		Pinethwaite
Call for 65-year-old female with wrist injury. On arrival, a second casualty (60-year-old female) was also found with an ankle injury. Both stretchered off; one taken to ambulance, the other home.						
LAMRT		2 hrs 40 mins				
762		16/11/2025		04:31		Dubs Hut
Call received for a 21-year-old female experiencing seizures. MRT deployed and assisted with evacuation to a waiting ambulance for hospital transfer.						
Cockermouth		2 hrs 42 mins				
763		16/11/2025		12:19		Broadstand
Call received for two cragfast individuals (aged 29 and 37) unable to descend. MRT and Rescue 199 were deployed; R199 successfully winched both casualties and returned them to the valley floor						
Wasdale/Duddon		4 hrs 46 mins				
764		16/11/2025		13:34		Netherbeck
While Incident 763 was ongoing, a second call was received for a 45-year-old male with an ankle injury. Rescue 199 was in the area and assisted with the evacuation.						
Wasdale/Duddon		3 hrs 34 mins				
765		17/11/2025		13:22		Catbells
Call received for a 30-year-old female with an ankle injury, unable to continue. MRT deployed and stretchered her off the hill. She was taken to hospital in a friend's vehicle.						
Keswick		2 hrs 31 mins				

766		17/11/2025		15:49		Copeland Wood
Call received for a 56-year-old female with an ankle injury, unable to continue. MRT stretchered her off the hill, and she was taken to hospital by a friend.						
Kendal		2 hrs 39 mins				
767		17/11/2025		17:33		Grange
Couple phoned police reporting they were lost. MRT Team Leader began investigation, but the pair soon relocated the path themselves and no assistance was required.						
Keswick		12 mins				
768		19/11/2025		15:08		Skiddaw
Report from a member of the public regarding a 15 YOM not suitably dressed for the conditions. MRT assessed, but due to limited info and difficulty locating, no deployment was made. Log kept open in case of further calls.						
Keswick		44 mins				
769		19/11/2025		15:10		Gavel Fell/Hen Comb
Report of a dog that had run off. Owners requested helicopter support, which was politely declined. MRT investigated but did not deploy as it involved a missing dog.						
Cockermouth		1 hr 10 mins				
770		19/11/2025		15:24		Gowbarrow Fell
Call from a couple stuck on an icy footpath. MRT Team Leader attempted to talk them off, but a limited team was deployed to assist.						
Patterdale		2 hrs 26 mins				
771		19/11/2025		17:03		Helm Crag
Concerned wife reported her 71 YO husband overdue, with his tracker showing no movement. MRT investigated & deployed a team to his last location, where he was found after a fall. He was walked off the hill to safety.						
LAMRT		2 hrs 20 mins				
772		19/11/2025		22:03		Megson Brow
Call reporting a 44-year-old male stranded in a Morrison van due to weather. MRT investigated but stood down as he was safe, well, and awaiting vehicle recovery.						
Kirkby Stephen		9 mins				
773		20/11/2025		15:20		Newlands Pass
Report of an 82-year-old couple stuck on ice on the pass. MRT deployed, assisted them off, and returned them so they could catch the bus home						
Cockermouth		2 hrs 19 mins				
774		20/11/2025		16:11		Megson Brow
Caller reported being stuck on ice. Police requested MRT as best equipped. MRT investigated, but the individuals self-recovered and reached safety.						
Kirkby Stephen		18 mins				

775		20/11/2025		19:41		Black Crag, Rosset Pike
Call from two males (22 and 24) reporting they were lost and unable to descend. MRT deployed and assisted them in walking off safely.						
Coniston/LAMRT		3 hrs 59 mins				
776		21/11/2025		15:49		White less pike
Call for a 52-year-old male with an ankle injury. MRT and H08 deployed; H08 arrived first and airlifted him off. MRT stood down and returned to base						
Cockermouth		1 hr 55 mins				
777		22/11/2025		14:46		Striding Edge
Caller reported himself and friends stuck due to ice. MRT reassured them by phone, and they managed to begin walking off. A limited team was deployed to meet and walk them off safely						
Keswick/Patterdale		3 hrs 26 mins				
778		22/11/2025		15:25		Arnside Knott
82-year-old male fell, sustained a head injury, and was unable to move. MRT deployed, stretchered him off, and handed over to ambulance.						
Kendal		2 hr 49 mins				
779		22/11/2025		15:43		Dow Crag
Call reporting a dog at the top of a crag, with concerns it was barking at someone stuck. MRT deployed and conducted searches, including use of drones. Nothing was found and MRT stood down.						
Coniston/Drones		3 hrs 18 mins				
780		22/11/2025		16:45		Whinlatter
Call from an 11-year-old male who had become separated from his family and was lost. Police and MRT initiated searches, located him, and brought him down to be reunited with his family.						
Keswick		1 hrs 52 mins				
781		22/11/2025		17:39		Low Pike
Caller reported four 30-year-old males lost. MRT provided directions and deployed a small team to assist them down safely.						
LAMRT		1 hrs 57 mins				
782		23/11/2025		00:16		North of Carlisle
Police reported an individual who had jumped into a river to rescue their dog and was then stuck on the riverbank. Cumbria Fire & Rescue deployed and managed the incident. MRT stood down.						
Penrith		37 mins				
783		23/11/2025		02:38		Dove Crag
Call from 2 males (16 and 18) reporting they were lost. MRT spoke with them & they were confident to retrace their steps. Deployment was prepared but stood down as the mispers made their way safely down.						
Patterdale		3 hrs 14 mins				

784		23/11/2025		14:20		Pavey Ark
Call regarding three people (ages 18, 22, and 25), with one reported struggling to breathe. MRT and H08 deployed; H08 landed nearby, casualty assisted to helicopter and flown to hospital.						
LAMRT/Kendal		3 hrs 36 mins				
785		23/11/2025		14:52		Steel Fell
Call received regarding a 35-year-old female, 8 months pregnant, struggling to walk off. MRT attended, assessed, and stretchered her off the hill to safety.						
Keswick		2 hrs 11 mins				
786		24/11/2025		10:49		River Rawthey
Cumbria Police reported an upturned kayak in the river. MRT investigated and handed the kayak over to police for further investigation.						
KendalLAMRT		2 hrs 49 mins				
787		25/11/2025		14:21		Hole Rake
73-year-old male fell and sustained a knee injury. MRT deployed, stretchered him off, and handed over to his friend for transport to hospital.						
Coniston/DFMRT		3 hrs 21 mins				
788		27/11/2025		13:29		Goats Hawse
Call regarding two individuals (21 YOM & 22 YOF), with 1 experiencing a panic attack due to the weather. MRT deployed & attempted to walk them off, but alternative route and assistance from a neighbouring team.						
Coniston/DFMRT		4 hrs 31 mins				
789		29/11/2025		16:29		Low Water
Caller reported an 18-year-old female friend overdue from a walk. MRT began investigation; she later turned up safe and well.						
Coniston		1 hr 22 mins				
790		30/11/2025		13:27		Hope Gill
38-year-old female sustained a broken ankle. MRT deployed, stretchered her off, and handed over to ambulance.						
Cockermouth		4 hrs 12 mins				
791		30/11/2025		14:08		Helvellyn
60-year-old male fell, sustained a head injury, and was dazed and confused. Due to the location, R199 was requested. MRT also deployed, and R199 airlifted the casualty to hospital.						
Keswick/Penrith		2 hrs 52 mins				
792		30/11/2025		21:20		Hardknott
Call from three 20-year-old males reporting they were lost, cold, and wet, and unable to return to their car. MRT deployed, located them, and walked them safely off the hill.						
Wasdale		3 hrs 8 mins				

## December

793		01/12/2025		06:12		Gatesgarth, Buttermere
Lone male had been wild camping and, due to worsening weather, decided to walk off. He became stuck in a bog. MRT attended, assisted him out, and returned him safely to his car.						
Cockermouth		2 hrs 52 mins				

794		02/12/2025		16:52		Dungeon Ghyll Force
Cumbria Police requested assistance for an intoxicated male attempting to climb a fell. MRT deployed; the individual kept moving but was eventually located, walked off the fell, and handed over to police.						
LAMRT		3 hrs 34 mins				

795		02/12/2025		17:28		Gill Cove
Male casualty fell and sustained a lower leg injury. MRT deployed, stretchered him off, and handed over to friends for transport to hospital.						
Coniston		3 hrs 50 mins				

796		02/12/2025		20:33		Mickledore
Police received a call from a male with very limited info and no location. MRT and Police investigated but due to limited info couldn't deploy. Later reported overdue; MRT located him at a stretcher box and walked him off.						
Wasdale/Dogs		14 hrs 20 mins				

797		03/12/2025		12:31		Silver Point, Ullswater
Call from public regarding kayaks covered with a tarp. MRT investigated, found no issues; likely stashed as part of an event. No further action required.						
Patterdale		1 hr 52 mins				

798		03/12/2025		16:48		Barrow Fell
Call from concerned wife about her 80-year-old husband, overdue and unreachable. MRT deployed and drove the route. Further contact from public confirmed they were walking him off, so MRT stood down.						
Keswick		1 hr 11 mins				

799		07/12/2025		10:55		Elter water
60-year-old male reported chest pains. MRT deployed along with H08; casualty was airlifted to hospital.						
LAMRT		1 hr 50 mins				

800		07/12/2025		12:44		Blea Tarn
Caller reported a 63-year-old male who slipped and sustained a lower leg injury. MRT deployed, stretchered him off the hill, and he was transported to hospital in his family's car.						
Wasdale		3 hrs 23 mins				

801		07/12/2025		12:51		Dove Crag
Call reporting an 18 YOM who had fallen 40m, sustaining an ankle injury and unable to walk. MRT and R199 deployed; R199 airlifted the casualty down to base for onward transport to hospital by ambulance.						
Patterdale/Penrith		4 hrs 44 mins				

802		09/12/2025		10:40		Red Bank
Call reporting a 76-year-old female fell runner who injured her ankle and was unable to continue. MRT deployed, stretchered her off the hill, and she was transported to hospital by a friend.						
LAMRT		2 hrs 16 mins				
803		09/12/2025		14:26		Waterhead
Call received from NWAS requesting MRT assistance with an RTC due to their delay. MRT deployed, provided medical treatment, and handed over to the ambulance crew upon arrival.						
LAMRT		1 hr 18 mins				
804		09/12/2025		15:03		Derwent Water
all reporting someone in the water. MRT and Fire deployed, but due to conditions the boat could not access the area. On checking, MRT suspected it was a buoy.						
Keswick		1 hr 47 mins				
805		10/12/2025		12:16		Old man of Coniston
Caller reported a 28 YOM who slipped & injured his ankle, unable to continue. MRT deployed; R936 was requested but due to weather was unable to reach the scene. Casualty was stretchered off by MRT.						
Coniston		3 hrs 45 mins				
806		11/12/2025		12:21		Hutton Roof Craggs
60-year-old male reported as having passed out several times. MRT deployed, assessed him, and the team managed to walk him off the hill						
Kendal		3 hrs 35 mins				
807		13/12/2025		13:25		Loughrigg Fell
21-year-old female slipped and injured her knee. MRT deployed, stretchered her off the hill, and handed her over to the ambulance.						
LAMRT		1 hr 24 mins				
808		14/12/2025		01:32		Lingmell Col
3 males (25, 26, 27) reported themselves lost, with one sustaining a knee injury. MRT deployed; extreme weather required alternative access routes. 2 were walked off, & the injured male was stretchered off & taken to hospital.						
WMRT/DFMRT/CockMRT		10 hrs 41 mins				
809		17/12/2025		10:04		Latrigg
Member of the public reported lights. MRT T/L investigated and confirmed they were forestry workers operating in the area. MRT stood down.						
Keswick		26 mins				
810		17/12/2025		10:15		Grisdale Tarn
21-year-old male wild camping had his tent and belongings blown away and was left with no shoes. MRT sent a small group to bring him back down; he was returned safe and well.						
Patterdale		5 hrs 20 mins				

811		17/12/2025		16:47		Loughrigg Fell
Three females (21, 21, 22) were lost and lacked the correct equipment to get themselves down. MRT deployed, located them, and walked them off safely.						
LAMRT		1 hr 58 mins				
812		19/12/2025		12:04		Holme Ground
66-year-old male slipped and injured his ankle. MRT and H08 deployed; he was treated on scene and airlifted to hospital.						
Coniston		3 hrs 52 mins				
813		20/12/2025		11:49		Coniston Coppermines
Call received reporting a dog stuck down a mine shaft. MRT deployed, lowered a team member, and successfully recovered the dog, returning it safely to its owner.						
Coniston		2hrs 58 mins				
814		22/12/2025		13:33		Ewe Cragg
12-year-old male fell and injured his arm. MRT and H08 deployed to assist; H08 flew him down to an awaiting ambulance for onward transport.						
LAMRT		2 hrs 46 mins				
815		22/12/2025		16:31		Haystacks
Caller reported a group overdue. MRT T/L began initial investigations, and during this process the group turned up safe.						
Cockermouth		38 mins				
816		23/12/2025		19:10		Beck Head
Call received regarding a group of 4 (3 16 YOM's and 1 x 20 YOM) who were lost, cold, & unable to get down. MRT deployed, located the group, and walked them off the hill safely.						
Wasdale		4 hrs 11 mins				
817		24/12/2025		15:40		Beda Fell
Call received about a missing sausage dog. Owner was unable to locate it initially, but the dog later turned up safe. MRT stood down.						
Patterdale		2 hrs 44 mins				
818		25/12/2025		17:44		Dove Crag
Call received regarding a female who was unable to continue. MRT deployed, located her, and stretchered her off the hill to safety.						
Patterdale/Penrith		6 hrs 54 mins				
819		26/12/2025		13:14		Low Fell
Call from a member of the public regarding a 71-year-old female who had fallen and injured her wrist. MRT deployed, assisted her, and walked her off the hill. She planned to make her own way to hospital.						
Cockermouth		1 hr 53 mins				

820		26/12/2025		14:14		Jakes Rake
Call received from two people stating they were stuck and unable to move. MRT began initial investigations, but were later informed the pair had met another couple who assisted them in continuing safely. MRT stood down.						
LAMRT		40 mins				
821		26/12/2025		14:30		Great Langdale, Side Gate Road
Caller reported his car was stuck on ice and he was unable to get down. MRT advised him to contact RAC/AA for appropriate vehicle assistance.						
LAMRT		30 mins				
822		26/12/2025		19:53		High Pike
Caller reported seeing orange flares. MRT investigated but were unable to gather sufficient evidence to justify deployment. MRT stood down.						
Keswick		1 hr 23 mins				
823		27/12/2025		17:04		Newby Bridge
Call from a member of the public reporting a flare sighting. MRT deployed to investigate but were shortly stood down after confirming it was firework testing taking place in the area.						
DFMRT		1 hr 21 mins				
824		27/12/2025		18:18		Newlands Pass
Call received regarding a car stuck on ice on steep ground. MRT deployed, but were stood down when it was confirmed that Fire & Rescue had already dealt with the incident.						
Cockermouth/Keswick		1 hr 55 mins				
825		28/12/2025		12:46		Wansfell
62-year-old female fell and sustained an ankle injury. MRT attended, stretchered her off the hill, and handed her over to the ambulance for further care.						
LAMRT		2 hrs 26 mins				
826		28/12/2025		14:02		Far End Farm, Bootle
Call regarding a 70 YOM farmer who had come off his quad, which then landed on him. He sustained reported leg & arm injuries. MRT and H08 were deployed; the casualty was treated and transferred to H08 for evacuation.						
DFMRT		2 hrs 10 mins				
827		28/12/2025		17:05		Blea Tarn Fell road
Call received regarding 6 vehicles stuck on ice, including one car with a young family onboard. MRT deployed due to the presence of the young family. All vehicle occupants were assisted and taken to a local hotel.						
LAMRT		3 hrs 56 mins				
828		29/12/2025		12:08		Low Arnside
Call received regarding a 59-year-old male who had fallen, sustaining injuries to his ankle and lower leg. MRT attended, stretchered him to a team vehicle, and transferred him to an ambulance for further care.						
Coniston		3 hrs 46 Mins				



829		29/12/2025		12:58		Gummers How
56-year-old male fell and injured his ankle. MRT attended, stretchered him down, and he planned to travel to hospital in his own vehicle.						
Kendal		3 hrs 7 mins				
830		29/12/2025		16:36		Highstreet
Caller (male) reported being lost. MRT made contact & instructed him to walk towards a small MRT team. The team met up with him, escorted him safely back down.						
Patterdale		2 hrs 47 mins				
831		29/12/2025		18:35		Corridor route
Call received regarding two males who were lost. MRT deployed, located both individuals, and walked them safely back down to the valley.						
Wasdale		7 hrs 8 mins				
832		30/12/2025		11:23		Ullock Pike
Call received regarding a 79-year-old male who had suffered a witnessed cardiac arrest. MRT and H58 were deployed and provided full assistance, but despite all efforts the casualty did not survive.						
Keswick		2 hrs 32 mins				
833		30/12/2025		15:14		Lauchy Gill, Armboth Fell
A 21-year-old couple reported themselves lost, with the female sustaining a knee injury. MRT deployed, located them, and walked both safely off the hill						
Keswick		2 hrs 22 mins				
834		31/12/2025		14:16		High Rigg
56-year-old female slipped and sustained a lower leg injury. MRT treated and splinted the injury, and her friends transported her to hospital.						
Keswick		1 hr 18 mins				
835		31/12/2025		15:42		Winder
Call received regarding an 84-year-old male who had slipped and sustained a hip injury. MRT attended, stretchered him off the hill, and handed him over to the ambulance for onward care.						
Kendal		3 hrs 32 mins				
836		31/12/2025		17:29		Rosset Pike Area
Caller expressed concern for a friend whose location had not moved for some time. MRT investigated and suspected the phone was simply out of signal. The individual was later found safe in a pub. MRT stood down.						
LAMRT		26 mins				
837		31/12/2025		19:17		Yewdale Fell
Caller reported flashing lights on the hill. MRT investigated and deployed a small team, who located a group of campers. No assistance was required and MRT was stood down.						
Coniston		2 hrs 1 mins				

838		31/12/2025		22:41		Place Fell
Caller reported flashing lights on the fell. MRT investigated remotely and, given that phone signal is good in that area and the lights were consistent with wild campers, no deployment was made.						
Patterdale		40 mins				

## **Advice to Mountain Users**

Many calls to Mountain Rescue Teams are avoidable. With adequate preparation, awareness of local conditions, experience and the application of common sense, the number of accidents can be reduced. The following points cover the minimum precautions you should take if you want to avoid getting hurt or lost, and in the event of an accident, minimise further harm to you and your party.

### **Planning and Preparation**

- Plan before setting out. Maps are essential and guidebooks are full of advice. Consider the equipment, experience, capabilities and enthusiasm of the party members.
- Check the weather forecast and local conditions, UK mountains can be major undertakings. Night encroaches early in the winter and the further north you go. Check the website [www.mwis.org.uk](http://www.mwis.org.uk)
  - Carry a First Aid kit and learn how to give First Aid
- Many accidents occur towards the latter part of the day when both your energy levels and those of your phone and GPS batteries will be run down. Did you remember to charge your batteries before setting out?

### **Footwear and Clothing**

- Wear suitable boots with a treaded sole and sufficient support for ankles.
  - Clothing should be colourful, warm, windproof and waterproof.
- Take spare warm clothing including a hat and gloves, it is always colder on the tops.

### **Food and Drink**

- In addition to the usual sandwiches, take chocolate, dates, or similar sweet things, these can restore energy quickly. You may not need them yourself, but someone else may.
  - Streams on hills are drinkable if fast-running over stony beds.

### **Equipment and its Use**

- A map, compass and the ability to use them, at least one reliable watch in the party should always be carried.
- If you carry a GPS, at least know how to read your current position. It could save a lot of hassle in an emergency when speaking to the Rescue Team.
- In all conditions, it is wise to carry a whistle, torch, spare batteries and bulbs. In winter conditions, an ice-axe, crampons and survival bag are essential.
  - Climbers and mountain bikers are urged to wear suitable helmets at all times.

**Dangers - can be avoided by good route finding**

- Cliffs, icy slopes or steep snow
- Very steep grass slopes, especially if frozen or wet
- Unstable boulders, gullies, gorges and stream beds
  - Rivers and streams in spate
  - Snow cornices on ridges or gully tops
  - Exceeding your experience and abilities

**Dangers - can be avoided by remaining alert**

- Weather changes - these can be sudden and more extreme than forecast
- Ice on path - carry an ice-axe and crampons - and know how to use them
  - Loss of concentration, especially toward the end of a long day
  - Excessive cold or heat - dress appropriately
  - Separating from the rest of the group
- Incipient exhaustion - know the signs, rest, take some food and keep warm
- Accident or illness - don't panic - if you send for help, make sure you stay put and the rescuers know exactly where to come
- Passage of time - especially true when under pressure, allow extra time in winter conditions
- Pride
  - It is no disgrace to turn back if you are not certain. A party should always be governed by the capabilities of its weakest member.



## Adventure Smart

LDSAMRA teams are keen to support the Adventure Smart campaign to help improve safety in the Lake District fells. Check out the website at;  
<https://www.adventuresmart.uk/lake-district-cumbria/>



The initiative encourages people to ask themselves 3 questions before they set off for their activities in the fells:

- Do I have the right **GEAR**?
- Do I know what the **WEATHER** will be like?
- Am I confident I have the **KNOWLEDGE & SKILLS** for the day?


On the Adventure Smart website, there's lots of useful advice, including identifying some of the regions accident blackspots, and also key links to the detailed weather forecasts for whole of the Lake District National Park: <http://www.lakedistrictweatherline.co.uk>, and on Twitter [@LakesWeather](https://twitter.com/LakesWeather) will provide you with the latest weather information.

We hope you never need help in the fells, but Mountain Rescue respond to incidents 24/7 for 365 days of the year. If you need assistance, here's the link and advice of how to request it and what information to provide;  
<https://www.adventuresmart.uk/know-how-and-when-to-get-help/>

**#BeAdventureSmart**

# LDSAMRA Treasurer's Report for 2025

Please find the accounts for the year ended 31 December 2025.

LDSAMRA Accounts							

[illegible]

## Notes to the Accounts

1) Donations for 2025 exceeded 2024 levels. Donations of £1,000 + during this year were: -

- £2,000 from The EF Sparkes Trust
- £2,000 from P McKinlay
- £1,000 from Geoffrey Stratton
- £1,000 from Nick Hide
- £1,948 from Rosemary Webster
- £4,875 from The Greenwood Christian Trust
- £3,000 from Rowan Sharples
- £2,541 from The Herdy Company

- £1,300 from Peter Koch-Osborne
- £1,840 from Bob Bennett from sales of LDSAMRA books
- £1,000 from Raymond Batey
- £1,000 from Helen Lintell
- £6,000 from The Montane Lakeland 100
- £10,000 from Ruth Tite
- £1,000 from Hilary Duncan
- £1,000 from Mr and Mrs Dickinson
- £2,700 from The Keswick to Barrow Walk
- £2,390 from Ourea Events
- £7,725 from Sellafield Limited

2) Legacies for 2025 were below 2024 levels even after taking account of the significant legacy of £577k in 2024 from the estate of Chris Lewis (see note 15). There are several legacies that are still being dealt with. Significant legacies received in the year were: -

- £5,000 from the late Peter Jeffries
- £8,523 from the late Mary Cannell
- £25,000 from the late Mark Charles Biddle
- £17,376 from the late Rhona Humphrey
- £9,000 from the late Marilyn Dunn
- £75,000 from the late Ruth Farrell
- £10,287 from the late William McCullough
- £75,680 from the late Mrs DAA De Talbot
- £5,000 from the late Joan Enid Vale

- 3) The Gift Aid claim for 2024 of £3,162 was received in March and this compares to the claim made and received of £2,248 for 2023.
- 4) The VAT claim for 2024 of £2,032 was received in March and this compares to the claims made and received of £7,804 for 2023.
- 5) £50,000 was received from Keswick MRT specifically for the Fairness Fund.
- 6) Sundry income in 2025 to date comprised £2,989 of interest from the Mansfield Building Society and Virgin Money as well as £16,750 of interest from HSBC. For 2024 sundry income comprised £5,000 for the sale of the trailer and £13,989 of interest.
- 7) Officers' expense claims in 2025 were below those of 2024.
- 8) Training costs covered mainly winter skills training in Scotland and Swift Water Rescue. The costs are shown net and include recovery of costs from teams.
- 9) Insurance costs are shown net. We received a contribution from Cumbria Police and have paid the insurance for 2025/26. The net income relates to a change in timing of the start of the MREW insurance year to 1 July.



- 10) There have been some sundry expenses to date in 2025, including provision of tabards. During 2024, LDSAMRA funded the publication of 1,000 copies of "A History of Mountain Search and Rescue in the Lake District" written by Bob Bennett of Wasdale MRT, at a cost of £8k. These have been distributed to team for each team to sell and retain funds for themselves. Bob retained some books to sell personally and sales in this year have raised £1,840 (see 1) above).
- 11) LDSAMRA continues to support the regional UAS (Unmanned Aerial System) capability entirely, after the Masons donation that was received some years ago had been fully utilised. The costs in the year represent a software subscription for logging UAS flight information, which is required for Civil Aviation Authority licensing each year, as well as UAS fleet insurance. In 2024 there was £5.1k of net expenditure in the year on UAS costs.
- 12) There were no AdventureSmart costs to date in 2025. There was £8.5k expenditure on AdventureSmart in 2024 plus we received £25.0k funding from the Lake District Foundation sponsored by The Lakes Distillery, leaving a net surplus of £16.5k for future campaigns.
- 13) During the first quarter of 2025 the old system of distribution to teams was in operation and the region distributed £95k to member teams from general funds, which compared to £85k from general funds and £3.6k to specific teams from donations in 2024. At the March 2025 quarterly meeting all teams agreed to move to a new system, whereby each team applies to LDSAMRA if it requires additional funding support. The principles of distribution are: -
- Transparency, whereby all teams can view what is being spent.
  - Casualty-focussed, where operational capability of teams is enhanced.
  - Equality and fairness, where funds are targeted to the areas of greatest need.

Using the new system of distribution, the region has distributed a further total of £238,617 as follows: -

- £22,500 to Penrith MRT for annual expenditure in 2025 such that their fundraising income can be prioritised for their proposed new base.
- £31,986 to COMRU being £19,200 for operational costs in 2025 plus £12,786 to cover the legal costs associated with their proposed new base.
- £150,000 to Duddon & Furness MRT for their new base build, with an undertaking to contribute a further £100,000 in 2026, if required.
- £15,000 to Kirkby Stephen MRT to cover a shortfall in their operational budget for 2025.
- £14,500 to LDMRSDA for continuing operational costs.
- £4,631 to Kirkby Stephen MRT to cover equipment costs.

£150,000 of the distribution has been taken from the Chris Lewis Capital Projects Fund and the remaining £88,617 from General Funds.

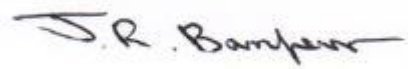
- 14) The Rescue 2020 Fund was created by amalgamation of the Memorial Trust and Capital Grants Funds in September 2013 and stands at £162,000. It can be used for three purposes: -
- Region-wide initiatives, such as communication systems
  - Significant individual team projects, such as new or replacement bases
  - Individual team hardship funding

- 15) £577,473 was received from the trustees of the Chris Lewis Trust Fund (CLTF) in May 2024. This amount was topped up to £600,000 by LDSAMRA and split equally into the Chris Lewis Growth Fund and the Chris Lewis Capital Projects Fund. The Chris Lewis Growth Fund has now grown to £311,527 with interest. The Chris Lewis Capital Projects Fund has also grown with interest but has been used to fund £150,000 to the Duddon & Furness MRT new base build (see above) and now stands at £158,540.
- 16) The Fairness Fund was set up earlier in the year and those teams that have surplus funds are invited to contribute to the Fairness Fund. £50,000 was received from Keswick MRT in 2025. Each team is invited to apply for funding of a capital or operating cost nature. A funding panel comprising of LDSAMRA trustees and some individual team trustees reviews the applications received twice each year and awards teams in an open and transparent manner at the quarterly LDSAMRA meetings.

### Summary of Financial Position

The region is in a healthy state financially, and as at the end of 2025, LDSAMRA held £1,325.1 of total funds, of which £162.0k is designated to the Rescue 2020 fund, £311.5k is designated to the Chris Lewis Growth Fund, £158.5k is designated to the Chris Lewis Capital Projects Fund, £50.0k is designated to the Fairness Fund and £658.9k is unrestricted.

There are some £3-4m of capital costs forecast to be incurred by member teams on enhancing existing bases or building new bases, over the next 3 to 5 years. It is anticipated that LDSAMRA will use these funds and future funds to assist with the shortfalls for these capital costs and for normal operating costs that individual teams cannot afford.



John Bamforth

LDSAMRA Treasurer

3 March 2026



Margaret Burns ACMA CGMA

Independent Examiner

12 March 2026



Section A

Independent Examiner's Report

Report to the trustees/  
members of

The Lake District Search And Mountain Rescue Association

On accounts for the year  
ended

31 December 2025

Charity no  
(if any)

1191015

Set out on pages

1-5

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended 31/12/2023.

Responsibilities and  
basis of report

As the charity's trustees, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent  
examiner's statement

The charity's gross income exceeded £250,000 and I am qualified to undertake the examination by being a qualified member of The Chartered Institute of Management Accountants.

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination which gives me cause to believe that in, any material respect:

- the accounting records were not kept in accordance with section 130 of the Charities Act; or
- the accounts did not accord with the accounting records; or
- the accounts did not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Signed: 

Date: 12 March 2026

Name: M.E. Burns

Relevant professional  
qualification(s) or body:

ACMA CGMA

Address: 2 High street

Bigrigg
Cumbria CA22 2TR

**Section B****Disclosure**

Only complete if the examiner needs to highlight material matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).

**Give here brief details of any items that the examiner wishes to disclose.**

None