



Trustees' Annual Report

We launched the Foodbank on the 26th July 2020. Anne Shine charity began to get to know herself by fulfilling the role of a local food bank distribution service and also Wellbeing coffee morning, which has been greatly appreciated, being fully optimised from the beginning.

Why Is A 'Wellbeing' Coffee Morning Important?

The reason why we have referred to it as a "Wellbeing" coffee morning is due to the certifications of we have practiced and to-this-day have continued to provide. We have ensured that the people that have attended are not just getting a nice cup of morning coffee, but are well in themselves during these difficult times. We ensure that all the volunteers adhere to a structure of assurance and reassurance for all our attendees. The community has asserted a 'wellness' approach in respect of **happiness**, **health** and **community/togetherness**. As it is well-known and ongoingly experienced, much of the time

associated with previously-‘recent’ events (regarding the pandemic), the technical aspects of such difficulty being faced, have involved following strict command, conduct, code and procedure, which creates more stress in and around our fellow service-users’ lives, which ASCUK (Anne Shine Charity UK) has projected and succeeded to alleviate as part of our wellbeing approach by providing the sentiment of stress-alleviating engagements – as well as practical approaches to dealing with surprisingly general issues (as this report shall later put).

How have we delivered HHC (Happiness, Health & Community) effectively to the contending members?

ASCUK understands that for substantive **happiness**, you ought to be **healthy** in yourself and that being **happy** involves and harbours an element of **health** that is (to be) addressed (happiness and health, **correlating with one other**).

Happiness

We projected that we ultimately won’t just serve as just ‘a place to come to’. One of the volunteers is selected to act and facilitate as a morning-host for all whom arrive; finding out what has been happening in peoples’ lives (in what had naturally conveniently sprung social gatherings & sharing) what they are more than happy and willing to share with a consistently available sanctuary of sorts. If anyone is feeling down, we like to address it accordingly with what they need, which brings the **Health** element of HHC (Happiness, **Health** & Community) into the hemisphere of ‘happiness’.

The point of AnneShineCharityUK addressing the act of ‘promoting happiness’ is because each volunteer is naturally and formally aware that in the activity of this, it surmounts to happiness being ‘generated-by- and is-something-constituted-by- **‘its-being-shared’** amongst people together (correlating with the latter to part of HHC – Happiness, Health & **Community**).

Health

Our first initial addressing-of-people's-health has been asserted in a few crucial elements of people's wellbeing amongst the community – 'mental', 'visual', 'nutritional' and 'physical' wellbeing (thus far).

We have had:

- For Mental Health:Two Contenders:

- i. OneYouHounslow (oneyouhounslow.org) representatives coming in to address mental health as a more general discussion towards addressing such areas towards wellness.
- ii. A doctor coming in talking about the urgency of being made aware of depression as an issue of importance for groups of people and individuals suffering with it to deal with such, cope and manage it, practically

- For Visual Health:

We have had an optician come in to do off-chance checks and procedures to ensure that people can see clearly (enough) – as he has expressed crucially, on people having poor sight being culpable for potential accidents – ensuring they receive the right directions towards getting appropriate treatment (should they require it).The opportunities as urgently as a check-up might be needed, there might be scarcity in how often people can apply, as much as it can be made available to them.

- For Nutritional Health:

OneYouHounslow (oneyouhounslow.org) – as well as mental health, as expressed before –also took to incentivising people to mind and pay practical attention to what they choose to eat

- For Physical Health:

We have had a massage therapist facilitate for the benefit of bodily and mental stress relief and relaxation

Community

...Becomes apparent when all of everything that has been mentioned comes together

AnneShineCharityUK pays no mind to the hurdles and concepts of 'class-entitlement' care and believe people have a right to keep themselves well – by what necessary means we can make it available to them.

We are always looking for additional means of supporting people's health for now and the betterment of people's lives and futures

WHY WELLBEING COFFEE MORNING – AND EVERYTHING IT HAS SUMMOUNTED TO?

ASCUK could have opened their foodbank for the local community (just like every other foodbank), but we instead envisaged a great deal more we could do for people in current times and a great deal more we project to do for them in the future. Like all other relevant and non-relevant establishments or actively engaging charities; we understand the benefits of people isolating and distancing during the pandemic; though with as much care is needed to be practiced with such, there are those who are vulnerable and feel overwhelmed and restricted in themselves during the ongoing circumstances – leaving parts of their wellbeing and lifestyle not cared for and looked after. Families who have had their regular errands and their compulsory particulars, might have only so much as indulged in what is immediately available to them. Coffee morning has aimed and achieved an area of sanctuary that doesn't come obviously to everyone to satisfy 'immediately'. People who are unemployed or even homeless are restricted to the roads they tread to impress upon the high demands of Capitalist society – or otherwise remain reclusive to hide themselves from the world, in a multiple variation of ways. Where Wellbeing Coffee Morning has come in, we have ignited people's better interests and motivations to see to helping themselves and others. Refugees are maybe non-tenacious and not so accustomed to even the **secular** denominational areas and natures of this nation's culture. With all

these groups and backgrounds assertively seen-to and respectively assisted, there coming here allows such people in their quite-individual struggles to address themselves and there quality of life with more unity, strength and humanity.

We are looking to alleviate and prevent any struggles and hardships in the local community – while incentivising togetherness (as people who work together have proven to go further than just doing things alone).

Funding, Food & Clothing Donations

Finance

All funding we've received up until now has come from two grant applications we've made from the council; as well as a small donation from Asda.

Food Donations

Our current food distributors are:

1. City Harvest
2. Fair Share
3. Asda
4. Tesco
5. Felix Project

Clothing Donations

The local community has freely donated clothes, every so often (randomly)

We also work closely and very collaboratively with a Muslim Charity Organisation that has provided a fair assortment of clothes for our

community as well – working together to promote each other's causes and development projects (Community-Wise)

All of our funding comes from a grant from the council.

- how you've spent your money in the past year

How We Have Used Our Finance In The Past Year – All payments:

Everything we have given in terms of services and items (food, clothes, etc.) currently, has come at no cost for AnneShineCharityUK, aside from our regular expenses and required goods – such as a goods expense incorporated into 'Computer Expenses' (for now):

Everything written to the nearest pound:

	Unrestricted funds	Restricted funds	Endowment funds	Total Funds	Last Year
Insurance	428			428	240
Legal and Professional expenses					69
Office Expenses	1,237			1,237	31
Rent	1,888			1,888	528
Bank Charges	27				
Computer Expenses	720				
Event Expenses	159				
Secretary	1,000				
Travel	120			120	
Expenses reimbursement to Volunteer	752			752	
Website Expenses	110			110	
Sub total:	6,441			4,535	868

**Being Minutes of Meeting of the Board of Trustees of Anne Shine Charity UK
("the Charity") held on 21/06/2021 at Unit 1 Lighterage Court, Brentford TW8
OFT**

In Attendance:

1. Anne Osariemen Inneh
2. Ighodaro Edokpolor
3. Johnbull Osadebamwen Urhoghide

Start Time: 2:39pm

End Time: 4pm

1.0 Agenda

1. Resignation of Trustees
2. Appointment of New Trustees
3. Opening of Bank Account with Barclays Bank
4. Any Other Buisness

2.0 Deliberations

1. Anne Osariemen Inneh reported that she has received written resignations from Mrs Clara Nekpen Giwa – Amu and Mrs Emma Louise Siddhu, and there is the need to appoint new trustees in accordance with the Consitution of the Charity. Anne Osariemen Inneh indicated that as the remaining trustee, she was wielding her power to appoint new trustees to under Paragraph 3 of the Consitution of the Charity, and appoints Mr Ighodaro Edokpolor and Mr John Urhoghide as Trustees
2. Anne Osariemen Inneh also informed that the charity is looking to open an account with Barclays Bank and would like the board of

trustees to consider and approve this.

3. IghodaroEdokpolor and John Urhoghide confirms their acceptance to act as trustees.

3.0 Resolutions

1. Resolved: That the Charity accepts the resignations of Mrs Clara NekpenHiwa-Amu and Mrs Emma Louise Siddhu effective immediately. A letter from the Charity be sent out to thank them individually for their contributions to the Charity during the period the acted as trustees. All relevant regulatory authorities to be informed including the Charity Commission.
2. Resolved: Mr IghodaroEdokpolor is appointed as a trustee of the Charity.
3. Resolved: Mr John Urhoghide is appointed as a trustee of the Charity.
4. Resolved: The Charity should open a bank account with Barclays Bank and/or any other bank that the Trustees may consider appropriate as a matter of urgency.
5. Resolved: Anne Osariemen Inneh alone and/or with any other trustee shall be signatories to the Charity's bank account that may be opened.

Dated this Wednesday 21 June 2021

Anne Osariemen Inneh

(Trustee)

JohnbullOsadebamwenUrhoghide

(Trustee)

IghodaroEdokpolor

(Trustee)

**Being Minutes of Meeting of the Board of Trustees of Anne Shine Charity UK
("the Charity") held on 19/08/2021 at Unit 1 Lighterage Court, Brentford TW8
0FT**

In Attendance: 1. Anne Osariemen Inneh

2. IghodaroEdokpolor

3. JohnbullOsadebamwenUrhoghide

Start Time: 11:05am

End Time: 12:15pm

1.0 Agenda

1. Opening of Bank Account with Barclays Bank
2. Any Other Buesiness

2.0 Deliberations

1. Anne Osarie Inneh reports that is essentially that a bank account be opened as a matter of urgency to further the operations of the Charity.
2. Anne Osarie Inneh informs that she has made initial contact with Barclays Bank and that a resolution and other documents including signing rules confirmation would be required. Anne Osariemen Inneh also informed that she would like the board of trustees to consider and approve this.

3.0 Resolutions

1. Resolved: The Charity should open a bank account with Barclays Bank and/or any other bank that Trustees may consider appropriate as a matter of urgency.

2. Resolved: Anne Osariemen Inneh and Mr IghodaroEdokpolor shall be signatories to the Charity's bank account that may be opened with Barclays Bank with any one of the two able to sign cheques and authorise transfers of no more than £25,000

Dated this 19 August 2021

Anne Osariemen Inneh

(Trustee)

JohnbullOsadebamwenUrhoghide

(Trustee)

IghodaroEdokpolor

(Trustee)

Charity Name	No (If any)
ANN SHINE CHARITY UK	1190999
Receipts and payments accounts	
For the period from	Period start
	24/08/2020
	Period end date
	31/03/2021

Section A Receipts and payments

	Unrestricted funds	Restricted funds	Endowment funds	Total funds	Last year
	to the nearest £	to the nearest £	to the nearest £	to the nearest £	to the nearest £
A1 Receipts					
DONATIONS	876		-	876	
			-	-	
	-	-	-	-	-
	-	-	-	-	-
Sub total (Gross income for AR)	876	-	-	876	-
A2 Asset and Investment sales, (see table).					
	-	-	-	-	
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	876	-	-	876	-
A3 Payments					
Insurance	240		-	240	
Legal and Professional expenses	69		-	69	
Office Expenses	31		-	31	
Rent	528		-	528	
Sub total	868	-	-	868	-
A4 Asset and Investment purchases, (see table)					
	-	-	-	-	
	-	-	-	-	
Sub total	-	-	-	-	-
Total payments	868	-	-	868	-
Net of receipts/(payments)	8	-	-	8	
A5 Transfers between funds	-	-	-	-	
A6 Cash funds last year end	-			-	
Cash funds this year end	8	-	-	8	

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestrict ed funds	Restricted funds	Endowme nt funds
		to nearest £	to nearest £	to nearest £
B1 Cash funds	Bank Account	8		
		-	-	-
	Total cash funds	8	-	-
	payments account(s))	OK	OK	OK
		Unrestrict ed funds	Restricted funds	Endowme nt funds

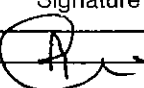
	Details	to nearest £	to nearest £	to nearest £
B2 Other monetary assets		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-

	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B3 Investment assets			-	-
			-	-
			-	-
			-	-
			-	-

	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B4 Assets retained for the charity's own use				-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-

	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
B5 Liabilities				
			-	
			-	
			-	

Signed by one or two trustees on
behalf of all the trustees

Signature	Print Name	Date of approval
	Ann Osarieman Inneh	18-1-22