



## **African Caribbean Medical Mentors**

### **Charitable Objective**

The promotion of equality and diversity for the public benefit by seeking to address the underrepresentation of students of African Caribbean descent studying Medicine and Dentistry at universities in the United Kingdom and working as professionals in the fields of medicine and dentistry as a whole and to reduce the socio-economic barriers that often affect people of African Caribbean descent in entering those professions.

### **Our Vision and Mission**

In particular African Caribbean Medical Mentors seeks to:

- increase the number of people of African Caribbean descent studying and practicing Medicine and Dentistry;
- improve their likelihood of success in applications to Medical and Dental school;
- provide a network for communication, support, assistance and empowerment of people of African Caribbean descent in the fields of medicine and dentistry.

with the vision of creating a more diverse and representative healthcare system which reflects society as a whole.

### **Chairperson's Report**

African Caribbean Medical Mentors (ACMM) celebrated it's fifth year running this year. We have developed a more minimalistic approach whilst we begin to restructure and develop, taking time to focus on becoming a more thorough and focussed team. We're extremely grateful for those who continue to support and champion us as we could not continue without our supporters and volunteers!

We've managed to have several online events and continue our mentoring scheme, providing support to those in need.

With our work, we continue to strive to create a world that allows all to have a fair and equal opportunity, despite race or socio-economic background and thank everyone who has supported us so far.

## **Trustee's Report**

Over the past year, despite some changes in our leadership structure, African Caribbean Medical Mentors has been able to achieve some positive milestones. We have hosted 4 virtual events with over 100 virtual attendees covering topics from relocating as a doctor to interview preparation.

We have increased our reach on social media with over 4,500 followers on our social media platforms which allows us to support and encourage those within our community and provide a safe space for growth and reflection.

We successfully ran our mentoring programme for both prospective Medics and Dentists with over 30 mentor relationships in 2022.

In September 2020, ACMM launched our first ever e-book series to support those of African and Caribbean descent in applying to Medicine and Dentistry. We created a personal statement guide, an interview guide and one of the initiatives we are most proud of - our black student survival guide. This original e-book provides first hand experiences of being a black medical or dental student across 46 medical and dental schools within the UK and abroad. With invaluable information on the university experience from a black student's perspective, the guide aids prospective students in choosing a medical or dental school they will feel most comfortable at, providing realistic information to students about the things that matter to them. Since our development of e-books, we've had 444 downloads and hope to see this grow over the coming year.

Every single one of our initiatives rely on volunteers. We created our ambassador network in 2018 - a pool of over 400 medical students, dental students, doctors and dentists who volunteer to take part in or run our initiatives and support our prospective students. From reading personal statements to providing yearly mentorship, our volunteers are an integral part of seeing out our mission.

We look forward to seeing how we can further support our community over the next year.

Dr Shikila Edward

Chair Person

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## **African Caribbean Medical Mentors**

### **Company Information**

#### **Trustees**

Shikila Edward	Chair Person
Monique Wheatle	Trustee
Sarah Mpi	Trustee
Odunayo Oyedele	Trustee
Naomi Adejumo	Trustee
Omolaru Akinnanonu	Trustee

#### **Registered Office**

61 Bridge Street

KINGTON

Herefordshire

HR5 3DJ

**Registered Number**

1190968

**African Caribbean Medical Mentors Statement of Financial Activities**

Financial Year End March 2022

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Incoming resources	Notes	Unrestricted £	Restricted £	Total Funds £
Grant	5.1		500	500
Donation		90.00		90.00
E-books		25.00		25.00
Outreach provision		50.00		50.00
Collaboration		1200.00		1200.00
Events		23.50		23.50
<b>Total Incoming</b>		1388.50	500	1838.50

**Resources Expended**

Administration & Running Costs	5.2	632.53	632.53
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<b>Total Resources Expended</b>		632.53	632.53
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<b>Net incoming/(outgoing) resources</b>		755.97	755.97
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Net Movement in Funds		755.97	755.97
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Fund balances brought forward		2072.62	2072.62
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<b>Fund balances carried forward</b>		2828.59	2828.59
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**African Caribbean Medical Mentors**

Balance Sheet as at March 31st 2022

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<b>Fixed Assets</b>	<b>Notes</b>	<b>Total Funds £</b>
Tangible assets		-
<b>Current Assets</b>		
Cash at bank and in hand		2828.59
<b>Total Assets</b>		2828.59

**Creditors**

Amounts falling due within one year	-
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<b>Total Assets less current liabilities</b>	2828.59
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**Unrestricted funds**

Income and expenditure	2828.59
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<b>Total funds</b>	2828.59
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Shikila Edward

Approved by the board virtually on Wednesday 19th January 2023

**African Caribbean Medical Mentors****Notes to the Accounts**

**For the year ended 31 March 2022**

**1. Accounting policies****Basis of preparation**

The Financial Statements have been prepared under the historical cost convention and in accordance with the Statement of Recommended Accounting Practice: Accounting and Reporting by Charities (SORP 2005), issued in March 2005, UK Accounting Standards and the Charities Act 2011.

**Incoming Resources**

Incoming resources represents the value, net of value added tax and discounts if goods provided to customers and work carried out in respect of services provided to customers.

### **Resources Expended**

Expenditure is accounted for on an accruals basis and has been classified under heading that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

#### **Depreciation**

Depreciation has been provided at the following rates in order to write off the assets over their estimated useful lives.

Plant machinery	20% straight line
Motor Vehicles	25% straight line

## **2. Creditors: amounts falling due within one year**

	2022
	£
Trade Creditors	0

## **3. Profit and loss account**

	2022
	£
At 1 April 2021	-
Prior year adjustments	2072.62

At March 2022	852.66
Profit for the year	852.66

Restricted Funds	Unrestricted	Restricted	2022
			£
At April 2021	-	-	
Net Incoming Funds	-	1838.50	1838.50
At March 2022	-	1838.50	1838.50

#### **4. Trustees Remuneration and benefits**

There were no trustees' remuneration or other benefits for the year ended 31st March 2022

#### **Trustees' Expenses**

There were no trustees' expenses paid for the year ended 31 March 2022

#### **African Caribbean Medical Mentors**

#### **Notes to the accounts - continued**

#### **For the year ended 31 March 2022**

### **5 Income and Expenditure Account**

5.1 Incoming Resources	Unrestricted	Restricted	Total Fund
	£	£	£
Grant		500	500

Outreach	50		50
Donation	90.00		90.00
E-book	25.00		
Collaboration	1200.00		1200.00
Events	23.50		23.50
<b>Total Incoming Resources</b>	<b>1388.50</b>	<b>500</b>	<b>1838.50</b>

## Outgoing resources

### 5.2 Management and Administration of Charity

Volunteer expenses	2403.33
Website	136.67
Email	228.13
Video Conferencing	154.98
Business Phone Contract	112.75
<b>Total Outgoing Resources</b>	<b>3058.46</b>