

AFRICAN CARIBBEAN MEDICAL MENTORS

England & Wales · Charity number 1190968

Details

Other names ACMM

Status Registered

Legal form CIO

Registered 2020-08-21

Register [View on the Charity Commission register](#)

Contact

Address Acmm
61 Bridge Street
Kington
Herefordshire
HR5 3DJ

Phone 07880347923

Email info@acmedicalmentors.co.uk

Website www.acmedicalmentors.co.uk

Activities

Objects: THE PROMOTION OF EQUALITY AND DIVERSITY FOR THE PUBLIC BENEFIT BY SEEKING TO ADDRESS THE UNDERREPRESENTATION OF STUDENTS OF AFRICAN CARIBBEAN DESCENT STUDYING MEDICINE AND DENTISTRY AT UNIVERSITIES IN THE UNITED KINGDOM AND WORKING AS PROFESSIONALS IN THE FIELDS OF MEDICINE AND DENTISTRY AS A WHOLE AND TO REDUCE THE SOCIO-ECONOMIC BARRIERS THAT OFTEN AFFECT PEOPLE OF AFRICAN CARIBBEAN DESCENT IN ENTERING THOSE PROFESSIONS, IN PARTICULAR AFRICAN CARIBBEAN MEDICAL MENTORS WILL SEEK TO: · INCREASE THE NUMBER OF PEOPLE OF AFRICAN CARIBBEAN DESCENT STUDYING AND PRACTICING MEDICINE AND DENTISTRY;· IMPROVE THEIR LIKELIHOOD OF SUCCESS IN APPLICATIONS TO MEDICAL AND DENTAL SCHOOL;· PROVIDE A NETWORK FOR COMMUNICATION, SUPPORT, ASSISTANCE AND EMPOWERMENT OF PEOPLE OF AFRICAN CARIBBEAN DESCENT IN THE FIELDS OF MEDICINE AND DENTISTRY.WITH THE AIM OF CREATING A MORE DIVERSE AND REPRESENTATIVE HEALTHCARE SYSTEM WHICH REFLECTS SOCIETY AS A WHOLE.

Activities: African Caribbean Medical Mentors work to overcome under-representation and disadvantage in Medicine, Dentistry and the healthcare field as a whole and reduce the socio-economic barriers that often affect those of African Caribbean Descent in entering these fields. We address this via mentoring, events,

resource provision and grant-making to improve equality in Medicine and Dentistry.

Classification

- **How:** Makes Grants To Individuals, Provides Services, Provides Advocacy/advice/information, Acts As An Umbrella Or Resource Body
- **What:** Economic/community Development/employment, Human Rights/religious Or Racial Harmony/equality Or Diversity
- **Who:** Children/young People, People Of A Particular Ethnic Or Racial Origin

Geography

- Throughout England

Finances

Period end	Income	Expenditure	Assets	Employees	
2025-03-31		£398	£358	-	-
2024-03-31		£41	£189	-	-
2023-03-31		£287	£1,115	-	-
2022-03-31		£1,839	£3,058	-	-
2021-03-31		£3,338	£3,021	-	-

Trustees

Name	Role	Appointed
Shikila Edward	Chair	2020-08-21
Monique Wheatle		2020-08-01
Omolar Akinnanonu		2020-08-01

AFRICAN CARIBBEAN MEDICAL MENTORS

England & Wales - Charity number 1190968

Accounts

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African Caribbean Medical Mentors

Charitable Objective

The promotion of equality and diversity for the public benefit by seeking to address the underrepresentation of students of African Caribbean descent studying Medicine and Dentistry at universities in the United Kingdom and working as professionals in the fields of medicine and dentistry as a whole and to reduce the socio-economic barriers that often affect people of African Caribbean descent in entering those professions.

Our Vision and Mission

In particular African Caribbean Medical Mentors seeks to:

- increase the number of people of African Caribbean descent studying and practicing Medicine and Dentistry;
- improve their likelihood of success in applications to Medical and Dental school;
- provide a network for communication, support, assistance and empowerment of people of African Caribbean descent in the fields of medicine and dentistry.

with the vision of creating a more diverse and representative healthcare system which reflects society as a whole.

Chairperson's Report

African Caribbean Medical Mentors (ACMM) celebrated it's eighth year running this year. This year we have focused on running projects with a core team and building on our engagement with our community. We have also been working out our long term strategy to ensure the sustainability of the organisation.

With our work, we continue to strive to create a world that allows all to have a fair and equal opportunity, despite race or socio-economic background and thank all those who have continuously engaged with our organisation and supported us so far.

Trustee's Report

Over the past year, we have focused on the restructuring of our team and running projects with our team members who were former mentees and students we have supported before. African Caribbean Medical Mentors continues to achieve some positive milestones. We plan to focus further on creating sustainable income for the charity to complete it's core objectives.

We currently have over 5000 social media followers.

We successfully ran our mentoring programme for both prospective Medics and Dentists with over 20 mentor relationships in 2024. In 2024 - 2025, we engaged our community through the continuation of mentoring and the introduction of innovative events such as mentoring workshops, social events and social media campaigns.

In September 2020, ACMM launched our first ever e-book series to support those of African and Caribbean descent in applying to Medicine and Dentistry. We created a personal statement guide, an interview guide and one of the initiatives we are most proud of - our black student survival guide. This original e-book provides first hand experiences of being a black medical or dental student across 46 medical and dental schools within the UK and abroad. With invaluable information on the university experience from a black student's perspective, the guide aids prospective students in choosing a medical or dental school they will feel most comfortable at, providing realistic information to students about the things that matter to them. Since our development of e-books, we've had over 500+ downloads and hope to see this grow over the coming year.

Every single one of our initiatives rely on volunteers. We created our ambassador network in 2018 - a pool of over 500 medical students, dental students, doctors and dentists who volunteer to take part in or run our initiatives and support our prospective students. Our applying student newsletter has also grown by over 80 students this year. From reading personal statements to providing yearly mentorship, our volunteers are an integral part of seeing out our mission.

We look forward to seeing how we can further support our community over the next year.

Dr Shikila Edward

Chair Person

Contents

Company Information 1

Statement of financial activities 2

Balance sheet 3

Notes to the accounts 4-6

African Caribbean Medical Mentors

Company Information

Trustees

Shikila Edward	Chair Person
Monique Wheatle	Trustee
Sarah Mpi	Trustee
Odunayo Oyedele	Trustee
Naomi Adejumo	Trustee
Omolara Akinnanonu	Trustee

Registered Office

61 Bridge Street

KINGTON

Herefordshire

HR5 3DJ

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African Caribbean Medical Mentors Statement of Financial Activities

Financial Year End 31st March 2025

Incoming resources	Notes	Unrestricted £	Restricted £	Total Funds £
Grant	5.1		0.00	0.00
Donation		398.00		398.00
E-books		0.00		0.00
Outreach provision		0.00		0.00
Collaboration		0.00		0.00
Events		0.00		0.00
Total Incoming		398.00	0	398.00
Resources Expended				
Administration & Running Costs	5.2	358.25		358.25
Total Resources Expended		358.25		358.25
Net incoming/(outgoing) resources		39.75		39.75
Net Movement in Funds		39.75		39.75
Fund balances brought		0.00		0.00

forward

Fund balances carried forward

39.75

39.75

African Caribbean Medical Mentors

Balance Sheet as at March 31st 2025

Fixed Assets

Notes

Total Funds £

Tangible assets

-

Current Assets

Cash at bank and in hand

39.75

Total Assets

39.75

Creditors

Amounts falling due within one year

-

Total Assets less current liabilities

0.00

Unrestricted funds

Income and expenditure

0.00

Total funds

39.75

Monique Wheatle

Approved by the board virtually on 15th January 2026

African Caribbean Medical Mentors

Notes to the Accounts

For the year ended 31 March 2025

1. Accounting policies

Basis of preparation

The Financial Statements have been prepared under the historical cost convention and in accordance with the Statement of Recommended Accounting Practice: Accounting and Reporting by Charities (SORP 2005), issued in March 2005, UK Accounting Standards and the Charities Act 2011.

Incoming Resources

Incoming resources represents the value, net of value added tax and discounts if goods provided to customers and work carried out in respect of services provided to customers.

Resources Expended

Expenditure is accounted for on an accruals basis and has been classified under heading that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Depreciation

Depreciation has been provided at the following rates in order to write off the assets over their estimated useful lives.

Plant machinery	20% straight line
Motor Vehicles	25% straight line

2. Creditors: amounts falling due within one year

	2025
	£
Trade Creditors	0

3. Profit and loss account

	2025
	£
At 1 April 2024	00.00
Prior year adjustments	-
At March 2025	39.75
Profit for the year	39.75

Restricted Funds	Unrestricted	Restricted	2024
			£
At April 2024	-	-	
Net Incoming Funds	0.00	0.00	0.00
At March 2025	39.75	0.00	39.75

4. Trustees Remuneration and benefits

There were no trustees' remuneration or other benefits for the year ended 31st March 2025

Trustees' Expenses

There were no trustees' expenses paid for the year ended 31 March 2025

African Caribbean Medical Mentors

Notes to the accounts - continued

For the year ended 31 March 2025

5 Income and Expenditure Account

5.1 Incoming Resources	Unrestricted	Restricted	Total Fund
	£	£	£
Grant		0	0
Outreach	0		0
Donation	398		398
E-book	0		
Collaboration	0		0
Events	0		0
Total Incoming Resources	398.00	0	398.00

Outgoing resources

5.2 Management and Administration of Charity

Volunteer expenses	0
Website	158.25
Email	0
Social media editing software	200.00
Business Phone Contract	0
Total Outgoing Resources	358.25

AFRICAN CARIBBEAN MEDICAL MENTORS

England & Wales - Charity number 1190968

Accounts

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African Caribbean Medical Mentors

Charitable Objective

The promotion of equality and diversity for the public benefit by seeking to address the underrepresentation of students of African Caribbean descent studying Medicine and Dentistry at universities in the United Kingdom and working as professionals in the fields of medicine and dentistry as a whole and to reduce the socio-economic barriers that often affect people of African Caribbean descent in entering those professions.

Our Vision and Mission

In particular African Caribbean Medical Mentors seeks to:

- increase the number of people of African Caribbean descent studying and practicing Medicine and Dentistry;
- improve their likelihood of success in applications to Medical and Dental school;
- provide a network for communication, support, assistance and empowerment of people of African Caribbean descent in the fields of medicine and dentistry.

with the vision of creating a more diverse and representative healthcare system which reflects society as a whole.

Chairperson's Report

African Caribbean Medical Mentors (ACMM) celebrated it's seventh year running this year. This year we have focused on running projects with a core team and building on our engagement with our community. We have also been working out our long term strategy to ensure the sustainability of the organisation.

With our work, we continue to strive to create a world that allows all to have a fair and equal opportunity, despite race or socio-economic background and thank all those who have continuously engaged with our organisation and supported us so far.

Trustee's Report

Over the past year, we have focused on the restructuring of our team and running projects with our team members who were former mentees and students we have supported before. African Caribbean Medical Mentors continues to achieve some positive milestones. We plan to focus further on creating sustainable income for the charity to complete it's core objectives.

We currently have over 4,500 social media followers.

We successfully ran our mentoring programme for both prospective Medics and Dentists with over 10 mentor relationships in 2023. In early 2024, we started working towards our medical application conference, engaged a new team and engaging people via social media.

In September 2020, ACMM launched our first ever e-book series to support those of African and Caribbean descent in applying to Medicine and Dentistry. We created a personal statement guide, an interview guide and one of the initiatives we are most proud of - our black student survival guide. This original e-book provides first hand experiences of being a black medical or dental student across 46 medical and dental schools within the UK and abroad. With invaluable information on the university experience from a black student's perspective, the guide aids prospective students in choosing a medical or dental school they will feel most comfortable at, providing realistic information to students about the things that matter to them. Since our development of e-books, we've had over 500+ downloads and hope to see this grow over the coming year.

Every single one of our initiatives rely on volunteers. We created our ambassador network in 2018 - a pool of over 500 medical students, dental students, doctors and dentists who volunteer to take part in or run our initiatives and support our prospective students. Our applying student newsletter has also grown by over 60 students this year. From reading personal statements to providing yearly mentorship, our volunteers are an integral part of seeing out our mission.

We look forward to seeing how we can further support our community over the next year.

Dr Shikila Edward

Chair Person

Contents

Company Information 1

Statement of financial activities 2

Balance sheet 3

Notes to the accounts 4-6

African Caribbean Medical Mentors

Company Information

Trustees

Shikila Edward	Chair Person
Monique Wheatle	Trustee
Sarah Mpi	Trustee
Odunayo Oyedele	Trustee
Naomi Adejumo	Trustee
Omolara Akinnanonu	Trustee

Registered Office

61 Bridge Street

KINGTON

Herefordshire

HR5 3DJ

Registered Number

1190968

African Caribbean Medical Mentors Statement of Financial Activities

Financial Year End March 2024

Incoming resources	Notes	Unrestricted £	Restricted £	Total Funds £
Grant	5.1		0.00	0.00
Donation		40.96		40.96
E-books		0.00		0.00
Outreach provision		0.00		0.00
Collaboration		0.00		0.00
Events		0.00		0.00
Total Incoming		40.96	0	40.96
Resources Expended				
Administration & Running Costs	5.2	188.25		188.25
Total Resources Expended		188.25		188.25
Net incoming/(outgoing)		(147.29)		(147.29)

resources

Net Movement in Funds	(147.29)	(147.29)
Fund balances brought forward	147.29	147.29
Fund balances carried forward	0.00	0.00

African Caribbean Medical Mentors

Balance Sheet as at March 31st 2024

Fixed Assets	Notes	Total Funds £
Tangible assets		-
Current Assets		
Cash at bank and in hand		0.00
Total Assets		0.00
Creditors		
Amounts falling due within one year		-
Total Assets less current liabilities		0.00
Unrestricted funds		

Income and expenditure	0.00
Total funds	0.00

Monique Wheatle

Approved by the board virtually on 17th January 2024

African Caribbean Medical Mentors

Notes to the Accounts

For the year ended 31 March 2024

1. Accounting policies

Basis of preparation

The Financial Statements have been prepared under the historical cost convention and in accordance with the Statement of Recommended Accounting Practice: Accounting and Reporting by Charities (SORP 2005), issued in March 2005, UK Accounting Standards and the Charities Act 2011.

Incoming Resources

Incoming resources represents the value, net of value added tax and discounts if goods provided to customers and work carried out in respect of services provided to customers.

Resources Expended

Expenditure is accounted for on an accruals basis and has been classified under heading that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Depreciation

Depreciation has been provided at the following rates in order to write off the assets over their estimated useful lives.

Plant machinery	20% straight line
Motor Vehicles	25% straight line

2. Creditors: amounts falling due within one year

	2023
	£
Trade Creditors	0

3. Profit and loss account

	2023
	£
At 1 April 2023	147.29
Prior year adjustments	-
At March 2024	(147.29)
Profit for the year	0

Restricted Funds	Unrestricted	Restricted	2024
			£
At April 2023	-	-	
Net Incoming	40.96	0.00	40.96

Funds

At March 2024 - 0.00 0.00

4. Trustees Remuneration and benefits

There were no trustees' remuneration or other benefits for the year ended 31st March 2024

Trustees' Expenses

There were no trustees' expenses paid for the year ended 31 March 2024

African Caribbean Medical Mentors

Notes to the accounts - continued

For the year ended 31 March 2024

5 Income and Expenditure Account

5.1 Incoming Resources	Unrestricted	Restricted	Total Fund
	£	£	£
Grant		0	0
Outreach	0		0
Donation	40.96		40.96
E-book	0		
Collaboration	0		0
Events	0		0
Total Incoming Resources	40.96	0	40.96

Outgoing resources

5.2 Management and Administration of Charity

Volunteer expenses	0
Website	158.25
Email	0
Video Conferencing	0
Business Phone Contract	30
Total Outgoing Resources	188.25

AFRICAN CARIBBEAN MEDICAL MENTORS

England & Wales - Charity number 1190968

Accounts

acmm

African Caribbean Medical Mentors

Charitable Objective

The promotion of equality and diversity for the public benefit by seeking to address the underrepresentation of students of African Caribbean descent studying Medicine and Dentistry at universities in the United Kingdom and working as professionals in the fields of medicine and dentistry as a whole and to reduce the socio-economic barriers that often affect people of African Caribbean descent in entering those professions.

Our Vision and Mission

In particular African Caribbean Medical Mentors seeks to:

- increase the number of people of African Caribbean descent studying and practicing Medicine and Dentistry;
- improve their likelihood of success in applications to Medical and Dental school;
- provide a network for communication, support, assistance and empowerment of people of African Caribbean descent in the fields of medicine and dentistry.

with the vision of creating a more diverse and representative healthcare system which reflects society as a whole.

Chairperson's Report

African Caribbean Medical Mentors (ACMM) celebrated it's sixth year running this year. This year we have focused on the restructuring of the organisation and planning for our future.

With our work, we continue to strive to create a world that allows all to have a fair and equal opportunity, despite race or socio-economic background and thank everyone who has supported us so far.

Trustee's Report

Over the past year, we have focused on the restructuring of our team. African Caribbean Medical Mentors continues to achieve some positive milestones. We plan to focus further on creating sustainable income for the charity to complete it's core objectives.

We currently have over 4,500 social media followers.

We successfully ran our mentoring programme for both prospective Medics and Dentists with over 10 mentor relationships in 2023.

In September 2020, ACMM launched our first ever e-book series to support those of African and Caribbean descent in applying to Medicine and Dentistry. We created a personal statement guide, an interview guide and one of the initiatives we are most proud of - our black student survival guide. This original e-book provides first hand experiences of being a black medical or dental student across 46 medical and dental schools within the UK and abroad. With invaluable information on the university experience from a black student's perspective, the guide aids prospective students in choosing a medical or dental school they will feel most comfortable at, providing realistic information to students about the things that matter to them. Since our development of e-books, we've had 444 downloads and hope to see this grow over the coming year.

Every single one of our initiatives rely on volunteers. We created our ambassador network in 2018 - a pool of over 400 medical students, dental students, doctors and dentists who volunteer to take part in or run our initiatives and support our prospective students. From reading personal statements to providing yearly mentorship, our volunteers are an integral part of seeing out our mission.

We look forward to seeing how we can further support our community over the next year.

Dr Shikila Edward

Chair Person

Contents

Company Information 1

Statement of financial activities 2

Balance sheet 3

Notes to the accounts 4-6

African Caribbean Medical Mentors

Company Information

Trustees

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Omolara Akinnanonu	Trustee

Registered Office

61 Bridge Street

KINGTON

Herefordshire

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Registered Number

1190968

African Caribbean Medical Mentors Statement of Financial Activities

Financial Year End March 2023

Incoming resources	Notes	Unrestricted £	Restricted £	Total Funds £
Grant	5.1		0	0
Donation		0.00		0.00
E-books		0.00		0.00
Outreach provision		0.00		0.00
Collaboration		0.00		0.00
Events		0.00		0.00
Total Incoming		0.00	0	0.00
Resources Expended				
Administration & Running Costs	5.2	632.53		632.53
Total Resources Expended		632.53		632.53
Net incoming/(outgoing) resources		-632.53		-632.53
Net Movement in Funds		-632.53		-632.53
Fund balances brought		147.29		147.29

forward

Fund balances carried forward

147.29

147.29

African Caribbean Medical Mentors

Balance Sheet as at March 31st 2022

Fixed Assets

Notes

Total Funds £

Tangible assets

-

Current Assets

Cash at bank and in hand

0.00

Total Assets

0.00

Creditors

Amounts falling due within one year

-

Total Assets less current liabilities

0.00

Unrestricted funds

Income and expenditure

0.00

Total funds

0.00

Shikila Edward

Approved by the board virtually on Wednesday 24th January 2024

African Caribbean Medical Mentors

Notes to the Accounts

For the year ended 31 March 2023

1. Accounting policies

Basis of preparation

The Financial Statements have been prepared under the historical cost convention and in accordance with the Statement of Recommended Accounting Practice: Accounting and Reporting by Charities (SORP 2005), issued in March 2005, UK Accounting Standards and the Charities Act 2011.

Incoming Resources

Incoming resources represents the value, net of value added tax and discounts if goods provided to customers and work carried out in respect of services provided to customers.

Resources Expended

Expenditure is accounted for on an accruals basis and has been classified under heading that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Depreciation

Depreciation has been provided at the following rates in order to write off the assets over their estimated useful lives.

Plant machinery	20% straight line
Motor Vehicles	25% straight line

2. Creditors: amounts falling due within one year

	2022
	£
Trade Creditors	0

3. Profit and loss account

	2022
	£
At 1 April 2022	-
Prior year adjustments	147.29
At March 2023	147.29
Profit for the year	0

Restricted Funds	Unrestricted	Restricted	2022
			£
At April 2022	-	-	
Net Incoming Funds	-	0	0
At March 2023	-	0	0

4. Trustees Remuneration and benefits

There were no trustees' remuneration or other benefits for the year ended 31st March 2023

Trustees' Expenses

There were no trustees' expenses paid for the year ended 31 March 2023

African Caribbean Medical Mentors

Notes to the accounts - continued

For the year ended 31 March 2023

5 Income and Expenditure Account

5.1 Incoming Resources	Unrestricted	Restricted	Total Fund
	£	£	£
Grant		0	0
Outreach	0		0
Donation	0		0
E-book	0		
Collaboration	0		0
Events	0		0
Total Incoming Resources	0	0	0

Outgoing resources

5.2 Management and Administration of Charity

Volunteer expenses		0	
Website		158.25	
Email		0	

Video Conferencing	0
Business Phone Contract	0
Total Outgoing Resources	158.25

AFRICAN CARIBBEAN MEDICAL MENTORS

England & Wales - Charity number 1190968

Accounts

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African Caribbean Medical Mentors

Charitable Objective

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- improve their likelihood of success in applications to Medical and Dental school;
- provide a network for communication, support, assistance and empowerment of people of African Caribbean descent in the fields of medicine and dentistry.

with the vision of creating a more diverse and representative healthcare system which reflects society as a whole.

Chairperson's Report

African Caribbean Medical Mentors (ACMM) celebrated it's fifth year running this year. We have developed a more minimalistic approach whilst we begin to restructure and develop, taking time to focus on becoming a more thorough and focussed team. We're extremely grateful for those who continue to support and champion us as we could not continue without our supporters and volunteers!

We've managed to have several online events and continue our mentoring scheme, providing support to those in need.

With our work, we continue to strive to create a world that allows all to have a fair and equal opportunity, despite race or socio-economic background and thank everyone who has supported us so far.

Trustee's Report

Over the past year, despite some changes in our leadership structure, African Caribbean Medical Mentors has been able to achieve some positive milestones. We have hosted 4 virtual events with over 100 virtual attendees covering topics from relocating as a doctor to interview preparation.

We have increased our reach on social media with over 4,500 followers on our social media platforms which allows us to support and encourage those within our community and provide a safe space for growth and reflection.

We successfully ran our mentoring programme for both prospective Medics and Dentists with over 30 mentor relationships in 2022.

In September 2020, ACMM launched our first ever e-book series to support those of African and Caribbean descent in applying to Medicine and Dentistry. We created a personal statement guide, an interview guide and one of the initiatives we are most proud of - our black student survival guide. This original e-book provides first hand experiences of being a black medical or dental student across 46 medical and dental schools within the UK and abroad. With invaluable information on the university experience from a black student's perspective, the guide aids prospective students in choosing a medical or dental school they will feel most comfortable at, providing realistic information to students about the things that matter to them. Since our development of e-books, we've had 444 downloads and hope to see this grow over the coming year.

Every single one of our initiatives rely on volunteers. We created our ambassador network in 2018 - a pool of over 400 medical students, dental students, doctors and dentists who volunteer to take part in or run our initiatives and support our prospective students. From reading personal statements to providing yearly mentorship, our volunteers are an integral part of seeing out our mission.

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Dr Shikila Edward

Chair Person

Contents

Company Information 1

Statement of financial activities 2

Balance sheet 3

Notes to the accounts 4-6

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Omolara Akinnanonu	Trustee

Registered Office

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Registered Number

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African Caribbean Medical Mentors Statement of Financial Activities

Financial Year End March 2022

Incoming resources	Notes	Unrestricted £	Restricted £	Total Funds £
Grant	5.1		500	500
Donation		90.00		90.00
E-books		25.00		25.00
Outreach provision		50.00		50.00
Collaboration		1200.00		1200.00
Events		23.50		23.50
Total Incoming		1388.50	500	1838.50

Resources Expended

Administration & Running Costs	5.2	632.53	632.53
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Total Resources Expended		632.53	632.53
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Net incoming/(outgoing) resources		755.97	755.97
--	--	--------	--------

Net Movement in Funds		755.97	755.97
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Fund balances brought forward		2072.62	2072.62
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Fund balances carried forward		2828.59	2828.59
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African Caribbean Medical MentorsBalance Sheet as at March 31st 2022

Fixed Assets	Notes	Total Funds £
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Tangible assets		-
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Current Assets

Cash at bank and in hand		2828.59
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Total Assets		2828.59
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Creditors

Amounts falling due within one year -

Total Assets less current liabilities 2828.59

Unrestricted funds

Income and expenditure 2828.59

Total funds 2828.59

Shikila Edward

Approved by the board virtually on Wednesday 19th January 2023

African Caribbean Medical Mentors

Notes to the Accounts

For the year ended 31 March 2022

1. Accounting policies

Basis of preparation

The Financial Statements have been prepared under the historical cost convention and in accordance with the Statement of Recommended Accounting Practice: Accounting and Reporting by Charities (SORP 2005), issued in March 2005, UK Accounting Standards and the Charities Act 2011.

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Plant machinery	20% straight line
Motor Vehicles	25% straight line

2. Creditors: amounts falling due within one year

	2022
	£
Trade Creditors	0

3. Profit and loss account

	2022
	£
At 1 April 2021	-
Prior year adjustments	2072.62

At March 2022	852.66
Profit for the year	852.66

Restricted Funds	Unrestricted	Restricted	2022
			£
At April 2021	-	-	
Net Incoming Funds	-	1838.50	1838.50
At March 2022	-	1838.50	1838.50

4. Trustees Remuneration and benefits

There were no trustees' remuneration or other benefits for the year ended 31st March 2022

Trustees' Expenses

There were no trustees' expenses paid for the year ended 31 March 2022

African Caribbean Medical Mentors

Notes to the accounts - continued

For the year ended 31 March 2022

5 Income and Expenditure Account

5.1 Incoming Resources	Unrestricted	Restricted	Total Fund
	£	£	£
Grant		500	500

Outreach	50		50
Donation	90.00		90.00
E-book	25.00		
Collaboration	1200.00		1200.00
Events	23.50		23.50
Total Incoming Resources	1388.50	500	1838.50

Outgoing resources

5.2 Management and Administration of Charity

Volunteer expenses		2403.33
Website		136.67
Email		228.13
Video Conferencing		154.98
Business Phone Contract		112.75
Total Outgoing Resources		3058.46

AFRICAN CARIBBEAN MEDICAL MENTORS

England & Wales - Charity number 1190968

Accounts

Charitable Objective

The promotion of equality and diversity for the public benefit by seeking to address the underrepresentation of students of African Caribbean descent studying Medicine and Dentistry at universities in the United Kingdom and working as professionals in the fields of medicine and dentistry as a whole and to reduce the socio-economic barriers that often affect people of African Caribbean descent in entering those professions.

Our Vision and Mission

In particular African Caribbean Medical Mentors seeks to:

- increase the number of people of African Caribbean descent studying and practicing Medicine and Dentistry;
- improve their likelihood of success in applications to Medical and Dental school;
- provide a network for communication, support, assistance and empowerment of people of African Caribbean descent in the fields of medicine and dentistry.

with the vision of creating a more diverse and representative healthcare system which reflects society as a whole.

Chairperson's Report

African Caribbean Medical Mentors (ACMM) celebrated it's fourth year running this year with many changes occurring to the way we work. With the COVID-19 pandemic and eyes shifting onto racism and police brutality - the last year has been a challenging one for many of the people who volunteer with us and use our services. These worldwide issues have highlighted the importance of what we do and encouraged us to work harder to create a more equal and just healthcare environment. We're extremely grateful to these people for continuing to support and champion us despite the difficult times they have been experiencing as without them, ACMM would not thrive in the way that it has.

With the pandemic, we have transitioned to providing all of our services virtually including our events, resources and mentoring but have still been able to provide useful and impactful services.

With our work, we continue to strive to create a world that allows all to have a fair and equal opportunity, despite race or socio-economic background and thank everyone who has supported us so far.

Trustee's Report

Over the past year, despite the pandemic, African Caribbean Medical Mentors has been able to achieve some positive milestones. We have hosted 11 virtual events with over 350 virtual attendees covering topics from Mock Interview preparation to managing Social Media as a medic.

Due to the pandemic, we transitioned to virtual events which enabled us to further widen our reach and increase access to our events - a true positive from the change in the way we work currently.

We have increased our reach on social media with over 4,000 followers on our social media platforms which allows us to support and encourage those within our community and provide a safe space for growth and reflection.

We successfully ran our mentoring programme for both prospective Medics and Dentists with over 30 mentor relationships in 2021.

Our initiatives for supporting prospective Medicine and Dentistry students in applying successfully supported record numbers this year.

We run an annual personal statement reviewing service, allowing prospective students of African or Caribbean descent to have their personal statement reviewed for free. Our personal statement reviewing service allowed for over 50 students to have their personal statement reviewed by current medical or dental students, dentists or doctors.

Our annual mock interview service provides the opportunity for prospective students of African or Caribbean descent to have at least one mock interview to prepare them for the Medicine or Dental school interview. We are proud that we were able to provide this service to over 90 prospective students - allowing them to have a better chance of being successful in their Medical or Dental school journey.

In September 2020, ACMM launched our first ever e-book series to support those of African and Caribbean descent in applying to Medicine and Dentistry. We created a personal statement guide, an interview guide and one of the initiatives we are most proud of - our black student survival guide. This original e-book provides first hand experiences of being a black medical or dental student across 46 medical and dental schools within the UK and abroad. With invaluable information on the university experience from a black student's perspective, the guide aids prospective students in choosing a medical or dental school they will feel most comfortable at, providing realistic information to students about the things that matter to them. Since our development of e-books, we've had 246 downloads and hope to see this grow over the coming year.

Every single one of our initiatives rely on volunteers. We created our ambassador network in 2018 - a pool of over 400 medical students, dental students, doctors and dentists who volunteer to take part in or run our initiatives and support our prospective students. From reading personal statements to providing yearly mentorship, our volunteers are an integral part of seeing out our mission.

We look forward to seeing how we can further support our community over the next year.

Dr Shikila Edward

Chair Person

Contents

Company Information 1

Statement of financial activities 2

Balance sheet 3

Notes to the accounts 4-6

African Caribbean Medical Mentors

Company Information

Trustees

Shikila Edward	Chair Person
Monique Wheatle	Trustee
Sarah Mpi	Trustee
Odunayo Oyedele	Trustee
Naomi Adejumo	Trustee
Omolara Akinnanonu	Trustee

Registered Office

61 Bridge Street

KINGTON

Herefordshire

HR5 3DJ

Registered Number

1190968

African Caribbean Medical Mentors Statement of Financial Activities

Financial Year End March 2021

Incoming resources	Notes	Unrestricted £	Restricted £	Total Funds £
Grant	5.1		3000	3000
Donation		142.52		142.52
E-books		120.29		120.29
Outreach provision		75		75
Total Incoming		337.81	3000	3337.81
Resources Expended				
Administration & Running Costs	5.2	3021.19		3021.19
Total Resources Expended		3021.19		3021.19
Net incoming/(outgoing) resources		316.62		316.62
Net Movement in Funds		316.62		316.62
Fund balances brought forward		1756		1756
Fund balances carried forward		2072.62		2072.62

African Caribbean Medical Mentors

Balance Sheet as at March 31st 2021

Fixed Assets	Notes	Total Funds £
Tangible assets		-
Current Assets		
Cash at bank and in hand		2072.62
Total Assets		2072.62
Creditors		
Amounts falling due within one year		-
Total Assets less current liabilities		2072.62
Unrestricted funds		
Income and expenditure		2072.62
Total funds		2072.62

Shikila Edward

Approved by the board virtually on Wednesday 19th January 2022

African Caribbean Medical Mentors

Notes to the Accounts

For the year ended 31 March 2021

1. Accounting policies

Basis of preparation

The Financial Statements have been prepared under the historical cost convention and in accordance with the Statement of Recommended Accounting Practice: Accounting and Reporting by Charities (SORP 2005), issued in March 2005, UK Accounting Standards and the Charities Act 2011.

Incoming Resources

Incoming resources represents the value, net of value added tax and discounts if goods provided to customers and work carried out in respect of services provided to customers.

Resources Expended

Expenditure is accounted for on an accruals basis and has been classified under heading that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Depreciation

Depreciation has been provided at the following rates in order to write off the assets over their estimated useful lives.

Plant machinery	20% straight line
Motor Vehicles	25% straight line

2. Creditors: amounts falling due within one year

	2021
	£
Trade Creditors	501

3. Profit and loss account

	2021
	£
At 1 April 2020	-
Prior year adjustments	1756
At March 2021	2072.62
Profit for the year	316.62

Restricted Funds	Unrestricted	Restricted	2021
			£
At April 2020	-	-	
Net Incoming Funds	-	2072.62	2072.62
At March 2021	-	2072.62	2072.62

4. Trustees Remuneration and benefits

There were no trustees' remuneration or other benefits for the year ended 31st March 2021

Trustees' Expenses

There were no trustees' expenses paid for the year ended 31 March 2021

African Caribbean Medical Mentors

Notes to the accounts - continued

For the year ended 31 March 2021

5 Income and Expenditure Account

5.1 Incoming Resources	Unrestricted	Restricted	Total Fund
	£	£	£
Grant		3000	3000
Outreach	75		75
Donation	142.52		50
E-book	120.29		
Total Incoming Resources	337.81	3000	3337.81

Outgoing resources

5.2 Management and Administration of Charity

Volunteer expenses	2099.46
Website	115.09
Email	506.88
Video Conferencing	164.76
Business Phone Contract	135.00
Total Outgoing Resources	3021.19

