

5 ON IT FOUNDATION

England & Wales · Charity number 1190922

Details

Status Registered

Legal form CIO

Registered 2020-08-18

Register [View on the Charity Commission register](#)

Contact

Email admin@5onit.co.uk

Website www.5onit.co.uk

Activities

Objects: TO ACT AS A RESOURCE FOR YOUNG PEOPLE UP TO THE AGE OF 18 LIVING IN THE UK BY PROVIDING ADVICE AND ASSISTANCE AND ORGANISING PROGRAMMES OF PHYSICAL, EDUCATIONAL AND OTHER ACTIVITIES AS A MEANS OF:(A) ADVANCING IN LIFE AND HELPING YOUNG PEOPLE BY DEVELOPING THEIR SKILLS, CAPACITIES AND CAPABILITIES TO ENABLE THEM TO PARTICIPATE IN SOCIETY AS INDEPENDENT, MATURE AND RESPONSIBLE INDIVIDUALS;(B) ADVANCING EDUCATION;(C) RELIEVING UNEMPLOYMENT;(D) PROVIDING RECREATIONAL AND LEISURE TIME ACTIVITY IN THE INTERESTS OF SOCIAL WELFARE FOR PEOPLE LIVING IN THE AREA OF BENEFIT WHO HAVE NEED BY REASON OF THEIR YOUTH, AGE, INFIRMITY OR DISABILITY, POVERTY OR SOCIAL AND ECONOMIC CIRCUMSTANCES WITH A VIEW TO IMPROVING THE CONDITIONS OF LIFE OF SUCH PERSONS.

Activities: 5 On It Foundation provides life-altering programmes using professional sporting and music role models to deliver a range of engaging activities which incorporate team sports and creative arts. Each programme is designed to convey a range of positive health and lifestyle messages to educate young people within the local community and help them build a better future.

Classification

- **How:** Makes Grants To Individuals, Makes Grants To Organisations, Provides Services, Provides Advocacy/advice/information
- **What:** General Charitable Purposes, Amateur Sport, Economic/community Development/employment
- **Who:** Children/young People, Other Charities Or Voluntary Bodies

Geography

- Throughout England

Finances

Period end	Income	Expenditure	Assets	Employees
2025-04-30	£84,987	£115,161	-	-
2024-04-30	£109,477	£92,103	-	-
2023-04-30	£72,559	£53,739	-	-
2022-04-30	£90,732	£52,109	-	-
2021-04-30	£17,718	£11,759	-	-

Trustees

Name	Role	Appointed
Dona Lisa Wingfield		2025-09-15
Lee Mackmurdie		2020-08-18
Zainab Rashid		2023-10-01

5 ON IT FOUNDATION

England & Wales - Charity number 1190922

Accounts



CHARITY COMMISSION
FOR ENGLAND AND WALES

Charity Name
5 On It Foundation

No (if any)
1190922

Receipts and payments accounts

CC16a

For the period from	Period start date 01/05/2024	To	Period end date 30/04/2025
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Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
Grants	-	-	-	-	-
Donations	-	84,987	-	84,987	-
	-	-	-	-	-
	-	-	-	-	-
Sub total (Gross income for AR)	-	84,987	-	84,987	-
A2 Asset and investment sales, (see table).					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	-	84,987	-	84,987	-
A3 Payments					
Equipment & Materials	-	4,089	-	4,089	-
Coaches	-	55,503	-	55,503	-
Advertising	-	560	-	560	-
Wages & PAYE	-	40,360	-	40,360	-
Travel	-	-	-	-	-
Venue Hire	-	1,471	-	1,471	-
Memberships & Subscriptions	-	23	-	23	-
Accountancy & Bookkeeping	-	1,270	-	1,270	-
Printing, Postage & Stationery	-	2,373	-	2,373	-
Subsistence & Food Parcels	-	7,082	-	7,082	-
Office and phones	-	-	-	-	-
Activities	-	2,250	-	2,250	-
Local giving donations	-	180	-	180	-
Sub total	-	115,161	-	115,161	-
A4 Asset and investment purchases. (see table)					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total payments	-	115,161	-	115,161	-
Net of receipts/(payments)	-	30,174	-	30,174	-
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	-	80,525	-	80,525	-
Cash funds this year end	-	50,351	-	50,351	-

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	Bank Account Balance	-	50,351	-
		-	-	-
		-	-	-
	Total cash funds	-	50,351	-
	(agree balances with receipts and payments account(s))	OK	OK	OK
B2 Other monetary assets	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
B3 Investment assets	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
			-	-
			-	-
B4 Assets retained for the charity's own use	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
	Equipment & Stock		1,500	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
B5 Liabilities	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
			-	
			-	
			-	
			-	
Signed by one or two trustees on behalf of all the trustees	Signature	Print Name	Date of approval	
	<i>Lee Mackmurdie</i>	Lee Mackmurdie	27 Dec 2025	

5 ON IT FOUNDATION

England & Wales - Charity number 1190922

Accounts

Trustee Annual Report

5 On It Foundation

Charity Name: 5 On It Foundation

Charity no. 1190922

This report relates to financial year: 1st May 2023 to 30th April 2024

The principal address of the charity is 62 Moonstone House, 304 South Row, Milton Keynes, MK9 2FR

The following individuals were the charity trustees on the date the report was approved

- Zainab Rashid
- Tara Devine
- Lee Mackmurdie

The above individuals also served as charity trustees during the year.

The Charity was formed on 18th August 2020 and is governed by a constitution.

The Charity is constituted as a charitable incorporated organisation.

The Charitable purposes of charity are to provide life-altering programmes using professional sporting and music role models to deliver a range of engaging activities which incorporate team sports and creative arts. Each programme is designed to convey a range of positive health and lifestyle messages to educate young people within the local community and help them build a better future.

The Foundation strives to establish credible relationships with all young people including those at risk from gangs or domestic violence and assists them in facilitating a long-term outcome.

To further these purposes for the public benefit, we carried out activities including youth clubs, activity camps, training sessions, taster sports sessions and team activities. In addition, we provide meals to those that may otherwise go without, enable working parents to keep working during school holidays and nutrition guidance to those most in need.

The main achievements of the year were to successfully attract and engage children of various ages to our events and programmes, and to build on the goals of the foundation. We aim to improve the wellbeing of these children both now and by giving them the tools for a better future.

The trustees have read the Commission's Public Benefit requirement statutory guidance, and have had regard to this when running the charity.

A review of the charity's financial position at the end of the year:

In the financial year to 30th April 2024, the charity had an income of £109,477 and expenditure of £92,103.

There are no funds held by the charity that are materially in deficit.

Signature:

Lee Mackmurdie

.....

Print Name:

Lee Mackmurdie

Date:

24 Feb 2025

.....



CHARITY COMMISSION
FOR ENGLAND AND WALES

Charity Name
5 On It Foundation

No (if any)
1190922

Receipts and payments accounts

CC16a

For the period from	Period start date 01/05/2023	To	Period end date 30/04/2024
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Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
Grants	-	12,735	-	12,735	-
Donations	-	96,742	-	96,742	-
	-	-	-	-	-
	-	-	-	-	-
Sub total (Gross income for AR)	-	109,477	-	109,477	-
A2 Asset and investment sales, (see table).					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	-	109,477	-	109,477	-
A3 Payments					
Equipment & Materials	-	4,683	-	4,683	-
Coaches	-	32,030	-	32,030	-
Advertising	-	1,051	-	1,051	-
Wages & PAYE	-	43,941	-	43,941	-
Travel	-	281	-	281	-
Venue Hire	-	1,092	-	1,092	-
Memberships & Subscriptions	-	112	-	112	-
Accountancy & Bookkeeping	-	1,290	-	1,290	-
Printing, Postage & Stationery	-	337	-	337	-
Subsistence & Food Parcels	-	7,286	-	7,286	-
Office Costs	-	-	-	-	-
Phone	-	-	-	-	-
	-	-	-	-	-
Sub total	-	92,103	-	92,103	-
A4 Asset and investment purchases. (see table)					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total payments	-	92,103	-	92,103	-
Net of receipts/(payments)	-	17,374	-	17,374	-
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	-	63,151	-	63,151	-
Cash funds this year end	-	80,525	-	80,525	-

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	Bank Account Balance	-	80,525	-
		-	-	-
		-	-	-
	Total cash funds	-	80,525	-
	(agree balances with receipts and payments account(s))	OK	OK	OK
B2 Other monetary assets	Details	-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
B3 Investment assets	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
		-	-	-
		-	-	-
		-	-	-
		-	-	-
B4 Assets retained for the charity's own use	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
	Equipment & Stock	-	1,500	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
B5 Liabilities	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
		-	-	-
		-	-	-
		-	-	-
		-	-	-
Signed by one or two trustees on behalf of all the trustees	Signature	Print Name	Date of approval	
	<i>Lee Mackmurdie</i>	Lee Mackmurdie	24 Feb 2025	



BPACL



CHARTERED CERTIFIED ACCOUNTANT & TAX ADVISOR

83, Cowley Hill, Borehamwood, Hertfordshire, WD6 5NA
Mob: 07931 194429 E-mail: bhavinofficial@gmail.com
bpatel@bpacl.co.uk
Website: www.bpacl.co.uk

24 February 2025

Trustees of 5 On It Foundation
62 Moonstone House
304 South Row
Milton Keynes
MK9 2FR

Independent examiner's report to the trustees of 5 On It Foundation

I report to the trustees on my examination of the accounts of the 5 On It Foundation (the Trust) for the year ended 30 April 2024.

Responsibilities and basis of report

As the charity trustees of the Trust you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. Accounting records were not kept in respect of the Trust as required by section 130 of the Act; or
2. The accounts do not accord with those records; or
3. The accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Yours faithfully,

Bhavin Patel – FCCA, CTA

5 ON IT FOUNDATION

England & Wales - Charity number 1190922

Accounts

Trustee Annual Report

5 On It Foundation

Charity Name: 5 On It Foundation

Charity no. 1190922

This report relates to financial year: 1st May 2022 to 30th April 2023

The principal address of the charity is 62 Moonstone House, 304 South Row, Milton Keynes, MK9 2FR

The following individuals were the charity trustees on the date the report was approved

- Zainab Rashid
- Tara Devine
- Lee Mackmurdie

The above individuals also served as charity trustees during the year.

The Charity was formed on 18th August 2020 and is governed by a constitution.

The Charity is constituted as a charitable incorporated organisation.

The Charitable purposes of charity are to provide life-altering programmes using professional sporting and music role models to deliver a range of engaging activities which incorporate team sports and creative arts. Each programme is designed to convey a range of positive health and lifestyle messages to educate young people within the local community and help them build a better future.

The Foundation strives to establish credible relationships with all young people including those at risk from gangs or domestic violence and assists them in facilitating a long-term outcome.

To further these purposes for the public benefit, we carried out activities including youth clubs, activity camps, training sessions, taster sports sessions and team activities. In addition, we provide meals and nutrition guidance to those most in need.

The main achievements of the year were to successfully attract and engage children of various ages to our events and programmes, and to build on the goals of the foundation. We aim to improve the wellbeing of these children both now and by giving them the tools for a better future.

The trustees have read the Commission's Public Benefit requirement statutory guidance, and have had regard to this when running the charity.

A review of the charity's financial position at the end of the year:

In the financial year to 30th April 2023, the charity had an income of £72,559 and expenditure of £53,739.

There are no funds held by the charity that are materially in deficit.

Signature

A handwritten signature in cursive script that reads "Lee Mackmurdie".

Print Name

Ms Lauren Marlborough

Date 16 Dec 2023



CHARITY COMMISSION
FOR ENGLAND AND WALES

Charity Name
5 On It Foundation

No (if any)
1190922

Receipts and payments accounts


CC16a

For the period from	Period start date 01/05/2022	To	Period end date 30/04/2023
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Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
Grants	-	2,959	-	2,959	-
Donations	-	69,600	-	69,600	-
	-	-	-	-	-
	-	-	-	-	-
Sub total (Gross income for AR)	-	72,559	-	72,559	-
A2 Asset and investment sales, (see table).					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	-	72,559	-	72,559	-
A3 Payments					
Equipment & Materials	-	11,109	-	11,109	-
Coaches	-	17,310	-	17,310	-
Advertising	-	1,982	-	1,982	-
Wages & PAYE	-	18,907	-	18,907	-
Travel	-	33	-	33	-
Venue Hire	-	400	-	400	-
Memberships & Subscriptions	-	222	-	222	-
Accountancy & Bookkeeping	-	1,250	-	1,250	-
Printing, Postage & Stationery	-	419	-	419	-
Subsistence & Food Parcels	-	1,927	-	1,927	-
Office Costs	-	130	-	130	-
Phone	-	50	-	50	-
	-	-	-	-	-
Sub total	-	53,739	-	53,739	-
A4 Asset and investment purchases. (see table)					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total payments	-	53,739	-	53,739	-
Net of receipts/(payments)	-	18,820	-	18,820	-
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	-	44,330	-	44,330	-
Cash funds this year end	-	63,150	-	63,150	-

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	Bank Account Balance	-	63,150	-
		-	-	-
		-	-	-
	Total cash funds	-	63,150	-
	(agree balances with receipts and payments account(s))	OK	OK	OK
B2 Other monetary assets	Details	-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
B3 Investment assets	Details	-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
B4 Assets retained for the charity's own use	Details	-	-	-
	Equipment & Stock	-	1,500	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
B5 Liabilities	Details	-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
Signed by one or two trustees on behalf of all the trustees	Signature	Print Name	Date of approval	
		Ms Lauren Marlborough	16 Dec 2023	



BPACL



CHARTERED CERTIFIED ACCOUNTANT & TAX ADVISOR

83, Cowley Hill, Borehamwood, Hertfordshire, WD6 5NA
Mob: 07931 194429 E-mail: bhavinofficial@gmail.com
bpatel@bpacl.co.uk
Website: www.bpacl.co.uk

16 December 2023

Trustees of 5 On It Foundation
62 Moonstone House
304 South Row
Milton Keynes
MK9 2FR

Independent examiner's report to the trustees of 5 On It Foundation

I report to the trustees on my examination of the accounts of the 5 On It Foundation (the Trust) for the year ended 30 April 2023.

Responsibilities and basis of report

As the charity trustees of the Trust you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. Accounting records were not kept in respect of the Trust as required by section 130 of the Act; or
2. The accounts do not accord with those records; or
3. The accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Yours faithfully,

Bhavin Patel – FCCA, CTA

5 ON IT FOUNDATION

England & Wales - Charity number 1190922

Accounts

Trustee Annual Report

5 On It Foundation

Charity Name: 5 On It Foundation

Charity no. 1190922

This report relates to financial year: 1st May 2021 to 30th April 2022

The principal address of the charity is 62 Moonstone House, 304 South Row, Milton Keynes, MK9 2FR

The following individuals were the charity trustees on the date the report was approved

- Antoinette Fryatt
- Tara Devine
- Lee Mackmurdie

The above individuals also served as charity trustees during the year.

The Charity was formed on 18th August 2020 and is governed by a constitution.

The Charity is constituted as a charitable incorporated organisation.

The Charitable purposes of charity are to provide life-altering programmes using professional sporting and music role models to deliver a range of engaging activities which incorporate team sports and creative arts. Each programme is designed to convey a range of positive health and lifestyle messages to educate young people within the local community and help them build a better future.

The Foundation strives to establish credible relationships with all young people including those at risk from gangs or domestic violence and assists them in facilitating a long-term outcome.

To further these purposes for the public benefit, we carried out activities including youth clubs, activity camps, training sessions, taster sports sessions and team activities. In addition, we provide meals and nutrition guidance to those most in need.

The main achievements of the year were to successfully attract and engage children of various ages to our events and programmes, and to build on the goals of the foundation. We aim to improve the wellbeing of these children both now and by giving them the tools for a better future.

The trustees have read the Commission's Public Benefit requirement statutory guidance, and have had regard to this when running the charity.

A review of the charity's financial position at the end of the year:

In the financial year to 30th April 2022, the charity had an income of £90,732 and expenditure of £52,109.

There are no funds held by the charity that are materially in deficit.

Signature

A handwritten signature in cursive script that reads "Lee Mackmurdie".

Lee Mackmurdie

Date 20 Feb 2023



CHARITY COMMISSION
FOR ENGLAND AND WALES

Charity Name
5 On It Foundation

No (if any)
1190922

Receipts and payments accounts

CC16a

For the period from	Period start date 01/05/2021	To	Period end date 30/04/2022
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Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
Grants	-	2,651	-	2,651	-
Donations	-	88,081	-	88,081	-
	-	-	-	-	-
	-	-	-	-	-
Sub total (Gross income for AR)	-	90,732	-	90,732	-
A2 Asset and investment sales, (see table).					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	-	90,732	-	90,732	-
A3 Payments					
Equipment & Materials	-	5,693	-	5,693	-
Coaches	-	35,799	-	35,799	-
Advertising	-	2,142	-	2,142	-
Computer & Website	-	293	-	293	-
Travel	-	2,173	-	2,173	-
Venue Hire	-	2,314	-	2,314	-
Memberships & Subscriptions	-	384	-	384	-
Accountancy & Bookkeeping	-	650	-	650	-
Printing, Postage & Stationery	-	117	-	117	-
Subsistence & Food Parcels	-	2,022	-	2,022	-
Office Costs	-	390	-	390	-
Phone	-	132	-	132	-
	-	-	-	-	-
Sub total	-	52,109	-	52,109	-
A4 Asset and investment purchases. (see table)					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total payments	-	52,109	-	52,109	-
Net of receipts/(payments)	-	38,623	-	38,623	-
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	-	5,706	-	5,706	-
Cash funds this year end	-	44,329	-	44,329	-

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	Bank Account Balance	-	44,329	-
		-	-	-
		-	-	-
	Total cash funds	-	44,329	-
	(agree balances with receipts and payments account(s))	OK	OK	OK

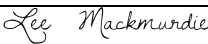
	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B2 Other monetary assets		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-

	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B3 Investment assets			-	-
			-	-
			-	-
			-	-
			-	-

	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B4 Assets retained for the charity's own use	Equipment & Stock		1,500	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-

	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
B5 Liabilities			-	
			-	
			-	
			-	
			-	

Signed by one or two trustees on behalf of all the trustees

Signature	Print Name	Date of approval
	Lee Mackmurdie	20 Feb 2023

Bhavin Patel & CO.

CHARTERED CERTIFIED ACCOUNTANTS & TAX ADVISORS

1, Cromwell Road, Borehamwood, Hertfordshire, WD6 4LW
Mobile: 07931 194429 E-mail: bhavinofficial@gmail.com
bpatel@bpacl.co.uk
Website: www.bpacl.co.uk

20 February 2023

Trustees of 5 On It Foundation
62 Moonstone House
304 South Row
Milton Keynes
MK9 2FR

Independent examiner's report to the trustees of 5 On It Foundation

I report to the trustees on my examination of the accounts of the 5 On It Foundation (the Trust) for the year ended 30 April 2022.

Responsibilities and basis of report

As the charity trustees of the Trust you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. Accounting records were not kept in respect of the Trust as required by section 130 of the Act; or
2. The accounts do not accord with those records; or
3. The accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Yours faithfully,



Bhavin Patel – FCCA, CTA

5 ON IT FOUNDATION

England & Wales - Charity number 1190922

Accounts



Annual Report 2020-21

5 On It Foundation

Registered in England &
Wales. Charity No. 1190922

Introduction

- ❖ This report relates to financial year: 18th August 2020 to 30th April 2021
- ❖ The principal address of the charity is 62 Moonstone House, 304 South Row, Milton Keynes, MK9 2FR
- ❖ The following individuals were the charity trustees on the date the report was approved
 - ❖ - Antoniette Fryatt
 - ❖ - Tara Devine
 - ❖ - Lee Mackmurdie

The above individuals also served as charity trustees during the year.

The Charity was formed on 18th August 2020 and is governed by a constitution.

The Charity is constituted as a charitable incorporated organisation.

The Charitable purposes of charity are to provide life-altering programmes using professional sporting and music role models to deliver a range of engaging activities which incorporate team sports and creative arts. Each programme is designed to convey a range of positive health and lifestyle messages to educate young people within the local community and help them build a better future.

Our Aims and Achievements

The Foundation strives to establish credible relationships with all young people including those at risk from gangs or domestic violence and assists them in facilitating a long-term outcome.

To further these purposes for the public benefit, we carried out activities including youth clubs, activity camps, training sessions, taster sports sessions and team activities.

The main achievements of the year were to meet to successfully attract and engage children of various ages to our events and programmes, and to build on the goals of the foundation.

The trustees have read the Commission's Public Benefit requirement statutory guidance, and have had regard to this when running the charity.

A review of the charity's financial position at the end of the year:

In the financial period 18th August 2020 to 30th April 2021, the charity had an income of £17,718 and an expenditure of £11,759.

There are no funds held by the charity that are materially in deficit.

Signature

Name: Ms Lauren Marlborough

Date: 28th March 2022



Our first year

A note from our Trustees

2020-21 was a difficult and challenging year for all communities across Milton Keynes with the pandemic affecting fundamental areas of life including the ability to play sport freely. Lockdown meant all physical activities across every level, both competitively and socially, were curtailed.

With restrictions hitting hard we still managed to launch our first programme during Christmas 2020 where we organised an online activity day for children from the women's refuge run by MK Act. The smiles on their faces and appreciation from their parents was a highlight and brought a sense of hope and optimism.

Finally in March 2021 we began to see a relaxation of lockdown rules allowing 5 On It Foundation to organise and promote a free sport programme with the help of a £1000 donation from our patron John Baldwin and funding from the Milton Keynes Community Foundation.

Its aim was to provide free tennis for those living within low socio economic conditions with an emphasis on the BAMER community. Having had to postpone it twice due to the pandemic, it really was third time lucky! The four week Saturday project attracted over 70 young people, many of whom had not had the chance to pick up a racket. We received great coverage from the local media and fantastic feedback from parents, it was a huge success and at last we were off the starting block!

We are immensely proud of what we have achieved, despite the difficulties faced with the pandemic, and are so excited to have built partnerships with amazing local organisations. Our belief and commitment to bringing physical activity and art programmes to the community has never been stronger and we are filled with confidence as we stride with purpose into 2022.

Our huge thanks to our partners, ambassadors, patrons for supporting everything we do and a special thank you to parents and our young participants for coming to our programmes!



Our Mission

- ❖ 5 On It are dedicated to delivering powerful programmes which tackle issues that matter within the local community. All initiatives are linked to a health, education or life style message and are delivered by professional /DBS checked instructors who are trained to run impactful sport and art programmes. Their ability to give out serious messages in a fun and engaging way helps guide young people into making the right lifestyle choices.
- ❖ Our Aim:
- ❖ Ø To improve children and young people's lives through positive lifestyle programmes
- ❖ Ø To increase opportunities for young people from all backgrounds
- ❖ Ø To help cut social costs by having successful programmes which tackle issues such as obesity, health, domestic abuse and knife and gun crime





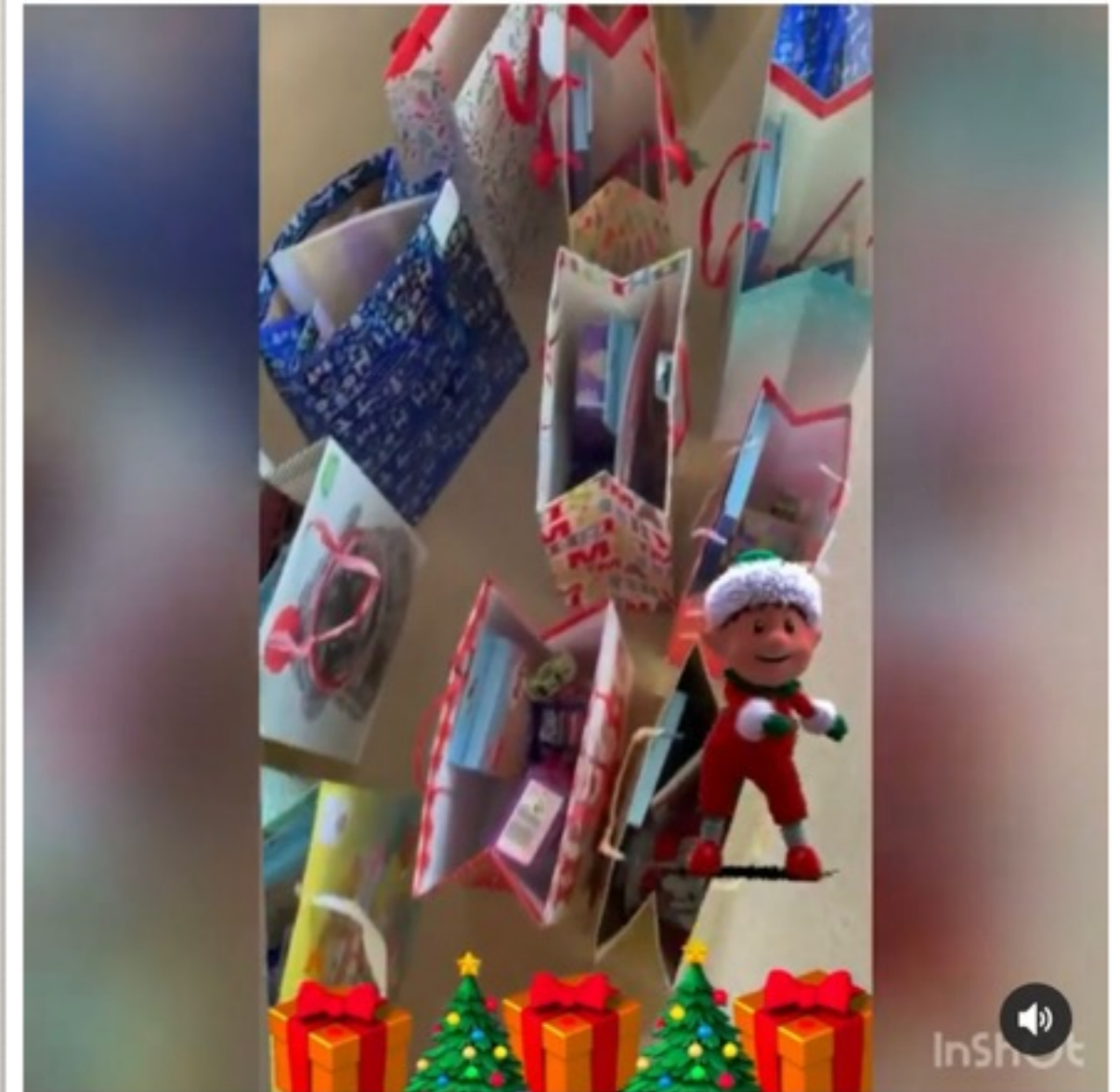
Our Programmes

5 On It's work across Milton
Keynes

Dec 2020

MK Act

With funding from Unitedway we provided Christmas activities online, to comply with lockdown restrictions, and delivered party bags to 84 children from the Milton Keynes women's refuge MK Act. Boys and girls were thrilled to receive toys and chocolate treats whilst mothers were over the moon to see so many smiles on their children's faces.



[View Insights](#)

[Boost Post](#)



38 views · Liked by sara_et15

[_5onit_](#) Thank you to our supporters [@unitedway](#) who have allowed us to provide party bags for the amazing [@mkactcharity](#) Charity [#virtualchristmasparty](#) today with chocolate, treats and toys for all the children ❤️

April 2021

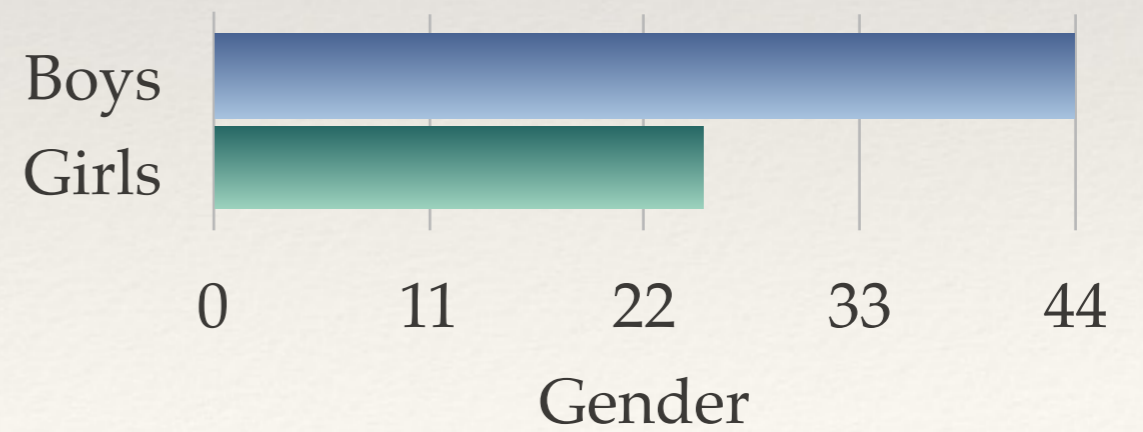
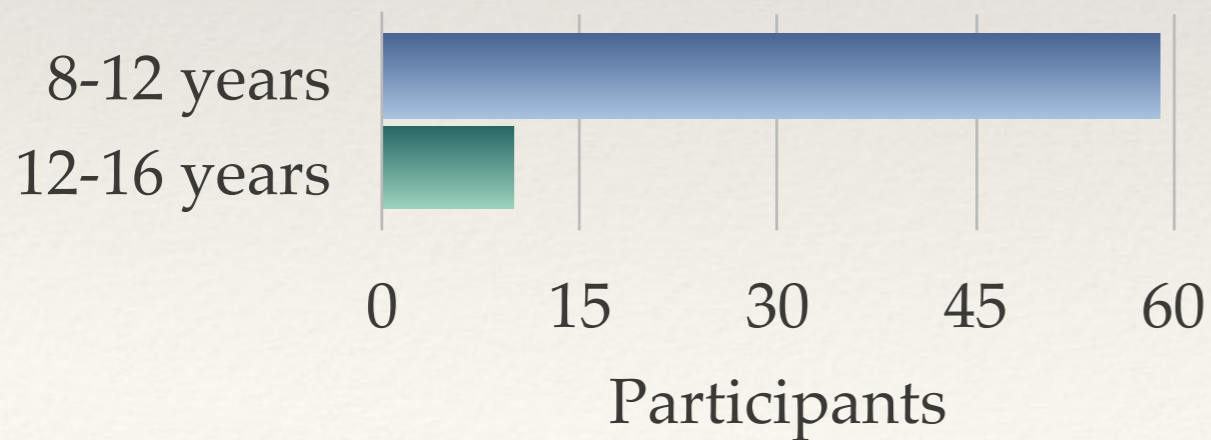
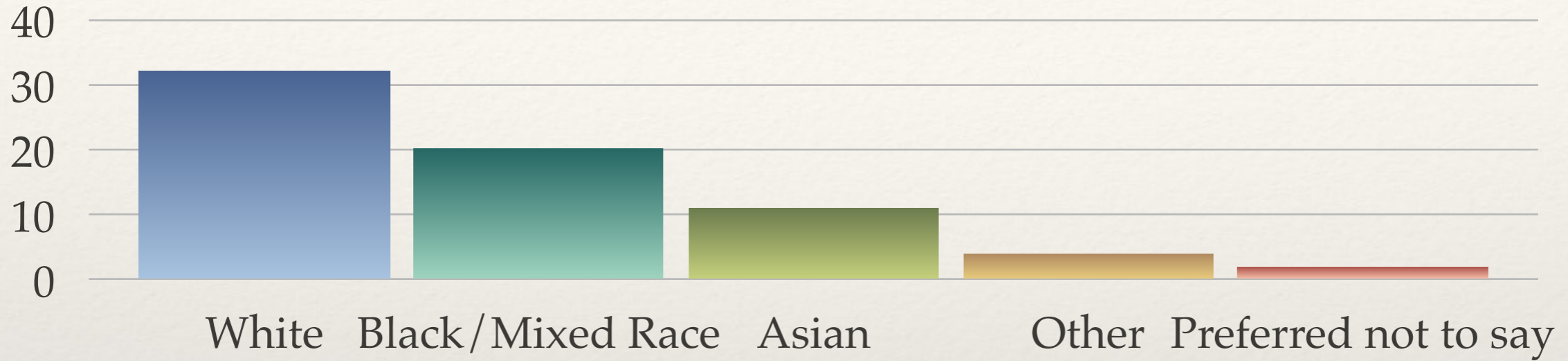
Smash It Tennis Programme

During April and May we ran a four week free tennis coaching programme for young people from all ethnicities, we especially wanted to reach out to those from disadvantaged areas of Milton Keynes who might be from families with unemployment, poor health prospects, physical inactivity and low self-esteem. Over 70 boys and girls aged 8 - 16 years took part, everyone had a truly smashing time!



Smash It Tennis Programme

Participants



Bursary Programme

John Baldwin Bursary Programme

In June we were delighted to announce the launch of our new bursary scheme to provide a pathway to those who take part in our sports and arts programmes. Its primary focus is to help those who, owing to financial constraints within their family, would not have the opportunity to progress in a sports or arts activity discovered through one of our projects.

This exciting initiative could not have been launched without further financial support from our patron John Baldwin who, inspired by his beautiful late wife Sylvia, has a passion for helping those who need it most. We are therefore delighted to name it the John Baldwin Bursary Programme.



Looking Ahead

As we go into 2022, it is wonderful to see renewed excitement in young people wanting to take part in physical activities and art programmes, which in turn helps their mental recovery from the pandemic.

5 On It Foundation will continue to deliver new and creative initiatives to get young people involved and tackle inequalities. We are particularly excited to be part of the MK Movers project, headed up by Leap, which aims to get all sectors of the community take up exercise. We will also build on our existing partnerships and collectively work hard to help young people reconnect and engage.



5 On It Foundation Receipts and Payments Account

Year start date

Year end date

For the year from	18/08/2020	To	30/04/2021
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Receipts and payments

	2020/21 Unrestricted funds £	2020/21 Restricted funds £	2020/21 Total funds £	Last Year Total funds £
Receipts				
Donations, legacies and similar income				
Membership subscriptions	-	-	-	-
Donations	-	1,000	1,000	-
Legacies	-	-	-	-
Gift Aid	-	-	-	-
Other similar income	-	-	-	-
Sub total	-	1,000	1,000	-
Grants				
Grant	-	16,718	16,718	-
Other grants	-	-	-	-
Sub total	-	16,718	16,718	-
Fundraising (gross)				
Detail 1	-	-	-	-
Detail 2	-	-	-	-
Other fundraising activities	-	-	-	-
Sub total	-	-	-	-
Investment income				
Bank interest	-	-	-	-
Building Society interest	-	-	-	-
Other investment income	-	-	-	-
Sub total	-	-	-	-
Total Gross Income	-	17,718	17,718	-
Asset and investment sales, etc.	-	-	-	-
Total receipts	-	17,718	17,718	-

5 On It Foundation Receipts and Payments Account

	Year start date	Year start date	Year start date		Year end date
For the year from	18/08/2020	18/08/2020	18/08/2020	To	30/04/2021

Receipts and payments

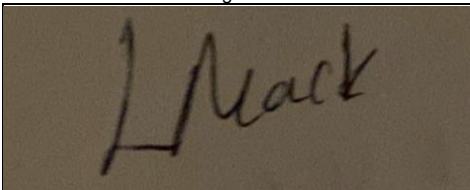
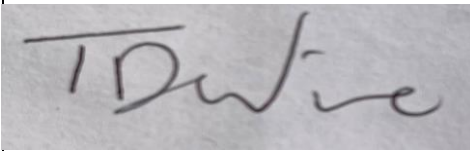
	2020/21 Unrestricted funds £	2020/21 Restricted funds £	2020/21 Total funds £	Last Year Total funds £
Payments				
Charitable Payments				
Wages	-	4,546	4,546	-
Rent	-	728	728	-
Water	-	-	-	-
Electricity and Gas	-	-	-	-
Insurance	-	214	214	-
Repairs and Renewals	-	-	-	-
Materials and equipment	-	4,466	4,466	-
Printing and photocopying	-	-	-	-
AGM and trustee expenses	-	-	-	-
Other costs detail 1 - Phone, internet & computer costs	-	1,601	1,601	-
Other costs detail 2 - Travel & subsistence	-	144	144	-
Other costs detail 3 - Venue hire	-	60	60	-
	-	-	-	-
	-	-	-	-
Sub total	-	11,759	11,759	-
Fundraising expenses				
Detail 1	-	-	-	-
Detail 2	-	-	-	-
Detail 3	-	-	-	-
Other fundraising costs	-	-	-	-
Sub total	-	-	-	-
Total Gross Expenditure	-	11,759	11,759	-
Asset and investment purchases, etc.	-	-	-	-
Total payments	-	11,759	11,759	-
Net of receipts/(payments)	-	5,959	5,959	-
Cash funds last year end	-	-	-	-
Cash funds this year end	-	5,959	5,959	-

Statement of assets and liabilities at the end of the year

	30/04/2021	30/04/2021	30/04/2021	Last Year
	Unrestricted funds	Restricted funds	Total funds	Total funds
	£	£	£	£
Cash funds				
Bank current account	-	5,706	5,706	-
Bank deposit account	-	-	-	-
Cash/Floats	-	-	-	-
	-	-	-	-
	-	-	-	-
Total cash funds (Agree balances with receipts and payments account(s))	-	5,706	5,706	-
Other monetary assets				
Tax claim	-	-	-	-
	-	-	-	-
	-	-	-	-
Sub total	-	-	-	-
Investment assets				
	-	-	-	-
	-	-	-	-
	-	-	-	-
Sub total	-	-	-	-
Non monetary assets for charity's own use				
Stock	-	1,116	1,116	-
Land and buildings	-	-	-	-
Motor vehicles	-	-	-	-
Other	-	-	-	-
	-	-	-	-
	-	-	-	-
Sub total	-	1,116	1,116	-
Liabilities				
Accounts not yet paid	-	600	600	-
Expenses incurred but not invoiced	-	572	572	-
Subscriptions not yet paid	-	-	-	-
Loan - detail	-	-	-	-
Other liabilities	-	-	-	-
Sub total	-	1,172	1,172	-

Contingent liabilities and future obligations

Signed by one or two trustees on behalf of all the trustees

Signature	Print Name	Date of approval
	Lee Mackmurdie	25.03.22
	Tara Kate Devine	25.03.22