



Trustees' Annual Report for the period

From 17 August 2020 To 1st November 2021

Charity name: Enabled2Parent

Charity registration number: 1190879

Objectives and Activities

Summary of the purposes of the charity as set out in its governing document	Para 1.17	<p>1. The Relief of those in need by reason of ill health, disability or other disadvantage.</p> <p>Enabled2Parent is concerned with the relief of disability for the public benefit by:</p> <p>Providing specialist advice, assessment and information to disabled parents, parents with additional support needs and their families so they may access facilities and services in the community.</p> <p>Enabled2Parent is concerned with the care, parenting and establishment in life of the children and young people who are part of the families where there is a parent with a disability or additional support needs.</p> <p>2. Social Inclusion</p> <p>Enabled2Parent will for the public benefit promote social inclusion among disabled parents, those parents with additional support needs and their children by:</p> <p>Providing education and information to enable disabled parents and those with additional support needs to become and be safe, independent and resilient parents.</p> <p>Raise public awareness about the issues faced by disabled parents and those with additional support needs and their children both generally and in relation to their social inclusion.</p>
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		Provide work- shops, forums, advocacy and general support.
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	<p>3. The Relief of those in need by reason of ill health, disability or other disadvantage.</p> <p><i>Providing specialist advice, assessment and information to disabled parents, parents with additional support needs and their families so they may access facilities and services in the community.</i></p> <p>The charity has established a national occupational therapy service to meet the needs of disabled parents and those parents with additional support needs. It has been in existence since November 2019.</p> <p>The charity has provided assessments advice and information to clients and professionals and signposted them to local agencies as appropriate. This has been achieved Online for the most part in line with Covid Guidance and will continue.</p> <p>This will mean that Enabled2Parent can continue to reach a wider section of the public quickly and efficiently to provide a needs led, coordinated and timely response to address the needs of our parents and their families.</p> <p><i>Enabled2Parent is concerned with the care, parenting and establishment in life of the children and young people who are part of the families where there is a parent with a disability or additional support needs.</i></p> <p>Sarah was a Pediatric Occupational Therapist prior to founding Enabled2Parent. This has been an asset in her current role. This has meant the charity has been able to recognize and (with parental consent) advise on parental, child and/or professional concerns arising from potential and actual special educational needs of the children of the parents in her care.</p> <p>The charity has also been invited to</p>

		<p>attend and participate in Child In Need Meetings in various local authorities where the parents we are supporting have invited us to do so.</p> <p>This has meant we have been able to advocate for them and so empower them to have a greater understanding of the role they have as parents to maintain the welfare of their children.</p> <p>In addition, Enabled2Parent provides short and long term support to parents. The charity will review progress with clients regularly and they can re- refer if their needs change.</p> <p>The charity has also worked with other charities in the wider community to promote and address the needs and quality of life of the families in her care. These include the National Childbirth Trust, Caudwell's Children, Home Start, Headway, Young Carers, The Mobility Trust, Child Autism UK and The Florence Nightingale Sickness Trust.</p>
	Para 1.18	<p>The Public Benefit Guidance (PB1) as set out by the Charity Commission state that the High Court will recognize the public benefit of a charity because of a charitable need that seeks to serve a sufficient section of the public with specific protected characteristics.</p> <p>Enabled2Parent serves a significant section of the public – an estimated population of 1.7 million disabled parents.</p> <p>Enabled2Parent has been established to give advice, clinical assessments and information to disabled mothers and fathers. The protected characteristics of this “sufficient section of the public” are disability, pregnancy and maternity.</p>

Additional information (optional)

You may choose to include further statements where relevant about:

	SORP reference	
Policy on grant making	Para 1.38	Enabled2Parent is not a grant making charity.
Policy on social investment including program related investment	Para 1.38	Enabled2Parent is a “start up” charity so has not made investments of any sort during this period.

Contribution made by volunteers	Para 1.38	Enabled2Parent is a small “start up “CIO with no volunteers in post at the present time.
Other		Not applicable

Achievements and Performance

Summary of the main achievements of the charity, identifying the difference the charity’s work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.	Para 1.20	<p>Please refer to Appendix 1 which gives details of the clients who have received this support, the range of their conditions, interventions and their geographical locations. This shows that impact of and access to services provided by Enabled2Parent is growing with small clusters of clients in Devon, Hampshire and Gloucester.</p> <p>In addition, Appendix 2 Enabled2Parent Caseload Analysis August 20 – November 2021. gives details of the range of conditions and disabilities our clients come with, the proportion of mothers and fathers we have seen and the range of interventions we have provided.</p> <p>With only 15 months activity, in the midst of a Pandemic it is impossible to measure the wider benefits of Enabled2Parent to society as a whole.</p> <p>However, the statistics above demonstrate that there is indeed a population of disabled parents and parents with additional support needs. From those parents who have accessed our services, for the most part they have had a positive experience and felt a greater sense of empowerment and independence in caring for their infants and/or children.</p> <p>Enabled2Parent has been invited by the National Child Birth Trust and the Institute of Health Visitors to work with the CPD training lead and the Chair of the Institute of Health Visitors to train and equip their staff and members with greater knowledge and insight into the needs and approach to supporting parents with additional needs. The NCT project is complete and Enabled2Parent was paid for this.</p> <p>The charity has recently submitted an Article about Enabled2Parent to OT News with the aim of promoting the service and raising awareness of its benefits to the profession. The article is to be published in the November edition of OT News</p>
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		<p>Enabled2Parent continues to reach a wide variety of parents from diverse backgrounds though social media. We have over 600 followers and our page is becoming known and shared over a variety of disabled parent groups, charities and commercial organizations.</p> <p>Enabled2Parent has appointed a Champion for Fathers who provides peer support to disabled fathers. This is an area of our provision which makes us unique and we plan to develop this role further over the coming year.</p>
		<p>4. Social Inclusion</p> <p>Enabled2Parent will for the public benefit promote social inclusion among disabled parents, those parents with additional support needs and their children by:</p> <p>Providing education and information to enable disabled parents and those with additional support needs to become and be safe, independent and resilient parents.</p> <p>Enabled2Parent has a growing community on Social Media with over 600 followers. The posts included here provide articles about life as a disabled parent, equipment ideas for baby and childcare. (Please refer to Appendix 3)</p> <p>The charity has started making short videos for facebook (Founders Tales) about different aspects of adaptive parenting. Topics include different aspects of parenting with a disability that cover common concerns such as talking to your child about your disability, This has been very well received.</p> <p>The charity has been able to advocate for clients during meetings with professionals and educate them about the reality and challenges of parenting with a disability. The professionals have told us that they have felt well informed about the needs of parents with disabilities such that their decision making has been enhanced as a direct result of our involvement.</p> <p>As a result, we have found that new mothers and fathers have been closed to Children's Services earlier because Enabled2Parent can provide risk assessments and ongoing clinical and emotional and peer support to families</p>

		<p>and their children to empower them and keep them safe.</p> <p>Raise public awareness about the issues faced by disabled parents and those with additional support needs and their children both generally and in relation to their social inclusion.</p> <p>The charity has spoken to the larger disability charities such as Scope, MS Society, MDUK, Back Up and Headway and Enabled2Parent has been added to their Help Lines so that any client requesting help with parenting can be signposted to us for advice, further information or assessment.</p> <p>The charity has worked with the National Childbirth Trust to educate their staff about the social barriers that disabled mothers and fathers are likely to face as new parents. The interview is now available to NCT staff online.</p> <p>Provide work- shops, forums, advocacy and general support.</p> <p>It has not been possible to provide bespoke training courses in the last year to clients and professionals as a direct result of the pandemic.</p> <p>However, The charity has written a bid to the Sussex Community Foundation Trust to fund a six week online support group for mothers and fathers with disabilities or additional support needs. It is anticipated the course will be piloted in Sussex and then rolled out over the rest of the country if successful.</p> <p>The charity has been able to advocate for clients during meetings with professionals and educate them about the reality and challenges of parenting with a disability.</p>
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Additional information (optional)

You may choose to include further statements where relevant about:

Achievements against objectives set	Para 1.41	<p>Enabled2Parent became a registered charity (CIO) in August 2020</p> <p>The trustees have established a growing community of over 600 followers on social media.</p> <p>The charity has worked with the training co-ordinator of the National Childbirth Trust to do an interview about parenting with a disability which will be available for their staff on their online parenting platform.</p>
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		<p>The charity has written an article about Enabled2Parent which will be published in OT News in November 2021 to raise awareness about the service amongst the OT Profession</p> <p>The charity has a growing caseload of clients at all stages of the parenting journal that covers the country</p>
Performance of fundraising activities against objectives set	Para 1.41	<p>Enabled2Parent has been unable to engage in any fundraising activities this year. This is due to the pandemic and the consequent delays this has caused in securing a bank account and registering for Gift Aid and Tax. The Bank Account is now active and an application for Gift Aid is now in progress.</p> <p>We anticipate a greater emphasis on Fundraising will occur moving forward as the impact of the Pandemic diminishes in relation to our activities and our donors.</p>
Investment performance against objectives	Para 1.41	Please refer to Paragraph 1.38
Other		Not Applicable

Financial Review

Review of the charity's financial position at the end of the period	Para 1.21	<p>This year has seen the setting up of our Bank Account which was an immensely frustrating and delayed activity due to covid. We finally managed to get the account set up in March 2021 but operationally there were still delays in getting banking facilities available.</p> <p>There was a balance of monies which had to be transferred into the account when it became operational and one cheque had to be re-issued. The account balance as at the year end of November 2020 was nil as the account was not operational at that point but the current balance at Nov 2021 is £427.50</p>
Statement explaining the policy for holding reserves stating why they are held	Para 1.22	Enabled2Parent has no additional reserves at this time.
Amount of reserves held	Para 1.22	Not Applicable
Reasons for holding zero reserves	Para 1.22	It has not been possible to apply for a grant as most awarding bodies require evidence of a year's accounts.

		Enabled2Parent opened a CAF account in March 2021.
Details of fund materially in deficit	Para 1.24	Not Applicable
Explanation of any uncertainties about the charity continuing as a going concern	Para 1.23	Not Applicable

Additional information (optional)

You may choose to include further statements where relevant about:

The charity's principal sources of funds (including any fundraising)	Para 1.47	Enabled2Parent currently relies on the fees that it receives in relation to providing a clinical service to clients and professionals. We also provide Consultancy to organisations and professional bodies.
Investment policy and objectives including any social investment policy adopted	Para 1.46	.Not applicable
A description of the principal risks facing the charity	Para 1.46	<p>Enabled2Parent faced significant difficulties in securing a suitable Bank Account due to COVID restrictions so did not have an active CAF account until March 2021. This has meant that payment of fees for services provided has been significantly delayed.</p> <p>In addition, it has not been possible to apply for larger grants to further the work of Enabled2Parent because we are unable to produce a year of accounts to demonstrate how we would use these grants.</p> <p>We have discussed funding raising ideas such as a Founders Appeal and other events that would take place online for the most part.</p> <p>This is because our community are vulnerable adults and are more likely to have complex health needs which make them at greater risk of COVID so they are more likely to be reluctant to attend events in person. An additional barrier to maximising our fundraising is that we still have to apply for Gift Aid.</p> <p>This lack of resources has also meant that we have been unable to exhibit at shows such as The Baby Show and Naidex. However, The charity is in discussion with the Managers of both shows to look at ways Enabled2Parent can be "present" either online or as a speaker.</p>

		his will mean we are still able to raise awareness about the services we provide without incurring significant costs.
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Structure, Governance and Management

Description of charity's trusts:		Not Applicable
Type of governing document	Para 1.25	Foundation Model Constitution
How is the charity constituted?	Para 1.25	Enabled2Parent is a CIO
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	<p>Trustees were identified and recruited by The charity by the Founder. One reached out and offered her skills as a disabled parent with a skill base in social media and campaigning. The other is the daughter of a disabled parent and works for another large Disability Charity and we had been a trustee for other charities within Sussex.</p> <p>The charity interviewed them both and then gave them a copy of The Role of the Trustee as per Charity Commission Guidance.</p>

Reference and Administrative details

Charity name	Enabled2Parent
Other name the charity uses	Not Applicable
Registered charity number	1190879
Charity's principal address	64 Sherborne Road Chichester West Sussex PO19 3AQ

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	The charity Fay	Founder & Chair		
2	Fiona Anderson	Communications Manager		
3	Deborah Robinson	Secretary		

Corporate trustees – names of the directors at the date the report was approved

Director name		
Not Applicable		

Name of trustees holding title to property belonging to the charity

Trustee name	Dates acted if not for whole year	
Not Applicable		

Funds held as custodian trustees on behalf of others

Description of the assets held in this capacity	Not Applicable
Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects	Not Applicable
Details of arrangements for safe custody and segregation of such assets from the charity's own assets	Not Applicable

Exemptions from disclosure

Reason for non-disclosure of key personnel details

Not Applicable

Other optional information

Not Applicable

Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)

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Full name(s)

Sarah Jane Fay	
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**Position (eg
Secretary, Chair, etc)**

Chair	
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Date

18.02.2022



Receipts and payments account

For the period from	Period start date 08/17/2020	To
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Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £
A1 Receipts			
Opening Deposit	100	-	-
Fee from Hampshire County Council	227	-	-
Fee from National Childbirth Trust	80	-	-
Donation	10	-	-
	-	-	-
	-	-	-
	-	-	-
	-	-	-
Sub total (Gross income for AR)	417	-	-
A2 Asset and investment sales, (see table).			
	-	-	-
	-	-	-
Sub total	-	-	-
Total receipts	417	-	-
A3 Payments			
Monthly Account Fees April 2021 - October 2021 £8PCN	56	-	-
	-	-	-
	-	-	-
	-	-	-
	-	-	-
	-	-	-
	-	-	-
	-	-	-
	-	-	-
Sub total	56	-	-
A4 Asset and investment purchases, (see table)			
	-	-	-
	-	-	-
Sub total	-	-	-
Total payments	56	-	-
Net of receipts/(payments)	361	-	-
A5 Transfers between funds	-	-	-

A6 Cash funds last year end	-	-	-
<i>Cash funds this year end</i>	361	-	-

Section B Statement of assets and liabilities at the end of

Categories	Details	Unrestricted funds to nearest £
B1 Cash funds		361
		-
		-
	Total cash funds	361
	(agree balances with receipts and payments account(s))	OK
B2 Other monetary assets	Details	Unrestricted funds to nearest £
	Not applicable	-
		-
		-
		-
		-
		-
B3 Investment assets	Details	Fund to which asset belongs
	Not Applicable	
B4 Assets retained for the charity's own use	Details	Fund to which asset belongs
	Not applicable	
B5 Liabilities	Details	Fund to which liability relates
	Not applicable	

Signed by one or two trustees on
behalf of all the trustees

Signature

Print N

Sarah Ja

o (if any)
190879

ounts

Period end date
11/01/2021

CC16a



Total funds

Last year

to the nearest £

to the nearest £

100	-
227	-
80	-
10	-
-	-
-	-
-	-
-	-
417	-

-	
-	-
-	-

417	-
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56	-
-	-
-	-
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-	-
-	-
-	-
-	-
56	-

-	
-	
-	-

56	-
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361	-
-	-

-	-
361	-

the period

Restricted funds	Endowment funds
to nearest £	to nearest £
-	-
-	-
-	-
-	-
OK	OK

Restricted funds	Endowment funds
to nearest £	to nearest £
-	-
-	-
-	-
-	-
-	-
-	-

Cost (optional)	Current value (optional)
-	-
-	-
-	-
-	-
-	-

Cost (optional)	Current value (optional)
-	-
-	-
-	-
-	-
-	-
-	-
-	-
-	-

Amount due (optional)	When due (optional)
-	
-	

	-	
	-	
	-	

lame	Date of approval
ne Fay	