

**REPORT OF THE TRUSTEES AND**  
**UNAUDITED FINANCIAL STATEMENTS**  
**FOR THE YEAR ENDED 31 DECEMBER 2024**  
**FOR**  
**MOVEMENT FOR ALL (LONDON)**

Movement for All (LONDON)  
Warren Apartments  
8a Station Rise  
London  
SE27 9BW

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**MOVEMENT FOR ALL (LONDON)**

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**for the year ended 31 December 2024**

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## **MOVEMENT FOR ALL (LONDON)**

### **REPORT OF THE TRUSTEES** **for the year ended 31 December 2024**

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 December 2024. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

## **OBJECTIVES AND ACTIVITIES**

### **Objectives and aims**

The charity's main aims are to promote inclusion and diversity, regardless of disabilities, age, race and culture. Individuals have their rightful space in society to enjoy the opportunities to dance because Movement, is for All. and provide physical movement to all individuals, to enhance physical wellbeing and mental health.

### **Principal activities and review**

To meet its objectives the charity continued to make a range of classes available to all individuals and to provide opportunities to all to dance and be involved in movement.

## **FINANCIAL REVIEW**

### **Financial position**

During the year the charity's net income was £1,646 (2023- net loss £1,059) taking the total funds carried forward to £12,927.

### **Organisational structure**

The board of trustees administers the charity. The trustees must hold at least two ordinary meetings each year. One such meeting must involve the physical presence of those trustees in attendance.

### **Recruitment and appointment of new trustees**

There must be at least three trustees at any one time. New trustees must be appointed by a resolution of the Trustees passed at a special meeting.

New trustees are selected for their skill, knowledge and experience needed for the effective administration of the charity. New trustees undergo a formal vetting process before appointment.

### **Risk management**

The trustees have a duty to identify and review the risks to which the charity is exposed and to ensure appropriate controls are in place to provide reasonable assurance against fraud and error.

## **FUTURE PLANS**

The charity plans to continue to provide similar objectives in line with the trustees' vision of making a tangible impact to the activities of the charity's beneficiaries.

**MOVEMENT FOR ALL (LONDON)**

**REPORT OF THE TRUSTEES**  
**for the year ended 31 December 2024**

**REFERENCE AND ADMINISTRATIVE DETAILS**

**Registered Charity number**

1190856

**Registered office**

Warren Apartments  
8a Station Rise  
London SE27 9BW

**Trustees**

Mr Mario Bernard  
Ms Cindy Coetzee  
Ms Sunita Fokeerah  
Miss Bliss Cuneen  
Miss Michelle Bernard  
Miss Rebecca Bernard

**Company Secretary**

Mr Mario Bernard

Approved by order of the board of trustees on 10 March 2025 and signed on its behalf by:

Mr Mario Bernard - Trustee

**MOVEMENT FOR ALL (LONDON)**  
**STATEMENT OF FINANCIAL ACTIVITIES**  
**for the year ended 31 December 2024**

		2024 Unrestricted fund £	2023 Total funds £
<b>INCOME AND ENDOWMENTS FROM</b>	Notes		
Donations and legacies	2	<u>12,000</u>	<u>12,931</u>
<b>Trading activities</b>			
Hire of hall	3	<u>7,350</u>	<u>7,062</u>
<b>Total</b>		19,350	19,993
<b>EXPENDITURE ON</b>			
<b>Charitable activities</b>	4		
Charitable activities		<u>17,704</u>	<u>21,052</u>
<b>Total</b>		<u>17,704</u>	<u>21,052</u>
<b>NET INCOME/(LOSS)</b>		1,646	(1,059)
<b>RECONCILIATION OF FUNDS</b>			
Total funds brought forward		<u>11,281</u>	<u>12,340</u>
<b>TOTAL FUNDS CARRIED FORWARD</b>		<u><u>12,927</u></u>	<u><u>11,281</u></u>

The notes form part of these financial statements

**MOVEMENT FOR ALL (LONDON)**

**BALANCE SHEET**  
**31 December 2024**

	Notes	2024 Unrestricted fund £	2023 Total funds £
<b>CURRENT ASSETS</b>			
Cash at bank		12,927	11,281
		<u>          </u>	<u>          </u>
<b>NET CURRENT ASSETS</b>		<u>12,927</u>	<u>11,281</u>
<b>TOTAL ASSETS LESS CURRENT LIABILITIES</b>		12,927	11,281
		<u>          </u>	<u>          </u>
<b>NET ASSETS</b>		<u>12,927</u>	<u>11,281</u>
<b>FUNDS</b>	8		
Unrestricted funds		<u>12,927</u>	<u>11,281</u>
<b>TOTAL FUNDS</b>		<u>12,927</u>	<u>11,281</u>

The financial statements were approved by the Board of Trustees and authorised for issue on 10 March 2025 and were signed on its behalf by:

Mr Mario Bernard - Trustee

Ms Cindy Coetzee - Trustee

The notes form part of these financial statements

## **MOVEMENT FOR ALL (LONDON)**

### **NOTES TO THE FINANCIAL STATEMENTS** **for the year ended 31 December 2024**

#### **1. ACCOUNTING POLICIES**

##### **Basis of preparing the financial statements**

The consolidated financial statements have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Charities Act 2011.

The accounts are prepared in sterling which is the functional currency of the charity. Monetary amounts in these financial statements are rounded to the nearest £1.

##### **Assessment of going concern**

The trustees have assessed whether the use of the going concern assumption is appropriate in preparing these financial statements. They have made this assessment in respect of a period of one year from the date of approval of these financial statements.

##### **Income**

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

##### **Expenditure**

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

##### **Charitable activities**

The cost of charitable activities comprises those incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.

##### **Taxation**

The charity is exempt from corporation tax on its charitable activities.

##### **Fund accounting**

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

##### **Cash at bank and in hand**

Cash at bank and cash in hand includes cash and short term highly liquid investments with a short maturity of three months or less from the date of acquisition or opening of the deposit or similar account.

##### **Creditors and provisions**

Creditors are recognised when there is an obligation at the balance sheet date as a result of a past event, it is probable that a transfer of economic benefit will be required in settlement, and the amount of settlement can be estimated reliably.

##### **Donated goods and services**

Donated facilities and gifts in kind are included at the value to the charity where this can be quantified.

**MOVEMENT FOR ALL (LONDON)**  
**NOTES TO THE FINANCIAL STATEMENTS - continued**  
**for the year ended 31 December 2024**

**1. ACCOUNTING POLICIES - continued**

**Cash at bank and in hand**

The charity only has financial assets and financial liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value and subsequently measured at their settlement value except for bank loans which are subsequently measured at the carrying value plus accrued interest less repayments. The financing charge to expenditure is at a constant rate calculated using the effective interest method

**2. DONATIONS AND LEGACIES**

	2023 £	2023 £
Donations	<u>12,000</u>	<u>12,931</u>

**3. TRADING INCOME**

	2024 £	2023 £
Hire of hall	<u>7,350</u>	<u>7,062</u>

**4. CHARITABLE ACTIVITIES COSTS**

	Direct Costs £	Support costs (see note 5) £	Totals £
Charitable activities	<u>-</u>	<u>17,704</u>	<u>17,704</u>
	<u>-</u>	<u>17,704</u>	<u>17,704</u>



**MOVEMENT FOR ALL (LONDON)**

**NOTES TO THE FINANCIAL STATEMENTS - continued**  
**for the year ended 31 December 2024**

**6. SUPPORT COSTS**

	Finance £
Charitable activities	<u>17,704</u>

**7. TRUSTEES' REMUNERATION AND BENEFITS**

There were no trustees' remuneration or other benefits for the year ended 31 December 2024 nor for the period ended 31 December 2023.

**Trustees' expenses**

There were no trustees' expenses paid for the year ended 31 December 2024 nor for the period ended 31 December 2023.

**8. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES**

	Unrestricted fund £
<b>INCOME AND ENDOWMENTS FROM</b>	
Donations and legacies	12,931
Hire of hall	<u>7,062</u>
	19,993
<b>EXPENDITURE ON</b>	
Charitable activities	<u>21,052</u>
<b>NET LOSS</b>	<u>(1,059)</u>
<b>TOTAL FUNDS CARRIED FORWARD</b>	<u><b>(1,059)</b></u>

**9. MOVEMENT IN FUNDS**

	At 1.1.24 £	Net movement in funds £	At 31.12.24 £
<b>Unrestricted funds</b>			
General fund	11,281	1,646	12,927
	<u>11,281</u>	<u>1,646</u>	<u>12,927</u>
<b>TOTAL FUNDS</b>	<u>11,281</u>	<u>1,646</u>	<u>12,927</u>

**MOVEMENT FOR ALL (LONDON)**

**NOTES TO THE FINANCIAL STATEMENTS - continued**  
**for the year ended 31 December 2024**

**10. MOVEMENT IN FUNDS - continued**

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
<b>Unrestricted funds</b>			
General fund	19,350	(17,704)	1,646
	<hr/>	<hr/>	<hr/>
<b>TOTAL FUNDS</b>	<u>19,350</u>	<u>(17,704)</u>	<u>1,646</u>

**Comparatives for movement in funds**

	At 1.1.23 £	Net movement in funds £	At 31.12.23 £
<b>Unrestricted funds</b>			
General fund	12,340	(1,059)	11,281
	<hr/>	<hr/>	<hr/>
<b>TOTAL FUNDS</b>	<u>12,340</u>	<u>(1,059)</u>	<u>11,281</u>

**Unrestricted funds**

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
<b>Unrestricted funds</b>			
General fund	19,993	(21,052)	(1,059)
	<hr/>	<hr/>	<hr/>
<b>TOTAL FUNDS</b>	<u>19,993</u>	<u>(21,052)</u>	<u>(1,059)</u>

**11. RELATED PARTY DISCLOSURES**

The property used by the charity is provided free of charge by one of the trustees. The deemed rent of £12,000 has been recognised in the accounts as a donation

**MOVEMENT FOR ALL (LONDON)**  
**DETAILED STATEMENT OF FINANCIAL ACTIVITIES**  
**for the year ended 31 December 2024**

	2024 £	2023 £
<b>INCOME AND ENDOWMENTS</b>		
<b>Donations and legacies</b>		
Donations	<u>12,000</u>	<u>12,931</u>
	12,000	12,931
<b>Trading income</b>		
Hire of hall	<u>7,350</u>	<u>7,062</u>
<b>Total incoming</b>	19,350	19,993
<b>EXPENDITURE</b>		
<b>Charitable activities</b>		
<b>Support costs</b>		
<b>Management</b>		
Telephone	-	274
Rates and water	3,684	6,702
Light and heat	2,020	2,076
Rental expense	<u>12,000</u>	<u>12,000</u>
	17,704	21,052
<b>Finance</b>		
Bank charges	<u>-</u>	<u>-</u>
Total resources expended	<u>17,704</u>	<u>21,052</u>
<b>Net income /(loss)</b>	<u><u>1,646</u></u>	<u><u>(1,059)</u></u>

This page does not form part of the statutory financial statements