

REPORT OF THE TRUSTEES AND
UNAUDITED FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 DECEMBER 2023
FOR
MOVEMENT FOR ALL (LONDON)

Movement for All (LONDON)
Warren Apartments
8a Station Rise
London
SE27 9BW

MOVEMENT FOR ALL (LONDON)

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for the year ended 31 December 2023

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MOVEMENT FOR ALL (LONDON)

REPORT OF THE TRUSTEES **for the year ended 31 December 2023**

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 December 2023. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

OBJECTIVES AND ACTIVITIES

Objectives and aims

The charity's main aims are to promote inclusion and diversity, regardless of disabilities, age, race and culture. Individuals have their rightful space in society to enjoy the opportunities to dance because Movement, is for All. and provide physical movement to all individuals, to enhance physical wellbeing and mental health.

Principal activities and review

To meet its objectives the charity continued to make a range of classes available to all individuals and to provide opportunities to all to dance and be involved in movement.

FINANCIAL REVIEW

Financial position

During the year the charity's net loss was £1,059 (2022- net income £11,797) taking the total funds carried forward to £11,281.

Organisational structure

The board of trustees administers the charity. The trustees must hold at least two ordinary meetings each year. One such meeting must involve the physical presence of those trustees in attendance.

Recruitment and appointment of new trustees

There must be at least three trustees at any one time. New trustees must be appointed by a resolution of the Trustees passed at a special meeting.

New trustees are selected for their skill, knowledge and experience needed for the effective administration of the charity. New trustees undergo a formal vetting process before appointment.

Risk management

The trustees have a duty to identify and review the risks to which the charity is exposed and to ensure appropriate controls are in place to provide reasonable assurance against fraud and error.

FUTURE PLANS

The charity plans to continue to provide similar objectives in line with the trustees' vision of making a tangible impact to the activities of the charity's beneficiaries.

MOVEMENT FOR ALL (LONDON)

REPORT OF THE TRUSTEES
for the year ended 31 December 2023

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Charity number

1190856

Registered office

Warren Apartments
8a Station Rise
London SE27 9BW

Trustees

Mr Mario Bernard
Ms Cindy Coetzee
Ms Sunita Fokeerah
Miss Bliss Cuneen
Miss Michelle Bernard
Miss Rebecca Bernard

Company Secretary

Mr Mario Bernard

Approved by order of the board of trustees on 15 April 2024 and signed on its behalf by:

Mr Mario Bernard - Trustee

MOVEMENT FOR ALL (LONDON)
STATEMENT OF FINANCIAL ACTIVITIES
for the year ended 31 December 2023

		2023 Unrestricted fund £	2022 Total funds £
INCOME AND ENDOWMENTS FROM	Notes		
Donations and legacies	2	<u>12,931</u>	<u>23,440</u>
Trading activities			
Hire of hall	3	<u>7,062</u>	<u>6,026</u>
Total		19,993	29,466
EXPENDITURE ON			
Charitable activities	4		
Charitable activities		<u>21,052</u>	<u>17,669</u>
Total		<u>21,052</u>	<u>17,669</u>
NET (LOSS)/INCOME		(1,059)	11,797
RECONCILIATION OF FUNDS			
Total funds brought forward		<u>12,340</u>	<u>543</u>
TOTAL FUNDS CARRIED FORWARD		<u><u>11,281</u></u>	<u><u>12,340</u></u>

The notes form part of these financial statements

MOVEMENT FOR ALL (LONDON)

BALANCE SHEET
31 December 2023

	Notes	2023 Unrestricted fund £	2022 Total funds £
CURRENT ASSETS			
Cash at bank		11,281	12,340
		<hr/>	<hr/>
NET CURRENT ASSETS		<u>11,281</u>	<u>12,340</u>
TOTAL ASSETS LESS CURRENT LIABILITIES		11,281	12,340
		<hr/>	<hr/>
NET ASSETS		<u>11,281</u>	<u>12,340</u>
FUNDS	8		
Unrestricted funds		<u>11,281</u>	<u>12,340</u>
TOTAL FUNDS		<u>11,281</u>	<u>12,340</u>

The financial statements were approved by the Board of Trustees and authorised for issue on 15 April 2024 and were signed on its behalf by:

Mr Mario Bernard - Trustee

Ms Cindy Coetzee - Trustee

The notes form part of these financial statements

MOVEMENT FOR ALL (LONDON)

NOTES TO THE FINANCIAL STATEMENTS **for the year ended 31 December 2023**

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The consolidated financial statements have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Charities Act 2011.

The accounts are prepared in sterling which is the functional currency of the charity. Monetary amounts in these financial statements are rounded to the nearest £1.

Assessment of going concern

The trustees have assessed whether the use of the going concern assumption is appropriate in preparing these financial statements. They have made this assessment in respect of a period of one year from the date of approval of these financial statements.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Charitable activities

The cost of charitable activities comprises those incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.

Taxation

The charity is exempt from corporation tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

Cash at bank and in hand

Cash at bank and cash in hand includes cash and short term highly liquid investments with a short maturity of three months or less from the date of acquisition or opening of the deposit or similar account.

Creditors and provisions

Creditors are recognised when there is an obligation at the balance sheet date as a result of a past event, it is probable that a transfer of economic benefit will be required in settlement, and the amount of settlement can be estimated reliably.

Donated goods and services

Donated facilities and gifts in kind are included at the value to the charity where this can be quantified.

MOVEMENT FOR ALL (LONDON)
NOTES TO THE FINANCIAL STATEMENTS - continued
for the year ended 31 December 2023

1. ACCOUNTING POLICIES - continued

Cash at bank and in hand

The charity only has financial assets and financial liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value and subsequently measured at their settlement value except for bank loans which are subsequently measured at the carrying value plus accrued interest less repayments. The financing charge to expenditure is at a constant rate calculated using the effective interest method

2. DONATIONS AND LEGACIES

	2023 £	2022 £
Donations	<u>12,931</u>	<u>23,440</u>

3. TRADING INCOME

	2024 £	2023 £
Hire of hall	<u>7,062</u>	<u>6,026</u>

4. CHARITABLE ACTIVITIES COSTS

	Direct Costs £	Support costs (see note 6) £	Totals £
Charitable activities	<u>-</u>	<u>21,052</u>	<u>21,052</u>
	<u>-</u>	<u>21,052</u>	<u>21,052</u>

5. DONATIONS PAYABLE

	2023 £	2022 £
Donations made	<u>-</u>	<u>180</u>

The total donations paid to institutions during the year was as follows:

	2023 £	2022 £
Giving.com	<u>-</u>	<u>180</u>

MOVEMENT FOR ALL (LONDON)

NOTES TO THE FINANCIAL STATEMENTS - continued
for the year ended 31 December 2023

6. SUPPORT COSTS

	Finance £
Charitable activities	<u>21,052</u>

7. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 December 2023 nor for the period ended 31 December 2022.

Trustees' expenses

There were no trustees' expenses paid for the year ended 31 December 2023 nor for the period ended 31 December 2022.

8. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted fund £
INCOME AND ENDOWMENTS FROM	
Donations and legacies	23,440
Hire of hall	<u>6,026</u>
	29,466
EXPENDITURE ON	
Charitable activities	<u>17,669</u>
NET INCOME	<u>11,797</u>
TOTAL FUNDS CARRIED FORWARD	<u>11,797</u>

9. MOVEMENT IN FUNDS

	At 1.1.23 £	Net movement in funds £	At 31.12.23 £
Unrestricted funds			
General fund	12,340	(1,059)	11,281
	<u>12,340</u>	<u>(1,059)</u>	<u>11,281</u>
TOTAL FUNDS	<u>12,340</u>	<u>(1,059)</u>	<u>11,281</u>

MOVEMENT FOR ALL (LONDON)

NOTES TO THE FINANCIAL STATEMENTS - continued
for the year ended 31 December 2023

10. MOVEMENT IN FUNDS - continued

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	19,993	(21,052)	(1,059)
	<hr/>	<hr/>	<hr/>
TOTAL FUNDS	<u>19,993</u>	<u>(21,052)</u>	<u>(1,059)</u>

Comparatives for movement in funds

	At 1.1.22 £	Net movement in funds £	At 31.12.22 £
Unrestricted funds			
General fund	543	11,797	12,340
	<hr/>	<hr/>	<hr/>
TOTAL FUNDS	<u>543</u>	<u>11,797</u>	<u>12,340</u>

Unrestricted funds

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	29,466	(17,669)	11,797
	<hr/>	<hr/>	<hr/>
TOTAL FUNDS	<u>29,466</u>	<u>(17,699)</u>	<u>11,797</u>

11. RELATED PARTY DISCLOSURES

The property used by the charity is provided free of charge by one of the trustees. The deemed rent of £12,000 has been recognised in the accounts as a donation

MOVEMENT FOR ALL (LONDON)
DETAILED STATEMENT OF FINANCIAL ACTIVITIES
for the year ended 31 December 2023

	2023 £	2022 £
INCOME AND ENDOWMENTS		
Donations and legacies		
Donations	<u>12,931</u>	<u>23,440</u>
	12,931	23,440
Trading income		
Hire of hall	<u>7,062</u>	<u>6,026</u>
Total incoming	19,993	29,466
EXPENDITURE		
Charitable activities		
Donations to institutions	-	180
Support costs		
Management		
Telephone	274	448
Rates and water	6,702	1,739
Light and heat	2,076	2,800
Rental expense	12,000	12,000
Advertising	<u>-</u>	<u>282</u>
	21,052	17,449
Finance		
Bank charges	<u>-</u>	<u>220</u>
Total resources expended	<u>21,052</u>	<u>17,669</u>
Net (loss)/income	<u><u>(1,059)</u></u>	<u><u>11,797</u></u>

This page does not form part of the statutory financial statements