

SABZGAMAN BESKI
CHARITY ACCOUNTS
FOR YEAR ENDED 31st MARCH 2024



West One Associates
Business-Corporate
Accountants & Consultants

Sabzgaman Beski

REGISTERED CHARITY NUMBER: 1190835

Independent Examiner's Report to the Trustees of 'Sabzgaman Beski'

I report to the Society's Trustees on my examination of the accounts of the 'Sabzgaman Beski' for the year ended 31 March 2024, which is set out on pages 1 to 6.

Respective responsibilities of trustees and examiner:

The trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under section 144 of the Charities Act 2011 (the Charities Act) and that an independent examination is needed

It is my responsibility to:

- examine the accounts under section 145 of the Charities Act,
- to follow the procedures laid down in the general Directions given by the Charity Commission (under section 145(5)(b) of the Charities Act, and
- to state whether particular matters have come to my attention.

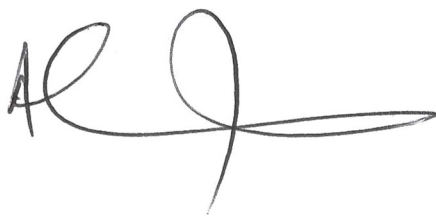
Basis of independent examiner's statement:

My examination was carried out in accordance with general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair' view and the report is limited to those matters set out in the statement below.

In connection with my examination, no matter has come to my attention to indicate that:

- accounting records have not been kept in accordance with section 130 of the 2011 Charities Act;
- the accounts do not accord with such records;
- where accounts are prepared on an accruals basis, whether they fail to comply with relevant accounting requirements, or are not consistent with the Charities SORP (FRS102)

Mr ABID ALI KHAN
MBA, FCCA
Independent Examiner



Date: 10th January 2025

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Wonea House, 2 Richmond Road
Isleworth TW7 7BL 0207 183 6935

**Trustees' annual report for the period 1st April 2023 to 31st March 2024 for the Charity Commission
for England and Wales**

Charity name: Sabzgaman Beski

Charity No: 1190835

Objectives and activities

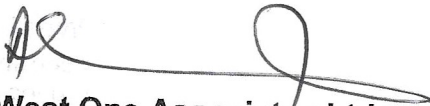
Summary of the purposes of the charity as set out in its governing document

The objects of the Charity are, for the public benefit

- i. to relieve terminally ill patients at hospices and health settings with a view to improving their quality of life by providing funding or equipment to facilitate the provision of recognised evidence-based acupuncture and massage therapies.
- ii. to promote the conservation protection and improvement of the physical and natural environment, in particular but without limitation by planting trees; and
- iii. advancing education of the general public in topics relating to health and wellbeing and environmental conservation.

Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.

1. The Trustees ran a charity gala in order to promote the aims of the charity and raise money that can be used to further the charity's aims. The Gala was attended by 200 people. Educational talks were given by the charity Chair, Dr Shohreh Beski, and Trustees Dr Golnar Aref-Adib and Dr Mehrnoosh Aref-Adib about the purpose, aims and work of the charity, in order to fulfil charity aims (ii) and (iii). The Gala raised £7,765.20 for the charity, which will be used to further its aims (i-iii).


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Financial Review**Review of the charity's financial position at the end of the period**

Payments	
Administration	-£929.00
Charity website	-£1,520.30
Charity Gala expenditure	-£72,030.08
Total	-£74,479.38
Receipts	
Charity rebait	£18.41
Fundraising	£4,952.00
Charity gala income	£79,795.28
Monthly DD	£5,680.00
Single donation	£4,529.05
Sub total (Gross income for AR)	£94,974.74
Liabilities	
Description	Amount
NA	£0.00
Assets	
Description	Amount
Unsold artworks	1788.64
Total	1788.64

Structure, Governance and Management**Type of governing document**

Sabzgaman Beski has a constitution (Date last amended 27/07/2020) as its governing document.

How is the charity constituted?

Sabzgaman Beski is a Charitable Incorporated Organisation ("the CIO"). The principal office of the CIO is in England.


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Reference and Administrative details

Charity Name: Sabzgaman Beski

Other name the charity uses: None

Registered charity number: 1190835

Charity's principal address: 40 Bramshill Gardens, London, NW5 1JH, England.

Names of the charity trustees who manage the charity

The first charity trustees are as follows, and are appointed for the following terms –

1- Dr Shohreh Beski, Chair

2- Dr Farhad Aref-Adib

3- Dr Mehrnoosh Aref-Adib

4- Dr Benjamin Lamb, Treasurer

5- Dr Golnar Aref-Adib

7- Ms Rosalind Durant, Secretary

8- Dr Iain Oswald

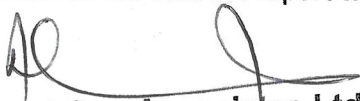
9- Dr Foroutan Parand

10- Mr Camron Aref-Adib

11- Dr Theresa Freeman-Wang

Corporate trustees – names of the directors at the date the report was approved

None


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Name of trustees holding title to property belonging to the charity

None

Funds held as custodian trustees on behalf of others

None

Declarations

The trustees declare that they have approved the trustees' report above.

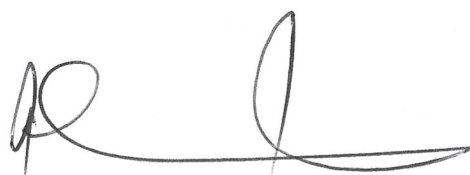
Signed on behalf of the charity's trustees

Dr Shohreh BSLP

Full name: Dr Shohreh Beski

Position: Chair

Date: 09/01/2025



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10-01-2025


Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees

As Sabzgaman Beski was only incorporated in August 2020, the current Trustees are the first Trustees.

Provision for Trustee selection is set out in section 10 of the constitution, which states:

"10. Appointment of charity trustees

- (1) Apart from the first charity trustees, every trustee must be appointed for a term of three years by a resolution passed at a properly convened meeting of the charity trustees.
- (2) In selecting individuals for appointment as charity trustees, the charity trustees must have regard to the skills, knowledge and experience needed for the effective administration of the CIO."



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2. A fundraising event was held by trustee Dr Golnar Aref-Adib in order to promote awareness of end of life care, and care of the environment, fulfilling the aims of the charity (specifically (i-iii), which was attended by 160 people and raised £4,952.00 for the charity.

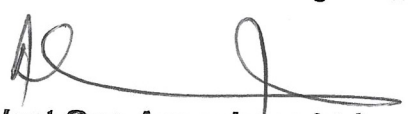
Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit

The Trustees can confirm that they have had regard to the guidance issued by the Charity Commission on public benefit

Achievements and performance

Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.

1. The Charity gala and fundraising events detailed above helped to raise awareness about health, wellbeing and conservation, in line with aims (ii) and (iii) of the charity
2. Funds have been raised that will be used to: support terminally ill patients in line with aim (i) of the charity in the coming financial year through grants to hospices and health settings; to promote the conservation protection and improvement of the physical and natural environment in line with aim (ii); and to fund events for fundraising and education of the general public in topics relating to health and wellbeing and environmental conservation, in line with aim (iii)
3. A charity website has been established that allows the charity to promote its causes and aims and provide information for the public about health and wellbeing and environmental conservation in line with aim (iii)


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