

Trustees' annual report for the period



CHARITY COMMISSION
FOR ENGLAND AND WALES

Period start date

0	1	0	4	2	3
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 Period end date

3	1	0	3	2	4
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Charity name

Huddersfield	Pregnancy	Crisis	Centre	"Talkthru"
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 Charity No (if any)

1	1	9	0	8	3	0
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Objectives and Activities

	SORP reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	<p>a) Advancement of education in the subject of pregnancy and the termination of pregnancy and into the effects thereof upon women, whether physical, mental or psychological.</p> <p>b) Preservation and protection of Women's health.</p> <p>c) Provision of advice, counselling and assistance to women and their partners and families who are suffering from any physical or mental illness, distress or poverty during or as a result of pregnancy or following an abortion, miscarriage, cot death, still birth, loss of child or sexual abuse.</p> <p>d) Provision of such other charitable purposes which may conveniently be carried on in connection with the above objects.</p>
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	<p>Counselling and support on a one to- one basis to women and their partners following the loss of a child in pregnancy or neonatally.</p> <p>Counselling on a one-to-one basis for women who have had their babies taken into care by statutory authorities.</p> <p>Liaison with other practitioners and organisations in the field of baby loss.</p>
Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit	Para 1.18	<p>The trustees are mindful of guidance issued and as a consequence declare interests at the start of every Trustees Meeting.</p> <p>Trustees have in the past (under the former charity (ref 1122488) sought permission to</p>

		pay a connected person, and seek to make an annual declaration of any potential conflicts of interest. We regularly scrutinise our activities against our stated charitable objects.
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Additional information (optional)

You may choose to include further statements where relevant about:

	SORP reference	
Policy on grant making	Para 1.38	
Policy on social investment including program related investment	Para 1.38	
Contribution made by volunteers	Para 1.38	
Other		

Achievements and Performance

	SORP reference	
Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.	Para 1.20	<p>Talkthru continues to offer face to face, on-line and telephone counselling. Over the financial year 23-24 we received 118 referrals and offered 677 planned appointments. We were able to reduce the 'did not' and 'could not' attend rates, making the service more efficient in our use of resources. During this period, we began to offer 'care calls' to clients on our waiting list for counselling. A volunteer trained in basic counselling skills offered to contact waiting list clients on a regular basis for a 'check-in' telephone call offering support and encouragement while they were waiting for their counselling appointment.</p> <p>This financial year funding was received to enable Talkthru to begin a new development in it's offering of support to women, men and families facing pregnancy and child loss and associated trauma. In addition to the continued one to one counselling support, both face to face and on-line, Talkthru launched a project working with groups to support women who had experienced miscarriage, "Your Loss Matters". This project, has continued to provide support to a number of community groups and has been evaluated as very successful in meeting the objectives set for the project. We also developed a support group for women who had experience birth trauma.</p>

Additional information (optional)

You may choose to include further statements where relevant about:

	SORP reference	
Achievements against objectives set	Para 1.41	Having increased our number of qualified counsellors, we were able to progress along our objective to move from an unpaid volunteer model of service provision to paid for counsellors on service level agreements.
Performance of fundraising activities against objectives set	Para 1.41	Despite the increasing economic pressures on the charitable sector that has seen many charities fail and fold, we were able to maintain our grant income to a comparable level from last year. Total income was only %2 down on last year.
Investment performance against objectives	Para 1.41	

Other		
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Financial Review

	SORP reference	
Review of the charity's financial position at the end of the period	Para 1.21	At the financial year end total cash at the bank and in hand £107,712 (previous year £75243)
Statement explaining the policy for holding reserves stating why they are held	Para 1.22	We have set up a reserves account to ensure liabilities are met should Talkthru cease to operate and to continue operating with resilience despite uncertain financial circumstances.
Amount of reserves held	Para 1.22	£30,000
Reasons for holding zero reserves	Para 1.22	
Details of fund materially in deficit	Para 1.24	
Explanation of any uncertainties about the charity continuing as a going concern	Para 1.23	

Additional information (optional)

You may choose to include further statements where relevant about:

	SORP reference	
The charity's principal sources of funds (including any fundraising)	Para 1.47	
Investment policy and objectives including any social investment policy adopted	Para 1.46	
A description of the principal risks facing the charity	Para 1.46	
Other		

Structure, Governance and Management

Description of charity's trusts:	SORP reference	
Type of governing document (trust deed, royal charter)	Para 1.25	Trust Deed
How is the charity constituted? (e.g unincorporated association, CIO)	Para 1.25	CIO registered 12th August, 2020 replacing the former Trust.
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	We are open to recruiting more trustees, especially to reflect diversity in our client group. There are no constitutional provisions concerning appointment.

Additional information (optional)

You may choose to include further statements where relevant about:

	SORP reference	
Policies and procedures adopted for the induction and training of trustees	Para 1.51	We have policies specifying trustee roles and induction
The charity's organizational structure and any wider network with which the charity works	Para 1.51	We have a project lead who liaises with the trustee board. As a charity we have liaised with Forget Me Not (Children's) Hospice about complementing each other's services. We also work within the Maternity Voice Partnerships for our local area and the Perinatal Mental Health Network.
Relationship with any related parties	Para 1.51	
Other		

Reference and Administrative details

Charity name	Huddersfield Pregnancy Crisis Centre
Other name the charity uses	Talkthru
Registered charity number	1190830
Charity's principal address	Revenue Chambers St. Peters Street Huddersfield HD1 1DL

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	George Spencer	Trustee (liaison)	Whole year	
2	John Naylor	Trustee (Chair)	Whole year	
3	Janet Woodhouse	Trustee (safeguarding lead)	Whole year	
4				
5				
6				
7				
8				
9				
10				
11				
12				
13				
14				
15				
16				
17				
18				
19				
20				

Reference and Administrative details

(cont)

Corporate trustees – names of the directors at the date the report was approved

Director name		

Name of trustees holding title to property belonging to the charity

Trustee name	Dates acted if not for whole year	

Funds held as custodian trustees on behalf of others

Description of the assets held in this capacity	
Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects	
Details of arrangements for safe custody and segregation of such assets from the charity's own assets	

Additional information (optional)

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (Optional information)

Exemptions from disclosure

Reason for non-disclosure of key personnel details

Other optional information

Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)

John Naylor

Full name(s)

Dr John Naylor

**Position (eg Secretary,
Chair, etc)**

Chair

Date

7/10/24

Independent examiners' report to the trustees of Talkthru

I report on the accounts of the Trust for the year ended 31st March 2024, which are set out on pages within this return.

Respective responsibilities of trustees and examiner

The charity's trustees are responsible for the preparation of the accounts. The trustees consider that an audit is not required for this year under section 144 of the Charities Act 2011 (the Charities Act) and that an independent examination is needed.

It is my responsibility to:

- examine the accounts under section 145 of the Charities Act;
- follow the procedures laid down in the General Directions given by the Charity Commission under section 145(5)(b) of the Charities Act; and
- state whether particular matters have come to my attention.

Basis of independent examiner's statement

My examination was carried out in accordance with General Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out in the statement below.

Independent examiner's statement

In connection with my examination, no matter has come to my attention:

(1) which gives me reasonable cause to believe that, in any material respect, the trustees' requirements:

- to keep accounting records in accordance with section 130 of the Charities Act; and
- to prepare accounts which accord with the accounting records and comply with the accounting requirements of the Charities Act have not been met; or

(2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

K L Barrow ACMA CGMA
63 Ridings Fields
Brockholes
Holmfirth
West Yorkshire
HD9 7BG

Signed 12th September 2024

Talkthru

Balance Sheet

As of March 31, 2024

	<u>Total</u>
Fixed Asset	
Tangible assets	
Cost - Office Equipment	419.97
Depreciation - Office Equipment	-419.97
Total Tangible assets	<u>£ 0.00</u>
Total Fixed Asset	<u>£ 0.00</u>
Cash at bank and in hand	
Bank Account	77,712.04
Co-Op Savings Account	30,000.00
Total Cash at bank and in hand	<u>£ 107,712.04</u>
Debtors	
Debtors - Gift Aid	598.50
Debtors-1	0.00
Total Debtors	<u>£ 598.50</u>
Current Assets	
Debtors - Prepayments	1,927.40
Total Current Assets	<u>£ 1,927.40</u>
Net current assets	<u>£ 110,237.94</u>
Creditors: amounts falling due within one year	
Trade Creditors	
Creditors - Accruals	0.00
Total Trade Creditors	<u>£ 0.00</u>
Current Liabilities	
Accruals Provisions	0.00
Payroll Clearing	0.00
Payroll Liabilities	
HMRC	0.00
Total Payroll Liabilities	<u>£ 0.00</u>
Tax and National Insurance	0.00
Total Current Liabilities	<u>£ 0.00</u>
Total Creditors: amounts falling due within one year	<u>£ 0.00</u>
Net current assets (liabilities)	<u>£ 110,237.94</u>
Total assets less current liabilities	<u>£ 110,237.94</u>
Total net assets (liabilities)	<u>£ 110,237.94</u>
Charity funds	
Opening Balance Equity	22,572.42
Retained Earnings	68,760.40
Surplus/(Deficit)	18,905.12
Total Charity funds	<u>£ 110,237.94</u>

Talkthru

Financial Activities

April 2023 - March 2024

	Total	
Income		
Fundraising Events		4,049.26
Baby Bottles		5,733.49
Total Fundraising Events	£	9,782.75
Gift Aid Income		1,385.74
Gifts Received		
CCH Support		600.00
Client Donations		100.00
Gifts From Individuals - SO		2,397.00
Other Donations		908.41
Paypal		297.48
Total Gifts Received	£	4,302.89
Grants Received		40,286.00
Interest Received		908.98
Other Income		870.00
Total Income	£	57,536.36
Total	£	57,536.36
Expenditures		
Counselling Costs		
Giff Gaff Mobile		534.00
Professional Costs		848.85
Professional Insurance		210.03
Project Costs		888.23
Supervision		1,745.00
Training & Seminars		530.00
Travel		64.74
Total Counselling Costs	£	4,820.85
IT Costs		
ICO		35.00
Microsoft		67.20
Other IT Costs		14.39
Payroll & Book Keeping		154.00
Software & IT Expenses		806.14
Total IT Costs	£	1,076.73
Office & Stationery		
Misc Expenses		411.55
Quickbooks		389.16
Stationery & Consumables		205.02
Total Office & Stationery	£	1,005.73
Premises Costs		
contents and business insurance		34.38
Rent		7,709.60

Utilities		<u>1,179.65</u>
Total Premises Costs	£	8,923.63
STAFF COSTS		
Counselling Manager		6,662.50
Counsellor Hours		2,125.00
DBS		20.00
Payroll Expenses		
Taxes		13.80
Wages		<u>10,098.00</u>
Total Payroll Expenses	£	10,111.80
Project Lead		960.00
TNL Counsellor		<u>2,925.00</u>
Total STAFF COSTS	£	22,804.30
Total Expenditures	£	<u>38,631.24</u>
Net Operating Income	£	18,905.12
Other Expenditures		
Unrealised Gain or Loss		<u>0.00</u>
Total Other Expenditures	£	<u>0.00</u>
Net Other Income	£	<u>0.00</u>
Net Income/(Expenditure)	£	18,905.12

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