



CHARITY COMMISSION
FOR ENGLAND AND WALES

Trustees' Annual Report for the period

From 1/4/2022 To 31/3/2023

Charity name: Huddersfield Pregnancy Crisis Centre ("Talkthru")

Charity registration number: 1190830

Objectives and Activities

	SORP reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	a) Advancement of education in the subject of pregnancy and the termination of pregnancy and into the effects thereof upon women, whether physical, mental or psychological. b) Preservation and protection of Women's health. c) Provision of advice, counselling and assistance to women and their partners and families who are suffering from any physical or mental illness, distress or poverty during or as a result of pregnancy or following an abortion, miscarriage, cot death, still birth, loss of child or sexual abuse. d) Provision of such other charitable purposes which may conveniently be carried on in connection with the above objects.
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	Counselling and support on a one to-one basis to women and their partners following the loss of a child in pregnancy or neonatally. Counselling on a one-to-one basis for women who have had their babies taken into care by statutory authorities. Liaison with other practitioners and organisations in the field of baby loss.
Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit	Para 1.18	The trustees are mindful of guidance issued and as a consequence declare interests at the start of every Trustees Meeting. Trustees have in the past (under the former charity (ref 1122488) sought permission to pay a connected person, and seek to make an annual declaration of any potential conflicts of interest. We regularly scrutinise our activities against our stated charitable objects.

Additional information (optional)

You may choose to include further statements where relevant about:

	SORP reference	
Policy on grant making	Para 1.38	
Policy on social investment including program related investment	Para 1.38	
Contribution made by volunteers	Para 1.38	
Other		

Achievements and Performance

	SORP reference	
Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.	Para 1.20	<p>Over the past year Talkthru has seen sustained demand for psychological support following mental distress related to a pregnancy issue for both women and men. We received 99 referrals with 425 planned appointments. We continued to provide our service in a hybrid fashion offering service users the choice of in person face to face, phone or video counselling. This continues to offer greater accessibility for users of our service who may struggle to attend counselling in person due to poverty, childcare or mental health issues. 46% of appointments were delivered by phone.</p> <p>In line with our previous vision and strategy day and to achieve our strategic aim of moving our business model from work provided entirely by volunteer counselors to paid positions occupied by fully trained and accredited professionals, the trustees commissioned an outside agency to draw up a sustainability plan for Talkthru. We have been steadily working during the year to realise our strategic aims.</p> <p>For part of this year our counselling team was reduced due to health concerns however thanks to the valuable role of the counselling manager, Talkthru was able to provide care calls for clients on the waiting</p>

		<p>list to ensure their safety and we were able to prioritize the most vulnerable clients. Talkthru continued it's project with mothers who had had their babies removed into care. The Project Lead successfully liaised with the Public Sector and Third Sector to promote the new service. Women referred into this service have complex issues. Those that engaged with the service reported how beneficial it was to have time and space to process their thoughts and feelings and begin to make healthy lifestyle choices for themselves.</p> <p>In the summer we were able to host a network event sharing our work with members of the local social and health care community along with other third sector organizations. This event was highly valued by all attendants, and it is planned to repeat it in the future.</p> <p>Talkthru was successful in it's application to become an accredited training placement for Masters counselling and psychotherapy students from Leeds University and has begun to receive students on placement.</p> <p>The Trustees commissioned a fixed electrical line report for Talkthru premises and took the recommended steps to bring the premises up to code, ensuring safety for both staff and clients.</p>
--	--	---

Additional information (optional)

You may choose to include further statements where relevant about:

Achievements against objectives set	Para 1.41	
Performance of fundraising activities against objectives set	Para 1.41	
Investment performance against objectives	Para 1.41	
Other		

Financial Review

Review of the charity's financial position at the end of the period	Para 1.21	At the financial year end total cash at the bank and in hand £88588 (previous year £75243)
Statement explaining the policy for holding reserves stating why they are held	Para 1.22	We have set up a reserves account to ensure liabilities are met should Talkthru cease to operate and to continue operating with resilience despite uncertain financial circumstances.
Amount of reserves held	Para 1.22	£30000
Reasons for holding zero reserves	Para 1.22	
Details of fund materially in deficit	Para 1.24	
Explanation of any uncertainties about the charity continuing as a going concern	Para 1.23	

Additional information (optional)

You may choose to include further statements where relevant about:

The charity's principal sources of funds (including any fundraising)	Para 1.47	
Investment policy and objectives including any social investment policy adopted	Para 1.46	
A description of the principal risks facing the charity	Para 1.46	
Other		

Structure, Governance and Management

Description of charity's trusts:		
Type of governing document (trust deed, royal charter)	Para 1.25	Trust Deed
How is the charity constituted? (e.g unincorporated association, CIO)	Para 1.25	CIO registered 12th August, 2020 replacing the former Trust.
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	We are open to recruiting more trustees, especially to reflect diversity in our client group. There are no constitutional provisions concerning appointment.

Additional information (optional)

You may choose to include further statements where relevant about:

Policies and procedures adopted for the induction and training of trustees	Para 1.51	We have policies specifying trustee roles and induction.
The charity's organisational structure and any wider network with which the charity works	Para 1.51	We have a project lead who liaises with the trustee board. As a charity we have liaised with Forget Me Not (Children's) Hospice about complementing each other's services. We also work within the Maternity Voice Partnerships for our local area and the Perinatal Mental Health Network.
Relationship with any related parties	Para 1.51	
Other		

Reference and Administrative details

Charity name	Huddersfield Pregnancy Crisis Centre
Other name the charity uses	Talkthru
Registered charity number	1190830
Charity's principal address	Revenue Chambers St. Peters Street Huddersfield HD1 1DL

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	John Naylor	Trustee (Chair)	Whole year	
2	George Spencer	Trustee (Liason)	Whole year	
3	Janet Woodhouse	Trustee (safeguarding lead)	Whole year	
4	Stephanie Watson	Trustee (finance)	1/4/22-17/10/22	
5				
6				
7				
8				
9				
10				
11				
12				
13				
14				
15				
16				
17				
18				
19				
20				

Corporate trustees – names of the directors at the date the report was approved

Director name		
None		

Name of trustees holding title to property belonging to the charity

Trustee name	Dates acted if not for whole year	
None		

Funds held as custodian trustees on behalf of others

Description of the assets held in this capacity	N/A
Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects	
Details of arrangements for safe custody and segregation of such assets from the charity's own assets	

Additional information (optional)

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (Optional information)

--

Exemptions from disclosure

Reason for non-disclosure of key personnel details

N/A

Other optional information

--

Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)

John Naylor

Full name(s)

Dr John Naylor

Position (eg Secretary,
Chair, etc)

Chair

Date

07/01/2024

Talkthru

Balance Sheet

As of March 31, 2023

	<u>Total</u>
Fixed Asset	
Tangible assets	
Cost - Office Equipment	419.97
Depreciation - Office Equipment	-419.97
Total Tangible assets	<u>0.00</u>
Total Fixed Asset	0.00
Cash at bank and in hand	
Bank Account	58,588.25
Co-Op Savings Account	30,000.00
Total Cash at bank and in hand	88,588.25
Debtors	
Debtors - Gift Aid	817.17
Debtors-1	0.00
Total Debtors	817.17
Current Assets	
Debtors - Prepayments	1,927.40
Total Current Assets	1,927.40
Net current assets	91,332.82
Creditors: amounts falling due within one year	
Trade Creditors	
Creditors - Accruals	0.00
Total Trade Creditors	0.00
Current Liabilities	
Accruals Provisions	0.00
Payroll Clearing	0.00
Payroll Liabilities	
HMRC	0.00
Total Payroll Liabilities	0.00
Tax and National Insurance	0.00
Total Current Liabilities	0.00
Total Creditors: amounts falling due within one year	0.00
Net current assets (liabilities)	91,332.82
Total assets less current liabilities	91,332.82
Total net assets (liabilities)	91,332.82
Charity funds	
Opening Balance Equity	22,572.42
Retained Earnings	55,760.52
Surplus/(Deficit)	12,999.88
Total Charity funds	91,332.82

Talkthru

Financial Activities

April 2022 - March 2023

	Total
Income	
CCH Support	1,800.00
Fundraising Events	4,580.77
Gift Aid Income	817.17
Gifts Received	
Gifts from Individuals - One-off	1,265.17
Gifts From Individuals - Regular	2,745.00
Gifts from Organisations	130.00
Total Gifts Received	4,140.17
Grants Received	38,300.00
Interest Received	496.46
Total Income	50,134.57
Total	50,134.57
Expenditures	
Admin & Operating Costs	
Misc Expenses	70.39
Professional Costs	1,042.25
Professional Insurance	314.03
Software & IT Expenses	494.84
Stationery & Consumables	220.36
Supervision	1,682.50
Telephone Costs	528.00
Training & Seminars	754.00
Website/Marketing	331.18
Total Admin & Operating Costs	5,437.55
contents and business insurance	26.34
Payroll Expenses	
Taxes	0.00
Wages	9,645.04
Total Payroll Expenses	9,645.04
Premises Costs	783.01
Buildings Insurance	914.99
Rent	6,359.00
Utilities	2,527.41
Total Premises Costs	10,584.41
Psychotherapy	3,800.00
Staff Costs	
Travel	433.85
Wages	7,207.50
Total Staff Costs	7,641.35
Total Expenditures	37,134.69
Net Operating Income	12,999.88
Other Expenditures	
Unrealised Gain or Loss	0.00
Total Other Expenditures	0.00

Net Other Income	0.00
Net Income/(Expenditure)	12,999.88

Independent examiners' report to the trustees of Talkthru

I report on the accounts of the Trust for the year ended 31st March 2023, which are set out on pages within this return.

Respective responsibilities of trustees and examiner

The charity's trustees are responsible for the preparation of the accounts. The trustees consider that an audit is not required for this year under section 144 of the Charities Act 2011 (the Charities Act) and that an independent examination is needed.

It is my responsibility to:

- examine the accounts under section 145 of the Charities Act;
- follow the procedures laid down in the General Directions given by the Charity Commission under section 145(5)(b) of the Charities Act; and
- state whether particular matters have come to my attention.

Basis of independent examiner's statement

My examination was carried out in accordance with General Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out in the statement below.

Independent examiner's statement

In connection with my examination, no matter has come to my attention:

(1) which gives me reasonable cause to believe that, in any material respect, the trustees' requirements:

- to keep accounting records in accordance with section 130 of the Charities Act; and
- to prepare accounts which accord with the accounting records and comply with the accounting requirements of the Charities Act have not been met; or

(2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

K L Barrow ACMA CGMA
63 Ridings Fields
Brockholes
Holmfirth
West Yorkshire
HD9 7BG

Signed 7th January 2024