

BEATRICE NEWCASTLE FOUNDATION

England & Wales · Charity number 1190779

Details

Other names	LEBE TRUST
Status	Registered
Legal form	CIO
Registered	2020-08-07
Register	View on the Charity Commission register

Contact

Address	14 Elliott Drive Kirkby Liverpool L32 9SS
Phone	07542043619
Email	info@lebetrust.org
Website	https://lebetrust.org/

Activities

Objects: FOR THE PUBLIC BENEFIT, THE RELIEF OF SICKNESS AND THE PROMOTION AND PROTECTION OF GOOD HEALTH AMONGST BAME (BLACK, ASIAN, AND MINORITY ETHNIC) INDIVIDUALS SUFFERING FROM DIABETES AND WHO ARE ALSO MULTIMORBID OR ARE AT RISK OF BECOMING MULTIMORBID, THROUGH:• THE PROVISION OF SUPPORT GROUPS AND SUCH OTHER ACTIVITIES, SERVICES, ADVICE AND INFORMATION AS THE TRUSTEES DEEM FIT WITH THE AIM OF FACILITATING THE BEST POSSIBLE CARE OF SUCH PERSONS;• THE UNDERTAKING AND FUNDING OF RESEARCH INTO MULTIMORBIDITY, INCLUDING RESEARCH IN HOW TO DETECT MULTIMORBIDITY, AND RESEARCH INTO TREATMENTS OR INTERVENTIONS FOR MULTIMORBIDITY, THE USEFUL RESULTS OF WHICH WILL BE PUBLISHED FOR THE PUBLIC BENEFIT; AND• THE DEVELOPMENT OF EVIDENCE-BASED TOOLS TO SUPPORT RESEARCH, OR HELP RAISE AWARENESS OF, DETECT, AND/OR PREVENT MULTIMORBIDITY IN BAME PATIENTS.FOR THE PURPOSES OF THIS CLAUSE MULTIMORBID IS DEFINED AS FOLLOWS:THE CO-EXISTENCE OF TWO OR MORE CHRONIC CONDITIONS, EACH ONE OF WHICH IS EITHER:• A PHYSICAL NON-COMMUNICABLE DISEASE OF LONG DURATION, SUCH AS A CARDIOVASCULAR DISEASE OR CANCER.• A MENTAL HEALTH CONDITION OF LONG DURATION, SUCH AS A MOOD DISORDER OR DEMENTIA.• AN INFECTIOUS DISEASE OF LONG DURATION, SUCH AS HIV OR HEPATITIS C.

Activities: We support Black, Asian and Minority Ethnic people who have diabetes complicated by other related illnesses. We promote secondary prevention activities that help detect these illnesses early, and prevent them from getting worse. These activities include attending medical exams and screening tests.

Classification

- **How:** Provides Services, Provides Advocacy/advice/information, Sponsors Or Undertakes Research
- **What:** The Advancement Of Health Or Saving Of Lives, Disability
- **Who:** People Of A Particular Ethnic Or Racial Origin

Geography

- Liverpool City

Finances

Period end	Income	Expenditure	Assets	Employees
2025-08-06	£0	£100	-	-
2024-08-06	£0	£1	-	-
2023-08-06	£0	£100	-	-
2022-08-06	£0	£100	-	-
2021-08-06	£1,025	£27	-	-

Trustees

Name	Role	Appointed
Dr KANAYO FREDERICK UMEH	Chair	2020-08-07
Dr Julie Abayomi		2020-11-05
Dr SAMANTHA JANE BROOKS		2020-11-03
Dr Sunday Adaji		2020-08-07
Jo-Anne Puddephatt		2020-11-12
OBIAJULU UMUNNA		2020-11-25
Obiageli Francisca Ikeme-Ume		2020-08-07

BEATRICE NEWCASTLE FOUNDATION

England & Wales - Charity number 1190779

Accounts



CHARITY COMMISSION
FOR ENGLAND AND WALES

Trustees' Annual Report for the period

From 07/08/2024 Period start date To 06/08/2025 Period end date

Charity name: Lebe Trust

Charity registration number: 1190779

Objectives and Activities

	SORP reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	For the public benefit, the relief of sickness and the promotion and protection of good health amongst BAME (Black, Asian, and Minority Ethnic) individuals suffering from diabetes and who are also multimorbid or are at risk of becoming multimorbid, through: • the provision of support groups and such other activities, services, advice, and information as the trustees deem fit with the aim of facilitating the best possible care of such persons. • the undertaking and funding of research into multimorbidity, including research in how to detect multimorbidity, and research into treatments or interventions for multimorbidity, the useful results of which will be published for the public benefit; and • the development of evidence-based tools to support research, or help raise awareness of, detect, and/or prevent multimorbidity in BAME patients.
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	During the 2024/2025 period the charity focused on making small research grant awards to support student qualitative research projects on diabetes/CVD care in ethnically diverse populations. One £100 grant was awarded to a student enrolled on the MSc Health Psychology course, at Liverpool John Moores University. Her project focused on the role of midwives in managing medication misuse in pregnant women. Misuse of medication during pregnancy is especially problematic for women at risk of gestational diabetes

		(GDM) (whose prevalence is higher in ethnic minority groups). The project is due for submission/assessment August through September 2025 and is expected to benefit our understanding of how best midwives can manage medication misuse during pregnancy (with direct implications for ethnically diverse pops, especially those at risk of GDM).
Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit	Para 1.18	Trustees are familiar with the Charity Commissions guidance on public benefit and are aware of the charity's goals in this regard.

Additional information (optional)

You may choose to include further statements where relevant about:

	SORP reference	
Policy on grant making	Para 1.38	Not applicable
Policy on social investment including program related investment	Para 1.38	Not applicable
Contribution made by volunteers	Para 1.38	Not applicable
Other		Not applicable

Achievements and Performance

	SORP reference	
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Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.	Para 1.20	One grant was awarded during the 2024/2025 period
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Additional information (optional)

You may choose to include further statements where relevant about:

Achievements against objectives set	Para 1.41	One grant was awarded during the 2024/2025 period
Performance of fundraising activities against objectives set	Para 1.41	Not applicable
Investment performance against objectives	Para 1.41	Not applicable
Other		Not applicable

Financial Review

Review of the charity's financial position at the end of the period	Para 1.21	By the end of the current financial period the charity's finances looked healthy.
Statement explaining the policy for holding reserves stating why they are held	Para 1.22	Current funds/reserves may be used to continue funding student's small grant scheme to support qualitative research projects on diabetes in ethnic minorities.
Amount of reserves held	Para 1.22	£353 (estimated)
Reasons for holding zero reserves	Para 1.22	Not applicable
Details of fund materially in deficit	Para 1.24	Not applicable
Explanation of any uncertainties about the charity continuing as a going concern	Para 1.23	Not applicable

Additional information (optional)

You may choose to include further statements where relevant about:

The charity's principal sources of funds (including any fundraising)	Para 1.47	Donations from large organisations (e.g., banks, notably the Co-operative bank)
Investment policy and objectives including any social investment policy adopted	Para 1.46	Not applicable
A description of the principal risks facing the charity	Para 1.46	Uncertainty about future funding
Other		Not applicable

Structure, Governance and Management

Description of charity's trusts:		
Type of governing document (trust deed , royal charter)	Para 1.25	Constitutional document (Foundation model)
How is the charity constituted? (e.g unincorporated association , CIO)	Para 1.25	Charitable Incorporated Organisation
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	Trustees appointed on recommendation and expertise. Appointments are made by the Chair of the board of trustees.

Additional information (optional)

You may choose to include further statements where relevant about:

Policies and procedures adopted for the induction and training of trustees	Para 1.51	All new trustees are sent induction information, including links to relevant charity commission webpages for new trustees
The charity's organisational structure and any wider network with which the charity works	Para 1.51	The charity is managed by a board of trustees
Relationship with any related parties	Para 1.51	Not applicable
Other		Not applicable

Reference and Administrative details

Charity name	Lebe Trust
Other name the charity uses	Not applicable
Registered charity number	1190779
Charity's principal address	14 Elliot Drive, Liverpool, L32 9SS.

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Dr Kanayo Umeh	Chair	Not applicable	Dr Kanayo Umeh
2	Dr Sunday Adaji	Vice-Chair	Not applicable	
3				
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Corporate trustees – names of the directors at the date the report was approved

Director name		
Not applicable		

Name of trustees holding title to property belonging to the charity

Trustee name	Dates acted if not for whole year	
Not applicable		

Funds held as custodian trustees on behalf of others

Description of the assets held in this capacity	Not applicable
Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects	Not applicable
Details of arrangements for safe custody and segregation of such assets from the charity's own assets	Not applicable

Additional information (optional)

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address
		Not applicable

Name of chief executive or names of senior staff members (Optional information)

Not applicable

Exemptions from disclosure

Reason for non-disclosure of key personnel details

Not applicable

Other optional information

Not applicable

Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)	<i>Fahunel</i>	
Full name(s)	Kanayo Umeh	
Position (eg Secretary, Chair, etc)	Chair, board of trustees	
Date	02/06/2026	

BEATRICE NEWCASTLE FOUNDATION

England & Wales - Charity number 1190779

Accounts



CHARITY COMMISSION
FOR ENGLAND AND WALES

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From 07/08/2023 Period start date

To 06/08/2024 Period end date

Charity name: Lebe Trust

Charity registration number: 1190779

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	SORP reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	For the public benefit, the relief of sickness and the promotion and protection of good health amongst BAME (Black, Asian, and Minority Ethnic) individuals suffering from diabetes and who are also multimorbid or are at risk of becoming multimorbid, through: • the provision of support groups and such other activities, services, advice, and information as the trustees deem fit with the aim of facilitating the best possible care of such persons. • the undertaking and funding of research into multimorbidity, including research in how to detect multimorbidity, and research into treatments or interventions for multimorbidity, the useful results of which will be published for the public benefit; and • the development of evidence-based tools to support research, or help raise awareness of, detect, and/or prevent multimorbidity in BAME patients.
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	During the 2023/2024 year the charity focused on making small research grant awards to support student qualitative research projects on diabetes/CVD care in ethnically diverse populations. Qualitative methods could further benefit our understanding of the human experience of diabetes and interventions to address it, especially in ethnically diverse communities. However, research suggest there has been limited use of qualitative

		methods in diabetes research over the past 30 years. Thus, the charity aimed to support student qualitative dissertations (UGR, PGR) that address patient experience and diabetes management. Qualitative methods can provide important insights about socio-cultural aspects of diabetes to improve disease management. <u>Small Grant Award</u> Each student would receive up to £100 which can be used to pay a few (e.g., 10 to 20) individuals to participate in one-to-one interviews and/or one or more focus group sessions (online or face-to-face). The money could also be used for other light expenses, such as covering transportation (e.g., petrol, bus, train) costs to conduct interviews/focus groups outside LJMU premises, paying some interviewees to participate in follow-up feedback/verification, or even buying a few refreshments to facilitate a small focus group. <u>Eligibility</u> Funding was available for up to four LJMU (Liverpool John Moores University) students, each of whom can be awarded up to £100. To be eligible students must meet the following eligibility criteria. a. Be a student at LJMU b. Undergraduate students must have completed Level 5 with at least a 2-1 overall grade (> 60%) and currently be doing a Level 6 qualitative project on diabetes or CVD targeting ethnically diverse groups. c. Postgraduate students must have obtained at least a 2-1 degree classification at undergraduate level, and currently be doing an MSc (or PhD) qualitative project on diabetes or CVD targeting ethnically diverse groups. <u>Awards Granted</u> No grants were awarded in the 2023/2024 period due to lack of eligibility.
Statement confirming whether the trustees have had regard to the guidance	Para 1.18	Trustees are familiar with the Charity Commissions guidance on public benefit

issued by the Charity Commission on public benefit		and are aware of the charity's goals in this regard.
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Additional information (optional)

You may choose to include further statements where relevant about:

	SORP reference	
Policy on grant making	Para 1.38	Not applicable
Policy on social investment including program related investment	Para 1.38	Not applicable
Contribution made by volunteers	Para 1.38	Not applicable
Other		Not applicable

Achievements and Performance

	SORP reference	
Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.	Para 1.20	No grants were awarded in the 2023/2024 period due to lack of eligibility.

Additional information (optional)

You may choose to include further statements where relevant about:

Achievements against objectives set	Para 1.41	No grants were awarded in the 2023/2024 period due to lack of eligibility.
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Performance of fundraising activities against objectives set	Para 1.41	Not applicable
Investment performance against objectives	Para 1.41	Not applicable
Other		Not applicable

Financial Review

Review of the charity's financial position at the end of the period	Para 1.21	By the end of the current financial period the charity's finances looked healthy.
Statement explaining the policy for holding reserves stating why they are held	Para 1.22	Current funds/reserves may be used to continue funding student's small grant scheme to support qualitative research projects on diabetes in ethnic minorities.
Amount of reserves held	Para 1.22	£453
Reasons for holding zero reserves	Para 1.22	Not applicable
Details of fund materially in deficit	Para 1.24	Not applicable
Explanation of any uncertainties about the charity continuing as a going concern	Para 1.23	Not applicable

Additional information (optional)

You may choose to include further statements where relevant about:

The charity's principal sources of funds (including any fundraising)	Para 1.47	Donations from large organisations (e.g., banks)
Investment policy and objectives including any social investment policy adopted	Para 1.46	Not applicable
A description of the principal risks facing the charity	Para 1.46	Lack of future funding
Other		Not applicable

Structure, Governance and Management

Description of charity's trusts:		
Type of governing document (trust deed , royal charter)	Para 1.25	Constitutional document (Foundation model)
How is the charity constituted? (e.g unincorporated association , CIO)	Para 1.25	Charitable Incorporated Organisation
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	Trustees appointed on recommendation and expertise. Appointments are made by the Chair of the board of trustees.

Additional information (optional)

You may choose to include further statements where relevant about:

Policies and procedures adopted for the induction and training of trustees	Para 1.51	All new trustees are sent induction information, including links to relevant charity commission webpages for new trustees
The charity's organisational structure and any wider network with which the charity works	Para 1.51	The charity is managed by a board of trustees
Relationship with any related parties	Para 1.51	Not applicable
Other		Not applicable

Reference and Administrative details

Charity name	Lebe Trust
Other name the charity uses	Not applicable
Registered charity number	1190779
Charity's principal address	14 Elliot Drive, Liverpool, L32 9SS.

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Dr Kanayo Umeh	Chair	Not applicable	Dr Kanayo Umeh
2	Dr Sunday Adaji	Vice-Chair	Not applicable	
3				
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Corporate trustees – names of the directors at the date the report was approved

Director name		
Not applicable		

Name of trustees holding title to property belonging to the charity

Trustee name	Dates acted if not for whole year	
Not applicable		

Funds held as custodian trustees on behalf of others

Description of the assets held in this capacity	Not applicable
Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects	Not applicable
Details of arrangements for safe custody and segregation of such assets from the charity's own assets	Not applicable

Additional information (optional)

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address
		Not applicable

Name of chief executive or names of senior staff members (Optional information)

Not applicable

Exemptions from disclosure

Reason for non-disclosure of key personnel details

Not applicable

Other optional information

Not applicable

Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)	<i>Fahunel</i>	
Full name(s)	Kanayo Umeh	
Position (eg Secretary, Chair, etc)	Chair, board of trustees	
Date	20/02/2025	

*phone 03457 213 213



DR K UMEH
14 Elliott Drive
Liverpool
L32 9SS

M8/J1095868000

000008

Community Directplus Account

Summary	Date	Description	Money out	Money in	Balance
Account title LEBE TRUST	10 MAY 23	OPENING BALANCE			453.72
	19 JUL 24	0981 CCC GBP 1.54	0.04		452.14
Sort code 089299	19 JUL 24	0981 SupportPDFfil	1.54		
	22 JUL 24	0981 Refund CCC		0.04	
Account number 65994287 00	22 JUL 24	0981 SupportPDFfil		1.54	453.72
		Statement closing balance			453.72

Statement date
26 July 2024

Statement number
19

Page number
1 of 1

Statement opening balance
453.72

Money out
1.58

Money in
1.58

Statement closing balance
453.72

International Bank Account Number

GB09 CPBK 0892 9965 9942 87

Bank Identification Code
CPBK GB22

Deposits* into this account are eligible for the Financial Services Compensation Scheme (FSCS). More information can be found overleaf.

*For further information about the compensation provided by the FSCS, refer to the FSCS website at www.FSCS.org.uk

Abbreviations: **S** Sub Total (Intermediate Balance) **OD** Overdrawn Balance **OD/S** Overdrawn Intermediate Balance **NSTF** Non Sterling Transaction Fee.
Details of overdraft interest rates are shown overleaf. Details of calculations of interest charged are available on request.

2023 - 2024

Accounts



CHARITY COMMISSION
FOR ENGLAND AND WALES

Trustees' Annual Report for the period

From 07/08/2022 Period start date To 06/08/2023 Period end date

Charity name: Lebe Trust

Charity registration number: 1190779

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		methods in diabetes research over the past 30 years. Thus, the charity aimed to support student qualitative dissertations (UGR, PGR) that address patient experience and diabetes management. Qualitative methods can provide important insights about socio-cultural aspects of diabetes to improve disease management. <u>Small Grant Award</u> Each student would receive up to £100 which can be used to pay a few (e.g., 10 to 20) individuals to participate in one-to-one interviews and/or one or more focus group sessions (online or face-to-face). The money could also be used for other light expenses, such as covering transportation (e.g., petrol, bus, train) costs to conduct interviews/focus groups outside LJMU premises, paying some interviewees to participate in follow-up feedback/verification, or even buying a few refreshments to facilitate a small focus group. <u>Eligibility</u> Funding was available for up to four LJMU (Liverpool John Moores University) students, each of whom can be awarded up to £100. To be eligible students must meet the following eligibility criteria. a. Be a student at LJMU b. Undergraduate students must have completed Level 5 with at least a 2-1 overall grade (> 60%) and currently be doing a Level 6 qualitative project on diabetes or CVD targeting ethnically diverse groups. c. Postgraduate students must have obtained at least a 2-1 degree classification at undergraduate level, and currently be doing an MSc (or PhD) qualitative project on diabetes or CVD targeting ethnically diverse groups. <u>Awards Granted</u> No grants were awarded in the 2022/2023 period due to lack of eligibility.
Statement confirming whether the trustees have had regard to the guidance	Para 1.18	Trustees are familiar with the Charity Commissions guidance on public benefit

issued by the Charity Commission on public benefit		and are aware of the charity's goals in this regard.
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Additional information (optional)

You may choose to include further statements where relevant about:

	SORP reference	
Policy on grant making	Para 1.38	Not applicable
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Contribution made by volunteers	Para 1.38	Not applicable
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	SORP reference	
Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.	Para 1.20	No grants were awarded in the 2022/2023 period due to lack of eligibility.

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Amount of reserves held	Para 1.22	£453
Reasons for holding zero reserves	Para 1.22	Not applicable
Details of fund materially in deficit	Para 1.24	Not applicable
Explanation of any uncertainties about the charity continuing as a going concern	Para 1.23	Not applicable

Additional information (optional)

You may choose to include further statements where relevant about:

The charity's principal sources of funds (including any fundraising)	Para 1.47	Donations from large organisations (e.g., banks)
Investment policy and objectives including any social investment policy adopted	Para 1.46	Not applicable
A description of the principal risks facing the charity	Para 1.46	Lack of future funding
Other		Not applicable

Structure, Governance and Management

Description of charity's trusts:		
Type of governing document (trust deed , royal charter)	Para 1.25	Constitutional document (Foundation model)
How is the charity constituted? (e.g unincorporated association , CIO)	Para 1.25	Charitable Incorporated Organisation
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Relationship with any related parties	Para 1.51	Not applicable
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Reference and Administrative details

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Names of the charity trustees who manage the charity

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1	Dr Kanayo Umeh	Chair	Not applicable	Dr Kanayo Umeh
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Corporate trustees – names of the directors at the date the report was approved

Director name		
Not applicable		

Name of trustees holding title to property belonging to the charity

Trustee name	Dates acted if not for whole year	
Not applicable		

Funds held as custodian trustees on behalf of others

Description of the assets held in this capacity	Not applicable
Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects	Not applicable
Details of arrangements for safe custody and segregation of such assets from the charity's own assets	Not applicable

Additional information (optional)

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address
		Not applicable

Name of chief executive or names of senior staff members (Optional information)

Not applicable

Exemptions from disclosure

Reason for non-disclosure of key personnel details

Not applicable

Other optional information

Not applicable

Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)	<i>Fahunel</i>	
Full name(s)	Kanayo Umeh	
Position (eg Secretary, Chair, etc)	Chair, board of trustees	
Date	20/02/2025	

*phone 03457 213 213



DR K UMEH
14 Elliott Drive
Liverpool
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M8/J1095868000

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Community Directplus Account

Summary	Date	Description	Money out	Money in	Balance
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	19 JUL 24	0981 SupportPDFfil	1.54		452.14
	22 JUL 24	0981 Refund CCC		0.04	
	22 JUL 24	0981 SupportPDFfil		1.54	453.72
Statement closing balance					453.72

Sort code
089299

Account number
65994287 00

Statement date
26 July 2024

Statement number
19

Page number
1 of 1

Statement opening balance
453.72

Money out
1.58

Money in
1.58

Statement closing balance
453.72

International Bank
Account Number

GB09 CPBK 0892 9965 9942 87

Bank Identification Code

CPBK GB22

Deposits^o into this account are eligible for the Financial Services Compensation Scheme (FSCS). More information can be found overleaf.

^oFor further information about the compensation provided by the FSCS, refer to the FSCS website at www.FSCS.org.uk

Abbreviations: **S** Sub Total (Intermediate Balance) **OD** Overdrawn Balance **OD/S** Overdrawn Intermediate Balance **NSTF** Non Sterling Transaction Fee.
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England & Wales - Charity number 1190779

Accounts



CHARITY COMMISSION
FOR ENGLAND AND WALES

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From 07/08/2021 Period start date

To 06/08/2022 Period end date

Charity name: Lebe Trust

Charity registration number: 1190779

Objectives and Activities

	SORP reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	For the public benefit, the relief of sickness and the promotion and protection of good health amongst BAME (Black, Asian, and Minority Ethnic) individuals suffering from diabetes and who are also multimorbid or are at risk of becoming multimorbid, through: • the provision of support groups and such other activities, services, advice, and information as the trustees deem fit with the aim of facilitating the best possible care of such persons. • the undertaking and funding of research into multimorbidity, including research in how to detect multimorbidity, and research into treatments or interventions for multimorbidity, the useful results of which will be published for the public benefit; and • the development of evidence-based tools to support research, or help raise awareness of, detect, and/or prevent multimorbidity in BAME patients.
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	During the 2021/2022 year the charity focused on making small research grant awards to support student qualitative research projects on diabetes/CVD care in ethnically diverse populations. Qualitative methods could further benefit our understanding of the human experience of diabetes and interventions to address it, especially in ethnically diverse communities. However, research suggest there has been limited use of qualitative

		methods in diabetes research over the past 30 years. Thus, the charity aimed to support student qualitative dissertations (UGR, PGR) that address patient experience and diabetes management. Qualitative methods can provide important insights about socio-cultural aspects of diabetes to improve disease management. <u>Small Grant Award</u> Each student would receive up to £100 which can be used to pay a few (e.g., 10 to 20) individuals to participate in one-to-one interviews and/or one or more focus group sessions (online or face-to-face). The money could also be used for other light expenses, such as covering transportation (e.g., petrol, bus, train) costs to conduct interviews/focus groups outside LJMU premises, paying some interviewees to participate in follow-up feedback/verification, or even buying a few refreshments to facilitate a small focus group. <u>Eligibility</u> Funding was available for up to four LJMU (Liverpool John Moores University) students, each of whom can be awarded up to £100. To be eligible students must meet the following eligibility criteria. a. Be a student at LJMU b. Undergraduate students must have completed Level 5 with at least a 2-1 overall grade (> 60%) and currently be doing a Level 6 qualitative project on diabetes or CVD targeting ethnically diverse groups. c. Postgraduate students must have obtained at least a 2-1 degree classification at undergraduate level, and currently be doing an MSc (or PhD) qualitative project on diabetes or CVD targeting ethnically diverse groups. <u>Awards Granted</u> One grant was awarded in the 2021/2022 period.
Statement confirming whether the trustees have had regard to the guidance	Para 1.18	Trustees are familiar with the Charity Commissions guidance on public benefit

issued by the Charity Commission on public benefit		and are aware of the charity's goals in this regard.
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Additional information (optional)

You may choose to include further statements where relevant about:

	SORP reference	
Policy on grant making	Para 1.38	Not applicable
Policy on social investment including program related investment	Para 1.38	Not applicable
Contribution made by volunteers	Para 1.38	Not applicable
Other		Not applicable

Achievements and Performance

	SORP reference	
Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.	Para 1.20	One grant was awarded in the 2021/2022 period.

Additional information (optional)

You may choose to include further statements where relevant about:

Achievements against objectives set	Para 1.41	One grant was awarded in the 2021/2022 period.
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Performance of fundraising activities against objectives set	Para 1.41	Not applicable
Investment performance against objectives	Para 1.41	Not applicable
Other		Not applicable

Financial Review

Review of the charity's financial position at the end of the period	Para 1.21	By the end of the current financial period the charity's finances looked healthy.
Statement explaining the policy for holding reserves stating why they are held	Para 1.22	Current funds/reserves may be used to continue funding student's small grant scheme to support qualitative research projects on diabetes in ethnic minorities.
Amount of reserves held	Para 1.22	£563
Reasons for holding zero reserves	Para 1.22	Not applicable
Details of fund materially in deficit	Para 1.24	Not applicable
Explanation of any uncertainties about the charity continuing as a going concern	Para 1.23	Not applicable

Additional information (optional)

You may choose to include further statements where relevant about:

The charity's principal sources of funds (including any fundraising)	Para 1.47	Donations from large organisations (e.g., banks)
Investment policy and objectives including any social investment policy adopted	Para 1.46	Not applicable
A description of the principal risks facing the charity	Para 1.46	Lack of future funding
Other		Not applicable

Structure, Governance and Management

Description of charity's trusts:		
Type of governing document (trust deed , royal charter)	Para 1.25	Constitutional document (Foundation model)
How is the charity constituted? (e.g unincorporated association , CIO)	Para 1.25	Charitable Incorporated Organisation
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	Trustees appointed on recommendation and expertise. Appointments are made by the Chair of the board of trustees.

Additional information (optional)

You may choose to include further statements where relevant about:

Policies and procedures adopted for the induction and training of trustees	Para 1.51	All new trustees are sent induction information, including links to relevant charity commission webpages for new trustees
The charity's organisational structure and any wider network with which the charity works	Para 1.51	The charity is managed by a board of trustees
Relationship with any related parties	Para 1.51	Not applicable
Other		Not applicable

Reference and Administrative details

Charity name	Lebe Trust
Other name the charity uses	Not applicable
Registered charity number	1190779
Charity's principal address	14 Elliot Drive, Liverpool, L32 9SS.

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Dr Kanayo Umeh	Chair	Not applicable	Dr Kanayo Umeh
2	Dr Sunday Adaji	Vice-Chair	Not applicable	
3				
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Corporate trustees – names of the directors at the date the report was approved

Director name		
Not applicable		

Name of trustees holding title to property belonging to the charity

Trustee name	Dates acted if not for whole year	
Not applicable		

Funds held as custodian trustees on behalf of others

Description of the assets held in this capacity	Not applicable
Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects	Not applicable
Details of arrangements for safe custody and segregation of such assets from the charity's own assets	Not applicable

Additional information (optional)

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address
		Not applicable

Name of chief executive or names of senior staff members (Optional information)

Not applicable

Exemptions from disclosure

Reason for non-disclosure of key personnel details

Not applicable

Other optional information

Not applicable

Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)	<i>Fahunel</i>	
Full name(s)	Kanayo Umeh	
Position (eg Secretary, Chair, etc)	Chair, board of trustees	
Date	20/02/2025	

The **co-operative** bank
co-operativebank.co.uk/business

213

phone 03457 213 213

DR K UMEH
14 Elliott Drive
Liverpool
L32 9SS

M1213/J1000488000

13800

Community Directplus Account

Summary	Date	Description	Money out	Money in	Balance
Account title LEBE TRUST	27 JUN 22	OPENING BALANCE			566.34
Sort code 089299	22 JUL 22	0981 CCC GBP 2.94	0.08		
Account number 65994287 00	22 JUL 22	0981 TITAN MAIL	2.94		563.32
Statement date 27 July 2022		Statement closing balance			563.32

Statement number
13Page number
1 of 1Statement opening balance
566.34Money out
3.02Money in
0.00Statement closing balance
563.32International Bank
Account Number

GB09 CPBK 0892 9965 9942 87

Bank Identification Code
CPBK GB22

Deposits* into this account are eligible for the Financial Services Compensation Scheme (FSCS). More information can be found overleaf.

*For more information on eligible deposits please refer to www.FSCS.org.uk

Abbreviations: **S** Sub Total (Intermediate Balance) **OD** Overdrawn Balance **OD/S** Overdrawn Intermediate Balance **NSTF** Non Sterling Transaction Fee. Details of overdraft interest rates are shown overleaf. Details of calculations of interest charged are available on request.

Annual SEP -

$$(2.94 \times 12) = 35.28$$

$$(14.55) = 14.55$$

$$35.28 - 14.55 = 20.73$$

As you may be aware, on 16 June 2022, the Bank of England announced an increase in the Bank of England base rate from 1% to 1.25%. As a result existing overdrafts that are currently linked to the Bank of England base rate will have increased in line with this change.

Accounts



CHARITY COMMISSION
FOR ENGLAND AND WALES

Trustees' Annual Report for the period

From 07/08/2020 **Period start date** **To** 06/08/2021 **Period end date**

Charity name: Lebe Trust

Charity registration number: 1190779

Objectives and Activities

	SORP reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	For the public benefit, the relief of sickness and the promotion and protection of good health amongst BAME (Black, Asian, and Minority Ethnic) individuals suffering from diabetes and who are also multimorbid or are at risk of becoming multimorbid, through: • the provision of support groups and such other activities, services, advice, and information as the trustees deem fit with the aim of facilitating the best possible care of such persons. • the undertaking and funding of research into multimorbidity, including research in how to detect multimorbidity, and research into treatments or interventions for multimorbidity, the useful results of which will be published for the public benefit; and • the development of evidence-based tools to support research, or help raise awareness of, detect, and/or prevent multimorbidity in BAME patients.
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	The charity has focused on promoting biomedical animation and other creative content in student research on diabetes and related illnesses in ethnic minorities. We offer access to premium biomedical 3D animation, motion graphics, and other creative content ,for a limited number of university students preparing PowerPoint presentations or research dissertations that focus on diabetes and related illnesses in people from ethnic minority groups. Such creative content can make a striking impact on an audience, helping to better convey findings from research in this important area,

		while also boosting student confidence.
Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit	Para 1.18	Trustees are familiar with the Charity Commissions guidance on public benefit and are aware of the charity's goals in this regard.

Additional information (optional)

You may choose to include further statements where relevant about:

	SORP reference	
Policy on grant making	Para 1.38	Not applicable
Policy on social investment including program related investment	Para 1.38	Not applicable
Contribution made by volunteers	Para 1.38	In Spring/Summer 2021 the charity offered research-based eHealth work placements. We recruited tech savvy volunteers to use social media to promote published research findings that help improve the lives of BAME people living with diabetes and other chronic illnesses. These volunteers were highly motivated UK university undergraduates. Most placements entailed working from home (WFH), and typically involved eHealth activities, meaning using information and communications technologies to promote health, by raising awareness. Most volunteers were involved in developing anonymised audio-only YouTube videos (no name or face, for privacy) that report published research findings relevant to the charity's objectives. These anonymised voice over videos were created using Microsoft PowerPoint, supported with footage Images available for free from websites like Pixabay and Pexels.
Other		Not applicable

Achievements and Performance

	SORP reference	
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Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.	Para 1.20	The charity continues to promote the use of biomedical animation and other creative content to support student research on diabetes and related illnesses in ethnic minorities. Starting September 2021 the charity supported who students completed dissertations identifying cultural factors hampering health service use in ethnic minorities, and health beliefs contributing to antibiotics misuse in diverse populations. This academic 2022/2023 (starting September) the charity is looking to support up to five dissertation students at undergraduate level, and at least one student at Masters level. As before, the charity will offer these students access to premium biomedical 3D animation, motion graphics, and other creative content.
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Additional information (optional)

You may choose to include further statements where relevant about:

Achievements against objectives set	Para 1.41	Achieved
Performance of fundraising activities against objectives set	Para 1.41	Not applicable
Investment performance against objectives	Para 1.41	Not applicable
Other		Not applicable

Financial Review

Review of the charity's financial position at the end of the period	Para 1.21	By the end of the current financial period (07/08/2020 to 06/08/2021) the charity's finances looked healthy. On 20 May 2021 the charity received a £1000 customer donation fund from the Cooperative Bank, to support the charity's work promoting diabetes research, especially on social media. By the end of the current financial period only £27 of this money had been spent (mainly on email & Zoom services). <u>Some additional financial information is reported below, which falls just outside the current financial period (07/08/2020 to 06/08/2021). Further details will be included in the 2021-2022 annual report.</u> Starting September 2021 the charity took a more targeted approach, launching a 3-year program offering up to three students from Liverpool John Moores University access to premium creative content (e.g., 3d medical animations), via online platform Envato Elements, to support research projects that focus on diabetes or related topics in diverse populations. The programme was to be funded by a £1000 Community Grant provided by Cooperative Bank. The projected costs are shown below: 3-YEAR PROGRAMME (Started Sept 2021 to Ends Sept 2024) *Sponsor 3 students first two years (471 USD total) *Sponsor 2 students in third year (367 USD total) Total cost = 958 GBP The charity has now funded the first year of the programme, in Sept 2021- Sept 2022 (actual cost in GBP = 405.44 GBP) and currently has sufficient funds in the bank to fund another year of the programme, in 2022/2023 (subscription renewal cost for the programme via Envato Elements is EUR393 [339.26 GBP], while the current balance on the Charity Account as of 1/07/2022 is £566.34, after subtracting monthly Titan email subscription charges and cost of a Zoom call account).
Statement explaining the policy for holding reserves stating why they are held	Para 1.22	Current funds/reserves may be used to either (a) fund another year of the creative content programme, or (b) launch a student's small grant scheme to support qualitative research projects on diabetes in ethnic minorities.

Amount of reserves held	Para 1.22	£998 (for the current financial period 07/08/2020 to 06/08/2021)
Reasons for holding zero reserves	Para 1.22	Not applicable
Details of fund materially in deficit	Para 1.24	Not applicable
Explanation of any uncertainties about the charity continuing as a going concern	Para 1.23	It is not clear at this stage if there will be sufficient funds to cover a second or third year of the Envato programme (2023/2024). The charity is considering providing other forms of support to dissertation students researching diabetes in ethnic minorities (e.g., making small research grants), with whatever funds are available at the time. This will be subject to approval by the board of trustees.

Additional information (optional)

You may choose to include further statements where relevant about:

The charity's principal sources of funds (including any fundraising)	Para 1.47	Donations from large organisations (e.g., banks)
Investment policy and objectives including any social investment policy adopted	Para 1.46	Not applicable
A description of the principal risks facing the charity	Para 1.46	Lack of future funding
Other		Not applicable

Structure, Governance and Management

Description of charity's trusts:		
Type of governing document (trust deed , royal charter)	Para 1.25	Constitutional document (Foundation model)
How is the charity constituted? (e.g. unincorporated association , CIO)	Para 1.25	Charitable Incorporated Organisation
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	Trustees appointed on recommendation and expertise. Appointments are made by the Chair of the board of trustees.

Additional information (optional)

You may choose to include further statements where relevant about:

Policies and procedures adopted for the induction and training of trustees	Para 1.51	All new trustees are sent induction information, including links to relevant charity commission webpages for new trustees
The charity's organisational structure and any wider network with which the charity works	Para 1.51	The charity is managed by a board of trustees
Relationship with any related parties	Para 1.51	Not applicable
Other		Not applicable

Reference and Administrative details

Charity name	Lebe Trust
Other name the charity uses	Not applicable
Registered charity number	1190779
Charity's principal address	14 Elliot Drive, Liverpool, L32 9SS.

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Dr Kanayo Umeh	Chair	Not applicable	Dr Kanayo Umeh
2	Dr Sunday Adaji	Vice-Chair	Not applicable	
3				
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Corporate trustees – names of the directors at the date the report was approved

Director name		
Not applicable		

Name of trustees holding title to property belonging to the charity

Trustee name	Dates acted if not for whole year	
Not applicable		

Funds held as custodian trustees on behalf of others

Description of the assets held in this capacity	Not applicable
Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects	Not applicable
Details of arrangements for safe custody and segregation of such assets from the charity's own assets	Not applicable

Additional information (optional)

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address
		Not applicable

Name of chief executive or names of senior staff members (Optional information)

Not applicable

Exemptions from disclosure

Reason for non-disclosure of key personnel details

Not applicable

Other optional information

Not applicable

Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)	<i>Fahunel</i>	
Full name(s)	Kanayo Umeh	
Position (eg Secretary, Chair, etc)	Chair, board of trustees	
Date	1/07/2022	



CHARITY COMMISSION
FOR ENGLAND AND WALES

Lebe Trust

No (if any)
1190779

Receipts and payments accounts

For the period from	Period start date 8/7/2020	To	Period end date 8/6/2021
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Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £
A1 Receipts				
Grant from Co-operative Bank	1,000	N/A	N/A	1,000
Support from a Director	25	-	-	25
	-	-	-	-
	-	-	-	-
	-	-	-	-
	-	-	-	-
	-	-	-	-
Sub total (Gross income for AR)	1,025	N/a	N/A	1,025
A2 Asset and investment sales, (see table).				
	N/A	N/A	N/A	#VALUE!
	-	-	-	-
Sub total	-	-	-	#VALUE!
Total receipts	1,025	#VALUE!	#VALUE!	1,025
A3 Payments				
Email Subscription & Bank charge	13	-	-	13
Zoom subscription	14	-	-	14
	-	-	-	-
	-	-	-	-
	-	-	-	-
	-	-	-	-
	-	-	-	-
	-	-	-	-
Sub total	27	-	-	27
A4 Asset and investment purchases, (see table)				
	N/A	N/A	N/A	N/A
	-	-	-	-
Sub total	-	-	-	-
Total payments	27	N/A	N/A	27
Net of receipts/(payments)	998	N/A	N/A	998
A5 Transfers between funds	N/A	N/A	N/A	N/A
A6 Cash funds last year end	N/A	N/A	N/A	N/A
Cash funds this year end	998	#VALUE!	#VALUE!	998

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £
B1 Cash funds	Grant from Co-operative bank	1,000	N/A
	Start up Fund from a Director	25	-
		-	-
	Total cash funds	1,025	N/A
	(agree balances with receipts and payments account(s))	Agreement Error	#VALUE!
B2 Other monetary assets	Details	Unrestricted funds to nearest £	Restricted funds to nearest £
		N/A	N/A
		-	-
		-	-
		-	-
		-	-
		-	-
B3 Investment assets	Details	Fund to which asset belongs	Cost (optional)
	N/A	N/A	N/A
			-
			-
			-
B4 Assets retained for the charity's own use	Details	Fund to which asset belongs	Cost (optional)
	N/A	N/A	N/A
			-
			-
			-
			-
			-
			-
			-
B5 Liabilities	Details	Fund to which liability relates	Amount due (optional)
	N/A	N/A	-
			-
			-
			-
Signed by one or two trustees on behalf of all the trustees		Signature	Print Name
			Obiageli Ikeme Umeh

CC16a



Last year
to the nearest £

N/A
-
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N/A

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#VALUE!

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N/A
-

N/A

N/A
N/A
N/A
#VALUE!



**Endowment
funds**

to nearest £

N/A
-
-
N/A

#VALUE!

**Endowment
funds**

to nearest £

N/A
-
-
-
-
-

**Current value
(optional)**

N/A
-
-
-
-

**Current value
(optional)**

N/A
-
-
-
-
-
-
-
-

**When due
(optional)**

**Date of
approval**

7/8/2022