

# MINDFUL COMMUNITIES FOUNDATION

England & Wales · Charity number 1190769

## Details

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**Other names** ASSOCIATION OF MINDFULNESS ARTS C.I.C, MCF

**Status** Registered

**Legal form** CIO

**Registered** 2020-08-07

**Register** [View on the Charity Commission register](#)

## Contact

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**Address** Deildy  
Aberystwyth Road  
Machynlleth  
Powys  
SY20 8EU

**Phone** 07942362138

**Email** [associationofmindfulnessarts@hotmail.com](mailto:associationofmindfulnessarts@hotmail.com)

## Activities

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**Objects:** FOR THE PUBLIC BENEFIT, TO ADVANCE THE EDUCATION OF THE GENERAL PUBLIC AND IN PARTICULAR BUT NOT EXCLUSIVELY YOUNG PEOPLE BY PROMOTING AND ENCOURAGING THE TEACHING, STUDY, PRACTICE AND RESEARCH OF MINDFULNESS, PRIMARILY BUT NOT EXCLUSIVELY IN CRIMINAL JUSTICE SETTINGS NOTHING IN THIS CONSTITUTION SHALL AUTHORISE AN APPLICATION OF THE PROPERTY OF THE CIO FOR THE PURPOSES WHICH ARE NOT CHARITABLE IN ACCORDANCE WITH [SECTION 7 OF THE CHARITIES AND TRUSTEE INVESTMENT (SCOTLAND) ACT 2005] AND [SECTION 2 OF THE CHARITIES ACT (NORTHERN IRELAND) 2008]

**Activities:** We develop and run mindful community projects, deliver training and therapy for people in difficult life situations. Our purpose for the public benefit is to advance the education of the general public and in particular but not exclusively young people by promoting and encouraging the teaching, study, practice and research of mindfulness primarily but not exclusively in criminal justice settings.

## Classification

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- **How:** Makes Grants To Organisations, Provides Services, Provides Advocacy/advice/information, Sponsors Or Undertakes Research
- **What:** Education/training, The Advancement Of Health Or Saving Of Lives, Other Charitable Purposes
- **Who:** Other Defined Groups, The General Public/mankind

## Geography

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- Throughout England

## Finances

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Period end	Income	Expenditure	Assets	Employees
2025-09-30	£1,155	£256	-	-
2024-09-30	£375	£0	-	-
2023-09-30	£2,000	£1,969	-	-
2022-09-30	£52	£27	-	-
2021-09-30	£10,039	£9,960	-	-

## Trustees

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Name	Role	Appointed
Mark Wylie		2020-08-07
Matthew Ward		2020-08-07
Rachel Taylor		2020-08-07

**MINDFUL COMMUNITIES FOUNDATION**

England & Wales - Charity number 1190769

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# Accounts

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## Trustees' Annual Report for the period

From 01/10/2024 to 30/09/2025

Charity name: Mindful Communities Foundation C.I.O

Charity registration number: 1190769

### Objectives and Activities

	SORP reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	<b>The objects of the charity are</b> for the public benefit, to advance the education of the general public and in particular but not exclusively young people by promoting and encouraging the teaching, study, practice and research of mindfulness, primarily but not exclusively in criminal justice settings.
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	Main activities undertaken in relation to these purposes, and to further the charity's purposes this year were to do some local fundraising and awareness raising in Machynlleth where the charity is located.
Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit	Para 1.18	The trustees have had regard to the Charity Commission's guidance on public benefit.

#### Additional information (optional)

You may choose to include further statements where relevant about:

	SORP reference	
Policy on grant making	Para 1.38	
Policy on social investment including program related	Para 1.38	

investment		
Contribution made by volunteers	Para 1.38	<ul style="list-style-type: none"> <li>● <b>Donations of books and leaflets to the local community</b></li> <li>● <b>reaching out to GP surgeries locally</b></li> </ul>
Other		

## Achievements and Performance

	SORP reference	
Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.	Para 1.20	<ul style="list-style-type: none"> <li>● We donated books, mediation cushions and leaflets/information locally</li> <li>● We offered local GP surgeries an MBCT clinic, or sessions for the local population.</li> <li>● We received some donations off the back of the local fundraising and awareness raising this year.</li> <li>● We made a small donation to a C.I.C working with D/deaf people</li> </ul>

### Additional information (optional)

You may choose to include further statements where relevant about:

Achievements against objectives set	Para 1.41	
Performance of fundraising activities against objectives set	Para 1.41	

Investment performance against objectives	Para 1.41	
Other		

## Financial Review

Review of the charity's financial position at the end of the period	Para 1.21	At the beginning of this period we had £458.40 in the charity's reserves, received £1155 in donations this period, made a donation of £200 to a community interest company working in Deaf Mindfulness, and bought some ink cartridges on amazon for leaflet printing (totalling £56.21) leaving £1357.19 in reserves at the end of this period.
Statement explaining the policy for holding reserves stating why they are held	Para 1.22	
Amount of reserves held	Para 1.22	<b>£1357.19</b>
Reasons for holding zero reserves	Para 1.22	
Details of fund materially in deficit	Para 1.24	
Explanation of any uncertainties about the charity continuing as a going concern	Para 1.23	<b>Unsuccessful in all our grant applications and fundraising activities this year, income solely from personal donations.</b>

### Additional information (optional)

You may choose to include further statements where relevant about:

The charity's principal sources of funds (including any fundraising)	Para 1.47	<b>This year was from £458.40 remaining from last period, and payments totalling £1155 in donations during this period</b>
Investment policy and objectives including any social investment policy adopted	Para 1.46	
A description of the principal risks facing the charity	Para 1.46	
Other		

## Structure, Governance and Management

Description of charity's trusts:		
Type of governing document (trust deed, royal charter)	Para 1.25	Our governing document is a 'Foundation' model constitution, or Constitution of a Charitable Incorporated Organisation whose only voting members are its charity trustees.
How is the charity constituted? (e.g unincorporated association, CIO)	Para 1.25	We are constituted as a Charitable Incorporated Organisation.
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	3 of the original founding 4 Trustees are our only Trustees to date, the fourth died February 2025 this period. No other person or external body is entitled to appoint charity trustees, and the power to appoint additional Trustees resides with the majority vote of the current board of Trustees.

### Additional information (optional)

You may choose to include further statements where relevant about:

Policies and procedures adopted for the induction and training of trustees	Para 1.51	
The charity's organisational structure and any wider network with which the charity works	Para 1.51	
Relationship with any related parties	Para 1.51	
Other		

### Reference and Administrative details

Charity name	Mindful Communities Foundation C.I.O
Other name the charity uses	
Registered charity number	1190769

Charity's principal address	Deildy, Aberystwyth Road, Machynlleth, Powys, SY20 8EU

**Names of the charity trustees who manage the charity**

	<b>Trustee name</b>	<b>Office (if any)</b>	<b>Dates acted if not for whole year</b>	<b>Name of person (or body) entitled to appoint trustee (if any)</b>
1	Matthew Ward	Trustee		
2	Rachel Taylor	Trustee		
3	Mark Wylie	Trustee		
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**Corporate trustees – names of the directors at the date the report was approved**

<b>Director name</b>		

**Name of trustees holding title to property belonging to the charity**

<b>Trustee name</b>	<b>Dates acted if not for whole year</b>	


**Funds held as custodian trustees on behalf of others**

Description of the assets held in this capacity	
Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects	
Details of arrangements for safe custody and segregation of such assets from the charity's own assets	

**Additional information (optional)**

**Names and addresses of advisers (Optional information)**

Type of adviser	Name	Address

**Name of chief executive or names of senior staff members (Optional information)**

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**Exemptions from disclosure**

Reason for non-disclosure of key personnel details

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**Other optional information**

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## Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)	MW	MW
		RT

Full name(s)	Matthew Ward	Mark Wylie
		Rachel Taylor

Position (eg Secretary, Chair, etc)	Trustee	Trustee
		Trustee

Date	30.9.25

**MINDFUL COMMUNITIES FOUNDATION**

England & Wales - Charity number 1190769

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# Accounts

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## Trustees' Annual Report for the period

From 07/06/2023 to 07/06/2024

Charity name: Mindful Communities Foundation C.I.O

Charity registration number: 1190769

### Objectives and Activities

	SORP reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	<b>The objects of the charity are</b> for the public benefit, to advance the education of the general public and in particular but not exclusively young people by promoting and encouraging the teaching, study, practice and research of mindfulness, primarily but not exclusively in criminal justice settings.
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	Main activities undertaken in relation to these purposes, and to further the charity's purposes this year: We developed some resources for mindfulness in prisons, for the social enterprise Working With The Mind C.I.C to use in their mindful community project
Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit	Para 1.18	The trustees have had regard to the Charity Commission's guidance on public benefit.

#### Additional information (optional)

You may choose to include further statements where relevant about:

	SORP reference	
Policy on grant making	Para 1.38	
Policy on social investment including program related investment	Para 1.38	

Contribution made by volunteers	Para 1.38	<ul style="list-style-type: none"> <li>• <b>Working with a UK Social Enterprise we supported to create prison mindfulness resources</b></li> </ul>
Other		

## Achievements and Performance

	SORP reference	
Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.	Para 1.20	<ul style="list-style-type: none"> <li>● We supported a project (mentioned in our previous annual report) and contributed some prison mindfulness resources to this effort in this period.</li> <li>● The project ran in the Peterborough area, with volunteers, and different charities and community groups to deliver free in person and online mindful workshops and information to support mental health and well-being.</li> <li>● Our support focused on resource for HMP Peterborough (excerpt from WWTM CIC's project report: Other stakeholders involved in this project included Mindful Communities Foundation C.I.O who supported us with running our website and filming, editing, producing video and social media to support the project.)</li> <li>● 200 prisoners were donated support materials and information</li> </ul>

### Additional information (optional)

You may choose to include further statements where relevant about:

Achievements against objectives set	Para 1.41	
Performance of fundraising activities against objectives set	Para 1.41	

Investment performance against objectives	Para 1.41	
Other		

## Financial Review

Review of the charity's financial position at the end of the period	Para 1.21	At the beginning of this period we had £83.40 in the charity's reserves, were paid £375 to create some mindful prison resources, leaving £458.40 in reserves at the end of this period
Statement explaining the policy for holding reserves stating why they are held	Para 1.22	
Amount of reserves held	Para 1.22	<b>£458.40</b>
Reasons for holding zero reserves	Para 1.22	
Details of fund materially in deficit	Para 1.24	
Explanation of any uncertainties about the charity continuing as a going concern	Para 1.23	<b>Unsuccessful in all our grant applications and fundraising activities this year</b>

### Additional information (optional)

You may choose to include further statements where relevant about:

The charity's principal sources of funds (including any fundraising)	Para 1.47	<b>This year was from £83.40 remaining from last period, and a payment of £375 from a UK social enterprise for supporting their community project</b>
Investment policy and objectives including any social investment policy adopted	Para 1.46	
A description of the principal risks facing the charity	Para 1.46	
Other		

## Structure, Governance and Management

Description of charity's trusts:		
Type of governing document (trust deed, royal charter)	Para 1.25	Our governing document is a 'Foundation' model constitution, or Constitution of a Charitable Incorporated Organisation whose only voting members are its charity trustees.
How is the charity constituted? (e.g unincorporated association, CIO)	Para 1.25	We are constituted as a Charitable Incorporated Organisation.
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	Founding 4 Trustees are our only Trustees to date. No other person or external body is entitled to appoint charity trustees, and the power to appoint additional Trustees resides with the majority vote of the current board of Trustees.

### Additional information (optional)

You may choose to include further statements where relevant about:

Policies and procedures adopted for the induction and training of trustees	Para 1.51	
The charity's organisational structure and any wider network with which the charity works	Para 1.51	
Relationship with any related parties	Para 1.51	
Other		

### Reference and Administrative details

Charity name	Mindful Communities Foundation C.I.O
Other name the charity uses	
Registered charity number	1190769

Charity's principal address	Deildy, Aberystwyth Road, Machynlleth, Powys, SY20 8EU

**Names of the charity trustees who manage the charity**

	<b>Trustee name</b>	<b>Office (if any)</b>	<b>Dates acted if not for whole year</b>	<b>Name of person (or body) entitled to appoint trustee (if any)</b>
1	Matthew Ward			
2	Rachel Taylor			
3	Mark Wylie			
4	Michael Newton			
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**Corporate trustees – names of the directors at the date the report was approved**

<b>Director name</b>		

**Name of trustees holding title to property belonging to the charity**

<b>Trustee name</b>	<b>Dates acted if not for whole year</b>	

## Funds held as custodian trustees on behalf of others

Description of the assets held in this capacity	
Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects	
Details of arrangements for safe custody and segregation of such assets from the charity's own assets	

### Additional information (optional)

#### Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

#### Name of chief executive or names of senior staff members (Optional information)

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## Exemptions from disclosure

Reason for non-disclosure of key personnel details

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## Other optional information

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## Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)	MW	MW
	MN	RT

Full name(s)	Matthew Ward	Mark Wylie
	Michael Newton	Rachel Taylor

Position (eg Secretary, Chair, etc)	Trustee	Trustee
	Trustee	Trustee

Date	

**MINDFUL COMMUNITIES FOUNDATION**

England & Wales - Charity number 1190769

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# Accounts

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## Trustees' Annual Report for the period

From 07/06/2022 to 07/06/2023

Charity name: Mindful Communities Foundation C.I.O

Charity registration number: 1190769

### Objectives and Activities

	SORP reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	<b>The objects of the charity are</b> for the public benefit, to advance the education of the general public and in particular but not exclusively young people by promoting and encouraging the teaching, study, practice and research of mindfulness, primarily but not exclusively in criminal justice settings.
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	<p>Main activities undertaken in relation to these purposes, and to further the charity's purposes this year:</p> <p>We reached out to potential funders and made applications for grants to continue our prisons focus on mental well-being and mental health support. All our funding applications were unsuccessful.</p> <p>We have redeveloped our fundraising plan for 2024 -25 and began networking with new prison sites we plan to support next year.</p> <p>Towards the end of this period from may 2023 we placed a volunteer from the charity with a UK social Enterprise, Working With The Mind C.I.C, and they have paid the charity £2,000.00 to support them to record and create mindful videos for a community project they ran this year supporting local community groups.</p> <p>We have begun creating an initial network with prisons in Wales with the plan of Supporting them next year, subject to funding. The difference mindfulness in prisons can make is well documented, and continuing from the results of our previous project in this area we aim to reduce indicators of stress, anxiety and depression in vulnerable populations.</p> <p>This year our activities have supported Working With The Mind C.I.C with a small part of their mindful community project, and the difference this</p>

		made was that mindful well-being support was available to various groups who couldn't access this usually. The project targeted vulnerable groups across the Peterborough area, and our support ensured that video and online support was available to groups who couldn't participate in person. This project is ongoing – but WWTM C.I.C has committed to providing us a copy of the project report in April 2024 to highlight the results and how our support helped achieve these results.
Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit	Para 1.18	The trustees have had regard to the Charity Commission's guidance on public benefit.

### Additional information (optional)

You may choose to include further statements where relevant about:

	SORP reference	
Policy on grant making	Para 1.38	
Policy on social investment including program related investment	Para 1.38	
Contribution made by volunteers	Para 1.38	<ul style="list-style-type: none"> <li>• <b>Funding application support</b></li> <li>• <b>Working with a UK Social Enterprise we supported to deliver part of their community project this year</b></li> </ul>
Other		

### Achievements and Performance

	SORP reference	
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<p>Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.</p>	<p>Para 1.20</p>	<ul style="list-style-type: none"> <li>● We will report on more detail on the results of the community project we supported this year, once the social enterprise running this project at the time of this report have completed and reported on this work. This is likely to be in our annual report for next year, once the results of the project are collated.</li> </ul>
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**Additional information (optional)**

You may choose to include further statements where relevant about:

<p>Achievements against objectives set</p>	<p>Para 1.41</p>	
<p>Performance of fundraising activities against objectives set</p>	<p>Para 1.41</p>	
<p>Investment performance against objectives</p>	<p>Para 1.41</p>	
<p>Other</p>		

## Financial Review

Review of the charity's financial position at the end of the period	Para 1.21	At the beginning of this period we had £51.87 in the charity's reserves, were paid £2000 towards the end of this period to cover the costs of video/recording equipment to support a mindful community project to create some mindful videos. We spent £1968.47 on recording camera/equipment leaving £83.40 in reserves at the end of this period
Statement explaining the policy for holding reserves stating why they are held	Para 1.22	
Amount of reserves held	Para 1.22	<b>£83.40</b>
Reasons for holding zero reserves	Para 1.22	
Details of fund materially in deficit	Para 1.24	
Explanation of any uncertainties about the charity continuing as a going concern	Para 1.23	<b>Unsuccessful in all our grant applications and fundraising activities this year</b>

### Additional information (optional)

You may choose to include further statements where relevant about:

The charity's principal sources of funds (including any fundraising)	Para 1.47	<b>This year was from £51.87 remaining from last period, and a payment of £2000 from a UK social enterprise for supporting their community project</b>
Investment policy and objectives including any social investment policy adopted	Para 1.46	
A description of the principal risks facing the charity	Para 1.46	
Other		



## Structure, Governance and Management

Description of charity's trusts:		
Type of governing document (trust deed, royal charter)	Para 1.25	Our governing document is a 'Foundation' model constitution, or Constitution of a Charitable Incorporated Organisation whose only voting members are its charity trustees.
How is the charity constituted? (e.g unincorporated association, CIO)	Para 1.25	We are constituted as a Charitable Incorporated Organisation.
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	Founding 4 Trustees are our only Trustees to date. No other person or external body is entitled to appoint charity trustees, and the power to appoint additional Trustees resides with the majority vote of the current board of Trustees.

### Additional information (optional)

You may choose to include further statements where relevant about:

Policies and procedures adopted for the induction and training of trustees	Para 1.51	
The charity's organisational structure and any wider network with which the charity works	Para 1.51	
Relationship with any related parties	Para 1.51	
Other		

### Reference and Administrative details

Charity name	Mindful Communities Foundation C.I.O
Other name the charity uses	
Registered charity number	1190769

Charity's principal address	73 The Whaddons, Huntingdon, Cambridgeshire, PE29 1NN

**Names of the charity trustees who manage the charity**

	<b>Trustee name</b>	<b>Office (if any)</b>	<b>Dates acted if not for whole year</b>	<b>Name of person (or body) entitled to appoint trustee (if any)</b>
1	Matthew Ward			
2	Rachel Taylor			
3	Mark Wylie			
4	Michael Newton			
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**Corporate trustees – names of the directors at the date the report was approved**

<b>Director name</b>		

**Name of trustees holding title to property belonging to the charity**

<b>Trustee name</b>	<b>Dates acted if not for whole year</b>	

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**Funds held as custodian trustees on behalf of others**

Description of the assets held in this capacity	
Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects	
Details of arrangements for safe custody and segregation of such assets from the charity's own assets	

**Additional information (optional)**

**Names and addresses of advisers (Optional information)**

Type of adviser	Name	Address

**Name of chief executive or names of senior staff members (Optional information)**

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**Exemptions from disclosure**

Reason for non-disclosure of key personnel details

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**Other optional information**

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## Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)	MW	MW
	MN	RT

Full name(s)	Matthew Ward	Mark Wylie
	Michael Newton	Rachel Taylor

Position (eg Secretary, Chair, etc)	Trustee	Trustee
	Trustee	Trustee

Date	

**MINDFUL COMMUNITIES FOUNDATION**

England & Wales - Charity number 1190769

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# Accounts

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## Trustees' Annual Report for the period

From 07/08/2020 to 07/06/2022

Charity name: Mindful Communities Foundation C.I.O

Charity registration number: 1190769

### Objectives and Activities

	SORP reference Para 1.17	
Summary of the purposes of the charity as set out in its governing document		<b>The objects of the charity are for the public benefit, to advance the education of the general public and in particular but not exclusively young people by promoting and encouraging the teaching, study, practice and research of mindfulness, primarily but not exclusively in criminal justice settings.</b>
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	The main activities undertaken in relation to these purposes, and to further the charity's purposes for the public benefit have been: <ul style="list-style-type: none"><li>● applying for grants to continue developing our community projects</li><li>● arranging annual report and accounts</li><li>● No other activities have occurred for our financial year 2021-2022, and all our grant applications were unsuccessful</li><li>● we received £39 and £13 respectively in donations and a refunded mobile contract</li></ul>
Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit	Para 1.18	The trustees have had regard to the Charity Commission's guidance on public benefit.

**Additional information (optional)**

You may choose to include further statements where relevant about:

	SORP reference	
Policy on grant making	Para 1.38	
Policy on social investment including program related investment	Para 1.38	
Contribution made by volunteers	Para 1.38	<b>Funding application support</b>
Other		

**Achievements and Performance**

	SORP reference	
Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.	Para 1.20	<ul style="list-style-type: none"> <li>• No other activities have occurred for our financial year 2021-2022, and all our grant applications were unsuccessful</li> <li>• We received £39 and £13 respectively in donations and a refunded mobile contract</li> <li>• We are currently developing a fundraising leaflet, and will be looking to appeal for public donations</li> </ul>

**Additional information (optional)**

You may choose to include further statements where relevant about:

	Para 1.41	
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Achievements against objectives set		
Performance of fundraising activities against objectives set	Para 1.41	
Investment performance against objectives	Para 1.41	
Other		

## Financial Review

Review of the charity's financial position at the end of the period	Para 1.21	At the end of this reporting period we had spent £27.40 on p&p for Trustee documents and submitting our annual reports/accounts, leaving £50 in reserve
Statement explaining the policy for holding reserves stating why they are held	Para 1.22	
Amount of reserves held	Para 1.22	<b>£50</b>
Reasons for holding zero reserves	Para 1.22	
Details of fund materially in deficit	Para 1.24	
Explanation of any uncertainties about the charity continuing as a going concern	Para 1.23	<b>Unsuccessful in all our grant applications and fundraising activities this year</b>

### Additional information (optional)

You may choose to include further statements where relevant about:

The charity's principal sources of funds (including any fundraising)	Para 1.47	<b>This year was from a donation of £40 from a social enterprise, and £13 returned funds from a mobile phone contract</b>
Investment policy and objectives including any social investment policy adopted	Para 1.46	
A description of the principal risks facing the charity	Para 1.46	
Other		

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## Structure, Governance and Management

Description of charity's trusts:		
Type of governing document (trust deed, royal charter)	Para 1.25	Our governing document is a 'Foundation' model constitution, or Constitution of a Charitable Incorporated Organisation whose only voting members are its charity trustees.
How is the charity constituted? (e.g unincorporated association, CIO)	Para 1.25	We are constituted as a Charitable Incorporated Organisation.
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	Founding 4 Trustees are our only Trustees to date. No other person or external body is entitled to appoint charity trustees, and the power to appoint additional Trustees resides with the majority vote of the current board of Trustees.

### Additional information (optional)

You may choose to include further statements where relevant about:

Policies and procedures adopted for the induction and training of trustees	Para 1.51	
The charity's organisational structure and any wider network with which the charity works	Para 1.51	
Relationship with any related parties	Para 1.51	
Other		

### Reference and Administrative details

Charity name	Mindful Communities Foundation C.I.O
Other name the charity uses	
Registered charity number	1190769
Charity's principal address	73 The Whaddons, Huntingdon, Cambridgeshire, PE29 1NN

**Names of the charity trustees who manage the charity**

	<b>Trustee name</b>	<b>Office (if any)</b>	<b>Dates acted if not for whole year</b>	<b>Name of person (or body) entitled to appoint trustee (if any)</b>
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**Corporate trustees - names of the directors at the date the report was approved**

<b>Director name</b>		

**Name of trustees holding title to property belonging to the charity**

<b>Trustee name</b>	<b>Dates acted if not for whole year</b>	


## Funds held as custodian trustees on behalf of others

Description of the assets held in this capacity	
Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects	
Details of arrangements for safe custody and segregation of such assets from the charity's own assets	

### Additional information (optional)

#### Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

#### Name of chief executive or names of senior staff members (Optional information)

--

### Exemptions from disclosure

Reason for non-disclosure of key personnel details

--

### Other optional information

--

## Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

**Signature(s)**

MW	MW
MN	RT

**Full name(s)**

Matthew Ward	Mark Wylie
Michael Newton	Rachel Taylor

**Position (eg  
Secretary, Chair, etc)**

Trustee	Trustee
Trustee	Trustee

**Date**

28/06/23

**MINDFUL COMMUNITIES FOUNDATION**

England & Wales - Charity number 1190769

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# Accounts

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## Trustees' Annual Report for the period

From 07/08/2020 to 07/06/2022

Charity name: Mindful Communities Foundation C.I.O

Charity registration number: 1190769

### Objectives and Activities

	SORP reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	<b>The objects of the charity are</b> for the public benefit, to advance the education of the general public and in particular but not exclusively young people by promoting and encouraging the teaching, study, practice and research of mindfulness, primarily but not exclusively in criminal justice settings.
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	The main activities undertaken in relation to these purposes, and to further the charity's purposes for the public benefit have been: <ul style="list-style-type: none"><li>● Fundraising after the charity was registered</li><li>● Advertised for additional Trustees</li><li>● Developed and delivered a covid-adapted continuation of the MiPP</li></ul>
Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit	Para 1.18	The trustees have had regard to the Charity Commission's guidance on public benefit.

#### Additional information (optional)

You may choose to include further statements where relevant about:

	SORP reference	
Policy on grant making	Para 1.38	
Policy on social investment including program related	Para 1.38	

investment		
Contribution made by volunteers	Para 1.38	
Other		

## Achievements and Performance

	SORP reference	
Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.	Para 1.20	<p>We developed distance-based support packages for UK prisons, continuing the early work of the MiPP by successfully delivering 1,000 in-cell mindful well-being support packages to 4 prisons, and donating books to the prison libraries. The Mindfulness in Prisons Project (MiPP) was a social enterprise lead venture in the UK, through which we developed and delivered MBCT programmes in prison before converting into a charity and registering as the Mindful Communities Foundation C.I.O as we are now. These in-cell packages consisted of a guided practice CD of mindfulness exercises, and an accompanying pamphlet introducing mindfulness and how it may benefit the individual during lock-down and lock-up.</p> <p>During covid different prisons' regimes have resulted in longer periods of confinement to cells, and a significant reduction in prisoners' access to meaningful activities and support for well-being and mental health. This project provided 1,000 opportunities to use this period in a more productive way, and to help the prison service to provide in-cell support during the pandemic. People leaving prison in the last couple of years have done so with the increased likelihood of not having attended any offending behaviour programmes, or support and guidance to reduce their risk of re-offending, due largely to the impact</p>

		<p>of covid on Her Majesty's Prison and Probation Services regime. Through this project we aimed at providing some support, albeit on a scale limited by our current resources, to reduce the risk to public from re-offending as a wider benefit to society as a whole. Supporting people to reduce their recidivism also improves their own life, as well as preventing future harm to others from continued reliance on crime.</p>
--	--	---

**Additional information (optional)**

You may choose to include further statements where relevant about:

<p>Achievements against objectives set</p>	<p>Para 1.41</p>	
<p>Performance of fundraising activities against objectives set</p>	<p>Para 1.41</p>	
<p>Investment performance against objectives</p>	<p>Para 1.41</p>	
<p>Other</p>		

## Financial Review

Review of the charity's financial position at the end of the period	Para 1.21	At the end of this reporting period we had spent £9959.68 on the project, from a £10000 grant awarded by the National Lottery (Awards For All), and received a £38.95 donation from a social enterprise leaving current reserves as £79.27.
Statement explaining the policy for holding reserves stating why they are held	Para 1.22	
Amount of reserves held	Para 1.22	
Reasons for holding zero reserves	Para 1.22	
Details of fund materially in deficit	Para 1.24	
Explanation of any uncertainties about the charity continuing as a going concern	Para 1.23	

### Additional information (optional)

You may choose to include further statements where relevant about:

The charity's principal sources of funds (including any fundraising)	Para 1.47	
Investment policy and objectives including any social investment policy adopted	Para 1.46	
A description of the principal risks facing the charity	Para 1.46	
Other		

## Structure, Governance and Management

Description of charity's trusts:		
Type of governing document (trust deed, royal charter)	Para 1.25	Our governing document is a 'Foundation' model constitution, or Constitution of a Charitable Incorporated Organisation whose only voting members are its charity trustees.
How is the charity constituted? (e.g unincorporated association, CIO)	Para 1.25	We are constituted as a Charitable Incorporated Organisation.
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	We ran an online campaign to recruit for additional Trustees after incorporation, and this yielded a number of potential applicants. The focus on the project, and covid restrictions resulted in this not being acted on further, and we have continued to operate with the founding 4 Trustees to date. No other person or external body is entitled to appoint charity trustees, and the power to appoint additional Trustees resides with the majority vote of the current board of Trustees.

### Additional information (optional)

You may choose to include further statements where relevant about:

Policies and procedures adopted for the induction and training of trustees	Para 1.51	
The charity's organisational structure and any wider network with which the charity works	Para 1.51	
Relationship with any related parties	Para 1.51	
Other		

## Reference and Administrative details

Charity name	Mindful Communities Foundation C.I.O
Other name the charity uses	
Registered charity number	1190769
Charity's principal address	73 The Whaddons, Huntingdon, Cambridgeshire, PE29 1NN

**Names of the charity trustees who manage the charity**

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Matthew Ward			
2	Rachel Taylor			
3	Mark Wylie			
4	Michael Newton			
5				
6				
7				
8				
9				
10				
11				
12				
13				
14				
15				
16				
17				
18				
19				
20				

**Corporate trustees – names of the directors at the date the report was approved**

Director name		

**Name of trustees holding title to property belonging to the charity**

Trustee name	Dates acted if not for whole year	

## Funds held as custodian trustees on behalf of others

Description of the assets held in this capacity	
Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects	
Details of arrangements for safe custody and segregation of such assets from the charity's own assets	

### Additional information (optional)

#### Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

#### Name of chief executive or names of senior staff members (Optional information)

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### Exemptions from disclosure

Reason for non-disclosure of key personnel details

--


### Other optional information

--

## Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)		
		

Full name(s)	Matthew Ward	MARK WYLIE
	MICHAEL NEWBY	RACHEL TAYLOR

Position (eg Secretary, Chair, etc)	Trustee	TRUSTEE
	TRUSTEE.	TRUSTEE

Date	16 / 05 / 22	23 / 5 / 2022
	18 / 5 / 22	18 / 6 / 22



Charity Name Mindful Communities Foundation C.I.O			Charity No (if any) 1190769	
<b>Annual accounts for the period</b>				
Period start date	<b>8</b>	<b>2020</b>	<b>To</b>	Period end date 06 2022

## Section A Statement of financial activities

Recommended categories by activity	Guidance Notes	Unrestricted funds	Restricted income funds	Endowment funds	Total funds	Prior year funds
		£ F01	£ F02	£ F03	£ F04	£ F05
<b>Incoming resources (Note 3)</b>						
<b>Income and endowments from:</b>						
Donations and legacies	S01	39	-	-	39	-
Charitable activities	S02	-	10,000	-	10,000	-
Other trading activities	S03	-	-	-	-	-
Investments	S04	-	-	-	-	-
Separate material item of income	S05	-	-	-	-	-
Other	S06	-	-	-	-	-
<b>Total</b>	S07	39	10,000	-	10,039	-
<b>Resources expended (Note 6)</b>						
<b>Expenditure on:</b>						
Raising funds	S08	-	-	-	-	-
Charitable activities	S09	-	9,960	-	9,960	-
Separate material item of expense	S10	-	-	-	-	-
Other	S11	-	-	-	-	-
<b>Total</b>	S12	-	9,960	-	9,960	-
<b>Net income/(expenditure) before investment gains/(losses)</b>						
Net gains/(losses) on investments	S13	39	40	-	79	-
<b>Net income/(expenditure) Extraordinary items</b>	S14	-	-	-	-	-
<b>Transfers between funds</b>	S15	39	40	-	79	-
<b>Other recognised gains/(losses):</b>	S16	-	-	-	-	-
Gains and losses on revaluation of fixed assets for the charity's own use	S17	-	-	-	-	-
Other gains/(losses)	S18	-	-	-	-	-
<b>Net movement in funds</b>	S19	-	-	-	-	-
<b>Reconciliation of funds:</b>	S20	39	40	-	79	-
Total funds brought forward	S21	-	-	-	-	-
<b>Total funds carried forward</b>	S22	39	40	-	79	-

# Section B

# Balance sheet

		Guidance Notes	Unrestricted funds	Restricted income funds	Endowment funds
			£	£	£
			F01	F02	F03
<b>Fixed assets</b>					
<b>Intangible assets</b>	(Note 15)	B01	-	-	-
<b>Tangible assets</b>	(Note 14)	B02	-	-	-
<b>Heritage assets</b>	(Note 16)	B03	-	-	-
<b>Investments</b>	(Note 17)	B04	-	-	-
	<b>Total fixed assets</b>	B05	-	-	-
<b>Current assets</b>					
<b>Stocks</b>	(Note 18)	B06	-	-	-
<b>Debtors</b>	(Note 19)	B07	-	-	-
<b>Investments</b>	(Note 17.4)	B08	-	-	-
<b>Cash at bank and in hand</b>	(Note 24)	B09	-	-	-
	<b>Total current assets</b>	B10	-	-	-
<b>Creditors: amounts falling due within one year</b>	(Note 20)	B11	-	-	-
	<b>Net current assets/(liabilities)</b>	B12	-	-	-
	<b>Total assets less current liabilities</b>	B13	-	-	-
<b>Creditors: amounts falling due after one year</b>	(Note 20)	B14	-	-	-
<b>Provisions for liabilities</b>		B15	-	-	-
	<b>Total net assets or liabilities</b>	B16	-	-	-
<b>Funds of the Charity</b>					
<b>Endowment funds</b>	(Note 27)	B17	-		
<b>Restricted income funds</b>	(Note 27)	B18		-	
<b>Unrestricted funds</b>		B19	79		-
<b>Revaluation reserve</b>		B20			
	<b>Total funds</b>	B21	79	-	-

Signed by one or two trustees on behalf of all the trustees

Signature	Print Name
MW	Matthe'
MW	Mark





Total this year £ F04	Total last year £ F05
-	-
-	-
-	-
-	-
-	-

-	-
-	-
-	-
Cross Add <sup>79</sup>	-
Error	-

-	-
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-	-
---	---

-	-
---	---

-	-
-	-

-	-
---	---

-	-
-	-
79	-
-	-
79	-

Name	Date of approval dd/mm/yyyy
w Ward	03/07/22
Wylie	<b>03/07/22</b>

**Section C Notes to the accounts**

**Note 1 Basis of preparation**

**This section should be completed by all charities.**

**1.1 Basis of accounting**

These accounts have been prepared under the historical cost convention with items recognised at cost or transaction value unless otherwise stated in the relevant note(s) to these accounts.

The accounts have been prepared in accordance with:

- and with\* 

✓
---

 the Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) issued on 16 July 2014
- and with\* 

✓
---

 the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102)
- and with the Charities Act 2011.

The charity constitutes a public benefit entity as defined by FRS 102.\* 

✓
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\*-Tick as appropriate

**1.2 Going concern**

**If there are material uncertainties related to events or conditions that cast significant doubt on the charity's ability to continue as a going concern, please provide the following details or state "Not applicable", if appropriate:**

An explanation as to those factors that support the conclusion that the charity is a going concern;	N/A
Disclosure of any uncertainties that make the going concern assumption doubtful;	N/A
Where accounts are not prepared on a going concern basis, please disclose this fact together with the basis on which the trustees prepared the accounts and the reason why the charity is not regarded as a going concern.	N/A

**1.3 Change of accounting policy**

The accounts present a true and fair view and the accounting policies adopted are those outlined in note { }.

Yes\* 

✓
---

 No\* 

--

 \*-Tick as appropriate

**Please disclose:**

<b>(i) the nature of the change in accounting policy;</b>	N/A
<b>(ii) the reasons why applying the new accounting policy provides more reliable and more relevant information; and</b>	N/A
<b>(iii) the amount of the adjustment for each line affected in the current period, each prior period presented and the aggregate amount of the adjustment relating to periods before those presented, 3.44 FRS 102 SORP.</b>	N/A

**1.4 Changes to accounting estimates**

No changes to accounting estimates have occurred in the reporting period (3.46 FRS 102 SORP).

Yes\* 

✓
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 No\* 

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 \*-Tick as appropriate

**Please disclose:**

<b>(i) the nature of any changes;</b>	N/A
<b>(ii) the effect of the change on income and expense or assets and liabilities for the current period; and</b>	N/A
<b>(iii) where practicable, the effect of the change in one or more future periods.</b>	N/A

**1.5 Material prior year errors**

No material prior year error have been identified in the reporting period (3.47 FRS 102 SORP).

Yes\* 

✓
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 No\* 

--

 \*-Tick as appropriate

**Please disclose:**

<b>(i) the nature of the prior period error;</b>	N/A
<b>(ii) for each prior period presented in the accounts, the amount of the correction for each account line item affected; and</b>	N/A
<b>(iii) the amount of the correction at the beginning of the earliest prior period presented in the accounts.</b>	N/A

## Section C

### Note 2

### Accounting policies

Please complete this note when first reporting under FRS2102. presented, if all are applicable.

#### 2.1 RECONCILIATION WITH PREVIOUS GENERAL PRACTICE

Please provide a description of the nature of each change in accounting policy

N/A

#### Reconciliation of funds per previous GAAP to funds determined

	Start of period	End of period
	£	£
Fund balances as previously stated		
<i>Adjustments:</i>		

Fund balance as restated

\_\_\_\_\_

#### Reconciliation of net income/(net expenditure) per previous period

	End of period
	£
Net income/(expenditure) as previously stated	
<i>Adjustments:</i>	

Previous period net income/(expenditure) as restated

\_\_\_\_\_

## Notes to the accounts

*Section 35 of FRS102, requires 3 reconciliations to be*

### **GENERALLY ACCEPTED ACCOUNTING**

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*etermined under FRS 102*

*ous GAAP to net income/(net expenditure) under FRS*

## Note 2

## Accounting policies

**2.2 INCOME**

*This standard list of accounting policies has been applied but if a different or additional policy has been adopted then this is*

<b>Recognition of income</b>	<p>These are included in the Stat</p> <ul style="list-style-type: none"> <li>• the charity becomes ent</li> <li>· it is more likely than not</li> <li>• the monetary value can</li> </ul>
<b>Offsetting</b>	<p>There has been no offsetting ( permitted by the FRS 102 SOF</p>
<b>Grants and donations</b>	<p>Grants and donations are only criteria are met (5.10 to 5.12</p>
<b>Legacies</b>	<p>In the case of performance re that the charity has provided only occurs when the perform</p> <p>Legacies are included in the S grant of probate, the executor estate and any conditions att: charity or have been met.</p>
<b>Government grants</b>	<p>The charity has received gove</p>
<b>Tax reclaims on donations and gifts</b>	<p>Gift Aid receivable is included Any Gift Aid amount recovere treated as an addition to the s terms of the appeal have spe</p>
<b>Contractual income and performance related grants</b>	<p>This is only included in the So services or met the performar</p>
<b>Donated goods</b>	<p>Donated goods are measured (exchanged) unless impractica</p> <p>The cost of any stock of good: the fair value of those gifts at receipt. In the reporting peric as an expense at the carrying</p> <p>Donated goods for resale are expected proceeds from sale from other trading activities' v sheet. On its sale the value o activities' and the proceeds fr activities'.</p> <p>Goods donated for on-going u and included in the SoFA as in</p>

	Gifts in kind for use by the charity when receivable.
<b>Donated services and facilities</b>	Donated services and facilities the gift to the charity provider  Donated services and facilities with an equivalent amount recorded in the SOFA.
<b>Support costs</b>	The charity has incurred expenditure
<b>Volunteer help</b>	The value of any voluntary help in the trustees' annual report.
<b>Income from interest, royalties and dividends</b>	This is included in the accounts and can be measured reliably.
<b>Income from membership subscriptions</b>	Membership subscriptions recorded in the SOFA and Legacies.  Membership subscriptions where benefits are recognised as income from charitable activities.
<b>Settlement of insurance claims</b>	Insurance claims are only included where the criteria are met (5.10 to 5.12 in the SoFA).
<b>Investment gains and losses</b>	This includes any realised or unrealised gain or loss resulting from investments in the year.
<b>2.3 EXPENDITURE AND LIABILITIES</b>	
<b>Liability recognition</b>	Liabilities are recognised where there is a constructive obligation commensurate with the risk that the obligation can be measured reliably.
<b>Governance and support costs</b>	Support costs have been allocated to the SOFA. Governance costs comprise all costs incurred in compliance with regulation and the SOFA.  Support costs include central categories on a basis consistent with the SOFA, such as floor areas, or per capita, staff costs.
<b>Grants with performance conditions</b>	Where the charity gives a grant where the service or output to be provided is a condition of the grant recipient of the grant has provided the service or output.
<b>Grants payable without performance conditions</b>	Where there are no conditions attached to the grant, the charity realistically avoid the commitment to pay the grant is recognised.
<b>Redundancy cost</b>	The charity made no redundancy payments in the year.

<b>Deferred income</b>	No material item of deferred i
<b>Creditors</b>	The charity has creditors whic discounts
<b>Provisions for liabilities</b>	A liability is measured on recc measured at the best estimat reporting date
<b>Basic financial instruments</b>	The charity accounts for basic paragraph 11.7 FRS102 SORP. 11.19, FRS102 SORP.
<b>2.4 ASSETS</b>	
<b>Tangible fixed assets for use by charity</b>	These are capitalised if they c  They are valued at cost.  The depreciation rates and m
<b>Intangible fixed assets</b>	The charity has intangible fixe physical substance but are ide or legal rights. The amortisat  They are valued at cost.
<b>Heritage assets</b>	The charity has heritage asse scientific, technological, geop maintained principally for the rates and methods used as di  They are valued at cost.
<b>Investments</b>	Fixed asset investments in qu valued at initially at cost and end. The same treatment is a measured reliably in which ca  Investments held for resale or maturity date of less than 1 y
<b>Stocks and work in progress</b>	Stocks held for sale as part of realisable value.  Goods or services provided as based on the service potentia  Work in progress is valued at
<b>Debtors</b>	Debtors (including trade debt settlement amount after any 1 they are measured at the casl
<b>Current asset</b>	The charity has has investmei equivalents with a maturity d

**Current asset  
investments**

equivalents with a maturity of  
equivalents with a maturity of  
to meet short term cash comr

They are valued at fair value e

**POLICIES ADOPTED  
ADDITIONAL TO OR  
DIFFERENT FROM  
THOSE ABOVE**

N/A
-----

by the charity except for those ticked "No" or "N/a". Where a detailed description is required, it should be provided in the box below.

Statement of Financial Activities (SoFA) when:

entitled to the resources;

that the trustees will receive the resources; and

be measured with sufficient reliability.

Yes	No	N/a
✓		

of assets and liabilities, or income and expenses, unless required or permitted by FRS 102.

Yes	No	N/a
✓		

is included in the SoFA when the general income recognition criteria are met (FRS102 SORP).

Yes	No	N/a
✓		

related grants, income must only be recognised to the extent of the specified goods or services as entitlement to the grant if the related conditions are met (5.16 FRS 102 SORP).

Yes	No	N/a
✓		

SoFA when receipt is probable, that is, when there has been sufficient evidence established that there are sufficient assets in the charity which are either within the control of the charity or

Yes	No	N/a
		✓

government grants in the reporting period

Yes	No	N/a
	✓	

income when there is a valid declaration from the donor that the income from a donation is considered to be part of that gift and is from the same fund as the initial donation unless the donor or the charity has specified otherwise.

Yes	No	N/a
		✓

SoFA once the charity has provided the related goods or services and the related conditions.

Yes	No	N/a
		✓

at fair value (the amount for which the asset could be sold in the ordinary course of business) at the time of receipt.

Yes	No	N/a
		✓

stocks donated for distribution to beneficiaries is deemed to be sold at the time of their receipt and they are recognised on the SoFA in which the stocks are distributed, they are recognised at the fair value of the stocks at distribution.

Yes	No	N/a
		✓

measured at fair value on initial recognition, which is the fair value less the expected costs of sale, and recognised in 'Income from other trading' with the corresponding stock recognised in the balance sheet. If stock is charged against 'Income from other trading' on sale are also recognised as 'Income from other trading'.

Yes	No	N/a
		✓

resources received by the charity are recognised as tangible fixed assets on the SoFA when receivable.

Yes	No	N/a
		✓

arity are included in the SoFA as income from donations

Yes	No	N/a
		✓

s are included in the SOFA when received at the value of d the value of the gift can be measured reliably.

Yes	No	N/a
		✓

s that are consumed immediately are recognised as income cognised as an expense under the appropriate heading in

Yes	No	N/a
		✓

nditure on support costs.

Yes	No	N/a
	✓	

ltp received is not included in the accounts but is described

Yes	No	N/a
	✓	

ts when receipt is probable and the amount receivable can

Yes	No	N/a
		✓

ceived in the nature of a gift are recognised in Donations

Yes	No	N/a
		✓

ich gives a member the right to buy services or other :ome earned from the provision of goods and services as :ies.

Yes	No	N/a
		✓

uded in the SoFA when the general income recognition FRS102 SORP) and are included as an item of other income

Yes	No	N/a
		✓

unrealised gains or losses on the sale of investments and 1 revaluing investments to market value at the end of the

Yes	No	N/a
		✓

re it is more likely than not that there is a legal or itting the charity to pay out resources and the amount of ad with reasonable certainty.

Yes	No	N/a
		✓

:ated between governance costs and other support. ll costs involving public accountability of the charity and its id good practice.

Yes	No	N/a
		✓

functions and have been allocated to activity cost :ont with the use of resources, eg allocating property costs by f costs by the time spent and other costs by their usage.

Yes	No	N/a
		✓

nt with conditions for its payment being a specific level of ed, such grants are only recognised in the SoFA once the ided the specified service or output.

Yes	No	N/a
		✓

s attaching to the grant that enables the donor charity to ment, a liability for the full funding obligation must be

Yes	No	N/a
		✓

ncy payments during the reporting period.

Yes	No	N/a
✓		

Income has been included in the accounts.

Yes	No	N/a
✓		

Which are measured at settlement amounts less any trade

Yes	No	N/a
		✓

Recognition at its historical cost and then subsequently  
the amount required to settle the obligation at the

Yes	No	N/a
		✓

Financial instruments on initial recognition as per  
Subsequent measurement is as per paragraphs 11.17 to

Yes	No	N/a
✓		

Can be used for more than one year, and cost at least

Yes	No	N/a
		✓

Methods used are disclosed in note 9.2.

Identifiable assets, that is, non-monetary assets that do not have  
market rates and methods used are disclosed in note 9.5

Yes	No	N/a
		✓

Yes	No	N/a
		✓

Assets, that is, non-monetary assets with historic, artistic,  
physical or environmental qualities that are held and  
their contribution to knowledge and culture. The depreciation  
is disclosed in note 9.6.1.4.

Yes	No	N/a
		✓

Yes	No	N/a
		✓

Unlisted shares, traded bonds and similar investments are  
measured subsequently at fair value (their market value) at the year  
end. This is applied to unlisted investments unless fair value cannot be  
determined as it is measured at cost less impairment.

Yes	No	N/a
		✓

Investments pending their sale and cash and cash equivalents with a  
maturity period are treated as current asset investments

Yes	No	N/a
		✓

Non-charitable trade are measured at the lower of cost or net

Yes	No	N/a
		✓

Assets which are part of a charitable activity are measured at net realisable value  
if provided by items of stock.

Yes	No	N/a
		✓

Assets measured at cost less any foreseeable loss that is likely to occur on the contract.

Yes	No	N/a
		✓

Trade receivables and loans receivable) are measured on initial recognition at  
trade discounts or amount advanced by the charity. Subsequently,  
they are measured at the amount of cash or other consideration expected to be received.

Yes	No	N/a
		✓

Assets which it holds for resale or pending their sale and cash and cash  
equivalents with a maturity period of less than one year. These include cash on deposit and cash

Yes	No	N/a
		✓

		✓
--	--	---

except where they qualify as basic financial instruments.

Yes	No	N/a
		✓

---

---

## Note 3

## Analysis of income

		Unrestricted funds	Restricted income funds	Endowment funds
<b>Analysis</b>				
<b>Donations and legacies:</b>	Donations and gifts	-	-	-
	Gift Aid	-	-	-
	Legacies	-	-	-
	General grants provided by government/other charities	-	10,000	-
	Membership subscriptions and sponsorships which are in substance donations	-	-	-
	Donated goods, facilities and services	-	-	-
	Other	-	-	-
	<b>Total</b>	-	10,000	-
<b>Charitable activities:</b>		-	-	-
		-	-	-
		-	-	-
	Other	-	-	-
	<b>Total</b>	-	-	-
<b>Other trading activities:</b>		-	-	-
		-	-	-
		-	-	-
	Other	-	-	-
	<b>Total</b>	-	-	-
<b>Income from investments:</b>	Interest income	-	-	-
	Dividend income	-	-	-
	Rental and leasing income	-	-	-
	Other	-	-	-
	<b>Total</b>	-	-	-
<b>Separate material item of income:</b>		-	-	-
		-	-	-
		-	-	-
		-	-	-
	<b>Total</b>	-	-	-
<b>Other:</b>	Conversion of endowment funds into income	-	-	-
	Gain on disposal of a tangible fixed asset held for charity's own use	-	-	-
	Gain on disposal of a programme related investment	-	-	-
	Royalties from the exploitation of intellectual property rights	-	-	-
	Other	-	-	-
	<b>Total</b>	-	-	-

**TOTAL INCOME**

-	10,000	-
---	--------	---

**Other information:**

**All income in the prior year was unrestricted except for:  
(please provide description and amounts)**

N/A	
-----	--

**Where any endowment fund is converted into income in the reporting period, please give the reason for the conversion.**

N/A	
-----	--

**Where any endowment fund is converted into income in the prior period, please give the reason for the conversion.**

N/A	
-----	--

**Within the income items above the following items are material: (please disclose the nature, amount and any prior year amounts)**

N/A	
-----	--

**(cont)**

**Total funds**    **Prior year**  
**£**                    **£**

-	-
-	-
-	-
10,000	-
-	-
-	-
-	-
Error	-

-	-
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**Note 4**

**Analysis of receipts of government grants**

	<b>Description</b>
<b>Government grant 1</b>	
<b>Government grant 2</b>	
<b>Government grant 3</b>	
<b>Other</b>	

	<b>Description</b>
<b>Government grant 1</b>	
<b>Government grant 2</b>	
<b>Government grant 3</b>	
<b>Other</b>	

**This year**

<i>Please provide details of any unfulfilled conditions and other contingencies attaching to grants that have been recognised in income.</i>
--

**This year**

<i>Please give details of other forms of government assistance from which the charity has directly benefited.</i>
---

**(cont)**

**This year  
£**

	-
	-
	-
	-
<b>Total</b>	-

**Last year  
£**

	-
	-
	-
	-
<b>Total</b>	-

**Last year**

--

**Last year**

--

**Note 5****Donated goods, facilities and services**

**Seconded staff**  
**Use of property**  
**Other**

**This year**

**Please provide details of the accounting policy for the recognition and valuation of donated goods, facilities and services.**

--

**Please provide details of any unfulfilled conditions and other contingencies attaching to resources from donated goods and services not recognised in income.**

--

**Please give details of other forms of other donated goods and services not recognised in the accounts, eg contribution of unpaid volunteers.**

--

**(cont)**

<b>This year £</b>	<b>Last year £</b>
-	-
-	-
-	-
-	-

**Last year**

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## Section C

## Notes to the accounts

## Note 6

## Analysis of expenditure

This year

Analysis	Unrestricted funds	Restricted income funds	Endowment funds	Total funds £
<b>Expenditure on raising funds:</b>				
Incurring seeking donations	-	-	-	-
Incurring seeking legacies	-	-	-	-
Incurring seeking grants	-	-	-	-
Operating membership schemes and social lotteries	-	-	-	-
Staging fundraising events	-	-	-	-
Fundraising agents	-	-	-	-
Operating charity shops	-	-	-	-
Operating a trading company undertaking non-charitable trading activity	-	-	-	-
Advertising, marketing, direct mail and publicity	-	-	-	-
Start up costs incurred in generating new source of future income	-	-	-	-
Database development costs	-	-	-	-
Other trading activities	-	-	-	-
Investment management costs:	-	-	-	-
Portfolio management costs	-	-	-	-
Cost of obtaining investment advice	-	-	-	-
Investment administration costs	-	-	-	-
Intellectual property licencing costs	-	-	-	-
Rent collection, property repairs and maintenance charges	-	-	-	-
	-	-	-	-
<b>Total expenditure on raising funds</b>	-	-	-	-
<b>Expenditure on charitable activities:</b>				
	-	9,960	-	9,960
	-	-	-	-
	-	-	-	-
	-	-	-	-

<b>Total expenditure on charitable activities</b>	-	9,960	-	9,960
---	---	-------	---	-------

**Separate material item of expense**

	-	-	-	-
	-	-	-	-
	-	-	-	-
<b>Total</b>	-	-	-	-

**Other**

	-	-	-	-
	-	-	-	-
	-	-	-	-
	-	-	-	-
<b>Total other expenditure</b>	-	-	-	-
<b>TOTAL EXPENDITURE</b>	-	9,960	-	9,960

**Other information:**

**Analysis of expenditure on charitable activities**

Activity or programme	This year			Total this year
	Activities undertaken directly	Grant funding of activities	Support Costs	
	£	£	£	£
Activity 1 - Mind Behind Bars Project ID 201	-	9,960	-	9,960
Activity 2	-	-	-	-
Other	-	-	-	-
<b>Total</b>	-	9,960	-	9,960

**(cont)**

**Last year**

Unrestricted funds	Restricted income funds	Endowment funds	Total funds £
-	-	-	-
-	-	-	-
			-
			-
			-
			-
			-
			-
-	-	-	-
-	-	-	-
-	-	-	-
			-
			-
-	-	-	-
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-	-	-	-
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-	-	-	-
-	-	-	-
-	-	-	-

Last year			
Activities undertaken directly	Grant funding of activities	Support Costs	Total last year
£	£	£	£
-	-	-	-
-	-	-	-
-	-	-	-
-	-	-	-

**Section C****Notes to the accounts****Note 7                      Extraordinary items**

*Please explain the nature of each extraordinary item occurring in the period*

	<b>Description</b>
<b>Extraordinary item 1</b>	<div style="border: 1px solid black; height: 50px;"></div>
<b>Extraordinary item 2</b>	<div style="border: 1px solid black; height: 50px;"></div>
<b>Extraordinary item 3</b>	<div style="border: 1px solid black; height: 50px;"></div>
<b>Extraordinary item 4</b>	<div style="border: 1px solid black; height: 50px;"></div>
<b>Total extrordinary items</b>	<div style="border: 1px solid black; height: 50px;"></div>

**(c)**

.

<b>This year £</b>	<b>Last year £</b>
-	-
-	-
-	-
-	-
-	-



**Note 9 Support Costs**

*Please complete this note if the charity has analysed its expenses using activity categories and has support costs.*

**This year**

Support cost (examples)	Raising funds	Activity 1	Activity 2	Activity 3
	£	£	£	£
Governance	-	-	-	-
	-	-	-	-
	-	-	-	-
	-	-	-	-
Other	-	-	-	-
<b>Total</b>	-	-	-	-

**Last year**

Support cost (examples)	Raising funds	Activity 1	Activity 2	Activity 3
	£	£	£	£
Governance	-	-	-	-
	-	-	-	-
	-	-	-	-
	-	-	-	-
Other	-	-	-	-
<b>Total</b>	-	-	-	-

*Please provide details of the accounting policy adopted for the apportionment of costs between activities and any estimation techniques used to calculate their apportionment.*



<b>Grand total</b>	<b>Basis of allocation</b>
<b>£</b>	<b>(Describe method)</b>
-	
-	
-	
-	
-	
-	

<b>Grand total</b>	<b>Basis of allocation</b>
<b>£</b>	<b>(Describe method)</b>
-	
-	
-	
-	
-	
-	

--

**Section C****Notes to the accounts****Note 10****Details of certain items of expenditure****10.1 Fees for examination of the accounts**

*Please provide details of the amount paid for any statutory external scrutiny of accounts and other services provided by your independent examiner. If nothing was paid please enter '0' in the appropriate box(es).*

**Independent examiner's fees**

**Assurance services other than audit or independent examination**

**Tax advisory fees**

**Other fees (for example: financial advice, consultancy, accountancy services) paid to the independent examiner**



<b>This year £</b>	<b>Last year £</b>
-	-
-	-
-	-
-	-

## Note 11

## Paid employees

Please complete this note if the charity has any employees.

## 11.1 Staff Costs

	This year £
Salaries and wages	-
Social security costs	-
Pension costs (defined contribution scheme)	-
Other employee benefits	-
<b>Total staff costs</b>	-

This year:

Please provide details of expenditure on staff working for the charity whose contracts are with and are paid by a related party

N/A

Last year:

Please provide details of expenditure on staff working for the charity whose contracts are with and are paid by a related party

N/A

Please give details of the number of employees whose total employee benefits (excluding pension costs) fell within each band of £10,000 from £60,000 upwards. If there are no transactions, please enter 'true' in the box provided.

No employees received employee benefits (excluding employer pension costs) for the reporting period of more than £60,000

Band	Number of This year
£60,000 to £69,999	-
£70,000 to £79,999	-
£80,000 to £89,999	-
£90,000 to £99,999	-
£100,000 to £109,999	-

Please provide the total amount paid to key management personnel (includes trustees and senior management) for their services to the charity. For specific amounts paid to trustees, see Note 28.

This year £
-

**11.2 Average head count in the year**

**The parts of the charity in which the employees work**

	<b>This year Number</b>
Fundraising	1
Charitable Activities	1
Governance	4
Other	-
<b>Total</b>	<b>6</b>

**11.3 Ex-gratia payments to employees and others (excluding trustees)**

*Please complete if an ex-gratia payment is made.*

**Please explain the nature of the payment**

<b>This year</b>	N/A
<b>Last year</b>	N/A

**Please state the legal authority or reason for making the payment**

<b>This year</b>	N/A
<b>Last year</b>	N/A

**Please state the amount of the payment (or value of any waiver of a right to an asset)**

<b>This year</b>
<b>£</b>
-

**11.4 Redundancy payments**

*Please complete if any redundancy or termination payment is made in the period.*

	<b>This year</b>
<b>Total amount of payment</b>	<b>£</b> -

**The nature of the payment (cash, asset etc.)**

	<b>This year</b>
<b>The extent of redundancy funding at the balance sheet date</b>	<b>£</b> -

**Please state the accounting policy for any redundancy or termination payments**

**(cont)**

<b>Last year £</b>
1,900
-
-
1,900

--

/A
----

***including employer  
no such***

TRUE
------

<b>employees</b>
<b>Last year</b>
-
-
-
-
-
-

<b>Last year £</b>
1,900

<b>Last year Number</b>	
	1
	1
	4
	-
	6



<b>Last year £</b>	
	-

<b>Last year</b>
<b>£</b> -

--

<b>Last year</b>
<b>£</b> -

--

**Note 12 Defined contribution pension scheme or defined benefit scheme or a defined contribution scheme.**

**12.1 Please complete this note if a defined contribution pension scheme is operated.**

	<b>This year</b>
	<b>£</b>
<b>Amount of contributions recognised in the SOFA as an expense</b>	-

**Please explain the basis for allocating the liability and expense of defined contribution pension scheme between activities and between restricted and unrestricted funds.**

**12.2 Please complete this section where the charity participates in a defined benefit pension scheme to ascertain its share of the underlying assets and liabilities.**

**Please confirm that although the scheme is accounted for as a defined contribution plan, it is a defined benefit plan.**

**Please provide such information as is available about the plan's surplus or deficit and the implications, if any, for the reporting charity for this year and last year, if different**

**12.3 Please complete this section where the charity participates in a multi-employer defined contribution plan that is accounted for as a defined contribution plan.**

**Describe the extent to which the charity can be liable to the plan for other entities' obligations under the terms and conditions of the multi-employer plan. If this is different for last year, provide details**

**Provide an explanation of how any liability arising from an agreement with a multi-employer plan to fund a deficit has been determined. If this is different for last year, provide details**

--

**(cont)**

eme accounted for as

Last year
£
-

--

*ension plan but is unable*


*ined benefit pension*

--





***Other unanalysed grants***

**TOTAL GRANTS PAID**





	-
	-



**Note 14****Tangible fixed assets**

*Please complete this note if the charity has any tangible fixed assets*

**14.1 Cost or valuation**

	<b>Freehold land &amp; buildings</b>	<b>Other land &amp; buildings</b>
	<b>£</b>	<b>£</b>
At the beginning of the year	-	-
Additions	-	-
Revaluations	-	-
Disposals	-	-
Transfers *	-	-
At end of the year	-	-

**14.2 Depreciation and impairments**

<b>**Basis</b>	SL or RB (Straight Line or Reducing Balance)	SL or RB
<b>** Rate</b>		

At beginning of the year	-	-
Disposals	-	-
Depreciation	-	-
Impairment	-	-
Transfers*	-	-
At end of the year	-	-

**14.3 Net book value**

Net book value at the beginning of the year	-	-
Net book value at the end of the year	-	-

#### 14.4 Impairment

***This year: Please provide a description of the events and circumstances that led to the recognition or reversal of an impairment loss.***

***Last year: Please provide a description of the events and circumstances that led to the recognition or reversal of an impairment loss.***

#### 14.5 Revaluation

***If an accounting policy of revaluation is adopted, please provide:***

***the effective date of the revaluation***

***the name of independent valuer, if applicable***

***the methods applied and significant assumptions***

***the carrying amount that would have been recognised had the assets been carried under the cost model.***

#### 14.6 Other disclosures

***(i) Please state the amount of borrowing costs, if any, capitalised in the cons tangible fixed assets and the capitalisation rate used.***

***(ii) Please provide the amount of contractual commitments for the acquisition of fixed assets.***

***(iii) Details of the existence and carrying amounts of property, plant and equipment to which the charity has restricted title or that are pledged as security for liabilities.***

*\* The "transfers" row is for movements between fixed asset categories.*

*\*\* Please indicate the method of depreciation by deleting the method not applicable (SL indicate the rate of depreciation: for straight line, what is the anticipated life of the asset percentage annual deduction).*

**(cont)**

<b>Plant, machinery and motor vehicles</b>	<b>Fixtures, fittings and equipment</b>	<b>Total</b>
<b>£</b>	<b>£</b>	<b>£</b>
-	-	-
-	-	-
-	-	-
-	-	-
-	-	-
-	-	-

SL or RB	SL or RB	SL or RB

-	-	-
-	-	-
-	-	-
-	-	-
-	-	-
-	-	-

-	-	-
-	-	-

--

--

<b>This year</b>	<b>Last year</b>
-	-

	<b>This year</b>	<b>Last year</b>
	<b>£</b>	<b>£</b>
<b>truction of</b>	-	-
<b>n of tangible</b>	-	-

*= straight line; RB = reducing balance). Also please t (in years); for reducing balance, what is the*

**Section C**

**Notes to the accounts**

**Note 15 Intangible assets**

*Please complete this note if the charity has any intangible assets*

**15.1 Cost or valuation**

	<b>Research &amp; development</b>	<b>Patents and trademarks</b>	<b>Other</b>	<b>Total</b>
	<b>£</b>	<b>£</b>	<b>£</b>	<b>£</b>
At beginning of the year	-	-	-	-
Additions	-	-	-	-
Disposals	-	-	-	-
Revaluations	-	-	-	-
Transfers *	-	-	-	-
At end of the year	-	-	-	-

**15.2 Amortisation and impairments**

<b>**Basis</b>	SL or RB	SL or RB	SL or RB	SL or RB	Straight Line ("SL") or Reducing Balance ("RB")
<b>** Rate</b>					

At beginning of the year	-	-	-	-
Disposals	-	-	-	-
Amortisation	-	-	-	-
Impairment	-	-	-	-
Transfers*	-	-	-	-
At end of year	-	-	-	-

**15.3 Net book value**

Net book value at the beginning of the year	-	-	-	-
Net book value at the end of the year	-	-	-	-

**15.4 Accounting policy**

*Please disclose the accounting policy for intangible fixed assets including:*

**Reasons for choosing amortisation rates**

**Policies for the recognition of any capital development**


**15.5 Impairment**

**This year:**

*Please provide a description of the events and circumstances that led to the recognition or reversal of an impairment loss.*

--

**Last year:**

*Please provide a description of the events and circumstances that led to the recognition or reversal of an impairment loss.*

--

**15.6 Revaluation**

*If an accounting policy of revaluation is adopted, please provide:*

*the effective date of the revaluation*

*the name of independent valuer, if applicable*

*the methods applied*

*the carrying amount that would have been recognised had the assets been carried under the cost model.*

This year	Last year

**15.7 Other disclosures**

*(i) If your intangible asset was acquired by way of grant, provide value on initial recognition and carrying amount of the asset.*

*(ii) Details of the carrying amounts of any intangible assets to which the charity has restricted title or that are pledged as security for liabilities.*

*(iii) Please provide the amount of contractual commitments for the acquisition of intangible assets.*

*(iv) State the amount of research and development expenditure recognised as expenditure in the year.*

*(v) Please detail the headings in the SOFA in which a charge for amortisation of intangible assets is included.*

*(vi) For any material intangible assets, please provide a description, its carrying amount and any remaining amortisation period.*


\* The "transfers" row is for movements between fixed asset categories.

\*\* Please indicate the method of depreciation by deleting the method not applicable (SL = straight line; RB = reducing balance). Also please indicate the rate of depreciation: for straight line, what is the anticipated life of the asset (in years); for reducing balance, what is the percentage annual deduction.

**Note 16 Heritage assets***Please complete this note if the charity has heritage assets***16.1 General disclosures for all charities holding heritage assets****(i) Explain the nature and scale of heritage assets held.****(ii) Explain the policy for the acquisition, preservation, management and disposal of heritage assets.**

This year

**16.2 Cost or valuation**

At beginning of the year

Additions

Disposals

Revaluations

Transfers \*

At end of the year

	Heritage asset 1 £	Heritage asset 2 £	Heritage asset 3 £
At beginning of the year	-	-	-
Additions	-	-	-
Disposals	-	-	-
Revaluations	-	-	-
Transfers *	-	-	-
At end of the year	-	-	-

**16.3 Depreciation and impairments****\*\*Basis****\*\* Rate**


At beginning of the year

Disposals

Depreciation

Impairment

Transfers\*

At end of year


#### 16.4 Net book value

Net book value at the beginning of the year

Net book value at the end of the year

-	-	-
-	-	-

## 16.5 Impairment

**This year**

***Please provide a description of the events and circumstances that led to the recognition or reversal of an impairment loss.***

--

**Last year**

***Please provide a description of the events and circumstances that led to the recognition or reversal of an impairment loss.***

--

## 16.6 Revaluation

***If an accounting policy of revaluation is adopted, please provide:***

***the effective date of the revaluation***

***the name of independent valuer, if applicable***

***qualifications of independent valuer***

***the methods applied and significant assumptions***

***any significant limitations on the valuation***

<b>This</b>

## 16.7 Analysis of heritage assets by class or group distinguishing those at cost

Carrying amount at the beginning of the period

Additions

Disposals

Depreciation/impairment

Revaluation

Carrying amount at the end of period

## 16.8 Heritage assets (where heritage assets are not recognised on the balance sheet)

<b>This year</b>
------------------

**(i) Explain the reason why heritage assets have not been recognised on the balance sheet.**

**(ii) Describe the significance and nature of heritage assets.**

**(iii) Disclose information that is helpful in assessing the value of heritage assets.**

**(iv) Explain the reason why it is not practicable to obtain a valuation of heritage assets.**


## 16.9 Five year summary of heritage assets transactions

	2015	2014	2013
	£	£	£
<b>Purchases</b>			
Group A	-	-	-
Group B	-	-	-
Group C	-		
Other	-		
<b>Donations</b>			
Group A	-	-	-
Group B	-	-	-
Group C	-	-	-
Other	-	-	-
<b>Total additions</b>	-	-	-
<b>Charge for impairment</b>			
Group A	-	-	-
Group B	-	-	-
Group C	-	-	-
Other	-	-	-
<b>Total charge for impairment</b>	-	-	-
<b>Disposals</b>			
Group A - carrying amount	-	-	-
Group B - carrying amount	-	-	-
Group C	-	-	-
Other	-	-	-
<b>Total disposals</b>	-	-	-

**(cont)**

<b>Last year</b>

<b>Heritage asset 4 £</b>	<b>Total £</b>
-	-
-	-
-	-
-	-
-	-
-	-

		Straight Line ("SL") or Reducing Balance ("RR")

-	-
-	-
-	-
-	-
-	-
-	-

-	-
-	-

--

--

<b>year</b>	<b>Last year</b>

**and those at valuation**

<b>At valuation Group A</b>	<b>At cost Group B</b>	<b>Total</b>
<b>£</b>	<b>£</b>	<b>£</b>
-	-	-
-	-	-
-	-	-
-	-	-
-	-	-
-	-	-

**e sheet)**

<b>Last year</b>
------------------




**Note 17 Investment assets**

*Please complete this note if the charity has any investment assets.*

**17.1 Fixed assets investments (please provide for each class of investment)**

	Cash & cash equivalents	Listed investments	Investment properties
Carrying (fair) value at beginning of period	-	-	-
<b>Add:</b> additions to investments during period*	-	-	-
<b>Less:</b> disposals at carrying value	-	-	-
<b>Less: impairments</b>	-	-	-
<b>Add: Reversal of impairments</b>	-	-	-
<b>Add/(deduct):</b> transfer in/(out) in the period	-	-	-
<b>Add/(deduct):</b> net gain/(loss) on revaluation	-	-	-
Carrying (fair) value at end of year	-	-	-

**\*Please specify additions resulting from acquisitions through business combinations, if any.**

--

**Please note that Fair Value in this context is the amount for which an asset could be exchanged between knowledgeable and willing parties in an arm's length transaction. For traded securities, the fair value is the closing price on the London Stock Exchange Daily Official List or equivalent. For other assets, it is the trustees' or valuers' best estimate of fair value.**

**17.2 Please provide a breakdown of investments shown above agreeing the total value, differentiating between those held at fair value and those held at cost**

**This year:**

**Analysis of investments**

**Cash or cash equivalents**

**Listed investments**

**Investment properties**

	<b>Fair value at</b>
	<b>£</b>

<b>Social investments</b>	
<b>Other investments</b>	
<b>Total</b>	
<b>Grand total (Fair value at year end+Cost less impairment)</b>	

<b>Last year:</b>	
<b>Analysis of investments</b>	
	<b>Fair value a</b>
	<b>£</b>
<b>Cash or cash equivalents</b>	
<b>Listed investments</b>	
<b>Investment properties</b>	
<b>Social investments</b>	
<b>Other investments</b>	
<b>Total</b>	
<b>Grand total (Fair value at year end+Cost less impairment)</b>	

**17.3 If your charity holds investment properties, please complete the following table**

	<b>This year</b>
<b>(i) Explain the methods and significant assumptions in determining the fair value of investment property held by the charity</b>	
<b>(ii) Name or independent valuer, if applicable, and relevant qualifications</b>	
<b>(iii) Provide details of any restrictions on the ability to realise investment property or on the remittance of income or disposal proceeds</b>	
<b>(iv) Explain any contractual obligations for the purchase, construction or development of investment property or for repairs, maintenance or enhancements</b>	

**17.4 Please provide a breakdown of current asset investments, if applicable**

**Analysis of current asset investments**

	<b>This year</b>
	<b>£</b>
<b>Cash or cash equivalents</b>	
<b>Listed investments</b>	
<b>Investment properties</b>	
<b>Social investments</b>	
<b>Other investments</b>	
<b>Total</b>	

**17.5 Guarantees**

<b>Please provide details and amount of any guarantee made to or on behalf of a third party</b>	
<b>Name of the entity or entities benefitting from those guarantees</b>	

**Please explain how the guarantee furthers the charity's aims**

An empty rectangular box with a thin black border, intended for the user to provide an explanation.

## 17.6 Concessionary loans

**Amount of concessionary loans made (Multiple loans made may be disclosed in aggregate provided that such aggregation does not obscure significant information).**

<i>Desc</i>
<b>Total</b>

**Amount of concessionary loans received (Multiple loans received may be disclosed in aggregate provided that such aggregation does not obscure significant information).**

<i>Desc</i>
<b>Total</b>

**Terms and conditions eg interest rate, security provided**

<b>This year</b>

**Value of any concessionary loans which have been committed but not taken up at the reporting date**


**Amounts payable within 1 year**

**Amounts payable after more than 1 year**

**Amounts receivable within 1 year**

**Amounts receivable after more than 1 year**


## 17.7 Additional information

**Please provide information about the significance of investments to the charity's financial position or performance eg. terms and conditions of loans or the use of hedging to manage financial risk.**

<b>This year</b>

**For all investments measured at fair value, the basis for determining the value, including any assumptions applied when using a valuation technique.**


**Where a charity has provided financial assets as a form of security, the carrying amount of the financial asset pledged as security and the terms and conditions relating to its pledge.**

--

(cont)

ment)

Social investments	Other	Total
-	-	-
-	-	-
-	-	-
-	-	-
-	-	-
-	-	-
-	-	-
-	-	-
-	-	-

--

*ould be exchanged between knowledgeable  
fair value is the value of the security quoted  
sets where there is no market price on a*

ng with the balance sheet row B04  
less impairment.

at year end	Cost less impairment
	£
-	-
-	-
-	-

-	-
-	-
-	-
	-

<b>at year end</b>	<b>Cost less impairment</b>
	<b>£</b>
-	-
-	-
-	-
-	-
-	-
-	-
-	-
	-

following note:

year	Last year

licable, agreeing with the balance sheet.

year	Last year
	£
-	-
-	-
-	-
-	-
-	-
-	-
-	-

This year	Last year

--	--

<i>ription</i>	<b>This year £</b>	<b>Last year £</b>
	-	-
	-	-
	-	-
	-	-
	-	-

<i>ription</i>	<b>This year £</b>	<b>Last year £</b>
	-	-
	-	-
	-	-
	-	-

	<b>Last year</b>

	<b>Last year</b>

--	--

**Section C**

**Notes to the accounts**

**Note 18 Stocks**

*Please complete this note if the charity holds any stock items*

**18.1 Please state the carrying amount of stock and work in progress analysed by activities.**

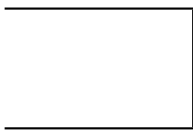
	Stock		Donated goods	
	For distribution	For resale	For distribution	For resale
	£	£	£	£
<b>Charitable activities:</b>				
<i>Opening</i>	-	-	-	-
<i>Added in period</i>	-	-	-	-
<i>Expensed in period</i>	-	-	-	-
<i>Impaired</i>	-	-	-	-
<i>Closing</i>	-	-	-	-
<b>Other trading activities:</b>				
<i>Opening</i>	-	-	-	-
<i>Added in period</i>	-	-	-	-
<i>Expensed in period</i>	-	-	-	-
<i>Impaired</i>	-	-	-	-
<i>Closing</i>	-	-	-	-
<b>Other:</b>				
<i>Opening</i>	-	-	-	-
<i>Added in period</i>	-	-	-	-
<i>Expensed in period</i>	-	-	-	-
<i>Impaired</i>	-	-	-	-
<i>Closing</i>	-	-	-	-
<b>Total this year</b>	-	-	-	-
<b>Total previous year</b>	-	-	-	-

This year	Last
£	:

**18.2 Please specify the carrying amount of any stocks pledged as security for liabilities**

--	--





**Section C****Notes to the accounts****Note 19 Debtors and prepayments**

*Please complete this note if the charity has any debtors or prepayments.*

**19.1 Analysis of debtors**

Trade debtors

Prepayments and accrued income

Other debtors

**Total**

*Please complete 19.2 where a material debtor is recoverable more than a year*

**19.2 Analysis of debtors recoverable in more than 1 year (included in debtor**

Trade debtors

Prepayments and accrued income

Other debtors

**Total**

**(cont)**

<b>This year</b>	<b>Last year</b>
<b>£</b>	<b>£</b>
-	-
-	-
-	-
-	-

*after the reporting date.*

*s above)*

<b>This year</b>	<b>Last year</b>
<b>£</b>	<b>£</b>
-	-
-	-
-	-
-	-
-	-

**Section C****Notes to the accounts****Note 20****Creditors and accruals**

*Please complete this note if the charity has any creditors or accruals.*

**20.1 Analysis of creditors**

	<b>Amounts falling due within one year</b>	
	<b>This year £</b>	<b>Last year £</b>
<b>Accruals for grants payable</b>	-	-
<b>Bank loans and overdrafts</b>	-	-
<b>Trade creditors</b>	-	-
<b>Payments received on account for contracts or performance-related grants</b>	-	-
<b>Accruals and deferred income</b>	-	-
<b>Taxation and social security</b>	-	-
<b>Other creditors</b>	-	-
<b>Total</b>	-	-

**20.2 Deferred income**

*Please complete this note if the charity has deferred income.*

*Please explain the reasons why income is deferred.*

<b>This year</b>

***Movement in deferred income account***

**Balance at the start of the reporting period**

**Amounts added in current period**

**Amounts released to income from previous periods**

**Balance at the end of the reporting period**

**(cont)**

<b>Amounts falling due after more than one year</b>	
<b>This year £</b>	<b>Last year £</b>
-	-
-	-
-	-
-	-
-	-
-	-
-	-
-	-
-	-

<b>Last year</b>

<b>This year £</b>	<b>Last year £</b>
-	-
-	-
-	-
-	-

**Note 21 Provisions for liabilities and charges**

*Please complete this note if you have included in charity expenditure any provisions. A charity has a liability of uncertain timing or amount.*

**21.1 Movements in recognised provisions and funding commitment during the period**

- Balance at the start of the reporting period**
- Amounts added in current period**
- Amounts charged against the provision in the current period**
- Unused amounts reversed during the period**
- Balance at the end of the reporting period**

**21.2 Please provide:**

- a brief description of any obligations on the balance sheet and the expected amount and timing of resulting payments;

- an indication of the uncertainties about the amount or timing of those outflows; and

- the amount of any expected reimbursement, stating the amount of any asset that has been recognised for that expected reimbursement.

**This year**


**This year**

**21.3 For any funding commitment that is not recognised as a liability or provision, provide details of commitment made, the time frame of that commitment, any performance-related conditions and details of how the commitment will be funded (with contracts for capital expenditure separately identified).**

--

**21.4 Where unrestricted funds have been designated to a fund commitment, please disclose the nature of any amounts designated and the likely timing of that expenditure.**

--

**(cont)**

*A provision is made when the*

<b>This year £</b>	<b>Last year £</b>
-	-
-	-
-	-
-	-
-	-

**Last year**


**Last year**


**Note 22 Other disclosures for debtors, creditors and other basic 1**

**22.1 Please provide information about the significance of financial instruments (eg. debtors, creditors, investments etc) to the charity's financial position or performance, for example, the terms and conditions of loans or the use of hedging to manage financial risk.**

T

**22.2 If the charity has provided financial assets as a form of security, the carrying amount of the financial assets pledged as security and the terms and conditions related to its pledge should be given here.**

**(cont)**

**financial instruments**

<b>this year</b>	<b>Last year</b>

**Note 23 Contingent liabilities and contingent assets****23.1 Contingent liabilities**

Where the charity has contingent liabilities, please complete the following section where the possibility of their existence is remote.

**This year**

Description of item including its legal nature. Please describe any security provided in connection to the liability.	Estimate of financial impact

**Last year**

Description of item including its legal nature. Please describe any security provided in connection to the liability.	Estimate of financial impact

**23.2 Contingent assets**

Where the charity has contingent assets, please complete the following section where the assets are probable.

**This year**

Description of item	Estimate of financial impact

**Last year**

Description of item	Estimate of financial impact

**23.4 Other disclosures for contingent assets and/or liabilities**

**Please provide the following information where practicable:**

**Explain any uncertainties relating to the amount or timing of settlement; and the possibility of any reimbursement**

**Where it is not practical to make one or more of these disclosures, please state this fact**

<b>This year</b>

**(cont)**

**ction unless the**

<b>nancial effect</b>

<b>nancial effect</b>

**n when their existence is**

<b>nancial effect</b>

<b>nancial effect</b>

<b>Last year</b>

**Section C****Notes to the accounts****Note 24****Cash at bank and in hand****Short term cash investments (less than 3 months maturity date)****Short term deposits****Cash at bank and on hand****Other****Total**

**(cont)**

<b>This year £</b>	<b>Last year £</b>
-	-
-	-
-	79
-	-
-	79

**Note 25 Fair value of assets and liabilities****This year**

**25.1 Please provide details of the charity's exposure to credit risk (the risk of incurring a loss due to a debtor not paying what is owed) , liquidity risk (the risk of not being able to meet short term financial demands) and market risk (the risk that the value of an investment will fall due to changes in the market) arising from financial instruments to which the charity is exposed at the end of the reporting period and explain how the charity manages those risks.**

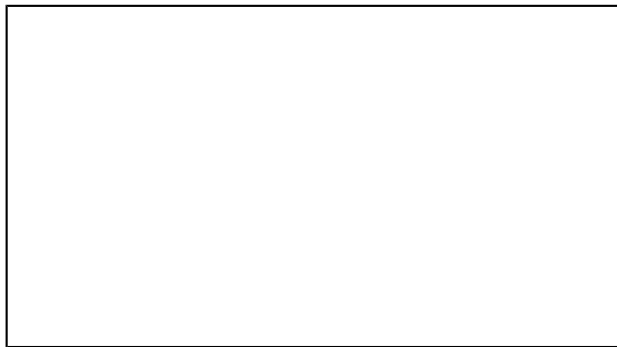
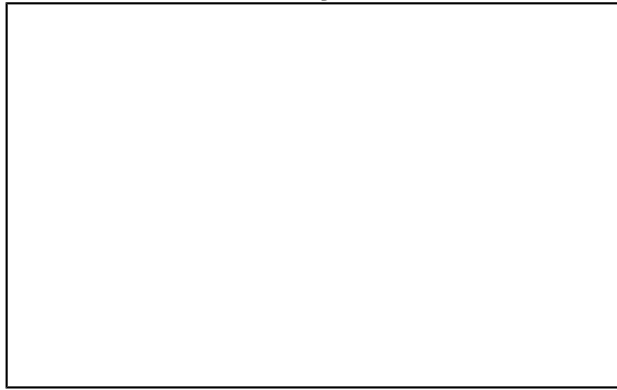
--

**25.2 Please give details of the amount of change in the fair value of basic financial instruments (debtors, creditors, investments (see section 11, FRS 102 SORP)) measured at fair value through the SoFA that is attributable to changes in credit risk.**

--

(

**Last year**



**Section C****Notes to the accounts****Note 26****Events after the end of the reporting period**

*Please complete this note events (not requiring adjustment to the accounts) have occurred after the end of the reporting period but before the accounts are authorised which relate to conditions that arose after the end of the reporting period.*

**This year**

**Please provide details of the nature of the event**

Postage & packaging costs, of sending the	

**Provide an estimate of the financial effect of the event or a statement that such an estimate cannot be made**

--	--

**(cont)**

**Last year**

--

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**Note 27 Charity funds**
**27.1 Details of material funds held and movements during the CURRENT reporting period**

*Please give details of the movements of material individual funds in the reporting period together with a balancing figure if figure below should reconcile to 'Total funds' in the balance sheet.*

*\* Key: PE - permanent endowment funds; EE - expendible endowment funds; R - restricted income funds, including special trusts; UR - unrestricted funds*

<b>Fund names</b>	<b>Type PE, EE R or UR *</b>	<b>Purpose and Restrictions</b>	<b>Fund balances brought forward £</b>	<b>Income £</b>	<b>Expenditure £</b>
			-	-	-
			-	-	-
			-	-	-
			-	-	-
			-	-	-
			-	-	-
			-	-	-
			-	-	-
			-	-	-
			-	-	-
<b>Other funds</b>	<b>N/a</b>	<b>N/a</b>	-	-	-
		<b>Total Funds</b>	-	-	-



**Note 27 Charity funds (cont)****27.2 Details of material funds held and movements during the PREVIOUS reporting period**

*Please give details of the movements of material individual funds in the reporting period together with a balancing figure if figure below should reconcile to 'Total funds' in the balance sheet.*

*\* Key: PE - permanent endowment funds; EE - expendible endowment funds; R - restricted income funds, including special trusts; UR - unrestricted funds*

<b>Fund names</b>	<b>Type PE, EE R or UR *</b>	<b>Purpose and Restrictions</b>	<b>Fund balances brought forward £</b>	<b>Income £</b>	<b>Expenditure £</b>
			-	-	-
			-	-	-
			-	-	-
			-	-	-
			-	-	-
			-	-	-
			-	-	-
			-	-	-
			-	-	-
			-	-	-
<b>Other funds</b>	<b>N/a</b>	<b>N/a</b>	-	-	-
		<b>Total Funds</b>	-	-	-



or 'Other funds'. The 'Total funds'

rusts, of the charity; and U -

Transfers £	Gains and losses £	Fund balances carried forward £
-	-	-
-	-	-
-	-	-
-	-	-
-	-	-
-	-	-
-	-	-
-	-	-
-	-	-
-	-	-
-	-	-
-	-	-
-	-	-

## Note 27

## Charity funds (cont)

## 27.3 Transfers between funds

## This year

	Reason for transfer and where endowment is con income, legal power for its conversion
Between unrestricted and restricted funds	
Between endowment and restricted funds	
Between endowment and unrestricted funds	

## Last year

	Reason for transfer and where endowment is con income, legal power for its conversion
Between unrestricted and restricted funds	
Between endowment and restricted funds	
Between endowment and unrestricted funds	

## 27.4 Designated funds

## This year

Planned use	Purpose of the designation

## Last year

Planned use	Purpose of the designation


**(cont)**

<b>verted to</b>	<b>Amount</b>

<b>verted to</b>	<b>Amount</b>

	<b>Amount</b>

	<b>Amount</b>


## Note 28

## Transactions with trustees and related parties

*If the charity has any transactions with related parties (other than the trustee expenses) details of such transactions should be provided in this note. If there are no transactions in the box or "False" if there are transactions to report.*

## 28.1 Trustee remuneration and benefits

## This year

None of the trustees have been paid any remuneration or received any other benefits in connection with their employment with their charity or a related entity (True or False)

*In the period the charity has paid trustees remuneration and benefits. Please give the details of any remuneration or other benefits paid to a trustee by the charity or any institution.*

Name of trustee	Legal authority (eg order, governing document)	Amounts paid	
		Remuneration	Pension contribution
		£	£
	Governing document		-
		-	-
		-	-
		-	-

*Please give details of why remuneration or other benefits were paid.*

*Where an ex gratia payment has been made to a trustee, provide an explanation of the nature of the payment.*

## Last year

None of the trustees have been paid any remuneration or received any other benefits in connection with their employment with their charity or a related entity (True or False)

*In the period the charity has paid trustees remuneration and benefits. Please give the details of any remuneration or other benefits paid to a trustee by the charity or any institution.*

		Amounts paid

Name of trustee	Legal authority (eg order, governing document)	Remuneration	Pension contribution
		£	£
Matthew Ward		1,900	-
		-	-
		-	-
		-	-

**Please give details of why remuneration or other employment benefits were paid.**

Project development and delivery, for 20152082

**Where an ex gratia payment has been made to a trustee, provide an explanation of the nature of the payment.**

## 28.2 Trustees' expenses

**If the charity has paid trustees expenses for fulfilling their duties, details of such transactions are given in this note. If there are no transactions to report, please enter "True" in the box below. If there are transactions to report, please enter "False".**

**No trustee expenses have been incurred (True or False)**

Type of expenses reimbursed	This year
Travel	
Subsistence	
Accommodation	
Other (please specify):	
<b>TOTAL</b>	

**Please provide the number of trustees reimbursed for expenses or who had expenses paid by the charity**

## 28.3 Transaction(s) with related parties

**Please give details of any transaction undertaken by (or on behalf of) the charity in which interest, including where funds have been held as agent for related parties. If there are none, enter 'true' in the box provided.**

**This year**

**There have been no related party transactions in the reporting period (True or False)**

Name of the trustee or related party	Relationship to charity	Description of the transaction(s)	Amount	Balance at period end
			£	£

***In relation to the transactions above, please provide the terms and conditions, including any security and the nature of any payment (consideration) to be provided in settlement.***

***For any related party, please provide details of any guarantees given or received.***

**Last year**

**There have been no related party transactions in the reporting period (True or False)**

<b>Name of the trustee or related party</b>	<b>Relationship to charity</b>	<b>Description of the transaction(s)</b>	<b>Amount</b>	<b>Balance at period end</b>
			<b>£</b>	<b>£</b>

***In relation to the transactions above, please provide the terms and conditions, including any security and the nature of any payment (consideration) to be provided in settlement.***

***For any related party, please provide details of any guarantees given or received.***

**(cont)**

*ses explained in guidance notes)  
ns to report, please enter "True"*

from an

**TRUE**

*≥ amount of, and legal authority  
ion or company connected with it.*

**aid or benefit value**

<b>Redundancy (including loss of office)/ex gratia</b>	<b>Other</b>	<b>TOTAL</b>
<b>£</b>	<b>£</b>	<b>£</b>
-	-	-
-	-	-
-	-	-
-	-	-

from an

**FALSE**

*≥ amount of, and legal authority  
ion or company connected with it.*

**aid or benefit value**

<b>Redundancy (including loss of office)/ex gratia</b>	<b>Other</b>	<b>TOTAL</b>
	<b>£</b>	<b>£</b>
-	-	<b>1,900</b>
-	-	-
-	-	-
-	-	-

<b>r managing the Mind Behind Bars Project ID</b>

**Transactions should be provided in  
If there are transactions to**

<b>TRUE</b>
-------------

<b>year</b>	<b>Last year</b>
<b>£</b>	<b>£</b>
-	-
-	-
-	-
-	-
-	-
-	-
-	-

--	--

**which a related party has a material  
are no such transactions, please**

**TRUE**

<b>Provision for bad debts at period end</b>	<b>Amounts written off during reporting period</b>
<b>£</b>	<b>£</b>

--

--

**TRUE**

<b>Provision for bad debts at period end</b>	<b>Amounts written off during reporting period</b>
<b>£</b>	<b>£</b>

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**Note 29****Additional Disclosures**

The following are significant matters which are not covered in other notes and need to be included to provide a proper understanding of the accounts. If there is insufficient room here, please add a separate sheet.

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