OUTpatients

England & Wales · Charity number 1190756

Details

Other names	LIVE THROUGH THIS
Status	Registered
Legal form	CIO
Registered	2020-08-06
Register	View on the Charity Commission register

Contact

Address	OUTpatients 18-22 Ashwin Street London E8 3DL
Phone	07414505279
Email	contact@outpatients.org.uk
Website	www.outpatients.org.uk

Activities

Objects: TO RELIEVE THE NEEDS OF LGBTIQ+ PEOPLE AFFECTED BY CANCER THROUGH: (A) PROVIDING SUPPORT SERVICES FOR THOSE AFFECTED;(B) ADVANCING EDUCATION AND RAISING EQUALITY AND DIVERSITY WITHIN HEALTHCARE, EXISTING CANCER SERVICES, OTHER THIRD SECTOR ORGANISATIONS AND THE PUBLIC.

Activities: Live Through This works to address the healthcare inequalities faced by LGBTIQ people affected by cancer by(a) Providing support services for those affected;(b) Advancing education and raising equality and diversity within healthcare, existing cancer services, other third sector organisations and the public.

Classification

- **How:** Provides Services, Provides Advocacy/advice/information, Sponsors Or Undertakes Research
- **What:** General Charitable Purposes, Education/training, The Advancement Of Health Or Saving Of Lives, Disability, Human Rights/religious Or Racial Harmony/equality Or Diversity
- **Who:** Elderly/old People, People With Disabilities, Other Defined Groups

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Geography

- Throughout England

Finances

Period end	Income	Expenditure	Assets	Employees
2025-03-31	£254,220	£205,239	-	-
2024-03-31	£157,533	£122,028	-	-
2023-03-31	£184,857	£116,959	-	-
2022-03-31	£38,531	£14,728	-	-
2021-03-31	£19,970	£10,526	-	-

Trustees

Name	Role	Appointed
Andrew Berrie	Chair	2022-05-23
Alison Berner		2020-08-06
Cleo Pascal		2022-05-23
Jacob Bayliss		2020-08-06

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OUTpatients

England & Wales - Charity number 1190756

Accounts

OUTpatients

The UK's LGBTIQ+ Cancer Charity

Annual Report

2024-2025

Structure, Governance, and Management

Registered Name

OUTpatients

Other names in use

None

Registered Address

18 Ashwin St, London, E8 3DL

Registration Number

1190756

Governing Document

OUTpatients is a Charitable Incorporation Organisation, operating under a Foundation Model Constitution, registered with the Charity Commission on 6th August 2020 under 'Live Through This'. Then amended on 18th August 2023 following a name change to 'OUTpatients'.

Trustees

Name	Dates acting	Name of appointee
Alison Berner	06/8/20 - present	Charity registration
Kamilla Kamaruddin	06/8/20 - 11/05/24	Charity registration
Jacob Bayliss (Vice Chair)	06/8/20 - present	Charity registration
Andrew Berrie (Chair)	23/05/22 - present	Chair of the board
Cleo Pascal	23/05/22 - present	Chair of the board
Jennie Gillions	18/07/23 - 17/10/25	Chair of the board

Recruitment and appointment of trustees

Under the requirement of our Constitution, new trustees are appointed by decision of the board. All trustees give their time voluntarily and receive no benefits from the charity. Trustees are offered training to help them develop skills relevant to their duties.

Organisational structure

The board of trustees currently has five members who meet quarterly and are responsible for providing strategic, financial, and operational oversight of the charity. Decisions regarding the legal

structure, any new directions or charity operations, or decisions regarding substantial financial investment are always taken to the Board.

Day to day management of the charity is undertaken by the founding CEO, Stewart O'Callaghan. Where appropriate, systems of procedures have been established to mitigate the risks the charity faces. The CEO is directly responsible for the remaining employees. Further details regarding our staff and structure can be found on our website: https://outpatients.org.uk/our-team/

Risks to continuity of funding and other medium to high risks are recorded and managed in our Risk Register. These have informed our five-year strategy and both are actively implemented in order to achieve a diversification of funding and charitable activities to deliver on our objects. Internal policies and procedures remain under scheduled and continuous review by the CEO.

Wider networks

OUTpatients is a registered member of various consortia including LGBT Consortium, Cancer 52, National Voices, and One Cancer Voice. OUTpatients also works closely with key cancer charities including Macmillan, Prostate Cancer UK, Breast Cancer Now, Ovacome, and others to promote LGBTIQ+ inclusive care across the sector. OUTpatient's social media and newsletter have a strong following and receive positive engagement with our news, updates, and campaigns.

CEO statement

Against the backdrop of an increasingly hostile environment for our community and beneficiaries, I am proud to report that OUTpatients has continued to deliver on our mission to improve the lives of LGBTIQ+ people with and beyond cancer.

Demand continues to grow for both our patient and professional services. In response, we have grown and diversified our services as we meet the intersectional needs of our community, centring the principles of co-ordination, collaboration, and co-production throughout.

Our ability to provide clear, supportive, and up-to-date information on emerging issues in LGBTIQ+ health has allowed us to maintain our position as a trusted charity across the UK and beyond.

It has undoubtedly been a difficult period sociopolitically for our community, especially for those who are transgender and gender-diverse. We have seen falling patient experience scores in the NHS Cancer Patient Experience Survey, increasing levels of medical mistrust, and a greater propensity to avoid routine and symptomatic care. We have devoted a significant portion of our efforts to address these concerning trends in the hope that nobody is left behind in the cancer sector's goal to increase early diagnoses and better outcomes for cancer patients.

To help our community and stakeholders better understand our path to progress, we have launched our five year strategy that aims to improve early diagnosis, patient experience, and available support options. In a rapidly changing landscape of health politics and policy, OUTpatients felt it was important to clearly state our areas of focus and use these to continue to advocate for the needs of our beneficiaries who are so often overlooked and underserved in their cancer experience.

I have been encouraged by the increase in stakeholders' organisational strategies that name inequalities in a meaningful way. Our hope is that together we can continue to apply positive pressure to key policies that are currently in development and deliver a cancer care sector that is inclusive and aware of the intersectional barriers so many of our community face.

It is our duty to amplify the voices and experiences of our beneficiaries and work with them as we try to make a difference. They are our compass and together we can plot a path ahead that is both genuine and impactful for a better future for all.

Stewart O'Callaghan

Founder and CEO

Objectives and Activities

Public Benefit

OUTpatients objectives are to improve the quality of life for LGBTIQ+ people affected by cancer through:

(a) Providing support services for those affected;

(b) Advancing education and raising equality and diversity within healthcare, existing cancer services, other third sector organisations and the public.

Summary of Main Activities

Campaigns

Our cervical screening campaign Remove the Doubt reached 4.84 million people with a potential 750,000 people acting on the message. The campaign's online assets had real resonance with the community, achieving double (11.7%) the click through rate of comparable health campaigns. With this impact, there is very real potential that our campaign has saved lives. This campaign was recognised for its excellence by the Patient Experience Network and Picker at their Patient Experience Network Awards and took home an award for "showcasing patient-centric work that's setting new standards in health."

OUTpatients was a selected LGBTIQ+ charity for the Transport for London Pride Campaign which sought to bring to life the diversity of London's LGBTIQ+ communities across the city. We brought together staff and patients to share the moment, creating a lasting image of our organisation's patient-led approach to improving lives. This campaign was displayed across the Transport for London network, promoting the charity's work to the four million people using the London tube network every day.

Events and Support

Our annual conference brought together a diverse and inspiring group of voices to share work from the cutting edge of LGBTIQ+ cancer care. We heard from clinicians, researchers, policy leads, community projects, and patients, all seeking to improve the experiences and outcomes of LGBTIQ+ people with and beyond cancer. Attended virtually and online by over 150 people, all of those who completed a feedback form said they would recommend the event.

> *"If you'd like to hear more about diverse research, impact of the research in cancer, the annual Outpatients Conference is one to attend and learn from. So much is being done by OUTpatients on inclusive awareness, prevention and treatment. Especially on the awareness front from a community perspective and a healthcare provider's perspective."*

"Informative, provided a lot of thought provoking topics, left with lots of ideas of how to make improvements in my service/trust."

"A fascinating and inspiring day of talks from experts working at the top of their game to share innovative practices and improve cancer care for LGBTQ+ people."

"Just to say to the whole team at OUTpatients, thank you for everything you do and for all the lives you're improving. This makes all the difference and you are shaping how we deliver care."

This Pride season, we got back out on the road attending six different events across England, ranging from larger scale festivals including Bristol Pride and UK Black Pride through to smaller community events like AfroYanga Pride. This spread of events helped us reach new people with our charitable mission both in terms of breadth of reach through the large events, and depth of reach with the local community specific events, making sure that no-one is left behind.

We were grateful to be invited to multiple conferences across the year. At LGBTIQ+ specific health events like the NHS England Rainbow Badge Conference, we were able to expand the field of view of LGBTIQ+ health beyond sexual health to include cancer. At cancer specific conferences we were able to introduce our community as an area needing focus. At the World Cancer Congress, we promoted LGBTIQ+ inclusion on an international stage to clinical and policy leaders. At the United Kingdom Association of Supportive Care in Cancer conference, we presented LGBTIQ+ sexual wellbeing as a core consideration. At the UK Oncology Forum, we shared our resource TRANScribing with oncology pharmacists and industry representatives. At the Greater Manchester Cancer Conference, we were able to ground our work in the patient voice. At Oncology Professional Care, we delivered three sessions across two days promoting TRANScribing, sexual wellbeing, and recommendations for inclusive radiotherapy practice to a diverse audience of clinical roles in cancer. These, plus many other conferences, meetings, and events we spoke at throughout the year help us to cement our charitable mission as a core consideration for optimal person-centred care in our professional audience in the hopes of improving LGBTIQ+ patient care and outcomes.

Peer support continues to provide a life-changing sense of community for our beneficiaries. Through surveys of our service users we have seen and responded to their desire for more support options. This year we established our first tumor-specific support group to provide the UK's first nationally available breast cancer support session for LGBTIQ+ people. Supported by ambassadors from our existing beneficiary network, the sessions have been a welcome addition to our roster of support. We also provided a creative session based around photography skills and held an exhibition for the attendees' work in our office building, complete with a launch night where they were celebrated for their creative efforts. This was a hugely inspiring event for our beneficiaries, encouraging them to continue to express and process their experiences through art.

Resources and Education

This year our education for healthcare professionals reached 3,583 attendees. These webinars continue to be highly popular and successful in improving the awareness, knowledge, and confidence of clinical staff supporting LGBTIQ+ patients. Evaluation of in-session metrics has shown that this improvement is significant, even after a one-hour session. In addition to our webinars, we continue to teach healthcare students at multiple universities across the UK to improve their readiness to enter their professions primed to deliver person-centred care.

In response to the increased profile of transgender people in clinical care discussions and questions around the safety of polypharmacy when gender affirming care is present alongside cancer therapies, we published TRANScribing. This resource is the first of its kind and summarises the available evidence with a safety-oriented approach to patient care to increase confidence of clinical staff and improve patient care and outcomes. This resource has been presented at multiple conferences and led to articles in The Royal Pharmaceutical Society's official journal.

We created a new resource to improve conversations around psychosexual wellbeing for patients. Through community co-production and consultation with professionals, we designed and piloted a workbook for patients to map and discuss their sexual wellbeing and priorities throughout their cancer experience. This project will be extended into a second year that looks at how to best implement its content and exercises into our Sex and Cancer Info Hub webpage for the optimal patient information resource and user experience.

Strategy and Policy

As part of our strategic priority for OUTpatients, we have published our inaugural public strategy that sets out the vision we have for change over the next five years. This strategy helps us to communicate our plan for a more equitable and inclusive cancer sector all across the cancer pathway under three core goals: 1) Remove barriers to cancer screening for LGBTIQ+ people; 2) Improve LGBTIQ+ patients' outcomes and experiences; 3) Improve the support available for LGBTIQ+ people.

We're pleased to share that we are already delivering on these goals, with goal one involving direct work with the NHS England national cervical screening team. We have continually offered our knowledge and support to help improve the rollout of the opt-in solution for eligible patients with a male record at their GP. This has involved providing community research, a comms plan, a visual brief, and feedback on materials aimed at both professionals and patients.

This year, the Department of Health and Social Care launched the 'Change NHS' workstream to revolutionise the NHS. We were invited into this process as a partner organisation and given the opportunity to provide feedback at various meetings and via evidence submission. We have also been selected as a partner in the upcoming Cancer Plan development, and look forward to continuing advocating for LGBTIQ+ inclusion in the changing cancer landscape.

In recognition of our work, we were shortlisted for Charity of the Year at the Gaydio Awards, and though we were not ultimately successful, to be recognised by our community for our impact is an honour.

Financial review

Our financial position at 31st March 2025 shows a growth in income compared to the previous year (2025: £254,220; 2024: £157,532). This has been achieved through new core funding from City Bridge Foundation, LGBT Consortium, and Gilead UK that has allowed us to hire our Engagement and Volunteering roles. Project grants also helped contribute to this rise, including awards from the Gilead Look and You Will C Us programme, and the Paul Cottingham Trust.

Due to income levels hitting above £250,000, under Charity SORP 2019, we are required to present our financials under the accruals basis this year, which is our first time doing so. This means that adjustments have been made in the current financial year, with the advice of our accountants, to allow for transitional period transactions to ensure all income and expenditure presented relate to the correct financial period.

Whilst costs have been steadily increasing due to the cost of living, the Charity has maintained a strict cost management structure through continued working with trusted providers, and where new suppliers are required, following OUTpatients' procurement guidelines to achieve the most cost effective terms and prices. This has allowed us to operate at a steady level without a sharp increase in our operating costs.

We are grateful to our funders and donors for their support in helping us to improve the lives of LGBTIQ+ people with and beyond cancer. Your support has helped us to grow and reach more people year on year. We look forward to continuing working with you in the coming years to continue making a positive difference together.

Reserves

OUTpatients has a policy for holding a minimum reserve, representing 6 months' worth of operating costs, in the unrestricted general fund to ensure effective financial decision-making, rather than short term decisions as well as ensuring OUTpatients can meet its obligated liabilities in the event of an adverse effect on income generation. In this financial period average expenditure for 6 months is £102,620.

At the end of 2024-25, following a surplus of £48,981, OUTpatients held reserves totalling £196,159, of which £33,038 is restricted. The remaining £163,121 is the free reserves held in the Charity, which is currently above the minimum reserves held policy.

A programme of ongoing fundraising and restructure is in place to ensure this position is maintained into the future. This is regularly discussed at board meetings with all risks considered to ensure that in the unlikely event OUTpatients can no longer continue as a going concern, all steps and procedures are in place to ensure the impact is minimal for those we help.

Risk Register

Risks facing the Charity are held in our Risk Register, categorised into the following sections: Governance, External, Regulatory & Compliance, Financial, and Operational. This document is reviewed annually by Trustees, or at any point whereby a new risk is identified or previous risk modified. Due to the rise in transphobia within the UK, we are actively monitoring how this affects our beneficiaries, staff, work, and income. Similarly, large changes are expected within the structure of the NHS. For these reasons, OUTpatients continues to strengthen its sustainability through diversifying our income, supporting the wellbeing of its staff, and being proactive in matters of LGBTIQ+ health and policy including stakeholder relationships. There are no current risks in the register that pose a serious concern to the organisation.

Volunteer Contribution

Volunteers are onboarded through a robust multi-stage process that is graded by volunteer type to provide targeted information and allocation to a named supporting staff member. Our volunteers range from outreach and event support to professional content review. We have a detailed policy to support the management of our volunteers during their time with us and all volunteers are briefed on our core policies including safeguarding.

Trustee expenses

Trustees are entitled to claim expenses in line with the 'Trustees expenses' subsection of OUTpatients' Expenses and Reimbursement Policy. All expenses are required to be formally submitted with proof of receipt for review by the Chair of the Board and the CEO for approval. There have been no Trustee expenses or reimbursement in the reporting period.

Related party transactions

OUTpatients has a Related Parties Transactions (RPTs) policy and is guided by this for managing any potential influence and reporting RPTs in line with SORP Module 9. There are no RPTs to report in this financial period.

Going concern

The Charity currently operates in a surplus position, with all retained reserves used and invested into future projects that serve OUTpatients' objectives and purposes. OUTpatients presents our 31 March 2025 financials as a going concern, with no foreseeable reasons that may contradict this.

Future plans

The structure of core grants for salaries and project grants for activities continues to be a successful model for OUTpatients. In order for this approach to be sustainable, we are prospecting for new and diverse funders in order to refresh our pipeline and we welcome invitations and introductions to new funders and grantmakers that are aligned with our mission. We are also undertaking a review of our education products (i.e. webinars) and seeing how else we might improve this offer for greater impact and additional income diversification.

In the coming year, OUTpatients is committed to kicking off our new five year strategy with a key focus on connecting more patients, professionals, and the public around this important topic. In particular, we want to continue promoting cancer prevention and screening with the NHS to reduce the cancer burden in our community. We want to expand our educational impact to build confidence in our professional audience and chart new territory into psychosexual wellbeing, guided by our patient beneficiaries. We also want to seek new collaborations and networks to build resilience in the sector and reach more people so they can get the information and support that they need. We will also use our position as a trusted organisation for both our community and the healthcare sector to positively influence national policy so that we are not left behind in the upcoming restructures, policies, and reprioritisation of both the NHS and the Department of Health.

We believe in a sector that communicates, coordinates, and collaborates. We look forward to continuing to be a leader in the LGBTIQ+ health space and creating new opportunities for our beneficiaries and stakeholders to take an active role in these agenda-setting activities.

Declaration

The Trustees declare that they have approved the Annual Report. The chair has signed on behalf of the Trustees.

Signed



Full name

Andrew Berrie

Position

Chair of the Board of Trustees

Date

22/12/2025

REGISTERED CHARITY NUMBER: 1190756

Report of the Trustees and

Unaudited Financial Statements for the Year Ended 31 March 2025

for

OUTPatients

Harris Lacey and Swain
Suite 1
The Riverside Building
Hessle
East Yorkshire
HU13 0DZ

OUTPatients

Contents of the Financial Statements
for the Year Ended 31 March 2025

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Report of the Trustees
for the Year Ended 31 March 2025

The trustees present their report with the financial statements of the charity for the year ended 31 March 2025. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

The full annual report of The Charity is presented within the pages before this one, whilst the pages beyond this point form the financial statements for the year ended 31 March 2025.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The charity is controlled by its governing document, a deed of trust and constitutes an unincorporated charity.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Charity number

1190756

Principal address

18-22 Ashwin Street
London
E8 3DL

Trustees

A Berrie
J Gillions (resigned 17.10.25)
C Pascal
A Berner
J Bayliss
K Kamaruddin (resigned 11.5.24)

Independent Examiner

Harris Lacey and Swain
Suite 1
The Riverside Building
Hessle
East Yorkshire
HU13 0DZ

Approved by order of the board of trustees on 22/12/2025 and signed on its behalf by:

Andrew Berrie
.....
A Berrie - Trustee

Independent examiner's report to the trustees of OUTPatients
I report to the charity trustees on my examination of the accounts of OUTPatients (the Charity) for the year ended 31 March 2025.

Responsibilities and basis of report
As the charity trustees of the Charity you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the Trust's accounts carried out under Section 145 of the Act and in carrying out

my examination I have followed all applicable irections given by the Charity Commission under Section 145(5)(b) of the Act.

Independent examiner's statement
Since your charity's gross income exceeded £250,000 your examiner must be a member of a listed body. I can confirm that I am qualified to undertake the examination because I am a member of the Institute of Chartered Accountants in England and Wales, which is one of the listed bodies.

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the Charity as required by Section 130 of the Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Laura J Drew
The Institute of Chartered Accountants in England and Wales

Harris Lacey and Swain
Suite 1
The Riverside Building
Hessle
East Yorkshire
HU13 0DZ

Date:

OUTPatients

Statement of Financial Activities
for the Year Ended 31 March 2025

	Notes	Unrestricted fund £	Restricted fund £	2025 Total funds £	2024 Total funds £
INCOME AND ENDOWMENTS FROM					
Donations and legacies		6,249	-	6,249	13,007
Charitable activities					
Charitable activities		125,382	122,589	247,971	144,075
Other		-	-	-	450
Total		131,631	122,589	254,220	157,532
EXPENDITURE ON					
Charitable activities					
Charitable activities		18,524	6,995	25,519	25,873
Other		8,184	984	9,168	4,022
Depreciation		1,636	383	2,019	1,184
Staff costs		60,560	87,588	148,148	74,555
Software		1,245	881	2,126	2,152
Raising funds		65	-	65	356
Office costs		191	1,373	1,564	2,296
Rent		10,032	3,200	13,232	8,450
Travel		3,294	104	3,398	3,140
Total		103,731	101,508	205,239	122,028
NET INCOME		27,900	21,081	48,981	35,504
RECONCILIATION OF FUNDS					
Total funds brought forward		135,221	11,957	147,178	111,674
TOTAL FUNDS CARRIED FORWARD		163,121	33,038	196,159	147,178

The notes form part of these financial statements

OUTPatients

Balance Sheet
31 March 2025

	Notes	Unrestricted fund £	Restricted fund £	2025 Total funds £	2024 Total funds £
FIXED ASSETS					
Tangible assets	5	7,378	-	7,378	5,004
CURRENT ASSETS					
Debtors	6	29,207	8,964	38,171	8,516
Cash at bank		162,623	122,185	284,808	134,010
		191,830	131,149	322,979	142,526
CREDITORS					
Amounts falling due within one year	7	(36,087)	(98,111)	(134,198)	(352)
NET CURRENT ASSETS		155,743	33,038	188,781	142,174
TOTAL ASSETS LESS CURRENT LIABILITIES		163,121	33,038	196,159	147,178
NET ASSETS		163,121	33,038	196,159	147,178
FUNDS	8				
Unrestricted funds				163,121	135,221
Restricted funds				33,038	11,957
TOTAL FUNDS				196,159	147,178

The financial statements were approved by the Board of Trustees and authorised for issue on 22/12/2025 and were signed on its behalf by:

Andrew Berrie

A Berrie - Trustee

The notes form part of these financial statements

1. ACCOUNTING POLICIES

Basis of preparing the financial statements
The financial statements of the charity, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Charities Act 2011. The financial statements have been prepared under the historical cost convention.

Going concern
There are no material uncertainties related to events or conditions that cast significant doubt on the Charity's ability to continue as a going concern.

Functional currency
The functional currency is presented as pound sterling as this is the currency of the UK economic climate in which the Charity operates. The financial statements are presented in pound sterling, rounded to the nearest £1.

Income
Income received for services provided is accounted for on an accruals basis.

Cash donations, gifts and legacies are included in full in the income and expenditure account as they are received. Any significant non-cash donations are included in the income and expenditure account at the trustees' estimate of their market value when received. The value of voluntary help is not included in the accounts.

Grants and other funding of a revenue nature are deferred and released to the income and expenditure account over the period to which they relate.

Bank interest is included in the income and expenditure account on an accruals basis.

Expenditure
Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Tangible fixed assets
Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Office equipment	-	25% on cost and 7 years, less residual value
Computer equipment	-	25% on cost

Taxation
The Charity has suffered no tax charge as it is not subject to UK Corporation tax on its charitable activities. All of the Charity's income in this period is charitable and is applied for charitable purposes.

The charity is exempt from VAT on the basis that all income and expenditure is outside the scope of VAT.

Fund accounting
Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

continued...

1. ACCOUNTING POLICIES - continued

Fund accounting
Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Financial instruments
The charity only has financial assets and financial liabilities of a kind that qualify as basic financial instruments. Basic financial instruments, including trade and other debtors and creditors, are initially recognised at transaction value and subsequently measured at their settlement value.

Estimates and judgements
Estimates and judgements are continually evaluated and are based on historical experience and other factors, including expectations of future events that are believed to be reasonable under the circumstances. Although these estimates are based on the Charity's best knowledge of the amount, events or actions, actual results ultimately differ from these estimates. The Charity does not consider there to be any material estimates and judgements.

Debtors and creditors
Short term debtors and creditors are measured at transaction price, less any impairment.

2. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 March 2025 nor for the year ended 31 March 2024.

Trustees' expenses

There were no trustees' expenses paid for the year ended 31 March 2025 nor for the year ended 31 March 2024.

3. STAFF COSTS

	2025	2024
	£	£
Gross wages	117,112	55,061
NI contributions	26,194	13,581
Pension costs	4,843	3,407
Total	148,149	72,050

The average monthly number of employees during the year was as follows:

	2025	2024
Chief executive	1	1
Education	1	1
Peer services	1	1
Engagement	1	1
Volunteering	1	-
	5	4

No employees received emoluments in excess of £60,000.

continued...

4. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted fund £	Restricted fund £	Total funds £
INCOME AND ENDOWMENTS FROM			
Donations and legacies	13,007	-	13,007
Charitable activities			
Charitable activities	50,252	93,823	144,075
Other	450	-	450
Total	63,709	93,823	157,532
EXPENDITURE ON			
Charitable activities			
Charitable activities	8,502	17,371	25,873
Other	2,864	1,158	4,022
Depreciation	684	500	1,184
Staff costs	394	74,161	74,555
Software	752	1,400	2,152
Raising funds	356	-	356
Office costs	1,846	450	2,296
Rent	8,450	-	8,450
Travel	3,140	-	3,140
Total	26,988	95,040	122,028
NET INCOME/(EXPENDITURE)	36,721	(1,217)	35,504
RECONCILIATION OF FUNDS			
Total funds brought forward	98,500	13,174	111,674
TOTAL FUNDS CARRIED FORWARD	135,221	11,957	147,178

continued...

5. TANGIBLE FIXED ASSETS

	Office equipment £	Computer equipment £	Totals £
COST			
At 1 April 2024	3,331	5,095	8,426
Additions	1,465	2,929	4,394
At 31 March 2025	4,796	8,024	12,820
DEPRECIATION			
At 1 April 2024	1,468	1,954	3,422
Charge for year	686	1,334	2,020
At 31 March 2025	2,154	3,288	5,442
NET BOOK VALUE			
At 31 March 2025	2,642	4,736	7,378
At 31 March 2024	1,863	3,141	5,004

6. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2025 £	2024 £
Trade debtors	27,470	7,655
Accrued income	8,964	-
Prepayments	1,737	861
	38,171	8,516

7. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2025 £	2024 £
Taxation and social security	526	352
Other creditors	133,672	-
	134,198	352

8. MOVEMENT IN FUNDS

	At 1.4.24 £	Net movement in funds £	At 31.3.25 £
Unrestricted funds			
General fund	135,221	27,900	163,121
Restricted funds			
Restricted fund	11,957	21,081	33,038
TOTAL FUNDS	147,178	48,981	196,159

continued...

8. MOVEMENT IN FUNDS - continued

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	131,631	(103,731)	27,900
Restricted funds			
Restricted fund	122,589	(101,508)	21,081
TOTAL FUNDS	254,220	(205,239)	48,981

Comparatives for movement in funds

	At 1.4.23 £	Net movement in funds £	At 31.3.24 £
Unrestricted funds			
General fund	98,500	36,721	135,221
Restricted funds			
Restricted fund	13,174	(1,217)	11,957
TOTAL FUNDS	111,674	35,504	147,178

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	63,709	(26,988)	36,721
Restricted funds			
Restricted fund	93,823	(95,040)	(1,217)
TOTAL FUNDS	157,532	(122,028)	35,504

continued...

9. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 31 March 2025.

OUTpatients

England & Wales - Charity number 1190756

Accounts

OUTpatients

The UK's LGBTIQ+ Cancer Charity

Annual Report

2023-2024

Objectives and Activities

Objects

To relieve the needs of LGBTIQ+ people affected by cancer through:

(a) Providing support services for those affected;

(b) Advancing education and raising equality and diversity within healthcare, existing cancer services, other third sector organisations and the public.

Summary of Main Activities

OUTpatients carries out its charitable objects through three main pathways to progress:

Patients

- Providing peer support for any LGBTIQ+ person over the age of 18 who has been affected by cancer.

Professionals

- Educating clinicians and care providers on equitable treatment of LGBTIQ+ patients to improve the patient experience and the care received.
- Connecting examples of best practice across the country to foster an active network of improvement.

Production

- Creating resources and awareness campaigns that improve community knowledge about cancer and representation for LGBTIQ+ people affected by cancer

Trustees are aware of the Charity Commission's guidance on public benefit.

Structure, Governance and Management

Registered Name
OUTpatients

Other names in use
None

Registered Address
18 Ashwin St, London, E8 3DL

Registration Number
1190756

Charity Structure
Charitable Interest Organisation (Foundation Model)

Governing Document
Constitution

Trustees

Name	Dates acting	Name of person / body entitled to appoint Trustee
Alison Berner	6 Aug 2020 - Present	Charity at registration
Kamilla Kamaruddin	6 Aug 2020 - Present	Charity at registration
Jacob Bayliss	6 Aug 2020 - Present	Charity at registration
Andrew Berrie (Chair)	23 May 2022 - Present	Chair of the board
Cleo Pascal	23 May 2022 - Present	Chair of the board
Jennie Gillions	18 July 2023 - Present	Chair of the board

Trustee selection method
Trustee-led interview, selection, and appointment by Chair of the Board.

Charity management
Day to day management by the founding CEO, Stewart O'Callaghan. Decisions regarding the legal structure, any new directions or charity operations, or decisions regarding substantial financial investment are always taken to the Board.

Governance issues for period
None

Wider networks
OUTpatients is a registered member of various consortia including LGBT Consortium, Cancer 52, National Voices, and One Cancer Voice. None of these bodies has any direct impact on the operations of OUTpatients.

CEO statement

OUTpatients has enjoyed another successful year of improving the lives of LGBTIQ+ people affected by cancer. We are pleased to see that our services are well received and their demand continues to grow. This development is even more important given the rise of anti-LGBTIQ+ sentiments in portions of the UK media narrative, exemplifying the value of trusted, expert, lived-experience voices on issues related to LGBTIQ+ health.

The recent increase in attention in both medical and sociopolitical discussions has undoubtedly led to an increased scrutiny on our community. Provided the narrative remains in good faith and is not diverted by dissenting voices to inclusion, my hope is that this focus can have the potential to move the conversations of equitable care forward in the best interest of our community. However, this path is not an easy one.

A growing air of distrust appears to be the norm across the LGBTIQ+ community, but most notably in the transgender communities, as we weather political discourse regarding our rights in health. It is my view that the current 'debate' around our community has the potential to exacerbate pre-existing issues regarding medical mistrust which we know negatively affect attendance to routine medical appointments including cancer screening.

When I reflect on the Core20PLUS5 goal's inclusion of those under the Equality Act in pursuit of earlier detection and diagnosis of cancer, I am cognisant that this goal cannot be met if we leave the LGBTIQ+ community behind. That is why OUTpatients continues to champion our inclusive cancer screening campaigns with NHS cancer alliances and works with industry partners to close the gap between LGBTIQ+ patient experiences and that of their peers.

In these pressing times, charities must work together to weather the challenging landscape. We are grateful to our consortia of which OUTpatients are vocal members for the ability to connect and also platform our concerns in a turbulent time where minority communities can feel unseen and unheard.

To challenge the current climate and deliver for our beneficiaries, we are looking to the insights from our surveys, interviews, and peer support to develop new ways to reach and support them so that they are less likely to feel isolated. Similarly in our education for professionals, we are working hard to provide neutral, accessible, and evidence based opinions on the healthcare experiences of our community to combat media narratives that can negatively affect people's attitudes.

As our charity and impact continues to grow, I am minded that we be led by those who need us most. Through collaborative strategising, we can continue to deliver the best outputs for our service users and continue to make sure that not LGBTIQ+ person affected by cancer feels undervalued or overlooked during their care.

Stewart O'Callaghan
Founder & CEO



Our name change

As our charity has grown, we have been able to reach more people all along the cancer pathway, including those who are receiving palliative and end of life care. To reflect this growth and respect for all of our service users, we chose to update our brand identity to be more inclusive to their needs.

By working with a brand strategist who themselves is queer and has experienced breast cancer, we conducted research with our current users, potential users, and professional stakeholders to hear what they wanted from our identity.

Through an iterative process, we came to 'OUTpatients', a community that works to amplify LGBTIQ+ voices in cancer care. LGBTIQ+ charities have a long history of incorporating the word 'out' into their identity, and aligning with this tradition helps to bring a queer humour into our identity to better reflect our positive-minded approach.

People tell us they love our new name and that it helps them to feel closer to our mission:

**"Oh I love it. In fact I feel really moved.
I'm choked up. That's much more who I am."**

**"That makes my heart sing.
And I really love, the kind of,
the collective mission statement.
Yeah, that's really beautiful."**

**"I would march behind that banner
and I probably want to hold it
and organise people to do it."**

Charitable activities

Campaigns

In April, we launched Remove The Doubt, an LGBTIQ+ cervical screening campaign with the West Yorkshire and Harrogate Cancer Alliance. The campaign was developed with the local LGBTIQ+ community in Yorkshire, focussing on Leeds and Hebden Bridge. People enjoyed our co-creation workshops so much that some of the attendees became the face of the campaign. In a mix of successful online promotion (145k+ impressions), out of home placements in local and major rail stations, and an in-person attendance at Happy Valley Pride we were able to reach and inform large numbers of people across the region. Our content with trans models was the most successful, particularly on social media, where we saw a click-through-rate (CTR) to the main campaign page be as high as 11.6% (1.36% being the sector norm).

In June, we partnered with Jo's Trust to uplift a trans person to tell their experience of cervical screening in their own words. This post was successful on socials and on our individual websites and demonstrates the importance of collaborative messaging between key cancer charities.

In August, continued our Best for My Chest campaign with a booth at UK Black Pride, hosting Black Women Rising to join us at the event. The campaign reactivation included out of home placements on the Transport for London network timed with London Pride, and in October, we delivered a new video timed with Breast Cancer Awareness Month and Black History Month. The video was highly successful with the teaser alone reaching 14.8k impressions through organic promotion.

Also in October, we partnered with Orchid Cancer to deliver the trans-focused mini-campaign No IFS or BUTS, developing upon the insights gathered from a co-creation session with trans women in Newcastle about the need to raise awareness of prostate health in this group.

Events

In July, we held our LGBTIQ+ Cancer Conference at the Royal Society of Medicine. The event welcomed 98 attendees both in person and online who rated the event 4.8/5 for its speakers, topics, and facilities. Supported by NHS England and Macmillan, both sponsors were impressed and expressed their intention to support the event again next year.

Throughout the year we have attended multiple conferences that are local, national, and international to improve awareness of our work and rally support for the LGBTIQ+ community in health. These have included: Prostate Cancer UK Professional's Event; RM Partners Cancer Nurse and Allied Health Professional Conference; HSJ Cancer Forum; and the NHS England LGBT Health Conference.

Patient information and support

We continue to elevate the voices of our service users by giving them a platform in our own conference to tell their story, and through other events e.g. taking a peer support user to the Macmillan EDI conference to join a patient panel. One patient said she found the experience

powerful and helped her step back into public speaking after cancer. We have also connected patients with international outlets like PinkNews to share their story.

We have worked with Macmillan to create physical booklets, an audiobook, additional languages, and an Easy Read version of our LGBTIQ+ Cancer Information that is co-branded and stocked nationally in Macmillan cancer centres, libraries, and other community venues. This work helps to improve our community's visibility in cancer spaces and helps more patients get the information and support that they need when they need it.

In February, OUTpatients launched our Sex and Cancer Info Hub supported with input from six LGBTIQ+ cancer patients and six healthcare professionals (HCPs) in cancer. The resource has been widely celebrated by both cancer staff and patients alike. To support the new resource, we worked with Young Lives Vs Cancer, a cancer specialist nurse, and a qualified sexual educator to develop and deliver an online session in psychosexual concerns young adults with cancer. The session was rated highly by its attendees, with one sharing their appreciation for the breadth of topics covered: *"I don't think anyone during my treatment ever talked about different types of sex like anal it was just assumed the one kind."*

In October, we published a new information page for people who are intersex. We worked with a lived-experience expert of intersex people's lives and healthcare experiences to create the new webpage.

Also in October, we were pleased to welcome our new Peer Services Lead to the organisation, supported by Macmillan Cancer Support. Our peer support service continues to grow with over 220+ people on its register. One attendee recently shared: "OUTpatients saved me. I don't know how I could have coped without it." Our next step is to work with our new Lead role to co-create new support or connection options in addition to our core services, led by the insights of the people on our peer support register.

Education

Our educational webinars and conference sessions have reached over 2000 people working in healthcare in the past financial year (Apr-Mar). Sessions consistently rank highly with current data reading at 4.8/5 for speaker, slides, and session. The vast majority (98%) of people would recommend the session and 99% would apply something they have learnt. Pre- and post-session ratings all show an increase due to the session in awareness (22%+), knowledge (26%+), and confidence (24%+). These sessions are integral to the improvement of LGBTIQ+ cancer patient experience across the NHS and we continue to expand our reach through positive word-of-mouth recommendations. We are also actively exploring new ways to make the content more systemically available in NHS or clinical training.

Strategy & Policy

We have co-authored an EDI white paper on a European project that advocates for child, adolescent, and young adult survivors (CAYAS) of cancer with Youth Cancer Europe, funded by the European Commission. Similarly, we have contributed to an inequalities roundtable with Breast Cancer Now that informed a consensus statement from the sector and we have presented to the All Party Parliamentary Group on Cancer (APPGC) about inclusivity in cancer care.

We worked with Macmillan to scope LGBTIQ+ people's experiences of cancer and its treatments across the UK for an internal strategic report. We were able to report on 15

diverse voices through in-depth interviews about their experiences. Common themes included diminishing oneself, feeling overlooked, not being supported in psychosexual concerns, concerns about confidentiality, receiving poorer care, and the lack of support available. Our report has helped to refresh both OUTpatients and Macmillan's strategies for LGBTIQ+ inclusion in cancer services and has set the scene for even closer collaboration between the two organisations in the future.

We have been working with pharmaceutical partners to consult on and facilitate co-production with our community to discuss improved inclusion in medical trials and cancer sector innovations.



Financial Review

Reserves
£18,000

Reserves are held in line with the Charity's Reserves Policy to cover core activity delivery for a limited period and cover any costs associated with closure of the organisation. Any additional unrestricted funds are allocated to projects delivering on the organisation's objects by the Trustees and executive board.

Risk Register
Risks facing the Charity are held in our Risk Register, categorised into the following sections: Governance, External, Regulatory & Compliance, Financial, and Operational. This document is reviewed annually by Trustees, or at any point whereby a new risk is identified or previous risk modified. There are no current risks in the register that pose serious concern to the organisation.

Financial controls
The charity operates with Trustee approval required for any purchase over £1000.

Insurance
OUTpatients is protected by bother Public and Employer's Liability Insurance, secured via Scrutton Bland, insurance specialists for the Third Sector.

Volunteer Contribution
Volunteer peer support facilitation from trained professionals.

Details of fund materially in deficit
There is no deficit and the organisation does not plan to operate with a deficit.

Trustee expenses
They have been no Trustee expenses or reimbursement in the reporting period.

Statement of Financial Activities

	Unrestricted	Restricted	Total	2022-2023
Income and endowments from				
Donations and legacies	£ 11,819	£ -	£ 11,819	£ 2,353
Charitable activities	£ 50,702	£ 93,823	£ 144,525	£ 182,504
Other trading activities	-	-	£ -	-
Investments	-	-	£ -	-
Other	£ 1,188	-	£ 1,188	-
Total	**£ 63,709**	**£ 93,823**	**£ 157,533**	**£ 184,857**
Expenditure on				
Charitable activities	£ 8,502	£ 16,703	£ 25,205	£ 27,988
Raising funds	£ 356	£ -	£ 356	£ -
Other direct costs	£ 3,534	£ 5,286	£ 8,820	
Support costs	£ 14,596	£ 73,051	£ 87,647	£ 88,971
Total	**£ 26,988**	**£ 95,040**	**£ 122,028**	**£ 116,959**
Net gains/(losses) on investments	£ -	£ -	£ -	£ -
Net income/(expenditure)	**£ 36,721**	**£ (1,217)**	**£ 35,505**	**£ 67,898**
Transfer between funds	**£ -**	**£ -**	**£ -**	**£ -**
Other recognised gains/(losses)				
Gains/(losses) on revaluation of fixed assets	£ -	£ -	£ -	£ -
Actuarial gains/(losses) on defined benefit pension schemes	£ -	£ -	£ -	£ -
Other gains/(losses)	£ -	£ -	£ -	£ -
Net movement in funds	£ -	£ -	£ -	£ -
Reconcilliation of funds				
Total funds brought forward (2023)	£ 98,500	£ 13,175	£ 111,675	£ 43,776
Total funds carried forward	**£ 135,221**	**£ 11,958**	**£ 147,180**	**£ 111,675**

Balance Sheet

	Year end 2024		Year end 2023	
Current assets				
Cash at bank and in hand	£	134,009	£	93,541
Accounts receivable	£	7,655	£	17,530
Prepayments	£	861	£	-
Creditors (falling due within one year)	£	351	£	8,673
Net current assets (liabilities)	£	142,174	£	102,397
Total assets less current liabilities	£	147,178	£	104,254
Total net assets	**£**	**147,178**	**£**	**104,254**
Funds of the charity				
Endowment funds	£	-		
Restricted funds	£	11,957		
Unrestricted funds	£	135,221		
Fair value reserve	£	-		
Total funds	**£**	**147,178**		

Notes
Accounting policies

Basis of preparation
The Charity is a public benefit entity and therefore has prepared the financial statements in accordance with the Statement of Recommended Practice for charities registered in England and Wales.

Going concern
There are no material uncertainties related to events or conditions that cast significant doubt on the charity's ability to continue as a going concern.

Functional currency
The functional currency is presented as pound sterling as this is the currency of the UK economic climate in which we operate. The financial statements are presented in pound sterling, rounded to the nearest £1.

Taxation
The Charity has suffered no tax charge as it is not subject to UK Corporation tax on its charitable activities. All of the Charity's income in this period is charitable and is applied for charitable purposes. The charity is exempt from VAT on providing education under SCHEDULE 9: Exemptions, Part I, Index to exempt supplies of goods and services under Group 6 in the Value Added Tax Act 1994; and Paragraph 4.4 of the UK Government Guidance: 'Education and vocational training (VAT Notice 701/30)'.

Depreciation
Depreciation is provided to write off the cost of each asset over its useful life.

Funds accounting
General funds are unrestricted funds available for use at the discretion of the Trustees in furtherance of the general activities of the Charity and which have not been designated for other purposes. Designated funds comprise funds which have been set aside at the discretion of the Trustees for specific purposes. Restricted funds are funds subject to specific restrictions imposed by donors or by the nature of the appeal.

Income
Income becoming available to the Charity is recognised when there is entitlement to the income, probability of receipt, and amounts can be measured reliably as per FRS 102 SORP.

Expenditure
Cost of raising funds includes costs associated with the fund-raising events in furtherance of the Charity's objects. Charitable expenditure includes costs associated with particular activities in furtherance of the Charity's objects. Governance costs are those incurred in connection with the management of the Charity's assets, organisational administration, and compliance with constitutional and statutory requirements.

Debtors and Creditors
Short term debtors and creditors are measured at transaction price, less any impairment.

Pension scheme
The Charity operates a defined contribution pension scheme. The amount listed in the financial notes is the Charity's contributions payable in the year. The assets of the scheme are held separately to the Charity.

Critical accounting estimates and areas of judgement
In the view of the Trustees in applying the accounting policies adopted, no judgements were required that have significant effect on the amounts recognised in the financial statements nor do any estimates or assumptions carry a significant risk of material adjustment in the next financial year.

Income

	Unrestricted	Restricted	Total	2022-2023
Donations				
Individual	£ 11,819	£ -	£ 11,819	£ 2,353
Total	**£ 11,819**	**£ -**	**£ 11,819**	**£ 2,353**
Charitable activities				
The National Lottery Community Fund RC England-wide	£ -	£ 70,249	£ 70,249	£ 60,164
City Bridge Foundation	£ -	£ 12,625	£ 12,625	£ -
LGBT Consortium	£ -	£ -	£ -	£ 23,000
Project funding	£ 19,304	£ 10,949	£ 30,253	£ 49,577
Education Delivery	£ 17,374	£ -	£ 17,374	£ 41,720
Speaking fees	£ 4,866	£ -	£ 4,866	£ 2,979
Consultancy fees	£ 9,158	£ -	£ 9,158	£ 5,065
Total	**£ 50,702**	**£ 93,823**	**£ 144,525**	**£ 182,505**
Other				
Refunds received	£ 1,188	£ -	**£ 1,188**	**£ -**
Income total	**£ 63,709**	**£ 93,823**	**£ 157,532**	**£ 184,857**

Expenditure

	Unrestricted	Restricted	Total	2022-2023
Direct costs				
Charitable activities	£ 8,502	£ 16,703	£ 25,205	£ 27,988
Raising Funds	£ 356	£ -	£ 356	£ -
Consultancy	£ -	£ -	£ -	£ 8,700
Staff costs	£ 394	£ 4,618	£ 5,012	£ 56,088
Travel	£ 3,140	£ -	£ 3,140	£ 1,256
Recruitment	£ -	£ 668	£ 668	£ 1,800
Support costs				
Rent	£ 8,450	£ -	£ 8,450	£ 8,558
Website	-	-	£ -	£ 4,650
Depreciation	£ 684	£ 500	£ 1,184	£ 2,237
Software	£ 752	£ 1,400	£ 2,152	£ 2,001
Office costs	£ 1,846	£ 450	£ 2,296	£ 1,030
Staff costs	£ -	£ 69,543	£ 69,543	£ 906
Other	£ 2,864	£ 1,158	£ 4,022	£ 1,744
Total	**£ 26,988**	**£ 95,041**	**£ 122,029**	**£ 116,959**

Other financial service fees

	Unrestricted	Restricted	Total	2022-2023
Bookkeeping / Accounting	£ 600	£ -	**£ 600**	£ -
Independent examiner	-	-	**-**	-

Staff cost and numbers

Staff costs	2023-2024	2022-2023
Wages and salaries	£ 55,061	£ 50,832
Social security costs	£ 13,581	£ 4,525
Employers contribution to pensions	£ 3,407	£ 731
Total	**£ 72,050**	**£ 56,088**

No employees receive employee benefits (excluding employer pension costs) of more than £60,000

Average employee headcount	2023-2024	2022-2023
Chief executive	1	1
Education	1	1
Communications	1	1
Peer services	1	0
Total	**4**	**3**

Tangible fixed assets

Cost	£	8,426
Depreciation	£	(3,422)
Total	**£**	**5,004**

Intangible fixed assets

Total	**£**	**-**

Cash at bank in hand

	2023-2024	2022-2023
Cash at bank and in hand	£ 134,009	£ 93,541
Total	**£ 134,009**	**£ 93,541**

Creditors: amounts due within one year

	2023-2024	2022-2023
PAYE payable	£ 351	£ 1,252
Total	**£ 351**	**£ 1,252**

Debtors

	2023-2024	2022-2023
Education	£ 6,305	£ 7,730
Consultancy	£ -	£ 300
Project	£ 1,350	£ 9,500
Total	**£ 7,655**	**£ 17,530**

Movement in funds

Unrestricted funds	Brought forward	Income	Expenditure	Transfers	Carried Forward
General fund	£ 98,500	£ 63,709	£ 26,988	£ -	£ 135,221
Total unrestricted	**£ 98,500**	**£ 63,709**	**£ 26,988**	**£ -**	**£ 135,221**
Restricted funds					
The National Lottery Community Fund RC England-wide	£ -	£ 70,249	£ 70,249	£ -	**£ -**
LGBT Consortium: LGBT+ Futures Equity Fund	£ 2,675	£ -	£ 2,675	£ -	**£ -**
City Bridge Foundation	£ -	£ 12,625	£ 668	£ -	**£ 11,957**
Voluntary Sector North West	£ 1,000	£ -	£ 1,000	£ -	**£ -**
NHS England	£ 9,500	£ -	£ 9,500	£ -	**£ -**
Project funding	£ -	£ 10,949	£ 10,949	£ -	**£ -**
Total restricted	**£ 13,175**	**£ 93,823**	**£ 95,041**	**£ -**	**£ 11,957**
Total	**£ 111,675**	**£ 157,532**	**£ 122,029**	**£ -**	**£ 147,178**

2022-2023	Brought forward	Income	Expenditure	Transfers	Carried Forward
Unrestricted funds	£ 20,136	£ 91,193	£ 36,469	£ 23,640	£ 98,500
Restricted funds	£ 23,640	£ 93,664	£ 80,490	£ (23,640)	£ 13,175
Total	**£ 43,776**	**£ 184,857**	**£ 116,959**	**£ -**	**£ 111,675**

Independent Examiners Report

I report to the trustees on my examination of the accounts of the OUTpatients (the charity) for the year ended 31 March 2024.

Responsibilities and basis of report

As the charity trustees of the charity you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the charity's accounts carried out under section 145 of the 2011 Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the charity as required by section 130 of the Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

This report is made solely to the Charity's Trustees, as a body, in accordance with Part 4 of the Charities {Accounts and Reports) Regulations 2008. My work has been undertaken so that I might state to the charity's trustees those matters I am required to state to them in an independent examiner's report and for no other purpose. To the fullest extent permitted by law, I do not accept or assume responsibility to anyone other than the Charity and the charity's Trustees as a body, for my work or for this report. I make this report independently from the organisation where I am employed.



Signed:

Name: Lee Mauve Patron
Chief Operating Officer – Future First Alumni Ltd.

Date: 13 November 2024

Declaration

The Trustees declare that they have approved the Annual Report.

The chair has signed on behalf of the Trustees.

Signed:



Full name
Andrew Berrie

Position
Chair of the Board of Trustees

Date
20/11/2024

OUTpatients

England & Wales - Charity number 1190756

Accounts

Live Through This

ANNUAL REPORT

1st Apr 2022 - 31st Mar 2023

Objectives and Activities

Objects

To relieve the needs of LGBTIQ+ people affected by cancer through:

(a) Providing support services for those affected;

(b) Advancing education and raising equality and diversity within healthcare, existing cancer services, other third sector organisations and the public.

Summary of Main Activities

Live Through This carries out its charitable objects through three main pathways to progress:

Patients

- Providing peer support for any LGBTIQ+ person over the age of 18 who has been affected by cancer.

Professionals

- Educating clinicians and care providers on equitable treatment of LGBTIQ+ patients to improve the patient experience and the care received.
- Connecting examples of best practice across the country to foster an active network of improvement.

Production

- Creating resources and awareness campaigns that improve community knowledge about cancer and representation for LGBTIQ+ people affected by cancer

Trustees are aware of the Charity Commission's guidance on public benefit.

The year in review

CEO Statement

This past year has been a fantastic year for the growth of Live Through This. Previously, the organisation was a full time volunteering commitment of its founder but with support from The National Lottery, the Charity's growth has accelerated allowing us to increase the scale of our impact from local to national.

This year we welcomed two new Trustees to the Charity who bring with them ample experience in charity governance, social research, and LGBTIQ+ advocacy.

We have developed deeper partnerships with key organisations in our field including partners like Macmillan, NHS England, and key consortia such as LGBT Consortium, National Voices, Cancer 52 and others.

I am thrilled to see the increased interest in our high quality education for professionals delivered across the UK through interactive webinars, and to see us launch multiple campaigns and resources informed by patient experience.

Managing this growth through external shocks such as covid and the cost of living crisis has required flexibility and a clear mission throughout. In addition, the rise in anti-LGBT hate has been an unfortunate obstacle, but I am pleased to see that we have persisted and prevailed.

Despite the challenges, we have been able to further cement our place in the cancer sector and influence clinical systems for patient benefit, all supported through our commitment to cooperation and collaboration with our beneficiaries, both patient and professional.



Stewart O'Callaghan
Founder and CEO

Charitable activities

Peer support

Our peer support remains a powerful tool in listening to our community and their concerns. In these sessions we reach a broad variety of ages, genders, ethnicities and cancers. We commonly hear how people do not have any other support in their lives, often not even in their own family. One user described our space and the community they found in it as “life-changing”.

Conversations range from treatment and support structures, through to the difficulty of navigating systems as an LGBTIQ+ person and having one’s identity respected. In all of these instances, these service users are clear that the conversations they are having with us are not happening anywhere else, and they are asking for more.

We have built a strong and steady user base of peer support, which has now led to an expansion into Partners and Carers Support, led by our long-term volunteer Dom (he/him) who has personal and professional experience in this area. These sessions attract users who are grateful for an opportunity to speak openly about their fears and frustrations after finding the usual support groups on offer are not spaces where they feel comfortable to share their LGBTIQ+ identity.

Campaigns

This year, we were able to engage with our community beneficiaries more closely through our multiple campaigns, partnered with local NHS Cancer Alliances and Integrated Care Boards.

Through marrying insight gained from peer support with guided workshops and focus groups on key topics, we are able to deliver campaigns that truly speak to people’s needs. These sessions also feed into our educational content that we direct to our professional beneficiaries.

In the past year, we have been able to launch Best for My Chest, an inclusive breast screening campaign, and Screening MOT, a campaign advocating for patients to call their clinics in advance if they are nervous or avoidant. Both campaigns are diverse, exciting, and modern in their approach. They represent the breadth of our community, and speak directly to the call from focus groups about the need for greater visibility.

One of these campaign co-producers, Ramses (he/him), shared with us that working with LTT as a trans person left him “feeling heard in ways that [he] had never been heard before.” You can read his full statement here. We were also able to elevate focus group members directly into the campaigns to support them in sharing their stories.

We are proud to amplify beneficiary voices on key cancer days as shown with Ilona who shared her experience of a rare bile duct cancer on its awareness day. We have also engaged in ‘social media lives’ with key partners like CoppaFeel and Black Women Rising that allowed us to reach over 12k people as part of the Best for my Chest campaign.

The campaigns received great engagement both online and in person, with good reach (790k+ impressions) and strong engagement rates (75k+ total page engagements). Anti-LGBTIQ+ activity online has increased over the year and presented barriers to promoting the campaigns more widely, but through organic strategies and close coordination with our key stakeholders, we are pleased to see them still have a positive impact.

We were also pleased to launch our screening information booklet specific to trans and non-binary people on our website, with plans to release print versions next year.

Education

Our webinars are a vital tool in changing the face of cancer care. This year we have been able to increase the frequency of our talks and improve our reach to educate more healthcare professionals, reducing the 'postcode lottery' of affirming care that LGBTIQ+ so often face.

Our education is highly rated with an average rating of 4.7/5 for our speakers, slides, and overall session scores, and 99% of our education attendees say that they would apply something from our sessions. Each session we deliver is able to show an increase in awareness, knowledge and confidence within just one hour of content. 95% of our learners said they would recommend the content to others, which is why the majority of our new clients come through positive word-of-mouth referrals, allowing us to reach over two thousand professionals in the past year, including our presentations at conferences.

A recent attendee shared "Before the webinar, I didn't realise how detrimental misrepresentation can be for our patients and colleagues. I am sad to hear of the mistreatment of our LGBT+ communities in a healthcare setting, and going forward, will endeavour to be more inclusive and understanding." Many attendees echo this sentiment, with one describing our training as "Very informative, nuanced and essential training, [that] should be mandatory."

Advocacy and policy

As an emerging organisation with a highly specialised mission, it is important that we are able to coordinate and collaborate with other cancer charities and health bodies.

Through being vocal partners in our consortia memberships we have been able to directly support key actions including being a signatory for One Cancer Voice in their push for a Cancer Strategy after the 10 Year Cancer Plan was scrapped and replaced with the Major Conditions Strategy.

Next year we plan to expand our mission in the policy space and find new routes to promote LGBTIQ+ inclusion in cancer care.

The difference we're making

As our reputation grows, it has been encouraging to see our brand be used as a 'quality mark' for those who work with us or receive our training. We have supported other cancer charities' approaches to LGBTIQ+ cancer care and led to us consulting on their language and mapping future collaborative health campaigns.

Our position as the 'go to' experts extends to the Royal Colleges and Cancer Alliances who regularly contact us for support with their patient engagement and approaches to LGBTIQ+ inclusion at an interpersonal and systemic level.

This position has allowed us to be critical friends for the benefit of our patient groups, including commenting on and guiding Royal Colleges on their draft guidance intended for our community. Our CEO has also taken a position on the British Oncological Pharmacists Association's EDI Subcommittee and joined them at their annual conference in a plenary session about EDI in the sector. We have also advised on the European wide EU-CAYAS-NET project from an EDI perspective in young adult survivorship.

This year, we were grateful to have received an Attitude Pride Award, the Sustainable Development Goals 3 LEAD2030 award from One Young World, and a “National LGBT Advisor Award for Services to LGBT Health” award from the NHSE LGBT Health Team in recognition of our work.

We were pleased to present at multiple conferences across the country and internationally including WPATH (World Professional Association for Trans Health), Royal College of General Practitioners, UK Imaging and Oncology Congress, Oncology Professional Care, HSJ Cancer Forum 22, and many more.

The year ahead

In the coming year, we have further plans to expand our team, specifically looking to address some of the barriers identified for patients through peer support and co-creation sessions.

We will appoint a full time role to review our peer services and what more we can do for our beneficiaries. We also intend to commence projects in screening and sexual wellness that are co-produced and patient-centred.

We are excited to bring our annual online roundtable into a physical space as a one-day conference for professionals and patient advocates who are keen to advance LGBTIQ+ cancer care.

We also look forward to continuing to expand our influence in our consortia and policy discussions, making sure that people appreciate the LGBTIQ+ informed care is person-centred care and a cross-cutting issue that can intersect with other inequalities or injustices that patients may face across the cancer pathway.



Structure, Governance and Management

Registered Name
Live Through This

Other names in use
None

Registered Address
94B Wallis Road, London, E9 5LN

Registration Number
1190756

Charity Structure
Charitable Interest Organisation (Foundation Model)

Governing Document
Constitution

Trustees

Name	Dates Acting	Name of person/body entitled to appoint Trustee
Dr Alison Berner	6th Aug 2020 - Present	Live Through This (at registration)
Dr Kamilla Kamaruddin	6th Aug 2020 - Present	Live Through This (at registration)
Mr Jacob Bayliss (Chair)	6th Aug 2020 - Present	Live Through This (at registration)
Mr Andrew Berrie	23rd May 2022 - Present	Chair of the Board
Mx Cleo Pascal	23rd May 2022 - Present	Chair of the Board

Trustee selection method
Trustee-led interview, selection, and appointment by Chair of the Board.

Charity management
Day to day management by the founding CEO, Stewart O'Callaghan. Decisions regarding the legal structure, any new directions or charity operations, or decisions regarding substantial financial investment are always taken to the Board.

Governance issues for period
None

Wider networks
Live Through This is a registered member of various consortia including LGBT Consortium, Cancer 52 and One Cancer Voice. None of these bodies has any direct impact on the operations of Live Through This.

Financial Review

Reserves

£18,000

Reserves are held in line with the Charity's Reserves Policy to cover core activity delivery for a limited period and cover any costs associated with closure of the organisation. Any additional unrestricted funds are allocated to projects delivering on the organisation's objects by the Trustees and executive board.

Risk Register

Risks facing the Charity are held in our Risk Register, categorised into the following sections: Governance, External, Regulatory & Compliance, Financial, and Operational. This document is reviewed annually by Trustees, or at any point whereby a new risk is identified or previous risk modified. There are no current risks in the register that pose serious concern to the organisation.

Financial controls

The charity operates with Trustee approval required for any purchase over £1000.

Insurance

Live Through This is protected by bother Public and Employer's Liability Insurance, secured via Scrutton Bland, insurance specialists for the Third Sector.

Volunteer Contribution

Volunteer peer support facilitation from trained professionals.

Details of fund materially in deficit

There is no deficit and the organisation does not plan to operate with a deficit.

Trustee expenses

They have been no Trustee expenses or reimbursement in the reporting period.

Statement of Financial Activities

	Unrestricted	Restricted	Total	2021-2022
Income and endowments from				
Donations and legacies	£ 2,353	£ -	£ 2,353	£ 3,591
Charitable activities	£ 88,840	£ 93,664	£ 182,504	£ 34,940
Other trading activities	-	-	-	-
Investments	-	-	-	-
Other	-	-	-	-
Total	**£ 91,193**	**£ 93,664**	**£ 184,857**	**£ 38,531**
Expenditure on				
Raising funds	£ -	£ -	£ -	£ -
Charitable activities	£ 27,988	£ -	£ 27,988	£ 10,389
Operating costs	£ 8,481	£ 80,490	£ 88,971	£ 4,339
Total	**£ 36,469**	**£ 80,490**	**£ 116,959**	**£ 14,728**
Net gains/(losses) on investments	£ -	£ -	£ -	£ -
Net income/(expenditure)	**£ 54,724**	**£ 13,175**	**£ 67,898**	**£ 23,803**
Transfer between funds	**£ 23,640**	**£ (23,640)**	**£ -**	**£ -**
Other recognised gains/(losses)				
Gains/(losses) on revaluation of fixed assets	£ -	£ -	£ -	£ -
Actuarial gains/(losses) on defined benefit pension schemes	£ -	£ -	£ -	£ -
Other gains/(losses)	£ -	£ -	£ -	£ -
Net movement in funds	£ -	£ -	£ -	£ -
Reconcilliation of funds				
Total funds brought forward	£ 20,136	£ 23,640	£ 43,776	£ 19,973
Total funds carried forward	**£ 98,500**	**£ 13,175**	**£ 111,675**	**£ 43,776**

Balance Sheet

	Year end 2023		Year end 2022	
Current assets				
Cash at bank and in hand	£	93,541	£	41,174
Accounts receivable	£	17,530	£	-
Creditors (falling due within one year)	£	1,252	£	-
Net current assets (liabilities)	£	109,818	£	41,174
Total assets less current liabilities	£	111,675	£	43,776
Total net assets	**£**	**111,675**	**£**	**43,776**
Funds of the charity				
Endowment funds	£	-		
Restricted funds	£	13,175		
Unrestricted funds	£	98,500		
Fair value reserve	£	-		
Total funds	**£**	**111,675**		

Notes

1. Accounting policies

Basis of preparation
The Charity is a public benefit entity and therefore has prepared the financial statements in accordance with the Statement of Recommended Practice for charities registered in England and Wales.

Going concern
There are no material uncertainties related to events or conditions that cast significant doubt on the charity's ability to continue as a going concern.

Functional currency
The functional currency is presented as pound sterling as this is the currency of the UK economic climate in which we operate. The financial statements are presented in pound sterling, rounded to the nearest £1.

Taxation
The Charity has suffered no tax charge as it is not subject to UK Corporation tax on its charitable activities. All of the Charity's income in this period is charitable and is applied for charitable purposes.

The charity is exempt from VAT on providing education under SCHEDULE 9: Exemptions, Part I, Index to exempt supplies of goods and services under Group 6 in the Value Added Tax Act 1994; and Paragraph 4.4 of the UK Government Guidance: 'Education and vocational training (VAT Notice 701/30)'.

Depreciation
Depreciation is provided to write off the cost of each asset over its useful life.

Funds accounting
General funds are unrestricted funds available for use at the discretion of the Trustees in furtherance of the general activities of the Charity and which have not been designated for other purposes. Designated funds comprise funds which have been set aside at the discretion of the Trustees for specific purposes Restricted funds are funds subject to specific restrictions imposed by donors or by the nature of the appeal.

Income
Income becoming available to the Charity is recognised when there is entitlement to the income, probability of receipt, and amounts can be measured reliably as per FRS 102 SORP.

Expenditure
Cost of raising funds includes costs associated with the fund-raising events in furtherance of the Charity's objects. Charitable expenditure includes costs associated with particular activities in furtherance of the Charity's objects. Governance costs are those incurred in connection with the management of the Charity's assets, organisational administration, and compliance with constitutional and statutory requirements.

Debtors and Creditors
Short term debtors and creditors are measured at transaction price, less any impairment.

Pension scheme
The Charity operates a defined contribution pension scheme. The amount listed in the financial notes is the Charity's contributions payable in the year. The assets of the scheme are held separately to the Charity.

Critical accounting estimates and areas of judgement
In the view of the Trustees in applying the accounting policies adopted, no judgements were required that have significant effect on the amounts recognised in the financial statements nor do any estimates or assumptions carry a significant risk of material adjustment in the next financial year.

2. Income

	Unrestricted	Restricted	Total	2021-2022
Donations				
Individual	£ 2,353	£ -	£ 2,353	£ 3,591
Total	**£ 2,353**	**£ -**	**£ 2,353**	**£ 3,591**
Charitable activities				
The National Lottery Community Fund RC England-wide	-	£ 60,164	£ 60,164	£ 500
LGBT Consortium	-	£ 23,000	£ 23,000	£ 1,500
Project funding	£ 39,077	£ 10,500	£ 49,577	£ 30,240
Education Delivery	£ 41,720	-	£ 41,720	£ 1,050
Speaking fees	£ 2,979	-	£ 2,979	£ 850
Consultancy fees	£ 5,065	-	£ 5,065	£ 800
Total	**£ 88,840**	**£ 93,664**	**£ 182,505**	**£ 34,940**
Income total	**£ 91,193**	**£ 93,664**	**£ 184,857**	**£ 38,531**

3. Expenditure

	Unrestricted	Restricted	Total	2021-2022
Direct costs				
Projects / campaigns	£ 27,988	£ -	£ 27,988	£ -
Consultancy	£ -	£ 8,700	£ 8,700	£ 10,377
Staff costs (incl eNIC + pension)	£ -	£ 56,088	£ 56,088	£ -
Travel - National	£ -	£ 1,256	£ 1,256	£ -
Recruitment	£ -	£ 1,800	£ 1,800	£ 615
Support costs				
Rent	£ 2,033	£ 6,525	£ 8,558	£ 1,088
Website	£ 4,210	£ 440	£ 4,650	£ -
Depreciation	£ 2,237	£ -	£ 2,237	£ -
Software	£ -	£ 2,001	£ 2,001	£ 907
Office costs	£ -	£ 1,030	£ 1,030	£ 104
Staff costs	£ -	£ 906	£ 906	£ 195
Other	£ -	£ 1,744	£ 1,744	£ 1,442
Total	**£ 36,469**	**£ 80,490**	**£ 116,959**	**£ 14,728**

4. Other financial service fees

	Unrestricted	Restricted	**Total**	2021-2022
Independent examiner	£ -	£ -	£ -	£ -

Independent examiner services provided pro-bono.

5. Staff cost and numbers

Staff costs	**2022-2023**	2021-2022
Wages and salaries	£ 50,832	£ -
Social security costs	£ 4,525	£ -
Employers contribution to pensions	£ 731	£ -
Total	**£ 56,088**	**£ -**

No employees receive employee benefits (excluding employer pension costs) of more than £60,000

Average employee headcount	**2022-2023**	2021-2022
Chief executive	1	0
Education	1	0
Communications	1	0
Total	**3**	**0**

6. Tangible fixed assets

Cost	£	3,711
Depreciation	£	(1,854)
Total	**£**	**1,857**

7. Intangible fixed assets

Total	**£**	**-**

8. Cash at bank in hand

	2022-2023	2021-2022
Cash at bank and in hand	£ 93,541	£ 41,174
Total	**£ 93,541**	**£ 41,174**

9. Creditors: amounts due within one year

	2022-2023	2021-2022
PAYE payable	£ 1,033	£ -
Pensions payable	£ 219	£ -
Total	**£ 1,252**	**£ -**

10. Debtors

	2022-2023	2021-2022
Education	£ 7,730	£ -
Consultancy	£ 300	£ -
Project	£ 9,500	£ -
Total	**£ 17,530**	**£ -**

12. Movement in funds

2022-2023

Unrestricted funds	Brought forward	Income	Expenditure	Transfers	Carried Forward
General fund	£ 20,136	£ 91,193	£ 36,469	£ 23,640	£ 98,500
Total unrestricted	**£ 20,136**	**£ 91,193**	**£ 36,469**	**£ 23,640**	**£ 98,500**
Restricted funds					
The National Lottery Community Fund RC England-wide	£ -	£ 60,164	£ 60,164	£ -	£ -
LGBT Consortium: LGBT+ Futures Equity Fund	£ -	£ 23,000	£ 20,325	£ -	£ 2,675
Voluntary Sector North West	£ -	£ 1,000	£ -	£ -	£ 1,000
NHS England	£ -	£ 9,500	£ -	£ -	£ 9,500
Education income	£ 23,640	£ -	£ -	£ (23,640)	£ -
Total restricted	**£ 23,640**	**£ 93,664**	**£ 80,490**	**£ (23,640)**	**£ 13,175**
Total	**£ 43,776**	**£ 184,857**	**£ 116,959**	**£ -**	**£ 111,675**

2021-2022	Brought forward	Income	Expenditure	Transfers	Carried Forward	
Unrestricted funds	£ 3,973	£ 16,291	£ 128	£ -	£ 20,136	
Total unrestricted	**£ 3,973**	**£ 16,291**	**£ 128**	**£ -**	**£ 20,136**	
Restricted funds	£ 16,000	£ 22,240	£ 14,600	£ -	£ 23,640	
Total restricted	**£ 16,000**	**£ 22,240**	**£ 14,600**	**£ -**	**£ 23,640**	
Total	**£ 19,973**	**£ 38,531**	**£ 14,728**	**£ -**	**£ 43,776**	*

* Balance brought forward updated to include assets and liabilities

Independent Examiners Report

OUTpatients Annual Accounts Year Ending March 2023

Independent examiner's report to the trustees of OUTpatients

I report to the trustees on my examination of the accounts of the OUTpatients (the charity) for the year ended 31 March 2023.

Responsibilities and basis of report

As the charity trustees of the charity you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the charity's accounts carried out under section 145 of the 2011 Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the charity as required by section 130 of the Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

This report is made solely to the Charity's Trustees, as a body, in accordance with Part 4 of the Charities {Accounts and Reports) Regulations 2008. My work has been undertaken so that I might state to the charity's trustees those matters I am required to state to them in an independent examiner's report and for no other purpose. To the fullest extent permitted by law, I do not accept or assume responsibility to anyone other than the Charity and the charity's Trustees as a body, for my work or for this report. I make this report independently from the organisation where I am employed.



Signed:
Name: Lee Mauve Patron
Chief Operating Officer – Future First Alumni Ltd.
Date: 11 January 2024

Declaration

The Trustees declare that they have approved the report above.

The Chair has signed on behalf of the Trustees.



Full Name

Mr Jacob Bayliss

Position

Chair of the Board of Trustees

Date

12/01/24

OUTpatients

England & Wales - Charity number 1190756

Accounts



Live Through This

ANNUAL REPORT

1st Apr 2021 - 31st Mar 2022

Structure, Governance and Management

Registered Name
Live Through This

Other names in use
None

Registered Address
94B Wallis Road, London, E9 5LN

Registration Number
1190756

Charity Structure
Charitable Interest Organisation (Foundation Model)

Governing Document
Constitution

Trustees

Name	Dates Acting	Name of person/body entitled to appoint trustee
Dr Alison Berner	6th Aug - Present	Live Through This
Dr Kamilla Kamaruddin	6th Aug - Present	Live Through This
Mr Jacob Bayliss (Chair)	6th Aug - Present	Live Through This

Trustee selection method
Founder recruitment at registration. Trustee selection and appointment moving forward.

Charity management
Day to day management is operated by Stewart O'Callaghan, the voluntary Chief Executive Officer. Decisions regarding the legal structure, any new directions or charity operations, or decisions regarding substantial financial investment are always taken to the board.

Governance issues for period
None

Wider networks
Live Through This is a registered member of the LGBT Consortium and exists in this network to facilitate collaboration and co-operation with the broader LGBT sector. LGBT Consortium has no direct impact on the operations of Live Through This.

Objectives and Activities

Objects

To relieve the needs of LGBTIQ+ people affected by cancer through:

(a) Providing support services for those affected;

(b) Advancing education and raising equality and diversity within healthcare, existing cancer services, other third sector organisations and the public.

Summary of Main Activities

Live Through This carries out its charitable objects through three main pathways to progress:

Patients

- Providing peer support for any LGBTIQ+ person over the age of 18 who has been affected by cancer.

Professionals

- Educating clinicians and care providers on equitable treatment of LGBTIQ+ patients to improve the patient experience and the care received.
- Connecting examples of best practice across the country to foster an active network of improvement.

Production

- Creating resources and awareness campaigns that improve community knowledge about cancer and representation for LGBTIQ+ people affected by cancer

Trustees are aware of the Charity Commission's guidance on public benefit.

Achievements and Performance

Patients

- Provided online peer support service for LGBTIQ+ people affected by cancer. Service registered to by over 70 attendees in this period.
- Peer support services online connecting people from all over the country.

Professionals

- Organised and chaired our virtual roundtable with the NHS about LGBTIQ+ work in the cancer sector, with approximately clinical 70 attendees
- Our education sessions have reached approximately 1860 beneficiaries in the current year
- Delivered multiple 'lunch and learn' style sessions for various stakeholders.
- Delivered webinar a webinar programme for the South East London Cancer Alliance on equitable care in early detection and diagnosis
- Taught university students about equitable care in cancer at Kings University and University of Liverpool
- Presented at an international online conference led by World Ovarian Cancer Coalition

Production

- We released the first ever Gender Neutral Chest Checking Guidance, titled Chest Check 101.
- Our instagram live to promote Chest Check 101 reached 5500 people.
- Produced an online explainer guide to pronouns and gender inclusive language (500+ views)
- Launched My Cervix My Service, a walkthrough of a trans led clinic's approach to cervical screening (500+ views)
- Interviewed a gender queer service user about their experiences accessing mastectomy ("The fight to go flat after breast cancer" - 250+ views)
- Published national guidance with the Society of Radiographers promoting best practice guidelines on Inclusive Pregnancy Status checks prior to ionising radiation (SOR Membership: 33500)
- Advocated for the inclusion of trans people in PHE guidance for anxiety in cervical screening, providing a detailed letter of comments and recommendations cosigned by 22 experts in the field.

Financial Review

Charity's financial position at the end of the reporting period

Opening Balance	£17,514.31
Total Income	£38,531.27
Total Expense	£14,728.04
Closing Balance	£41,317.54

Reserves

£1500

Reserves are held in line with the charity's Reserves Policy to cover core activity delivery for a limited period and cover any costs associated with closure of the organisation. Any additional unrestricted funds are allocated to projects delivering on the organisation's objects by the trustees and executive board.

Risk Register

Risks facing the charity are held in our Risk Register, categorised into the following sections: Governance, External, Regulatory & Compliance, Financial, and Operational. This document is reviewed annually by Trustees, or at any point whereby a new risk is identified or previous risk modified. There are no current risks in the register that pose serious concern to the organisation.

Plans for Future Period

A recommendation has been made that the Chief Executive will apply for funding for their full-time commitment to the charity. The charity will continue to seek grant funding for its activities, including campaigns and resource production. The charity aims to expand its provision of webinars for healthcare professionals as a potential route for income. There is currently no going concern regarding the charity's ability to meet its objects.

Insurance

Live Through This is protected by bother Public and Employer's Liability Insurance, secured via Scrutton Bland, insurance specialists for the Third Sector.

Volunteer Contribution

The Chief Executive volunteers a full-time commitment to the organisation.

Paid employees

None.

Details of fund materially in deficit

There is no deficit and the organisation does not plan to operate with a deficit.

Declaration

The trustees declare that they have approved the trustees' report above.

The Chair has signed on behalf of the trustees.



Full Name

Mr Jacob Bayliss

Position

Chair of the Board of Trustees

Date

06/01/23

Statement of Financial Activities

	Funds			
	Unrestricted	Restricted	**Total**	Prior period
				Aug 20 - Mar 21
Income and endowments from				
Donations and legacies	£3,591.27	£0.00	£3,591.27	£700.00
Charitable activities	£12,700.00	£22,240.00	£34,940.00	£19,270.00
Other trading activities	£0.00	£0.00	£0.00	£0.00
Other	£0.00	£0.00	£0.00	£0.00
Total	**£16,291.27**	**£22,240.00**	**£38,531.27**	**£19,970.00**
Expenditure on				
Raising funds	£0.00	£0.00	£0.00	£0.00
Charitable activities	£12.00	£10,261.27	£10,273.27	£6,396.86
Operating costs	£116.00	£4,338.77	£4,454.77	£3,125.18
Other	£0.00	£0.00	£0.00	£0.00
Total	**£128.00**	**£14,600.04**	**£14,728.04**	**£9,522.04**
Net income/(expenditure)	£16,163.27	£7,639.96	**£23,803.23**	£10,447.96
Other recognised gains/ (losses)	£0.00	£0.00	£0.00	£0.00
Reconcilliation of funds				
Total funds brought forward	£1,514.31	£16,000.00	£17,514.31	£8,070.52
Total funds carried forward	£17,677.58	£23,639.96	**£41,317.54**	£17,514.31

Fixed Assets
Fixed asset purchases in this period: £143.97
Total fixed assets (undepreciated): £2,602.84

Assets are undepreciated as they are less than two years old. We will begin depreciation calculations in the next reporting year.

Independent Examiners Report

Independent Examiner's Report to the Trustees of Live Through This

I report to the trustees on my examination on the accounts of the Charity for the year ended 31st March 2022.

Responsibilities and basis of report

As the Trustees of the Charity you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 {'the 2011 Act').

I report in respect of my examination of the Charity's accounts carried out under section 145 of the 2011 Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145{5){b) of the 2011 Act.

Independent examiner's statement

I have completed my examination. I can confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1) accounting records were not kept in respect of the Charity as required by section 130 of the 2011 Act; or
2) the accounts do not accord with those records; or
3) the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities {Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

This report is made solely to the Charity's Trustees, as a body, in accordance with Part 4 of the Charities {Accounts and Reports) Regulations 2008. My work has been undertaken so that I might state to the charity's trustees those matters I am required to state to them in an independent examiner's report and for no other purpose. To the fullest extent permitted by law, I do not accept or assume responsibility to anyone other than the Charity and the charity's Trustees as a body, for my work or for this report. I make this report independently from the organisation where I am employed.

Charity Independent Examiner



29 December 2022

Lee Mauve Patron

Chief Operating Officer – Future First Alumni Ltd.

OUTpatients

England & Wales - Charity number 1190756

Accounts



Live Through This

ANNUAL REPORT

6th Aug 2020 - 31st Mar 2021

Structure, Governance and Management

Registered Name
Live Through This

Other names in use
None

Registered Address
23 Ferncliff Road, London, E8 2HX

Registration Number
1190756

Charity Structure
Charitable Interest Organisation (Foundation Model)

Governing Document
Constitution

Trustees

Name	Dates Acting	Name of person/body entitled to appoint trustee
Dr Alison Berner	6th Aug - Present	Live Through This
Dr Kamilla Kamaruddin	6th Aug - Present	Live Through This
Mr Jacob Bayliss	6th Aug - Present	Live Through This

Trustee selection method
Founder recruitment at registration. Trustee selection and appointment moving forward.

Governance issues for period
None

Objectives and Activities

Objects

To relieve the needs of LGBTIQ+ people affected by cancer through:

(a) Providing support services for those affected;

(b) Advancing education and raising equality and diversity within healthcare, existing cancer services, other third sector organisations and the public.

Summary of Main Activities

Live Through This carries out its charitable objects through three main pathways to progress:

Patients

- Providing peer support for any LGBTIQ+ person over the age of 18 who has been affected by cancer.

Providers

- Educating clinicians and care providers on equitable treatment of LGBTIQ+ patients to improve the patient experience and the care received.
- Connecting examples of best practice across the country to foster an active network of improvement.

Production

- Creating resources with improved knowledge about and representation for LGBTIQ+ people affected by cancer

Trustees are aware of the Charity Commission's guidance on public benefit.

Achievements and Performance

Patients

- Provided online peer support service for LGBTIQ+ people affected by cancer. Service registered to by over 30 attendees in this period. In response to the pandemic, we took our peer support services online. We were able to lead the way on this change without any break in service to our beneficiairies.

Providers

- Organised and chaired a virtual roundtable with the NHS about LGBTIQ+ work in the cancer sector.
- Commissioned by the South East London Cancer Alliance to develop and deliver a webinar on inclusive practice for screening in primary care.
- Delivered multiple 'lunch and learn' style sessions for various stakeholders.

Production

- We published a survey report on LGBTIQ+ patients' experiences and apprehensions around the coronavirus pandemic and made this report free and publicly accessible.
- We have written articles addressing the gaps in information for LGBTIQ+ people affected by cancer, including information related to sexual function. These have been published with Macmillan, Trekstock and The Fruitfly Collective's 'The Cancer Hive'.
- We have attended numerous panels on LGBTIQ+ health matters that are public facing to improve community awareness of our beneficiaries' needs and promote positive health measures such as screening.
- We created our Cooking Community cookbook to help patients connect during the pandemic over food and introduced new recipes into the cancer nutrition landscape. The book was supported by Nigella Lawson and the app Foodim.

Financial Review

Charity's financial position at the end of the reporting period

Opening Balance	£8,070.52
Total Income	£19,970.00
Total Expense *(incl. asset purchases)*	£10,526.21
Closing Balance	£17,514.31

Reserves

£1254.26

Reserves are held inline with the charity's Reserves Policy to cover core activitiy delivery for a limited period and cover any costs associated with closure of the organisation. Any additional unrestricted funds are allocated to projects delivering on the organisation's objects by the trustees and executive board.

Details of fund materially in deficit

There is no deficit and the organisation does not plan to operate with a deficit.

Declaration

The trustees declare that they have approved the trustees' report above.

The Chair has signed on behalf of the trustees.



Full Name

Mr Jacob Bayliss

Position

Chair of the Board of Trustees

Date 04/01/2022

Profit and Loss

Live Through This
For the period 6 August 2020 to 31 March 2021

	6 AUG 2020-31 MAR 2021
Income	
Donation	700.00
Project Funding	19,270.00
Total Income	**19,970.00**
Cost of Sales	
Direct Expenses	6,396.86
Total Cost of Sales	**6,396.86**
Gross Profit	**13,573.14**
Operating Costs	
Bank Fees	19.10
General Expenses	1,153.96
Insurance	534.69
IT Software and Consumables	459.26
Postage, Freight & Courier	19.52
Printing & Stationery	226.95
Rent	438.70
Staff Training	217.00
Telephone & Internet	56.00
Total Operating Costs	**3,125.18**
Operating Profit	**10,447.96**