

Report of the Trustees and
Unaudited Financial Statements
for the Year Ended 30 September 2023
for
The Martin Gallier Project

D & L O'Neill Accountants Limited
95 Greendale Road
Port Sunlight
Wirral
CH62 4XE

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for the Year Ended 30 September 2023

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The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 30 September 2023. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

OBJECTIVES AND ACTIVITIES

Objectives and aims

The Martin Gallier Project is fiercely dedicated to preventing suicides, breaking down stigma and supporting families, including those bereaved by suicide, in the North West.

The Martin Gallier Project is the only suicide prevention, intervention and postvention service in the North West of England. Our Suicide Intervention Workers provide crisis support through immediate suicide interventions on the high street with no barriers to access or waiting lists, thus reducing the need for clinical interventions and hospital admissions. We do not currently and never have had a waiting list for our services.

The objectives of the CIO are:

1. The preservation of health and the saving of lives, in particular in the North West of England, by providing and assisting in the provision of guidance, support and counselling for people who have considered or are considering suicide and for those bereaved by suicide.
2. To advance the education of the public in relation to the early signs of suicidal behaviour and effective interventions by the provision of training and education, in particular, Applied Suicide Intervention Skills Training (ASIST).

Significant activities

The Martin Gallier Project offers a range of services and support to those affected by suicide in the North West which further the Vision, Mission and Strategic Goals outlined above. Activities are continually reviewed to ensure these remain relevant to the changing priorities of those affected by suicide in the region and continue to align with strategic objectives.

Suicide Prevention - Building a suicide safer community

- " ASIST (Applied Suicide Intervention Skills Training)
- " SafeTALK (Suicide Alertness For Everyone)
- " MGP Suicide Safer School Stamp of Approval
- " MGP Suicide Safer Organisation Stamp of Approval

Suicide Intervention - Immediate access to non-clinical support for those affected by suicide

- " No waiting lists
- " All referrals contacted with 24 hours to initial safety plan
- " No referral criteria
- " Suicide Interventions delivered by a dedicated team
- " Safety planning
- " Breaking down barriers

Suicide Postvention - Support for individuals after suicide behaviours

- " Man Cave (a male peer support group)
- " The Self Care Movement (a female support group)
- " Belong (LGBTQIA+ peer support group)
- " Parent Support Group (parents who are supporting their children of any age)
- " Forget Me Not (suicide bereavement group)
- " Relationship Coaching (for those in suicidal crisis due to DA or other relationship issues)
- " Counselling (Integrated counselling for those affected by suicide)
- " Compass (an online learning platform to support healthy wellbeing)
- " Recovery Star Workshops (10 week programme based on the Recovery Star)
- " Recovery Star Workshops via Zoom
- " Working Well (1:1 CV writing and job search skills)
- " 1:1 Wellbeing Support (person centred wellbeing support to aid clients journey to recovery)

OBJECTIVES AND ACTIVITIES

Social investments

We receive donations, invite Gift Aid and hold a number of fundraising events through the year. We also receive grant funding from a range of local and national charitable foundations and trusts.

Funders, Donors and Supporters

The organisation wishes to record its thanks to all the generous donors who have supported our work through the financial year. With thanks to the following:

- " The National Lottery
- " The Steve Morgan Foundation
- " Cheshire Wirral Partnership
- " St James's Place
- " LCR Cares
- " John Moore's Foundation
- " People's Health Trust
- " Garfield Weston
- " PH Holt Foundation
- " Screwfix Foundation
- " The Blakemore Foundation

We also receive many regular donations. Without the generosity of so many people, The Martin Gallier Project would not be able to achieve the level of service that we believe the residents across the North West who are affected by suicide deserve and need.

Achievements and Performance

This year has been a year of growth and expansion for The Martin Gallier Project with the extension of our NHS sub-contract with Cheshire Wirral Partnership and the opening of our second MGP Base in Chester in September 2023. The organisation continues to see an exponential increase in its rate of referral. Throughout this growth, the team have worked tirelessly to ensure our values and ethos have remained. This hard work has ensured that we are able to continue to offer immediate access to non-clinical support for those affected by suicide with no waiting lists and no barriers to access support.

The Martin Gallier Project continues to encourage new ideas and activities based on the expressed needs of the people we support and on the evidence from our monitoring. Upon reviewing the feedback from our beneficiaries and our monitoring, we have made several changes to meet the needs of our beneficiaries such as:

1. Opening our second MGP Base in Chester to ensure the service is accessible to the Chester community.
2. Implementing The Recovery Star Workshops additionally via Zoom which has meant we have seen an increase in those accessing postvention support.
3. Building an Events Volunteer team which now consists of 37 volunteers who support our internal fundraising efforts.

The organisation would like to record their thanks to all the staff, volunteers and supporters. It is impossible to do full justice here to the many ways in which people went the extra mile during the year to ensure all of those who accessed the service were supported, heard and respected during their journey of recovery.

FINANCIAL REVIEW

Reserves policy

It is the Charity's policy to hold free reserves in its unrestricted funds to establish an appropriate level of working capital and to protect the future operations of the Charity from the effects of any unforeseen variations in its income streams as part of policy of good financial management practice.

The Trustees have set a reserves policy which requires free reserves to be maintained at a level which can ensure that The Martin Gallier Project's core charitable objectives can continue to be delivered even during a period of unforeseen difficulty.

The calculation of the required level of reserves is an integral part of the organisation's planning, budget and forecast cycle. It takes into account:

"The resources required to manage and adjust staffing levels across the charity

"The resources required to fulfil existing contracts, leases and other obligations and commitments.

Based on these principles, the required target level of free reserves has been calculated as £77,000. This has been calculated to cover three months of essential services. Our long term aspiration is to build the reserves level to three months of total expenditure. Business plans are regularly reviewed by management to ensure efficient use of resources, successful delivery of activities and sustainability. The charity will continue to build up its free reserves over time to meet the required target level.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The charity is controlled by its governing document, a deed of trust, and constitutes a limited company, limited by guarantee, as defined by the Companies Act 2006.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Company number

CE022756 (England and Wales)

Registered Charity number

1190699

Registered office

Trustees

J Sawers

P Murray-Knight

E Blundell

B Dawson (resigned 31.5.23)

Independent Examiner

David Hughes

MAAT

D & L O'Neill Accountants Limited

95 Greendale Road

Port Sunlight

Wirral

CH62 4XE

Approved by order of the board of trustees on 07/05/24 and signed on its behalf by:



E Blundell - Trustee

Independent examiner's report to the trustees of The Martin Gallier Project ('the Company')

I report to the charity trustees on my examination of the accounts of the Company for the year ended 30 September 2023.

Responsibilities and basis of report

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5) (b) of the 2011 Act.

Independent examiner's statement

Since your charity's gross income exceeded £250,000 your examiner must be a member of a listed body. I can confirm that I am qualified to undertake the examination because I am a registered member of MAAT which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

David Hughes
MAAT
D & L O'Neill Accountants Limited
95 Greendale Road
Port Sunlight
Wirral
CH62 4XE

Date: 07.05.24.....

The Martin Gallier Project

Statement of Financial Activities
for the Year Ended 30 September 2023

	Notes	Unrestricted fund £	Restricted funds £	30.9.23 Total funds £	30.9.22 Total funds £
INCOME AND ENDOWMENTS FROM					
Donations and legacies		243,398	147,328	390,726	322,720
Other trading activities	2	20,578	-	20,578	9,591
Other income		67	-	67	7
Total		<u>264,043</u>	<u>147,328</u>	<u>411,371</u>	<u>332,318</u>
EXPENDITURE ON					
Raising funds	3	42,255	-	42,255	42,188
Other		<u>219,259</u>	<u>147,328</u>	<u>366,587</u>	<u>271,584</u>
Total		<u>261,514</u>	<u>147,328</u>	<u>408,842</u>	<u>313,772</u>
NET INCOME		2,529	-	2,529	18,546
RECONCILIATION OF FUNDS					
Total funds brought forward		20,021	-	20,021	1,475
TOTAL FUNDS CARRIED FORWARD		<u><u>22,550</u></u>	<u><u>-</u></u>	<u><u>22,550</u></u>	<u><u>20,021</u></u>

The notes form part of these financial statements

Balance Sheet
30 September 2023

	Notes	Unrestricted fund £	Restricted funds £	30.9.23 Total funds £	30.9.22 Total funds £
FIXED ASSETS					
Tangible assets	8	3,624	-	3,624	3,351
CURRENT ASSETS					
Cash at bank		37,921	-	37,921	25,215
CREDITORS					
Amounts falling due within one year	9	(18,995)	-	(18,995)	(5,878)
NET CURRENT ASSETS		18,926	-	18,926	19,337
TOTAL ASSETS LESS CURRENT LIABILITIES		22,550	-	22,550	22,688
ACCRUALS AND DEFERRED INCOME	10	-	-	-	(2,667)
NET ASSETS		22,550	-	22,550	20,021
FUNDS	11				
Unrestricted funds				22,550	20,021
TOTAL FUNDS				22,550	20,021

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 30 September 2023.

The members have not required the company to obtain an audit of its financial statements for the year ended 30 September 2023 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- (a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on 07/05/24 and were signed on its behalf by:


E Blundell - Trustee

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Taxation

The charity is exempt from corporation tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

Pension costs and other post-retirement benefits

The charitable company operates a defined contribution pension scheme. Contributions payable to the charitable company's pension scheme are charged to the Statement of Financial Activities in the period to which they relate.

2. OTHER TRADING ACTIVITIES

	30.9.23	30.9.22
	£	£
Training	20,578	9,591

Notes to the Financial Statements - continued
for the Year Ended 30 September 2023

3. RAISING FUNDS

Raising donations and legacies

	30.9.23	30.9.22
	£	£
Staff costs	30,841	-
Events	11,414	-
Support costs	-	33,712
	<u>42,255</u>	<u>33,712</u>

4. NET INCOME/(EXPENDITURE)

Net income/(expenditure) is stated after charging/(crediting):

	30.9.23	30.9.22
	£	£
Depreciation - owned assets	2,452	1,968
Deficit on disposal of fixed assets	1,125	-
	<u>3,577</u>	<u>1,968</u>

5. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 30 September 2023 nor for the year ended 30 September 2022.

Trustees' expenses

There were no trustees' expenses paid for the year ended 30 September 2023 nor for the year ended 30 September 2022.

6. STAFF COSTS

The average monthly number of employees during the year was as follows:

	30.9.23	30.9.22
	14	11
Employees	<u>14</u>	<u>11</u>

No employees received emoluments in excess of £60,000.

7. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted fund £	Restricted funds £	Total funds £
INCOME AND ENDOWMENTS FROM			
Donations and legacies	190,430	132,290	322,720
Other trading activities	9,591	-	9,591
Other income	7	-	7
Total	<u>200,028</u>	<u>132,290</u>	<u>332,318</u>
EXPENDITURE ON			
Raising funds	23,634	18,554	42,188

Notes to the Financial Statements - continued
for the Year Ended 30 September 2023

7. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES - continued

	Unrestricted fund £	Restricted funds £	Total funds £
Other	157,848	113,736	271,584
Total	181,482	132,290	313,772
NET INCOME	18,546	-	18,546

RECONCILIATION OF FUNDS

Total funds brought forward	1,475	-	1,475
TOTAL FUNDS CARRIED FORWARD	20,021	-	20,021

8. TANGIBLE FIXED ASSETS

	Fixtures and fittings £	Motor vehicles £	Computer equipment £	Totals £
COST				
At 1 October 2022	-	2,000	4,781	6,781
Additions	3,850	-	-	3,850
Disposals	-	(2,000)	-	(2,000)
At 30 September 2023	3,850	-	4,781	8,631
DEPRECIATION				
At 1 October 2022	-	875	2,555	3,430
Charge for year	577	281	1,594	2,452
Eliminated on disposal	-	(875)	-	(875)
At 30 September 2023	577	281	4,149	5,007
NET BOOK VALUE				
At 30 September 2023	3,273	(281)	632	3,624
At 30 September 2022	-	1,125	2,226	3,351

Notes to the Financial Statements - continued
for the Year Ended 30 September 2023

9. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	30.9.23	30.9.22
	£	£
Trade creditors	9,640	1,359
Social security and other taxes	5,073	3,391
Other creditors	4,082	728
Accrued expenses	200	400
	<hr/>	<hr/>
	18,995	5,878
	<hr/>	<hr/>

10. ACCRUALS AND DEFERRED INCOME

	30.9.23	30.9.22
	£	£
Accruals and deferred income	-	2,667
	<hr/>	<hr/>

11. MOVEMENT IN FUNDS

	At 1.10.22 £	Net movement in funds £	At 30.9.23 £
Unrestricted funds			
General fund	20,021	2,529	22,550
	<hr/>	<hr/>	<hr/>
TOTAL FUNDS	20,021	2,529	22,550
	<hr/>	<hr/>	<hr/>

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	264,043	(261,514)	2,529
Restricted funds			
National Lottery	73,763	(73,763)	-
Steve Morgan Foundation	32,000	(32,000)	-
John Moores Foundation	10,000	(10,000)	-
Garfield Weston	20,000	(20,000)	-
PH Holt Foundation	6,465	(6,465)	-
Screwfix Foundation	5,000	(5,000)	-
The Blakemore Foundation	100	(100)	-
	<hr/>	<hr/>	<hr/>
	147,328	(147,328)	-
	<hr/>	<hr/>	<hr/>
TOTAL FUNDS	411,371	(408,842)	2,529
	<hr/>	<hr/>	<hr/>

Notes to the Financial Statements - continued
for the Year Ended 30 September 2023

11. MOVEMENT IN FUNDS - continued

Comparatives for movement in funds

	At 1.10.21 £	Net movement in funds £	At 30.9.22 £
Unrestricted funds			
General fund	1,475	18,546	20,021
	<hr/>	<hr/>	<hr/>
TOTAL FUNDS	<u>1,475</u>	<u>18,546</u>	<u>20,021</u>

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	200,028	(181,482)	18,546
Restricted funds			
National Lottery	73,764	(73,764)	-
Steve Morgan Foundation	32,000	(32,000)	-
John Moores Foundation	10,000	(10,000)	-
SJP Charity	2,500	(2,500)	-
LCRS Cares Mental Health	4,026	(4,026)	-
ASDA Foundation	1,710	(1,710)	-
The People's Trust	6,290	(6,290)	-
LCVS Grant	2,000	(2,000)	-
	<hr/>	<hr/>	<hr/>
	132,290	(132,290)	-
	<hr/>	<hr/>	<hr/>
TOTAL FUNDS	<u>332,318</u>	<u>(313,772)</u>	<u>18,546</u>

A current year 12 months and prior year 12 months combined position is as follows:

	At 1.10.21 £	Net movement in funds £	At 30.9.23 £
Unrestricted funds			
General fund	1,475	21,075	22,550
	<hr/>	<hr/>	<hr/>
TOTAL FUNDS	<u>1,475</u>	<u>21,075</u>	<u>22,550</u>

Notes to the Financial Statements - continued
for the Year Ended 30 September 2023

11. MOVEMENT IN FUNDS - continued

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	464,071	(442,996)	21,075
Restricted funds			
National Lottery	147,527	(147,527)	-
Steve Morgan Foundation	64,000	(64,000)	-
John Moores Foundation	20,000	(20,000)	-
SJP Charity	2,500	(2,500)	-
LCRS Cares Mental Health	4,026	(4,026)	-
ASDA Foundation	1,710	(1,710)	-
The People's Trust	6,290	(6,290)	-
LCVS Grant	2,000	(2,000)	-
Garfield Weston	20,000	(20,000)	-
PH Holt Foundation	6,465	(6,465)	-
Screwfix Foundation	5,000	(5,000)	-
The Blakemore Foundation	100	(100)	-
	<u>279,618</u>	<u>(279,618)</u>	<u>-</u>
TOTAL FUNDS	<u>743,689</u>	<u>(722,614)</u>	<u>21,075</u>

12. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 30 September 2023.

Detailed Statement of Financial Activities
for the Year Ended 30 September 2023

	30.9.23 £	30.9.22 £
INCOME AND ENDOWMENTS		
Donations and legacies		
Gifts	107,981	46,414
Grants	147,328	181,956
Contracts	135,417	94,350
	<hr/>	<hr/>
	390,726	322,720
Other trading activities		
Training	20,578	9,591
Other income		
Bank interest	67	7
	<hr/>	<hr/>
Total incoming resources	411,371	332,318
EXPENDITURE		
Raising donations and legacies		
Wages	28,631	-
Social security	2,210	-
Events	11,414	-
	<hr/>	<hr/>
	42,255	-
Other trading activities		
Purchases	-	8,476
Other		
Wages	223,257	219,120
Social security	13,514	14,079
Pensions	11,192	9,469
Travelling costs	8,209	1,218
Motor expenses	-	5,742
Training	674	3,035
Consultants	6,870	16,952
Subcontractors	10,576	-
Purchases	10,680	-
Fixtures and fittings	577	-
Motor vehicles	281	375
Computer equipment	1,594	1,594
Loss on sale of tangible fixed assets	1,125	-
	<hr/>	<hr/>
	288,549	271,584
Support costs		
Management		
Rent and water	29,498	11,093
Carried forward	29,498	11,093

The Martin Gallier Project

Detailed Statement of Financial Activities
for the Year Ended 30 September 2023

	30.9.23 £	30.9.22 £
Management		
Brought forward	29,498	11,093
Insurance	7,009	1,031
Light and heat	2,215	3,493
Postage and stationery	2,195	2,340
Advertising	2,485	238
Sundries	966	70
Repairs & renewals	5,637	-
Subscriptions	382	250
Professional fees	-	270
	<hr/> 50,387	<hr/> 18,785
Finance		
Telephone	9,251	4,913
Bank charges	176	206
Accountancy fees	1,280	810
Events	14,708	3,983
	<hr/> 25,415	<hr/> 9,912
Information technology		
Website and IT support	2,236	5,015
	<hr/> 408,842	<hr/> 313,772
Total resources expended		
	<hr/> 408,842	<hr/> 313,772
Net income	<hr/> 2,529	<hr/> 18,546

This page does not form part of the statutory financial statements