

REGISTERED COMPANY NUMBER: 12214417 (England and Wales)
REGISTERED CHARITY NUMBER: 1190586

**REPORT OF THE TRUSTEES AND
UNAUDITED FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 DECEMBER 2023
FOR
TRAUMA RESEARCH UK**

Wyatt Morris Golland Ltd
Park House
200 Drake Street
Rochdale
Lancashire
OL16 1PJ

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FOR THE YEAR ENDED 31 DECEMBER 2023**

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TRAUMA RESEARCH UK

**REFERENCE AND ADMINISTRATIVE DETAILS
FOR THE YEAR ENDED 31 DECEMBER 2023**

TRUSTEES	R T Dean N T Speakman M Montgomery H B Speakman
REGISTERED OFFICE	Park House 200 Drake Street Rochdale Greater Manchester OL16 1PJ
REGISTERED COMPANY NUMBER	12214417 (England and Wales)
REGISTERED CHARITY NUMBER	1190586
INDEPENDENT EXAMINER	Wyatt Morris Golland Ltd Park House 200 Drake Street Rochdale Lancashire OL16 1PJ

**REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 DECEMBER 2023**

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 December 2023. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

OBJECTIVES AND ACTIVITIES

Objectives and aims

To improve the mental health and reduce the physical suffering of those suffering from trauma and crisis. Our website contains a library of downloadable resources to help those impacted by the symptoms of trauma, in addition we offer a six week Help and Support programme via zoom. To advance the study and practice of trauma care whilst educating and training medical professionals and mental health professionals in the treatment of those suffering from crisis or trauma. Examining unaccredited therapeutic approaches and assisting with funding research into those unaccredited therapies that have an unacknowledged yet successful record. Thus allowing those therapeutic approaches to achieve accreditation and recognition, and therefore be able to help those suffering.

Significant activities

Training volunteer mentors to help deliver more Help and Support programmes. Our six-week online programme is designed to help those struggling with trauma to create new ways of thinking that can lead to regaining an improved sense of emotional balance and general well-being. During the year 81 successful programmes were completed. As part of our integral commitment to mental well-being we also piloted our Calm Corner concept at public events, and it proved overwhelmingly successful. Calm Corner is for anyone attending public events who may benefit from a moment of respite or supportive conversation offering a confidential and secure environment where thoughts are respected, and privacy is prioritised. We intend to take Calm Corner to more public events moving forward. We organised our first 'Charity Ball' to raise funds for future charitable activities. As the ball proved an outstanding success it will now be an annual event.

Public benefit

In shaping the objectives for the year and planning activities, the trustees have considered the Charity Commission's guidance on public benefit, including the guidance on public benefits and fee charging.

FINANCIAL REVIEW

Reserves policy

It is the policy of the charity to try to maintain unrestricted funds, which are free reserves of the charity, at a level whereby it is in a position to make reasonable grants should they be requested. During the year under review the charity concentrated on raising funds.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The charity is controlled by its governing document, a deed of trust, and constitutes a limited company, limited by guarantee, as defined by the Companies Act 2006.

Approved by order of the board of trustees on 20 February 2024 and signed on its behalf by:

N T Speakman - Trustee

**INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF
TRAUMA RESEARCH UK**

Independent examiner's report to the trustees of Trauma Research UK ('the Company')

I report to the charity trustees on my examination of the accounts of the Company for the year ended 31 December 2023.

Responsibilities and basis of report

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under Section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under Section 145(5) (b) of the 2011 Act.

Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by Section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of Section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

P. A. Richards FCA, DChA

Wyatt Morris Golland Ltd
Park House
200 Drake Street
Rochdale
Lancashire
OL16 1PJ

20 February 2024

TRAUMA RESEARCH UK

STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 31 DECEMBER 2023

		2023 Unrestricted fund £	2022 Total funds £
INCOME AND ENDOWMENTS FROM	Notes		
Donations and legacies		7,311	11,021
Other trading activities	2	26,789	-
Investment income	3	1,006	71
Total		35,106	11,092
EXPENDITURE ON			
Raising funds		11,183	-
Charitable activities			
Infrastructure		1,734	1,137
Total		12,917	1,137
NET INCOME		22,189	9,955
RECONCILIATION OF FUNDS			
Total funds brought forward		5,492	(4,463)
TOTAL FUNDS CARRIED FORWARD		27,681	5,492

The notes form part of these financial statements

BALANCE SHEET
31 DECEMBER 2023

	Notes	2023 Unrestricted fund £	2022 Total funds £
CURRENT ASSETS			
Cash at bank		34,854	6,225
CREDITORS			
Amounts falling due within one year	6	(7,173)	(733)
NET CURRENT ASSETS		<u>27,681</u>	<u>5,492</u>
TOTAL ASSETS LESS CURRENT LIABILITIES		27,681	5,492
NET ASSETS		<u>27,681</u>	<u>5,492</u>
FUNDS	7		
Unrestricted funds		<u>27,681</u>	<u>5,492</u>
TOTAL FUNDS		<u>27,681</u>	<u>5,492</u>

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 December 2023.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 December 2023 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- (a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on 20 February 2024 and were signed on its behalf by:

N T Speakman - Trustee

TRAUMA RESEARCH UK

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 DECEMBER 2023

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

The trustees consider that there are no material uncertainties about the Charity's ability to continue as a going concern. The deficit incurred in the first two periods was due to the set up costs, the trustees are optimistic that future donations will more than cover these costs and they will support the charity for the foreseeable future.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Taxation

The charity is exempt from corporation tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

2. OTHER TRADING ACTIVITIES

	2023	2022
	£	£
Fundraising events	<u>26,789</u>	<u>-</u>

3. INVESTMENT INCOME

	2023	2022
	£	£
Deposit account interest	<u>1,006</u>	<u>71</u>

4. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 December 2023 nor for the year ended 31 December 2022.

Trustees' expenses

There were no trustees' expenses paid for the year ended 31 December 2023 nor for the year ended 31 December 2022.

TRAUMA RESEARCH UK

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 DECEMBER 2023

5. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted fund £
INCOME AND ENDOWMENTS FROM	
Donations and legacies	11,021
Investment income	71
Total	11,092
EXPENDITURE ON	
Charitable activities	
Infrastructure	1,137
NET INCOME	9,955
RECONCILIATION OF FUNDS	
Total funds brought forward	(4,463)
TOTAL FUNDS CARRIED FORWARD	5,492

6. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2023 £	2022 £
Accrued expenses	7,173	733

7. MOVEMENT IN FUNDS

	At 1.1.23 £	Net movement in funds £	At 31.12.23 £
Unrestricted funds			
General fund	5,492	22,189	27,681
TOTAL FUNDS	5,492	22,189	27,681

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	35,106	(12,917)	22,189
TOTAL FUNDS	35,106	(12,917)	22,189

TRAUMA RESEARCH UK

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 DECEMBER 2023

7. MOVEMENT IN FUNDS - continued

Comparatives for movement in funds

	At 1.1.22 £	Net movement in funds £	At 31.12.22 £
Unrestricted funds			
General fund	(4,463)	9,955	5,492
TOTAL FUNDS	<u>(4,463)</u>	<u>9,955</u>	<u>5,492</u>

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	11,092	(1,137)	9,955
TOTAL FUNDS	<u>11,092</u>	<u>(1,137)</u>	<u>9,955</u>

8. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 31 December 2023.