

## Trustees' Annual Report for the period

<b>From</b>	Period start date			<b>To</b>	Period end date		
	01	04	2024		31	03	2025

### Section A Reference and administration details

**Charity name** SONPAL SAMAJ UK

**Other names charity is known by**

**Registered charity number (if any)** 1190562

**Charity's principal address** 16 Bracondale Road

London

**Postcode**

SE2 9HS

#### Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Jagdish Kumar Gurung	Chair of Trustee	From 05 May 2024	
2	Siri Parsad Gurung	Trustee		
3	Mohan Gurung	Trustee		
4	Yukta Bahadur Gurung	Trustee		
5	Aitaram Gurung	Trustee	From 05 May 2025	
6	Dhan Prasad Gurung	Trustee	From 05 May 2025	
7	Deo Gurung	Trustee	From 05 May 2025	
8	Bijay Bahadur Gurung	Trustee	From 05 May 2025	
9	Prem Gurung		From 05 May 2025	
10	Chitra Bahadur Gurung		From 05 May 2025	
11	Rajendraman Gurung		From 05 May 2025	
12	Ramkaji Gurung		From 05 May 2025	
13	Bharat Gurung		Until 05 May 2025	
14	Pratap Gurung		Until 05 May 2025	
15	Nawaraj Gurung		Until 05 May 2025	
16	Dipak Gurung		Until 05 May 2025	
17	Nayendra Kumari Gurung		Until 05 May 2025	
18				
19				
20				

**Names of the trustees for the charity, if any, (for example, any custodian trustees)**

Name	Dates acted if not for whole year

**Names and addresses of advisers (Optional information)**

Type of adviser	Name	Address
Finance and Compliance Advisor	Dipendra Sitaula, FCCA	70 Porthkerry Avenue, Welling, Kent, DA16 2DT

**Name of chief executive or names of senior staff members (Optional information)**

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## Section B Structure, governance and management

**Description of the charity's trusts**

Type of governing document  
(eg. trust deed, constitution)

CONSTITUTION ADOPTED ON 18TH FEBRUARY 2021

How the charity is constituted  
(eg. trust, association, company)

CHARITABLE INCORPORATED ORGANISATION (CIO)

Trustee selection methods  
(eg. appointed by, elected by)

ELECTED BY THE MEMBERS

**Additional governance issues (Optional information)**

You **may choose** to include additional information, where relevant, about:

- policies and procedures adopted for the induction and training of trustees;
- the charity's organisational structure and any wider network with which the charity works;
- relationship with any related parties;
- trustees' consideration of major risks and the system and procedures to manage them.

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## Section C

## Objectives and activities

### Summary of the objects of the charity set out in its governing document

The charity's purposes are for the public benefit to:

1. Relieve those in need in Nepal, particularly people who are disadvantaged due to youth, age, ill-health, disability, or social and economic circumstances, through the provision and coordination of education, health, and other support services.
2. Promote social inclusion in the UK, particularly within the Nepalese community, by reducing isolation, encouraging participation in the wider community, and improving access to services.
3. Advance education by promoting Nepalese language, heritage, culture, and the arts through educational programmes and community activities.
4. Provide and support educational, recreational, and leisure-time facilities in the UK, particularly for members of the Nepalese community, in the interests of social welfare and improving quality of life.

**Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)**

In furtherance of its charitable purposes and for the public benefit, Sonpal Samaj Charity undertook the following activities during the year:

1. **Fundraising for humanitarian causes**  
The Charity organised fundraising activities in support of *Manjushree Children's Home*, contributing to the welfare, care, and development of children in need.
2. **Support for religious and spiritual institutions**  
Donations were made to *Buddhist Gumba Reading* and *Diamond Buddhist Centre* to support religious practices and the advancement of Buddhist teachings for the benefit of the wider community.
3. **Promotion of peace and harmony**  
The Charity organised fundraising for the *Konkyur Recitation Puja*, a religious ceremony involving the recitation of sacred texts by tens to hundreds of monks over several days. This event is held to promote peace, harmony, and spiritual well-being within the community and beyond.
4. **Advancement of youth participation and cultural development**  
The Charity promoted youth engagement by providing young people with opportunities to perform during the Annual *Losar* and *Summer Gatherings*, rather than engaging external guest artists. This supported confidence-building, cultural identity, and community involvement.
5. **Life membership programme**  
The Charity continued to focus on and promote its life membership programme, encouraging long-term engagement, mutual support, and the sustainability of the Charity's activities.
6. **Support for bereaved families and memorial fundraising**  
The Charity organised charitable events to provide financial and moral support to the families of deceased life members. Condolence visits and support were provided during funeral services, including assistance with traditional rituals held on the 13th day (*Arghun*) and the 49th day following the passing of a member. In some cases, members raised funds in memory of their loved ones, which were donated to the Charity to support its charitable work.
7. **Family and community support through home visits**  
Home visits were conducted to welcome and congratulate families on the arrival of new babies during the year. These visits strengthened community bonds and provided emotional support to members' families.
8. **Cultural and community engagement during Diwali**  
During Diwali, the Charity organised a cultural event promoting the traditional *Deusi/Bhailo* programme. This event encouraged cultural preservation, social engagement, entertainment, and community cohesion, while also raising funds to support the Charity's activities.
9. **Promotion of education and personal development**  
The Charity undertook various home visits and community interactions to promote education and personal development. This included providing guidance at the start of university life, congratulating members on graduating from university, and recognising career progression and professional achievements, thereby encouraging positive life outcomes within the community.

**Additional details of objectives and activities (Optional information)**

You **may choose** to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.

**Summary of the main achievements of the charity during the year**

During the year, Sonpal Samaj Charity made positive progress in delivering its charitable objectives and providing public benefit through a range of humanitarian, religious, cultural, and community-focused activities.

The Charity successfully supported vulnerable beneficiaries through targeted fundraising initiatives, including financial assistance for Manjushree Children's Home and bereaved families of life members. These activities helped to alleviate hardship, provide emotional support, and strengthen community resilience during difficult times.

Significant contributions were made towards the advancement of religion and the promotion of peace and harmony. Through donations to Buddhist institutions and the organisation of fundraising for the Konkyur Recitation Puja, the Charity supported religious practice and spiritual well-being, benefiting both participants and the wider community.

The Charity demonstrated strong commitment to cultural preservation and community cohesion. Events such as Losar, Summer Gatherings, and the Diwali Deusi/Bhailo programme brought members together, promoted traditional culture, and provided meaningful social engagement. By prioritising youth participation in these events, the Charity empowered young people, encouraged confidence and leadership, and fostered intergenerational involvement.

Throughout the year, the Charity placed emphasis on family and individual support. Home visits to welcome new babies, offer condolences, and recognise educational and professional achievements strengthened personal connections within the community and reinforced the Charity's role as a source of guidance, encouragement, and mutual support.

The life membership programme continued to be promoted, contributing to sustained engagement, long-term commitment, and the ongoing stability of the Charity. Memorial fundraising by members in honour of deceased loved ones further demonstrated community trust and support for the Charity's mission.

Overall, the Charity performed effectively during the year, delivering its activities in line with its objectives and Charity Commission guidance on public benefit, while continuing to build a supportive, engaged, and culturally vibrant community.

## Section E

## Financial review

### Brief statement of the charity's policy on reserves

The Trustees have examined the need for free reserves, i.e. those unrestricted funds not invested in tangible fixed assets, designated for specific purposes and otherwise committed. At present, it is recognised that current reserve level should be £25,000. The Trustees have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future.

### Details of any funds materially in deficit

n/a

### Further financial review details (Optional information)

You **may choose** to include additional information, where relevant about:

- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

## Section F


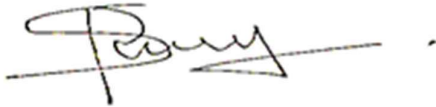
## Other optional information

## Section G

## Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)		
Full name(s)	Jagdish Kumar Gurung	Siri Parsad Gurung
Position (eg Secretary, Chair, etc)	Chair of Trustee	Trustee
Date	20/01/2025	



CHARITY COMMISSION Sonpal Samaj UK  
FOR ENGLAND AND WALES

No (if any)

CC16a

## Receipts and payments accounts



For the period from	Period start date 01/04/2024	To	Period end date 31/03/2025
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### Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
<b>A1 Receipts</b>					
Donations: Deusi Bhailo Program	2,591		-	2,591	2,949
General Donations	3,360	3,748	-	7,108	8,245
Give In Celebrations (inc. birth, family reunion, buying home, graduation etc)	6,625	-	-	6,625	11,850
In Memory Donations- 49th days Rituals	876	2,040	-	2,916	205
Loshar festival and Summer Gatherings- Donations	8,985		-	8,985	6,265
Donations- Konkyur Puja		1,413	-	1,413	
Gift Aid Income			-	-	14,728
Earned Interest	678	-	-	678	668
<b>Sub total (Gross income for AR)</b>	<b>23,114</b>	<b>7,201</b>	<b>-</b>	<b>30,315</b>	<b>44,910</b>
<b>A2 Asset and investment sales, (see table).</b>					
	-	-	-	-	
	-	-	-	-	-
<b>Sub total</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
<b>Total receipts</b>	<b>23,114</b>	<b>7,201</b>	<b>-</b>	<b>30,315</b>	<b>44,910</b>
<b>A3 Payments</b>					
Charitable Activities	3,221	5,788	-	9,009	13,507
Charitable Activities- Konkyur Puja		1,413	-	1,413	-
Legal, Accountancy & Compliance Services	1,050	-	-	1,050	1,150
Web hosting & Maintenance	228	-	-	228	499
Expenses- Deusi Bhailo Program	1,195	-	-	1,195	867
General Expenses	1,750	-	-	1,750	1,342
Loshar & Summer Gatherings Expenses	11,742	-	-	11,742	12,777
	-	-	-	-	
	-	-	-	-	-
<b>Sub total</b>	<b>19,187</b>	<b>7,201</b>	<b>-</b>	<b>26,388</b>	<b>30,143</b>
<b>A4 Asset and investment purchases, (see table)</b>					
	-	-	-	-	
	-	-	-	-	-
<b>Sub total</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
<b>Total payments</b>	<b>19,187</b>	<b>7,201</b>	<b>-</b>	<b>26,388</b>	<b>30,143</b>
<b>Net of receipts/(payments)</b>	<b>3,928</b>	<b>-</b>	<b>-</b>	<b>3,928</b>	<b>14,767</b>
<b>A5 Transfers between funds</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
<b>A6 Cash funds last year end</b>	<b>94,246</b>	<b>-</b>	<b>-</b>	<b>94,246</b>	<b>79,479</b>
<b>Cash funds this year end</b>	<b>98,173</b>	<b>-</b>	<b>-</b>	<b>98,173</b>	<b>94,246</b>



## Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
<b>B1 Cash funds</b>	Current Account	36,740	-	-
	Saving Account	61,433	-	-
			-	-
	<b>Total cash funds</b>	<b>98,173</b>	<b>-</b>	<b>-</b>
	(agree balances with receipts and payments account(s))	OK	OK	OK
<b>B2 Other monetary assets</b>	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
<b>B3 Investment assets</b>	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
			-	-
			-	-
<b>B4 Assets retained for the charity's own use</b>	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
<b>B5 Liabilities</b>	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
			-	
			-	
			-	
			-	
Signed by one or two trustees on behalf of all the trustees	Signature	Print Name	Date of approval	
	 	Jagdish Kumar Gurung  Siri Parsad Gurung	20/01/2025  20/01/2025	



Section A

Independent Examiner's Report

Report to the trustees/  
members of

Charity Name  
SONPAL SAMAJ UK

On accounts for the year  
ended

31/03/2025

Charity no  
(if any)

1190562

Set out on pages

(remember to include the page numbers of additional sheets)

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended 31/03/2024..

Responsibilities and  
basis of report

As the charity trustees of the Trust, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent  
examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination which gives me cause to believe that in, any material respect:

- accounting records were not kept in accordance with section 130 of the Act or
- the accounts do not accord with the accounting records

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Signed:

Date: 20/01/2025

Name:

Dipendra Sitaula

Relevant professional  
qualification(s) or body  
(if any):

FCCA

Address:

70 Porthkerry Avenue

Welling, Kent

DA16 2DT

Only complete if the examiner needs to highlight matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).

**Give here brief details of any items that the examiner wishes to disclose.**