

Trustees' Annual Report for the period						
From	Period start date			To	Period end date	
	01	04	2021		31	03

Section A Reference and administration details

Charity name	SONPALSAMAJ UK	
Other names charity is known by		
Registered charity number (if any)	1190562	
Charity's principal address	35 Sharnbrooke Close	
	Welling	
	Kent	
Postcode	DA16 1SL	

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Siri Parsad Gurung	Chair of Trustee	From 13/07/2021	
2	Nayendra Kumari Gurung	Trustee		
3	Mohan Gurung	Trustee		
4	Yukta Bahadur Gurung	Trustee		
5	Bharat Gurung	Trustee		
6	Bijya Bahadur Gurung	Trustee	Until 13/07/2021	
7	Prem Bahadur Gurung	Trustee	Until 13/07/2021	
8	Rajendra Man Gurung	Trustee	Until 13/07/2021	
9	Chitra Bahadur Gurung	Trustee	Until 13/07/2021	
10	Pratap Gurung	Trustee	From 13/07/2021	
11	Nawaraj Gurung	Trustee	From 13/07/2021	
12	Dipak Gurung	Trustee	From 13/07/2021	
13	Chandra Bahadur Gurung	Trustee	Until 08/01/2022	
14				
15				
16				
17				
18				
19				

Names of the trustees for the charity, if any, (for example, any custodian trustees)

Name	Dates acted if not for whole year

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address
Finance and Compliance Advisor	Dipendra Sitaula, FCCA (Apex Financial Compliance Ltd)	70 Porthkerry Avenue, Welling, Kent, DA16 2DT

Name of chief executive or names of senior staff members (Optional information)

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Section B Structure, governance and management

Description of the charity's trusts

Type of governing document (eg. trust deed, constitution)	CONSTITUTION ADOPTED ON 18TH FEBRUARY 2021
How the charity is constituted (eg. trust, association, company)	CHARITABLE INCORPORATED ORGANISATION (CIO)
Trustee selection methods (eg. appointed by, elected by)	ELECTED BY THE MEMBERS

Additional governance issues (Optional information)

You **may choose** to include additional information, where relevant, about:

- policies and procedures adopted for the induction and training of trustees;
- the charity's organisational structure and any wider network with which the charity works;
- relationship with any related parties;
- trustees' consideration of major risks and the system and procedures to manage them.

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Section C Objectives and activities

Summary of the objects of the charity set out in its governing document

1. For the public benefit the relief of those in need in Nepal by reason of youth, age, ill-health, disability, or social or economic disadvantage in particular but not exclusively by coordinating and developing services such as, education and health services and such other services for those in need as the trustees may determine.
2. To promote social inclusion for the public benefit by working with people in UK who are socially excluded on the grounds of their ethnic origin, religion, belief or creed in particular, members of the Nepalese community, to relieve the needs of such people and assist them to integrate into society, in particular by:
 - a) Providing a local network group that encourages and enables members of the Nepalese community to participate more effectively with the wider community;
 - b) Increasing, or co-ordinating, opportunities for members of the Nepalese community to engage with service providers, to enable those providers to adapt services to better meet the needs of that community.
3. To advance the education of the public in Nepalese language, heritage, culture and the arts, including through workshops and educational programs.
4. To provide and assist in the provision of facilities for the education, recreation and other leisure-time occupation of the inhabitants of the UK and the surrounding areas, in particular but not exclusively members of the Nepalese community, in the interests of social welfare and with the object of improving their conditions of life.

Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)

The COVID Pandemic affected the charity both on operations and its finances, however we managed to conducted following charitable activities in pursuance of its objectives:

1. SONPAL continued COVID-19 helpline to help and support as well as engaged in COVID-19 volunteering to ensure the wellbeing (both physical and mental awareness) of our community members.
2. The charity continuously focused and offered on its life membership program.
3. Organised a charity event to support a deceased's (life member) family.
4. Conducted few home visits to welcomed and congratulate the arrival of new babies during the year within the members' family.
5. Organised condolences visit and support during the funeral services to the members family on this very difficult time and support them on usual rituals of 13th (Arghun) & 49th day of the passing member. Some members have raised funds in memory of their loved one and donated to the charity.
6. During the Diwali, we organised a cultural event promoting culture of Deusi/Bhailo and raised some funds. This event provided a social engagement, entertainment and happiness.
7. Various home visits made to promote education and guide at the start of the University life, congratulation on graduating from the University or getting into their career ladder or professional achievements.
8. The charity fundraised and supported the flood relief victims at Dordi village in Nepal for their immediate needs.
9. The charity organised a fundraising event to raise funds towards the Kunkyr (religious) puja.

Additional details of objectives and activities (Optional information)

You **may choose** to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.

Section D

Achievements and performance

Section D

Achievements and performance

Summary of the main achievements of the charity during the year

Year 2021/2022 was a year of lockdown (second & Third) and due to the COVID-19 pandemic, we were compelled to halt most of our charitable activities, nevertheless during this difficult time we still managed to engaged with our community members and support them during this difficult period, particularly providing support to the members by using modern technologies and able to organised few virtual COVID-19 awareness and its impact on health and wellbeing of the members.

During this challenging time, we were able to support the key vulnerable members of the community across different areas in England. The beneficiaries were able to develop networks and improve their social connections, reduce isolation and loneliness and improve their overall wellbeing.

The charity continuously focused on increasing its life membership program.

The charity supported the flood relief victims at Dordi village in Nepal for their immediate needs.

Section E Financial review

Brief statement of the charity's policy on reserves

The Trustees have examined the need for free reserves, i.e. those unrestricted funds not invested in tangible fixed assets, designated for specific purposes and otherwise committed. At present, it is recognised that current reserve level should be £25,000. The Trustees have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future.

Details of any funds materially in deficit

n/a

Further financial review details (Optional information)

You **may choose** to include additional information, where relevant about:

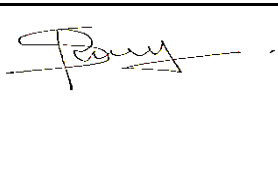
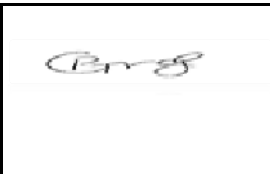
- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

Section F Other optional information

Section G Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)		
Full name(s)	Siri Parsad Gurung	Pratap Gurung
Position (eg Secretary, Chair, etc)	Chair of Trustee	Treasurer & Trustee

Date 22/12/2022



CHARITY COMMISSION
FOR ENGLAND AND WALES

Sonpal Samaj UK

No (if any)

Receipts and payments accounts

CC16a

For the period
from

Period start date
01/04/2021

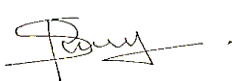

To

Period end date
31/03/2022

Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
Donations: Deusi Bhailo Program	3,407		-	3,407	2,948
General Donations	331	-	-	331	300
Give In Celebrations (inc. birth, family reunion, buying home, graduation etc)	5,209	-	-	5,209	-
In Memory Donations- 49th days Rituals	3,939	-	-	3,939	-
Donations- Flood Relief at Dordi Village in Nepal	-	2,429	-	2,429	-
Donations- Konkylur Puja	-	1,670	-	1,670	-
Membership	700	-	-	700	-
Bank Interest Earned	1	-	-	1	-
Sub total (Gross income for AR)	13,587	4,099	-	17,686	3,248
A2 Asset and investment sales, (see table).					
	-	-	-	-	
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	13,587	4,099	-	17,686	3,248
A3 Payments					
Charitable Activities- Flood Relief at Dordi Village in Nepal		2,429	-	2,429	600
Charitable Activities- Konkylur Puja		1,670	-	1,670	800
Legal & Compliance Services	235	-	-	235	200
Web hosting & Maintenance	180	-	-	180	-
Expenses- Deusi Bhailo Program	455	-	-	455	-
General Expenses	1,429	-	-	1,429	-
		-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total	2,299	4,099	-	6,398	1,600
A4 Asset and investment purchases, (see table)					
	-	-	-	-	
	-	-	-	-	-
Sub total	-	-	-	-	-
Total payments	2,299	4,099	-	6,398	1,600
Net of receipts/(payments)	11,288	-	-	11,288	1,648
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	64,485	-	-	64,485	-
Cash funds this year end	75,773	-	-	75,773	1,648

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	Current Account	15,772	-	-
	Saving Account	60,001	-	-
			-	-
	Total cash funds	75,773	-	-
	(agree balances with receipts and payments account(s))	OK	OK	OK
B2 Other monetary assets	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
B3 Investment assets	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
			-	-
			-	-
B4 Assets retained for the charity's own use	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
B5 Liabilities	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
			-	
			-	
			-	
			-	
Signed by one or two trustees on behalf of all the trustees	Signature	Print Name	Date of approval	
	 	Siri Parsad Gurung Pratap Gurung	22/12/2022 22/12/2022	



Section A

Independent Examiner's Report

Report to the trustees/
members of

Charity Name
SONPAL SAMAJ UK

On accounts for the year
ended

31/03/2022

Charity no
(if any)

1190562

Set out on pages

(remember to include the page numbers of additional sheets)

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended 31/03/2022..

Responsibilities and
basis of report

As the charity trustees of the Trust, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent
examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination which gives me cause to believe that in, any material respect:

- accounting records were not kept in accordance with section 130 of the Act or
- the accounts do not accord with the accounting records

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Signed:

Date: 22/12/2022

Name:

Dipendra Sitaula of Apex Financial Compliance Ltd

Relevant professional
qualification(s) or body
(if any):

FCCA

Address:

70 Porthkerry Avenue

Welling, Kent

DA16 2DT

Only complete if the examiner needs to highlight matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).

Give here brief details of any items that the examiner wishes to disclose.