

SONPAL SAMAJ UK

England & Wales · Charity number 1190562

Details

Status Registered

Legal form CIO

Registered 2020-07-27

Register [View on the Charity Commission register](#)

Contact

Address 16 Bracondale Road
London
SE2 9HS

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Activities

Objects: FOR THE PUBLIC BENEFIT THE RELIEF OF THOSE IN NEED IN NEPAL BY REASON OF YOUTH, AGE, ILL-HEALTH, DISABILITY, OR SOCIAL OR ECONOMIC DISADVANTAGE BY PROVIDING GRANT FUNDING AND OTHER PRACTICAL ASSISTANCE IN SUCH WAYS AS THE TRUSTEES MAY DETERMINE.

Activities: FOR THE PUBLIC BENEFIT THE RELIEF OF THOSE IN NEED IN NEPAL BY REASON OF YOUTH, AGE, ILL-HEALTH, DISABILITY, OR SOCIAL OR ECONOMIC DISADVANTAGE BY PROVIDING GRANT FUNDING AND OTHER PRACTICAL ASSISTANCE IN SUCH WAYS AS THE TRUSTEES MAY DETERMINE.

Classification

- **How:** Provides Other Finance, Provides Services
- **What:** Disability

Geography

- Nepal
- Throughout England And Wales

Finances

Period end	Income	Expenditure	Assets	Employees
2025-03-31	£30,315	£26,388	-	-
2024-03-31	£44,910	£30,143	-	-
2023-03-31	£31,741	£28,035	-	-
2022-03-31	£17,686	£6,398	-	-
2021-03-31	£3,248	£1,600	-	-

Trustees

Name	Role	Appointed
Jagdish Kumar Gurung	Chair	2024-05-05
Aitaram Gurung		2025-05-05
Bijay Bahadur Gurung		2025-05-05
Chitra Bahadur Gurung		2025-05-05
Deo Gurung		2025-05-05
Dhan Prasad Gurung		2025-05-05
Mohan Gurung		2025-05-05
Prem Gurung		2025-05-05
Rajendraman Gurung		2025-05-05
Ramkaji Gurung		2025-05-05
Siri Parsad Gurung		2021-07-13
Yukta Bahadur Gurung		2020-02-18

SONPAL SAMAJ UK

England & Wales - Charity number 1190562

Accounts

Trustees' Annual Report for the period

	Period start date			Period end date			
From	01	04	2024	To	31	03	2025

Section A Reference and administration details

Charity name SONPAL SAMAJ UK

Other names charity is known by

Registered charity number (if any) 1190562

Charity's principal address 16 Bracondale Road

London

Postcode

SE2 9HS

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Jagdish Kumar Gurung	Chair of Trustee	From 05 May 2024	
2	Siri Parsad Gurung	Trustee		
3	Mohan Gurung	Trustee		
4	Yukta Bahadur Gurung	Trustee		
5	Aitaram Gurung	Trustee	From 05 May 2025	
6	Dhan Prasad Gurung	Trustee	From 05 May 2025	
7	Deo Gurung	Trustee	From 05 May 2025	
8	Bijay Bahadur Gurung	Trustee	From 05 May 2025	
9	Prem Gurung		From 05 May 2025	
10	Chitra Bahadur Gurung		From 05 May 2025	
11	Rajendraman Gurung		From 05 May 2025	
12	Ramkaji Gurung		From 05 May 2025	
13	Bharat Gurung		Until 05 May 2025	
14	Pratap Gurung		Until 05 May 2025	
15	Nawaraj Gurung		Until 05 May 2025	
16	Dipak Gurung		Until 05 May 2025	
17	Nayendra Kumari Gurung		Until 05 May 2025	
18				
19				
20				

Names of the trustees for the charity, if any, (for example, any custodian trustees)

Name	Dates acted if not for whole year

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address
Finance and Compliance Advisor	Dipendra Sitaula, FCCA	70 Porthkerry Avenue, Welling, Kent, DA16 2DT

Name of chief executive or names of senior staff members (Optional information)

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Section B Structure, governance and management

Description of the charity's trusts

Type of governing document (eg. trust deed, constitution)	CONSTITUTION ADOPTED ON 18TH FEBRUARY 2021
How the charity is constituted (eg. trust, association, company)	CHARITABLE INCORPORATED ORGANISATION (CIO)
Trustee selection methods (eg. appointed by, elected by)	ELECTED BY THE MEMBERS

Additional governance issues (Optional information)

You **may choose** to include additional information, where relevant, about:

- policies and procedures adopted for the induction and training of trustees;
- the charity's organisational structure and any wider network with which the charity works;
- relationship with any related parties;
- trustees' consideration of major risks and the system and procedures to manage them.

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Summary of the objects of the charity set out in its governing document

The charity's purposes are for the public benefit to:

1. Relieve those in need in Nepal, particularly people who are disadvantaged due to youth, age, ill-health, disability, or social and economic circumstances, through the provision and coordination of education, health, and other support services.
2. Promote social inclusion in the UK, particularly within the Nepalese community, by reducing isolation, encouraging participation in the wider community, and improving access to services.
3. Advance education by promoting Nepalese language, heritage, culture, and the arts through educational programmes and community activities.
4. Provide and support educational, recreational, and leisure-time facilities in the UK, particularly for members of the Nepalese community, in the interests of social welfare and improving quality of life.

Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)

In furtherance of its charitable purposes and for the public benefit, Sonpal Samaj Charity undertook the following activities during the year:

1. **Fundraising for humanitarian causes**
The Charity organised fundraising activities in support of *Manjushree Children's Home*, contributing to the welfare, care, and development of children in need.
2. **Support for religious and spiritual institutions**
Donations were made to *Buddhist Gumba Reading* and *Diamond Buddhist Centre* to support religious practices and the advancement of Buddhist teachings for the benefit of the wider community.
3. **Promotion of peace and harmony**
The Charity organised fundraising for the *Konkyur Recitation Puja*, a religious ceremony involving the recitation of sacred texts by tens to hundreds of monks over several days. This event is held to promote peace, harmony, and spiritual well-being within the community and beyond.
4. **Advancement of youth participation and cultural development**
The Charity promoted youth engagement by providing young people with opportunities to perform during the Annual *Losar* and *Summer Gatherings*, rather than engaging external guest artists. This supported confidence-building, cultural identity, and community involvement.
5. **Life membership programme**
The Charity continued to focus on and promote its life membership programme, encouraging long-term engagement, mutual support, and the sustainability of the Charity's activities.
6. **Support for bereaved families and memorial fundraising**
The Charity organised charitable events to provide financial and moral support to the families of deceased life members. Condolence visits and support were provided during funeral services, including assistance with traditional rituals held on the 13th day (*Arghun*) and the 49th day following the passing of a member. In some cases, members raised funds in memory of their loved ones, which were donated to the Charity to support its charitable work.
7. **Family and community support through home visits**
Home visits were conducted to welcome and congratulate families on the arrival of new babies during the year. These visits strengthened community bonds and provided emotional support to members' families.
8. **Cultural and community engagement during Diwali**
During Diwali, the Charity organised a cultural event promoting the traditional *Deusi/Bhailo* programme. This event encouraged cultural preservation, social engagement, entertainment, and community cohesion, while also raising funds to support the Charity's activities.
9. **Promotion of education and personal development**
The Charity undertook various home visits and community interactions to promote education and personal development. This included providing guidance at the start of university life, congratulating members on graduating from university, and recognising career progression and professional achievements, thereby encouraging positive life outcomes within the community.

Additional details of objectives and activities (Optional information)

You **may choose** to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.

Summary of the main achievements of the charity during the year

During the year, Sonpal Samaj Charity made positive progress in delivering its charitable objectives and providing public benefit through a range of humanitarian, religious, cultural, and community-focused activities.

The Charity successfully supported vulnerable beneficiaries through targeted fundraising initiatives, including financial assistance for Manjushree Children's Home and bereaved families of life members. These activities helped to alleviate hardship, provide emotional support, and strengthen community resilience during difficult times.

Significant contributions were made towards the advancement of religion and the promotion of peace and harmony. Through donations to Buddhist institutions and the organisation of fundraising for the Konkyur Recitation Puja, the Charity supported religious practice and spiritual well-being, benefiting both participants and the wider community.

The Charity demonstrated strong commitment to cultural preservation and community cohesion. Events such as Losar, Summer Gatherings, and the Diwali Deusi/Bhailo programme brought members together, promoted traditional culture, and provided meaningful social engagement. By prioritising youth participation in these events, the Charity empowered young people, encouraged confidence and leadership, and fostered intergenerational involvement.

Throughout the year, the Charity placed emphasis on family and individual support. Home visits to welcome new babies, offer condolences, and recognise educational and professional achievements strengthened personal connections within the community and reinforced the Charity's role as a source of guidance, encouragement, and mutual support.

The life membership programme continued to be promoted, contributing to sustained engagement, long-term commitment, and the ongoing stability of the Charity. Memorial fundraising by members in honour of deceased loved ones further demonstrated community trust and support for the Charity's mission.

Overall, the Charity performed effectively during the year, delivering its activities in line with its objectives and Charity Commission guidance on public benefit, while continuing to build a supportive, engaged, and culturally vibrant community.

Section E Financial review

Brief statement of the charity's policy on reserves

The Trustees have examined the need for free reserves, i.e. those unrestricted funds not invested in tangible fixed assets, designated for specific purposes and otherwise committed. At present, it is recognised that current reserve level should be £25,000. The Trustees have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future.

Details of any funds materially in deficit

n/a

Further financial review details (Optional information)

You **may choose** to include additional information, where relevant about:


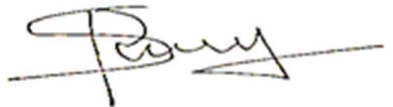
- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

Section F Other optional information

Section G Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)		
Full name(s)	Jagdish Kumar Gurung	Siri Parsad Gurung
Position (eg Secretary, Chair, etc)	Chair of Trustee	Trustee

Date 20/01/2025



Receipts and payments accounts

For the period from	Period start date 01/04/2024	To	Period end date 31/03/2025
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Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
Donations: Deusi Bhailo Program	2,591		-	2,591	2,949
General Donations	3,360	3,748	-	7,108	8,245
Give In Celebrations (inc. birth, family reunion, buying home, graduation etc)	6,625	-	-	6,625	11,850
In Memory Donations- 49th days Rituals	876	2,040	-	2,916	205
Loshar festival and Summer Gatherings- Donations	8,985		-	8,985	6,265
Donations- Konkyur Puja		1,413	-	1,413	
Gift Aid Income			-	-	14,728
Earned Interest	678	-	-	678	668
Sub total (Gross income for AR)	23,114	7,201	-	30,315	44,910
A2 Asset and investment sales, (see table).					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	23,114	7,201	-	30,315	44,910
A3 Payments					
Charitable Activities	3,221	5,788	-	9,009	13,507
Charitable Activities- Konkyur Puja		1,413	-	1,413	-
Legal, Accountancy & Compliance Services	1,050	-	-	1,050	1,150
Web hosting & Maintenance	228	-	-	228	499
Expenses- Deusi Bhailo Program	1,195	-	-	1,195	867
General Expenses	1,750	-	-	1,750	1,342
Loshar & Summer Gatherings Expenses	11,742	-	-	11,742	12,777
	-	-	-	-	-
	-	-	-	-	-
Sub total	19,187	7,201	-	26,388	30,143
A4 Asset and investment purchases, (see table)					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total payments	19,187	7,201	-	26,388	30,143
Net of receipts/(payments)	3,928	-	-	3,928	14,767
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	94,246	-	-	94,246	79,479
Cash funds this year end	98,173	-	-	98,173	94,246

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	Current Account	36,740	-	-
	Saving Account	61,433	-	-
			-	-
	Total cash funds	98,173	-	-
	(agree balances with receipts and payments account(s))	OK	OK	OK



Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B2 Other monetary assets		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-

Categories	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B3 Investment assets			-	-
			-	-
			-	-
			-	-
			-	-

Categories	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B4 Assets retained for the charity's own use			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-

Categories	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
B5 Liabilities			-	
			-	
			-	
			-	
			-	

Signed by one or two trustees on behalf of all the trustees

Signature	Print Name	Date of approval
	Jagdish Kumar Gurung	20/01/2025
	Siri Parsad Gurung	20/01/2025



Section A

Independent Examiner's Report

**Report to the trustees/
members of**

Charity Name
SONPAL SAMAJ UK

**On accounts for the year
ended**

31/03/2025

**Charity no
(if any)**

1190562

Set out on pages

(remember to include the page numbers of additional sheets)

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended 31/03/2024..

**Responsibilities and
basis of report**

As the charity trustees of the Trust, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

**Independent
examiner's statement**

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination which gives me cause to believe that in, any material respect:

- accounting records were not kept in accordance with section 130 of the Act or
- the accounts do not accord with the accounting records

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Signed:

Date: 20/01/2025

Name:

Dipendra Sitaula

**Relevant professional
qualification(s) or body
(if any):**

FCCA

Address:

70 Porthkerry Avenue

Welling, Kent

DA16 2DT

Only complete if the examiner needs to highlight matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).

Give here brief details of any items that the examiner wishes to disclose.

SONPAL SAMAJ UK

England & Wales - Charity number 1190562

Accounts

Trustees' Annual Report for the period

	Period start date				Period end date		
From	01	04	2023	To	31	03	2024

Section A Reference and administration details

Charity name SONPAL SAMAJ UK

Other names charity is known by

Registered charity number (if any) 1190562

Charity's principal address 16 Bracondale Road

London

Postcode

SE2 9HS

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Jagdish Kumar Gurung	Chair of Trustee	From 05 May 2024	
2	Nayendra Kumari Gurung	Trustee		
3	Mohan Gurung	Trustee		
4	Yukta Bahadur Gurung	Trustee		
5	Bharat Gurung	Trustee		
6	Pratap Gurung	Trustee	Until 05 May 2024	
7	Nawaraj Gurung	Trustee		
8	Dipak Gurung	Trustee		
9	Siri Parsad Gurung	Chair of Trustee	Until 05 May 2024	
10	Siri Parsad Gurung	Trustee	From 05 May 2024	
11				
12				
13				
14				
15				
16				
17				
18				
19				
20				

Names of the trustees for the charity, if any, (for example, any custodian trustees)

Name	Dates acted if not for whole year

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address
Finance and Compliance Advisor	Dipendra Sitaula, FCCA	70 Porthkerry Avenue, Welling, Kent, DA16 2DT

Name of chief executive or names of senior staff members (Optional information)

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Section B Structure, governance and management

Description of the charity's trusts

Type of governing document (eg. trust deed, constitution)	CONSTITUTION ADOPTED ON 18TH FEBRUARY 2021
How the charity is constituted (eg. trust, association, company)	CHARITABLE INCORPORATED ORGANISATION (CIO)
Trustee selection methods (eg. appointed by, elected by)	ELECTED BY THE MEMBERS

Additional governance issues (Optional information)

You **may choose** to include additional information, where relevant, about:

- policies and procedures adopted for the induction and training of trustees;
- the charity's organisational structure and any wider network with which the charity works;
- relationship with any related parties;
- trustees' consideration of major risks and the system and procedures to manage them.

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Section C Objectives and activities

Summary of the objects of the charity set out in its governing document

1. For the public benefit the relief of those in need in Nepal by reason of youth, age, ill-health, disability, or social or economic disadvantage in particular but not exclusively by coordinating and developing services such as, education and health services and such other services for those in need as the trustees may determine.
2. To promote social inclusion for the public benefit by working with people in UK who are socially excluded on the grounds of their ethnic origin, religion, belief or creed in particular, members of the Nepalese community, to relieve the needs of such people and assist them to integrate into society, in particular by:
 - a) Providing a local network group that encourages and enables members of the Nepalese community to participate more effectively with the wider community;
 - b) Increasing, or co-ordinating, opportunities for members of the Nepalese community to engage with service providers, to enable those providers to adapt services to better meet the needs of that community.
3. To advance the education of the public in Nepalese language, heritage, culture and the arts, including through workshops and educational programs.
4. To provide and assist in the provision of facilities for the education, recreation and other leisure-time occupation of the inhabitants of the UK and the surrounding areas, in particular but not exclusively members of the Nepalese community, in the interests of social welfare and with the object of improving their conditions of life.

Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)

We organised following charitable activities in pursuance of its objectives:

1. The charity continuously focused and offered on its life membership program.
2. Organised a charity event to support a deceased's (life member) family.
3. Conducted few home visits to welcomed and congratulate the arrival of new babies during the year within the members' family.
4. Organised condolences visit and support during the funeral services to the members family on this very difficult time and support them on usual rituals of 13th (Arghun) & 49th day of the passing member. Some members have raised funds in memory of their loved one and donated to the charity.
5. During the Diwali, we organised a cultural event promoting culture of Deusi/Bhailo and raised some funds. This event provided a social engagement, entertainment and happiness.
6. Various home visits made to promote education and guide at the start of the University life, congratulation on graduating from the University or getting into their career ladder or professional achievements.
7. The charity fundraised and supported the local government school in Aadhikhola, Syangja in Nepal for their reconstruction of the school building and its playground.
8. The charity organised a fundraising event to raise funds towards the Road construction and maintenance in Nepal.

Additional details of objectives and activities (Optional information)

You **may choose** to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.

Summary of the main achievements of the charity during the year

The charity's main achievement has been its unwavering commitment to supporting our members and their families, both in moments of joy and celebration, as well as during challenging times such as illness and bereavement.

The charity supported the local community in Nepal towards the road construction and maintenance.

Section E Financial review

Brief statement of the charity's policy on reserves

The Trustees have examined the need for free reserves, i.e. those unrestricted funds not invested in tangible fixed assets, designated for specific purposes and otherwise committed. At present, it is recognised that current reserve level should be £25,000. The Trustees have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future.

Details of any funds materially in deficit

n/a

Further financial review details (Optional information)

You **may choose** to include additional information, where relevant about:



- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

Section F Other optional information

Section G Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)		
Full name(s)	Jagdish Kumar Gurung	Bharat Gurung
Position (eg Secretary, Chair, etc)	Chair of Trustee	Trustee

Date



Receipts and payments accounts

For the period from	Period start date 01/04/2023	To	Period end date 31/03/2024
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Section A Receipts and payments

	Unrestricted funds	Restricted funds	Endowment funds	Total funds	Last year
	to the nearest £	to the nearest £	to the nearest £	to the nearest £	to the nearest £
A1 Receipts					
Donations: Deusi Bhailo Program	2,949		-	2,949	2,299
General Donations	3,480	4,765	-	8,245	12,529
Give In Celebrations (inc. birth, family reunion, buying home, graduation etc)	11,850	-	-	11,850	7,745
In Memory Donations- 49th days Rituals	205	-	-	205	2,000
Loshar festival and Summer Gatherings- Donations	6,265		-	6,265	4,371
Donations- Konkyur Puja			-	-	2,797
Gift Aid Income	14,728		-	14,728	
Earned Interest	668	-	-	668	
Sub total (Gross income for AR)	40,145	4,765	-	44,910	31,741
A2 Asset and investment sales, (see table).					
	-	-	-	-	
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	40,145	4,765	-	44,910	31,741
A3 Payments					
Charitable Activities	8,742	4,765	-	13,507	2,429
Charitable Activities- Konkyur Puja			-	-	1,670
Legal, Accountancy & Compliance Services	1,150	-	-	1,150	235
Web hosting & Maintenance	499	-	-	499	180
Expenses- Deusi Bhailo Program	867	-	-	867	455
General Expenses	1,342	-	-	1,342	1,429
Loshar & Summer Gatherings Expenses	12,777	-	-	12,777	-
	-	-	-	-	-
	-	-	-	-	-
Sub total	25,378	4,765	-	30,143	6,398
A4 Asset and investment purchases, (see table)					
	-	-	-	-	
	-	-	-	-	-
Sub total	-	-	-	-	-
Total payments	25,378	4,765	-	30,143	6,398
Net of receipts/(payments)	14,767	-	-	14,767	25,343
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	79,479	-	-	79,479	64,485
Cash funds this year end	94,246	-	-	94,246	89,828

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	Current Account	33,491	-	-
	Saving Account	60,755	-	-
			-	-
	Total cash funds	94,246	-	-
	(agree balances with receipts and payments account(s))	OK	OK	OK



Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B2 Other monetary assets		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-

Categories	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B3 Investment assets			-	-
			-	-
			-	-
			-	-
			-	-

Categories	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B4 Assets retained for the charity's own use			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-

Categories	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
B5 Liabilities			-	
			-	
			-	
			-	
			-	

Signed by one or two trustees on behalf of all the trustees

Signature	Print Name	Date of approval
	Jagdish Kumar Gurung	03/01/2025
	Bharat Gurung	03/01/2025



Section A Independent Examiner's Report

**Report to the trustees/
members of**

Charity Name
SONPAL SAMAJ UK

**On accounts for the year
ended**

31/03/2024 **Charity no
(if any)** 1190562

Set out on pages

(remember to include the page numbers of additional sheets)

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended 31/03/2024..

**Responsibilities and
basis of report**

As the charity trustees of the Trust, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

**Independent
examiner's statement**

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination which gives me cause to believe that in, any material respect:

- accounting records were not kept in accordance with section 130 of the Act or
- the accounts do not accord with the accounting records

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Signed:

Date: 03/01/2025

Name:

Dipendra Sitaula

**Relevant professional
qualification(s) or body
(if any):**

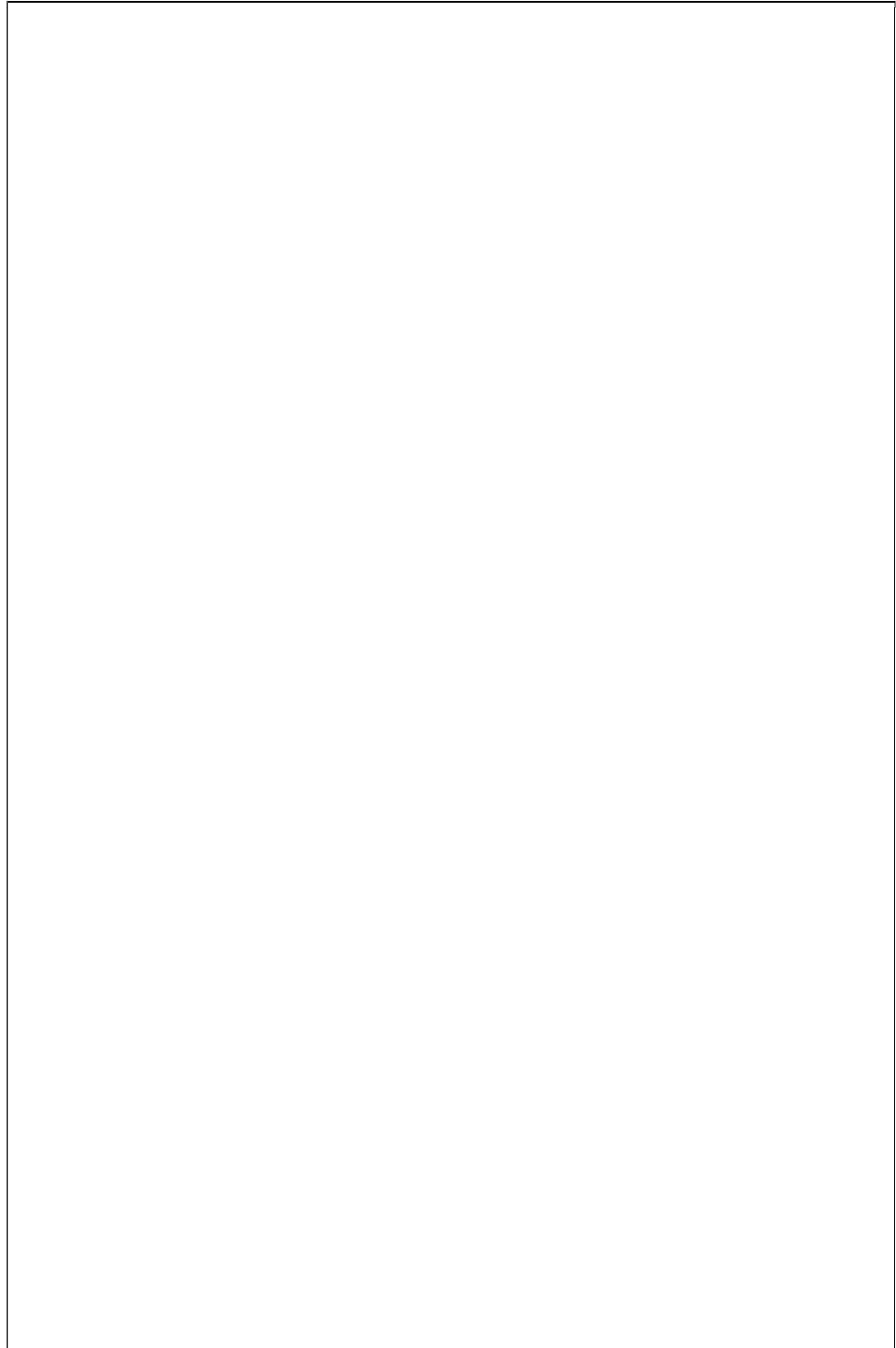
FCCA

Address:

70 Porthkerry Avenue
Welling, Kent
DA16 2DT

Only complete if the examiner needs to highlight matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).

Give here brief details of any items that the examiner wishes to disclose.



SONPAL SAMAJ UK

England & Wales - Charity number 1190562

Accounts

Trustees' Annual Report for the period

	Period start date				Period end date		
From	01	04	2022	To	31	03	2023

Section A Reference and administration details

Charity name SONPAL SAMAJ UK

Other names charity is known by

Registered charity number (if any) 1190562

Charity's principal address 35 Sharnbrooke Close

Welling

Kent

Postcode DA16 1SL

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Siri Parsad Gurung	Chair of Trustee		
2	Nayendra Kumari Gurung	Trustee		
3	Mohan Gurung	Trustee		
4	Yukta Bahadur Gurung	Trustee		
5	Bharat Gurung	Trustee		
6	Pratap Gurung	Trustee		
7	Nawaraj Gurung	Trustee		
8	Dipak Gurung	Trustee		
9				
10				
11				
12				
13				
14				
15				
16				
17				
18				
19				
20				

Names of the trustees for the charity, if any, (for example, any custodian trustees)

Name	Dates acted if not for whole year

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address
Finance and Compliance Advisor	Dipendra Sitaula, FCCA (Apex Financial Compliance Ltd)	70 Porthkerry Avenue, Welling, Kent, DA16 2DT

Name of chief executive or names of senior staff members (Optional information)

--

Section B Structure, governance and management

Description of the charity’s trusts

Type of governing document <i>(eg. trust deed, constitution)</i>	CONSTITUTION ADOPTED ON 18TH FEBRUARY 2021
How the charity is constituted <i>(eg. trust, association, company)</i>	CHARITABLE INCORPORATED ORGANISATION (CIO)
Trustee selection methods <i>(eg. appointed by, elected by)</i>	ELECTED BY THE MEMBERS

Additional governance issues (Optional information)

You **may choose** to include additional information, where relevant, about:

- policies and procedures adopted for the induction and training of trustees;
- the charity’s organisational structure and any wider network with which the charity works;
- relationship with any related parties;
- trustees’ consideration of major risks and the system and procedures to manage them.

--

Section C Objectives and activities

Summary of the objects of the charity set out in its governing document

1. For the public benefit the relief of those in need in Nepal by reason of youth, age, ill-health, disability, or social or economic disadvantage in particular but not exclusively by coordinating and developing services such as, education and health services and such other services for those in need as the trustees may determine.
2. To promote social inclusion for the public benefit by working with people in UK who are socially excluded on the grounds of their ethnic origin, religion, belief or creed in particular, members of the Nepalese community, to relieve the needs of such people and assist them to integrate into society, in particular by:
 - a) Providing a local network group that encourages and enables members of the Nepalese community to participate more effectively with the wider community;
 - b) Increasing, or co-ordinating, opportunities for members of the Nepalese community to engage with service providers, to enable those providers to adapt services to better meet the needs of that community.
3. To advance the education of the public in Nepalese language, heritage, culture and the arts, including through workshops and educational programs.
4. To provide and assist in the provision of facilities for the education, recreation and other leisure-time occupation of the inhabitants of the UK and the surrounding areas, in particular but not exclusively members of the Nepalese community, in the interests of social welfare and with the object of improving their conditions of life.

Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)

We organised following charitable activities in pursuance of its objectives:

1. The charity continuously focused and offered on its life membership program.
2. Organised a charity event to support a deceased's (life member) family.
3. Conducted few home visits to welcomed and congratulate the arrival of new babies during the year within the members' family.
4. Organised condolences visit and support during the funeral services to the members family on this very difficult time and support them on usual rituals of 13th (Arghun) & 49th day of the passing member. Some members have raised funds in memory of their loved one and donated to the charity.
5. During the Diwali, we organised a cultural event promoting culture of Deusi/Bhailo and raised some funds. This event provided a social engagement, entertainment and happiness.
6. Various home visits made to promote education and guide at the start of the University life, congratulation on graduating from the University or getting into their career ladder or professional achievements.
7. The charity fundraised and supported the local government school in Aadhikhola, Syangja in Nepal for their reconstruction of the school building and its playground.
8. The charity organised a fundraising event to raise funds towards the Kunkyur (religious) puja.

Additional details of objectives and activities (Optional information)

9. The charity fundraised for a Kidney and Heart patient and provided a financial support towards medical treatment. The charity is grateful for our members generosity for their financial contribution.
10. The charity contributed and celebrated 25th anniversary of Sirubari Village Homestay, a pristine Gurung village of Syangja district which is the first Community Home Stay Village in Nepal

You **may choose** to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.

Summary of the main achievements of the charity during the year

The charity continuously focused on increasing its life membership program.

The charity supported the local government school in Aadhikhola, Syangja in Nepal for their reconstruction of the school building and its playground.

The charity provided a financial support for a Kidney patient (Mr Binod Gurung) and Heart patient (Mr Sunil Gurung) towards medical treatment.

The charity contributed and celebrated 25th anniversary of Sirubari Village Homestay, a pristine Gurung village of Syangja district which is the first Community Home Stay Village in Nepal.

Section E Financial review

Brief statement of the charity's policy on reserves

The Trustees have examined the need for free reserves, i.e. those unrestricted funds not invested in tangible fixed assets, designated for specific purposes and otherwise committed. At present, it is recognised that current reserve level should be £25,000. The Trustees have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future.

Details of any funds materially in deficit

n/a

Further financial review details (Optional information)

You **may choose** to include additional information, where relevant about:

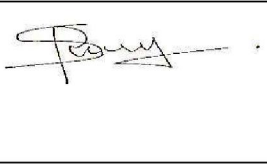

- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

Section F Other optional information

Section G Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)			
Full name(s)	Siri Parsad Gurung	Pratap Gurung	
Position (eg Secretary, Chair, etc)	Chair of Trustee	Treasurer & Trustee	

Date 26/01/2024



CHARITY COMMISSION
FOR ENGLAND AND WALES

Sonpal Samaj UK

No (if any)

CC16a

Receipts and payments accounts

For the period from	Period start date 01/04/2022	To	Period end date 31/03/2023
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Section A Receipts and payments

	Unrestricted funds	Restricted funds	Endowment funds	Total funds	Last year
	to the nearest £	to the nearest £	to the nearest £	to the nearest £	to the nearest £
A1 Receipts					
Donations: Deusi Bhailo Program	2,299		-	2,299	3,407
General Donations	1,000	-	-	1,000	331
Give In Celebrations (inc. birth, family reunion, buying home, graduation etc)	7,745	-	-	7,745	5,209
In Memory Donations- 49th days Rituals	2,000	-	-	2,000	3,939
Event Income (Loshar, Summer Gatherings)	4,371		-	4,371	-
Donations- Konkyur Puja	2,797		-	2,797	1,670
Membership	1,200		-	1,200	700
Charitable Activities		10,243		10,243	2,429
Bank Interest Earned	86		-	86	1
Sub total (Gross income for AR)	21,498	10,243	-	31,741	17,686
A2 Asset and investment sales, (see table).					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	21,498	10,243	-	31,741	17,686
A3 Payments					
Charitable Activities	1,092	10,243	-	11,335	2,429
Charitable Activities- Konkyur Puja	2,903		-	2,903	1,670
Legal, Accountancy & Compliance Services	1,300		-	1,300	235
Web hosting & Maintenance			-		180
Expenses- Deusi Bhailo Program	558		-	558	455
General Expenses	2,500		-	2,500	1,429
Event Expenses (Loshar, Summer Gatherings)	9,439		-	9,439	-
	-		-	-	-
	-		-	-	-
Sub total	17,792	10,243	-	28,035	6,398
A4 Asset and investment purchases, (see table)					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total payments	17,792	10,243	-	28,035	6,398
Net of receipts/(payments)	3,706	-	-	3,706	11,288
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	75,773	-	-	75,773	64,485
Cash funds this year end	79,478	-	-	79,478	75,773

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	Current Account	19,392	-	-
	Saving Account	60,087	-	-
			-	-
	Total cash funds	79,478	-	-
	(agree balances with receipts and payments account(s))	OK	OK	OK

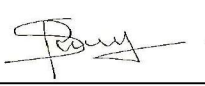

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B2 Other monetary assets		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-

Categories	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B3 Investment assets			-	-
			-	-
			-	-
			-	-
			-	-

Categories	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B4 Assets retained for the charity's own use			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-

Categories	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
B5 Liabilities			-	
			-	
			-	
			-	
			-	

Signed by one or two trustees on behalf of all the trustees

Signature	Print Name	Date of approval
	Siri Parsad Gurung	26/01/2024
	Pratap Gurung	26/01/2024



Section A

Independent Examiner's Report

**Report to the trustees/
members of**

Charity Name
SONPAL SAMAJ UK

**On accounts for the year
ended**

31/03/2023

**Charity no
(if any)**

1190562

Set out on pages

(remember to include the page numbers of additional sheets)

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended 31/03/2023..

**Responsibilities and
basis of report**

As the charity trustees of the Trust, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

**Independent
examiner's statement**

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination which gives me cause to believe that in, any material respect:

- accounting records were not kept in accordance with section 130 of the Act or
- the accounts do not accord with the accounting records

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Signed:

Date: 26/01/2024

Name:

Dipendra Sitaula of Apex Financial Compliance Ltd

**Relevant professional
qualification(s) or body
(if any):**

FCCA

Address:

70 Porthkerry Avenue

Welling, Kent

DA16 2DT

Only complete if the examiner needs to highlight matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).

Give here brief details of any items that the examiner wishes to disclose.

SONPAL SAMAJ UK

England & Wales - Charity number 1190562

Accounts

Trustees' Annual Report for the period									
From		Period start date			To		Period end date		
		01	04	2021			31	03	2022

Section A Reference and administration details

Charity name SONPALSAMAJ UK

Other names charity is known by

Registered charity number (if any) 1190562

Charity's principal address

35 Sharnbrooke Close	
Welling	
Kent	
Postcode	DA16 1SL

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Siri Parsad Gurung	Chair of Trustee	From 13/07/2021	
2	Nayendra Kumari Gurung	Trustee		
3	Mohan Gurung	Trustee		
4	Yukta Bahadur Gurung	Trustee		
5	Bharat Gurung	Trustee		
6	Bijya Bahadur Gurung	Trustee	Until 13/07/2021	
7	Prem Bahadur Gurung	Trustee	Until 13/07/2021	
8	Rajendra Man Gurung	Trustee	Until 13/07/2021	
9	Chitra Bahadur Gurung	Trustee	Until 13/07/2021	
10	Pratap Gurung	Trustee	From 13/07/2021	
11	Nawaraj Gurung	Trustee	From 13/07/2021	
12	Dipak Gurung	Trustee	From 13/07/2021	
13	Chandra Bahadur Gurung	Trustee	Until 08/01/2022	
14				
15				
16				
17				
18				
19				

Names of the trustees for the charity, if any, (for example, any custodian trustees)

Name	Dates acted if not for whole year

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address
Finance and Compliance Advisor	Dipendra Sitaula, FCCA (Apex Financial Compliance Ltd)	70 Porthkerry Avenue, Welling, Kent, DA16 2DT

Name of chief executive or names of senior staff members (Optional information)

--

Section B Structure, governance and management

Description of the charity's trusts

Type of governing document (eg. trust deed, constitution)	CONSTITUTION ADOPTED ON 18TH FEBRUARY 2021
How the charity is constituted (eg. trust, association, company)	CHARITABLE INCORPORATED ORGANISATION (CIO)
Trustee selection methods (eg. appointed by, elected by)	ELECTED BY THE MEMBERS

Additional governance issues (Optional information)

You **may choose** to include additional information, where relevant, about:

- policies and procedures adopted for the induction and training of trustees;
- the charity's organisational structure and any wider network with which the charity works;
- relationship with any related parties;
- trustees' consideration of major risks and the system and procedures to manage them.

--

Section C Objectives and activities

Summary of the objects of the charity set out in its governing document

1. For the public benefit the relief of those in need in Nepal by reason of youth, age, ill-health, disability, or social or economic disadvantage in particular but not exclusively by coordinating and developing services such as, education and health services and such other services for those in need as the trustees may determine .
2. To promote social inclusion for the public benefit by working with people in UK who are socially excluded on the grounds of their ethnic origin, religion, belief or creed in particular, members of the Nepalese community, to relieve the needs of such people and assist them to integrate into society, in particular by:
 - a) Providing a local network group that encourages and enables members of the Nepalese community to participate more effectively with the wider community;
 - b) Increasing, or co-ordinating, opportunities for members of the Nepalese community to engage with service providers, to enable those providers to adapt services to better meet the needs of that community.
3. To advance the education of the public in Nepalese language, heritage, culture and the arts, including through workshops and educational programs.
4. To provide and assist in the provision of facilities for the education, recreation and other leisure-time occupation of the inhabitants of the UK and the surrounding areas, in particular but not exclusively members of the Nepalese community, in the interests of social welfare and with the object of improving their conditions of life.

Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)

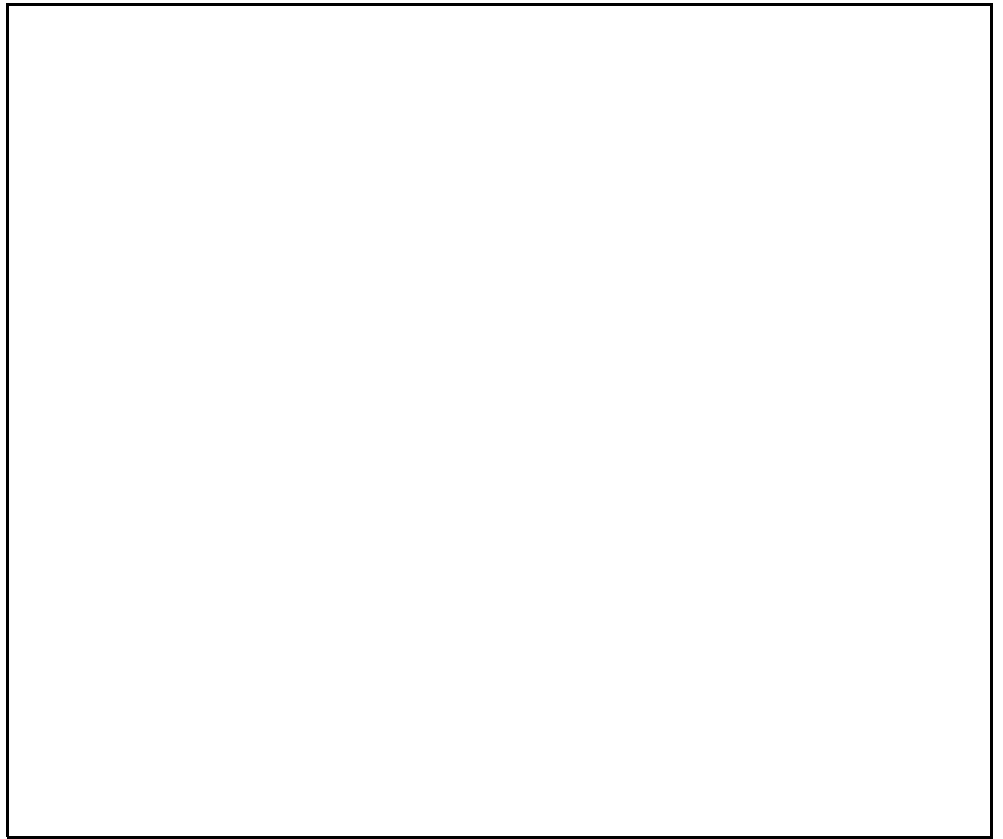
The COVID Pandemic affected the charity both on operations and its finances, however we managed to conducted following charitable activities in pursuance of its objectives:

1. SONPAL continued COVID-19 helpline to help and support as well as engaged in COVID-19 volunteering to ensure the wellbeing (both physical and mental awareness) of our community members.
2. The charity continuously focused and offered on its life membership program.
3. Organised a charity event to support a deceased's (life member) family.
4. Conducted few home visits to welcomed and congratulate the arrival of new babies during the year within the members' family.
5. Organised condolences visit and support during the funeral services to the members family on this very difficult time and support them on usual rituals of 13th (Arghun) & 49th day of the passing member. Some members have raised funds in memory of their loved one and donated to the charity.
6. During the Diwali, we organised a cultural event promoting culture of Deusi/Bhailo and raised some funds. This event provided a social engagement, entertainment and happiness.
7. Various home visits made to promote education and guide at the start of the University life, congratulation on graduating from the University or getting into their career ladder or professional achievements.
8. The charity fundraised and supported the flood relief victims at Dordi village in Nepal for their immediate needs.
9. The charity organised a fundraising event to raise funds towards the Kunkyur (religious) puja.

Additional details of objectives and activities (Optional information)

You **may choose** to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.



Section D

Achievements and performance

Section D

Achievements and performance

Summary of the main achievements of the charity during the year

Year 2021/2022 was a year of lockdown (second & Third) and due to the COVID-19 pandemic, we were compelled to halt most of our charitable activities, nevertheless during this difficult time we still managed to engaged with our community members and support them during this difficult period, particularly providing support to the members by using modern technologies and able to organised few virtual COVID-19 awareness and its impact on health and wellbeing of the members.

During this challenging time, we were able to support the key vulnerable members of the community across different areas in England. The beneficiaries were able to develop networks and improve their social connections, reduce isolation and loneliness and improve their overall wellbeing.

The charity continuously focused on increasing its life membership program.

The charity supported the flood relief victims at Dordi village in Nepal for their immediate needs.

Section E Financial review

Brief statement of the charity's policy on reserves

The Trustees have examined the need for free reserves, i.e. those unrestricted funds not invested in tangible fixed assets, designated for specific purposes and otherwise committed. At present, it is recognised that current reserve level should be £25,000. The Trustees have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future.

Details of any funds materially in deficit

n/a

Further financial review details (Optional information)

You **may choose** to include additional information, where relevant about:

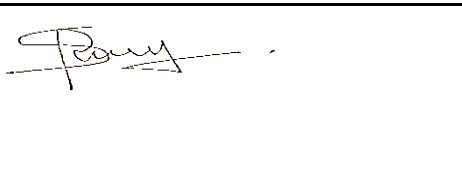
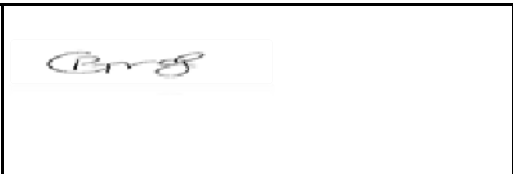
- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

Section F Other optional information

Section G Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)		
Full name(s)	Siri Parsad Gurung	Pratap Gurung
Position (eg Secretary, Chair, etc)	Chair of Trustee	Treasurer & Trustee

Date

22/12/2022



Receipts and payments accounts

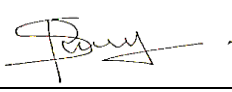

CC16a

For the period from	Period start date 01/04/2021	To	Period end date 31/03/2022
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Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
Donations: Deusi Bhailo Program	3,407		-	3,407	2,948
General Donations	331	-	-	331	300
Give In Celebrations (inc. birth, family reunion, buying home, graduation etc)	5,209	-	-	5,209	-
In Memory Donations- 49th days Rituals	3,939	-	-	3,939	-
Donations- Flood Relief at Dordi Village in Nepal	-	2,429	-	2,429	-
Donations- Konkyur Puja	-	1,670	-	1,670	-
Membership	700	-	-	700	-
Bank Interest Earned	1	-	-	1	-
Sub total (Gross income for AR)	13,587	4,099	-	17,686	3,248
A2 Asset and investment sales, (see table).					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	13,587	4,099	-	17,686	3,248
A3 Payments					
Charitable Activities- Flood Relief at Dordi Village in Nepal		2,429	-	2,429	600
Charitable Activities- Konkyur Puja		1,670	-	1,670	800
Legal & Compliance Services	235	-	-	235	200
Web hosting & Maintenance	180	-	-	180	-
Expenses- Deusi Bhailo Program	455	-	-	455	-
General Expenses	1,429	-	-	1,429	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total	2,299	4,099	-	6,398	1,600
A4 Asset and investment purchases, (see table)					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total payments	2,299	4,099	-	6,398	1,600
Net of receipts/(payments)	11,288	-	-	11,288	1,648
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	64,485	-	-	64,485	-
Cash funds this year end	75,773	-	-	75,773	1,648

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	Current Account	15,772	-	-
	Saving Account	60,001	-	-
			-	-
	Total cash funds	75,773	-	-
	(agree balances with receipts and payments account(s))	OK	OK	OK
B2 Other monetary assets	Details	-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
B3 Investment assets	Details	-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
B4 Assets retained for the charity's own use	Details	-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
B5 Liabilities	Details	-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
Signed by one or two trustees on behalf of all the trustees	Signature	Print Name	Date of approval	
		Siri Parsad Gurung	22/12/2022	
		Pratap Gurung	23/12/2022	



Section A

Independent Examiner's Report

**Report to the trustees/
members of**

Charity Name
SONPAL SAMAJ UK

**On accounts for the year
ended**

31/03/2022

**Charity no
(if any)**

1190562

Set out on pages

(remember to include the page numbers of additional sheets)

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended 31/03/2022..

**Responsibilities and
basis of report**

As the charity trustees of the Trust, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

**Independent
examiner's statement**

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination which gives me cause to believe that in, any material respect:

- accounting records were not kept in accordance with section 130 of the Act or
- the accounts do not accord with the accounting records

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Signed:

Date:

22/12/2022

Name:

Dipendra Sitaula of Apex Financial Compliance Ltd

**Relevant professional
qualification(s) or body
(if any):**

FCCA

Address:

70 Porthkerry Avenue

Welling, Kent

DA16 2DT

Only complete if the examiner needs to highlight matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).

Give here brief details of any items that the examiner wishes to disclose.

SONPAL SAMAJ UK

England & Wales - Charity number 1190562

Accounts



Trustees' Annual Report for the period

		Period start date			Period end date		
From	27	07	2020	To	31	03	2021

Section A Reference and administration details

Charity name SONPAL SAMAJ UK

Other names charity is known by

Registered charity number (if any) 1190562

Charity's principal address 35 Sharnbrooke Close

Welling

Kent

Postcode

DA16 1SL

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Siri Parsad Gurung	Chair of Trustee	From 13/07/2021	
2	Nayendra Kumari Gurung	Trustee		
3	Mohan Gurung	Trustee		
4	Yukta Bahadur Gurung	Trustee		
5	Bharat Gurung	Trustee		
6	Bijya Bahadur Gurung	Trustee	Until 13/07/2021	
7	Prem Bahadur Gurung	Trustee	Until 13/07/2021	
8	Rajendra Man Gurung	Trustee	Until 13/07/2021	
9	Chitra Bahadur Gurung	Trustee	Until 13/07/2021	
10	Pratap Gurung	Trustee	From 13/07/2021	
11	Nawaraj Gurung	Trustee	From 13/07/2021	
12	Dipak Gurung	Trustee	From 13/07/2021	
13	Chandra Bahadur Gurung	Trustee	From 13/07/2021	
14				
15				
16				
17				
18				
19				

20

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Names of the trustees for the charity, if any, (for example, any custodian trustees)

Name	Dates acted if not for whole year

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address
Finance and Compliance Advisor	Dipendra Sitaula, FCCA (Apex Financial Compliance Ltd)	70 Porthkerry Avenue, Welling, Kent, DA16 2DT

Name of chief executive or names of senior staff members (Optional information)

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Section B Structure, governance and management

Description of the charity's trusts

Type of governing document <small>(eg. trust deed, constitution)</small>	CONSTITUTION ADOPTED ON 18TH FEBRUARY 2021
How the charity is constituted <small>(eg. trust, association, company)</small>	CHARITABLE INCORPORATED ORGANISATION (CIO)
Trustee selection methods <small>(eg. appointed by, elected by)</small>	ELECTED BY THE MEMBERS

Additional governance issues (Optional information)

You **may choose** to include additional information, where relevant, about:

- policies and procedures adopted for the induction and training of trustees;
- the charity's organisational structure and any wider network with which the charity works;
- relationship with any related parties;
- trustees' consideration of major risks and the system and procedures to manage them.

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Summary of the objects of the charity set out in its governing document

1. For the public benefit the relief of those in need in Nepal by reason of youth, age, ill-health, disability, or social or economic disadvantage in particular but not exclusively by coordinating and developing services such as, education and health services and such other services for those in need as the trustees may determine.
2. To promote social inclusion for the public benefit by working with people in UK who are socially excluded on the grounds of their ethnic origin, religion, belief or creed in particular, members of the Nepalese community, to relieve the needs of such people and assist them to integrate into society, in particular by:
 - a) providing a local network group that encourages and enables members of the Nepalese community to participate more effectively with the wider community;
 - b) increasing, or co-ordinating, opportunities for members of the Nepalese community to engage with service providers, to enable those providers to adapt services to better meet the needs of that community.
3. To advance the education of the public in Nepalese language, heritage, culture and the arts, including through workshops and educational programmes.
4. To provide and assist in the provision of facilities for the education, recreation and other leisure-time occupation of the inhabitants of the UK and the surrounding areas, in particular but not exclusively members of the Nepalese community, in the interests of social welfare and with the object of improving their conditions of life.

Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)

The COVID Pandemic affected the charity both on operations and its finances, however we managed to conducted following charitable activities in pursuance of its objectives:

1. SONPAL set up COVID-19 helpline to help and support our community members.
2. The charity continuously focused and offered on its life membership program.
3. Organised a charity event to support a deceased's (life member) family.
4. Conducted few home visits to welcomed and congratulate the arrival of new babies during the year within the members family.
5. Organised condolences visit and support during the funeral services to the members family on this very difficult time and support them on usual rituals of 13th (Arghun) & 49th day of the passing member.
6. During the Diwali, we organised a virtual cultural event promoting culture of Deusi/Bhailo and raised some funds. This event provided a social engagement, entertainment and happiness.
7. Various home visits made to promote education and guide at the start of the University life, congratulation on graduating from the University or getting into their career ladder or professional achievements.

Additional details of objectives and activities (Optional information)

You **may choose** to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.

Summary of the main achievements of the charity during the year

Year 2020/2021 was a year of lockdown and due to the COVID-19 pandemic, we were compelled to halt most of our charitable activities, nevertheless during this difficult time we still managed to engaged with our community members and support them during this difficult period, particularly providing support to the members by using modern technologies and able to organised few virtual COVID-19 awareness and its impact on health and wellbeing of the members.

The charity continuously focused on increasing its life membership program.

SONPAL Samaj UK registered to Charity Commission as Charitable Incorporated Organisation (CIO) and HMRC for Gift Aid.

Section E Financial review

Brief statement of the charity's policy on reserves

The Trustees have examined the need for free reserves, i.e. those unrestricted funds not invested in tangible fixed assets, designated for specific purposes and otherwise committed. At present, it is recognised that current reserve level should be £25,000.

The Trustees have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future.

Details of any funds materially in deficit

n/a

Further financial review details (Optional information)

You **may choose** to include additional information, where relevant about:



- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

Section F Other optional information

Section G Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)		
Full name(s)	Siri Parsad Gurung	Pratap Gurung
Position (eg Secretary, Chair, etc)	Chair of Trustee	Treasurer & Trustee
Date	18/01/2022	



CHARITY COMMISSION
FOR ENGLAND AND WALES

Sonpal Samaj UK No (if any)

Receipts and payments accounts

CC16a

For the period from 27/07/2020 To 31/03/2021

Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
Donations	2,948	-	-	2,948	-
Membership	300	-	-	300	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total (Gross income for AR)	3,248	-	-	3,248	-
A2 Asset and investment sales, (see table).					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	3,248	-	-	3,248	-
A3 Payments					
Program- Charitable Activities	600	-	-	600	-
Legal & Compliance Services	800	-	-	800	-
Web hosting & Maintenance	200	-	-	200	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total	1,600	-	-	1,600	-
A4 Asset and investment purchases, (see table)					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total payments	1,600	-	-	1,600	-
Net of receipts/(payments)	1,648	-	-	1,648	-
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	62,837	-	-	62,837	-
Cash funds this year end	64,485	-	-	64,485	-

Section B Statement of assets and liabilities at the end of the period

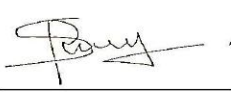

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	Opening Bank Balance	32,521	-	-
	Saving Account	30,316	-	-
	Cash Surplus for the period	1,648	-	-
	Total cash funds	64,485	-	-
	(agree balances with receipts and payments account(s))	OK	OK	OK

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B2 Other monetary assets		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-

Categories	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B3 Investment assets			-	-
			-	-
			-	-
			-	-
			-	-

Categories	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B4 Assets retained for the charity's own use			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-

Categories	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
B5 Liabilities			-	
			-	
			-	
			-	
			-	

Signed by one or two trustees on behalf of all the trustees	Signature	Print Name	Date of approval
		Siri Parsad Gurung	18/01/2022
		Pratap Gurung	18/01/2022



Section A

Independent Examiner's Report

**Report to the trustees/
members of**

Charity Name
SONPAL SAMAJ UK

**On accounts for the year
ended**

31/03/2021

**Charity no
(if any)**

1190562

Set out on pages

(remember to include the page numbers of additional sheets)

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended DD / MM / YYYY.

**Responsibilities and
basis of report**

As the charity trustees of the Trust, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

**Independent
examiner's statement**

I have completed my examination. I confirm that no material matters have come to my attention (other than that disclosed below *) in connection with the examination which gives me cause to believe that in, any material respect:

- accounting records were not kept in accordance with section 130 of the Act or
- the accounts do not accord with the accounting records

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in order to enable a proper understanding of the accounts to be reached.

** Please delete the words in the brackets if they do not apply.*

Signed:

Date: 18/01/2022

Name:

Dipendra Sitaula of Apex Financial Compliance Ltd

**Relevant professional
qualification(s) or body
(if any):**

FCCA

Address:

70 Porthkerry Avenue

Welling, Kent

DA16 2DT

Only complete if the examiner needs to highlight matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).

Give here brief details of any items that the examiner wishes to disclose.