

**REGISTERED COMPANY NUMBER: CE022643 (England and Wales)**  
**REGISTERED CHARITY NUMBER: 1190555**

Report of the Trustees and  
Unaudited Financial Statements for the Year Ended 31 July 2024  
for  
Young People's Counselling Service

Hills Accountants Limited  
Greenhill House  
First Floor East Wing  
Thorpe Road  
Peterborough  
Cambridgeshire  
PE3 6RU

Young People's Counselling Service

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for the Year Ended 31 July 2024

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Report of the Trustees  
for the Year Ended 31 July 2024

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 July 2024. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

Throughout the period 30th July 2023 - 31st July 2024, our team have continued to work hard to provide high quality therapy to teens aged 11-18. Our Trustees, Staff, Volunteers, Ambassadors, Patrons and Funders have been generous with their time, expertise, donations and practical help. We have grown significantly and this has brought increasing challenges especially regarding fundraising. Demand remains high for our services and we offer a level of therapy not available elsewhere, even within CAMH. We had looked forward to celebrating our 30th Anniversary in 2024 but the year was not all positive. By July 2024 we were sadly already well through our plans to close the therapy service.

The complexity of cases, late presentations and a high incidence of neurodiverse diagnoses in those presenting remain strong themes. We were increasingly frustrated at the long wait for ADHD/ASD assessments and could see the significant impact this has on young people's mental health and their ability to access learning. Counselling a child who is clearly neurodiverse but waiting years for a diagnosis is not the most appropriate way to manage them holistically, but the current system leaves us with little choice. This lack of coordinated care is heartbreaking in its negative impact and costly for the child, their families and society.

Fundraising, especially in large amounts has never been harder. Our struggle was not unique and was shared by all charities I spoke to whatever their size. Our biggest grant came from the Healthier Futures fund which was NHS money. The parent groups are due to start September 2024 and are based on a model copied from another more experienced charity in this area called the Charlie Waller Trust.

We started a campaign called 'Save YPCS' in the summer of 2023. We reached out to all our supporters, hired a grant application specialist and explored every avenue to raise money and establish a steady income stream. We took part in a huge project for the NHS called Backlog, which completed in August 2023 and receives high praise for our efforts and professionalism screening over 1200 young people who were on long waiting lists. We were told there would be ongoing funding for intervention for those identified in the project, as requiring therapy. This money never materialized and after months of waiting we were told there was no money in March 2024. This steady regular income was vital to our survival and without it we were in a difficult financial position. Despite our best efforts we sadly reached the decision in April 2024, that we had to close the therapy provision and both our Annabelle Davis Centres. It was a heartbreaking decision, and we had to make our staff redundant. We managed our cash flow and monitored our financial position very closely to ensure that all debts were honored and redundancy payments paid etc. Luckily another local charity Centre 33 who also work with young people, took over the Annabelle Davis Centre in Wisbech, Young Technicians Academy based locally were gifted all our computers and other assorted 'tech'. The Annabelle Davis Centre Yaxley is hopefully going to be used by a local charity but discussions are ongoing. We are pleased to have left a legacy of sorts after 30 years of operation.

The charity remains a viable concern, however despite us not providing a therapy service. We now run parent support groups, which are much needed and simpler to run, requiring much lower levels of fund raising. Our last large grant from the Healthier Futures Fund will in fact ensure that the Yaxley group which will start in early September 2024, can run for several years without using any additional funding.

I would like to pay tribute to our team of Therapists; they have excelled in every way. The quality of the work they do is commented on by other agencies, their professionalism is evident in everything they do and their passion for our work is plain to see. I thank them for their trust in us during a very uncertain time and for their kind words when we had to close. I also thank our HR/finance manager, who showed huge loyalty and flexibility, in our final months she had the difficult job of making colleagues redundant and not renewing contracts. We wish all the staff that we said goodbye to every success in their personal and professional lives, and I am glad that they too thought the charity was 'really something special'. We begin the financial year knowing that by the end of September 2024, we will close our centre for good and shrink to a much smaller charity. However, as one of our trustees said, whilst we still can, we should continue doing something good. The parent support groups are a way of doing that and I hope to report on their success in another year's time.



## **OBJECTIVES AND ACTIVITIES**

### **Objectives and aims**

The objects of Young People's Counselling Service (YPCS) as stated in our CIO constitution are "To promote, preserve and protect the mental health of the public, in particular but not exclusively of children, young people and their families."

The counselling service we deliver enables local young people to make sense of their thoughts and feelings, in the hope that they can make decisions about what they want to do to bring about change in their lives. It also provides a means of support and a space where they can feel valued and heard.

Our new direction into parent/carer support groups remains firmly within our charity objects. Many young people cannot access therapy yet present with very challenging behavior that causes huge stress to families. Many also have issues with school, need EHCPs or ASD/ADHD assessments. The system is difficult, almost adversarial to navigate and parents can feel very much alone or even blamed. By supporting parents we are able to help the whole family.

### **Significant activities**

Our significant activities for the year can be broadly categorised into the following areas:

- " The delivery of free counselling to young people
- " Provision of counselling and play therapy in schools
- " Fundraising and bid writing to support the above
- " Expanding our management/admin team with a new HR/Finance manager and a part-time charity director.
- " Developing, reviewing and improving our policies and procedures especially in the area of HR.
- " Participating in projects and new initiatives within our service delivery area
- " Running and utilising to the maximum, our two Annabelle Davis Centres, the first in Yaxley and the second in Wisbech
- " Responding positively to the increase in demand for our services
- " Continuing to work with the NHS (CCG and CPFT) as they recognise us as a high-quality service provider.

We have seen no end to the growing demand for YPCS services, so our priority has been to maintain the quality we were already offering and try to establish some regular funding for our core service. This has proved very difficult as most funders don't want to fund 'business as usual'. The competition for funds has never been greater. We were unlucky to be refused funding from the Evelyn Trust due to a large donation from them a few years ago. We were devastated to not get any funding from the NHS. This left many dozens of kids with complex needs only YPCS could manage, effectively being on an infinite waiting list.

Although the impact of Covid persists, the extra funding has all stopped. We became an 'awkward size'-large enough to need a professional fund-raising manager but too small to be able to afford one.

We continued to offer a service in local schools, paid for by the schools. This presented some challenges as the therapy space in the school was not always ideal and several clients chose to be seen at the Annabelle Davis Centre. Their progress improved noticeably as a direct result of the increased privacy, and the effect of the calm welcoming space we work hard to provide. We aimed to expand our offer into more schools. Although there was interest there was often a lack of funding in schools to pay for it.

Alongside our core work in schools and at our centres we have been involved in delivering a number of projects. We worked with the performance poet called Mark Grist, local businesses including the up-and-coming Higgsy's in Yaxley as well as more established partners like Marco Sementa, the Masons, Yaxley runners and the Mayor of Wisbech and some parents who made a regular donation after their child ended therapy. We had great support from the judicial system, after being recommended anonymously. Judge Mark Lowe visited to see our work and we continue to get a quarterly cheque from the proceeds of crime confiscated by the courts. One of our trustees made us their nominated charity for their year as Worshipful Master at Whittlesey Masonic Lodge and we held a successful Fire walk in partnership with Peterborough Rugby Club.

### **Public benefit**

The trustees confirm that they have taken account of the Charity Commission Guidance on public benefit in determining the activities of the charity.



## **OBJECTIVES AND ACTIVITIES**

### **Volunteers**

Volunteers provide invaluable support to the work of the charity.

## **ACHIEVEMENT AND PERFORMANCE**

We have remained focused on bidding for funds from grant givers and organisations whose aims and objectives align with those of YPCS.

Alongside our continued successful service delivery, we have invested time and resources in improving our back-office systems, including HR and finance policies. At our peak we had 10 employees and 8 self-employed staff.

## **FINANCIAL REVIEW**

We are pleased to present the financial report for 2023/2024. The year has seen YPCS face considerable funding challenges that sadly we were unable to reverse. The final straw was not securing NHS funding that had been 'committed' and not getting the Evelyn Trust grant.

The statement of financial activities for the year ending 31st July 2024 presents a poor position for YPCS and the decision was made to close the therapy service and the 2 centres.

## **FUTURE PLANS**

We have a clear plan to close the therapy service ethically, honoring all our debts and this has resulted in us probably having a healthy amount of money to fund the parent groups. We have diversified into providing parent/carer support with our first group starting in Yaxley in September 2024. Our plans are to expand to provide more groups across the area.

## **STRUCTURE, GOVERNANCE AND MANAGEMENT**

### **Governing document**

The charity is controlled by its governing document, a deed of trust, and constitutes a limited company, limited by guarantee, as defined by the Companies Act 2006.

Young People's Counselling Service (YPCS) was originally established in 1994. A new registered Charity was formed with a differing governance structure when YPCS was registered as a CIO on 24th July 2020. Old and new legal entities have operated in tandem to ensure that service delivery remains consistent without causing any disruption to the young people that we serve. We intend for the 'old' charity accounts to be wound up by.

## **REFERENCE AND ADMINISTRATIVE DETAILS**

### **Registered Company number**

CE022643 (England and Wales)

### **Registered Charity number**

1190555

### **Registered office**

School Bungalow  
Broadway  
Yaxley  
Peterborough  
PE7 3JD

Young People's Counselling Service

Report of the Trustees  
for the Year Ended 31 July 2024

**Trustees**

Ms A Graham

P Ashworth

D Weir (resigned 11.1.24)

P Williamson

L Butcher

C Doyle

J Phillips

W Rand

F Haslam

B Bonar (appointed 11.1.24)

K Gardner

**Company Secretary**

**Independent Examiner**

Hills Accountants Limited

Greenhill House

First Floor East Wing

Thorpe Road

Peterborough

Cambridgeshire

PE3 6RU

### **MY FINAL MESSAGE TO ALL SUPPORTERS**

It is with enormous sadness that I announce the closure of YPCS. Instead of celebrating our 30th birthday we are instead saying goodbye to our friends, our clients and our amazing staff.

I beggars belief that at a time when demand has never been higher that our unique service cannot continue. We have provided a high level of clinical intervention to thousands of young people in our area and now we have gone they have no service. Despite our typical client having very complex needs they do not meet the impossibly high CAMH thresholds for treatment but are too complex for the other charities to manage.

We have filled this huge gap in NHS services for years but their support of us has been sporadic and disjointed and in the end inadequate. Despite lots of talk nationally and locally about how important charities are but these have proved to be empty words.

Over the last 7 years as Chair, I over saw the growth of YPCS from a small charity to one that helped over 1000 young people in our busiest year. We had established a reputation for quality, professionalism, costs- effectiveness and agility and I thank my magnificent team for all that. Fund raiding has never been harder, the cost-of-living crisis continues to bite deeply and the neglect of our potential by the NHS in particular is morally indefensible in my opinion.

Our Annabelle Davis Centres in Yaxley and Wisbech are models of excellence and recognise that the right environment facilitates deep connections and aids therapeutic progress. We are hoping that other local charities will be able to take these over and that these fabulous community assets will be preserved as a lasting legacy.

What is our final message? To all who have loved us and supported our essential work over the years we thank you from the bottom of our hearts. To those who continue to find it acceptable that really ill young people over 11 will now get no service that matches their needs, you should be ashamed. To those who think that deeply traumatised children. Under 11 don't warrant any service then you should be ashamed.

I am angry and very sad that young people in our area are now worse off and that after 30 years the situation has not improved. These kids are our future and now they have no voice at all

### **In Summary**

I feel it is best to end this report with some quotes from those who have accessed the service, when informed we are closing

" I read your letter with great sadness yesterday. It has been a great privilege for St Peter's Church to support to such essential work by offering the use of St Peter's Lodge. Our PCC recognises the need for support for young children and their families and are so pleased to have played a part in helping YPCS to do that.

Thank you for all that has been achieved during your time in the Lodge and best wishes for the future

" I was saddened to hear the news that YPCS is no longer able to continue. I have no doubt from our personal experience that the work you have done is life changing for young people and so very much needed. I completely understand the difficulties that you have faced and hence your decision to close the charity

" On behalf of Yaxley Parish Council I would like to pass on our thanks to you and your colleagues for the wonderful service YPCS has provided during the last 30 years and express how sad that this vital service cannot get the support it needs to continue.

Again, on behalf of the Board of Trustees, thank you to everybody involved with the excellent work of YPCS. We are proud to be part of a team that works so tirelessly to make a difference to the lives of local young people, and as your Chair I am deeply sorry that we couldn't raise the huge amounts needed to continue the therapy service. We will, however, do our best to continue help young people via their parents.

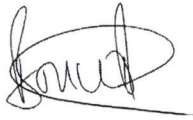
29th May 2025

Approved by order of the board of trustees on ..... and signed on its behalf by:



Young People's Counselling Service

Report of the Trustees  
for the Year Ended 31 July 2024

A handwritten signature in black ink, appearing to read 'B Bonar', written over a horizontal dotted line.

B Bonar - Trustee

Independent Examiner's Report to the Trustees of  
Young People's Counselling Service

**Independent examiner's report to the trustees of Young People's Counselling Service ('the Company')**

I report to the charity trustees on my examination of the accounts of the Company for the year ended 31 July 2024.

**Responsibilities and basis of report**

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under Section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under Section 145(5) (b) of the 2011 Act.

**Independent examiner's statement**

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by Section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of Section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Mr Lee James Hills

Hills Accountants Limited  
Greenhill House  
First Floor East Wing  
Thorpe Road  
Peterborough  
Cambridgeshire  
PE3 6RU

Date: 29 May 2025

Young People's Counselling Service

Statement of Financial Activities  
for the Year Ended 31 July 2024

	Notes	Unrestricted fund £	Restricted funds £	31.7.24 Total funds £	31.7.23 Total funds £
<b>INCOME AND ENDOWMENTS FROM</b>					
Donations and legacies		112,082	86,445	198,527	382,353
Other trading activities	2	22,116	-	22,116	17,582
Investment income	3	12,487	-	12,487	10,385
<b>Total</b>		<u>146,685</u>	<u>86,445</u>	<u>233,130</u>	<u>410,320</u>
<b>EXPENDITURE ON</b>					
<b>Charitable activities</b>					
Primary trading		<u>128,843</u>	<u>224,243</u>	<u>353,086</u>	<u>433,306</u>
<b>NET INCOME/(EXPENDITURE)</b>		17,842	(137,798)	(119,956)	(22,986)
<b>RECONCILIATION OF FUNDS</b>					
Total funds brought forward		55,401	167,530	222,931	245,917
<b>TOTAL FUNDS CARRIED FORWARD</b>		<u><u>73,243</u></u>	<u><u>29,732</u></u>	<u><u>102,975</u></u>	<u><u>222,931</u></u>

The notes form part of these financial statements



Young People's Counselling Service

Balance Sheet

31 July 2024

	Notes	Unrestricted fund £	Restricted funds £	31.7.24 Total funds £	31.7.23 Total funds £
<b>FIXED ASSETS</b>					
Tangible assets	8	4,135	-	4,135	5,106
<b>CURRENT ASSETS</b>					
Debtors	9	6,493	-	6,493	2,258
Cash at bank		70,856	29,731	100,587	231,887
		<u>77,349</u>	<u>29,731</u>	<u>107,080</u>	<u>234,145</u>
<b>CREDITORS</b>					
Amounts falling due within one year	10	(8,240)	-	(8,240)	(16,320)
		<u>69,109</u>	<u>29,731</u>	<u>98,840</u>	<u>217,825</u>
<b>NET CURRENT ASSETS</b>					
		<u>73,244</u>	<u>29,731</u>	<u>102,975</u>	<u>222,931</u>
<b>TOTAL ASSETS LESS CURRENT LIABILITIES</b>					
		<u>73,244</u>	<u>29,731</u>	<u>102,975</u>	<u>222,931</u>
<b>NET ASSETS</b>					
		<u>73,244</u>	<u>29,731</u>	<u>102,975</u>	<u>222,931</u>
<b>FUNDS</b>	12				
Unrestricted funds				73,244	55,401
Restricted funds				<u>29,731</u>	<u>167,530</u>
<b>TOTAL FUNDS</b>				<u>102,975</u>	<u>222,931</u>

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 July 2024.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 July 2024 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

The notes form part of these financial statements

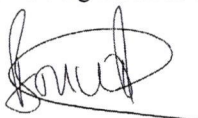
Young People's Counselling Service

Balance Sheet - continued

31 July 2024

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on 29th May 2025  
and were signed on its behalf by:



.....  
B Bonar - Trustee

The notes form part of these financial statements

## **1. ACCOUNTING POLICIES**

### **Basis of preparing the financial statements**

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

### **Financial reporting standard 102 - reduced disclosure exemptions**

The charitable company has taken advantage of the following disclosure exemption in preparing these financial statements, as permitted by FRS 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland':

- the requirements of Section 7 Statement of Cash Flows.

### **Income**

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

### **Expenditure**

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

### **Tangible fixed assets**

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

### **Taxation**

The charity is exempt from corporation tax on its charitable activities.

### **Fund accounting**

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

### **Pension costs and other post-retirement benefits**

The charitable company operates a defined contribution pension scheme. Contributions payable to the charitable company's pension scheme are charged to the Statement of Financial Activities in the period to which they relate.

### **Going concern**

The trustees consider that there are no material uncertainties about the Charities ability to continue as a going concern nor any significant areas of uncertainty that affect the carrying value of assets held by the charity.



Notes to the Financial Statements - continued  
for the Year Ended 31 July 2024

**2. OTHER TRADING ACTIVITIES**

	31.7.24	31.7.23
	£	£
Primary trading	22,116	17,582

**3. INVESTMENT INCOME**

	31.7.24	31.7.23
	£	£
Rents received	12,487	10,385

**4. NET INCOME/(EXPENDITURE)**

Net income/(expenditure) is stated after charging/(crediting):

	31.7.24	31.7.23
	£	£
Depreciation - owned assets	1,387	1,738

**5. TRUSTEES' REMUNERATION AND BENEFITS**

There were no trustees' remuneration or other benefits for the year ended 31 July 2024 nor for the year ended 31 July 2023.

**Trustees' expenses**

There were no trustees' expenses paid for the year ended 31 July 2024 nor for the year ended 31 July 2023.

**6. STAFF COSTS**

The average monthly number of employees during the year was as follows:

	31.7.24	31.7.23
Manager	1	1
Admin	2	2
Therapist	6	8
	9	11

No employees received emoluments in excess of £60,000.

Notes to the Financial Statements - continued  
for the Year Ended 31 July 2024

7. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted fund £	Restricted funds £	Total funds £
<b>INCOME AND ENDOWMENTS FROM</b>			
Donations and legacies	88,335	294,018	382,353
Other trading activities	3,812	13,770	17,582
Investment income	10,385	-	10,385
<b>Total</b>	<u>102,532</u>	<u>307,788</u>	<u>410,320</u>
<b>EXPENDITURE ON</b>			
<b>Charitable activities</b>			
Primary trading	<u>207,635</u>	<u>225,671</u>	<u>433,306</u>
<b>NET INCOME/(EXPENDITURE)</b>	(105,103)	82,117	(22,986)
<b>RECONCILIATION OF FUNDS</b>			
Total funds brought forward	160,505	85,412	245,917
<b>TOTAL FUNDS CARRIED FORWARD</b>	<u>55,402</u>	<u>167,529</u>	<u>222,931</u>

8. TANGIBLE FIXED ASSETS

	Plant and machinery £
<b>COST</b>	
At 1 August 2023	9,733
Additions	<u>416</u>
At 31 July 2024	<u>10,149</u>
<b>DEPRECIATION</b>	
At 1 August 2023	4,627
Charge for year	<u>1,387</u>
At 31 July 2024	<u>6,014</u>
<b>NET BOOK VALUE</b>	
At 31 July 2024	<u>4,135</u>
At 31 July 2023	<u>5,106</u>

Notes to the Financial Statements - continued  
for the Year Ended 31 July 2024

9. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	31.7.24	31.7.23
	£	£
Trade debtors	5,684	1,631
VAT	809	627
	<u>6,493</u>	<u>2,258</u>

10. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	31.7.24	31.7.23
	£	£
Bank loans and overdrafts (see note 11)	-	1,347
Trade creditors	7,352	14,973
Other creditors	888	-
	<u>8,240</u>	<u>16,320</u>

11. LOANS

An analysis of the maturity of loans is given below:

	31.7.24	31.7.23
	£	£
Amounts falling due within one year on demand:		
Bank overdrafts	-	1,347
	<u>-</u>	<u>1,347</u>

12. MOVEMENT IN FUNDS

	At 1.8.23	Net movement in funds	At 31.7.24
	£	£	£
<b>Unrestricted funds</b>			
General fund	55,401	17,843	73,244
<b>Restricted funds</b>			
BBC Children in Need Covid Response	3,637	(3,637)	-
PCVS	1,068	(1,068)	-
The Hudson Foundation	6,425	(5,904)	521
The Evelyn Trust	(1,347)	3,996	2,649
YOUnited Backlog	157,747	(156,186)	1,561
Healthier futures	-	25,000	25,000
	<u>167,530</u>	<u>(137,799)</u>	<u>29,731</u>
<b>TOTAL FUNDS</b>	<u>222,931</u>	<u>(119,956)</u>	<u>102,975</u>



**12. MOVEMENT IN FUNDS - continued**

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
<b>Unrestricted funds</b>			
General fund	146,685	(128,842)	17,843
<b>Restricted funds</b>			
BBC Children in Need Covid Response	-	(3,637)	(3,637)
PCVS	-	(1,068)	(1,068)
The Hudson Foundation	-	(5,904)	(5,904)
The Evelyn Trust	29,054	(25,058)	3,996
YOUnited Backlog	-	(156,186)	(156,186)
Wisbech Therapy			
	2,500	(2,500)	-
Harry Cureton	20,001	(20,001)	-
Wildlife Trust	8,890	(8,890)	-
Yaxley Therapy	1,000	(1,000)	-
Healthier futures	25,000	-	25,000
	<u>86,445</u>	<u>(224,244)</u>	<u>(137,799)</u>
<b>TOTAL FUNDS</b>	<u>233,130</u>	<u>(353,086)</u>	<u>(119,956)</u>

Notes to the Financial Statements - continued  
for the Year Ended 31 July 2024

**12. MOVEMENT IN FUNDS - continued**

**Comparatives for movement in funds**

	At 1.8.22 £	Net movement in funds £	At 31.7.23 £
<b>Unrestricted funds</b>			
General fund	160,505	(105,104)	55,401
<b>Restricted funds</b>			
BBC Children in Need	96	(96)	-
BBC Children in Need Covid Response	19,288	(15,651)	3,637
CCF Covid Relief	6,660	(6,660)	-
Fullscope	4,000	(4,000)	-
PCVS	9,510	(8,442)	1,068
Strangward Trust	2,000	(2,000)	-
NHS CCG Winter Face-to-Face	396	(396)	-
The Hudson Foundation	5,632	793	6,425
The Evelyn Trust	(9,589)	8,242	(1,347)
CCG Cultivate	4,563	(4,563)	-
The Hutchinson Chairtable Trust	218	(218)	-
YOUnited Backlog	42,638	115,109	157,747
	<hr/> 85,412	<hr/> 82,118	<hr/> 167,530
<b>TOTAL FUNDS</b>	<hr/> <b>245,917</b>	<hr/> <b>(22,986)</b>	<hr/> <b>222,931</b>

Notes to the Financial Statements - continued  
for the Year Ended 31 July 2024

**12. MOVEMENT IN FUNDS - continued**

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
<b>Unrestricted funds</b>			
General fund	102,532	(207,636)	(105,104)
<b>Restricted funds</b>			
BBC Children in Need	-	(96)	(96)
BBC Children in Need Covid Response	3,000	(18,651)	(15,651)
CCF Covid Relief	-	(6,660)	(6,660)
Fullscope	14,208	(18,208)	(4,000)
PCVS	-	(8,442)	(8,442)
Strangward Trust	3,000	(5,000)	(2,000)
NHS CCG Winter Face-to-Face	35,000	(35,396)	(396)
The Hudson Foundation	2,194	(1,401)	793
The Evelyn Trust	45,566	(37,324)	8,242
CCG Cultivate	(1)	(4,562)	(4,563)
The Hutchinson Chairtable Trust	-	(218)	(218)
YOUnited Backlog	200,551	(85,442)	115,109
Ramsey Neighbourhood Trust	1,998	(1,998)	-
Wisbech Therapy			
	2,272	(2,272)	-
	307,788	(225,670)	82,118
<b>TOTAL FUNDS</b>	<b>410,320</b>	<b>(433,306)</b>	<b>(22,986)</b>

**12. MOVEMENT IN FUNDS - continued**

A current year 12 months and prior year 12 months combined position is as follows:

	At 1.8.22 £	Net movement in funds £	At 31.7.24 £
<b>Unrestricted funds</b>			
General fund	160,505	(87,261)	73,244
<b>Restricted funds</b>			
BBC Children in Need	96	(96)	-
BBC Children in Need Covid Response	19,288	(19,288)	-
CCF Covid Relief	6,660	(6,660)	-
Fullscope	4,000	(4,000)	-
PCVS	9,510	(9,510)	-
Strangward Trust	2,000	(2,000)	-
NHS CCG Winter Face-to-Face	396	(396)	-
The Hudson Foundation	5,632	(5,111)	521
The Evelyn Trust	(9,589)	12,238	2,649
CCG Cultivate	4,563	(4,563)	-
The Hutchinson Chairtable Trust	218	(218)	-
YOUnited Backlog	42,638	(41,077)	1,561
Healthier futures	-	25,000	25,000
	<hr/> 85,412	<hr/> (55,681)	<hr/> 29,731
<b>TOTAL FUNDS</b>	<hr/> <b>245,917</b>	<hr/> <b>(142,942)</b>	<hr/> <b>102,975</b>



Notes to the Financial Statements - continued  
for the Year Ended 31 July 2024

12. MOVEMENT IN FUNDS - continued

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
<b>Unrestricted funds</b>			
General fund	249,217	(336,478)	(87,261)
<b>Restricted funds</b>			
BBC Children in Need	-	(96)	(96)
BBC Children in Need Covid Response	3,000	(22,288)	(19,288)
CCF Covid Relief	-	(6,660)	(6,660)
Fullscope	14,208	(18,208)	(4,000)
PCVS	-	(9,510)	(9,510)
Strangward Trust	3,000	(5,000)	(2,000)
NHS CCG Winter Face-to-Face	35,000	(35,396)	(396)
The Hudson Foundation	2,194	(7,305)	(5,111)
The Evelyn Trust	74,620	(62,382)	12,238
CCG Cultivate	(1)	(4,562)	(4,563)
The Hutchinson Chairtable Trust	-	(218)	(218)
YOUnited Backlog	200,551	(241,628)	(41,077)
Ramsey Neighbourhood Trust	1,998	(1,998)	-
Wisbech Therapy			
	4,772	(4,772)	-
Harry Cureton	20,001	(20,001)	-
Wildlife Trust	8,890	(8,890)	-
Yaxley Therapy	1,000	(1,000)	-
Healthier futures	25,000	-	25,000
	<u>394,233</u>	<u>(449,914)</u>	<u>(55,681)</u>
<b>TOTAL FUNDS</b>	<u>643,450</u>	<u>(786,392)</u>	<u>(142,942)</u>

Persimmon - for the further development of the Young Peoples Counselling Service and the clinical centres Annabelle Davis Centre.

BBC Children in Need - To increase our age range for clinical services for 16 to 18 - YPCS is able to now support young people up to the age of 18yrs with 1:1 counselling.

BBC Children in Need COVID - To respond to the demand for service needs to support children's mental health, to provide individual equipment for each child in guidance with COVID restrictions - to support all management and administration costs - this fund provided 1:1 support for 60 CYP - group work, zoom licences, materials and all full cost recovery.

20Twenty Mental Health Toolkit - Commissioned to co-produce a mental health resource for schools in Fenland with the Fenland youth advisory board and 20twenty productions.

CCF Covid Relief - To delivery wellbeing support groups on a 4 week programme to young people with emerging mental health. To also provide 1:1 counselling to 11-18yrs.

**12. MOVEMENT IN FUNDS - continued**

The Fore - This grant was for management costs - core funding for a clinical manager/lead

Fullscope - COVID response fund to provide calls to families, this fund was held and will be used for 1:1.

SUPPORT across Peterborough alongside other organisations we partner with.

PCVS - Arts based project working in consultation with schools on a piece of street art, this was delayed due to COVID and artist backlog - we also were commissioned to offer 1:1 support for young people in Peterborough.

Strangward Trust - 1:1 counselling for Wisbech.

Burghley Trust - Design production and distribution of wellbeing bags for yr 7 pupils at a school in Stamford.

Comic Relief- funds used to support families with face to face counselling.

NHS CCG Winter Face-to-Face- CCG funds used to support the long wait times in statutory services for CYP, specifically for those waiting over 1 year.

Ramsey Neighbourhood Trust- 1:1 Therapy for fenland.

Wisbech Therapy- 1:1 Therapy for Wisbech.

The Harry Cureton Trust-this was used to reduce our waiting list and helped 30 young people access up to 12 sessions of therapy. Outcomes were excellent and included being able to start a part-time job, better school attendance and increased confidence.

Wildlife Trust- this was used to develop a clinical offer called 'Therapy in Nature'. Sadly, due to the winding down of the charity it was not viable to proceed with the delivery of this project and I informed the funders of our situation. They agreed that set up costs could be deducted and the rest of the balance (just over £5000 of a £7,000 grant) was returned unspent.

Healthier Futures- I originally bid for a 2-year project across the whole Peterborough South PCN to develop and roll out a cost-effective model of delivering mental health support from Primary Care. It used existing IT systems, practice staff as care navigators and YPCS therapists. The principles of each element had already been proven to be effective, but this was the first time it had been used for mental health support for young people. It removed all duplication and was highly efficient. The funding offered was reduced to £50,000 and restricted to one practice (Yaxley) for 1 year. Work began April 2024. The second part of the fund was to develop parent/carer support groups. These will start in Yaxley in September 2024.

Yaxley Therapy - ring fenced funding for therapy delivered at ADC Yaxley

**13. RELATED PARTY DISCLOSURES**

There were no related party transactions for the year ended 31 July 2024.

Young People's Counselling Service

Detailed Statement of Financial Activities  
for the Year Ended 31 July 2024

	31.7.24 £	31.7.23 £
<b>INCOME AND ENDOWMENTS</b>		
<b>Donations and legacies</b>		
Gifts	-	(2)
Donations	198,527	382,355
	<hr/>	<hr/>
	198,527	382,353
<b>Other trading activities</b>		
Primary trading	22,116	17,582
<b>Investment income</b>		
Rents received	12,487	10,385
	<hr/>	<hr/>
<b>Total incoming resources</b>	233,130	410,320
<b>EXPENDITURE</b>		
<b>Charitable activities</b>		
Wages	227,725	223,305
Social security	16,150	15,076
Pensions	4,763	5,026
Rates and water	1,032	1,615
Insurance	2,643	2,000
Telephone	2,255	1,996
Postage and stationery	574	984
Advertising	1,217	312
Sundries	2,186	3,153
Counselling fees	60,461	145,402
Cleaning	4,710	6,766
Repairs and renewals	3,795	2,786
Utilities	6,783	3,722
Rent	8,760	12,254
Training costs	1,177	755
Travel costs	736	1,573
Computer and software costs	1,061	1,697
Plant and machinery	1,387	1,738
	<hr/>	<hr/>
	347,415	430,160
<b>Support costs</b>		
<b>Finance</b>		
Bank charges	145	120

This page does not form part of the statutory financial statements



Young People's Counselling Service

Detailed Statement of Financial Activities  
for the Year Ended 31 July 2024

	31.7.24 £	31.7.23 £
<b>Finance</b>		
<b>Governance costs</b>		
Accountancy and legal fees	5,526	3,026
Total resources expended	353,086	433,306
<b>Net expenditure</b>	(119,956)	(22,986)

This page does not form part of the statutory financial statements