

YOUNG PEOPLE'S COUNSELLING SERVICE

England & Wales · Charity number 1190555

Details

Status Registered

Legal form CIO

Registered 2020-07-24

Register [View on the Charity Commission register](#)

Contact

Address 29 Barrowden Road
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Activities

Objects: TO PROMOTE, PRESERVE AND PROTECT THE MENTAL HEALTH OF THE PUBLIC, IN PARTICULAR BUT NOT EXCLUSIVELY OF CHILDREN, YOUNG PEOPLE AND THEIR FAMILIES.

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Classification

- **How:** Provides Buildings/facilities/open Space, Provides Services, Provides Advocacy/advice/information, Acts As An Umbrella Or Resource Body
- **What:** General Charitable Purposes, Education/training, The Advancement Of Health Or Saving Of Lives, Disability, Economic/community Development/employment, Recreation
- **Who:** Children/young People

Geography

- Cambridgeshire
- Peterborough City

Finances

Period end	Income	Expenditure	Assets	Employees
2025-07-31	£6,022	£71,263	-	-
2024-07-31	£233,130	£353,086	-	-
2023-07-31	£410,320	£433,306	-	-
2022-07-31	£450,880	£352,692	-	-
2021-07-31	£244,090	£96,361	-	-

Trustees

Name	Role	Appointed
Bruce Bonar		2024-01-11
Dr Alison Graham		2017-09-18
Joanna Phillips		2023-03-20
Kerry Gardner		2023-03-20
Peter Ashworth		2014-05-14
Peter Williamson		2021-05-19
Wayne Rand		2023-03-06

YOUNG PEOPLE'S COUNSELLING SERVICE

England & Wales - Charity number 1190555

Accounts

Annual report and unaudited financial statements
for the year ended 31 July 2025
for
Young People's Counselling Service

Young People's Counselling Service

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for the year ended 31 July 2025

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Young People's Counselling Service

Trustees' report for the year ended 31 July 2025

The trustees, who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 July 2025. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

Objectives and activities

Significant activities

Our significant activities for the year can be broadly categorised into the following areas:

- Provision of parent/carer support groups in Yaxley
- Starting a second group in the Peterborough area
- Development of plans for fundraising and bid writing to support the above
- Closing our charity ethically and meeting all our financial obligations
- Ending contracts with schools
- Ending contracts for our employees and self-employed staff
- Handing over 2 Annabelle Davis Centres

Public benefit

The trustees confirm that they have taken account of the Charity Commission Guidance on public benefit in determining the activities of the charity.

Objectives and aims

The objects of Young People's Counselling Service (YPCS) as stated in our CIO constitution are "To promote, preserve and protect the mental health of the public, in particular but not exclusively of children, young people and their families."

The counselling service we deliver enables local young people to make sense of their thoughts and feelings, in the hope that they can make decisions about what they want to do to bring about change in their lives. It also provides a means of support and a space where they can feel valued and heard.

Our new direction into parent/carer support groups remains firmly within our charity objects. Many young people cannot access therapy yet present with very challenging behavior that causes huge stress to families. Many also have issues with school, need EHCPs or ASD/ADHD assessments. The system is difficult, almost adversarial to navigate and parents can feel very much alone or even blamed. By supporting parents, we can help the whole family.

Achievements and performance

Charitable activities

We have managed our funds responsibly and ensured that money from one half of the Healthier Futures project could be moved across to the support groups project and that we got longer to spend the funds (until Oct 2026)

We started group 2 and have plans to expand the groups 3 and 4 by the start of 2026

Financial review

Financial position

We are in a better position financially than we were as the groups are much cheaper to run.

Young People's Counselling Service

Trustees' report - continued for the year ended 31 July 2025

Financial review - continued

Reserves policy

The only one remaining is:

Healthier Futures- I originally bid for a 2-year project across the whole Peterborough South PCN to develop and roll out a cost-effective model of delivering mental health support from Primary Care. It used existing IT systems, practice staff as care navigators and YPCS therapists. The principles of each element had already been proven to be effective, but this was the first time it had been used for mental health support for young people. It removed all duplication, used existing resources where possible and was highly efficient. The funding offered was reduced to £50,000 and restricted to one practice (Yaxley) for 1 year. Work began April 2024. The second part of the fund was to develop parent/carer support groups. The project preparation and planning started in Yaxley in April 2024 with the service itself beginning in Sep 2024 led our therapist.

We were able to plan the service, write the SOPs and work closely with the surgery to develop the protocols and pathways. Sadly, our therapist had to leave at the end of Dec 2024 and we decided not to recruit again as the deadline for the end of the project was close. Despite this lack of implementation data, we have a turnkey solution for any practice who wishes to employ their own therapist and would be happy to share our documentation. We faced systemic problems (not with Primary Care) but with the existing system involving CAMH and YOUNited who were very reluctant to fully engage with us which I am sad to say were not a surprise but we didn't have the time to try to resolve any of them. e.g. if a child/family had been assessed by our therapist did they still need a YOUNited assessment.....the answer was yes even though our therapist was more qualified.

Principal risks and uncertainties

The trustees have assessed the major risks to which the charity is exposed, in particular those related to the operations and finances of the charity, and are satisfied that systems and procedures are in place to mitigate exposure to the major risks.

Future plans

Our plans are to expand to provide more groups across the area. With groups 3 and 4 by July 2026.

Structure, governance and management

Governing document

Young People's Counselling Service (YPCS) was originally established in 1994. A new registered Charity was formed with a differing governance structure when YPCS was registered as a CIO on 24th July 2020. Old and new legal entities have operated in tandem to ensure that service delivery remains consistent without causing any disruption to the young people that we serve. We intend for the 'old' charity accounts to be wound up.

The limited company associated with YPCS established some years ago was closed on 06/05/2025. It was called ADC Wellbeing Ltd and we had hoped to use it as a vehicle to develop a trading arm to raise funds. In the end it was never used.

We lost a trustee this year when our Vice Chair resigned. I would like to thank our Vice Chair on behalf of the board for his hard work over the years he has been involved. We still have 7 trustees including myself.

Young People's Counselling Service

Trustees' report - continued for the year ended 31 July 2025

Reference and administrative details

Company registration number

CE022643

Charity registration number

1190555

Trustees

The trustees shown below have held office during the period from 1 August 2024 to the date of this report.

Mr B Bonar
Mr C Doyle
Mrs K Gardner
Mrs J Phillips
Mr W Rand
Mr P Williamson
Dr A Graham
Mr P Ashworth

Registered office

School Bungalow
Broadway
Peterborough
Cambridgeshire
PE7 3JD

Independent examiners

Hills Accountants Limited
Greenhill House
First Floor East Wing
Thorpe Road
Peterborough
PE3 6RU
United Kingdom

Young People's Counselling Service

Trustees' report - continued for the year ended 31 July 2025

Overview

Throughout this period our small team have continued to work hard to re-invent our work following the closure of our therapy services in September 2024.

We are proud to report that we met all our financial obligations and the wind down and closure was managed very well by our Manager and, our Treasurer. We had a final series of social events to say goodbye to our hard-working therapists and published our closure widely with sadly little feedback. The closing statement was shared with our report for last year. The Annabelle Davis Centre Wisbech was gifted in its entirety to another charity Centre 33 and continues to provide services for children and young people of the town. The centre in Yaxley has been more problematic. We hoped to gift it similarly to a local charity but that didn't materialize and DEMAT have been chronically difficult to get hold of. Currently the school uses it occasionally and is responsible for cleaning and maintenance. We use it one evening every 2 weeks for our parent support groups and retain ownership of all the contents. Further discussions are happening with the NHS we understand, to perhaps use space but for now it remains largely empty, which is a shame.

We got trustee approval to focus on parent/carer support groups as we knew there was a huge amount of unmet need and we were already running a project in this area funded by Healthier Futures. We got an extension from them to use the funds until Oct 2026, over 12 months longer than initially agreed, which was helpful.

The Yaxley group began in Sept 2024, meets every 2 weeks and is run by our Parent Group Facilitator. We have a database of over 60 parents who get a regular email full of support and advice after each meeting. We get up to 8 attendees and have seen a number of successes as a result of the group's support e.g. winning an appeal against fines for poor attendance due to mental illness and undiagnosed Autism, a parent who stayed in work rather than go off sick and a child who will sit GCSEs at home after being out of school for many months. We conduct satisfaction scores and occasionally have guest speakers. The feedback is very positive about how important the groups have been in supporting and educating families struggling with school issues due to their children's ill health, which in turn is usually due to mental health problems secondary to undiagnosed neuro-divergent diagnoses. This is further compounded by waiting lists that are years long and a punitive fines system for poor attendance that simply only adds to the pressure and does not improve attendance. It is clear that this is a CAN'T go to school rather than a WON'T.

Sadly, our last remaining therapist had to leave for family reasons in Dec 2025 and we were forced to close the GP project that was the other half of the Healthier Futures Project. We were given permission by the funders to use the remaining money for the support groups, and we recruited for our Professional support across both the Yaxley and Peterborough groups.

We started a second group, which meets every 2 weeks and is also run by our Parent Group Facilitator in Peterborough in July 2025. This is based at the EAST family HUB in Peterborough, and we are grateful to Barnardos for letting us use their space for free.

We have ideas to expand to provide groups in perhaps Stamford and Wisbech and this will be part of our business plan for 2026. For now, we are consolidating the 2 groups we have.

Young People's Counselling Service

Trustees' report - continued for the year ended 31 July 2025

In summary

I feel it is best to end this report with some quotes from those who have accessed the groups and they express far more powerfully than I ever could, why help is needed and how the groups fill that gap.

Initial feedback from our extensive questionnaire handed out in Dec 2025, shows these replies to the question:

'What matters most to you?'

- Nonjudgmental safe space to share experience.
- Being listened to and not feeling alone and being in a place where people don't judge you but they understand and offer compassion and support.
- To be well enough to support my son with school avoidance and what can be done in the meantime whilst long waiting lists for neuro assessments and mental health assessments.
- Feeling less alone.
- Knowing that I am not alone and others are going through similar experiences which we can share and support each other.
- Peer support, people who have 'walked the walk'.
- Just being able to talk, and also to support others where I can.

What has been achieved by attending?

"More confident"

"Helping to manage thoughts and feelings with my child and giving him space to be himself too and also to give myself a break as life is hard and I am also juggling a lot with my own mental health too "

"Sleeping better myself / more confidence / less time off work / more productive at work / relationships with child improved / case taken on by advocate Define Fine & Alison Graham. "

"Confidence to say 'No' and challenge school's poor handling of our daughter. Sleeping better, more productive at work, child attending school more and progressing toward setting EHCP and hopefully getting child into specialist school. "

"Definitely improving relationship with young adults."

Again, on behalf of the Board of Trustees, thank you to everybody involved with the excellent work of YPCS. We are proud to be part of a team that works so tirelessly to make a difference to the lives of local young people. I am thrilled that we have been able to re-invent ourselves as a provider of parent/carer support. It is good that we can continue help young people via their parents.

Dr A Graham
Chair of Trustees

This report was approved by the trustees on 31 May 2026 and signed on their behalf by:

Bruce Bonar

Mr B Bonar, Trustee
31 May 2026

Independent examiner's report to the trustees of Young People's Counselling Service

I report on the accounts of Young People's Counselling Service (the "charitable company") for the year ended 31 July 2025.

Responsibilities and basis of report

As trustees of the charitable company (and also its directors for the purposes of company law), you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ("the 2006 Act").

Having satisfied myself that the accounts of the charitable company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of the charitable company's accounts carried out under section 145 of the Charities Act 2011 ("the 2011 Act") and in carrying out my examination, I have followed all applicable Directions given by the Charity Commission under 145(5)(b) of the 2011 Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the charitable company as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities [applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)]

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Lee Hills

Mr Lee James Hills
Hills Accountants Limited
Greenhill House
First Floor East Wing
Thorpe Road
Peterborough
PE3 6RU
United Kingdom

Date: 31 May 2026

Young People's Counselling Service

Statement of financial activities for the year ended 31 July 2025

			2025	2024
	Note	Unrestricted funds £	Restricted funds £	Total funds £
Income from:				
Donations and legacies	3	(16,682)	1	(16,681)
Other trading activities	4	1,754	-	1,754
Investments	5	3,325	-	3,325
Total		<u>(11,603)</u>	<u>1</u>	<u>(11,602)</u>
Expenditure on:				
Charitable activities	6	(35,846)	(17,793)	(53,639)
Net movement in funds		(47,449)	(17,792)	(65,241)
Reconciliation of funds:				
Total funds brought forward		73,244	29,731	102,975
Total funds carried forward		<u>25,795</u>	<u>11,939</u>	<u>37,734</u>
		<u>102,975</u>	<u>102,975</u>	<u>102,975</u>

Young People's Counselling Service

Balance sheet as at 31 July 2025

		2025		2024	
	Note	£	£	£	£
Fixed assets					
Tangible assets	13	3,172		4,135	
			3,172		4,135
Current assets					
Debtors	14	319		6,493	
Cash at bank and in hand	15	38,573		100,587	
			38,892		107,080
Creditors: amounts falling due within one year	16		(4,330)		(8,240)
Net current assets			34,562		98,840
NET ASSETS			37,734		102,975
The funds of the charity:					
Unrestricted funds			25,795		73,244
Restricted funds			11,939		29,731
TOTAL FUNDS	17		37,734		102,975

The company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies for the year ended 31 July 2025.

The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities to comply with the Companies Act 2006 in respect to accounting records and the preparation of financial statements.

The financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

Young People's Counselling Service

Balance sheet - continued as at 31 July 2025

These financial statements were approved by the Board of trustees and authorised for issue on 31 May 2026 and signed on its behalf by:

Bruce Bonar

Mr B Bonar, Trustee
31 May 2026

Young People's Counselling Service

Notes to the financial statements for the year ended 31 July 2025

1 Statutory information

Young People's Counselling Service is a charitable company registered in England and Wales. Its company registration number is CE022643 and its charity registration number is 1190555. The charitable company is limited by guarantee. Its registered office is School Bungalow, Broadway, Peterborough, Cambridgeshire, PE7 3JD.

2 Accounting policies

Basis of preparing the financial statements

These financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', the Financial Reporting Standard 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" and the Companies Act 2006. The financial statements have been prepared under the historic cost convention.

Going concern

In preparing these financial statements, the trustees have assessed whether there are any material uncertainties related to events or conditions that cast significant doubt upon the charitable company's ability to continue as a going concern. In making this assessment, the trustees take into account all available information about the future which is at least 12 months from the date that the financial statements are authorised for issue.

The trustees consider that the charitable company has adequate resources to continue in business for the foreseeable future and that it is appropriate to adopt the going concern basis in preparing the financial statements.

Income

All income is recognised in the Statement of financial activities once the charitable company has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charitable company to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life or, if held under a finance lease, over the lease term, whichever is the shorter.

Plant and machinery etc.:

Plant and machinery - 25% reducing balance

Young People's Counselling Service

Notes to the financial statements - continued for the year ended 31 July 2025

2 Accounting policies - continued

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charitable company. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

Retirement benefits

The charitable company operates a defined contribution pension scheme. Contributions payable to the charitable company's pension scheme are charged to the Statement of financial activities in the period to which they relate.

3 Income from donations and legacies

	Unrestricted funds	Restricted funds	2025 Total funds	2024 Total funds
	£	£	£	£
Donations	(16,681)	-	(16,681)	198,527

4 Income from other trading activities

	Unrestricted funds	Restricted funds	2025 Total funds	2024 Total funds
	£	£	£	£
Primary trading	1,754	-	1,754	22,116

5 Investment income

	Unrestricted funds	Restricted funds	2025 Total funds	2024 Total funds
	£	£	£	£
Rents received	3,325	-	3,325	12,487

Young People's Counselling Service

Notes to the financial statements - continued for the year ended 31 July 2025

6 Expenditure on charitable activities

Analysis by type of fund

	Unrestricted funds £	Restricted funds £	2025 Total funds £	2024 Total funds £
Primary Trading	35,846	17,793	53,639	353,086

Analysis by type of expenditure

	Direct costs (see note 7) £	Support costs (see note 8) £	2025 Total £	2024 Total £
Primary Trading	51,533	2,106	53,639	353,086
	51,533	2,106	53,639	353,086

7 Direct costs

	Unrestricted funds £	Restricted funds £	2025 Total funds £	2024 Total funds £
Staff costs	25,703	13,367	39,070	248,638
Other costs	7,074	4,426	11,500	97,390
Depreciation of fixed assets	963	-	963	1,387
	33,740	17,793	51,533	347,415

8 Support costs

Support costs, grouped by function, are apportioned to activities as follows:

	Finance £	Governance costs £	2025 Total £	2024 Total £
Primary Trading	120	1,986	2,106	5,671

Support costs, grouped by function, are analysed as follows:

Young People's Counselling Service

Notes to the financial statements - continued for the year ended 31 July 2025

8 Support costs - continued

Support costs, grouped by function, are analysed as follows:

			2025	2024
	Finance	Governance costs	Total	Total
	£	£	£	£
Other costs	120	1,986	2,106	5,671

9 Independent examiner's remuneration

	2025	2024
	£	£
Fees paid to the charitable company's independent examiner for: Independent examination of the charitable company's annual accounts	1,145	1,145

10 Trustees' remuneration and expenses

The trustees did not receive any remuneration or other benefits in either year.

Trustees' expenses

No trustee was reimbursed for expenses incurred in either year.

11 Employees

	2025	2024
	£	£
Wages and salaries	38,610	227,725
Social security costs	-	16,150
	38,610	243,875

During the year the average number of employees was as follows:

	2025	2024
Manager	1	1
Admin	1	2
Therapist	1	6
	3	9

No employees received emoluments exceeding £60,000 in either year.

Young People's Counselling Service

Notes to the financial statements - continued for the year ended 31 July 2025

12 Comparatives for the Statement of financial activities

	Unrestricted funds £	Restricted funds £	Total funds £
Income from:			
Donations and legacies	112,082	86,445	198,527
Other trading activities	22,116	-	22,116
Investments	12,487	-	12,487
Total	<u>146,685</u>	<u>86,445</u>	<u>233,130</u>
Expenditure on:			
Charitable activities	(128,842)	(224,244)	(353,086)
Net movement in funds	17,843	(137,799)	(119,956)
Reconciliation of funds:			
Total funds brought forward	55,401	167,530	222,931
Total funds carried forward	<u>73,244</u>	<u>29,731</u>	<u>102,975</u>

13 Tangible fixed assets

	Plant and machinery £
Cost	
At 1 August 2024	10,149
At 31 July 2025	<u>10,149</u>
Depreciation	
At 1 August 2024	6,014
Charge for year	963
At 31 July 2025	<u>6,977</u>

Young People's Counselling Service

Notes to the financial statements - continued for the year ended 31 July 2025

13 Tangible fixed assets - continued

Net book value

At 31 July 2025	<u><u>3,172</u></u>
At 31 July 2024	<u><u>4,135</u></u>

14 Debtors

	2025 £	2024 £
Trade debtors	-	5,684
Taxation	319	809
	<u><u>319</u></u>	<u><u>6,493</u></u>

15 Cash at bank and in hand

	2025 £	2024 £
Other bank accounts	<u><u>38,573</u></u>	<u><u>100,587</u></u>

16 Creditors: amounts falling due within one year

	2025 £	2024 £
Trade creditors	3,442	7,352
Other creditors	888	888
	<u><u>4,330</u></u>	<u><u>8,240</u></u>

17 Movement in funds

	At 1 August 2024 £	Income £	Expenditure £	At 31 July 2025 £
Unrestricted funds				
General fund	<u><u>73,244</u></u>	<u><u>(11,603)</u></u>	<u><u>(35,846)</u></u>	<u><u>25,795</u></u>

Young People's Counselling Service

Notes to the financial statements - continued for the year ended 31 July 2025

17 Movement in funds - continued

	At 1 August 2024 £	Income £	Expenditure £	At 31 July 2025 £
Restricted funds				
The Hudson Foundation	521	-	(521)	-
The Evelyn Trust	2,649	1	(2,650)	-
YOUnited Backlog	1,561	-	(1,561)	-
Healthier Futures	25,000	-	(13,061)	11,939
	<u>29,731</u>	<u>1</u>	<u>(17,793)</u>	<u>11,939</u>

	At 1 August 2024 £	Income £	Expenditure £	At 31 July 2025 £
Total funds	<u>102,975</u>	<u>(11,602)</u>	<u>(53,639)</u>	<u>37,734</u>

Comparatives for movement in funds

	At 1 August 2023 £	Income £	Expenditure £	At 31 July 2024 £
Unrestricted funds				
General fund	<u>55,401</u>	<u>146,685</u>	<u>(128,842)</u>	<u>73,244</u>

	At 1 August 2023 £	Income £	Expenditure £	At 31 July 2024 £
Restricted funds				
BBC Children in Need Covid Response	3,637	-	(3,637)	-
PCVS	1,068	-	(1,068)	-
The Hudson Foundation	6,425	25,000	(5,904)	25,521
The Evelyn Trust	(1,347)	29,054	(25,058)	2,649
YOUnited Backlog	157,747	-	(156,186)	1,561
Wisbech Therapy	-	2,500	(2,500)	-
Harry Cureton	-	20,001	(20,001)	-
Wildlife Trust	-	8,890	(8,890)	-
Yaxley Therapy	-	1,000	(1,000)	-
	<u>167,530</u>	<u>86,445</u>	<u>(224,244)</u>	<u>29,731</u>

	At 1 August 2023 £	Income £	Expenditure £	At 31 July 2024 £
Total funds	<u>222,931</u>	<u>233,130</u>	<u>(353,086)</u>	<u>102,975</u>

Young People's Counselling Service

Notes to the financial statements - continued for the year ended 31 July 2025

17 Movement in funds - continued

Comparatives for movement in funds - continued

18 Analysis of net assets

At 31 July 2025

	Unrestricted funds £	Restricted funds £	Total funds £
Fixed assets			
Tangible fixed assets	3,172	-	3,172
Current assets			
Debtors	319	-	319
Cash at bank and in hand	26,634	11,939	38,573
	<u>26,953</u>	<u>11,939</u>	<u>38,892</u>
Creditors: amounts falling due within one year	(4,330)	-	(4,330)
Net current assets	22,623	11,939	34,562
Total assets less current liabilities	25,795	11,939	37,734
Net assets	<u>25,795</u>	<u>11,939</u>	<u>37,734</u>

Young People's Counselling Service

Notes to the financial statements - continued for the year ended 31 July 2025

18 Analysis of net assets - continued

At 31 July 2024

	Unrestricted funds £	Restricted funds £	Total funds £
Fixed assets			
Tangible fixed assets	4,135	-	4,135
Current assets			
Debtors	6,493	-	6,493
Cash at bank and in hand	70,856	29,731	100,587
	<u>77,349</u>	<u>29,731</u>	<u>107,080</u>
Creditors: amounts falling due within one year	(8,240)	-	(8,240)
Net current assets	69,109	29,731	98,840
Total assets less current liabilities	73,244	29,731	102,975
Net assets	<u>73,244</u>	<u>29,731</u>	<u>102,975</u>

The detailed statement of financial activities which follows is for information purposes only.

It does not form part of the statutory financial statements.

Young People's Counselling Service

Detailed statement of financial activities for the year ended 31 July 2025

	£	2025 £	£	2024 £
INCOME				
Donations and legacies				
Donations	(16,681)		198,527	
		<u>(16,681)</u>		<u>198,527</u>
Other trading activities		1,754		22,116
Investments		3,325		12,487
Total income		(11,602)		233,130
EXPENDITURE				
Charitable activities				
Wages	38,610		227,725	
Social security	-		16,150	
Pensions	460		4,763	
Rates and water	-		1,032	
Insurance	896		2,643	
Telephone	1,388		2,255	
Postage and stationery	-		574	
Advertising	86		1,217	
Sundries	603		2,186	
Counselling fees	4,666		60,461	
Cleaning	366		4,710	
Repairs and renewals	102		3,795	
Utilities	1,316		6,783	
Rent	1,325		8,760	
Training costs	-		1,177	
Travel costs	43		736	
Computer and software costs	709		1,061	
Depn of plant & machinery	963		1,387	
Bank charges	120		145	
Accountancy and legal fees	1,986		5,526	
		<u>(53,639)</u>		<u>(353,086)</u>
Total expenditure		(53,639)		(353,086)
NET EXPENDITURE		(65,241)		(119,956)

This page does not form part of the statutory financial statements.

Young People's Counselling Service

Detailed statement of financial activities - continued for the year ended 31 July 2025

	2025	2024
	£	£
SUPPORT COSTS		
Finance	120	145
Governance costs	1,986	5,526
TOTAL SUPPORT COSTS	<u>2,106</u>	<u>5,671</u>

This page does not form part of the statutory financial statements.

CERTIFICATE *of* SIGNATURE

REF. NUMBER
VNE4E-VY5DA-5GUXU-UH3L3

DOCUMENT COMPLETED BY ALL PARTIES ON
31 MAY 2026 19:37:07
UTC

SIGNER

TIMESTAMP

SIGNATURE

LEE HILLS

EMAIL
LEE.HILLS@HILLSACCOUNTANTS.CO.UK

SHARED VIA
LINK

SENT
31 MAY 2026 16:59:46

VIEWED
31 MAY 2026 17:02:08

SIGNED
31 MAY 2026 17:02:26



IP ADDRESS
195.224.79.66

LOCATION
WOKINGHAM, UNITED KINGDOM

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SENT
31 MAY 2026 16:59:46

VIEWED
31 MAY 2026 19:36:37

SIGNED
31 MAY 2026 19:37:07



IP ADDRESS
80.177.142.200

LOCATION
WIMBORNE MINSTER, UNITED KINGDOM



YOUNG PEOPLE'S COUNSELLING SERVICE

England & Wales - Charity number 1190555

Accounts

REGISTERED COMPANY NUMBER: CE022643 (England and Wales)
REGISTERED CHARITY NUMBER: 1190555

Report of the Trustees and
Unaudited Financial Statements for the Year Ended 31 July 2024
for
Young People's Counselling Service

Hills Accountants Limited
Greenhill House
First Floor East Wing
Thorpe Road
Peterborough
Cambridgeshire
PE3 6RU

Young People's Counselling Service

Contents of the Financial Statements
for the Year Ended 31 July 2024

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Detailed Statement of Financial Activities	22 to 23

Young People's Counselling Service

Report of the Trustees for the Year Ended 31 July 2024

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 July 2024. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

Throughout the period 30th July 2023 - 31st July 2024, our team have continued to work hard to provide high quality therapy to teens aged 11-18. Our Trustees, Staff, Volunteers, Ambassadors, Patrons and Funders have been generous with their time, expertise, donations and practical help. We have grown significantly and this has brought increasing challenges especially regarding fundraising. Demand remains high for our services and we offer a level of therapy not available elsewhere, even within CAMH. We had looked forward to celebrating our 30th Anniversary in 2024 but the year was not all positive. By July 2024 we were sadly already well through our plans to close the therapy service.

The complexity of cases, late presentations and a high incidence of neurodiverse diagnoses in those presenting remain strong themes. We were increasingly frustrated at the long wait for ADHD/ASD assessments and could see the significant impact this has on young people's mental health and their ability to access learning. Counselling a child who is clearly neurodiverse but waiting years for a diagnosis is not the most appropriate way to manage them holistically, but the current system leaves us with little choice. This lack of coordinated care is heartbreaking in its negative impact and costly for the child, their families and society.

Fundraising, especially in large amounts has never been harder. Our struggle was not unique and was shared by all charities I spoke to whatever their size. Our biggest grant came from the Healthier Futures fund which was NHS money. The parent groups are due to start September 2024 and are based on a model copied from another more experienced charity in this area called the Charlie Waller Trust.

We started a campaign called 'Save YPCS' in the summer of 2023. We reached out to all our supporters, hired a grant application specialist and explored every avenue to raise money and establish a steady income stream. We took part in a huge project for the NHS called Backlog, which completed in August 2023 and receives high praise for our efforts and professionalism screening over 1200 young people who were on long waiting lists. We were told there would be ongoing funding for intervention for those identified in the project, as requiring therapy. This money never materialized and after months of waiting we were told there was no money in March 2024. This steady regular income was vital to our survival and without it we were in a difficult financial position. Despite our best efforts we sadly reached the decision in April 2024, that we had to close the therapy provision and both our Annabelle Davis Centres. It was a heartbreaking decision, and we had to make our staff redundant. We managed our cash flow and monitored our financial position very closely to ensure that all debts were honored and redundancy payments paid etc. Luckily another local charity Centre 33 who also work with young people, took over the Annabelle Davis Centre in Wisbech, Young Technicians Academy based locally were gifted all our computers and other assorted 'tech'. The Annabelle Davis Centre Yaxley is hopefully going to be used by a local charity but discussions are ongoing. We are pleased to have left a legacy of sorts after 30 years of operation.

The charity remains a viable concern, however despite us not providing a therapy service. We now run parent support groups, which are much needed and simpler to run, requiring much lower levels of fund raising. Our last large grant from the Healthier Futures Fund will in fact ensure that the Yaxley group which will start in early September 2024, can run for several years without using any additional funding.

I would like to pay tribute to our team of Therapists; they have excelled in every way. The quality of the work they do is commented on by other agencies, their professionalism is evident in everything they do and their passion for our work is plain to see. I thank them for their trust in us during a very uncertain time and for their kind words when we had to close. I also thank our HR/finance manager, who showed huge loyalty and flexibility, in our final months she had the difficult job of making colleagues redundant and not renewing contracts. We wish all the staff that we said goodbye to every success in their personal and professional lives, and I am glad that they too thought the charity was 'really something special'. We begin the financial year knowing that by the end of September 2024, we will close our centre for good and shrink to a much smaller charity. However, as one of our trustees said, whilst we still can, we should continue doing something good. The parent support groups are a way of doing that and I hope to report on their success in another year's time.

OBJECTIVES AND ACTIVITIES

Objectives and aims

The objects of Young People's Counselling Service (YPCS) as stated in our CIO constitution are "To promote, preserve and protect the mental health of the public, in particular but not exclusively of children, young people and their families."

The counselling service we deliver enables local young people to make sense of their thoughts and feelings, in the hope that they can make decisions about what they want to do to bring about change in their lives. It also provides a means of support and a space where they can feel valued and heard.

Our new direction into parent/carer support groups remains firmly within our charity objects. Many young people cannot access therapy yet present with very challenging behavior that causes huge stress to families. Many also have issues with school, need EHCPs or ASD/ADHD assessments. The system is difficult, almost adversarial to navigate and parents can feel very much alone or even blamed. By supporting parents we are able to help the whole family.

Significant activities

Our significant activities for the year can be broadly categorised into the following areas:

- " The delivery of free counselling to young people
- " Provision of counselling and play therapy in schools
- " Fundraising and bid writing to support the above
- " Expanding our management/admin team with a new HR/Finance manager and a part-time charity director.
- " Developing, reviewing and improving our policies and procedures especially in the area of HR.
- " Participating in projects and new initiatives within our service delivery area
- " Running and utilising to the maximum, our two Annabelle Davis Centres, the first in Yaxley and the second in Wisbech
- " Responding positively to the increase in demand for our services
- " Continuing to work with the NHS (CCG and CPFT) as they recognise us as a high-quality service provider.

We have seen no end to the growing demand for YPCS services, so our priority has been to maintain the quality we were already offering and try to establish some regular funding for our core service. This has proved very difficult as most funders don't want to fund 'business as usual'. The competition for funds has never been greater. We were unlucky to be refused funding from the Evelyn Trust due to a large donation from them a few years ago. We were devastated to not get any funding from the NHS. This left many dozens of kids with complex needs only YPCS could manage, effectively being on an infinite waiting list.

Although the impact of Covid persists, the extra funding has all stopped. We became an 'awkward size'-large enough to need a professional fund-raising manager but too small to be able to afford one.

We continued to offer a service in local schools, paid for by the schools. This presented some challenges as the therapy space in the school was not always ideal and several clients chose to be seen at the Annabelle Davis Centre. Their progress improved noticeably as a direct result of the increased privacy, and the effect of the calm welcoming space we work hard to provide. We aimed to expand our offer into more schools. Although there was interest there was often a lack of funding in schools to pay for it.

Alongside our core work in schools and at our centres we have been involved in delivering a number of projects. We worked with the performance poet called Mark Grist, local businesses including the up-and-coming Higgys's in Yaxley as well as more established partners like Marco Sementa, the Masons, Yaxley runners and the Mayor of Wisbech and some parents who made a regular donation after their child ended therapy. We had great support from the judicial system, after being recommended anonymously. Judge Mark Lowe visited to see our work and we continue to get a quarterly cheque from the proceeds of crime confiscated by the courts. One of our trustees made us their nominated charity for their year as Worshipful Master at Whittlesey Masonic Lodge and we held a successful Fire walk in partnership with Peterborough Rugby Club.

Public benefit

The trustees confirm that they have taken account of the Charity Commission Guidance on public benefit in determining the activities of the charity.

OBJECTIVES AND ACTIVITIES

Volunteers

Volunteers provide invaluable support to the work of the charity.

ACHIEVEMENT AND PERFORMANCE

We have remained focused on bidding for funds from grant givers and organisations whose aims and objectives align with those of YPCS.

Alongside our continued successful service delivery, we have invested time and resources in improving our back-office systems, including HR and finance policies. At our peak we had 10 employees and 8 self-employed staff.

FINANCIAL REVIEW

We are pleased to present the financial report for 2023/2024. The year has seen YPCS face considerable funding challenges that sadly we were unable to reverse. The final straw was not securing NHS funding that had been 'committed' and not getting the Evelyn Trust grant.

The statement of financial activities for the year ending 31st July 2024 presents a poor position for YPCS and the decision was made to close the therapy service and the 2 centres.

FUTURE PLANS

We have a clear plan to close the therapy service ethically, honoring all our debts and this has resulted in us probably having a healthy amount of money to fund the parent groups. We have diversified into providing parent/carer support with our first group starting in Yaxley in September 2024. Our plans are to expand to provide more groups across the area.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The charity is controlled by its governing document, a deed of trust, and constitutes a limited company, limited by guarantee, as defined by the Companies Act 2006.

Young People's Counselling Service (YPCS) was originally established in 1994. A new registered Charity was formed with a differing governance structure when YPCS was registered as a CIO on 24th July 2020. Old and new legal entities have operated in tandem to ensure that service delivery remains consistent without causing any disruption to the young people that we serve. We intend for the 'old' charity accounts to be wound up by.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Company number

CE022643 (England and Wales)

Registered Charity number

1190555

Registered office

School Bungalow
Broadway
Yaxley
Peterborough
PE7 3JD

Young People's Counselling Service

Report of the Trustees
for the Year Ended 31 July 2024

Trustees

Ms A Graham

P Ashworth

D Weir (resigned 11.1.24)

P Williamson

L Butcher

C Doyle

J Phillips

W Rand

F Haslam

B Bonar (appointed 11.1.24)

K Gardner

Company Secretary

Independent Examiner

Hills Accountants Limited

Greenhill House

First Floor East Wing

Thorpe Road

Peterborough

Cambridgeshire

PE3 6RU

MY FINAL MESSAGE TO ALL SUPPORTERS

It is with enormous sadness that I announce the closure of YPCS. Instead of celebrating our 30th birthday we are instead saying goodbye to our friends, our clients and our amazing staff.

I beggars belief that at a time when demand has never been higher that our unique service cannot continue. We have provided a high level of clinical intervention to thousands of young people in our area and now we have gone they have no service. Despite our typical client having very complex needs they do not meet the impossibly high CAMH thresholds for treatment but are too complex for the other charities to manage.

We have filled this huge gap in NHS services for years but their support of us has been sporadic and disjointed and in the end inadequate. Despite lots of talk nationally and locally about how important charities are but these have proved to be empty words.

Over the last 7 years as Chair, I over saw the growth of YPCS from a small charity to one that helped over 1000 young people in our busiest year. We had established a reputation for quality, professionalism, costs- effectiveness and agility and I thank my magnificent team for all that. Fund raiding has never been harder, the cost-of-living crisis continues to bite deeply and the neglect of our potential by the NHS in particular is morally indefensible in my opinion.

Our Annabelle Davis Centres in Yaxley and Wisbech are models of excellence and recognise that the right environment facilitates deep connections and aids therapeutic progress. We are hoping that other local charities will be able to take these over and that these fabulous community assets will be preserved as a lasting legacy.

What is our final message? To all who have loved us and supported our essential work over the years we thank you from the bottom of our hearts. To those who continue to find it acceptable that really ill young people over 11 will now get no service that matches their needs, you should be ashamed. To those who think that deeply traumatised children. Under 11 don't warrant any service then you should be ashamed.

I am angry and very sad that young people in our area are now worse off and that after 30 years the situation has not improved. These kids are our future and now they have no voice at all

In Summary

I feel it is best to end this report with some quotes from those who have accessed the service, when informed we are closing

" I read your letter with great sadness yesterday. It has been a great privilege for St Peter's Church to support to such essential work by offering the use of St Peter's Lodge. Our PCC recognises the need for support for young children and their families and are so pleased to have played a part in helping YPCS to do that.

Thank you for all that has been achieved during your time in the Lodge and best wishes for the future

" I was saddened to hear the news that YPCS is no longer able to continue. I have no doubt from our personal experience that the work you have done is life changing for young people and so very much needed. I completely understand the difficulties that you have faced and hence your decision to close the charity

" On behalf of Yaxley Parish Council I would like to pass on our thanks to you and your colleagues for the wonderful service YPCS has provided during the last 30 years and express how sad that this vital service cannot get the support it needs to continue.

Again, on behalf of the Board of Trustees, thank you to everybody involved with the excellent work of YPCS. We are proud to be part of a team that works so tirelessly to make a difference to the lives of local young people, and as your Chair I am deeply sorry that we couldn't raise the huge amounts needed to continue the therapy service. We will, however, do our best to continue help young people via their parents.

29th May 2025

Approved by order of the board of trustees on and signed on its behalf by:

Young People's Counselling Service

Report of the Trustees
for the Year Ended 31 July 2024



.....
B Bonar - Trustee

Independent Examiner's Report to the Trustees of
Young People's Counselling Service

Independent examiner's report to the trustees of Young People's Counselling Service ('the Company')

I report to the charity trustees on my examination of the accounts of the Company for the year ended 31 July 2024.

Responsibilities and basis of report

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under Section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under Section 145(5) (b) of the 2011 Act.

Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by Section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of Section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Mr Lee James Hills

Hills Accountants Limited
Greenhill House
First Floor East Wing
Thorpe Road
Peterborough
Cambridgeshire
PE3 6RU

Date: 29 May 2025

Young People's Counselling Service

Statement of Financial Activities
for the Year Ended 31 July 2024

	Notes	Unrestricted fund £	Restricted funds £	31.7.24 Total funds £	31.7.23 Total funds £
INCOME AND ENDOWMENTS FROM					
Donations and legacies		112,082	86,445	198,527	382,353
Other trading activities	2	22,116	-	22,116	17,582
Investment income	3	12,487	-	12,487	10,385
Total		<u>146,685</u>	<u>86,445</u>	<u>233,130</u>	<u>410,320</u>
EXPENDITURE ON					
Charitable activities					
Primary trading		<u>128,843</u>	<u>224,243</u>	<u>353,086</u>	<u>433,306</u>
NET INCOME/(EXPENDITURE)		17,842	(137,798)	(119,956)	(22,986)
RECONCILIATION OF FUNDS					
Total funds brought forward		55,401	167,530	222,931	245,917
TOTAL FUNDS CARRIED FORWARD		<u><u>73,243</u></u>	<u><u>29,732</u></u>	<u><u>102,975</u></u>	<u><u>222,931</u></u>

The notes form part of these financial statements

Young People's Counselling Service

Balance Sheet

31 July 2024

	Notes	Unrestricted fund £	Restricted funds £	31.7.24 Total funds £	31.7.23 Total funds £
FIXED ASSETS					
Tangible assets	8	4,135	-	4,135	5,106
CURRENT ASSETS					
Debtors	9	6,493	-	6,493	2,258
Cash at bank		70,856	29,731	100,587	231,887
		<u>77,349</u>	<u>29,731</u>	<u>107,080</u>	<u>234,145</u>
CREDITORS					
Amounts falling due within one year	10	(8,240)	-	(8,240)	(16,320)
		<u>69,109</u>	<u>29,731</u>	<u>98,840</u>	<u>217,825</u>
NET CURRENT ASSETS					
		<u>69,109</u>	<u>29,731</u>	<u>98,840</u>	<u>217,825</u>
TOTAL ASSETS LESS CURRENT LIABILITIES		<u>73,244</u>	<u>29,731</u>	<u>102,975</u>	<u>222,931</u>
NET ASSETS		<u>73,244</u>	<u>29,731</u>	<u>102,975</u>	<u>222,931</u>
FUNDS	12				
Unrestricted funds				73,244	55,401
Restricted funds				<u>29,731</u>	<u>167,530</u>
TOTAL FUNDS				<u>102,975</u>	<u>222,931</u>

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 July 2024.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 July 2024 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- (a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

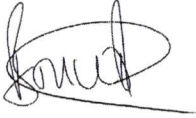
The notes form part of these financial statements

Young People's Counselling Service

Balance Sheet - continued
31 July 2024

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on 29th May 2025
and were signed on its behalf by:



.....
B Bonar - Trustee

The notes form part of these financial statements

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

Financial reporting standard 102 - reduced disclosure exemptions

The charitable company has taken advantage of the following disclosure exemption in preparing these financial statements, as permitted by FRS 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland':

- the requirements of Section 7 Statement of Cash Flows.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Taxation

The charity is exempt from corporation tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

Pension costs and other post-retirement benefits

The charitable company operates a defined contribution pension scheme. Contributions payable to the charitable company's pension scheme are charged to the Statement of Financial Activities in the period to which they relate.

Going concern

The trustees consider that there are no material uncertainties about the Charities ability to continue as a going concern nor any significant areas of uncertainty that affect the carrying value of assets held by the charity.

Young People's Counselling Service

Notes to the Financial Statements - continued
for the Year Ended 31 July 2024

2. OTHER TRADING ACTIVITIES

	31.7.24	31.7.23
	£	£
Primary trading	22,116	17,582
	<u> </u>	<u> </u>

3. INVESTMENT INCOME

	31.7.24	31.7.23
	£	£
Rents received	12,487	10,385
	<u> </u>	<u> </u>

4. NET INCOME/(EXPENDITURE)

Net income/(expenditure) is stated after charging/(crediting):

	31.7.24	31.7.23
	£	£
Depreciation - owned assets	1,387	1,738
	<u> </u>	<u> </u>

5. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 July 2024 nor for the year ended 31 July 2023.

Trustees' expenses

There were no trustees' expenses paid for the year ended 31 July 2024 nor for the year ended 31 July 2023.

6. STAFF COSTS

The average monthly number of employees during the year was as follows:

	31.7.24	31.7.23
Manager	1	1
Admin	2	2
Therapist	6	8
	<u> </u>	<u> </u>
	9	11
	<u> </u>	<u> </u>

No employees received emoluments in excess of £60,000.

7. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted fund £	Restricted funds £	Total funds £
INCOME AND ENDOWMENTS FROM			
Donations and legacies	88,335	294,018	382,353
Other trading activities	3,812	13,770	17,582
Investment income	10,385	-	10,385
Total	<u>102,532</u>	<u>307,788</u>	<u>410,320</u>
EXPENDITURE ON			
Charitable activities			
Primary trading	207,635	225,671	433,306
NET INCOME/(EXPENDITURE)	(105,103)	82,117	(22,986)
RECONCILIATION OF FUNDS			
Total funds brought forward	160,505	85,412	245,917
TOTAL FUNDS CARRIED FORWARD	<u>55,402</u>	<u>167,529</u>	<u>222,931</u>

8. TANGIBLE FIXED ASSETS

	Plant and machinery £
COST	
At 1 August 2023	9,733
Additions	416
At 31 July 2024	<u>10,149</u>
DEPRECIATION	
At 1 August 2023	4,627
Charge for year	1,387
At 31 July 2024	<u>6,014</u>
NET BOOK VALUE	
At 31 July 2024	<u>4,135</u>
At 31 July 2023	<u>5,106</u>

Notes to the Financial Statements - continued
for the Year Ended 31 July 2024

9. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR		31.7.24	31.7.23
		£	£
Trade debtors		5,684	1,631
VAT		809	627
		<u>6,493</u>	<u>2,258</u>
10. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR		31.7.24	31.7.23
		£	£
Bank loans and overdrafts (see note 11)		-	1,347
Trade creditors		7,352	14,973
Other creditors		888	-
		<u>8,240</u>	<u>16,320</u>
11. LOANS			
An analysis of the maturity of loans is given below:			
		31.7.24	31.7.23
		£	£
Amounts falling due within one year on demand:			
Bank overdrafts		-	1,347
		<u>-</u>	<u>1,347</u>
12. MOVEMENT IN FUNDS			
		Net	At
	At 1.8.23	movement	31.7.24
	£	in funds	£
Unrestricted funds		£	
General fund	55,401	17,843	73,244
Restricted funds			
BBC Children in Need Covid Response	3,637	(3,637)	-
PCVS	1,068	(1,068)	-
The Hudson Foundation	6,425	(5,904)	521
The Evelyn Trust	(1,347)	3,996	2,649
YOUnited Backlog	157,747	(156,186)	1,561
Healthier futures	-	25,000	25,000
	<u>167,530</u>	<u>(137,799)</u>	<u>29,731</u>
TOTAL FUNDS	<u>222,931</u>	<u>(119,956)</u>	<u>102,975</u>

Notes to the Financial Statements - continued
for the Year Ended 31 July 2024

12. MOVEMENT IN FUNDS - continued

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	146,685	(128,842)	17,843
Restricted funds			
BBC Children in Need Covid Response	-	(3,637)	(3,637)
PCVS	-	(1,068)	(1,068)
The Hudson Foundation	-	(5,904)	(5,904)
The Evelyn Trust	29,054	(25,058)	3,996
YOUnited Backlog	-	(156,186)	(156,186)
Wisbech Therapy			
	2,500	(2,500)	-
Harry Cureton	20,001	(20,001)	-
Wildlife Trust	8,890	(8,890)	-
Yaxley Therapy	1,000	(1,000)	-
Healthier futures	25,000	-	25,000
	<u>86,445</u>	<u>(224,244)</u>	<u>(137,799)</u>
TOTAL FUNDS	<u>233,130</u>	<u>(353,086)</u>	<u>(119,956)</u>

Notes to the Financial Statements - continued
for the Year Ended 31 July 2024

12. MOVEMENT IN FUNDS - continued

Comparatives for movement in funds

	At 1.8.22 £	Net movement in funds £	At 31.7.23 £
Unrestricted funds			
General fund	160,505	(105,104)	55,401
Restricted funds			
BBC Children in Need	96	(96)	-
BBC Children in Need Covid Response	19,288	(15,651)	3,637
CCF Covid Relief	6,660	(6,660)	-
Fullscope	4,000	(4,000)	-
PCVS	9,510	(8,442)	1,068
Strangward Trust	2,000	(2,000)	-
NHS CCG Winter Face-to-Face	396	(396)	-
The Hudson Foundation	5,632	793	6,425
The Evelyn Trust	(9,589)	8,242	(1,347)
CCG Cultivate	4,563	(4,563)	-
The Hutchinson Chairtable Trust	218	(218)	-
YOUnited Backlog	42,638	115,109	157,747
	<u>85,412</u>	<u>82,118</u>	<u>167,530</u>
TOTAL FUNDS	<u>245,917</u>	<u>(22,986)</u>	<u>222,931</u>

12. MOVEMENT IN FUNDS - continued

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	102,532	(207,636)	(105,104)
Restricted funds			
BBC Children in Need	-	(96)	(96)
BBC Children in Need Covid Response	3,000	(18,651)	(15,651)
CCF Covid Relief	-	(6,660)	(6,660)
Fullscope	14,208	(18,208)	(4,000)
PCVS	-	(8,442)	(8,442)
Strangward Trust	3,000	(5,000)	(2,000)
NHS CCG Winter Face-to-Face	35,000	(35,396)	(396)
The Hudson Foundation	2,194	(1,401)	793
The Evelyn Trust	45,566	(37,324)	8,242
CCG Cultivate	(1)	(4,562)	(4,563)
The Hutchinson Chairtable Trust	-	(218)	(218)
YOUnited Backlog	200,551	(85,442)	115,109
Ramsey Neighbourhood Trust	1,998	(1,998)	-
Wisbech Therapy			
	2,272	(2,272)	-
	<u>307,788</u>	<u>(225,670)</u>	<u>82,118</u>
TOTAL FUNDS	<u><u>410,320</u></u>	<u><u>(433,306)</u></u>	<u><u>(22,986)</u></u>

12. MOVEMENT IN FUNDS - continued

A current year 12 months and prior year 12 months combined position is as follows:

	At 1.8.22 £	Net movement in funds £	At 31.7.24 £
Unrestricted funds			
General fund	160,505	(87,261)	73,244
Restricted funds			
BBC Children in Need	96	(96)	-
BBC Children in Need Covid Response	19,288	(19,288)	-
CCF Covid Relief	6,660	(6,660)	-
Fullscope	4,000	(4,000)	-
PCVS	9,510	(9,510)	-
Strangward Trust	2,000	(2,000)	-
NHS CCG Winter Face-to-Face	396	(396)	-
The Hudson Foundation	5,632	(5,111)	521
The Evelyn Trust	(9,589)	12,238	2,649
CCG Cultivate	4,563	(4,563)	-
The Hutchinson Chairtable Trust	218	(218)	-
YOUnited Backlog	42,638	(41,077)	1,561
Healthier futures	-	25,000	25,000
	<hr/>	<hr/>	<hr/>
	85,412	(55,681)	29,731
	<hr/>	<hr/>	<hr/>
TOTAL FUNDS	<u>245,917</u>	<u>(142,942)</u>	<u>102,975</u>

12. MOVEMENT IN FUNDS - continued

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	249,217	(336,478)	(87,261)
Restricted funds			
BBC Children in Need	-	(96)	(96)
BBC Children in Need Covid Response	3,000	(22,288)	(19,288)
CCF Covid Relief	-	(6,660)	(6,660)
Fullscope	14,208	(18,208)	(4,000)
PCVS	-	(9,510)	(9,510)
Strangward Trust	3,000	(5,000)	(2,000)
NHS CCG Winter Face-to-Face	35,000	(35,396)	(396)
The Hudson Foundation	2,194	(7,305)	(5,111)
The Evelyn Trust	74,620	(62,382)	12,238
CCG Cultivate	(1)	(4,562)	(4,563)
The Hutchinson Chairtable Trust	-	(218)	(218)
YOUnited Backlog	200,551	(241,628)	(41,077)
Ramsey Neighbourhood Trust	1,998	(1,998)	-
Wisbech Therapy			
	4,772	(4,772)	-
Harry Cureton	20,001	(20,001)	-
Wildlife Trust	8,890	(8,890)	-
Yaxley Therapy	1,000	(1,000)	-
Healthier futures	25,000	-	25,000
	<u>394,233</u>	<u>(449,914)</u>	<u>(55,681)</u>
TOTAL FUNDS	<u>643,450</u>	<u>(786,392)</u>	<u>(142,942)</u>

Persimmon - for the further development of the Young Peoples Counselling Service and the clinical centres Annabelle Davis Centre.

BBC Children in Need - To increase our age range for clinical services for 16 to 18 - YPCS is able to now support young people up to the age of 18yrs with 1:1 counselling.

BBC Children in Need COVID - To respond to the demand for service needs to support children's mental health, to provide individual equipment for each child in guidance with COVID restrictions - to support all management and administration costs - this fund provided 1:1 support for 60 CYP - group work, zoom licences, materials and all full cost recovery.

20Twenty Mental Health Toolkit - Commissioned to co-produce a mental health resource for schools in Fenland with the Fenland youth advisory board and 20twenty productions.

CCF Covid Relief - To delivery wellbeing support groups on a 4 week programme to young people with emerging mental health. To also provide 1:1 counselling to 11-18yrs.

12. MOVEMENT IN FUNDS - continued

The Fore - This grant was for management costs - core funding for a clinical manager/lead

Fullscope - COVID response fund to provide calls to families, this fund was held and will be used for 1:1.

SUPPORT across Peterborough alongside other organisations we partner with.

PCVS - Arts based project working in consultation with schools on a piece of street art, this was delayed due to COVID and artist backlog - we also were commissioned to offer 1:1 support for young people in Peterborough.

Strangward Trust - 1:1 counselling for Wisbech.

Burghley Trust - Design production and distribution of wellbeing bags for yr 7 pupils at a school in Stamford.

Comic Relief- funds used to support families with face to face counselling.

NHS CCG Winter Face-to-Face- CCG funds used to support the long wait times in statutory services for CYP, specifically for those waiting over 1 year.

Ramsey Neighbourhood Trust- 1:1 Therapy for fenland.

Wisbech Therapy- 1:1 Therapy for Wisbech.

The Harry Cureton Trust-this was used to reduce our waiting list and helped 30 young people access up to 12 sessions of therapy. Outcomes were excellent and included being able to start a part-time job, better school attendance and increased confidence.

Wildlife Trust- this was used to develop a clinical offer called 'Therapy in Nature'. Sadly, due to the winding down of the charity it was not viable to proceed with the delivery of this project and I informed the funders of our situation. They agreed that set up costs could be deducted and the rest of the balance (just over £5000 of a £7,000 grant) was returned unspent.

Healthier Futures- I originally bid for a 2-year project across the whole Peterborough South PCN to develop and roll out a cost-effective model of delivering mental health support from Primary Care. It used existing IT systems, practice staff as care navigators and YPCS therapists. The principles of each element had already been proven to be effective, but this was the first time it had been used for mental health support for young people. It removed all duplication and was highly efficient. The funding offered was reduced to £50,000 and restricted to one practice (Yaxley) for 1 year. Work began April 2024. The second part of the fund was to develop parent/carers support groups. These will start in Yaxley in September 2024.

Yaxley Therapy - ring fenced funding for therapy delivered at ADC Yaxley

13. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 31 July 2024.

Young People's Counselling Service

Detailed Statement of Financial Activities
for the Year Ended 31 July 2024

	31.7.24 £	31.7.23 £
INCOME AND ENDOWMENTS		
Donations and legacies		
Gifts	-	(2)
Donations	198,527	382,355
	<hr/>	<hr/>
	198,527	382,353
Other trading activities		
Primary trading	22,116	17,582
Investment income		
Rents received	12,487	10,385
	<hr/>	<hr/>
Total incoming resources	233,130	410,320
EXPENDITURE		
Charitable activities		
Wages	227,725	223,305
Social security	16,150	15,076
Pensions	4,763	5,026
Rates and water	1,032	1,615
Insurance	2,643	2,000
Telephone	2,255	1,996
Postage and stationery	574	984
Advertising	1,217	312
Sundries	2,186	3,153
Counselling fees	60,461	145,402
Cleaning	4,710	6,766
Repairs and renewals	3,795	2,786
Utilities	6,783	3,722
Rent	8,760	12,254
Training costs	1,177	755
Travel costs	736	1,573
Computer and software costs	1,061	1,697
Plant and machinery	1,387	1,738
	<hr/>	<hr/>
	347,415	430,160
Support costs		
Finance		
Bank charges	145	120

This page does not form part of the statutory financial statements

Young People's Counselling Service

Detailed Statement of Financial Activities
for the Year Ended 31 July 2024

	31.7.24	31.7.23
	£	£
Finance		
Governance costs		
Accountancy and legal fees	5,526	3,026
Total resources expended	<u>353,086</u>	<u>433,306</u>
Net expenditure	<u>(119,956)</u>	<u>(22,986)</u>

This page does not form part of the statutory financial statements

YOUNG PEOPLE'S COUNSELLING SERVICE

England & Wales - Charity number 1190555

Accounts

Report of the Trustees and
Unaudited Financial Statements for the Year Ended 31 July 2023
for
Young People's Counselling Service

Hills Accountants Limited
Greenhill House
First Floor East Wing
Thorpe Road
Peterborough
Cambridgeshire
PE3 6RU

Contents of the Financial Statements
for the Year Ended 31 July 2023

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Detailed Statement of Financial Activities	21 to 22

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 July 2023. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

Throughout the period 30th July 2022- 31st July 2023, our team have continued to work hard. Our Trustees, Staff, Volunteers, Ambassadors, Patrons, and Funders have been generous with their time, expertise, donations and practical help.

The impact of Covid continues to affect the wellbeing of our children and young people. We have noticed a continued significant rise in Safeguarding work, up over 140% with the earlier trend towards an increase not just in numbers but in complexity. Another trend that has continued is the increase in presentation of CYP with neurodiverse diagnoses (ND) or prominent symptom suggestive of a diagnosis, as a co-morbidity. This is trend is seen in other organisations and a recent assessment of the waiting list puts the incidence at 70%. Covid has also affected social skills development which cause anxiety.

I would like to pay tribute to our team of Therapists; they have excelled in every way. The quality of the work they do is commented on by other agencies, their professionalism is evident in everything they do and their passion for our work is plain to see. I thank them for their trust in us and their loyalty for YPCS is amazing. We have a team of 15 (some employed and some self-employed). Their high-quality service means that not only do we see real impact of the work, but they attract new talent to us as an employer of choice. All this has allowed YPCS to expand the range of its clinical offer and we are much more than a talking therapy service now.

OBJECTIVES AND ACTIVITIES

Objectives and aims

The objects of Young People's Counselling Service (YPCS) as stated in our CIO constitution are "To promote, preserve and protect the mental health of the public, in particular but not exclusively of children, young people and their families."

The service we deliver enables local young people to make sense of their thoughts and feelings, in the hope that they can make decisions about what they want to do to bring about change in their lives. It also provides a means of support and a space where they can feel valued and heard. Therapists at YPCS go through a careful selection process, to ensure that they are competent to work with the issues that clients present. All therapists are trained to at least Level 5, with the majority being trained to Level 6 or 7. Our therapists have a range of specialisms that ensures YPCS is able to provide the right support to young people referred to our service. All staff are required to undertake an enhanced police check, and our safeguarding lead ensures compliance with legislation regarding vetting and barring. They are managed by our 2 Clinical Leads, and we encourage CPD and supervision. We have a sound safeguarding culture and structure thanks to the hard work of our experienced Safeguarding Leads.

YPCS continues to consolidate but times are becoming harder for all charities, and we will need to be agile and creative to continue to grow. Our service is unique and without us there is a huge gap locally.

OBJECTIVES AND ACTIVITIES

Significant activities

Our significant activities for the year can be broadly categorised into the following areas:

- " The delivery of free at point of use counselling to young people
- " Provision of counselling and play therapy in schools
- " Fundraising and bid writing to support the above
- " Expanding our management/admin team
- " Developing, reviewing and improving our policies and procedures
- " Participating in projects and new initiatives within our service delivery area
- " Running and utilising to the maximum, our two Annabelle Davis Centres, the first in Yaxley and the second in Wisbech
- " Responding positively to the increase in demand for our services
- " Beginning to be involved in influencing service re-design.

NHS contract called Backlog which was a huge waiting list initiative. Sadly, ICB funding for intervention after the risk assessment shas not been forthcoming.

Closer working with other providers like Centre33 and Ormiston Families.

We have seen a growing demand for YPCS services, so our priority has been to maintain the quality we were already offering and try to reduce our waiting list times. In parallel, we have continued to develop new areas of funding for specific projects, ensuring these provide a proportionate contribution towards our operational costs.

Before Covid we were maturing our income streams to reduce the reliance on gifts and traditional fundraising as we felt that this was a risk and that as we grew, this was a tough and unpredictable way to raise the sums we required. We were lucky that the reduction in traditional fund raising has been more than replaced by grants.

We were delighted to receive significant funding from a large local funder, the Evelyn Trust. This fund is worth £120,000 over 2 years and runs from Sept 2021 to Aug 2023. This allowed us to develop our services in Fenland using our Annabelle Davis centre in Wisbech which opened mid-October 2022. Centre 33 continue to rent our space for their drop-in advice service.

We continued to offer a service in local schools, paid for by the schools. This presented some challenges as the therapy space in the school was not always ideal and several clients chose to be seen at the Annabelle Davis Centre. Their progress improved noticeably as a direct result of the increased privacy, and the effect of the calm welcoming space we work hard to provide. We aim to expand our offer into more schools. Our continued blended approach has also led to an improved and more inclusive offer to young people who experience transport barriers.

Public benefit

The trustees confirm that they have taken account of the Charity Commission Guidance on public benefit in determining the activities of the charity.

Volunteers

Volunteers provide invaluable support to the work of the charity.

ACHIEVEMENT AND PERFORMANCE

We have remained focused on bidding for funds from grant givers and organisations whose aims and objective align with those of YPCS. Funding this year has included grants from: The Hudson Fund, CiN, NHS, CCF, PCVS, Stangwood Trust, Ramsey Neighbourhood Trust, Hutchinson Trust, Fullscope and Cultivate Wisbech.

Our support staff have implemented new systems that will enable easier reporting in the future and our policies and procedures have been reviewed and improved. We use Charity log as our clinical system but are mindful of alternatives should they prove to be better.

FINANCIAL REVIEW

We are pleased to present the financial report for 2022/2023. The year has seen YPCS be involved in a number of interesting projects and recover well from the decision not to merge with Centre 33 in Dec 2022. A large NHS contract called Backlog, was a massive logistical challenge but we rescued a struggling project and worked skilfully and with agility in partnership with 2 other local charities (C33 and Ormiston Families). Grants are however getting harder to come by especially for 'business as usual'. Most funders want a novel project to support. On behalf of the whole board, I want to thank the whole team for their dedicated work.

The statement of financial activities for the year ending 31st July 2023 presents a reasonable position for YPCS but the future is challenging. Grants have made the greatest positive impact on the income. Our largest area of expenditure is on the salaries of our excellent therapists.

The YPCS reserves policy aims to ensure our work is protected from the risk of disruption at short notice due to lack of funds. Whilst at the same time ensuring we do not retain funds for longer than required. We continue to be extremely ambitious to work with as many clients as we can. Demand has never been higher and statutory services continue to refer many clients to YPCS. The generosity of our donors, funders, community fundraisers and volunteers allow us to continue the work that we do.

FUTURE PLANS

In the coming year we plan to focus on ensuring the long-term success of YPCS and the sustainability of our aims and objectives. We aim to maintain our high-quality counselling provision by offering a blended service of remote and face-to-face work, while at the same time continuing to campaign for service re-design and funding for our non-talking therapies. Our aim is to be funded regularly by the NHS.

We will continue to develop the range of work in schools, including individual counselling, staff training sessions, consultation with young people alongside the mental health toolkit we developed.

We will also continue to develop and define clear and accessible tracking of income and expenditure and data analysis of the measurable impact our service delivery brings.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The charity is controlled by its governing document, a deed of trust, and constitutes a limited company, limited by guarantee, as defined by the Companies Act 2006.

Young People's Counselling Service (YPCS) was originally established in 1994. A new registered Charity was formed with a differing governance structure when YPCS was registered as a CIO on 24th July 2020. Old and new legal entities have operated in tandem to ensure that service delivery remains consistent without causing any disruption to the young people that we serve.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Company number

CE022643 (England and Wales)

Registered Charity number

1190555

Registered office

School Bungalow
Broadway
Yaxley
Peterborough
PE7 3JD

Report of the Trustees
for the Year Ended 31 July 2023

Trustees

Ms A Graham
P Ashworth
Ms N Houghton (resigned 31.12.22)
Ms J Wilton (resigned 31.12.22)
D Weir
J Vizzini (resigned 31.8.22)
P Williamson
L Butcher
C Doyle (appointed 20.3.23)
J Phillips (appointed 20.3.23)
W Rand (appointed 6.3.23)
F Haslam (appointed 16.1.23)
B Bonar (appointed 11.1.24)
K Gardner (appointed 1.5.23)

Company Secretary

Independent Examiner

Hills Accountants Limited
Greenhill House
First Floor East Wing
Thorpe Road
Peterborough
Cambridgeshire
PE3 6RU

IN SUMMARY

I feel it is best to end this report with some quotes from those who have accessed the service, when asked to comment on the therapy they have received. The words of these young people and parents are why we do what we do and remind us of the positive change YPCS makes to young lives.

"I would like to wholeheartedly thank you and your entire team for supporting my son where all other organisations, including the NHS, fell short. He was struggling with trauma and your timely sessions made a huge difference to his mental wellbeing, which meant he was able to go back to school and make new friends"

"The support from your team of counsellors is outstanding and a lifeline to children and families across Peterborough. I hope that you can continue supporting our children as I truly dread to think of the catastrophic impact on the MH of our children if you are not able to"

"Staff at YPCS are kind; it is my comfort zone"

"So much has changed now....this space has me to be nicer to myself"

Again, on behalf of the Board of Trustees, thank you to everybody involved with the excellent work of YPCS. We are proud to be part of a team that works so tirelessly to make a difference to the lives of local young people and will continue to advocate for them to the best of our abilities.

Approved by order of the board of trustees on 30 / 05 / 2024 and signed on its behalf by:

Young People's Counselling Service

Report of the Trustees

for the Year Ended 31 July 2023

Bruce Bonar

.....
B Bonar - Trustee

Independent examiner's report to the trustees of Young People's Counselling Service ('the Company')

I report to the charity trustees on my examination of the accounts of the Company for the year ended 31 July 2023.

Responsibilities and basis of report

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under Section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under Section 145(5) (b) of the 2011 Act.

Independent examiner's statement

Since your charity's gross income exceeded £250,000 your examiner must be a member of a listed body. I can confirm that I am qualified to undertake the examination because I am a registered member of ACCA which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by Section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of Section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Lee Hills

Mr Lee James Hills
ACCA
Hills Accountants Limited
Greenhill House
First Floor East Wing
Thorpe Road
Peterborough
Cambridgeshire
PE3 6RU

31 / 05 / 2024

Date:

Young People's Counselling Service

Statement of Financial Activities
for the Year Ended 31 July 2023

	Notes	Unrestricted fund £	Restricted funds £	31.7.23 Total funds £	31.7.22 Total funds £
INCOME AND ENDOWMENTS FROM					
Donations and legacies		88,335	294,018	382,353	405,979
Other trading activities	2	3,812	13,770	17,582	30,849
Investment income	3	10,385	-	10,385	14,052
Total		<u>102,532</u>	<u>307,788</u>	<u>410,320</u>	<u>450,880</u>
EXPENDITURE ON					
Charitable activities					
Primary trading		<u>207,635</u>	<u>225,671</u>	<u>433,306</u>	<u>352,692</u>
NET INCOME/(EXPENDITURE)		(105,103)	82,117	(22,986)	98,188
RECONCILIATION OF FUNDS					
Total funds brought forward		<u>160,505</u>	<u>85,412</u>	<u>245,917</u>	<u>147,729</u>
TOTAL FUNDS CARRIED FORWARD		<u><u>55,402</u></u>	<u><u>167,529</u></u>	<u><u>222,931</u></u>	<u><u>245,917</u></u>

The notes form part of these financial statements

Young People's Counselling Service

Balance Sheet

31 July 2023

	Notes	Unrestricted fund £	Restricted funds £	31.7.23 Total funds £	31.7.22 Total funds £
FIXED ASSETS					
Tangible assets	8	5,106	-	5,106	5,777
CURRENT ASSETS					
Debtors	9	2,258	-	2,258	5,473
Cash at bank		63,010	168,877	231,887	459,545
		<u>65,268</u>	<u>168,877</u>	<u>234,145</u>	<u>465,018</u>
CREDITORS					
Amounts falling due within one year	10	(14,973)	(1,347)	(16,320)	(224,878)
NET CURRENT ASSETS					
		<u>50,295</u>	<u>167,530</u>	<u>217,825</u>	<u>240,140</u>
TOTAL ASSETS LESS CURRENT LIABILITIES					
		<u>55,401</u>	<u>167,530</u>	<u>222,931</u>	<u>245,917</u>
NET ASSETS					
		<u><u>55,401</u></u>	<u><u>167,530</u></u>	<u><u>222,931</u></u>	<u><u>245,917</u></u>
FUNDS					
Unrestricted funds	12			55,401	160,505
Restricted funds				167,530	85,412
TOTAL FUNDS					
				<u><u>222,931</u></u>	<u><u>245,917</u></u>

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 July 2023.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 July 2023 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- (a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

The notes form part of these financial statements

Young People's Counselling Service

Balance Sheet - continued

31 July 2023

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on 30 / 05 / 2024
and were signed on its behalf by:

Bruce Bonar

.....
B Bonar - Trustee

The notes form part of these financial statements

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

Financial reporting standard 102 - reduced disclosure exemptions

The charitable company has taken advantage of the following disclosure exemptions in preparing these financial statements, as permitted by FRS 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland':

- the requirements of Section 7 Statement of Cash Flows.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Taxation

The charity is exempt from corporation tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

Pension costs and other post-retirement benefits

The charitable company operates a defined contribution pension scheme. Contributions payable to the charitable company's pension scheme are charged to the Statement of Financial Activities in the period to which they relate.

Going concern

The trustees consider that there are no material uncertainties about the Charities ability to continue as a going concern nor any significant areas of uncertainty that affect the carrying value of assets held by the charity.

Notes to the Financial Statements - continued
for the Year Ended 31 July 2023

2. OTHER TRADING ACTIVITIES

	31.7.23	31.7.22
	£	£
Primary trading	17,582	30,849
	<u> </u>	<u> </u>

3. INVESTMENT INCOME

	31.7.23	31.7.22
	£	£
Rents received	10,385	14,052
	<u> </u>	<u> </u>

4. NET INCOME/(EXPENDITURE)

Net income/(expenditure) is stated after charging/(crediting):

	31.7.23	31.7.22
	£	£
Depreciation - owned assets	1,738	1,925
	<u> </u>	<u> </u>

5. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 July 2023 nor for the year ended 31 July 2022.

Trustees' expenses

There were no trustees' expenses paid for the year ended 31 July 2023 nor for the year ended 31 July 2022.

6. STAFF COSTS

The average monthly number of employees during the year was as follows:

	31.7.23	31.7.22
Manager	1	1
Admin	2	2
Therapist	8	5
	<u> </u>	<u> </u>
	11	8
	<u> </u>	<u> </u>

No employees received emoluments in excess of £60,000.

7. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted fund £	Restricted funds £	Total funds £
INCOME AND ENDOWMENTS FROM			
Donations and legacies	51,399	354,580	405,979
Other trading activities	30,849	-	30,849
Investment income	14,052	-	14,052
Total	<u>96,300</u>	<u>354,580</u>	<u>450,880</u>
EXPENDITURE ON			
Charitable activities			
Primary trading	<u>4,867</u>	<u>347,825</u>	<u>352,692</u>
NET INCOME	91,433	6,755	98,188
RECONCILIATION OF FUNDS			
Total funds brought forward	69,071	78,658	147,729
TOTAL FUNDS CARRIED FORWARD	<u><u>160,504</u></u>	<u><u>85,413</u></u>	<u><u>245,917</u></u>

8. TANGIBLE FIXED ASSETS

	Plant and machinery £
COST	
At 1 August 2022	8,666
Additions	<u>1,067</u>
At 31 July 2023	<u>9,733</u>
DEPRECIATION	
At 1 August 2022	2,889
Charge for year	<u>1,738</u>
At 31 July 2023	<u>4,627</u>
NET BOOK VALUE	
At 31 July 2023	<u><u>5,106</u></u>
At 31 July 2022	<u><u>5,777</u></u>

9. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	31.7.23	31.7.22
	£	£
Trade debtors	1,631	2,403
VAT	627	3,070
	<u>2,258</u>	<u>5,473</u>

10. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	31.7.23	31.7.22
	£	£
Bank loans and overdrafts (see note 11)	1,347	9,589
Trade creditors	14,973	11,429
Social security and other taxes	-	3,309
Accruals and deferred income	-	200,551
	<u>16,320</u>	<u>224,878</u>

11. LOANS

An analysis of the maturity of loans is given below:

	31.7.23	31.7.22
	£	£
Amounts falling due within one year on demand:		
Bank overdrafts	<u>1,347</u>	<u>9,589</u>

12. MOVEMENT IN FUNDS

	At 1.8.22 £	Net movement in funds £	At 31.7.23 £
Unrestricted funds			
General fund	160,505	(105,104)	55,401
Restricted funds			
BBC Children in Need	96	(96)	-
BBC Children in Need Covid Response	19,288	(15,651)	3,637
CCF Covid Relief	6,660	(6,660)	-
Fullscope	4,000	(4,000)	-
PCVS	9,510	(8,442)	1,068
Strangward Trust	2,000	(2,000)	-
NHS CCG Winter Face-to-Face	396	(396)	-
The Hudson Foundation	5,632	793	6,425
The Evelyn Trust	(9,589)	8,242	(1,347)
CCG Cultivate	4,563	(4,563)	-
The Hutchinson Chairtable Trust	218	(218)	-
YOUnited Backlog	42,638	115,109	157,747
	<u>85,412</u>	<u>82,118</u>	<u>167,530</u>
TOTAL FUNDS	<u>245,917</u>	<u>(22,986)</u>	<u>222,931</u>

12. MOVEMENT IN FUNDS - continued

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	102,532	(207,636)	(105,104)
Restricted funds			
BBC Children in Need	-	(96)	(96)
BBC Children in Need Covid Response	3,000	(18,651)	(15,651)
CCF Covid Relief	-	(6,660)	(6,660)
Fullscope	14,208	(18,208)	(4,000)
PCVS	-	(8,442)	(8,442)
Strangward Trust	3,000	(5,000)	(2,000)
NHS CCG Winter Face-to-Face	35,000	(35,396)	(396)
The Hudson Foundation	2,194	(1,401)	793
The Evelyn Trust	45,566	(37,324)	8,242
CCG Cultivate	(1)	(4,562)	(4,563)
The Hutchinson Chairtable Trust	-	(218)	(218)
YOUnited Backlog	200,551	(85,442)	115,109
Ramsey Neighbourhood Trust	1,998	(1,998)	-
Wisbech Therapy			
	2,272	(2,272)	-
	<u>307,788</u>	<u>(225,670)</u>	<u>82,118</u>
TOTAL FUNDS	<u><u>410,320</u></u>	<u><u>(433,306)</u></u>	<u><u>(22,986)</u></u>

12. MOVEMENT IN FUNDS - continued

Comparatives for movement in funds

	At 1.8.21 £	Net movement in funds £	At 31.7.22 £
Unrestricted funds			
General fund	69,071	91,434	160,505
Restricted funds			
Persimmon	40,304	(40,304)	-
BBC Children in Need	3,090	(2,994)	96
BBC Children in Need Covid Response	6,277	13,011	19,288
20Twenty Mental Health Toolkit	2,355	(2,355)	-
CCF Covid Relief	6,660	-	6,660
The Fore	3,750	(3,750)	-
Fullscope	4,000	-	4,000
PCVS	9,510	-	9,510
Strangward Trust	2,000	-	2,000
Burghley Trust	600	(600)	-
NHS CCG Winter Face-to-Face	112	284	396
The Hudson Foundation	-	5,632	5,632
The Evelyn Trust	-	(9,589)	(9,589)
CCG Cultivate	-	4,563	4,563
The Hutchinson Chairtable Trust	-	218	218
YOUnited Backlog	-	42,638	42,638
	<hr/>	<hr/>	<hr/>
	78,658	6,754	85,412
	<hr/>	<hr/>	<hr/>
TOTAL FUNDS	<u>147,729</u>	<u>98,188</u>	<u>245,917</u>

12. MOVEMENT IN FUNDS - continued

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	96,300	(4,866)	91,434
Restricted funds			
Persimmon	-	(40,304)	(40,304)
BBC Children in Need	9,630	(12,624)	(2,994)
BBC Children in Need Covid Response	65,030	(52,019)	13,011
20Twenty Mental Health Toolkit	(1)	(2,354)	(2,355)
The Fore	-	(3,750)	(3,750)
Burghley Trust	-	(600)	(600)
NHS CCG Winter Face-to-Face	72,400	(72,116)	284
The Hudson Foundation	14,168	(8,536)	5,632
Comic Relief	1,552	(1,552)	-
Centre 33	16,500	(16,500)	-
St James Place Partnership	2,200	(2,200)	-
The Evelyn Trust	45,379	(54,968)	(9,589)
CCG Cultivate	15,001	(10,438)	4,563
NHS CCG YOUnited	34,000	(34,000)	-
The Hutchinson Chairtable Trust	23,720	(23,502)	218
Screwfix	5,000	(5,000)	-
YOUnited Backlog	50,001	(7,363)	42,638
	<hr/>	<hr/>	<hr/>
	354,580	(347,826)	6,754
	<hr/>	<hr/>	<hr/>
TOTAL FUNDS	<u>450,880</u>	<u>(352,692)</u>	<u>98,188</u>

12. MOVEMENT IN FUNDS - continued

A current year 12 months and prior year 12 months combined position is as follows:

	At 1.8.21 £	Net movement in funds £	At 31.7.23 £
Unrestricted funds			
General fund	69,071	(13,670)	55,401
Restricted funds			
Persimmon	40,304	(40,304)	-
BBC Children in Need	3,090	(3,090)	-
BBC Children in Need Covid Response	6,277	(2,640)	3,637
20Twenty Mental Health Toolkit	2,355	(2,355)	-
CCF Covid Relief	6,660	(6,660)	-
The Fore	3,750	(3,750)	-
Fullscope	4,000	(4,000)	-
PCVS	9,510	(8,442)	1,068
Strangward Trust	2,000	(2,000)	-
Burghley Trust	600	(600)	-
NHS CCG Winter Face-to-Face	112	(112)	-
The Hudson Foundation	-	6,425	6,425
The Evelyn Trust	-	(1,347)	(1,347)
YOUnited Backlog	-	157,747	157,747
	<hr/>	<hr/>	<hr/>
	78,658	88,872	167,530
	<hr/>	<hr/>	<hr/>
TOTAL FUNDS	<u>147,729</u>	<u>75,202</u>	<u>222,931</u>

12. MOVEMENT IN FUNDS - continued

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	198,832	(212,502)	(13,670)
Restricted funds			
Persimmon	-	(40,304)	(40,304)
BBC Children in Need	9,630	(12,720)	(3,090)
BBC Children in Need Covid Response	68,030	(70,670)	(2,640)
20Twenty Mental Health Toolkit	(1)	(2,354)	(2,355)
CCF Covid Relief	-	(6,660)	(6,660)
The Fore	-	(3,750)	(3,750)
Fullscope	14,208	(18,208)	(4,000)
PCVS	-	(8,442)	(8,442)
Strangward Trust	3,000	(5,000)	(2,000)
Burghley Trust	-	(600)	(600)
NHS CCG Winter Face-to-Face	107,400	(107,512)	(112)
The Hudson Foundation	16,362	(9,937)	6,425
Comic Relief	1,552	(1,552)	-
Centre 33	16,500	(16,500)	-
St James Place Partnership	2,200	(2,200)	-
The Evelyn Trust	90,945	(92,292)	(1,347)
CCG Cultivate	15,000	(15,000)	-
NHS CCG YOUnited	34,000	(34,000)	-
The Hutchinson Charitable Trust	23,720	(23,720)	-
Screwfix	5,000	(5,000)	-
YOUnited Backlog	250,552	(92,805)	157,747
Ramsey Neighbourhood Trust	1,998	(1,998)	-
Wisbech Therapy			
	2,272	(2,272)	-
	<u>662,368</u>	<u>(573,496)</u>	<u>88,872</u>
TOTAL FUNDS	<u>861,200</u>	<u>(785,998)</u>	<u>75,202</u>

Persimmon - for the further development of the Young Peoples Counselling Service and the clinical centres Annabelle Davis Centre.

BBC Children in Need - To increase our age range for clinical services for 16 to 18 - YPCS is able to now support young people up to the age of 18yrs with 1:1 counselling.

BBC Children in Need COVID - To respond to the demand for service needs to support children's mental health, to provide individual equipment for each child in guidance with COVID restrictions - to support all management and administration costs - this fund provided 1:1 support for 60 CYP - group work, zoom licences, materials and all full cost recovery.

12. MOVEMENT IN FUNDS - continued

20Twenty Mental Health Toolkit - Commissioned to co-produce a mental health resource for schools in Fenland with the Fenland youth advisory board and 20twenty productions.

CCF Covid Relief - To delivery wellbeing support groups on a 4 week programme to young people with emerging mental health. To also provide 1:1 counselling to 11-18yrs.

The Fore - This grant was for management costs - core funding for a clinical manager/lead

Fullscope - COVID response fund to provide calls to families, this fund was held and will be used for 1:1.

SUPPORT across Peterborough alongside other organisations we partner with.

PCVS - Arts based project working in consultation with schools on a piece of street art, this was delayed due to COVID and artist backlog - we also were commissioned to offer 1:1 support for young people in Peterborough.

Strangward Trust - 1:1 counselling for Wisbech.

Burghley Trust - Design production and distribution of wellbeing bags for yr 7 pupils at a school in Stamford.

Comic Relief- funds used to support families with face to face counselling.

NHS CCG Winter Face-to-Face- CCG funds used to support the long wait times in statutory services for CYP, specifically for those waiting over 1 year.

Ramsey Neighbourhood Trust- 1:1 Therapy for fenland.

Wisbech Therapy- 1:1 Therapy for Wisbech.

13. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 31 July 2023.

Young People's Counselling Service

Detailed Statement of Financial Activities
for the Year Ended 31 July 2023

	31.7.23 £	31.7.22 £
INCOME AND ENDOWMENTS		
Donations and legacies		
Gifts	(2)	-
Donations	382,355	405,979
	<hr/>	<hr/>
	382,353	405,979
Other trading activities		
Primary trading	17,582	30,849
Investment income		
Rents received	10,385	14,052
	<hr/>	<hr/>
Total incoming resources	410,320	450,880
EXPENDITURE		
Charitable activities		
Wages	223,305	166,655
Social security	15,076	-
Pensions	5,026	-
Rates and water	1,615	440
Insurance	2,000	-
Telephone	1,996	784
Postage and stationery	984	1,023
Advertising	312	1,430
Sundries	3,153	8,092
Counselling fees	145,402	107,432
Cleaning	6,766	7,118
Repairs and renewals	2,786	5,437
Utilities	3,722	2,368
Rent	12,254	6,877
ADC Setup costs	-	37,132
Training costs	755	1,330
Travel costs	1,573	506
Computer and software costs	1,697	769
Depreciation of tangible fixed assets	1,738	1,926
	<hr/>	<hr/>
	430,160	349,319
Support costs		
Finance		
Bank charges	120	170

This page does not form part of the statutory financial statements

Young People's Counselling Service



Detailed Statement of Financial Activities
for the Year Ended 31 July 2023

	31.7.23 £	31.7.22 £
Finance		
Governance costs		
Insurance	-	1,222
Accountancy and legal fees	3,026	1,981
	<u>3,026</u>	<u>3,203</u>
Total resources expended	<u>433,306</u>	<u>352,692</u>
Net (expenditure)/income	<u>(22,986)</u>	<u>98,188</u>

This page does not form part of the statutory financial statements

Signature Certificate

Reference number: 5KGVX-EJXUA-GGCQH-QYTC3

Signer	Timestamp	Signature
Lee Hills Email: lee.hills@hillsaccountants.co.uk Shared via link Sent: 31 May 2024 10:06:56 UTC Viewed: 31 May 2024 10:15:04 UTC Signed: 31 May 2024 10:15:22 UTC		 IP address: 188.66.91.122 Location: Whitstable, United Kingdom
Bruce Bonar Email: bruce.bonar@ypcs.uk Shared via link Sent: 31 May 2024 10:06:56 UTC Viewed: 31 May 2024 10:27:49 UTC Signed: 31 May 2024 10:29:41 UTC		 IP address: 104.28.96.176 Location: Tunis, Tunisia

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YOUNG PEOPLE'S COUNSELLING SERVICE

England & Wales - Charity number 1190555

Accounts

Report of the Trustees and
Unaudited Financial Statements for the Year Ended 31 July 2022
for
Young People's Counselling Service

Hills Accountants Limited
Greenhill House
First Floor East Wing
Thorpe Road
Peterborough
Cambridgeshire
PE3 6RU

Contents of the Financial Statements
for the Year Ended 31 July 2022

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The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 July 2022. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

Throughout the period 30th July 2021 - 31st July 2022, our team have continued to work hard to ensure uninterrupted delivery during Covid and in the aftermath of the most challenging episode in our lifetimes. Our Trustees, Staff, Volunteers, Ambassadors, Patrons and Funders have been generous with their time, expertise, donations and practical help. We have grown beyond recognition of the small charity of only a few years ago and this is reflected in our accounts. We are humbled by their motivation and passion. We are looking forward to celebrating our 30th Anniversary in 2024.

The impact of Covid continues to affect the wellbeing of our children and young people. We have noticed a significant rise in Safeguarding work, up over 100% with an increase not just in numbers but in complexity. An increase in domestic violence has been a notable feature. Another trend is the increase in presentation of CYP with neurodiverse diagnoses (ND) such as Autistic Spectrum or ADHD as a co-morbidity. This is often picked up by our therapists as one of the underlying reasons for their poor mental health and our therapists are all 'Neurodiverse aware' or have had training or lived experience. We are aware that these trends pose significant risks for services that do not have the resources to handle the current workload and we feed back our observations about these trends to those who commission the services.

Once again YPCS stands in a strong financial position this year, as can be seen from the financial statement, however our stability relies on continued successful funding applications and ongoing support from existing funders. We are building our internal structure as funds allow and now have an Operations Director (full-time), two part-time administrators and a Clinical Director (Part-time). We are beginning to once again look towards organizing our traditional community fundraising events to complement our current funding stream activities and these are slowly starting again.

I would like to pay tribute to our team of Therapists; they have excelled in every way. The quality of the work they do is commented on by other agencies, their professionalism is evident in everything they do and their passion for our work is plain to see. I thank them for their trust in us to lead them through Covid and beyond and their loyalty for YPCS is amazing. We have a team of 15 (some employed and some self-employed) Their high-quality service means that not only do we see real impact of the work, but they attract new talent to us as an employer of choice. All this has allowed YPCS to expand and to seek new ways to support the mental health of young people within our community.

OBJECTIVES AND ACTIVITIES

Objectives and aims

The objects of Young People's Counselling Service (YPCS) as stated in our CIO constitution are "To promote, preserve and protect the mental health of the public, in particular but not exclusively of children, young people and their families."

The service we deliver enables local young people to make sense of their thoughts and feelings, in the hope that they can make decisions about what they want to do to bring about change in their lives. It also provides a means of support and a space where they can feel valued and heard. Therapists at YPCS go through a careful selection process, to ensure that they are competent to work with the issues that clients present. All therapists are trained to at least level 5, with the majority being trained to level 6 or 7. Our therapists have a range of specialisms that ensures YPCS is able to provide the right support to young people referred to our service. All staff are required to undertake an enhanced police check, and our safeguarding lead ensures compliance with legislation regarding vetting and barring. They are managed by our 2 therapy coordinators, and we encourage CPD and supervision. We have a sound safeguarding culture and structure thanks to the hard work of our experienced Safeguarding Lead

OBJECTIVES AND ACTIVITIES

Significant activities

Our significant activities for the year can be broadly categorised into the following areas:

- " The delivery of free at point of use counselling to young people
- " Provision of counselling and play therapy in schools
- " Fundraising and bid writing to support the above
- " Expanding our management/admin team
- " Developing, reviewing and improving our policies and procedures
- " Participating in projects and new initiatives within our service delivery area
- " Running and utilising to the maximum, our two Annabelle Davis Centres, the first in Yaxley and the second in Wisbech
- " Responding positively to the increase in demand for our services
- " Beginning to work with the NHS (CCG and CPFT) as they recognise us as a high-quality service provider
- " Beginning to be involved in influencing service re-design.

We have seen a growing demand for YPCS services, so our first priority has been to maintain the quality we were already offering and reducing our waiting list times. In parallel, we have continued to develop new areas of funding for specific projects, ensuring these provide a proportionate contribution towards our operational costs. We have been fortunate to get BBC Children in Need funding 3 times, once specifically for our Covid response.

Before Covid we were maturing our income streams to reduce the reliance on gifts and traditional fundraising as we felt that this was a risk and that as we grew, this was a tough and unpredictable way to raise the sums we required. We were lucky that the reduction in traditional fund raising has been more than replaced by grants. We were also agile in our Covid response and over a weekend, I drew up our Covid Emergency plan and switched to remote consultations. I am grateful for our staff's flexibility to ensure we never stopped providing help throughout the whole pandemic.

We secured significant additional funding from the Children in Need Covid Recovery Fund. This specific funding enabled YPCS to offer support to over 60 extra children and young people. We collaborated in this funding with another local organisation, 20Twenty Productions, to create a programme of arts-based wellbeing support which was delivered remotely to classrooms of selected local schools. One of our Patrons, Actress and Artist Annabelle Davis, directly supported this project with recorded art sessions. The project was called Express Yourself and we were delighted to have supported more local young people as a result of its successful delivery. This rolled over from 2021 into 2022.

We were delighted to receive significant funding from a large local funder, the Evelyn Trust. This fund is worth £120,000 over 2 years and runs from Sept 2021 to Augh 2023. This allowed us to develop our services in Fenland using our Annabelle Davis centre in Wisbech which opened mid-October. The service provision has been slowly increased and as of March 2022 we had given 152 hours of 1:1 counselling and helped 24 young people. It also allowed us to attract other services to rent space and we have an SLA now with Centre 33 a well-established local charity. This has allowed them to offer their drop-in advice service from the centre. In total, leasing space at the centre to Centre 33 and others earns us over £18000/mth.

We continued to offer a service in local schools, paid for by the schools. This presented some challenges as the therapy space in the school was not always ideal and several clients chose to be seen at the Annabelle Davis Centre. Their progress improved noticeably as a direct result of the increased privacy, and the effect of the calm welcoming space we work hard to provide. We aim to expand our offer into more schools.

Our continued blended approach has also led to an improved and more inclusive offer to young people who experience transport barriers. We now operate from Cumbergate, a building in the centre of Peterborough near Queensgate shopping centre. We rent this from Centre 33 another local charity and this has removed the transport and financial barriers that prevent some from accessing our help.

OBJECTIVES AND ACTIVITIES

The impact on young people of Covid-19 and subsequent lockdowns have uncovered many more safeguarding concerns than we had previously seen, as a result, providing support to our staff has been more important than ever. We applied to The Fore and thankfully were successful in securing a year's funding for a high proportion of clinical management time. This fund ran into this year.

Alongside our core work in schools and at our centres we have been involved in delivering a number of projects. We hosted training with esteemed consultant Graham Music, aimed at supporting young people and hard to engage young people post pandemic. We worked on an arts project with local street artist Nath Nice and this took place over the Easter holidays 2022.

Ramsay youth clubs have commissioned us to work alongside their boxing project, this is delivering mindfulness and wellbeing with some 1:1 support. We also continued our work with the Youth Advisory Board (YAB) and delivered the Mental Health Toolkits they helped us to produce, and we have plans for further joint working including a project called Wellbeing Wednesdays.

We have developed good relationships with other providers such as Centre 33 and Ormiston Families. Together we have delivered mental health therapeutic interventions as part of a pilot working with CPFT SPA. This project extension will fund YPCS to support 60 additional young people, providing an estimated 300 hours of therapeutic support.

We are also honored to be working closely with the Wildlife Trust and were a small but powerful part of their successful bid for a multi-million-pound project called Peatland Progress. We have started the planning year with them, and we have been on a day training at their location at Ramsay Heights and provided mental health training to their staff. The aim is to provide mental health and well-being therapy including arts, in a natural space, thus using the environment as part of the therapy.

YPCS continues to grow, and we are pleased to be able to continue to develop our services to meet the needs of young people and their families to support mental health and wellbeing.

Public benefit

The trustees confirm that they have taken account of the Charity Commission Guidance on public benefit in determining the activities of the charity.

Volunteers

Volunteers provide invaluable support to the work of the charity.

ACHIEVEMENT AND PERFORMANCE

We have remained focused on bidding for funds from grant givers and organisations whose aims and objective align with those of YPCS. Funding this year has included grants from BBC Children in Need, Comic Relief, Fullscope, The Strangward Trust, the Burghley Trust and our CCG. Slowly fund raising is beginning again and we have been nominated as 'Charity of the year' by 2 local mayors.

Alongside our continued successful service delivery, we have invested time and resources in improving our online offer, developing our website and increasing our social media presence. Our support staff have implemented new systems that will enable easier reporting in the future and our policies and procedures have been reviewed and improved. We use Charity log as our clinical system but are mindful of alternatives should they prove to be better.

I would like to formally recognise the hard work of our cleaning contractors and volunteers who maintain the gardens at our two centres. They are special places, calm and welcoming where young people and their families can feel safe and understood. We are looking forward to cementing good local community relationships to maximise the use of these facilities, in fact we are honored to have a room at Wisbech named after Lesley Mardle a leading light whose charitable work in many areas benefitted the children of the town.

FINANCIAL REVIEW

We are pleased to present the financial report for 2021/2022. The year has seen YPCS make progress in all areas. Successful grant applications have supported expansion to reach more young people and their families more quickly. The trustees are very aware of the good leadership and management that has led to this state of affairs and want to thank the whole team for their dedicated work.

The statement of financial activities for the year ending 31st July 2022 presents a healthy position for YPCS. Grants have made the greatest positive impact on the income. Our largest area of expenditure is on the salaries of our excellent therapists.

The YPCS reserves policy aims to ensure our work is protected from the risk of disruption at short notice due to lack of funds. Whilst at the same time ensuring we do not retain funds for longer than required.

We continue to be extremely ambitious to work with as many clients as we can. Demand has never been higher and statutory services continue to refer many clients to YPCS. The generosity of our donors, funders, community fundraisers and volunteers allows us to continue the work that we do.

FUTURE PLANS

In the coming year we plan to focus on ensuring the long-term success of YPCS and the sustainability of our aims and objectives. We aim to maintain our high-quality counselling provision by offering a blended service of remote and face-to-face work, while at the same time continuing to develop means of reducing the waiting list.

We opened our second Annabelle Davis Centre in Wisbech in autumn 2021, seeing our service delivery area expand more widely into Fenland, which is an area of significant rural deprivation. We would not have been able to establish these two centres without the support of Persimmon Homes, their large donation to YPCS in our previous reporting year. The further support we have received from local businesses and organisations to refurbish both venues has been overwhelming. Fosters Architects gave their services for free for example. We held an official opening and we have had tremendous support both in donations of money, time and expertise. We are immensely grateful to St Peters Church for leasing the building and are proud that the Wisbech Annabelle Davis Centre was renovated, decorated, altered, fitted out and had the grounds landscaped at very little financial cost to the charity.

We will continue to develop the range of work in schools, including individual counselling, staff training sessions, consultation with young people alongside the mental health toolkit we developed.

We will also continue to develop and define clear and accessible tracking of income and expenditure and data analysis of the measurable impact our service delivery brings.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The charity is controlled by its governing document, a deed of trust, and constitutes a limited company, limited by guarantee, as defined by the Companies Act 2006.

Young People's Counselling Service (YPCS) was originally established in 1994. A new registered Charity was formed with a differing governance structure when YPCS was registered as a CIO on 24th July 2020. Old and new legal entities have operated in tandem to ensure that service delivery remains consistent without causing any disruption to the young people that we serve. We intend for the 'old' charity accounts to be wound up by the end of July 2022.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Company number

CE022643 (England and Wales)

Registered Charity number

1190555

Registered office

School Bungalow
broadway
Yaxley
Peterborough
PE7 3JD

Trustees

Ms A Graham
P Ashworth
Ms N Houghton
Ms J Wilton
D Weir
J Vizzini (appointed 1.11.21)
P Williamson
L Butcher

Company Secretary

Independent Examiner

Hills Accountants Limited
Greenhill House
First Floor East Wing
Thorpe Road
Peterborough
Cambridgeshire
PE3 6RU

IN SUMMARY

I feel it is best to end this report with some quotes from those who have accessed the service, when asked to comment on the therapy they have received. The words of these young people and parents are why we do what we do, and remind us of the positive change YPCS makes to young lives.

"....Never told anyone this...you've changed my life....I am back I school because of your help...."

The client fed back how helpful the service was for them in the sessions. They spoke about some of their trauma and responded "this is the first place where I have not been judged for that or told that I was lying about it" and "this is the first place where I have been believed". In subsequent weeks client fed back "I don't know if you understand how much this place has helped me, some days it was the reason I would get out of bed and start my week."

".....so much has changed now and I really needed this space to learn that I wasn't really failing if I didn't complete a goal, it helped me be nice to myself".

Again, on behalf of the Board of Trustees, thank you to everybody involved with the excellent work of YPCS. We are proud to be part of a team that works so tirelessly to make a difference to the lives of local young people, and will continue to advocate for them to the best of our abilities.

Approved by order of the board of trustees on 31 May 2023 and signed on its behalf by:



D Weir - Trustee

Independent examiner's report to the trustees of Young People's Counselling Service ('the Company')

I report to the charity trustees on my examination of the accounts of the Company for the year ended 31 July 2022.

Responsibilities and basis of report

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under Section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under Section 145(5) (b) of the 2011 Act.

Independent examiner's statement

Since your charity's gross income exceeded £250,000 your examiner must be a member of a listed body. I can confirm that I am qualified to undertake the examination because I am a registered member of ACCA which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by Section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of Section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Lee Hills

Mr Lee James Hills
ACCA
Hills Accountants Limited
Greenhill House
First Floor East Wing
Thorpe Road
Peterborough
Cambridgeshire
PE3 6RU

31 May 2023

Young People's Counselling Service

Statement of Financial Activities
for the Year Ended 31 July 2022

				Year Ended 31.7.22 Total funds £	Period 24.7.20 to 31.7.21 Total funds £
INCOME AND ENDOWMENTS FROM					
Donations and legacies		Unrestricted fund £	Restricted funds £	405,979	41,436
	Notes				
Other trading activities	2	51,399	354,580	30,849	27,484
Investment income	3	30,849	-	14,052	-
Other income		14,052	-	-	175,170
		-	-	-	
Total		<u>96,300</u>	<u>354,580</u>	<u>450,880</u>	<u>244,090</u>
EXPENDITURE ON					
Charitable activities					
Primary trading		4,867	347,825	352,692	96,361
		<u>4,867</u>	<u>347,825</u>	<u>352,692</u>	<u>96,361</u>
NET INCOME		91,433	6,755	98,188	147,729
RECONCILIATION OF FUNDS					
Total funds brought forward		69,071	78,658	147,729	-
		<u>69,071</u>	<u>78,658</u>	<u>147,729</u>	<u>-</u>
TOTAL FUNDS CARRIED FORWARD		<u>160,504</u>	<u>85,413</u>	<u>245,917</u>	<u>147,729</u>

The notes form part of these financial statements

Young People's Counselling Service

Balance Sheet

31 July 2022

	Notes	Unrestricted fund £	Restricted funds £	31.7.22 Total funds £	31.7.21 Total funds £
FIXED ASSETS					
Tangible assets	8	796	4,981	5,777	2,473
CURRENT ASSETS					
Debtors	9	5,473	-	5,473	901
Cash at bank		169,527	290,018	459,545	145,206
		<u>175,000</u>	<u>290,018</u>	<u>465,018</u>	<u>146,107</u>
CREDITORS					
Amounts falling due within one year	10	(15,291)	(209,587)	(224,878)	(851)
NET CURRENT ASSETS		<u>159,709</u>	<u>80,431</u>	<u>240,140</u>	<u>145,256</u>
TOTAL ASSETS LESS CURRENT LIABILITIES		<u>160,505</u>	<u>85,412</u>	<u>245,917</u>	<u>147,729</u>
NET ASSETS		<u>160,505</u>	<u>85,412</u>	<u>245,917</u>	<u>147,729</u>
FUNDS	12				
Unrestricted funds				160,505	69,071
Restricted funds				85,412	78,658
TOTAL FUNDS				<u>245,917</u>	<u>147,729</u>

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 July 2022.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 July 2022 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- (a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on 31 May 2023 and were signed on its behalf by:

David Weir

D Weir - Trustee

The notes form part of these financial statements

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

Financial reporting standard 102 - reduced disclosure exemptions

The charitable company has taken advantage of the following disclosure exemptions in preparing these financial statements, as permitted by FRS 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland':

- the requirements of Section 7 Statement of Cash Flows.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Taxation

The charity is exempt from corporation tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

Going concern

The trustees consider that there are no material uncertainties about the Charities ability to continue as a going concern nor any significant areas of uncertainty that affect the carrying value of assets held by the charity.

2. OTHER TRADING ACTIVITIES

	Year Ended 31.7.22 £	Period 24.7.20 to 31.7.21 £
Primary trading	30,849	27,484

3. INVESTMENT INCOME

	Year Ended 31.7.22 £	Period 24.7.20 to 31.7.21 £
Rents received	14,052	-

4. NET INCOME/(EXPENDITURE)

Net income/(expenditure) is stated after charging/(crediting):

	Year Ended 31.7.22 £	Period 24.7.20 to 31.7.21 £
Depreciation - owned assets	1,925	964

5. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 July 2022 nor for the period ended 31 July 2021.

Trustees' expenses

There were no trustees' expenses paid for the year ended 31 July 2022 nor for the period ended 31 July 2021.

6. STAFF COSTS

The average monthly number of employees during the year was as follows:

	Year Ended 31.7.22	Period 24.7.20 to 31.7.21
Manager	1	1
Admin	2	2
Therapist	5	1
	8	4

No employees received emoluments in excess of £60,000.

7. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted fund £	Restricted funds £	Total funds £
INCOME AND ENDOWMENTS FROM			
Donations and legacies	9,630	31,806	41,436
Other trading activities	27,484	-	27,484
Other income	60,427	114,743	175,170
Total	<u>97,541</u>	<u>146,549</u>	<u>244,090</u>
EXPENDITURE ON			
Charitable activities			
Primary trading	<u>28,470</u>	<u>67,891</u>	<u>96,361</u>
NET INCOME	<u>69,071</u>	<u>78,658</u>	<u>147,729</u>
TOTAL FUNDS CARRIED FORWARD	<u><u>69,071</u></u>	<u><u>78,658</u></u>	<u><u>147,729</u></u>

8. TANGIBLE FIXED ASSETS

	Plant and machinery £
COST	
At 1 August 2021	3,437
Additions	5,229
At 31 July 2022	<u>8,666</u>
DEPRECIATION	
At 1 August 2021	964
Charge for year	1,925
At 31 July 2022	<u>2,889</u>
NET BOOK VALUE	
At 31 July 2022	<u><u>5,777</u></u>
At 31 July 2021	<u><u>2,473</u></u>

9. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	31.7.22	31.7.21
	£	£
Trade debtors	2,403	-
VAT	3,070	901
	<u>5,473</u>	<u>901</u>

10. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	31.7.22	31.7.21
	£	£
Bank loans and overdrafts (see note 11)	9,589	-
Trade creditors	11,429	-
Social security and other taxes	3,309	-
Accruals and deferred income	200,551	851
	<u>224,878</u>	<u>851</u>

11. LOANS

An analysis of the maturity of loans is given below:

	31.7.22	31.7.21
	£	£
Amounts falling due within one year on demand:		
Bank overdrafts	<u>9,589</u>	<u>-</u>

12. MOVEMENT IN FUNDS

	At 1.8.21 £	Net movement in funds £	At 31.7.22 £
Unrestricted funds			
General fund	69,071	91,434	160,505
Restricted funds			
Persimmon	40,304	(40,304)	-
BBC Children in Need	3,090	(2,994)	96
BBC Children in Need Covid Response	6,277	13,011	19,288
20Twenty Mental Health Toolkit	2,355	(2,355)	-
CCF Covid Relief	6,660	-	6,660
The Fore	3,750	(3,750)	-
Fullscope	4,000	-	4,000
PCVS	9,510	-	9,510
Strangward Trust	2,000	-	2,000
Burghley Trust	600	(600)	-
NHS CCG Winter Face-to-Face	112	284	396
The Hudson Foundation	-	5,632	5,632
The Evelyn Trust	-	(9,589)	(9,589)
CCG Cultivate	-	4,563	4,563
The Hutchinson Chairtable Trust	-	218	218
YOUnited Backlog	-	42,638	42,638
	<u>78,658</u>	<u>6,754</u>	<u>85,412</u>
TOTAL FUNDS	<u><u>147,729</u></u>	<u><u>98,188</u></u>	<u><u>245,917</u></u>

12. MOVEMENT IN FUNDS - continued

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	96,300	(4,866)	91,434
Restricted funds			
Persimmon	-	(40,304)	(40,304)
BBC Children in Need	9,630	(12,624)	(2,994)
BBC Children in Need Covid Response	65,030	(52,019)	13,011
20Twenty Mental Health Toolkit	(1)	(2,354)	(2,355)
The Fore	-	(3,750)	(3,750)
Burghley Trust	-	(600)	(600)
NHS CCG Winter Face-to-Face	72,400	(72,116)	284
The Hudson Foundation	14,168	(8,536)	5,632
Comic Relief	1,552	(1,552)	-
Centre 33	16,500	(16,500)	-
St James Place Partnership	2,200	(2,200)	-
The Evelyn Trust	45,379	(54,968)	(9,589)
CCG Cultivate	15,001	(10,438)	4,563
NHS CCG YOUNited	34,000	(34,000)	-
The Hutchinson Chairtable Trust	23,720	(23,502)	218
Screwfix	5,000	(5,000)	-
YOUNited Backlog	50,001	(7,363)	42,638
	<u>354,580</u>	<u>(347,826)</u>	<u>6,754</u>
TOTAL FUNDS	<u><u>450,880</u></u>	<u><u>(352,692)</u></u>	<u><u>98,188</u></u>

12. MOVEMENT IN FUNDS - continued

Comparatives for movement in funds

	Net movement in funds £	At 31.7.21 £
Unrestricted funds		
General fund	69,071	69,071
Restricted funds		
Persimmon	40,304	40,304
BBC Children in Need	3,090	3,090
BBC Children in Need Covid Response	6,277	6,277
20Twenty Mental Health Toolkit	2,355	2,355
CCF Covid Relief	6,660	6,660
The Fore	3,750	3,750
Fullscope	4,000	4,000
PCVS	9,510	9,510
Strangward Trust	2,000	2,000
Burghley Trust	600	600
NHS CCG Winter Face-to-Face	112	112
	<hr/>	<hr/>
	78,658	78,658
	<hr/>	<hr/>
TOTAL FUNDS	147,729	147,729

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	97,541	(28,470)	69,071
Restricted funds			
Persimmon	57,490	(17,186)	40,304
BBC Children in Need	4,394	(1,304)	3,090
BBC Children in Need Covid Response	18,420	(12,143)	6,277
20Twenty Mental Health Toolkit	2,955	(600)	2,355
CCF Covid Relief	6,975	(315)	6,660
The Fore	15,000	(11,250)	3,750
Fullscope	4,000	-	4,000
PCVS	9,510	-	9,510
Strangward Trust	2,000	-	2,000
Burghley Trust	600	-	600
Comic Relief	1,940	(1,940)	-
NHS CCG Winter Face-to-Face	23,265	(23,153)	112
	<hr/>	<hr/>	<hr/>
	146,549	(67,891)	78,658
	<hr/>	<hr/>	<hr/>
TOTAL FUNDS	244,090	(96,361)	147,729

Persimmon - for the further development of the Young Peoples Counselling Service and the clinical centres Annabelle Davis Centre.

12. MOVEMENT IN FUNDS - continued

BBC Children in Need - To increase our age range for clinical services for 16 to 18 - YPCS is able to now support young people up to the age of 18yrs with 1:1 counselling.

BBC Children in Need COVID - To respond to the demand for service needs to support children's mental health, to provide individual equipment for each child in guidance with COVID restrictions - to support all management and administration costs - this fund provided 1:1 support for 60 CYP - group work, zoom licences, materials and all full cost recovery.

20Twenty Mental Health Toolkit - Commissioned to co-produce a mental health resource for schools in Fenland with the Fenland youth advisory board and 20twenty productions.

CCF Covid Relief - To delivery wellbeing support groups on a 4 week programme to young people with emerging mental health. To also provide 1:1 counselling to 11-18yrs.

The Fore - This grant was for management costs - core funding for a clinical manager/lead

Fullscope - COVID response fund to provide calls to families, this fund was held and will be used for 1:1.

SUPPORT across Peterborough alongside other organisations we partner with.

PCVS - Arts based project working in consultation with schools on a piece of street art, this was delayed due to COVID and artist backlog - we also were commissioned to offer 1:1 support for young people in Peterborough.

Strangward Trust - 1:1 counselling for Wisbech.

Burghley Trust - Design production and distribution of wellbeing bags for yr 7 pupils at a school in Stamford.

Comic Relief- funds used to support families with face to face counselling.

NHS CCG Winter Face-to-Face- CCG funds used to support the long wait times in statutory services for CYP, specifically for those waiting over 1 year.

13. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 31 July 2022.

Young People's Counselling Service

Detailed Statement of Financial Activities
for the Year Ended 31 July 2022

	Year Ended 31.7.22 £	Period 24.7.20 to 31.7.21 £
INCOME AND ENDOWMENTS		
Donations and legacies		
Donations	405,979	32,805
Legacies	-	8,631
	<hr/>	<hr/>
	405,979	41,436
Other trading activities		
Primary trading	30,849	27,484
Investment income		
Rents received	14,052	-
Other income		
Transfer from unincorporated charity	-	175,170
	<hr/>	<hr/>
Total incoming resources	450,880	244,090
EXPENDITURE		
Charitable activities		
Wages	166,655	37,227
Rates and water	440	887
Telephone	784	761
Postage and stationery	1,023	30
Advertising	1,430	-
Sundries	8,092	304
Counselling fees	107,432	41,702
Cleaning	7,118	1,397
Repairs and renewals	5,437	560
Utilities	2,368	2,048
Rent	6,877	3,063
ADC Setup costs	37,132	-
Training costs	1,330	6,463
Travel costs	506	-
Computer and software costs	769	-
Depreciation of tangible fixed assets	1,926	964
	<hr/>	<hr/>
	349,319	95,406
Support costs		
Finance		
Bank charges	170	105
Governance costs		
Insurance	1,222	-
Carried forward	1,222	-

This page does not form part of the statutory financial statements

Young People's Counselling Service

Detailed Statement of Financial Activities
for the Year Ended 31 July 2022

	Year Ended 31.7.22 £	Period 24.7.20 to 31.7.21 £
Governance costs		
Brought forward	1,222	-
Accountancy and legal fees	1,981	850
	<hr/>	<hr/>
	3,203	850
	<hr/>	<hr/>
Total resources expended	352,692	96,361
	<hr/>	<hr/>
Net income	98,188	147,729
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This page does not form part of the statutory financial statements

Signature Certificate

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Signer

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Lee Hills

Email: info@hillsaccountants.co.uk

Sent: 31 May 2023 14:19:37 UTC
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Signed: 31 May 2023 14:21:34 UTC



IP address: 94.13.215.228
Location: Halesworth, United Kingdom

David Weir

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Shared via link

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YOUNG PEOPLE'S COUNSELLING SERVICE

England & Wales - Charity number 1190555

Accounts



Chair's Report
Young People's Counselling Service
Charity number 1190555 (CIO)
Associated Charity number 1034587
Reporting Period 24th July 2020 – 31st July 2021

Overview

Throughout the entirety of the period 24th July 2020 – 31st July 2021, our team have continued to ensure seamless delivery and blended ways of working during extremely challenging times. Our Trustees, Staff, Volunteers, Ambassadors, Patrons and Funders have been generous and have provided the finances, time, expertise and practical support needed to meet the demand for our services. We are extremely grateful for everybody's input.

It is no surprise to any of us to hear that the mental and emotional health of young people is in crisis, with the impact of the last year not truly known as of yet. Childline have seen an increase of 46% in calls to their services and a recent Study (The Oxwell School Survey 2020) indicates that young people have been significantly impacted by the pandemic.

YPCS stands in a strong financial position this year, as can be seen from the financial statement, however our stability relies on continued successful funding applications and ongoing support from existing funders. The Trustees have recently appointed a new Operations Director to work alongside our Clinical Director, to ensure the long-term success of YPCS. We are beginning to once again look towards organising our traditional community fundraising events to complement our current funding stream activities, providing restrictions are lifted and these events are safe to hold.

At this point I must pay particular tribute to our team of Therapists; they have excelled in the levels of therapeutic support they have given to young people accessing our services, and have seen an increase in clients who are presenting more complex needs. As Acting Chair of the Trustees, I can only admire the passion and dedication that people bring to their work and I thank them for their steady commitment which is driving YPCS to expand and to seek new ways to support the mental health of young people within our community.

Objectives and Aims

The objects of Young People's Counselling Service (YPCS) as stated in our CIO constitution are "To promote, preserve and protect the mental health of the public, in particular but not exclusively of children, young people and their families."

The service we deliver enables local young people to make sense of their thoughts and feelings, in the hope that they can make decisions about what they want to do to bring about change in their lives. It

also provides a means of support and a space where they can feel valued and heard. Therapists at YPCS go through a careful selection process, to ensure that they are competent to work with the issues that clients present. All therapists are trained to at least level 5, with the majority being trained to level 6 or 7. Our therapists have a range of specialisms that ensures YPCS is able to provide the right support to young people referred to our service. All staff are required to undertake an enhanced police check, and our safeguarding lead ensures compliance with legislation regarding vetting and barring.

Significant Activities

Our significant activities for the year can be broadly categorised into the following areas:

- The delivery of free at point of use counselling to young people
- Provision of counselling and play therapy in schools
- Fundraising and bid writing to support the above
- Developing, reviewing and improving our policies and procedures
- Participating in projects and new initiatives within our service delivery area
- Establishing two Annabelle Davis Centres, the first in Yaxley and the second in Wisbech
- Continuing agile ways of working in response to Covid-19
- Responding positively to the increase in demand for our services

YPCS has continued to provide the vital resource of free support to young people, their families and carers. For many reasons, we have seen stark reminders that mental health is something that we need to proactively safeguard. As a local charity, now more than ever it is important that our community can easily access the support they need in these challenging times and reduce the burden on statutory services.

We have seen a growing demand for YPCS services, so our first priority has been to maintain the quality we were already offering and reducing our waiting list times. In parallel, we have continued to develop new areas of funding for specific projects, ensuring these provide a proportionate contribution towards our operational costs.

YPCS clinical support was under a high demand due to the ongoing Covid-19 pandemic, with drastically reduced opportunities to hold fundraising events, we were fortunate to be able to apply for Covid-19 related funding to increase the delivery of our services. This enabled us to employ more staff and in more therapeutic services.

We secured significant additional funding from the Children in Need Covid Recovery Fund. This specific funding enabled YPCS to offer support to over 60 extra children and young people. We collaborated in this funding with another local organisation, 20Twenty Productions, to create a programme of arts-based wellbeing support which was delivered remotely to classrooms of selected local schools. One of our Patrons, Actress and Artist Annabelle Davis, directly supported this project with recorded art sessions. The project was called Express Yourself and we were delighted to have supported more local young people as a result of its successful delivery.

As the YPCS staffing team increased, so too did the recognition of our skills and specialisms by statutory services. This led to us feeling in a strong position to apply to statutory funders. Our subsequent success in being awarded funding via our CCG enabled YPCS to set up our centres with adequate Covid-19 precautions and risk management, enabling us to resume face-to-face support, as well as the remote

service we had adapted to deliver during the first lockdown. This blended approach meant that we could see all of the young people referred or self-referred, as understandably, not all young people wanted remote support or had a private and confidential space to access it. Our continued blended approach has also led to an improved and more inclusive offer to young people who experience transport barriers.

The impact on young people of Covid-19 and subsequent lockdowns have uncovered many more safeguarding concerns than we had previously seen, as a result, providing support to our staff has been more important than ever. We applied to The Fore and thankfully were successful in securing a year's funding for a high proportion of clinical management time.

YPCS has been able to work across more schools and our project work has developed through specific funding from Peterborough Council for Voluntary Services (PCVS), we were able to design a project to work with a street artist to help young people express what Covid-19 has meant for them. This is a unique school-based project covering 9 schools in Peterborough. Another wonderful project is the 20Twenty Mental Health Toolkit, where we were commissioned by young people through the Fenland Youth Advisory Board, who wanted resources designed that they could relate to and engage with. This enabled YPCS to produce a toolkit that was user led and will be launched in schools across Fenland in the coming Autumn 2021 school term. We have designed a range of wellbeing resources since the start of the pandemic and have been able to share these in many forms across schools in Cambridgeshire. We put together wellbeing bags for over 800 year 7 pupils across Peterborough and 300 in Stamford, the feedback from these has been extremely positive.

YPCS continues to grow and we are pleased to be able to continue to develop our services to meet the needs of young people and their families to support mental health and wellbeing.

Achievement and Performance

The Covid-19 pandemic continued to have a significant impact on our charity. Our fundraising efforts have adapted, and we have focused on bidding for funds from grant givers and organisations whose aims and objective align with those of YPCS. Funding this year has included grants from BBC Children in Need, Comic Relief and our CCG.

Despite the enforced pause in organising our traditional community fundraising events due to restrictions on large gatherings, 2020-2021 saw a successful year in terms of our service delivery and continued growth. Alongside our successful service delivery, we have invested time and resources in improving our online offer, developing our website and increasing our social media presence. Our support staff have implemented new systems that will enable easier reporting in the future and our policies and procedures have been reviewed and improved.

I would like to formally recognise the hard work of our cleaning contractors, and the efforts of all staff and volunteers in maintaining a safe environment during the challenging times of the pandemic. It has been important to us to resume face-to-face counselling where possible, but this has only been achievable due to the rigorous cleaning and careful scheduling of activities taking place. Maintaining the safety and health of all service users and those involved in service delivery continues to be high on our list of priorities.

Financial Review

We are pleased to present the financial report for 2020/2021. The year has seen YPCS make progress in all areas. Successful grant applications have supported expansion to reach more young people and their families more quickly. The trustees are very aware of the good leadership and management that has led to this state of affairs and want to thank the whole team for their dedicated work. In particular we wish to acknowledge the swift and effective responses to the challenges that were presented by the Covid-19 lockdowns and subsequent restrictions, ensuring clients were not left unsupported.

The statement of financial activities for the year ending 31st July 2021 presents a healthy position for YPCS. Grants have made the greatest positive impact on the income. Our largest area of expenditure is on the salaries of our excellent therapists.

The YPCS reserves policy aims to ensure our work is protected from the risk of disruption at short notice due to lack of funds. Whilst at the same time ensuring we do not retain funds for longer than required.

We continue to be extremely ambitious to work with as many clients as we can. Demand has never been higher and statutory services continue to refer many clients to YPCS. The generosity of our donors, funders, community fundraisers and volunteers allows us to continue the work that we do.

Future Plans

In the coming year we plan to focus on ensuring the long-term success of YPCS and the sustainability of our aims and objectives. We aim to maintain our high-quality counselling provision by offering a blended service of remote and face-to-face work, while at the same time continuing to develop means of reducing the waiting list.

We will open our second Annabelle Davis Centre in Wisbech in autumn 2021, seeing our service delivery area expand more widely into Fenland. We would not have been able to establish these two centres without the support of Persimmon Homes and their large donation to YPCS in our previous reporting year. The further support we have received from local businesses and organisations to refurbish both venues has been overwhelming, and we are looking forward to inviting everybody involved to launch events for both centres in 2022, in the hope that post pandemic restrictions allow for large gatherings.

We will continue to develop the range of work in schools, including individual counselling, staff training sessions, consultation with young people in schools alongside the mental health toolkit currently under development

We will continue to seek new areas of funding for specific projects and ensure these contribute towards operational costs.

We will also continue to develop and define clear and accessible tracking of income and expenditure and data analysis of the measurable impact our service delivery brings. .

Structure, Governance and Management

Young People's Counselling Service (YPCS) was originally established in 1994. A new registered Charity was formed with a differing governance structure when YPCS was registered as a CIO on 24th July 2020.

Old and new legal entities have operated in tandem to ensure that service delivery remains consistent without causing any disruption to the young people that we serve. We intend for the 'old' charity accounts to be wound up by the end of July 2022.

In Summary

I feel it is best to end this report with some quotes from those who have accessed the service, when asked to comment on the therapy they have received. The words of these young people and parents are why we do what we do, and remind us of the positive change YPCS makes to young lives.

"(the therapist) helped my son more than anyone else has done throughout his childhood. I cannot thank her enough."

"Thank you for all the support and guidance you gave to my daughter through a difficult time. It's fantastic to see her just being herself again and feeling much more positive."

"She (the therapist) has helped me through the course of the last few months in helping find ways to deal with my anxiety and allowed me to talk through my issues. My outlook and approach to life has changed, and whilst I accept that there is still a way to go to leave the anxiety behind for good, she has guided me to the right path and enabled me to find the right tools to deal with the future. I cannot thank her enough for this."

Again, on behalf of the Board of Trustees, thank you to everybody involved with the excellent work of YPCS. We are proud to be part of a team that works so tirelessly to make a difference to the lives of local young people, and will continue to advocate for them to the best of our abilities.

Nicola Houghton
Vice Chair of Trustees (Acting Chair)

REGISTERED COMPANY NUMBER: CE022643 (England and Wales)
REGISTERED CHARITY NUMBER: 1190555

Report of the Trustees and
Unaudited Financial Statements for the Period 24 July 2020 to 31 July 2021
for
Young People's Counselling Service

Hills Accountants Limited
Greenhill House
First Floor East Wing
Thorpe Road
Peterborough
Cambridgeshire
PE3 6RU

Contents of the Financial Statements
for the Period 24 July 2020 to 31 July 2021

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Young People's Counselling Service

Report of the Trustees for the Period 24 July 2020 to 31 July 2021

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the period 24 July 2020 to 31 July 2021. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

Throughout the entirety of the period 24th July 2020 - 31st July 2021, our team have continued to ensure seamless delivery and blended ways of working during extremely challenging times. Our Trustees, Staff, Volunteers, Ambassadors, Patrons and Funders have been generous and have provided the finances, time, expertise and practical support needed to meet the demand for our services. We are extremely grateful for everybody's input.

It is no surprise to any of us to hear that the mental and emotional health of young people is in crisis, with the impact of the last year not truly known as of yet. Childline have seen an increase of 46% in calls to their services and a recent Study (The Oxxwell School Survey 2020) indicates that young people have been significantly impacted by the pandemic.

YPCS stands in a strong financial position this year, as can be seen from the financial statement, however our stability relies on continued successful funding applications and ongoing support from existing funders. The Trustees have recently appointed a new Operations Director to work alongside our Clinical Director, to ensure the long-term success of YPCS. We are beginning to once again look towards organising our traditional community fundraising events to complement our current funding stream activities, providing restrictions are lifted and these events are safe to hold.

At this point I must pay particular tribute to our team of Therapists; they have excelled in the levels of therapeutic support they have given to young people accessing our services, and have seen an increase in clients who are presenting more complex needs. As Acting Chair of the Trustees, I can only admire the passion and dedication that people bring to their work and I thank them for their steady commitment which is driving YPCS to expand and to seek new ways to support the mental health of young people within our community.

INCORPORATION

The charitable company was incorporated on 24 July 2020.

OBJECTIVES AND ACTIVITIES

Objectives and aims

The objects of Young People's Counselling Service (YPCS) as stated in our CIO constitution are "To promote, preserve and protect the mental health of the public, in particular but not exclusively of children, young people and their families."

The service we deliver enables local young people to make sense of their thoughts and feelings, in the hope that they can make decisions about what they want to do to bring about change in their lives. It also provides a means of support and a space where they can feel valued and heard. Therapists at YPCS go through a careful selection process, to ensure that they are competent to work with the issues that clients present. All therapists are trained to at least level 5, with the majority being trained to level 6 or 7. Our therapists have a range of specialisms that ensures YPCS is able to provide the right support to young people referred to our service. All staff are required to undertake an enhanced police check, and our safeguarding lead ensures compliance with legislation regarding vetting and barring.

OBJECTIVES AND ACTIVITIES

Significant activities

Our significant activities for the year can be broadly categorised into the following areas:

- " The delivery of free at point of use counselling to young people
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- " Responding positively to the increase in demand for our services

YPCS has continued to provide the vital resource of free support to young people, their families and carers. For many reasons, we have seen stark reminders that mental health is something that we need to proactively safeguard. As a local charity, now more than ever it is important that our community can easily access the support they need in these challenging times and reduce the burden on statutory services.

We have seen a growing demand for YPCS services, so our first priority has been to maintain the quality we were already offering and reducing our waiting list times. In parallel, we have continued to develop new areas of funding for specific projects, ensuring these provide a proportionate contribution towards our operational costs.

YPCS clinical support was under a high demand due to the ongoing Covid-19 pandemic, with drastically reduced opportunities to hold fundraising events, we were fortunate to be able to apply for Covid-19 related funding to increase the delivery of our services. This enabled us to employ more staff and in more therapeutic services.

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As the YPCS staffing team increased, so too did the recognition of our skills and specialisms by statutory services. This led to us feeling in a strong position to apply to statutory funders. Our subsequent success in being awarded funding via our CCG enabled YPCS to set up our centres with adequate Covid-19 precautions and risk management, enabling us to resume face-to-face support, as well as the remote service we had adapted to deliver during the first lockdown. This blended approach meant that we could see all of the young people referred or self-referred, as understandably, not all young people wanted remote support or had a private and confidential space to access it. Our continued blended approach has also led to an improved and more inclusive offer to young people who experience transport barriers.

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OBJECTIVES AND ACTIVITIES

YPCS has been able to work across more schools and our project work has developed through specific funding from Peterborough Council for Voluntary Services (PCVS), we were able to design a project to work with a street artist to help young people express what Covid-19 has meant for them. This is a unique school-based project covering 9 schools in Peterborough. Another wonderful project is the 20Twenty Mental Health Toolkit, where we were commissioned by young people through the Fenland Youth Advisory Board, who wanted resources designed that they could relate to and engage with. This enabled YPCS to produce a toolkit that was user led and will be launched in schools across Fenland in the coming Autumn 2021 school term. We have designed a range of wellbeing resources since the start of the pandemic and have been able to share these in many forms across schools in Cambridgeshire. We put together wellbeing bags for over 800 year 7 pupils across Peterborough and 300 in Stamford, the feedback from these has been extremely positive.

YPCS continues to grow and we are pleased to be able to continue to develop our services to meet the needs of young people and their families to support mental health and wellbeing.

Public benefit

The trustees confirm that they have taken account of the Charity Commission Guidance on public benefit in determining the activities of the charity.

Volunteers

Volunteers provide invaluable support to the work of the charity.

ACHIEVEMENT AND PERFORMANCE

The Covid-19 pandemic continued to have a significant impact on our charity. Our fundraising efforts have adapted, and we have focused on bidding for funds from grant givers and organisations whose aims and objective align with those of YPCS. Funding this year has included grants from BBC Children in Need, Comic Relief and our CCG.

Despite the enforced pause in organising our traditional community fundraising events due to restrictions on large gatherings, 2020-2021 saw a successful year in terms of our service delivery and continued growth. Alongside our successful service delivery, we have invested time and resources in improving our online offer, developing our website and increasing our social media presence. Our support staff have implemented new systems that will enable easier reporting in the future and our policies and procedures have been reviewed and improved.

I would like to formally recognise the hard work of our cleaning contractors, and the efforts of all staff and volunteers in maintaining a safe environment during the challenging times of the pandemic. It has been important to us to resume face-to-face counselling where possible, but this has only been achievable due to the rigorous cleaning and careful scheduling of activities taking place. Maintaining the safety and health of all service users and those involved in service delivery continues to be high on our list of priorities.

FINANCIAL REVIEW

We are pleased to present the financial report for 2020/2021. The year has seen YPCS make progress in all areas. Successful grant applications have supported expansion to reach more young people and their families more quickly. The trustees are very aware of the good leadership and management that has led to this state of affairs and want to thank the whole team for their dedicated work. In particular we wish to acknowledge the swift and effective responses to the challenges that were presented by the Covid-19 lockdowns and subsequent restrictions, ensuring clients were not left unsupported.

The statement of financial activities for the year ending 31st July 2021 presents a healthy position for YPCS. Grants have made the greatest positive impact on the income. Our largest area of expenditure is on the salaries of our excellent therapists.

The YPCS reserves policy aims to ensure our work is protected from the risk of disruption at short notice due to lack of funds. Whilst at the same time ensuring we do not retain funds for longer than required.

We continue to be extremely ambitious to work with as many clients as we can. Demand has never been higher and statutory services continue to refer many clients to YPCS. The generosity of our donors, funders, community fundraisers and volunteers allows us to continue the work that we do.

FUTURE PLANS

In the coming year we plan to focus on ensuring the long-term success of YPCS and the sustainability of our aims and objectives. We aim to maintain our high-quality counselling provision by offering a blended service of remote and face-to-face work, while at the same time continuing to develop means of reducing the waiting list.

We will open our second Annabelle Davis Centre in Wisbech in autumn 2021, seeing our service delivery area expand more widely into Fenland. We would not have been able to establish these two centres without the support of Persimmon Homes and their large donation to YPCS in our previous reporting year. The further support we have received from local businesses and organisations to refurbish both venues has been overwhelming, and we are looking forward to inviting everybody involved to launch events for both centres in 2022, in the hope that post pandemic restrictions allow for large gatherings.

We will continue to develop the range of work in schools, including individual counselling, staff training sessions, consultation with young people in schools alongside the mental health toolkit currently under development.

We will continue to seek new areas of funding for specific projects and ensure these contribute towards operational costs.

We will also continue to develop and define clear and accessible tracking of income and expenditure and data analysis of the measurable impact our service delivery brings.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The charity is controlled by its governing document, a deed of trust, and constitutes a limited company, limited by guarantee, as defined by the Companies Act 2006.

Young People's Counselling Service (YPCS) was originally established in 1994. A new registered Charity was formed with a differing governance structure when YPCS was registered as a CIO on 24th July 2020. Old and new legal entities have operated in tandem to ensure that service delivery remains consistent without causing any disruption to the young people that we serve. We intend for the 'old' charity accounts to be wound up by the end of July 2022.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Company number

CE022643 (England and Wales)

Registered Charity number

1190555

Young People's Counselling Service

Report of the Trustees
for the Period 24 July 2020 to 31 July 2021

Registered office

School Bungalow
broadway
Yaxley
Peterborough
PE7 3JD

Trustees

Ms A Graham (appointed 24.7.20)
P Ashworth (appointed 24.7.20)
Ms N Houghton (appointed 24.7.20)
Ms J Wilton (appointed 24.7.20)
D Weir (appointed 24.7.20)
J Vizzini (appointed 1.11.21)
P Williamson (appointed 19.5.21)
L Butcher (appointed 19.5.21)

Company Secretary

Independent Examiner

Hills Accountants Limited
Greenhill House
First Floor East Wing
Thorpe Road
Peterborough
Cambridgeshire
PE3 6RU

IN SUMMARY

I feel it is best to end this report with some quotes from those who have accessed the service, when asked to comment on the therapy they have received. The words of these young people and parents are why we do what we do, and remind us of the positive change YPCS makes to young lives.

"(the therapist) helped my son more than anyone else has done throughout his childhood. I cannot thank her enough."

"Thank you for all the support and guidance you gave to my daughter through a difficult time. It's fantastic to see her just being herself again and feeling much more positive."


"She (the therapist) has helped me through the course of the last few months in helping find ways to deal with my anxiety and allowed me to talk through my issues. My outlook and approach to life has changed, and whilst I accept that there is still a way to go to leave the anxiety behind for good, she has guided me to the right path and enabled me to find the right tools to deal with the future. I cannot thank her enough for this."

Again, on behalf of the Board of Trustees, thank you to everybody involved with the excellent work of YPCS. We are proud to be part of a team that works so tirelessly to make a difference to the lives of local young people, and will continue to advocate for them to the best of our abilities.

Approved by order of the board of trustees on 30 May 2022 and signed on its behalf by:

Young People's Counselling Service

Report of the Trustees
for the Period 24 July 2020 to 31 July 2021



.....
D Weir - Trustee

Independent Examiner's Report to the Trustees of
Young People's Counselling Service

Independent examiner's report to the trustees of Young People's Counselling Service ('the Company')

I report to the charity trustees on my examination of the accounts of the Company for the period 24 July 2020 to 31 July 2021.

Responsibilities and basis of report

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5) (b) of the 2011 Act.

Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Hills Accountants

Hills Accountants Limited
Greenhill House
First Floor East Wing
Thorpe Road
Peterborough
Cambridgeshire
PE3 6RU

Date: 30 May 2022

Young People's Counselling Service

Statement of Financial Activities
for the Period 24 July 2020 to 31 July 2021

	Notes	Unrestricted fund £	Restricted funds £	Total funds £
INCOME AND ENDOWMENTS FROM				
Donations and legacies		9,630	31,806	41,436
Other trading activities	2	27,484	-	27,484
Other income		60,427	114,743	175,170
Total		97,541	146,549	244,090
EXPENDITURE ON				
Charitable activities				
Primary trading		28,470	67,891	96,361
NET INCOME		69,071	78,658	147,729
TOTAL FUNDS CARRIED FORWARD		69,071	78,658	147,729

The notes form part of these financial statements

Young People's Counselling Service

Balance Sheet

31 July 2021

	Notes	Unrestricted fund £	Restricted funds £	Total funds £
FIXED ASSETS				
Tangible assets	6	2,473	-	2,473
CURRENT ASSETS				
Debtors	7	901	-	901
Cash at bank		66,548	78,658	145,206
		<u>67,449</u>	<u>78,658</u>	<u>146,107</u>
CREDITORS				
Amounts falling due within one year	8	(851)	-	(851)
		<u>66,598</u>	<u>78,658</u>	<u>145,256</u>
NET CURRENT ASSETS				
		<u>66,598</u>	<u>78,658</u>	<u>145,256</u>
TOTAL ASSETS LESS CURRENT LIABILITIES		<u>69,071</u>	<u>78,658</u>	<u>147,729</u>
NET ASSETS		<u>69,071</u>	<u>78,658</u>	<u>147,729</u>
FUNDS	9			
Unrestricted funds				69,071
Restricted funds				<u>78,658</u>
TOTAL FUNDS				<u>147,729</u>

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the period ended 31 July 2021.

The members have not required the company to obtain an audit of its financial statements for the period ended 31 July 2021 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- (a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

The notes form part of these financial statements

Young People's Counselling Service

Balance Sheet - continued

31 July 2021

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on 30 May 2022 and were signed on its behalf by:



.....
D Weir - Trustee

The notes form part of these financial statements

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

Financial reporting standard 102 - reduced disclosure exemptions

The charitable company has taken advantage of the following disclosure exemptions in preparing these financial statements, as permitted by FRS 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland':

- the requirements of Section 7 Statement of Cash Flows.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Taxation

The charity is exempt from corporation tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

Going concern

The trustees consider that there are no material uncertainties about the Charities ability to continue as a going concern nor any significant areas of uncertainty that affect the carrying value of assets held by the charity.

Notes to the Financial Statements - continued
for the Period 24 July 2020 to 31 July 2021

2. OTHER TRADING ACTIVITIES

Primary trading

£
27,484

3. NET INCOME/(EXPENDITURE)

Net income/(expenditure) is stated after charging/(crediting):

Depreciation - owned assets

£
964

4. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the period ended 31 July 2021.

Trustees' expenses

There were no trustees' expenses paid for the period ended 31 July 2021.

5. STAFF COSTS

The average monthly number of employees during the period was as follows:

Manager
Admin
Therapist

1
2
1

4

No employees received emoluments in excess of £60,000.

6. TANGIBLE FIXED ASSETS

Plant and
machinery
£

COST

Additions

3,437

DEPRECIATION

Charge for year

964

NET BOOK VALUE

At 31 July 2021

2,473

Notes to the Financial Statements - continued
for the Period 24 July 2020 to 31 July 2021

7.	DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR		£
	VAT		901
			<u>901</u>
8.	CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR		£
	Accruals and deferred income		851
			<u>851</u>
9.	MOVEMENT IN FUNDS		
		Net	At
		movement	31.7.21
		in funds	£
		£	£
	Unrestricted funds		
	General fund	69,071	69,071
	Restricted funds		
	Persimmon	40,304	40,304
	BBC Children in Need	3,090	3,090
	BBC Children in Need Covid Response	6,277	6,277
	20Twenty Mental Health Toolkit	2,355	2,355
	CCF Covid Relief	6,660	6,660
	The Fore	3,750	3,750
	Fullscope	4,000	4,000
	PCVS	9,510	9,510
	Strangward Trust	2,000	2,000
	Burghley Trust	600	600
	NHS CCG Winter Face-to-Face	112	112
		<u>78,658</u>	<u>78,658</u>
	TOTAL FUNDS	<u>147,729</u>	<u>147,729</u>

9. MOVEMENT IN FUNDS - continued

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	97,541	(28,470)	69,071
Restricted funds			
Persimmon	57,490	(17,186)	40,304
BBC Children in Need	4,394	(1,304)	3,090
BBC Children in Need Covid Response	18,420	(12,143)	6,277
20Twenty Mental Health Toolkit	2,955	(600)	2,355
CCF Covid Relief	6,975	(315)	6,660
The Fore	15,000	(11,250)	3,750
Fullscope	4,000	-	4,000
PCVS	9,510	-	9,510
Strangward Trust	2,000	-	2,000
Burghley Trust	600	-	600
Comic Relief	1,940	(1,940)	-
NHS CCG Winter Face-to-Face	23,265	(23,153)	112
	<u>146,549</u>	<u>(67,891)</u>	<u>78,658</u>
TOTAL FUNDS	<u>244,090</u>	<u>(96,361)</u>	<u>147,729</u>

Persimmon - for the further development of the Young Peoples Counselling Service and the clinical centres Annabelle Davis Centre.

BBC Children in Need - To increase our age range for clinical services for 16 to 18 - YPCS is able to now support young people up to the age of 18yrs with 1:1 counselling.

BBC Children in Need COVID - To respond to the demand for service needs to support children's mental health, to provide individual equipment for each child in guidance with COVID restrictions - to support all management and administration costs - this fund provided 1:1 support for 60 CYP - group work, zoom licences, materials and all full cost recovery.

20Twenty Mental Health Toolkit - Commissioned to co-produce a mental health resource for schools in Fenland with the Fenland youth advisory board and 20twenty productions.

CCF Covid Relief - To delivery wellbeing support groups on a 4 week programme to young people with emerging mental health. To also provide 1:1 counselling to 11-18yrs.

The Fore - This grant was for management costs - core funding for a clinical manager/lead

Fullscope - COVID response fund to provide calls to families, this fund was held and will be used for 1:1.

SUPPORT across Peterborough alongside other organisations we partner with.

PCVS - Arts based project working in consultation with schools on a piece of street art, this was delayed due to COVID and artist backlog - we also were commissioned to offer 1:1 support for young people in Peterborough.

9. MOVEMENT IN FUNDS - continued

Strangward Trust - 1:1 counselling for Wisbech.

Burghley Trust - Design production and distribution of wellbeing bags for yr 7 pupils at a school in Stamford.

10. RELATED PARTY DISCLOSURES

There were no related party transactions for the period ended 31 July 2021.

Young People's Counselling Service

Detailed Statement of Financial Activities
for the Period 24 July 2020 to 31 July 2021

£

INCOME AND ENDOWMENTS

Donations and legacies

Donations	32,805
Legacies	8,631
	<hr/>
	41,436

Other trading activities

Primary trading	27,484
-----------------	--------

Other income

Transfer from unincorporated charity	175,170
--------------------------------------	---------

Total incoming resources

244,090

EXPENDITURE

Charitable activities

Wages	37,227
Rates and water	887
Telephone	761
Postage and stationery	30
Sundries	304
Counselling fees	41,702
Cleaning	1,397
Repairs and renewals	560
Utilities	2,048
Rent	3,063
Training costs	6,463
Plant and machinery	964
	<hr/>
	95,406

Support costs

Finance

Bank charges	105
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Governance costs

Accountancy and legal fees	850
----------------------------	-----

Total resources expended

96,361

Net income

147,729

This page does not form part of the statutory financial statements

REGISTERED COMPANY NUMBER: CE022643 (England and Wales)
REGISTERED CHARITY NUMBER: 1190555

Report of the Trustees and
Unaudited Financial Statements for the Period 24 July 2020 to 31 July 2021
for
Young People's Counselling Service

Hills Accountants Limited
Greenhill House
First Floor East Wing
Thorpe Road
Peterborough
Cambridgeshire
PE3 6RU

Contents of the Financial Statements
for the Period 24 July 2020 to 31 July 2021

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Young People's Counselling Service

Report of the Trustees for the Period 24 July 2020 to 31 July 2021

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the period 24 July 2020 to 31 July 2021. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

Throughout the entirety of the period 24th July 2020 - 31st July 2021, our team have continued to ensure seamless delivery and blended ways of working during extremely challenging times. Our Trustees, Staff, Volunteers, Ambassadors, Patrons and Funders have been generous and have provided the finances, time, expertise and practical support needed to meet the demand for our services. We are extremely grateful for everybody's input.

It is no surprise to any of us to hear that the mental and emotional health of young people is in crisis, with the impact of the last year not truly known as of yet. Childline have seen an increase of 46% in calls to their services and a recent Study (The Oxxwell School Survey 2020) indicates that young people have been significantly impacted by the pandemic.

YPCS stands in a strong financial position this year, as can be seen from the financial statement, however our stability relies on continued successful funding applications and ongoing support from existing funders. The Trustees have recently appointed a new Operations Director to work alongside our Clinical Director, to ensure the long-term success of YPCS. We are beginning to once again look towards organising our traditional community fundraising events to complement our current funding stream activities, providing restrictions are lifted and these events are safe to hold.

At this point I must pay particular tribute to our team of Therapists; they have excelled in the levels of therapeutic support they have given to young people accessing our services, and have seen an increase in clients who are presenting more complex needs. As Acting Chair of the Trustees, I can only admire the passion and dedication that people bring to their work and I thank them for their steady commitment which is driving YPCS to expand and to seek new ways to support the mental health of young people within our community.

INCORPORATION

The charitable company was incorporated on 24 July 2020.

OBJECTIVES AND ACTIVITIES

Objectives and aims

The objects of Young People's Counselling Service (YPCS) as stated in our CIO constitution are "To promote, preserve and protect the mental health of the public, in particular but not exclusively of children, young people and their families."

The service we deliver enables local young people to make sense of their thoughts and feelings, in the hope that they can make decisions about what they want to do to bring about change in their lives. It also provides a means of support and a space where they can feel valued and heard. Therapists at YPCS go through a careful selection process, to ensure that they are competent to work with the issues that clients present. All therapists are trained to at least level 5, with the majority being trained to level 6 or 7. Our therapists have a range of specialisms that ensures YPCS is able to provide the right support to young people referred to our service. All staff are required to undertake an enhanced police check, and our safeguarding lead ensures compliance with legislation regarding vetting and barring.

OBJECTIVES AND ACTIVITIES

Significant activities

Our significant activities for the year can be broadly categorised into the following areas:

- " The delivery of free at point of use counselling to young people
- " Provision of counselling and play therapy in schools
- " Fundraising and bid writing to support the above
- " Developing, reviewing and improving our policies and procedures
- " Participating in projects and new initiatives within our service delivery area
- " Establishing two Annabelle Davis Centres, the first in Yaxley and the second in Wisbech
- " Continuing agile ways of working in response to Covid-19
- " Responding positively to the increase in demand for our services

YPCS has continued to provide the vital resource of free support to young people, their families and carers. For many reasons, we have seen stark reminders that mental health is something that we need to proactively safeguard. As a local charity, now more than ever it is important that our community can easily access the support they need in these challenging times and reduce the burden on statutory services.

We have seen a growing demand for YPCS services, so our first priority has been to maintain the quality we were already offering and reducing our waiting list times. In parallel, we have continued to develop new areas of funding for specific projects, ensuring these provide a proportionate contribution towards our operational costs.

YPCS clinical support was under a high demand due to the ongoing Covid-19 pandemic, with drastically reduced opportunities to hold fundraising events, we were fortunate to be able to apply for Covid-19 related funding to increase the delivery of our services. This enabled us to employ more staff and in more therapeutic services.

We secured significant additional funding from the Children in Need Covid Recovery Fund. This specific funding enabled YPCS to offer support to over 60 extra children and young people. We collaborated in this funding with another local organisation, 20Twenty Productions, to create a programme of arts-based wellbeing support which was delivered remotely to classrooms of selected local schools. One of our Patrons, Actress and Artist Annabelle Davis, directly supported this project with recorded art sessions. The project was called Express Yourself and we were delighted to have supported more local young people as a result of its successful delivery.

As the YPCS staffing team increased, so too did the recognition of our skills and specialisms by statutory services. This led to us feeling in a strong position to apply to statutory funders. Our subsequent success in being awarded funding via our CCG enabled YPCS to set up our centres with adequate Covid-19 precautions and risk management, enabling us to resume face-to-face support, as well as the remote service we had adapted to deliver during the first lockdown. This blended approach meant that we could see all of the young people referred or self-referred, as understandably, not all young people wanted remote support or had a private and confidential space to access it. Our continued blended approach has also led to an improved and more inclusive offer to young people who experience transport barriers.

The impact on young people of Covid-19 and subsequent lockdowns have uncovered many more safeguarding concerns than we had previously seen, as a result, providing support to our staff has been more important than ever. We applied to The Fore and thankfully were successful in securing a year's funding for a high proportion of clinical management time.

OBJECTIVES AND ACTIVITIES

YPCS has been able to work across more schools and our project work has developed through specific funding from Peterborough Council for Voluntary Services (PCVS), we were able to design a project to work with a street artist to help young people express what Covid-19 has meant for them. This is a unique school-based project covering 9 schools in Peterborough. Another wonderful project is the 20Twenty Mental Health Toolkit, where we were commissioned by young people through the Fenland Youth Advisory Board, who wanted resources designed that they could relate to and engage with. This enabled YPCS to produce a toolkit that was user led and will be launched in schools across Fenland in the coming Autumn 2021 school term. We have designed a range of wellbeing resources since the start of the pandemic and have been able to share these in many forms across schools in Cambridgeshire. We put together wellbeing bags for over 800 year 7 pupils across Peterborough and 300 in Stamford, the feedback from these has been extremely positive.

YPCS continues to grow and we are pleased to be able to continue to develop our services to meet the needs of young people and their families to support mental health and wellbeing.

Public benefit

The trustees confirm that they have taken account of the Charity Commission Guidance on public benefit in determining the activities of the charity.

Volunteers

Volunteers provide invaluable support to the work of the charity.

ACHIEVEMENT AND PERFORMANCE

The Covid-19 pandemic continued to have a significant impact on our charity. Our fundraising efforts have adapted, and we have focused on bidding for funds from grant givers and organisations whose aims and objective align with those of YPCS. Funding this year has included grants from BBC Children in Need, Comic Relief and our CCG.

Despite the enforced pause in organising our traditional community fundraising events due to restrictions on large gatherings, 2020-2021 saw a successful year in terms of our service delivery and continued growth. Alongside our successful service delivery, we have invested time and resources in improving our online offer, developing our website and increasing our social media presence. Our support staff have implemented new systems that will enable easier reporting in the future and our policies and procedures have been reviewed and improved.

I would like to formally recognise the hard work of our cleaning contractors, and the efforts of all staff and volunteers in maintaining a safe environment during the challenging times of the pandemic. It has been important to us to resume face-to-face counselling where possible, but this has only been achievable due to the rigorous cleaning and careful scheduling of activities taking place. Maintaining the safety and health of all service users and those involved in service delivery continues to be high on our list of priorities.

FINANCIAL REVIEW

We are pleased to present the financial report for 2020/2021. The year has seen YPCS make progress in all areas. Successful grant applications have supported expansion to reach more young people and their families more quickly. The trustees are very aware of the good leadership and management that has led to this state of affairs and want to thank the whole team for their dedicated work. In particular we wish to acknowledge the swift and effective responses to the challenges that were presented by the Covid-19 lockdowns and subsequent restrictions, ensuring clients were not left unsupported.

The statement of financial activities for the year ending 31st July 2021 presents a healthy position for YPCS. Grants have made the greatest positive impact on the income. Our largest area of expenditure is on the salaries of our excellent therapists.

The YPCS reserves policy aims to ensure our work is protected from the risk of disruption at short notice due to lack of funds. Whilst at the same time ensuring we do not retain funds for longer than required.

We continue to be extremely ambitious to work with as many clients as we can. Demand has never been higher and statutory services continue to refer many clients to YPCS. The generosity of our donors, funders, community fundraisers and volunteers allows us to continue the work that we do.

FUTURE PLANS

In the coming year we plan to focus on ensuring the long-term success of YPCS and the sustainability of our aims and objectives. We aim to maintain our high-quality counselling provision by offering a blended service of remote and face-to-face work, while at the same time continuing to develop means of reducing the waiting list.

We will open our second Annabelle Davis Centre in Wisbech in autumn 2021, seeing our service delivery area expand more widely into Fenland. We would not have been able to establish these two centres without the support of Persimmon Homes and their large donation to YPCS in our previous reporting year. The further support we have received from local businesses and organisations to refurbish both venues has been overwhelming, and we are looking forward to inviting everybody involved to launch events for both centres in 2022, in the hope that post pandemic restrictions allow for large gatherings.

We will continue to develop the range of work in schools, including individual counselling, staff training sessions, consultation with young people in schools alongside the mental health toolkit currently under development.

We will continue to seek new areas of funding for specific projects and ensure these contribute towards operational costs.

We will also continue to develop and define clear and accessible tracking of income and expenditure and data analysis of the measurable impact our service delivery brings.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The charity is controlled by its governing document, a deed of trust, and constitutes a limited company, limited by guarantee, as defined by the Companies Act 2006.

Young People's Counselling Service (YPCS) was originally established in 1994. A new registered Charity was formed with a differing governance structure when YPCS was registered as a CIO on 24th July 2020. Old and new legal entities have operated in tandem to ensure that service delivery remains consistent without causing any disruption to the young people that we serve. We intend for the 'old' charity accounts to be wound up by the end of July 2022.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Company number

CE022643 (England and Wales)

Registered Charity number

1190555

Young People's Counselling Service

Report of the Trustees
for the Period 24 July 2020 to 31 July 2021

Registered office

School Bungalow
broadway
Yaxley
Peterborough
PE7 3JD

Trustees

Ms A Graham (appointed 24.7.20)
P Ashworth (appointed 24.7.20)
Ms N Houghton (appointed 24.7.20)
Ms J Wilton (appointed 24.7.20)
D Weir (appointed 24.7.20)
J Vizzini (appointed 1.11.21)
P Williamson (appointed 19.5.21)
L Butcher (appointed 19.5.21)

Company Secretary

Independent Examiner

Hills Accountants Limited
Greenhill House
First Floor East Wing
Thorpe Road
Peterborough
Cambridgeshire
PE3 6RU

IN SUMMARY

I feel it is best to end this report with some quotes from those who have accessed the service, when asked to comment on the therapy they have received. The words of these young people and parents are why we do what we do, and remind us of the positive change YPCS makes to young lives.

"(the therapist) helped my son more than anyone else has done throughout his childhood. I cannot thank her enough."

"Thank you for all the support and guidance you gave to my daughter through a difficult time. It's fantastic to see her just being herself again and feeling much more positive."


"She (the therapist) has helped me through the course of the last few months in helping find ways to deal with my anxiety and allowed me to talk through my issues. My outlook and approach to life has changed, and whilst I accept that there is still a way to go to leave the anxiety behind for good, she has guided me to the right path and enabled me to find the right tools to deal with the future. I cannot thank her enough for this."

Again, on behalf of the Board of Trustees, thank you to everybody involved with the excellent work of YPCS. We are proud to be part of a team that works so tirelessly to make a difference to the lives of local young people, and will continue to advocate for them to the best of our abilities.

Approved by order of the board of trustees on 30 May 2022 and signed on its behalf by:

Young People's Counselling Service

Report of the Trustees
for the Period 24 July 2020 to 31 July 2021



.....
D Weir - Trustee

Independent Examiner's Report to the Trustees of
Young People's Counselling Service

Independent examiner's report to the trustees of Young People's Counselling Service ('the Company')

I report to the charity trustees on my examination of the accounts of the Company for the period 24 July 2020 to 31 July 2021.

Responsibilities and basis of report

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5) (b) of the 2011 Act.

Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Hills Accountants

Hills Accountants Limited
Greenhill House
First Floor East Wing
Thorpe Road
Peterborough
Cambridgeshire
PE3 6RU

Date: 30 May 2022

Young People's Counselling Service

Statement of Financial Activities
for the Period 24 July 2020 to 31 July 2021

	Notes	Unrestricted fund £	Restricted funds £	Total funds £
INCOME AND ENDOWMENTS FROM				
Donations and legacies		9,630	31,806	41,436
Other trading activities	2	27,484	-	27,484
Other income		60,427	114,743	175,170
Total		97,541	146,549	244,090
EXPENDITURE ON				
Charitable activities				
Primary trading		28,470	67,891	96,361
NET INCOME		69,071	78,658	147,729
TOTAL FUNDS CARRIED FORWARD		69,071	78,658	147,729

The notes form part of these financial statements

Young People's Counselling Service

Balance Sheet

31 July 2021

	Notes	Unrestricted fund £	Restricted funds £	Total funds £
FIXED ASSETS				
Tangible assets	6	2,473	-	2,473
CURRENT ASSETS				
Debtors	7	901	-	901
Cash at bank		66,548	78,658	145,206
		<u>67,449</u>	<u>78,658</u>	<u>146,107</u>
CREDITORS				
Amounts falling due within one year	8	(851)	-	(851)
		<u>66,598</u>	<u>78,658</u>	<u>145,256</u>
NET CURRENT ASSETS				
		<u>66,598</u>	<u>78,658</u>	<u>145,256</u>
TOTAL ASSETS LESS CURRENT LIABILITIES		<u>69,071</u>	<u>78,658</u>	<u>147,729</u>
NET ASSETS		<u>69,071</u>	<u>78,658</u>	<u>147,729</u>
FUNDS	9			
Unrestricted funds				69,071
Restricted funds				<u>78,658</u>
TOTAL FUNDS				<u>147,729</u>

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the period ended 31 July 2021.

The members have not required the company to obtain an audit of its financial statements for the period ended 31 July 2021 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- (a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

The notes form part of these financial statements

Young People's Counselling Service

Balance Sheet - continued

31 July 2021

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on 30 May 2022 and were signed on its behalf by:



.....
D Weir - Trustee

The notes form part of these financial statements

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

Financial reporting standard 102 - reduced disclosure exemptions

The charitable company has taken advantage of the following disclosure exemptions in preparing these financial statements, as permitted by FRS 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland':

- the requirements of Section 7 Statement of Cash Flows.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Taxation

The charity is exempt from corporation tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

Going concern

The trustees consider that there are no material uncertainties about the Charities ability to continue as a going concern nor any significant areas of uncertainty that affect the carrying value of assets held by the charity.

2. OTHER TRADING ACTIVITIES

Primary trading

£
27,484

3. NET INCOME/(EXPENDITURE)

Net income/(expenditure) is stated after charging/(crediting):

Depreciation - owned assets

£
964

4. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the period ended 31 July 2021.

Trustees' expenses

There were no trustees' expenses paid for the period ended 31 July 2021.

5. STAFF COSTS

The average monthly number of employees during the period was as follows:

Manager
Admin
Therapist

1
2
1

4

No employees received emoluments in excess of £60,000.

6. TANGIBLE FIXED ASSETS

Plant and
machinery
£

COST

Additions

3,437

DEPRECIATION

Charge for year

964

NET BOOK VALUE

At 31 July 2021

2,473

Notes to the Financial Statements - continued
for the Period 24 July 2020 to 31 July 2021

7.	DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR		£
	VAT		901
			<u>901</u>
8.	CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR		£
	Accruals and deferred income		851
			<u>851</u>
9.	MOVEMENT IN FUNDS		
		Net movement in funds £	At 31.7.21 £
	Unrestricted funds		
	General fund	69,071	69,071
	Restricted funds		
	Persimmon	40,304	40,304
	BBC Children in Need	3,090	3,090
	BBC Children in Need Covid Response	6,277	6,277
	20Twenty Mental Health Toolkit	2,355	2,355
	CCF Covid Relief	6,660	6,660
	The Fore	3,750	3,750
	Fullscope	4,000	4,000
	PCVS	9,510	9,510
	Strangward Trust	2,000	2,000
	Burghley Trust	600	600
	NHS CCG Winter Face-to-Face	112	112
		<u>78,658</u>	<u>78,658</u>
	TOTAL FUNDS	<u>147,729</u>	<u>147,729</u>

9. MOVEMENT IN FUNDS - continued

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	97,541	(28,470)	69,071
Restricted funds			
Persimmon	57,490	(17,186)	40,304
BBC Children in Need	4,394	(1,304)	3,090
BBC Children in Need Covid Response	18,420	(12,143)	6,277
20Twenty Mental Health Toolkit	2,955	(600)	2,355
CCF Covid Relief	6,975	(315)	6,660
The Fore	15,000	(11,250)	3,750
Fullscope	4,000	-	4,000
PCVS	9,510	-	9,510
Strangward Trust	2,000	-	2,000
Burghley Trust	600	-	600
Comic Relief	1,940	(1,940)	-
NHS CCG Winter Face-to-Face	23,265	(23,153)	112
	<u>146,549</u>	<u>(67,891)</u>	<u>78,658</u>
TOTAL FUNDS	<u>244,090</u>	<u>(96,361)</u>	<u>147,729</u>

Persimmon - for the further development of the Young Peoples Counselling Service and the clinical centres Annabelle Davis Centre.

BBC Children in Need - To increase our age range for clinical services for 16 to 18 - YPCS is able to now support young people up to the age of 18yrs with 1:1 counselling.

BBC Children in Need COVID - To respond to the demand for service needs to support children's mental health, to provide individual equipment for each child in guidance with COVID restrictions - to support all management and administration costs - this fund provided 1:1 support for 60 CYP - group work, zoom licences, materials and all full cost recovery.

20Twenty Mental Health Toolkit - Commissioned to co-produce a mental health resource for schools in Fenland with the Fenland youth advisory board and 20twenty productions.

CCF Covid Relief - To delivery wellbeing support groups on a 4 week programme to young people with emerging mental health. To also provide 1:1 counselling to 11-18yrs.

The Fore - This grant was for management costs - core funding for a clinical manager/lead

Fullscope - COVID response fund to provide calls to families, this fund was held and will be used for 1:1.

SUPPORT across Peterborough alongside other organisations we partner with.

PCVS - Arts based project working in consultation with schools on a piece of street art, this was delayed due to COVID and artist backlog - we also were commissioned to offer 1:1 support for young people in Peterborough.

9. MOVEMENT IN FUNDS - continued

Strangward Trust - 1:1 counselling for Wisbech.

Burghley Trust - Design production and distribution of wellbeing bags for yr 7 pupils at a school in Stamford.

10. RELATED PARTY DISCLOSURES

There were no related party transactions for the period ended 31 July 2021.

Young People's Counselling Service

Detailed Statement of Financial Activities
for the Period 24 July 2020 to 31 July 2021

£

INCOME AND ENDOWMENTS

Donations and legacies

Donations	32,805
Legacies	8,631
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	41,436

Other trading activities

Primary trading	27,484
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Other income

Transfer from unincorporated charity	175,170
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Total incoming resources

244,090

EXPENDITURE

Charitable activities

Wages	37,227
Rates and water	887
Telephone	761
Postage and stationery	30
Sundries	304
Counselling fees	41,702
Cleaning	1,397
Repairs and renewals	560
Utilities	2,048
Rent	3,063
Training costs	6,463
Plant and machinery	964
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	95,406

Support costs

Finance

Bank charges	105
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Governance costs

Accountancy and legal fees	850
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Total resources expended

96,361

Net income

147,729

This page does not form part of the statutory financial statements