

PLACE AT MY TABLE
Report of the Trustees and
Financial Statements
For the year ended 31 March 2025

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Charity information

CIO Charity number:

1190535

Other names:

PAMT (Working name)

Management Trustees

Sharon Gardner Chair
Tiara Kelly
Joseph Jeffers

**Location and
Correspondence:**

Kiosk 3 North Entrance
St Nicholas Way, Sutton
Surrey. SM1 1AW

**Independent
Examiner:**

Maroof Adeoye MBA DChA FCIE MInstF
Registered Charity Independent Examiner
Community Benefit Action CIC
Maroof Suite
30 Union Road
Croydon. CR0 2XU

Bankers:

Metro Bank
One Southampton Row
London. WC1B 5HA

Chair's Report

Dear Board of Trustees, Volunteers, and Funders, I am delighted to present the annual Chair's Report on behalf of the Board of trustees for the year ended 31 March 2025.

Overview

During the past financial year, we delivered a diverse portfolio of services to residents across the London Borough of Sutton. Our work spanned arts and heritage, health and well-being, dance and exercise, and accredited training programmes. In total, we supported and engaged more than six hundred individuals, each with unique needs and circumstances.

Key Achievements

- **Engaged over 1300 residents** through a broad range of cultural, health, and well-being activities.
- **Delivered accredited training programmes** in leadership, health and safety, equality and diversity, volunteering, and health and social care.
- **Implemented a major new initiative** funded by the **Deutsche Bank Older People's Fund**, focusing on improving access to services for older people from the Global Majority.
- **Established new targeted projects** aimed at reducing inequalities and strengthening community participation among older Global Majority residents in Sutton.
- **Strengthened governance and organisational development**, including enhanced training for trustees and staff.
- **Expanded collaborative partnerships** with statutory agencies and voluntary-sector organisations, deepening cross-sector engagement. This includes the NHS, Sutton Council and Sutton Libraries and museums.
- **Continued to co-design services** with beneficiaries, ensuring programmes remain relevant, responsive, and impactful.

Deutsche Bank Older People's Fund

A key highlight of the year was the successful delivery of our programme funded through the **Deutsche Bank Older People's Fund**. This investment enabled us to:

- Develop and embed new services focused on improving access for older residents from the Global Majority.
- Establish a suite of initiatives addressing barriers to participation and service engagement.
- Strengthen community connections and reduce inequalities affecting older people in the Borough.

This project has laid a strong foundation for future work in this area and has significantly enhanced our capacity to deliver inclusive, culturally responsive services.

Governance and Partnership Development

We have strengthened our governance through increased training and development opportunities for trustees and staff, ensuring our leadership remains effective, accountable, and equipped for future challenges.

Our relationships with statutory bodies and voluntary-sector partners have also advanced considerably. These partnerships remain central to our mission, enabling shared learning, coordinated support, and broader community impact.

Acknowledgements

As Chair of the charity, I extend my sincere thanks to:

- **Our funders**, for their continued trust and investment.
- **Our staff team**, for their professionalism, commitment, and creativity.
- **Our volunteers**, whose generosity of time and spirit sustain so much of our work.
- **Our beneficiaries**, whose collaboration ensures our services remain meaningful and responsive.

Your contributions have been instrumental in empowering and supporting our community this year.

Together, we have achieved significant impact, and we look forward to building on this progress in the year ahead.

Sincerely,



Sharon Gardner (Chair)
Executive Committee/Management Trustees
30 January 2026

Trustees' report

The trustees present their report with the financial statements of the Charitable Incorporated Organisation (CIO) for the year ended 31 March 2025. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

Structure, Governance & Management

Governing document

The legal form of the charity is that of a Charitable Incorporated Organisation (CIO) with registration number 1190535 on 23 July 2020, which is controlled by its governing document, its constitution dated 23 July 2020.

Recruitment and appointment of new trustees

Process to Appoint Trustees

The procedures for electing or appointing new trustees is set out in section 10 of our constitution:

- (1) Apart from the first charity trustees, every trustee must be appointed for a term of three years by a resolution passed at a properly convened meeting of the charity trustees.
- (2) In selecting individuals for appointment as charity trustees, the charity Trustees must have regard to the skills, knowledge and experience needed for the effective administration of the CIO.

Organisational structure

The charitable incorporated organisation is constituted under the foundation model where the trustees are its members. The trustees control the running of the charity and meet at least quarterly to review operations.

The trustees who have served during the year 1 April 2022 to 31 March 2025 are set out on page 2.

Objectives & Activities

To relieve people in Sutton, Croydon and its surrounding area who are in need, by reason of their age, ill-health, disability, financial hardship or social circumstances in such ways as the trustees shall think fit, with particular focus in the immediate future on providing assistance to those affected by coronavirus (covid-19).

Public benefit

In deciding on the activities of the charity, the trustees have had due regard to the Charity Commission guidance on public benefit.

Achievement and Performance

During the past financial year, we have provided diverse services to the residents of the Borough of Sutton. Our offerings included art-based initiatives, heritage projects, programs focused on health and wellness, and dance and exercise sessions. We successfully engaged over six hundred individuals, each with unique needs. Additionally, we delivered accredited training in vital areas such as leadership, health and safety, equality and diversity, volunteering, and health and social care.

A significant highlight of our year was the Civic 3 project, funded for one year. This project enabled us to establish a consortium of Global Majority-led groups to foster their long-term sustainability. We also took the opportunity to celebrate International Women's Day and Black History Month, promoting awareness and inclusion within our community.

Moreover, we have enhanced our governance training and development while strengthening relationships with various statutory and voluntary organisations. These partnerships are crucial to our work, and we are grateful for their support. As Chair of the charity, I extend my heartfelt gratitude to all our funders, staff, and volunteers for their unwavering support. Lastly, I thank our beneficiaries for collaborating to create and deliver meaningful services. Your engagement has been instrumental in our mission to effectively empower and support the community. Together, we have made a significant impact and look forward to continuing this vital work in the coming year.

Financial Review

Against the backdrop of limited resources and insecurities over funding, the charitable Incorporated Organisation, with the support of grant funders, donors and volunteers, was able to minimize its net unrestricted funds to £4,392 surplus (2023: £4,202) and with its aid of sound financial management, the charity was able to cope without affecting its services and existence for the foreseeable future. Our restricted funds raised towards the charitable activities was increased by £46,034 (2023: -£21,516) at the year-end, due to timing differences of movement in funds.

Risk Management

The trustees have a risk management strategy which comprises:

- an annual review of the principal risks and uncertainties that the charity face;
- the establishment of policies, systems and procedures to mitigate those risks identified in the annual review; and
- the implementation of procedures designed to minimise or manage any potential impact on the charity should those risks materialise.

This work has identified that financial sustainability is the major financial risk for the charity. A key element in the management of financial risk is a regular review of available liquid funds to settle debts as they fall due, regular liaison with the bank, and active management of trade debtors and creditors balances to ensure sufficient working capital.

Attention has also been focussed on non-financial risks arising from fire, health and safety of artists and audience, management of performing rights and food hygiene. These risks are managed by ensuring accreditation is up to date, having robust policies and procedures in place, and regular awareness training for staff working in these operational areas.

Reserves Policy

The Trustees' reserve policy aims at building up free reserves in unrestricted funds to the level needed to cover up to three months operating expenditure, by means of annual operating surpluses and supplemented by general-purpose appeals from time to time. This is to ensure sufficient working capital is available to meet expected expenditure and liabilities in the event of a fall in income. Any surplus funds which are not likely to be

needed to pay for activities will be placed on deposit to earn interest. This Policy will be reviewed every other year, at minimum, or sooner if warranted by internal or external events or changes.

Future Plan

The charity intends to continue to support local causes in accordance with the objects of the charity.

Statement of Trustees Responsibilities

The trustees are responsible for preparing the Report of the Trustees and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

The law applicable to charities in England and Wales, the Charities Act 2011, Charity (Accounts and Reports) Regulations 2008 and the provisions of the trust deed requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources, including the income and expenditure, of the charity for that year. In preparing those financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charity SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in business.

The trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charity and to enable them to ensure that the financial statements comply with the Charities Act 2011, the Charity (Accounts and Reports) Regulations 2008 and the provisions of the trust deed. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

This report was approved by order of the board of Trustees on 30 January 2026 and signed on their behalf by:



Sharon Gardner (Chair)
Executive Committee/Management Trustees

Independent Examiner's report

To the trustees of Place At My Table

I report on accounts of the association for the year ended 31 March 2025, which are set out on pages 9 to 15.

Respective responsibilities of trustees and examiner

As described on page 4 the charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year (under section 1444(2) of the Charities Act 2011 (the 2011 Act)) and that an independent examination is needed.

It is my responsibility to:

- examine the accounts (under section 145 of the 2011 Act;
- follow the procedures laid down in the General Directions given by the Charity Commissioners (under section 145(5)(b) of the 2011 Act; and
- state whether particular matters have come to my attention.


Basis of Independent examiner's report

My examination was carried out in accordance with the General Directions given by the Charity Commissioners. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out in the statement below.

Independent examiner's statement

In the course of my examination, no matter has come to my attention:

- (1) which gives me reasonable cause to believe that in any material respect the requirements:
 - to keep accounting records in accordance with section 130 of the 2011 Act; and
 - to prepare accounts which accord with the accounting records and to comply with the accounting requirements of the 2011 Act have not been met; or
- (2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.



Maroof Adeoye MBA DChA FCIE MInstF
Registered Charity Independent Examiner
Community Benefit Action CIC
Maroof Suite, 30 Union Road
Croydon, Surrey. CR0 2XU

Date: 30 January 2026

Statement Of Financial Activities

for the year ended 31 March 2025

	Note	Unrestricted Funds £	Restricted Funds £	2025 Total Funds £	2024 Total Funds £
INCOMING RESOURCES					
Incoming resources from generated funds:				-	-
Voluntary Income		-	-	-	-
Activities for generating funds		-	-	-	-
Investment income		-	-	-	-
Incoming resources from charitable activities	3	30688	97462	128150	194596
Other incoming resources	4	89		89	5500
Total incoming resources		30777	97462	128239	200096
RESOURCES EXPENDED					
Cost of Generating Funds					
Cost of generating voluntary income		-		-	-
Fundraising trading costs		-	-	-	-
Charitable activities	5	22236	134170	156406	152347
Governance costs	6	1525	-	1525	1525
Other resources expended		-	-	-	-
Total resources expended		23761	134170	157931	153872
Net incoming/(outgoing) resources		7016	(36708)	(29692)	46224
Total funds brought forward		4392	53708	58100	11876
Total funds carried forward		11408	17000	28408	58100

All incoming resources are derived from continuing operations. The charity has no other gains or losses other than those recognised in the Statement of Financial Activities.

The notes form part of these financial statements.

Balance sheets as at 31 March 2025

	Note	£	2025 £	2024
Fixed assets				
Tangible assets	7		8438	11250
Current assets				
Debtors				
Cash at bank and in hand		21495		48375
Total current assets		21495		48375
Current Liabilities				
Creditors:				
amounts falling due within one year	8	1525		1525
Net current assets			19970	46850
Total Net Assets			28408	58100
Funds of the charity				
Unrestricted income funds	9-11		11408	4392
Restricted income funds	9-11		17000	53708
Total funds			28408	58100

Approved by the board of trustees on 30 January 2026 and signed on its behalf by:



Sharon Gardner (Chair)
Executive Committee/Management Trustees

The notes form part of these financial statements.

Notes to the financial statements

1. Legal Status

The charity is a Charitable Incorporated Organisation registered with the Charity Commission of England and Wales. Details of the charity address and activities can be found within the Report of the Trustees

2. Accounting Policies

Basis of preparing the financial statements The financial statements of the charity, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Charities Act 2011. The financial statements have been prepared under the historical cost convention, with the exception of investments which are included at market value, as modified by the revaluation of certain assets.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Grants offered subject to conditions which have not been met at the year end date are noted as a commitment but not accrued as expenditure.

Taxation

The charity is exempt from tax on its charitable activities.

Fund Accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

3. Incoming resources from charitable activities – Voluntary income

	Unrestricted Funds	Restricted Funds	2025 Total Funds	2024 Total Funds
	£	£	£	£
ACE Lottery		3,000	3000	27,000
Charles Hayward Foundation			0	-
City of London		5,828	5828	44,300
Community AC SU SCFUND			0	9,500
<i>Garfield Weston</i>			0	10,000
Greater London Authority (GLA)			0	36,148
Groundwork UK		6,799	6799	1,000
LBS - Creditors		1,000	1000	900
London Sport			0	-
LQ Place Makers			0	4,990
Main Grant		63,510	63510	-
National Heritage			0	10,000
NHS South West London	30,688	-	30688	
Peoples Health Trust		2,325	2325	8,138
Rocket Science			0	
The Church Urban & Windrush			0	
The Clothworkers			0	
The Health Forum			0	
The London Community Response		15,000	15000	15,000
The Mccarthy & Stone			0	7,500
The Mercers' Company			0	15,120
Thomas Wall			0	5,000
	30688	97462	128150	194596

4. Other Incoming resources

	Unrestricted Funds	Restricted Funds	2025 Total Funds	2024 Total Funds
Other Income	89		89	5500
	-	-	-	-
	89	0	89	5500

5. Charitable activities costs

	Unrestricted Funds	Restricted Funds	2025 Total Funds	2024 Total Funds
	£	£	£	£
Events/Activities Direct Costs	19359	90861	110220	131538
Refreshments	-	557	557	132
Employment Costs	-	42536	42536	13918
Volunteers Expenses	-	189	189	2669
Telephone / Fax /Bband	-	27	27	305
Depreciation	2813	-	2813	3750
Sundries	64	-	64	35
	22236	134170	156406	152347

6. Governance

	Unrestricted Funds £	Restricted Funds £	2025 Total Funds £	2024 Total Funds £
Legal and Professional Fees	-	0	-	0
Independent Examiners Remunerations	1525	-	1525	1525
	1525	0	1525	1525

7. Tangible Fixed Assets

	Plant & Machinery £	Office Equipment £	Motor Vehicles £	2025 Total £	2024 Total £
Cost					
At 1 April 2023	-	-	15,000	15,000	-
Additions	-	-	-	-	15,000
Disposals	-	-	-	-	-
Revaluations	-	-	-	-	-
Transfers	-	-	-	-	-
At 31 March 2024	-	-	15,000	15,000	15000
Depreciation					
At 1 April 2023	-	-	3,750	3,750	-
Charge for year	-	-	2,813	2,813	3,750
Disposals	-	-	-	-	-
Other adjustments	-	-	-	-	-
At 31 March 2024	-	-	6,563	6,563	3750
Net book value					
At 31 March 2024	-	-	8,438	8,438	11250
At 31 July 2023	-	-	11,250	11,250	-

8. Creditors: amount falling due within one year

	Unrestricted Funds £	Restricted Funds £	2025 Total Funds £	2024 Total Funds £
Employment costs	-	-	-	-
accruals and deferred income	1525	-	1525	1525
Other Creditors	-	-	-	-
	1525	0	1525	1525

9. Analysis of net assets between funds

			2025	2024
Fund balances at 31 March 2025 are represented by:	Unrestricted Funds	Restricted Funds	Total Funds	Total Funds
	£	£	£	£
Tangible fixed assets	0	8438	8438	11250
Current assets	12933	8562	21495	48375
Current liabilities	(1525)		(1525)	(1525)
Interbank Transfer			-	
Total incoming resources	11408	17000	28408	58100

10. Statement of funds

	Unrestricted Funds	Restricted Funds	2025 Total Funds	2024 Total Funds
	£	£	£	£
1 April 2024	4392	53708	58100	11876
Incoming resources	30777	97462	128239	200096
	35169	151170	186339	211972
Resources expended	(23761)	(134170)	(157931)	(153872)
31 March 2025	11408	17000	28408	58100

11. Movement in funds

	Opening balance	Incoming resources	(Resources expended)	Transfers	Closing balance
	£	£	£	£	£
Unrestricted funds					
Charity's fund	4392	89	4402	0	79
NHS South West London		30688	19359	0	11329
Total Unrestricted Funds	4392	30777	23761	0	11408
Restricted funds					
Grants:					
ACE Lottery	24208	3,000	27208	0	0
City of London	11700	5,828	17528	0	0
Community AC SU SCFUND	8700		8700	0	0
Garfield Weston	0			0	0
Greater London Authority (GLA)	0			0	0
Groundwork UK	0	6,799	6799	0	0
LBS - Creditors	0	1,000	1000	0	0
LQ Place Makers	0			0	0
National Lottery	0	63,510	46510	0	17000
National Heritage	9100		9100	0	0
Peoples Health Trust	0	2,325	2325	0	0
The London Community Response	0	15,000	15000	0	0
The Mccarthy & Stone	0			0	0
The Mercers' Company	0			0	0
Thomas Wall	0			0	0
Total Restricted Funds	53708	97462	134170	0	17000
TOTAL FUNDS	58100	128239	157931	0	28408

12. Trustees' remuneration, benefits and expenses

There was no remuneration, benefits or expenses to Trustees during the year.

13. Related party transactions

There were no related party transactions during the year.

14. Independent examination and accountancy services

During the year, the cost of the examination was (Nil) and accountancy services were £1,525 (2024: £1,525).

15. Controlling Party

The charity is under the control of the charity's trustees.