

LONDON JAGUARS COMMUNITY ASSOCIATION

**TRUSTEES ANNUAL REPORT AND FINANCIAL STATEMENTS
YEAR ENDED 31 MARCH 2023**

Charity Registration Number: 1190533

LONDON JAGUARS COMMUNITY ASSOCIATION

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LONDON JAGUARS COMMUNITY ASSOCIATION

LEGAL AND ADMINISTRATIVE INFORMATION

Registered Charity Name London Jaguars Community Association

Charity Number 1190533

Address 11 Cement Block Cottages
Grays
Essex
RM17 6ER

Trustees Peter Agboola
Bodrul Khan
Rubina Begum

Independent Examiner Sharif Rivera FCA
Riverside Chartered Accountants
5 Elephant Lane
London SE16 4JD

Bankers Barclays Bank Uk Plc
Leicester
LE87 2BB

LONDON JAGUARS COMMUNITY ASSOCIATION

REPORT OF THE TRUSTEES

FOR THE YEAR ENDED 31 DECEMBER 2023

The Trustees presents its report and financial statements for the year ended 31 March 2023.

Vision

The charity exists to further or benefit the residents of tower hamlet and the neighbourhood, without distinction of sex, sexual orientation, race or of political, religious or other opinions by associating together the said residents and the local authorities, voluntary and other organisations in a common effort to advance education and to provide facilities in the interests of social welfare for recreation and leisure time occupation with the objective of improving the conditions of life for the residents.

To achieve this object, the charity operates a number of projects and activities.

Achievements and performance 2022-23

Mental Fitness and nutritional programme for Youths

London Jaguars marked the year with a new funding from National Lottery to facilitate Mental fitness and nutritional programme for youths aged 11-16 years old. The Mental Fitness Program for the youths has achieved commendable success across various dimensions. Participant surveys and assessments conducted before and after the program consistently indicate substantial improvements in mental well-being. Key achievements include a notable reduction in reported stress levels, a heightened ability to regulate emotions, and a significant increase in overall focus and concentration. Participants shared testimonials emphasizing their newfound ability to manage stressors effectively, navigate emotional challenges, and maintain a positive mindset. Continuous evaluation and adaptation based on feedback ensure ongoing enhancement of the program's effectiveness in promoting mental fitness among youths.

Women's Only Fitness and Nutrition program

London Jaguars has secured funding from the London Borough of Tower Hamlets to deliver Women's Only Fitness and Nutrition program to the residents of Tower Hamlets. Through a combination of tailored exercise routines and nutrition guidance, the program has effectively contributed to improved physical fitness, enhanced strength, and increased overall health for women. Participant feedback underscores increased self-confidence and body positivity, showcasing the program's positive impact on mental well-being. The program's success is evident in measurable outcomes such as weight management, muscle toning, and improved energy levels. The tailored approach, coupled with a supportive community environment, has created a positive and empowering experience for women seeking to prioritize their health and fitness.

Holiday and Food programmes

London Jaguars have delivered Holiday and Food programmes for children and youths since 2021 and have achieved significant success in providing a positive and impactful experience. By combining engaging holiday activities with a focus on nutrition, the program has

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REPORT OF THE TRUSTEES

FOR THE YEAR ENDED 31 DECEMBER 2023

successfully contributed to the overall well-being of participating youths. Achievements include fostering a sense of community and camaraderie, promoting healthy eating habits, and encouraging physical activity during holiday periods. We commenced our holiday camps from 30 children and on our last HAF programme delivered to a significant increase of 100 young people who were able to enjoy various enrichment and recreational activities ranging from daily fitness and sports to trips, excursions and educational workshops. The program's success is evident in the positive feedback from both participants and their families, highlighting increased knowledge about healthy food options and health-conscious holiday experience for youths.

Results

During the year, we received a total of £41,710 of which £5,000 was restricted. Resources expended for the year amounted to £44,804 of which £4,988 related to restricted projects. The total balance of the restricted and unrestricted fund now stands at £6,876.

Future plans

As we move into the next fiscal year, London Jaguars is committed and excited about its upcoming initiatives to further empower and uplift the youth we serve. Our commitment to fostering positive change and providing meaningful opportunities is reflected in the following key areas:

- Expansion of Outreach Programs: London Jaguars aims to broaden its outreach efforts, reaching more young individuals in underserved communities. Through partnerships with local community centres, schools and youth-focused organisations, we plan to extend our impact and provide valuable resources to a larger demographic.
- Talent development: Investing in our people remains top priority. We plan to implement comprehensive training programs, talent acquisition strategies and leadership development initiatives to ensure our workforce is equipped with the skills and knowledge necessary to drive our charity's success.

As we embark on these initiatives, financial sustainability and transparent reporting remain paramount. London Jaguars is committed to maximizing the positive impact on the lives of young individuals, and we are excited about the transformative journey ahead.

Reserves Policy

The management committee had established a policy whereby the unrestricted funds not committed or invested in tangible fixed assets (the 'free reserves') held by the charity should be between 3 and 6 months of the resources expended. Given our minimum expenditure on overheads, we continue to think that a figure of between £1,000 and £2,000 would be more appropriate given our activities.

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FOR THE YEAR ENDED 31 DECEMBER 2023

Risk Review

The Trustees have conducted its own review of the major risks to which the charity is exposed and systems have been established to mitigate those risks. Significant external risks to funding have led to the development of a strategic plan to allow for the diversification of funding and activities. Internal risks are minimised by the implementation of procedures for authorisation of all transactions and projects and to ensure consistent quality of delivery for all operational aspects of the charitable company. These procedures are periodically reviewed to ensure that they still meet the needs of the charity.

The Trustee's Annual Report was approved by the Board of Trustee's and signed on their behalf by:

Rubina Begum

Rubina Begum
Trustee

Date: 31 January 2024

LONDON JAGUARS COMMUNITY ASSOCIATION

INDEPENDENT EXAMINER'S REPORT

FOR THE YEAR ENDED 31 DECEMBER 2023

I report to the trustees on my examination of the accounts of the London Jaguars Community Association for the year ended 31 March 2023.

Responsibilities and basis of report

As the charity trustees of the London Jaguars Community Association, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the London Jaguars Community Association accounts carried out under section 145 of the 2011 Act and in carrying out my examination I have followed all the applicable directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the London Jaguars Community Association as required by section 130 of the Act; or
2. the accounts do not accord with those records.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Riverside

Sharif Rivera FCA
Riverside Chartered Accountants
5 Elephant Lane
London SE16 4JD

Date: 31 January 2024

LONDON JAGUARS COMMUNITY ASSOCIATION

STATEMENT OF FINANCIAL ACTIVITIES

FOR THE YEAR ENDED 31 MARCH 2023

		2023			2022
	Notes	Unrestricted Funds £	Restricted Funds £	Total Funds £	Total Funds £
Incoming Resources					
Grants and donations		36,710	5,000	41,710	26,495
Other income		-	-	-	45
Total incoming resources	2	36,710	5,000	41,710	26,540
Resources Expended					
Charitable activities		39,566	4,988	44,554	26,588
Governance costs		250	-	250	250
Total resources expended	3	39,816	4,988	44,804	26,838
Net income/ (expenditure)		(3,106)	12	(3,094)	(298)
Transfer to fixed assets		-	-	-	-
Net movement in funds		(3,106)	(12)	(3,094)	(298)
Reconciliation of funds					
Total funds brough forward		4,903	5,067	9,970	10,268
Net movement in funds		(3,106)	12	(3,094)	(298)
Total funds carried forward	7	1,797	5,079	6,876	9,970

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BALANCE SHEET

FOR THE YEAR ENDED 31 MARCH 2023

	Notes	2023 £	2022 £
Tangible assets	4	1,821	2,142
Current assets			
Cash at bank		5,555	8,078
Total Current assets		7,376	8,078
Current Liabilities	5	(500)	(250)
Net current assets		5,055	7,828
Net assets	6	6,876	9,970
Represented by			
Unrestricted funds		1,797	4,903
Restricted funds		5,079	5,067
Total funds	7	6,876	9,970

Approved by the Trustees on 31 January 2024 and signed on behalf of the Trustees by

Rubina Begum

Rubina Begum
Trustee

LONDON JAGUARS COMMUNITY ASSOCIATION

NOTES TO THE ACCOUNTS

FOR THE YEAR ENDED 31 MARCH 2023

1. Accounting Policies

The accounting policies adopted in the preparation of the financial statements are set out below and have remained unchanged from the previous year.

The financial statements have been prepared under the historical cost convention and have been prepared in accordance with Statement of Recommended Practice (SORP 2015), "Accounting and Reporting by Charities" and applicable accounting standards.

Income and expenditure

All income and expenditure is accounted for on an accrual basis.

Grants

Grants are recognised in full in the SOFA in the year in which they were received.

Depreciation

Tangible fixed assets are stated at cost.

Provision for depreciation of fixed assets held for use by the charity is made at an annual rate of 15% on reducing balance basis.

Restricted and Designated Funds

General funds are available for use at the discretion of the trustees in furtherance of the general objectives of the charity.

Restricted funds are funds subject to specific restrictive conditions imposed by donors.

Resources Expended

Resources expended are recognised in the period in which they occur. Resources expended include VAT.

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NOTES TO THE ACCOUNTS

FOR THE YEAR ENDED 31 MARCH 2023

2. Grants and donations

	2023 £	2022 £
National Lottery Fund	-	10,000
London Borough of Tower Hamlets	31,370	13,980
East End Community Foundation	9,840	2,021
Other	500	539
Total	41,710	26,540

3. Resources expended

	Charitable activities	Governance costs	2023 £	2022 £
Programmes and activities	42,121	-	42,121	26,022
Administrative costs	2,040	-	2,040	-
Travel and subsistence	72	-	72	-
Accountancy costs	-	250	250	250
Depreciation	321	-	321	566
Total	44,554	250	44,804	26,838

4. Tangible fixed assets

	Plant & equipment £	Total £
Cost		
At beginning of year	2,708	2,708
Additions	-	-
At end of year	2,708	2,708
Depreciation		
At beginning of year	566	566
Charge for the year	321	321
At end of year	887	887
Net book value		
At 31 March 2023	1,821	1,821
At 31 March 2022	2,142	2,142

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NOTES TO THE ACCOUNTS

FOR THE YEAR ENDED 31 MARCH 2023

5. Current liabilities

	2023	2022
	£	£
Accruals	500	250
Total current liabilities	500	250

6. Analysis of net assets between funds

	Unrestricted	Restricted	2023 Total	2022 Total
	£	£	£	£
Tangible fixed assets	1,797	24	1,821	2,142
Net current assets	-	5,055	5,055	7,828
Net assets at 31 March 2023	1,797	5,079	6,876	9,970

7. Movement in funds (Current year)

	1st April 2022	Incoming Resources	Outgoing Resources	Transfers	31st March 2023
	£	£	£	£	£
Restricted Funds					
National Lottery Fund	5,067		(4,724)		343
LB of Tower Hamlets		5,000	(264)		4,736
	5,067	5,000	(4,988)		5,079
Unrestricted Funds	4,903	36,710	(39,816)	-	1,797
Total funds	9,970	41,710	(44,804)	-	6,876

Movement in funds (Previous year)

	1st April 2021	Incoming Resources	Outgoing Resources	Transfers	31st March 2022
	£	£	£	£	£
Restricted Funds					
National Lottery Fund	1,945	10,000	(6,878)	-	5,067
LB of Tower Hamlets	3,802	-	(3,802)		-
Unrestricted Funds	4,521	16,540	(16,158)	-	4,903
Total funds	10,268	26,540	(26,838)	-	9,970