



## Trustees' Annual Report for the period

**From** 01 April 2023 **To** 31 March 2024

**Charity name:** International Society for  
Developmental Origins of Health and Disease | DOHaD

**Charity registration number:** 1190519

## Objectives and Activities

	SORP reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	To preserve and protect health and relieve sickness in particular but not exclusively.
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	<ol style="list-style-type: none"><li>1. Promoting the coordination of a research strategy in different countries for the scientific exploration of early development in relation to chronic disease in later life</li><li>2. Promoting the development and application of public health strategies to prevent chronic disease</li><li>3. Supporting activities and professional development to achieve these objectives.</li></ol>
Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit	Para 1.18	Trustees have all had regard to the guidance issued by the Commission on public benefit

## Additional information (optional)

You may choose to include further statements where relevant about:

	SORP reference	
Policy on grant making	Para 1.38	
Policy on social investment including program related investment	Para 1.38	
Contribution made by volunteers	Para 1.38	
Other		

## Achievements and Performance

	SORP reference	
Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.	Para 1.20	<p><b>Difference Made by the Charity's Work:</b></p> <p>The International DOHaD Society's initiatives have tangibly improved maternal, child, and early-life health outcomes globally. By supporting LMICs and fostering research, the Society has empowered regions to implement evidence-based interventions, directly benefiting vulnerable populations. Educational initiatives and collaborative events have equipped researchers with tools to address critical health challenges, while the advocacy efforts have influenced policies that integrate health into global economic priorities.</p> <p>1. <b>Enhanced Governance and Structural Development:</b></p> <p>The International DOHaD Society, established as a Charitable Incorporated Organisation (CIO) in 2020, has successfully streamlined governance structures. This includes a robust Council structure with seven subcommittees addressing critical areas like advocacy, professional development, and sponsorship. These structural advancements ensure strategic alignment with the Society's mission of promoting developmental health globally.</p> <p>2. <b>Expansion of Regional Societies:</b></p> <p>The Society has fostered a stronger community of regional societies, including the newly established European DOHaD Society under Dr Melanie Conrad. This milestone has enhanced collaborative opportunities for researchers and advocates across Europe, contributing to the Society's global mission.</p> <p>3. <b>Support for Low- and Middle-Income Countries (LMICs):</b></p> <p>The Society prioritised equitable access by reimbursing 50% of membership fees to regional societies, especially benefiting LMICs.</p>

		<p>This funding enabled these regions to expand initiatives, organise events, and support trainees and researchers with travel and research grants.</p> <p>4. Leadership Appointments: The appointment of new Regional Society Presidents across regions such as Europe, Latin America, and the US has revitalised leadership. Plans to establish an Equity, Diversity, and Inclusion (EDI) Subcommittee further emphasise the Society's commitment to representation and inclusivity.</p> <p>5. Professional Development and Educational Opportunities: The Society successfully conducted educational initiatives, including two widely attended short courses: "Machine Learning for Healthcare Applications" and "Introduction to Statistics." These courses enhance the skill sets of trainees and researchers, addressing critical gaps in research methodologies and applications.</p> <p>6. Advocacy Impact: The Advocacy Subcommittee achieved significant milestones, including contributions to World Health Organisation (WHO) initiatives and publishing impactful policy papers. These efforts have amplified awareness of DOHaD concepts, integrating health into economic measures and addressing the Sustainable Development Goals (SDGs).</p> <p>7. Scientific Programme Support: Preparations for the 2025 Buenos Aires Congress are underway, guided by insights from previous Congress evaluations. The Society's dedication to fostering cutting-edge research and engagement ensures high-quality programming for global participants.</p>
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	<p>8. Membership Growth and Engagement: Membership grew to 609 individuals from 54 countries, demonstrating the Society's global inclusivity. Streamlined membership processes and access to valuable resources, such as webinars and journals, have encouraged new memberships and renewals, including growth in the trainee category.</p> <p>9. Webinars and Knowledge Sharing: The 'DOHaD Worldwide Webinar Series', featuring a mix of early career researchers and global experts, doubled in frequency and broadened its thematic scope. These webinars serve as platforms for knowledge sharing, fostering global collaboration in advancing DOHaD principles.</p> <p>10. Journal Advancements: The Journal of Developmental Origins of Health and Disease (JDOHaD) saw sustained submissions from over 30 countries, enhancing its global reach. Transitioning to continuous publication has expedited access to cutting-edge research, and ongoing discussions about open access will further democratise knowledge dissemination.</p> <p>Wider Benefits to Society: The Society's work contributes to societal health and resilience by emphasising early-life interventions, which have long-term benefits for individuals and communities. By building networks across disciplines and geographies, the Society strengthens global research collaborations, advancing knowledge that informs public health policies. Efforts like the EDI Subcommittee and LMIC support exemplify inclusivity, ensuring the benefits of DOHaD principles reach diverse and underserved populations.</p>
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**Additional information (optional)**

You may choose to include further statements where relevant about:

Achievements against objectives set	Para 1.41	
Performance of fundraising activities against objectives set	Para 1.41	
Investment performance against objectives	Para 1.41	
Other		

**Financial Review**

Review of the charity's financial position at the end of the period	Para 1.21	The Society maintains a transparent financial record through independently audited receipts and payments accounts, approved by the governing Council. As of the end of the fiscal year 2023-24, the total balance stands at £78,292, reflecting the sound financial health of the organisation.
Statement explaining the policy for holding reserves stating why they are held	Para 1.22	The Society's governing Council has approved a reserves policy, carefully crafted based on both known and potential liabilities of the Society. This policy serves as a strategic guide for managing reserves.
Amount of reserves held	Para 1.22	Currently set at £30,337
Reasons for holding zero reserves	Para 1.22	Not applicable
Details of fund materially in deficit	Para 1.24	Not applicable
Explanation of any uncertainties about the charity continuing as a going concern	Para 1.23	There are no uncertainties about the charity continuing as a going concern.

**Additional information (optional)**

You may choose to include further statements where relevant about:

The charity's principal sources of funds (including any fundraising)	Para 1.47	
Investment policy and objectives including any social investment policy adopted	Para 1.46	
A description of the principal risks facing the charity	Para 1.46	
Other		

## Structure, Governance and Management

Description of charity's trusts:		
Type of governing document (trust deed, royal charter)	Para 1.25	Constitution
How is the charity constituted? (e.g., unincorporated association, CIO)	Para 1.25	Charitable Incorporated Organisation (Association Model)
Trustee selection methods including details of any constitutional provisions e.g., election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	<ol style="list-style-type: none"> <li>1. Elections are held biennially, to elect one-third of the charity trustees, thus replacing each charity trustee every six years. If the number of charity trustees is not three or a multiple of three, then the number nearest to one-third shall retire from office but if there is only one charity trustee, he or she shall retire.</li> <li>2. The charity trustees to retire by rotation shall be those who have been longest in office since their last appointment or reappointment. If any trustees were last appointed or reappointed on the same day those to retire shall (unless they otherwise agree among themselves) be determined by lot.</li> <li>3. Elections are held by an electronic mail process completed not later than the end of June in the relevant year. Charity trustees shall hold office from the conclusion of the next scientific meeting after the election. Serving charity trustees may be re-elected. If any charity trustee should retire mid-term, interim elections may be held.</li> <li>4. The date of any election shall be notified by the Secretary in a call for nominations. The call for nominations shall precede the ballot by at least 28 days and ballot papers shall be circulated 14 days in advance if posts are contested. The names of those elected shall be circulated to members or announced at the AGM.</li> <li>5. The charity trustees may in addition appoint not more than 2 co-opted charity trustees</li> </ol>

		<p>but so that no-one may be appointed as a co-opted member if, as a result, more than one third of the charity trustees would be co-opted. Each appointment of a co-opted member shall be made at a special meeting of the charity trustees called under clause 19(c) and shall take effect from the end of that meeting unless the appointment is to fill a place which has not been vacated in which case the appointment shall run from the date when the post becomes vacant.</p> <p>6. The members of the CIO or the charity trustees may at any time decide to appoint a new charity trustee, whether in place of a charity trustee who has retired or been removed in accordance with clause 15 (Retirement and removal of charity trustees), or as an additional charity trustee, provided that the limit specified in clause 12(3) on the number of charity trustees would not as a result be exceeded.</p> <p>7. A person so appointed by the members of the CIO shall retire in accordance with the provisions of sub-clauses (2) and (3) of this clause. A person so appointed by the charity trustees shall retire at the conclusion of the next annual general meeting after the date of his or her appointment, and shall not be counted for the purpose of determining which of the charity trustees is to retire by rotation at that meeting.</p>
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#### **Additional information (optional)**

You may choose to include further statements where relevant about:

Policies and procedures adopted for the induction and training of trustees	Para 1.51	
The charity's organisational structure and any wider network with which the charity works	Para 1.51	
Relationship with any related parties	Para 1.51	
Other		

## Reference and Administrative details

Charity name	As Above
Other name the charity uses	N/A
Registered charity number	As Above
Charity's principal address	MRC LifeCourse Epidemiology Centre University of Southampton Southampton General Hospital Southampton, SO16 6YD
Charity's postal address	DOHaD Society KCL Dept Women and Children's Health 10th Floor, North Wing St Thomas' Hospital Westminster Bridge Road London, SE1 7EH

## Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Professor Lucilla Poston	President		
2	Professor Nuruddin Mohammed	Secretary		
3	Professor Torsten Plösch	Treasurer		
4	Professor Caroline Fall	Trustee		
5	Professor Mark Hanson	Trustee		
6	Professor Shane Norris	Trustee		

## Corporate trustees – names of the directors at the date the report was approved **N/A**

Director name		

## Name of trustees holding title to property belonging to the charity **N/A**

Trustee name	Dates acted if not for whole year	



## Funds held as custodian trustees on behalf of others

Description of the assets held in this capacity	<b>No assets are held by the Society in this capacity</b>
Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects	<b>N/A</b>
Details of arrangements for safe custody and segregation of such assets from the charity's own assets	<b>N/A</b>

## Additional information (optional)

### Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

### Name of chief executive or names of senior staff members (Optional information)

Professor Lucilla Poston (President)

Professor Nuruddin Mohammed (Secretary)

Professor Torsten Plösch (Treasurer)

## Exemptions from disclosure

Reason for non-disclosure of key personnel details

**N/A**



## Other optional information

**N/A**

## Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

<b>Signature(s)</b>		
<b>Full name(s)</b>	Professor Nuruddin Mohammed	Professor Torsten Plösch
<b>Position (e.g., Secretary, Chair, etc)</b>	Secretary	Treasurer
<b>Date</b>	27th December 2024	



## Receipts and payments accounts

For the period  
from

01/04/2023


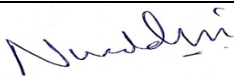
To

31/03/2024

### Section A Receipts and payments

	Unrestricted funds	Restricted funds	Endowment funds	Total funds	Last year
	to the nearest £	to the nearest £	to the nearest £	to the nearest £	to the nearest £
<b>A1 Receipts</b>					
Membership subscriptions (standard, student & affiliate)	20,420	-	-	20,420	26,967
HMRC Gift Aid received	723	-	-	723	-
DOHaD Journal income	8,313	-	-	8,313	8,429
Congress Income & Tax Refunds	43,603	-	-	43,603	-
Sponsorships for DOHaD Congress 2022 travel awards	-	-	-	-	12,030
Donations	-	-	-	-	100
Interest received	929	-	-	929	126
Webinars & Short courses	2,220	-	-	2,220	-
<b>Sub total (Gross income for AR)</b>	<b>76,208</b>	<b>-</b>	<b>-</b>	<b>76,208</b>	<b>47,652</b>
<b>A2 Asset and investment sales, (see table).</b>					
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
<b>Total receipts</b>	<b>76,208</b>	<b>-</b>	<b>-</b>	<b>76,208</b>	<b>47,652</b>
<b>A3 Payments</b>					
Administration including teleconference charges, promotional materials & secretariat support	19,877	-	-	19,877	28,256
Congress Travel Awards	-	-	-	-	23,354
Brain mobility award	3,000	-	-	3,000	3,050
Web & journal promotion of Society objectives	2,697	-	-	2,697	9,170
DOHaD Congress 2022 expenditure	-	-	-	-	8,851
DOHaD Chapters Membership processing	-	-	-	-	5,655
Workshop support awards	4,750	-	-	4,750	1,500
Bank charges	1,085	-	-	1,085	1,571
Accounting fees	900	-	-	900	84
Insurance	988	-	-	988	920
Sundries	116	-	-	116	100
Courses Honorariums	800	-	-	800	-
	-	-	-	-	-
<b>Sub total</b>	<b>34,213</b>	<b>-</b>	<b>-</b>	<b>34,213</b>	<b>82,511</b>
<b>A4 Asset and investment purchases, (see table)</b>					
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
<b>Total payments</b>	<b>34,213</b>	<b>-</b>	<b>-</b>	<b>34,213</b>	<b>82,511</b>
<b>Net of receipts/(payments)</b>	<b>41,995</b>	<b>-</b>	<b>-</b>	<b>41,995</b>	<b>- 34,859</b>
<b>A5 Transfers between funds</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
<b>A6 Cash funds last year end</b>	<b>36,297</b>	<b>-</b>	<b>-</b>	<b>36,297</b>	<b>71,156</b>
<b>Cash funds this year end</b>	<b>78,292</b>	<b>-</b>	<b>-</b>	<b>78,292</b>	<b>36,297</b>

## Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
<b>B1 Cash funds</b>	DOHaD Society general funds	78,292	-	-
		-	-	-
		-	-	-
	<b>Total cash funds</b>	<b>78,292</b>	<b>-</b>	<b>-</b>
	(agree balances with receipts and payments account(s))	OK	OK	OK
<b>B2 Other monetary assets</b>	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
<b>B3 Investment assets</b>	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
			-	-
			-	-
<b>B4 Assets retained for the charity's own use</b>	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
<b>B5 Liabilities</b>	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
			-	
			-	
			-	
			-	
Signed by one or two trustees on behalf of all the trustees	Signature	Print Name	Date of approval	
		Professor Torsten Plösch	30-Jul-24	
		Professor Nuruddin Mohammed	05-Aug-24	

The International Society for Developmental Origins of Health Disease (DOHaD)  
Independent Examiner's Report for the year ending 31st March 2024

Report to the Trustees of: DOHaD Charity No: 1190519

Accounts for the Year ended 31st March 2024.

**Respective Responsibilities of Trustees and Examiner**

The Charity's Trustees are responsible for the preparation of the accounts. The Charity's Trustees consider that an audit is not required for this year (under section 144(2) of the Charities Act 2011 (the Act), and that an independent examination is needed

It is my responsibility to:

- examine the accounts under section 145 of the 2011 Act,
- to follow the procedures laid down in the General Directions given by the Charity Commissioners (under section 145 (5)(b) of the 2011 Act), and
- to state whether particular matters have come to my attention.

**Basis of Independent Examiner's Statement**

**My examination was carried out in accordance with General Directions given by the Charity Commissioners.** An examination includes a review of the accounting records kept by the Charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from the Trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently. No opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out in the statement below.

**Independent Examiner's Statement**

In connection with my examination, no matter has come to my attention:

- 1 which gives me reasonable cause to believe that, in any material respect, the requirements:
  - to keep accounting records in accordance with Section 130 of the 2011 Act: and
  - to prepare accounts which accord with the accounting records and comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination, have not been met; or
- 2 to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

This report is made solely to the Charity's Trustees, as a body, in accordance with Part 4 of the Charities (Accounts and Reports) Regulations 2008. My work has been undertaken so that I might state to the Charity's Trustees those matters I am required to state to them in an Independent examiner's report and for no other purpose. To the fullest extent permitted by law, I do not accept or assume responsibility to anyone other than the Charity and the Charity's Trustees as a body, for my work or for this report

Signed	Date	25th September 2024
Name	Mrs J Crouch	

Relevant Professional Qualification or Body	Association of Accounting Technicians
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Address	35 Pixham Lane Dorking Surrey RH4 1PL
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