

PREGNANCY CRISIS HELPLINE
ANNUAL REPORT AND FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 JULY 2025



PREGNANCY CRISIS HELPLINE
FOR THE YEAR ENDED 31 JULY 2025

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CHARITY INFORMATION

Trustees

Toby Cosh (Chair)
Olivia Coningham-Rolls
Christian Clive Copus
Hilarie Blair (appointed 27 February 2025)

Charity Number

1190460

Contact Address

PO Box 78897
London
SW16 9PL

Independent Examiner

C J Dadswell FCCA DChA
Chartered Certified Accountants
Chantry House
22 Upperton Road
Eastbourne
East Sussex
BN21 1BF

Report of the Trustees

The Trustees have pleasure in presenting the annual report and accounts for the charity for the year ended 31 July 2025.

1 Objectives and activities

The primary activity of the charity is supporting people with an unplanned pregnancy, or following on from an abortion.

2 Achievements and performance

During this year, the Pregnancy Crisis Helpline received 1400 calls and 325 messages from clients requesting support - 1725 in total.

Our Google Ads were shown 210,000 times and people clicked on those adverts 8,200 times.

The trustee team agreed a new partnership with Sheffield Pregnancy Counselling Support to expand the number of volunteers available to support clients.

The operations team met monthly to share expertise and embed best-practices across all the partner centres. They also implemented termly meetings for all the partnership team volunteers to support continuous professional development.

One of our partners closed their local helpline to consolidate the resources into the PCH national helpline.

An external advisor performed a full audit of our technology platform, concluding that it was performing as expected.

Safeguarding and data protection continued to be a core focus of our operational and governance oversight.

We secured £13,500 in donations and £27,500 in grants during the year, a significant increase on the previous year, and met with numerous organisations and individuals for fundraising support.

We created a Case for Support document and a promotional video to give potential supporters an overview of the charity.

Toby Cosh, who is a trustee for the charity, continued to cover the interim CEO role until sufficient funds can be raised to formally advertise and appoint a permanent CEO. (NB: This is permitted by the charity's constitution).

3 Financial review

There was a surplus of £3,975 on general funds during the year (2024: deficit of £3,786).

4 Structure, governance and management

The Trust is a Charitable Incorporated Organisation, charity number 1190460, and was registered with the Charity Commission in 2020.

The Trustees who served during the period and up to the date of signature of the financial statements were:

Toby Cosh (Chair)
Olivia Coningham-Rolls
Christian Clive Copus
Hilarie Blair (appointed 27 February 2025)

None of the trustees has any beneficial interest in the Charity.



Mr Toby Cosh
Trustee

16th Feb 2016
Date:

Independent Examiner's Report to the Trustees of Pregnancy Crisis Helpline

I report to the trustees of the charity on my examination of the accounts of Pregnancy Crisis Helpline ('the CIO') for the year ended 31 July 2025.

Responsibilities and basis of report

As the charity trustees of the CIO you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the CIO's accounts carried out under section 145 of the Act. In carrying out my examination I have followed all applicable Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- (1) accounting records were not kept in respect of the CIO as required by section 130 of the Act; or
- (2) the accounts do not accord with those records.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



C J Dadswell FCCA DChA
Caladine Limited
Chartered Certified Accountants
Chantry House, 22 Upperton Road
Eastbourne, BN21 1BF

Date: 17/02/2026

Receipts and Payments Accounts

	Unrestricted Funds 2025 £	Unrestricted Funds 2024 £
Receipts		
Donations and legacies	13,500	8,758
Grants	27,500	12,000
Interest	188	221
Total receipts	<u>41,188</u>	<u>20,979</u>
Payments		
Bank charges	112	110
Consultancy	432	1,282
Software	882	1,026
Accounting and IE	1,440	-
Payroll costs	1,008	144
Advertising	2,637	2,339
Professional fees	-	40
Travelling and Subsistence	592	25
Insurance	169	207
Telecommunication	658	188
Staff wages	25,478	17,280
Staff pension	764	519
Staff expenses	766	355
HR	637	715
Office costs, printing and stationary	1,026	471
Training	192	-
Sundry	420	64
Total payments	<u>37,213</u>	<u>24,765</u>
Net receipts	3,975	(3,786)
Funds brought forward 01 August 2024	10,318	14,104
Funds carried forward 31 July 2025	<u>14,293</u>	<u>10,318</u>

Statement of Assets and Liabilities as at 31 July 2025

	2025	2024
	£	£
Cash Funds		
Cash at bank and in hand	14,293	10,318
	<u>14,293</u>	<u>10,318</u>
Liabilities		
Accountancy and Independent Examination fees 2023	-	780
Accountancy fees 2024	-	660
Accountancy and Independent Examination fees 2025	816	-
Payroll administration fees	-	336
Loan from Trustee	2,500	2,500
	<u>3,316</u>	<u>4,276</u>

Approved by the trustees on 10th Feb 2026 and signed on their behalf by



Mr Toby Cosh
Trustee

Notes to the Financial Statements

1 Accounting Policies

The Financial Statements have been prepared on a receipts and payments basis in accordance with Section 133 of the Charities Act 2011.

2 Donations

Donations are recognised when received by or on behalf of the charity.

3 Expenditure

Expenditure is recognised in the year in which it is incurred and allocated to the appropriate category.

4 Related party transactions

During this period, website services were provided to the Pregnancy Crisis Helpline by Narkan Ltd, a company for which Toby Cosh is owner and director. However during this year no invoices were submitted. (In 2024, total services of £1,282 were provided, of which £360 were reimbursements for payments made on behalf of the charity and £922 was for website services provided by Narkan Ltd to PCH).

During the year Trustee Toby Cosh was paid a salary of £25,478 and the charity made employer pension contributions for Mr Cosh of £764 in relation to his employment as the part-time interim CEO for Pregnancy Crisis Helpline.