

**TRUSTEES' REPORT AND  
UNAUDITED FINANCIAL STATEMENTS  
FOR THE YEAR ENDED 30 NOVEMBER 2023  
FOR  
LIFE IN LONDON TRUST**

Freemans Partnership LLP  
Chartered Certified Accountants  
Solar House  
282 Chase Road  
London  
N14 6NZ

**LIFE IN LONDON TRUST**  
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**FOR THE YEAR ENDED 30 NOVEMBER 2023**

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**LIFE IN LONDON TRUST**  
**TRUSTEES' REPORT**  
**FOR THE YEAR ENDED 30 NOVEMBER 2023**

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The trustees present their report with the financial statements of the charity for the year ended 30 November 2023. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

**OBJECTIVES AND ACTIVITIES**

**Objectives and activities for the public benefit**

Prevention or relief of Poverty:

Prevention of poverty by providing advice to disadvantaged and homeless people -

This will be achieved by obtaining professional assistance from other organisations and public bodies to provide targeted advice to those in need.

Help relieve poverty of disadvantaged and homeless people -

The trust will raise funds to provide basic essential items such as clothing and food to disadvantaged groups such as homeless people, elderly residents in social housing/homes, residents of women's refuges/hostels, hospices and similar establishments.

The trust will raise funds to assist public organisations helping those in need by reason of youth or ill health by providing normal items that are generally taken for granted by most individuals.

The advancement of education:

The trust will promote education by supporting existing education establishments that provide both formal and community education or assist in the development of individual capabilities, competences and skills.

The trust will also support organisations which fund people's education.

The relief of those in need, by reason of youth, age, ill-health, disability, financial hardship or other disadvantage:

The trust will raise funds to assist public organisations that provide accommodation and care to those in need by reason of youth, age, ill health, disability, financial or other disadvantage. This will be in the form of financial assistance or the provision of items required by such organisations to provide the appropriate level of accommodation or care.

The promotion of mental or moral improvement:

The trust will raise funds to assist the provision of services by other charities or public organisations that promote mental or moral improvement.

**Grantmaking and donations**

Grants and donations will be provided to any organisations that promote the objectives of the trust. The trustees will approve, confirm and document compliance with this criteria before any grants or donations are made.

**Volunteers**

All trustees and members of the trust perform all their functions and duties on a voluntary basis.

No remuneration directly or indirectly out of the funds of the trust was paid or is payable for the year to any trustees or volunteers or to any person or persons known to be connected with any of the trustees.

**LIFE IN LONDON TRUST**  
**TRUSTEES' REPORT**  
**FOR THE YEAR ENDED 30 NOVEMBER 2023**

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## **ACHIEVEMENT AND PERFORMANCE**

### **Charitable activities**

During the year Life In London Trust delivered a further 17 projects in line with the objectives and aims of the organisation consisting of the following:

Christmas 2022:

Gifts for children in Noah's Ark and Haven House hospices  
Gifts for children and young adults in St Christopher's Fellowship homes  
Survival packs for both men women in domestic violence refuges  
Food hampers for the elderly

Easter egg distribution to children in hospices and St Christopher's Fellowship homes in April 2023.

Monthly distribution of food and essential items to homeless people in central London.

### **Fundraising activities**

The trust raised donations via collections and personal donations totalling £29,771 (2022: £16,469). These funds were used for the 17 projects performed and for future projects.

The trust organised a Snowdonia fundraiser for the charity and for Mind in Harrow in July 2023. The volunteers raised £10,424 and a donation of £5,212 was paid to the charity Mind in Harrow to support their mental health activities in North London.

### **Investment performance**

During the year no interest of was received on the funds held in the bank account (2022: £Nil).

## **FINANCIAL REVIEW**

### **Principal funding sources**

The trust's principal sources of funding are from direct donations and cash collections which raised £10,528, Online donations raised from the charities website and Just Giving appeals of £17,806.

A further £1,437 (2022: £1,136) was received in the form of direct donations of items or services.

### **Reserves policy**

As at 30 November 2023 the trust has reserves of £21,204 which will be used for future projects.

The trust aims to maintain a minimum reserve balance of £1,000 in order to ensure the continued delivery of activities in line with it's objectives and aims.

## **FUTURE PLANS**

Life in London Trust is registered as a 'foundation' Charitable Incorporated Organisation number CE022574 on 20 July 2020 and has now received a Gift Aid number from HMRC to be able to claim Gift Aid on donations received where applicable. It is anticipated that this will assist to obtain more funding for its future charitable projects.

## **STRUCTURE, GOVERNANCE AND MANAGEMENT**

### **Governing document**

The trust is controlled by the Charity Commission's model 'foundation' CIO constitution.

### **Recruitment and appointment of new trustees**

The election of trustees is formalised in the constitution.

The founder trustee is appointed for 4 years and the first members of the trust are appointed for three years.

### **Organisational structure**

The CIO currently has a founder trustee and four additional trustees.

**LIFE IN LONDON TRUST**  
**TRUSTEES' REPORT**  
**FOR THE YEAR ENDED 30 NOVEMBER 2023**

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**STRUCTURE, GOVERNANCE AND MANAGEMENT**

**Induction and training of new trustees**

There are no formal policies or procedures for the induction and training of trustees, however new trustees are provided with a copy of the constitution and the trust's accounts. They are also given guidance as published by the Charity commission with regards to their roles and responsibilities (Guide CC3 and welcome pack) and the existing trustees also provide full support and guidance.

**REFERENCE AND ADMINISTRATIVE DETAILS**

**Registered Charity number**

1190459

**Principal address**

43 Oakwood Crescent  
Winchmore Hill  
London  
N21 1NX

**Trustees**

Mrs R Kalia  
Ms R Kalia  
Mr T H Theodorou  
Mr B S Kambo (appointed 24.2.23)  
Mrs S Tsangari (appointed 24.2.23)

**Independent Examiner**

Freemans Partnership LLP  
Chartered Certified Accountants  
Solar House  
282 Chase Road  
London  
N14 6NZ

**COMMENCEMENT OF ACTIVITIES**

The trust commenced on 1 December 2018 with a Christmas project to give gifts to children in St Christopher's Fellowship homes and children's hospices in North London. The trust registered as a 'foundation' Charitable Incorporated Organisation number CE022574 on 20 July 2020.

Approved by order of the board of trustees on 27 September 2024 and signed on its behalf by:



Mrs R Kalia - Trustee

**INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF  
LIFE IN LONDON TRUST**

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**Independent examiner's report to the trustees of Life in London Trust**

I report to the charity trustees on my examination of the accounts of Life in London Trust (the Trust) for the year ended 30 November 2023.

**Responsibilities and basis of report**

As the charity trustees of the Trust you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').


I report in respect of my examination of the Trust's accounts carried out under Section 145 of the Act and in carrying out my examination I have followed all applicable Directions given by the Charity Commission under Section 145(5)(b) of the Act.

**Independent examiner's statement**

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the Trust as required by Section 130 of the Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Mr Yiannkis Spyrou BSc (Hons), FCCA

Freemans Partnership LLP  
Chartered Certified Accountants  
Solar House  
282 Chase Road  
London  
N14 6NZ

27 September 2024

**LIFE IN LONDON TRUST**

**STATEMENT OF FINANCIAL ACTIVITIES**  
**FOR THE YEAR ENDED 30 NOVEMBER 2023**

	Notes	30.11.23 Unrestricted funds £	30.11.22 Total funds £
<b>INCOME AND ENDOWMENTS FROM</b>			
Donations and legacies		29,771	16,469
<b>EXPENDITURE ON</b>			
<b>Charitable activities</b>			
Christmas projects		1,214	352
Homeless projects		15,487	6,542
Mind mental health		5,212	-
All projects		2,652	1,747
Other		687	461
<b>Total</b>		25,252	9,102
<b>NET INCOME</b>		4,519	7,367
<b>RECONCILIATION OF FUNDS</b>			
Total funds brought forward		16,685	9,318
<b>TOTAL FUNDS CARRIED FORWARD</b>		21,204	16,685

The notes form part of these financial statements

# LIFE IN LONDON TRUST

## BALANCE SHEET 30 NOVEMBER 2023

		30.11.23 Unrestricted funds £	30.11.22 Total funds £
<b>FIXED ASSETS</b>	Notes		
Tangible assets	4	1,404	1,589
<b>CURRENT ASSETS</b>			
Debtors	5	3,166	1,645
Cash at bank and in hand		16,634	13,451
		<b>19,800</b>	15,096
<b>NET CURRENT ASSETS</b>		<b>19,800</b>	15,096
<b>TOTAL ASSETS LESS CURRENT LIABILITIES</b>		<b>21,204</b>	16,685
<b>NET ASSETS</b>		<b>21,204</b>	16,685
<b>FUNDS</b>	6		
Unrestricted funds		21,204	16,685
<b>TOTAL FUNDS</b>		<b>21,204</b>	16,685

The financial statements were approved by the Board of Trustees and authorised for issue on 27 September 2024 and were signed on its behalf by:



Mrs R Kalia - Trustee



Mr T H Theodorou - Trustee

The notes form part of these financial statements



## LIFE IN LONDON TRUST

### NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 30 NOVEMBER 2023

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#### 1. ACCOUNTING POLICIES

##### **Basis of preparing the financial statements**

The financial statements of the charity, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Charities Act 2011. The financial statements have been prepared under the historical cost convention.

##### **Income**

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

##### **Expenditure**

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

##### **Tangible fixed assets**

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Safety equipment	- 20% straight line
General equipment	- 20% straight line

##### **Taxation**

The charity is exempt from tax on its charitable activities.

##### **Fund accounting**

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

#### 2. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 30 November 2023 nor for the year ended 30 November 2022.

##### **Trustees' expenses**

There were no trustees' expenses paid for the year ended 30 November 2023 nor for the year ended 30 November 2022.

LIFE IN LONDON TRUST

NOTES TO THE FINANCIAL STATEMENTS - continued  
FOR THE YEAR ENDED 30 NOVEMBER 2023

3. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted funds £
<b>INCOME AND ENDOWMENTS FROM</b>	
Donations and legacies	16,469
<b>EXPENDITURE ON</b>	
<b>Charitable activities</b>	
Christmas projects	352
Homeless projects	6,542
All projects	1,747
Other	461
<b>Total</b>	9,102
<b>NET INCOME</b>	7,367
<b>RECONCILIATION OF FUNDS</b>	
Total funds brought forward	9,318
<b>TOTAL FUNDS CARRIED FORWARD</b>	16,685

4. TANGIBLE FIXED ASSETS

	Safety equipment £	General equipment £	Totals £
<b>COST</b>			
At 1 December 2022	271	2,349	2,620
Additions	120	382	502
At 30 November 2023	391	2,731	3,122
<b>DEPRECIATION</b>			
At 1 December 2022	217	814	1,031
Charge for year	78	609	687
At 30 November 2023	295	1,423	1,718
<b>NET BOOK VALUE</b>			
At 30 November 2023	96	1,308	1,404
At 30 November 2022	54	1,535	1,589

**LIFE IN LONDON TRUST**

**NOTES TO THE FINANCIAL STATEMENTS - continued  
FOR THE YEAR ENDED 30 NOVEMBER 2023**

**5. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR**

	<b>30.11.23</b>	30.11.22
	<b>£</b>	£
Prepayments and accrued income	<b><u>3,166</u></b>	<u>1,645</u>

**6. MOVEMENT IN FUNDS**

	At 1.12.22 £	Net movement in funds £	At 30.11.23 £
<b>Unrestricted funds</b>			
General fund	16,685	4,519	21,204
<b>TOTAL FUNDS</b>	<b><u>16,685</u></b>	<b><u>4,519</u></b>	<b><u>21,204</u></b>

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
<b>Unrestricted funds</b>			
General fund	29,771	(25,252)	4,519
<b>TOTAL FUNDS</b>	<b><u>29,771</u></b>	<b><u>(25,252)</u></b>	<b><u>4,519</u></b>

**Comparatives for movement in funds**

	At 1.12.21 £	Net movement in funds £	At 30.11.22 £
<b>Unrestricted funds</b>			
General fund	9,318	7,367	16,685
<b>TOTAL FUNDS</b>	<b><u>9,318</u></b>	<b><u>7,367</u></b>	<b><u>16,685</u></b>

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
<b>Unrestricted funds</b>			
General fund	16,469	(9,102)	7,367
<b>TOTAL FUNDS</b>	<b><u>16,469</u></b>	<b><u>(9,102)</u></b>	<b><u>7,367</u></b>

# LIFE IN LONDON TRUST

## NOTES TO THE FINANCIAL STATEMENTS - continued FOR THE YEAR ENDED 30 NOVEMBER 2023

### 6. MOVEMENT IN FUNDS - continued

A current year 12 months and prior year 12 months combined position is as follows:

	At 1.12.21 £	Net movement in funds £	At 30.11.23 £
<b>Unrestricted funds</b>			
General fund	9,318	11,886	21,204
<b>TOTAL FUNDS</b>	<u>9,318</u>	<u>11,886</u>	<u>21,204</u>

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
<b>Unrestricted funds</b>			
General fund	46,240	(34,354)	11,886
<b>TOTAL FUNDS</b>	<u>46,240</u>	<u>(34,354)</u>	<u>11,886</u>

### 7. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 30 November 2023.

# LIFE IN LONDON TRUST

## DETAILED STATEMENT OF FINANCIAL ACTIVITIES FOR THE YEAR ENDED 30 NOVEMBER 2023

	30.11.23 £	30.11.22 £
<b>INCOME AND ENDOWMENTS</b>		
<b>Donations and legacies</b>		
Online donations	17,806	375
Cash and direct donations	10,528	15,333
Donated items and services	1,437	761
	<u>29,771</u>	<u>16,469</u>
<b>Total incoming resources</b>	<b>29,771</b>	<b>16,469</b>
<b>EXPENDITURE</b>		
<b>Charitable activities</b>		
Gift items	1,214	352
Bags and gift wrapping items	558	548
Donations paid	5,212	-
Food and toiletry items	9,199	4,650
Clothing & personal care items	6,288	1,344
Online and card donation fees	50	23
Motor and Travelling	652	579
	<u>23,173</u>	<u>7,496</u>
<b>Other</b>		
Depn of safety equipment	78	54
Depn of general equipment	609	407
	<u>687</u>	<u>461</u>
<b>Support costs</b>		
<b>Management</b>		
Cleaning and PPE supplies	67	37
Postage and stationery	111	45
Advertising and promotion	1,214	1,063
	<u>1,392</u>	<u>1,145</u>
<b>Total resources expended</b>	<b>25,252</b>	<b>9,102</b>
<b>Net income</b>	<b>4,519</b>	<b>7,367</b>

This page does not form part of the statutory financial statements

