

LIFE IN LONDON TRUST

England & Wales · Charity number 1190459

Details

Other names	LILT
Status	Registered
Legal form	CIO
Registered	2020-07-20
Register	View on the Charity Commission register

Contact

Address	43 Oakwood Crescent London N21 1NX
Phone	07956836201
Email	lifeinlondontrust@hotmail.com
Website	www.lifeinlondontrust.co.uk

Activities

Objects: THE OBJECTS OF THE CIO ARE1. THE PREVENTION OR RELIEF OF POVERTY IN THE UNITED KINGDOM, AND ELSEWHERE IN THE WORLD BY PROVIDING GRANTS, ITEMS AND GOODS TO INDIVIDUALS IN NEED AND/OR CHARITIES, OR OTHER ORGANISATIONS WORKING TO PREVENT OR RELIEVE POVERTY.2. THE ADVANCEMENT OF EDUCATION; AND3. THE RELIEF OF THOSE IN NEED, BY REASON OF YOUTH, AGE, ILL-HEALTH, DISABILITY, FINANCIAL HARDSHIP OR OTHER DISADVANTAGE

Activities: 1. The prevention or relief of poverty in the United Kingdom, and elsewhere in the world by providing grants, items and goods to individuals in need and/or charities, or other organisations working to prevent or relieve poverty.2. The advancement of education; and3. The relief of those in need, by reason of youth, age, ill-health, disability, financial hardship or other disadvantage.

Classification

- **How:** Makes Grants To Organisations, Provides Services, Other Charitable Activities
- **What:** Education/training, Disability, The Prevention Or Relief Of Poverty, Other Charitable Purposes
- **Who:** Children/young People, Elderly/old People, People With Disabilities, Other Defined Groups

Geography

- India
- Throughout England And Wales

Finances

Period end	Income	Expenditure	Assets	Employees
2024-11-30	£25,875	£21,351	-	-
2023-11-30	£29,771	£25,252	-	-
2022-11-30	£16,469	£9,102	-	-
2021-11-30	£11,815	£5,407	-	-

Trustees

Name	Role	Appointed
Reena Kalia	Chair	2018-12-01
Aatish Dudani		2024-12-19
Barinderjit Singh Kambo		2023-02-24
Sonal Dudani		2024-12-19
Theo Harry Theodorou		2020-01-14

LIFE IN LONDON TRUST

England & Wales - Charity number 1190459

Accounts

**TRUSTEES' REPORT AND
UNAUDITED FINANCIAL STATEMENTS
FOR THE YEAR ENDED 30 NOVEMBER 2024
FOR
LIFE IN LONDON TRUST**

Freemans Partnership LLP
Chartered Certified Accountants
Solar House
282 Chase Road
London
N14 6NZ

LIFE IN LONDON TRUST
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FOR THE YEAR ENDED 30 NOVEMBER 2024

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LIFE IN LONDON TRUST
TRUSTEES' REPORT
FOR THE YEAR ENDED 30 NOVEMBER 2024

The trustees present their report with the financial statements of the charity for the year ended 30 November 2024. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

OBJECTIVES AND ACTIVITIES

Objectives and activities for the public benefit

Prevention or relief of Poverty:

Prevention of poverty by providing advice to disadvantaged and homeless people -

This will be achieved by obtaining professional assistance from other organisations and public bodies to provide targeted advice to those in need.

Help relieve poverty of disadvantaged and homeless people -

The trust will raise funds to provide basic essential items such as clothing and food to disadvantaged groups such as homeless people, elderly residents in social housing/homes, residents of women's refuges/hostels, hospices and similar establishments.

The trust will raise funds to assist public organisations helping those in need by reason of youth or ill health by providing normal items that are generally taken for granted by most individuals.

The advancement of education:

The trust will promote education by supporting existing education establishments that provide both formal and community education or assist in the development of individual capabilities, competences and skills.

The trust will also support organisations which fund people's education.

The relief of those in need, by reason of youth, age, ill-health, disability, financial hardship or other disadvantage:

The trust will raise funds to assist public organisations that provide accommodation and care to those in need by reason of youth, age, ill health, disability, financial or other disadvantage. This will be in the form of financial assistance or the provision of items required by such organisations to provide the appropriate level of accommodation or care.

The promotion of mental or moral improvement:

The trust will raise funds to assist the provision of services by other charities or public organisations that promote mental or moral improvement.

Grantmaking and donations

Grants and donations will be provided to any organisations that promote the objectives of the trust. The trustees will approve, confirm and document compliance with this criteria before any grants or donations are made.

Volunteers

All trustees and members of the trust perform all their functions and duties on a voluntary basis.

No remuneration directly or indirectly out of the funds of the trust was paid or is payable for the year to any trustees or volunteers or to any person or persons known to be connected with any of the trustees.

LIFE IN LONDON TRUST
TRUSTEES' REPORT
FOR THE YEAR ENDED 30 NOVEMBER 2024

ACHIEVEMENTS AND PERFORMANCE

Charitable activities

During the year Life In London Trust delivered a further 17 projects in line with the objectives and aims of the organisation consisting of the following:

Christmas 2023:

- Gifts for children in Noah's Ark and Haven House hospices
- Gifts for children and young adults in St Christopher's Fellowship homes
- Survival packs for both men women in domestic violence refuges
- Food hampers for the elderly

Easter egg distribution to children in hospices and St Christopher's Fellowship homes in April 2024.

Monthly distribution of food and essential items to homeless people in Central London.

Fundraising activities

The trust raised donations via collections and personal donations totalling £25,875 (2023: £29,771). These funds were used for the 17 projects performed and for future projects.

The trust organised a sponsored walk in Hyde Park to generate funds for the charity in September 2024 and the volunteers raised a total of £9,421.

Investment performance

During the year no interest of was received on the funds held in the bank account (2023: £Nil).

FINANCIAL REVIEW

Principal funding sources

The trust's principal sources of funding are from direct donations and cash collections which raised £13,013, Online donations raised from the charities website and Just Giving appeals of £12,085.

A further £777 (2023: £1,437) was received in the form of direct donations of items or services.

Reserves policy

As at 30 November 2024 the trust has reserves of £25,728 which will be used for future projects.

The trust aims to maintain a minimum reserve balance of £1,000 in order to ensure the continued delivery of activities in line with it's objectives and aims.

FUTURE PLANS

Life in London Trust is registered as a 'foundation' Charitable Incorporated Organisation number CE022574 on 20 July 2020 and has now received a Gift Aid number from HMRC to be able to claim Gift Aid on donations received where applicable. It is anticipated that this will assist to obtain more funding for its future charitable projects as the online donation service provider can now also process Gift Aid claims directly with HMRC on behalf of the trust.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The trust is controlled by the Charity Commission's model 'foundation' CIO constitution.

Recruitment and appointment of new trustees

The election of trustees is formalised in the constitution.

The founder trustee is appointed for 4 years and the first members of the trust are appointed for three years.

Organisational structure

The CIO currently has a founder trustee and four additional trustees.

LIFE IN LONDON TRUST
TRUSTEES' REPORT
FOR THE YEAR ENDED 30 NOVEMBER 2024

STRUCTURE, GOVERNANCE AND MANAGEMENT

Induction and training of new trustees

There are no formal policies or procedures for the induction and training of trustees, however new trustees are provided with a copy of the constitution and the trust's accounts. They are also given guidance as published by the Charity commission with regards to their roles and responsibilities (Guide CC3 and welcome pack) and the existing trustees also provide full support and guidance.

Risk management

The trustees have a duty to identify and review the risks to which the trust is exposed and to ensure appropriate controls are in place to provide reasonable assurance against fraud and error.

The trustees have considered the major risks and are satisfied that any risks identified have been adequately mitigated where necessary. It is recognised that systems can only provide reasonable but not absolute assurance that major risks have been adequately managed.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Charity number

1190459

Principal address

43 Oakwood Crescent
Winchmore Hill
London
N21 1NX

Trustees

Mrs R Kalia
Ms R Kalia (resigned 19.12.24)
Mr T H Theodorou
Mr B S Kambo
Mrs S Tsangari (resigned 19.12.24)
Mr A Dudani (appointed 19.12.24)
Mrs S Dudani (appointed 19.12.24)

Independent Examiner

Freemans Partnership LLP
Chartered Certified Accountants
Solar House
282 Chase Road
London
N14 6NZ

COMMENCEMENT OF ACTIVITIES

The trust commenced on 1 December 2018 with a Christmas project to give gifts to children in St Christopher's Fellowship homes and children's hospices in North London. The trust registered as a 'foundation' Charitable Incorporated Organisation number CE022574 on 20 July 2020.

Approved by order of the board of trustees on 29 September 2025 and signed on its behalf by:



Mrs R Kalia - Trustee

**INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF
LIFE IN LONDON TRUST**

Independent examiner's report to the trustees of Life in London Trust

I report to the charity trustees on my examination of the accounts of Life in London Trust (the Trust) for the year ended 30 November 2024.

Responsibilities and basis of report

As the charity trustees of the Trust you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the Trust's accounts carried out under Section 145 of the Act and in carrying out my examination I have followed all applicable Directions given by the Charity Commission under Section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the Trust as required by Section 130 of the Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Mr Yiannkis Spyrou BSc (Hons), FCCA

Freemans Partnership LLP
Chartered Certified Accountants
Solar House
282 Chase Road
London
N14 6NZ

29 September 2025

LIFE IN LONDON TRUST

STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 30 NOVEMBER 2024

	Notes	30.11.24 Unrestricted funds £	30.11.23 Total funds £
INCOME AND ENDOWMENTS FROM			
Donations and legacies		<u>25,875</u>	<u>29,771</u>
EXPENDITURE ON			
Charitable activities			
Christmas projects		1,679	1,214
Homeless projects		16,286	15,487
Mind mental health		-	5,212
All projects		2,782	2,652
Other		<u>604</u>	<u>687</u>
Total		<u>21,351</u>	<u>25,252</u>
NET INCOME		4,524	4,519
RECONCILIATION OF FUNDS			
Total funds brought forward		21,204	16,685
TOTAL FUNDS CARRIED FORWARD		<u><u>25,728</u></u>	<u><u>21,204</u></u>

The notes form part of these financial statements

LIFE IN LONDON TRUST

BALANCE SHEET
30 NOVEMBER 2024

		30.11.24	30.11.23
		Unrestricted	Total
		funds	funds
		£	£
FIXED ASSETS	Notes		
Tangible assets	4	968	1,404
CURRENT ASSETS			
Debtors	5	3,085	3,166
Cash at bank and in hand		<u>22,780</u>	<u>16,634</u>
		25,865	19,800
CREDITORS			
Amounts falling due within one year	6	(1,105)	-
NET CURRENT ASSETS		<u>24,760</u>	<u>19,800</u>
TOTAL ASSETS LESS CURRENT LIABILITIES		25,728	21,204
NET ASSETS		<u>25,728</u>	<u>21,204</u>
FUNDS			
Unrestricted funds	7	<u>25,728</u>	<u>21,204</u>
TOTAL FUNDS		<u>25,728</u>	<u>21,204</u>

The financial statements were approved by the Board of Trustees and authorised for issue on 29 September 2025 and were signed on its behalf by:



Mrs R Kalia - Trustee



Mr T H Theodorou - Trustee

The notes form part of these financial statements

LIFE IN LONDON TRUST
NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 30 NOVEMBER 2024

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charity, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Charities Act 2011. The financial statements have been prepared under the historical cost convention.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Safety equipment	- 20% straight line
General equipment	- 20% straight line

Taxation

The charity is exempt from tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

2. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 30 November 2024 nor for the year ended 30 November 2023.

Trustees' expenses

There were no trustees' expenses paid for the year ended 30 November 2024 nor for the year ended 30 November 2023.

LIFE IN LONDON TRUST

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 30 NOVEMBER 2024

3. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted funds £
INCOME AND ENDOWMENTS FROM	
Donations and legacies	29,771
EXPENDITURE ON	
Charitable activities	
Christmas projects	1,214
Homeless projects	15,487
Mind mental health	5,212
All projects	2,652
Other	687
Total	25,252
NET INCOME	4,519
RECONCILIATION OF FUNDS	
Total funds brought forward	16,685
TOTAL FUNDS CARRIED FORWARD	21,204

4. TANGIBLE FIXED ASSETS

	Safety equipment £	General equipment £	Totals £
COST			
At 1 December 2023	391	2,731	3,122
Additions	-	167	167
At 30 November 2024	391	2,898	3,289
DEPRECIATION			
At 1 December 2023	295	1,423	1,718
Charge for year	24	579	603
At 30 November 2024	319	2,002	2,321
NET BOOK VALUE			
At 30 November 2024	72	896	968
At 30 November 2023	96	1,308	1,404

LIFE IN LONDON TRUST
NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 30 NOVEMBER 2024

5. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	30.11.24	30.11.23
	£	£
Other debtors	200	-
Prepayments and accrued income	2,885	3,166
	<u>3,085</u>	<u>3,166</u>

6. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	30.11.24	30.11.23
	£	£
Trade creditors	409	-
Other creditors	696	-
	<u>1,105</u>	<u>-</u>

7. MOVEMENT IN FUNDS

	At 1.12.23 £	Net movement in funds £	At 30.11.24 £
Unrestricted funds			
General fund	21,204	4,524	25,728
	<u>21,204</u>	<u>4,524</u>	<u>25,728</u>
TOTAL FUNDS	<u>21,204</u>	<u>4,524</u>	<u>25,728</u>

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	25,875	(21,351)	4,524
	<u>25,875</u>	<u>(21,351)</u>	<u>4,524</u>
TOTAL FUNDS	<u>25,875</u>	<u>(21,351)</u>	<u>4,524</u>

Comparatives for movement in funds

	At 1.12.22 £	Net movement in funds £	At 30.11.23 £
Unrestricted funds			
General fund	16,685	4,519	21,204
	<u>16,685</u>	<u>4,519</u>	<u>21,204</u>
TOTAL FUNDS	<u>16,685</u>	<u>4,519</u>	<u>21,204</u>

LIFE IN LONDON TRUST

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 30 NOVEMBER 2024

7. MOVEMENT IN FUNDS - continued

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	29,771	(25,252)	4,519
TOTAL FUNDS	<u>29,771</u>	<u>(25,252)</u>	<u>4,519</u>

A current year 12 months and prior year 12 months combined position is as follows:

	At 1.12.22 £	Net movement in funds £	At 30.11.24 £
Unrestricted funds			
General fund	16,685	9,043	25,728
TOTAL FUNDS	<u>16,685</u>	<u>9,043</u>	<u>25,728</u>

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	55,646	(46,603)	9,043
TOTAL FUNDS	<u>55,646</u>	<u>(46,603)</u>	<u>9,043</u>

8. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 30 November 2024.

LIFE IN LONDON TRUST

**DETAILED STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 30 NOVEMBER 2024**

	30.11.24 £	30.11.23 £
INCOME AND ENDOWMENTS		
Donations and legacies		
Online donations	12,085	17,806
Cash and direct donations	13,013	10,528
Donated items and services	777	1,437
	<u>25,875</u>	<u>29,771</u>
Total incoming resources	25,875	29,771
EXPENDITURE		
Charitable activities		
Gift items	1,679	1,214
Bags and gift wrapping items	767	558
Donations paid	-	5,212
Food and toiletry items	10,791	9,199
Clothing & personal care items	5,495	6,288
Online and card donation fees	165	50
Motor and Travelling	801	652
	<u>19,698</u>	<u>23,173</u>
Other		
Depn of safety equipment	24	78
Depn of general equipment	580	609
	<u>604</u>	<u>687</u>
Support costs		
Management		
Cleaning and PPE supplies	26	67
Postage and stationery	101	111
Advertising and promotion	820	1,214
Storage	102	-
	<u>1,049</u>	<u>1,392</u>
Total resources expended	21,351	25,252
Net income	4,524	4,519

This page does not form part of the statutory financial statements

LIFE IN LONDON TRUST

England & Wales - Charity number 1190459

Accounts

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LIFE IN LONDON TRUST
TRUSTEES' REPORT
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LIFE IN LONDON TRUST
TRUSTEES' REPORT
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ACHIEVEMENT AND PERFORMANCE

Charitable activities

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Gifts for children in Noah's Ark and Haven House hospices
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Food hampers for the elderly

Easter egg distribution to children in hospices and St Christopher's Fellowship homes in April 2023.

Monthly distribution of food and essential items to homeless people in central London.

Fundraising activities

The trust raised donations via collections and personal donations totalling £29,771 (2022: £16,469). These funds were used for the 17 projects performed and for future projects.

The trust organised a Snowdonia fundraiser for the charity and for Mind in Harrow in July 2023. The volunteers raised £10,424 and a donation of £5,212 was paid to the charity Mind in Harrow to support their mental health activities in North London.

Investment performance

During the year no interest of was received on the funds held in the bank account (2022: £Nil).

FINANCIAL REVIEW

Principal funding sources

The trust's principal sources of funding are from direct donations and cash collections which raised £10,528, Online donations raised from the charities website and Just Giving appeals of £17,806.

A further £1,437 (2022: £1,136) was received in the form of direct donations of items or services.

Reserves policy

As at 30 November 2023 the trust has reserves of £21,204 which will be used for future projects.

The trust aims to maintain a minimum reserve balance of £1,000 in order to ensure the continued delivery of activities in line with it's objectives and aims.

FUTURE PLANS

Life in London Trust is registered as a 'foundation' Charitable Incorporated Organisation number CE022574 on 20 July 2020 and has now received a Gift Aid number from HMRC to be able to claim Gift Aid on donations received where applicable. It is anticipated that this will assist to obtain more funding for its future charitable projects.

STRUCTURE, GOVERNANCE AND MANAGEMENT

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TRUSTEES' REPORT
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There are no formal policies or procedures for the induction and training of trustees, however new trustees are provided with a copy of the constitution and the trust's accounts. They are also given guidance as published by the Charity commission with regards to their roles and responsibilities (Guide CC3 and welcome pack) and the existing trustees also provide full support and guidance.

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Registered Charity number

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Winchmore Hill
London
N21 1NX

Trustees

Mrs R Kalia
Ms R Kalia
Mr T H Theodorou
Mr B S Kambo (appointed 24.2.23)
Mrs S Tsangari (appointed 24.2.23)

Independent Examiner

Freemans Partnership LLP
Chartered Certified Accountants
Solar House
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COMMENCEMENT OF ACTIVITIES

The trust commenced on 1 December 2018 with a Christmas project to give gifts to children in St Christopher's Fellowship homes and children's hospices in North London. The trust registered as a 'foundation' Charitable Incorporated Organisation number CE022574 on 20 July 2020.

Approved by order of the board of trustees on 27 September 2024 and signed on its behalf by:



Mrs R Kalia - Trustee

**INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF
LIFE IN LONDON TRUST**

Independent examiner's report to the trustees of Life in London Trust

I report to the charity trustees on my examination of the accounts of Life in London Trust (the Trust) for the year ended 30 November 2023.

Responsibilities and basis of report

As the charity trustees of the Trust you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

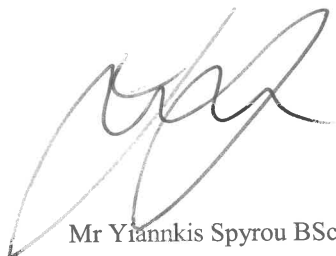
I report in respect of my examination of the Trust's accounts carried out under Section 145 of the Act and in carrying out my examination I have followed all applicable Directions given by the Charity Commission under Section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

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2. the accounts do not accord with those records; or
3. the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Mr Yiannkis Spyrou BSc (Hons), FCCA

Freemans Partnership LLP
Chartered Certified Accountants
Solar House
282 Chase Road
London
N14 6NZ

27 September 2024

LIFE IN LONDON TRUST

STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 30 NOVEMBER 2023

	Notes	30.11.23 Unrestricted funds £	30.11.22 Total funds £
INCOME AND ENDOWMENTS FROM			
Donations and legacies		29,771	16,469
EXPENDITURE ON			
Charitable activities			
Christmas projects		1,214	352
Homeless projects		15,487	6,542
Mind mental health		5,212	-
All projects		2,652	1,747
Other		687	461
Total		25,252	9,102
NET INCOME		4,519	7,367
RECONCILIATION OF FUNDS			
Total funds brought forward		16,685	9,318
TOTAL FUNDS CARRIED FORWARD		21,204	16,685

The notes form part of these financial statements

LIFE IN LONDON TRUST

BALANCE SHEET 30 NOVEMBER 2023

		30.11.23 Unrestricted funds £	30.11.22 Total funds £
FIXED ASSETS	Notes		
Tangible assets	4	1,404	1,589
CURRENT ASSETS			
Debtors	5	3,166	1,645
Cash at bank and in hand		16,634	13,451
		19,800	15,096
NET CURRENT ASSETS		19,800	15,096
TOTAL ASSETS LESS CURRENT LIABILITIES		21,204	16,685
NET ASSETS		21,204	16,685
FUNDS	6		
Unrestricted funds		21,204	16,685
TOTAL FUNDS		21,204	16,685

The financial statements were approved by the Board of Trustees and authorised for issue on 27 September 2024 and were signed on its behalf by:



Mrs R Kalia - Trustee



Mr T H Theodorou - Trustee

The notes form part of these financial statements

LIFE IN LONDON TRUST

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 30 NOVEMBER 2023

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charity, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Charities Act 2011. The financial statements have been prepared under the historical cost convention.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Safety equipment	- 20% straight line
General equipment	- 20% straight line

Taxation

The charity is exempt from tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

2. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 30 November 2023 nor for the year ended 30 November 2022.

Trustees' expenses

There were no trustees' expenses paid for the year ended 30 November 2023 nor for the year ended 30 November 2022.

LIFE IN LONDON TRUST

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 30 NOVEMBER 2023

3. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted funds £
INCOME AND ENDOWMENTS FROM	
Donations and legacies	16,469
EXPENDITURE ON	
Charitable activities	
Christmas projects	352
Homeless projects	6,542
All projects	1,747
Other	461
Total	9,102
NET INCOME	7,367
RECONCILIATION OF FUNDS	
Total funds brought forward	9,318
TOTAL FUNDS CARRIED FORWARD	16,685

4. TANGIBLE FIXED ASSETS

	Safety equipment £	General equipment £	Totals £
COST			
At 1 December 2022	271	2,349	2,620
Additions	120	382	502
At 30 November 2023	391	2,731	3,122
DEPRECIATION			
At 1 December 2022	217	814	1,031
Charge for year	78	609	687
At 30 November 2023	295	1,423	1,718
NET BOOK VALUE			
At 30 November 2023	96	1,308	1,404
At 30 November 2022	54	1,535	1,589

LIFE IN LONDON TRUST

**NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 30 NOVEMBER 2023**

5. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	30.11.23	30.11.22
	£	£
Prepayments and accrued income	<u>3,166</u>	<u>1,645</u>

6. MOVEMENT IN FUNDS

	At 1.12.22 £	Net movement in funds £	At 30.11.23 £
Unrestricted funds			
General fund	16,685	4,519	21,204
TOTAL FUNDS	<u>16,685</u>	<u>4,519</u>	<u>21,204</u>

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	29,771	(25,252)	4,519
TOTAL FUNDS	<u>29,771</u>	<u>(25,252)</u>	<u>4,519</u>

Comparatives for movement in funds

	At 1.12.21 £	Net movement in funds £	At 30.11.22 £
Unrestricted funds			
General fund	9,318	7,367	16,685
TOTAL FUNDS	<u>9,318</u>	<u>7,367</u>	<u>16,685</u>

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	16,469	(9,102)	7,367
TOTAL FUNDS	<u>16,469</u>	<u>(9,102)</u>	<u>7,367</u>

LIFE IN LONDON TRUST

NOTES TO THE FINANCIAL STATEMENTS - continued FOR THE YEAR ENDED 30 NOVEMBER 2023

6. MOVEMENT IN FUNDS - continued

A current year 12 months and prior year 12 months combined position is as follows:

	At 1.12.21 £	Net movement in funds £	At 30.11.23 £
Unrestricted funds			
General fund	9,318	11,886	21,204
TOTAL FUNDS	<u>9,318</u>	<u>11,886</u>	<u>21,204</u>

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	46,240	(34,354)	11,886
TOTAL FUNDS	<u>46,240</u>	<u>(34,354)</u>	<u>11,886</u>

7. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 30 November 2023.

LIFE IN LONDON TRUST

DETAILED STATEMENT OF FINANCIAL ACTIVITIES FOR THE YEAR ENDED 30 NOVEMBER 2023

	30.11.23 £	30.11.22 £
INCOME AND ENDOWMENTS		
Donations and legacies		
Online donations	17,806	375
Cash and direct donations	10,528	15,333
Donated items and services	1,437	761
	<u>29,771</u>	<u>16,469</u>
Total incoming resources	29,771	16,469
EXPENDITURE		
Charitable activities		
Gift items	1,214	352
Bags and gift wrapping items	558	548
Donations paid	5,212	-
Food and toiletry items	9,199	4,650
Clothing & personal care items	6,288	1,344
Online and card donation fees	50	23
Motor and Travelling	652	579
	<u>23,173</u>	<u>7,496</u>
Other		
Depn of safety equipment	78	54
Depn of general equipment	609	407
	<u>687</u>	<u>461</u>
Support costs		
Management		
Cleaning and PPE supplies	67	37
Postage and stationery	111	45
Advertising and promotion	1,214	1,063
	<u>1,392</u>	<u>1,145</u>
Total resources expended	25,252	9,102
Net income	4,519	7,367

This page does not form part of the statutory financial statements

LIFE IN LONDON TRUST

England & Wales - Charity number 1190459

Accounts

**TRUSTEES' REPORT AND
UNAUDITED FINANCIAL STATEMENTS
FOR THE YEAR ENDED 30 NOVEMBER 2022
FOR
LIFE IN LONDON TRUST**

Freemans Partnership LLP
Chartered Certified Accountants
Solar House
282 Chase Road
London
N14 6NZ

LIFE IN LONDON TRUST
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LIFE IN LONDON TRUST
TRUSTEES' REPORT
FOR THE YEAR ENDED 30 NOVEMBER 2022

The trustees present their report with the financial statements of the charity for the year ended 30 November 2022. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

OBJECTIVES AND ACTIVITIES

Objectives and activities for the public benefit

Prevention or relief of Poverty:

Prevention of poverty by providing advice to disadvantaged and homeless people -

This will be achieved by obtaining professional assistance from other organisations and public bodies to provide targeted advice to those in need.

Help relieve poverty of disadvantaged and homeless people -

The trust will raise funds to provide basic essential items such as clothing and food to disadvantaged groups such as homeless people, elderly residents in social housing/homes, residents of women's refuges/hostels, hospices and similar establishments.

The trust will raise funds to assist public organisations helping those in need by reason of youth or ill health by providing normal items that are generally taken for granted by most individuals.

The advancement of education:

The trust will promote education by supporting existing education establishments that provide both formal and community education or assist in the development of individual capabilities, competences and skills.

The trust will also support organisations which fund people's education.

The relief of those in need, by reason of youth, age, ill-health, disability, financial hardship or other disadvantage:

The trust will raise funds to assist public organisations that provide accommodation and care to those in need by reason of youth, age, ill health, disability, financial or other disadvantage. This will be in the form of financial assistance or the provision of items required by such organisations to provide the appropriate level of accommodation or care.

The promotion of mental or moral improvement:

The trust will raise funds to assist the provision of services by other charities or public organisations that promote mental or moral improvement.

Grantmaking and donations

Grants and donations will be provided to any organisations that promote the objectives of the trust. The trustees will approve, confirm and document compliance with this criteria before any grants or donations are made.

Volunteers

All trustees and members of the trust perform all their functions and duties on a voluntary basis.

No remuneration directly or indirectly out of the funds of the trust was paid or is payable for the year to any trustees or volunteers or to any person or persons known to be connected with any of the trustees.

LIFE IN LONDON TRUST
TRUSTEES' REPORT
FOR THE YEAR ENDED 30 NOVEMBER 2022

ACHIEVEMENT AND PERFORMANCE

Charitable activities

During the year Life In London Trust delivered a further 18 projects in line with the objectives and aims of the organisation consisting of the following:

Christmas 2021:

Gifts for children in Noah's Ark and Haven House hospices

Gifts for children and young adults in St Christopher's Fellowship homes

Survival packs for both men women in refuges

Food hampers for the elderly

Easter egg distribution to children in hospices and St Christopher's Fellowship homes in April 2022.

Provision of bedding items to Noah's Ark for its residential trip arranged for the children in Summer 2022.

Monthly distribution of food and essential items to homeless people in central London.

Fundraising activities

The trust raised donations via collections and personal donations totalling £16,469 (2021: £11,815). These funds were used for the 18 projects performed and for future projects.

Investment performance

During the year no interest of was received on the funds held in the bank account (2021: £Nil).

FINANCIAL REVIEW

Principal funding sources

The trust's principal sources of funding are from direct donations and cash collections which raised £15,333 and a further £1,136 was received in the form of direct donations or donated items.

Reserves policy

As at 30 November 2022 the trust has reserves of £16,685 which will be used for future projects.

The trust aims to maintain a minimum reserve balance of £1,000 in order to ensure the continued delivery of activities in line with its objectives and aims.

FUTURE PLANS

Life in London Trust is registered as a 'foundation' Charitable Incorporated Organisation number CE022574 on 20 July 2020 and has now received a Gift Aid number from HMRC to be able to claim Gift Aid on donations received where applicable. It is anticipated that this will assist to obtain more funding for its future charitable projects.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The trust is controlled by the Charity Commission's model 'foundation' CIO constitution.

Recruitment and appointment of new trustees

The election of trustees is formalised in the constitution.

The founder trustee is appointed for 4 years and the first members of the trust are appointed for three years.

Organisational structure

The CIO currently has a founder trustee and two additional first appointed trustees. a further two trustees were appointed after the reporting period on 24 February 2023.

LIFE IN LONDON TRUST
TRUSTEES' REPORT
FOR THE YEAR ENDED 30 NOVEMBER 2022

STRUCTURE, GOVERNANCE AND MANAGEMENT

Induction and training of new trustees

There are no formal policies or procedures for the induction and training of trustees, however new trustees are provided with a copy of the constitution and the trust's accounts. They are also given guidance as published by the Charity commission with regards to their roles and responsibilities (Guide CC3 and welcome pack) and the existing trustees also provide full support and guidance.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Charity number

1190459

Principal address

43 Oakwood Crescent
Winchmore Hill
London
N21 1NX

Trustees

Mrs R Kalia
Ms R Kalia
Mr T H Theodorou
Mr B S Kambo (appointed 24.2.23)
Mrs S Tsangari (appointed 24.2.23)

COMMENCEMENT OF ACTIVITIES

The trust commenced on 1 December 2018 with a Christmas project to give gifts to children in St Christopher's Fellowship homes and children's hospices in North London.

Approved by order of the board of trustees on 30 September 2023 and signed on its behalf by:



Mrs R Kalia - Trustee

LIFE IN LONDON TRUST

STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 30 NOVEMBER 2022

	Notes	30.11.22 Unrestricted funds £	30.11.21 Total funds £
INCOME AND ENDOWMENTS FROM			
Donations and legacies		<u>16,469</u>	<u>11,815</u>
EXPENDITURE ON			
Charitable activities			
Christmas projects		352	239
Homeless projects		6,542	4,177
All projects		1,747	530
Other		<u>461</u>	<u>461</u>
Total		<u>9,102</u>	<u>5,407</u>
NET INCOME		7,367	6,408
RECONCILIATION OF FUNDS			
Total funds brought forward		9,318	2,910
TOTAL FUNDS CARRIED FORWARD		<u><u>16,685</u></u>	<u><u>9,318</u></u>

The notes form part of these financial statements

LIFE IN LONDON TRUST

BALANCE SHEET 30 NOVEMBER 2022

		30.11.22 Unrestricted funds £	30.11.21 Total funds £
FIXED ASSETS	Notes		
Tangible assets	4	1,589	1,736
CURRENT ASSETS			
Debtors	5	1,645	479
Cash at bank and in hand		13,451	7,103
		<u>15,096</u>	<u>7,582</u>
NET CURRENT ASSETS		<u>15,096</u>	<u>7,582</u>
TOTAL ASSETS LESS CURRENT LIABILITIES		<u>16,685</u>	<u>9,318</u>
NET ASSETS		<u>16,685</u>	<u>9,318</u>
FUNDS	6		
Unrestricted funds		16,685	9,318
TOTAL FUNDS		<u>16,685</u>	<u>9,318</u>

The financial statements were approved by the Board of Trustees and authorised for issue on 30 September 2023 and were signed on its behalf by:



Mrs R Kalia - Trustee



Mr T H Theodorou - Trustee

The notes form part of these financial statements

LIFE IN LONDON TRUST

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 30 NOVEMBER 2022

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charity, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Charities Act 2011. The financial statements have been prepared under the historical cost convention.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Safety equipment	- 20% straight line
General equipment	- 20% straight line

Taxation

The charity is exempt from tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

2. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 30 November 2022 nor for the year ended 30 November 2021.

Trustees' expenses

There were no trustees' expenses paid for the year ended 30 November 2022 nor for the year ended 30 November 2021.

LIFE IN LONDON TRUST

**NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 30 NOVEMBER 2022**

3. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted funds £
INCOME AND ENDOWMENTS FROM	
Donations and legacies	11,815
EXPENDITURE ON	
Charitable activities	
Christmas projects	239
Homeless projects	4,177
All projects	530
Other	461
Total	5,407
NET INCOME	6,408
RECONCILIATION OF FUNDS	
Total funds brought forward	2,910
TOTAL FUNDS CARRIED FORWARD	9,318

4. TANGIBLE FIXED ASSETS

	Safety equipment £	General equipment £	Totals £
COST			
At 1 December 2021	271	2,034	2,305
Additions	-	315	315
At 30 November 2022	271	2,349	2,620
DEPRECIATION			
At 1 December 2021	162	407	569
Charge for year	55	407	462
At 30 November 2022	217	814	1,031
NET BOOK VALUE			
At 30 November 2022	54	1,535	1,589
At 30 November 2021	109	1,627	1,736

LIFE IN LONDON TRUST

**NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 30 NOVEMBER 2022**

5. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	30.11.22	30.11.21
	£	£
Prepayments and accrued income	<u>1,645</u>	<u>479</u>

6. MOVEMENT IN FUNDS

	At 1.12.21 £	Net movement in funds £	At 30.11.22 £
Unrestricted funds			
General fund	9,318	7,367	16,685
TOTAL FUNDS	<u>9,318</u>	<u>7,367</u>	<u>16,685</u>

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	16,469	(9,102)	7,367
TOTAL FUNDS	<u>16,469</u>	<u>(9,102)</u>	<u>7,367</u>

Comparatives for movement in funds

	At 1.12.20 £	Net movement in funds £	At 30.11.21 £
Unrestricted funds			
General fund	2,910	6,408	9,318
TOTAL FUNDS	<u>2,910</u>	<u>6,408</u>	<u>9,318</u>

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	11,815	(5,407)	6,408
TOTAL FUNDS	<u>11,815</u>	<u>(5,407)</u>	<u>6,408</u>

LIFE IN LONDON TRUST

**NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 30 NOVEMBER 2022**

6. MOVEMENT IN FUNDS - continued

A current year 12 months and prior year 12 months combined position is as follows:

	At 1.12.20 £	Net movement in funds £	At 30.11.22 £
Unrestricted funds			
General fund	2,910	13,775	16,685
TOTAL FUNDS	<u>2,910</u>	<u>13,775</u>	<u>16,685</u>

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	28,284	(14,509)	13,775
TOTAL FUNDS	<u>28,284</u>	<u>(14,509)</u>	<u>13,775</u>

7. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 30 November 2022.

LIFE IN LONDON TRUST

**DETAILED STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 30 NOVEMBER 2022**

	30.11.22 £	30.11.21 £
INCOME AND ENDOWMENTS		
Donations and legacies		
Online donations	375	5,478
Cash and direct donations	15,333	5,370
Donated items and services	761	967
	<u>16,469</u>	<u>11,815</u>
Total incoming resources	16,469	11,815
EXPENDITURE		
Charitable activities		
Gift items	352	239
Sling bags and wrapping items	548	953
Food and toiletry items	4,650	1,425
Clothing & personal care items	1,344	1,420
Online and card donation fees	23	176
Motor and Travelling	579	379
	<u>7,496</u>	<u>4,592</u>
Other		
Depn of safety equipment	54	54
Depn of general equipment	407	407
	<u>461</u>	<u>461</u>
Support costs		
Management		
Cleaning and PPE supplies	37	124
Postage and stationery	45	62
Advertising and promotion	1,063	168
	<u>1,145</u>	<u>354</u>
Total resources expended	9,102	5,407
Net income	<u>7,367</u>	<u>6,408</u>

This page does not form part of the statutory financial statements

LIFE IN LONDON TRUST

England & Wales - Charity number 1190459

Accounts

**TRUSTEES' REPORT AND
UNAUDITED FINANCIAL STATEMENTS
FOR THE YEAR ENDED 30 NOVEMBER 2021
FOR
LIFE IN LONDON TRUST**

Freemans Partnership LLP
Chartered Certified Accountants
Solar House
282 Chase Road
London
N14 6NZ

LIFE IN LONDON TRUST

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FOR THE YEAR ENDED 30 NOVEMBER 2021**

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LIFE IN LONDON TRUST
TRUSTEES' REPORT
FOR THE YEAR ENDED 30 NOVEMBER 2021

The trustees present their report with the financial statements of the charity for the year ended 30 November 2021. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

OBJECTIVES AND ACTIVITIES

Objectives and activities for the public benefit

Prevention or relief of Poverty:

Prevention of poverty by providing advice to disadvantaged and homeless people -

This will be achieved by obtaining professional assistance from other organisations and public bodies to provide targeted advice to those in need.

Help relieve poverty of disadvantaged and homeless people -

The trust will raise funds to provide basic essential items such as clothing and food to disadvantaged groups such as homeless people, elderly residents in social housing/homes, residents of women's refuges/hostels, hospices and similar establishments.

The trust will raise funds to assist public organisations helping those in need by reason of youth or ill health by providing normal items that are generally taken for granted by most individuals.

The advancement of education:

The trust will promote education by supporting existing education establishments that provide both formal and community education or assist in the development of individual capabilities, competences and skills.

The trust will also support organisations which fund people's education.

The relief of those in need, by reason of youth, age, ill-health, disability, financial hardship or other disadvantage:

The trust will raise funds to assist public organisations that provide accommodation and care to those in need by reason of youth, age, ill health, disability, financial or other disadvantage. This will be in the form of financial assistance or the provision of items required by such organisations to provide the appropriate level of accommodation or care.

The promotion of mental or moral improvement:

The trust will raise funds to assist the provision of services by other charities or public organisations that promote mental or moral improvement.

Grantmaking and donations

Grants and donations will be provided to any organisations that promote the objectives of the trust. The trustees will approve, confirm and document compliance with this criteria before any grants or donations are made.

Volunteers

All trustees and members of the trust perform all their functions and duties on a voluntary basis.

No remuneration directly or indirectly out of the funds of the trust was paid or is payable for the year to any trustees or volunteers or to any person or persons known to be connected with any of the trustees.

LIFE IN LONDON TRUST
TRUSTEES' REPORT
FOR THE YEAR ENDED 30 NOVEMBER 2021

ACHIEVEMENT AND PERFORMANCE

Charitable activities

During the year Life In London Trust delivered a further 10 projects in line with the objectives and aims of the organisation consisting of the following:

Christmas 2020 (Gifts for children in hospices and St Christopher's Fellowship homes, survival packs for women in refuges and food hampers for the elderly).

Easter egg distribution to children in hospices and St Christopher's Fellowship homes in April 2021.

Distribution of food and essential items for homeless people in January 2021 and monthly from May 2021.

Fundraising activities

The trust raised donations via online crowdfunding and personal donations totalling £11,815. These funds were used for the 10 projects performed and for future projects.

Investment performance

During the year no interest was received on the funds held in the bank account (2020: £2).

FINANCIAL REVIEW

Principal funding sources

The trust's principal sources of funding are from crowdfunding which raised £5,478 and a further £6,337 was received in the form of direct donations or donated items.

Reserves policy

As at 30 November 2021 the trust has reserves of £9,318 which will be used for future projects.

The trust aims to maintain a minimum reserve balance of £1,000 in order to ensure the continued delivery of activities in line with its objectives and aims.

FUTURE PLANS

Life in London Trust is registered as a 'foundation' Charitable Incorporated Organisation number CE022574 on 20 July 2020 and has applied for a Gift Aid number from HMRC to be able to claim Gift Aid on donations received where applicable. It is anticipated that this will assist to obtain more funding for its future charitable projects.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The trust is controlled by the Charity Commission's model 'foundation' CIO constitution.

Recruitment and appointment of new trustees

The election of trustees is formalised in the constitution.

The founder trustee is appointed for 4 years and the first members of the trust are appointed for three years.

Organisational structure

The CIO currently has a founder trustee and two additional first appointed trustees.

Induction and training of new trustees

There are no formal policies or procedures for the induction and training of trustees, however new trustees are provided with a copy of the constitution and the trust's accounts. They are also given guidance as published by the Charity Commission with regards to their roles and responsibilities (Guide CC3 and welcome pack) and the existing trustees also provide full support and guidance.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Charity number

1190459

LIFE IN LONDON TRUST
TRUSTEES' REPORT
FOR THE YEAR ENDED 30 NOVEMBER 2021

Principal address
43 Oakwood Crescent
Winchmore Hill
London
N21 1NX

Trustees
Mrs R Kalia
Ms R Kalia
Mr T H Theodorou
Mr S Kyriakoulis (resigned 19.7.21)

COMMENCEMENT OF ACTIVITIES

The trust commenced on 1 December 2018 with a Christmas project to give gifts to children in St Christopher's Fellowship homes and children's hospices in North London.

Approved by order of the board of trustees on 29 September 2022 and signed on its behalf by:



Mrs R Kalia - Trustee

LIFE IN LONDON TRUST

**STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 30 NOVEMBER 2021**

		30.11.21	30.11.20
		Unrestricted	Total
		funds	funds
	Notes	£	£
INCOME AND ENDOWMENTS FROM			
Donations and legacies		11,815	5,456
Investment income	2	-	2
Total		11,815	5,458
 EXPENDITURE ON			
Raising funds	3	-	231
Charitable activities			
Christmas projects		239	247
Homeless projects		4,301	3,326
All projects		406	765
Other		461	54
Total		5,407	4,623
 NET INCOME		6,408	835
 RECONCILIATION OF FUNDS			
Total funds brought forward		2,910	2,075
 TOTAL FUNDS CARRIED FORWARD		9,318	2,910

The notes form part of these financial statements

LIFE IN LONDON TRUST

**BALANCE SHEET
30 NOVEMBER 2021**

		30.11.21 Unrestricted funds £	30.11.20 Total funds £
FIXED ASSETS	Notes		
Tangible assets	6	1,736	163
CURRENT ASSETS			
Debtors	7	479	-
Cash at bank and in hand		7,103	2,747
		<u>7,582</u>	<u>2,747</u>
NET CURRENT ASSETS		<u>7,582</u>	<u>2,747</u>
TOTAL ASSETS LESS CURRENT LIABILITIES		<u>9,318</u>	2,910
NET ASSETS		<u>9,318</u>	<u>2,910</u>
FUNDS	8		
Unrestricted funds		9,318	2,910
TOTAL FUNDS		<u>9,318</u>	<u>2,910</u>

The financial statements were approved by the Board of Trustees and authorised for issue on 29 September 2022 and were signed on its behalf by:

Mrs R Kalia - Trustee



Mr T H Theodorou - Trustee



The notes form part of these financial statements

LIFE IN LONDON TRUST

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 30 NOVEMBER 2021

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charity, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Charities Act 2011. The financial statements have been prepared under the historical cost convention.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Safety equipment	- 20% straight line
General equipment	- 20% straight line

Taxation

The charity is exempt from tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

2. INVESTMENT INCOME

	30.11.21	30.11.20
	£	£
Bank interest received	-	2
	<u> </u>	<u> </u>

LIFE IN LONDON TRUST

**NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 30 NOVEMBER 2021**

3. RAISING FUNDS

Raising donations and legacies

	30.11.21	30.11.20
	£	£
Support costs	-	231
	<u> </u>	<u> </u>

4. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 30 November 2021 nor for the year ended 30 November 2020.

Trustees' expenses

There were no trustees' expenses paid for the year ended 30 November 2021 nor for the year ended 30 November 2020.

5. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted funds £
INCOME AND ENDOWMENTS FROM	
Donations and legacies	5,456
Investment income	2
Total	<u>5,458</u>
 EXPENDITURE ON	
Raising funds	231
Charitable activities	
Christmas projects	247
Homeless projects	3,326
All projects	765
Other	54
Total	<u>4,623</u>
 NET INCOME	 835
 RECONCILIATION OF FUNDS	
Total funds brought forward	2,075
 TOTAL FUNDS CARRIED FORWARD	 <u>2,910</u>

LIFE IN LONDON TRUST

**NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 30 NOVEMBER 2021**

6. TANGIBLE FIXED ASSETS

	Safety equipment £	General equipment £	Totals £
COST			
At 1 December 2020	271	-	271
Additions	-	2,034	2,034
At 30 November 2021	271	2,034	2,305
DEPRECIATION			
At 1 December 2020	108	-	108
Charge for year	54	407	461
At 30 November 2021	162	407	569
NET BOOK VALUE			
At 30 November 2021	109	1,627	1,736
At 30 November 2020	163	-	163

7. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	30.11.21 £	30.11.20 £
Prepayments and accrued income	479	-

8. MOVEMENT IN FUNDS

	At 1.12.20 £	Net movement in funds £	At 30.11.21 £
Unrestricted funds			
General fund	2,910	6,408	9,318
TOTAL FUNDS	2,910	6,408	9,318

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	11,815	(5,407)	6,408
TOTAL FUNDS	11,815	(5,407)	6,408

LIFE IN LONDON TRUST

**NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 30 NOVEMBER 2021**

8. MOVEMENT IN FUNDS - continued

Comparatives for movement in funds

	At 1.12.19 £	Net movement in funds £	At 30.11.20 £
Unrestricted funds			
General fund	2,075	835	2,910
TOTAL FUNDS	<u>2,075</u>	<u>835</u>	<u>2,910</u>

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	5,458	(4,623)	835
TOTAL FUNDS	<u>5,458</u>	<u>(4,623)</u>	<u>835</u>

A current year 12 months and prior year 12 months combined position is as follows:

	At 1.12.19 £	Net movement in funds £	At 30.11.21 £
Unrestricted funds			
General fund	2,075	7,243	9,318
TOTAL FUNDS	<u>2,075</u>	<u>7,243</u>	<u>9,318</u>

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	17,273	(10,030)	7,243
TOTAL FUNDS	<u>17,273</u>	<u>(10,030)</u>	<u>7,243</u>

LIFE IN LONDON TRUST

**NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 30 NOVEMBER 2021**

9. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 30 November 2021.

LIFE IN LONDON TRUST

DETAILED STATEMENT OF FINANCIAL ACTIVITIES FOR THE YEAR ENDED 30 NOVEMBER 2021

	30.11.21 £	30.11.20 £
INCOME AND ENDOWMENTS		
Donations and legacies		
Online donations	5,478	2,716
Cash and direct donations	5,370	2,163
Donated items and services	967	577
	<u>11,815</u>	<u>5,456</u>
Investment income		
Bank interest received	-	2
	<u>-</u>	<u>2</u>
Total incoming resources	11,815	5,458
EXPENDITURE		
Charitable activities		
Gift items	239	247
Sling bags and wrapping items	953	1,235
Donations paid	-	670
Food items	1,425	304
Clothing & personal care items	1,420	1,787
Online donation fees	176	95
Motor and Travelling	379	-
	<u>4,592</u>	<u>4,338</u>
Other		
Depn of safety equipment	54	54
Depn of general equipment	407	-
	<u>461</u>	<u>54</u>
Support costs		
Management		
Cleaning and PPE supplies	124	102
Postage and stationery	62	129
Advertising and promotion	168	-
	<u>354</u>	<u>231</u>
Total resources expended	5,407	4,623
Net income	6,408	835

This page does not form part of the statutory financial statements

