



CHARITY COMMISSION
FOR ENGLAND AND WALES

Trustees' Annual Report for the period

From 01-06-2024 (Period start date) To 31-05-2025 (Period end date)

Charity name: Lancing and Sompting Churches Food Bank

Charity registration number: 1190449

Objectives and Activities

	SORP reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	The relief of poverty in Lancing and Sompting through the provision of a food bank.
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	Soliciting donations of food, and money to buy food, from the local community. This is distributed to those in need in Lancing and Sompting. We also distribute vouchers from the Fuel Bank Foundation to those in fuel need.
Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit	Para 1.18	The trustees have had regard to the guidance issued by the Charity Commission on public benefit.

Additional information (optional)

You may choose to include further statements where relevant about:

	SORP reference	
Policy on grant making	Para 1.38	Due to our financial position being strong the trustees have decided to support local initiatives, if related to food poverty, where requested or identified. These have included school holiday lunch bags, support to a community garden, and emergency food support to students arriving from overseas.
Policy on social investment including program related investment	Para 1.38	N/A
	Para 1.38	The Food Bank is completely reliant on the support of around 26 volunteers

Contribution made by volunteers		who give freely of their time and expertise. Roles include collection, storage and distribution of food, financial management, fund raising, advertising, communications, networking and IT support.
Other		N/A

Achievements and Performance

	SORP reference	
Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.	Para 1.20	<p>The current national economic picture has continued to lead to a high demand for the services of the Food Bank.</p> <p>Whilst donations of food have fallen our financial reserves have been used to purchase food to ensure our services continue.</p> <p>We have maintained a limited fresh food provision by purchasing fresh produce on the operational days and receiving donations of fruit and vegetables from local community gardens.</p> <p>We have actively engaged with other local charities and co-ordinated our work with other food banks and local council provision.</p> <p>We have offered visitors help topping-up gas and electricity pre-paid meters through the National Fuel Bank voucher scheme. We have also purchased and distributed slow cookers, air friers and blankets to needy households.</p>

Additional information (optional)

You may choose to include further statements where relevant about:

Achievements against objectives set	Para 1.41	N/A
Performance of fundraising activities against objectives set	Para 1.41	We have a volunteer who is especially skilled in fundraising applications which has helped considerably in maintaining our funding levels.

Investment performance against objectives	Para 1.41	N/A
Other		The Food Bank receives regular donations of food from members of the public and local organisations within the community. The donated food is date checked, stored and distributed to those in need as per the objectives of the charity. In addition, the functioning of the Food Bank relies largely on the volunteers giving freely of their time.

Financial Review

Review of the charity's financial position at the end of the period	Para 1.21	The end of year balance is judged to be sufficient to continue operations well into the new financial year even if support from the local community were to drop off significantly.
Statement explaining the policy for holding reserves stating why they are held	Para 1.22	We aim to maintain a cash reserve to cover a minimum of three months Food Bank operation. Presently this equates to around £25,000.
Amount of reserves held	Para 1.22	£32,486
Reasons for holding zero reserves	Para 1.22	N/A
Details of fund materially in deficit	Para 1.24	N/A
Explanation of any uncertainties about the charity continuing as a going concern	Para 1.23	N/A

Additional information (optional)

You may choose to include further statements where relevant about:

The charity's principal sources of funds (including any fundraising)	Para 1.47	Public donations. Donations from grant awarding organisations including: Lancing and Sompting Lions Club, Lancing Parish Council, West Sussex County Council, the Sussex Community Foundation and Sompting Big Local.
Investment policy and objectives including any social investment policy adopted	Para 1.46	N/A
A description of the principal risks facing the charity	Para 1.46	Both our principal stores and distribution facilities rely on goodwill arrangements with local government bodies. We do not consider either arrangement to be threatened at present. Presently we enjoy a good relationship with Lancing Parish Council, Sompting Parish Council and Adur District Council. We are dependent on volunteers for almost all of our operation and governance. Presently our volunteer base is strong.
Other		N/A

Structure, Governance and Management

Description of charity's trusts:		N/A
Type of governing document (trust deed, royal charter)	Para 1.25	Constitution
How is the charity constituted? (e.g unincorporated association, CIO)	Para 1.25	CIO
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	Elected by members

Additional information (optional)

You may choose to include further statements where relevant about:

Policies and procedures adopted for the induction and training of trustees	Para 1.51	Volunteer Policy: Includes sections covering recruitment, selection, induction, supervision and support, training and safeguarding. An induction pack is issued to all new volunteers,
The charity's organisational structure and any wider network with which the charity works	Para 1.51	The operations of the Food Bank is overseen by the Management Committee. The Administrator undertakes day to day organisation of the volunteers. The governance of the Food Bank is overseen by the trustees. We network with other food banks through the Adur and Worthing Emergency Food Network. We also network closely with local churches, schools, GP practices, the Lions Club, Electric Storm Youth, Adur Voluntary Action and local government councillors.
Relationship with any related parties	Para 1.51	N/A
Other		N/A

Reference and Administrative details

Charity name	Lancing and Sompting Churches Food Bank
Other name the charity uses	N/A

Registered charity number	1190449
Charity's principal address	Lancing Tabernacle Church 105 North Road Lancing BN15 9BB

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Mark Deacon	Co-ordinator		
2	Peter Johnston			
3	Nick Munday			
4	Simon Markwick			
5	Jonathan Gyll			
6	Linda Deacon	Treasurer		
7	John Squibb		5-4-2025	
8	Fr. Ben Scott		5-4-2025	
9				
10				
11				
12				
13				
14				
15				
16				
17				
18				
19				
20				

Corporate trustees – names of the directors at the date the report was approved

[illegible]

Name of trustees holding title to property belonging to the charity

[illegible]

Funds held as custodian trustees on behalf of others

Description of the assets held in this capacity	N/A
Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects	N/A
Details of arrangements for safe custody and segregation of such assets from the charity's own assets	N/A

Additional information (optional)

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (Optional information)

N/A

Exemptions from disclosure

Reason for non-disclosure of key personnel details

N/A

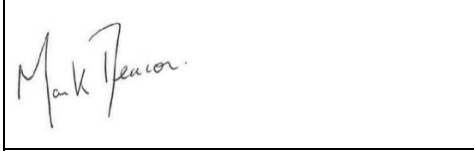
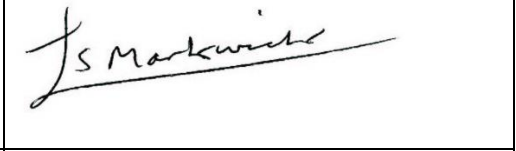
Other optional information

N/A

Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)		
Full name(s)	Mark Deacon	Jonathan Markwick
Position (eg Secretary, Chair, etc)	Co-ordinator	Trustee
Date	2 September 2025	



CHARITY COMMISSION
FOR ENGLAND AND WALES

Charity Name

Lancing & Sompting Churches Food Bank

No (if any)

1190449

CC16a



Receipts and payments accounts

For the period from	Period start date	To	Period end date
	01/06/2024		31/05/2025

Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
General donations	27,124	-	-	27,124	32,100
Donations for Fuel hardship		700	-	700	390
Donations for Paid support		10,362	-	10,362	3,130
Gift Aid	781		-	781	2,535
Donation for SATT			-	-	-
Donations for volunteer events		350	-	350	300
Donation for Young Carers			-	-	3,920
Donations other	630			630	-
Sub total (Gross income for AR)	28,536	11,412	-	39,947	42,375
A2 Asset and investment sales, (see table).					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	28,536	11,412	-	39,947	42,375
A3 Payments					
Food & Food vouchers	30,762		-	30,762	20,358
Fuel Hardship		751	-	751	792
Paid Support		9,127	-	9,127	8,217
ICT	1,116		-	1,116	875
Resources	1,333		-	1,333	676
Insurance	181		-	181	181
ESY Summer meal project	1,300		-	1,300	2,000
Young Carers project		1,000		1,000	500
Baby Bank	250			250	-
Community Garden	250			250	-
CAP scheme	-			-	500
Sompting Messy Church Food	-			-	500
Other (training & admin)			-	-	4
Volunteer events & uniform		513	-	513	7
Sub total	35,193	11,390	-	46,583	34,610
A4 Asset and investment purchases. (see table)					
Storage equipment	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total payments	35,193	11,390	-	46,583	34,610
Net of receipts/(payments)	- 6,657	22	-	- 6,635	7,765
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	31,972	7,149	-	39,121	31,356
Cash funds this year end	25,315	7,171	-	32,486	39,121

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	Community Account	25,315	7,171	-
		-	-	-
		-	-	-
	Total cash funds	25,315	7,171	-
	(agree balances with receipts and payments account(s))	OK	OK	OK
B2 Other monetary assets		Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
B3 Investment assets		Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
			-	-
			-	-
B4 Assets retained for the charity's own use		Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
B5 Liabilities		Fund to which liability relates	Amount due (optional)	When due (optional)
			-	
			-	
			-	
			-	
Signed by one or two trustees on behalf of all the trustees	Signature	Print Name	Date of approval	
		Jonathan Markwick	02-Sep-25	
		Mark Deacon	02-Sep-25	

Independent Examiner's Report

Examiner:

Edward Richard Gill FCCA.

Fellow member of the Chartered Association of Certified Accountants who holds a current Practising Certificate.

I am acting in a completely independent capacity.

I confirm that I have read and understood the Charity.

Commissioners' directions and guidance with regard to independent examinations.

Appointment:

I have accepted an invitation to act as independent examiner.

Accounts to be examined:

Period 1st June 2024 to 31st May 2025.

Accounting basis: Receipts and payments.

Gross income: £39,947.

Guidance: In accordance with the Charity Commission's Guidance document: '*Independent examination of charity accounts: Guidance for Trustees*', last updated 14/07/2021.

Examination findings:

- Proper accounting records have been kept.
- The accounts for the period accord with the accounting records.
- There are no matters arising of material significance.
- The accounts, in Charity Commission prescribed format, have been checked and found to be in a state ready to be submitted to the Charity Commission with the TAR.
- The persons, appointed by the Trustees to maintain the books and records, are aware that three categories of submission, as listed below, must be made within 10 months of the year-end.

Charity Commission submission requirement:

- Annual accounts in prescribed form CC16a (XLS)
- Trustees' Annual Return (PDF)
- Independent Examiner's report (PDF)

Signed: Edward Richard Gill FCCA

Dated: 22/08/2025

