



CHARITY COMMISSION
FOR ENGLAND AND WALES

Trustees' Annual Report for the period

From 01-06-22 To 31-05-23

Charity name: Lancing and Sompting Churches Food Bank

Charity registration number: 1190449

Objectives and Activities

	SORP reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	The relief of poverty through the provision of a Food bank
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	Soliciting donations of food and money to buy food from the local community. This is distributed to those in need in Lancing and Sompting. We also provide vouchers from the Fuel Bank Foundation to those in fuel need.
Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit	Para 1.18	The trustees have had regard to the guidance issued by the Charity Commission on public benefit.

Additional information (optional)

You may choose to include further statements where relevant about:

	SORP reference	
Policy on grant making	Para 1.38	Due to our financial position being strong we have made grants to local schools to support breakfast clubs and the WRVS to support winter meals for elderly people. We have supported efficient fuel use through provision of Air fryers, fleece blankets and space heaters. We have fully funded a local project, Space At The Table, to provide meals for families over the school summer holidays. Our funds are now at the level we judge to be essential. Consequently, we have stopped making this type of grant for the time being.
Policy on social investment including program related investment	Para 1.38	

Contribution made by volunteers	Para 1.38	The Food Bank is completely reliant on the support of around 22 volunteers who give freely of their time. Roles include organisation and distribution of food, financial management, fund raising, advertising, communication, networking and IT support.
Other		

Achievements and Performance

	SORP reference	
Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.	Para 1.20	<p>The current national economic picture has had a measurable increase in demand for the services of the foodbank.</p> <p>Whilst donations of food have fallen our financial reserves have been used to ensure food supplies continue.</p> <p>We have been able to continue a limited fresh food provision often using locally grown food donated by an allotment society.</p> <p>We remain part of the National Fuel Bank helping people heat their homes and cook food. We have been creative in supporting families to cook and keep warm efficiently.</p> <p>We have actively engaged with other local charities and co-ordinated our work with other food banks and the local council.</p>

Additional information (optional)

You may choose to include further statements where relevant about:

Achievements against objectives set	Para 1.41	
Performance of fundraising activities against objectives set	Para 1.41	We have a member of the Food bank team entirely focussed on fundraising. She has been extremely successful in attracting additional funds from a range of sources.
Investment performance against objectives	Para 1.41	

Other		The Food Bank receives significant non-monetary resources in the form of regular supplies of donated food from members of the public & local organisations. The donated food is distributed directly to those in need as per the objects of the charity. In addition, the functioning of the Food Bank relies largely on volunteers donating their time.
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Financial Review

Review of the charity's financial position at the end of the period	Para 1.21	The end of year balance is judged to be sufficient to continue the operation well into the new financial year even if support from the local community were to drop off.
Statement explaining the policy for holding reserves stating why they are held	Para 1.22	
Amount of reserves held	Para 1.22	
Reasons for holding zero reserves	Para 1.22	It is the judgement of the trustees that we do not need to hold reserves and we use the monies that we have to ensure that we can continue to provide a balance of food.
Details of fund materially in deficit	Para 1.24	
Explanation of any uncertainties about the charity continuing as a going concern	Para 1.23	At this stage the trustees judge that there are no significant risks likely to affect the continuation of the Food Bank.

Additional information (optional)

You may choose to include further statements where relevant about:

The charity's principal sources of funds (including any fundraising)	Para 1.47	Public donations. Donations from grant awarding organisations e.g. Lancing and Sompting Lions Club, Lancing Parish Council, West Sussex County Council, and the Sussex Community Foundation We now have a member of our team dedicated to fund raising.
Investment policy and objectives including any social investment policy adopted	Para 1.46	
A description of the principal risks facing the charity	Para 1.46	Issues around our Lancing store and operating base were resolved and for the foreseeable future we will continue to operate from the Adur West Family Hub. We have excellent provision at the Harriet Johnson Centre in Sompting and a strong

		<p>and productive relationship with the Parish Council.</p> <p>Both our principal stores and distribution points rely on goodwill arrangements. We do not consider either arrangement to be threatened but we do need to be aware that this is a potential risk should circumstances change.</p> <p>We are dependent on volunteers for almost all of our operation. This does present some risk to the charity.</p>
Other		

Structure, Governance and Management

Description of charity's trusts:		
Type of governing document (trust deed, royal charter)	Para 1.25	Constitution
How is the charity constituted? (e.g unincorporated association, CIO)	Para 1.25	CIO
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	Elected by members

Additional information (optional)

You may choose to include further statements where relevant about:

Policies and procedures adopted for the induction and training of trustees	Para 1.51	
The charity's organisational structure and any wider network with which the charity works	Para 1.51	<p>Networking is largely through the AW Food Partnership.</p> <p>We continue to network with local churches, schools and voluntary organisations e.g. Lancing and Sompting Lions Club and Lancing Recycling.</p> <p>We have developed a working relationship with Christians Against Poverty.</p>
Relationship with any related parties	Para 1.51	
Other		

Reference and Administrative details

Charity name	Lancing and Sompting Churches Food Bank
Other name the charity uses	
Registered charity number	
Charity's principal address	Lancing Tabernacle Church 105 North Road Lancing

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Mark Deacon	Co-ordinator		Members
2	Peter Johnston			
3	Judy Bowers			
4	Nick Munday			
5	Simon Markwick			
6	Jonathan Gyll			
7	Laura Upward			
8	Ian Edgar			
9				
10				
11				
12				
13				
14				
15				
16				
17				
18				
19				
20				

Corporate trustees – names of the directors at the date the report was approved

[illegible]

Name of trustees holding title to property belonging to the charity

[illegible]

Funds held as custodian trustees on behalf of others

Description of the assets held in this capacity	
Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects	
Details of arrangements for safe custody and segregation of such assets from the charity's own assets	

Additional information (optional)

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (Optional information)

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Exemptions from disclosure

Reason for non-disclosure of key personnel details

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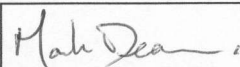
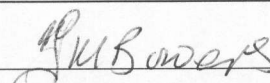
Other optional information

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Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)		
Full name(s)	MARK DEACON	Judith M Bowers
Position (eg Secretary, Chair, etc)	CHAIR OF TRUSTEES	TRUSTEE
Date	23-08-23	



CHARITY COMMISSION
FOR ENGLAND AND WALES

Charity Name
Lancing & Sompthing Churches Food Bank

No (if any)
1190449

CC16a

Receipts and payments accounts

For the period from	Period start date 01/06/2022	To	Period end date 31/05/2023
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Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
General donations	25,859	-	-	25,859	13,287
Donations for Fuel hardship		1,940	-	1,940	110
Donations for Paid support		13,800	-	13,800	2,000
Donations for Food			-	-	1,855
Donation for Art Fund			-	-	6
Gift Aid	1,667	-	-	1,667	622
ESY (for SATT vouchers)		-	-	-	500
Donation for SATT		2,000	-	2,000	-
Donations for volunteer events	-	336	-	336	-
Sub total (Gross income for AR)	27,526	18,076	-	45,602	18,380
A2 Asset and investment sales, (see table).					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	27,526	18,076	-	45,602	18,380
A3 Payments					
Food & Food vouchers	19,868		-	19,868	12,001
Fuel Hardship		1,407	-	1,407	30
Paid Support	-	6,782	-	6,782	6,100
ICT	886	-	-	886	1,338
Resources	528	-	-	528	2,545
Insurance	181	-	-	181	221
SATT Meals project	-	2,000	-	2,000	-
Other (training & admin)	204	-	-	204	164
Volunteer events	-	350	-	350	20
Sub total	21,667	10,539	-	32,206	22,419
A4 Asset and investment purchases. (see table)					
Storage equipment	-	-	-	-	172
	-	-	-	-	-
Sub total	-	-	-	-	172
Total payments	21,667	10,539	-	32,206	22,591
Net of receipts/(payments)	5,859	7,537	-	13,396	- 4,211
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	16,579	1,381	-	17,960	22,171
Cash funds this year end	22,438	8,918	-	31,356	17,960

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	Community Account	22,438	8,918	-
		-	-	-
		-	-	-
		-	-	-
	Total cash funds	22,438	8,918	-
	(agree balances with receipts and payments account(s))	OK	OK	OK

	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B2 Other monetary assets		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-

	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B3 Investment assets			-	-
			-	-
			-	-
			-	-
			-	-

	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B4 Assets retained for the charity's own use			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-

	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
B5 Liabilities			-	
			-	
			-	
			-	
			-	

Signed by one or two trustees on behalf of all the trustees

Signature	Print Name	Date of approval
Mark Deacon	MARK DEACON	23/08/23

Independent Examiner's Report

Examiner:

Edward Richard Gill FCCA.

Fellow member of the Chartered Association of Certified Accountants who holds a current Practising Certificate.

I am acting in a completely independent capacity.

I confirm that I have read and understood the Charity.

Commissioners' directions and guidance with regard to independent examinations.

Appointment:

I have accepted an invitation to act as independent examiner.

Accounts to be examined:

Period 1st June 2022 to 31st May 2023.

Accounting basis: Receipts and payments.

Gross income: £45,602.

Guidance: In accordance with the Charity Commission's Guidance document: '*Independent examination of charity accounts: Guidance for Trustees*', last updated 14/07/2021.

Examination findings:

- Proper accounting records have been kept.
- The accounts for the period accord with the accounting records.
- There are no matters arising of material significance.
- The accounts, in Charity Commission prescribed format, have been checked and found to be in a state ready to be submitted to the Charity Commission with the TAR.
- The persons, appointed by the Trustees to maintain the books and records, are aware that three categories of submission, as listed below, must be made within 10 months of the year-end.

Charity Commission submission requirement:

- Annual accounts in prescribed form CC16a (XLS)
- Trustees' Annual Return (PDF)
- Independent Examiner's report (PDF)

Signed: Edward Richard Gill FCCA

Dated: 21/08/2023

