



CHARITY COMMISSION
FOR ENGLAND AND WALES

Trustees' Annual Report for the period

From **1/6/21** Period start date To **31/5/22**
Period end date

Charity name: Lancing and Sompting Churches Food Bank

Charity registration number: 1190449

Objectives and Activities

	SORP reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	The relief of poverty through the provision of a Food bank
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	Soliciting donations of food and money to buy food from the local community. This is distributed to those in need in Lancing and Sompting. We also provide vouchers from the National Fuel Bank to those in fuel need.
Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit	Para 1.18	The trustees have had regard to the guidance issued by the Charity Commission on public benefit.

Additional information (optional)

You may choose to include further statements where relevant about:

	SORP reference	
Policy on grant making	Para 1.38	We do not make grants. We do provide food and where necessary e.g. large families, additional needs etc we provide vouchers which can be redeemed at local shops.
Policy on social investment including program related investment	Para 1.38	
Contribution made by volunteers	Para 1.38	The Food Bank is completely reliant on the support of around 20 volunteers who give freely of their time to ensure that food is gathered, checked and distributed.
Other		We support a project in the school holidays to ensure that families in receipt of free

		school meals have access to 2 cooked meals a week free of charge.
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Achievements and Performance

	SORP reference	
Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.	Para 1.20	<p>The Food Bank rose to the challenge of the pandemic situation. In the post pandemic period demand for our service become variable. This has been particularly true at our second distribution centre in Sompting.</p> <p>In some weeks demand has exceeded all previous demand and yet in other weeks we have had very little demand.</p> <p>We remain part of the national Fuel Bank helping people heat their homes and cook food.</p> <p>We have increasingly experimented with distributing fresh food. We do not have suitable storage so this is a small part of our biweekly distribution sessions.</p> <p>We have actively engaged with other local charities and co-ordinated our work with other food banks and the local council.</p>

Additional information (optional)

You may choose to include further statements where relevant about:

Achievements against objectives set	Para 1.41	
Performance of fundraising activities against objectives set	Para 1.41	
Investment performance against objectives	Para 1.41	
Other		The Food Bank receives significant non-monetary resources in the form of regular supplies of donated food from members of the public & local organisations. The donated food is distributed directly to those in need as per the objects of the charity. In addition, the

		functioning of the Food Bank relies largely on volunteers donating their time.
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Financial Review

Review of the charity's financial position at the end of the period	Para 1.21	We are in a strong position. We have benefitted from a lot of generous giving.
Statement explaining the policy for holding reserves stating why they are held	Para 1.22	
Amount of reserves held	Para 1.22	
Reasons for holding zero reserves	Para 1.22	It is the judgement of the trustees that we do not need to hold reserves and we use the monies that we have to ensure that we can continue to provide a balance of food.
Details of fund materially in deficit	Para 1.24	
Explanation of any uncertainties about the charity continuing as a going concern	Para 1.23	

Additional information (optional)

You may choose to include further statements where relevant about:

The charity's principal sources of funds (including any fundraising)	Para 1.47	Public donations. Donations from grant awarding organisations e.g. Lancing Lions, Lancing Parish Council, Adur District Council.
Investment policy and objectives including any social investment policy adopted	Para 1.46	
A description of the principal risks facing the charity	Para 1.46	Issues around our Lancing store and operating base have been resolved and for the foreseeable future we will continue to operate from the Adur Families Centre. Both our principle stores and distribution points rely on goodwill arrangements. There is no indication that this will change but we do need to be aware that this is a potential risk. We are dependent on volunteers for almost all of our operation. This does present some risk to the charity. We are in the process of putting a risk register with suitable risk mitigations in place.
Other		

Structure, Governance and Management

Description of charity's trusts:		
Type of governing document (trust deed, royal charter)	Para 1.25	Constitution
How is the charity constituted? (e.g unincorporated association, CIO)	Para 1.25	CIO
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	Elected by members

Additional information (optional)

You may choose to include further statements where relevant about:

Policies and procedures adopted for the induction and training of trustees	Para 1.51	
The charity's organisational structure and any wider network with which the charity works	Para 1.51	Networking is largely through the AWFood Partnership. We continue to network with local churches, schools and voluntary organisations e.g. Lions
Relationship with any related parties	Para 1.51	
Other		

Reference and Administrative details

Charity name	Lancing and Sompting Churches Food Bank
Other name the charity uses	
Registered charity number	
Charity's principal address	Lancing Tabernacle Church 105 North Road Lancing

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Mark Deacon	Co-ordinator		Members
2	Peter Johnston			
3	Judy Bowers			
4	Nick Munday			
5	Thomas Fink-Jensen			
6	Jonathan Gyll			
7	Laura Upward			
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17				
18				
19				
20				

Corporate trustees – names of the directors at the date the report was approved

[illegible]

Name of trustees holding title to property belonging to the charity

[illegible]

Funds held as custodian trustees on behalf of others

Description of the assets held in this capacity	
Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects	
Details of arrangements for safe custody and segregation of such assets from the charity's own assets	

Additional information (optional)

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (Optional information)

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Exemptions from disclosure

Reason for non-disclosure of key personnel details

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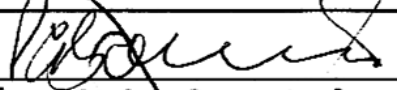
Other optional information

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Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)		N. Munday
Full name(s)	PETER GEORGE BERNARD JOHNSTON	NICHOLAS H. P. MUNDAY
Position (eg Secretary, Chair, etc)	Trustee	Trustee
Date	20 JAN 2023	



CHARITY COMMISSION
FOR ENGLAND AND WALES

Charity Name
Lancing & Sompting Churches Food Bank

No (if any)
1190449

Receipts and payments accounts

CC16a

For the period from	Period start date 6/1/21	To	Period end date 5/31/22
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Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
General donations	13,287	-	-	13,287	13,129
Donations for Fuel hardship		110	-	110	1,470
Donations for Paid support		2,000	-	2,000	9,500
Donations for Food		1,855	-	1,855	-
Donation for Art Fund		6	-	6	-
Gift Aid	622	-	-	622	-
ESY (for SATT vouchers)	500	-	-	500	-
	-	-	-	-	-
Sub total (Gross income for AR)	14,409	3,971	-	18,380	24,099
A2 Asset and investment sales, (see table).					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	14,409	3,971	-	18,380	24,099
A3 Payments					
Food & Food vouchers	10,146	1,855	-	12,001	8,000
Fuel Hardship	30	-	-	30	1,540
Paid Support	-	6,100	-	6,100	4,020
ICT	500	838	-	1,338	602
Resources	1,249	1,296	-	2,545	367
Insurance	181	40	-	221	131
SATT Meals project	-	-	-	-	400
Other (Volunteer events, parking & AGM)	164	-	-	164	48
Art resources for FB visitors	-	21	-	21	33
	-	-	-	-	-
Sub total	12,269	10,150	-	22,420	15,141
A4 Asset and investment purchases. (see table)					
Storage equipment	172	-	-	172	51
	-	-	-	-	-
Sub total	172	-	-	172	51
Total payments	12,441	10,150	-	22,592	15,192
Net of receipts/(payments)	1,968	- 6,179	-	- 4,211	8,907
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	14,611	7,560	-	22,171	13,264
Cash funds this year end	16,579	1,381	-	17,960	22,171

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	Community Account	16,579	1,381	-
		-	-	-
		-	-	-
		-	-	-
	Total cash funds	16,579	1,381	-
	(agree balances with receipts and payments account(s))	OK	OK	OK


	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B2 Other monetary assets		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-

	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B3 Investment assets			-	-
			-	-
			-	-
			-	-
			-	-

	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B4 Assets retained for the charity's own use			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-

	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
B5 Liabilities			-	
			-	
			-	
			-	
			-	

Signed by one or two trustees on behalf of all the trustees

Signature	Print Name	Date of approval
	MARK DEACON	07/10/22

Independent Examiner's Report

Examiner:

Edward Richard Gill FCCA.

Fellow member of the Chartered Association of Certified Accountants who holds a current Practising Certificate.

I am acting in a completely independent capacity.

I confirm that I have read and understood the Charity.

Commissioners' directions and guidance with regard to independent examinations.

Appointment:

I have accepted an invitation to act as independent examiner.

Accounts to be examined:

Period 1st June 2021 to 31st May 2022.

Accounting basis: Receipts and payments.

Gross income: £18,380.

Guidance: In accordance with the Charity Commission's Guidance document: '*Independent examination of charity accounts: Guidance for Trustees*', last updated 14/07/2021.

Examination findings:

- Proper accounting records have been kept.
- The accounts for the period accord with the accounting records.
- There are no matters arising of material significance.
- The accounts, in Charity Commission prescribed format, have been checked and found to be in a state ready to be submitted to the Charity Commission with the TAR.
- The persons, appointed by the Trustees to maintain the books and records, are aware that three categories of submission, as listed below, must be made within 10 months of the year-end.

Charity Commission submission requirement:

- Annual accounts in prescribed form CC16a (XLS)
- Trustees' Annual Return (PDF)
- Independent Examiner's report (PDF)

Signed: Edward Richard Gill FCCA

Dated: 18/07/2022

