

EMPOWERING LIVES FOUNDATION UNITED KINGDOM

England & Wales · Charity number 1190446

Details

Other names ELF UK

Status Registered

Legal form CIO

Registered 2020-07-17

Register [View on the Charity Commission register](#)

Contact

Address 82 Havenfield Road
High Wycombe
HP12 4ST

Phone 07899958321

Email elfunitedkingdom@gmail.com

Activities

Objects: FOR THE PUBLIC BENEFIT THE RELIEF OF THOSE IN NEED BY REASON OF YOUTH, AGE, ILL-HEALTH, DISABILITY, OR SOCIAL OR ECONOMIC DISADVANTAGE IN PARTICULAR BUT NOT EXCLUSIVELY, BY COORDINATING AND DEVELOPING SERVICES SUCH AS, PROVIDING BASIC NECESSITIES SUCH AS THE PROVISION OF ACCOMMODATION, CLOTHING, FOOD FINANCE, EDUCATION AND SUCH OTHER SERVICES FOR THOSE IN NEED AS THE TRUSTEES MAY DETERMINE IN THE UK AND INDIA.

Activities: For the public benefit the relief of those in need by reason of youth, age, ill-health, disability or social or economic disadvantage in particular but not exclusively, by coordinating and developing services such as, providing basic necessities such as the provision of accommodation, food, finance, education and such other services for those in need as the trustees determine in UK & India.

Classification

- **How:** Provides Other Finance
- **What:** Disability
- **Who:** The General Public/mankind

Geography

- India
- Throughout England And Wales

Finances

Period end	Income	Expenditure	Assets	Employees
2024-12-31	£4,705	£4,781	-	-
2023-12-31	£14,543	£9,699	-	-
2022-12-31	£7,124	£5,409	-	-
2021-12-31	£10,232	£5,280	-	-

Trustees

Name	Role	Appointed
Bobby John	Chair	2020-02-14
Saji John		2020-02-14
Thankachan Thomas Thodukayil		2020-02-14

EMPOWERING LIVES FOUNDATION UNITED KINGDOM

England & Wales - Charity number 1190446

Accounts



UNITED KINGDOM

ELF UK PROJECTS {Jan to Dec -2024}

1. House Project 1
2. House Project 2
3. Project 3

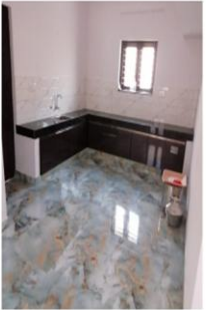


House project 1

EIF UK supported the house Construction project for Norbert Clement, who lost his life last year due to motor Neurone disease . ELF funded all the electrical , Plumbing & bathroom installation materials needed for the house. The housewarming ceremony was conducted earlier this year. We did this project in collaboration with Jesus Youth Team in Trivandrum Kerala.



Nobert Clement House project





Housing Project 2

Mr. Kuttappan KJ, a former auto driver, was unable to work due to heart issues, and his wife also faced health challenges. They have three daughters.

ELF supported the family in building their house, from foundation to roof concreting last year



However, their challenges deepened when one of their daughters was diagnosed with cancer, and Mr. Kuttappan suffered a heart attack, making it impossible for them to make ends meet.



ELF supported this project to complete the plastering, plumbing, wiring, bathroom work & flooring **this year.**



Completed House Project 2



Sidharth project

Sidharth S ,26-year-old from Kattakada, Trivandrum,Kerala. INDIA became paraplegic after an accident two years ago. He was the main earner in his family, but since the injury, they have had no regular income. After long-term treatment at Trivandrum General Hospital and SP Well Fort Hospital (under SP Adarsh Foundation), he received a motorized wheelchair through a relative's help. His wheelchair has a limited range (25 km).ELF stepped in and supported him with **an additional battery**, and a **KAFO equipment (Knee Ankle Foot Orthosis)** to improve his mobility, start gait training, and **work towards walking with support.**

ELF also provided him with his **medication needed for one year .**





ELF UK – Financial Accounts (Jan –Dec 2024)

Income & Expense

01/01/2024-31/12/2024 Expenses

INCOME

Monthly members' contribution	: £3,320
01/01/2024-1/12/2024	
Charity Tug-of-War	: £932
Charity Quiz Night	:£453

Expenses

<i>Kidney project</i>	<i>:£ 3500</i>
<i>Tug of War</i>	<i>:£682</i>
<i>Quiz Night</i>	<i>:£479</i>
<i>Hall hire charges</i>	<i>:£120</i>

Total Income =£4705

Total Expenses = £4781

Balance after Expenses = £(76)

Balance Carried forward from yr 2023 = £ 11509

Accrued Expenses{ House project 2, Batteries for Sidharth's wheelchair & AGM Expenses } ~1879

Available balance after expenses =£9554

ELF UK Leadership Team

ELF UK Leadership Team

Trustees

Bobby John, Thankachan Thomas Thadukayil, Saji John

Management Team

Lovely Francis, Sindhu Cherodath, Shirley Joseph, Tom Joseph

Committee Members

Dr. Hans Mathews, Jolly Joseph, Arun Balachandran, Sincy Joseph, Dr. Russell Manapuzha

Thank You

EMPOWERING LIVES FOUNDATION UNITED KINGDOM

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UNITED KINGDOM

ELF UK Projects (Jan- Dec 2023)

- 1.National Tug of War Competition to support Kidney transplant surgery of Mr Leo Jose Neyyan.**
- 2.School Kit Project to support differentially abled children**
- 3.Housing project to support an ailing family**



TUG OF WAR & KERALA FOOD STALLS

GUESTS OF HONOUR



PAUL TURNER
Town Mayor of High Wycombe



SHAFI PARAMBIL
Member - Kerala Legislative Assembly

All Proceeds Support Mr. Leo Jose Neyyan's Kidney Transplant

Contribute via [JustGiving.com](https://www.justgiving.com) / ELF UK Account

Venue :
The Cressex Community School
Holmer Lane, High Wycombe
Buckinghamshire, HP12 4QA

TIME : 9:30AM - 05:00 PM

07 OCTOBER 2023 SATURDAY **WEIGHT 595 KG**

FIRST PRIZE	£ 1101 + 🏆	FOURTH PRIZE	£ 251 + 🏆
SECOND PRIZE	£ 751 + 🏆	FIFTH PRIZE	£ 151 + 🏆
THIRD PRIZE	£ 501 + 🏆	SIXTH PRIZE	£ 101 + 🏆

Contact :
Saji John: 07879339194 Jolly Joseph: 07504098096



Tug Of War

ELF UK supported the kidney transplant operation of Mr Leo Jose Neyyan aged 39 years by raising £3510 through the National Tug of War Competition held on the 7th of October 2023. The funds were transferred to the Medical Trust Hospital that performed the surgery in the first quarter of 2024. 14 Teams from all over UK participated in the event. The Mayor of High Wycombe and the Govt representative from Kerala, India presented the winners with the trophies.



School Kit Distribution

ELF UK donated £1130 to help with providing school kits to 130 differentially abled children in the Kottayam area of Kerala, India. The school kits contained school bags, books, water bottle and stationary items. The school kits were distributed by ELF UK Vice President, Tom Joseph in a function held in Kerala, India.





Housing Project in Kerala, India

- Mr. Kuttappan KJ, a former auto driver, was unable to work due to heart issues, and his wife also faced health challenges. They have three daughters.
- ELF supported the family in building their house, from foundation to roof concreting. ELF is considering completion of the construction of the house as a project for next year.

ELF UK – Financial Accounts (Jan –Dec 2023)

Income & Expenses

01/01/2023-31/12/2023

Income :

Monthly volunteers' contribution	: £3,500
Charity Tug-of-War	: £9,050
Charity Quiz Night	:£323
Contribution From Onam Celebration	:£1670

Expenses :

Payment to house foundation project	: £647
Payment to school Kit Project	: £1130
Charity quiz night spend	: £595
ELF UK Onam celebrations	: £1788
Tug of War expenses	: £5540

ELF UK Account summary (Jan-Dec 2023)

Total Income - £ 14543.00

Total Expenditure - £ £9699.00

Balance after expenses - £4844.00

ELF UK Leadership Team

ELF UK Leadership Team

Trustees

Bobby John, Thankachan Thomas Thadukayil, Saji John

Management Team

Lovely Francis, Sindhu Cherodath, Shirley Joseph, Tom Joseph

Committee Members

Dr. Hans Mathews, Jolly Joseph, Arun Balachandran,
Sincy Joseph

Thank You



CHARITY COMMISSION
FOR ENGLAND AND WALES

Charity Name EMPOWERING LIVES FOUNDATION UNITED KINGDOM	No (if any) 1190446
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CC16a

Receipts and payments accounts

For the period from	Period start date 01/01/2023	To	Period end date 31/12/2023
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Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
Monthly volunteers contribution	3,500	-	-	3,500	-
Charity Tug-of-War	-	9,050	-	9,050	-
Charity Quiz Night	323	-	-	323	-
Contributions to ELF UK Onam Celebrations	1,670	-	-	1,670	-
Sub total (Gross income for AR)	5,493	9,050	-	14,543	-
A2 Asset and investment sales, (see table).					
Sub total	-	-	-	-	-
Total receipts	5,493	9,050	-	14,543	-
A3 Payments					
Payment to House Foundation Project	647	-	-	647	-
Payment to School Kit Project	1,130	-	-	1,130	-
Charity Tug-of-War Spend	-	5,540	-	5,540	-
Charity Quiz Night Spend	595	-	-	595	-
ELF UK Onam Celebrations	1,788	-	-	1,788	-
AGM and ELF Get together					
Sub total	4,160	5,539.54	-	9,699	-
A4 Asset and investment purchases. (see table)					
Sub total	-	-	-	-	-
Total payments	4,160	5,540	-	9,699	-
Net of receipts/(payments)	1,333	3,510	-	4,844	-
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	6,666	-	-	6,666	-
Cash funds this year end	7,999	3,510	-	11,509	-

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	Barclays Bank	11,509	-	-
		-	-	-
		-	-	-
	Total cash funds	11,509	-	-
	(agree balances with receipts and payments account(s))	Agreement Error	Agreement Error	OK
B2 Other monetary assets	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
B3 Investment assets	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
			-	-
			-	-
B4 Assets retained for the charity's own use	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
B5 Liabilities	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
			-	
			-	
			-	
			-	
Signed by one or two trustees on behalf of all the trustees	Signature	Print Name	Date of approval	

EMPOWERING LIVES FOUNDATION UNITED KINGDOM

England & Wales - Charity number 1190446

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CHARITY COMMISSION
FOR ENGLAND AND WALES

Charity Name EMPOWERING LIVES FOIUNDATION UNITED KINGDOM	No (if any) 1190446
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CC16a

Receipts and payments accounts

For the period from	Period start date 1/1/2022	To	Period end date 12/31/2022
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Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
Monthly volunteers contribution	3,040	-	-	3,040	-
Donation received for One Trust Food Bank	-	1,187	-	1,187	-
Contributions to ELF UK Onam Celebrations	1,555	-	-	1,555	-
Elf Get together	1,342	-	-	1,342	-
Sub total(Gross income for AR)	5,937	1,187	-	7,124	-
A2 Asset and investment sales, (see table).					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	5,937	1,187	-	7,124	-
A3 Payments					
Payment to One Trust Food Bank	38	1,187	-	1,225	-
Puthenpurackal House project	687	-	-	687	-
Omana Davy Dialysis payment	634	-	-	634	-
ELF UK Onam Celebrations	1,442.9	-	-	1,443	-
AGM and ELF Get together	1,420	-	-	1,420	-
Sub total	4,222	1,186.87	-	5,409	-
A4 Asset and investment purchases, (see table)					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total payments	4,222	1,187	-	5,409	-
Net of receipts/(payments)	1,715	-	-	1,715	-
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	4,951	-	-	4,951	-
Cash funds this year end	6,666	-	-	6,666	-

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	Barclays Bank	6,666	-	-
		-	-	-
		-	-	-
	Total cash funds	6,666	-	-
	(agree balances with receipts and payments account(s))	Agreement Error	Agreement Error	OK
B2 Other monetary assets	Details	to nearest £	to nearest £	to nearest £
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
B3 Investment assets	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
			-	-
			-	-
B4 Assets retained for the charity's own use	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
B5 Liabilities	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
			-	
			-	
			-	
			-	
Signed by one or two trustees on behalf of all the trustees	Signature	Print Name	Date of approval	

EMPOWERING LIVES FOUNDATION UNITED KINGDOM

England & Wales - Charity number 1190446

Accounts

Empowering Lives Foundation United Kingdom

ELF UK Trustees Annual Report for the Period 17 the July 2020 to 31 st December 2021

Charity Name: Empowering Lives Foundation United Kingdom

Charity Registration Number: 1190446

Summary of the Purposes of the charity as set out in its governing document

For the public benefit the relief of those in need by reason of youth, age, ill-health, disability, or social or economic disadvantage but not exclusively, by coordinating and developing services such as, providing necessities such as the provision of accommodation, clothing, food finance, education, and such other services for those in need as the trustees may determine in the UK and India.

Summary of the main activities in relation to those activities in relation to those purposes for the public benefit the activities, projects or services identified in the accounts.

Also provided with pictures in the attached Power Point presentation

ELF-UK (Started operating in Jan 2020 as ELF UK, however the registration for the charity was obtained on 17 th July,2020)

1. Fund raising for WDGRS

The purpose of this project was to help the homeless in High Wycombe through the charity organization Wycombe Rent Deposit Guarantee Scheme (WDGRS). They were trying to raise GBP 7,000 and we decided to have a 10 km sponsorship walk to support their cause. We were able to collect money through donations from friends and family and by advertising in the local church newsletters. We raised GBP 1000 which was gratefully acknowledged by WDGRS. The details were already submitted to the charity commission as a part of registering ELF UK as a charity. Also detailed out in the attached PowerPoint presentation.

2. Helping London based international students in UK during the COVID-19

Pandemic.

This was a project aimed at helping overseas students, who are currently unable to do part-time work due to lockdown restrictions. These students were struggling to pay rent and make ends meet and many of them were close to starvation. Also, the prospect of returning home was non-existent due to the non-availability of flights. In fact, the BBC covered this harrowing plight of these students in one of their news programs.

For this we teamed up with Indian Business Network (IBN), who had already started this charity venture. After discussion in the committee, it was decided to

render support to this initiative for these struggling students in May and June 2020 in Hounslow, Ilford etc. by supplying essential food items for sustainability.

The details were already submitted to the charity commission as a part of registering ELF UK as a charity. Also detailed out in the attached PowerPoint presentation.

3. Autorickshaw Project

This project helped to provide, a 71 year auto driver, Govindan in Kerala, India with a new autorickshaw. Govindan comes from a less privileged background and is the main income earned in his entire household. He had lost his previous autorickshaw in the 2019 Kerala floods. ELF UK decided to provide a new autorickshaw for Govindan so he could continue to support his family. Thanks to the support given by ELF, Govindan is able to continue supporting his family.

4. Auto drivers Food kit donation Project.

For this project ELF UK donated money to help provide 50 autorickshaw drivers and their families, who were affected by the Covid-19 pandemic with food kits. The families are from the Rama Puram Panchayat area in Kerala, India and from under privileged background. Each food kit would provide a family with a months' worth of groceries.

ELF UK Financial Accounts

Income

Total Income (July 2020 - December 2021) - £10,232

Money carried forward from HWCA -£1922

Monthly contributions (17/07/ 20 – December 2021) -£5475

Contributions from Christmas programme - £505

Donation made to ELF UK for WRDGS - £1000

Donations made to ELF UK for Covid Relief project - £600

Donations made to ELF UK for Autorickshaw project - £730

Expenditure

July 17th 2020 – 31st December 2021 - £5280

Charity donation to WRDGS - £1000

Charity donation to IBN for Covid relief project - £750

Payment to Charity Expert for official Charity registration - £595

Charity donation for Autorickshaw project - £2027

Charity donation for Food Kit project - £243

Miscellaneous (AGM, Hall rent, Banner etc.) - £665

ELF UK Account summary

Total income - £10232

Total Expenditure - £5280

Current balance as of 31st December,2021 - £4951

Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit

The trustees would like to confirm that we have taken into account the guidance issued by the Charity Commission on public benefit

Bobby John - Trustee

Thankachan Thomas Thodukayil - Trustee

Saji John- Trustee



UNITED KINGDOM

Our Projects

2020-2021

Fundraising for Wycombe Rent Deposit Guarantee Scheme (WRDGS)

This project was to help the homeless in High Wycombe through the charity organisation Wycombe Rent Deposit Guarantee Scheme (WDGRS). They were trying to raise GBP 7,000 and we decided to have a 10 km sponsorship walk. We were able to collect money through donations from friends and family and by advertising in the local church newsletters. We raised GBP 1000 which was gratefully acknowledged by WDGRS.



Successfully Worked with Kerala Christian
Fellowship for sponsoring the nursing education
for Adwaitha a deserving candidate from Kerala.

Through recommendation and application processing by ELF UK, nursing student, Adwaitha, was able to receive a sponsorship from KCF to complete her nursing studies.

Covid Relief Project - Helping London based International students during the COVID-19 Pandemic.

This was a project aimed at helping overseas students, who were unable to do part-time work due to lockdown restrictions. These students were struggling to pay rent and make ends meet and many of them were close to starvation. Also the prospect of returning home was non-existent due to the non-availability of flights. In fact, the BBC covered this harrowing plight of these students in one of their news programmes.

For this project, we teamed up with Indian Business Network (IBN), who had already started this charity venture. After discussion in the committee it was decided to render support to this initiative for these struggling students in May and June 2020 in Hounslow, Ilford etc by supplying essential food items for sustainability.



Autorickshaw project



This project helped to provide, a 71 year auto driver, with a new autorickshaw. Govindan comes from a less privileged background and is the main income earner in his household. He had lost his previous autorickshaw in the 2019 Kerala floods. ELF UK decided to provide a new autorickshaw for Govindan so he could continue to support his family.

Autodirvers Food Kit donatation project

For this project ELF UK donated money to help provide 50 autorickshaw drivers and their families, who were affected by the Covid-19 pandemic with food kits. The families are from the Ramapuram panchayat area and from underprivileged backgrounds. Each 500 rupees food kit would provide a family with a months worth of grocery.



ELF UK – Financial Accounts

Income

Total Income *(July 2020 - December 2021)* - £10,232

Money carried forward from HWCA -£1922

Monthly contributions (17/07/ 20 – December 2021) -£5475

Contributions from Christmas programme - £505

Donation made to ELF UK for WRDGS - £1000

Donations made to ELF UK for Covid Relief project - £600

Donations made to ELF UK for Autorickshaw project - £730

Expenditure

July 17th 2020 – 31st December 2021 - £5280

Charity donation to WRDGS - £1000

Charity donation to IBN for Covid relief project - £750

Payment to Charity Expert for official Charity registration - £595

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Charity donation for Food Kit project - £243

Miscellaneous (AGM, Hall rent ,Banner etc.) - £665

ELF UK Account summary

Total income - **£10232**

Total Expenditure - **£5280**

Current balance as of 31st December,2021 - **£4951**

Thank You