

EAST DURHAM VETERANS TRUST

England & Wales · Charity number 1190445

Details

Status Registered

Legal form CIO

Registered 2020-07-17

Register [View on the Charity Commission register](#)

Contact

Address Dawdon Community Centre
Queen Alexandra Road
Seaham
County Durham
SR7 7NH

Phone 07368424939

Email contact@eastdurhamveterans.co.uk

Website www.eastdurhamveterans.co.uk

Activities

Objects: THE OBJECTS OF THE CIO ARE FOR THE BENEFIT OF VETERANS OF ALL BRANCHES OF THE ARMED FORCES AND THEIR FAMILIES LIVING IN EAST DURHAM.1. THE PROMOTION OF SOCIAL INCLUSION AMONG VETERANS TO PREVENT THEM FROM BECOMING SOCIALLY EXCLUDED AND TO RELIEVE THE NEEDS OF THEM AND TO HELP THEM INTEGRATE INTO SOCIETY. FOR THE PURPOSE OF THIS CLAUSE SOCIETY "SOCIALLY EXCLUDED" MEAN EXCLUDED FROM SOCIETY, OR PARTS OF SOCIETY, DUE TO MENTAL HEALTH ISSUES OR AS A RESULT OF BEING UNABLE TO ADJUST TO A CIVILIAN ENVIRONMENT.2. TO RELIEVE FINANCIAL HARDSHIP; AND3. THE RELIEF OF THE PHYSICAL AND MENTAL SICKNESS OF PERSONS IN NEED BY REASONS OF TRAUMA SUCH AS COMBAT POST – TRAUMATIC STRESS DISORDER, ADDICTIONS AND ISOLATION.

Activities: East Durham Veterans Trust supports veterans and their families from the East Durham area, through three main areas. Firstly sign posting to other organisations that can offer practical support, this includes finance, housing etc. Secondly through Social inclusion and finally to support veterans and their families with mental health coaching and wellbeing.

Classification

- **How:** Provides Other Finance, Provides Buildings/facilities/open Space, Provides Services, Provides Advocacy/advice/information
- **What:** General Charitable Purposes, Armed Forces/emergency Service Efficiency
- **Who:** The General Public/mankind

Geography

- Throughout England

Finances

Period end	Income	Expenditure	Assets	Employees
2024-12-31	£208,531	£240,794	-	-
2024-02-01	£205,723	£211,380	-	-
2023-02-01	£131,783	£160,700	-	-
2022-02-01	£108,556	£83,940	-	-
2021-02-01	£20,464	£4,084	-	-

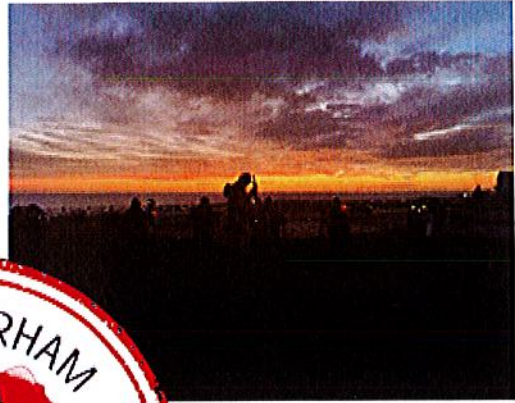
Trustees

Name	Role	Appointed
David McKenna	Chair	2020-02-01
Grahame Mark Morris		2020-02-01
Helen Lynn Jones		2023-11-30
Kevin Joseph Shaw		2022-02-18
Neil Rooney		2023-11-01

EAST DURHAM VETERANS TRUST

England & Wales - Charity number 1190445

Accounts



EAST DURHAM VETERANS TRUST ANNUAL REPORT 2024 & ACCOUNTS

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CEO's Report

The last year has been a fantastic success for East Durham Veterans Trust where we have taken our services to the next level of support, and we are now leading the way for veterans' mental health care in the Northeast of England.



East Durham Veterans Trust was created to support veterans and their families with essential mental health support that is needed, East Durham Veterans Trust is now more than ever fulfilling that mission. Over the past year as well as taking referrals from doctor surgeries, social prescribers, DWP and the police we have worked hard with the government Op Courage programme. Thanks to this working relationship we are now supporting more veterans than ever from across the North of England. Additionally, to this we have worked hard with the regimental associations in being able to support the veterans that they are already supporting. The Fusilier association for example has referred into our services on several occasions and through the power of technology we have been able to support veterans as far away as Wiltshire. The counselling and mental health programme we are offering the veterans and their families is a first-class programme and during the reporting period has gained national recognition and we have seen firsthand the impact it is making on the lives of our veterans and their families, in short, this programme alone is saving lives of our veterans and their families.

Through the delivery of the core services which we offer the veterans and their families we have always had the ethos that the needs of the veterans and their families must come first and we will never discharge anyone from our service, always leaving the door open for veterans and their families getting the help and support that they need when ever they need it. Through having the ethos and working with organisations that share this ethos we have been able to build lasting relationships that will benefit the veteran community. Having taken this ethos, it has reaped rewards for the veterans and their families, and this was highlighted with East Durham Veterans Trust being a finalist in a national award. In the reporting period East Durham Veterans Trust was a national finalist in the English Veterans Awards in the Health and Wellbeing Category.

One of the great moments of this reporting period we have had the opportunity to work very closely with the Chelsea Pensioners. We had the honour of working with the outreach team of the Chelsea Pensioners and being able to host the Chelsea pensioners outside of London for the first time as part of the outreach programme. The

Chelsea Pensioners choose EDVT as the first place to visit as part of this programme and we were honoured to be able to host them at East Durham Veterans Trust. The Chelsea pensioners brought along the Chelsea Pensioners Choir and everyone joined in a sing song as well as enjoying a buffet that was put on as part of the visit to the centre.

As always, a focus that we had was towards the raising of funds for us to be able to continue to support the veterans and their families through the essential work in which we do. We have successfully done this for another year, and we are thrilled that we have had the support from a several funders, some of which have supported the work we do with multiyear grants which gives us more sustainability as an organisation supporting the veteran's and their families. Additionally, to the support we have had from the funders who support us we also have the support of volunteers, veterans and their families who wanted to take on fundraising activities to help fund East Durham Veterans Trust. This year we changed it round from having our main fundraising activity as the parachute day we decided to change this, and we launched a whole new challenge which was the National Three Peaks. The national three peaks saw us take on the biggest mountains in Scotland, England and Wales all within a 24-hour time limit. As challenging as this was the fundraisers who took on the challenge raised an amazing £13148 for East Durham Veterans Trust. Additionally, to this event which was our biggest of the year we also took on other fundraising activities from Armed Forces Day to the Great North Run, everyone with the same goal to raising essential funds for the benefit of veterans and their families.

As well as the core services which we offer veterans and their families we also embarked on our second visit with aid to the Ukraine. In the early part of the year, we asked the local community to donate items and help us raise funds to be able to deliver aid to support the people of the Ukraine. On a four-day mission to deliver the aid we embarked on a delivery to Lublin next to the Ukraine / Poland border and before we returned home, we saw pictures of the aid we had delivered being handed out to the families of the Ukraine. Unlike the first visit which saw us deliver with four vehicles this time it was a one van delivery that we embarked on which again proved to be a highly successful trip.

Overall, this reporting period has been another excellent year for East Durham Veterans Trust, we have supported more veterans than ever, we have the best counselling programme in the region that is designed solely for the use of veterans and their families and no one has supported



more North East veterans and their families in this reporting period in the North East than East Durham Veterans Trust.

Core Services

East Durham Veterans Trust core services that we offer to the veteran community have had another fantastic year of supporting veterans and their families.

Mental Health Counselling Services

Our counselling service has had an amazing year of supporting veterans and their families. We have seen how this has become a service that is leading the way of veteran mental health support throughout the year. We have established our service with op courage NHS North which has been a crucial referral pathway for many veterans and their family members. The relationship with op courage is getting stronger every week that we work together but additionally to this we have seen the importance of working alongside local doctor surgeries as well as working with the social prescribers of these surgeries.

253 Service Users accessed Our Services in 2024

Since being formed as a charity we have seen this service grow year on year and the results that are achieved by this service are nothing more than remarkable. We supported more veterans than ever in the reporting year with 253 veterans and veteran's families accessing our counselling services, due to the high demand for our services we have had to add to our counselling team and in the reporting period we were delighted to add another two counsellors to our team.

“Thanks to East Durham Veterans Trust I have a different outlook on life to what I had 6 months ago, I cannot thank you enough for the help and support you have shown me” - Service User March 2024

During the reporting period we have seen a much higher need for the internet and streaming equipment to reach the service users and we have seen first hand how this has benefitted veterans and their families. Throughout the reporting period we have supported veterans and their families who are currently not residing in the UK and using teams and zoom we have been able to reach them and give them the support they need from afar.

**Service Users Rated our Service at 4.97 out of 5 in
2024**

Within the reporting period we have seen 75% of the service users who accessed the services have achieved a significant or moderate improvement in their mental health, this is the top two tiers of a five-tier scoring system. Additionally, to this we have seen the service rated at 4.97 out of 5 from the service users who accessed the services.

75% of Service Users reported a significant or moderate improvement in their mental health. Our top two levels of a five-tier scoring system

Overall, we have seen a huge demand for the services we are offering to the veteran community. We have seen this service continue to grow and our future ambition is to continue to be able to support the community we support but also to continue to build relationships with organisations that have the same goals as East Durham Veterans Trust

“East Durham Veterans Trust saved my life, thank you”

- Service User August 2024

Case Workers providing immediate support

The caseworkers at East Durham Veterans Trust provide essential immediate support to the veterans and their families. The work that East Durham Veterans Trust case workers does relates to the Maslow hierarchy of needs, and we base this around the bottom level the physiological needs which is the building platform for self-actualization.



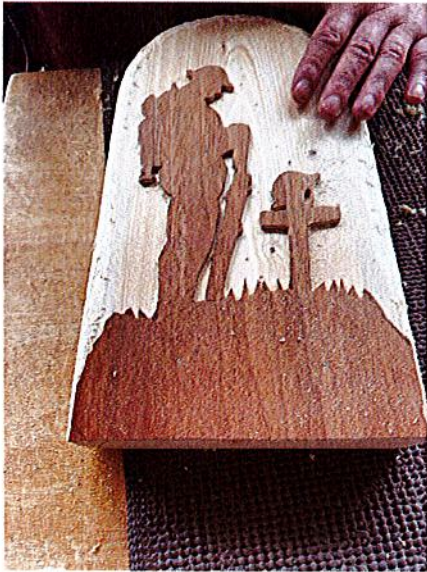
The caseworkers at East Durham Veterans Trust support veterans and their families with likes of food and fuel poverty, benefits, pip claims, housing, whitegoods, armed forces pension and armed forces compensation schemes to name a few areas.

Every service user who is referred into East Durham Veterans Trust that comes into our service is allocated a caseworker, as well as being able to offer psychological support they also offer a listening ear and can offer advice and guidance to the veterans and their families. To provide the best possible support to the veterans and their families it is essential that our caseworkers build relationships with other organisations so they can advocate on behalf of service users. Through the reporting period our case workers have done this with amazing results. We have worked alongside various organisations to provide the best possible outcome for our veterans and their families.



This part of our core services is another service that continues to grow for the veterans and their families, our case workers are extremely experienced and qualified in several various areas. Over the coming reporting period the focus is on sustaining this level of support to the veterans and their families and to continue making new relationships with organisations for the benefit of the veterans and their families.

Social Inclusion Groups



Social inclusion is a key part of what we offer for veterans and their families, when a veteran is serving, they work, live and socialise with one another. When leaving they lose this, and they end of sitting in a house starring at all four walls and we often see this as the beginning of mental illness. AT East Durham Veterans Trust, we have seen the huge benefit of the social inclusion groups, we have seen friendships formed and veterans who have shared experiences – this really has brought huge benefits to the veterans and their families.

East Durham

Veterans Trust now has a solid weekly programme for veterans and their families that offers a different activity on each day. From allotment, to walking groups to art hubs and photography the programme is designed to provide an activity for everyone. All the social groups that we offer are open for the veterans and the families of the veterans. Additionally, to the weekly social inclusion groups we have also organised several family trips through the reporting period. The family trips have provided family trips to Beamish open air museum, Blackpool illuminations and



Edinburgh Christmas

markets. This level of support through the social inclusion programme has provided a strong sense of belonging and wellbeing within the community we are supporting.

Moving forward with the social inclusion programme we aim to continue providing the level of support through our social inclusion programme and to continue to be able to grow the programme for other service members to access it and to be able to provide

new skills to the people who are attending and accessing the groups and events which we are offering.

Highlight of the Year

The highlight of the reporting period was most certainly welcoming the Chelsea Pensioner's to East Durham Veterans Trust. The Royal Chelsea Hospital contact East Durham Veterans Trust and asked if we would be able to visit with the Chelsea pensioner's choir. After a visit from the Chelsea pensioner's outreach team, we agreed a date for the visit, and we held an amazing afternoon with the Chelsea Pensioners.



The afternoon was blessed with a meet and greet with the Chelsea pensioners and the veterans and the veteran's families who attend the veteran's hub, followed by a buffet lunch then the entertainment begun. The Chelsea Pensioner's choir entertained the whole of the audience with a sing song and at the same time getting the attendees involved.

Following the singing from the Chelsea pensioners we then escorted the visitors to the local Tommy statue for pictures followed by attending a local pub which was followed by visiting local nursing homes. Once at the local nursing homes the staff and residents of the nursing homes were entertained by members of the choir, and the members of the Chelsea pensioners who were not part of the choir were up on the dance floor with the residents and staff making sure everyone remembered the visit of the Chelsea pensioners for years to come.



Fundraising

East Durham Veterans Trust is a veteran's charity that is now recognised around the Northeast of providing first class care to the veterans whom we support. To be able to offer the level of support we do we have to compliment the grants we are awarded with essential fundraising, every penny really does count at East Durham Veterans Trust to allow us to be able to offer the level of support that we are offering to the veterans and their families. This year we held some amazing fundraising activities, from taking part in the Great North Run and the London landmarks half marathon as well as the theme nights we hold such as Race nights and Oktoberfest.



Our focal this year was to hold a main fundraising activity, and we choose this year that it would be the national three peaks challenge. The national three peaks challenge was an epic challenge for meeting at the Veterans hub and arranging for the veterans to be transported to the start line of Ben Nevis in Scotland from there the challenge started. The team tackled Ben Nevis in amazing style with the sunshine

beaming down on them when they reached the top they were treated to snow, coming down they were transported to Scarfell Pike which they had an added challenge of completing this through the night. With all members of the team coming down and completing the challenge of Scarfell we made our way to mount Snowdon to complete the challenge.

With the challenge complete we headed back to the Northeast, with all members taking on individual fundraising we were delighted to learn that this fundraising activity raised £13,148 for East Durham Veterans Trust.



Organisations with have worked with in 2024



CHELSEA
PENSIONERS



Foundation



THE
GROCCERS'
CHARITY

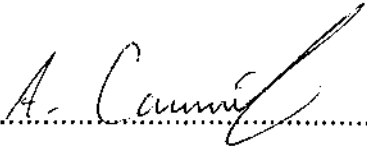


Defence Medical
Welfare Service
Supporting
the frontline



CEO Sign off

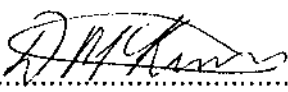
Name A. CAMPLISS

Signed..... 

Date 31/10/25

Chairman Sign Off

Name D. McKenna

Signed..... 

Date 31/10/25

East Durham Veterans Trust
Unaudited Financial Statements
31 December 2024

MITCHELLS LIMITED

Chartered accountants
Swallow House
Parsons Road
Washington
Tyne & Wear
NE37 1EZ

East Durham Veterans Trust

Financial Statements

Period from 1 February 2024 to 31 December 2024

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East Durham Veterans Trust

Trustees' Annual Report

Period from 1 February 2024 to 31 December 2024

The trustees present their report and the unaudited financial statements of the charity for the period ended 31 December 2024.

Reference and administrative details

Registered charity name East Durham Veterans Trust

Charity registration number 1190445

Principal office Dawdon Community Centre
Queen Alexandra Road
Seaham
County Durham
SR7 7NH

The trustees

Mr A Cammis	CEO
K J Shaw	Trustee
H L Jones	Trustee
N Rooney	Trustee
D McKenna	Trustee
G M Morris	Trustee

Independent examiner Elliott Hails ACA
Mitchells Limited
Swallow House
Parsons Road
Washington
Tyne & Wear
NE37 1EZ

Objectives and activities

The objects of the CIO are for the benefit of veterans of all branches of the Armed Forces and their families living in East Durham.

1. The promotion of social inclusion among veterans to prevent them from becoming socially excluded and to relieve the needs of them and to help them integrate into society. For the purpose of this clause society "socially excluded" means excluded from society, or parts of society, due to mental health issues or as a result of being unable to adjust to a civilian environment.

2. To relieve financial hardship.

3. The relief of physical and mental sickness of persons in need by reasons of trauma such as combat post-traumatic stress disorder, addictions and isolation.

East Durham Veterans Trust

Trustees' Annual Report *(continued)*

Period from 1 February 2024 to 31 December 2024

The trustees' annual report was approved on 31 October 2025 and signed on behalf of the board of trustees by:

Andrew Cammiss

[Andrew Cammiss \(Oct 31, 2025 11:27:28 GMT\)](#)

Mr A Cammiss
CEO

East Durham Veterans Trust

Independent Examiner's Report to the Trustees of East Durham Veterans Trust

Period from 1 February 2024 to 31 December 2024

I report to the trustees on my examination of the financial statements of East Durham Veterans Trust ('the charity') for the period ended 31 December 2024.

Responsibilities and basis of report

As the trustees of the charity you are responsible for the preparation of the financial statements in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the charity's financial statements carried out under section 145 of the 2011 Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the charity as required by section 130 of the Act; or
2. the financial statements do not accord with those records; or
3. the financial statements do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

E. Hails

[E.Hails \(Oct 31, 2025 11:46:53 GMT\)](#)

Elliott Hails ACA
Mitchells Limited
Independent Examiner

Swallow House
Parsons Road
Washington
Tyne & Wear
NE37 1EZ

East Durham Veterans Trust

Statement of Financial Activities

Period from 1 February 2024 to 31 December 2024

		Period from 1 Feb 24 to 31 Dec 24		Year to 31 Jan 24
		Unrestricted funds	Total funds	Total funds
	Note	£	£	£
Income and endowments				
Donations and legacies	4	135,134	135,134	151,182
Other trading activities	5	73,397	73,397	60,198
Total income		<u>208,531</u>	<u>208,531</u>	<u>211,380</u>
Expenditure				
Expenditure on charitable activities	6,7	240,794	240,794	182,349
Total expenditure		<u>240,794</u>	<u>240,794</u>	<u>182,349</u>
Net (expenditure)/income and net movement in funds		<u>(32,263)</u>	<u>(32,263)</u>	<u>29,031</u>
Reconciliation of funds				
Total funds brought forward		29,031	29,031	—
Total funds carried forward		<u>(3,232)</u>	<u>(3,232)</u>	<u>29,031</u>

The statement of financial activities includes all gains and losses recognised in the year. All income and expenditure derive from continuing activities.

The notes on pages 6 to 12 form part of these financial statements.

East Durham Veterans Trust

Statement of Financial Position

31 December 2024

	Note	31 Dec 24		31 Jan 24	
		£	£	£	£
Fixed assets					
Tangible fixed assets	12		18,056		24,075
Current assets					
Cash at bank and in hand		779		4,956	
Creditors: amounts falling due within one year	13	<u>22,067</u>		<u>—</u>	
Net current liabilities			(21,288)		4,956
Total assets less current liabilities			<u>(3,232)</u>		<u>29,031</u>
Net liabilities			<u>(3,232)</u>		<u>29,031</u>
Funds of the charity					
Unrestricted funds			(3,232)		29,031
Total charity funds	15		<u>(3,232)</u>		<u>29,031</u>

These financial statements were approved by the board of trustees and authorised for issue on 31 Oct 25, and are signed on behalf of the board by:

Andrew Cammiss

[Andrew Cammiss \(Oct 31, 2025 11:27:28 GMT\)](#)

Mr A Cammiss
CEO

The notes on pages 6 to 12 form part of these financial statements.

East Durham Veterans Trust

Notes to the Financial Statements

Period from 1 February 2024 to 31 December 2024

1. General information

The charity is a public benefit entity and a registered charity in England and Wales and is unincorporated. The address of the principal office is Dawdon Community Centre, Queen Alexandra Road, Seaham, SR7 7NH, County Durham.

2. Statement of compliance

These financial statements have been prepared in compliance with FRS 102, 'The Financial Reporting Standard applicable in the UK and the Republic of Ireland', the Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (Charities SORP (FRS 102)) and the Charities Act 2011.

3. Accounting policies

Basis of preparation

The financial statements have been prepared on the historical cost basis, as modified by the revaluation of certain financial assets and liabilities and investment properties measured at fair value through income or expenditure.

The financial statements are prepared in sterling, which is the functional currency of the entity.

Going concern

There are no material uncertainties about the charity's ability to continue.

Fund accounting

Unrestricted funds are available for use at the discretion of the trustees to further any of the charity's purposes.

Designated funds are unrestricted funds earmarked by the trustees for particular future project or commitment.

Restricted funds are subjected to restrictions on their expenditure declared by the donor or through the terms of an appeal, and fall into one of two sub-classes: restricted income funds or endowment funds.

East Durham Veterans Trust

Notes to the Financial Statements *(continued)*

Period from 1 February 2024 to 31 December 2024

3. Accounting policies *(continued)*

Incoming resources

All incoming resources are included in the statement of financial activities when entitlement has passed to the charity; it is probable that the economic benefits associated with the transaction will flow to the charity and the amount can be reliably measured. The following specific policies are applied to particular categories of income:

- income from donations or grants is recognised when there is evidence of entitlement to the gift, receipt is probable and its amount can be measured reliably.
- legacy income is recognised when receipt is probable and entitlement is established.
- income from donated goods is measured at the fair value of the goods unless this is impractical to measure reliably, in which case the value is derived from the cost to the donor or the estimated resale value. Donated facilities and services are recognised in the accounts when received if the value can be reliably measured. No amounts are included for the contribution of general volunteers.
- income from contracts for the supply of services is recognised with the delivery of the contracted service. This is classified as unrestricted funds unless there is a contractual requirement for it to be spent on a particular purpose and returned if unspent, in which case it may be regarded as restricted.

Resources expended

Expenditure is recognised on an accruals basis as a liability is incurred. Expenditure includes any VAT which cannot be fully recovered, and is classified under headings of the statement of financial activities to which it relates:

- expenditure on raising funds includes the costs of all fundraising activities, events, non-charitable trading activities, and the sale of donated goods.
- expenditure on charitable activities includes all costs incurred by a charity in undertaking activities that further its charitable aims for the benefit of its beneficiaries, including those support costs and costs relating to the governance of the charity apportioned to charitable activities.
- other expenditure includes all expenditure that is neither related to raising funds for the charity nor part of its expenditure on charitable activities.

All costs are allocated to expenditure categories reflecting the use of the resource. Direct costs attributable to a single activity are allocated directly to that activity. Shared costs are apportioned between the activities they contribute to on a reasonable, justifiable and consistent basis.

Tangible assets

Tangible assets are initially recorded at cost, and subsequently stated at cost less any accumulated depreciation and impairment losses. Any tangible assets carried at revalued amounts are recorded at the fair value at the date of revaluation less any subsequent accumulated depreciation and subsequent accumulated impairment losses.

East Durham Veterans Trust

Notes to the Financial Statements *(continued)*

Period from 1 February 2024 to 31 December 2024

3. Accounting policies *(continued)*

Tangible assets *(continued)*

An increase in the carrying amount of an asset as a result of a revaluation, is recognised in other recognised gains and losses, unless it reverses a charge for impairment that has previously been recognised as expenditure within the statement of financial activities. A decrease in the carrying amount of an asset as a result of revaluation, is recognised in other recognised gains and losses, except to which it offsets any previous revaluation gain, in which case the loss is shown within other recognised gains and losses on the statement of financial activities.

Depreciation

Depreciation is calculated so as to write off the cost or valuation of an asset, less its residual value, over the useful economic life of that asset as follows:

Motor vehicles - 25% reducing balance

Impairment of fixed assets

A review for indicators of impairment is carried out at each reporting date, with the recoverable amount being estimated where such indicators exist. Where the carrying value exceeds the recoverable amount, the asset is impaired accordingly. Prior impairments are also reviewed for possible reversal at each reporting date.

For the purposes of impairment testing, when it is not possible to estimate the recoverable amount of an individual asset, an estimate is made of the recoverable amount of the cash-generating unit to which the asset belongs. The cash-generating unit is the smallest identifiable group of assets that includes the asset and generates cash inflows that largely independent of the cash inflows from other assets or groups of assets.

For impairment testing of goodwill, the goodwill acquired in a business combination is, from the acquisition date, allocated to each of the cash-generating units that are expected to benefit from the synergies of the combination, irrespective of whether other assets or liabilities of the charity are assigned to those units.

Financial instruments

A financial asset or a financial liability is recognised only when the charity becomes a party to the contractual provisions of the instrument.

Basic financial instruments are initially recognised at the amount receivable or payable including any related transaction costs.

Current assets and current liabilities are subsequently measured at the cash or other consideration expected to be paid or received and not discounted.

Debt instruments are subsequently measured at amortised cost.

Where investments in shares are publicly traded or their fair value can otherwise be measured reliably, the investment is subsequently measured at fair value with changes in fair value recognised in income and expenditure. All other such investments are subsequently measured at cost less impairment.

East Durham Veterans Trust

Notes to the Financial Statements *(continued)*

Period from 1 February 2024 to 31 December 2024

3. Accounting policies *(continued)*

Financial instruments *(continued)*

Other financial instruments, including derivatives, are initially recognised at fair value, unless payment for an asset is deferred beyond normal business terms or financed at a rate of interest that is not a market rate, in which case the asset is measured at the present value of the future payments discounted at a market rate of interest for a similar debt instrument.

Other financial instruments are subsequently measured at fair value, with any changes recognised in the statement of financial activities, with the exception of hedging instruments in a designated hedging relationship.

Financial assets that are measured at cost or amortised cost are reviewed for objective evidence of impairment at the end of each reporting date. If there is objective evidence of impairment, an impairment loss is recognised under the appropriate heading in the statement of financial activities in which the initial gain was recognised.

For all equity instruments regardless of significance, and other financial assets that are individually significant, these are assessed individually for impairment. Other financial assets are either assessed individually or grouped on the basis of similar credit risk characteristics.

Any reversals of impairment are recognised immediately, to the extent that the reversal does not result in a carrying amount of the financial asset that exceeds what the carrying amount would have been had the impairment not previously been recognised.

Defined contribution plans

Contributions to defined contribution plans are recognised as an expense in the period in which the related service is provided. Prepaid contributions are recognised as an asset to the extent that the prepayment will lead to a reduction in future payments or a cash refund.

When contributions are not expected to be settled wholly within 12 months of the end of the reporting date in which the employees render the related service, the liability is measured on a discounted present value basis. The unwinding of the discount is recognised as an expense in the period in which it arises.

4. Donations and legacies

	Unrestricted Funds £	Total Funds 2024 £	Unrestricted Funds £	Total Funds 2024 £
Grants				
Albert Hunt	5,000	5,000	–	–
V3P Defence Medical Welfare	7,063	7,063	–	–
Army Benevolen fund	10,000	10,000	–	–
Believe Housing Li Group Grant	918	918	–	–
Community foundation	10,000	10,000	–	–
FAF Grant	2,332	2,332	–	–
Greggs foundation	17,815	17,815	–	–
Hadrian Trust	1,000	1,000	–	–
Grocers Charity	5,000	5,000	–	–
Morrisons Foundation	3,000	3,000	–	–
Sainsburys Neoughbourly Grant	500	500	–	–

East Durham Veterans Trust

Notes to the Financial Statements *(continued)*

Period from 1 February 2024 to 31 December 2024

4. Donations and legacies *(continued)*

	Unrestricted Funds £	Total Funds 2024 £	Unrestricted Funds £	Total Funds 2024 £
Grants (continued)				
Armed forces covenant force for change	6,175	6,175	11,257	11,257
Ballinger trust	10,000	10,000	10,000	10,000
Blue light foundation	–	–	9,360	9,360
CDCF - Community grant	5,000	5,000	5,500	5,500
CDCF - Warm hub	–	–	1,000	1,000
Coalfields regeneration	–	–	5,000	5,000
Durham county council (neighbourhood budget)	7,840	7,840	6,000	6,000
East durham trust (community resilience)	–	–	8,250	8,250
James Knott trust	–	–	3,770	3,770
Asda community foundation	–	–	2,000	2,000
Local giving	–	–	500	500
National garden scheme (NGS)	–	–	2,800	2,800
National lottery community fund	25,645	25,645	52,595	52,595
North east ladies	–	–	1,000	1,000
Rothley trust	–	–	900	900
Sir Tom Cowie fund	–	–	1,000	1,000
Tesco	–	–	500	500
Veterans foundation	17,846	17,846	29,750	29,750
	<u>135,134</u>	<u>135,134</u>	<u>151,182</u>	<u>151,182</u>

5. Other trading activities

	Unrestricted Funds £	Total Funds 2024 £	Unrestricted Funds £	Total Funds 2024 £
Fundraising events	<u>73,397</u>	<u>73,397</u>	<u>60,198</u>	<u>60,198</u>

6. Expenditure on charitable activities by fund type

	Unrestricted Funds £	Total Funds 2024 £	Unrestricted Funds £	Total Funds 2024 £
Fundraising expenses	15,592	15,592	7,759	7,759
Support costs	225,202	225,202	174,590	174,590
	<u>240,794</u>	<u>240,794</u>	<u>182,349</u>	<u>182,349</u>

East Durham Veterans Trust

Notes to the Financial Statements *(continued)*

Period from 1 February 2024 to 31 December 2024

7. Expenditure on charitable activities by activity type

	Activities undertaken directly	Support costs	Total funds 2024	Total fund 2024
	£	£	£	£
Fundraising expenses	15,592	–	15,592	7,759
Administration expenses	–	225,202	225,202	174,590
	<u>15,592</u>	<u>225,202</u>	<u>240,794</u>	<u>182,349</u>

8. Net (expenditure)/income

Net (expenditure)/income is stated after charging/(crediting):

	31 Dec 24	31 Jan 24
	£	£
Depreciation of tangible fixed assets	<u>6,019</u>	<u>8,025</u>

9. Independent examination fees

	Period from 1 Feb 24 to 31 Dec 24	Year to 31 Jan 24
	£	£
Fees payable to the independent examiner for: Independent examination of the financial statements	<u>1,560</u>	<u>–</u>

10. Staff costs

The total staff costs and employee benefits for the reporting period are analysed as follows:

	Period from 1 Feb 24 to 31 Dec 24	Year to 31 Jan 24
	£	£
Wages and salaries	143,033	110,077
Employer contributions to pension plans	4,820	8,267
Other employee benefits	495	2,405
	<u>148,348</u>	<u>120,749</u>

The average head count of employees during the period was 14 (2024: 14).

No employee received employee benefits of more than £60,000 during the year (2024: Nil).

11. Trustee remuneration and expenses

No trustees received remuneration during the financial year.

East Durham Veterans Trust

Notes to the Financial Statements *(continued)*

Period from 1 February 2024 to 31 December 2024

12. Tangible fixed assets

	Motor vehicles £
Cost	
At 1 February 2024 and 31 December 2024	<u>32,100</u>
Depreciation	
At 1 February 2024	8,025
Charge for the period	6,019
At 31 December 2024	<u>14,044</u>
Carrying amount	
At 31 December 2024	<u>18,056</u>
At 31 January 2024	<u>24,075</u>

13. Creditors: amounts falling due within one year

	31 Dec 24 £	31 Jan 24 £
Bank loans and overdrafts	45	–
Accruals and deferred income	1,560	–
Social security and other taxes	20,462	–
	<u>22,067</u>	<u>–</u>

14. Pensions and other post retirement benefits

Defined contribution plans

The amount recognised in income or expenditure as an expense in relation to defined contribution plans was £4,820 (2024: £8,267).

15. Analysis of charitable funds

Unrestricted funds

	At 1 February 20 24 £	Income £	Expenditure £	At 31 December 2024 £
General funds	<u>29,031</u>	<u>208,531</u>	<u>(240,794)</u>	<u>(3,232)</u>
	At 1 February 20 23 £	Income £	Expenditure £	At 31 January 20 24 £
General funds	<u>–</u>	<u>211,380</u>	<u>(182,349)</u>	<u>29,031</u>

EAST DURHAM VETERANS TRUST

England & Wales - Charity number 1190445

Accounts



EAST DURHAM VETERANS TRUST
ANNUAL REPORT
AND AUDITED ACCOUNTS
1ST FEBRUARY 2023 - 31ST JANUARY 2024

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6	MENTAL HEALTH SUPPORT
7	KEY ACHIEVEMENTS
9	FUNDING
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East Durham Veterans Trust
Legal and Administrative Information.

CEO Andrew Cammiss

Chairman Kevin Shaw

Trustees David Mckenna
Grahame Morris MP
Neil Rooney
Helen Jones

Charity Number 1190445

Registered office The Leanne Kennedy Centre
Queen Alexandra Road
Seaham
County Durham
SR7 7NH

Bankers Natwest
Fawcett Street
Sunderland
Tyne & Wear
SR1 1SB

CEO's Update

East Durham Veterans Trust has had another amazing year, a year in which we continue to grow and progress as an organisation and support veterans and their families across the North East. Over the past year the standards we have set, the people we have supported and the attitude we have towards supporting veterans and their families East Durham Veterans Trust has become the leading Mental Health Veterans charity across the region.



When first established East Durham Veterans Trust main goal was to establish a mental health counselling programme for veterans and their families, and that is what we are basing our report around this year. This year has been a year of success in supporting veterans and their families with mental health counselling, support and peer support groups. The counselling programme has excelled over the past twelve months and we have supported 221 veterans and veterans family members during this time. Through using the GAD 7 and the PHQ 9 at the start and end of the counselling sessions we have created a way in which we can see the progress that our service users have made during this time. East Durham Veterans Trust through this method of reporting data has now created a five tier scoring system and we are delighted to report that during this reporting period 81% of our service users showed a significant or moderate improvement in their mental health, this is an outstanding result.

Feedback we have received for our counselling services has been nothing short of excellent, the counselling programme was graded at 4.96 out of 5 by service users. Outside of our service users it is also receiving rave reviews from other organisations including NHS op Courage with one facilitator stating ***'Since East Durham Veterans Trust has been established the veteran landscape in the North East has improved, I would have lost a lot more veterans to suicide if it wasn't for the services that are supplied there'*** When East Durham Veterans Trust was established our goal was to simple, if we can save one life we will have done an amazing job. The fact is now we have supported so many veterans and veterans families and East Durham Veterans Trust has saved lives of veterans and their families.

This year has also seen us become members of COBSEO, the confederation of armed forces charities. COBSEO carries out an in-depth due diligence process for organisations that are wanting to become members. This in turn shows that the members are providing the best for the armed forces and veteran community. Being a member of this organisation has also opened up funding avenues for us within the veteran community. Additionally to the COBSEO we have also joined the Royal school of Psychiatry and have completed the first phase of our accreditation for the Quality Network Veterans Mental Health Services (QNVMHS). On the programme we are now developmental members with our full accreditation expected later in 2024.

Overall this year has been progressive and educational for East Durham Veterans Trust. In previous years we have laid the solid foundations for East Durham Veterans Trust to build its services and this year we have gone on to build on these foundations for now and for the future of Veteran care in the North East of England.

Andrew Cammiss
CEO
East Durham Veterans Trust

Change of Trustee's

During this year we had the unexpected loss of one of our founding members and trustees Leanne Kennedy. Leanne lost her life at the tender age of 44 after a short battle to cancer. Leanne will always be missed by everyone at East Durham Veterans Trust, a person who was larger than life and has been instrumental in helping us build the foundations for the veteran community in the North East.



Leanne can never be replaced, as a charity we had to add to our trustees for the future stability of the charity. To do this we held conversations with various individuals who we thought would be a good fit for East Durham Veterans Trust. We choose to introduce Neil Rooney and Helen Jones to the board of trustees.

Neil is a veteran after serving in the Royal Artillery. He has been a volunteer with East Durham Veterans Trust since we were formed supporting us with various events we have organised and have been running since we started. Neil is truly invested in East Durham Veterans Trust and what our goals are.

Helen is currently still serving in the British Army as a WO2 in the Adjutant General corps. Helen has volunteered for East Durham Veterans Trust for two years before becoming a trustee and has a firm understanding of our organisation and what we want to achieve.

Mental Health Support

This year we have seen a huge increase in the demand for our counselling service. The service itself. We have kept the basis of our service that we strove to achieve when first established it. The basis is no waiting lists, ensuring the service users have the correct number of sessions as well as ensuring the service is non judgemental, shows empathy and understanding.

We always leave the door open for veterans or family members who go through our service but may need to return at a later date. We always ensure the veterans or the family member who needs to access our services goes back to the same counsellor that they had previously, by doing this we are ensuring that the story is not being told over and over again and the relationship that has been built up between counsellor and client can be continued.

This year we have firmly established our peer support group. This group is a great way for the service users to come together and share experiences around their mental health such as coping mechanisms. Another great benefit of this group is that service users can come together and get things off their chests and take guidance from other members of the group and what they have done when they have been in a similar position. The group has built up trust and understanding, when a new member comes along to join the group they are made welcome and their views are listened to.



Key Achievements

221

Service users have accessed our mental health counselling service within the reporting period.

This is an outstanding achievement, to reach so many veterans and veterans family members that need the support. We are working hard at removing the stigma around veterans mental health. We want to encourage veterans and their families to come forward and get the help and support that they may need. 221 veterans is 25% more than what we supported in the previous reporting period. From the 221 service users 20.8% were female which is

the hardest group to target so we are delighted to see this result also.

During this reporting period we used the GAD 7 and PHQ 9 at the start and at the end of the therapy to record our results. The score from the start is compared to the score at the end and we can see the difference that is being made. The scores are based on a five tier system with the top two levels being a significant improvement and a moderate improvement. We are pleased to report that during this reporting period 81% have been in the top two levels, an outstanding result.

81%

Showed a significant or moderate improvement in their mental health when going through our counselling service.

4.96

Counselling service was rated at 4.96 out of 5 by the service users who accessed our services in this reporting period

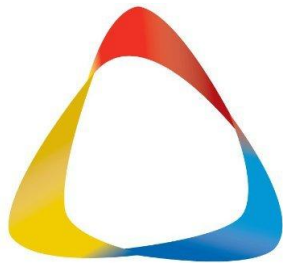
When a service user comes to the end of the counselling phase in their recovery we ask them to fill in a short questionnaire. The questionnaire is designed so that we can see how they found the service and if there is anything they would improve. It also asks for scores out of 5 with regards to the service they have received. During the last reporting period this was at 4.96 out of 5 from the feedback we had received from our service users.

Funding

This year we have been awarded funding from a number of organisations, the funding has covered projects as well as the core costs of the charity. Below is a list of funders who have supported the work we do and the support we give to the veteran community.



SIR JAMES KNOTT TRUST



East Durham Trust



BALLINGER

The Rothley Trust



the coalfields
regeneration trust

THE ARMED FORCES
COVENANT FUND TRUST

East Durham Veterans Trust
Statement of Financial Activities

	31/01/2024 Restricted	31/01/2024 Unrestricted	31/01/2024 Total
<hr/>			
Charitable Income			
Previous Balance	£ 5773.82	£6240.85	£12014.67
Grants	£134862	£10000	£144862
Fundraising	£0	£60861.59	£60861.59
<hr/>			
Total	£140635.82	£77102.44	£217738.26

Charitable Expenses

Fundraising Expenses	£12714.59
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Total	£12714.59
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Administration Expenses

Digital Services	£ 7055.75
Clinical Supervision	£ 6130
Office Supplies	£ 3446.38
Pension Payments	£ 8267.46
Bank Charges	£ 568
Staff Wages	£ 110076.81
Rent	£ 3600
Membership Fees	£ 2405
Training	£ 1316.23
Addictional Charitable services	£ 6794.06
Social Inclusion	£ 9289.06
Insurance	£ 1504.56
Vehicle Purchase	£ 32100
Fuel & Vehicle Maintenance	£ 3810.5
Vehicle Tax	£ 648.82
Sensory Garden Project	£1652.87

TOTAL	£211380.09
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East Durham Veterans Trust Breakdown of Income

Grants

Third Party	Amount (£)
Armed Forces Covenant Force for Change	6320
Ballinger Trust	10000
Blue Light Foundation	9360
CDCF - Community Grant	5500
CDCF - Warm Hub	1000
Coalfields regeneration	5000
Durham County Council (Neighbourhood Budget)	6000
East Durham Trust (Community Resilience)	8250
James Knott Trust	3770
Asda Community Foundation	2000
Local giving	500
National Garden Scheme (NGS)	2800
National Lottery Community Fund	52595
North East Ladies	1000
Rothley Trust	900
Sir Tom Cowie Fund	1000
Tesco	500
Veterans Foundation	29750
Armed Forces Covenant VPPP	4937
Total Grant Income	£ 144862

Date	Third Party	Amount (£)
	Fundraising & Donations	£60861.59
	Total Grant Income	£144862

Total Income £ 217738.26

East Durham Veterans Trust Balance Sheet

Balance Brought Forward

Business Current A/C	£5773.82
Business Reserve A/C	£6240.85
Total	£12014.67

Assets

Business Current A/C	£137.32
Business Reserve A/C	£6240.85

Total Assets **£6378.17**

Liabilities

Total Liabilities £0

Net Assets **£6378.17**

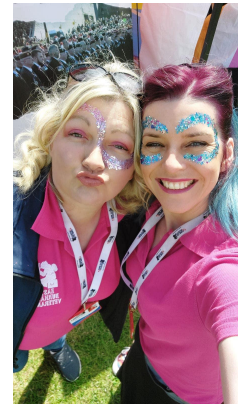
Funds

Total Funds **£6378.17**

EAST DURHAM VETERANS TRUST

England & Wales - Charity number 1190445

Accounts



**Year 3 Annual Report and Accounts
1st February 2022 to 31st January 2023**

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East Durham Veterans Trust
Legal and Administrative Information.

CEO Andrew Cammiss

Chairman Kevin Shaw

Trustees David mckenna
 Grahame Morris MP
 Leanne Kennedy

Charity Number 1190445

Registered office Dawdon youth and Community Centre
 Queen Alexandra Road
 Seaham
 County Durham
 SR7 7NH

Bankers Natwest
 Fawcett Street
 Sunderland
 Tyne & Wear
 SR1 1SB

CEO's Introduction

Year 3 for East Durham Veterans Trust has been a year of development and improving the services that we provide to the veterans and their families. However within this reporting period we had been successful in becoming an award winning charity after we won the community group award at the BBC Radio Newcastle awards. In previous years are achievements including the establishment of our mental health support and social inclusion services as well as the high level of case management that we were offering. In this year we have also added an addiction service as well as complimentary therapies such as reiki and acupuncture.



The complementary therapies have not just been focused around the addiction side of what we are offering but also we have used these alongside the mental health and counselling support that we are offering. Reiki especially, within the USA Reiki has had several case studies focused on its benefit for the veteran community and now has proven results in reducing PTSD symptoms as well as supporting sleep deprivation. We have done research with regards to this within the veteran community in the UK and we firmly believe we are the first veteran charity based in the North East that is offering this service totally free of charge.

Our numbers and demand for our services have also increased over the past year with over 200 new referrals coming into our organisation as well as the expansion of our counselling department. At the end of this reporting period we are employing four qualified counsellors as well as volunteer counsellors that are also supporting. Our results are first class and we are the only veterans mental health charity based in the North East that is supporting veterans in the way that we are supporting veterans.

Over the past year we have kept our principles the same and continued to support the veterans and their families, ensuring there is a place for everyone and that no one is ever discharged from our service. This is a key component from what we do as we are always leaving the door open for people that may need our help and support.

Overall the past year has been another successful year for East Durham Veterans Trust as we continue to support the veterans and their families of the North East as well as being able lead the way for veterans mental health in the North East.

Andrew Cammiss
CEO
East Durham Veterans Trust

Mental Health and Counselling Service

In 2020 East Durham Veterans Trust highlighted a huge gap in the provision of services within the veteran community. Living in an area that has the highest suicide rate, as well as the highest resettlement area of Veterans in ENgland and Wales County Durham as a whole had no provision for veterans mental health within the third sector.

Since we introduced our counselling programme in May 2021 we have supported 221 veterans through this programme and the feedback from this has been very impressive. With 100% saying they would recommend the services that East Durham Veterans Trust is offering.

We currently host 4 qualified counsellors within the veterans Trust, each of which has a link with the armed forces community.

We are pleased to be able to offer this service especially with regards to our waiting list which still remains at zero. As from the results it is evident to see that this is not from the amount of people who are accessing the services but the ethos of East Durham Veterans Trust staff and the processes that we have in place to ensure that no veteran or family member is waiting for mental health support.





East Durham Veterans Trust Counsellors



Counselling feedback

“I could not have asked for anymore EDV have been my lifeline”

“I know I can come back and East Durham Veterans is here for me”

“This organisation should be there and never taken away for all veterans, this organisation is outstanding”

Addiction Support & Complementary Therapies

In this year of reporting we have added to the services that we are offering to include the addiction programme. We introduced a substance misuse practitioner, this was to provide one to one sessions with the veterans and their families.

We also introduced complementary therapies alongside the one to one sessions. The complementary therapies that we introduced included acupuncture and reiki. Both of these therapies have a proven history for people who are suffering with addiction but also can support the veterans and family members that are struggling with their mental health.



We have seen the benefit first hand of the additional therapies that we are offering through the addiction and complementary therapies programme.

Veterans Champions - Case Management

Our veterans champions are often described as case workers and offer an essential service to the veterans and their families who access our services. Within this reporting period we have seen a change in the personnel that work within the veterans champions role. Our two main veterans champions have completed their counselling course and have moved into a counselling position within the veterans trust allowing the positions to open up for new caseworkers to come into the charity.



The services that the veterans champion have been providing has been essential to mental well being. We often say that we are looking for quick hits to be able to help people, however it is a more context approach. It is early intervention that we are providing that ultimately saves lives.

The veterans champions are offering support in areas such as housing, benefits including pip and council tax, food and fuel poverty, personal grants etc. This is a process that we have been offering to the veteran community to ensure that when they get to the

counselling phase they are going to be getting the most from the counselling sessions.

Social Inclusion Programme

Mates and Bates

Mates and Bates is a programme that we work alongside Dawdon youth and community centre on. Every Friday we offer a free meal to the community. Often the community for this project attends our earlier groups including craft model making and wood work, they then stick around for the free meal that is being provided. The community also visits the centre for the take away meals that are available and enjoy engaging with other members of the community. During the reporting period we provided 963 meals.



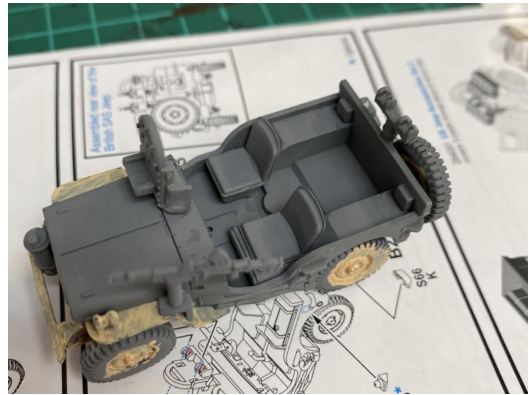
Wood Carving

Wood carving is a project that was introduced to use through east Durham Area action partnership and was funded via Durham County Council. The aim of the project was to engage more men in social inclusion activities however the group is also open to women and children who may want to attend the group. The group has been extremely successful and the group have produced work for the sensory garden that will be in production later in 2023 as well as smaller items that they can take away with them.



Model Making

Model Making is a group that we have been running for the last couple of years, it is a group for all levels of model making. All of the plastic models are made available through models for heroes and we appreciate their support in running these groups.



Craft



Craft is a new group that we have been running at the veterans hub on a Friday. Initially starting off making cards through the year the group have introduced new and wonderful pieces of craft work and in the next year as the group continues to grow we will continue to introduce new items as we progress. The funding for this group has been made through

donation to East Durham Veterans trust.

Breakfast Club

We run a veterans breakfast club every month again alongside Dawdon youth and Community Centre. This is a popular event and the only event where we ask for the veterans and their families to pay for the service. We charge £4.50 for a full English breakfast with all of the profits



going towards the veterans Christmas dinner at the end of the year.

Family Trips

Throughout the year we offer family trips to the veterans and their families who attend the veterans hub. During this reporting period this was funded through our social inclusion budget. We have visited a number of different



places and attractions including ice skating, zoo's, Blackpool illuminations and York Christmas market to name a few. We have seen this as an essential part of what we are doing to provide social inclusion within the veteran's community.

Social inclusion is an essential part of what we offer at East Durham Veterans Trust. Many veterans struggle with the transition of military life to civilian life and we see this is just one step in supporting veterans and their families to meet new people and make new friendships. In turn we firmly believe this can be just one step in supporting our veterans and their families in civilian life.

East Durham Veterans Trust
Statement of Financial Activities

	31/01/2023 Restricted	31/01/2023 Unrestricted	31/01/2023 Total
Charitable Income			
Previous Balance	£13855.72	£27074.95	£40930.67
Grants	£ 80164.37	£0	£ 80164.37
Fundraising	£0	£51620	£51620
Total	£ 94020.09	£78694.95	£172715.04

Charitable Expenses

Fundraising Expenses	£0	£10879.7	£10879.7
Total	£0	£10879.7	£10879.7

Administration Expenses

Staff Wages	72315.31	£17000	89315.31
Private Pensions	6155.58	0	6155.58
Social Inclusion	0	17969.86	17969.86
Personal Grants	1699.73	0	1699.73
Storage costs	0	1838.85	1838.85
Staff mobile Costs	0	420	420
Hub Running Costs	0	18742.94	18742.94
Professional membership, DBS & Insurance	0	870.9	870.9

Staff Training	0	1448.88	1448.88
Sensory Garden project	1200	0	1200
Vehicle Purchase	0	3750	3750
Other Charitable Expenses	6408.62	0	6408.62

TOTAL	£897779.24	£82921.13	160700.37
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Surplus of Funds	£6240.85	£5773.82	£12014.67
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East Durham Veterans Trust Breakdown of Income

Grants

Date	Third Party	Amount (£)
11th April 2022	Veterans Foundation	9750
11th April 2022	Durham Community Foundation	537.46
11th April 2022	Durham Community Foundation	1000
11th April 2022	Durham Community Foundation	3432.54
19th April 2022	Lottery Jubilee Foundation	8900
29th April 2022	Arnold Clark Foundation	1000
6th June 2022	B & Q	4015
20th June 2022	Durham Community Foundation	1500
5th September 2022	Charities Trust	1000
29th September 2022	Community Resilience Project	2000
30th September 2022	Primary Care	4420
4th October 2022	Armed Forces Covenant	9256.8
2nd November 2022	Veterans Foundation	20358
22nd November 2022	LGA Foundation	1820
14th December 2022	Great Annual Savings	3500
14th December 2022	Royal London	654.57
23rd December 2022	Morrisons Foundation	4420
27th January 2023	Karagon Homes	2000
27th January 2023	Neighbourhood Fund	600
Total Grant Income		£ 80164.37

Date	Third Party	Amount (£)
	Fundraising & Donations	51620
	Total Grant Income	£80164.37

Total Income £ 131,783.37

East Durham Veterans Trust Balance Sheet

Balance Brought Forward

Business Current A/C	£27074.95
Business Reserve A/C	£13855.72
Total	£40930.67

Assets

Business Current A/C	£5773.82
Business Reserve A/C	£6240.85

Total Assets **£12014.67**

Liabilities

Total Liabilities £0

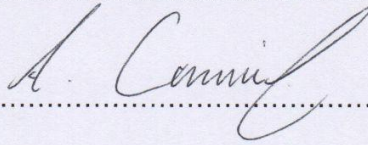
Net Assets **£12014.67**

Funds

Surplus Funds	£5773.82
Total Funds	£12014.67

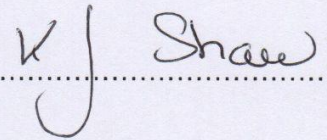
CEO

Name ANDREW CAMMISS

Signature 

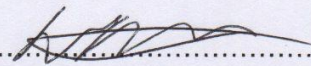
Chairman

Name KEVIN SHAW

Signature 

Trustee

Name David McKenna

Signature 

EAST DURHAM VETERANS TRUST

England & Wales - Charity number 1190445

Accounts

...NE YOU MAY NEVER MISS CARES MORE
... THAN
... YOU WILL EVER HAVE



**EAST DURHAM
VETERANS**



**EAST DURHAM VETERANS TRUST
ANNUAL REPORT & FINANCIAL STATEMENT
FOR YEAR END 31/01/2022**

**East Durham Veterans Trust
Legal and Administrative Information**

CEO	Andrew Cammiss
Trustees	Kevin Shaw David Mckenna Grahame Morris Leanne Kennedy
Charity Number	1190445
Registered Office	Dawdon youth & community centre Queen Alexandra Road Seaham County Durham SR7 7NH
Bankers	Natwest 52 Fawcett Street Sunderland Tyne & Wear SR1 1SB

Mental Health Support Program

During the reporting period one of the main focuses has been supporting veterans and their families who are struggling with their mental health. We designed a program that was specifically designed for the veteran community ensuring that we gave full all-round coverage to the veterans and their families.

We have a fully working counselling programme as well as integrating a peer support system with this program. By integrating these two programs together it has given us the opportunity to provide an aftercare program for our service users. This in turn allowed us to ensure that we can continue to support the veterans and their families.

We have had some amazing feedback from our services.

“One year today since my wobble where I was going to end it, if it wasn't for East Durham Veterans Trust I would not be here today”

“Thank you, East Durham Veterans, for saving my life”

bacp

192

VETERANS AND
FAMILY MEMBERS
THROUGH OUR DOOR
IN THE REPPORTING
PERIOD

930

HOURS OF
COUNSELLING
PROVIDED TO
VETERANS AND THEIR
FAMILIES

Social Inclusion

With the veteran community while serving they are used to integrating with one another, they live, work and socialise together. The social inclusion program that we have put together has allowed us to bring back that sense of belonging within the veteran community.

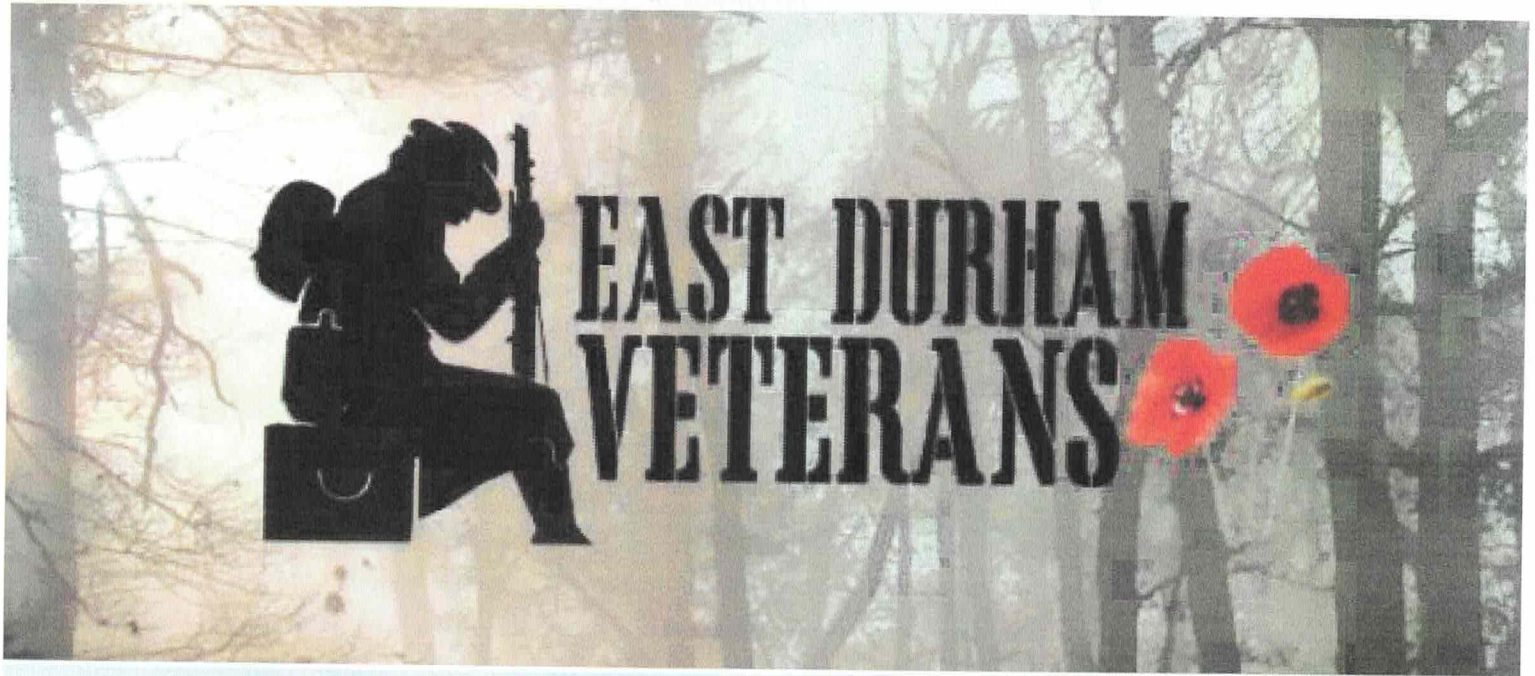
Over the reporting period we had regular coffee mornings as well as breakfast clubs and several interest groups such as model making.

Late in the reporting period we also introduced mates and bates, providing a free meal for the veterans and their families.

We have monthly trips as well as the weekly program. The monthly program included fishing trips on boat and on a pier and monthly family trips.

The family trips had lots of variation ensuring there was something in there for all ages and genders. These included trips to Beamish Museum, Eden Camp, Northumberland Zoo and wild camping to name a few of the trips. We found these troops to be highly successful at providing





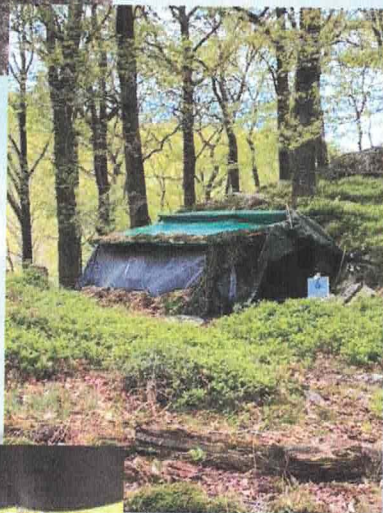
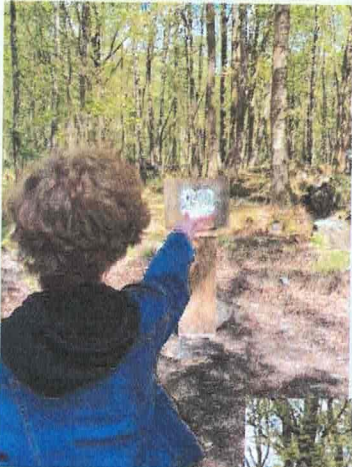
Wild Camping

Wild camping was part of our social inclusion programme and our first event after the most recent lockdown. We made a family camp and took several veterans' families down to Windermere where the wild camping was located.

The weekend turned out to be a fantastic experience, the families took part in camp maintenance, with supervised children making pancakes and bacon for breakfast. We have rifle shooting and axe throwing as the main activities of the weekend. Some members of the group slept in hammocks and took on the instruction of making their own shelters for the hammocks.

Other members of the group were given a unique opportunity when a deer was gifted by the local game, they took on instruction on how to skin and gut the deer which followed a tasting session around the fire.

Overall, it was a fantastic experience for all the veterans and their families.



Case Management

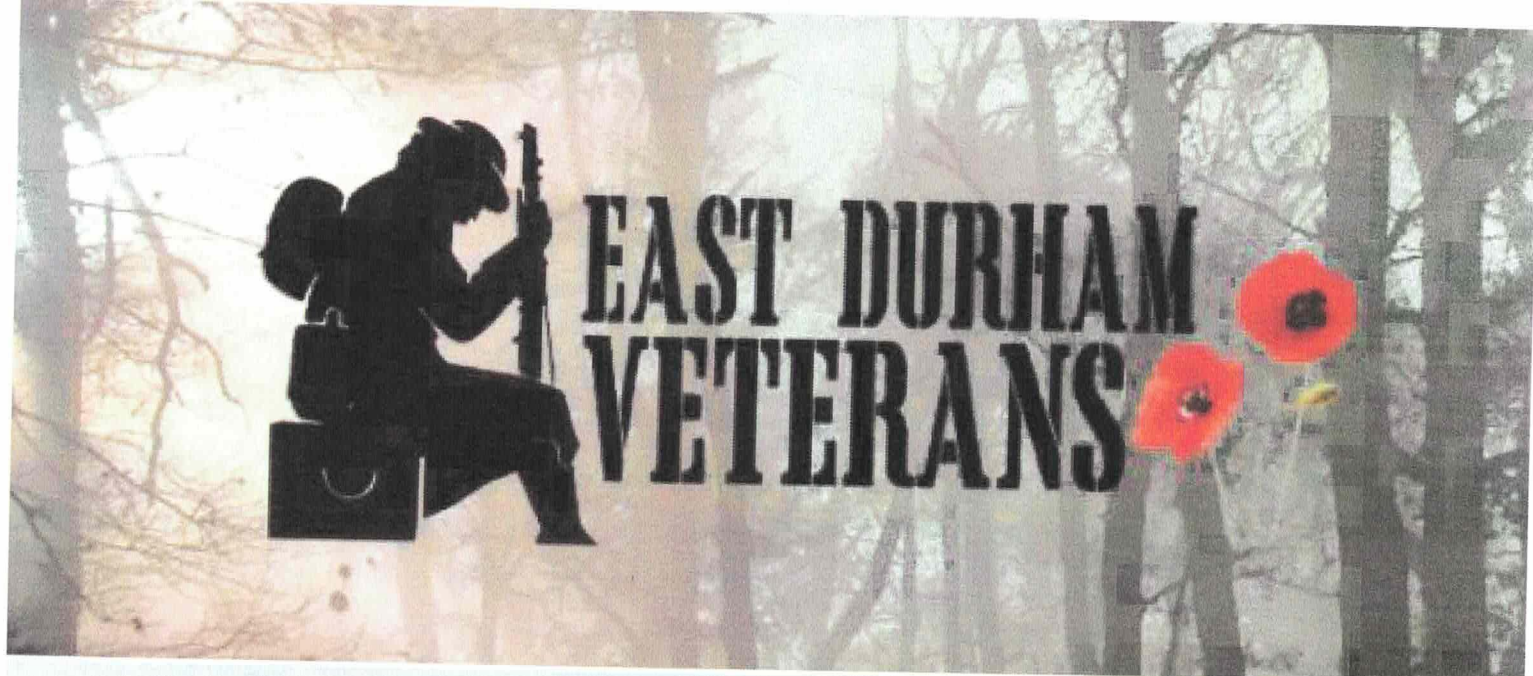
Case management is an essential part of what we have been doing over the past year. At East Durham veterans Trust, we refer to our caseworkers as 'Veterans Champions'.

The first contact a veteran or family member is often an essential part of the work we do. When a veteran or family member has when they are referred into the service it is the veteran's champions who make first contact, and this is where we start to build trust with the service user.

The Veterans Champions are first to build a bond with the veterans that come into the service. The caseworkers build trust and manage any problems that the service users may be struggling with. Over the past year we have built many relationships with organisations that are there to support people and we are proud to say that this has helped us grow and build trustworthy relationships with our veterans and their families.

We have supported service users with: -

- Gas and electric support
- Food vouchers / food parcel
- Furniture
- Support in finding suitable accommodation
- Personal grants, working alongside Gregg's foundation to support individuals and families.
- Mobility needs



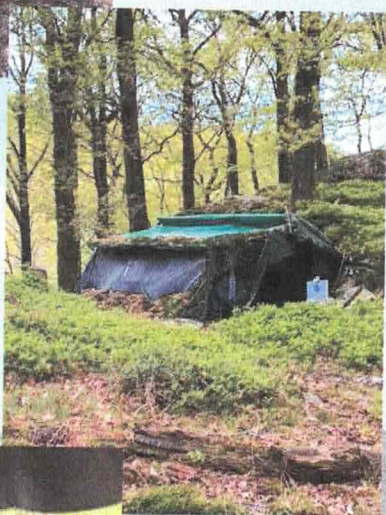
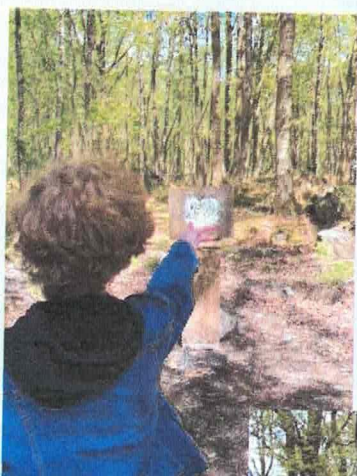
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Veterans Hub Opening

In April we officially opened the veteran's hub, with veterans from the local area attending the grand opening.

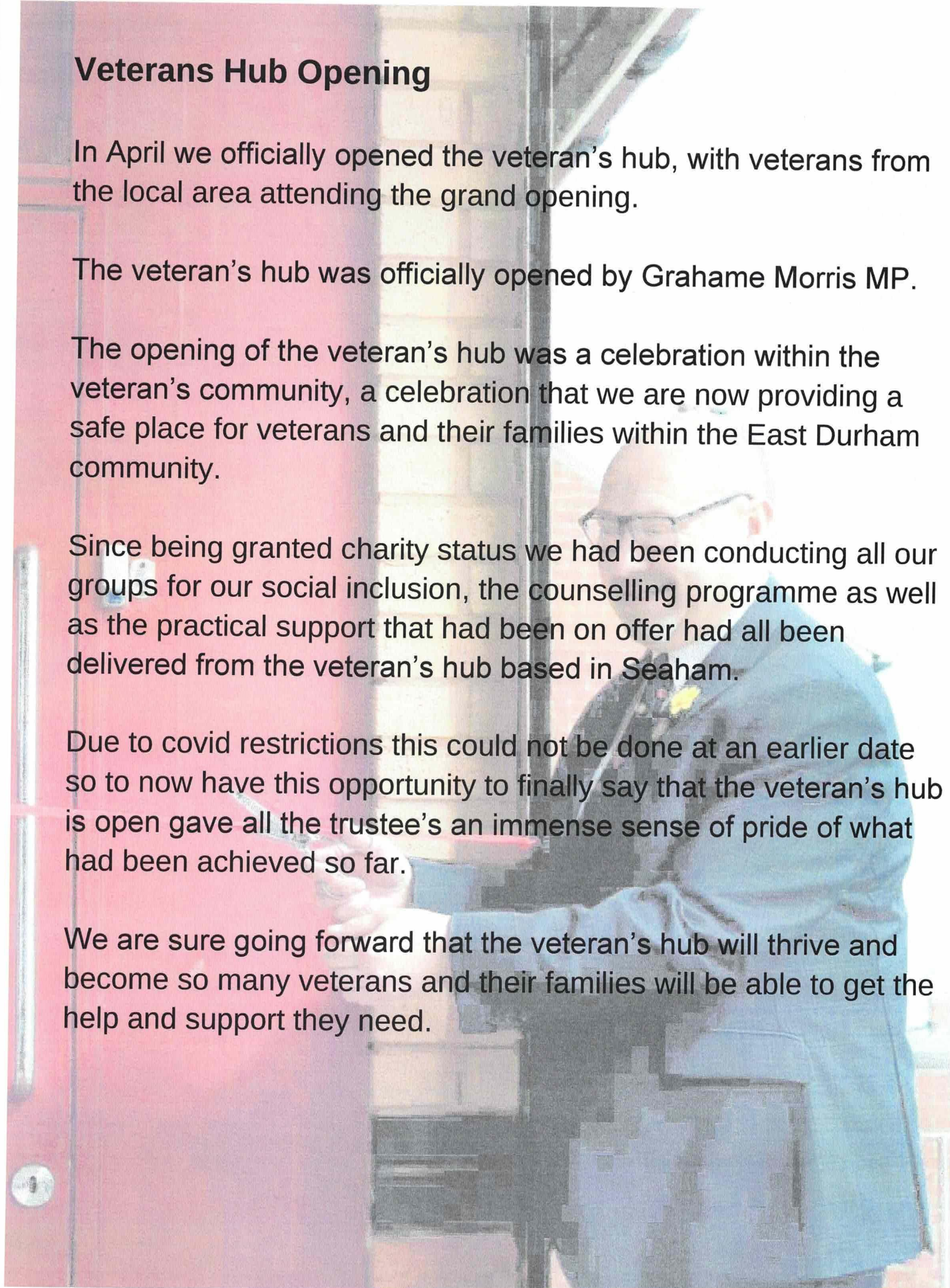
The veteran's hub was officially opened by Grahame Morris MP.

The opening of the veteran's hub was a celebration within the veteran's community, a celebration that we are now providing a safe place for veterans and their families within the East Durham community.

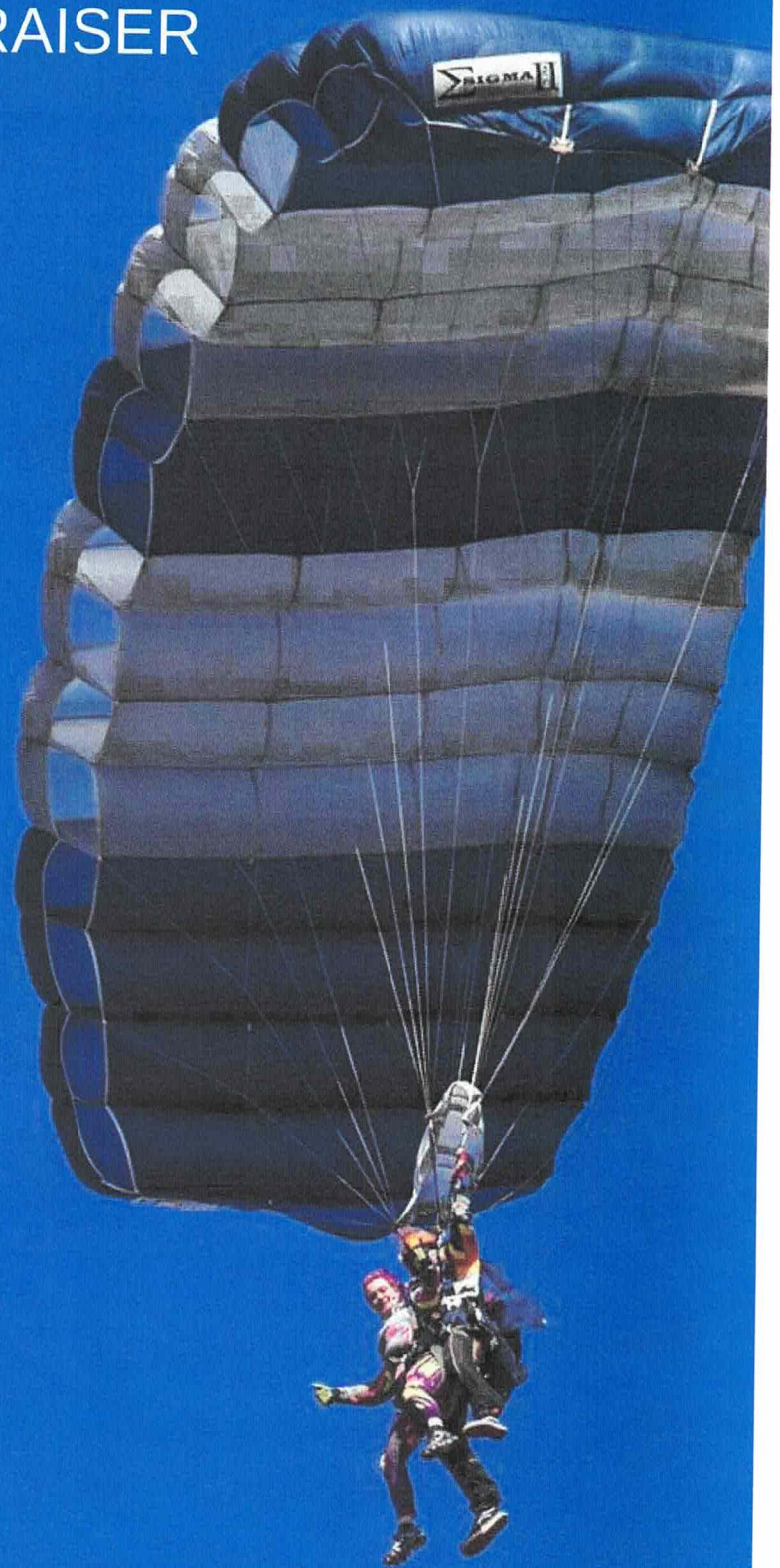
Since being granted charity status we had been conducting all our groups for our social inclusion, the counselling programme as well as the practical support that had been on offer had all been delivered from the veteran's hub based in Seaham.

Due to covid restrictions this could not be done at an earlier date so to now have this opportunity to finally say that the veteran's hub is open gave all the trustee's an immense sense of pride of what had been achieved so far.

We are sure going forward that the veteran's hub will thrive and become so many veterans and their families will be able to get the help and support they need.



PARACHUTE DAY 2021 OUR BIGGEST FUNDRAISER



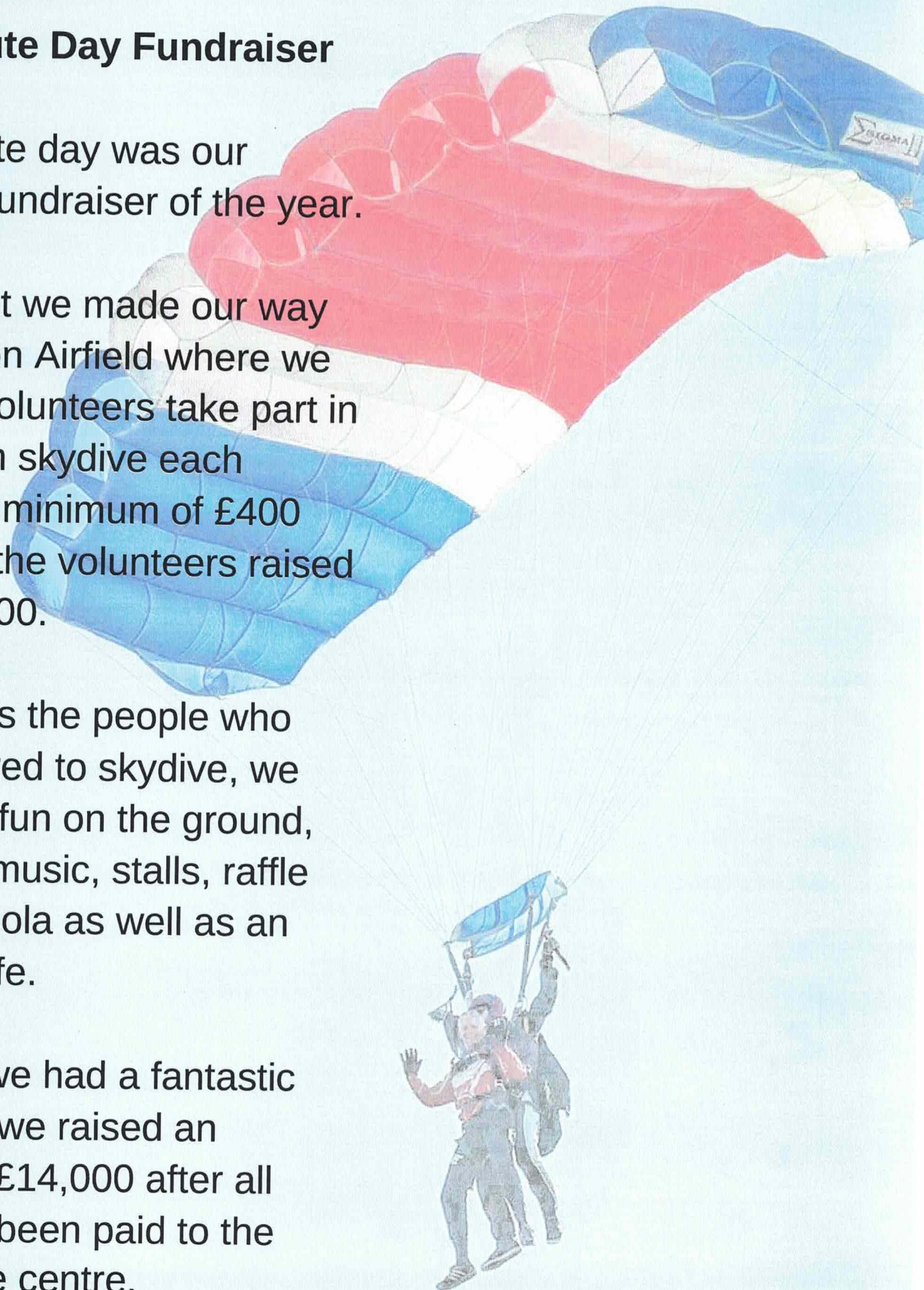
Parachute Day Fundraiser

Parachute day was our biggest fundraiser of the year.

In August we made our way to Shotton Airfield where we had 32 volunteers take part in a tandem skydive each raising a minimum of £400 some of the volunteers raised over £2000.

As well as the people who volunteered to skydive, we also had fun on the ground, with live music, stalls, raffle and tombola as well as an onsite cafe.

Overall, we had a fantastic day, and we raised an amazing £14,000 after all fees had been paid to the parachute centre.



Christmas Hampers & Veterans Christmas Lunch

We finished the year off with a Christmas lunch and Christmas Hampers for the veteran's community.

On the 18th of December we provided a 3 course Christmas dinner for veterans and their families. The veterans trust provided 83 Christmas dinners this day. We also had live music for everyone that attended and a visit from Santa and his elves.

Following the Christmas dinner, we also provided several hampers to veterans and their families that we had supported over the year.

This was a fantastic way to end the year that had been fantastic for the people that we were supporting.



**East Durham Veterans Trust
Statement of Financial Activities**

	31/01/2022 Restricted	31/01/2022 Unrestricted	31/01/2022 Total
Charitable Income			
Grants	£53,892	£7,497	£61,389
Fundraising	£0	£47,166.85	£47,166.85
Total	£53,892	£54,633.85	£108,555.85
Charitable Expenses			
Fundraising Expenses	£0	£12,740.99	£12,740.99
Total	£0	£12,740.99	£12,740.99
Administration Expenses			
Veterans Hub	£0	£9,963.35	£9,963.35
Staff & Volunteer Training	£0	£1,082.80	£1,082.80
Merchandise Cost	£0	£4,536.49	£4,536.49
Storage	£0	£1,599.36	£1,599.36
Volunteer Cost	£1,827.29	£0	£1,827.29
Van Hire	£0	£1,555	£1,555
Smart Recovery	£630	£0	£630
Social Inclusion	£6,841.43	£0	£6,841.43

Client Grants	£89	£0	£83
External Counselling	£4,885	£0	£4885
Welfare	£974.15	£0	£974.15
Wages	£31214.79	£0	£31214.79
Rent	£6000	£0	£6000

TOTAL	£52,462.01	£31,477.99	£83,940
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Surplus of Funds	£1,429.99	£23,155.86	£24,585.85
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**East Durham Veterans Trust
Breakdown of Income**

Grants

Date	Third Party	Amount (£)
12/02/2021	Veterans Foundation	£15,000
12/03/2021	Tesco Grants	£500
28/04/2021	Hospital of God	£1,000
18/05/2021	James Knott Foundation	£8,000
27/09/2021	County Durham Community Foundation	£2,000
29/09/2021	Seaham Council	£500
30/09/2021	Durham County Council	£1,000
27/10/2021	Great Annual Savings	£1988
01/11/2021	Postcode Lottery	£13,269
03/12/2021	National Lottery	£7,638
06/12/2021	Rothley Trust	£750
05/01/2022	Morrisons Foundation	£3,744
18/01/2022	Durham County Council	£6,000

Total Grant Income £61,389

Date	Third Party	Amount (£)
	Fundraising & Donations	47166.85
	Total Grant Income	£61389

Total Income £108,555.85

East Durham Veterans Trust Balance Sheet

Balance Brought Forward

Business Current A/C	£3,919.09
Business Reserve A/C	£12,425.73

Total **£16,344.82**

Assets

Business Current A/C	£27,074.95
Business Reserve A/C	£13,855.72

Total Assets **£40,930.67**

Liabilities

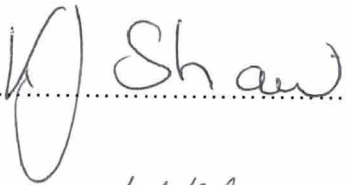
Total Liabilities £0

Net Assets **£40,930.67**

Funds

Surplus Funds £24,585.85

Total Funds **£40,930.67**

Chairman Signature  Date 4/11/22

Trustee Signature  Date 4/11/22

EAST DURHAM VETERANS TRUST

England & Wales - Charity number 1190445

Accounts



REGISTERED CHARITY 1190445

EAST DURHAM VETERANS TRUST

ANNUAL REPORT

AND UNAUDITED

FINANCIAL STATEMENT

FOR YEAR END 31/01/2021

East Durham Veterans Trust
Legal and Administrative Information

Trustees Andrew Cammiss
 David Mckenna
 Kevin Shaw
 Grahame Morris
 Leanne Kennady

Charity Number 1190445

Registered Office 7 Gilbert Road
 Peterlee
 County Durham
 SR82AN

Bankers Natwest
 52 Fawcett Street
 Sunderland
 Tyne & Wear
 SR1 1SB

East Durham Veterans Trust Contents

Trustees Report

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Chairman and Secretary Signatures	10

East Durham Veterans Trust What we Have achieved.

East Durham Veterans Trust was registered on the 17th July 2020, Since then we have achieved a lot for the benefit of the veterans and their families.

East Durham never had a charity that was focussed in supporting the veterans of the East Durham area, by the formation of this charity this all changed. Once the registration was confirmed the first step was to create a veterans hub where the veterans of the local area could use as a point of contact for any problem or to be part of one of the social inclusion groups. Through hard work from the trustees this was able to be located at the heart of the community in Seaham County Durham.



The following weeks were met with lots of hard work from volunteers getting the whole of the veterans hub regenerated and ready to be greeted by the veterans who would be using this in the coming weeks and months.



The veterans hub was opened at the start of December 2020, and immediately it was met with a number of veterans needing help and support.

Over the Christmas period East Durham Veterans Trust with support from Dawdon Youth and Community Centre we were able to provide a number of Christmas hampers to veteran families but also we were able to provide some families who were struggling with funding Christmas with presents for their families, especially those with

small children.

We ended the year with a veterans family walk and talk which was highly successful, this was restricted due to covid but again was able to go ahead. This was a rare opportunity for members of the veteran community to get out and do some social inclusion mainly due to the restriction that had been in place for the majority of the year.

Going into the start of 2021 we launched the Saturday morning support groups for veterans to attend, with an important focus on the ones that were struggling with social isolation. Due to covid restrictions these were limited but thankfully still able to go ahead.

Over the next year we aim to keep supporting the veteran community, we have a large social inclusion programme planned for the summer and our continued support for those members struggling with mental health will get the support that is needed. We have plans afoot to register as a smart recovery centre which will make us the first Veteran orientated organisation to be able to provide this service in the whole of County Durham.



East Durham Veterans Trust Summary

East Durham Veterans Trust have had a very successful first year as a registered charity. We have provided services to the local community that were not previously available within the East Durham area. We have established a veterans hub in the heart of the community, allowing veterans and their families easy access for help and support that they may need especially during the current pandemic.

Throughout the year we have provided support to 92 veterans or family members with a range of issues from mental health, counselling to housing issues, food and fuel poverty.

Going into year 2 of East Durham Veterans Trust we hope to continue the hard work we have already been doing within the veteran community and to establish a number of new projects that will benefit the community we are serving

East Durham Veterans Trust
Statement of Financial Activities

	31/01/2021 Restricted	31/01/2021 Unrestricted	31/01/2021 Total
Charitable Income			
Grants	£13,300.00	£6,000.00	£19,300.00
Sponsors	£0.00	£964.30	£964.30
Fundraising	£0.00	£0.00	£0.00
Donations	£0.00	£200.00	£200.00
Total	£13,000.00	£7,164.30	£20,464.30
Charitable Expenses			
Sponsor Expenses	£0.00	£35.00	£35.00
Total	£0.00	£35.00	£35.00
Administration Expenses			
Stationary Expenses	£0.00	£12.35	£12.35
Furniture	£0.00	£730.62	£730.62
Hub Improvements	£874.27	£2467.35	£3341.62
Total	£874.27	£2467.35	£4084.59
Net Finance Expenses	£0.00	£0.11	£0.11
Surplus of Funds	£12425.73	£3919.09	£16,344.82

**East Durham Veterans Trust
Breakdown of Income**

Date	Third Party	Amount (£)
5/10/2020	Durham Community Foundation	2,500.00
20/10/2020	Believe Housing	500.00
30/10/2020	National Lottery	6,000.00
17/11/2020	Pioneering Care	4,300.00
17/11/2020	Durham County Council	6,000.00
<hr/>		
Total Grant Income		19,300.00
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Date	Third Party	Amount (£)
10/11/2020	Parachute Jump	926.00
30/11/2020	Crowdfunder	38.30
01/12/2020	Shepard O/S Ltd	200.00
<hr/>		
Total Sponsorship Income		1164.30
<hr/>		

East Durham Veterans Trust
Balance Sheet

	31/01/2021
	Total
	£
Assets	
Business Current A/C	3919.09
Business Reserve A/C	12,425.73
Debtors	0.00
Total Assets	16,344.82
Liabilities	
Total Liabilities	0
Net Assets	16,344.82
Funds	
Surplus Funds	16,344.82
Total Funds	16,344.82

Chairman Signature *A. Cammiss*
.....

Chairman Name *A. CAMMISS*
.....

Date *11/8/21*
.....

Trustee Signature *D McKenna*
.....

Trustee Name *D MCKENNA*
.....

Date *11/8/21*
.....