



REGISTERED CHARITY NUMBER: 1190443

# KnightsLowe

Chartered Accountants & Business Advisers

**Report of the Trustees and**  
**Unaudited Financial Statements**  
**for the Year Ended 31 March 2025**  
**for**  
**YANA CIO**

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**YANA CIO**

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**for the Year Ended 31 March 2025**

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## YANA CIO

### Report of the Trustees for the Year Ended 31 March 2025

The trustees present their report with the financial statements of the charity for the year ended 31 March 2025. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

#### **OBJECTIVES AND ACTIVITIES**

##### **Objectives and aims**

The objectives of the CIO are:-

- to preserve and protect the mental health of agricultural workers and the rural community in general, in particular by providing a mental health support service and promoting the provision of counselling and other forms of therapy.
- to promote suicide prevention within the rural community, and;
- to promote awareness of the importance of good mental health and educate the rural sector in matters relating to mental health.

In setting objectives and planning for activities, the Trustees have given due consideration to general guidance published by the Charity Commission relating to public benefit, including guidance "Public benefit: running a charity (PB2)."

##### **Significant activities**

The charity continued to experience an increase in the number of requests for help made to the helpline and in its funded counselling provision, which contributes to the prevention of suicide and remains the charities core activity.

2025 saw the first full year of operating or live helpline hours, ensuring there is opportunity to speak to someone directly, becoming more accessible, and removing barriers to accessing help at the time it is needed.

The provision of mental health training is the preventative work that underpins the promotion of good mental health and suicide prevention. This develops understanding, confidence, and self-awareness within the rural communities of East Anglia and equips people with tools to help themselves and those around them. A significant amount of our training provision in 2024-25 year was funded through a grant awarded by DEFRA, which has made a significant difference to those who have participated in the training.

The charity works to raise awareness of the problems of mental health in the rural community by educating those working in this area and opening the debate amongst the wider community and those in government and positions of influence. In doing so, the trustees have had regard to the guidance provided by the Charities Commission on public benefit.

##### **Public benefit**

The main activities for the year are promotion of good mental health through training, counselling, a confidential helpline and awareness arising.

The key actions employed to achieve the Charities objectives are:

- Providing a confidential helpline and fully funded counselling
- Building awareness of mental health through campaigns, resources, events and talks
- Investing in Mental Health training

In doing so, the trustees have had regard to the guidance provided by the Charities Commission on public benefit.

## **YANA CIO**

### **Report of the Trustees** **for the Year Ended 31 March 2025**

#### **ACHIEVEMENT AND PERFORMANCE**

##### **Charitable activities**

##### **Confidential helpline and fully funded counselling**

This year has seen the continued provision of a call back service alongside our live helpline. Every Monday to Friday between 10am and 1pm people can contact us directly, whilst still being able to leave a message and receive a callback outside of these hours.

The helpline received 17% more requests for help, based on the previous year, and YANA was able to provide funded counselling for 31% of those contacting the helpline who were struggling.

YANA provided 4158 minutes of listening support and 388 counselling sessions across 2024-25.

The three most cited reasons for requesting help were mental health; work; relationships.

The staff team has averaged 7, with the addition of an operations manager to deliver the training and education and awareness and a helpline manager to deliver and co-ordinate the helpline provision. The helpline team now consists of a mixture of staff and volunteers who work seamlessly to support each other and anyone who contacts YANA for help. The team has received a series of training events as YANA ensures all are professionally trained, with up-to-date knowledge, and are well supported in their helping role.

In addition, YANA works with a team of 7 volunteers and 30 counsellors.

##### **Investing in mental health training**

Mental health training continues to be sought after and this year saw YANA running ½ day awareness courses on farms for teams and for individuals to book onto. These are delivered alongside the core training which sees individuals trained as Mental Health First Aiders.

Not only did YANA train 65 people as Mental Health First Aiders, but the charity was also able to provide:

- Refresher training for 27 people to retain the qualification.
- YANA's 6-month support package and Share and Care (peer support) sessions for 12 people.
- A half day Mental Health: The Essentials training to 54 individuals.
- An introduction to Stress and Anxiety interactive workshop to 94 individuals who learnt how to recognise stress and anxiety and understand healthy coping strategies.

The training delivered was made possible with thanks to funding from DEFRA,

##### **Building awareness**

All the activities YANA undertakes contribute to building awareness of mental health and related issues, with the aim of reducing stigma that exists in agriculture and encouraging conversations.

A total of 50 events, community groups, conferences, and organisations had YANA representation and/or talks provided. Talks given reached at least 4500 people, all involved in the agricultural communities of East Anglia.

YANA Connectors are volunteers who help to make the awareness raising possible by supporting events, helpline with fundraising, and distributing information and literature to organisations and individuals in their local area. YANA Connectors are the experts in their local area and are therefore best placed to liaise with YANA's office, to ensure opportunities are taken and support is provided. It is a three-way line of communication that enables everyone to ensure the help YANA provides is known about in the places it is needed.

Volunteers received training to deliver talks in their local communities and receive resources and annual training to aid their ability to do this effectively and with up-to-date information.

## **YANA CIO**

### **Report of the Trustees** **for the Year Ended 31 March 2025**

A sticker campaign continues to thrive by way of distributing vehicle stickers to help act as a reminder that help is available. It provides a simple way for people to feel like they are doing something positive, as well as reminding people that help is available.

YANA's suicide prevention resource, 7 Tractor Facts to Save a Life, continues to be distributed nationally, helping people to know how to respond to someone who might be struggling or in crisis.

YANA's growth into Cambridgeshire and Essex continues as the awareness of our services in these areas is slowly extended. There has been a particular focus on the Huntingdon and Fens area, where events have been attended, mental health training has been delivered and help has been provided to individuals and families in need of support.

#### **Looking ahead**

At YANA's annual strategic planning day, Trustees agreed three key objectives for YANA over the next three years and these are to:

- Maintain day to day operations: training; counselling; helpline & awareness raising.
- Develop internal structures and processes that meet the growing needs of the agricultural community in East Anglia through the help YANA provides.
- Extend awareness of our support in Cambridgeshire, Essex & Suffolk.

None of this would be possible without the commitment of our volunteers, fundraisers, grant makers, and donors who remain by our side, as we extend our help to more individuals in need.

#### **FINANCIAL REVIEW**

##### **Financial position**

The year to 31st March 2025 reflects the planned investment made by the trustees in setting up the structure, processes and team to deliver the live helpline and our for main charitable deliverables: Helpline, Counselling, Mental Health First Aid training and Education and Awareness. The Trustees had initially budgeted for a deficit to utilise reserves in the delivery of the Charity's objectives. We are delighted that the Charity has continued to attract donations from grant makers, commercial supporters and a wide body of individual donors enabling the charity to deliver it's outcomes in other areas, such as Mental Health First Aid training and raising awareness. Funding windows that opened in the year after budgets were set allowed us to cover a significant amount of our Training costs.

Reserves at 31 March 2025 were £314,864 (2024: £272,271). Restricted Funds consist of grants towards specific operating costs. Our investments remain intact, and these funds are invested in low risk investments suitable for charities and provide sufficient returns, when added to regular donations and similar support, to cover expected annual running costs of the charity, including the cost of funding counselling those in need.

## **YANA CIO**

### **Report of the Trustees** **for the Year Ended 31 March 2025**

#### **FINANCIAL REVIEW**

##### **Reserves policy**

The YANA reserves policy was reviewed and updated during December 2024.

The Trustees have ensured that the Reserves Policy is fit for purpose and considers the Charity Commission's guidance on the matter. The reserves policy focusses on the level of free reserves.

Free reserves are defined as unrestricted funds less:

- o Amounts not readily realisable (fixed assets)
- o Amounts to cover an orderly wind-down of the Charity should this be required

The trustees have set a level equivalent to 6 months of operating costs for the organisation as a desired level of reserve.

This fund is a contingency in the event of a sudden reduction in income, in order to protect the future operation of the organisation from the effects of any unforeseen variations in its income and expenditure.

It also provides a cash flow for grants and contracts that are paid in arrears. The trustees have designated reserves where there are planned commitments that cannot be met by anticipated future income alone.

A target free reserves level is set by the Trustees periodically, and regularly reviewed and monitored. This is based on a risk identification approach which identifies key short, medium-and longer-term risks to which the Charity is and will be exposed in the normal course of its business, including but not limited to safeguarding against volatile income streams.

Restricted reserves are spent as soon as practicable in line with donor wishes.

Unrestricted reserves will aim to be maintained to stabilise and invest in the strength of the charity.

The reserves policy and the levels of reserves required are reviewed yearly as part of the annual budgetary process.

##### **Going concern**

After making appropriate enquiries, the Trustees have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. There are no material uncertainties about the charity's ability to continue operating. For this reason, the Trustees continue to adopt the going concern basis in preparing the financial statements. Further details regarding the adoption of the going concern basis can be found in the accounting policies.

#### **STRUCTURE, GOVERNANCE AND MANAGEMENT**

##### **Governing document and constitution**

YANA became a Charitable Incorporated Organisation (CIO) with UK registered charity number 1190443 in July 2020. It is governed by its Constitution which was adopted on 17 July 2020, and amended on 20 September 2022, to increase the maximum number of trustees from five to seven.

These accounts present the results for the fifth year of trading.

The financial statements have been prepared in accordance with the accounting policies set out herein and comply with Accounting and Reporting by Charities: Statement of Recommended Practice (SORP 2015).

## **YANA CIO**

### **Report of the Trustees** **for the Year Ended 31 March 2025**

#### **STRUCTURE, GOVERNANCE AND MANAGEMENT**

##### **Recruitment and appointment of new trustees**

Trustees who served during the year were:

T Streeter [Chair]

V Edgecombe [Deputy Vice Chair]

M Horton

H Lamb

H Kilvert

G Pilcher (retired 18 June 2024)

S Rudd

As set out in the Constitution the Board of Trustees must comprise at least three and not more than seven individuals. Appointments are made for an initial 3-year term.

##### **Organisational structure**

The Board of Trustees administer the CIO. The Board meets at least four times a year for a full Board meeting.

The Charity Director is appointed by the Trustees to manage the day-to-day operations of the CIO. To facilitate effective operations, the CIO has delegated authority for operational matters including finance, employment, and day to day management of the organisation.

The Board is responsible for the employment and terms and conditions of the Charity Director and general pay and remuneration terms of all employees.

##### **Decision making**

The board of trustees is the principle decision making body of the charity. Any decisions taken by the trustees in the running of the charity are done so in regular meetings of the trustee board.

##### **Induction and training of new trustees**

There is an informal induction process for new Trustees, each one meeting with the Chair of the Board prior to attending their first full board meeting. Copies of the Constitution and key business documents are made available to the new Trustee.

During the first Board meeting the new Trustee will meet key employees and other Trustees.

Trustees are also provided with a copy of the Charity Commission publication CC3 "The Essential Trustee" and invited to receive trustee training. Further training opportunities are also identified throughout the year with various trustees attending seminars providing feedback at relevant board meetings.

#### **REFERENCE AND ADMINISTRATIVE DETAILS**

##### **Registered Charity number**

1190443

##### **Principal address**

Norfolk Showground

Dereham Road

Norwich

Norfolk

NR5 0TT

## **YANA CIO**

### **Report of the Trustees** **for the Year Ended 31 March 2025**

#### **Trustees**

G S Pilcher (resigned 18.6.24)  
H J Kilvert (resigned 17.6.25)  
Ms V C Edgecombe  
M Horton  
H Lamb  
S Rudd  
T Streeter  
E J Forrest (appointed 17.6.25)

#### **Independent Examiner**

Knights Lowe Chartered Accountants  
Eldo House  
Kempson Way  
Suffolk Business Park  
Bury St Edmunds  
Suffolk  
IP32 7AR

#### **STATEMENT OF TRUSTEES' RESPONSIBILITIES**

The trustees are responsible for preparing the Report of the Trustees and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

The law applicable to charities in England and Wales, the Charities Act 2011, Charity (Accounts and Reports)

Regulations 2008 and the provisions of the trust deed requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources, including the income and expenditure, of the charity for that period. In preparing those financial statements, the trustees are required to

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charity SORP;
- make judgements and estimates that are reasonable and prudent;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in business.

The trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charity and to enable them to ensure that the financial statements comply with the Charities Act 2011, the Charity (Accounts and Reports) Regulations 2008 and the provisions of the trust deed. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Approved by order of the board of trustees on 17 June 2025 and signed on its behalf by:

T Streeter - Trustee



**Independent Examiner's Report to the Trustees of**  
**YANA CIO**

**Independent examiner's report to the trustees of YANA CIO**

I report to the charity trustees on my examination of the accounts of YANA CIO (the Trust) for the year ended 31 March 2025.

**Responsibilities and basis of report**

As the charity trustees of the Trust you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the Trust's accounts carried out under Section 145 of the Act and in carrying out my examination I have followed all applicable Directions given by the Charity Commission under Section 145(5)(b) of the Act.

**Independent examiner's statement**

Since your charity's gross income exceeded £250,000 your examiner must be a member of a listed body. I can confirm that I am qualified to undertake the examination because I am a member of the Institute of Chartered Accountants in England and Wales, which is one of the listed bodies.

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the Trust as required by Section 130 of the Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



J Knights ACA, BSc  
The Institute of Chartered Accountants in England and Wales

Knights Lowe Chartered Accountants  
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17 June 2025

**YANA CIO**

**Statement of Financial Activities**  
**for the Year Ended 31 March 2025**

	Notes	Unrestricted fund £	Restricted funds £	2025 Total funds £	2024 Total funds £
<b>INCOME AND ENDOWMENTS FROM</b>					
Donations and legacies	2	177,675	74,371	252,046	141,756
Other income		6	-	6	-
<b>Total</b>		<b>177,681</b>	<b>74,371</b>	<b>252,052</b>	<b>141,756</b>
 <b>EXPENDITURE ON</b>					
<b>Charitable activities</b>	3				
Support Costs		46,231	11,502	57,733	30,695
Direct costs		89,677	62,869	152,546	191,368
<b>Total</b>		<b>135,908</b>	<b>74,371</b>	<b>210,279</b>	<b>222,063</b>
 Net gains on investments		820	-	820	14,853
 <b>NET INCOME/(EXPENDITURE)</b>		<b>42,593</b>	<b>-</b>	<b>42,593</b>	<b>(65,454)</b>
 <b>RECONCILIATION OF FUNDS</b>					
Total funds brought forward		272,271	-	272,271	337,725
 <b>TOTAL FUNDS CARRIED FORWARD</b>		<b>314,864</b>	<b>-</b>	<b>314,864</b>	<b>272,271</b>

The notes form part of these financial statements

**YANA CIO**

**Balance Sheet  
31 March 2025**

	Notes	Unrestricted fund £	Restricted funds £	2025 Total funds £	2024 Total funds £
<b>FIXED ASSETS</b>					
Tangible assets	9	1,820	-	1,820	3,045
Investments	10	236,064	-	236,064	232,078
		<u>237,884</u>	<u>-</u>	<u>237,884</u>	<u>235,123</u>
<b>CURRENT ASSETS</b>					
Debtors	11	5,020	-	5,020	7,243
Cash at bank and in hand		84,586	28,816	113,402	41,487
		<u>89,606</u>	<u>28,816</u>	<u>118,422</u>	<u>48,730</u>
<b>CREDITORS</b>					
Amounts falling due within one year	12	(12,626)	(28,816)	(41,442)	(11,582)
<b>NET CURRENT ASSETS</b>		<u>76,980</u>	<u>-</u>	<u>76,980</u>	<u>37,148</u>
<b>TOTAL ASSETS LESS CURRENT LIABILITIES</b>		<u>314,864</u>	<u>-</u>	<u>314,864</u>	<u>272,271</u>
<b>NET ASSETS</b>		<u>314,864</u>	<u>-</u>	<u>314,864</u>	<u>272,271</u>
<b>FUNDS</b>	13				
Unrestricted funds				314,864	272,271
<b>TOTAL FUNDS</b>				<u>314,864</u>	<u>272,271</u>

The financial statements were approved by the Board of Trustees and authorised for issue on 17 June 2025 and were signed on its behalf by:

S Rudd - Trustee

T Streeter - Trustee

**Notes to the Financial Statements**  
**for the Year Ended 31 March 2025**

**1. ACCOUNTING POLICIES**

**Basis of preparing the financial statements**

The financial statements of the charity, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Charities Act 2011. The financial statements have been prepared under the historical cost convention, with the exception of investments which are included at market value, as modified by the revaluation of certain assets.

**Income**

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Grants are included in the Statement of Financial Activities when entitlement occurs. The balance of income received for specific purposes but not expended during the period is shown in the relevant funds on the balance sheet. Where income is received in advance of entitlement of receipt, its recognition is deferred and included in creditors as deferred income. Where entitlement occurs before income is received, the income is accrued,

**Expenditure**

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and is classified by activity. The costs of each activity are made up of direct costs and shared costs, including support costs involved in undertaking each activity.

Direct costs attributable to a single activity are allocated directly to that activity.

Support costs which contribute to more than one activity and support costs which are not attributable to a single activity are apportioned between activities on a basis consistent with the use of resources.

Staff costs have been apportioned across the charity's activities in accordance with the nature of each role.

Where staff are employed directly on a specific charitable activity or output, their costs have been allocated in full to that activity. For roles that support multiple activities or have a combined function, costs have been apportioned based on a reasonable estimation of the time spent on each activity. This estimation is based on an assessment of staff responsibilities and time usage.

As such, some degree of estimation is inherent in the allocation of these costs, and the approach adopted is considered to provide a fair and reasonable reflection of how staff resources are deployed across the charity's activities.

Depreciation charges are allocated on the portion of the asset's use.

Expenditure on charitable activities is incurred on directly undertaking the activities which further the charity's objectives, as well as any support costs.

All expenditure is inclusive of irrecoverable VAT.

**Tangible fixed assets**

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Computer equipment      -    25% on cost

**Notes to the Financial Statements - continued**  
**for the Year Ended 31 March 2025**

**1. ACCOUNTING POLICIES - continued**

**Taxation**

The charity is exempt from tax on its charitable activities.

**Fund accounting**

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes. The costs of raising and administering such funds are charged against the specific fund.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

**Going concern**

After making appropriate enquiries and taking into consideration future income streams, the Trustees have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. For this reason, they have adopted a going concern basic in preparing the financial statements.

**Financial Instruments**

The Charity only has financial assets and financial liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value and subsequently measured at their settlement value, with the exception of bank loans which are subsequently measured at amortised cost using the effective interest method.

**Investments**

Fixed asset investments are a form of financial instrument and are initially recognised at their transaction cost and subsequently measured at fair value at the Balance Sheet date, unless the value cannot be measured reliably, in which case it is measured at cost less impairment. Investment gains and losses, whether realised or unrealised are combined and presented in the Statement of Financial Activities.

**2. DONATIONS AND LEGACIES**

	<b>2025</b>	<b>2024</b>
	<b>£</b>	<b>£</b>
Donations	<b>173,559</b>	<b>132,689</b>
Grants	<b>75,321</b>	<b>3,417</b>
Interest on investments	<b>3,166</b>	<b>5,650</b>
	<b>252,046</b>	<b>141,756</b>

**YANA CIO**

**Notes to the Financial Statements - continued**  
**for the Year Ended 31 March 2025**

**2. DONATIONS AND LEGACIES - continued**

Grants received, included in the above, are as follows:

	<b>2025</b>	<b>2024</b>
	<b>£</b>	<b>£</b>
Royal Countryside Fund	<b>1,945</b>	2,917
Aylsham Show	<b>250</b>	500
Talent Fund	<b>7,480</b>	-
DEFRA	<b>60,926</b>	-
Suffolk Community Foundation	<b>2,770</b>	-
Suffolk Farming Community Group	<b>1,250</b>	-
Norfolk & Suffolk NHSFT	<b>700</b>	-
	<b><u>75,321</u></b>	<b><u>3,417</u></b>

**3. CHARITABLE ACTIVITIES COSTS**

	Direct Costs (see note 4) £	Support costs (see note 5) £	Totals £
Support Costs	-	<b>57,733</b>	<b>57,733</b>
Direct costs	<b>152,546</b>	-	<b>152,546</b>
	<b><u>152,546</u></b>	<b><u>57,733</u></b>	<b><u>210,279</u></b>

**4. DIRECT COSTS OF CHARITABLE ACTIVITIES**

	<b>2025</b>	<b>2024</b>
	<b>£</b>	<b>£</b>
Counselling	<b>29,479</b>	25,805
Mental Health First Aid	<b>58,619</b>	63,393
Donation -Worcestershire costs	-	37,733
Helpline	<b>33,376</b>	29,743
Education and Awareness	<b>31,072</b>	34,694
	<b><u>152,546</u></b>	<b><u>191,368</u></b>

The charity has reviewed the presentation of its direct costs and has decided to allocate these costs directly to charitable activities, rather than presenting them separately. This change has been made to better reflect how resources are used in delivering the charity's significant activities and is in line with best practice under the Charities SORP (FRS 102).

To ensure comparability, the prior year figures have been restated on the same basis. This change in presentation does not affect the totals reported on the face of the Statement of Financial Activities (SOFA).

**YANA CIO**

**Notes to the Financial Statements - continued**  
**for the Year Ended 31 March 2025**

**5. SUPPORT COSTS**

	Management	Finance	Governance	Totals
	£	£	costs	£
	£	£	£	£
Support Costs	<u>44,930</u>	<u>190</u>	<u>12,613</u>	<u>57,733</u>

Support costs, included in the above, are as follows:

	2025	2024
	Support	Total
	Costs	activities
	£	£
Wages	29,580	12,646
Insurance	2,065	1,915
Telephone and licences	-	1,000
Printing, postage & stationery	548	263
Sundries	2,795	2,286
Volunteers expenses	104	-
IT costs	5,869	4,780
Travel & subsistence	2,744	2,236
Depreciation of tangible and heritage assets	1,225	1,225
Bank charges	190	483
Accountancy & independent exam	4,193	3,801
Legal and professional fees	8,420	60
	<u>57,733</u>	<u>30,695</u>

**6. TRUSTEES' REMUNERATION AND BENEFITS**

There were no trustees' remuneration or other benefits for the year ended 31 March 2025 nor for the year ended 31 March 2024.

**Trustees' expenses**

The aggregate amount of expenses paid to Trustees in respect of support costs amounted to £NIL.

**7. STAFF COSTS**

	2025	2024
	£	£
Wages and salaries	29,580	12,646
	<u>29,580</u>	<u>12,646</u>

The average monthly number of employees during the year was as follows:

	2025	2024
	6	4
Management and administration	<u>6</u>	<u>4</u>

No employees received emoluments in excess of £60,000.

**YANA CIO**

**Notes to the Financial Statements - continued**  
**for the Year Ended 31 March 2025**

**8. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES**

	Unrestricted fund £	Restricted funds £	Total funds £
<b>INCOME AND ENDOWMENTS FROM</b>			
Donations and legacies	138,839	2,917	141,756
	<hr/>	<hr/>	<hr/>
<b>EXPENDITURE ON</b>			
<b>Charitable activities</b>			
Support Costs	30,695	-	30,695
Direct costs	188,432	2,936	191,368
	<hr/>	<hr/>	<hr/>
<b>Total</b>	219,127	2,936	222,063
	<hr/>	<hr/>	<hr/>
Net gains on investments	14,853	-	14,853
	<hr/>	<hr/>	<hr/>
<b>NET INCOME/(EXPENDITURE)</b>	(65,435)	(19)	(65,454)
<b>Transfers between funds</b>	(19)	19	-
	<hr/>	<hr/>	<hr/>
<b>Net movement in funds</b>	(65,454)	-	(65,454)
	<hr/>	<hr/>	<hr/>
<b>RECONCILIATION OF FUNDS</b>			
Total funds brought forward	337,725	-	337,725
	<hr/>	<hr/>	<hr/>
<b>TOTAL FUNDS CARRIED FORWARD</b>	272,271	-	272,271
	<hr/>	<hr/>	<hr/>

**9. TANGIBLE FIXED ASSETS**

	Computer equipment £
<b>COST</b>	
At 1 April 2024 and 31 March 2025	4,901
	<hr/>
<b>DEPRECIATION</b>	
At 1 April 2024	1,856
Charge for year	1,225
	<hr/>
At 31 March 2025	3,081
	<hr/>
<b>NET BOOK VALUE</b>	
At 31 March 2025	1,820
	<hr/>
At 31 March 2024	3,045
	<hr/>



**YANA CIO**

**Notes to the Financial Statements - continued**  
**for the Year Ended 31 March 2025**

**10. FIXED ASSET INVESTMENTS**

	Listed investments £
<b>MARKET VALUE</b>	
At 1 April 2024	<b>232,078</b>
Revaluations and reinvestment of income	<b>3,986</b>
	<hr/>
At 31 March 2025	<b>236,064</b>
	<hr/>
<b>NET BOOK VALUE</b>	
At 31 March 2025	<b>236,064</b>
	<hr/>
At 31 March 2024	<b>232,078</b>
	<hr/>

There were no investment assets outside the UK.

Cost or valuation at 31 March 2025 is represented by:

	Listed investments £
Valuation in 2021	<b>6,183</b>
Valuation in 2022	<b>6,551</b>
Valuation in 2023	<b>693</b>
Valuation in 2024	<b>20,502</b>
Valuation in 2025	<b>3,986</b>
Cost	<b>198,149</b>
	<hr/>
	<b>236,064</b>
	<hr/>

**11. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR**

	<b>2025</b>	<b>2024</b>
	<b>£</b>	<b>£</b>
Prepayments	<b>5,020</b>	<b>7,243</b>
	<hr/>	<hr/>

**YANA CIO**

**Notes to the Financial Statements - continued**  
**for the Year Ended 31 March 2025**

**12. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR**

	<b>2025</b>	<b>2024</b>
	<b>£</b>	<b>£</b>
Trade creditors	<b>2,896</b>	1,669
Taxation and social security	<b>4,051</b>	3,967
Accruals and deferred income	<b>34,495</b>	5,946
	<hr/> <b>41,442</b> <hr/>	<hr/> <b>11,582</b> <hr/>

**13. MOVEMENT IN FUNDS**

	At 1.4.24	Net movement in funds	At 31.3.25
	<b>£</b>	<b>£</b>	<b>£</b>
<b>Unrestricted funds</b>			
General fund	<b>272,271</b>	<b>42,593</b>	<b>314,864</b>
	<hr/> <b>272,271</b> <hr/>	<hr/> <b>42,593</b> <hr/>	<hr/> <b>314,864</b> <hr/>
<b>TOTAL FUNDS</b>	<hr/> <b>272,271</b> <hr/>	<hr/> <b>42,593</b> <hr/>	<hr/> <b>314,864</b> <hr/>

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Gains and losses £	Movement in funds £
<b>Unrestricted funds</b>				
General fund	<b>177,681</b>	<b>(135,908)</b>	<b>820</b>	<b>42,593</b>
<b>Restricted funds</b>				
The Royal Countryside Fund	<b>1,945</b>	<b>(1,945)</b>	-	-
DEFRA	<b>60,926</b>	<b>(60,926)</b>	-	-
Suffolk Community Foundation	<b>2,770</b>	<b>(2,770)</b>	-	-
Talent Fund	<b>7,480</b>	<b>(7,480)</b>	-	-
Suffolk Farming Community Group	<b>1,250</b>	<b>(1,250)</b>	-	-
	<hr/> <b>74,371</b> <hr/>	<hr/> <b>(74,371)</b> <hr/>	<hr/> <b>-</b> <hr/>	<hr/> <b>-</b> <hr/>
<b>TOTAL FUNDS</b>	<hr/> <b>252,052</b> <hr/>	<hr/> <b>(210,279)</b> <hr/>	<hr/> <b>820</b> <hr/>	<hr/> <b>42,593</b> <hr/>

**YANA CIO**

**Notes to the Financial Statements - continued**  
**for the Year Ended 31 March 2025**

**13. MOVEMENT IN FUNDS - continued**

**Comparatives for movement in funds**

	At 1.4.23 £	Net movement in funds £	Transfers between funds £	At 31.3.24 £
<b>Unrestricted funds</b>				
General fund	337,725	(65,435)	(19)	272,271
<b>Restricted funds</b>				
The Royal Countryside Fund	-	(19)	19	-
<b>TOTAL FUNDS</b>	<u>337,725</u>	<u>(65,454)</u>	<u>-</u>	<u>272,271</u>

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Gains and losses £	Movement in funds £
<b>Unrestricted funds</b>				
General fund	138,839	(219,127)	14,853	(65,435)
<b>Restricted funds</b>				
The Royal Countryside Fund	2,917	(2,936)	-	(19)
<b>TOTAL FUNDS</b>	<u>141,756</u>	<u>(222,063)</u>	<u>14,853</u>	<u>(65,454)</u>

A current year 12 months and prior year 12 months combined position is as follows:

	At 1.4.23 £	Net movement in funds £	Transfers between funds £	At 31.3.25 £
<b>Unrestricted funds</b>				
General fund	337,725	(22,842)	(19)	314,864
<b>Restricted funds</b>				
The Royal Countryside Fund	-	(19)	19	-
<b>TOTAL FUNDS</b>	<u>337,725</u>	<u>(22,861)</u>	<u>-</u>	<u>314,864</u>

**YANA CIO**

**Notes to the Financial Statements - continued**  
**for the Year Ended 31 March 2025**

**13. MOVEMENT IN FUNDS - continued**

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Gains and losses £	Movement in funds £
<b>Unrestricted funds</b>				
General fund	316,520	(355,035)	15,673	(22,842)
<b>Restricted funds</b>				
The Royal Countryside Fund	4,862	(4,881)	-	(19)
DEFRA	60,926	(60,926)	-	-
Suffolk Community Foundation	2,770	(2,770)	-	-
Talent Fund	7,480	(7,480)	-	-
Suffolk Farming Community Group	1,250	(1,250)	-	-
	<u>77,288</u>	<u>(77,307)</u>	<u>-</u>	<u>(19)</u>
<b>TOTAL FUNDS</b>	<u>393,808</u>	<u>(432,342)</u>	<u>15,673</u>	<u>(22,861)</u>

**14. RELATED PARTY DISCLOSURES**

The aggregate amount of donations to the charity made by Trustees amounted to NIL for the year ended 31 March 2025.

**YANA CIO**

**Detailed Statement of Financial Activities**  
**for the Year Ended 31 March 2025**

	2025 £	2024 £
<b>INCOME AND ENDOWMENTS</b>		
<b>Donations and legacies</b>		
Donations	173,559	132,689
Grants	75,321	3,417
Interest on investments	3,166	5,650
	<hr/> 252,046	<hr/> 141,756
<b>Other income</b>		
Bank rewards	6	-
	<hr/>	<hr/>
<b>Total incoming resources</b>	252,052	141,756
 <b>EXPENDITURE</b>		
<b>Charitable activities</b>		
Counselling	29,479	25,805
Mental Health First Aid	58,619	63,393
Donation -Worcestershire costs	-	37,733
Helpline	33,376	29,743
Education and Awareness	31,072	34,694
	<hr/> 152,546	<hr/> 191,368
<b>Support costs</b>		
<b>Management</b>		
Wages	29,580	12,646
Insurance	2,065	1,915
Telephone and licences	-	1,000
Printing, postage & stationery	548	263
Sundries	2,795	2,286
Volunteers expenses	104	-
IT costs	5,869	4,780
Travel & subsistence	2,744	2,236
Computer equipment	1,225	1,225
	<hr/> 44,930	<hr/> 26,351
<b>Finance</b>		
Bank charges	190	483
<b>Governance costs</b>		
Accountancy & independent exam	4,193	3,801
Legal and professional fees	8,420	60
	<hr/> 12,613	<hr/> 3,861

This page does not form part of the statutory financial statements

**YANA CIO**

**Detailed Statement of Financial Activities**  
**for the Year Ended 31 March 2025**

	2025 £	2024 £
Total resources expended	<u>210,279</u>	<u>222,063</u>
<b>Net income/(expenditure) before gains and losses</b>	<b>41,773</b>	<b>(80,307)</b>
<b>Realised recognised gains and losses</b>		
Realised gains/(losses) on fixed asset investments	<u>820</u>	<u>14,853</u>
<b>Net income/(expenditure)</b>	<b><u>42,593</u></b>	<b><u>(65,454)</u></b>

This page does not form part of the statutory financial statements